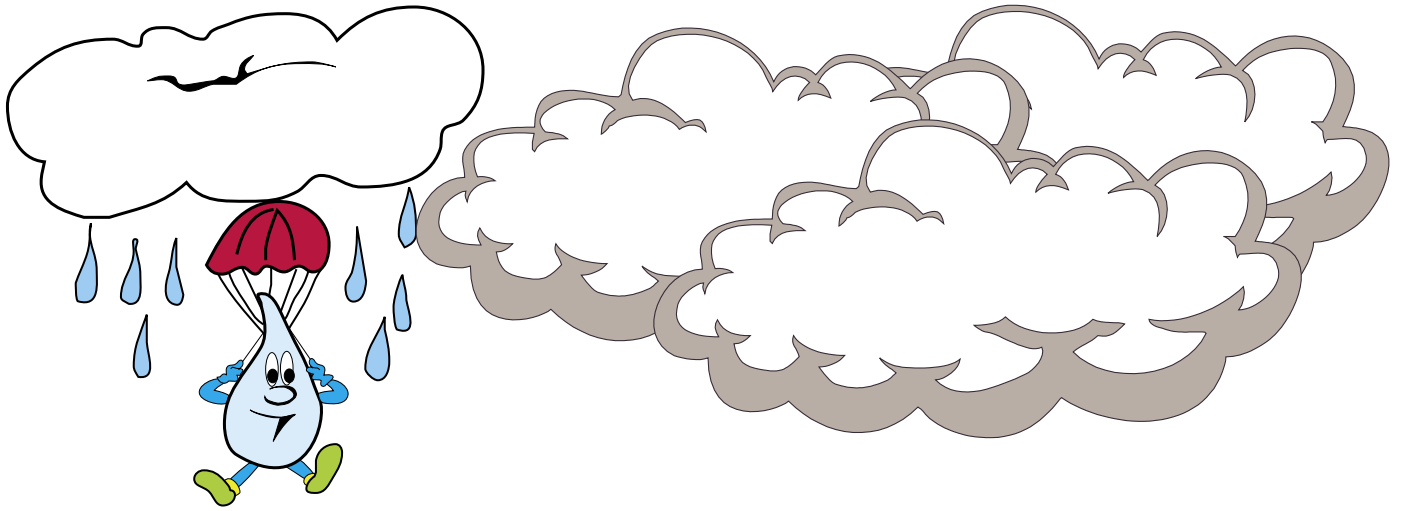


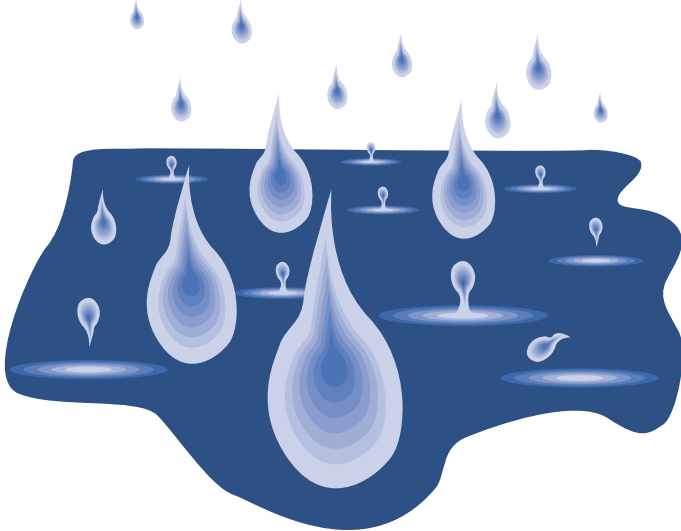
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**Water**

**is life**



# Water is life

## 1. What is water?

### ACTIVITY 1A: MY SENSES TELL ME

NAME: .....

DATE: .....

#### I CAN SEE

Tick the glass containing water.



Which part of the body helped you to decide whether this is water or not?



Cut the picture of the glasses and paste in the relevant block.

