

Mofumahadi Angie Motshekga.
letona la Lafapha la Thuto ya Motheo



Mong. Enver Surty.
Motlatsi wa Letona la Thuto ya Motheo

Selemong sena sa Kamohelo sa (Kereiti ya R) Dibuka tsa Mookodi tsa Mosebetsi ke karolo ya matsapa a Lefapha la Thuto ya Motheo ho thusa le ho tshehetsa mosebetsi wa ngwana wa Moaforika. Diphuputso di bontshitse hore selemong se seng le se seng bana ba fumana mesebetsi e ba phephetsang pele ho Kereiti ya 1, ba sebetsa hantle dithutong tsa bona dilemong tse latelang-dilemong tsa poraemari le nakong ya dithuto tsa sekontari.Ke ka hoo ba tshwanelang ho rutwa haholwanyane ha ba le Kereiting ya R.

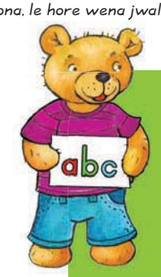
Thutong ya Motheo kharikhulamo e lebeletse hore ngwana wa Kereiti ya R a fumane monyetla wa ho ntshetsa pele ho bala, ho ngola le bokgoni ba ho sebetsa dipalo, ke hona mona moo ba hlokang ho tshehetswa haholo hore ba fumane motheo wa thuto hore ba tle ba fumane ho le bonolo ha ba fihla Kereiting ya 1 le ho fetela dihlopheng tse ka hodimo.

Dibuka tsa Kereiti ya R ka hoo maikemisetso a tsona ke ho thusa bana ho ntshetsa pele bokgoni bona le ho tseba dintlha tse ding tseo e leng motheo wa dithuto tsa bona.Ba na le menyetla e mengata eo ka yona bana ba ka ntshetsang le ho ikwetlisetsa bokgoni ba bona ho itokisetsa bakeng sa dikereiti tse latelang.

Pele bana ba ka ihuta ho bala ba tshwanela ho tseba hore ba tshwara buka jwang le ho phetla maqephe, le ho tseba hore buka e sebediswa jwang. Ba tshwanela ho utlwisisa kamano e teng dipakeng tsa mantswe le ditshwantsho tse hare ho buka le ho hlokomela hore mantswe a ka bukeng a bopilwe ka medumo e itseng mme a na le moelelo.Ho sa le jwalo, pele bana ba ihuta ho ngola, ba tshwanela ho ntshetsa pele bokgoni ba ho ngola le ho tshwara pene, ho bopa mantswe le dibopeho le ho tsamaisa pene meleng ho tereisa medumo.Bona ke bokgoni bo fumanwang ka hare ho dibuka tsena.

Re a tseba hore bana ha ba bale le ho utlwisisa ka ho tshwana .Dibuka tsa Kereiti ya R di thusa matitjhere le bana ho sebetsa ka mokgwa o ikgethang oo ngwana ka mong a ka sebetsang ka sekgahla sa hae haeba ho hlokeha hore a etse jwalo, le ha ho hlokahala hore titjhere a ka kgutlela morao ho thusa ngwana moo a sa utlwisisang hantle ho latela maemo a kutlwisiso ya ngwana. Mesebetsi e tla thusa ngwana le titjhere ho bona moo ho nang le dikgwaello e le hore titjhere e tle e kgone ho thusa ho kwala dikgaello tseo pele ngwana a fetela dikereiting tse ka pele.

Dibuka tse kenyeletsang thuto ya ho tseba ho bala le ho ngola, thuto ya dipalo le bokgoni ho tsa bophelo tseo kaofela ha tsona ho nang le mokotaba e ka bang 20 e sebedisang mekgwa e fapaneng ya ho hohela maikutlo a moithuti. Re a tshepa hore baithuti bat la thabela le ho ananela ho sebedisa mesebetsi e fumanwang ka hare ho dibuka tsa mofuta ona ha ba ntse ba tswela pele ka dithuto tsa bona, le hore wena jwalo ka titjhere o tla natefelwa le bona ho sebediseng dibuka tsena.





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Kereiti ya R
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BUKA KA SESO
Buka 1
Kotara 1

Alfabete

Aa Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk

Ll Mm Nn Oo Pp

Qq Rr Ss Tt Uu

Vv Ww Xx Yy Zz

KHALENTARA YA MATSATSI A TSWALO

Pherekgong

Hlakola

Hlakubele

Mmesa

Motsheanong

Phupjane

Phupu

Phato

Lwetse

Mphalane

Pudungwana

Tshitwe

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Kereiti ya R

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Buka ena ke ya:



SESOTHO

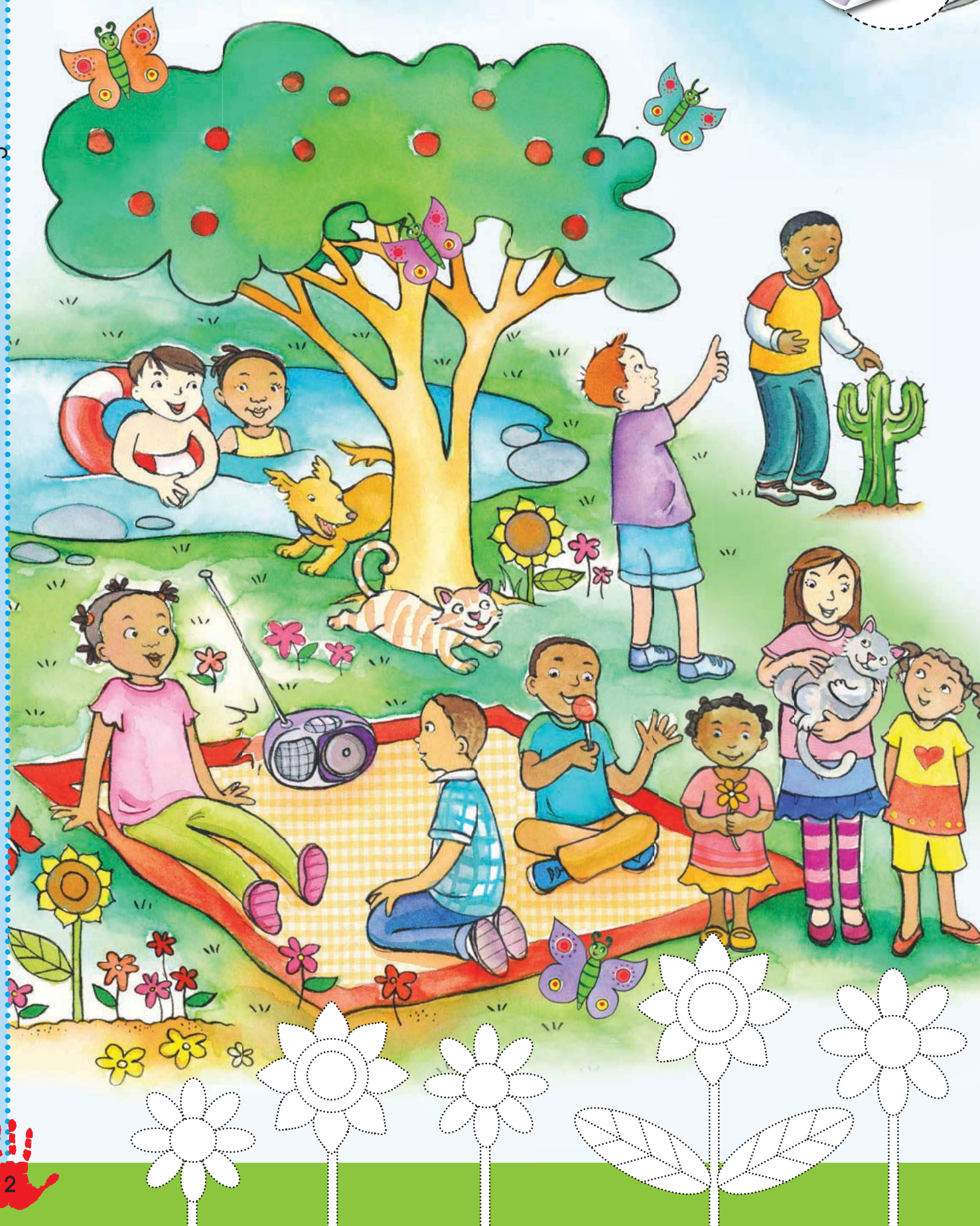
Buka 1

Kotara 1

1

Ditaba tse amanang le nna

Maneha ditikara sebakeng se nepahetseng.



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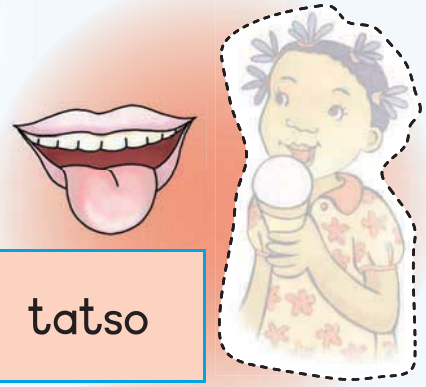
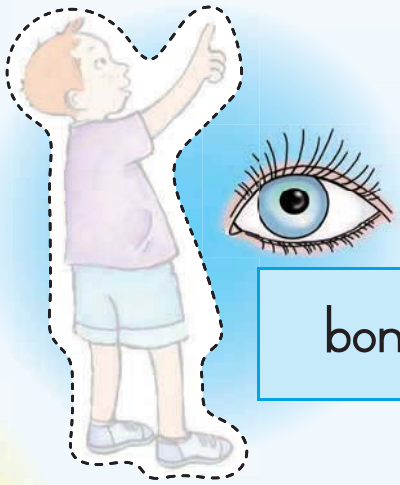


tatso



bona



monko



mamela

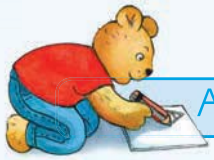


tshwara



A re bueng

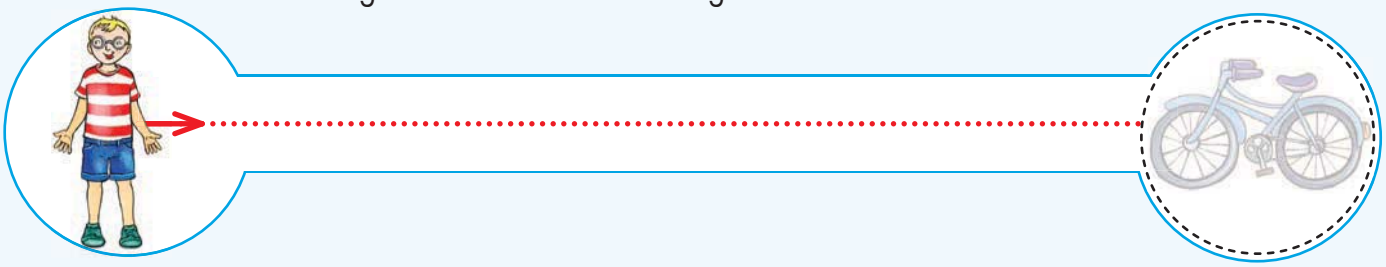
Sheba setshwantsho mme o bolele hore o bona eng.
Ho na le bana ba bakae moo?
Ke bana bafe ba batelele?
Ke bana bafe ba banyane?
Ba etsa eng?
O batla ho etsa eng?
Supa bana ba nkgellang le ho latswa.
Supa bana ba mamelang ba shebang.
Fumana dirurubele kaofela
Tlotsa dipalesa ka mebala e fapaneng.



A re ngoleng

Manamisa ditikara dibakeng tse nepahetseng.
Jwale tereisa mola ka monwana wa hao le ka pensele.

Thusa moshanyana ho fumana baesekele ya hae.



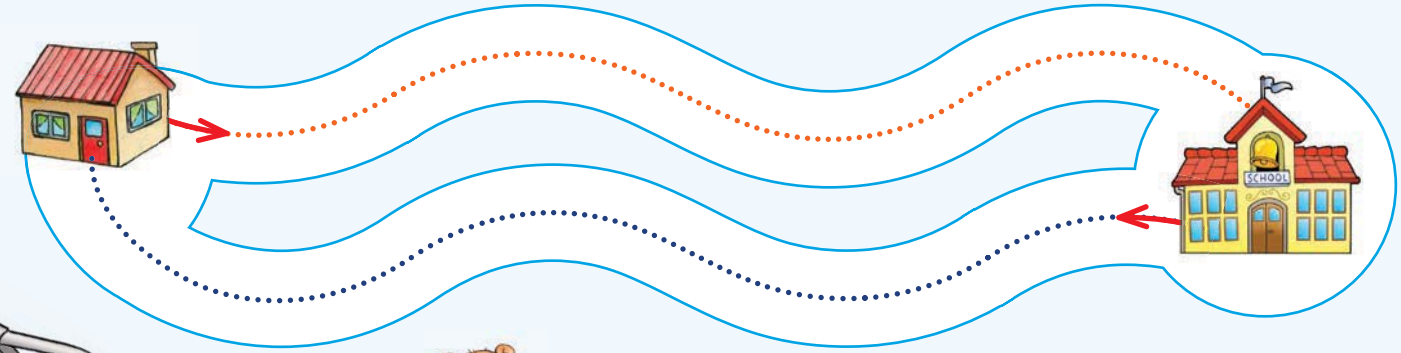
Thusa ngwanana ho fumana bolo ya hae.

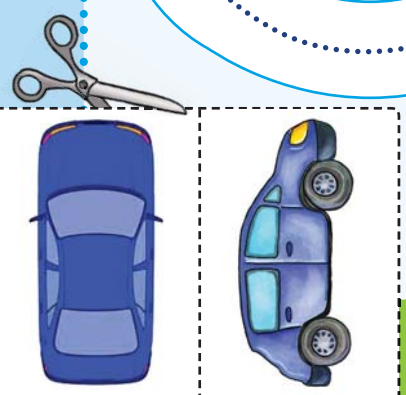


Tereisa kgwele e khaetheng



Kganna koloi ho ya sekolong le ho kgutlela hae hape.







Bakeng sa boikwetliso, laela bana ho tereisa mela ya bona makgetlo a mmalwa ba sebedisa mebala e fapaneng.



A re etseng

Ema jwalo ka moshanyana ya setshwantshong.
Ke letsoho lefe leo o ngolang ka lona?
Ke leoto lefe leo o ratang ho raha ka lona?
Bontsha letsoho la hao le letona.
Bontsha letsoho la hao le letshehadi.
Tapa ka leoto la hao le letona.
Tapa ka leoto la hao le letshehadi.





pele

morao





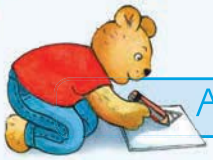
letsoho le letshehadi



letsoho le letona

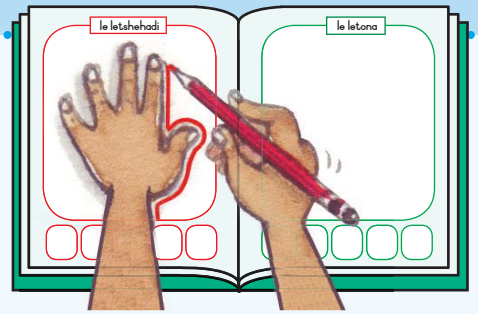
leoto le letshehadi

leoto le letona



A re ngoleng

Tereisa letsoho le letshehadi mme o bale menwana ya hao.



le letshehadi



Sebedisa setlotsamolomo kapa pente ho ngola menwana ya hao.



1.4

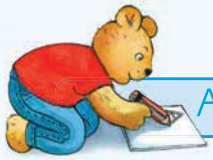


A re ngoleng

Tereisa letsoho le letona mme o bale menwana ya hao.

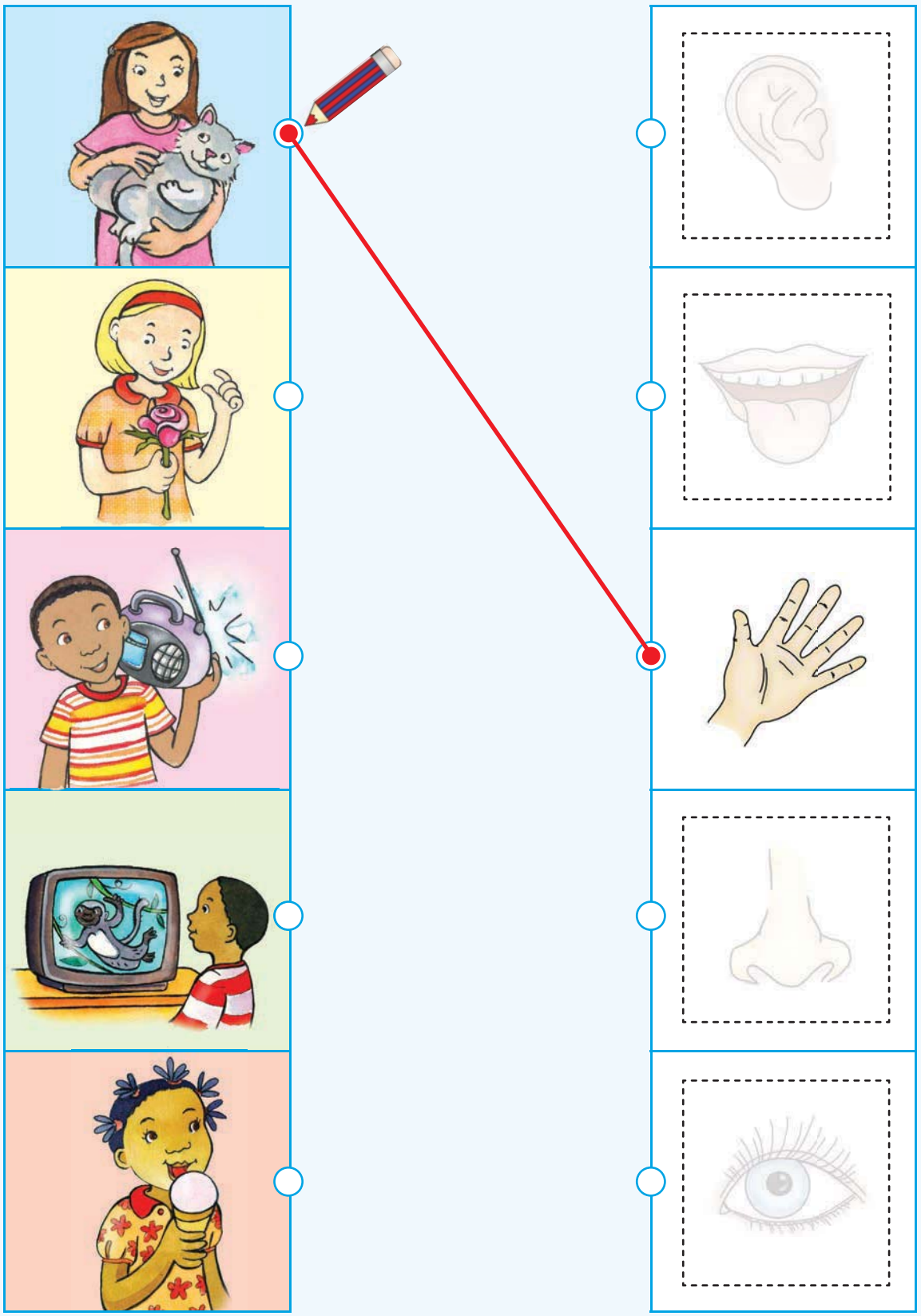
le letona

Sebedisa setlotsamolomo kapa pente ho ngola menwana ya hao.



A re ngoleng

Thala mola ho bapisa dithokutlo tseo o di sebedisang.

