

Mofumahadi Angie Motshekga, letona la Lafapha la Thuto ya Motheo.



Mong. Enver Surty, Motlatsi wa Letona la Thuto ya Motheo

Dibuka tsena tsa tshebetso di etseditswe bana ba Afrika Borwa tlasa boetapele ba Letona la Thuto ya Motheo, Mof. Angie Motshekga, mmoho le Motlatsa Letona la Thuto ya Motheo, Mong. Enver Surty.

Dibuka tsa tshebetso tsa Rainbow di bopa karolo ya Lefapha la Thuto ya Motheo, ya thuso e reretsweng ho netefatsa tshebetso ya baithuti ba Afrika Borwa dikereiting tse qalang tse tsheletseng. Jwale ka enngwe ya dintlha tsa bohlokwa tsa Moralo wa Tshebetso ya Mmuso, projeke ena e etsahetse ka tshehetso ya letlole la Polokelo la Setjhaba. Sena se entse hore Lefapha le etse dibuka tsena tsa tshebetso ka dipuo tsohle tsa semmuso, ntle le tefello ya letho.

Re tshepa hore, matitjhere a tla fumana dibuka tsa tshebetso di le bohlokwa mosebetsing wa bona wa letsatsi le letsatsi, le ho etsa bonnete ba hore baithuti ba bona ba etsa kharikhulamo yohle. Re nkile boikarabelo ba ho tataisa titjhere mosebetsing ka enngwe le enngwe ya mesebetsi, ka ho kenyelletsa motshwao a bontshang hore na seo barutwana ba tshwanelang ho se etsa ke sefe.

Re a kgolwa hore bana ba tla natefelwa ke ho sebetsa ka buka ena ha ba ntse ba hola le ho ithuta, le hore wena titjhere, O tla natefelwa mmoho le bana.

Re le lakalletsa katleho ho sebediseng dibuka tsena tsa tshebetso.





Rainbow WORKBOOKS

SESOTHO HOME LANGUAGE
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TERMS 1 & 2
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Kereiti ya 4

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SESOTHO PUO YA LAPENG

Buka ya 1
Kotara 1 & 2

BOIKARABELO BA BATJHA BA AFRIKA BORWA

Tekatekano

Tshwara motho e mong le e mong ka ho lekana, ntle le leeme. Se kgetholle.



Seriti sa batho

Hlompha motho e mong le e mong Eba pelonolo mme o be le tlhokomelo.



Bophelo

Bophelo ke ntho ya bohlokwa Hlompha bophelo bo bong le bo bong.



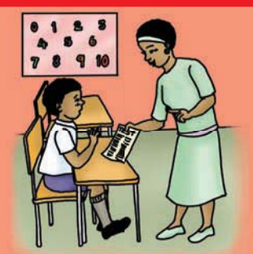
Lelapa

Tlotla mme o hlomphe batswadi ba hao. Eba mosa le botshepehi ho ba lapa leno.



Thuto

Kena sekolo, ithute o sebetse ka thata. Mamela melao ya sekolo.



Mosebetsi

Thusa ba lapa leno ka mosebetsi lapeng. Bana ha ba tlamellwa ho batla mosebetsi.



Bolokolohi/Tokollo le polokelo

Se lematse, tshosa, kapa hona ho hlekefatsa batho ba bang, hape o dumelle ba bang ho etsa jwalo. Rarolla dikganyetsano ka kgotso.



Thepa/Leruo

Hlompha thepa ya batho ba bang. Se senye thepa kapa hona ho utswa.



Bodumedi, ditumelo le maikutlo

Hlompha ditumelo le maikutlo a batho ba bang.



Boipaballo

Hlokomela lefatshe. O se senye metsi le motlakasi. Boloka lehae le tikoloho ya hao di hlwekile e bile di bolokehile.



Boahi

Eba Moafrikaborwa ya lokileng ebile a tshepeha. Hlompha melao, mme o netefatse hore ba bang ba etsa jwalo.



Tokolloho ya puo

O se ke wa hasanya leshano le lehloyo. Netefatsa hore batho ba bang ha ba hlapaolwe kapa maikutlo a bona ha a utlwiswe bohloko.



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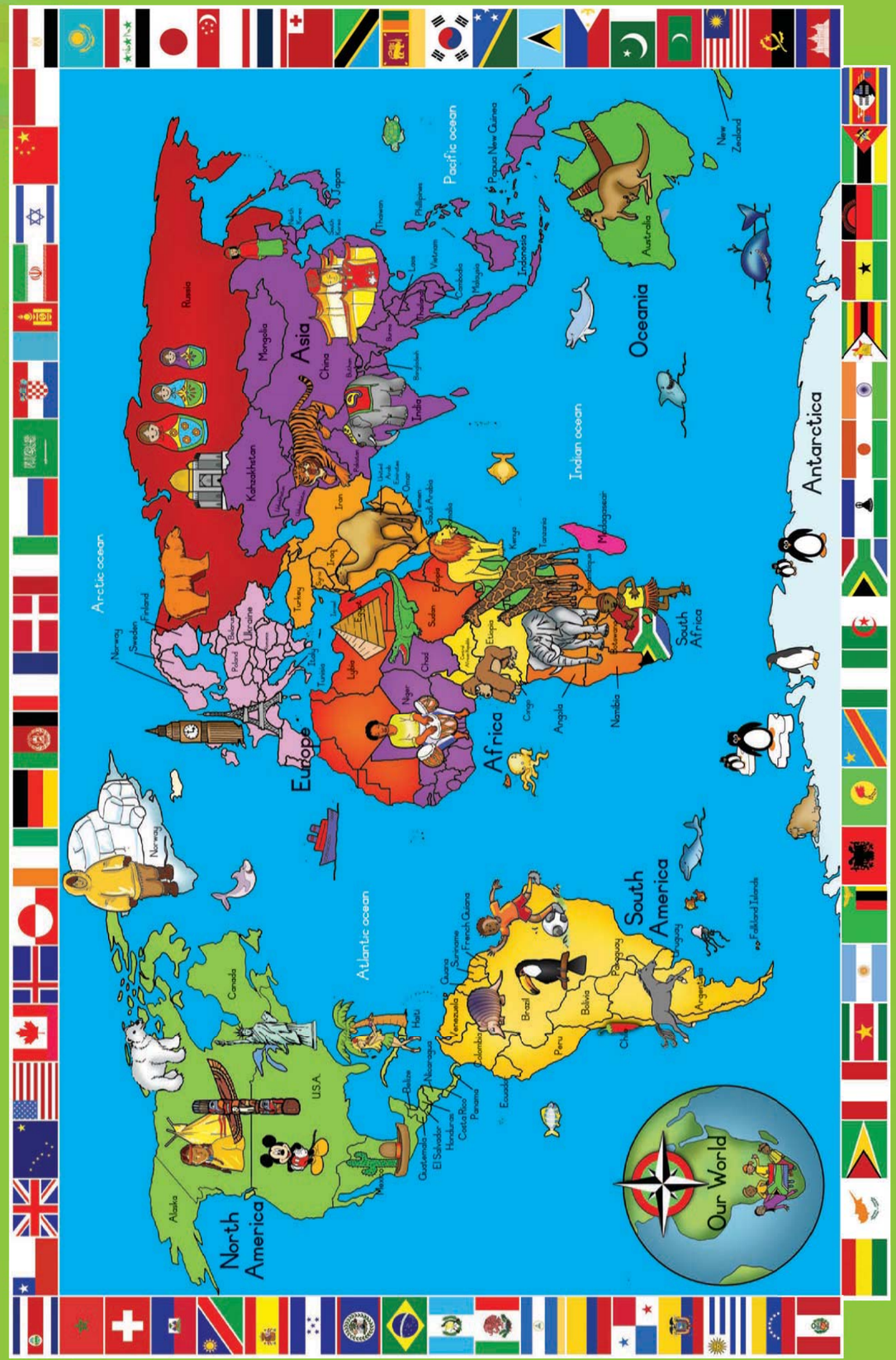


Kereiti ya 4

Rainbow WORKBOOKS

PUO SESOTHO

1 Batho ba kang nna le wena 2

2 Dipapadi 35

3 Dintho le dibaka 69

4 Tikoloho ya rona 103



Lebitso: _____

SESOTHO

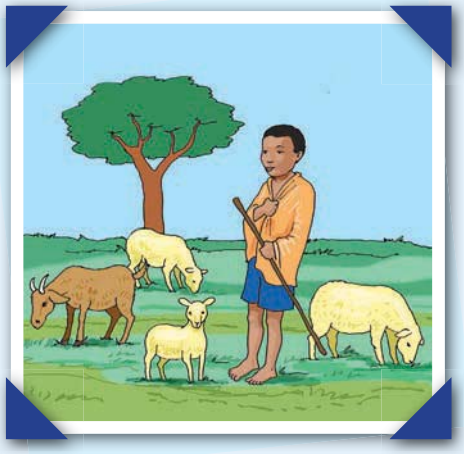
Buku ya 1

Letsatsi:

Nelson Mandela botjheng ba hae

A re bueng

- Na o kile wa utlwa ka Nelson Mandela?
- Ke bomang batho ba bang ba tummeng bao o ba tsebang?



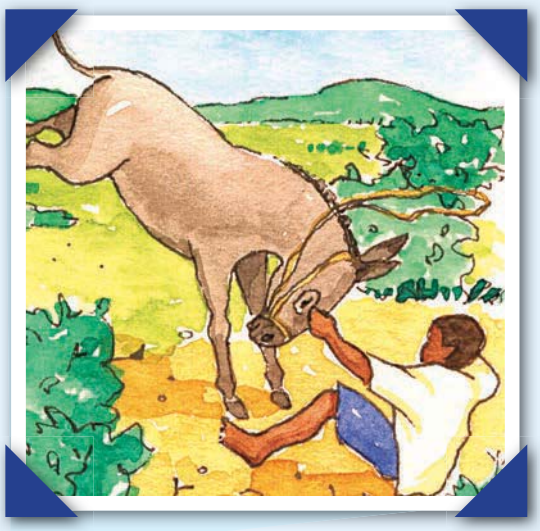
A re baleng

Lebitso la ka ke Nelson Mandela. Ke dula naheng e ntle e bitswang Afrika Borwa e tlase ho Afrika. Nna le wena re dula Afrika Borwa. Ke hlahetse motseng o monyenyane o bitswang Mvezo, Eastern Cape ka la 18 Phupu 1918. Ke tsofetse haholo hona jwale. Ntate wa ka e ne e le morena. Ntate o ile a ntheha Rolihlahla lebitso le bolelang "kgathatso".

Ke ne ke le monyenyane haholo ha ntate a fallela Qunu, ke ne nka ba dilemo di pedi. Bophelo ba ka Qunu ebile bophelo bo monate. Ke ne ke disa dipodi le dinku.

Ho ne ho le monate ke bapala le metswalle ya ka. Re ne re sesa dinokeng, re eja mahe a dinotshi, ao re neng re a nka ntlong ya dinotshi. Re ne re palama ditonki le bomphato ba ka. Ka le leng la matsatsi ke ne ke leka ho phema ho longwa ke dinotshi mme tonki ya ntahlela dihlahleng tse nang le meutlwa.

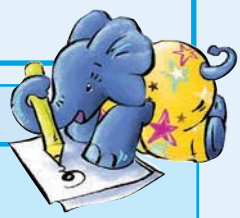
Ha ke le dilemo tse supileng, ntate o ile a nthomella sekolong sa kereke. E ne e le nna motho wa pele lapeng leso ho ya sekolong. Ntate le yena ha a kena sekolo. Lelapa leso le ne le futsanehile hoo batswadi ba neng ba sa kgone ho nthekela diphahlo tsa sekolo. Ke ne ke apara diphahlo tsa ntate tsa kgale. O ne a di poma mangweleng hore di ntekane. Ke ne ke se na le lebanta, ke tlama borikgwe ka kgwele. Le ha ho le jwalo ke ne ke le motlotlo ho ba sekolong le ho apara diphahlo tseo.



Titjhere wa ka o ile a kgetha ho mpitsa Nelson, ha ke etsa sehlopha sa bosupa. Nahana o fumana lebitso le letjha o le dilemo di supileng, o kena sekolo.

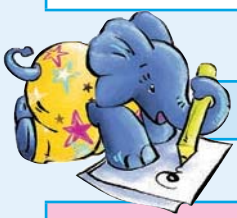
Ke ne ke natefetswe sekolong le lapeng ho ne ho le monate.

Mme o ne a nqoqela pale tse monate tsa mehleng ya kgale. Mme o ne a nthuta hore ke be mosa ho batho. Ntate o ne a nthuta hore ke be sebete. Ke ne ke rata tsohle tseo ntate wa ka a neng a di etsa. Ke lakatsa ho ba yena ka le leng la matsatsi. Ke ne ke tlotsa moriri wa ka ka molora hore o be moputswa jwalo ka moriri wa hae. Ke ne ke mo rata.



A re ngoleng

Nelson Mandela o hlahile neng?
O ne a bapala papadi dife ha e le ngwana?
O ithutile thuto dife batswading ba hae? Ho mme wa hae? Ho ntate wa hae?
O nahana ho tla etsahala eng paleng ya Nelson Mandela?



A re ngoleng

Ngola dipolelo tse felletseng ka ho etsa mola ho tloha lehlakoreng la bopinki ho ya polelong e nepahetseng lehlakoreng la mmala o mosehla.

Hobane re ne re futsanehile hoo re neng re sa tsebe ho reka diphahlo	hobane ke ne ke batla ho tshwana le ntate.
Ke ithutile mosa	hore ke be sebete.
Ntate o nthutile	ho mme.
Ke ne ke tlotsa moriri wa ka molora	ntate o ne a poma marikgwe a hae a kgale mangweleng.



Letsatsi:

Pale ya Nelson Mandela

A re baleng

Bophelo ba ka bo ile ba fetoha hoba ke fihle lemong sa borobong. Ntate, moratuwa wa ka a hlokahala. Re ile ra tlameha ho falla Qunu le mme wa ka. Pelo ya ka e ne e le bohloko ha ke hopola thabo eo ke neng ke ena le yona ha ke dula Qunu.

Ha ke sheba morao ka hopola metswalle. Batho ba Qunu ba nyolosa ba theosa ba tswela pele ka bophelo. Ka hopola dikgohlo, diphororo moo ke neng ke bapala le bomphato ba ka. Ka sarelwa ha ke hopola metswalle eo ke e siyang morao. Ka hopola mekgoro e meraro ya moo ke neng ke phela teng. Ke ile ka tsamaya – ke ne ke sa kgone ho nahana bokamoso ba ka.



Ke ile ka dula ha malome Jongi motseng wa Mqhekezweni. E ne e le motswalle e moholo wa ntate. Ke ne ke hlorela motse wa heso le lapa leso. Empa ho ne ho le monate ho dula le malome Jongi. Ke ne ke bapala le mora wa hae Justice. Re ne re palama dipere, re lema meroho, re sesa le matamong. Malome o ne a ntshwere jwalo ka mora wa hae.

Ha ke le dilemo tse leshome le metso e tsheletseng, malome o ile a nkisa sekolong se seholo sa Clarkebury. Jwale ka ntate, malome o ne a rata thuto ka mokgwa o makatsang. Kamorao ho dilemo tse tharo ka ya sekolong se seholo sa Healdtown. Ke ile ka sebetsa ka thata mme ka pasa ka ya sekolong se seholo sa Fort Hare. Ke ne ke le dilemo di 21.

A re ngoleng

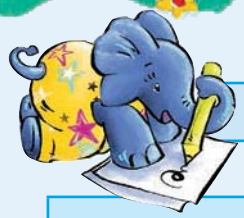
Ngola dipolelo tse tharo ka dikolo tseo Nelson Mandela a neng a di kena. Qetella ka ho bolela moo a neng a kena sekolo se seholo teng. Qala dipolelo ka mantswe ana.

Pele, ha ke ne ke le dilemo tse 7, _____.

Ha ke le 16, _____.

Ka morao, ha ke le 19, _____.

Qetellong, ha ke le 21, _____.



A re ngoleng

Bontsha pale ya Nelson Mandela ho tloha bongwaneng lebokoseng le bolou. Lebokoseng le lesehla bontsha dintho tsa bohlokwa bophelong ba hao.

Dilemo	Ditaba tsa bohlokwa bophelong ba Nelson Mandela
Letsatsi la tswalo 1918	
Ho tloha 2	O ne a dula Mvezo. O ne a bapala masimong.
9	
16	
19	
21	

Dilemo tsa ka	Ditaba tsa bohlokwa bophelong ba ka.
Letsatsi la tswalo	



Etsa sedikadikwe lentsweng le bontshang ketso (e etsahetseng kgale).

A re ngoleng



Re nka/nkile mahe a dinotshi.
Ha ke so loma/longwe ke notshi hobane ke a itlhokomela.
Ha ho ne ho tjhesa re ne re sesa/sesitse nokeng.
Re palama/palame dipere.
Mme o nthutile/ruta ho ba mosa.
Ke ithutile/ithuta ho ba sebete ha ke le monyane.



Letsatsi:

Dibaka tseo Nelson Mandela a neng a dula ho tsona

A re baleng



Ha ke sa le moshanyana ke ne ke dula Qunu. Motseng wa Qunu ho ne ho kganya kgotso, metsi a teng a hlwekile. Diphoofolo di fula makgulong a matala. Matlo a moo a entswe ka mobu, a kgabisitswe ka mebalabala. Re ne re dula mekgorong e meraro. Mokgoro o mong re ne re robala ho wona, o mong re ne re phehela ho wona. Wa boraro re ne re boloka diphahlo teng. Mme o ne a re phehela setampo le dinanwa ka mmadikotwana. Lebese le ne le le lengata le fumanwa dikgomong le dipoding.

A re etseng

Bala serapa se ka hodimo hape. Sehella ditaba tsa bohlokwa serapeng.
Etsa setshwantsho sa Qunu.

A re baleng

Ha ke se ke hodile, ke ile ka fallela Gauteng. Ke ne ke dula Alexandra (re ne re e bitsa Alex, ka bokgutshwanyane). Gauteng bophelo ba teng bo ne bo potlakile. Moya wa teng o ne o sa hlweka, o tletse mosi. Batho ba ne ba dula matlong a manyenyane a tshwanang le tosi ya mollo. Ho ne ho se na motlakase le metsi. Re ne re lata metsi hole sedibeng.

Batho ba Alex ba ne ba hlaha hohle, ba bua dipuo ka mefutafuta. Ba bua Sezulu, Sesotho, Setsonga le dipuo tse ding. Le ha Alex e ne e fapane le Eastern Cape, ke ne ke natefetswe moo.

A re etseng

Bala serapa se buang ka Alexandra hape. Sehella ditaba tsa bohlokwa.
Etsa setshwantsho ka ditaba tsa seratswana sena.

Ngola dipolelo tse pedi ho hlalosa setshwantsho sena.

A re bueng

- Qoqela motswalle wa hao hore Qunu le Alex ho ne ho le jwang.
- Mo bolelle hore dibaka tsena tse pedi di fapane jwang.

A re etseng

Etsa setshwantsho sa moo o dulang.

Ngola dipolelo tse pedi o hlalose setshwantsho sa hao.

Letsatsi:

Ke a leboha Madiba

A re ngoleng

Nelson Mandela ke motho wa bohlokwa setjhabeng. O thusitse bana ba bangata. O ahile dikolo, dipetlele, O hlokomela dikgutsana kapa ba kulang haholo.





Mahlohonolo a letsatsi la tswa lo TATA.



Ngolla Nelson Mandela karete. O mo lebohe kamoo a thusitseng bana ba Afrika Borwa kateng.

Ka hodima karate etsa setshwantsho se bontshang ditaba tsa bophelo ba hae.
Ka hara karate ngola molaetsa wa teboho.

Ke a leboha

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm

A re ngoleng

Ngola dipolelo tsena o bontsha ketso e etsahalang hona jwale.

Ke ile sekolong mahaeng.	
O sesitse nokeng.	
Moshemane o palame tonki.	
Re robetse mokgorong.	

Boikgathollo

Ke mang ya tla fihla pele ntlong? Bidikisa tjhelete. Ebang o fumana dihlooho tsamaya diboloko tse pedi ho ya pele. Ebang o fumana mehatla o ka leba pele boloko bo le bong ho leba ntlong. Ya tla fihla ntlong pele ke yena mohlodi. Ha o fihla lentsweng o tlameha ho le bala.



Teacher

Date:

Sign:

Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Letsatsi:

Tlhokomelo ya naha ya rona

A re bueng

Re rata ho dula naheng e hlwekileng.

- Na ho na le dibaka pela moo o dulang teng tse ditshila?
- Nokana tsa heno di hlwekile, ha ho batho ba lahlelang ditshila nokeng?
- Ke eng e ka etsang hore naha ya heno e hlweke?
- O ka etsa eng?



A re baleng

Kajeno Jabu o bala ditaba tse monate koranteng.

TB Tsa Bongwaneng

25 Motsheanong 2013

Omar Castilo ke moshemane ya dulang naheng ya Mexico, o dilemo di leshome. Mexico ke sebaka se ditshila. Omar ke yena moetapele wa ketello pele ya bana ba makgolo a mabedi. O tshwere phousetara e ngotsweng "Paballo ya meru". Bana ba tseka hore meru e se fediswe.