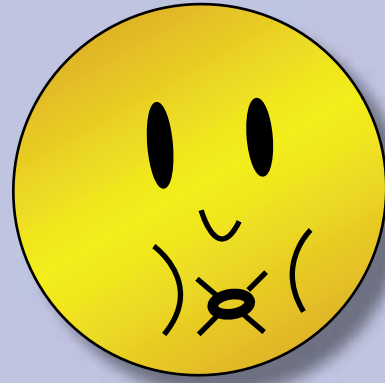
### ACTIVITY 1B: I CAN TASTE







**Sweet**



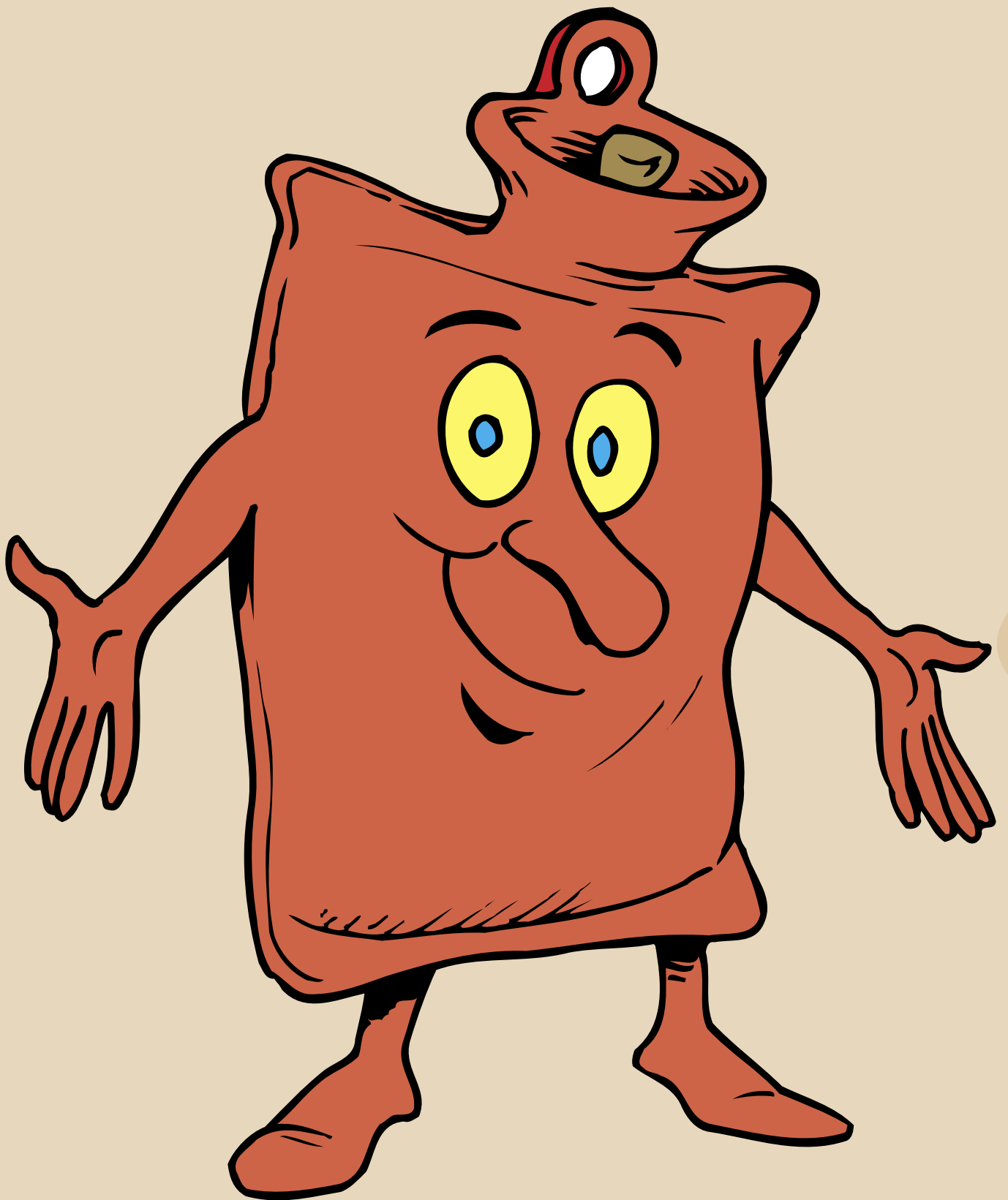
**Sour**



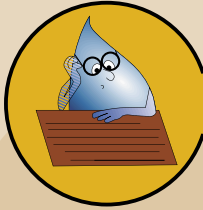
**No taste**



**Bitter**



# 2. Where does water come from?

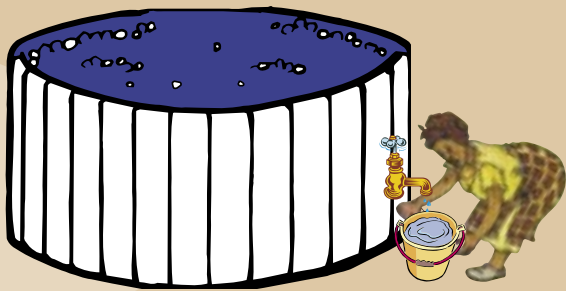


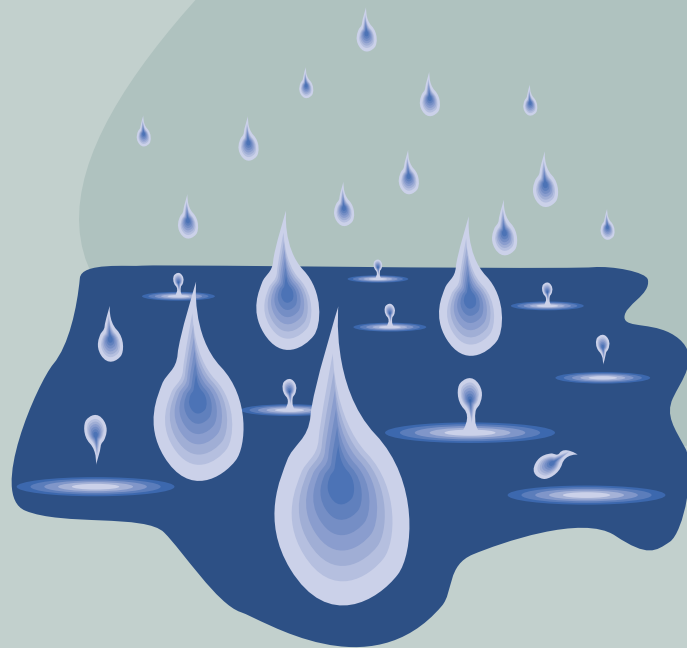
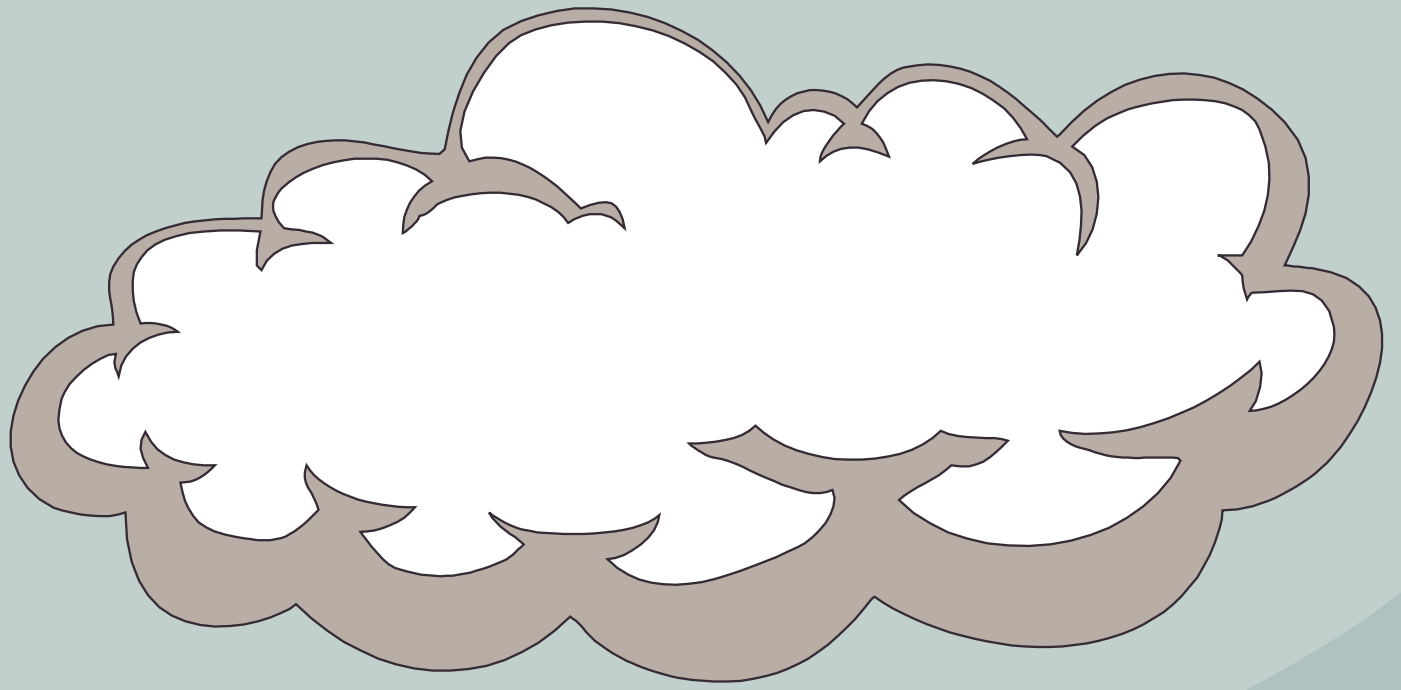
## ACTIVITY 2A: SOURCES OF WATER

NAME: .....