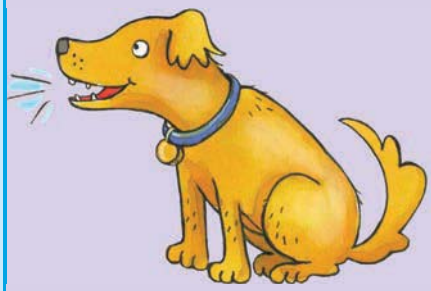


1.6

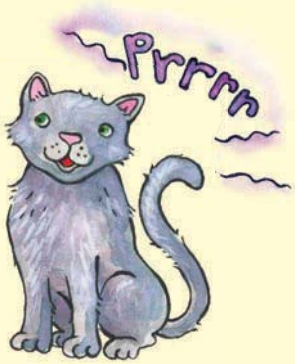
A re etseng

E etsa modumo o jwang? Etsisa modumo oo mme o etse sedikadikwe ho potoloha dintho tse etsang modumo o moholo.















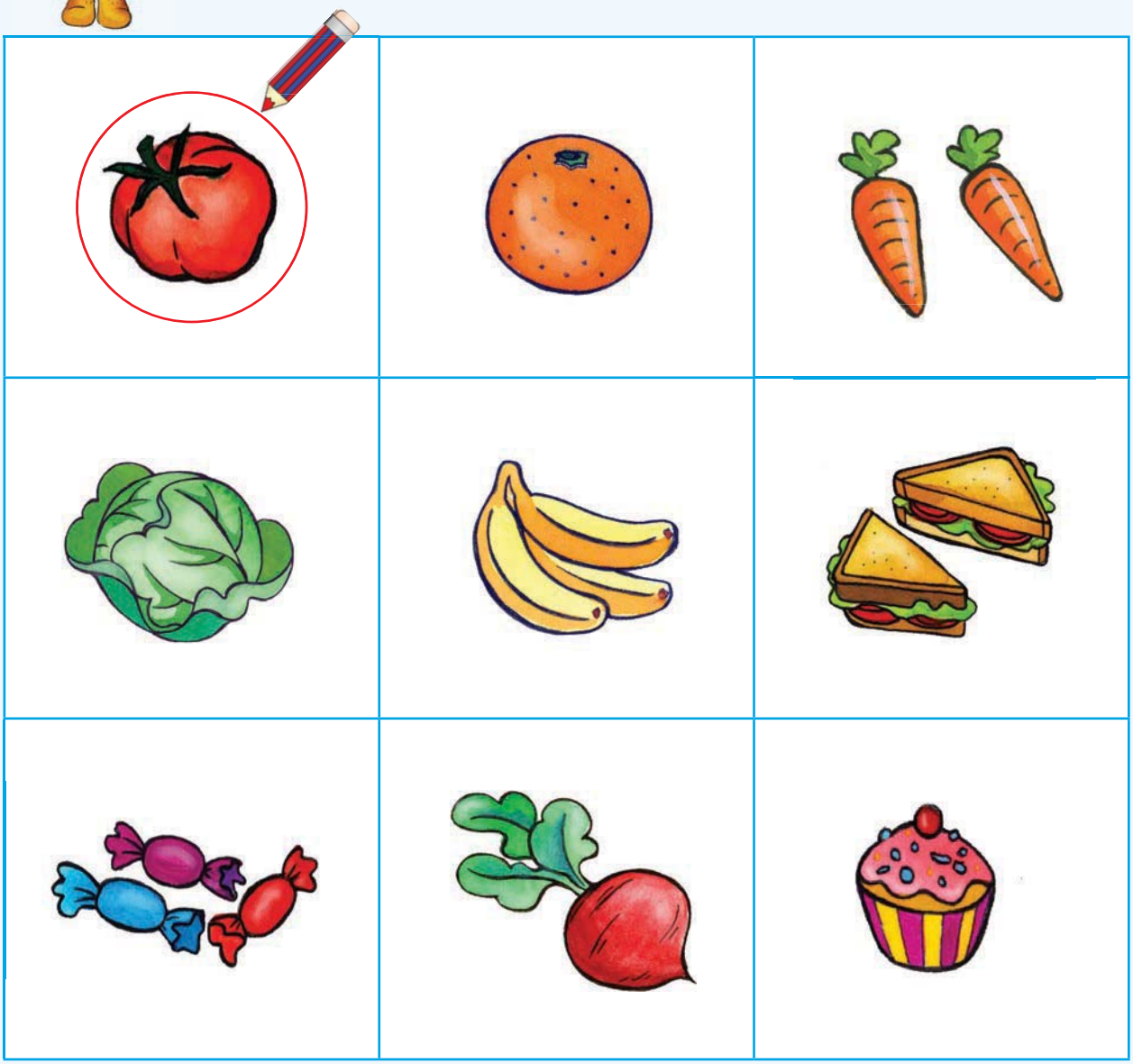






A re baleng

Tshwaya diboloko tse nang le ntho e le I.
Opa diatla tsa hao hanngwe nako le nako ha o bona ntho e le I.



Ithute ho ngola dipalo.





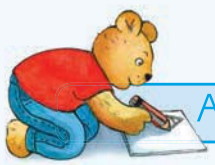




A re ngoleng

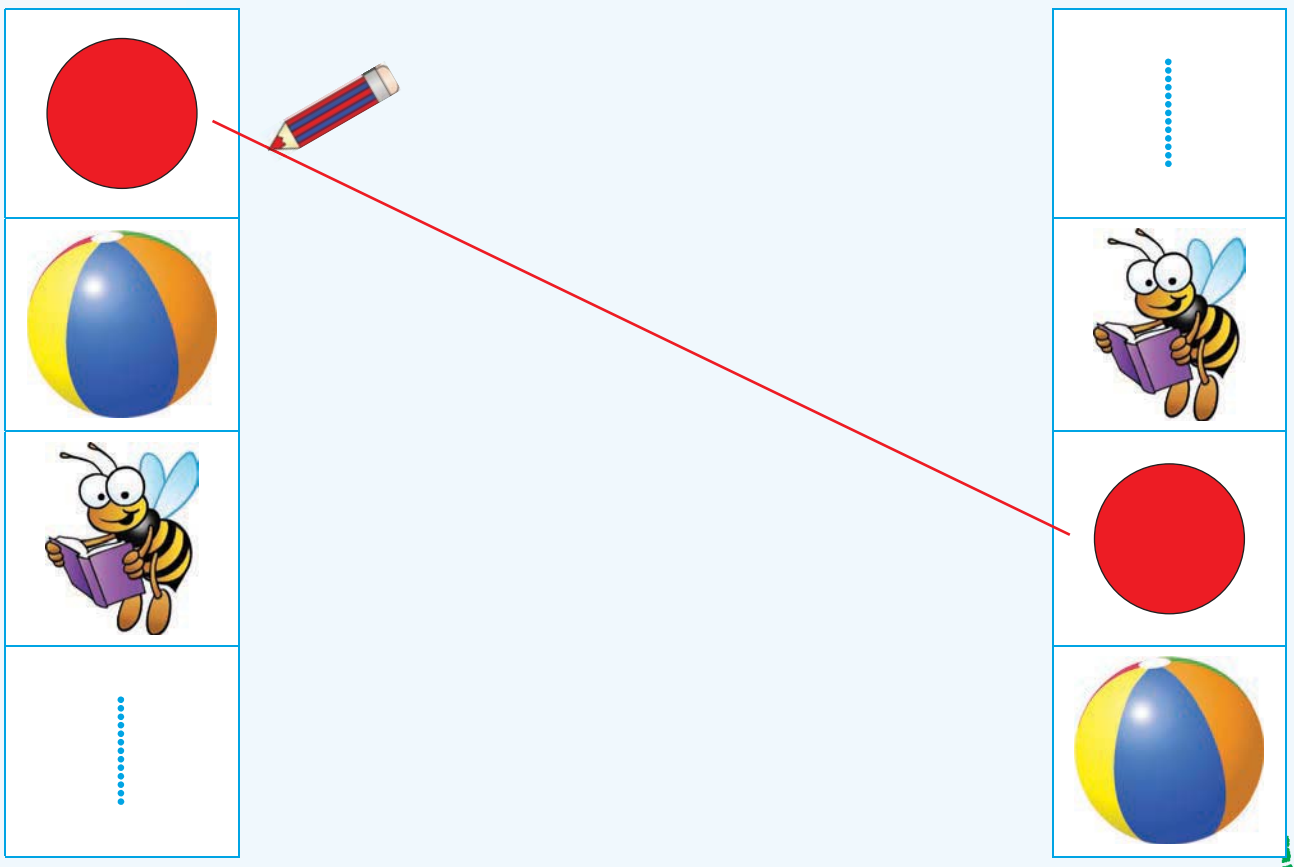
Tereisa nomoro.
Fumana o be o etse sedikadikwe ho potoloha dipalo tsa 1.

1	1	5	1	1	2
	2	2	2	2	3
	1	3	2	1	5
	2	4	1	2	4



A re ngoleng

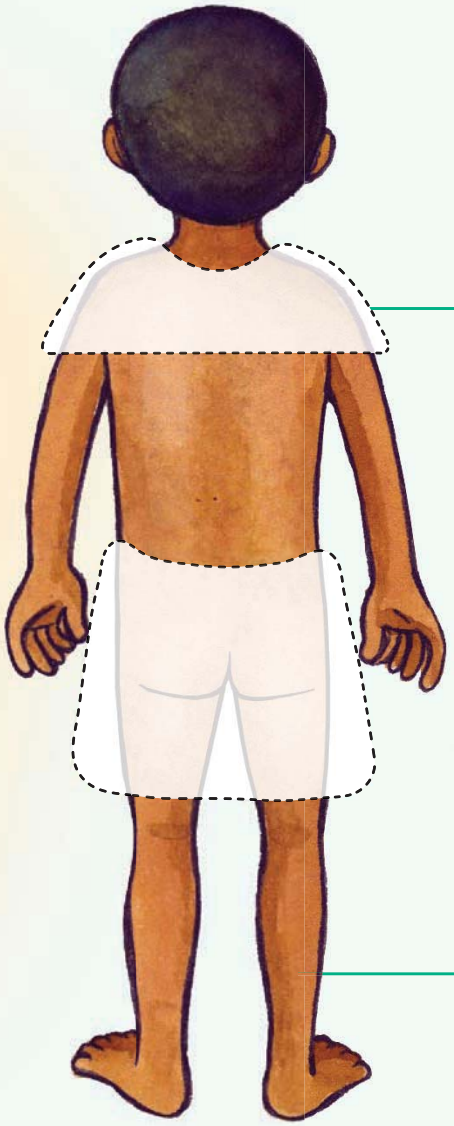
Bapisa ditshwantsho



2 Mmele wa ka



Maneha ditikara sebakeng se nepahetseng.



hloho

mahetla

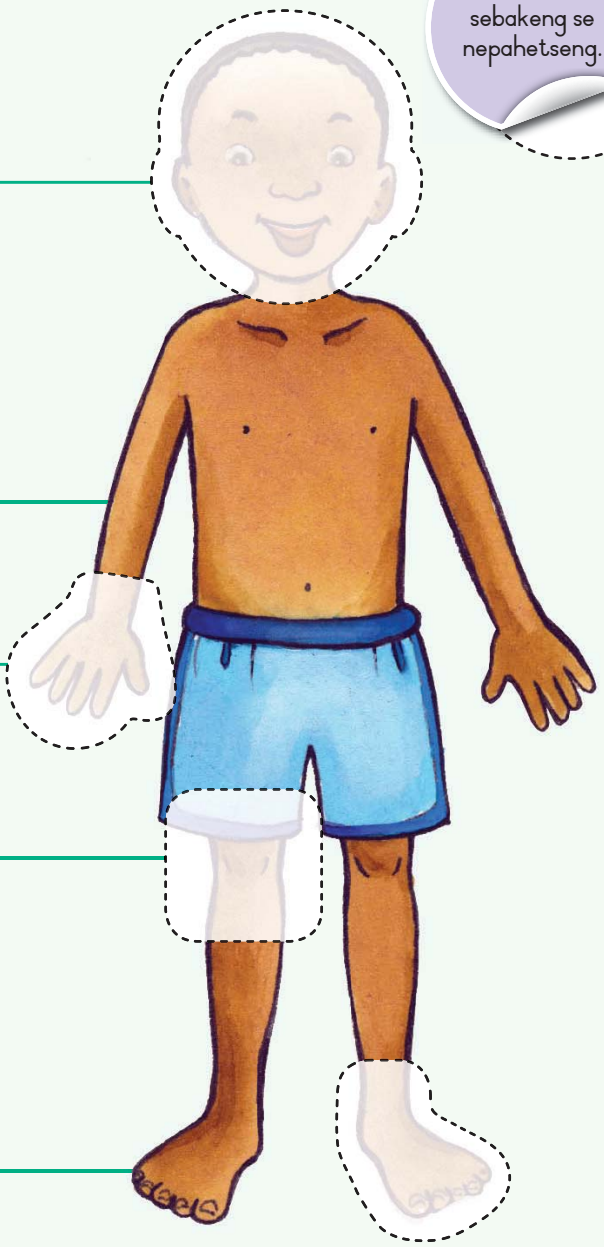
sephaka

letsoho

lengwele

tlhafu

leoto





A re bueng

Sheba setshwantsho mme o bue ka seo o se bonang.
Na o a tseba hore hloho,mahetla,mangwele le menwana di hokae?
Fapanyetsanang makgetlo le supe ditho tsa mmele mme o bolella motswalle wa hao hore ke setho sefe.
Ke ditho dife tsa mmele tse tsamayang ka bonngwe?
Ke ditho dife tsa mmele tse tsamayang ka bobedi?



A re ngoleng

Etsa setshwantsho sa hao.
Supa hloho, sephaka, ditlhafu le mmele ohle.

Ngola lebitso la hao.



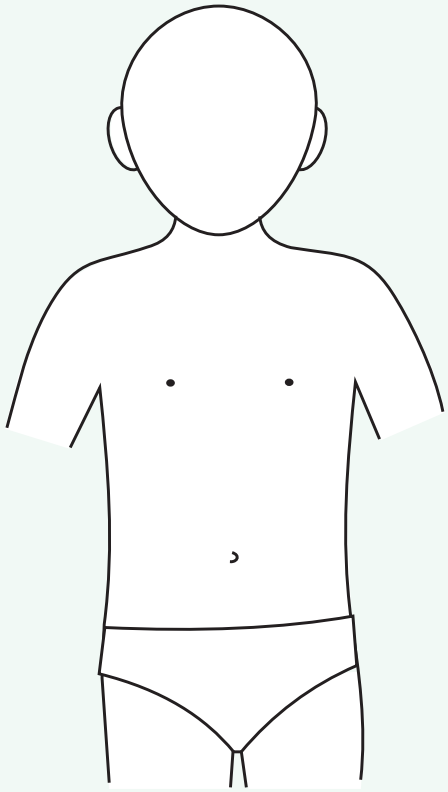


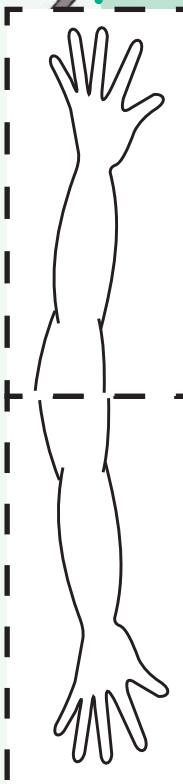
A re etseng

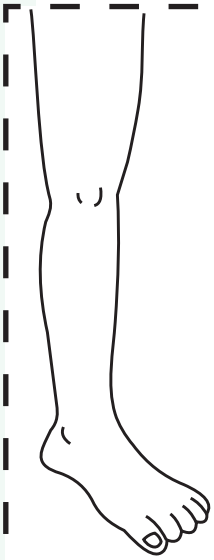
Opa diatla ho latela modumo.

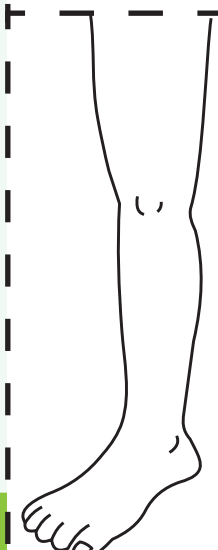
A re ngoleng

Seha le ho manamisa diphaka le ditlhafu ho qetela setshwantsho sena. Jwale tlotsa setshwantsho sa hao ka mebala.









A re bineng



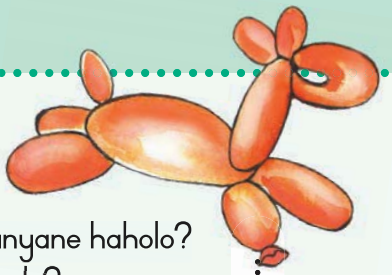
Ntatemoholo o tswa kae kajeno?
Ke tswa ka sepetlele sa Mmanapo.
O tshwerwe ka eng?
Ke hloho, mahetla
Sefuba le letheka
Mangwele le menwana
Mangwele le menwana

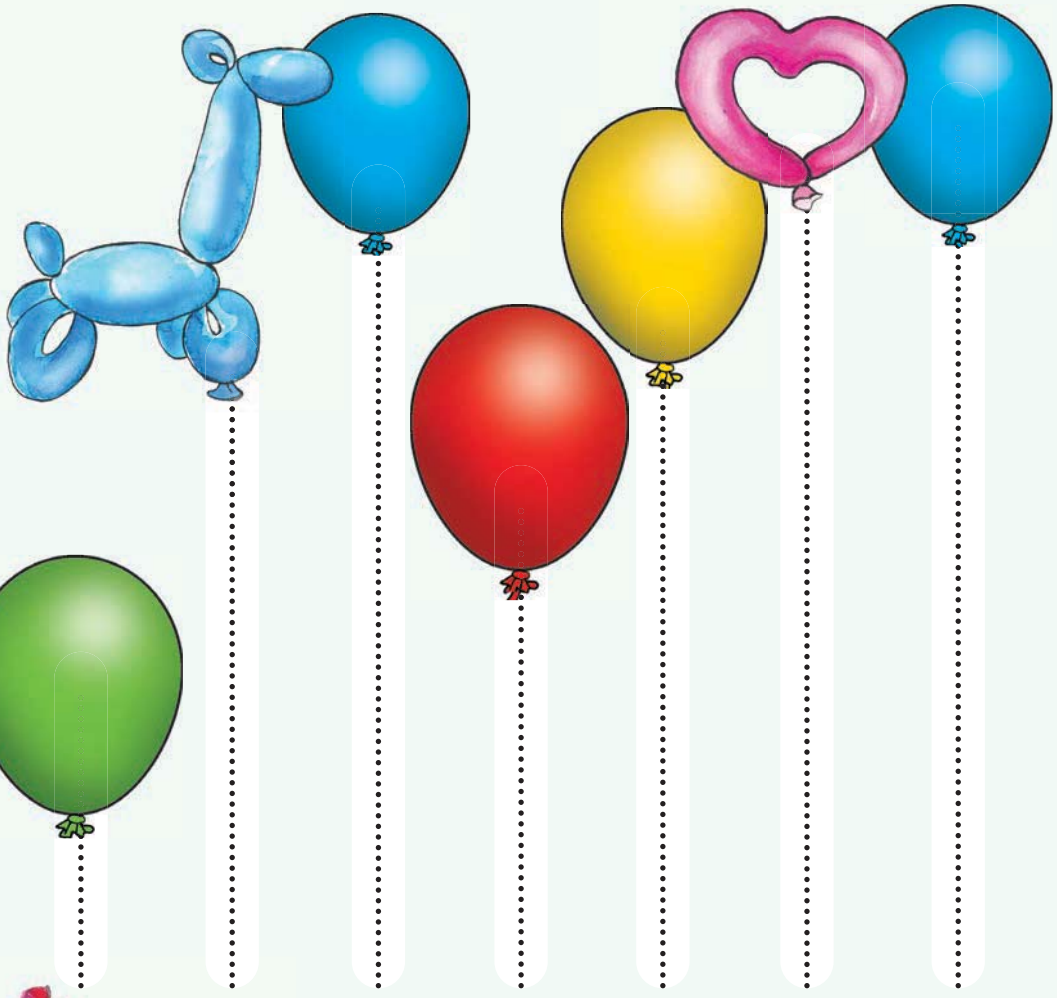


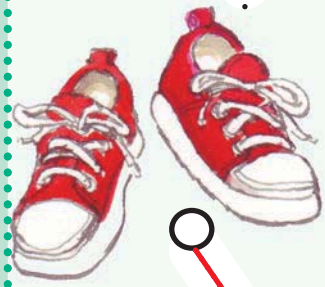


A re ngoleng

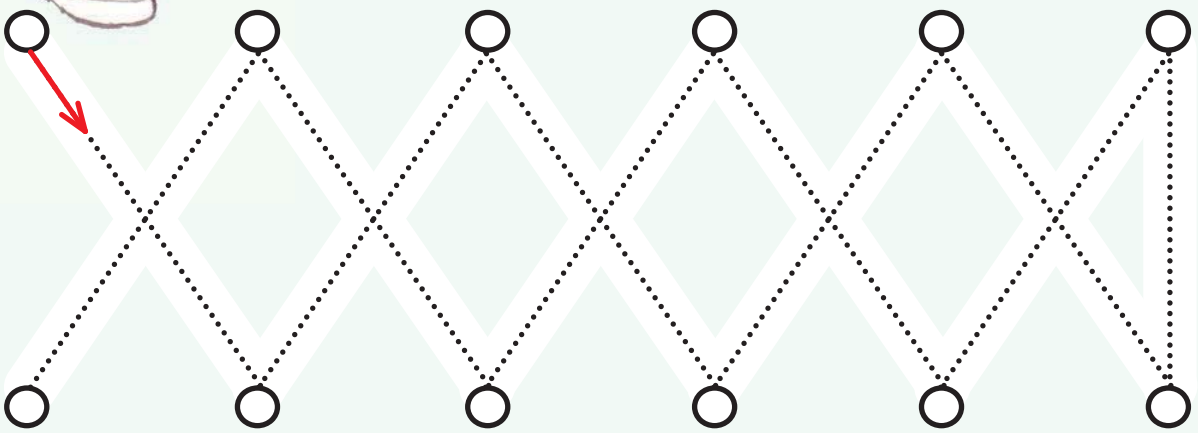
Etsa setshwantsho sa kgwele e balunung?
Ke balunu efe e nang le kgwele e kgutshwanyane haholo?
Ke balunu efe e nang le kgwele e telele haholo?