Omar o kgenne haholo hobane ke motho ya hlomphehang, o baballa tsohle tse hlodilweng. Meru e thusa ka ho boloka moya o hlwekile.

Omar o ile a atleha ho boloka meru. O ile a ngolla Mopresidente wa Mexico lengolo, empa ha a ka a fumana karabo. O ngotse mangolo a mane, empa Mopresidente ha a ka a araba.



Bekeng e fetileng, Omar o ile a tsoha hoseng haholo. A paka diphahlo tsa hae, dihempe tse tharo, dintho tsa ho hlatswa meno le dijo. A nto tsosa batswadi ba hae, a ba bolella hore o ilo pholosa meru. Ntate wa Omar ka ho makala "Moru o dikhilometara tse sekete le makgolo a mane. Ho kotsi morung, o ka se ye mono." Empa Omar o ne a se a qetile le maikutlo a hae. "Ntate ntokolle ke a tsamaya, ke se ke le moholo, ke batla hore meru e nne e be teng, ke batla diphoofolo tsohle di be teng."

A re bueng

- Pale ena e bua ka mang?
- Hobaneng a kgathatsehile ka moru?
- Ntate wa hae o ne a kgathatsehile ha a re o ya morung. Hobaneng?

A re ngoleng

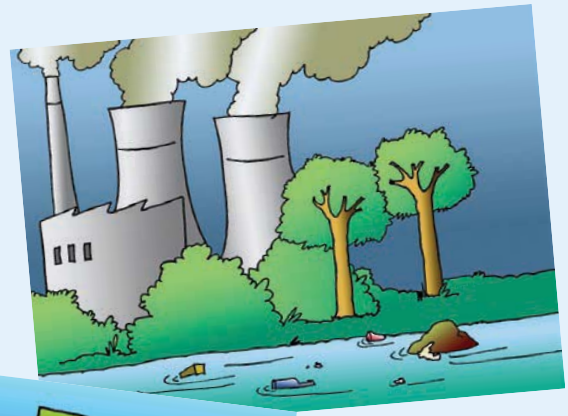
Bapisa mantswe le ditshwantsho. Ngola mantswe ana ka ho latella ditlhaku tsa alfabete. Sebedisa bukantswe ho o thusa.

moru

ditshila

kotsi

Boipelaetso









Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Letsatsi:

Poloko ya naha

A re ngoleng Bala taba tsena, o arabe dipotso.

Omar o ne a ikutlwa jwang ha batho ba rema difate?
O nahana hobaneng a ikutlwa tjena?
Hobaneng Mopresidente a ne a sa arabe mangolo a Omar?
Re tseba jwang hore Omar o ne a boloka moru? Ngola dipolelo tse pedi tse bontshang sena.
Ngola dipolelo tse pedi ho bontsha hore o tsotella eng.

A re ngoleng Kopanya dipolelo tsena. Sebedisa **empa** le **mme**.

Mexico ke naha e kgolo		e ditshila.
Jabu o bala koranta e bitswang *Kiddy Times*		o badile ka Omar.
Omar o ngolletse Mopresidente mangolo a mane		ha a ka a fumana karabo.
O pakile dihempe		ha a nka dipompong.
O tsamaile tsela e telele		o ne a kgathetse.

A re ngoleng

Etsa sedikadikwe mantsweng a nang le medumo e tshwanang le mantswe a pele.

batla	seatla	letlapa	lefielo	tlama
fatshe	tshepo	tshola	tsheha	podi
mantswe	tswella	lentswe	tswekere	kgomo
ngola	mongodi	sephoko	lengolo	lengope
latella	sehela	sehella	etella	shebella

A re ngoleng

Kgetha lentswe le bontshang ketso e fetileng kapa e etsahalang hona jwale.



Omar o kgathatsehile/kgathetse ka moru.

O ngolletse Mopresidente wa Mexico mangolo a mangata ha a araba/arabile.

Omar o ne a kgena/kgenne haholo ka sena.

Moru o lema/lenngwe ke yena.

O tsamaya/tsamaile leeto le lelelele maobane.

Letsatsi:

Tlhokomelo ya meru

A re baleng



Meru e rata ho mela moo ho tjhesang ho leng mongobo fatshe. Diphoofolo, le dijalo tse ngata di phela merung. Empa batho ba bolaya meru ka ho rema difate.

Ha meru e fediswa, diphoofolo le dimela di a shwa. Ha meru e fela, boemo ba lehodimo bo a fetoha.
Pela meru ho a omella. Butle butle, boemo ba lehodimo bo a fetoha lefatsheng lohle, mme le Afrika Bor wa e a fetoha.

A re ngoleng

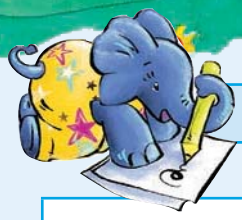
Ngola dintho tse tharo tse tla etsahala ha ho rengwa difate.

1	
2	
3	

A re ngoleng

Bala polelo e nngwe le e nngwe. Ha o nahana hore e nepahetse ngola "N" (o dumellana le polelo). Ha o nahana hore e fosahetse ngola "F" (fosahetse).

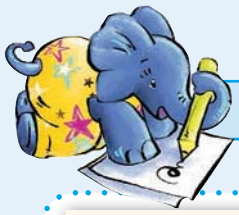
	N kapa F
Omar o nkile dipompong.	F
Omar o tsamaile leeto le lelelele ho ya morung.	
Ho na le diphoofolo tse phelang morung.	
Re tlamehile ho rema difate morung ho etsa patsi.	
Ha re rema difate, boemo ba lehodimo bo tla fetoha.	



A re ngoleng

Re o neha dikarabo. Ngola dipotso.
O **hokae**, **mang** le **eng**. Hopola ho sebedisa matshwao a potso.

Meru ya pula e Limpopo.	Meru ya pula e ho kae?
Diphoofolo tse ngata di phela merung.	Eng
Dimela tse fapaneng di mela merung.	Eng
Batho ba rema difate merung.	Mang



A re ngoleng

Ngola taba tsa hao tsa koranta ka ho hlokomela tikoloho.

Lebitso la koranta

Letsatsi

Sehloho sa pale

Ngola ditaba tsa hao mona



Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Letsatsi:

Meru le boemo ba lehodimo



A re ngoleng

Sehella lentswe le bolelang ntho e le nngwe le lentswe le ngotsweng ka botsho.

Ho rema meru ke ntho e **mpe**.	Ho rema meru ke ntho e tshabehang.
Omar o ne a **kgenne** ha batho ba rema difate morung.	Omar o ne a saretswe ha batho ba rema difate morung.
Omar o ne a sa rate ha dimela le diphoofolo tsa morung di **shwa**.	Omar o ne a sa rate ha dimela le diphoofolo tsa morung di **sengwa**.
Meru e **bohlokwa** ho boemo ba lehodimo.	Meru e na le **thuso** boemong ba lehodimo.



A re ngoleng

Qetella lengolo leo Omar a le ngolletseng Mopresidente wa naha. Tlatsa mantswe a siilweng. Sebedisa mantswe a ka lebokoseng.

tse melang moo

boemo ba lehodimo bo tla fetoha

baballa meru

ho rema difate tsohle tse moo

tse phelang moo

Mopresidente ya ratehang

Ke kopa thuso. Ke bone ho TV hore batho ba _____

meru ya rona. Ke kgathatsehile haholo ka seo.

Ho tla etsahalang ha re rema difate tsohle? Diphoofolo di tla shwa

_____. Dimela _____ di tla shwa.

Mobu o tla ba thata, mme metsi a tla phalla feela. Boemo ba lehodimo bo tla

fetoha. Hohle lefatsheng _____ ke motho ya

bohlokwa. Difate di thusa boemo ba lehodimo.

Ke kopa thuso hle _____ .

Ka boikokobetso

Omar



A re ngoleng

Kenya matshwao a nepahetseng a puo dipolelong tsena.

Omar o ne a batla ho pholosa dikokonyana ☐ diphoofolo ☐ difate le dipalesa ☐
Na o tla tla le nna merung ☐
A hoeletsa "Ha o ya tshwanela ho rema difate ☐ "
O itse ☐ ☐ Ka kopo ntate ☐ etlo le nna ☐ ☐

Boikgathollo

Bala tlhaloso ya diphoofolo tse fapaneng. Sheba ditshwantsho, mme o bolele hore ke mefuta efe ya diphoofolo.

Diantshi **Di na le boya mme di fepa bana ba tsona lebese.**	**Ditlhapi** **Di dula metsing. Di hema ka masoba lephakong le hloohong.**	**Dinonyana** **Di na le mapheo, masiba, melomo, dinonyana tse ngata di a fofa.**
Diphela metsing le lefatsheng **Diphoofolo tse phelang ka metsing le ka ntle. Di phela ka metsing qalong ya bophelo ka morao di phela ka ntle.**	**Dihahabi** **Di na le matlalo a hlohlorehang. Di behela mahe.**	



Kelotso: Qibi le lerurua ke dihahabi.

Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Letsatsi:

Batho ba qhwadileng

A re bueng

- Ho ba seqhwala ho bolela eng?
- Ho na le motho eo o mo tsebang wa seqhwala?
- Ke dintho dife tseo motho eo a sitwang ho di etsa?
- Wena le metswalle ya hao le ikutlwa jwang ka diqhwala?

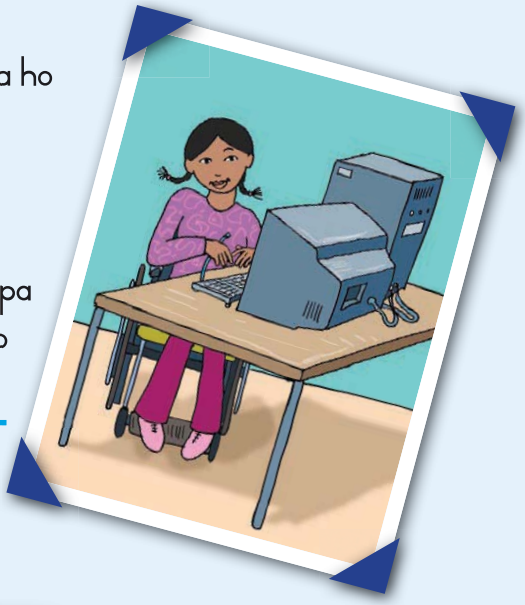


A re baleng

Lebitso la ka ke Cindy Solomon. Ke na le dilemo tse leshome le motso o mong. Ke sitwa ho tsamaisa matsoho a ka le maoto. Ke tsamaya ka setulwana sa mabidi sa batho ba sa itekanelang.

Ke dula Cape Flats. Ho hole le sekolo sa ka. Ke tsoha ka hora ya botshelela. Ke hloka thuso ha ke tena diaparo, ho hlatswa meno, ho ikama, ho etsa dijo tsa hoseng le ho paka mokotlana wa ka wa sekolo.

Ke rata dikhomputhara haholo. Ke na le sesebediswa se kgethehileng se nthusang ho sebedisa khomputhara. Ke rata ho bapala bolo. Ke bidikisa bolo ha ke dutse setulwaneng sa ka.



Ho na le ntho e makatsang. Bana ba bang ba nahana hore batho ba tshwanang le nna ba sitwang ho tsamaya ke dithoto hobane ha re tsebe ho sebedisa matsoho a rona. Empa ha re dithoto. Nna ke bohlale haholo. Ke batla ho ithutela ho ba ramatlotlo.

A re bueng

- Pale ena e bua ka mang?
- Ke eng e etsang hore Cindy a ikgethe ho bana ba bang?
- O batla ho etsang ha a qeta sekolong?
- Ke sefe se sa mo thabiseng?

A re ngoleng

Bapisa mantswe a seheletsweng mela polelong e nngwe le e nngwe le lentswe le nepahetseng ka letsohong le letona. Ngola mantswe ana bukantsweng ya hao.

Cindy o tsamaya ka setulwana sa mabidi sa batho ba sa itekanelang.	bohlale
O ya sekolong ka koloi e kgolo.	wilitjhere
Cindy o ithuta dintho ka pele.	bese

A re ngoleng

Ngololla mantswe a qalang ka tlhaku tse kgolo.

Mabitso a batho le a dibaka. Re sebedisa tlhaku e kgolo ngola ho mabitso a batho.

cindy	sefate	sekolo	pretoria

mexico	mof ntuli	palesa	tafole

afrika borwa	titjhere

A re ngoleng

Etsa mola ho bapisa mantswe a ka letsohong le letshehadi le mantswe a ka letsohong le letona.

serobe	ditlhapi
lesaka	dipere
letamo	dikokonyana
setala	dikgomo
mokoti	dikgoho

Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

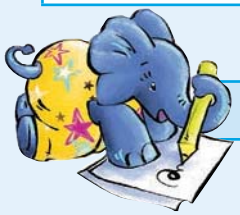
Letsatsi:

Letsatsi la Cindy

A re ngoleng



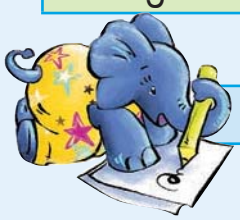
Cindy o dula kae?
O rata dithuto dife?



A re ngoleng

Beha dibaka tse nepahetseng mmoho ho etsa polelo.
Kopanya dipolelo ka, **empa**, **hobane**.

Cindy o tshwana le nna le wena	ha a tsebe ho sebedisa matsoho a hae hantle.
O ya sekolong ka bese	o batla ho ithutela ho ba ramatlotlo.
O utlwa bohloko ha batho ba mo tsheha	o tsoha hoseng hore a palame bese.
Cindy o bohlale	ha a tsebe ho tsamaya.



A re ngoleng

Qetella dipolelo tsena. Kenya **o** kapa **ba**.



Cindy _____ dilemo di leshome le motso o mong.

O dula Cape Flats _____ thabela ho kena sekolo.

Yena le metswalle ya hae _____ tseba ho sebedisa khomputhara.

_____ a hlora ha batho ba sa ba hlomphe.

Cindy o rata ho ithutela ho ba ramatlotlo hobane _____ tseba dipalo.

Cindy _____ bohlale. O rata ho bala.



A re bueng

- Na o rata dibuka? O rata ho bala?
- Qoqela metswalle ya hao ka buka eo o kileng wa e bala ya o natefela.
- Qoqela metswalle ya hao hobaneng o tlameha ho e bala.

A re ngoleng

Ngola ka buka e kileng ya o natefela. Tlatsa seo o se tsebang ka buka ena.

Etsa setshwantsho sa bokantle ba buka.

Lebitso ba buka

Mongodi



Ngola dipolelo tse tharo, tse bontshang hore buka e bua ka eng.

Letsatsi:

Kamoo re ka thusang

A re baleng

Hohle lefatsheng batho ba batjha ba rata ho thusa ba hlokang thuso.
Bala ka bana ba ratang ho thusa batho ba bang.

Jabu o dilemo tse leshome le motso o mong

Jabu o sebetsa moo ho bolokwang diphoofolo tsa lapeng. Kamehla o fepa dintja tse lahlehileng.

Ba hlokomela diphoofolo le metswalle ya hae ho fihlela di fumana mahae.



Ann o dilemo di leshome le metso e mmedi

Ann ke setho sa sefapano se sefubedu. O ithuta ho thusa batho ba hlahileng kotsi. O batla ho thusa dipapading. O tla sebetsa le motho e moholo.



Cindy o dilemo tse leshome le motso o mong

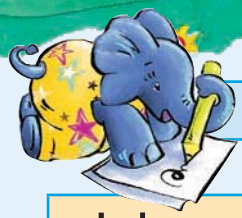
Cindy ke mampodi wa khomputhara. O ruta bana ba banyenyane khomputhara.



Bongi o dilemo tse mashome a mabedi

Ka Mantaha, Bongi o thusa titjhere wa hae ho hlokomela bana ba salang sekolong kamora nako ya sekolo. O ba thusa ka mosebetsi wa sekolo, o balla bana ba sekolo dibuka, ebile o a ba hlokomela ha ba bapala.





A re ngoleng

Tlatsa tse latelang:

Lebitso	Dilemo	O sebetsa le mang?	O thusa ka eng?
Jabu	11	Metswalle ya hae	O fepa diphoofolo.

Ngola dipolelo tse tharo ka hore o ka thusa ka eng.



A re ngoleng

Tsena ke dintho tsa bohlokwa tseo batho ba di shebang ho metswalle. Ke dintho tsa bohlokwa jwang ho wena? Fana ka nomoro ho e nngwe le e nngwe, ho tloha ho 1-10. Qala ka 1 ho ya bohlokwa haholo ho fihlela ho 10 ho bontsha tseo di seng bohlokwa haholo.

motle	
matla	
motenya	
diaparo tse ntle	
morui	

mosa	
bohlale	
tsheha	
motle dipapading	
otile	







Boikgathollo

Kopanya mantswe ana.

se + qhwala = seqhwala

mo + rena = _____

se + tsomi = _____

mo + hwebi = _____

mo + ruti = _____



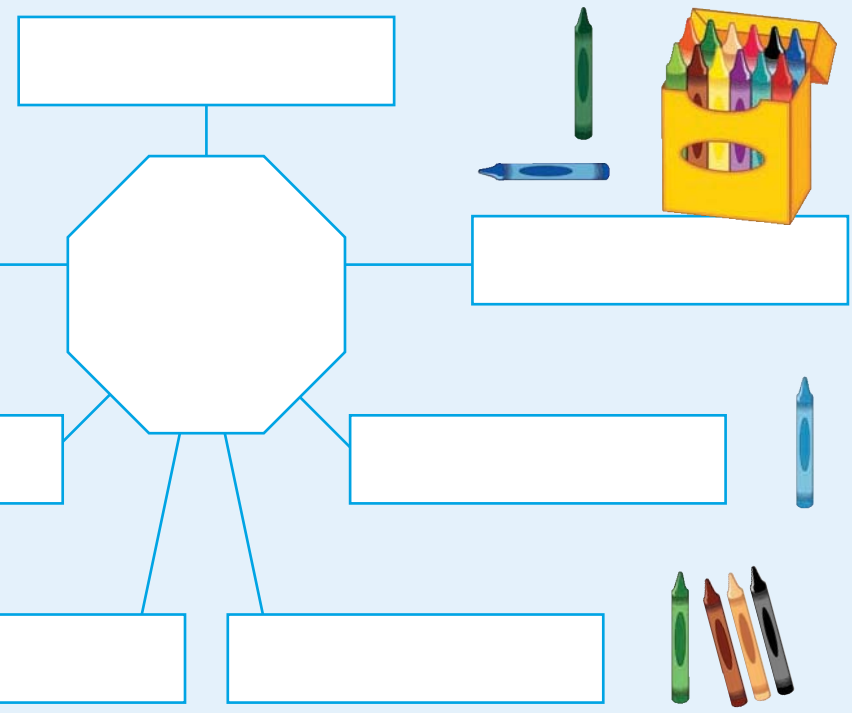
Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Letsatsi:

Re tshwanela ho tshwara nako hantle

A re ngoleng

Etsa mmapa wa sekgo ho o bontsha ka moo o sebedisang letsatsi la hao.
Tlatsa dikgeo tse latelang. Sebedisa mantswe a ka tlase.



sekolong	dithuto tsa sekolo	nako ya kgefutso	diphoofotswana
ditshwantsho	matitjhere	mosebetsi wa sekolo	dipapadi

A re ngoleng

Ngola dipolelo tse hlano ho bontsha hore o etsang ka beke.
Sebedisa tseo o di ngotseng setshwantshong se ka hodimo.

A re ngoleng

Polelong e nngwe le e nngwe, sehella lentswe le nang le moelelo o tshwanang le lentswe le ngotsweng ka botsho. Re o etseditse mohlala.

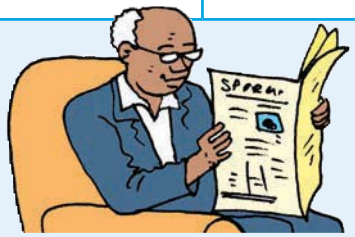
Mohlala: Ke **rata** ausi wa ka, ke kgahlwa ke abuti wa ka.
Mariha ho a **bata** Cape Town. Ho phodile kajeno.
Ke **thabile** haholo. Le metswalle e nyakalletse.
Ke **kotsi** dipalong. Ke hlwahlwa ho seseng.
Cindy o ithutela tsa **kgwebo.** O tlo etsa lebenkele.

Boikgathollo

Tlatsa dinako tsena mme o qala ka selemo seo o hlahileng ka sona. Jwale nahana ka bokamoso ba hao ebe o tlatsa dintho tsa bophelo ba hao.

Hlaha	Ke hlahile ka 20___
20___	
2010	
2020	
2030	
2040	
2050	
2060	







Letsatsi:

Mafahla

A re bueng

- O ka rata ho tshwana le abuti kapa ausi wa hao?
- O nahana hore ho bobebe kapa ho thata ho ba le mafahla lapeng leno? Hobaneng?