DATE: .....

### Where do we get water from?





**ACTIVITY 2A:**

NAME:.....

DATE: .....

**Cut and paste the source of water.****Sources of water.****1.River****2.Dam****3.Tank****4.Tap****5.Borehole****6.Fountain**

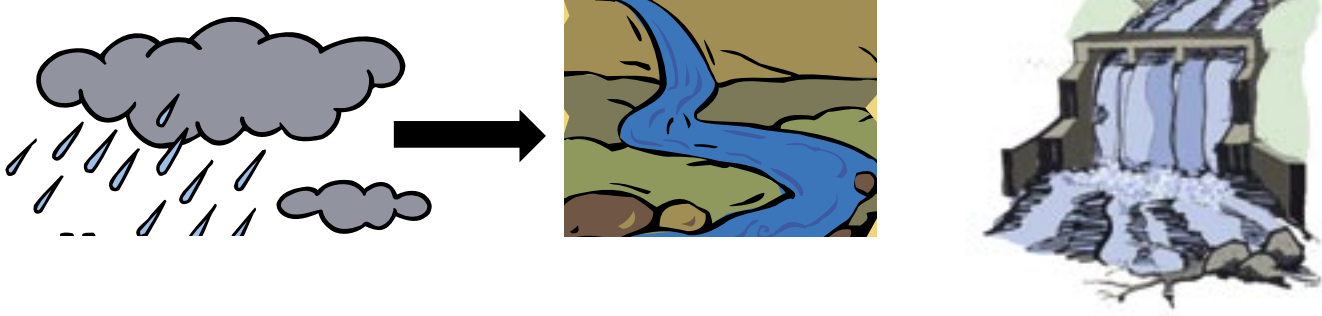
# ACTIVITY 2B: WATER CYCLE

NAME: .....

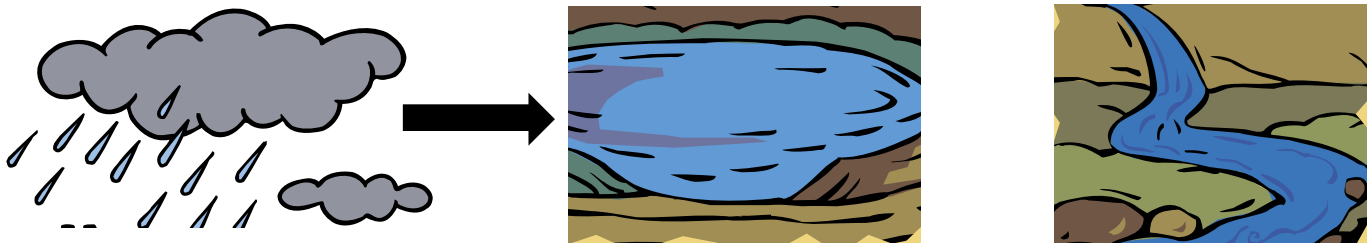
DATE: .....

Where does the line from the rain go?

A



B

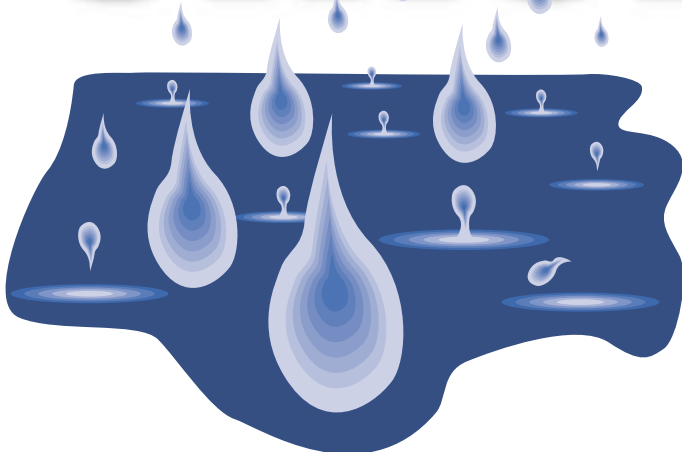




**Water**

**use**

**efficiency**



# 3.Key uses of water

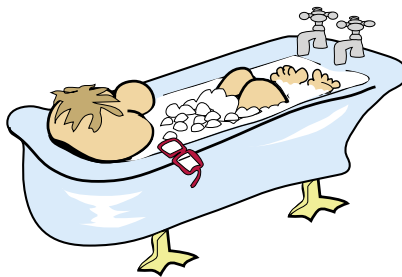
NAME:.....

DATE: .....

## ACTIVITY 3A:

**What to do:**


**Tell how water is used in each picture below.**



**ACTIVITY 3B:**

**HOW DO YOU USE WATER CORRECTLY?**

In a small block next to each picture put a tick (✓) for a water saving action and a cross (X) for a water wasting action.

PICTURE	X/✓	PICTURE	X/✓
			
			
			
			
			

# 4. Use Water Wisely

## ACTIVITY 4A: How to brush teeth

### WHAT TO DO:

**Sing the brushing teeth song to remind you how to brush your teeth.**

**(To the tune of Twinkle, Twinkle little star)**

**Here is my toothpaste.**

**Here's my brush.**

**I won't hurry, I won't rush.**

**Working hard to keep teeth clean**

**Front and back and in between**

**When I brush for quite a while**

**I will have a happy smile.**

### Now:

- **Find out how people waste water when brushing their teeth.**
- **Find out ways of saving water when brushing teeth.**

# WHAT TO DO:

## GROUP 1



### WHAT TO DO:

1. One person to show the group how to brush teeth.



## GROUP 2



### WHAT TO DO:

1. One person to show the group how to brush teeth.



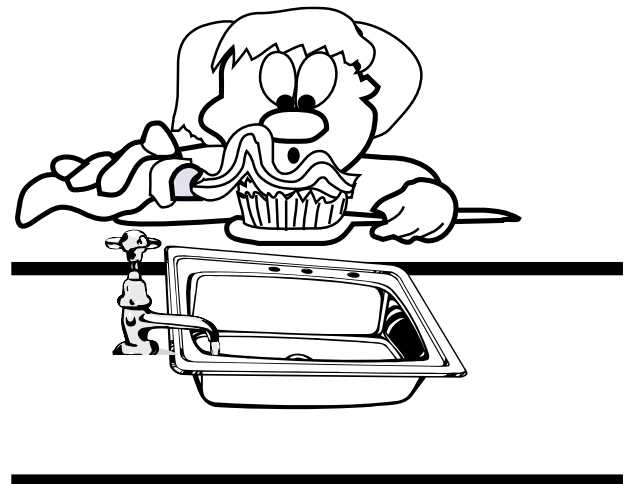
# Sing the following song.