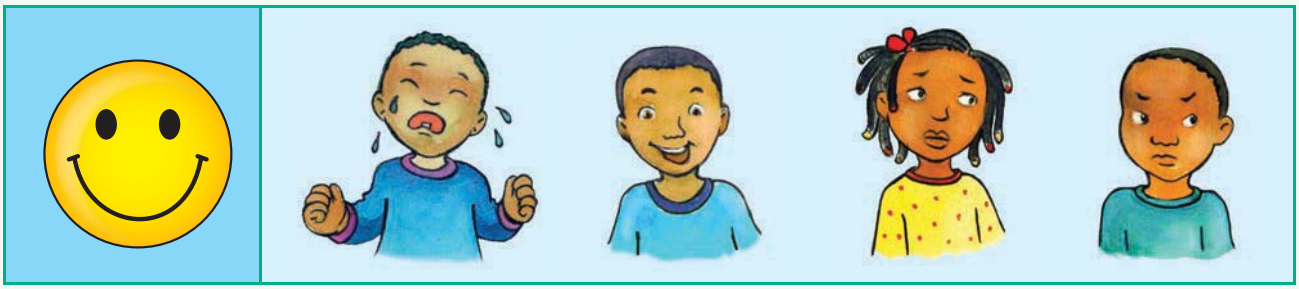


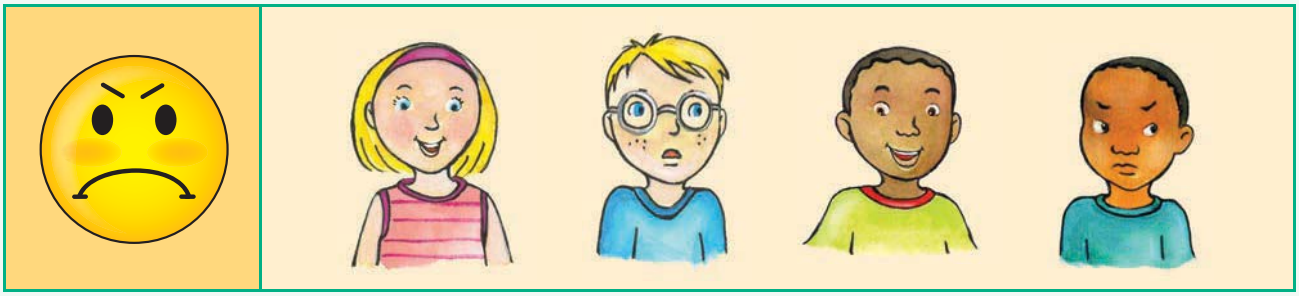
Tereisa mela ntle le ho phahamisa pensele ho tlama seeta sena.



A re ngoleng

Fumana difahleho tse bontshang maikutlo a tshwanang le a setshwantsho sa pele.

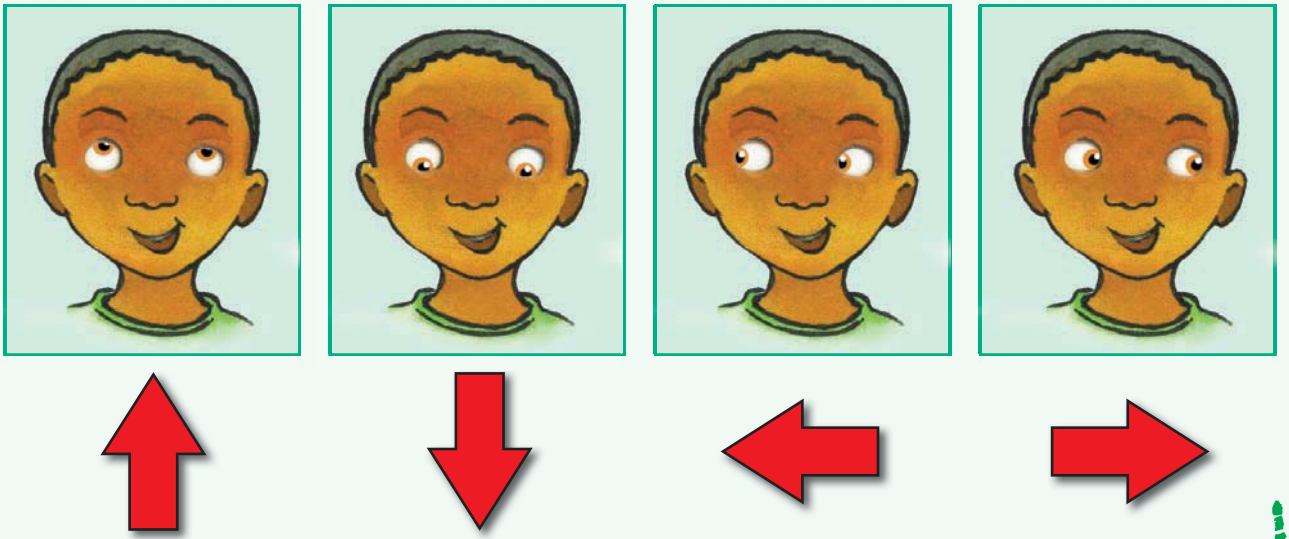






A re etseng

Bana bana ba shebile eng? Ntle le ho sisinya hloho ya hao, tsamaisa mahlo a hao hore a shebe mahlakoreng ao a shebileng ho ona.



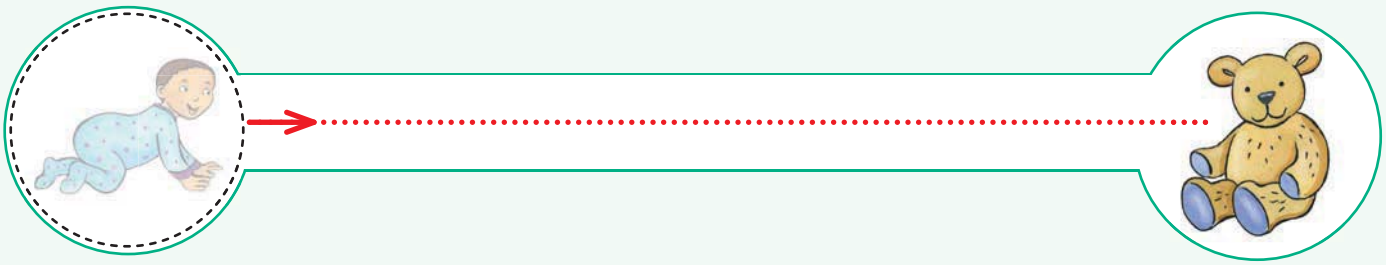
Maneha ditikara sebakeng se nepahetseng.



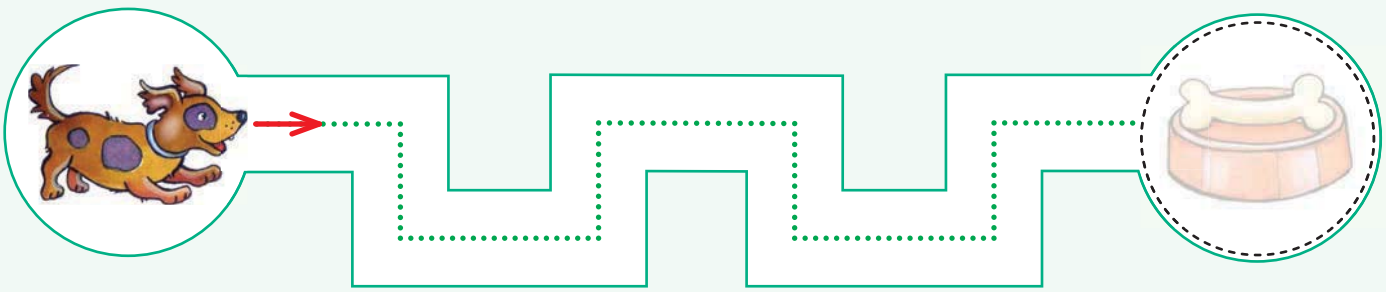
A re ngoleng

Manamisa ditikara dibakeng tse nepahetseng.
Jwale, tereisa mola ka monwana wa hao le ka pensele.

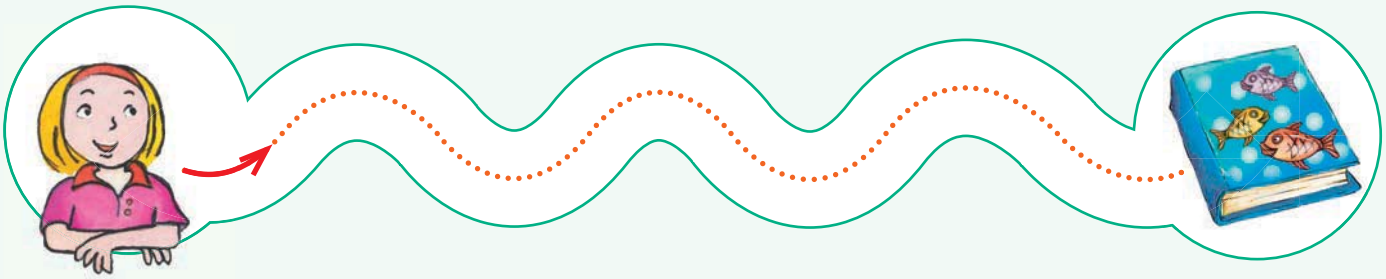
Thusa lesea ho fumana thedibere ya hae.



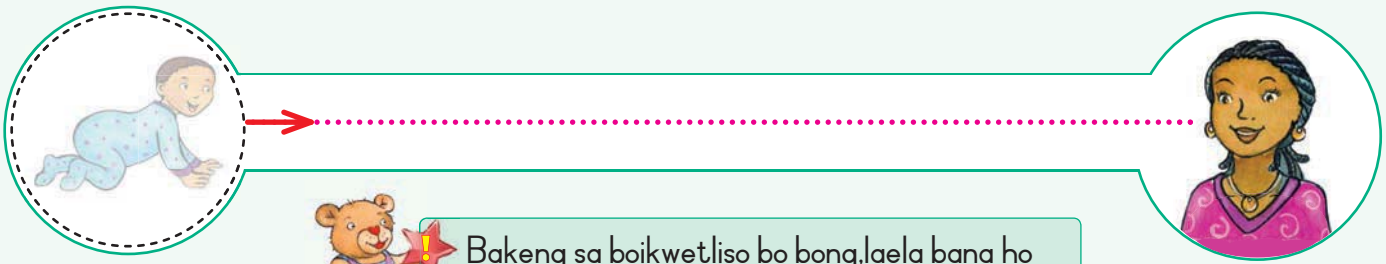
Thusa ntja ho fumana lesapo.

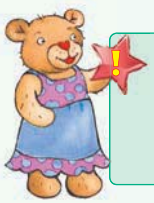


Thusa Ann ho fumana buka ya hae.



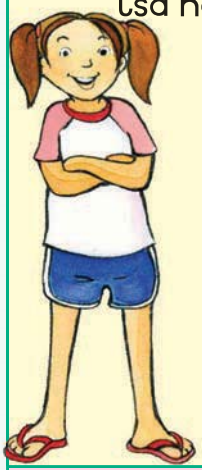
Thusa lesea ho kgasetsa ho mmalona.





Bakeng sa boikwetliso bo bong,laela bana ho tereisa mela ya bona makgetlo a mmalwa ba sebedisa mebala e fapaneng.

A re etseng Etsa seo bana bana ba se etsang.

matsoho thekeng 	tshwara mangwele 	tshwara leoto le leng 	tshwara lehetla le leng
fapanya diphaka tsa hao 	tshwara mpa ya hao 	tshwara nko ya hao 	tshwara menwana ya hao 
phahamisa diphaka tsa hao 	tshwara hloho ya hao 	tshwara mahetla a hao 	otlolla diphaka tsa hao 



A re baleng Etsa sedikadikwe ho potoloha diboloko tse nang le dintho tse 2.



Ithute ho ngola palo.

2 2 2

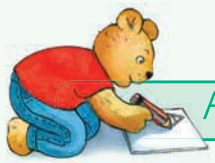


A re ngoleng

Tereisa palo.
Fumana le ho etsa sedikadikwe ho potoloha dipalo kaofela tsa 2.

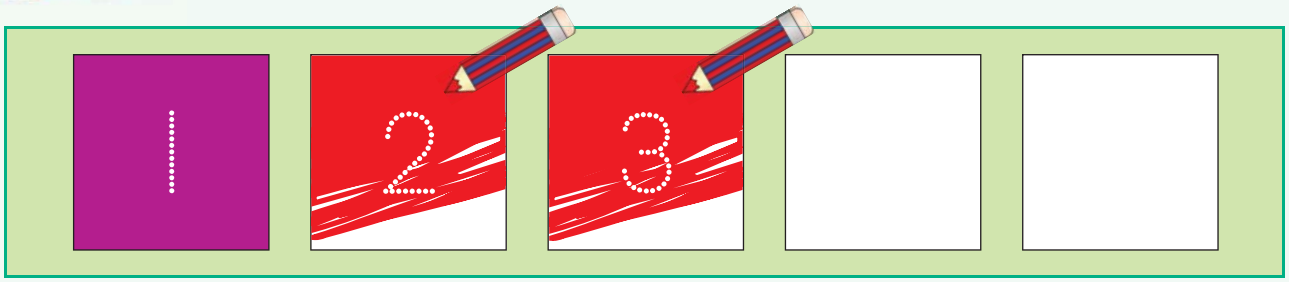
2

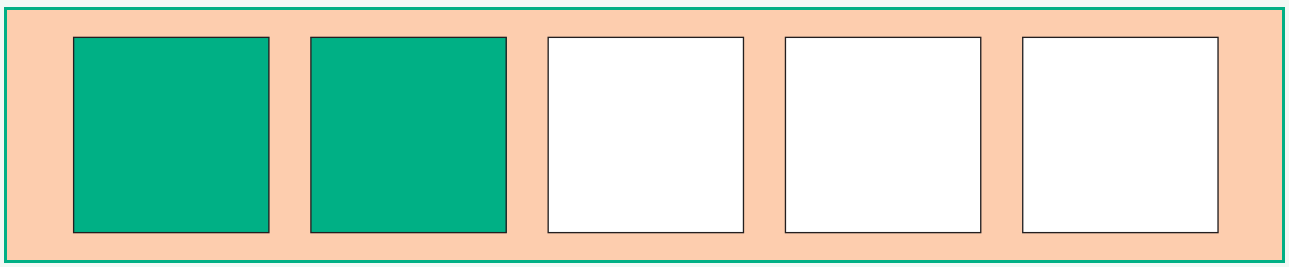
2	3	1	2	1
2	1	2	1	3
1	3	2	1	2
2	4	1	2	4

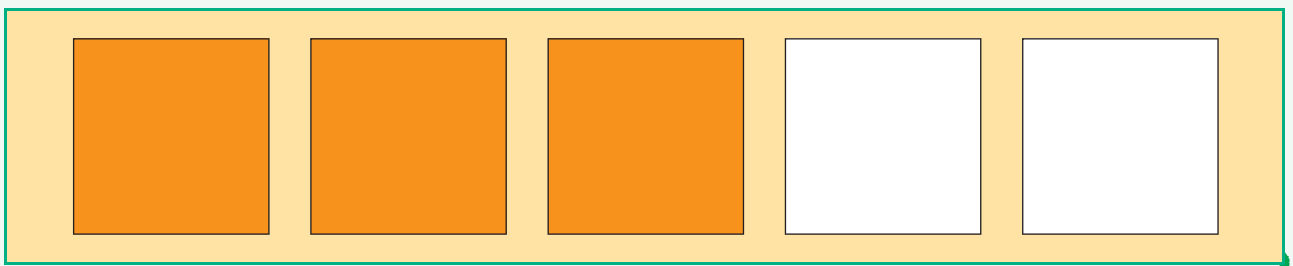


A re ngoleng

Tlotsa ka mmala dintho tse ka mabolokong a 2, moleng o mong le o mong o be o bale diboloko tse tlotsitsweng ka mmala.