A re baleng

Nozipho le Nozizwe ke mafahla. Ba dula Port Elizabeth. Ba hlahile ka la 29 Hlakola 2000. Ba bala sehlopha sa bone. Nozipho le Nozizwe ba etsa tsohle mmoho. Ba etsa sehlopha se le seng. Ba apara diaparo tse tshwanang. Ba na le moriri o tshwanang, o mosootho. Ba manganga haholo. Metswalle ya bona ka nako e nngwe ha e kgone ho ba kgetholla. Sena se ba thabisa haholo.

Matitjhere a bona ha a tsebe ho ba kgetholla. Sena se ba thabisa haholo. Le ntate wa bona ha a kgone ho ba kgetholla. Empa mme wa bona o ba tseba haholo. Mafahla a na le ausi wa bona ya nyetsweng ke molemi wa mahapu. Le yena o fumana bothata ho ba kgetholla. Ebile o tlohetse le ho leka ho ba tseba.

Ka tsatsi le leng ntate wa bona a ba kopa hore ba apare diaparo tse sa tshwaneng, hore a tsebe ho ba kgetholla. "Tjhe" ho a tshwana, ho monate ha bohle ba sa tsebe hore mang ke mang. Ha re bueng ka ho ya Limpopo ho ya tjhakela Nandi. O motlotlo haholo, o thabetse hore re a mo tjhakela, re rata ho ja lehapu le jetsweng polasing ya bona.

A re bueng

- Pale e bua ka eng?
- Hobaneng batho ba sa tsebe ho ba kgetholla ka nako tsohle?
- Mafahla a ikutlwa jwang ka batho ba sa kgone ho ba kgetholla?
- Na ho na le mafahla ao o a tsebang? Ha ho le jwalo qoqola tlelase ya hao ka bona.

A re ngoleng

Ngola mantswe ana ho latela ditlhaku tsa alfabete. Etsa dinomoro lethathameng le leng le le leng ho tloha ho 1–5. Ngola mantswe ana bukantsweng.

__ lona	__ monna	__ thuso
__ lapa	__ mmino	__ teboho
__ lesapo	__ madi	__ tima
__ loma	__ mosa	__ tala
__ lakane	__ mantaha	__ tuma

A re ngoleng

Kgetha mantswe a nepahetseng.

O/ha o rate ho ja ditholwana?
Lehapu le/ha le mela mobung?
Ditholwana di loketse/ha di a lokela bana. Mme o a dumela?
Na ho thata/bonolo ho ba mafahla?
Ntate wa Nozizwe le Nozipho a ka/a ka se ba kgetholle?

Na ke?
Na o?
Na re?
Na ba?
Na bana ba?
Na o?
Na o?
Na ntja e?
Na lehapu le?
Na Ann le Jabu ba?

Letsatsi:

Ho tshwana le ho se tshwane



A re bueng

- Mafahla ke eng?
- Nozipho le Nozizwe ba dilemo di kae?
- Hlakola e na le matsatsi a makae?
- Hobaneng letsatsi la tlhaho la mafahla e le tsatsi la bohlokwa?
- Ha o ne o tseba Nozipho le Nozizwe, o ka rata ho ba motswalle wa ofe? Hobaneng?
- Na o ka rata ho ba lefahla? Hobaneng?



A re ngoleng

Tlatsa dipolelo ka mantswe a hlalosang dintho.



fapaneng	manganga	tshwanang	bolou	diaha mmele

Mafahla a ne a apare diaparo tse tshwanang.

Le marikgwe a bona a _____ a tshwana.

Mafahla a _____ a etsa sehlopha se le seng.

Mafahla a na le _____ hangata a kena kotsing sekolong.

Mafahla a tshwanang ha a mangata, mafahla ke batho ba

_____.

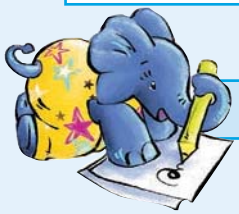
Lapeng leso re ja _____ hoseng.



A re ngoleng

Ngola dipolelo tsena jwale ka ketso e etsahalang hona jwale. Qala polelo ka **tsatsing lena**.

Bana ba ne ba sa utlwe.
Tsatsing lena bana ba
Mafahla a ne a batla ho tjhakela ausi wa bona polasing.
Tsatsing lena
Nozipho le Nozizwe ba ile sekolong ka bese.
Tsatsing lena
Ntate wa bona o ba kopile hore ba apare diaparo tse sa tshwaneng.
Tsatsing lena



A re ngoleng

Ngololla serapa sena. Kenya tlhaku tse kgolo, feelwane le kgutlo.



ka 2000 mafahla nozizwe le nozipho ba hlahetse port elizabeth e ne e le mafahla ba holetse eastern cape mme ba kene sekolo hona moo ba ne ba apara diaparo tse tshwanang mme ba kama le moriri ka ho tshwana ba na le metswalle e le meng ba ne ba rata ho tjhakela ausi wa bona limpopo



Letsatsi:

Bophelo ba polasi



A re ngoleng

Ngolla motswalle wa hao lengolo o mo qoqela ka phomolo eo o kileng wa ba le yona polasing.



Ngola aterese ya hao mona .....

.....

.....

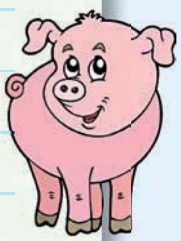
.....

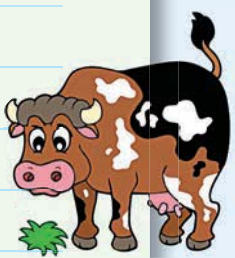


Ngola letsatsi mona .....



Bongi ya ratehang







..... Ngola qetello ya hao mona

..... Ngola lebitso la hao mona



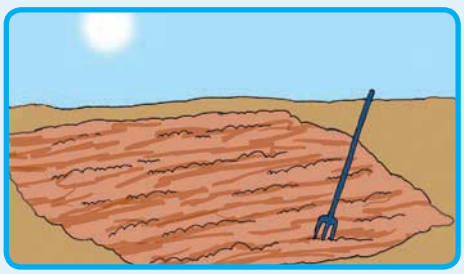
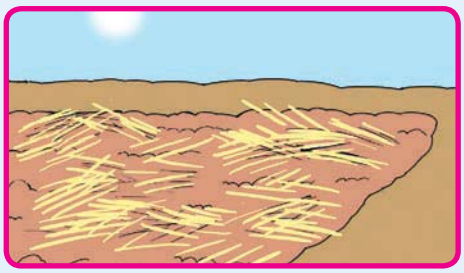
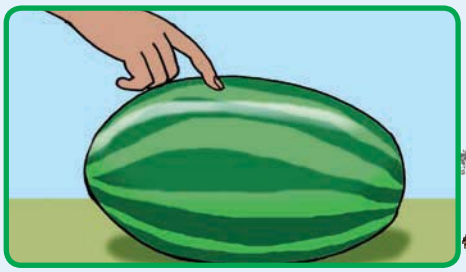
A re ngoleng

Etsa sedikadikwe lentsweng le nepahetseng.

Mahapu a kopaneng a/ha a fumanehe.
Nandi o lema/ha a leme mahapu polasing ya hae.
Ke rata/ha ke rate mahapu a monate.
Mafahla a ja/ha a je lehapu.

A re ngoleng

Nyalanya ditshwantsho le mantswe.

Lehapu le mela ha bonolo lehlabatheng le moo ho tjhesang. Mahapu a hloka ho jalwa moo ho nang le sebaka se seholo.	
Dijalo di kwahelwa ka mohlwa ho boloka mongobo.	
Nosetsa dijalo hore mobu o dule o le mongobo.	
Lehapu le butswitse ha e re ha o le kokota le etse lerata.	

Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Letsatsi:

Itokisetse ho ngola buka ya hao



A re ngoleng

Ngola pale ya hao.
Ngola maikutlo a hao setshwantshong sena.



Mohopolo ka selelekela



Pale e bua ka eng?

Mohopolo ka bohare ba pale

O tla phethela pale jwang?

Ngola pale ya hao pampiring. Kopa motswalle wa hao hore a o thuse, Seha leqephe le latelang. Mena leqephe meleng. Tlatsa leqephe la pele mme o ngole pale ya hao.

KAMORA BUKA

DITABA TSA MONGODI

Ngola lebitso la hao

Dilemo tsa hao

Moo o dulang

8

MOHATO WA 4: Seha moleng o motenya kamora hoba o kenye seteipolara bukeng ya hao

BOKANTLE BA BUKA

Taka setshwantsho mona.

Ngola lebitso la buka mona.

Ngola lebitso la hao (o mongodi).

1

MOHATO WA 2: Mena mathebeng moleng

MOHATO WA 1: Mena mathebeng moleng

MOHATO WA 3: Kenya seteipolara lehlakoreng lena

Taka setshwantsho mona.

Ngola bohare ba pale ya hao mona le leepheng la 5.

4

Taka setshwantsho mona.

Tswela pele ka pale ya hao mona.

5

Taka setshwantsho mona.

Qala ho ngola pale ya hao mona.

2

Taka setshwantsho mona.

Phethela pale ya hao.

7

3

Tswela pele ka pale ya hao mona.

Taka setshwantsho mona.

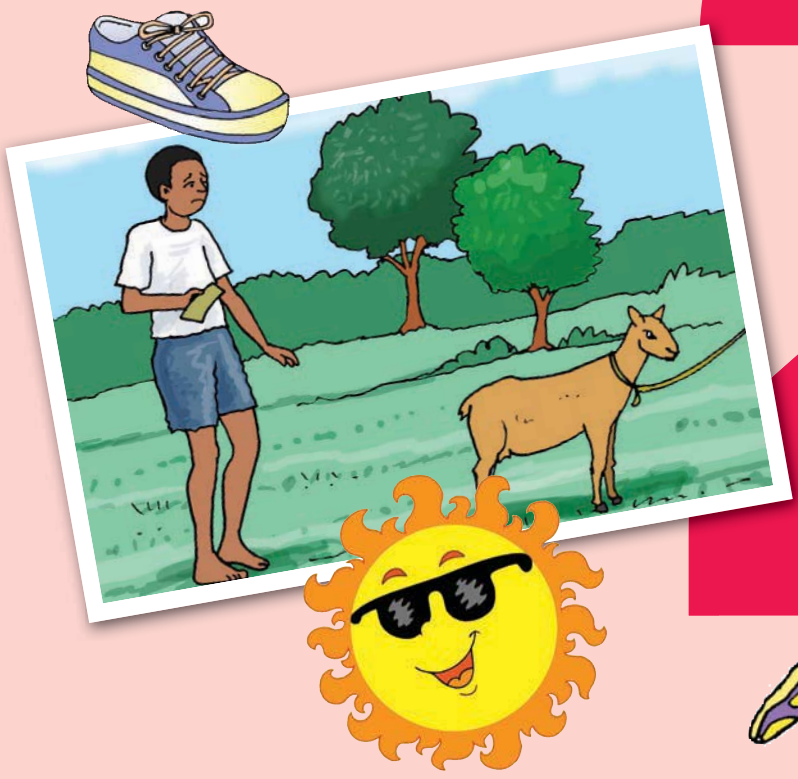
6

Ngola se etsahlang pheletsong ya pale ya hao.

Taka setshwantsho mona.



2













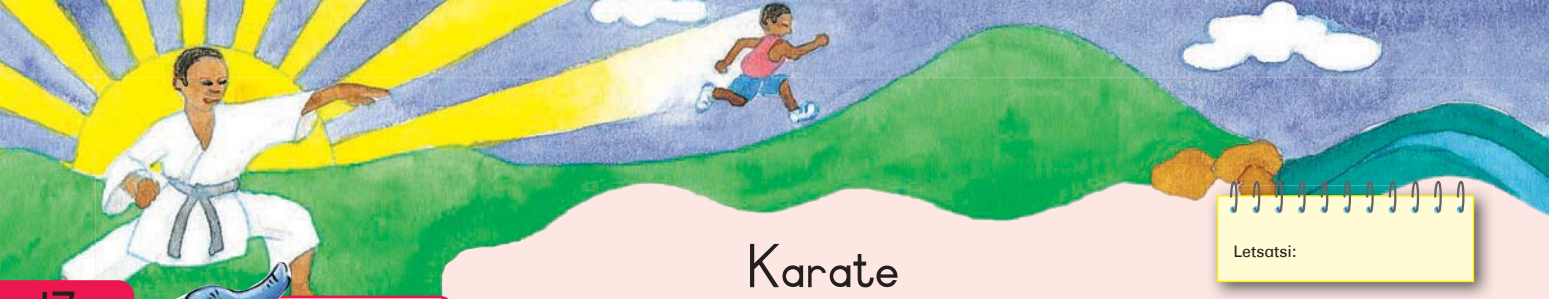












Letsatsi:

Karate

A re bueng

- Sheba setshwantsho. Bua ka sona.
- Bana bana ba bapala mofuta ofe wa papadi?
- Papadi ena melao ya yona ke efe?
- O nahana ho bohlokwa hore bana ba itlhokomele? Hobaneng?










A re baleng

Pale ya Sipho

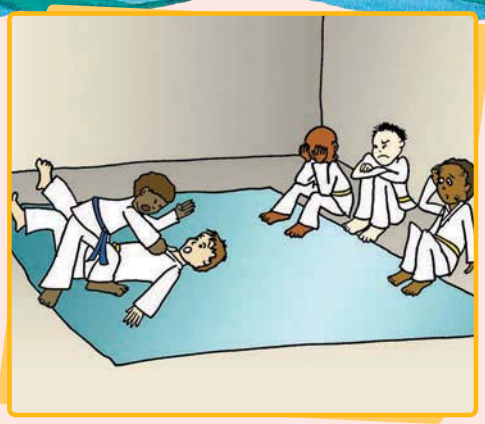


Ke qadile ho bapala karate ha ke le dilemo tse robong. Moholwane wa ka o ne a nkisa papading ya karate holong ya kereke East London , Eastern Cape. Ke sona se ileng sa etsa hore ke rate karate.

Ke ne ke le motle haholo papading ena. Ke ile ka hapa dikgau tse ngata.Tlhodisanong ya ho qetela, ke ile ka kenela tlhodisano ya boima bo ka tlasa dikhilogramo tse 45 le tse ka tlasa 55. Ke ile ka hlola papading tsena tse pedi. Ho ne ho le boima haholo. Ba bangata ba neng ba kenetse papadi ena, ba ne ba le baholo ho nna, ba bile ba le matla. Empa ke ba hlotse kaofela ha bona.

Karate e nthutile hore ke itlhokomele le hore ke se be leqhoko ke qale ntwa.





Sipho o sebetsa ka thata hore a phele hantle. O matha dikhilomitara tse hlano kamehla. O rata ho ikwetlisa.

Sipho o batla ho ba e mong wa ba tla emela Afrika Borwa bomampoding ba lefatshe ka karate. Empa o batla ho ikwetlisa motseng wa Japan pele ho eketsa tsebo ya hae ya karate.





A re ngoleng

Bala pale ka Sipho ebe o araba dipotso tsena.

A re bueng



- Pale ena e bua ka mang?
- Ke sebapadi sa papadi efe?
- Na o ka rata ho ithuta karate? Hobaneng?
- O nahana o tlamehile a ikwetlise haholo ho ithuta karate? Hobaneng?

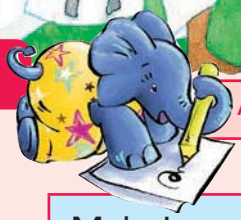
Sipho o dula toropong efe?
Re tseba jwang hore Sipho o tseba ho bapala karate?
Sipho o ithusa hore a dule a matlafetse jwang?
Hobaneng Sipho a batla ho ya ikwetlisa Japan?





Sipho o fumana sekola sa bomampodi

Letsatsi:



A re ngoleng

Kopanya dipolelo tsena ka **mme** kapa **empa**.

Moholwane o ile a nkisa ho ya bona bana ba bapala karate. Nna ke ile ka kenela papadi ena.
Ke tseba karate haholo. Bolo yona ha ke e tsebe.
Ba bang ba bashemane bana ba ne ba le baholo ho nna. Ke ba hlotse.
Sipho o sebetsa ka thata. Ha a fumane phomolo.



A re baleng

Bala lenaneo la diketsahalo tsa letsatsi tsa Sipho.



Bukatsatsi e ratehang

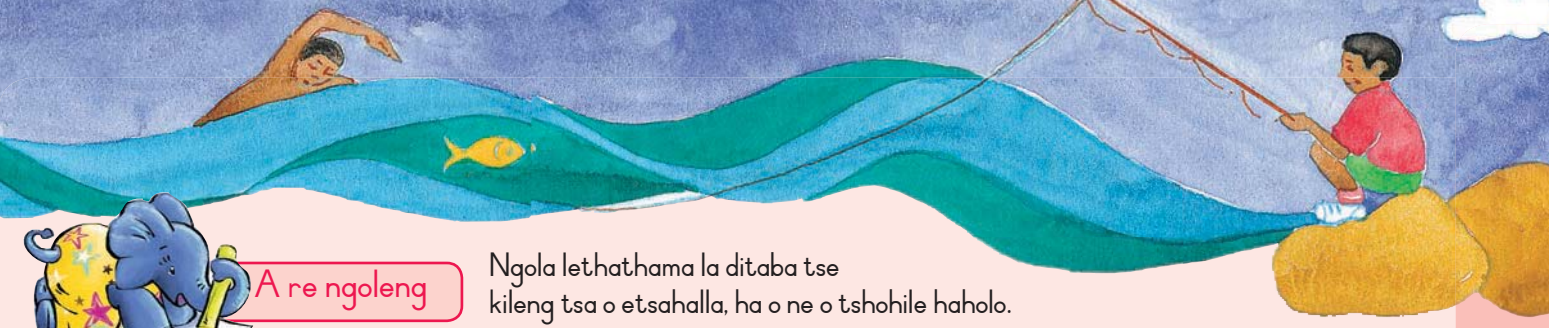
Tsatsing lena ke ne ke hlodisana le Jabulani Smith. Ke ne ke tshohile haholo. Le bosiu ha ke a bo hlotha boroko ke letswalo, ke nahana ka bothata boo ke tla tobana le bona. Jabu o moholo ho nna, hape o mmele o moholo.

Ke ne ke thothomela ke letswalo ha ke kena ka holong. Pelo ya ka e duma haholo ke letswalo. Maoto a ka a le boima eka ke rwetse dieta tsa tshepe.

Tshepe ya re "ting ting" bommampodi ba nkgisetsana mahafi, ha senyeha ho sa bola. Ka tiisa nna ngwana Phakwe, ya re ha e le neng tshepe ya lla, "ting ting". Mampodi ke Sipho moshemane e mosesane. Ka ikutlwa e ka ke na le mapheo a ho fofa ke thabo.

Sipho





A re ngoleng

Ngola lethathama la ditaba tse kileng tsa o etsahalla, ha o ne o tshohile haholo.

A re ngoleng

Bongata ba mantswe bo bontsha dintho tse ngata. Tlatsa bongata bo nepahetseng mantsweng a latelang.



Bonngwe	Bongata
moshanyana	bashanyana
mampodi	
buka	
ngwana	
kgomo	

A re ngoleng

Tlatsa dikgeo ka **o** kapa **ba**.



Sipho _____ qadile ho bapala karate ha a le dilemo di robong.

Batho _____ ne ba mo ratela bomampodi ba karate.

Bohle bao a neng a ba lwantsha _____ ne ba le baholo ho yena.

Sipho _____ ile a fumana bothata ha a lwana empa o ne a hlola.



Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz



Letsatsi:

Sipho o kgalema bomampodi ba hlorisang bana ba bang

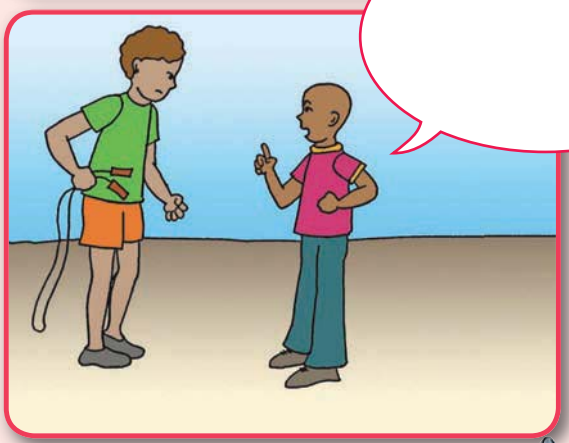


A re baleng











A re bueng



Buang ka dipotso tsena sehlopheng sa lona.