*This is the way we brush our teeth  
Brush our teeth  
Brush our teeth X2  
When we wake up in the morning.*

*This is the way we brush our teeth  
Brush our teeth  
Brush our teeth X2  
After eating our food.*

*This is the way we brush our teeth  
Brush our teeth  
Brush our teeth X2  
Before we go to bed.*

Colour the correct action

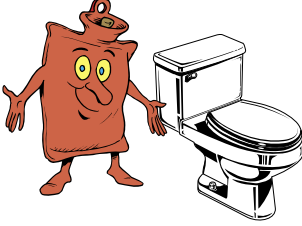









## ACTIVITY 4B: Water audit (project)

NAME: .....

DATE: .....

Make a tick (✓) in the worksheet each time you use water in one of these ways.

Dear Parent/Guardian

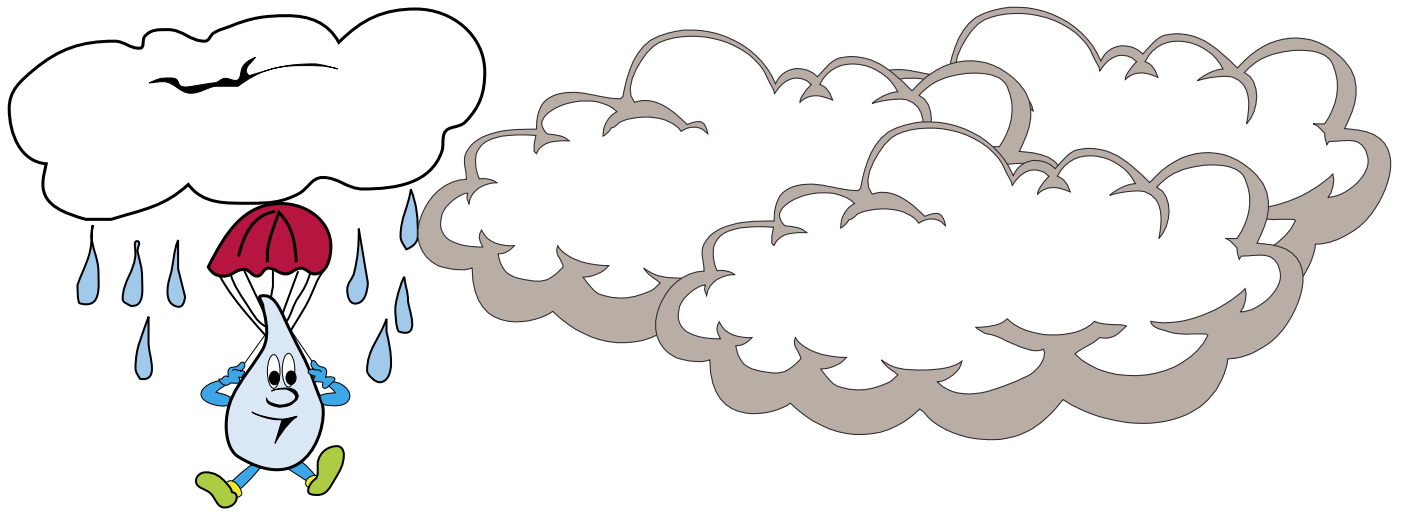
This week we are consolidating everything that we have learnt about the uses of water and good sanitation practices. We would like learners to observe their family's rate of water consumption. Could you please assist your child by giving him/ her information required to indicate how many times members of the family use water in one day. Assist him/her to write that information in the appropriate spaces in the worksheet.

Your cooperation will be highly appreciated.