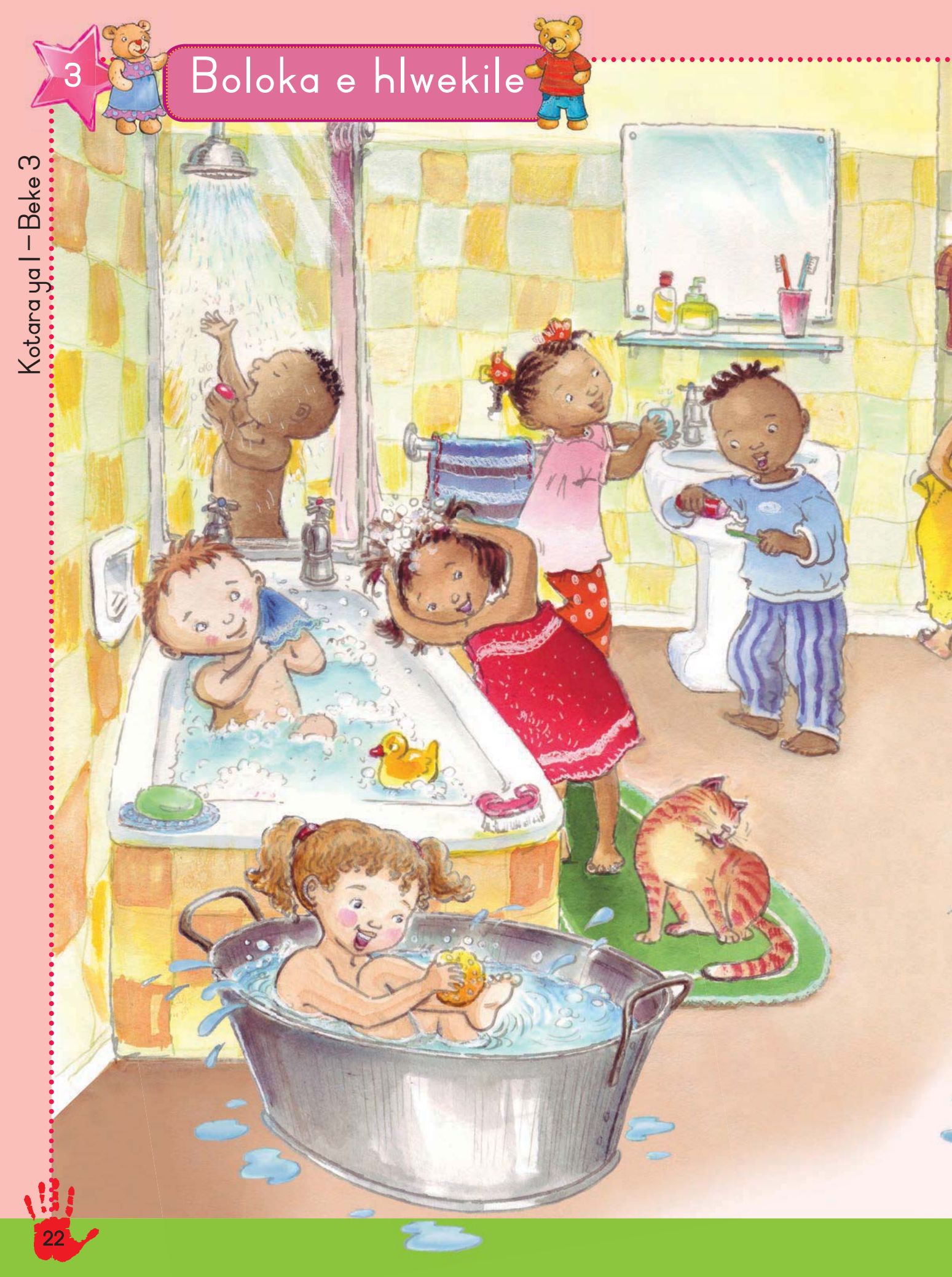






3

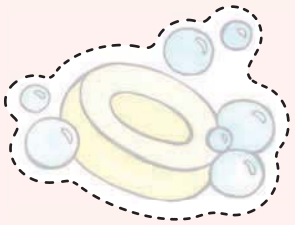
Boloka e hlwekile



Maneha ditikara sebakeng se nepahetseng.





















A re bueng

Sheba setshwantsho mme o bue ka seo o se bonang.

Supa ngwana ya:

- hlatswang matsoho
- hlatswang meno
- hlatswang ditsebe
- hlatswang moriri
- aparang diaparo
- ikomisang

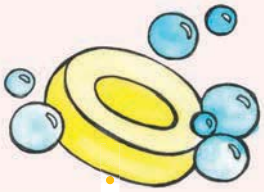
Na o ka fumana letata?

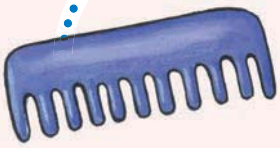
A re ngoleng

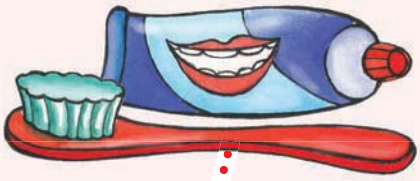
Tereisa mola ho fumana hore bana bana ba etsang hore ba dule ba hlwekile.

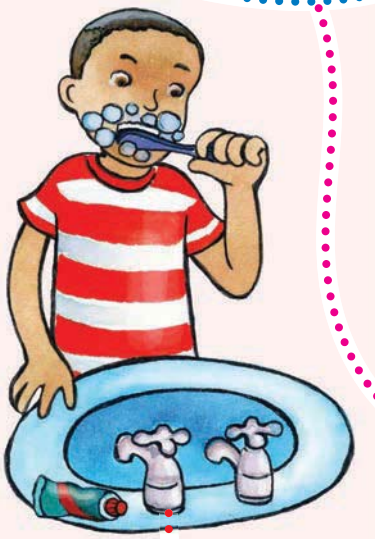




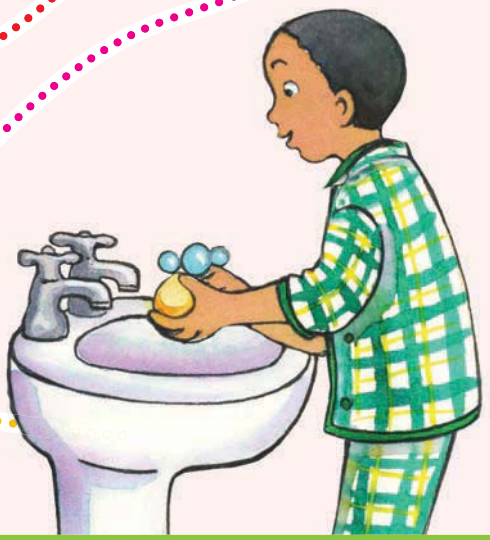












3.2

A re ngoleng Qhaqholla phazele ena mme o boele o e kopanye hape.



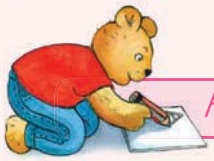
A re ngoleng Haha phazele.



3.4



A re ngoleng Etsa setshwantsho se bontshang hore o etsa eng ho dula o hlwekile.



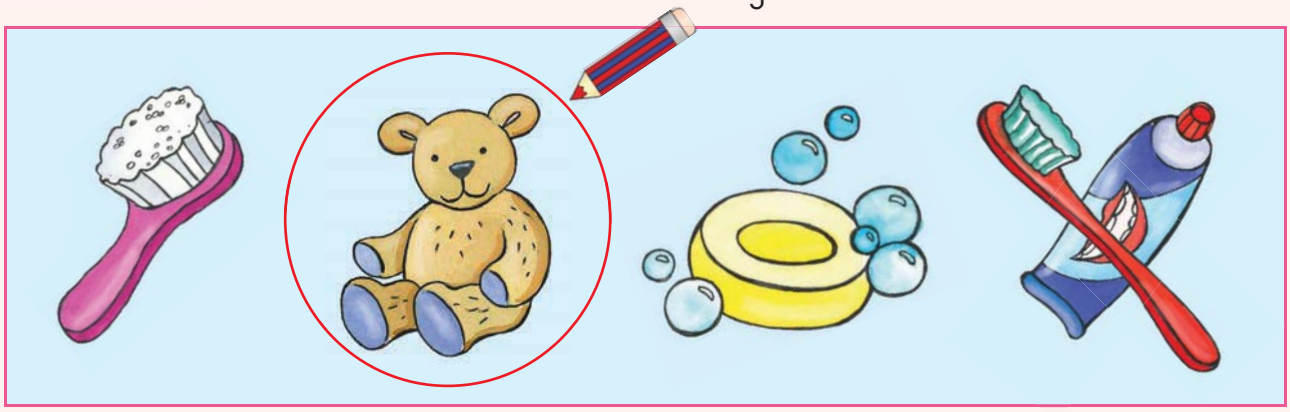
A re ngoleng

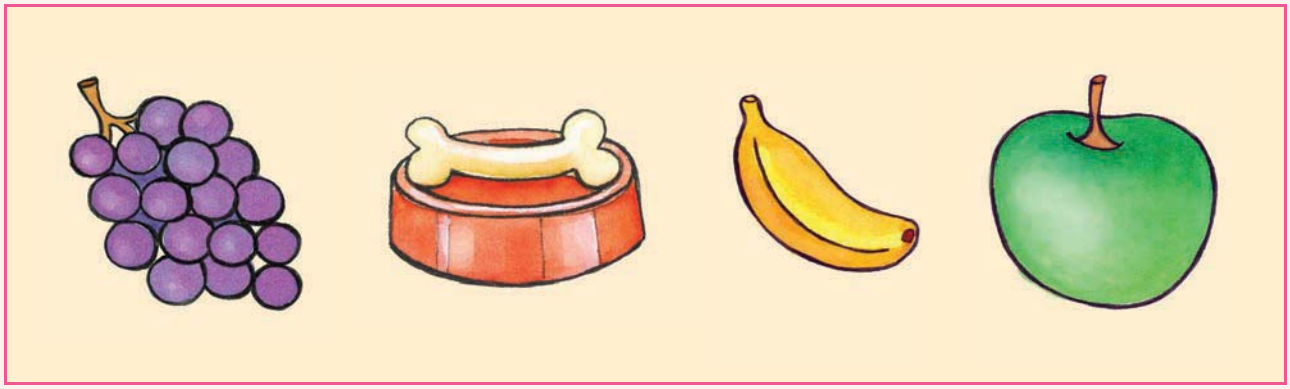
Na o ka fumana sesepa sa meno setshwantshong sena?
Se tlotse ka mmala. Tereisa mela mme o bale hore ho na le dintho tse kae tseo o di bonang.

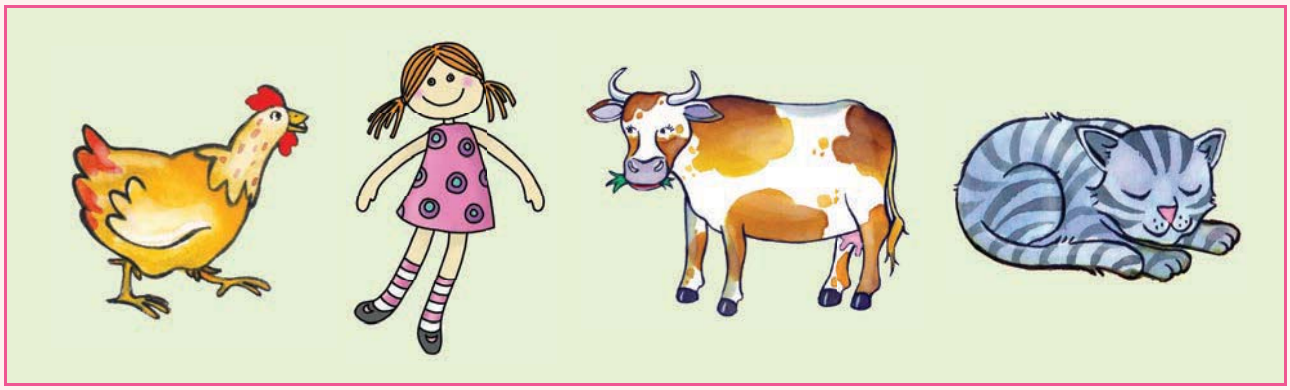


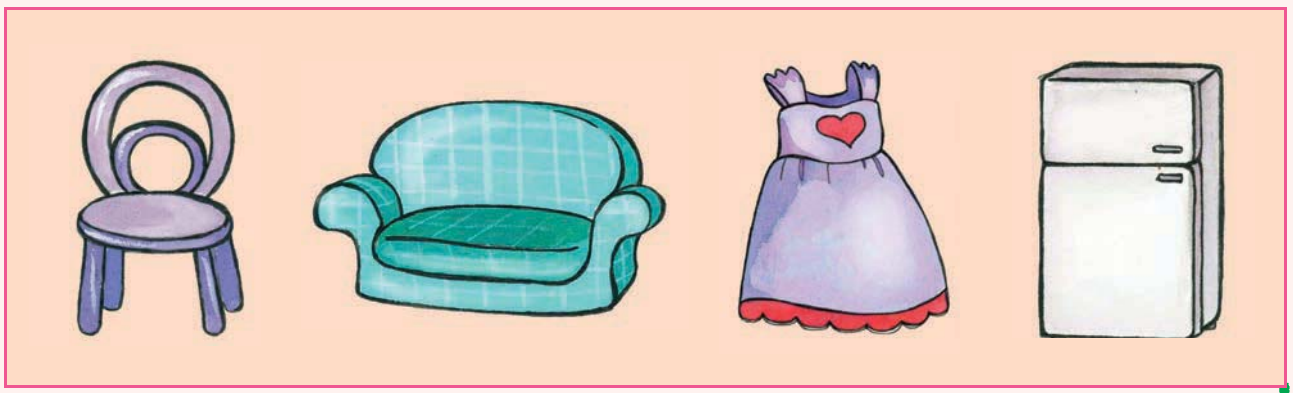
A re ngoleng

Etsa sedikadikwe ho potoloha setshwantsho seo e leng mokgelo moleng ona. Bolella motswalle wa hao hore ke hobaneng ha setshwantsho sena e le mokgelo.







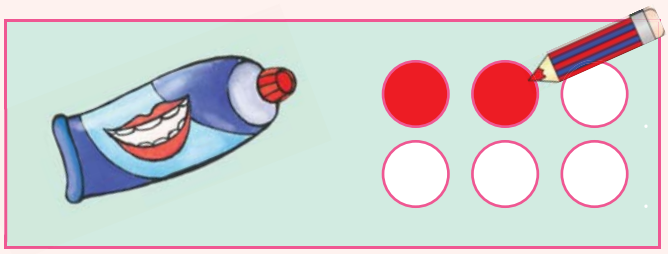


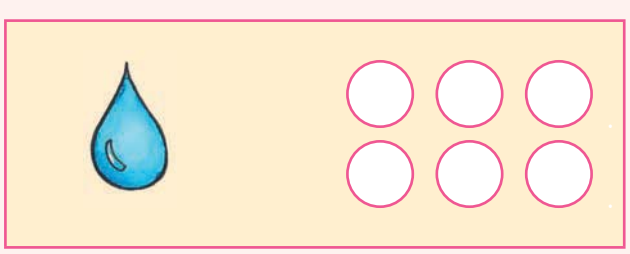


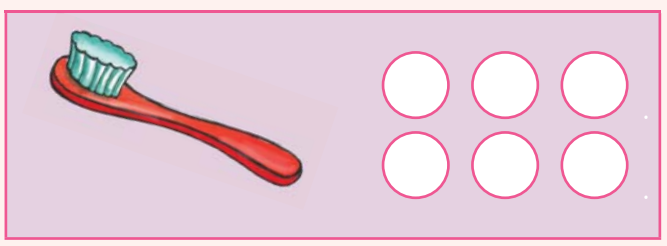
A re baleng Bolela hore ke dintho tse kae tsa mofuta o le mong.



Jwale tlotsa matheba ka mmala ho bontsha hore ke dintho tse kae.











Ithute ho ngola palo 3.

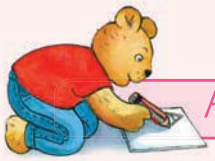
3 3 3



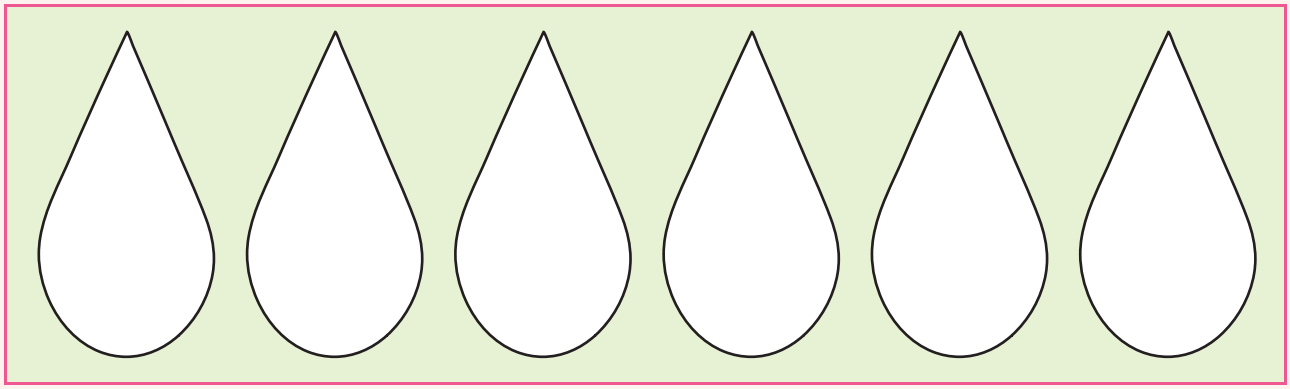
A re ngoleng Tereisa palo. Fumana le ho etsa sedikadikwe ho dipalo tsohle tsa 3.

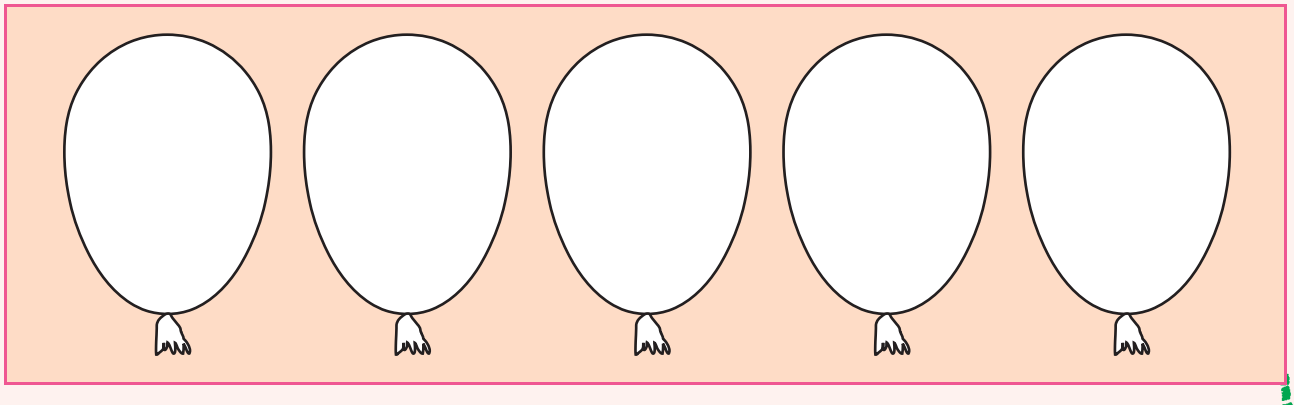
3

3	2	1	2	1
2	1	3	1	3
1	3	2	1	2
2	1	3	2	3



A re ngoleng Jwale tlotsa 3 ka mmala moleng o mong le o mong.