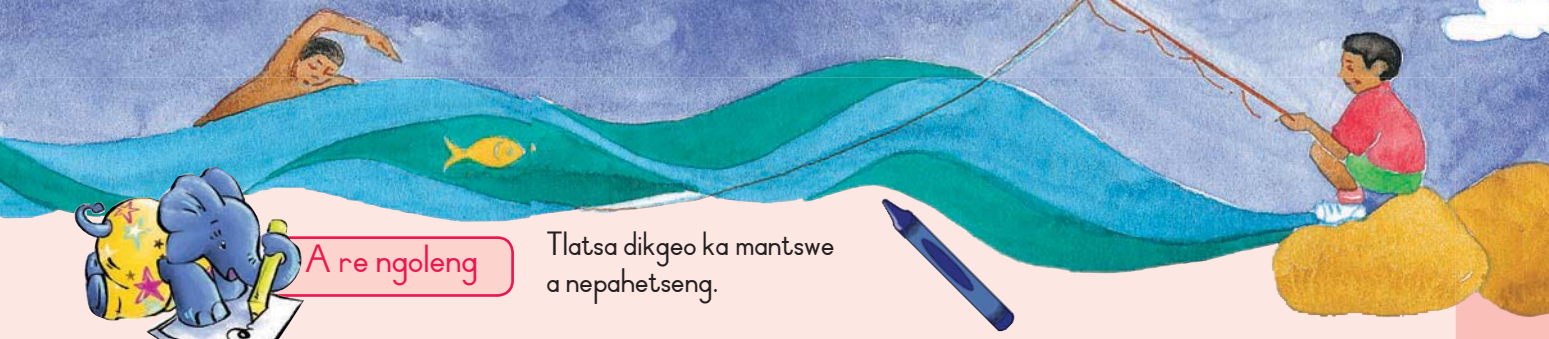
- Hobaneng ho fosahetse hore moshemane e moholo a nke kgati ya banana?
- O ne o tseba bana ba ikentseng bomampodi sekolong sa hao?
- O ka etsa eng ha senatla se o hlorisa?
- O nahana Sipho o itseng ho moshemane e moholo? Ngola polelo ya hao sebakeng se latelang.



A re ngoleng

Ngola polelo e le nngwe ka ditshwantsho tsena.





A re ngoleng

Tlatsa dikgeo ka mantswe a nepahetseng.

kgau	karate	moholwane	mmampodi
itlhokomela		bashemane	metswalle

Lebitso la ka ke Sipho. Ke monyenyane ka mmele. Ka nako e nngwe _____ ba baholo ba rata ho nqala. _____ wa ka o ne a rata ho nthusa empa jwale ke batla ho itlhokomela. Ke ile ka kenela _____ hobane e nthusa ho _____. Ke papadi eo ke e ratang haholo. E ntshireletsa bashemaneng ba leqhoko. Ke thusa le _____ ya ka. Ka morao ho nakonyana ke ikwetlisa, ke ile ka hapa _____. Mme ka ba mampodi.



A re ngoleng

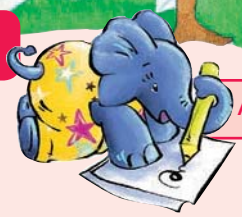
Fetolela polelo tsena ho tloha ketsahalong ya kgale ho ya ketsahalong ya hona jwale. Sebedisa mantswe a ntshofaditsweng ho o thusa.

Karate e **nthutile** ho itlhokomela.
Karate e **nthuta** ho itlhokomela.
Moholwane wa Sipho o mo **isitse** hore a ilo shebella karate.
Sipho **o ratile** karate.
Sipho o **hlotse** dipapadi tse ngata.



Letsatsi:

Tse ding tsa ditaba tsa karate



A re ngoleng Tlatsa dikgeo ka maetsi. Ngola mantswe bukantsweng ya hao.

Maetsi ke mantswe a etsang ketso

bapala	lwana	kena	lla

Moholwane wa ka o nthutile ho _____ka sebete.

Ke ilo _____ le Jabu makgaolakgang.

Ha tshepe e _____letswalo la fela.

Ka _____ ka holong ke tshohile.





A re ngoleng Ngola dinomoro dipolelong tsena ka ho latelana.

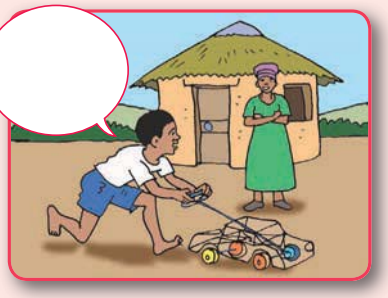
	Qetellong ke tsebile ho thusa metswalle.
	Ke hlotse dipapadi tse kgolo.
	Moholwane o mpolelletse ka karate.
	Ke ile ka qala ho ngodisetsa karate.
	Ke ne ke fokola, ke otile, ho ne ho se seo nka se etsang ka sena.
	Kamora dikgwedi ke ne ke tseba karate haholo.

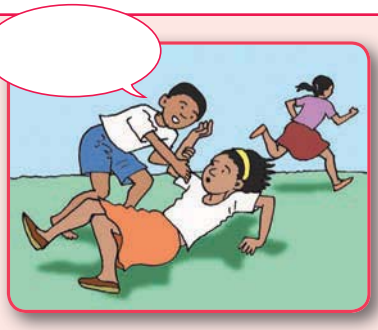


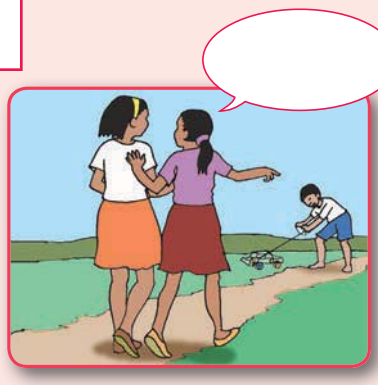
A re ngoleng

Nyalanya dipolelo le ditswantsho.
Ngola polelo tse nepahetseng sebakeng seo o se filweng.

1. Thuto ya karate e nthusitse haholo!
2. Ke rata koloi ya ka e ntjha. Ke a leboha, Mme.
3. Ha re nkeng koloi ya hae hore a lle!







Ngola serapa ka seo o se bonang setshwantshong.

Boikgathollo

Fumana phapang tse leshome ditshwantshong tsena. Di etsetse sedikadikwe. Bolella motswalle wa hao hore setshwantsho sa pele se fapane jwang le setshwantsho sa bobedi.

Teacher
Date:
Sign:





Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz



Letsatsi:

Dimathi tsa lefatshe dithabeng tsa Kenya

A re bueng

Sheba ditshwantsho, o bolele hore pale e bua ka eng.

- Hobaneng dimathi di tlameha ho ikwetlisa ka thata?
- Na o ne o tseba hore dimathi di lokela ho ja dijo tse kgethehileng? Hobaneng?

A re baleng

Dimathi dithabeng lefatsheng la Kenya



Joseph Kibor o tswa Kenya.
Ha a ne a le monyenyane, o ne a na le dintho tse pedi tsa bohlokwa.
E ne e le podi le bokgoni ba ho matha lebelo le lelelele.

Ka selemo sa 1988 Joseph o ile a tlameha ho etsa sehlabelo. O ne a batla ho ya dipapading tsa diteko, moo ho neng ho kgethwa sehlopha se tla emela naha ya habo. Empa teko ena ya mabelo e ne e tshwarelwa Nairobi. Joseph o ne a se na tjhelete ya ho ya moo. Joseph wa batho, o ne a se na le ha e le sente. O ile a tlameha ho rekisa podi ya hae hore a fumane tjhelete ya ho ya Nairobi.

O ile a matha lebelo la dimitara tse 10 000 ka maoto ka borikgwe bo marantha. O ile a tswa nomorong ya boraro. A nyakalla haholo.



Kajeno, dimathi tsa Kenya di hlola mabelo a malelele ho feta dimathi tsa dinaha tse ding. Ebe ke hobaneng Kenya e na le dimathi tse hlwahlwa?

Batjha ba matha lebelo le lelelele ho ya le ho kgutla sekolong. Ba thuto tsa mahlale ba dumela hore dimathi tse holetseng dithabeng di matha halelele di sa kgefutse, mme ha ba kgathale. Lebaka la sena ke hobane moya o hengwang ha o





mongata dithabeng. Sena se bolela hore dipelo tsa bona di tlameha ho sebetsa ka thata. Mme sena se tiisa ditshika tsa dipelo tsa bona.

Ditsebi tse ding di dumela hore ba matha haholo hobane ba ja dijo tse nepahetseng tse kang poone, dinawa, nama, meroho.

Empa se ka thusang maKenya ka ho fetisisa ke ka moo ba ka nkang ho matha ka teng. MoKenya e mong o kile a re, "Ha o sa hlole kajeno, o tla hlola hosane. Mme ba sa hloleng, ba kgotsofalle ho bona ba bang ba sehlopha sa bona ba hlotse."



A re bueng

- Pale ena e bua ka bomang?
- Ba bapala dipapadi dife?
- Na o ka rata ho kenela dipapadi tsa mabelo? Hobaneng?
- O bapala papadi efe sekolong? Hobaneng o bapala papadi eo?



Nyalanya ditshwantsho le mantswe a ka mabokoseng.

A re ngoleng



podi	letsatsi	nama	sekolo

motho

bosiu

poma

mahofi

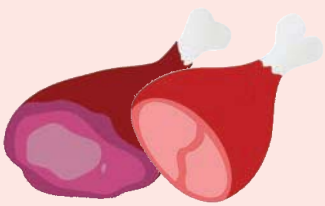
mahe

bola

bolo









podi

fotha

hama

matha

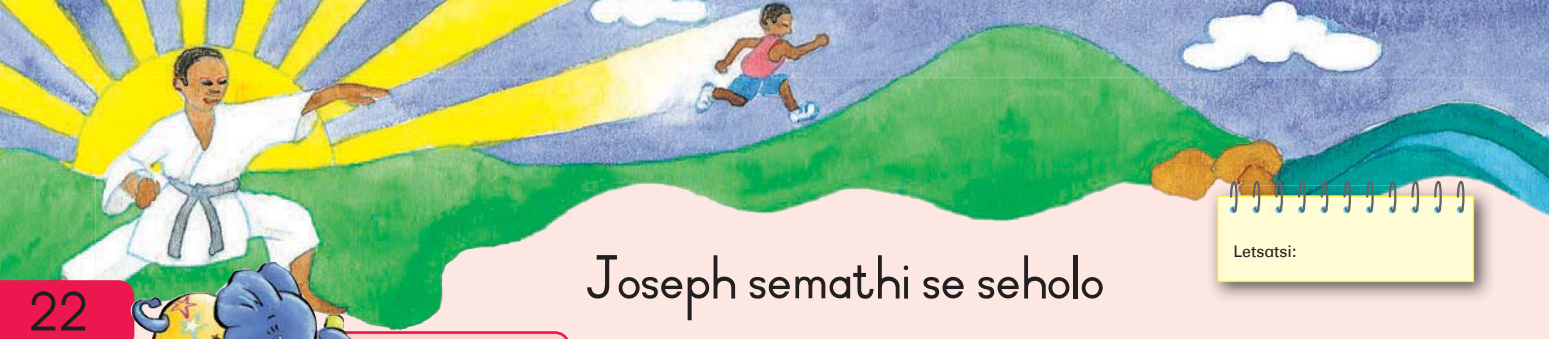
morena

hata

buka

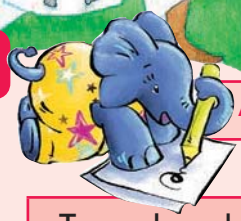


Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz



Letsatsi:

Joseph semathi se seholo



A re ngoleng

Joseph o dula hokae?
Hobaneng talente ya hae ya ho matha e le bohlokwa?
Hobaneng podi ya Joseph e le bohlokwa?
Ke dintho dife tse tharo tse etsang hore dimathi tse mathang ha lelele tsa Kenya ebe bomampodi ba lefatshe? Dintho tse tharo ke:
1.
2.
3.



A re ngoleng

Batho ba ngola ka makunutu bukatsatsing tsa bona. Nahana o le Joseph. Ngola kamoo o ileng wa ikutlwa kateng ha o rekisa podi ya hao.

Bukatsatsi ya ka.

Ke entse qeto e thata kajeno.





A re ngoleng

Sheba mantswe a re bolellang moo dintho di leng teng.

Seha mola ka tlasa mantswe ao dipolelong.
Ha ho makoloi dithabeng tsa Kenya.
Bana ba nyolosa ba theosa dithabeng letsatsi le letsatsi.
Podi e robetse ka tlasa sefate.

Joseph o isitse podi ya hae mmarakeng.



A re ngoleng

Jwale tlatsa dikgeo dipolelong ka mantswe ana.

ka	hodima	o	nyolosa	theosa

Dimathi di a shahla ha di _____ di

_____ dithaba.

Bana ba tsoha _____ matjeke ba ya sekolong.

Dimathi tse ngata di dula _____ morao ho thaba

ya Kenya.

Hata _____ lejwe hore maoto a hao a se be metsi.

Joseph _____ palame sefofane boemafofaneng ba Kenya.

Letsatsi:

Joseph o etsa sopo ya meroho

A re baleng

Joseph o iphehela sopo ya meroho e monate.

Sopo ya meroho

Seo o se hlokang

3 kgaba tsa mafura
1 eie
3 dihwete
½ kopi ya dinawa
2 kgaba e nyane ya letswai
1 litara ya metsi



Seo o tlamehang ho se etsa

Inela dinawa metsing.
Ebola dihwete o nto di seha dikotwana.
Kgabela eie.
Tshela mafura ka pitseng.
Hadika eie le dihwete.
Tshela dinawa, metsi le letswai, bedisa ho fihlela dinawa di butswa.

Eja hamonate.

A re ngoleng



Joseph o sebedisitse meroho efe ho pheha sopo?

O sebedisitse kgaba tse nyane tse kae tsa letswai?

O sebedisitse mafura a makae?



A re ngoleng

Sheba resepe. Tlatsa lentswe le nepahetseng ho e nngwe le e nngwe ya dipolelo tsena. Eketsa mantswe ana bukantsweng ya hao.

ebola	hadika	bedisa	tshela	inela

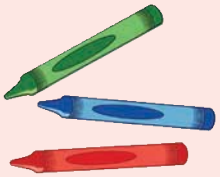
_____ dieie.

_____ dinawa.

_____ dihwete.

_____ sopo.

_____ mafura ka pitseng.





A re ngoleng

Ngola resepe ka ntho eo o ka e phehang.

Resepe ya ka _____

Seo ke se hlokang _____

Seo ke tlamehang ho se etsa _____



Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz



Letsatsi:

Ditaba tse ding tsa Joseph



A re bueng

- Bolella motswalle wa hao kamoo sopo ya Joseph e etswang kateng.
- Ngola ka seo o tshwanetseng ho se etsa.
- Ngola dipolelo ka tsela e nepahetseng.



A re ngoleng

Wena pele
Ebe wena
Wena o latele
Ebe wena
O wa ho qetela



A re ngoleng

Joseph o batla ho ngolla moholwane wa hae lengolo a mo bolella ka leeto la Nairobi. Mo thuse ho le ngola. Sebedisa mantswe ana ho o thusa.

lebelo la 3 000 m	difofane	ya ratehang	reka hape
ka maoto	maobane	wa tsena	boemo ba boraro
Kenya	podi ya ka	borikgwe bo tabohileng	

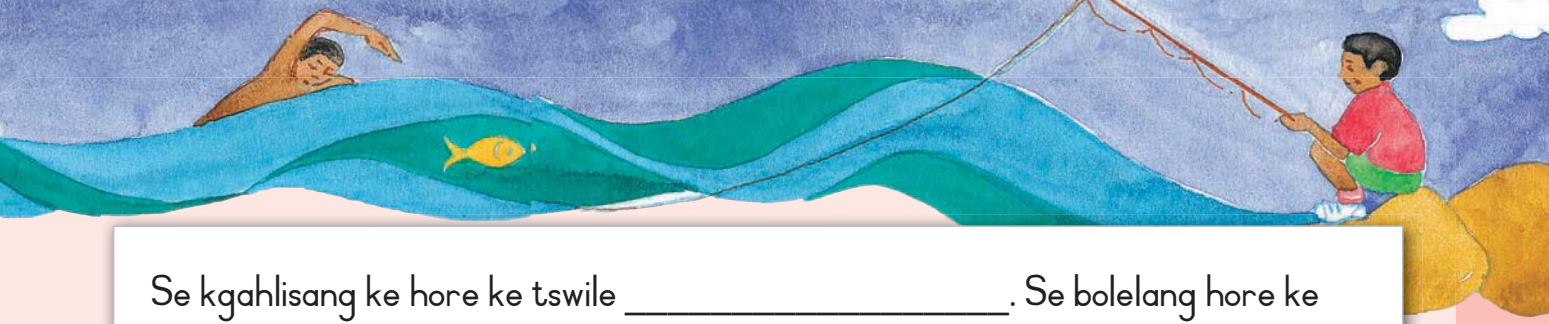
Paul _____

Ke fihlile Nairobi _____. Boema _____ bo ne bo le boholo, ke ne ke tshohile. Ke ne ke thabile hape.

Hoseng ha kajeno ke mathile _____. Ho ne ho le thata.

Dimathi kaofela di ne di rwetse dieta tse tshwanetseng tsa ho matha le diaparo tsa teng. Ka tlameha ho matha ka _____ le _____.

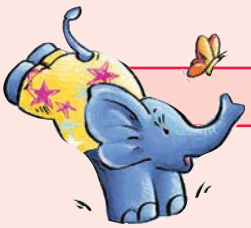




Se kgahlisang ke hore ke tswile _____. Se bolelang hore ke tla emela naha ya _____ ka ho matha.

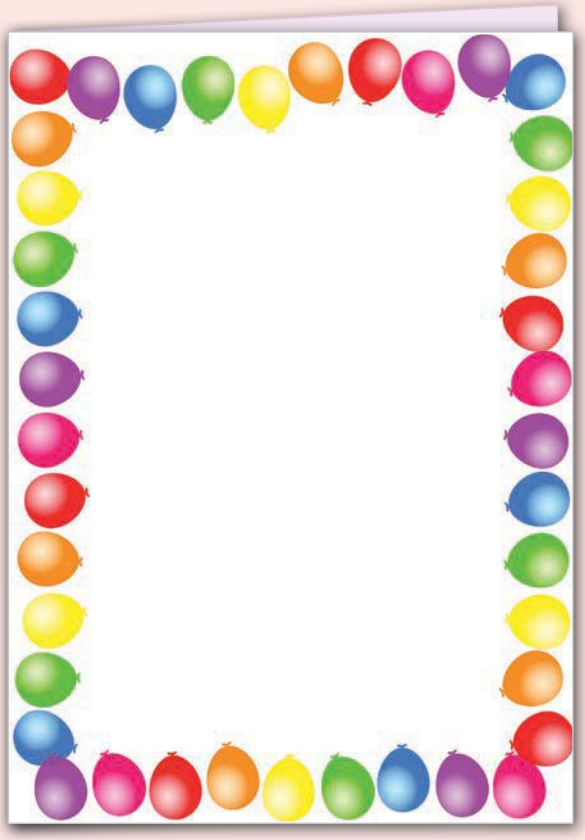
Ha ke itshole ho rekisa _____. Mohlomong ha ke ba mmampodi ke fumana tjhelete ke tla e _____.

_____
Joseph



Boikgathollo

Ngola karete o lebohisa e mong ya sebeditseng hantle dipapading kapa sekolong. Ngola molaetsa wa bohlokwa ka pele ho karete. Leka ho ngola ka mongolo o motle. Ngola molaetsa wa bohlokwa wa ho lebohisa mampodi ka hare ho karete.







Teacher
Date:
Sign:





Letsatsi:

Ho sesa



A re bueng

Sheba molaetsa o ka tlase.

- Molaetsa ke eng?
- Melaetsa e sebediswa neng?
- Hobaneng bana ba tlameha ho apara masiba a metsi ha ba sa tsebe ho sesa?
- Hobaneng bana ba eletswa ho potolloha sebaka sa ho sesa?

KELETSO

BANA KAOFELA

Apara masiba a ho sesa ha o sa tsebe ho sesa.
Eba le motho e moholo ka nako tsohle.
Tsamaya lebopong la sebaka sa ho sesa ka nako tsohle.
Se ke wa matha.



A re baleng

Ho sesa kapa ho teba

Bana ba sesa letamong. Ngwana a le mong o hoeletsa hore a thuswe. Sesa! Thembi o tlolela ka metsing a batang. O ya tlasetlase ho fihlela a fihla botebong ba noka. Ka matla a maholo, a ya hodimo kapele. Ha a etswa ka metsing a phefumola haholo, a nto sesa hape ho ya ka nqane ho noka.

O tseba ho sesa? Ho sesa ho monate, haholo ha ho tjhesa. Empa ho ka ba kotsi hape. Selemo le selemo batho ba a shwa dinokeng, matamong, mawatleng, le dibakeng tsa ho sesa. Le motho ya tsebang ho sesa o fumana bothata ka nako e nngwe ha a sa hlokomele. Hopola hore ha re matata, ha re a tswallwa ho sesa. Re tlamehile ho ithuta.





Sheba dikeletso tsena ho o thusa hore hlooho ya hao e be ka hodima metsi.

Hlokomela ha o sesa. Sesa metsing a hlwekileng ka nako tsohle. Sheba dibotlolo le makotikoti ha o sesa. Hlokomela o se sese pela majwe le metso ya difate.

Se ka sesa o le mong. Ha o ka shwa bohatsu leotong ho tla ba thata ho intsha ka metsing.

