Natural Sciences and Technology

Grade 4-A
Teacher’s Guide

CAPS

Developed and funded as an ongoing project by the Sasol Inzalo Foundation in partnership with Siyavula and volunteers.

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AUTHORS LIST

This book was written by Siyavula and volunteer educators, academics and students. Siyavula believes in the power of community and collaboration. By training volunteers, helping them network across the country, encouraging them to work together and using the technology available, the vision is to create and use open educational resources to transform the way we teach and learn, especially in South Africa. For more information on how to get involved in the community and volunteer, visit www.siyavula.com

Siyavula Core Team
Megan Beckett, Ewald Zietsman

Siyavula Extended Team
Neels van der Westhuizen, René Toerien, Bridget Nash,
Heather Williams, Dr Mark Horner

Contributors

A special thank you goes to St John's College in Johannesburg for hosting the authoring events which led to the first version of these workbooks.
In many places you will see there are “Visit” boxes in the margins. These boxes contain links to videos online, interesting websites which pertain to the content, or else games or activities for learners to complete.

To access these websites or videos, simply type the link provided into your address bar in your internet browser. The links look like this for example, goo.gl/vWKnF

You can use these links in your lessons or else explain to your learners that they can watch them at home on a PC, laptop or on their mobile phones.

To download these workbooks or learn more about the project, visit the Sasol Inzalo Foundation website at http://sasolinzalofoundation.org.za
Science as we know it today has roots in African, Arabic, Asian, European and American cultures. It has been shaped by the search to understand the natural world through observation, testing and proving of ideas, and has evolved to become part of the cultural heritage of all nations. In all cultures and in all times people have wanted to understand how the physical world works and have needed explanations that satisfy them.

**Natural Sciences and Technology complement each other**

This is the first year that Natural Sciences and Technology have been combined into one subject, which is compulsory for all learners in Grades 4 to 6. Natural Sciences and Technology are also both compulsory subjects for all learners in Grades 7 to 9. These two subjects have been integrated into one subject as they complement each other.

<table>
<thead>
<tr>
<th>Goal</th>
<th>Natural Sciences</th>
<th>Technology</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Pursuit of new knowledge and understanding of the world around us and of natural phenomena.</td>
<td>The creation of structures, systems and processes to meet peoples’ needs and improving the quality of life.</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Focus</th>
<th>Natural Sciences</th>
<th>Technology</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Focus is on understanding the natural world.</td>
<td>Focus is on understanding the need for human-made objects and environments to solve problems.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Developmental methods</th>
<th>Natural Sciences</th>
<th>Technology</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Discovery through carrying out investigations.</td>
<td>Making products through design, invention and production.</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Major processes</th>
<th>Natural Sciences</th>
<th>Technology</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Investigative and logical processes • planning investigations • conducting investigations and collecting data • evaluating data and communicating findings</td>
<td>Practical solution-orientated processes • identifying a need • planning and designing • making (constructing) • evaluating and improving products • communicating</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Evaluation methods</th>
<th>Natural Sciences</th>
<th>Technology</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Analysis , generalisation and creation of theories.</td>
<td>Analysis and application of design ideas.</td>
</tr>
</tbody>
</table>
ORGANISATION OF THE CURRICULUM

In this curriculum, the knowledge strands below are used as a tool for organising the content of the subject Natural Sciences and Technology.

<table>
<thead>
<tr>
<th>Natural Sciences Strands</th>
<th>Technology Strands</th>
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<tbody>
<tr>
<td>Life and Living</td>
<td>Structures</td>
</tr>
<tr>
<td>Matter and Materials</td>
<td>Processing</td>
</tr>
<tr>
<td>Energy and Change</td>
<td>Systems and Control</td>
</tr>
<tr>
<td>Earth and Beyond</td>
<td></td>
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</tbody>
</table>

**Allocation of teaching time**

Time for Natural Sciences and Technology has been allocated in the following way:
- 10 weeks per term, with 3.5 hours per week
- Grades 4, 5 and 6 have been designed to be completed within 38 weeks
- 7 hours have been included for assessment in terms 1, 2 & 3
- Term 4 work will cover 8 weeks plus 2 weeks for revision and examinations

Below is a summary of the time allocations per topic. The time allocations provide an indication of the weighting of each topic. However, this is a guideline and should be applied flexibly according to circumstances in the classroom and to accommodate the interests of the learners.

**Life and Living and Structures**

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Time Allocation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Living and non-living things</td>
<td>2 weeks (7 hours)</td>
</tr>
<tr>
<td>2. Structure of plants and animals</td>
<td>2.5 weeks (8.75 hours)</td>
</tr>
<tr>
<td>3. What plants need to grow</td>
<td>1 week (3.5 hours)</td>
</tr>
<tr>
<td>4. Habitats of animals</td>
<td>2 weeks (7 hours)</td>
</tr>
<tr>
<td>5. Structures for animal shelters</td>
<td>2.5 weeks (8.75 hours)</td>
</tr>
</tbody>
</table>
### Matter and Materials and Structures

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Time Allocation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Materials around us</td>
<td>3.5 weeks (12.25 hours)</td>
</tr>
<tr>
<td>2. Solid materials</td>
<td>2 weeks (7 hours)</td>
</tr>
<tr>
<td>3. Strengthening materials</td>
<td>2 weeks (7 hours)</td>
</tr>
<tr>
<td>4. Strong frame structures</td>
<td>2.5 weeks (8.75 hours)</td>
</tr>
</tbody>
</table>

### Energy and Change and Systems and Control

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Time Allocation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Energy and energy transfer</td>
<td>2.5 weeks (8.75 hours)</td>
</tr>
<tr>
<td>2. Energy around us</td>
<td>2.5 weeks (8.75 hours)</td>
</tr>
<tr>
<td>3. Movement and energy in a system</td>
<td>2.5 weeks (8.75 hours)</td>
</tr>
<tr>
<td>4. Energy and sound</td>
<td>2.5 weeks (8.75 hours)</td>
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### Earth and Beyond and Systems and Control

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Time Allocation</th>
</tr>
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<tbody>
<tr>
<td>1. Planet Earth</td>
<td>2 weeks (7 hours)</td>
</tr>
<tr>
<td>2. The Sun</td>
<td>1 week (3.5 hours)</td>
</tr>
<tr>
<td>3. The Earth and the Sun</td>
<td>1 week (3.5 hours)</td>
</tr>
<tr>
<td>4. The Moon</td>
<td>2 weeks (7 hours)</td>
</tr>
<tr>
<td>5. Rocket systems</td>
<td>2 weeks (7 hours)</td>
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Life and Living
and Structures
1 Living and non-living things

KEY QUESTIONS

• What does it mean to be alive?
• What is a non-living thing? What does it mean to be non-living?
• A river seems to move, so is a river living?
• Are the plants that I eat from Gogo’s garden living or non-living?
• How can I tell if the bean seeds from Gogo’s garden are living or non-living?
• A chicken egg seems to be non-living, but then it can hatch into a chicken. Is the egg living or non-living?

Teacher’s Note

Introducing the topic

In this unit the learners will find out about what all living things have in common. The emphasis must not be on memorising facts or definitions but on activities that use process skills such as: observing differences, sorting and classifying, describing and drawing. As a teacher you need to build the language needed for talking about concepts. Even if the learners use the correct word, the meanings of that word may be different for each of them. It is especially important to introduce the formal scientific terms of the seven life processes correctly and to explain each process and word-meaning accurately.

Although more technical terms may be introduced incidentally, CAPS requires that the seven life processes are named as follows: moving, reproducing, sensing, feeding, breathing, excreting and growth. Learners need to understand the seven life processes and distinguishing between living and non-living things. It is suggested that teachers make a display with these words: cut coloured A4 pages lengthwise in half, write or print the process on each long
strip and use prestik to attach it to the wall in a mind-map formation. In the centre of the mind-map write: The Seven Life Processes. As examples of each of these processes are studied in the class let the learners add illustrations or interesting facts and build the mind-map as you work through the section.

1.1 Living things

There are many different kinds of living things. It is easy to see when some things are living or non-living. It is a bit more tricky to decide with other things if they are living or not!

**ACTIVITY:** What is living and what is non-living?

**INSTRUCTIONS**

1. Look through these photos and decide whether you think they are living or non-living.
2. Put a ✓ next to the living things and a ✗ next to the non-living things.
3. When you are done, discuss your choices with your class.

![Flowers and Plants](flowers.png)

![Water and waves](water.png)
It is not always easy to say if something is living or non-living. Many times things that look as if they are non-living can become alive again. Other things like a river or soil, are non-living but people say that the “soil is alive” or talk of the “living waters”. This is because there are so many living things that live in the soil or the water. This can be a bit confusing, don’t you think?

Look carefully at the living things in the photos. Can you see what is the same in ALL of them? Something that they maybe all DO?
Teacher’s Note

1. Introduce the unit with a class discussion. Encourage all learners to participate by calling on different learners for their opinions on what constitutes being living and non-living. Use the white or black board and write down the key concepts that are raised.

2. Ask the learners to name the living things around you and at home.

3. Discuss the difference in terminology between something that is non-living and something that is dead.

4. Suggested questions:
   • What does it mean to be alive?
   • Are all living things animals? What do plants and animals need to stay alive? (Water, food, air etc.)
   • Which seven things have all living things in common?

Let the learners examine the photos to identify the seven life processes. Let them explain each in their own words. Encourage learners to work out an acronym to remember the seven life processes. For example:

M = Moving
R = Reproducing
S = Sensing
B = Breathing
F = Feeding
E = Excreting
G = Growth

This spells? MRS B. Feg

Characteristics of living plants and animals

Although living things look different, they all carry out seven similar processes. We call these **the seven life processes.**
Let’s take a look at each of these.

**MOVING: All living plants and animals move**

- Humans and animals use their bodies to move from one place to another.
- Some plants turn towards light or water. Roots mostly grow downwards. Many stems grow upwards.

![Humans move all the time. Here these athletes are running.](image)

**REPRODUCING: All living things make offspring (babies or seeds)**

- Humans and animals have babies.
- Some new plants can grow from seeds.
- Other plants grow from cuttings or shoots.

![A mother and father with their baby.](image)
SENSING: All living things respond to any change that they sense

- When you are feeling cold, you will put on a jersey or jacket.
- When it becomes winter some animals hibernate.
- In autumn the leaves on some trees change colour.
- You can use an umbrella to protect you from the rain or from the harsh sun on a hot day.
- Reptiles like to lie and bask in the sun on cold winter’s days.

VISIT Video on hibernation. goo.gl/dhT4X

BREATHING: All living things BREATHE gases in and out

- Humans and animals use the gas, oxygen from the air that they breathe in. They release (give off) the gas carbon dioxide when they breathe out.
- Plants take in the gas carbon dioxide into their leaves. They use it to make food. They then release oxygen for animals and humans to use.

FEEDING: All living animals and plants need food

- Food gives all living things the energy they need.
- Green plants can make their own food for energy in their leaves and stems.
- Humans and animals eat plants to get energy.
EXCRETING: All living animals and plants have to get rid of waste products

- Humans and animals have to get rid of waste products from their bodies.
- There are special organs in the body which help to get rid of waste, such as the lungs, kidneys and skin. Your kidneys take the waste out of your blood and produce urine. Also, when you sweat you are actually excreting waste from your skin!
- Plants get rid of waste water through the process of transpiration.

Do you see how shiny the horse looks? She is sweating from all that running!

GROWTH: All living things grow

- Human and animal babies grow into adults.
- Seedlings grow into plants.
All seven of the life processes must happen for something to be living. If something does not carry out all seven life processes then that thing is non-living. For example, if you think of a river, you may think it moves and grows, but a river does not sense or feed or excrete or breathe or reproduce so it is non-living!

Teacher’s Note

Presentation hints

1. Should teachers require further information kindly visit the site: 10 - 7 life processes

2. In the next activity learners are going to check their understanding of living and non-living things by doing the activity based on the seven life processes.

3. You could let them work in pairs. Every learner has to complete the activity in his/her workbook.

4. Go through the answers.

ACTIVITY: Understanding the seven life processes

THE REASON FOR DOING THIS ACTIVITY:

To help you understand the seven life processes.

INSTRUCTIONS:

1. Look carefully at each photo.
2. Next to each of the seven life processes make a ✓ if it applies to the object in that photo.

3. If a life process does not apply to the object in the photo, make a ✗ next to that life process.

4. Decide whether the object is living or non-living and write your answer in the last column.

5. The first one is done to show you what to do.

<table>
<thead>
<tr>
<th>Object</th>
<th>Process</th>
<th>✓ or ✗</th>
<th>Living or non-living?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children</td>
<td>Movement</td>
<td>✓</td>
<td>Living</td>
</tr>
<tr>
<td></td>
<td>Reproducing</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sensing</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Feeding</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Breathing</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Excreting</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Growing</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>An aeroplane</td>
<td>Movement</td>
<td>✓</td>
<td>Non-living</td>
</tr>
<tr>
<td></td>
<td>Reproducing</td>
<td>✗</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sensing</td>
<td>✗</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Feeding</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Breathing</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Excreting</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Growing</td>
<td>✗</td>
<td></td>
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</tbody>
</table>

**Teacher’s Note**

An aeroplane takes in fuel (feeding), gives out exhaust gases (excreting) and use air for combustion (breathing). You should accept either a tick or a cross for these three processes.
### Chapter 1. Living and non-living things

<table>
<thead>
<tr>
<th>Object</th>
<th>Process</th>
<th>Living or non-living?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fish in the sea</td>
<td>Movement ✓</td>
<td>Living</td>
</tr>
<tr>
<td></td>
<td>Reproducing ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sensing ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Feeding ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Breathing ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Excreting ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Growing ✓</td>
<td></td>
</tr>
<tr>
<td>A plant</td>
<td>Movement ✓</td>
<td>Living</td>
</tr>
<tr>
<td></td>
<td>Reproducing ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sensing ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Feeding ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Breathing ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Excreting ✓</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Growing ✓</td>
<td></td>
</tr>
<tr>
<td>A bouncing soccer ball</td>
<td>Movement ✓</td>
<td>Non-living</td>
</tr>
<tr>
<td></td>
<td>Reproducing ×</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sensing ×</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Feeding ×</td>
<td></td>
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<tr>
<td></td>
<td>Breathing ×</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Excreting ×</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Growing ×</td>
<td></td>
</tr>
</tbody>
</table>
### Object | Process | ✓ or × | Living or non-living?
---|---|---|---
| **Movement** | ✓ | *Living* |
| **Reproducing** | ✓ | |
| **Sensing** | ✓ | |
| **Feeding** | ✓ | |
| **Breathing** | ✓ | |
| **Excreting** | ✓ | |
| **Growing** | ✓ | |

*Chicken eggs*

**Teacher’s Note**

The chicken egg can be revived later if it has been fertilized and so is a living thing.

**Teacher’s Note**

**Informal assessment by teacher**

- Learners mime (act without using words) the life processes.
- Learners write down the 7 life processes. (Use acronym: Mrs B Feg to support weak learners where necessary.)

Ask informal questions:

- How do the movement of plants and animals differ? **Expected answers**: Movement - animals can move from one place to another, while plants grow in the same place but can move towards the light or to/away from gravity.
• How many ways do you know of that plants can grow new plants? **Expected answers:** seeds, cuttings, perhaps a few might know of shoots, underground rhizomes (?) or spores?

• Are the vegetables you eat living or non-living? How do you determine this? **Expected answers:** A good way to explain this is to ask if they could plant the cooked vegetable and if new plants will grow from it. If they cannot then the item is no longer living.

**Self-assessment by learners**

Ask the learners to be very honest when they mark the checklist below. Check their responses and address problems.

**Some things seem to be non-living, but they are not!**

*Mmm, this sounds interesting! I want to find out more!*

Great Farrah! Yes, some things seem to be non-living for a very long time. They wait until they sense the right conditions to revive again. This means that they have to wait for something special to happen before they can revive and show the characteristics of
living things. We say they need the right conditions to revive and show the seven life processes. Look at the pictures below of seeds which seem to be non-living!

Seeds from a coral tree

Sunflower seeds. Have you ever eaten sunflower seeds?

QUESTIONS

Why do seeds seem to be non-living? How can we show that they are living?

Learners might think seeds are non-living as they do not appear to show any of the 7 life processes. But things can appear to be non-living when they are actually in a dormant state. You can germinate the seeds to show that they are living.

We say the seeds are in a “dormant state” until they are given water, warmth, air, light and soil to germinate and start growing. There are other things too which seem to be non-living, but if they are given the right conditions then they can revive and carry on living.

A dove keeping her eggs warm to hatch them.
Fertilized eggs need to be kept warm or they will not hatch. This is why a mother bird will start sitting on her eggs to keep them warm when she has laid all of them.

Yeast can cause bread dough or cake batter to raise. Yeast needs warmth to come alive and start raising the bread. Some people buy dry yeast for their baking. It also needs heat to start working (and sugar). That is why you will see bakers place their dough in a warm place (near the stove for example) to get it to rise.

**ACTIVITY:** Can I revive living things that seem to be non-living?

**MATERIALS (what you need):**

- photos of eggs hatching

**INSTRUCTIONS:**

1. Look at these photos carefully.

\[\text{Photos: }\]

- Chicken eggs hatching.
- Frog eggs about to hatch into tadpoles.
- Shark eggs.
- Snake eggs hatching.
QUESTIONS:

1. Study the photo of the bird sitting on her nest. Can you explain why she needs to sit on her eggs?
   
   *She needs to keep the eggs warm in order to hatch them.*

2. In farms, the farmers often do not let the mother chickens sit on their eggs. Instead they put the eggs in something called an incubator as you see in the picture above of the chicken eggs hatching. What does the incubator provide to the eggs?
   
   *It provides warmth.*

3. A snake normally lays her eggs in a 'nest'. Why does she not have to lie on top of them to hatch them?
   
   *The heat of the sun provides the warmth to hatch the eggs.*

4. Have you ever caught tadpoles or kept silkworms in a box? Maybe someone in your class has some that they can bring to school. In what season can you normally find little tadpoles or silkworms, and why?
   
   *Silkworms are typically available in Spring and early summer, and tadpoles can generally be found in pools and ponds from Spring to Autumn. The eggs need warmth to hatch. The adult animals lay their eggs in these seasons because the warmth of the sun will hatch the eggs.*

ACTIVITY: Germinating a seed

MATERIALS (what you need):

- bean seeds
- cotton wool
- plastic lids (from empty peanut butter jars for example)

Teacher’s Note

Bean seeds are the most common to get hold of, but sometimes take a bit long to grow. Lentils or coriander seeds can sometimes grow quicker. Perhaps try a mixture of the seeds.
INSTRUCTIONS:

1. Place two layers of cotton wool in the plastic lid.

2. Place a few of your seeds between the two layers of cotton wool.

3. Drizzle water over the seeds. You need to water the cotton wool enough to wet it but NOT TO DROWN THE SEED! There should be NO WATER running over the sides of the lid or your seed will drown.

4. Place your seeds in a warm place near a window.

5. Water your seeds whenever you feel the cotton wool is almost dry. Be careful not to drown your seeds!

QUESTIONS:

1. Before you water your seeds, describe how your seeds look and feel.
   
   Learners should refer to the hard & dry texture of the seeds and that it looks non-living.

2. Draw your seeds between the cotton wool on the first day.

3. Keep watching your seeds every day. How long did it take them to germinate? And what do your seeds look and feel like now?
   
   Learners should refer to the outer layer of the seeds getting soft and moist and say that there is something growing out of the seeds.

4. What do you think made your seeds revive?

   The water that was poured over the cotton wool kept the seeds moist (as if it was lying in moist ground). Some might also remember that they put the seeds near the window so the heat from the sun might have also helped the seeds to sprout. This is discussed extensively in the a later section so do not spend too much time on it.

ACTIVITY: Getting yeast to grow!

MATERIALS (what you need):
INSTRUCTIONS:

1. Place a teaspoon of sugar and a teaspoon of dry yeast in your yogurt tub. Mix with your spoon.

2. Add 3 teaspoons of warm water.

3. Stir your sugar and yeast mixture in the warm water to make sure it is well mixed.

4. Watch to see what will happen!

SAFETY WARNING! Do not use boiling water - it might burn you! You only need to use luke warm water.

QUESTIONS:

1. How does your yeast look and feel like before you mix it with the sugar and water?

   The yeast feels like small round balls / grainy / dry / grey / non-living.

2. When you add the sugar to the yeast, does anything change in the yeast?

   Not really - it stays the same.

3. What happened to the yeast and sugar mixture when you added the warm water?

   It starts to bubble and smells ‘strange’. The mixture bubbles up into the tub. There is a feint fizzy noise.

4. How did the yeast revive?

   The yeast needed the warm water and the sugar to revive from a dormant state.
1.2 Non-living things

Non-living things are different from living things because they do not perform all of the seven life processes. Let’s look at an example.

**ACTIVITY:** Do you think this car is living or non-living?

**INSTRUCTIONS:**

1. Let’s look which of the seven life processes the car carries out. (Remember if it is not an egg or a seed, if there is even one life process that something cannot do then it is not living!)

2. Place a ✓ or a ✗ in the last column.
A car

<table>
<thead>
<tr>
<th>Movement</th>
<th>✓</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reproducing</td>
<td>✗</td>
</tr>
<tr>
<td>Sensing</td>
<td>✗ - allow for discussion though, like if children comment that mom’s car battles to start on cold mornings.</td>
</tr>
<tr>
<td>Feeding</td>
<td>✓ petrol / diesel</td>
</tr>
<tr>
<td>Breathing</td>
<td>✓ engine uses air to sustain combustion</td>
</tr>
<tr>
<td>Excreting</td>
<td>✓ exhaust fumes</td>
</tr>
<tr>
<td>Growing</td>
<td>✗</td>
</tr>
</tbody>
</table>

**QUESTIONS:**

1. How many life processes does a car have?
   
   *It does four of the life processes.*

2. Is it living or non-living?
   
   *4 of the 7 so it is non-living.*

Remember, non-living things cannot carry out all the seven life processes.

**Changing from living to non-living**

Living things can become non-living when they die. Look at the wood that your desk is made of. Where did the wood come from? What was once living?

Look around you in your class. Are there other things that were once living and that are now non-living or dead?
QUESTIONS

Discuss these things in your class and write some of your answers below from the discussion.

Learner dependent solution

Teacher’s Note

Introducing the next activity

1. Learners need to bring objects from home to identify whether these objects are living or non-living, if they are non-living and can become living or if they were once living but are not non-living.

2. Arrange with learners a few days before to bring in objects from home. Make suggestions that the objects can be pictures in newspapers or magazines showing living or non-living objects, toys, bones, yogurt, dried seeds as lentils, beans, flower bulbs, electric bulbs etc. Challenge learners to bring a variety of objects. Bring your own collection of objects to the class, in case some learners forget.