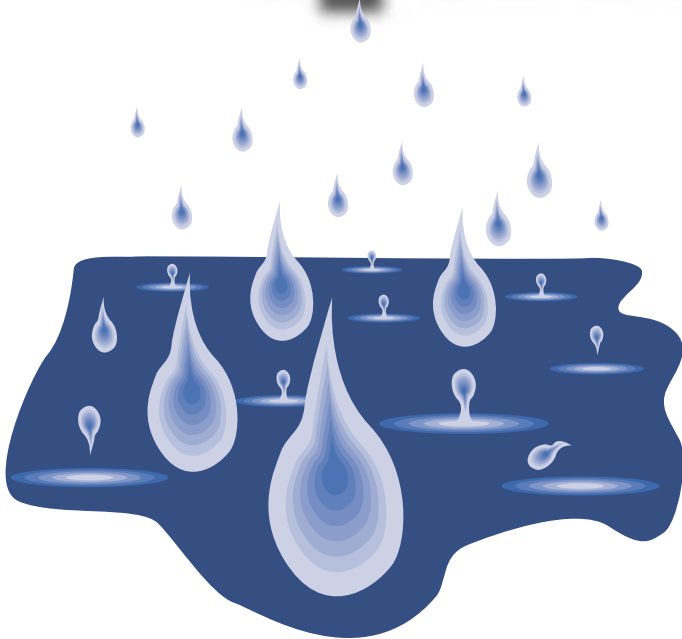
Sincerely

Teacher





# Water quality



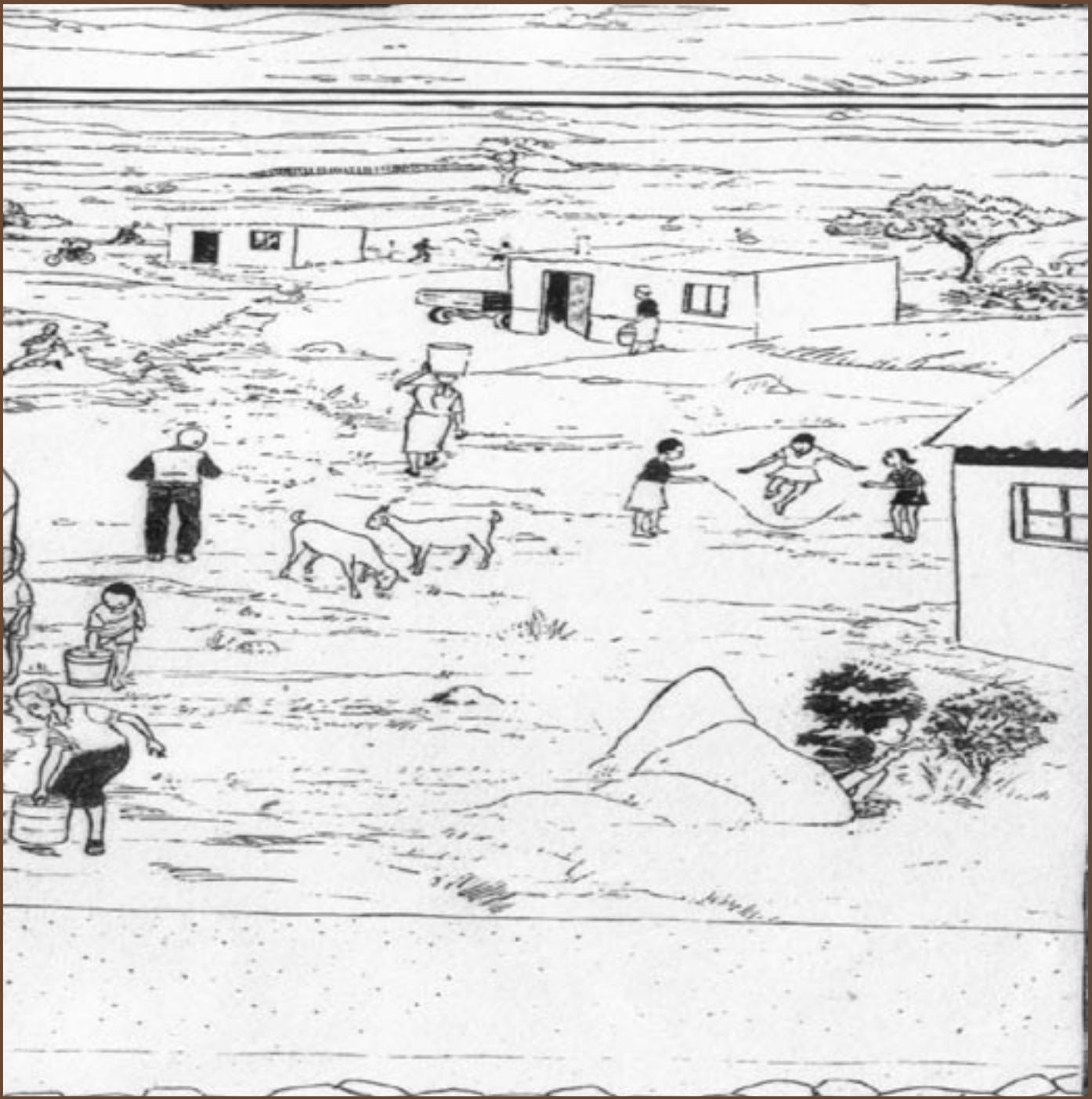
# 5. Do not pollute water

NAME: .....

DATE: .....

**ACTIVITY 5A: How to protect our water resources**


- Colour in the posters
- Tick the pictures that protect water




## ACTIVITY 5B: Always clean (purify) water

- Recite the steps from the poster (in a poem)

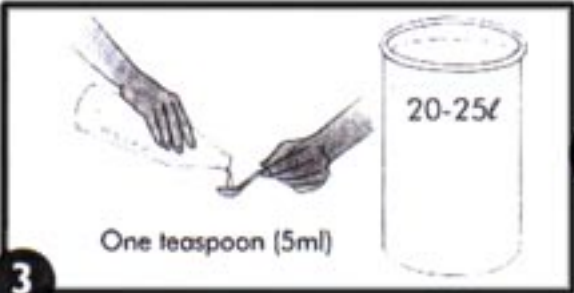
### Make water safe



**1** Collect fresh water every day.




**2** Pour (filter) the water through a clean cloth.




**3** One teaspoon (5ml)

Pour 1 teaspoon (5ml) of bleach into 20-25 litres of water, mix well and wait for at least 30 minutes (half hour).


or



**Boil the water. Let the water bubble for one minute, to make it clean and safe.**




**4** Safe water can easily get dirty. Store safe water in a clean closed container.



**5** Use a clean cup each time to scoop water from container.

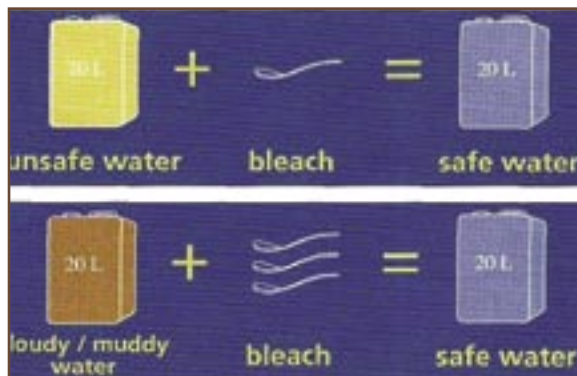
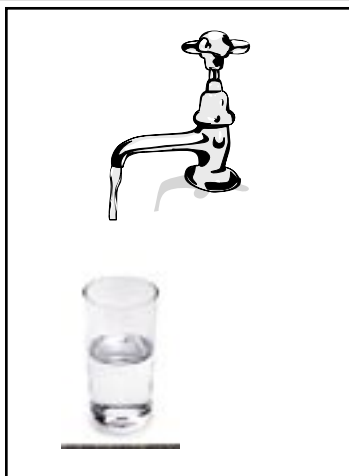
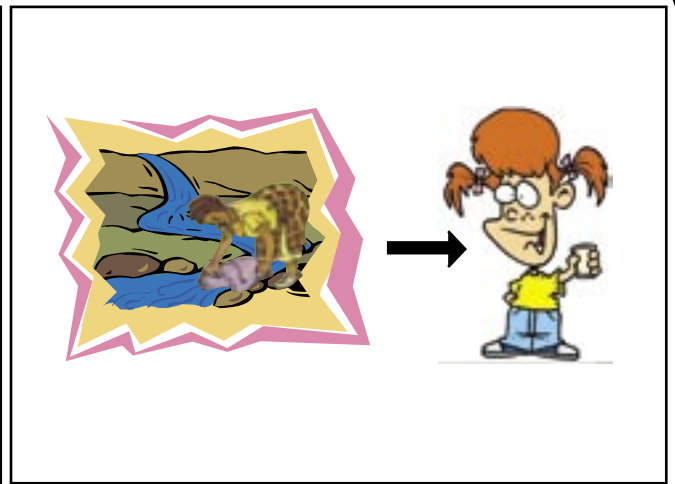
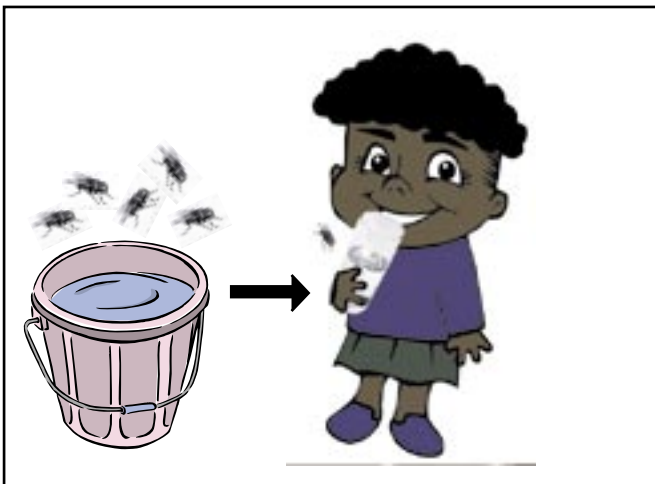
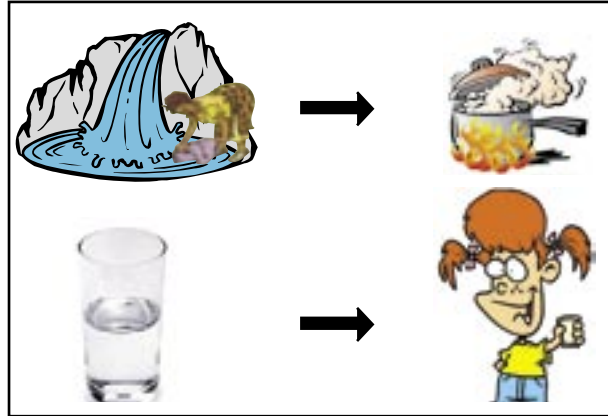
or