Ha ho na pula ya dikgohola o se sese. Lehadima le rata metsi.

Ha o fumana hore ha o kgone ho tshwara fatshe mme o kotsing, se ka emisa matsoho kapa wa hweletsa. Robala ka mokokotlo, o phefumolohe hanyane.

Ha ho na le batho ba bangata ka metsing, hlokomela hore motho e moholo a se o wele hodimo. Hlokomela hore o se ke wa ema hodima motho e mong kapa wa sututsa batho.

Ho sesa ho monate, hlokomela!



A re bueng



- Pale ena e bua ka eng?
- Hobaneng re tlamehile ho hlokomela ha re sesa nokeng?
- O tseba ho sesa? Ha o sa tsebe, o ka rata ho ithuta? Hobaneng?
- Hobaneng ho le bohlokwa hore o se ke wa sesa o le mong?

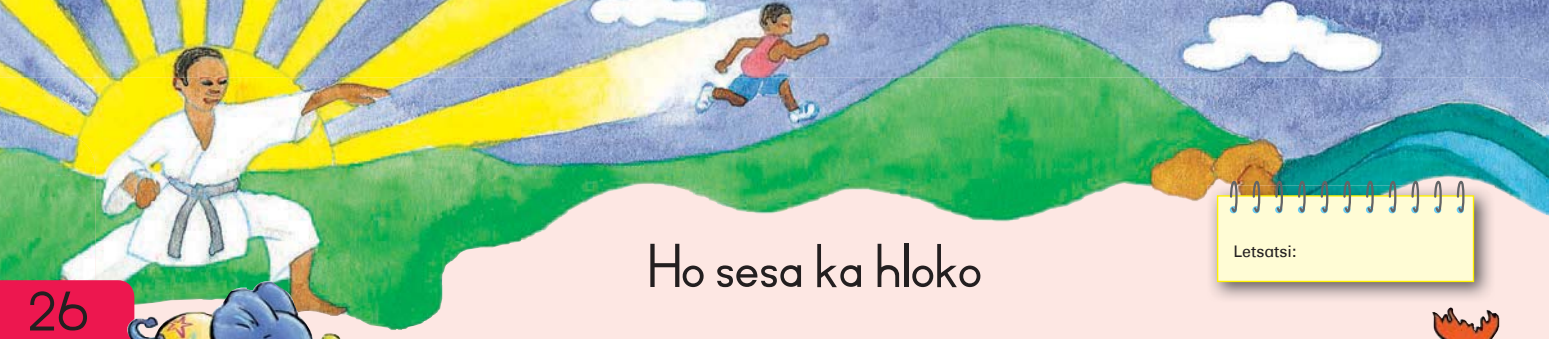


A re ngoleng

Ngola mantswe ana ho ya ka ditlhaku tsa alfabete.
Ngola dinomoro tsa mabokose ho tloha 1–3.
Ngola mantswe bukantsweng.

___ nokeng	___ sesang	___ lewatle
___ ditshila	___ metsi	___ wena
___ hlokomela	___ noka	___ sesa





Letsatsi:

Ho sesa ka hloko

A re ngoleng

Bala pale hape, ebe o ngola dintho tse tharo tseo o tlamehang ho di hlokomela ha o le ka metsing o sesa.



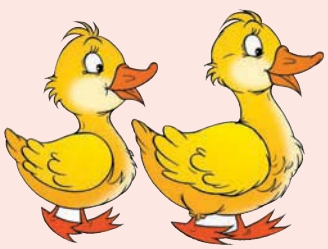
1.
2.
3.

Paleng, lentswe lena "keletso" le bolelang?

a) Ho eletsa motho
b) Hodima thaba
c) Teboho eo o e fang motho ya o thusitseng

Ho bolela eng "ho ntshetsa hloho ya hao hodima metsi"?

a) Ho tswa kotsing
b) Ho phefumola moya o monate
c) Ho ntsa mmele wa hao metsing



Matata a tshwaletswe ho etsang?

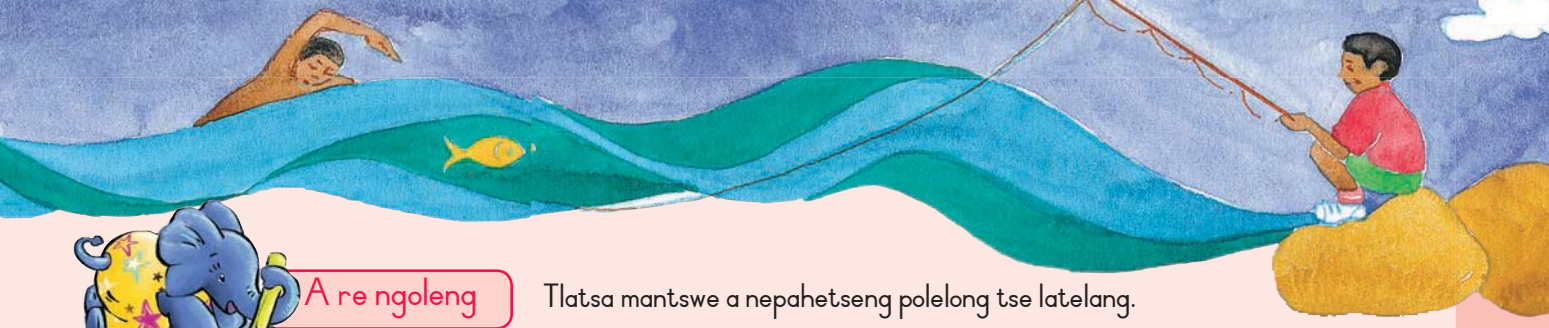


A re ngoleng

Nyalanya lentswe le modumo oo le o etsang.

A	B
lehadima	tuduwana
mahlaku	hoba
metsi	foka
moya	fefoha
maqhubu	otla





A re ngoleng

Tlatsa mantswe a nepahetseng polelong tse latelang.

thoko	hodima	kantle	ka	hara

Ha se ntho e ntle ho tlolela _____ nokeng hobane o ka ntshwa dikotsi ke majwe.

Ha ho tjhesa. Ha re sese _____ lewatle.

O se ke wa sesa o le mong. Ha o kgathala o ke ke wa kgona ho tswela _____ ho noka ka bowena.

Robala ka mokokotlo _____ metsi ha o le kotsing.

Tsamaya ka _____ ho noka, se ka wa matha.







A re ngoleng

Kopanya dipolelo. Sebedisa **le** kapa **empa**.

Se ka matha _____ ho tlolela ka metsing.

Se ka tsamaya hodima dibotlolo tse tjhwatlehileng _____ makotikoti.

O ka sesa ha ho tjhesa _____ e seng ha ho na pula ya mahadima.

Ho sesa ho monate _____ o hlokomele.

Hlokomelang ha le sesa _____ se tlole batho.

Letsatsi:

Ke rata metsi

A re baleng

METSI

Ke a o rata metsi!
Ke a o hloka
Ka nako le motsotso

Ke a o rata, ke o rata ka mokgwa oo
Ke ithatang,
Ke re Viva! Ho wena
Tswela pele ka mosebetsi o motle

Lefatshe le matsohong a hao!

Michael Matlala



A re ngoleng

Ke mang ya ngotseng thothokiso ena?
Sethothokisi se batla metsi neng?
Re tseba jwang hore sethothokisi se rata metsi?
Ho bolelang hore "tswela pele ka mosebetsi wa hao o motle"?
Se bolelang ha se re"lefatshe le matsohong a hao"?



A re ngoleng

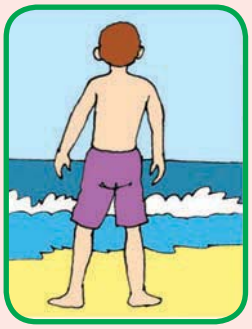
Hlophisa mantswe ho etsa dipolelo tse nang le kelello.

sesa na e pula se ha otlwa tla ke lehadima o
kapa sututsa se ka hlokomela hodima motho e mong le e mong ho ema
thubehileng le dibotlolo sheba tse madikotikoti
ho monate o hlokomela sesa ho ha

A re ngoleng

Bapisa setshwantsho Le sesebediswa se nepahetseng.

Lewatle
Senorokele le difini
Selope sa ho tshwasa tlhapi
Ho itokisetsa ho sesa
Tulo ya ho sesa













Letsatsi:

Polokeho metsing



A re ngoleng

Bolela hore e nngwe ya dipolelo tsena ke **nnete** kapa **tjhe**.
Ha e se nnete, e ngololle o e ngole ka nepo.

	Nnete	Tjhe
Selemo le selemo batho ba a shwa lewatleng.		
Motho ya tsebang ho sesa ha a kene kotsing ha a hlokomela.		
Ho sesa ho manate haholo ha ho tjhesa, empa ho kotsi.		
Ha ho na le lehadima, tloha pela metsi.		
Sesa metsing a ditshila ka nako tsohle.		



A re ngoleng

Ngola keletso o e behe sefateng se pela noka.
Ngola dipolelo ka mokgwa o nepahetseng.
Etsa setshwantsho se tla hohela batho phousetareng ya hao.

Etsa ka hohle ho bona hore metsi a hlwekile pele o sesa.

Se ke wa tlolela ka metsing ha a sa hlweka.

Se ke wa nwa metsi.

Tlosa maoto a hao jwanng.

Se ke wa bua le batho bao o sa ba tsebeng.

Se ke wa sesa o le mong.

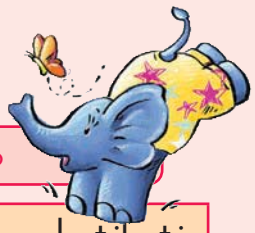
Se ke wa sesa ha ho na pula ya lehadima.

Sheba pele o tshela mmila.



KELETSO





Qetella mmapa wa sekgo. Tlatsa dikgeo. Bala polelo tse latelang mme o kgetha hore o ka sebedisa polelo dife mmapeng.

Boikgathollo

Tlolela metsing o sa sheba.	Hlokomela mabotlolo le makotikoti a thubehile ka metsing .
Se ke wa sesa ha o qeta ho ja haholo.	O ka nwa metsi.
Sesa ha metsi a le seretse.	Se ke wa sesa o le mong.





Keletso ka ho sesa

Sesa metsing a hlwekileng.

Se ke wa tlolela hodima metswalle.

Thusa ba kotsing.



Teacher

Date:

Sign:



Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Boikwetliso ka ho matha

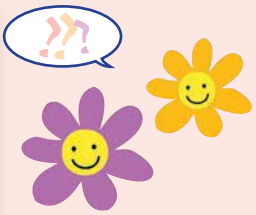
Letsatsi:



A re bueng

Sheba setshwantsho.

- Batho bana ba etsang?
- O nahana hore seo ba se etsang ha se kotsi? Hobaneng?
- O nahana hore naha e hlwekile? Hobaneng?
- O nahana dimathi tsena di ka ikwetlisa kae?
- O ka eletsa jwang batho ba ikwetlisang ditoropong?





A re baleng

Na o ka itshiretsa jwang ha o matha toropong



Ho dula o shahlile ho ka nna ha e ba kotsi. Batho ba ikwetlisang ka ho matha ditoropong ba ka nna ba eba kotsing ya ho thulwa ke makoloi. Hona ha ho bolele hore batho ba dulang ditoropong ha ba tshwanela ho ikwetlisa. Ba tshwanetse ho hlokomela melao ya tsela.

Ditsela di etseditswe makoloi, dibese le dilori. Ha boramakoloi ba sa bone hantle, ba ka nna ba o thula. Ka hoo, ho bohlokwa hore o apare diaparo tse kganyang tsa ho matha. O ka nna wa beha setikara sa polasitiki se kenang ka pele kapa ka morao.

O tshwanela ho matha ka letsohong le letona la tsela o tadimane le sephethephethe. O tshwanela ho sebedisa tselethoko ha o kgona. Dimathi di tshwanela ho boloka melao ya tsela. Ha o le karolong eo ho tshelang ditaaso o tshwanela ho lekola hore ha ho makoloi a tlang pele o ka tshela mmila.



A re bueng

- Pale ena e bua ka eng?
- Hobaneng re tlamehile ho hlokomela ha re ikwetlisa ka ho matha ditoropong?
- O nahana batho bana ba na le mathata jwalo ka batho ba mahaeng? Hobaneng?
- O ikwetlisa ka ho matha le wena? Haeba ho jwalo, ho kae?

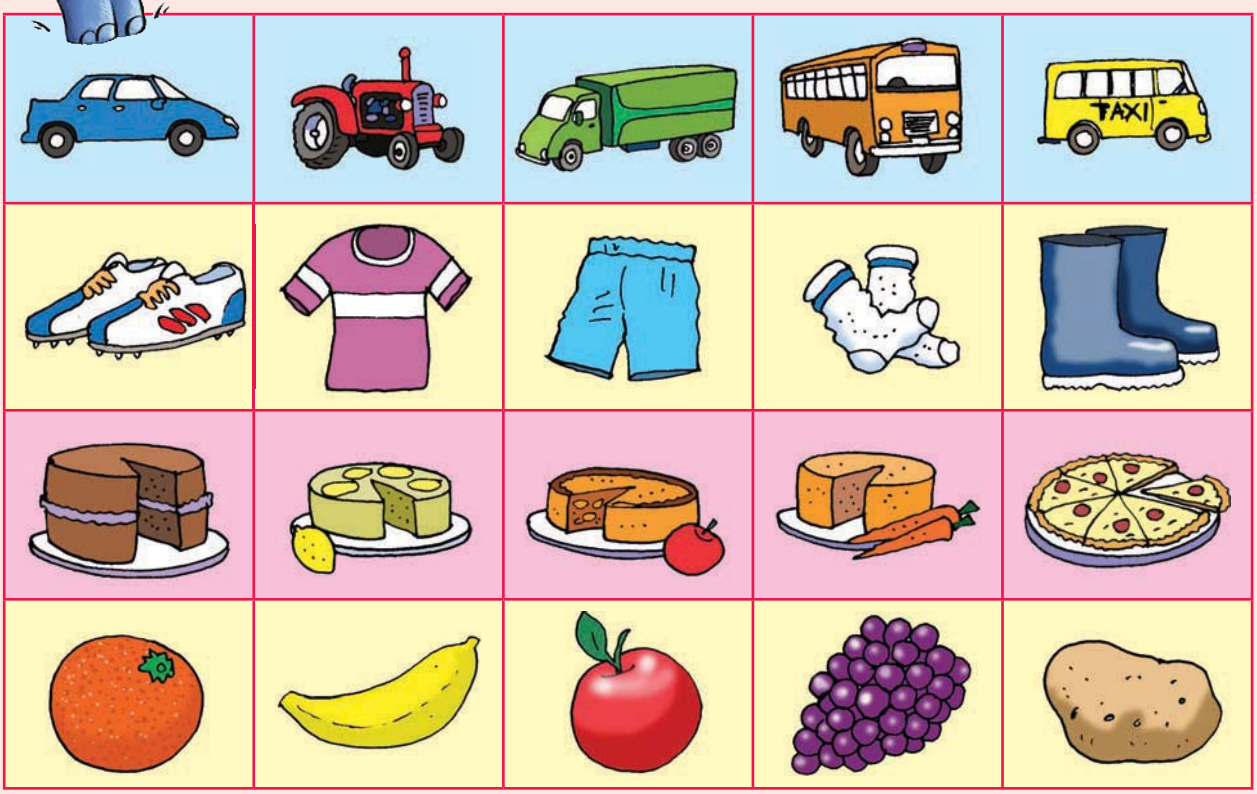
A re ngoleng

Etsa sedikadikwe mantsweng a tshwanang ka modumo le mantswe a qalang.

matha	ratha	thapo	thata	thaba
nama	nale	naha	nare	natsa
qoqa	qotsa	qoqa	qola	qhotsa
mme	mmele	mmela	mmesa	mmeme
roka	rora	rona	roka	roba

Boikgathollo

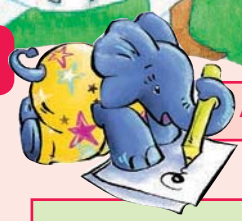
Etsa sedikadikwe o bontsha dintho tse sa dumellaneng, moleng o mong le o mong.





Letsatsi:

Boipaballo boikwetlisong



A re ngoleng



Hobaneng ho ikwetlisa ka ho matha ditoropong ho sa loka?
Mongodi o nahana ditsela di etseditswe eng?
Batho ba ikwetlisang ba tlamehile ho apara eng? Hobaneng?
Batho ba ikwetlisang ba tlamehile ho latela melao efe e meraro ya tsela?
1.
2.
3.



A re ngoleng

Ngola mantswe a hananang le a latelang.
Kgetha mantswe ka mabokoseng.



motho

e mong

mariha

hlokomela

thata

ntle

selemo

bobe

kotsing

lokile

fokola

botle	bolokeha	shahla	ha ho motho	mpe





A re ngoleng

Ngololla serapa.
Kenya tlhaku tse kgolo le dikgutlo.

ho matha ke e nngwe ya papadi tse ratwang haholo batho ba matha hore ba dule ba shahlile batho ba rata ho matha hoseng ha ho se na koloi tse ngata kapa ka mora nako ya mosebetsi batho ba bangata ba mamela di MP3 ho itlosa bodutu sena se kotsi haholo

A re ngoleng

Etsa dipolelo ka ho etsa mola ho tloha ka bopinking ho ya karolong e nepahetseng e tala.

Ke ikwetlisa ka ho matha hoseng	ke etsa bonnete ba hore ke ikwetlisa ka ho matha kamehla.
Pele ke ikwetlisa ke apara diaparo tse kganyang	hobane ke ikwetlisa kamehla.
Ke rata ho ikwetlisa ka ho matha	ke fumana di ntekana hamonate.
Ke se ke shahlile	ke e apara ha ke ikwetlisa ka ho matha.
Ke rekile dieta tsa ho matha	hobane ke qala mosebetsi ka hora ya 8h00.
Ke rekile hempe e ngotsweng "Ke rata ho ikwetlisa ka ho matha"	hobane ke batla bakganni ba makoloi ba mpone.

Boithabiso dipapading

Letsatsi:

A re baleng

Mokete wa dipapadi Cape Town.

Lenaneo la dipapadi

NAKO	PAPADI	TULO
Laboraro mohla la 6 Mphalane **20:00**	Ho phahamisa ditshepe le ho thapolla mmele	**Wittebome Civic Centre**
Labone, mohla la 7 Mphalane **20:00**	Biliate le sehukha	**Wittebome Civic Centre**
Labohlano, mohla la 8 Mphalane **19:30–21:30**	Bolo	**Athlone Stadium**
Moqebelo, mohla la 9 Mphalane **10:00–18:00** **10:00–14:00** **10:00–14:00** **11:00–14:00** **10:00–15:00** **14:00–15:30** **14:00–16:30** **20:45–22:15**	Kerikete Mabelo Dibaesekele Bolo ya volley Tjhese Netebolo Tenese Rakebi	**Turfhall Park** **Vygieskraal Stadium** **Vygieskraal Stadium** **Vygieskraal Stadium** **SPRA Hall** **William Herbert Sports ground** **William Herbert Sports ground** **Athlone Stadium**

A re bueng

- Mokete wa dipapadi ke eng?
- O nahana dipapadi tse pedi tse tsebahalang haholo ke dife? Hobaneng?
- Ke papadi efe eo o ka e shebellang ka 10:00 ka Moqebelo. 9 Mphalane ka Turfhall Park?
- Na o ka sheba kerikete le ho matha ka nako e le nngwe? Hobaneng?
- O ka lakatsa ho sheba netebolo le tenese? Hobaneng?



A re ngoleng

Tlatsa dikgeo.

ye	ka mohlomong	kamehla	hangata	hohang

_____ ke ikwetlisa ka ho matha hoseng.



_____ ke matha ka ntle ho diaparo tse kganyang.

_____ nna le Joe re ikwetlisa ka ho mathela sebakeng sa ho bala.

_____ ha ke ikwetlisa ka ho matha hoseng pula e a na.

Mantsiboya ha ke qeta ho ja ke _____ ke mamele radio.

A re ngoleng

Ngola dipotso.





Mohlala

Batho ba ikwetlisang ba ka tswa dikotsi ha ba matha moo ho tletseng makoloi.
Ho ka etsahalang ka batho ba ikwetlisang ha ba matha moo ho tletseng makoloi?

Ho dula o shahlile ho ka ba kotsi.	
Hobaneng	?
Ditsela di etseditswe makoloi, dibese le ditekesi.	
Ditsela di	?
Boramakoloi ba fumana ho le boima ho bona.	
Boramakoloi	?
Ho bohlokwa ho apara diaparo tse kganyang ha o matha.	
Ho	?



Letsatsi:

Ditokisetso tsa ho ngola



A re bueng

- Ke nako ya ho ngola buka e nngwe.
- Qoqela motswalle wa hao ka seo o tla se ngola. Ngola ka buka e tla thusa batho ba bang. Buka e tla thusa babadi ka tsa dipapadi kapa ho pheha kapa ho hong hoo ba ratang ho ho etsa.

1) Qalong

Ngola mela e seng mekae ka seo o ratang ho se etsa.