3. Divide the learners in groups before they engage in the activity below. Tell them that they have 10 minutes to complete the activity. Instruct them to work together, to follow the instructions and to complete the activity. Walk to each group and help the groups that are unsure.

4. Ask the group presenters to report back on what they learned. Groups must be quiet during the report session and listen to one another.

5. Discuss a few examples and allocate time for learners to ask questions. Let every learner complete the table in his/her workbook using the objects their group brought to class. Encourage them to add a few more examples to their table.
**ACTIVITY:** Distinguishing between living and non-living things

**THE REASON FOR DOING THIS ACTIVITY:**

To help you learn to distinguish between living and non-living things.

**MATERIALS (what you need):**

- Collect 3 - 5 different objects that are living or non-living and bring these to school
- scrap paper or cardboard

**INSTRUCTIONS:**

1. Divide into groups of 3 or 4.

2. Use the scrap paper or cardboard to make four labels of the following headings
   - Living
   - Once lived
   - Seems to be non-living but can be revived
   - Never lived

3. Show the pictures or objects you brought to your group. Place each item or picture under one of the headings you just made.

4. Now complete the table below with the results. If there is time left over you can add in interesting objects from other groups into your table as well.

**Teacher’s Note**

These answers will depend on the objects brought by the pupils.
5. Carefully look at these photos. Say which of these are living or non-living, or which was once living or can be revived. Write these labels below each of these.

<table>
<thead>
<tr>
<th>A dog</th>
<th>Traffic lights</th>
<th>Eggs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Living</td>
<td>Non-Living</td>
<td>Can be revived</td>
</tr>
<tr>
<td>Burning fire</td>
<td>Trees</td>
<td>Paper</td>
</tr>
<tr>
<td>Once lived</td>
<td>Living</td>
<td>Once lived</td>
</tr>
<tr>
<td>A dolphin</td>
<td>A computer</td>
<td>A skull</td>
</tr>
<tr>
<td>Living</td>
<td>Non-living</td>
<td>Once lived</td>
</tr>
</tbody>
</table>
A fossil | Yeast in packet | A duckling
---|---|---
**Once lived** | **Can be revived** | **Living**

**Teacher’s Note**

**Presentation hints**

1. This is a consolidation activity. Each learner do the activity as classwork on their own.

2. After completion, go through the table and let them mark their own work.

3. As an extension, you can practice drawing tables by asking learners to come up to the board and helping to draw a table to represent all these answers, similar to the table in question 4.

**QUESTIONS**

Can you now distinguish between living and non-living things? How do you know when things are living and when they are not?

Yes, learners should be able to distinguish by now. Things are living when they display all 7 life processes and they are non-living when they do not (except for seeds, eggs and yeast which can be revived again).

Now you know that we can group almost everything in the world into two groups: living and non-living things. If something cannot carry out all the seven life processes then it is non-living. Some things were never living, like water and oxygen. Other things can be non-living now but were living before, like wood, fossils or oil.
KEY CONCEPTS

- We can group things on Earth as living and non-living.
- There are 7 life processes that all living things carry out.
- Non-living things cannot carry out all 7 life processes.
- Living things can die.
- Some things like seeds or eggs seem to be non-living but they can revive again.

REVISION:

Read the following story and then answer the questions that follow.

The Strelitzias

When the world was made the Strelitzia birds were among the finest! Their bright orange feathers and dark purple wings decorated the sky and all creation admired their beauty. They would fly for hours high in the sky and only came down to feed at the river bed and to tell the other animals of the wonderful things they had seen.

Their nests were in the highest cliffs and they almost never sat in trees or walked on the ground among the other animals! However as time went by the Strelitzia birds became more and more proud and arrogant. They started to look down on the other animals and started teasing them endlessly, telling the tall giraffe that her neck could never dream of the cool breezes they have felt, or laughing at the tortoise who had to always stagger through the dust over rocks and sand. They laughed at the crocodile who had to stay in the water and at the monkeys for being stuck in trees all their lives!

One day the Maker came to visit the
animals and instead of the beautiful, joyous creation there was only sadness and tears. One by one the animals told of the Strelitzia birds’ teasing and taunting till the Maker became very angry at these proud birds.

The Maker snatched them one by one from the sky and stuck each one’s strong, slender legs deep into the soil. Their graceful long toes became roots and their feathers and wings turned to dull green leaves. Only their crowning feathers of orange and purple remained as a reminder of their beauty.

If you find a Strelitzia flower today, look carefully and you will see how they are always reaching for the sky, trying to free their feet from the soil and fly once more!

1. Name 5 non-living things mentioned in the story.
   Any 5 of wind, cliff, rock, soil, dirt, dust, breeze, river bed, etc

2. Name all the things from the story that use oxygen.
   Strelitzia, giraffe, tortoise, crocodile, monkey, trees, plants

3. What life process in living things uses oxygen?
   breathing

4. Give an example from the story of:
   a. moving:
   b. sensing:
   c. feeding:
   d. growth:
      a. glide, stagger, fly, walk, snatch, stick
      b. joyous, sadness, tears
      c. roots, leaves, water hole, trees
      d. dull grey leaves

5. The Strelitzia birds had nests high up on the cliffs. Why do you think birds like them like to build their nests high up on the cliffs?
   To protect their eggs and young

6. What life process do we associate with the eggs in the nest?
   Reproduction
We learnt that almost everything can be grouped into two groups - living and non-living. In the next section we are going to learn more about living plants and animals, how they look and what makes them special.

2.1 Structure of plants

Basic structures of plants

Teacher’s Note

Introducing this topic

• Learners need to identify different basic structures (parts) in plants.

• They need to explore VISIBLE differences between different plants.

• They can incidentally be introduced to the concept that plants make their own food; they don’t eat other plants, but animals eat the food plants make which is stored in different parts of plants.

• At the start of this section it is suggested that you display propagation through cutting to compare to seedling.
propagation in a later activity. You can use a cut stem from a fig or rose plant.

• As an extension they may be introduced to the function of different structures.

• In this series of textbooks we will also place emphasis on the scientific method used to make and label drawings.

This section therefore starts with a study of plants and the different plant structures. Although CAPS does not directly require that the function of plant structures be studied, it is included to enrich the subsequent visual differentiation activities. Learners need to observe differences and find out more about the different types of plants in their environment. The differences can be the size of plants, the colour and form of the leaves and flowers, whether they have flowers or not, whether they loose their leaves or not - and many similar visible differences. We encourage teachers to ignite learners’ curiosity and interest to find out how the natural world works. As young scientists they need to compare plants or animals and group them together.

Presentation hints

1. Always try to link learners’ prior knowledge to what they are going to learn before you formally present the lesson.

2. Bring a plant or a clear poster showing the basic structures of flowering plants to the class.

3. Ask learners to identify different parts of the plant. Encourage them to think of the possible function(s) of each part. Many learners have the correct concepts but lack the linguistic proficiency to express their thoughts. Teachers are encouraged to help learners with language related problems by providing a vocabulary rich environment and to display key words in a prominent place while constantly referring to these words. This supports learners to learn new scientific vocabulary and use it to explain themselves.

4. Use questions to guide the class discussion regarding the basic structures of flowering plants. Why do plants need water? Which part of the plant can take up water? Give another word for “take up”(absorb). Which part of the plant connects the roots to the rest of the plant etc.
5. Explain new words clearly and carefully and make sure these words (and possibly their meanings) are displayed in a prominent place in the class.

6. Encourage learners to set up their own glossary with explanations of the meanings.

All plants have different parts that we call structures. In most plants you can identify the following structures:

- roots
- stems
- leaves
- flowers

Let’s take a look at the different plant structures.

**Roots**

Plant’s roots are normally found underground. Roots have very important functions (jobs):

- Roots anchor the plant in the ground.
- Roots absorb water and nutrients from the soil, which are then transported to the rest of the plant.
- Some plants store the food they make in their roots, like potatoes or carrots. Next year you will see how plants make their own food!

*The roots of this tree go deep down into the soil.*

*A carrot is a root that stores food made by the plant.*
Stems

Stems connect the roots to the rest of the plant. The stem has important functions:

- The stem supports the leaves, flowers and fruit (the stem holds these parts upright).
- The stem carries nutrients and water from the roots to the other parts of the plant.
- Some plants store the food they produce in their stems (like sugar cane or asparagus).

Leaves

Although many plants’ leaves are green, leaves can have many other colours. Some leaves change colour during autumn.

Leaves have very important functions.

- The leaves absorb the sunlight and use it to make food for the plant.

Teacher’s Note

This process is known as photosynthesis - learners are however not required to learn such specifics at this stage and will only learn about this in Grade 5.

- Some plants use their leaves to store water (cactus) or food (like spinach or lettuce).
Teacher’s Note
Leaves have small openings (called stoma) underneath that allows the plant to pass out extra water as part of the process of transpiration.

- Most leaves have veins which are like tiny pipes that carry water and nutrients from the roots. The veins also carry the food the leaf makes to the rest of the plant.

Can you see the veins in these leaves? ²

Flowers

Many plants have flowers. The flowers are very important to the plant.

- The flowers make pollen to make seeds that will grow new plants.
- The flowers attract birds and insects to spread their pollen and get pollen from other flowers.
- The flowers make fruit and seeds.
- There are different kinds of flowers.
QUESTIONS

1. Think of the flowers you know and write some of their names below.
   Learner dependent answer

2. How many different colour flowers are in your school ground or your garden at home? Or do you see any flowers on your way to school? Next time look out for them and notice all the different colours!
   Learner dependent answer
Wow, flowers really make our lives more colourful, and I love colour!

**Seeds**

Many plants make seeds and store their seeds in different ways.

- In their fruit like in peaches or oranges.
- In pods like in beans and peas.
- On a cob like a mielie or on an ear like wheat.

Plants grow their seeds from the plant’s flower, like a dandelion or the acorns on an oak tree.

Seeds are very important to plants because new plants can grow from seeds.

*VISIT*

The structures of plants (video).
[goo.gl/ADk8R](https://goo.gl/ADk8R)

*Dandelion seeds are light.*

*The seeds on ears of wheat.*
**Teacher’s Note**

**Presentation hints**

In the following activity learners will be required to label the drawing. This is the first time that the skill of labelling is being introduced in Grade 4. So, it is important that teachers actively teach learners this important skill step by step, waiting for everyone to finish one step correctly before moving onto the next step. Perhaps the following rules could be made into a poster to be displayed and referred to whenever learners are asked to make scientific drawings...

The guidelines for drawing and labelling:

- The drawing must have a heading (printed in pen).
- Labeling lines must be in pencil.
- Labeling lines must be drawn using a ruler.
- Label lines must be parallel to the top / bottom of the page.
- Label lines must touch the part of the drawing being labeled.
- Label lines must end the same distance from the drawing (i.e. the labels must be in a vertical line underneath each other).
- Labels must be written using print, and not cursive, and in pen.
- The correct labels must be used in the correct place.
**ACTIVITY:** Identifying the different parts of a flowering plant

**THE REASON FOR DOING THIS ACTIVITY:**
To see whether you can identify the different parts of a plant.

**MATERIALS (what you need):**

- a drawing of a flowering plant.

**INSTRUCTIONS (what you must do):**

1. Look at the drawing below. There are no labels added to the drawing. Scientists often need to label drawings and diagrams. This is a very important skill!

2. When we give labels for a drawing, there are some guidelines to follow:
   a. Draw a straight line with a pencil and ruler from the part that you want to label.
   b. Label lines must touch the part of the drawing being labeled.
   c. The line must be parallel to the bottom of your page.
   d. Write the names for each part neatly underneath each other.

3. Label the drawing of the flowering plant using these rules.

4. Write the labels on the left in the space provided.
5. Use the following labels:
   - root, stem, leaf, flower, seed

**Answer:**

![Diagram of a plant with labeled parts: Flower, Seeds, Leaf, Stem, Roots.]

**QUESTIONS:**

1. When doing a scientific drawing, you need to give it a heading so that someone else knows exactly what it is. Think of a heading for the above drawing and write it below.
   *Something like: “The basic structures of a flowering plant.”*

2. Do you think one part of a plant is more important than another part? Explain your answer.
   *One part is not more important than another part because all parts are needed for the plant to function as a whole. All parts are equally important and needed for different reasons/roles.*
Visible differences between plants

Teacher’s Note

This section on plants provides an opportunity and a necessity to practise agricultural science as a part of Natural Science. For example, while doing this section, encourage your learners to plant different kinds of crops (those that store food in stems, leaves, in roots, etc) and then ask them to bring them to school once they have grown to compare the visible differences and work with them fresh from the soil. If no one can grow their own vegetables, try to set up a vegetable garden at the school in some corner, or just buy some different vegetables from the shops and bring them to class so learners can see the real things and describe the differences. This aspect may not have been highlighted in the curriculum, but it is important for learners to know where food comes from. And also highlight the need for schools to have vegetable gardens!

There are many different kinds of plants. If you look at different plants you can see many things that are different but also things that are the same. We know that most plants have stems, roots and leaves, and that many others have flowers, seeds and fruit. If we want to compare plants, we can compare these plant structures.

You can look at the different plant structures of plants and compare their:

• size
• colour
• shape

Or you can ask important questions about the plants, like:

• Does this plant make flowers?
• Does it lose its leaves in autumn?
• Can animals eat the plant or parts of the plant?
• Can humans eat the plant?
• Perhaps you can think of other important questions that you could ask?
QUESTIONS

People have studied plants for thousands of years. Can you think of reasons why people need to study plants? Think of the reasons why people use plants and write them down.

*People need to find which plants are good to eat and which plants can be used to cure which diseases; some plants are good for making baskets or clothes, while others can be used to construct shelters and homes; plants can also be used to write on (papyrus and trees that make paper) or to make string etc. There are many more uses.*

People that study plants, like you are doing, start by looking at the plants and comparing what they see. They later move onto more complicated things to compare. We are going to compare different plants using our eyes as our guides.

Look at the photos of the banana palm and the basil plant. How many differences can you see between these two plants?

-Banana palm - A basil plant.

QUESTIONS

Describe the differences you could list between the banana palm and basil plant.

*This question is specifically left open to the learners’ interpretation and once everyone in the class had finished teachers should discuss differences and similarities the*
learners saw. It is hoped that some would use the stem, root and leaves to compare the two plants and teachers are encouraged to pick up on this and heap tremendous praise on these learners for thinking like Little Einsteins! This will pave the way towards the next activity.

When we compare plants, it is sometimes easier to use the different plant structures to compare the plants. We can look at the stem for example in the banana palm and the basil plant and compare this. The basil plant has a thin green stem while the banana palm has a thick brown woody bark covering its very thick trunk.

Look at the photograph below of the edge of a river. There are 2 main types of plants growing: the waterlilies in the front and the reeds at the back. Both grow near or in water but they look completely different!

**ACTIVITY:** Comparing plants

**INSTRUCTIONS:**

1. Work with a friend.
2. Compare the two plants (water lilies and reeds) using the plant structures.
3. When people compare different things using a set of items (like the plant structures we are using), they often use a table to write down their ideas.
4. Study the table below. Write differences and similarities between the plant structures of the waterlilies and the reeds.
(It is hoped that many of the learners will be familiar with either reeds or waterlilies or both and that this will enrich this discussion.)

<table>
<thead>
<tr>
<th></th>
<th>Waterlilies</th>
<th>Reeds</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Stems</strong></td>
<td>single straight thin stem, some might notice that they are not stiff but can bend with the current as visible in one in photo</td>
<td>stems are segmented tall and woody, some might say the stems are hollow</td>
</tr>
<tr>
<td><strong>Roots</strong></td>
<td>Cannot comment - not visible</td>
<td>Cannot comment - not visible</td>
</tr>
<tr>
<td><strong>Leaves</strong></td>
<td>round flat leaves (to float on the water)</td>
<td>thin narrow long leaves</td>
</tr>
<tr>
<td><strong>Flowers and/or seeds</strong></td>
<td>beautiful flowers</td>
<td>seeds in the top parts to be dispersed by the wind</td>
</tr>
</tbody>
</table>

**QUESTIONS:**

1. If you look at a plant and can not see seeds, can you say that that plant falls into the group that does not make seeds? Why not?
   
   **NO - Just because you cannot see seeds does not mean the plant does not produce seeds sometime in its lifetime. Some plants only flower once in 10 - 15 years and then only produce seeds at this time. Teachers to emphasize that just because at a specific time a plant does not have flowers or seeds, learners should not assume that the plant does not produce these.**
Did you notice that it was slightly easier to compare plants if you know the different plant structures? In the next activity we are going to compare the leaves of different plants. You need to collect three leaves from three different plants. It is important that you only bring leaves from plants that you or your parents know because you need to tell the class the name of the plant.

### Teacher’s Note

**Introducing the next activity**

1. Ask the learners before the next lesson to bring leaf samples of THREE different plants to the class. They need to know the names of the plants.

2. Tell learners to be respectful of plants and plant owners. If the plant does not belong to them they need to ask permission from its owner to collect a leaf. They also need to be careful not to ruin the plant when they cut the leaf off; use a pair of scissors or cutters.

3. Learners must also take care of themselves. Some plants are POISONOUS. Safety rules are:
   - Don’t eat parts of unknown plants.
   - Don’t rub your eyes while handling plants.
   - Wash your hands after handling plants.

4. Let the learners name edible leaves for example: lettuce, spinach, parsley, cabbage, coriander etc.

5. As teacher you need to contribute to the activity the learners are going to do by also bringing samples of leaves of different plants to the class to make sure that a variety of examples are available.

6. Let the learners study the activity. Make sure that they understand how to trace and label the leaves.

7. Explain key words as: smooth or serrated edge, large or small, hairy or smooth, thin or thick, etc.

8. Let the learners work in pairs. Each pair has to complete the table in the activity.

9. Give the learners enough time to complete the activity. Walk around the class and make sure that all the learners remain on task. Help the learners who are struggling.

10. Ask the learners for their answers and fill in the table on the board.
ACTIVITY: What do leaves of different plants look like?

THE REASON FOR DOING THIS ACTIVITY:
To see the difference in leaves from various plants.

MATERIALS (what you need):
1. Many different leaves (your teacher will tell you how many you need to collect).
2. The names of the plants you collected the leaves from.
3. White paper.
4. Crayons.

INSTRUCTIONS:

How to make leaf rubbings:
1. Take one leaf and put it on a flat hard surface.
2. Make sure the veins are facing up, that means the leaf must be upside-down.
3. Place the white paper over the leaf.
4. Use the crayon on its side to gently colour on the paper over the leaf to trace the leaf.
5. Label the leaf with the name of the plant it came from.
6. Repeat this process with all the leaves.
7. Give your page a heading that describes what you did.
8. After you have made at least 4 different leaf rubbings, carefully study your different leaves. Describe the differences you noticed in the different leaves you used.

Learner dependent answer
QUESTIONS:

Work with a friend and put their 4 rubbings with yours.

1. Can you see if different leaves have similar shapes?
2. Can you see if different leaves have similar edges?
3. In the spaces below, draw the different shapes of 3 leaves and the different edges of 3 leaves that you could see.

<table>
<thead>
<tr>
<th>Different shapes of leaves</th>
<th>Different edges of leaves</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

46 Life and Living
Complete the table below.

1. Fill in the name of the plants in the first column.
2. Make a tick in the column(s) that describe how the leaf looks.
3. One has been done using roses from Gogo’s garden to show you what to do.

![Gogo's beautiful roses](image)

<table>
<thead>
<tr>
<th>Name of plant</th>
<th>Round leaf</th>
<th>Long, thin leaf</th>
<th>Smooth edge</th>
<th>Serrated edge</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rose</td>
<td>✔</td>
<td></td>
<td></td>
<td>✔</td>
</tr>
</tbody>
</table>

(Learner dependent answer)
2.2 Structure of animals

All living things can be grouped into two groups - plants and animals. Plants can be compared using the different plant structures to group them into different groups. We can use a similar method to compare animals. In this section we are going to learn how to identify different animal structures. Then we will use these animal structures to compare some animals you might already know.

Teacher’s Note

Introducing this topic

This unit deals with the basic structure of animals and thus their body plans. CAPS does not differentiate between vertebrate or invertebrate, between warm-blooded or cold-blooded or any other groupings. It requires that learners compare animals based on the basic structure of animals: head, tail, body, limbs and sense organs. Comparisons are based on these structural elements as well as size, shape, body covering and sense organs. Teachers are cautioned to stick to these specifications but encouraged to extend able learners by introducing such concepts as vertebrate and invertebrate, warm and cold blooded, etc.

Presentation hints

1. Introduce this unit with a class discussion. Ask the learners to think of different animals. They can whisper their animal’s name in your ear before miming the animal to the class to guess which animal they are.

2. Discuss the concept that humans are also animals since all living things are either plants or animals. It is important to address language barriers and misconceptions at this point. If their mom for instance says that the big sister lives in a pig sty or that the big brother eats like a dog then this is a different way to use language. This point is perhaps an absurd example but it is important to be on the look-out for similar misconceptions where colloquial (or everyday) and scientific language use leads to misunderstanding of scientific principles.

3. Presentation: Revise the concept basic structure (how it is built up). Let learners name the basic structure of plants. Study the basic body structure of different animals. Use the 5 basic body structures as guidelines. (Many teachers chose to use the word body plan to describe the structure of the
bodies of animals however this is not strictly in keeping with terminology used in the CAPS.)

**ACTIVITY:** Comparing Animals

**INSTRUCTIONS:**

1. Carefully study the photo of the dog and the jellyfish. What differences and similarities to can you see?
2. Write the differences and similarities in the table.
3. Discuss your list of similarities and differences with your classmates and see how your lists are the same or different. Maybe you have some extra things to add to your list after your discussions with your classmates.

<table>
<thead>
<tr>
<th>Differences</th>
<th>Similarities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learner-generated answers. <em>This activity is purposefully left wide open to allow learners to think “out of the box”. It will give teachers a good indication of the level of prior-knowledge of animals and animal structures that exists in among the learners.</em></td>
<td><em>It is not explicitly stated but learners are expected to use the 5 basic body structures to compare the dog and jellyfish. Teachers are encouraged to walk around the class and check as learners work at this activity how they compare these two animals. Point those who do not realise that they can use the body structures to compare in the right direction.</em></td>
</tr>
</tbody>
</table>
Some learners might have used the body structures of animals to compare the jellyfish and the dog. Others might have included different things - like whether the animal has a skeleton or not or perhaps where it lives or what covers its body. Encourage learners to exchange ideas and discuss their reasons for their answers either in small groups or as a class.

**Teacher’s Note**

**Presentation hints**

Revise the concept *basic structure*. Let them discuss what they thing the basic structure of animals are - refer back to the jellyfish and the dog above. Discuss the body of different animals starting with themselves and then use the jellyfish and the dog as examples. Perhaps add other types of animals to reinforce the point that different animals' bodies are covered in different ways.

