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**BIBLIOGRAPHY**
Water is life
Water is life

1. What is water?

ACTIVITY 1A: MY SENSES TELL ME

NAME: ........................................................................................................................................

DATE: .........................................................................................................................................

I CAN SEE

Tick the glass containing water.

Which part of the body helped you to decide whether this is water or not?

Cut the picture of the glasses and paste in the relevant block.

ACTIVITY 1B: I CAN TASTE
<table>
<thead>
<tr>
<th>Sweet</th>
<th>Sour</th>
</tr>
</thead>
<tbody>
<tr>
<td>No taste</td>
<td>Bitter</td>
</tr>
</tbody>
</table>

Grade R Learner Workbook
2. Where does water come from?

ACTIVITY 2A: SOURCES OF WATER

NAME: ___________________________________________________________
DATE: __________________________________________________________________

Where do we get water from?
ACTIVITY 2A:

Cut and paste the source of water.

<table>
<thead>
<tr>
<th>Sources of water.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. River</td>
</tr>
<tr>
<td>2. Dam</td>
</tr>
<tr>
<td>3. Tank</td>
</tr>
<tr>
<td>4. Tap</td>
</tr>
<tr>
<td>5. Borehole</td>
</tr>
<tr>
<td>6. Fountain</td>
</tr>
</tbody>
</table>

NAME: .................................................................
DATE: .................................................................
ACTIVITY 2B: WATER CYCLE

NAME: ......................................................................................................................
DATE: ......................................................................................................................

Where does the line from the rain go?

A

B
Water use efficiency
3. Key uses of water

NAME: ........................................................................................................................................
DATE: ........................................................................................................................................

**ACTIVITY 3A:**

What to do:

Tell how water is used in each picture below.
ACTIVITY 3B:

HOW DO YOU USE WATER CORRECTLY?

In a small block next to each picture put a tick (√) for a water saving action and a cross (X) for a water wasting action.

<table>
<thead>
<tr>
<th>PICTURE</th>
<th>X/✓</th>
<th>PICTURE</th>
<th>X/✓</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Image" /></td>
<td><img src="image2" alt="Image" /></td>
<td><img src="image3" alt="Image" /></td>
<td><img src="image4" alt="Image" /></td>
</tr>
<tr>
<td><img src="image5" alt="Image" /></td>
<td><img src="image6" alt="Image" /></td>
<td><img src="image7" alt="Image" /></td>
<td><img src="image8" alt="Image" /></td>
</tr>
<tr>
<td><img src="image9" alt="Image" /></td>
<td><img src="image10" alt="Image" /></td>
<td><img src="image11" alt="Image" /></td>
<td><img src="image12" alt="Image" /></td>
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<tr>
<td><img src="image13" alt="Image" /></td>
<td><img src="image14" alt="Image" /></td>
<td><img src="image15" alt="Image" /></td>
<td><img src="image16" alt="Image" /></td>
</tr>
</tbody>
</table>
4. Use Water Wisely

**ACTIVITY 4A: How to brush teeth**

**WHAT TO DO:**
Sing the brushing teeth song to remind you how to brush your teeth.

*(To the tune of Twinkle, Twinkle little star)*

Here is my toothpaste.
Here’s my brush.
I won’t hurry, I won’t rush.
Working hard to keep teeth clean
Front and back and in between
When I brush for quite a while
I will have a happy smile.

**Now:**
• Find out how people waste water when brushing their teeth.
• Find out ways of saving water when brushing teeth.
**WHAT TO DO:**

<table>
<thead>
<tr>
<th>GROUP 1</th>
<th>GROUP 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Image of a child with toothpaste and toothbrush]</td>
<td>![Image of a child brushing teeth]</td>
</tr>
<tr>
<td><strong>WHAT TO DO:</strong></td>
<td><strong>WHAT TO DO:</strong></td>
</tr>
<tr>
<td>1. One person to show the group how to brush teeth.</td>
<td>1. One person to show the group how to brush teeth.</td>
</tr>
</tbody>
</table>
Sing the following song.

This is the way we brush our teeth
Brush our teeth
Brush our teeth X2
When we wake up in the morning.

This is the way we brush our teeth
Brush our teeth
Brush our teeth X2
After eating our food.

This is the way we brush our teeth
Brush our teeth
Brush our teeth X2
Before we go to bed.