2) Bohareng

Ngola mela e seng mekae ka ho itokisetsa hono. Bolela ka disebediswa tse batlehang.



Ngola ka mokotaba mona.
Buka ena e bua ka eng?



3) Re sa le bohareng

Ngola ka ho hlola. Ha e le tsa dipapadi bolella mobadi hore a etseng ho dula a shahlile. Ha e se dipapadi, mo eletse hore a etse jwang ho hlola.



4) Pheletso

Qetella buka ka ho fa mobadi mabaka a ho tswela pele ka seo a ratang ho se etsa.



Ngola pale ya hao pampiring. Kopa motswalle wa hao ho tshwaya pale ya hao. Seha leqephe le latelang. Koba leqephe meleng. Tlatsa leqephe la pele ebe o ngola pale ka hara buka.

KAMORA BUKA



DITABA TSA MONGODI

Ngola lebitso la hao

Dilemo tsa hao

Moo o dulang

8

MOHATO WA 4: Seha moleng o motenya kamora hoba o kenye seteipolara bukeng ya hao

MOHATO WA 1: Mena mathebeng moleng

MOHATO WA 3: Kenya seteipolara lehlakoreng lena

BOKANTLE BA BUKA

Taka setshwantsho mona.

Ngola lebitso la buka mona.

Ngola lebitso la hao (o mongodi).

1

MOHATO WA 2: Mena mathebeng moleng

Taka setshwantsho mona.

Ngola bohare ba pale ya hao mona le leepheng la 5.

4

Taka setshwantsho mona.

Tswela pele ka pale ya hao mona.

5

Taka setshwantsho mona.

Qala ho ngola pale ya hao mona.

2

Taka setshwantsho mona.

Phethela pale ya hao.

7

3

Tswela pele ka pale ya hao mona.

Taka setshwantsho mona.

6

Ngola se etsahlang pheletsong ya pale ya hao.

Taka setshwantsho mona.

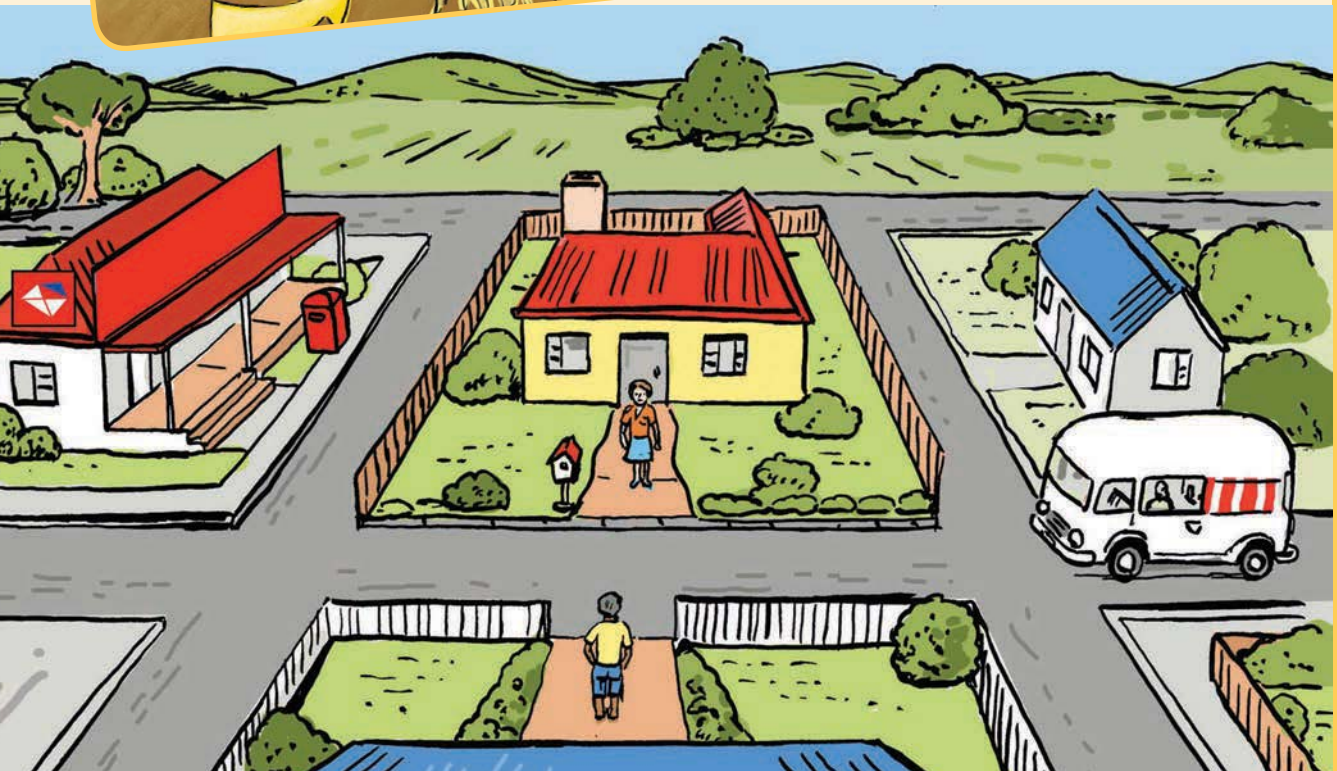






3





Tlhaloso ya dintho

Letsatsi:



A re bueng

Selemong sena re buile ka tulo tse fapaneng.

- O kile wa nahana kamoo tulo tsena di bohehang kateng?
- O ka hlalosa kamoo di leng kateng?

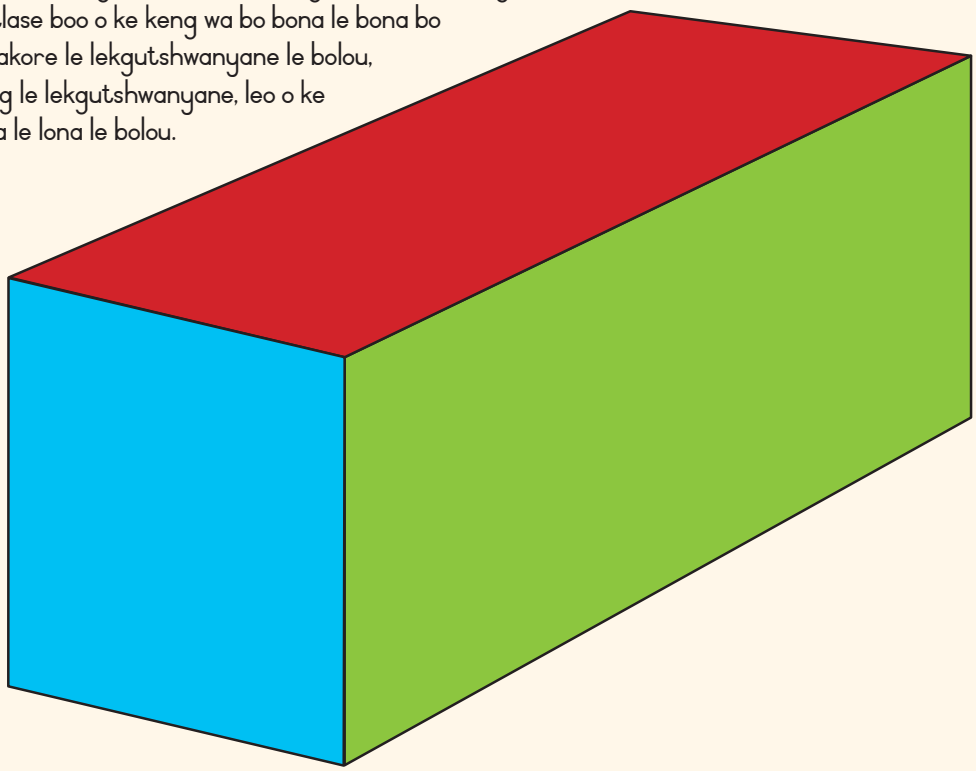






A re baleng

Sheba lebokose setshwantshong se ka tlase. O ka bona lehlakore le lelelele le kgabisitsweng ka botala. Lehlakore le leng leo o ke keng wa le bona le lona le letala. Bolelele bo bong bo ka hodimo bo kgabisitswe ka bokgubedu. Bolelele bo ka tlase boo o ke keng wa bo bona le bona bo bofubedu. Lehlakore le lekgutshwanyane le bolou, lehlakore le leng le lekgutshwanyane, leo o ke keng wa le bona le lona le bolou.



Jwale ngola lebokose mme o sebedise mantswe ana ho o thusa.

putswa

lehlakore le le lelele

lehlakore le ka hodimo le le lelele

kgubedu

tala

lehlakore le lekgutshwanyane





A re ngoleng

Sheba lebokose lena hape, ebe o sebedisa mantswe ana ho qetella dipolelo, Mohlala.

1. Nka bona **lehlakore le letala le lelelele** le **lehlakore le lefubedu le lelelele**.

2. Nka bona _____.

3. Nka bona _____ le _____.

4. Nka bona _____.

5. Nka bona _____, le _____

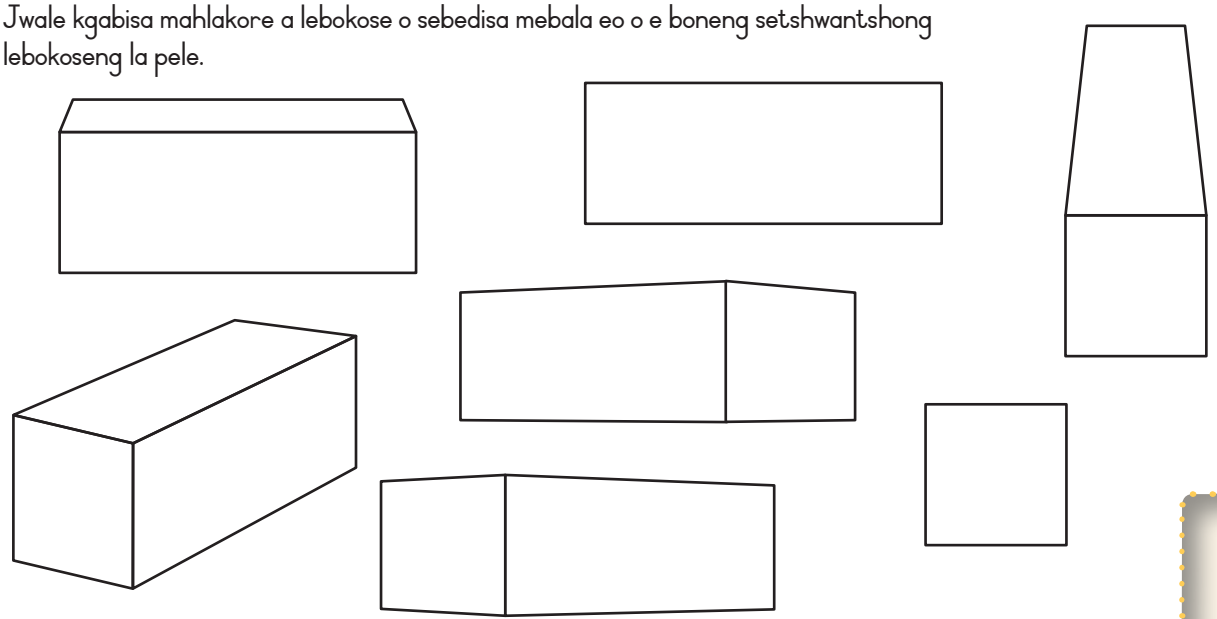
   le _____.

6. Nka bona _____ le _____.

A re etseng

- Bua ka mebala ya lebokose. Lehlakore le leng le le leng le na le mmala o fapaneng.
- Supa lehlakore leo o le bonang ebe o bolella motswalle wa hao hore lehlakore ka leng le na le mmala o jwang.
- Nahana o bona lebokose ka tlase. Ka morao le ka letsohong le letshehadi. Bolella motswalle wa hao ka mebala eo o e bonang.
- Ha o na le lebokose ka tlelaseng, le shebe ka mahlakoreng ohle.

Jwale kgabisa mahlakore a lebokose o sebedisa mebala eo o e boneng setshwantshong lebokoseng la pele.



Shebang hohle

Letsatsi:

A re bueng

O hlalositse mahlakore a lebokose.

- Na o ka hlalosa ditulo tse haufi le sekolo sa hao?
- Bua ka tse ding tsa ditulo tse haufi le motse wa heno.

A re baleng

Jabu le Thema ba mema Bongi letsatsing la bona la dipapapdi. Bongi o dula hole le sekolo sa bona. O tla tshwanela ho palama tekesi tse pedi ho fihla sekolong. O tshoha hore a ka lahleha. Jabu le Thema ba romela Bongi pampiri ena le lengolo le hlalosang tsela e yang sekolong.



A re ngoleng

Tlatsa dikarabo tsa dipotso tsena.

Letsatsi la dipapadi le neng?

Ho qalwa ka nako mang?

Re tseba jwang hore Bongi a ka tla le ngwanabo e monyane?

Ke dipapadi tse jwang tsa ho matha tse teng?

Lebitso la sekolo le aterese ke dife?



A re ngoleng

Ngolla Bongi lengolo o mo hlalosetse ka tsela e tlang sekolong sa hao. Hlalosa seo a tla se bona haufi le tikoloho ya sekolo, hore a tsebe ho fumana tsela. Hopola ho ngola aterese.

Bongi ya ratehang

Ke thabile ha o dumetse ho tla dipapading tsa sekolo sa rona. Ho bonolo ho fumana sekolo sena. Lebitso la sekolo ke

Sekolo sa rona se haufi le

Ha o theoha tekesing o tla bona

O tla bona hore o sekolong sa rona hobane se tshwana le

Ke a kgolwa o tla thabiswa ke dipapadi tsa sekolo.

Motswalle wa hao





A re etseng

Bala mangolo a mararo a metswalle ya hao. Etsa letshwao (✓) ho dumela kapa letshwao la (✗) ho hana, haufi le potso.

	1	2	3
Na motswalle wa hao o o boleletse ditulo tse tshwanang le tse haufi le sekolo?			
O hlalositse sekolo kamoo wena o se hlalositseng ka teng?			

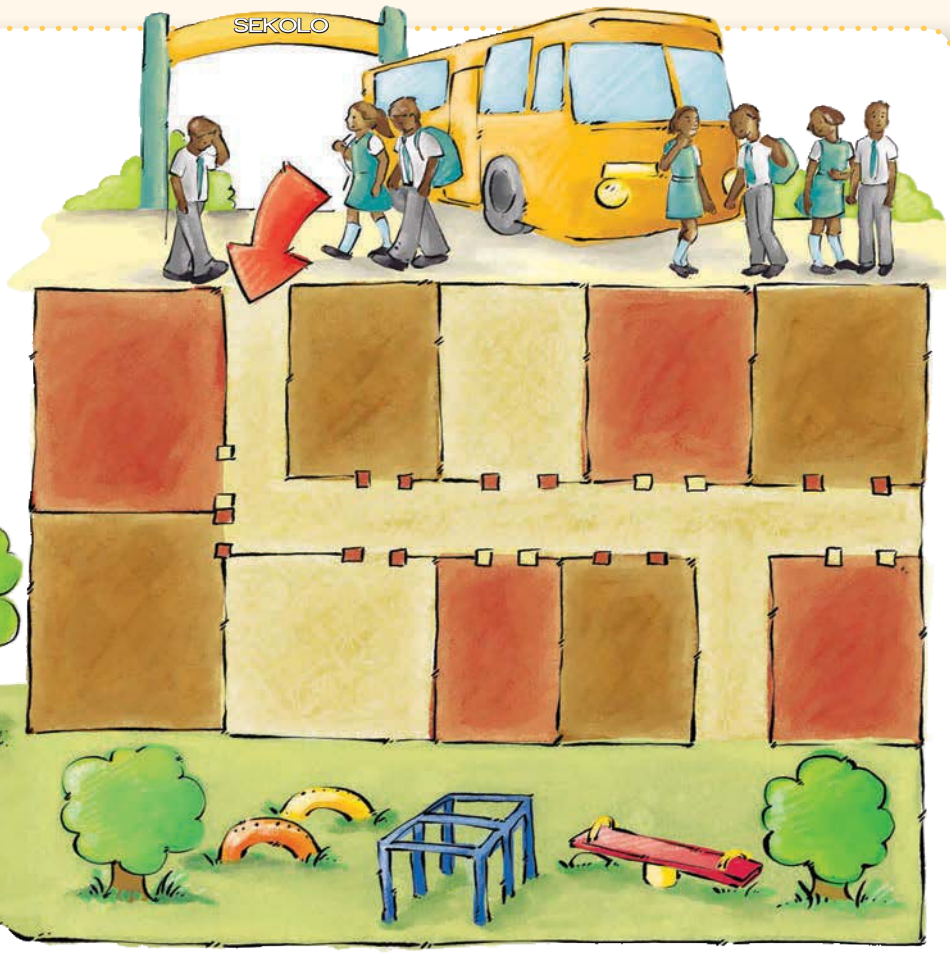


Ho hlalosa ditsela

Letsatsi:

A re etseng

Kajeno moshanyana e motjha o qadile sekolo. Mo thuse ho fumana tsela tikolohong ya sekolo.



A re etseng

Bala ditaelo ka hloko. Latela ditaelo ho fumana ditulo tse latelang sekolong.

Phaposi ya sehlopha sa bone	Ke phaposi ya pele ka letsohong le letona.
Kantoro ya mosuwehlooho	Ha o kena o tla thinyetsa ka letsohong le letshehadi. Ke phaposi ya bobedi ka letsohong le letona.
Matlwana	Ha o kena sekolong o thinyetsa ka letsohong le letshehadi. O a fumana ka phaposing ya bone ka letsohong le letona.
Lebala la dipapadi	Ha o kena o thinyetse ka letsohong le letshehadi ebe o kena monyako o ka letsohong le letona.



Boikgathollo

Jwale etsa mmapa o yang sekolong sa heno.

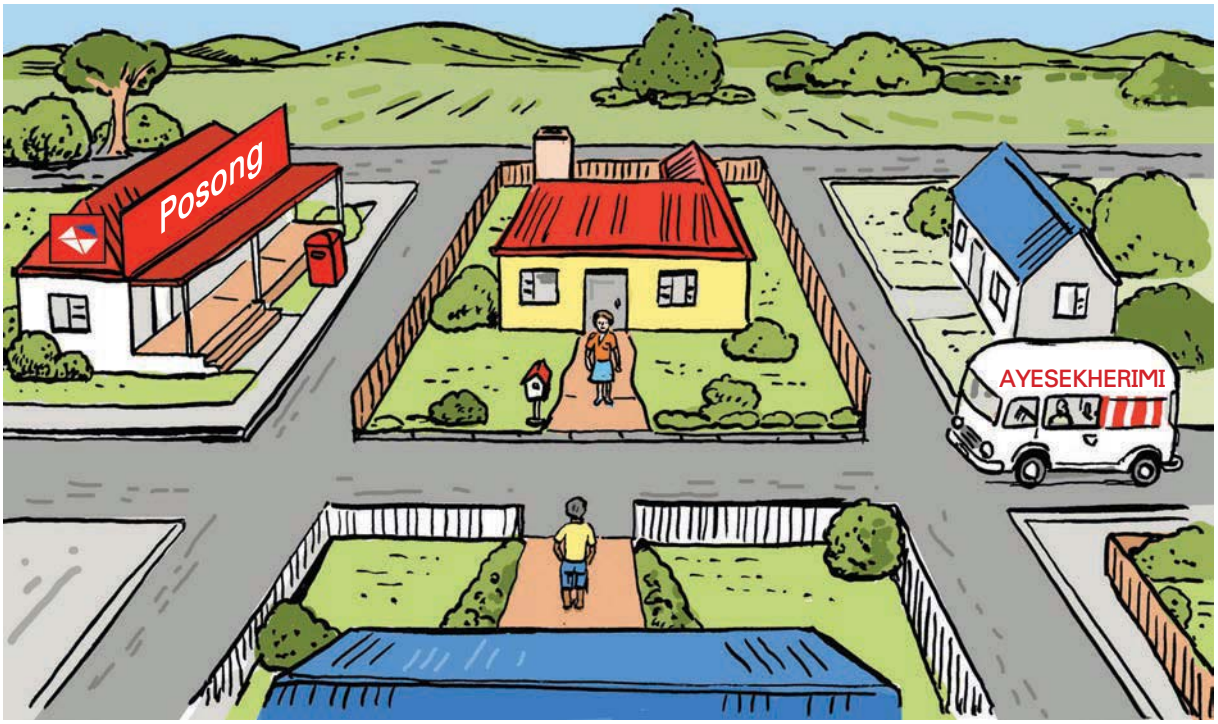
A re ngoleng

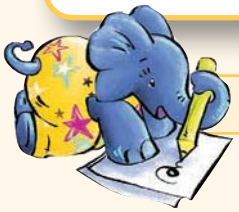
Ngola o hlalosa ho tloha hekeng ya sekolong ho ya phaposing ya ho ithutela.

Ho qala ho sebedisa mmapa

Letsatsi:

Moo Jabu le Thema ba dulang





A re ngoleng

Sheba setshwantsho ebe o tlatsa mantswe a siilweng.