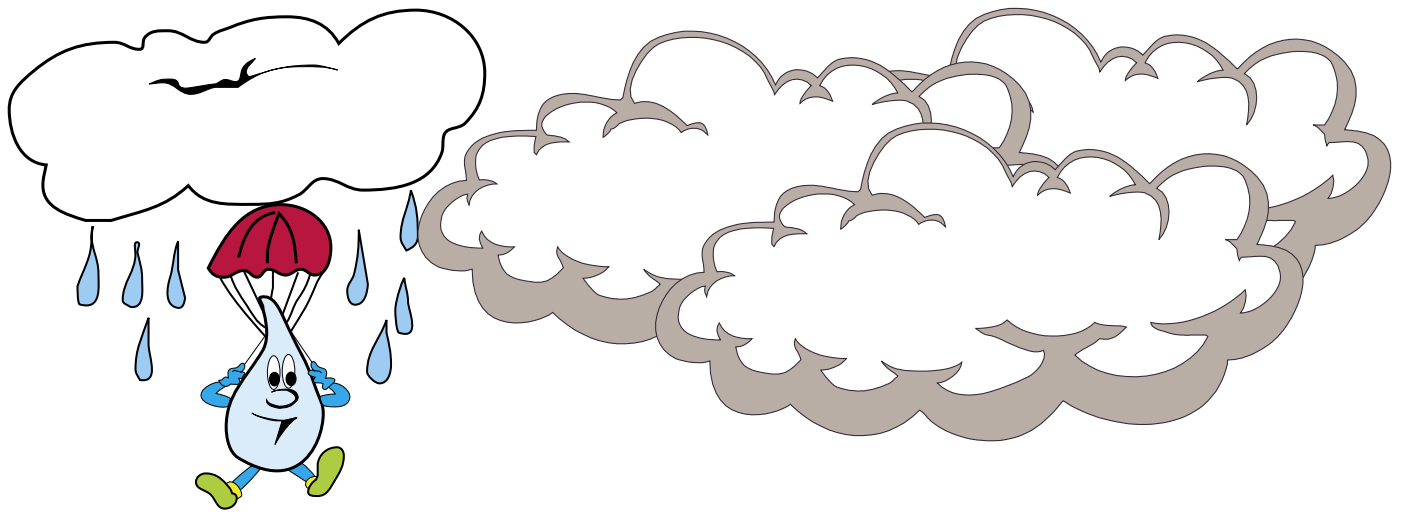


Pour water from container when you need it.

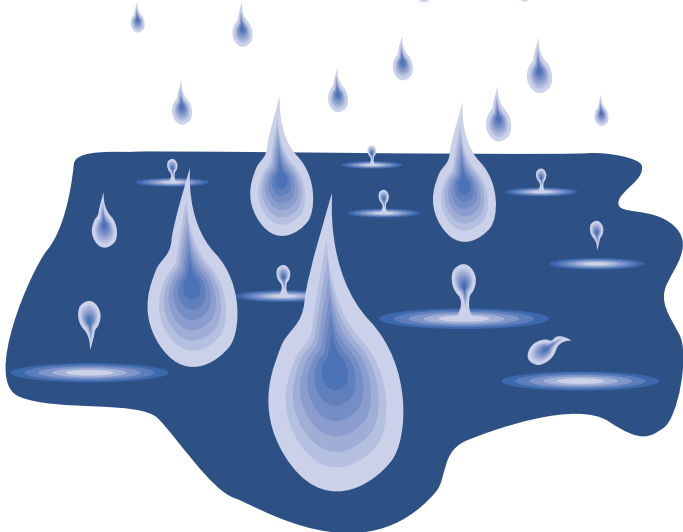
# ACTIVITY 5C:

Put a tick or a cross to the poster that shows safe water to drink.





# Sanitation, health and hygiene



# 6. Protect yourself from germs

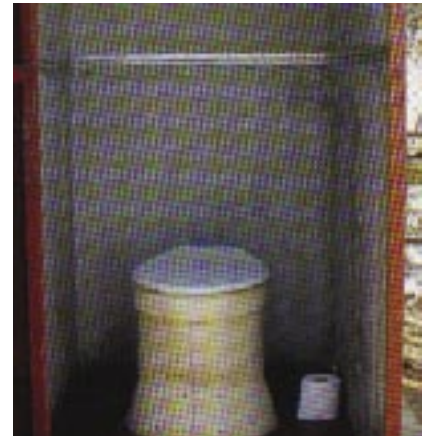
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DATE: .....

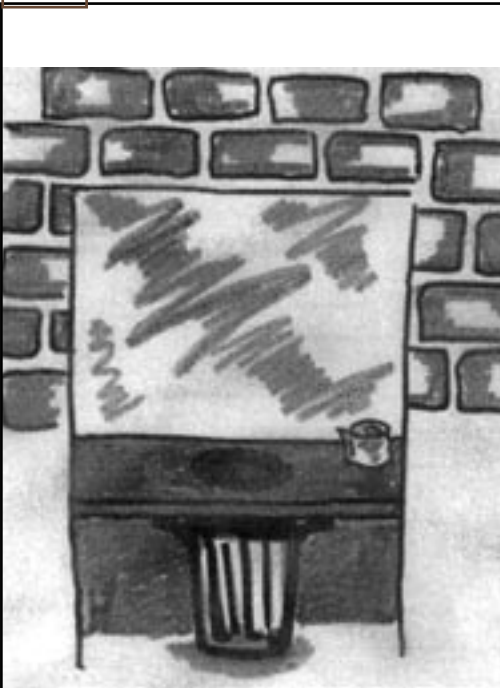
## ACTIVITY 6A: What kind of toilets do we have?