**Basic structures in animals**

Let's take a closer look at the body parts of animals.

Just like plants, animals also have a basic structures. The basic structures of an animal are:

- head
• tail
• body
• limbs
• sense organs

Head

Animals all have a special part in their bodies called the “head”. Even the smallest animal has a part where its “brain” is. In most animals the head has:

• A brain - no matter how small.
• Sensory organs like the eyes and ears.
• Feeding structures - the mouth and jaws.

Tail

Most animals have a tail at the back end of their body (have you ever wondered where a starfish or octopus’ tail is?) A tail is often pointed but can have many other shapes as well.

ACTIVITY: The tails!

INSTRUCTIONS:
1. Work in groups of 3 or 4.

2. Look at the different tails of all the animals in the illustration - can you find similarities between the tails?

3. Discuss possible similarities between the different types of tails with your group and then write your answers below. Use some different words to describe some of the tails.

   *Dependent on how observant the group is. Some tails are long, some are short, some are bushy and covered in fur, others are covered in scales, some are very colourful and others are just one colour.*

4. Tails do different jobs for animals. What does the whale in the picture use its tail for? *To swim.*

5. Both the chameleon and the squirrel have tails and live mostly in trees and bushes. But their movements are very different! A chameleon moves slowly while a squirrel jumps from branch to branch and climbs up and down the tree trunks. What does each of these animals use their tails for? *The chameleon uses its tail to cling onto branches and balance. The squirrel mostly uses its tail for balance and to be agile when jumping from branch to branch.*

6. The male peacock has a very brightly coloured tail. Why do you think this is so? *He attracts a mate with his tail by lifting it up and displaying it.*

Let's look at some more functions of tails. Tails help an animal to:

- move and swing in trees - monkeys for example.
- balance - kangaroos use their tails to balance while they jump for example.
- kill their prey - crocodiles use their tails to spin them around and around when they need to drown their prey; scorpions often have poison in their tails.
- pat down the earth - beavers use their powerful tails to pat ground down hard and solid.
- swim - almost all fish use their tails to swim.
• steer their movement - fish, whales, dolphin, sharks and many others use their tail as a sort of rudder to steer them in a certain direction. Birds’ tails are very important rudders too.

• attract a mate - a peacock is a perfect example!

• keep it warm - a little squirrel or fox wraps its tail around it like a blanket to keep warm.

• get rid of flies - a cow or horse can swish their tail to get rid of flies.

• warn others of possible dangers - some deer flash the white underside of their tails to other deer to warn them of possible danger.

• communicate - dogs show their emotion in their tails. If they are happy to see you they wag their tails.

• protect - an armadillo has an armoured tail to protect itself.

• distract predators - if a lizard is attacked it will drop its tail and get away while the predator goes after the wriggling tail.

As you probably realised animals’ tails are very important to them!

Body

Teacher’s Note

Presentation Suggestion:

Collect soft toy of animals with as realistic body coverings as possible - a teddy, a feathery bird, a rough skinned crocodile, perhaps a tortoise, a whale, etc. Divide the animals in three groups and place them in thick black plastic bags that learners cannot see through. Choose volunteers to ‘feel’ what is inside the bag. They need to discuss what they felt the class.

Different animals need to cover their bodies in different ways.

QUESTIONS

Can you think of at least 5 different kinds of body coverings
that animals use? Write them down below.

Just like animals, people use specific body coverings for special reasons. Let’s think about reasons why people cover their bodies then we’ll see how this compares to animals.

**ACTIVITY: Why do we cover our bodies?**

**INSTRUCTIONS:**

1. Think of times when someone will wear these types of clothes.
2. Write your answers in the right hand column next to the clothes.

<table>
<thead>
<tr>
<th>Clothing</th>
<th>Where or when would people wear it?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thick jacket, scarf and gloves</td>
<td>Winter or areas where it is very cold.</td>
</tr>
<tr>
<td>Bright thin dress with thin straps over the shoulders</td>
<td>Summer beach weather or going to a pool party.</td>
</tr>
<tr>
<td>A black suit with black pants and bow tie</td>
<td>Going to a ball or perhaps a wedding or a very formal dinner.</td>
</tr>
<tr>
<td>Grey skirt and white short sleeve blouse, black shoes and white socks</td>
<td>School clothes for summer for many South African learners.</td>
</tr>
<tr>
<td>A costume</td>
<td>Going for a swim at the beach, pool or dam</td>
</tr>
</tbody>
</table>

People wear different kinds of clothes in different environments. If they are cold people will wear warm clothes, and if they are hot most people will wear much fewer and thinner clothes.

Animals also have different body coverings, which most cannot change when the weather change. Why do you think a bird is covered in feathers and not scales? Or why does a whale have a
smooth thick skin but an octopus has a slimy slippery skin? Why is it that a cat has a soft furry skin but a crocodile’s body is covered in hard bone-like scales?

**QUESTIONS**

Discuss this in groups of 3 or 4 and write your ideas in this space.

Animals need to cover their bodies in special ways for a few reasons:

1. Body coverings need to protect the animals organs, bones and muscles from their environment, UV rays, bumps and scratches, and from germs and bacteria that might cause infection. A warm furry body protects a polo bear in the arctic just like a scaly body protects an armadillo and crocodile.

2. They need to blend into their environment to either hide from predators or camouflage themselves to stop prey from seeing them (for example lions)

3. Males often use their body covering to attract female attention. A peacock boasting with his beautiful tail feathers or a lion with his mane is meant to attract females.

**ACTIVITY: Animal Body Coverings**

**INSTRUCTIONS:**

1. Carefully look at the the body covering of each animal in the photographs below.

2. Then think about where the animal lives.

3. Answer these questions by filling them in on the table below:
   - What does each animal’s body covering do for it?
   - Where does this animal live?
<table>
<thead>
<tr>
<th>Animal</th>
<th>Body Covering</th>
<th>Where does it live?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Snail</td>
<td>Shell and strong leathery body</td>
<td>Gardens, jungles, forests - lots of vegetation.</td>
</tr>
<tr>
<td>Impala</td>
<td>Hide</td>
<td>Grasslands</td>
</tr>
<tr>
<td>Tortoise</td>
<td>Hard bony scales</td>
<td>Grasslands, deserts,</td>
</tr>
<tr>
<td>Chimpanzee</td>
<td>Fur</td>
<td>Trees, jungle, forest</td>
</tr>
<tr>
<td>Animal</td>
<td>Skin Type</td>
<td>Habitat</td>
</tr>
<tr>
<td>------------</td>
<td>----------------------------------</td>
<td>-----------------------------------</td>
</tr>
<tr>
<td>Earthworm</td>
<td>Soft moist skin</td>
<td>Soil</td>
</tr>
<tr>
<td>Goldfish</td>
<td>Leathery water-proof skin</td>
<td>Cold fresh water</td>
</tr>
<tr>
<td>Penguin</td>
<td>Thick warm water-proof feathers</td>
<td>In the sea in cold areas</td>
</tr>
<tr>
<td>Whale</td>
<td>Soft slippery skin</td>
<td>Under sea</td>
</tr>
<tr>
<td>Seal</td>
<td>Thick hairy skin</td>
<td>Shoreline / near the ocean and in sea</td>
</tr>
</tbody>
</table>

**Limbs**

Most animals use their limbs to move with. Animals can walk, run, climb or swim using their limbs. Some animals like chimpanzees and squirrels can use their front or upper limbs to handle objects.
Look at the pictures of the different animals in the previous activity. How many different limbs can you see on these animals?

Animals can have wings, webbed feet, tentacles, fins, legs, arms, flippers and long slithery bodies with no limbs, such as the earthworm.

Teacher’s Note

Miming Animals’ Movement: Write animal names on paper and put them in a container. Divide the class into two groups that will compete with each other. Let learners pull a name from the container. They need to mime an animal’s movement for their team to guess what it is. The winning team will have guessed the most animals at the end of the period.

Senses

Animals can sense much more than humans can. Dogs for example can sense things and help humans with this.

Sniffer dogs help to find people who are trapped under building rubble, mudslides or snow and tell the rescue workers where the victims are. These dogs also smell drugs or bombs and alert the police.

- Eagles, buzzards, hawks and other birds of prey have extremely sharp eyes as they have to see a small rodents from very far away.

- Elephants, cats and dogs can hear sounds that human ears cannot hear.
• Bats, dolphins and some whales use a special sense called eco-location. They send out special sound waves and can find prey or objects from quite far away.

• Butterflies, bees and earthworms have another special sense called chemoreceptors - they taste through their skin or feet.

• Animals such as ants, cockroaches or crayfish have special sense receptors that can sense something moving from very far away.

QUESTIONS
Think back to the seven life processes and why we can say that an animal is alive. Look at the basic structure of an animal, at their head, limbs, body, tail and and senses. How does the basic structure of animals help them carry out the seven life processes?

**Movement - limbs & tail**

**Reproducing - body**

**Sensing - sense organs**

**Breathing - body**

**Feeding - limbs (catch food, hold food, break it open), head & sense organs**

**Excreting - body**

**Growth - body, limbs, tail, head, etc.**
**Teacher’s Note**

The relationship between the structure of an animal and the 7 life processes may not always be clear with some animals, but with most animals it is. For the above question, encourage learners to think of an easy animal such as a dog.

**ACTIVITY:** Body plans of animals

**THE REASON FOR DOING THIS ACTIVITY:**

When you were learning about plants, you also learnt how to label a drawing using the Scientific method. In this activity you are going to practice your labelling skills.

**INSTRUCTIONS:**

1. Study each of these drawings of different animals.

2. Use your scientific labelling skills to label each animal using the five body structures of animals.
Animals all look very different. Some have long legs and others have short stubby claws, some have big eyes and others have thousands of tiny eyes together in one big eye. They come in all shapes and sizes!

**QUESTIONS**

Have a look at the page that introduces Life and Living at the beginning of the term. You can see the Thunderbolt kids exploring the jungle. Can you see all the different shapes and sizes of the animals? How many different animals can you spot?

**ACTIVITY:** Small, medium, large or extra large?!

Do you sometimes go shopping with your family? Have you seen that shops use the words, SMALL, MEDIUM, LARGE and Xtra-LARGE when they compare things like pizzas, eggs or clothes for example? Sometimes people just write S, M, L and XL to show the size.

**INSTRUCTIONS:**

1. Let’s use these letters to compare the basic body parts of the animals we just labelled.

2. Write S, M, L or XL to describe the size of the different body part of the animals in the first column.

<table>
<thead>
<tr>
<th></th>
<th>Head</th>
<th>Body</th>
<th>Tail</th>
<th>Front limb</th>
<th>Back limb</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lion</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dove</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fish</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lizard</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frog</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
KEY CONCEPTS

- All plants have a basic structure of roots, stems and leaves.
- Flowering plants also have flowers, fruit and seeds.
- We can see how plants are different. We compare the size, shape and colour of roots, stems, leaves, flowers, fruits and seeds.
- All animals have a basic structure: head, tail, body, limbs and sense organs.
- Animals have different body coverings, shapes and sizes and sense organs.
- We can compare the different things that we see in animals.

REVISION:

1. Look at the picture below and answer the following questions:

   a. Describe the difference between the leaves of the fig tree and the willow tree.
Fig tree has broad, scalloped leaves and the willow has long, narrow leaves.

b. Study the flowers. Which flowers would you group together? Use the following headings:

<table>
<thead>
<tr>
<th>Many flowers close together</th>
<th>Single (one) flowers on a long stem</th>
</tr>
</thead>
<tbody>
<tr>
<td>geranium</td>
<td>carnation</td>
</tr>
<tr>
<td>hydrangea</td>
<td>rose</td>
</tr>
</tbody>
</table>

2. Think of three (3) different plants that you know. They can be vegetables, fruit, flowers or trees - whatever you like. Each plant looks different, right? Write down what you know about each of the different parts of the plant in the table below.

<table>
<thead>
<tr>
<th>Plant's name</th>
<th>Stem</th>
<th>Leaves</th>
<th>Flowers</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3. Carefully study the animals in the picture above and find the following:
a. Five (5) examples of different body coverings.
   feathers, fur, scales, hard horny scales, soft moist skin, leathery tough hide

b. Three (3) examples of different limbs.
   wings, fins, legs (claws)

c. Which animals have soft skins and need to live in or near water to keep their skin moist?
   bullfrog and tree frog

d. Which animal in these pictures can drop its tail when it feels in danger?
   lizard

e. Which animal uses its tail when catching its victims to drown them in a death-roll?
   crocodile

f. Name the animal from this group that can use its front limbs to handle or manipulate objects or food?
   mouse

g. One animal in this group specifically has very good hearing. Which one has better hearing than most?
   elephant

h. Think how birds of prey hunt. Which animal in this group needs to have especially good sight to help it hunt?
   gabar goshawk

i. Why does the ant-eater have an armoured body?
   it wraps the hard horny scales to wrap around itself when predators come and then they cannot eat it.

j. Do you think the crocodile has a good body covering? Look at the other body coverings. Would a crocodile be able to survive with the same scaly body covering as a fish? Why does it have the hard horny scales?
   A crocodile often catches large buffaloes or gazelle with sharp horns. If its body is not protected by a hard bony armour these animals’ hooves or horns could damage the body of the crocodile. The crocodile also spends most of its life in water so if it had the same body covering as a fish it would probably survive.
What plants need to grow

3.1 Conditions for growth

What do plants need to grow?

Do you remember learning about living and non-living things? We said that almost all things on earth are either living or non-living. The plants and animals that are living need to carry out the seven life processes - do you still remember what they are?

Plants make all the food that all the animals on Earth need to stay alive. If all the plants were to suddenly vanish life on Earth would be not be possible. We need to take care of the plants on our planet.

In this section we are going to learn specifically what makes plants grow and keeps them alive. We will also look at growing new plants and how you can make sure that as many of your seeds as possible grow into healthy plants.

QUESTIONS

In the activity when you planted a bean seed, how did your bean grow - did it die or did it stay alive? Discuss what you think your bean plant will need to stay alive and continue growing.

*Plants need sunlight, water and air to grow.*
Sunlight

- Plants need sunlight to grow and live.
- Green plants use sunlight, water and carbon dioxide gas to make food.
- The plant can use some of this food to grow and develop.
- It stores the rest of the food for animals to eat.
- When animals and humans eat plants they get energy from the plant.

![Sunlight diagram]

The plant leaf uses sunlight energy to make food and grow. The caterpillar eats the leaf.

Air

Just like animals and people, plants also need air to live and grow. Plants use carbon dioxide to make food so that they can grow.

Water

Plants need water to grow and to make food. Some plants need more water than others. The amount of water a plant needs depends on the type of plant. If the plant does not get the amount of water it needs it will die. Some plants are able to grow in very dry areas, such as cacti in the desert. These plants have adapted (changed) over many, many years to be able to survive in these conditions.

The roots of the plant absorb water from the soil. This water carries nutrients from the soil to all the parts.

The rain drops are collecting on these leaves.

Chapter 3. What plants need to grow
of the plant. In the picture the rain drops are collecting on the leaves. They will then fall down to the soil and soak into the soil. The roots will then absorb the water for the plant.

Remember, a plant needs water, sunlight and carbon dioxide to make food.

**Soil**

Most plants grow well if they are planted in soil.

- Plants are anchored in the soil by their roots.
- Their roots absorb the dissolved nutrients from the soil.
- To make sure plants get enough of these mineral nutrients we often add some fertiliser or compost to the soil. We say that soil that has a lot of nutrients is rich and soil that does not have many nutrients is poor.

### 3.2 Growing new plants

Plants can generally be grown from seeds or cuttings.

- Seeds grow from flowers and are fertilized with pollen from another flower. Fertilized seeds can then germinate to start growing into a new plant.

- A cutting is made when a piece of a plant (usually the stem) is cut off and planted in new soil to start growing roots and form a new plant.

- Plants can also grow from shoots which are little roots that shoot out of special places in the stem of the plant and start to grow into a new plant.

**QUESTIONS**

1. What three really important things do plants need to grow?

   *sunlight, water, air*
2. Do you remember that one of the life processes is reproduction? How do plants make new plants?

*They make seeds which then germinate to grow into a new plant.*

**Teacher’s Note**

**How to introduce the topic**

It is recommended to do this practical task over time at school while learners engage with the next section. Give the learners the opportunity to observe the wonder of a new plant becoming alive from a seed or cutting! Let them DO the investigations; observe and record observations over time.

**Presentation hints**

1. Experience of the teacher will assure success. Do the prescribed investigations **before** you ask learners to do them. Then you will be more able to guide the learners. Consider not to do this investigation in mid-winter low temperatures are usually not favourable for germination. Use different bean seeds and find out which germinate better. Apply the precautions as stated in the investigation in the text.

2. Start class discussion by asking learners why plants are important. Possible answers can be: For food, to provide oxygen, to protect the soil (plant on dunes), plants are beautiful etc. Do we need to make more plants? Why?How?

3. Check learners' understanding of the words: germinate - a seed develop into a new plant, cutting a stem, leaf or part of a plant that can be used to grow a new plant.

4. Tell the learners that they need to find out what seeds need to germinate and grow into new plants. Go through the materials and procedures in the text. Let them work in groups. Check that every learner has the required materials and knows what to do.

5. You must DAILY monitor how their investigations progress. Set aside at least five minutes per day.

6. Guide the learners on how to keep a diary. Learners have to write the date and record their observations under headings as: what is different today (root appeared) , measured root length, etc.
7. Revise / reinforce that drawings and labeling must be done scientifically. The:
   • the drawing must have a heading (printed in pen)
   • drawing done with a sharp pencil
   • drawing done using solid lines
   • labeling lines must be in pencil
   • labeling lines must be drawn using a ruler
   • labeling lines must be parallel to the top / bottom of the page
   • labeling lines must touch the part of the drawing being labeled
   • labeling lines must end the same distance from the drawing (i.e. the labels must be in a vertical line underneath each other)
   • labels must be printed in pen

The correct labels must be used in the correct place.

8. Assist the learners to make the following drawings:
   • the bean and the first root
   • the bean, root and first leave
   • its first root, a stem and its first leaf
   • bean plant after 2 weeks

What seeds need to germinate
You have learnt that seeds are important to grow new plants. A plant needs to germinate from the seed to start growing. This means that the seed has to develop into a new plant and grow all the necessary plant parts.

In the first chapter of this term, we germinated a seed and saw that although it seemed to be non-living, it can be revived.

Have you ever wondered what seeds need to germinate and grow into new plants? Let's find out by doing a scientific investigation!
INVESTIGATION: What does a seed need to germinate?

You will be working in groups and the groups will investigate different questions. Your aim and prediction will depend on the question you want to answer in your investigation!

AIM:

An aim in a science investigation is where we state what the purpose (aim) of the investigation is. What do you want to find out by doing this investigation?

Group dependent answer. For example: To find out whether a seed needs light to germinate and grow", or "To find out whether a seed needs warmth to germinate and grow"

PREDICTION:

A prediction is when you predict (make a guess) what the result of your investigation will be. But it is not just any guess! You must think about what you think will happen in your investigation. What do you think will happen to your seed and how will it change?

Group dependent answer

APPARATUS (Equipment you will need):

- bean seeds for each group
- a shallow container for each group, such as a saucer or the lid of a large jar or yoghurt tub
- cotton wool (if no cotton wool is available, use strips of newspaper instead)
• a dark cupboard
• a fridge, perhaps there is one in the staff room
• a ruler

**METHOD (what you must do):**

Each group will have a slightly different method depending on what you are investigating. Follow the instructions for your group.

**Group - Control**

**NB! A control is where the bean seed is given everything that we think it needs to germinate. In the other investigations, one of these things will be left out.**

**Teacher’s Note**

It is important to have a control to compare the other groups to. The control beans should germinate and grow the best and you can then use these plants to monitor further. Once they have germinated, show learners how to measure the lengths of the stems using a ruler. Possibly measure 3 stems and then calculate an average. Record these results on the board and then use them to draw a table and then a graph in the learners book. Get all learners to make a drawing of the first beans that germinated, and again when a leaf appears. there is space later on to do these drawings.

1. Wrap your bean in cotton wool (or newspaper if you do not have cotton wool)
2. Place it in the shallow container (saucer or lid).
3. Wet the cotton wool (be careful not to flood it!)
4. Place the container with the wet cotton wool and bean in a sunny spot.
5. Water your cotton wool DAILY and make sure that it stays damp.
6. Regularly check your bean’s progress.
7. Keep a diary during the next few weeks to write down what you see happening. This is called recording your observations.
8. Once the seeds germinate, measure the length of the stems each day and record your results. Your teacher will show you how to do this.

**Group - No water**

1. Wrap your bean in cotton wool (or newspaper if you do not have cotton wool)

2. Place it in the shallow container (saucer or lid).

3. DO NOT wet the cotton wool! You want to see if a plant needs water to germinate so you must not give it water.

4. Place the container with the cotton wool and bean in a sunny spot.

5. Regularly check your bean’s progress.

6. Keep a diary during the next few weeks to write down what you see happening. This is called recording your observations.

**Group - No warmth**

1. Wrap your bean in cotton wool (or newspaper if you do not have cotton wool)

2. Place it in the shallow container (saucer or lid).

3. Wet the cotton wool (be careful not to flood it!)

4. Place the container with the wet cotton wool and bean in the fridge.

5. Water your cotton wool DAILY and make sure that it stays damp.

6. Regularly check your bean’s progress.

7. Keep a diary during the next few weeks to write down what you see happening. This is called recording your observations.
RESULTS AND OBSERVATIONS (What you observe and found out):

Teacher’s Note

For this section, collect all the results from all groups. A suggestion is to have “the diary” written up as a table on the board and each day you record the results for each group. The groups must look at all the different investigations taking place, otherwise some which are studying for example the beans with no water will have a boring time. The skills of observation are very important here. You can teach some of these skills about how to collect and record data. The plants in the control group should be measured each day once they have germinated so you can record the growth. Measure the length of three stems and calculate an average using, average = total length of 3 stems/3. You can then use these results to plot a graph to show growth over time.

Record the results from each group in the table below.

<table>
<thead>
<tr>
<th></th>
<th>Control</th>
<th>No water</th>
<th>No warmth</th>
</tr>
</thead>
<tbody>
<tr>
<td>Was there a change on Day 1?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did the seeds germinate?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>When did the seeds first germinate?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did the new plants grow once they had germinated?</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Now let’s focus on the data we collected from the Control Group so we can see how the plants grew over time.

When the first beans germinate, make a drawing of a bean that germinated and the first root that appeared.
Teacher's Note

The drawing and labeling must be done scientifically. The teacher must go through this / revise / reinforce this from the previous section on this:

- the drawing must have a heading (printed in pen)
- drawing done with a sharp pencil
- drawing done using solid lines
- labeling lines must be in pencil
- labeling lines must be drawn using a ruler
- labeling lines must be parallel to the top / bottom of the page
- labeling lines must touch the part of the drawing being labeled
- labeling lines must end the same distance from the drawing (i.e. the labels must be in a vertical line underneath each other)
- labels must be printed in pen

The correct labels must be used in the correct place

When the first plants start to grow further and produce leaves, make a drawing of a bean, the root and its first leaf.