1. Thema o dula ntlong ya lebota le lesehla le marulelo a _____.
2. Ha Thema a thinyetsa ka letsohong le letshehadi a ka _____.
3. Jabu o dula ntlong ya marulelo a _____. O shebane le Thema.
4. Jabu o thinyetsa ka letsohong le letsehadi. Ebe o thinyetsa letsohong le _____. A ka reka _____ hona moo.
5. Ha Thema a batla ho reka ditempe, o thinyetsa ka letsohong le _____ hekeng ya hae hobane _____ e ka letsohong le letona.



A re baleng

Mosebetsing wa pele re buile ka letsoho le "letshehadi" le le "letona". Empa ho na le mantswe a bohlokwa ao re a sebedisang ha re laela motho mantswe ana ke "Leboya"," Botjhabela', "Borwa", le "Bophirima". Mantswe ana a re thusa ho fumana moo re leng teng. Letsatsi le tjhaba Botjhabela le dikela Bophirima. Ana ke mantswe ao re a sebedisang kamehla. Re sebedisa mantswe ana ho fetisetsa melaetsa ho batho.

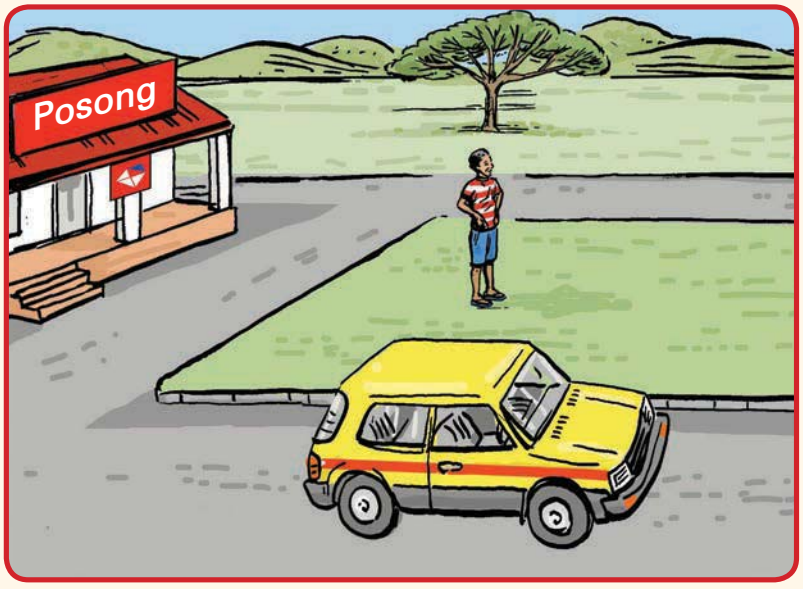
Re tseba jwang ho laetsa batho?

Ha o eme o shebile letsatsi ha le tjhaba, o shebile Botjhabela. Ha o emisa letsoho la hao le letshehadi o supa Bophirimela, ha o emisa letsoho le letona, o supa Borwa. O ka sebedisa khampase ho bontsha, Bophirimela, Botjhabela Borwa, Leboya.

A re ngoleng

Sheba setshwantsho se ka tlase.

Mandla o shebile Borwa.



Hopola hore re taka khampase, ntlha ya leboya e dula e supile hodimo leqepheng. Hona ha ho bolele hore bohodimo ba leqephe bo shebile leboya. Empa o ka iphumanela hore le shebile hokae. buka ya hao e shebile ho ya kamoo Mandla a emeng a shebile botjhabela

1. Sefate se lehlakoreng lefe? _____
2. Koloi yona? _____
3. Poso yona e lehlakoreng lefe? _____

Teacher
Date:
Sign:

Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Re hlalosa moo dintho di leng teng

Letsatsi:

A re bueng

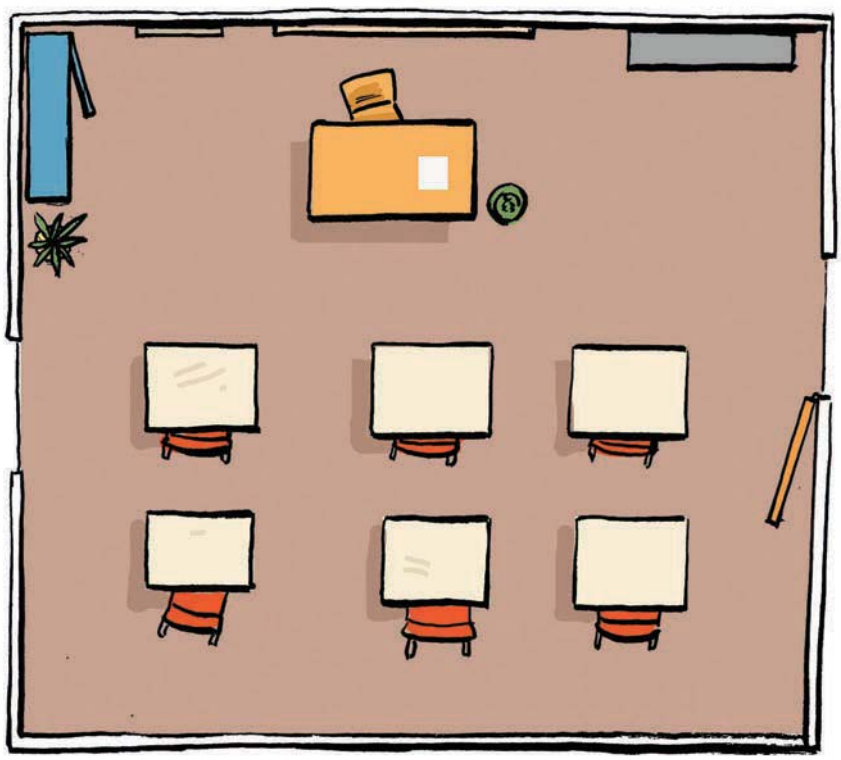
- Ha o ema hodima setulo ka phaposing, o bona eng?
- Ha o ema ka morao ka phaposing ebe o sheba phaposi, o bona eng?
- Ha o ema ka pele ka phaposing, ebe o sheba phaposi, o bona eng?
- Leka sena.

Setshwantsho sa 1: Bokapele ba phaposi





Setshwantsho sa 2: Moralo wa phaposi







A re ngoleng

Sheba ditshwantsho tse pedi, setshwantsho sa pele le sa bobedi. Jwale bapisa ditshwantsho tse pedi ebe o araba dipotso tse papetleng ena.

	Setshwantsho sa 1	Setshwantsho sa 2
Motaki o ne a eme kae ha a etsa setshwantsho?		
Ke bana ba bakae ba ka dulang ka phoposing?		
Ke melaetsa e mekae e ngotsweng letlapeng la melaetsa pele ka phaposing?		
Na o kgona ho bona se letlapeng la melaetsa ha o dutse morao?		
Ke eng se haufi le monyako?		
Ke eng se emeng haufi le fensetere?		
Na o nahana hore ho na le difensetere tse fetang bonngwe ka phaposing? O ka ikgodisa?		
Ho na le diraka tse kae tse nang le dibuka ka phaposing?		
Na ho na le mosebetsi o ngotsweng letlapeng la ho ngolla?		
Ho na le eng ka rakeng?		



A re ngoleng

Etsa letoto la dintho tse leshome le metso e mmedi setshwantshong sa pele phaposing ya ho ithutela. Qala lenane ho tloha ho 1 ho fihla ho 12. Nnetefatsa hore dintho tse 12 lenaneng la dintho tseo o di boneng setswantshong sa pele di tshwana le dintho tseo o di boneng setshwantshong sa bobedi.

Ha re sheba setshwantsho sa boraro, re nahana eka motaki e ne e ka kokonyana e shebile tlase e le marulelong. Re bitsa setshwantsho sena pono ya moralo.



Ho bala le ho etsa dimmapa

Letsatsi:



A re etseng

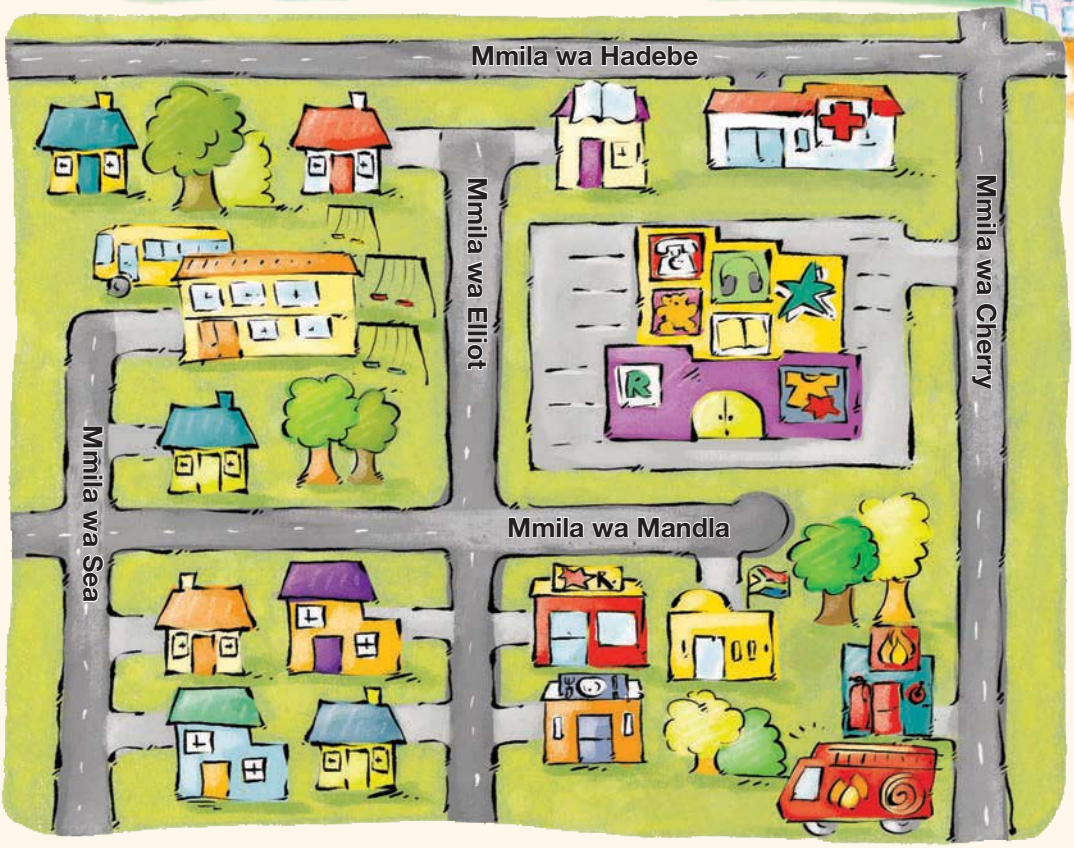
Sebetsang ka bobedi le etse moralo o bonolo wa phaposi pampiring. Ha ho na le ditafole le ditulo tse ngata di tloheleng, empa etsang tafole ya titjhere, le khaboto ya dibuka. Le bapise ditshwantsho tsa lona le tsa metswalle ya lona.



A re bueng

- Jwale sheba moralo o moholo leqepheng le latelang.
- Supa ditulo tse fapaneng tseo o di bonang.
- Bontsha Leboya.
- Bontsha motswalle wa hao moo sepetlele se leng teng, boikgathollong, sekolong, le moo ditimamollo di leng teng.
- Bolela se haufi le tsona.











Etsa sedikadikwe lentsweng le nepahetseng. A re ngoleng

Mmila wa Hadebe o ka leboya/botjhabela ho mmila wa Mandla.
Sekolo se ka leboya/botjhabela ho mmila wa Mandla.
Sepetlele se ka leboya/botjhabela ho mmila wa Hadebe.

Jwale tlatsa karabo e nepahetseng.

Sepetlele se mmileng ofe?	
Boikgathollo bo mmileng ofe?	
Setimamollo se mmileng ofe?	
Ngola dipolelo tse tharo, o re bontshe dintho tse mmapeng.	

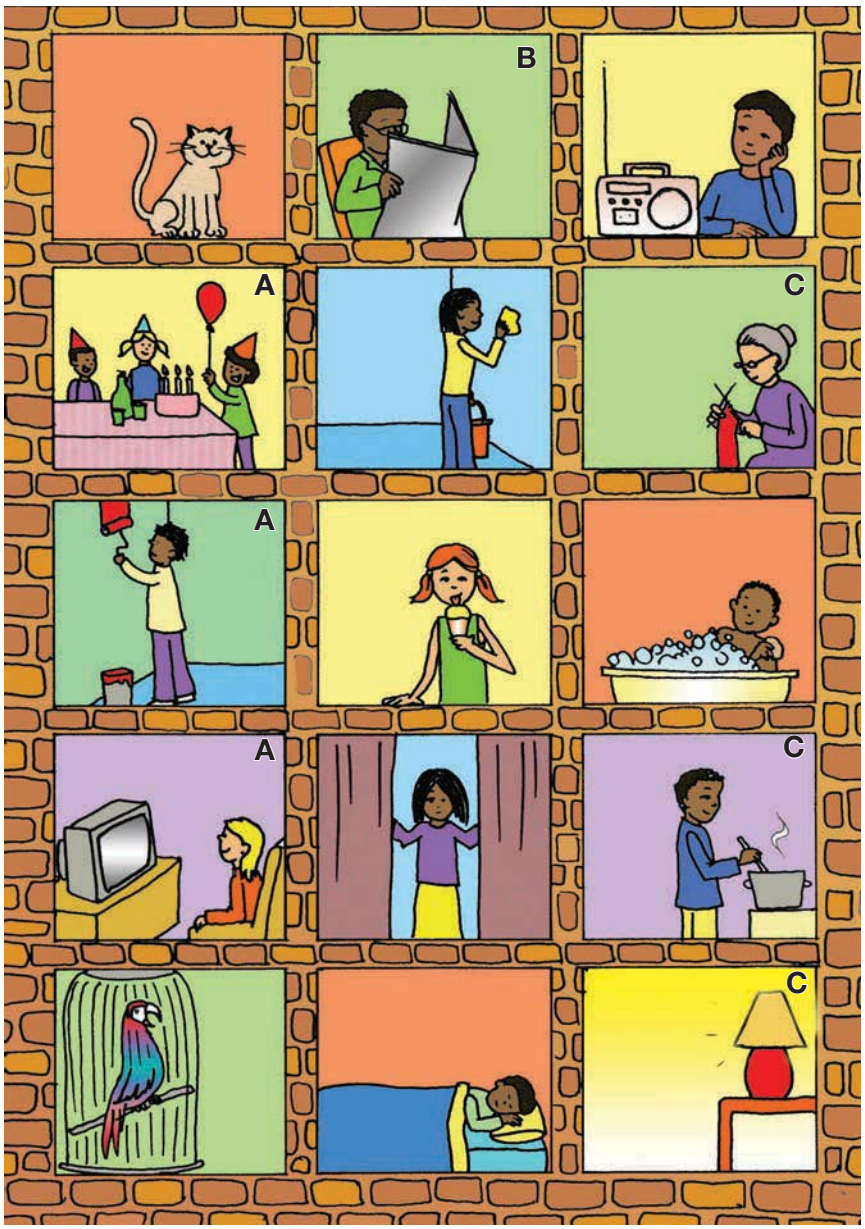


Ho bala ditshwantsho

Letsatsi:

A re bueng

- Sheba setshwantsho o re bolelle hore motaki o ne a eme kae ha a etsa setshwantsho sena.
- Moaho ona o na le mekato e mekae?
- Difolete di kae moahong ona?
- Di bale.
- Ho na le mekato e mehlano le malapa a mararo mokatong ka mong.



Meaho ya mekato



A re bueng

- Botsa o be o arabe dipotso ka batho bao o ba bonang meahong ya mekato. E re.
  Ho etsahalang mokatong wa 2c?
  Monna o pheha dijo.



A re ngoleng

Dihlopheng tsa lona, bapisang tlhaloso ya dinomoro tsa mekato. Ya pele e hlalositswe. Tlatsang tse latelang kaofela.

Moshanyana o mametse seyalemoya.	5C	Monna o bala pampiri.		Katse e hlwella fensetereng.	
Nkgono o loha jesi.		Mosadi o hlatswa mabota.		Bana ba moketeng wa letsatsi la tswalo.	
Moshanyana o a itlhatswa.		Ngwanana o nyeka aesekerimi.		Monna o penta lebota.	
Monna o pheha dijo.		Mosadi o kwala dikgaretene.		Mosadi o shebile TV.	

Dipolelo tse papetleng e ka hodimo ke tswelopele e etsahalang hona jwale. Kgetha polelo tse nne o di ngole ka ketsahalo ya **hona jwale**. Sheba mohlala.



O ntse a hlatswa mabota. O hlatswa mabota.



Ditjhate tsa ho bala

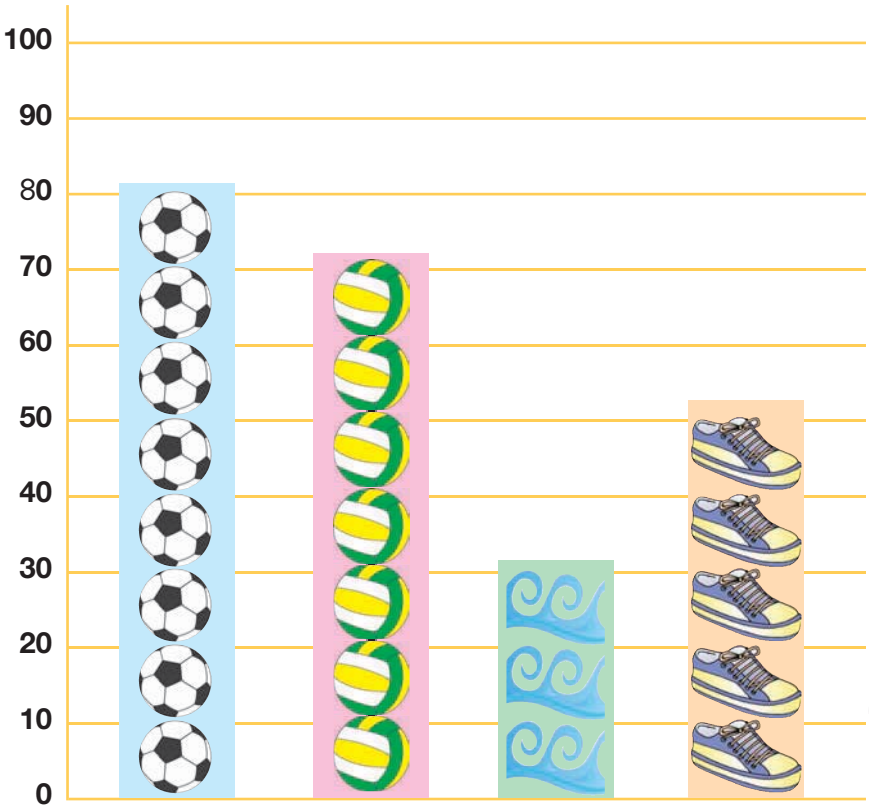
Letsatsi:

A re bueng

Sheba setshwanthso se latelang. Bolela hore bana ba rata papadi efe. E shebe ka bowena metsotswana.



Ke dipapadi dife tseo bana ba di ratang haholo







A re bueng

- Setshwantsho sena se bitswa kerafo ya setene. Sena se re bolella hore bana ba rata dipapadi dife.
- Sheba mola o ka tlase mme o bolelle motswalle wa hao mabitso a dipapadi tse ngotsweng.
- Sheba dinomoro tse ngotsweng ho ya hodimo ka letsohong le letshehadi o bolele dinomoro tse ngotsweng.



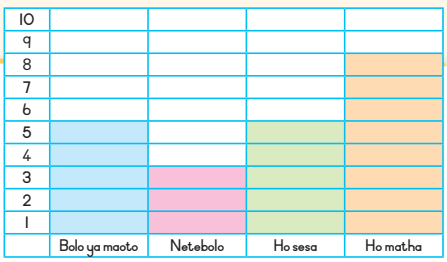
A re ngoleng

Bana ba rata papadi efe haholo?	
Ke papadi efe eo bana ba sa e rateng haholo?	
Ke bana ba bakae ba ratang bolo?	
Ke bana ba bakae ba ratang netebolo?	
Ke bana ba bakae ba ratang ho matha?	
Ke bana ba bakae ba ratang ho sesa?	



A re etseng

Botsa metswalle e leshome hore ke papadi efe eo ba e ratang haholo. Kgabisa diboloko papetleng e ka tlase o bontshe papadi e ratwang haholo. Qala qetellong ya papetla.



10				
9				
8				
7				
6				
5				
4				
3				
2				
1				
	Bolo ya maoto	Netebolo	Ho sesa	Ho matha

Papetla ya hao e tla shebahala tjena.

10				
9				
8				
7				
6				
5				
4				
3				
2				
1				
	Bolo ya maoto	Netebolo	Ho sesa	Ho matha





O rata papadi efe haholo? _____

Ke papadi efe eo o sa e rateng haholo?