2



3

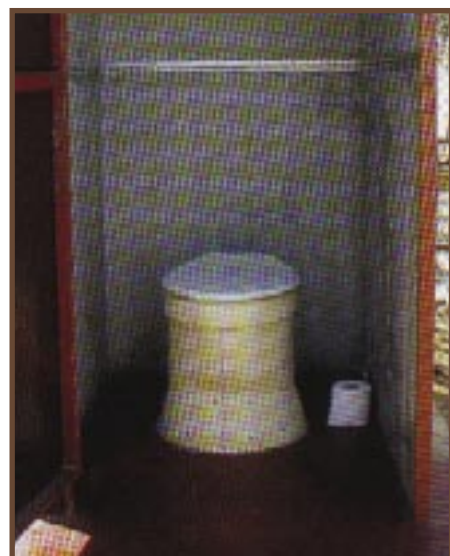
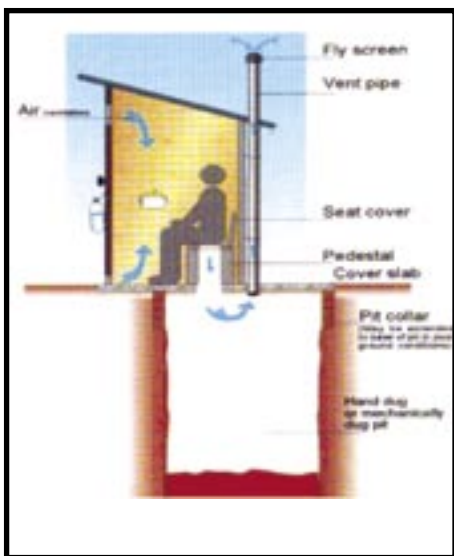


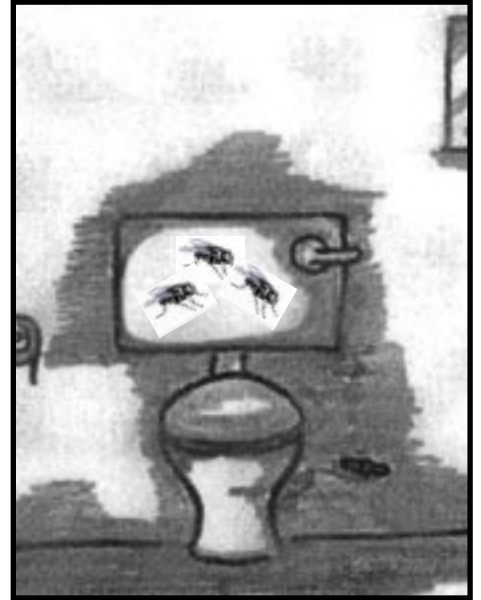
4



# ACTIVITY 6B: Keeping our toilets clean

Tick the toilet that is clean





### ACTIVITY 6C: How to keep our toilets clean

- Colour in the poster.



## **ACTIVITY 6D: Protect yourself from germs**

### **How to wash your hands**

#### **WHAT TO DO:**

**Your Educator will read the instructions for you on how to wash hands.**

- **Sing the following song whilst washing hands.**

**This is the way we wash our hands,**

**Wash our hands**

**Wash our hands X2**

**Before eating our food**

**This is the way we wash our hands,**

**Wash our hands**

**Wash our hands X2**

**After playing with pets**

**This is the way we wash our hands,**

**Wash our hands**

**Wash our hands X2**

**After going to the loo.**

# Wash your hands instruction sheet



**Always wash  
both hands**



**Always wash with  
water and soap**



**Scrub hands together  
at least three times**



**Dry hands on a  
clean towel or  
shake hands dry**

***To Keep Clean and Healthy  
always wash your hands***



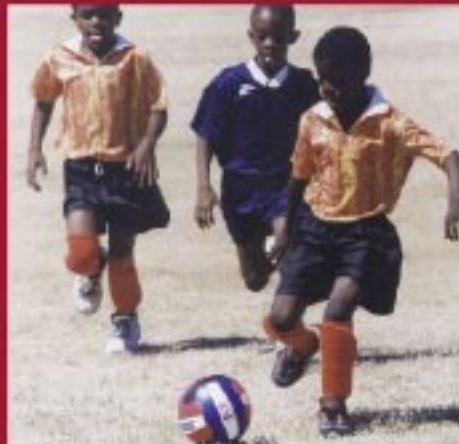
**ACTIVITY 6E:****Keep Clean and Healthy**





NAME: .....

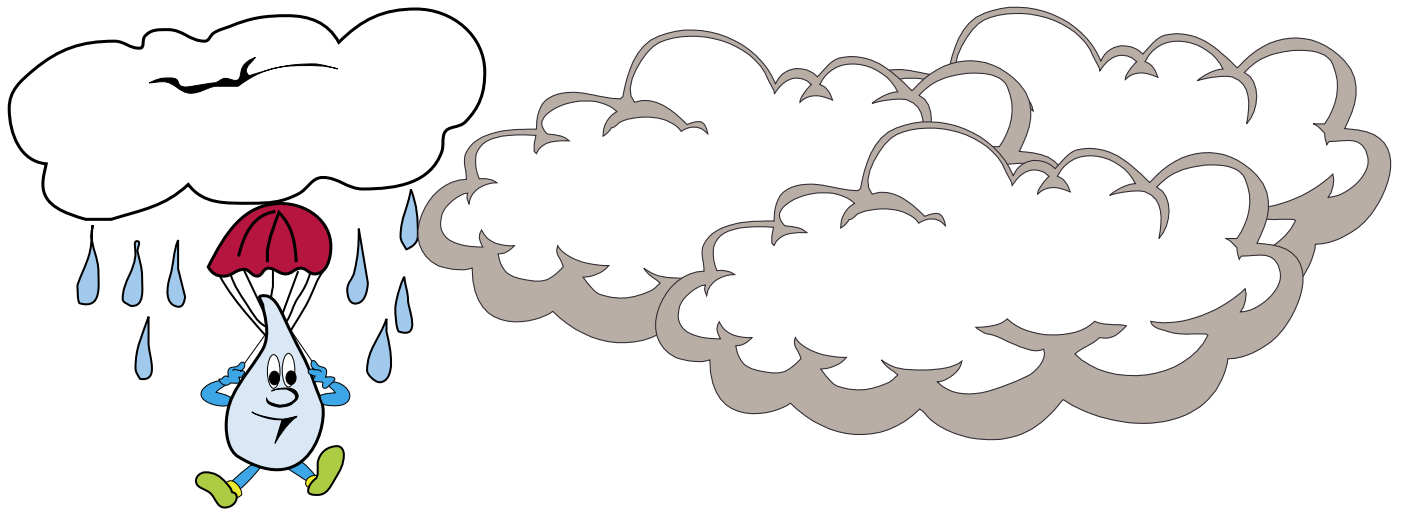
DATE: .....

**INSTRUCTION:**

WHEN TO WASH YOUR HANDS WORKSHEET!