Teacher's Note

Same guidelines as for previous drawing

Use the space below to draw a table where you record the data you collected from the Control Group and the length of the stems each day after they germinated. A table is very useful in science investigations to record and present a lot of data. A table must also have a heading!
A possible outline of a table is given below. Depending on how much the beans grew, use millimeters or centimeters and include the unit of measurement in the column heading. Remember to give the table a heading! Also explain to learners why you have not recorded all the lengths of the stems, but only an average. This may be difficult at this point but it is an important science concept for later. Averages are used as they give a better representation of the whole experiment (or population). if you only chose one plant to measure, that plant might have not grown much or grown much more than the other plants and so this would not be a true reflection of the results.

<table>
<thead>
<tr>
<th>Date</th>
<th>Average length of stems (mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

We are now going to draw a graph! Graphs are another way of presenting (showing) our results. They are often used by scientists to show their results. Drawing graphs is a very important skill! We will use the results from the table above to draw a graph. There are also many different types of graphs, but we will draw a line graph. If this is the first time you are drawing a graph, do not worry! Your teacher will help you.

Take learners step by step through the process of drawing a line graph. Use the steps below and draw the graph on the board for learners to see what you are doing and then draw their own in their books.
Teacher’s Note

- First draw the axes - one is called the horizontal axis and the other is called the vertical axis.

- Next decide what will go on each axis. The horizontal axis is where the independent variable is plotted. This is confusing for learners, even in Grade 12! So the earlier we start showing them how to do it, the better. The date or day number will go along the horizontal axis. The dependent variable goes on the vertical axis. The height grown by the plants (stem length) is dependent on the day, so this goes on the vertical axis.

- Label the axes.

- Next decide on a scale for each - perhaps only record a measurement every two days if your seeds took a long time to grow.

- Next plot each point using the “pairs” from the table. In other words for Day 1, the height should be zero so plot a point for this first. Show learners how to first read on one axis, then the other, and where these two cross, you make the point.

- You can then draw a line between the points to link them up.

- Give the graph a heading

- A possible graph is given below to give an idea.

CONCLUSION (What we have learnt):

When we do a science investigation, we always have to write a conclusion at the end. This summarizes what we have learnt from the results of our experiment. From this science investigation,
write a conclusion where you state what you have learnt.

*Seeds need water and warmth to germinate (this should be the main conclusion from learners). Evaluate any other conclusions that they might have made depending on the experiment.*

**Teacher’s Note**

**Presentation hints**

The investigation below provides a wonderful opportunity to revise the scientific investigative process.

- **Background:** You have noticed that the same vegetables grow different in different gardens, you wondered what are the reason.

- **Question to be investigated:** How does the amount of water influence the growth of a plant?

- **Aim:** I want to find out how much water a plant needs to grow fast.

- **Predict:** What will happen if the plant gets no water, a little water, plenty water.

**Planning the investigation:**

- Which conditions are you going to keep the same? (Same seedlings, same type and size of the container, some amount and kind of soil.

- Which materials are needed?

- How are you going to do the experiment? How many milliliters of water will you use for "a little water" and how many for "plenty of water"? Are you going to add the water daily or every second day?

**Do the investigation:**

- Follow procedures 1-5 in text.

- Collect and record your data 6,7. Draw a graph using the collected data.

- Write down what you find out.
**INVESTIGATION:** Extension: How the amount of water influences the growth of a plant

This can be done as an extension investigation if time permits in your class.

**AIM (What you want to find out):**

What do you want to find out by doing this investigation.

Learner dependent answer

**PREDICTION (What you think will happen):**

Can you already guess what will happen in your investigation?
Write a prediction of what you think will happen.

Learner dependent answer

**APPARATUS (Equipment you will need):**

- Three of the bean plants that germinated in the previous investigation.
- Three containers of exactly the same size.
- Soil

**METHOD (What you must do):**

1. Fill the three containers with exactly the same amount of soil.
2. Plant the three seedlings in the three containers.
3. Place the three containers next to each other in a spot that gets enough sunlight during the day.
4. Label the three containers as follows:
   - 1 - No water
   - 2 - Little water
   - 3 - Plenty of water
5. Water the plants according to the labels.
6. Measure the three plants on the same day every week.
7. Recording your findings in the table. That means you need to write the lengths of each plant in the correct block on the table below.

**RESULTS (What happened?):** (Answer dependent on classroom environment)

<table>
<thead>
<tr>
<th></th>
<th>1 - No water</th>
<th>2 - A little water</th>
<th>3 - Plenty of water</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 2</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 5</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

• Use the space provided below to draw a bar graph of your findings.
• Fill in the scale for the vertical axis
• Draw in the bars for each plant for the final height it grew after week 5.

**CONCLUSION (What we learnt):**

*What differences could you see between the three plants after the 5 weeks? Why do you think the plants differed so much after 5 weeks?*

Learner dependent answer

**KEY CONCEPTS**

• Plants need light, water and air to grow.
• You can grow new plants from cuttings or seeds.
• A cutting is a stem, leaf or part of a plant that can be used to grow a new plant.
• Germination is when seeds come alive and start to grow.
• Seeds need water, warmth and air to germinate and grow.
REVISION:

1. Explain what germination means. *It means the seeds start growing and developing all the necessary parts*

2. What does a seed need to germinate? *water and warmth, and air*

3. What does a plant need to grow? *water, food, air (and some plants need soil)*

4. Two of the same plants were grown in different places. One plant got a lot of rain and was planted where there was a lot of sunshine. The other plant also got a lot of rain, but hardly any sunshine.

   After two weeks the following measurements were taken:

<table>
<thead>
<tr>
<th>Plant</th>
<th>Length of plant</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plant 1</td>
<td>15 cm</td>
</tr>
<tr>
<td>Plant 2</td>
<td>4 cm</td>
</tr>
</tbody>
</table>

   Which plant do you think grew in the shadowy place? Why do you say so?

   *Plant 2; it did not grow so well*

5. Complete the bar graph by choosing a different colour for each plant and colouring in the bar for each plant, as well as the little boxes on the side which tell you which plant is which (this is called a legend).
4 Habitats of animals and plants

4.1 What is a habitat?

Animals tend to live naturally in specific areas. Different kinds of plants grow naturally in different areas too. Plants and animals will choose where they live mostly because of the water, food and climate of a specific area. The physical environment also plays a part in an organism’s choice of habitat, for example, plants prefer certain types of soil in a habitat to grow in. You can easily see if a plant does not like to grow in a specific area - it will stay small and have few leaves. If a plant is in an area that it likes it will grow big and strong and have lots of leaves.

The place that a plant or animal lives in is called a habitat.

A habitat is the physical area where the animal or plant lives. An organism’s natural habitat has everything it needs to live.
4.2 Different habitats

There are many kinds of habitats that plants and animals like to live in.

- Some plants and animals choose to live in the hot, dry desert. These plants and animals do not need as much water as other types of plants.
- Some animals and plants live in a forest or cave habitat because they prefer cooler, shady areas.
- In South Africa there are many forest areas.

There used to be many wild elephants that lived in the Knysna forest in the Western Cape. But today there are hardly any left as lots were killed by humans. Their forest habitat has also decreased in size due to humans moving in so the numbers of the elephants have decreased.
The plants growing on the forest floor like a shady, cooler habitat.

- Other plants and animals choose to live along the shoreline where the water meets the land. This is because they prefer a wet environment, but they are also able to live on land.
- Animals that live along the shoreline need to have strong bodies and protection against the waves.
- This is why many animals have shells to cover their bodies.

**QUESTIONS**

Identify three animals that live at the shoreline and have shells or hard armour covering their body. If you have not been to the shoreline, choose another habitat close to your house and identify three animals from that habitat.

*crabs, crayfish, prawns, muscles, periwinkles, sea snails, sea stars, etc.*
• Water plants like to grow in or very near to rivers, lagoons or wetlands.

• Some animals chose to always be in the water and others are only some times in the water.

QUESTIONS

Write down the names of two animals that are always in the water and two animals that are only some time in water.

Give learners scope to list their favourite underwater animals: fish, whales, dolphins, sharks, stingrays, seals etc. Animals that are only in water some of the time may be: crocodiles, hippos, frogs, seals, sea-lions, etc.

• There are even animals and plants that live in the very cold regions near the arctic poles or in very high mountains. Marion island is an island towards the South Pole and near South Africa. Scientists study animals that live on the island to learn more about these animals and how they adapt to their habitats.
ACTIVITY: Discovering Habitats

In this activity you are going to find a habitat in your school and draw and describe the habitat.

MATERIALS:

- scrap paper
- pencil
- clipboard or something hard to press one when you draw
- Paper sheets to make final drawings
- Coloured pencils or crayons

INSTRUCTIONS:

1. Work in groups of 3 or 4.
2. In your group, find a habitat in your school where you think different plants and animals will live.
3. Carefully look at your habitat WITHOUT moving anything or changing anything in your habitat. Can you see any animals in your habitat?
4. Ask one person to turn over large rocks one at a time so you can see what is under the rock. Many bugs and spiders live under the rocks.
5. Also look under the bushes or shrubs for animals that might be hiding from you!
6. Make a drawing of the habitat you observe on scrap paper. This is your rough drawing. You will redraw your habitat on neat paper when you get back to class.
7. Add in ONLY the plants and little animals that you can see in your habitat.
8. Carefully study the colours of the different plants in your habitat.
9. Once your whole group has finished their drawings, return to your class.
10. Redraw your habitat on new clean paper. Use colour pencils or other colouring in materials to add colour and detail to your drawing.

11. Give your drawing a heading and add in labels to name the different plants and animals that you recognised. You can stick your drawings up in the class.

QUESTIONS:

1. Explain where the habitat was that your group studied.

2. What kind of habitat did you study? Use some words to describe the habitat that you studied, such as shady, sandy, wet.

3. Name the different animals that you could see in your habitat.

4. Were there any plants that you recognised in the habitat? Name these plants.

5. If it started raining very heavily, how would the plants and animals in your habitat be affected?

6. How do you think your plants and animals are affected in winter? Will they be able to survive the cold conditions? Explain why you say so.

7. Is there any damage from people in your habitat? If so, how do you think you could prevent this damage?

4.3 Why do animals need a habitat?

Animals and plants need food, water and shelter in their habitat. Animals also need a safe place to have their young (babies) and to hide from predators and escape from other danger. Let's look at some more of the reasons why animals need a habitat.

Camouflage in a habitat

Some animals rely on their habitat to escape danger or to hide from the food they are trying to catch! To help them do this they blend in with their surroundings. This is called camouflage.

Animals use camouflage for two reasons:
1. Animals use it to hide from predators. In other words, their camouflage helps them to hide from other animals that eat them.

2. Animals use it to hide from their prey. In other words, when they are hunting it helps them to sneak up on other animals without being seen.

Animals are camouflaged in different ways.

Let's look at some animals and the way they use their habitats to escape danger!

A chameleon can change its skin colour to blend in with its surroundings.  

The endangered Western Leopard Toad uses its spots to blend into its surroundings and hide from predators.

**ACTIVITY:** Finding hidden animals!

**INSTRUCTIONS:**

1. Some animals are really good at blending into their habitats. Look at the pictures below of different animals and their camouflage.

2. Circle the animal in the picture.

3. Identify what the animal is and how it uses its camouflage to blend into its surroundings.

**Teacher’s Note**

As an extension you can also ask learners why they think the animals need to blend into their habitat - is it to escape danger, such as a predator, or is it to hide from prey?
<table>
<thead>
<tr>
<th>Animal</th>
<th>Description of animal and camouflage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lizard</td>
<td>Blended into the rock</td>
</tr>
<tr>
<td>Stick insect</td>
<td>Looks like a branch or stick</td>
</tr>
<tr>
<td>Fly</td>
<td>Looks like the bark of the tree</td>
</tr>
<tr>
<td>Stone fish</td>
<td>Looks like the rocks covered in coral</td>
</tr>
<tr>
<td>Cheetah</td>
<td>Blends into the grass</td>
</tr>
</tbody>
</table>
Wow, that was fun! My blue hair is not very camouflaged is it?!

**Habitats of indigenous animals in South Africa**

South Africa is very well-known for its Big 5. This term is used to refer to the lion, leopard, elephant, buffalo and rhino. Many tourists visit our country to see these animals.

But how do they know where to find these African wild animals?

Let's help them!
Teacher’s Note
For the following activity, divide the class up the day before or two days before you plan on doing the activity. Then instruct pupils to find the relevant information before then. Some pupils will not bring to class and might not have access to the resources. in that case, they can draw the pictures of the animals, or you, the teacher, can source some old magazines, such as Getaway, for the pupils to cut up.

ACTIVITY: Understanding the habitats of indigenous South African animals

MATERIALS:
- A piece of A2 cardboard.
- A piece of A4 paper.
- Information about the Big 5.
- Pictures of the Big 5 (from old magazines, newspaper cuttings, photocopied images)
- Coloured pens and pencils.
- Scissors.
- Glue.

INSTRUCTIONS:
1. You are going to make a poster about the Big 5 and where to find each animal so that tourists will know when they come to South Africa!
2. Divide the class into groups of 5.
3. Assign one of the Big 5 to every group member, so each person in your group of 5 will investigate one of the Big 5 animals.
4. Each group member must bring information from home (or from the library) about the animal that was assigned to them. This must include what the animal eats, where it lives, how it reproduces.
5. Bring all your information and pictures to class. If you do not have any pictures, then use your pencils and crayons to draw some pictures of the Big 5.

6. In your group, plan the poster you are going to make about where to find each of the Big 5 animals on the A4 paper.

7. Once you have finished your plan, use the bigger sheet of paper to make your real poster. (Remember to give your poster a heading.)

8. Present your poster to the class.

Teacher’s Note
Decide how you want the learners to present their poster - perhaps each one can present about the animal that they investigated.

QUESTIONS
Write down what you will tell a tourist about where to find the Big 5 animals in their natural habitat.

South Africa has five animals and plants as our national symbols. National symbols are used to identify a country.

These are animals and plants that live in habitats found in our country or our seas.

• Blue crane
• Springbok
• Galjoen
QUESTIONS
Can you see the differences between the habitats of the Blue Crane and the Springbok? Write down some of the differences below.

• King Protea
• Yellow Wood tree

ACTIVITY: Research project on South Africa’s National Symbols

MATERIALS:
• books and reading material of South Africa's national animals and plants
• scrap paper for making notes
• pencils for colouring and writing
• cardboard to make a poster (for example from cereal boxes)

INSTRUCTIONS:

1. Work in pairs.
2. Find out as much as you can by reading in books or asking a family member about the plants and animals that are South Africa’s National Symbols.
3. Choose two of the animals and two of the plants.
4. Explain why they were chosen as National Symbols.
5. Describe each one’s habitat.
6. Explain why these animals and plants can survive in their habitats - how specifically are they suited to live there?
7. Identify ways that we can protect and look after these animals and plants.
8. Present your research as a poster.

KEY CONCEPTS

• Habitat - the place where a plant or animal (mostly) lives.
• There are different kinds of habitats, such as grassland, forest, river, sea and desert.
• Animals need a habitat for food, water, shelter, raise their young and also escape from danger.

REVISION:

1. List and describe two habitats that you learnt about in this chapter.
   Learner dependent answers.
2. Explain in your own words what a habitat is.

A habitat is a place where a plant or animal lives.

3. Name three animals in South Africa and the habitats that they live in.

Some possible answers: lions, zebra, buck, etc in grassland; birds, fish, etc in wetlands, snakes, eagles, rodents, etc in semi-desert; buck, birds, small rodents in forest/woodland; ants, birds, mice, buck in fynbos.

4. Look at the list of animals in the first column. Think carefully about the types of animals and what they would need in a specific habitat. Draw a line to connect the second column with the habitat in the first column.

| A) Cape Fynbos | 1) lizards, snakes, spiders, scorpions, small birds, foxes, small buck, tortoises, etc. |
| B) Wetlands in St Lucia (Vlei) | 2) large buck and even elephant, bushpigs, some monkeys, many reptiles, big ferns, tall trees, |
| C) Knysna Forest | 3) water birds, water snakes, small fish, frogs, terrapins |
| D) Karoo dry semi-desert | 4) snakes, small tortoises, small frogs near little ponds, sugarbirds, many bees and butterflies, baboons, proteas and pincushions |

A = 4; B = 3; C = 2; D = 1

5. Do you think a large bullfrog can live in the Karoo? Why do you say so?

It is not likely - A bullfrog needs to live in and near water as it breeds in the water and if there is not enough water it will not be able to reproduce and will die.
5.1 Natural and man-made shelters

Natural shelters

Remember earlier you dealt with living and non-living things. Living things need some shelter to protect them from harsh weather conditions.

Some animals live in natural habitats for their homes. Other animals build their own homes. Some animals even live in other animal’s homes. A natural shelter is a home that the animal has made for itself. Animals live in different kinds of homes like:

• holes in the ground
• caves
• nests
• trees

Look at the following picture of a few places where animals live.
Let’s take a look at a few shelters that animals build and the materials they use.

Nests are built by birds and other animals in trees, on the ground and even in buildings. This is used as a home for them and especially for their eggs. Nests are usually bowl-shaped and made of twigs, leaves and grass held together by mud or saliva (spit).

Swallows build their nests from mud, and often on the under side of roofs where they are protected from the rain. ¹
Bees live in very large colonies. The hive is made up of many six-sided cells (hexagons) stuck together. The queen bee lays all the eggs in a hive and each egg is put in a cell.

A natural bee hive in a tree.  

Meerkats burrow and dig huge networks of tunnels underground.

Small rodents such as squirrels, rabbits, mice and moles dig burrows in the ground or under logs and rocks to provide them with shelter. These burrows often form an underground network of tunnels in which these animals live. Ants and earthworms also live in the ground. Spiders spin webs from silk that they make in their bodies. The web isn’t only a home for the spider, it also helps the spider to catch its prey.

A spider web between the twigs of a plant.  

**Man-made shelters**

Other animals live in shelters that were built by humans. These shelters are normally for our pets or animals that we farm.
**QUESTIONS**

Below are the names of three types of animals which we keep as pets or farm. We have to build shelters for them. Write down the name of the shelter next to each animal and describe it briefly.

Dog:

Bees:

Pigs:

*Kennel. A small house often made of wood with an entry way in the front.*

*Hive. A box, often made of wood, with layers for the bees to make their comb on.*

*Pig sty. An enclosure for pigs, often with an outside area with some mud and an inside, closed area where they sleep.*

**ACTIVITY: Describing man-made animal shelters**

**INSTRUCTIONS:**

1. Look at the following examples.
2. Complete the table by filling in the answers.

<table>
<thead>
<tr>
<th>Animal that will live in this shelter</th>
<th>5</th>
<th>6</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>bats or birds</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>cats or dogs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>bees</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
5.2 Structures and materials for animal shelters

Structures are built by joining different parts together. Different materials are used to make structures. These structures come in different sizes and shapes.

Structures do four kinds of jobs (functions), they primarily serve to:

- protect
- contain
- support
- span a gap

Each of the structures shown in the following pictures do one or more of the functions or jobs of structures. They are made from different materials. Carefully look at the different shapes that are used in the structures.
The shape of an egg shell is an example of a protective shell structure. 

A bridge is an example of a structure that spans a gap.  

A support structure holding up a water tower.  

A bird cage is an example of a structure that contains an object (the bird).  

The way structures are put together or constructed depends on the type of materials used.
ACTIVITY: Looking at Structures

INSTRUCTIONS:

1. Work in pairs.
2. Look at the photographs of structures above.
3. Discuss each photograph with your partner.
4. Look at the shape, size of the structure and the materials used to construct it. (Use the S, M, L and XL to describe the size as you did in the previous activity on animals.)
5. Record your findings in the table provided

<table>
<thead>
<tr>
<th></th>
<th>Size of the structure</th>
<th>Shapes used in the structure</th>
<th>Materials used in the structure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water tower</td>
<td>L</td>
<td>Triangles, rectangles</td>
<td>metal</td>
</tr>
<tr>
<td>Egg in a shell</td>
<td>S</td>
<td>Oval</td>
<td>calcium deposits (learners are not required to know this, teacher help may be advisable)</td>
</tr>
<tr>
<td>Bridge</td>
<td>XL</td>
<td>Arch; triangles, columns</td>
<td>metal and concrete</td>
</tr>
<tr>
<td>Bird cage</td>
<td>M</td>
<td>rectangles</td>
<td>metal &amp; plastic base</td>
</tr>
</tbody>
</table>

Let’s learn more about different kinds of structures.

VISIT
Strength of an egg shell (video).
goo.gl/ZL1d
Shell and frame structures

Shell structures mainly contain and/or protect the contents. A **bird’s egg** protects the little chick growing inside it. A car gives some protection to its passengers. A pot holds the food inside it.

A **frame** structure gives **support**. There is a frame structure inside your body! Your skeleton supports your body! Your knees and elbows are places where the bones join.

A frame structure must carry a load in the right places without it collapsing or falling over.

Frames are made of members and joins. The members are the long parts and the joins are where the long parts come together. Sometimes longer tubes can be joined to make triangles. The tubes are called the members. Where the tubes come together that is called the join.

### QUESTIONS

1. List three types of structures.
2. What is the difference between shell and frame structures?
3. What kinds of functions do shell and frame structures serve?
   a. Functions of Shell Structures:
   b. Functions of Frame Structures:

### Designing an animal shelter

**Teacher’s Note**

Learners need to research, design, and draw a shelter for an animal. This is the **first time** that learners are doing a Technology activity where they have to follow the Technology Design Process. However, they are not doing the whole process (ie. making and evaluating), as this would be quite demanding for the first time. Later on in the year in the other strands they will be taking the Technology Process further and actually making their products. So, for each Technology project you are building up their skills and
reinforcing the process and the steps to follow. It is probably best to let learners work in groups so that they can discuss how they are going to make the shelter, especially as this is their first time designing something.

The educational value in Technology lies in the investigating, thinking and designing that children must do. Technology aims to make children capable; capability means the children’s ability to turn thinking into **doing** and **completing**. When they learn new science knowledge, the learning has a purpose: they must use that knowledge in producing good designs. When they have made a product, they should be able to explain **to you** all the reasons why they designed it like that (even if they could not make it in the way they wanted to).

So some very important learning happens during a Technology project, and you need to guide them through all the stages. If you trained as a technology teacher, you will recognise the NCS pattern of technology projects -- do you remember IDMEC?

I stands for **Investigating** the problem which some people have, investigating existing products, and investigating concepts and skills that you will need to solve the problem.