Colour the correct action
### ACTIVITY 4B: Water audit (project)

**NAME:**

**DATE:**

Make a tick (√) in the worksheet each time you use water in one of these ways.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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<tbody>
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</tr>
</tbody>
</table>

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Grade R Learner Workbook
Dear Parent/Guardian

This week we are consolidating everything that we have learnt about the uses of water and good sanitation practices. We would like learners to observe their family’s rate of water consumption. Could you please assist your child by giving him/her information required to indicate how many times members of the family use water in one day. Assist him/her to write that information in the appropriate spaces in the worksheet.

Your cooperation will be highly appreciated.

Sincerely

Teacher
Water quality
5. Do not pollute water

ACTIVITY 5A: How to protect our water resources

- Colour in the posters
- Tick the pictures that protect water
ACTIVITY 5B: Always clean (purify) water

• Recite the steps from the poster (in a poem)
ACTIVITY 5C:

Put a tick or a cross to the poster that shows safe water to drink.
Sanitation, health and hygiene
Sanitation, health and Hygiene

6. Protect yourself from germs

ACTIVITY 6A: What kind of toilets do we have?

NAME: 
DATE: 

1

2

3

4
ACTIVITY 6B: Keeping our toilets clean

Tick the toilet that is clean
ACTIVITY 6C: How to keep our toilets clean

• Colour in the poster.
ACTIVITY 6D: Protect yourself from germs

How to wash your hands

WHAT TO DO:

Your Educator will read the instructions for you on how to wash hands.

• Sing the following song whilst washing hands.

This is the way we wash our hands,

   Wash our hands
   Wash our hands   X2
Before eating our food
This is the way we wash our hands,
   Wash our hands
   Wash our hands   X2
After playing with pets

This is the way we wash our hands,

   Wash our hands
   Wash our hands   X2
After going to the loo.
Wash your hands instruction sheet

Always wash both hands

Always wash with water and soap

Scrub hands together at least three times

Dry hands on a clean towel or shake hands dry

To Keep Clean and Healthy always wash your hands
## ACTIVITY 6E:
Keep Clean and Healthy

### INSTRUCTION:
WHEN TO WASH YOUR HANDS WORKSHEET!

<table>
<thead>
<tr>
<th>PICTURE</th>
<th>WHEN DO YOU WASH YOUR HANDS?</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Picture 1" /></td>
<td>BEFORE</td>
</tr>
<tr>
<td><img src="image2.png" alt="Picture 2" /></td>
<td>BEFORE</td>
</tr>
<tr>
<td><img src="image3.png" alt="Picture 3" /></td>
<td>BEFORE</td>
</tr>
<tr>
<td>PICTURE</td>
<td>WHEN DO YOU WASH YOUR HANDS?</td>
</tr>
<tr>
<td>---------</td>
<td>-----------------------------</td>
</tr>
<tr>
<td><img src="image1" alt="Image of a person washing hands" /></td>
<td>BEFORE</td>
</tr>
<tr>
<td><img src="image2" alt="Image of people washing hands" /></td>
<td>BEFORE</td>
</tr>
<tr>
<td><img src="image3" alt="Image of a person breastfeeding" /></td>
<td>BEFORE</td>
</tr>
<tr>
<td><img src="image4" alt="Image of a person using a water pump" /></td>
<td>BEFORE</td>
</tr>
</tbody>
</table>
Water Safety
7. Swim where it is safe to do so

ACTIVITY 7A:
Look at the following pictures (A and B) and circle five differences in relation to water safety.
Recite a poem on safety tips to swimming.

Swim where there is a lifeguard.
Never swim alone swim in the company of an adult.
Always use a lifebuoy when swimming.
Only swim where there are flags indicating the perimeter.
Always swim in the company of other people.
Always float feet first down a river.

ACTIVITY 7B: Safety tips for swimming

ACTIVITY 7C: Signs around water

Draw a star or put a sticker on:

- No swimming sign
- You can swim sign
- You can put up tents
- You cannot put up tents
Forestry
Forestry

8. Trees are important

NAME: .........................................................
DATE: ........................................................

ACTIVITY 8A:

Colour in the following picture.

ACTIVITY 8B:

• Mention what you can see in the picture.
BIBLIOGRAPHY

Department of Water Affairs and Forestry, *Trees and Forests*, Republic of South Africa.


Swimming South Africa