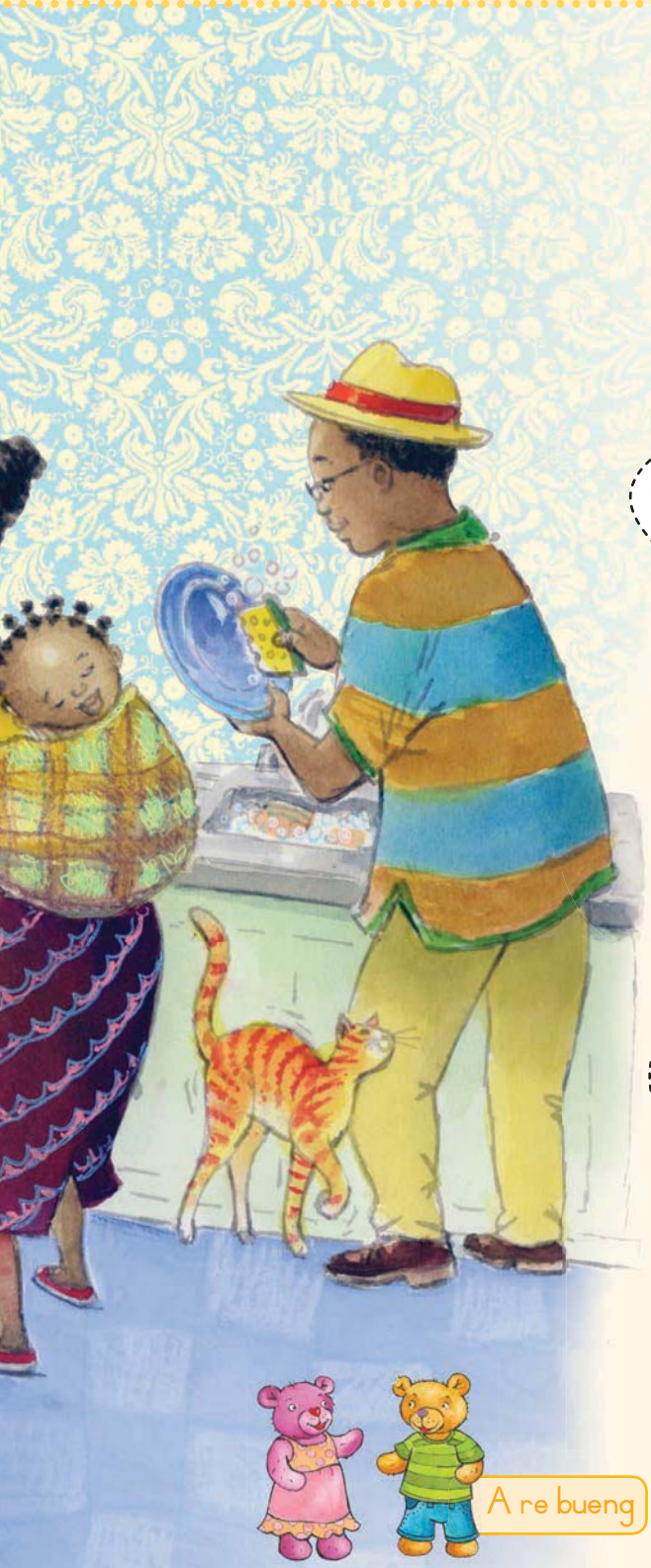




4 Lelapa la heso



Maneha ditikara sebakeng se nepahetseng.



A re bueng

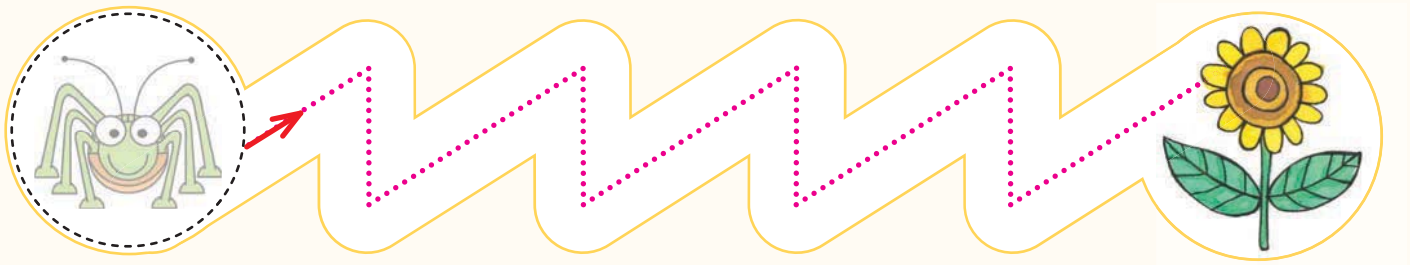
Sheba setshwantsho mme o bue ka seo o se bonang.
Supa batho mme o bolele hore ke bomang.
Motho e mong le e mong ya setshwantshong o etsa eng?
Ke mang ya jang?
Ya bapalang ke mang?
Ke mang ya hlatswang dijana?
Supa bashanyana kaofela ba hlahang setshwantshong?
Supa banana kaofela ba hlahang setshwantshong?



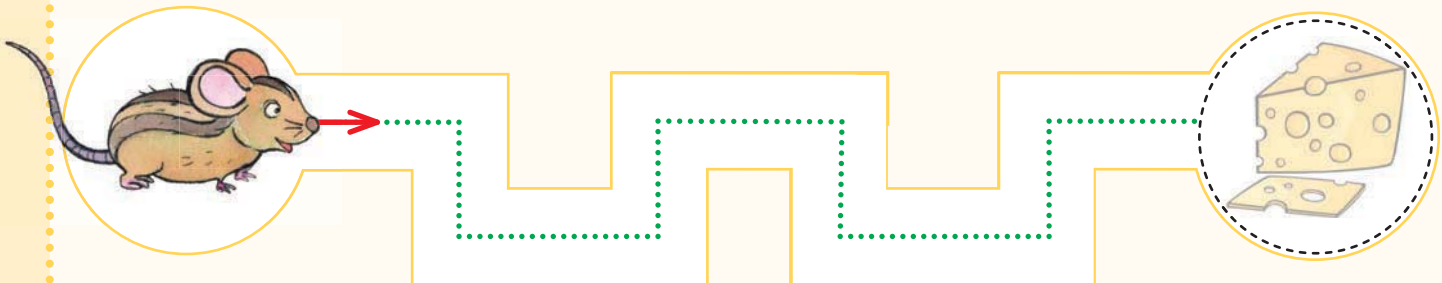
A re ngoleng

Manamisa ditikara dibakeng tse nepahetseng.
Jwale, tereisa mola ka monwana wa hao le ka pensele.

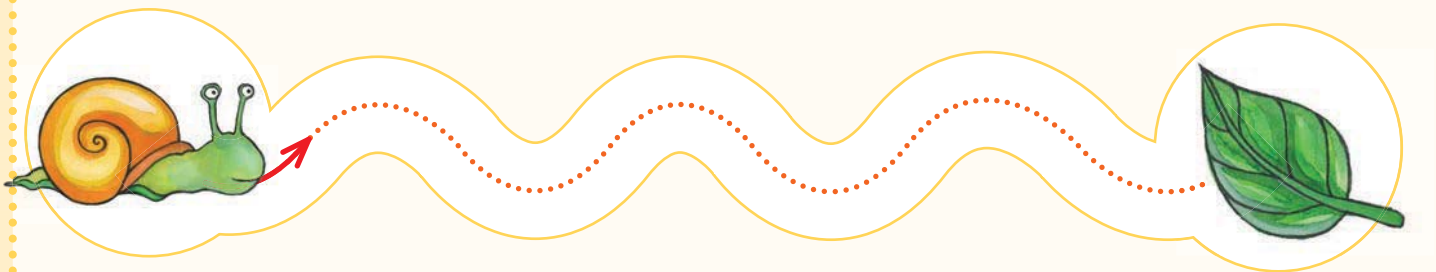
Thusa lerutle ho qhomela paleseng.



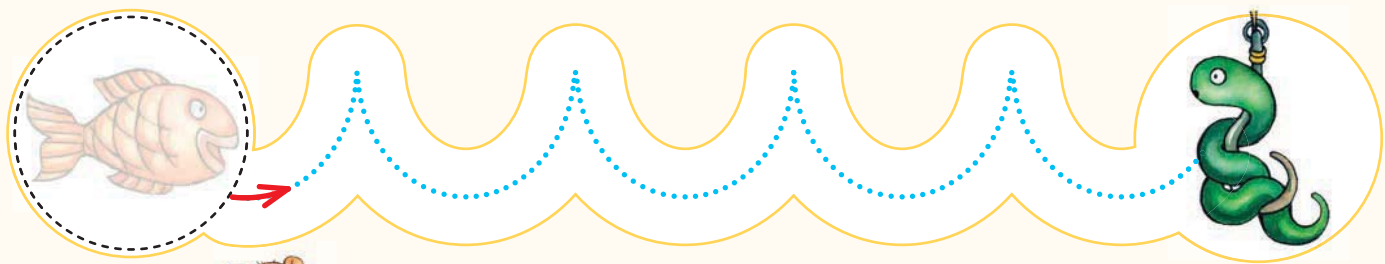
Thusa tweba ho fumana tjhisi.



Thusa kgofu ho fumana lekgapetla.



Thusa tlhapi ho fumana seboko.





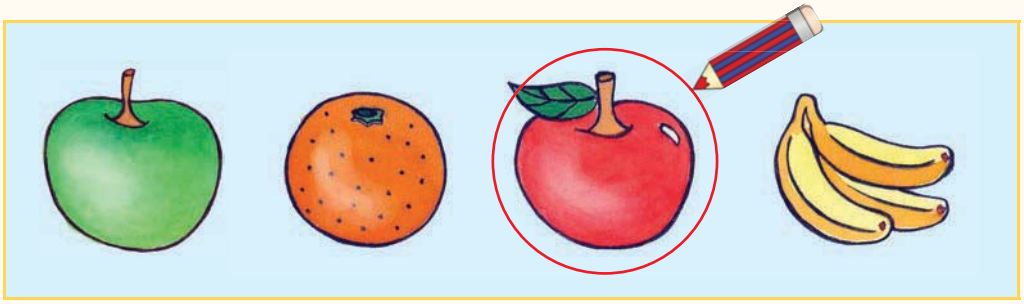
Bakeng sa boikwetliso bo bong, laela baithuti ho tereisa hodima mela makgetlo a mmalwa ba sebedisa mebala e fapaneng.



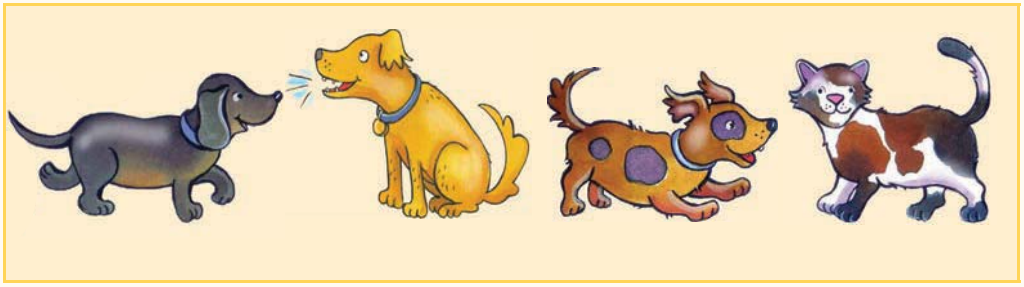
A re ngoleng

Fumana le ho etsa sedikadikwe ditshwantshong tse tshwanang lebokoseng le qalang.

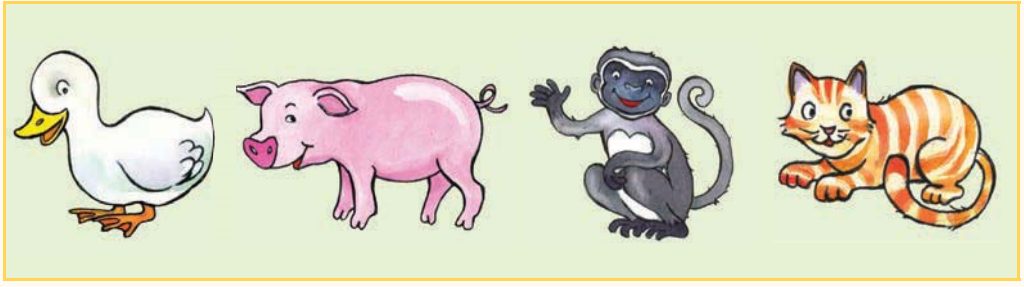




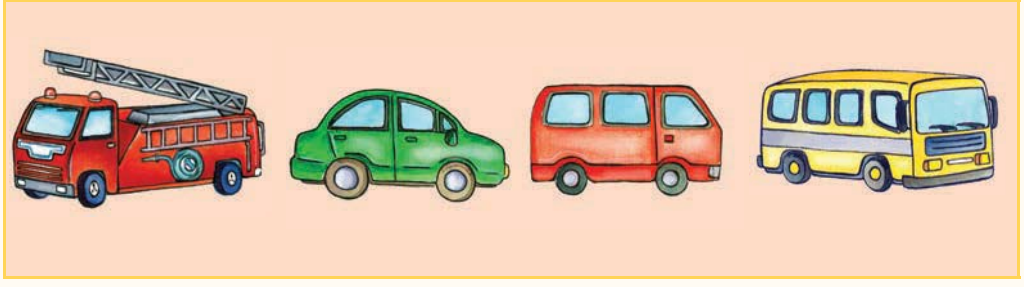










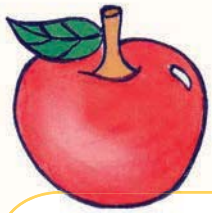








A re ngoleng



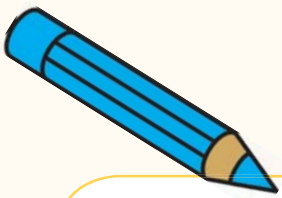
Etsa setshwantsho sa apole e kgubedu ka hara lebokose.



Etsa setshwantsho sa namune ka hara lebokose.



Etsa setshwantsho sa balunu e tala ka hara lebokose.



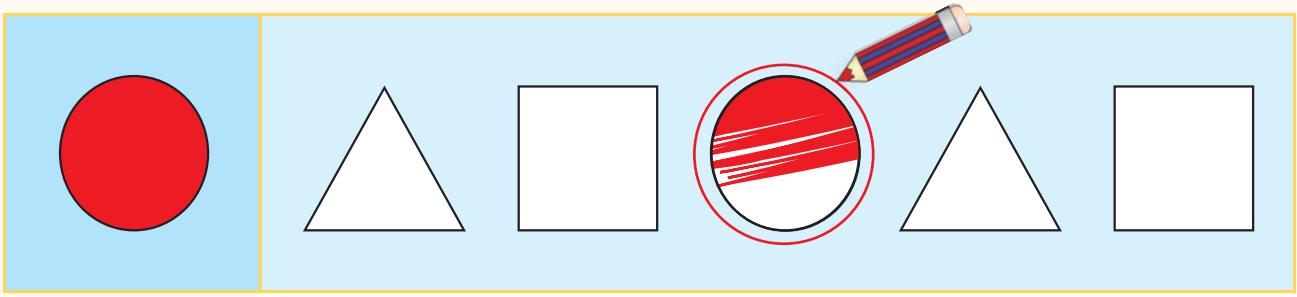
Etsa setshwantsho sa pensele e bolu ka hara lebokose.

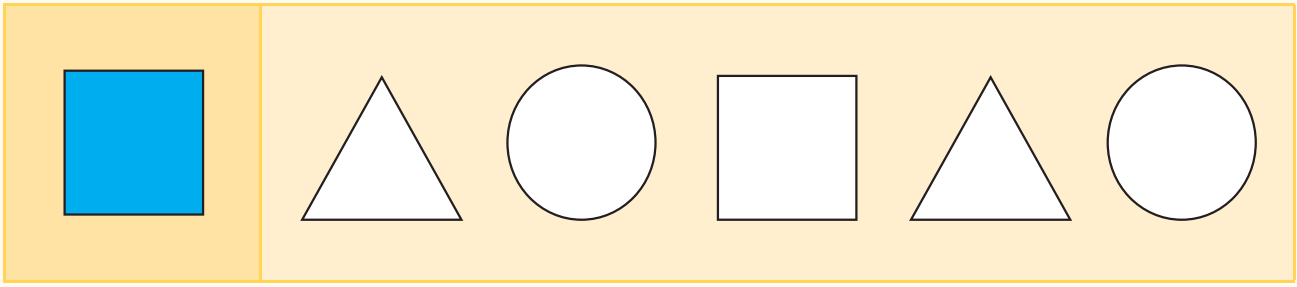
4.4

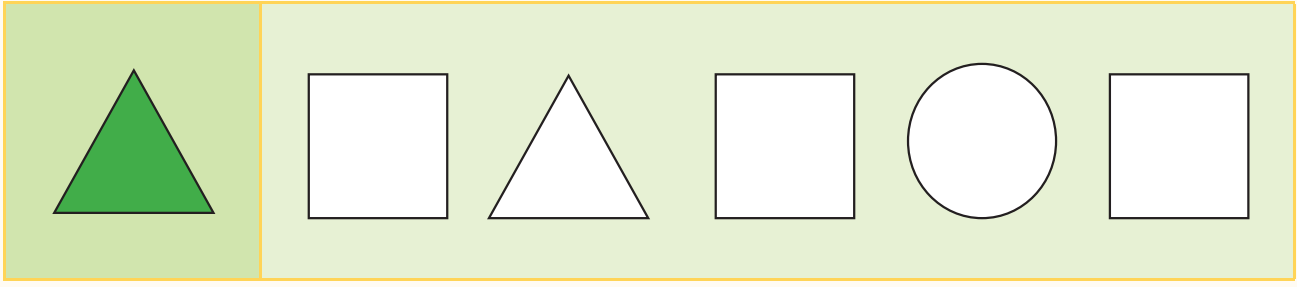


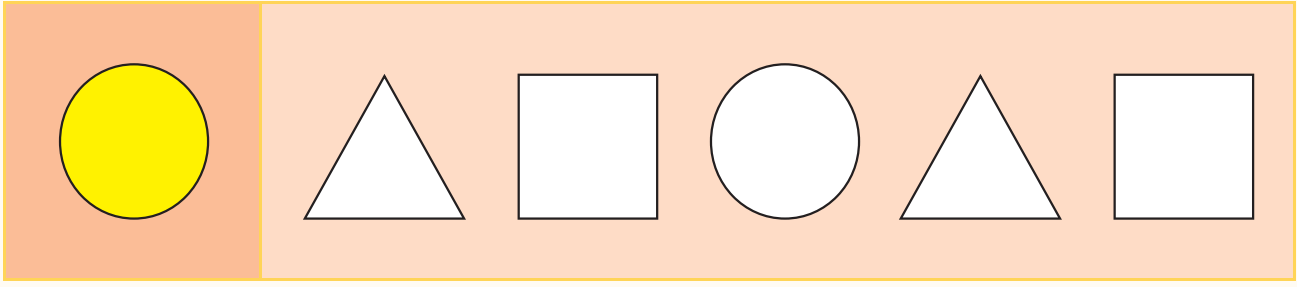
A re ngoleng

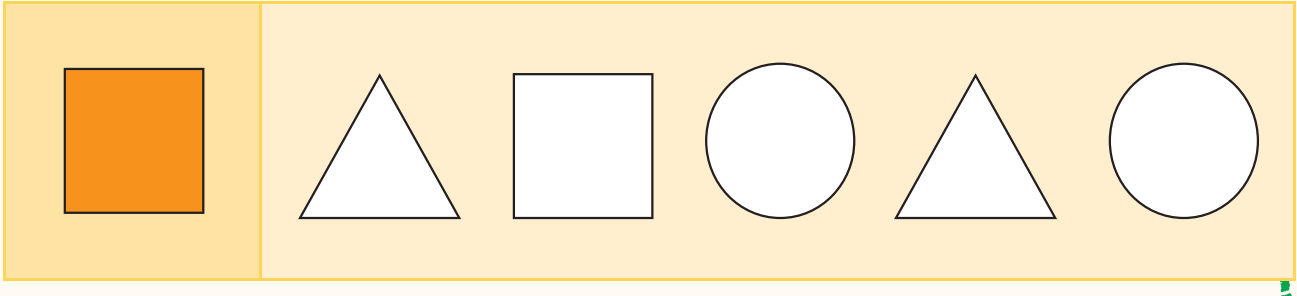
Fumana sebopeho se tshwanang le se lebokoseng la pele.
Se tlotse ka mmala o tshwanang.