D stands for **Designing** -- that means using what you learned from investigations to think of good ways to solve the problem.

(For this project the Technology Process will stop after Designing and drawing, but you can tell the learners what would come next so that later in the year when you actually do these steps, they are already familiar)

M stands for **Making** -- when you make your model, you use materials and tools, you make your model look good, and you show the teacher what you learned in your investigating.

E stands for **Evaluating** -- after you have made your model to solve the problem, you have to ask, does it work? Is this what the people wanted? Could we make a better one?

C stands for **Communicating** -- you must show other people how you decided on your solution to the problem. You need to write and draw your ideas. When they are getting new ideas they often enjoy writing because they are writing about their own ideas; this is a great strength of technology in school. A technology project
The Technology Process

When we design and make products and structures we use a special way to do this. It is called the Technology Process. The Technology Process helps you to design and make products.

We use the Technology Process to investigate a specific problem. We then use this information to design and make something to help us solve this problem. While we work on the design and make the product, we constantly evaluate it to see if it is working and if it does what we meant for it to do. We also talk to our friends or the other people working with us to tell what we plan to do and to explain how we want to design or make the product.

Many people use the technology process every day. If you want to design and make something to solve a problem, you can also use it!

The Technology Process has 5 steps:

1. Investigate
2. Design
3. Make
4. Evaluate
5. Communicate

Whenever we do a Technology project in Natural Sciences and Technology, we will be following these steps!

Let’s use the Technology Process to help some birds in your area! Remember you need to start by first identifying the problem and then you can start to design and make a solution!
This sounds like fun! I am excited already to see how to follow the Technology Process to design and make something!

**ACTIVITY:** Design and make a shelter for wild birds

**HELP! THE BIRDS NEED YOU!**

Many of the trees in your town have been chopped down to make space for homes and other buildings. The birds that used to make their nests in the trees now have nowhere to safely lay their eggs! There are many more rats, mice and other pests in the city because their are fewer and fewer birds to catch them! This is because many birds left to find safe places to build their nests and raise their chicks. Some of the birds that stayed behind tried to make nests on rooftops but the people did not like the mess they made on their buildings and destroyed the nests. Other birds tried to build their nests on tall radio and television towers. But then the people could not get their televisions or radios to work properly so they also broke their nests and shoo’ed the birds away. The people are complaining about all the pests that are in the city and the birds want to come back but do not have a safe place to build nests - they need your help!

In the previous section we learnt about animal homes. We need to help these birds by making homes or places for them to roost and also making it look good to the people.

**DESIGN BRIEF:**
A Design Brief is a short description of what you plan to do. An example of a Design Brief for this project could be “Design and make an animal shelter that can be used by wild birds.”

**INVESTIGATE:**

The next step in the Design Process is to investigate and do some research about the shelter that you are going to make. We have actually already done this in the activities in this chapter when we looked at different man-made animal shelters.

So let’s get on to designing!

**DESIGN:**

We now need to design the animal shelter. In your groups, discuss the following questions which will help guide your design and make you think about what your bird shelter should look like.

1. What is the purpose of the bird shelter?
2. What shape and size will the shelter be?
3. How will the birds get inside?
4. What are the best materials to make the shelter from?
5. Will there be a place to provide the birds with food and water?

When we design something there are some things that the product or structure you are making need to do or some things that it cannot do. We call these specifications (what it must do) and constraints (what it cannot do).

We need to show the specifications or things that your product must do or have before we start to design or make it. You have to make a list of all the specifications otherwise you might not make your product in the proper way.

When we list specifications and constraints, we answer certain questions. You answered some of these questions above.

**Specifications**

1. Purpose of bird shelter:
2. Size of bird shelter:
3. Materials used to make bird shelter:
**Constraints**

Some constraints for your bird shelter could be:

1. The materials used must be able to withstand the weather outside, such as wind and rain.
2. A constraint could even be that you have to design and make it in class.

**Teacher’s Note**

Teachers need to encourage learners to use recycled materials. An easy design is to make the bird shelter from a recycled 2 litre plastic juice bottle. They can push string through a hole in the lid and screw the lid onto the bottle to hang the bottle in the tree. Then they make holes in the sides to let a dowel sticks through for the birds to perch on. They also cut open a smallish flap to let birds leaving space at the bottom of the bottle for the bird to make a nest in. The flap should therefore be at least 15cm from the bottom. They can paint the bottles to blend into a tree habitat to hide the bottle from predators.

**Drawing the Design for the Bird Shelter**

In this step you draw what you want your bird shelter to look like. You might need to make many drawings until you decide which design you want to use. It is a good idea to use scrap paper for this. Label the different parts of your design and say what material each part is made of.

**Teacher’s Note**

Make it clear to learners that the drawing may be different from the actual product that you make in the end due to certain reasons, such as a material not working as well as was planned, or you get a better idea for something. This being the first opportunity for learners to design and make, they will chop and change a lot of things and learn in the process. So they should not be penalised for changing as this is part of the process. Perhaps use scrap paper for them to experiment on and draw many different designs. When they have a design they are happy with, they can draw it in the space provided.
EVALUATE:

Once you have a design drawing that you are happy with, you would then proceed to make the shelter. We are not going to do this now. Later in the year you will get a chance to make some of the designs that you do.

For now, let's evaluate the design that you did. This means you must decide whether your product will be able to solve the problem you identified at the beginning.

To do this you go back to the problem and ask the following questions:

1. Has my design solved the problem and how?
2. Did I stick to the specifications and constraints? (Ask this question of all your specifications separately.)
3. If you changed some of the specifications, such as the size or materials, why did you do so?
4. Is there any way you think you could improve your design?

Teacher’s Note

If you have time in class you could make the bird shelters, or encourage learners to do it on the weekend at home if they want to. If someone makes a shelter, you could put it up in the school somewhere and see if birds use it. do not worry if you do not have time to make the shelter in class as this is not specified in CAPS.

KEY CONCEPTS

- Natural structures are made by animals, like nests and shells.
- Human made structures are made by people.
- There are different kinds of structures, like frame and shell structures.
- Structures can have different shapes and sizes.
• Structures can be made from different materials.
• Humans can make shelters for animals, especially pets and birds.

REVISION:

1. Name four types of natural animal shelters.
   
   *Nests, shells, hives, hollow trees, spider webs.*
   
2. Explain the difference between man-made and natural shelters.
   
   *Natural shelters are when the animal makes the shelter itself out of materials that it finds in its habitat. A man-made shelter is not made by the animal, but it is used by the animal. Humans make man-made shelters for animals.*
   
3. Use the table below to compare the shelters of rabbits, pigeons and tuna fish.

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Rabbits</th>
<th>Pigeons</th>
<th>Tuna fish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Where will I find the shelter?</td>
<td>Under ground</td>
<td>In trees</td>
<td>In the sea</td>
</tr>
<tr>
<td>What is the shelter made of?</td>
<td>Soil</td>
<td>Sticks and grass</td>
<td>Water</td>
</tr>
<tr>
<td>Does the animal have to make the shelter?</td>
<td>Yes</td>
<td>Yes, if it is a nest; otherwise it just perches in the trees</td>
<td>No</td>
</tr>
<tr>
<td>Does the animal use a naturally occurring shelter?</td>
<td>No</td>
<td>No, if it has to make a nest</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Life and Living
4. Why do rabbits, pigeons and tuna fish have different habitats and shelters?

There are many reasons. The first is that it depends on what the animal is adapted to live in. Fish need to live in water and so cannot live anywhere else. The water is already there and so the fish does not have to make a shelter. Rabbits need to make shelters often to raise their young, sleep at night and hide from predators. They have to dig holes in the ground and these are not naturally occurring. Pigeons often sleep in trees which are naturally occurring, but they need a shelter when they lay eggs and have chicks so they have to make nests.

5. Do you think it is fair to keep a pet rabbit in a cage where it cannot burrow? Give a reason for your answer.

Learner dependent answer.
Matter and Materials
and Structures
1 Materials around us

KEY QUESTIONS

• What are solids, liquids and gases?
• How can water be a solid, a liquid and a gas?
• Why does my ice cream melt in the sun?
• Why does water start bubbling in the kettle when it gets hot?
• What change of state takes place when a substance melts?
• What change of state takes place when a substance evaporates?
• Why does the amount of water on the Earth remain the same?
• What is the water cycle?

Everything around us is made up of matter. All solids, liquids and gases in the universe are matter. Matter takes up space and has mass, this means we can weigh matter. When we use one kind of matter to make something such as a wooden or plastic chair we say the material used was wood or plastic.

1.1 Solids, liquids and gases

Teacher’s Note

When you introduce the learners to the strand: Matter and Materials, explain to them that everything around us is built up of matter. When we use matter to make something we usually call it a material.

Introduce this section with a practical demonstration. Use examples of materials and substances to sort matter as solids, liquids and gases.
You will need the following materials: wood, stone, plastic, a glass of water, another different shaped container to pour the water in, juice, tea, air (in a two of three different shaped balloon or tyres), cooking oil, cooking gas, a boiling kettle etc.

Introduce the learners to the examples. Let them observe, feel, smell and touch the examples. Let the learners engage in the activity to identify solids, liquids and gases.

Teacher's Note

Explain to the learners the meaning of the word: property. Some learners know a “property” is a thing owned by someone as a piece of land or house. In science the word “property” describes a special quality or characteristic of something. Properties are common when the same qualities belong to most substances in the group studied.

Explain to the class what they have to do in the activity: “Exploring the properties of solids”. Let the learners work in pairs. They must do the activity and write down their findings. Assist them to draw a concept map. Follow-up with a class discussion to make sure that every one knows what the common properties of solids are.

Materials are all around us. Some materials are solids, some are liquids and some are gases. A material will always be one of these three things. But what exactly are solids, liquids and gases?!

Let's investigate the properties of solids, liquids and gases!

When is a material a solid?

The word “property” has different meanings. We say this house is the property of Mr Mabusa, he is the owner of the house. When we use the word “property” in Science we look at what makes that kind of matter special; how does it behave differently from other
kinds of matter. For example when you shift a chair to another place, it will still have the same shape. This is because the chair is solid. So we can say that all solids keep their shape. We say that keeping its shape is a property of a solid. Let’s look at some of the properties of solids.

A chair is made of solid materials. 1

ACTIVITY: Exploring the properties of solids

MATERIALS (What you will need):

• a stone
• cloth
• paper
• a table or chair
• pen or any solids around you

INSTRUCTIONS (What you have to do):

Work in pairs.

1. Use the questions below to investigate each solid.
   • Does it feel hard or soft?
   • Does it make a sound when you knock on it?
   • Does it break easily? Can it break?
   • Can you put your finger through it?
   • Is your hand dry or wet after handling the object?
   • Does it change its shape when you put it in something else?
   • How will you describe the shape, is it fixed, does it remain the same?
2. Use the table below to fill in some of your answers about each of the objects.

3. There are some empty rows at the bottom for you to fill in any other solid objects that you might have investigated.

<table>
<thead>
<tr>
<th>Object</th>
<th>Your observations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stone</td>
<td></td>
</tr>
<tr>
<td>Cloth</td>
<td></td>
</tr>
<tr>
<td>Paper</td>
<td></td>
</tr>
<tr>
<td>A table or chair</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

QUESTIONS:

1. Which properties were the same (common) for all the solids you investigated?

   *Fixed shape, dry, hard*

2. List some other solid objects in your classroom. Give at least 4 examples.

   *Table, door, ruler, pencil, rubber, desk, etc*

So, we have learned that a substance in a solid form will have a fixed shape and takes up a definite space. Let’s now look at liquids.

**What is a liquid?**

There are liquids all around you and you use them in your everyday lives. Some examples are water, paraffin, baby oil, fruit juice, petrol, methylated spirits. What are the common properties of liquids?

When a scientist wants to know more about something they set up questions and then they try to answer the questions by doing the experiments.
Teacher’s Note

What you have to do before presenting the lesson:

Collect the materials needed for the practical before you do the activity. You can ask the learners to bring some of the materials to school, but be prepared to supply the materials as learners sometimes do not have the resources or forget to bring them to school and then you are stuck. Take care that you have soap, water, a basin and paper towels for learners to wash their hands after doing the practical.

How to present the lesson:

Pour about 2 tablespoons of the suggested liquid in a container. Divide the class in 5 groups. Give each group a different liquid, a saucer and another container. Go through the activity with the learners and explain to them what they have to do. Discuss the safety rules and warn the learners NEVER to taste an unknown liquid - methylated spirits and paraffin is poisonous. Walk to each group and help the groups that are not sure what to do. Let the learners to wash their hands after doing the practical. Go through the concept maps of the groups in a class discussion to make sure that everyone knows how to draw a concept map. Let the learners on their own do the questions set in their workbooks. Go through answers with the class.


ACTIVITY: Exploring the properties of liquids

MATERIALS (What you will need):

- water
- paraffin
- baby oil
- fruit juice
- methylated spirits
- 5 small pieces of cloth
- 5 containers for each of the 5 liquids
• 5 other clean and empty containers, such as a glass, cool drink bottle or tin
• 5 saucers

INSTRUCTIONS (What you have to do):

1. Work in groups. Each group MUST test a different liquid.

2. Select someone in your group to collect a liquid in a container from the teacher. Each group must also collect another empty container and a saucer from your teacher.

3. Answer these questions while you are studying your liquid. Write your answers in the table that follows. DO NOT TASTE THE LIQUID!
   • How does it smell?
   • Can you put your finger through it?
   • Is your hand dry or wet feeling the liquid?
   • Can you soak the liquid up with a cloth?

4. Put a small amount of the liquid in the saucer and leave it for a while in a warm place.
   • Was it easy to pour the liquid from one container to another?
   • Can the liquid flow or spread out on a saucer?
   • How will you describe the shape of the liquid, is it fixed does it take the shape of the container?
   • Did the amount of the different liquids remain the same after leaving them in a warm place?

5. WASH YOUR HANDS AFTER HANDLING THE LIQUID.

<table>
<thead>
<tr>
<th>Observation</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>What did your liquid smell like?</td>
<td></td>
</tr>
<tr>
<td>Was your hand dry or wet after touching the liquid?</td>
<td></td>
</tr>
<tr>
<td>Did the shape of the liquid change when you poured it into another container?</td>
<td></td>
</tr>
</tbody>
</table>
What do you think happened to the liquid when you left it in a warm place?

**QUESTIONS:**

1. Write down the safety rules for this investigation. Why are these safety rules taken?
   
   *Don’t taste any unknown liquid, wash your hands after handling unknown liquid they can be poisonous.*

2. Write down those properties that were the same (common) for all the liquids investigated.

   *Liquids: flow and can be poured, shape is not fixed they take the shape of the container.*

After doing this activity where we investigated the properties of liquids, we can say that a liquid:

- can flow,
- it has no fixed shape,
- and it takes the shape of the container that it is in.

This is different to a solid. Remember a solid has a fixed shape and you cannot pour a solid!

**What is a gas?**

Do you remember in the first term when we spoke about breathing as one of the seven life processes of living things? When we breathe, we are taking in and giving out gases. But we cannot see the gas!

Gases are a bit more difficult to understand as we usually cannot see gases. We can see places where gases are used and the containers that a gas is kept in.

Do you know any gases? What about the gas used in stove to cook food? Have you seen the gas coming out of the exhaust of a motor
car? In hospitals there are cylinders filled with oxygen gas for patients with breathing problems. The air you breathe in has oxygen gas. The air you breathe out has more carbon dioxide gas.

Look at the following pictures of where a gas is being used.

Cooking using a gas stove. The gas is in a cylinder and is used to cook food.

A patient in hospital with an oxygen mask on. The oxygen is given to her in a tube attached to the mask.

These balloons are filled with helium gas. You cannot see the gas but it is there as the balloons are blown up and floating.

Scuba diver with an oxygen tank on his back to breathe under water.

**ACTIVITY:** Learning about gases from pictures

**INSTRUCTIONS:**

1. Study the pictures below. Each of the pictures shows a different property of a gas.

2. The properties are listed in the first column of the activity below. Decide which picture is showing the property and give it a tick. Make a tick under the right picture for each property.

3. The first one has been done for you.
Comparing solids, liquids and gases

The states of matter are solids, liquids and gases. We have carefully investigated these three states of matter.

Here is a summary:

<table>
<thead>
<tr>
<th>Solids</th>
<th>Liquids</th>
<th>Gases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have a definite shape</td>
<td>Have no definite shape</td>
<td>Have no definite shape</td>
</tr>
<tr>
<td>Takes up a definite space</td>
<td>Takes up a definite space</td>
<td>Takes up all the space</td>
</tr>
<tr>
<td>Do not flow</td>
<td>Can flow</td>
<td>Can flow</td>
</tr>
</tbody>
</table>
Big boulders of rock are solids.
Milk and orange juice are liquids.
These balloons are filled with helium gas.

QUESTIONS
On the front cover for this term for Matter and Materials, you will see the Thunderbolt kids are at a construction site for a soccer stadium. Can you see Sophie is carrying a tray of refreshments for all of them? On her tray, there are refreshments in the different states of matter. Identify what state of matter each refreshment is.

* Ice cream: solid
* Juice: Liquid
* Steam from tea: gas
* Ice in water: solid

In the next activity, we are going to study examples of different substances and sort them as solids, liquids or gases.

**ACTIVITY:** Identifying solids, liquids and gases

**INSTRUCTIONS:**

1. Work in pairs
2. Look at the pictures of the different substances below and decide if they are solids, liquids or gases.
3. Use the table below place a tick in the right column.
A song on solids, liquids and gases.
goo.gl/3fPv1

<table>
<thead>
<tr>
<th>Substance</th>
<th>Solid</th>
<th>Liquid</th>
<th>Gas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glass of water</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ice blocks</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Steam from kettle</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rock</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lava from volcano</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gold bars</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wind</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
1.2 Change of state

Remember that we spoke about the states of matter? These were solids, liquids and gases. A substance can change from one state to another. For example a solid can change into a liquid.

For example water can be a liquid in your glass or in the freezer water is ice. Ice is a solid. But what makes these substances change from one state to another?

What causes a change of state?

We know that matter can be in the solid, liquid or gas state. Let’s use water as an example.

**QUESTIONS**

1. If you place tap water into an ice tray and put this in the freezer, what will happen to the water?
   
   *It freezes*

2. If you now take ice cubes and place them in the sun, what happens to the ice cubes?
   
   *They melt.*

The difference between the freezer and the sun outside is that one is hot and the other is cold. So if we place the water in a place that is cold enough, it freezes. If we place the ice cubes in a hot place, they melt.

This is because the state of matter can be changed from one to another by adding or removing heat.

Let’s read a story to try understand this a bit more.

**Teacher’s Note**

For the next activity, the aim is to increase reading and writing skills in learners while still focusing on a science concept. The idea of a state change (melting) is explained using a story. The story can be read out by the teacher in the class and then learners can
get together in groups and read the story again together and answer the questions that follow.

**ACTIVITY:** The Story of Mashadu

**INSTRUCTIONS:**

1. Read the story below about Mashadu.
2. Answer the questions which follow.

Mashadu is a boy in Grade 1 at a Primary School in a small village which gets very hot in summer. He loves to play soccer. After school he often goes over to The Thunderbolt School of Learning to play with the Thunderbolt Kids. They really like having Mashadu to play with them even though he is a few years younger, because he is very talented and also fun and caring. Mashadu especially likes Jojo and they play well together as a team.

One day after school, Mashadu thought he would do something nice for his friends, the Thunderbolt Kids and surprise them with ice lollies for when they were finished playing. Mashadu bought 5 ice lollies, one for himself and one for each of the Thunderbolt Kids. He put the ice lollies in a bowl and placed some ice blocks around them to keep them cool. Mashadu then ran off to join the others playing soccer.

After the game, Mashadu ran back to the bowl to get the ice lollies. But he got such a shock when he got there. They were all gone! He was so upset and started to cry. The Thunderbolt Kids saw that Mashadu was upset and ran over to see what was wrong.

“Hey Mashadu, what's wrong?! Did you hurt yourself while playing?” Jojo asked.

“No, I didn't. I bought some ice lollies for all of you as a surprise and when I came back now to get them they were all gone! I think someone stole and ate them and just left the sticks! Look!” Mashadu cried out.
“Oh no, don’t cry Mashadu! It’s not your fault, and no one stole them or ate them either,” Farrah said while rubbing Mashadu on the back.

“Yes, Mashadu, actually we learned in class today about what happened to your ice lollies,” said Sophie, “and I can explain it to you too. Do you see that your bowl is actually not empty? There is a liquid in it. And it also has a red colour, which was the colour of your ice lollies.”

“Yes, I see that,” answered Mashadu, “but then how did that happen?”

Tom then answered, “Your ice lollies melted from the heat from the air around us. Even if the sun was not so hot, they would have melted! For something to stay frozen it needs to be at a very cold temperature, like in a freezer.”

“Yes, melting is when heat causes the solid ice lollies to change into a liquid,” Sophie replied, “So no one stole the ice lollies, they just melted.”

“Oh ok, I see,” said Mashadu, “I must be really silly not to know that!”

“No not at all Mashadu! We only learned about it today in class and we are in Grade 4!” laughed Farrah.

“I know what we should do!” shouted Jojo, “Let’s go to the Tuckshop right now. I have some extra change and we can buy some more frozen ice lollies!”

They all really liked this idea, especially Mashadu who was now laughing. So off they all went, The Thunderbolt Kids and Mashadu, and bought some more ice lollies and sat under the tree to eat them.
QUESTIONS:

1. What is the name of the main character in the story?
   *Mashadu*

2. What grade is he in?
   *Grade 1*

3. What grade are the Thunderbolt Kids in?
   *Grade 4*

4. What game are the children playing together after school?
   *Soccer*

5. When the ice lollies are frozen, are they a solid, liquid or a gas?
   *Solid*

6. Explain in your own words what happened to the ice and the ice lollies while they were left in the sun.
   *Heat from the sun causes a state change and the ice lollies melt from a solid to a liquid.*

7. What is the name given to this process?
   *Melting*

8. Do you think you can reverse the process of melting? How would you do this?
   *Yes, you can freeze the liquid so that it becomes ice again, but it would not be in the same shape as the ice lollies.*

9. What is your favourite type of ice cream or ice lolly?
   *Learner-dependent answer*

10. If you wanted to do something nice for your friends, what would you do?
    *Learner-dependent answer*

So what have we learned from Mashadu’s experience with the ice lollies? The ice lollies were frozen and cold. When they were placed in the sun, they started to warm up. This heat caused a state change to take place. The ice changed to a liquid. This is called *melting.*
When Mashadu and the Thunderbolt Kids went to get new ice lollies from the Tuckshop, these ice lollies were frozen, but they were made from a liquid. The liquid was poured into the shape of an ice lolly and then they were cooled as heat was removed and they froze. When a liquid changes to a solid, this is called solidifying.