PICTURE	WHEN DO YOU WASH YOUR HANDS?	
	BEFORE	AFTER
		
		
		

PICTURE	WHEN DO YOU WASH YOUR HANDS?	
	BEFORE	AFTER
		
		
		



# Water safety



# Water Safety

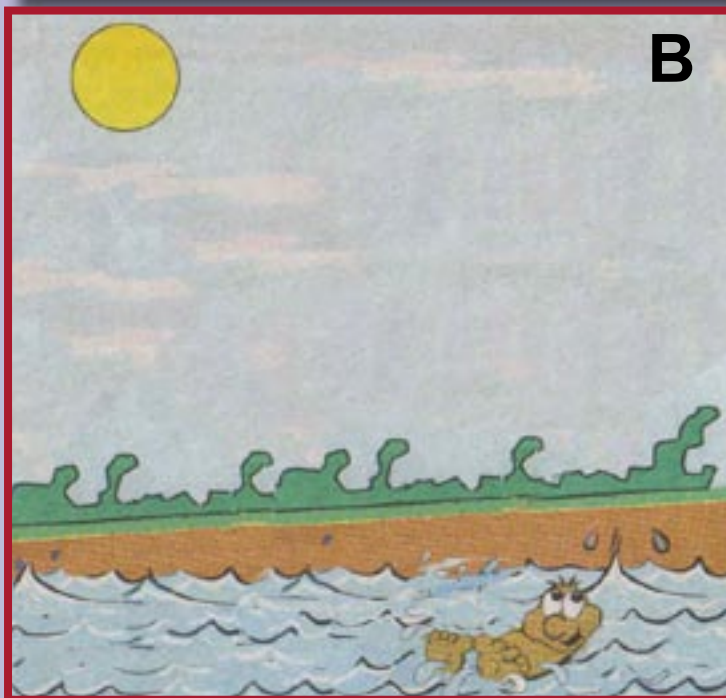
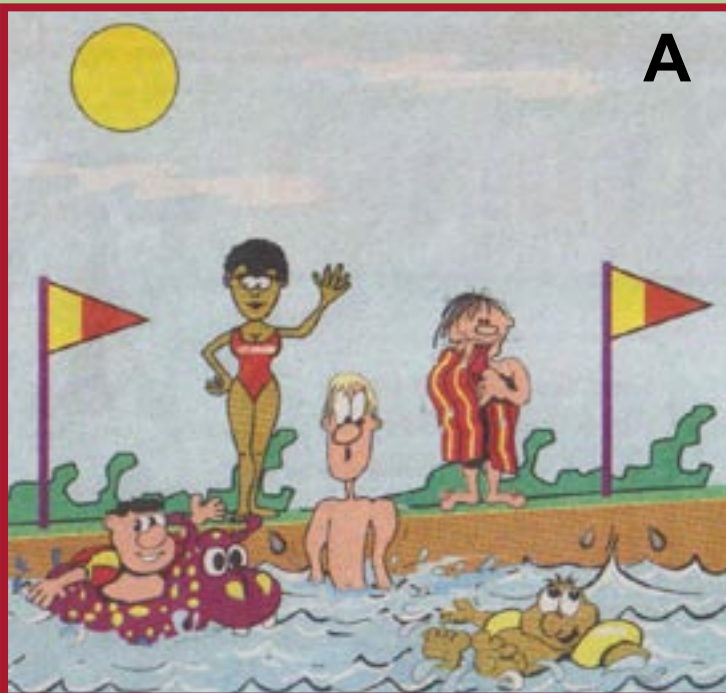
## 7. Swim where it is safe to do so

NAME: .....

DATE: .....

### ACTIVITY 7A:

Look at the following pictures (A and B) and circle five differences in relation to water safety.



## ACTIVITY 7B: Safety tips for swimming

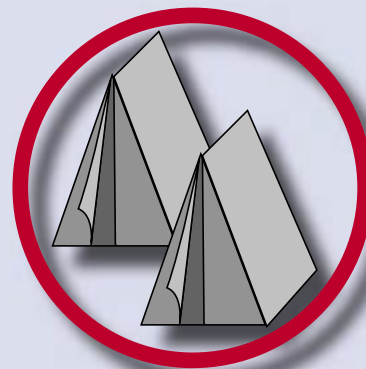
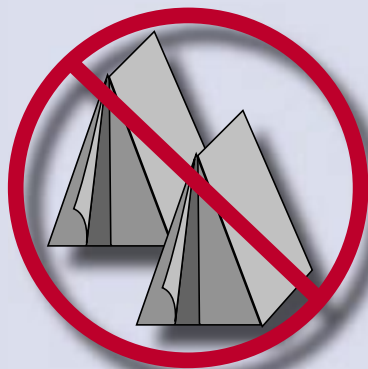
Recite a poem on safety tips to swimming.

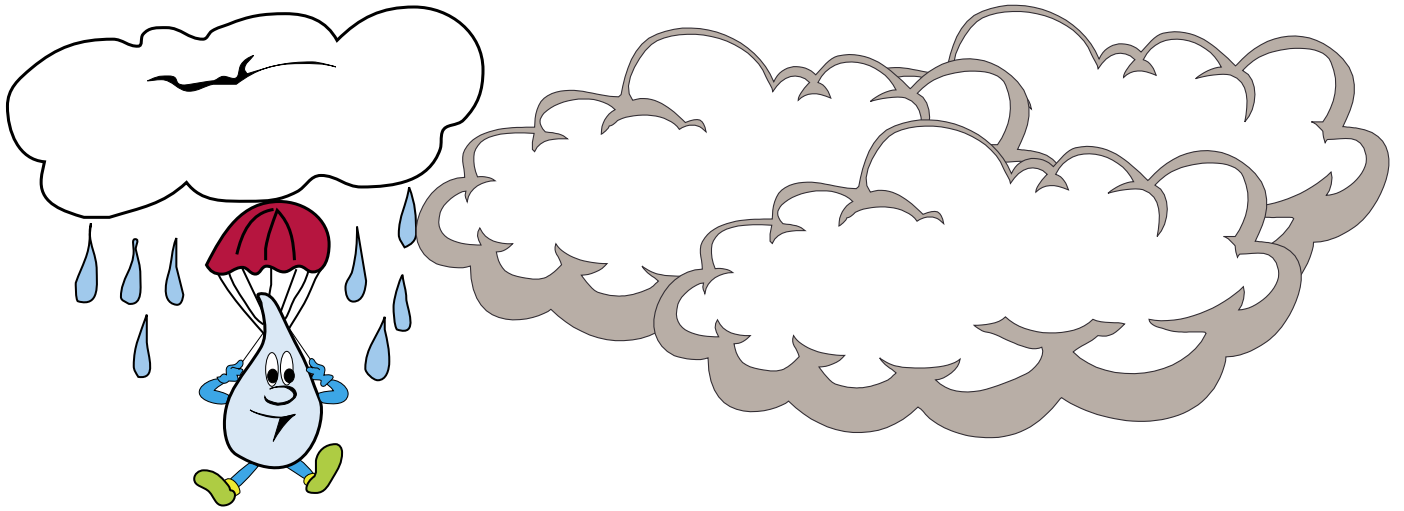
**Swim where there is a lifeguard.  
Never swim alone swim in  
the company of an adult.  
Always use a lifebuoy when swimming.  
Only swim where there are flags  
indicating the perimeter.  
Always swim in the company of other people.  
Always float feet first down a river.**

## ACTIVITY 7C: Signs around water

Draw a star or put a sticker on:

- No swimming sign
- You can swim sign
- You can put up tents
- You cannot put up tents





# Forestry



# 8. Trees are important

NAME: .....

DATE: .....

**ACTIVITY 8A:**

**Colour in the following picture.**



**ACTIVITY 8B:**

• **Mention what you can see in the picture.**

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**EnviroTeach Vol 11, May 2004.**

**Swimming South Africa**