A re ngoleng

Etsa setshwantsho sa lelapa la heno mme o bolelle motswalle wa hao hore batho ba setshwantshong ke bomang.





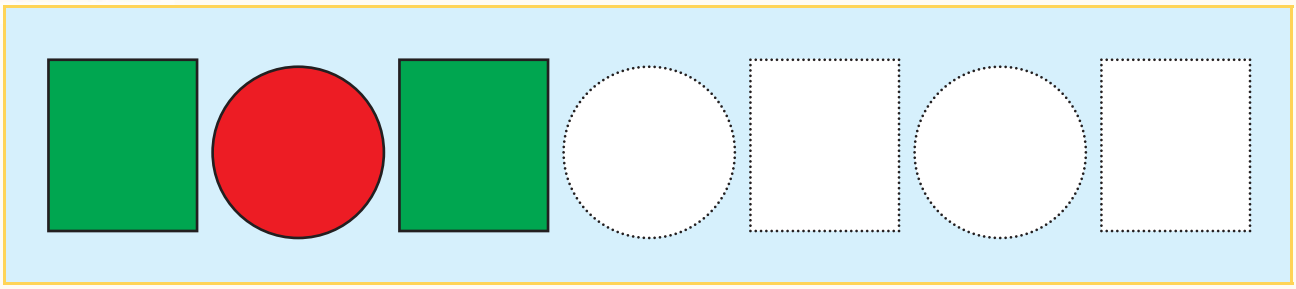
A re ngoleng

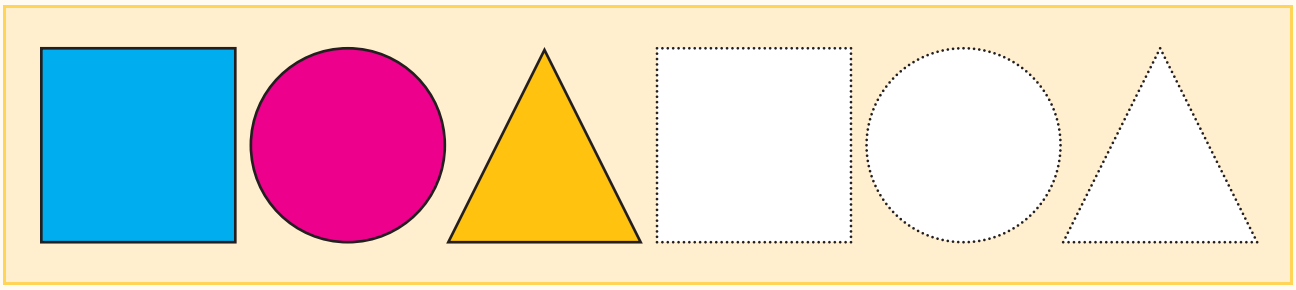
Fumana le ho etsa sedikadikwe letereng ya pele ya lebitso la hao.

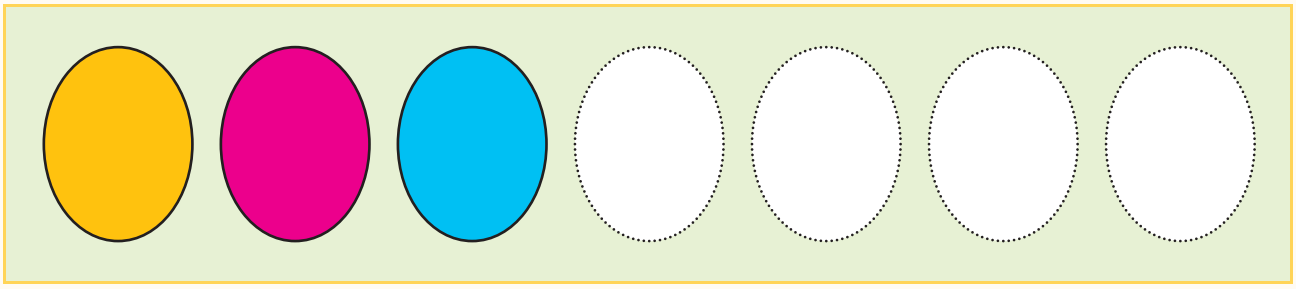
A B C D E F G H I J K L M

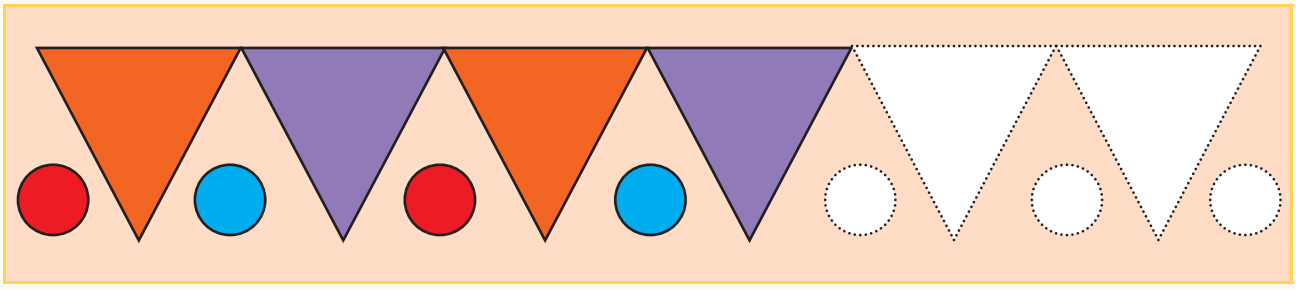
N O P Q R S T U V W X Y Z

A re ngoleng Tereisa le ho tlotsa ka mmala dibopeho ho tlatseletsa dipaterone.







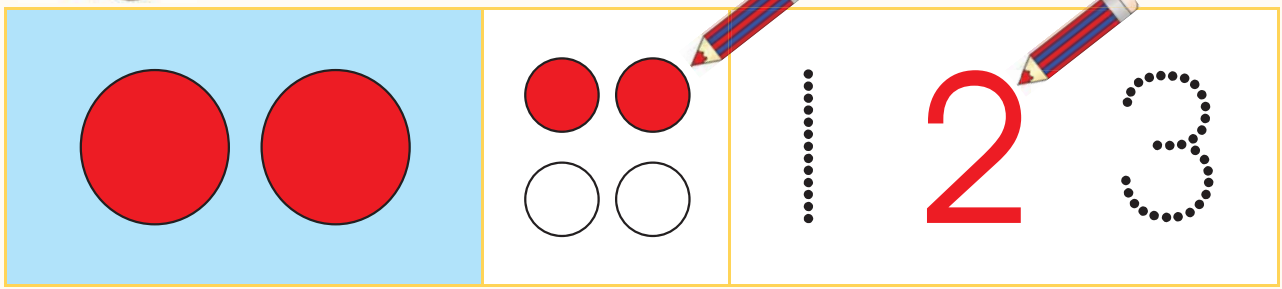


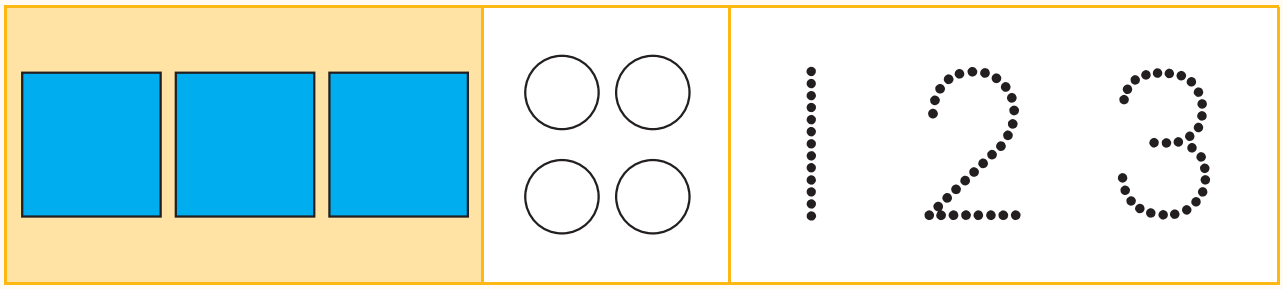
Na o ka iketsetsa paterone ya hao?

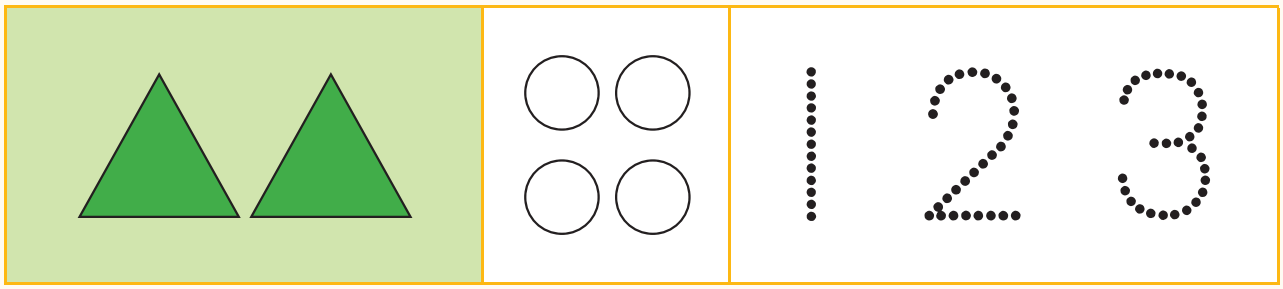


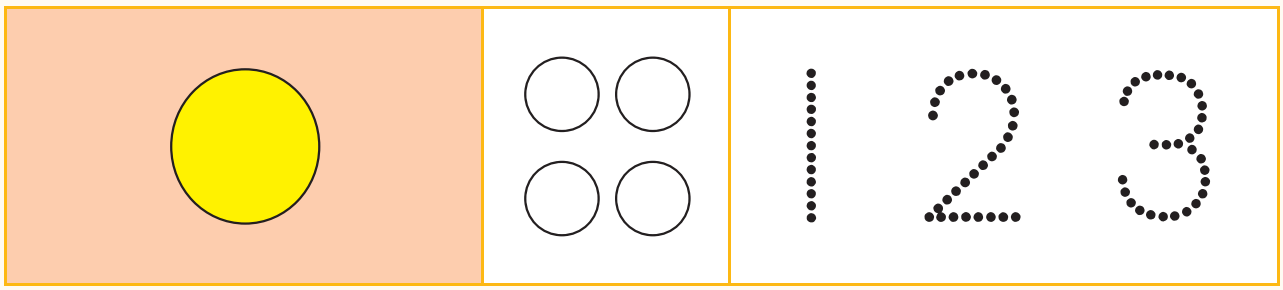
A re baleng

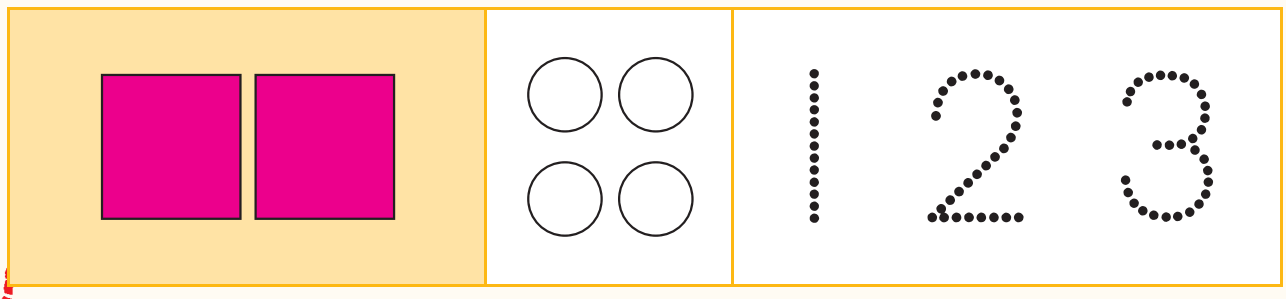
Bala dibopeho mme o tlotse palo e nepahetseng ya matheba.
Tereisa palo e nepahetseng.







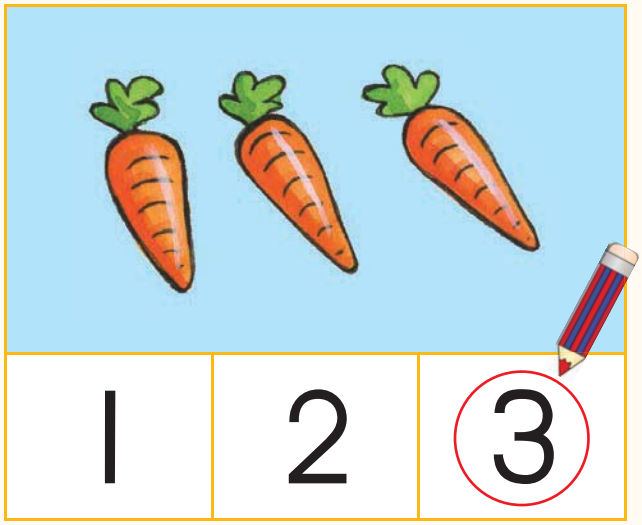




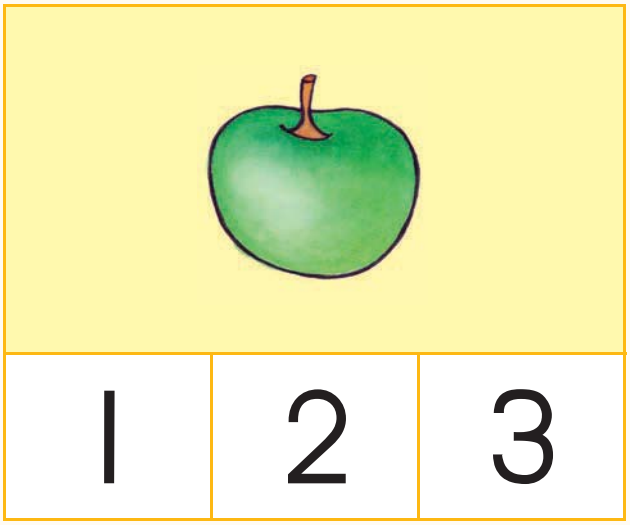


A re baleng

Bala dintho mme etse sedikadikwe palong e nepahetseng.



1	2	3



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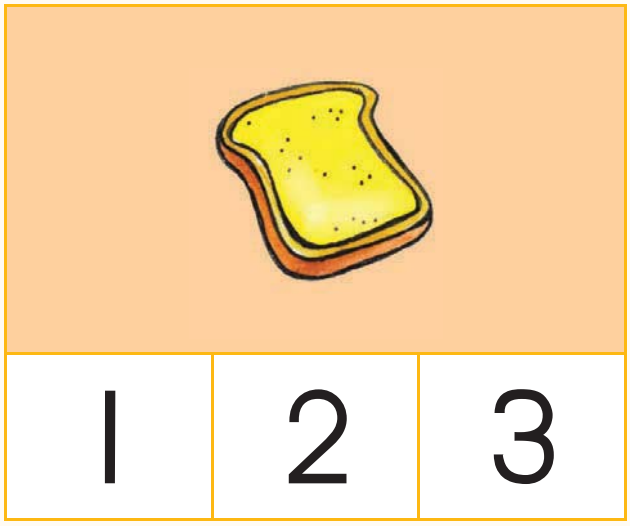
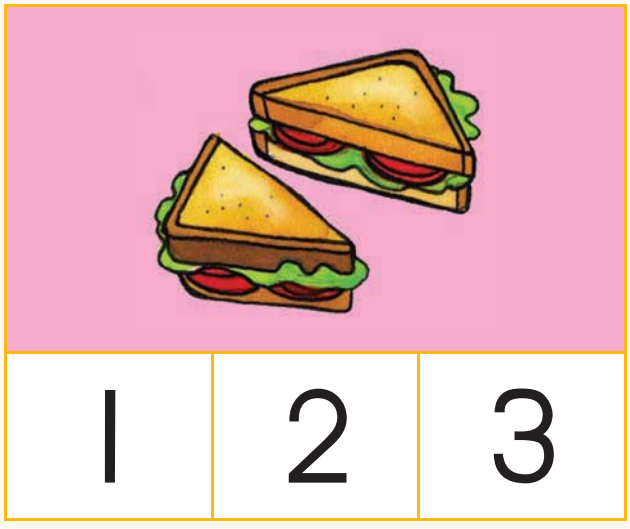


1	2	3



1	2	3



1	2	3



1	2	3

5

Metswalle



Maneha ditikara sebakeng se nepahetseng.





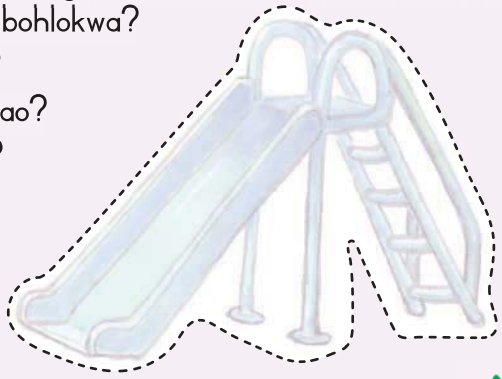






A re bueng

Sheba setshwantsho mme o bue ka seo o se bonang.
Supa bana ba bapalang le metswalle ya bona.
Ke sefe se etsang motswalle wa bohlokwa?
Na o na le motswelle wa sebele?
Le bapala eng le motswalle wa hao?
Ke mang ya bapalang moswinki?
Ke mang ya theledisang?
Ke mang ya sefateng sa ntlo?
Ke mang ya hlwellang?
Ke mang ya mathang?
Na o ka etsa dintho tsena?





A re ngoleng

Tlotsa setshwantsho ka mmala.
Ngololla mebala ho tswa setshwantshong se senyane.





5.2

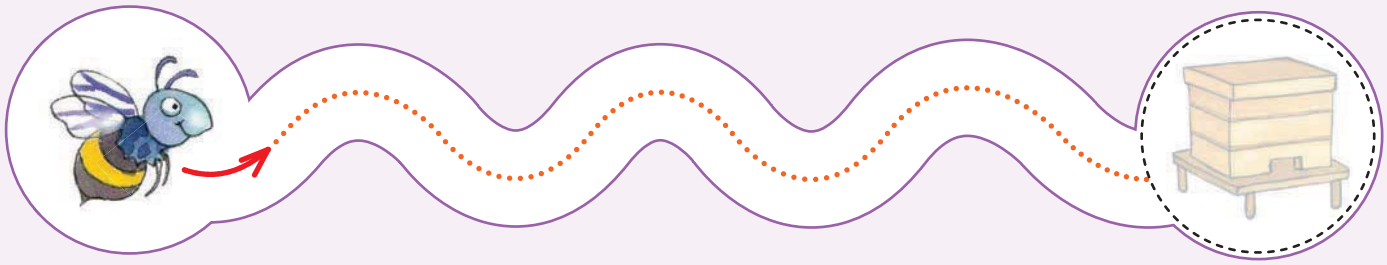


A re ngoleng

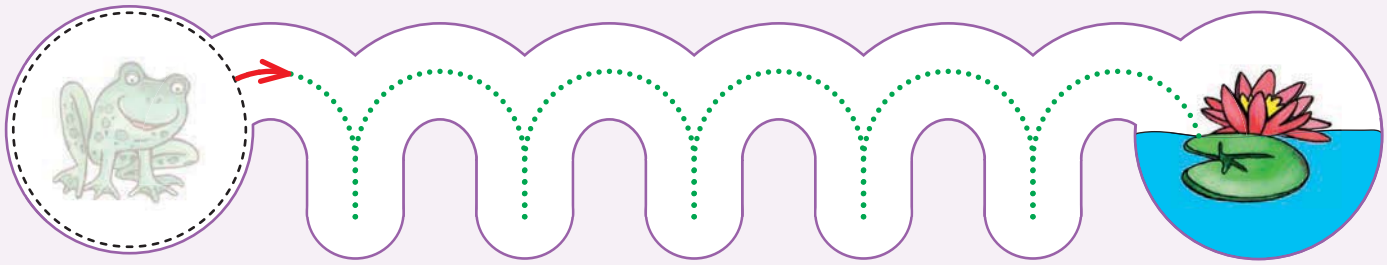
Manamisa ditikara sebakeng se nepahetseng.
Jwale, tereisa mola ka monwana wa hao le ka pensele.