Now that we have read about Mashadu and his experience of changes of state, let’s do some practical demonstrations in class to learn more.

Teacher’s Note

The following activity is to be done as a demonstration in the front of the class. Invite learners up to your desk in small groups to see the water boiling and to observe the steam as it hits the mirror and condenses. You need to explain both processes that are taking place. Firstly, heat is added to the water and it boils, changing from a liquid to a gas. When the gas hits the mirror, which is cold, it cools down and condenses to form a liquid again on the mirror. This also shows that changes of state are reversible. Later on, refer back to this activity when dealing with reversible state changes.

**ACTIVITY:** Heating and cooling to cause a change of state

**MATERIALS (What you will need)**

- kettle
- liquid water
- glass or mirror
- gloves or towel
INSTRUCTIONS (What you have to do):

1. This activity could be quite dangerous as you might burn yourself with the hot water, so your teacher is going to demonstrate it for you.

2. Boil the water in the kettle.

3. Put a glass or mirror 30 cm above the boiling kettle (you need to wear gloves made of thick material or use a towel to avoid burning your skin)

4. Your teacher will then let you come up to see what is taking place. Make sure you have a look at the mirror.

Teacher’s Note

There is often a misconception between boiling and evaporation. Water does not need to boil in order to evaporate. Even cold water can evaporate at room temperature. Be careful not to introduce this misconception in this activity. Rather, what it is showing is condensation. Even the steam is not visible coming out of the kettle. The steam is actually just at the spout when it first comes out and is extremely hot. The "cloud" that you see forming is actually when the steam has already started to cool and condense and form water, but in tiny droplets which are visible. This is not a gas but actually tiny droplets of water in the air. The use of the mirror is to help speed up the process of condensation and show what is happening. This activity shows boiling and condensation, not evaporation.
QUESTIONS:

1. What was the change of state when the water boiled and became steam?
   
   Water to gas

2. You cannot actually see the steam. The steam is extremely hot and quickly cools and forms tiny droplets in the air. When the steam changes into tiny water droplets, what is this called?
   
   Condensation.

Evaporation takes place when heat is added to the liquid. It means the water changes from the liquid to the gas state.

We hang wet clothes out to dry in the sun. They dry as the water evaporates.

The steam that comes out of the kettle is extremely hot and you cannot see it. The steam quickly cools and forms tiny droplets in the air. These tiny droplets are visible and form the "cloud" that you see. When these tiny droplets hit the mirror they cool more and form the bigger droplets which you see forming on the mirror. We say the steam condensed to form water. The change of state is from the gas state to the liquid state. Condensation takes place when heat is removed.

When you leave a glass filled with cold water on the table, small droplets form on the outside. This is because there is water vapour in the air which cools down when it is near the cold glass. The water vapour in the air around the glass condenses as it changes from a gas to a liquid and forms the tiny droplets you can see.
We now know that substances react to temperature changes around them. But where do we use what we learned in everyday life? Let us look at how milk reacts to low temperature.

**Teacher’s Note**

The following activity can be done using the video to watch how ice cream is made. If you do not have access to watch the video, then follow the instructions to make the ice cream. The teacher can make the ice cream in the front of the class and then put it in a freezer at the school for the night.

**ACTIVITY:** Let’s make ice cream!

**MATERIALS (what you will need):**

- an electric blender
- 2 litre container with lid
• 3 ripe bananas
• 2 cups fresh cream
• 2 cups of milk
• 1 teaspoon of vanilla essence
• $\frac{1}{2}$ cup of sugar

INSTRUCTIONS:

1. Watch the videos on how ice cream is made. If you do not have access to watch the videos, do not worry! We are going to make it ourselves now.

2. To make the ice cream, cut up the 3 bananas into pieces.

3. Put the bananas into the electric beater.

4. Pour the fresh cream and the milk into the blender.

5. Add the vanilla essence

6. Add the sugar.

7. You can add any other flavours you may want into the ice cream, such as chocolate pieces or strawberries.

8. Plug the blender in and turn it on. Don’t forget to put the lid on!

9. Blend for about 1 minute.

10. Pour the mixture into a 2 litre container.

11. Place the lid on the container.

12. Place the container in the freezer for the night.

13. Enjoy your ice cream the next day!

QUESTIONS:

1. The ingredients were in different states (solid or liquid) before and after making the ice cream. Use the table below to record which state each ingredient was in before and after making the ice cream.
<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Before</th>
<th>After</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bananas</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fresh cream</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Milk</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vanilla essence</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sugar</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2. What do we call the process for when a liquid changes to a solid? *Solidifying.*

3. Which ingredients changed state during the process? *Cream, milk and vanilla essence*

Teacher’s Note

Teacher note: For the following activity, either do it as a demonstration or allow learners to work in groups. Make sure that you walk around the class and pay special attention to when the learners are working with the candle so that they do not burn themselves.

**ACTIVITY:** Melting and solidifying substances

**MATERIALS (What each group will need):**

- butter, fat or margarine
- chocolate or wax
- ice blocks or ice cream
- 3 containers which will not melt (they can be empty tins)
- 6 wooden pegs
• a candle
• matches

INSTRUCTIONS (What you have to do in your group):

1. In your groups, plan how you are going to melt and solidify the substances.
2. Look at the diagram below which shows how you can do this.
3. Be careful not to burn yourself when working with the candle! In your group, discuss the safety rules that you are going to apply.
4. Test each different substance that you have by placing it in the tin and holding it over the candle.
5. Then remove the tin from the candle and leave it on the side to cool.
6. Observe what happens to each substance and write down your observations in the table below.

Set up for the investigation.
OBSERVATIONS:

<table>
<thead>
<tr>
<th>Substance</th>
<th>Observation before heating</th>
<th>What happened after heating</th>
<th>What happened after cooling</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butter/margarine</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chocolate/wax</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ice blocks/ice cream</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

QUESTIONS:

1. What happened when the solids were heated by the candle?
   *They melted*

2. What happened to the substances when they cooled down again?
   *They solidified.*

3. Did the ice cream solidify again or did it remain a liquid?
   *No, ice cream should not have solidified again if it was not placed back in the freezer.*

Teacher's Note

Teacher note: Explain to children that the ice cream needs to be at a colder temperature than the butter or chocolate in order to solidify. This is because it has a different freezing temperature.

Teacher's Note

Reversibility is a difficult concept that even high school learners battle with. It is a process that can go in either direction depending on (in this case) whether energy is added or removed. But, energy is only done in term 3. So, at this stage it is only necessary for learners to know that the process can be turned around and one can explain that by saying heat is added and heat is removed. This should be in their frame of reference.
We have seen that solids that have melted can be solidified again. So the process can be reversed or turned around again by adding or removing heat.

Let’s revise what we have learned from the story of Mashadu and the activities. We have learned some new big words which may be quite confusing!

Here is a summary of the different state changes:

<table>
<thead>
<tr>
<th>Change of state</th>
<th>Heating or cooling?</th>
<th>We call the process</th>
</tr>
</thead>
<tbody>
<tr>
<td>Solid to a liquid</td>
<td>Heating</td>
<td>Melting</td>
</tr>
<tr>
<td>Liquid to a gas</td>
<td>Heating</td>
<td>Evaporating</td>
</tr>
<tr>
<td>Gas to a liquid</td>
<td>Cooling</td>
<td>Condensing</td>
</tr>
<tr>
<td>Liquid to a solid</td>
<td>Cooling</td>
<td>Freezing or solidifying</td>
</tr>
</tbody>
</table>

Teacher’s Note

Teacher note: Freezing is actually only a type of solidification and requires specific conditions, zero degrees Celsius.

Temperature

In the previous activity, you saw that you were able to melt and solidify different substances. But, some of these substances may have taken longer to melt than others. The ice cream probably melted very quickly, but the chocolate took longer.
We have discovered that some substances melt very easy, while others need to be heated a while. Each substance starts melting at a certain temperature. This is called its melting point of a substance. Temperature is measured in degrees celsius (°C) with an instrument called a thermometer.

**Teacher’s Note**

Note to teacher: Drawing graphs is a very important skill in science. This may be the first time that learners are learning about drawing graphs. You need to explain that graphs help to show information in a different way to plain text. They help to present a lot of data in an easy way to read. The next activity should be done as a class in a step by step way. Explain that the substance will go at the bottom (the x-axis) and the temperature will go on the left axis (y-axis). Possibly draw the graph on the board as a group activity and get the learners to copy it into their books. Choose an easy scale for the y-axis, such as 10.

**ACTIVITY:** Drawing a bar graph

**INSTRUCTIONS:**

1. The table below shows the melting temperature of different substances.
2. You must draw a graph to show this information using the space below. Your teacher will help you and guide you through the steps

<table>
<thead>
<tr>
<th>Substance</th>
<th>Melting point in degrees celsius (°C)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ice</td>
<td>0</td>
</tr>
<tr>
<td>chocolate</td>
<td>32</td>
</tr>
<tr>
<td>wax</td>
<td>62</td>
</tr>
</tbody>
</table>
QUESTIONS:

1. Look at your graph and decide which substance melts at the lowest temperature.
   Ice.

2. Which substance melts at the highest temperature?
   Wax

3. What is the name of the process when solid wax turns into a liquid?
   Melting.

4. What do you need to do to change liquid gas into a solid again?
   Cool it down.

5. What process is the reverse of melting?
   Solidifying.

1.3 The water cycle

People say the Earth is the blue planet, because much of its surface is covered in water and the land forms a small part.

Did you know that the amount of water on Earth now is about the same as when the dinosaurs lived on our planet. How is that possible?

The answer is that invisible water vapour in the air cools and condenses to form drops of water. The reverse process takes place when water evaporates. When the water evaporates, it can not be seen anymore as it has become a gas called water vapour. This process of water always changing from a liquid to a gas and back again is an ongoing process. It is called the water cycle and this is why the amount of water on Earth stays the same.
In a cycle, a set of events (things that happen) keep on repeating in the same order.

**What is the water cycle?**
The water cycle refers to how water changes from one state to another in a cycle. It takes place in our whole world.

Teacher’s Note
Get your learners to first discuss the picture below showing the water cycle before the facts are given.
Let's look at the stages in the water cycle:

- The Sun's heat causes water to evaporate from the seas, streams, rivers and lakes.
- The water vapour rises into the air.
- Higher up where the air is cooler, water vapour condenses into millions of water droplets which form cloud.
- When the water droplets in the clouds get bigger, some of the water falls as rain. The science word for this process is precipitation.
- In other clouds which become really cold, the water vapour freezes and forms snow. The snow falls down to the ground and melts.
- Some runoff water that falls to the ground flows down the rivers to the seas.
- And this water will evaporate again forming part of the water cycle.

Look at the image again which shows the water cycle. Use the picture to explain the water cycle to your partner and see if you understand all the processes.

Let's make a model to help explain the water cycle. Models are very important in science as they help to show an important process or concept in real life. A model is something we build to represent or explain what happens in real life.

Teacher’s Note

The following activity involves making a model of the water cycle. Models are very important in science as they help to demonstrate a concept or process. Explain to the learners that different parts of the model will represent actual things in real life. For example, the water in the bottom of the bottle will represent the ocean. At the end of the activity the learners will need to answer what each part of the model represents so make sure to give hints and suggestions as you are making the model. It would be best to do this as a group activity. Make sure that it is a hot day and that you leave the bottles in the sun for long enough that there is evaporation and condensation in the bottle. An idea is to leave the bottle outside whilst carrying on with the rest of the lesson.
ACTIVITY: Making a model of a water cycle

MATERIALS (What you will need):

- a big plastic bottle (for example a 2 litre coke bottle)
- water
- a brick

INSTRUCTIONS (What you have to do):

1. Put about a cup of water in a big plastic bottle and put the lid back on.
2. Rest the upper part of the bottle on a brick as shown in the diagram.
3. Leave the bottle in the sun for about 20 minutes.
4. Observe what happens and write down your observations.

QUESTIONS:

1. Which part of the model is like the sea?

   *The water in the bottom*
2. Which part is like rain falling?
   *The water condensing on the side of the bottle*

3. Which part is like the river flowing back to the sea?
   *The droplets running back down to the water along the side of the bottle.*

4. What do we call the process where water turns into a water vapour (a gas)?
   *Evaporation.*

5. Can you see how the water in the bottle is going through a cycle? Write down the cycle below.
   *Water as a liquid - evaporation - condensation - water as a liquid*

Now that we have seen a model of the water cycle, let's try drawing it.

**ACTIVITY:** Drawing the water cycle

**INSTRUCTIONS:**

1. Complete the water cycle by filling in the missing words in the spaces given.
2. Use the water cycle to explain in your own words how rain is formed. Write your answer below.

**KEY CONCEPTS**

- Matter is everything around us
- Materials are matter used to make something
- Solids are matter that has a fixed shape
- Liquids are matter that runs or flows, can be poured, takes the shape of the container
- Gases are mostly invisible, takes the shape of the container and spreads out / flows in space
- A change of state is brought about by heating and cooling matter
- Adding heat to matter causes solids to change to liquids and liquids to change to gases
- Removing heat from matter causes gases to change to liquids and liquids to change to solids
- Water evaporates, condenses, freezes and melts in the water cycle

**REVISION:**

1. List the three states of matter.  
   *Solid, liquid, gas*

2. Describe what happens to solid ice when it is heated.  
   *The temperature rises causing the solid to melt.*

3. Below are the definitions of each of the three states of matter. They are placed in the wrong order. Match the right letter to the number and draw a line from one to the next.
1. Has a definite shape and takes up a definite space on the surface
   - A. Liquid

2. Has no definite shape and spreads in the space
   - B. Solid

3. Has no definite shape and takes the shape of a container
   - C. Gas

Answers:
1: B. Solid
2: C. Gas
3: A: Liquid

4. What will happen to the water in a saucer if we leave it in the sun for four hours on a very hot day?
   - It will evaporate.

5. Explain why water droplets form on the outside of a cold cool drink can?
   - The water vapour in the air touches the side of the cold cool drink and also cools down. This causes it to condense on the side of the can and form water droplets.

6. A block of ice, a brick, and a marshmallow are left in the sun next to each other on a hot day. Discuss what changes you would observe in the objects after three hours.
   - The block of ice will melt and become a liquid very quickly.
   - The brick will warm up but will not melt. The marshmallow will probably begin to melt, but not as quickly as the ice.

7. What is the reverse of freezing?
   - Melting

8. Do you think ice or chocolate will melt quicker if they are both left outside in the sun on a hot day?
   - Ice
In the previous chapter, we looked at materials all around us and how they can be either a solid, a liquid or a gas. Now we are going to look more closely at solid materials.

### 2.1 Solid materials all around us

Almost everything around us is made of materials. The shoes you wear, the pen you write with, the glass you drink out of, cellphones, a soccer ball, all your toys, the chair you sit on are all made of materials.

**ACTIVITY:** Investigating materials that objects are made from
INSTRUCTIONS:

1. Study the object above and answer the questions that follow.

QUESTIONS:

1. What is this object called and what is it used for?
   
   A pencil bag is used for keeping your stationery in.

2. What material is the object made of?
   
   Fabric

3. Do you think this is a good material for this object? Give a reason for your answer.

   Learner dependent answer - check their ability to provide a viable reason to justify their answer.

4. Can you suggest another type of material that can be used to make this object? Do you think this material will work better? Give a reason for your answer.

   Learner dependent answer - a possible material to make it from is plastic, which might be stronger for example.

5. The object has a zip. What is the function of the zip?

   To open and close the bag

6. What material is the zip made from? Do you think this is a good choice of material? Give a reason for your answer.

   The zip is made of metal. It is a good choice of material as metal is strong and will not break when you are constantly opening and closing the zip. Assess what the learners says and if they provide any other reasons.
In the previous activity, you should have learnt that:

- We use materials to make useful objects.
- We choose materials for a specific purpose when we make the object.

In the next section we are going to see how some materials are used to make new objects. We are also going to look at why some materials are better to use for making certain objects.

### 2.2 Raw and manufactured materials

Every day we use different products made from different materials. The chair you are sitting on is made of a material called wood or plastic. Wood is from a tree. Wood comes from a natural resource. It can be used as a raw material by humans to make furniture.

**What does raw and manufactured mean?**

Where have you heard the word “raw” before? Perhaps it was when someone was talking about your food and they said the meat or vegetables were still raw as they had not been cooked yet. When we talk about raw food, it means the food has not been processed by cooking. When we process something we do something to it to turn it into something else with different properties.

We can also talk about raw materials. This is when the material is in its natural state. It has not been processed yet. We find raw materials in the environment around us, such as the trees in a forest, or coal and oil underground. But, when this raw material has been processed, meaning humans have changed it, then we call it a manufactured material.

Examples of a raw materials are wood and plant fibre. Once wood and fibre have been processed, humans make it into paper. Paper is a manufactured material.
Wood is a raw material. Paper is a manufactured material made from wood and plant fibre.

QUESTIONS

Sheep are farmed for their wool. Wool is a raw material, but it is processed to make a manufactured material. What things are made from wool?

Fabric, jerseys, scarves, socks, beanies, gloves, etc

Raw materials in our environment are used to make other materials which are very useful. Let's look at some.

Examples of raw materials used to make other materials

• Animal skin is a raw material and is processed into leather to make shoes, handbags and belts.
• Animal wool is used to make clothes, such as jerseys and scarves
• Sand is a natural, raw material. Sand is heated to extremely high temperatures and melted to make glass.
• Clay is moulded and burned to make ceramics, such as teacups, teapots and vases.
• Coal and oil are used to make plastics, paints and fabrics.
• Wood and plant fibres are used to make paper.
Look at the pictures in the following activity which show the raw material and the manufactured material that is made from each. Raw and manufactured materials have different properties.

**ACTIVITY:** Describing the properties of raw and manufactured materials

**Teacher’s Note**

Teacher note: Photos are provided but it would be best if you could bring some of the actual materials into class, such as wet clay and a fired pot.

**INSTRUCTIONS:**

1. Below are some of pictures of the raw material and the manufactured product that is made from the raw material.

2. Study these pictures and compare the properties of the raw material and then the manufactured material after it has been processed.

<table>
<thead>
<tr>
<th>Animal skin (hide) is used to make leather.</th>
<th>Boots made from leather.</th>
</tr>
</thead>
</table>

**Describe the properties of the cow hide:**

**Describe the properties of the leather:**
Wool from sheep is used to make clothes.

Wool is spun to make strings and dyed to make it colourful and will be made into clothes by knitting.

<table>
<thead>
<tr>
<th>Describe the properties of the sheep wool:</th>
<th>Describe the properties of the processed wool:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clay being moulded into a pot. ²</td>
<td>A pot made from clay which has been painted</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Describe the properties of the clay:</th>
<th>Describe the properties of the ceramic pot:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sand is used to make glass. ³</td>
<td>Glass is made from 70% sand which has been heated to very high temperatures.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Describe the properties of the sand:</th>
<th>Describe the properties of the glass:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
We know that materials are used to make different objects. You have now learned that some materials are called raw or natural materials and some are called manufactured or man-made materials. We can group matter according to how it is used. This grouping of matter is called classifying.

**ACTIVITY:** Classifying materials into raw or manufactured

**INSTRUCTIONS:**

1. Look at the pictures in the table below. How can we tell whether something is a raw or manufactured material?

2. Classify the objects into one of the groups, raw or manufactured material, by placing a tick in the right column.

<table>
<thead>
<tr>
<th>Object</th>
<th>Raw material</th>
<th>Manufactured material</th>
</tr>
</thead>
<tbody>
<tr>
<td>Watermelon</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Glass</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>Feathers</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>Material</td>
<td>Description</td>
<td></td>
</tr>
<tr>
<td>-------------------</td>
<td>-----------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>Coins</td>
<td>![Image of coins]</td>
<td></td>
</tr>
<tr>
<td>Diamond</td>
<td>✓ (tricky as this diamond has been polished and cut to look like this, but diamond does occur naturally)</td>
<td></td>
</tr>
<tr>
<td>Pot made of clay</td>
<td>![Image of clay pot]</td>
<td></td>
</tr>
<tr>
<td>Plastic bag</td>
<td>![Image of plastic bag]</td>
<td></td>
</tr>
</tbody>
</table>
The paper story

**Teacher’s Note**

Introduce the topic by highlighting the role paper plays in everyday life. Let the learners list objects made of paper. How do they feel about framed photos of loved ones? Ask them where paper comes from. Let them read the story below and then answer the questions.

Can you imagine a world without paper? There would be no books, newspapers, magazines or even a sheet of music when you want to play piano. No paper means no more paper food labels or paper packaging. Not even toilet paper or kitchen wipes.

*Books are made from paper.*

*Toilet paper is made from paper.*
Paper is a very important material in our lives today. Let's find out how paper is made.

Paper is made from the wood and plant fibre from trees growing in plantations all over the world.

**QUESTIONS**

1. What raw material is used to make paper?

   Plant fibre.

**Teacher’s Note**

You can supplement the following activity with other resources from paper mills such as Sappi and Mondi which will have brochures for children about the papermaking process.

**A field trip with the Thunderbolt Kids!**

The Thunderbolt Kids had just been learning about paper in their class. Tom wanted to know more about how plant fibres from trees are actually made into paper. So, the Thunderbolt Kids decided to visit a paper mill to learn more about the life cycle of making paper.

They were each given a diagram to help explain the papermaking process. You have also been given a copy of the diagram. The
processes that take place at each stage were explained to the Thunderbolt Kids at the mill and Tom wrote down his notes. You will see his notes below for each stage - make sure you read these too!

Teacher’s Note

Learners generally struggle with a flow diagram - the concept that one thing happens after the other. Teachers really need to explain this concept carefully and show learners that a flow diagram lays out all the steps in a process in the order that they happen in. Perhaps first just get learners to look at the flow diagram whilst you go through the accompanying notes, and then they can read the notes themselves and match each note to the picture it is describing.
Tom's Notes:

1. **Plantation**
   - Trees are planted in well-managed forests. These are called plantations.
   - The trees are allowed to grow for several years before being cut down.
   - The main types of trees used to make paper are the Eucalyptus (gum trees) and Pine trees.

2. **Harvest**
   - Once the trees reach a certain height they are cut down. This is called harvest.
   - The logs are cut into smaller pieces so that they can be transported

3. **Transport**
   - The logs are all loaded onto big trucks and transported to the mills

4. **Pulp mill**
   - The logs are first debarked, meaning all the bark is taken off, and then chopped up into smaller pieces, called chips
   - The chips are mixed with water and other chemicals to make a soft pulp
   - Pulp consists of wood fibres and water

5. **Paper mill**
   - The pulp then flows to the paper mill
   - At this mill the pulp is washed, bleached and cleaned before the paper is made.
   - The pulp is pressed and dried and then rolled or cut into sheets of paper.