Maneha ditikara sebakeng se nepahetseng.

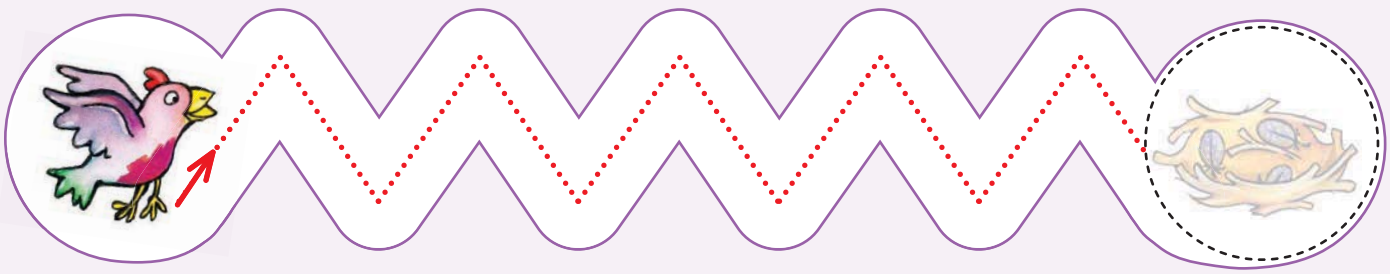
Thusa notshi ho fumana sehlaha.



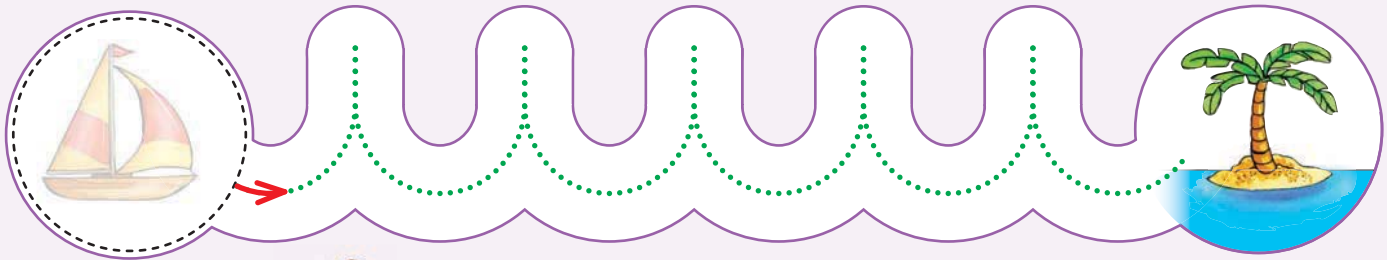
Thusa senqaqana ho fumana letamo.



Thusa nonyana ho fumana sehlaha.

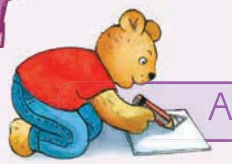


Thusa seketswana ho fihla sehlekehlekeng.



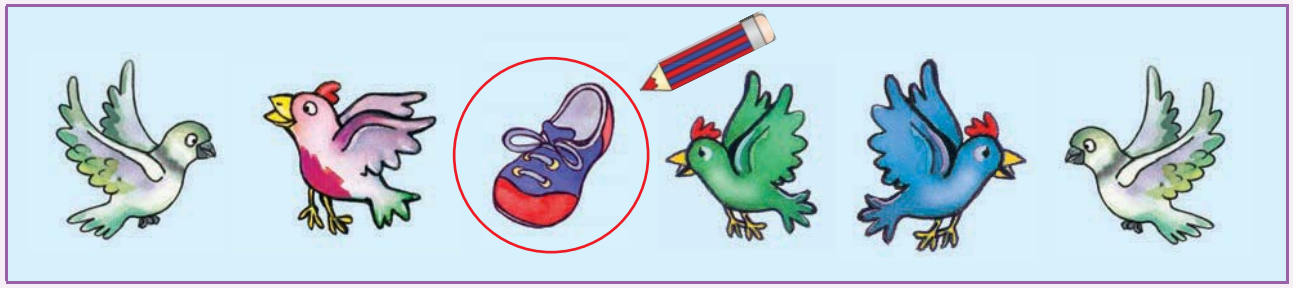


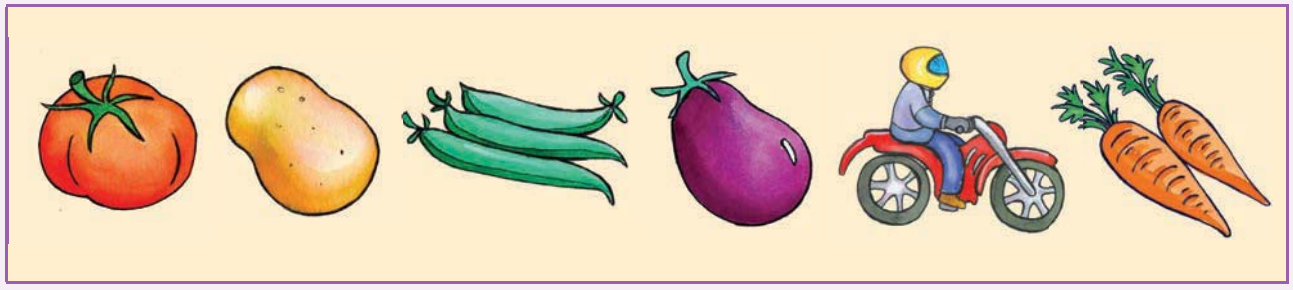
Bakeng sa boikwetliso bo bong, laela baithuti ho tereisa mela ba sebedisa mebala e fapaneng.



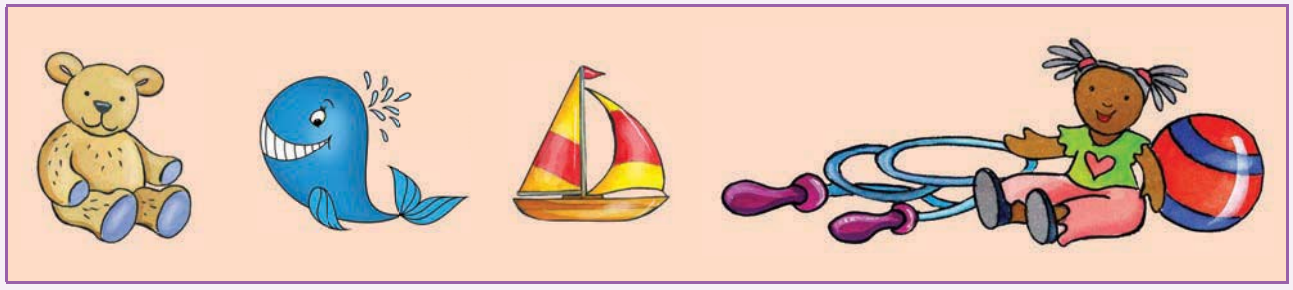
A re ngoleng

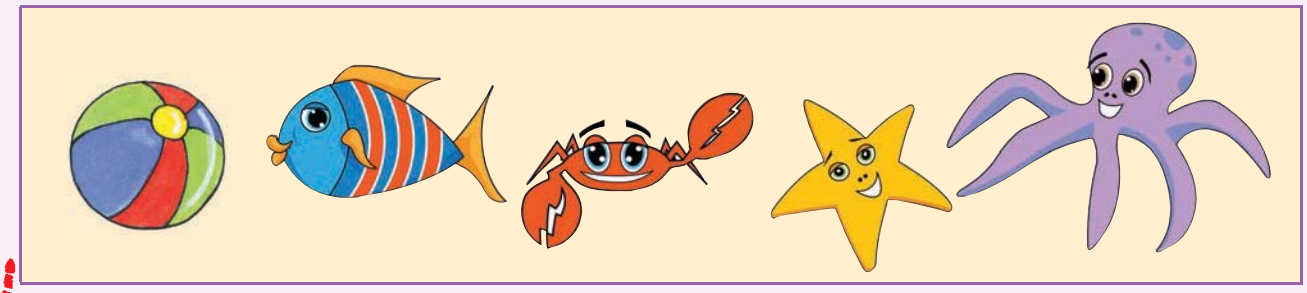
Etsa sedikadikwe ho potoloha setshwantsho seo e leng mokgelo moleng o mong le o mong.
Bolella motswalle wa hao hore ke hobaneng e le mokgelo.











A re etseng

Etsa seo bana bana ba se etsang.

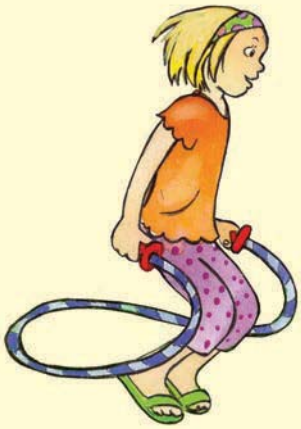
dula





tlola

qhoma



matha



tlolatlola



tlama dieta



phethoha



tsamaya



A re ngoleng

Etsa sedikadikwe ho potoloha setshwantsho se tshwanang le setshwantsho sa pele moleng o mong le o mong.







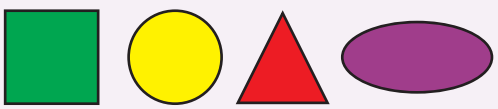


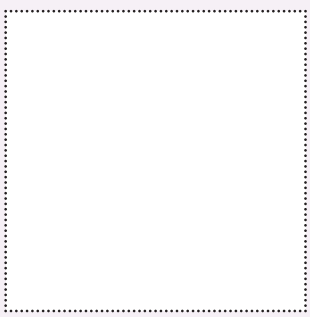


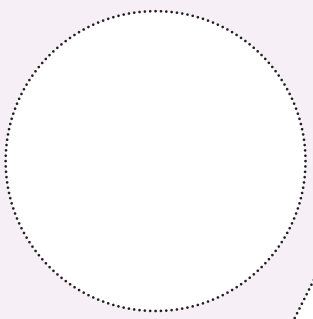


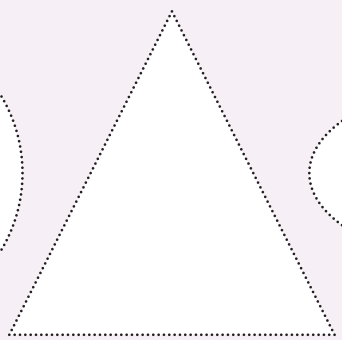
A re ngoleng

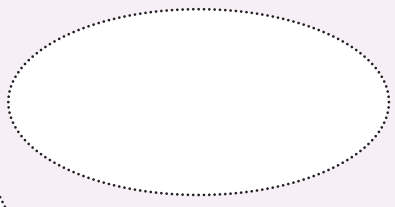
Tereisa dibopeho mme o di tlotse ka mmala jwalo ka ditshwantsho.









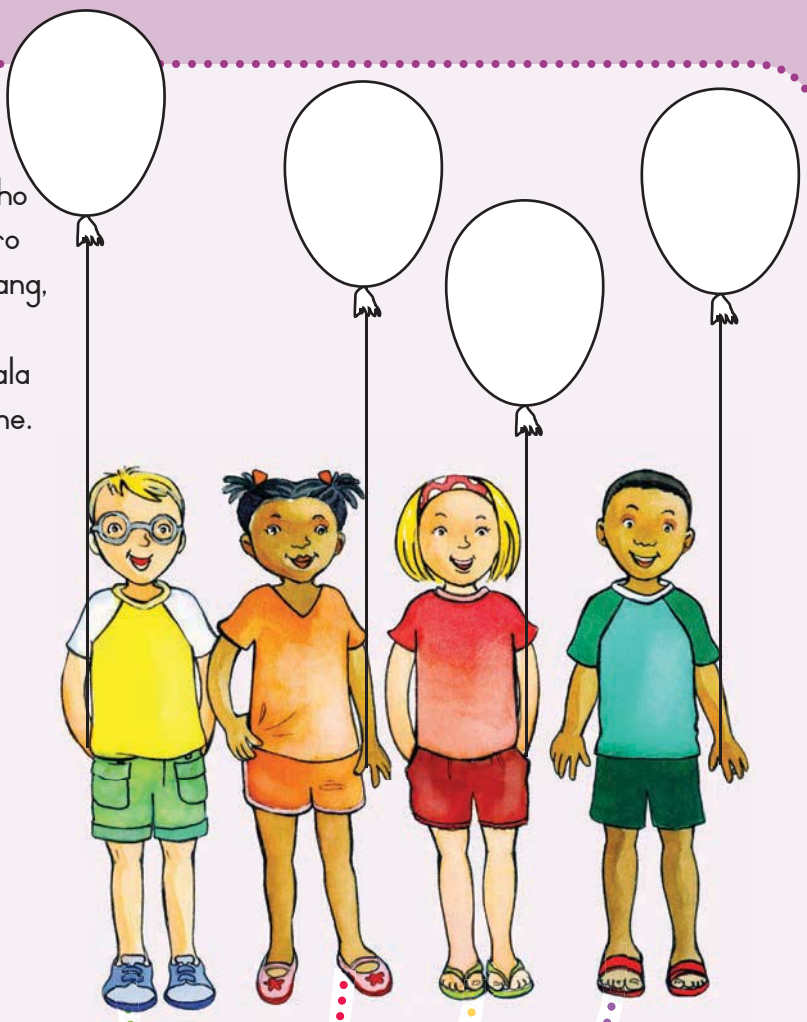




A re etseng

Tereisa mela ho fumana diaparo tseo ba di ratang, o nto tlotsa balunu ka mmala hore di tshwane.











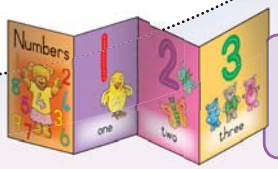


A re etseng

Tereisa matheba ho qetela setshwantsho o be o se tlotse ka mmala.Fumana setikara sa sebopeho se nepahetseng o nto se manamisa ho qetella setshwantsho.

Maneha ditikara sebakeng se nepahetseng.

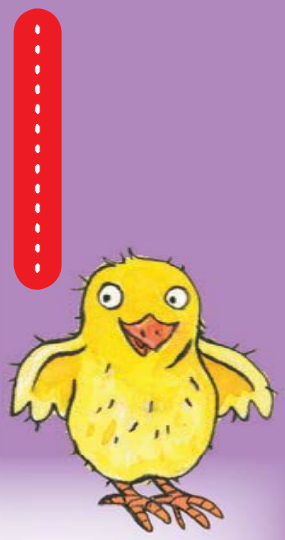




Etsa dibuka tse matswedintsweke.Mena mela e thata mme o sehe moo ho nang le matheba.

Dipalo





nngwe



pedi



tharo

Diphoofolo tsa lapeng





ntja



katse



tlhapi

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hlano

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tshelela

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supa



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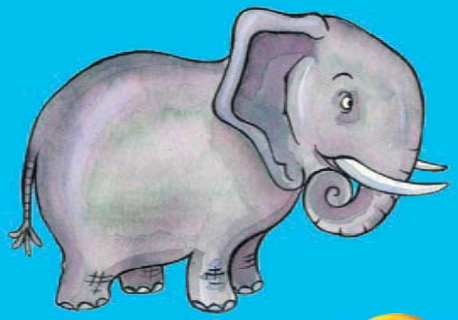
nonyana



phofotswana



tlou

A re etseng Thusa tweba ho fumana tjhisi.

A re etseng Sheba ditshwantsho tsena tse pedi mme o etse sedikadikwe moo ho nang le phapang.





Tse sehilweng

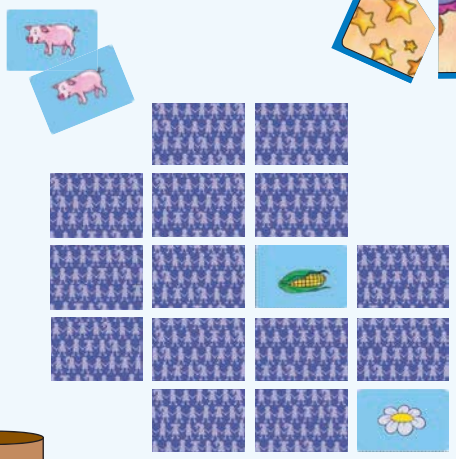


Ditshwantsho tsa menwana:
Kgetha phoofolo e le I mme o ngole letere ya pele ya lebitso la hao.
Jwale ngola diletere tse 4 tsa tsa mabitso a metswalle ya hao ka lehlakoreng le leng.



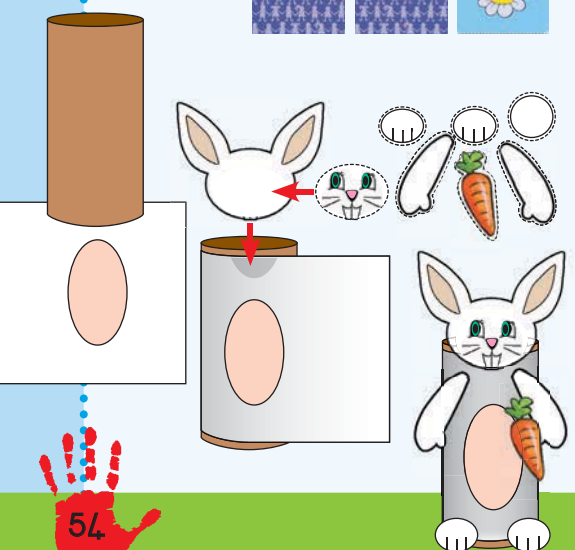
Diphazele tsa dipalo:
Seha meleng ya matheba ho etsa dikarete tsa dipalo tse tshwanang.Jwale apisa ditshwantsho le dipalo tse nepahetseng, kapa o di bapise le matheba a nepahetseng. O ka na wa sebedisa dibopeho ho o thusa.

Phazele:
Sebedisa bokamorao ba ditshwantsho tsa mataese mme o bope phazele.E thusa ka ho bopa lebota la le ka thoko pele.



Papadi ya boikgopotso:
Seha dikarete meleng e metsho ya matheba.Tjhofa dikarete mme o di behe tafoleng di shebile fatshe. Jwale phetla dikarete tse pedi ka nako e le nngwe. Haeba di tshwana o ka di behella ka thoko. Shebang hore ke mang ya ka qetang pele ho bokella dikarete.

Sebedisa dikarete tsa hao tsa boikgopotso mme le bapale le motswalle wa hao.



Phoofolo ya pampiri ya ntlwana:
Leka ho fumana pampiri ya ntlwana e fedileng.Seha dikgutlotharo mme o di manamise kgutlotharo e kgolo ho potoloha pampiri ya ntlwana ho kwahela tjhupu.jwa le seha dihloho mme o di manamise hodima pampiri. Sebedisa ditikara tsa diphoofolo mme o manamise difahleho dihlohong ka moo o batlang. Manamisa matsoho, maoto,le mohatla phoofolong e nngwe le e nngwe.O ka nna wa boela wa etsa setshwantsho le ho iketsetsa phoofolo e nngwe ya hao.



TSE SEHILWENG



Seha leqephe moo ho nang le mola wa matheba mme o manamise leqephe khafareng e ka morao ho etsa phokhotho. Boloka tseo o di sehileng ka mona hore di se ke tsa lahleha.

MANAMISA MONA
MANAMISA MONA
MANAMISA MONA
MANAMISA MONA

a b c d e f g h i j k l m n o p q r s t u v w x y z
0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29
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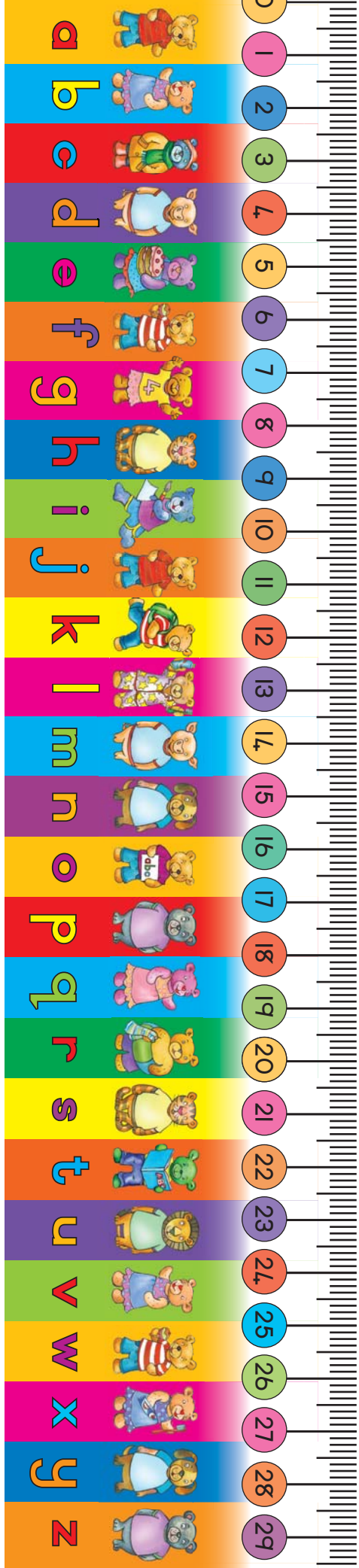

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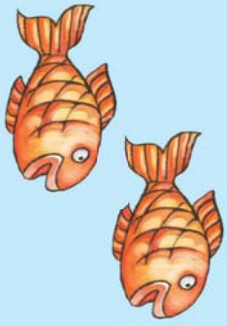

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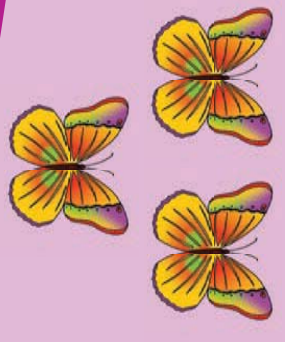

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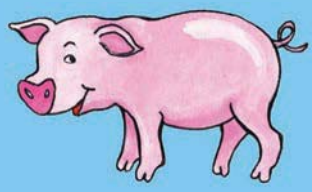


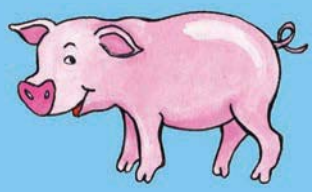

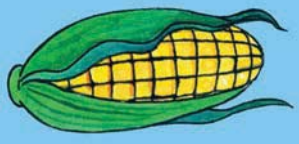


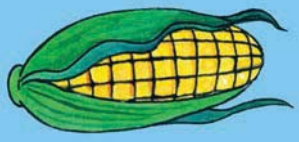



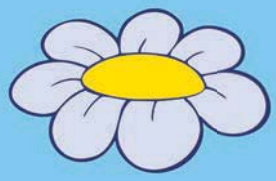


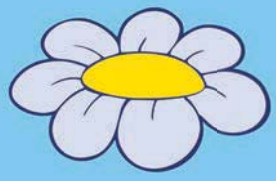

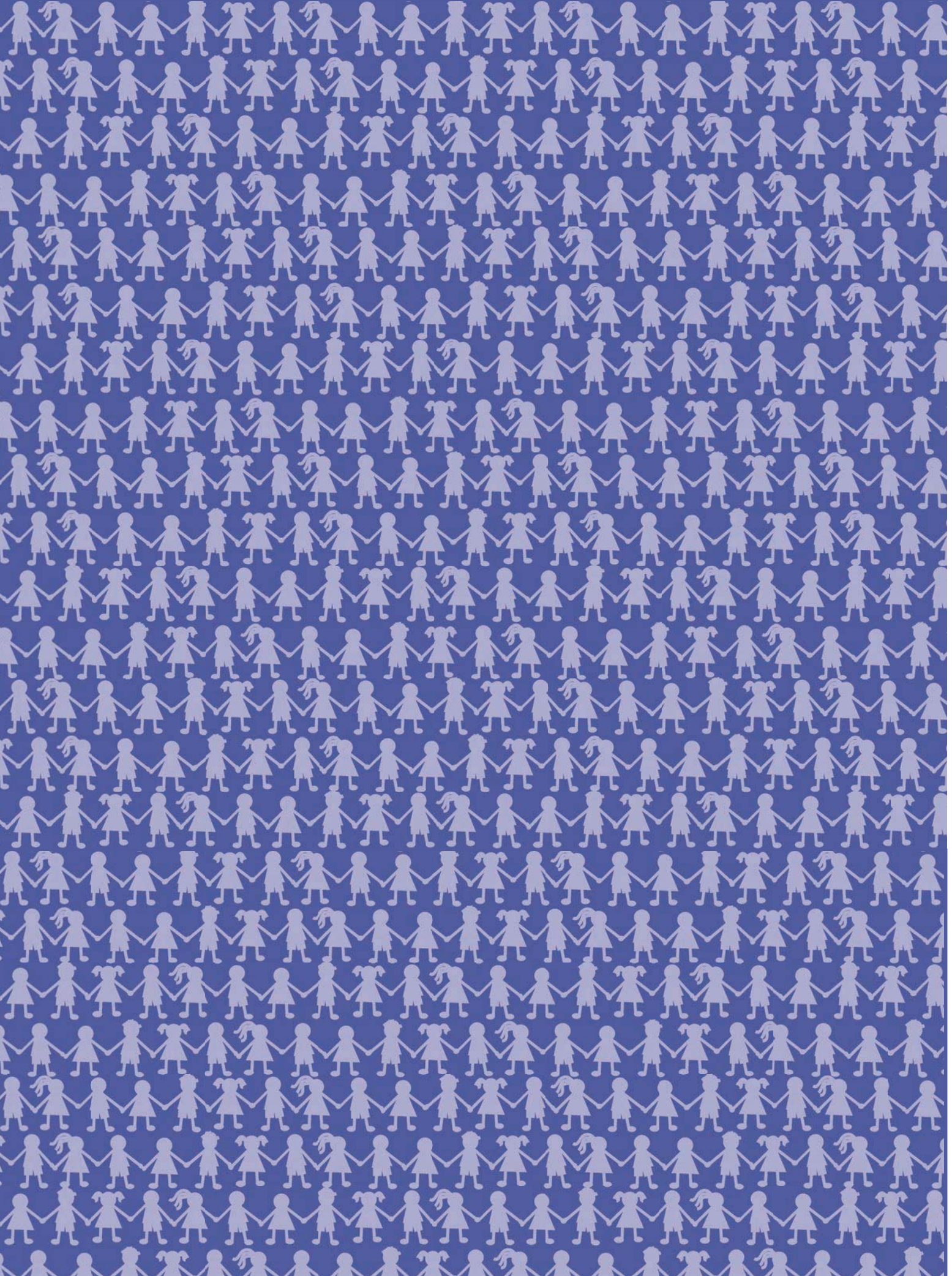

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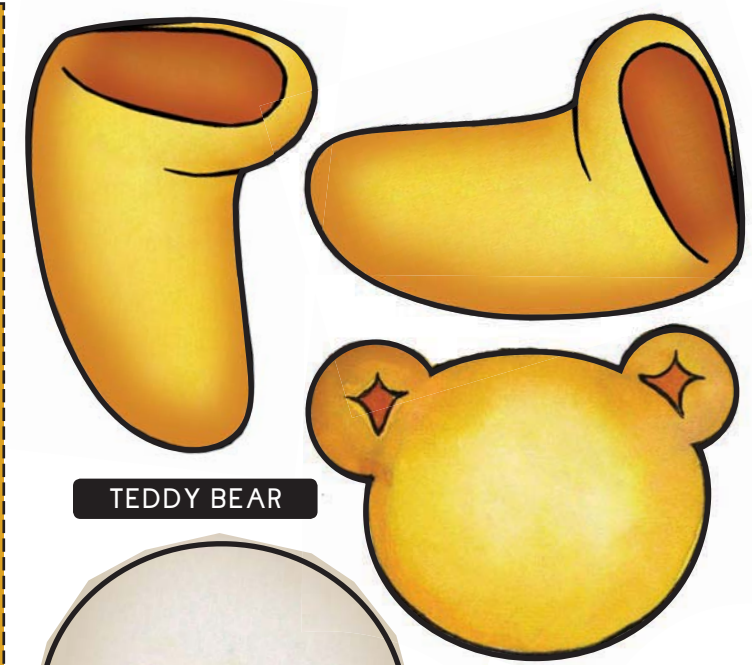

TEDDY BEAR



RABBIT

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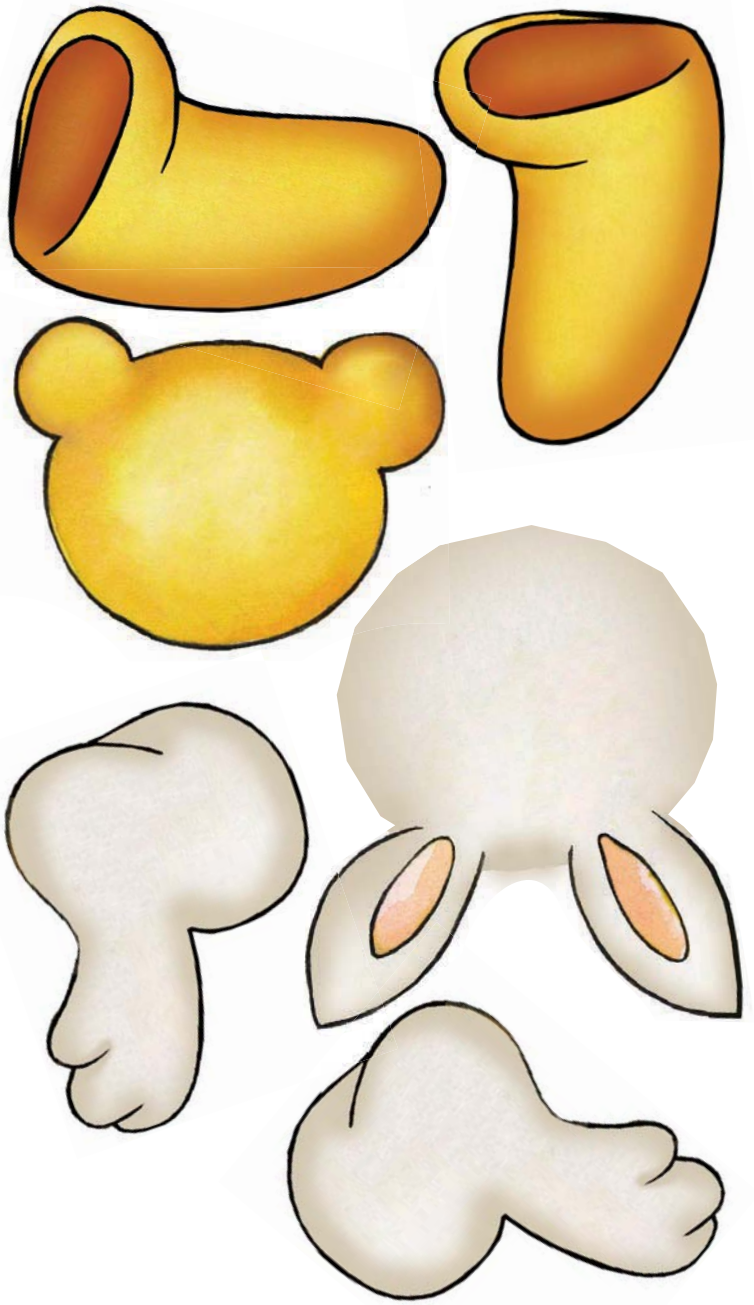
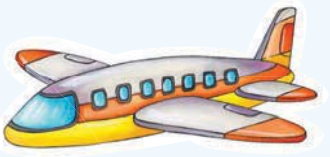


STICKERS

3





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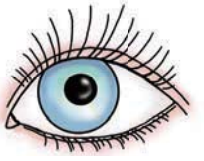

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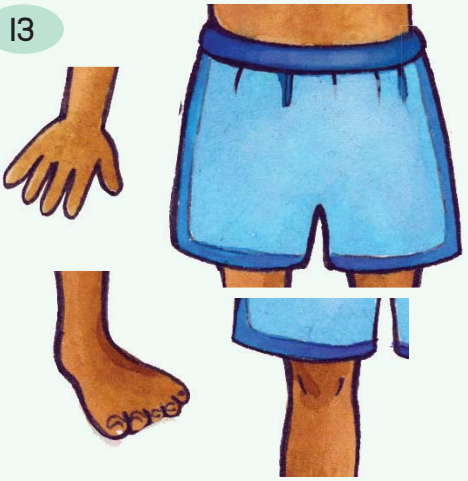



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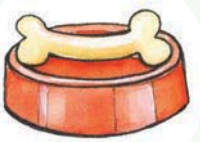

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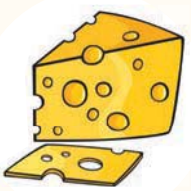






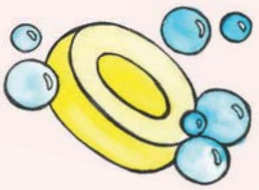

23















33







































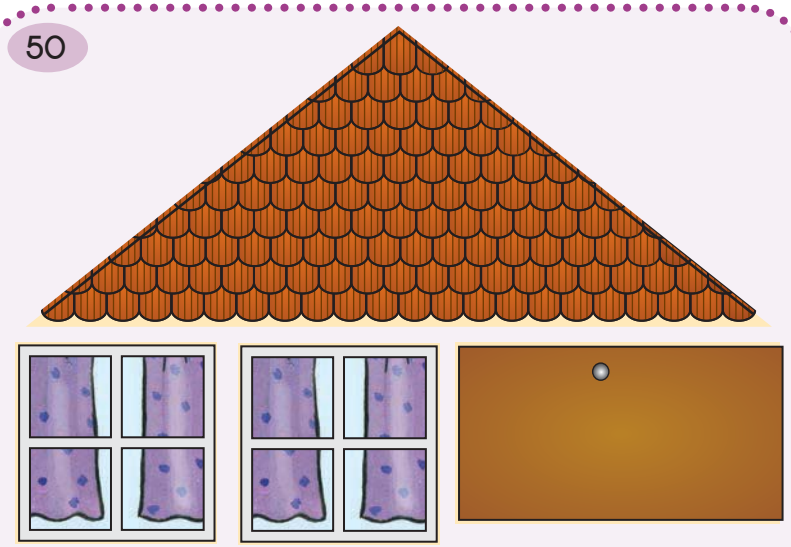
43



45



50



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s	t	u
v	w	x
y	z	a

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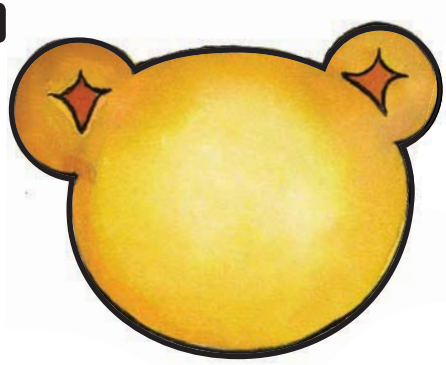
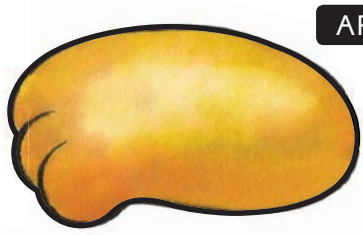
e	e	i	i
o	o	n	n
u	u	t	t

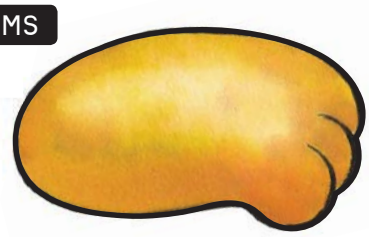
TEDDY BEAR





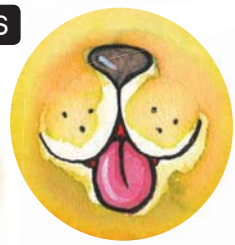
ARMS





NOSES & MOUTHS





TAILS

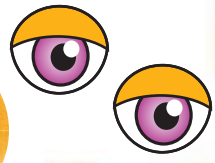


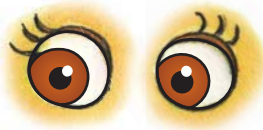




EYES

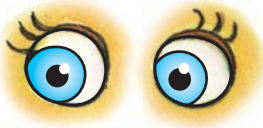












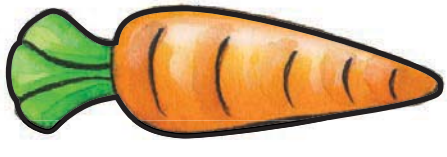






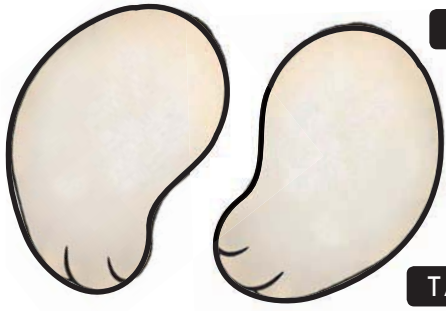
FACES

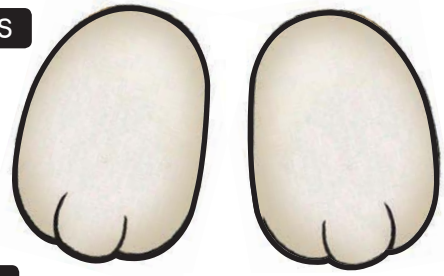






ARMS





TAILS



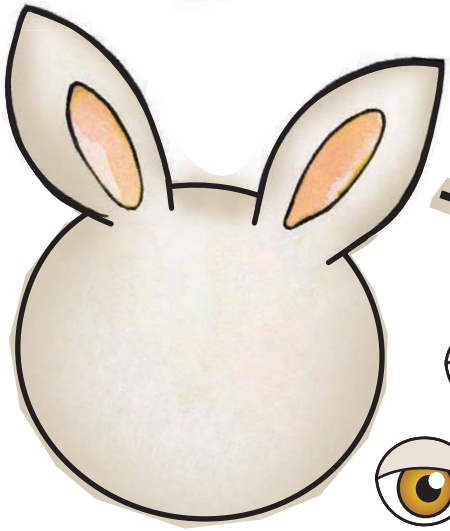


EYES

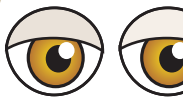














FACES





RABBIT