6. **Printers**
   - The paper is transported to other buyers and printers in big rolls
   - These printers make the paper into other products such as books, magazines and newspapers
7. **People**
   - The finished products are transported to shops where people buy the products
   - When people are finished using the paper products, such as reading a newspaper, they throw it away in the dustbin or recycle it.

8. **Paper sorting**
   - All the rubbish paper is collected after it has been thrown away and it is sorted
   - Some paper can be recycled, but some cannot, so the paper is sorted into two different groups

9. **Recycling**
   - Used paper can be collected and used again. This is called recycling.
   - The paper that can be recycled is converted into other products
   - Or it is made into recycled fibre which can then be used at the paper mill again

10. **Landfill**
    - Paper which cannot be recycled is taken to the landfill sites where it is dumped
    - Landfill sites have a negative impact on the environment, so it is best to try hard to reduce the amount of waste which ends up at landfill sites by recycling

After the field trip, Sophie was really interested in how she could set up recycling at their school to help reduce their impact on the environment. Farrah showed her arty side when she made some earrings and a cover for her notebook from recycled paper. Jojo was just happy that he had his favourite sports magazine to read, which is made from paper. And Tom was really happy that he got to learn more about the papermaking process.

**ACTIVITY:** The Papermaking Process

**INSTRUCTIONS:**

1. Read through the diagram again that the Thunderbolt Kids were given at the paper mill and the notes that Tom wrote down.
2. Answer the questions below.

**QUESTIONS:**

1. What are some of the final products that paper can be made into?
   - *Books, newspapers, magazines, billboards, toilet paper*

2. What species of trees are mostly used to make paper?
   - *Eucalyptus (gum trees) and Pine trees*

3. What is pulp made of?
   - *Plant fibre and water*

4. What does “debarked” mean?
   - *It means the bark is removed from the logs.*

5. What is a landfill site?
   - *It is where the rubbish is dumped in big areas.*

6. Arrange the processes in the process of papermaking in the correct way.
   - A. Chips go into the pulp mill.
   - B. Wood logs are transported by trucks
   - C. Pulp flows to the paper mill.
   - D. Paper is transported to buyers who make other paper products.
   - E. The pressed and dried pulp is rolled or cut into sheets as paper.
   - F. Wood is harvested from trees growing in a plantation.
   - G. Pulp is washed, bleached and cleaned and dried.
   - **Answer: F, B, A, C, G, E, D**

7. Talk to a partner about the section of the papermaking process that interested you most. Explain why you find it interesting.
   - *Learner dependent answer*

8. Do you think many people work in the papermaking industry? Explain your answer.
   - *Many people are employed. There are job opportunities for workers in the forests at the paper mills to transporting products etc.*
9. Do you think the papermaking process is a long or a short process. Give a reason for your answer.

It is a long process as there are many steps involved which all take time, especially the growing of the plantations as the trees take several years to grow to the right height.

10. Name 2 of the major papermaking companies in South Africa that you know of.

Sappi and Mondi

We mentioned recycling as a part of the papermaking process. Recycling is a very important process as it allows us to reduce our waste and use things over again. Not only paper can be recycled. You can also recycle glass, tin and plastic.

Bins for recycling. Watch out for these types of bins in your area!

QUESTIONS

1. Is there a paper recycling project in your school or environment?

Yes/no

2. Why do you think we need to recycle paper?
Energy is saved to make new paper products when using recycled paper. Reduce the waste at the landfill sites which have a big environmental impact and destroy natural habitats.

2.3 Properties of materials

Raw and manufactured materials have specific properties. We already looked at some of the properties of raw and manufactured materials by describing them. The properties of a material help determine how it is used. For example, plastic is waterproof so some rain jackets are made of plastic to keep the rain off and keep you dry. A rain jacket made from wool or fibre would not be waterproof and you would be soaked! This is because the wool is an absorbent material (it absorbs water).

Hard or soft?

A material is described as hard when you cannot scratch it, you cannot cut it and you cannot dent it. Hardness measures how difficult or easy it is to change the shape of the material, either by denting, cutting or scratching it. A diamond is an example of a hard material as diamond cannot be scratched by other objects. In fact, diamond is so hard it is used on drill bits to drill through rocks and many other materials.

A diamond is a very hard material.

The opposite of hard is soft! Think of the wet, raw clay from the previous chapter. This clay is soft and can therefore be moulded into a new shape.
**ACTIVITY:** Exploring the hardness of materials

**MATERIALS:**

- a sharp steel nail
- a wax candle
- a metal coin
- a plastic spoon or wooden pencil

**INSTRUCTIONS:**

1. First make a prediction about whether you think you can scratch or dent the object. Fill your predictions in the table.

2. Scrape the point of the steel nail across the surface of the wax, the metal and the plastic.

3. Fill in your observations in the table below.

4. Try to indent (make a hollow in) each of the objects by pushing the point of the steel nail into each of the objects.

5. Fill in your observations in the table below.
### Questions:

1. Which of the three materials is the hardest?
   - **Metal coin**
2. Which of the three materials is the softest?
   - **Wax candle**

### Tough or fragile?

A material is **tough** if it is hard to break. Kevlar is used to make bullet proof vests. This material will not let bullets go through.

![Kevlar bulletproof vest](image)

*Kevlar is an example of a tough material.*

If you hit a metal coin with a hammer, there will be no or little damage. If you hit a piece of chalk with a hammer it will break into pieces. The metal coin is tough compared to the chalk. The chalk is very fragile.
**Toughness** measures how much energy is needed to break a material. We will test some everyday materials to decide which material is the toughest.

**INVESTIGATION:** How tough are some materials?

**Teacher’s Note**

You could use this science investigation to answer the question that you write on the board, learners then come up with a hypothesis, and you then present them with the apparatus and they try come up with the method themselves to test their hypothesis. Do not work from the workbooks. Then once learners have had a chance to design their own investigation, you can come back to the workbook.

**AIM:** To investigate how tough different materials are.

**APPARATUS (Each group will need)**

- 1 container with a wide round opening (eg. large jam tin, yoghurt container)
- 1 square sheet (20 cm by 20 cm) of each of the following materials:
  - newspaper
  - photocopy paper
  - tin foil
  - wax paper
  - plastic wrap
- 2 thick elastic bands to fit around the container
- a meter stick or tape measure
- a metal teaspoon

**METHOD (Each group will have to):**

1. Choose a material to test
2. Place the material over the top of the container and hold the material in place using the elastic band. Make sure that the material is flat and secure.

3. Hold the covered container next to the meter stick.

4. Hold the teaspoon by the handle 10 cm above the top of the container.

5. Drop the teaspoon straight down onto the material.

6. Record your observations in the table below (Did the material dent, tear?)

7. If the material did not break, repeat the experiment by dropping the teaspoon from 20 cm above the material. Record your observations.

8. Keep increasing the height from which you drop the teaspoon by 10 cm until the material breaks.

9. Remove the broken material and replace with a different material.

10. Repeat the experiment.

RESULTS AND OBSERVATIONS:

Record your measurements and observation in the table:

<table>
<thead>
<tr>
<th>Material</th>
<th>Final drop height (cm)</th>
<th>Observations</th>
</tr>
</thead>
<tbody>
<tr>
<td>newspaper</td>
<td></td>
<td></td>
</tr>
<tr>
<td>photocopy paper</td>
<td></td>
<td></td>
</tr>
<tr>
<td>tinfoil</td>
<td></td>
<td></td>
</tr>
<tr>
<td>wax paper</td>
<td></td>
<td></td>
</tr>
<tr>
<td>plastic wrap</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
CONCLUSION (What you learnt):

The energy of the teaspoon when it hits the material depends on the height from which you dropped the teaspoon. The greater the height the greater the energy. The toughest material only broke with the teaspoon with the greatest energy.

1. Which material broke first and which material broke last?
2. Which material needed the least amount of energy to break?
3. Which material took in (absorbed) the most energy before breaking?
4. Which material was the toughest?

Teacher’s Note
Energy will only be dealt with in Term 3, and these questions require learners to connect height when it breaks with energy. But this can be picked up again next term and provides a nice extension.

Stiff or flexible?

Stiffness and flexibility are ways of describing how an object behaves when a force is applied to it. A stiff material will not bend when you apply a force (push on it). But a flexible material will bend. When builders choose materials for building structures, sometimes they need flexible materials and other times they need stiff materials.

QUESTIONS

Fill in the table with your ideas of stiff or flexible materials and where they could be used. Look around your classroom or home and find 3 more materials which you must add in the empty lines and also classify.
### Case study: The flexibility of rulers

The Thunderbolt kids use rulers a lot in class. Their teacher likes them to use rulers to draw straight lines so that their work is neat. Tom needed a ruler as his was broken. Tom noticed that his was broken and so was Farrah’s, but Sophie’s and Jojo’s rulers were not broken. Tom also observed that each of them had rulers made of different materials, either wood, plastic or metal. Tom thought that maybe the type of material that the ruler was made of might influence whether it would break or not. Tom asked his teacher if the material of the ruler made a difference to whether the ruler would break or not. Their teacher suggested that the whole class do an experiment to test the flexibility of the different rulers by doing a science investigation. Science investigations are used to answer questions!

#### Teacher’s Note

When doing science investigations it is **VERY IMPORTANT** to not simply state the steps in the scientific method as learners will then just want to memorize the steps. Also, asking learners in a test to simply write down the steps in the scientific method does not add to their understanding of why we need them. They are simply recalling. Understanding why each step is needed and the logic of the steps comes with time and more practice.

<table>
<thead>
<tr>
<th>Material</th>
<th>Stiff or flexible</th>
<th>Where would material be useful?</th>
</tr>
</thead>
<tbody>
<tr>
<td>rubber</td>
<td></td>
<td></td>
</tr>
<tr>
<td>glass</td>
<td></td>
<td></td>
</tr>
<tr>
<td>wood</td>
<td></td>
<td></td>
</tr>
<tr>
<td>plastic material</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Teacher’s Note

What we want learners to be able to do is ASK TESTABLE QUESTIONS, HYPOTHESISE and then DESIGN and CONDUCT EXPERIMENTS to test their hypotheses and thereby answer the question. The following questions will help learners come up with the question, hypothesis and prediction for the ruler investigation. You need not only use investigations which are outlined in these books, but actually TEACH learners how to go about doing an investigation. The procedures outlined in these workbooks will help, but rather do not use the book to follow a step by step procedure. Use it to guide your teaching in class while the learners’ books are packed away and the learners have to come up with their own design and see how they can best conduct the experiment using the apparatus available.

Refer to the books later to consolidate the investigation and record results. Each time you teach a different investigation you can also focus on a different aspect, such as asking the right investigative question, OR formulating an hypothesis, OR learning what variables are, OR representing data. Each of these skills will be emphasized in different ways in the different investigations, but only choose ONE to focus on at a time. This also will not all take place in one year, but the skills will be built up gradually over the years at school.

QUESTIONS

1. What did Tom observe?
   Most learners had broken rulers.

2. What was the question he wanted to answer?
   Which ruler is most flexible, a ruler made of wood, plastic or metal?

3. Why did the class do the experiment? This is the aim of the experiment.
   To find out which ruler is most flexible.

4. What do you think the answer is to the question in number 2?
   Dependent on learner.
INVESTIGATION: Which material is the most flexible for a ruler?

Teacher’s Note

It is probably best to test the experiment yourself first to see if the 500g mass is sufficient to cause the rulers to bend. If not, you might need a bigger or smaller mass. Also, if you do not have a clamp, an alternative could be to rest a very heavy object on the end of the rulers such as some books or a pot plant.

APPARATUS (What you will need):

• 30 cm plastic ruler
• 30 cm wooden ruler
• 30 cm metal ruler
• 500 g mass
• string
• clamp

METHOD (What you have to do):

1. Set up the apparatus as shown. The ruler must be clamped on to the end of a table.

2. Measure how far the mass pulls the end of the ruler down and record the distance in the given table.

3. Clamp the next ruler in exactly the same position and measure how far the mass pulls the end of the ruler down.

4. Repeat with the last ruler.
RESULTS (recording what you observed and found out):

<table>
<thead>
<tr>
<th>Type of Ruler</th>
<th>Distance moved down by the end (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>a.</td>
<td></td>
</tr>
<tr>
<td>b.</td>
<td></td>
</tr>
<tr>
<td>c.</td>
<td></td>
</tr>
</tbody>
</table>

1. Which type of ruler allowed the mass to move the furthest?
2. Which type of ruler allowed the mass to move the least distance?
3. If the mass is able to move down, then it means the ruler has to bend. We have said that the measure of how much something can bend is its flexibility. Which ruler do you think is the most flexible and why?

CONCLUSION (what you learned from the results):

What did you learn from this investigation? Provide an answer to your original question.

From your own conclusion, explain to Tom how you decided which ruler is most flexible.
The class was so excited after doing the experiment to advise Tom which ruler to buy, that they suggested doing another experiment to test how the most flexible ruler behaves when different masses are hung on to one end of it.

**Teacher’s Note**

The next investigation follows on from the previous one. This shows how when you conduct a science investigation, more questions can come from it which you can then attempt to answer again with another science investigation. If time does not permit you to do this investigation as well you could leave it out, or possibly rather have a class discussion about how to design an experiment to answer this next question of how flexible one ruler is. However, this next investigation provides an opportunity to plot a graph so the focus of this investigation is to teach learners how to draw graphs.

**INVESTIGATION:** Investigating the flexibility of a ruler

**APPARATUS (What you will need):**

- 30 cm flexible ruler
- clamp
- string
- any ruler
- six (6) 100 g mass pieces
- graph paper

**METHOD (What we have to do):**

- Use the most flexible ruler and set up the apparatus as in the previous experiment.
- Hang a 100 g mass piece on the end of the ruler. Use any other ruler to measure how far the end drops down. Record the distance dropped from the start in the table.
• Add another 100 g mass piece and the procedures and record the total distance the end drops down.

• Repeat step 3 until 600 g are hanging from the end of the ruler.

**RESULTS (what you observed):**

<table>
<thead>
<tr>
<th>Mass (g)</th>
<th>Distance dropped from start (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>100</td>
<td></td>
</tr>
<tr>
<td>200</td>
<td></td>
</tr>
<tr>
<td>300</td>
<td></td>
</tr>
<tr>
<td>400</td>
<td></td>
</tr>
<tr>
<td>500</td>
<td></td>
</tr>
<tr>
<td>600</td>
<td></td>
</tr>
</tbody>
</table>

Use the results from your table to plot points on graph paper. We decided to change the mass hanging to the end of the ruler. With each mass the distance dropped changed. When plotting a graph the quantity we chose to change, in this experiment the mass, is plotted on the x-axis.

• Draw the x-axis, label it and choose the scale.
• Draw the y-axis, label it and choose the scale.
• Give your graph a heading.
• Draw a line graph using your plotted points to guide you.

**Teacher’s Note**

Do not join the plotted points with a ruler. A smooth line drawn freehand through all the points is important.
CONCLUSION (what you learned):

1. Which mass piece made the ruler bend the most?
   *The heaviest*

2. Which mass piece made the ruler bend the least?
   *The lightest*

3. What can you conclude about the distance the ruler moves (bends) and the mass that is hung from the end?
   *The heavier the mass the more the ruler will bend.*

Teacher’s Note

Further activities to investigate the properties of solid materials, such as light or heavy and waterproof or absorbent is to bring some of these materials to school and let learners experiment with them in class. For example, bring some polystyrene balls and some marbles and some metal ball bearings which are all roughly the same size. Let learners hold and play with them to see how they are very different in their weight although they may be similar sizes. You can put a bowl of water in front of the class and ask learners which balls they think will float and which will sink and then do the demonstration. (The polystyrene balls should float and the other two will sink). To investigate waterproof and absorbent, bring some sheets of these different materials to class, such as a dish cloth, a scarf, a piece of plastic (black bag or shopping bag), a piece of canvas, a piece of waterproof material to make jackets (if possible). Set up a demonstration in front of the class again and ask learners whether they think the piece of material will let a cup of water run through it (or if it will be able to soak up or dry some water on a saucer. Once they have answered you, do the demonstration to see if they are correct. You could get two learners to hold the piece of the material so that it makes a kind of cup or container and then you pour the water in. The rest of the class watches to see if any water comes out of the bottom and how much or how quickly. These kinds of activities will reinforce the idea of first asking a question, making a prediction and then testing it to see if your prediction was correct.
Extension: Strength in tension

Some situations require that materials be strong in compression (be able to withstand pushing forces) and other situations where materials need to be strong in tension (be able to withstand pulling forces).

The vertical (upright) steel poles of the water tower that are supporting a great weight have to be strong in compression in order to hold up the weight of the water tank.

The rope supporting the bungee jumper needs to be strong in tension to ensure that the rope does not break and that the jumper survives his experience.
**ACTIVITY:** Identifying materials that are strong in tension

**INSTRUCTIONS:**

1. In each of the following scenes, identify the material that is strong in tension (pulling forces).

<table>
<thead>
<tr>
<th>Scene</th>
<th>Material that is strong in tension</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. A person carrying a plastic shopping bag full of groceries</td>
<td>plastic</td>
</tr>
<tr>
<td>2. A gymnast on a beam</td>
<td>wood or metal</td>
</tr>
</tbody>
</table>
When deciding which material to use, it is important to consider the type of material, the size of the material, the shape of the material and the forces the material will experience.

### 2.4 Different materials for the same object

The *use* of the object determines the type of material it should be made of. Imagine a bicycle with wooden wheels. Do you think the wheels will turn and work as well as steel and rubber? Materials are chosen and used for the *properties* they have.
**ACTIVITY:** Identifying different materials

**INSTRUCTIONS:**

1. Look at the pictures of different chairs below. Even chairs can be made from many different materials (plastic, wood, metal, canvas, etc) or a mixture of more than one material.

2. Identify the types of materials that each chair is made from.

3. Write down where that material comes from.

<table>
<thead>
<tr>
<th>Chair</th>
<th>Main materials used</th>
<th>Where the material comes from</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>Wood</td>
<td>From trees</td>
</tr>
<tr>
<td>17</td>
<td>Fabric</td>
<td>From cotton and wool</td>
</tr>
<tr>
<td>18</td>
<td>Plastic</td>
<td>From coal and oil</td>
</tr>
<tr>
<td>19</td>
<td>Metal</td>
<td>From metal which has been mined and processed</td>
</tr>
</tbody>
</table>
Similar objects such as balls used in sport, can be made from very different materials, depending on what the object is used for. Let's have a look in the next activity.

**Teacher’s Note**

For the following activity, photos are supplied of the two balls, but it would be ideal for learners to touch and feel each ball. So, if you can obtain some of these balls, then bring them to your class. The underlying skill of this activity is to describe what you see, in other words, making observations and being able to write them down.

**ACTIVITY:** Linking different materials with the purpose of the object

**INSTRUCTIONS:**

1. Work with a partner to complete the activity below
2. Study the pictures of the balls and then answer the questions.
3. If you have some of these balls, study each one by rubbing it, pressing it and feeling the texture.
Questions:

1. What sports are these ball used for?
   A: Tennis, B: Cricket

2. Each ball is made from a different material. What are these materials?
   A: Tennis ball is hollow made from a layer of rubber on the inside and surrounding it is a softer felt-like material.
   B: The cricket ball has a solid cork centre surrounded by hard leather and stitched with string.

3. Observe and then describe the properties of the material which is used in each ball.
   Tennis ball - soft, “furry”/rough, can dent it (the rubber is flexible), light. Cricket ball - hard, heavier, smooth, shiny.

4. Why do you think the material was chosen for each ball?
   The tennis ball needs to be soft and to be able to bounce as it is hit across the tennis court. So the materials help it to do this. The red cricket ball is harder. The leather is smooth and hard and helps the ball to go fast and be hit far.

Key Concepts

- Raw materials are those which have not been processed and they come directly from natural products.
- Manufactured materials have been made from raw materials.
• Raw and manufactured materials have specific properties
• If a material is hard, it is strong and tough to scratch or break
• If a material is stiff, it is firm and does not bend easily. Stiff is the opposite to flexible.
• Other properties to describe materials are: strong, weak, light, heavy, waterproof and absorbent

REVISION:

1. Match the columns below with the raw material and the manufactured material that it is made into:

<table>
<thead>
<tr>
<th>Raw material</th>
<th>Manufactured material</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Sand</td>
<td>A. Ceramics</td>
</tr>
<tr>
<td>2. Clay</td>
<td>B. Leather</td>
</tr>
<tr>
<td>3. Coal and oil</td>
<td>C. Glass</td>
</tr>
<tr>
<td>4. Animal wool</td>
<td>D. Paper</td>
</tr>
<tr>
<td>5. Wood and plant fibre</td>
<td>E. Plastic</td>
</tr>
<tr>
<td>6. Animal hide</td>
<td>F. Fabric</td>
</tr>
</tbody>
</table>

1: C  
2: A  
3: E  
4: F  
5: D  
6: B

2. What is the term used for a material which is not flexible?  
Stiff

3. What is the term used for a material which is not waterproof?  
Absorbent
4. Choose three materials that you would use to build a chicken run. State at least two properties of each material and how those properties would help in making your chicken run to be safe from animals and weather elements. Use the space below to draw a table for your answers.

<table>
<thead>
<tr>
<th>Materials</th>
<th>Properties</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wire mesh</td>
<td>Flexibility, Toughness</td>
</tr>
<tr>
<td>Wooden poles</td>
<td>Stiffness, Strength in tension</td>
</tr>
<tr>
<td>Zinc roof metal-sheets</td>
<td>Hardness, Toughness</td>
</tr>
</tbody>
</table>
3 Strengthening materials

KEY QUESTIONS

- Which shape of pillar is the strongest?
- Which ways are used to strengthen materials used in buildings?
- What is the purpose of folding, tubing etc. in the building structures?
- How can triangles strengthen structures?
- Where in everyday life do we find examples of folding, tubing and braces?
- What is a strut and where is it used?

3.1 Ways to strengthen materials

There are different ways to strengthen materials to make a stronger structure. We can do this by changing the shape of the material. You may think that the shape may not make that much of a difference, but let's have a look.

Which shape is stronger?

ACTIVITY: Explore different ways to strengthen paper

MATERIALS:

- Up to 5 sheets of A4 paper for each group
- Pieces of sticky tape
- A number of identical or similar size books for each group

INSTRUCTIONS:

1. In groups of 4, investigate different ways of using your paper sheets to balance a book.
2. Look at the pictures below for some ideas.

3. Use a piece of sticky tape if you need it.

4. How many different ways can you find of balancing a book more than 10 cm above the desk or floor, using only 1 sheet of A4 paper? You can try this on your own or in a small group.

5. Once you think that you have found all the ways you can do it, choose a member of your group to report back to the rest of the class on the ways that you have found.

6. With your teacher’s help, show each different method side-by-side on a table or on the floor at the front of the class.

Teacher’s Note

This can be done numerous ways, by rolling the paper into a tube and balancing the book on top of the tube, or by folding the sheet of paper into various shapes with different cross-sections. Allow the children to explore and grapple with it, and when they report back, display an example of each different method at the front of the class.
QUESTIONS:

1. Could you balance a book on just a single flat piece of paper?
   
   No

2. Which shape of piece of paper is the strongest? Why do you think so?
   
   The investigation should show that the strongest shape that the paper can be folded or rolled into to support a weight would be a round tube.

What did we learn from doing this activity? Materials can be made stronger by changing their shape. An example is rolling the paper into pillars. Pillars can be circular, triangular or square. Which one do you think is the strongest?

Tom has a pile of books next to his bed at home. He wants to make a stand for these books so that his room looks a bit neater. He thought about making a stand using materials he can easily get hold of, such as paper. His idea is to make 4 pillars and then place a cardboard sheet on top on which to place his books. But, Tom does not know which type of pillar would be the strongest - triangular, circular, or square.

Let’s help Tom and do an investigation to find out which shape of pillar is the strongest for him to make a book stand.

Teacher’s Note

For this investigation the class can divided into three groups. Each group folds the paper to form a different shaped pillar.

Group 1: Circular pillars

Group 2: Triangular pillars

Group 3: Square pillars.

Each group will investigate only the strength of their pillar.

The conclusion will be made when the results of all groups are put together.
To make the investigation a fair test, each group must use the same:

- size and type of paper
- identical books
- platform
- amount of sticky tape

Explain this to the learners while doing the experiment - it would not be a fair test if each group used different paper and different weights of books. In the experimental design stage, encourage learners to ask questions such as "How will we know it is strong?”, "What should we do to check it is strong?”, etc. This will help learners to see that by placing books on top with increasing weight, you can test how strong the pillars are. Do not give them these answers outright, rather ask them the questions first and encourage them to think.

**INVESTIGATION:** Which pillar is the strongest?

**AIM (what you want to find out):**

Write down what you think the aim is for the experiment.

*To investigate which type of pillar is the strongest: a triangular, circular, or square.*

**APPARATUS:**

- 4 sheets of A4 paper
- scissors
- sticky tape
- a piece of cardboard to form a platform as the lid of a box
- a number of the same type and size of books
METHOD:

1. Each group will make and test a different pillar, either circular, triangular or square. Look at the image below to see how to make the different shaped pillars.

![Triangular, round and square paper pillars.](image1)

2. In your group, make 4 of the same pillars out of the 4 sheets of paper (one sheet per pillar).

3. You can use sticky tape if needed. Check the amount with other groups so that you all use the same amount, otherwise it would not be a fair test.

4. Put a platform of cardboard on the folded pillars as in the picture below.

![A platform for the books using 4 circular paper pillars](image2)
5. Now go round to each group as a class and test the structures.

6. Add books (one-by-one) onto the platform. Use the same books for each group and place the books on in the same order each time.

7. Record the number of books that each structure can hold before collapsing on the table below.

RESULTS:

<table>
<thead>
<tr>
<th>Groups</th>
<th>Number of books</th>
</tr>
</thead>
<tbody>
<tr>
<td>Circular pillars</td>
<td></td>
</tr>
<tr>
<td>Triangular pillars</td>
<td></td>
</tr>
<tr>
<td>Square pillars</td>
<td></td>
</tr>
</tbody>
</table>

Now draw a bar graph of your results. A bar graph is used to represent your results in a different way. Your teacher will guide you through the process.

Teacher’s Note

Teacher note: On x-axis: three types of support. Circular, triangular and square

On y-axis: number of books

Heading: The graph shows the number of books supported by pillars of different shapes

CONCLUSION:

What is your conclusion from this experiment? Which shape of pillar is the strongest?

QUESTIONS:

1. Which shape pillar would you tell Tom to use for his book stand?
   
   *Dependent on experiment. It should however be the round pillar.*
2. How did all the groups make sure that the experiment is a fair test? In other words what did you, the learners in your class, make sure was the same in all the groups?

The type of paper used, the number of columns (4), the type and size of cardboard for the platform, the number and size of the books, the amount of selotape used were all the same for each group.

**Tubing and Folding**

Materials are strengthened by shaping them into a tube (tubing).

Tubing is often used to make frames and for supporting weight. The tube can be in a number of shapes, as we saw in the investigation. It can be circular, square, triangular or even in a U-shape.

![Square and round tubing.](image)

When exploring different ways to strengthen paper you discovered folding the paper also helped to strengthen it. Corrugated cardboard and bubble wrap plastic are examples of strengthened folded materials.

Corrugated iron is another example of how folding makes a material stronger. Look at the picture below of a sheet of corrugated iron and a flat sheet. Corrugated iron is much stronger which is why it is used for the roofs of some houses.
**ACTIVITY:** What is my school made of?

The Thunderbolt Kids need to investigate the uses of different materials in different schools. They have asked your help with your school.

**INSTRUCTIONS:**

1. In groups of 4 you need to investigate the different materials used in the buildings and structures in and around your school.

2. Look particularly for materials which have been tubed or folded, and for the use of struts and braces.

3. Record your observations in the table below.

4. An example has been provided:

<table>
<thead>
<tr>
<th>Structure</th>
<th>Material</th>
<th>Ways to strengthen (Folding, Tubing, Triangulation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Roof</td>
<td>Corrugated iron</td>
<td>Folding</td>
</tr>
</tbody>
</table>

*Corrugated iron and a flat sheet of iron.*
KEY CONCEPTS

- The strength of structures can be increased by changing their shape, using methods such as tubing and folding.
- Shapes of structures can be circular, triangular or square.
- Braces across corner joints in structures increase their rigidity and strength.
- Struts are used to strengthen or support structures.

REVISION:

1. Name some ways to strengthen paper to make a stronger structure.
   *Folding, making into a tube, placing more pieces together.*

2. Choose which piece of metal below would be better to use for a roof, and explain why.
   *Corrugated metal sheet - it is stronger and will not bend as easily*
3. Which piece of steel shown in the picture would you use as the stand for a basketball hoop? The flat piece of steel or the circular tube? Why?

*The flat bar would bend too easily when weighted - rather use round tube which is stronger.*

4. The upright poles of the carport shown in the picture are made of square tubing. Give two good reasons why they are not just made of solid steel the same size?

*Solid steel would be very heavy, and very expensive.*
4 Strong frame structures

4.1 Struts and frame structures

In the previous chapter we saw how to strengthen a material to build a strong structure, such as folding and creating tubes. Now we want to look at how we can strengthen a structure. A structure is something that is arranged in a specific way and consists of different parts. A jungle gym is an example of a structure. It has many different parts such as beams, ropes, and bars.

A jungle gym is a type of structure. ¹

A structure is made of different parts. The way we put these parts together can make a structure strong or weak. Let’s have a look at ways to join parts together.
ACTIVITY: Exploring ways to make a strong structure

MATERIALS:

- 7 cardboard strips, all the same length
- 10 - 12 paper fasteners - e.g. split pins
- A hole punch

This is what split pins look like.
INSTRUCTIONS:

1. You are going to make different structures using the pieces of cardboard.
2. Make holes at both ends of each strip.
3. Join the strips into a square and a triangle. Use the paper fasteners (split pins) to join the strips together at the corners.
4. Now test each of the shapes by pressing two corners together as in the picture below (don't force them). Watch what happens. Which shape is easy to "squash"?
5. Cut a longer strip of cardboard which will reach from one corner of the square to the opposite corner, punch holes in it in the correct places, and add it onto the square.
6. Now press two corners together and see what happens.

    ![Square and Triangle Shapes](image)

    Press on the square and triangle shapes as shown here.

QUESTIONS:

1. Which shape lost its shape (collapsed) when you pressed on the corner?
   - Square
2. How can we strengthen the shape that collapsed?
   - Use one strip to brace diagonally opposite corners
3. How many shapes are formed when the shape is strengthened with the extra piece of card?
   - 2 shapes
4. What is the name of this shape?
   - Triangle
5. Which shape do you think is the strongest?
   - Triangle
We saw in the last activity that you can make a shape stronger by putting an extra piece in. For example, the square was much stronger after you placed an extra piece of card diagonally from one corner to the opposite. This extra diagonal piece is called a strut. The other pieces are also called struts and together they all make up a strong, stable frame.

The frame is the structure which supports the other parts. The struts strengthen the frame structure when joined in particular, stable shapes.

A frame is a rigid support structure that gives shape and forms support for its parts. The word rigid means stiff, not bending or changing shape. Every building, vehicle, and piece of furniture has a frame structure.

**QUESTIONS**

There are five struts making up this frame. Label all 5.

Did you know humans also have a frame structure? Can you guess?! It is our skeleton! Our skeleton consists of bones which make up the frame to support all our muscles and organs. Look at the picture below of the rib cage. It is a perfect example of a frame structure. The frame structure of the rib cage protects all the organs inside, such as the heart and lungs.
The rib cage is a frame structure.

A strut is a part of structure that will support or hold another strut in place. It can be a rod or a bar. A strut is designed to withstand compression. The picture below shows how wooden struts are used to prevent the fence from collapsing.

QUESTIONS

Study the picture of the struts in the fence. What properties do you think the struts need to have to do its job? For example can the strut be made of something soft? Can the struts be flexible?

No, it cannot be made of something soft. The strut must be strong and hard to support the force from the fence. No, the strut must be stiff and not flexible as it must not bend.
A tie is a connector that is designed to withstand tension for example a nut and bolt.

Nuts and bolts are ties that connect two parts together.

The arrow shows the bolt connecting the struts together.

A guy is designed to withstand tension. A guy can be a rope, chain or a single wire. For example, when you put up a tent you use guy ropes to hold down the tent.

A chain is an example of a guy

Twisting many wires together to make a guy even stronger.

Corners of rectangles are often weak points in structures, where the structure can bend and collapse like the square in the investigation you did in the previous unit. Triangles are strong shapes, which do not collapse easily. By putting another support (called a brace) across a rectangle’s corner to make a triangle, the corner is made much stronger.
A diagonal brace on a corner where two pieces of wood meet

Another way of strengthening a corner so it can’t collapse, called a gusset.

Examples of frame structures strengthened with struts

We are mostly going to look at the parts of frame structures used in building something.

Teacher’s Note

The following pages of pictures do not contain many exercises. But, the main objective is to expose the learners to different structures with have been strengthened using struts. Makes sure to go through each picture and identify the struts. Ask learners to point out the struts in the pictures and explain why they think the frame structures need to be strong and rigid.

When builders need to work high above the ground, they often use a frame called scaffolding. If this didn’t have any braces across it which make triangles, it could easily collapse.
Construction workers use scaffolding.

The next picture shows a roof truss. A roof truss is used to help carry the weight of the roof of a house. All of the triangles in it help make it strong.

A roof truss. You don't need to know all these names!

Bridges also make use of struts to make the frame stronger. The diagrams below show the use of triangles to make bridges stronger:
All of the triangles in these bridges make them strong.

QUESTIONS

Why do you think bridges need to be so strong?

They need to be strong to carry all the weight of cars, trucks, trains driving over them.

Some structures are really big and carry a lot of weight. These structures include cranes and pylons. These structures need to have a very strong frame and they therefore use struts to make them stronger. Can you see all the diagonal struts which strengthen the frames of the pylons?

A pylon is the structure which supports electricity lines. These are the structures which carry electricity.

This is what it would look like if you stood under a pylon and looked up!
Tom is trying to build his own pylon, but these are very complicated structures!

Cranes need to lift very heavy objects, but they also need to be able to move around. So they must be as light as possible, but still very strong. A frame structure with struts is the best way to do this.

A crane.

QUESTIONS
How many cranes are there in the front cover for Matter and Materials which are helping to build the soccer stadium?

2
Designing a strong structure

The Thunderbolt Kids went for a walk in the forest around their school after class. Farrah wanted to find some interesting objects from nature to draw, so she had asked the others to come with her for a walk. While they were running through the forest, picking flowers and climbing trees, they came to a river. The river was quite wide and they could not cross. Sophie suggested they turn around and go back. But Tom hated having to give up when something was put in his way. And he felt he could solve this problem. Jojo was running from one tree to the next to see how fast he could do it, Sophie was inspecting a small pond where some tadpoles were swimming around, and Farrah had sat down with her sketch book to draw a caterpillar crawling along a branch. Tom sat down next to the river to see if he could solve this problem of getting to the other side of the river.

There must be a way to solve this problem.

Tom remembered that in class that week, they had been looking at ways to strengthen materials, making them stronger to hold a heavier load. He remembered that folding and rolling paper into a tube made it stronger. He also thought about the struts used in frame structures to make them stronger, more rigid and stable.

The next day in class Tom asked his teacher if they could design a model of a bridge to cross the river outside the school. The teacher thought this was an excellent idea and decided to set it up as a class competition: To design and make a model of a bridge to span 1m between two desks and then test whose bridge could hold the most weight!

Let’s also take part in the competition in your class and help Tom come up with the best design for a bridge to cross the river.
We are going to follow these steps when designing the bridge:

1. Investigate
2. Design
3. Make
4. Evaluate
5. Communicate

This is called the Design Process. Do you remember last term when you designed a shelter for birds? In that project, we only designed the shelter, made drawings, and then evaluated the design. Now, we are going to take this process further and actually make the bridge and then evaluate the products that we made!

Teacher's Note

Teacher note: This project builds on the Design Process from Life and Living in Term 1. The learners are now required to go through the whole design process. As with the scientific method, the steps of the Design Process should not be enforced and learners should not be made to memorize the steps. Rather, TEACH them the necessity for each step and that they are not set in stone. For example, if you find your design is not working when you are actually making the product, you might go right back to the beginning and do some more investigating, and then come up with a modified or completely new design. It is a flexible process. This Design project can be done as individuals or as groups, preferable small groups of 3 or 4. The aim is for learners to research different ways of building bridges, also drawing on the knowledge for this strand about ways to strengthen materials. They then have to come up with a design and make the structure in class. The aim is to make a bridge that can span a length of 1m between 2 desks. After all the bridges have been built, hold a competition to see whose bridge can hold the most weight before collapsing. Start off with coins and then small books, and then heavier books. You do not want to break a bridge with the first object that you place on it, otherwise this will destroy confidence in the children. So start off with light object and progress to heavier ones, in the same order for each bridge. When you do not think the bridge can hold any more weight, stop placing objects on it. Discuss as a class how it could have been made stronger. This will be used by the learners when they have to evaluate their designs and suggest possible ways of improving the design.
If you do not want to do this design project of making a bridge, there are other options which also make use of struts to create a strong structure, such as designing a model of a tower, pylon or chair. This activity however, will use a bridge as an example.

**ACTIVITY:** Designing and making a bridge

**INVESTIGATE:**

The first step is to investigate and do some research around how to build a bridge. In the chapters leading up to this, we have already looked at ways to strengthen materials and create strong structures using struts. Remember this when you are investigating and designing your bridge!

You also now need to investigate ways of building bridges. You can use books and the internet. Use the space below to write down some of your findings from your research.

**DESIGN:**

Now you need to use the information you have found out to come up with a design for your bridge.

Your bridge has the following specifications and constraints:

- It must span a minimum length of 1m.
- It must be able to support a load (bags of coins and books)
- It must be built in class.

Answer these questions to formulate your Design Brief:

1. What do you need to design?
2. What will the size and shape of your bridge be? Remember that your bridge must span a gap of 1m between two desks.
3. What materials are you going to use to build your bridge. Make a list of all the materials you will need.
4. What tools are you going to need to make your bridge?
5. Are there any other specifications and constraints that you can think off for your bridge?
Now you need to draw some designs for your bridge. Use scrap pieces of paper to do your first designs. Once you are happy with your design, use the space below to draw your final design. Label your drawing showing materials you are going to use for the different parts.

Teacher's Note

If learners are battling, suggest some materials to use: drinking straws, toothpicks, Popsicle sticks, masking tape, thread, scissors, paperclips, straight pins, prestik, clay, paper or cardboard as well as rulers, weights and books for the testing phase.

MAKE:

Now comes the fun part! You have to make your bridge according to your sketch and using the materials you identified. Do this in class.

Once you have all finished making your bridges, set them up between 2 desks that are 1m apart. Now, let's have some fun to test whose bridge can hold the most weight! We will only test one bridge at a time and use the same objects (bags of coins or books) to place on each bridge, adding one object at a time. This will ensure it is a fair test.

Teacher's Note

A lot of facilitation is needed at this point. Only test one bridge at a time so that all learners see what the other have done and can learn from each other. You do not want to make hard work break! This might also be demoralizing for the learners who spent so much time making it. So perhaps place objects on until you think it will not take anymore.

EVALUATE:

Answer the following question on the bridge that you have built after testing it.

1. Did your bridge work? How many objects did you place on it?
2. Did your bridge fulfill all the requirements in the specifications given to you?

3. If you ever had to build this bridge again, what would you do differently?

**COMMUNICATE:**

An important part of the Design Process is to communicate what you found to others so they can learn from what you did.

Write a paragraph below where you tell Tom about the bridge that you built, what worked and what didn’t work, so that he can also learn from what you did.

### 4.2 Indigenous structures

When we say something is “indigenous” we mean that it occurs naturally in a place. Something that is not indigenous is exotic. We can say certain plants and animals are indigenous to South Africa, such as the lion and elephant and the baobab tree.

We can also talk about indigenous people and indigenous knowledge. This is when we are talking about ideas or knowledge or beliefs that a community of local people has developed over time, and that is specific to the area that they live in.

Now, we are going to talk about indigenous structures. This means structures for houses which are built in South Africa by the people that live here.

#### Types of traditional homes

In South Africa we have a rich tradition of building homes from the materials available in our environment. Traditional homes have been built the same way for a long time. Today these homes are mainly seen in rural areas. The building materials used are indigenous (grown locally) and the people collect the materials in their environment. Other cultures, as the Eskimos, also build traditional homes. Their indigenous material is blocks of ice.

In South Africa, we have the traditional homes of the Zulu (uguqa), the Xhosa rontabile and ungqu-phantsi and the Nama matjiehuis.
Types of traditional houses. The Igloo is a traditional house to eskimos

**ACTIVITY:** Identifying materials used in traditional homes

**INSTRUCTIONS:**

1. In the above pictures of indigenous and traditional homes, each home has been constructed out of specific materials.

2. Complete the table below for the materials used in each home. Then state whether it is a strut, beam or column.

<table>
<thead>
<tr>
<th>Traditional homes</th>
<th>Materials used</th>
<th>Strut/beam/column</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zulu hut</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Xhosa rontabile</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nama matjieshuis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Igloo</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3. Identify the shape of each of these traditional homes
Traditional homes

<table>
<thead>
<tr>
<th>Traditional homes</th>
<th>Shape</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zulu hut</td>
<td></td>
</tr>
<tr>
<td>Xhosa rontabile</td>
<td></td>
</tr>
<tr>
<td>Nama matjieshuis</td>
<td></td>
</tr>
<tr>
<td>Igloo</td>
<td></td>
</tr>
</tbody>
</table>

The materials used in each hut has specific properties to make it suitable for its use.

4. List the materials for the huts again and then select the appropriate property of the material in the given boxes (by ticking).

<table>
<thead>
<tr>
<th>Materials</th>
<th>Hard</th>
<th>Tough</th>
<th>Stiff</th>
<th>Flexible</th>
<th>Strength</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zulu hut</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Xhosa rontabile</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nama matjieshuis</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Igloo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Traditional and modern structures

Teacher’s Note

This is an extension and not included in CAPS, but it forms an interesting activity in which to compare traditional and modern structures and to see how modern structures were influenced by indigenous designs which were developed over hundreds of years.

Today we also have very modern homes. Sometimes the structures of modern homes are based in what was used to build traditional homes. Look at the two structures below. The first ones uses reeds.
and branches which are bent to make the framework for the house. This is a traditional structure.

In the second picture, you can see the roof trusses for a modern home. Can you see the similarities between the two? For example, the shape and how the structures are made stronger with struts. There are also some differences. For example, in the traditional house, the reeds and branches are tied together with rope. But in the modern house, the roof trusses are strengthened with gussets.

ACTIVITY: Comparing modern and traditional structures and materials

1. Work in pairs. Study the above frameworks and the two pictures of the houses.
2. Discuss and compare the roofs of the traditional and modern house. Where are the differences? Are there similarities?

3. Discuss and compare the similarities and differences between traditional and modern structures and materials with your partner.

4. Discuss the advantages and disadvantages of the modern structure.

5. Discuss the advantages and disadvantages of a traditional structure.

6. Use the space below to draw tables to show some points from your discussions about:
   
a. The similarities and differences in roofs
b. The advantages and disadvantages of the modern structure
c. The advantages and disadvantages of a traditional structure

---

**KEY CONCEPTS**

- Frame structures can be made stronger by using struts
- A strut is a solid bar joined into a structure to make it more stable
- Struts are used in roof trusses, bridges, cranes and pylons
- Skeletons are frame structures made of a system of struts. The bones are the struts.
- An indigenous structure is a structure used in a traditional home
- Indigenous materials come from living plants in the environment
- Traditional homes of the Xhosa, Nama and Zulu make use of a framework of struts
REVISION:

1. Give four examples of structures which make use of struts to strengthen the framework.
   *Bridge, pylon, crane, scaffolding, roof trusses*

2. Why do you think the human rib cage can be considered a frame structure?
   *This is because it is a frame of ribs, which are like struts, and they protect the internal organs.*

3. Draw a brace or braces onto the wooden frame below to make it a much stronger structure.
   *Either 4 small corner brace, or 1 or 2 cross-braces from corner to corner.*

4. Give 3 examples of traditional homes in South Africa.
   *Zulu hut, Xhosa rontabile and ungqu-phantsi and Nama matjiehuis.*

5. What are some of the indigenous materials that traditional homes are made out of?
   *Reeds, branches, straw, rope*
Chapter 1 Living and non-living things

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5. http://www.flickr.com/photos/37873897@N06/7225883680/
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Chapter 2 Structure of plants and animals

1. http://www.flickr.com/search/?l=commderiv&mt=all&adv=1&w=all&q=plant+stem&m=text
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5. http://www.flickr.com/photos/7147684@N03/1037533775/
Chapter 3 What plants need to grow

Chapter 4 Habitats of animals and plants

Chapter 5 Structures for animal shelters

Chapter 1 Materials around us
3. http://www.flickr.com/photos/92833011@N00/1160780781/
4. http://www.flickr.com/photos/87241965@N00/171591593/
5. http://www.flickr.com/photos/38315261@N00/419844319
8. http://www.flickr.com/photos/74870353@N00/371591593/
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Chapter 5. Notes
Chapter 2 Solid materials

12. http://www.flickr.com/photos/80651083@N00/1814803669/
17. http://www.flickr.com/photos/54400117@N03/5069063990/
20. http://www.flickr.com/photos/36910487@N07/4694629756/

Chapter 4 Strong frame structures