_____

Teacher

Date:

Sign:



Lekgapetla la mebala e mengata

Letsatsi:

A re baleng

Leqepheng lena la mosebetsi re tla sheba tsela e nkilweng ke lekgapetla lena. Ha o ntse o bala pale ena, leka ho etsa mmapa ho bontsha leeto.

Sefate se eme jareteng. Moya wa qala ho foka, lekgapetla le lenyenyane la qala ho sisinyeha. La tloha sefateng, la wa, ho fihlela le wela hodima jwang bo tlasa sefate. Katse e ne e dutse tlasa sefate hodima jwang. Ya bua ya re: "dumela lekgapetla le letala" "na nka bapala le wena?"



Lekgapetla le ne le le haufi le ho dumela, ha moya o foka hape. Joo! Ke moya o fefola lekgapetla, o le isa hodimodimo. Moya wa le fefola nako e telele wa nto le lahlela haufi le tsela. Joo! Moya wa foka nako e telele, o ntse o phahamisetsa lekgapetla hodimo.



"Dumela, lekgapetla le lesehlana," ho bua nonyana e thoko ho tsela "na o tla dula le nna?" "Ho a makatsa," ho bua lekgapetla. "Katse e itse ke motala. Jwale wena o re ke mosehla. Ke a makala ke mmala ofe?"



Lekgapetla le ne le le haufi le ho botsa nonyana ha moya o foka hape. Joo! Ke moya o fokang, wa nka lekgapetla hape wa le betsetsa hole. Yaba o le lahlela thoteng e kgolo.

Ho ne ho na le dikgomo di fula jwang. E nngwe ya dikgomo ya tla ho lekgapetla. "Muu," ho bolela kgomo "dumela lekgapetla le lesootho." "Ho a makatsa" ho bua lekgapetla. "Katse e itse ke motala, nonyana ya re ke mosehla, jwale wena kgomo o re ke mosootho. Ke a makala na ke mmala ofe?"



Lekgapetla le ne le le haufi le ho botsa kgomo ha moya o foka hape. Joo! Ke moya o fokang, wa nka lekgapetla hape wa le lahlela hole. Wa le lahlela hodima thaba e kgolo.

Lekgapetla le dutse nako e telele yaba podi e a fihla. "Dumela lekgapetla, le lefubedu," ho bolela podi. "O tla dula le nna thabeng mona?" "Ho a makatsa," ho bolela lekgapetla. "Katse e itse ke motala, nonyana ya re ke mosehla, kgomo ya





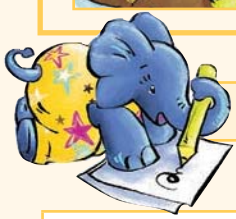




re ke mosootho jwale wena o re ke mofubedu. Ke a makala na ke mmala ofe?"

Lekgapetla le lenyenyane la thola. "Dumela lekgapetla, le lesootho," ho bolela kolobe. "Ke batlile ke o ja hona jwale. Na o tlisitswe ke moya mona?" "Ho a makatsa," ho bolela lekgapetla. "Katse e itse ke motala, nonyana ya re ke mosehla, kgomo ya re ke mosootho, podi ya re ke mofubedu. Jwale wena kolobe o re ke mosehla. Ke a makala na mmala wa ka ke ofe?"

Ka yona nako eo moshanyana a ileng a bona lekgapetla le le nyenyane a le thonaka. "Sheba," a re ho mme wa hae. "Sheba lekgapetla la mmala wa gauta. Sheba makgapetla kaofela, a matala, masehla, mafubedu, masootho, le le kang gauta." "Ee," ho bolela mme wa hae. "Jwale ka ha selemo se fetile, makgapetla a nka mmala wa gauta."



A re ngoleng

Lekgapetla le fetohile mmala efe e mehlano? Sebedisa mantswe: "Pele", "Yaba", "Ka morao ho moo", le "qetellong" dipolelong tsa hao tse hlano.

Pele
Yaba
Ka morao ho moo
Qetellong



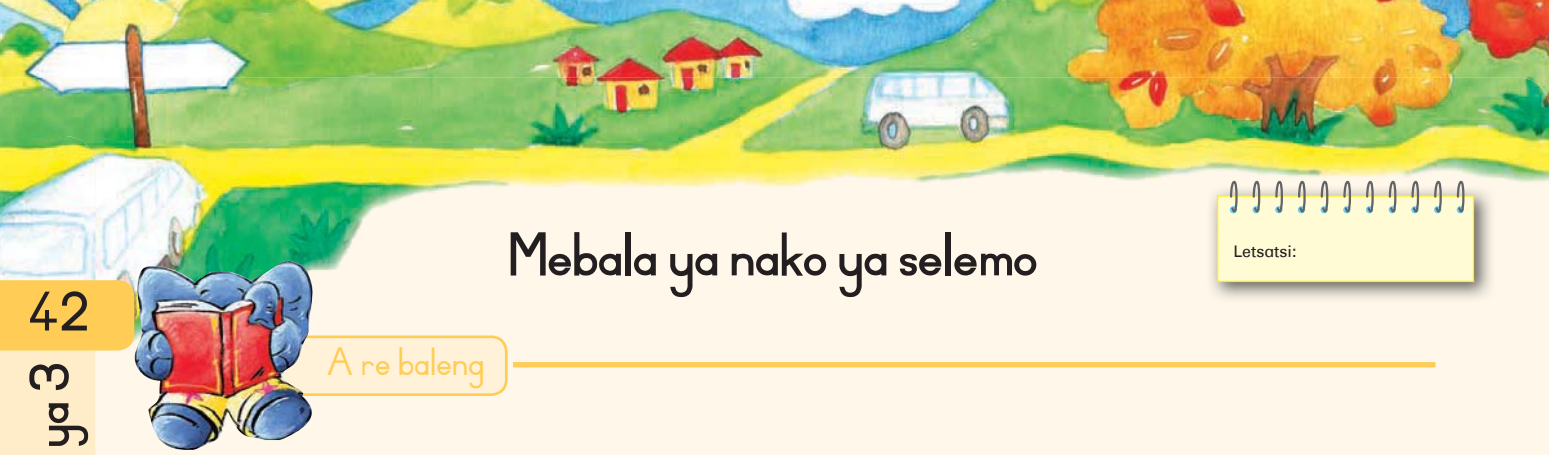
A re etseng

Etsa tshwantshiso paleng ya hao. O tlameha o fumane dibapadi tse robedi:

- Motho wa pele ke lekgapetla
- Bana ba bane ba etse tshwantshiso ya diphoofolo
- Motho e mong ha ebe moshanyana
- E mong ebe mme
- Qetellong, e mong ebe ya tla hlalosa

Ya hlalosang o hlalosa pale e buuwang ka diphoofolo, moshanyana, mme wa hae, le lekgapetla ka bokgutshwanyane.





Letsatsi:

Mebala ya nako ya selemo

A re baleng

Mebala ya mahlaku a nako ya selemo e metle. Re a e rata. Na o kile wa ipotsa hore na ke eng mmala wa lehlaku o fetoha nakong ya selemo? Hobaneng mahlaku a mang a e ba mafubedu, a mang a eba masootho, ha a mang a eba masehla? Pele re araba potso ena re tshwanetse ho ipotsa hore mahlaku ke eng, a re thusa ka eng.

Dimela di etsa dijo tsa tsona. Di nka metsi lefatsheng ka dikutu tsa tsona. Di nka kgase e tswang moyeng. Di fetolela metsi le khabonedaeokesaede di etse dijo le okesejene. Okesejene ke moya oo re o phefumolohang.

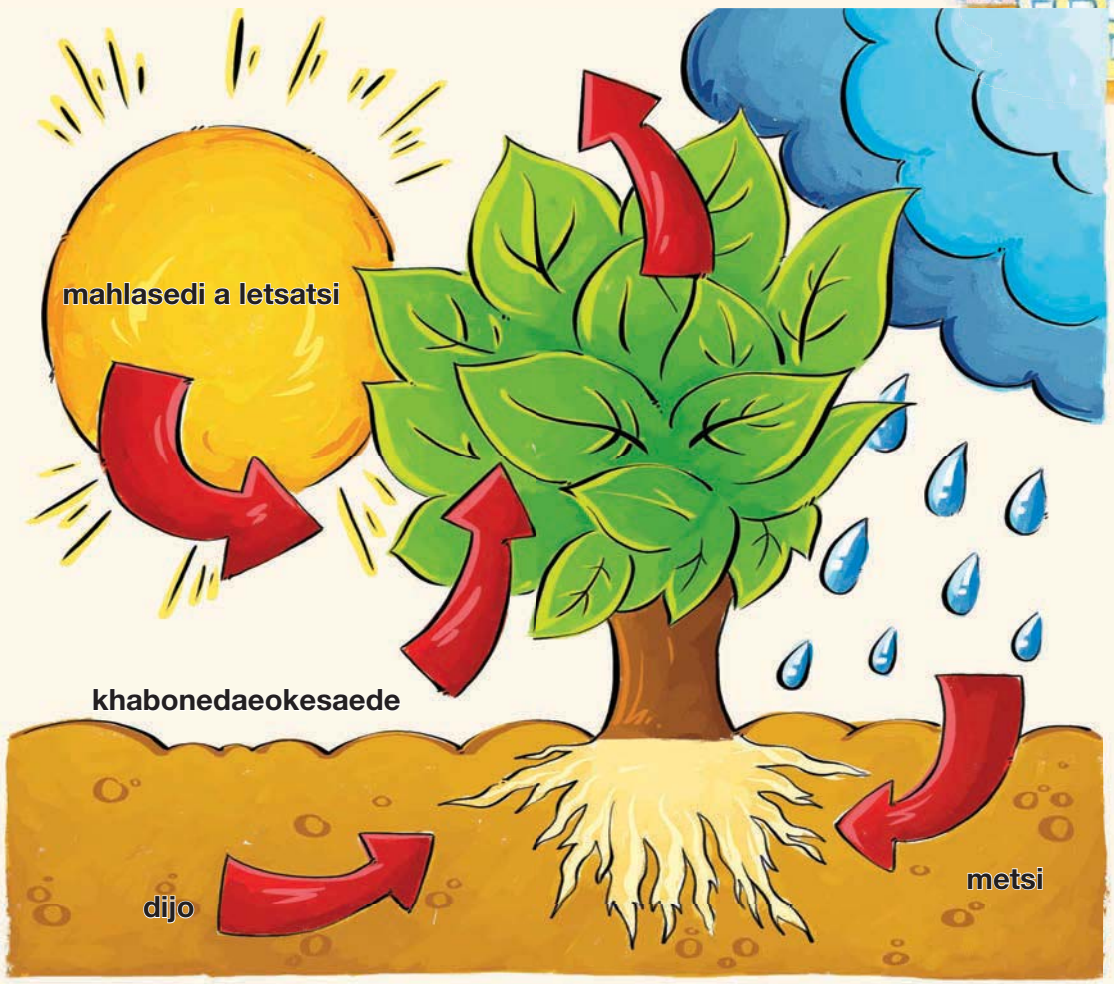
Dimela di etsa dijo di sebedisa letsatsi le tlerolofili. Tlelorofili e fa mahlaku mmala. Ha selemo se fela, lehlabula le kena, matsatsi a ba makgutshwanyane. Difate di itokisetsa mariha.

Mariha ha ho na letsatsi le lengata le metsi hore difate di etse dijo. Difate di a phomola di je dijo tseo di itokiseditseng tsona selemo. Ha lehlabula le fihla, difate ha di sa etsa dijo.

- Tlelorofili e tala e a nyamela mahlakung.
- Ha botala bo fela, re qala ho bona bosootho le bosehla ba mmala wa mahlaku.
- Mahlaku a mang a ba mafubedu. Mmala ona o etsahala nakong ya selemo, o etswa dijong tse neng di bolokilwe ke mahlaku.
- Mmala o mosehla o ba nakong ya selemo. O hlaha ditshileng tse bakilweng ke mahlaku.
- Difate tse fapaneng di etsa mebala e fapaneng nakong ya selemo. Re rata mebala ena ha e kopane.









A re bueng

Sheba morao paleng ebe o hlalosetsa motswalle wa hao hobaneng re na le mebala e mengata ya mahlaku ka mora hoba mahlaku a matala a fetohe.

- Mahlaku a fetoha ho tloha ho botala ho ya ho bosootho a nto ba masehla hobane
- Mahlaku a ba mafubedu hobane





A re etseng

Leka ho fumana mahlaku a mebala e fapaneng pele o tla sekolong hosane. Leka ho fumana mahlaku a sebopeho se sa tshwaneng le a sa lekaneng.







Mahlaku a dimela

Letsatsi:

A re etseng

Sebopeho sa mahlaku

Na o hopotse ho tla le mahlaku kajeno?

Sheba mahlaku ao o a tshwereng.

Ho na le mefuta e mmedi ya mahlaku - a bonolo le a thata. A bonolo a na le lehlaku le le leng. A thata a na le mahlaku a mangata lekaleng le le leng. Sheba setshwantsho se ka letsohong le letona. Mahlaku a thata a na le mahlaku a mangata lekaleng le le leng.

Mahlaku a bonolo le mahlaku a thata



Etsa lehlaku le hatelle

Setshwantshong sena re o bontsha kamoo a ka etsang lehlaku le hatellwang. Beha lehlakore le boreledi ka tlasa lesela. Hatella pampiri e ka hodima lehlaku hanyane, Ka lehlakore la pensele le seng motsu. Paterone ya lehlaku e tla qala ho hlaha pampiring.

Jwala gatella pampiri tse ngata. Etsa tse ka bang hlano.

Jwala o ka le etsa jwalo le qepheng la latelang.

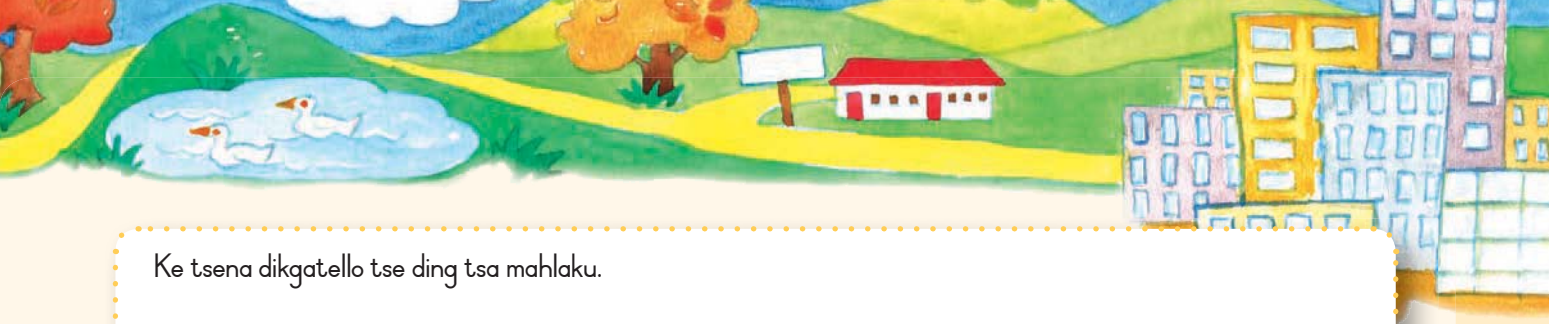
Ka hodima setshwantsho se seng le se seng bolela lebitso la sefate seo lehlaku le tswang ho sona. Ngola semela sa dinawa kapa sefate se senyane. Etsa hore mahlaku a mahlano a fella leqepheng le leng.

Na mahlaku a hao a tshwana? Utlwa ka menwana.

Ho hatella lehlaku



- Hatella lehlaku tjena: Hatella pensele pampiring hodima lehlaku.



Ke tsena dikgatello tse ding tsa mahlaku.



A re ngoleng

Tlatsa bongata ba mantswe ana.

lehlaku	
leetsi	
leeto	

Bongata ba lehlaku ke eng? Ha lentswe le qala ka le-bongata bo qala ka ma. Lehlaku le le leng, mahlaku a mangata.



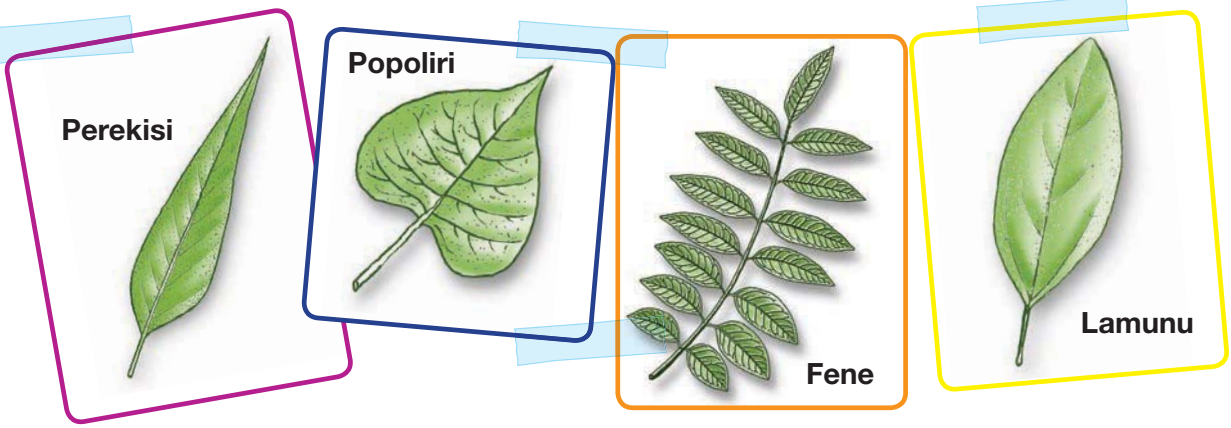
Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Haholwanyane ka mahlaku

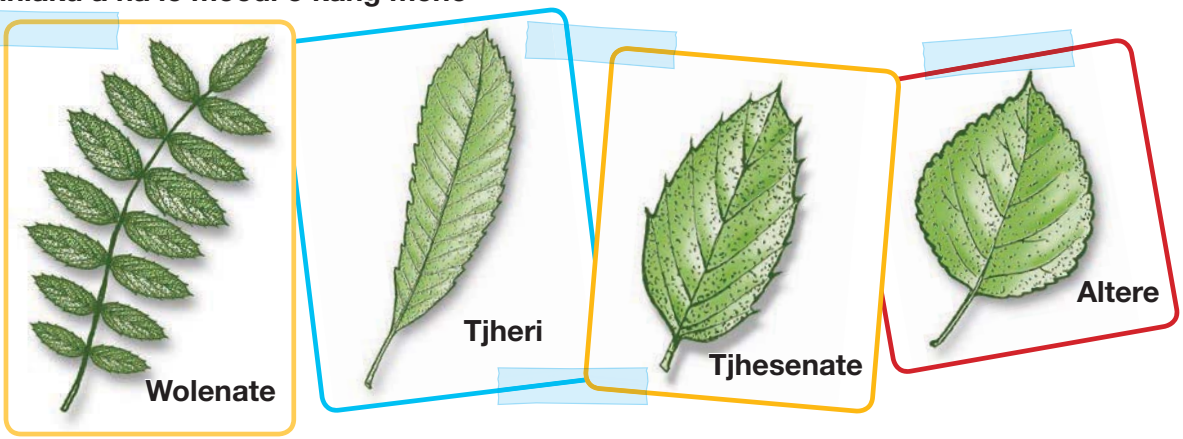
Letsatsi:

A re etseng

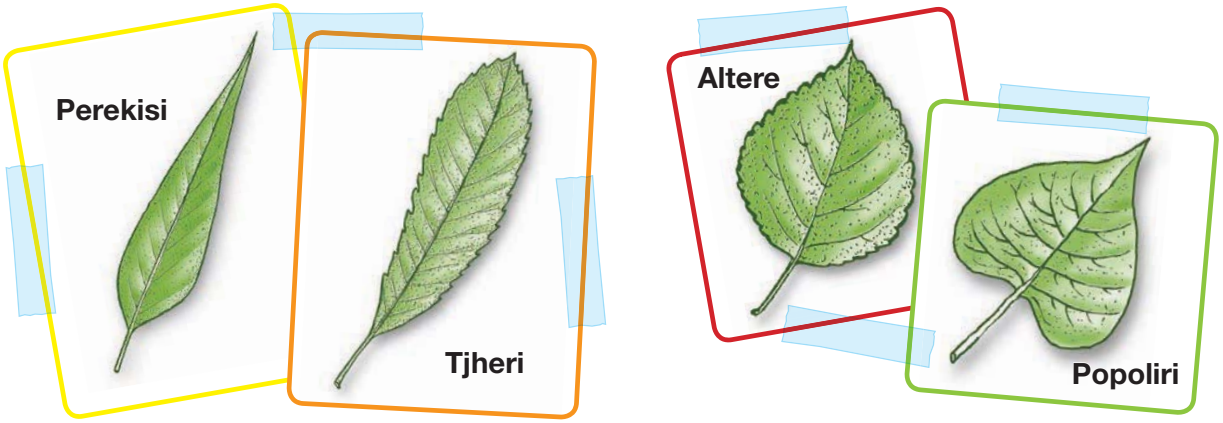
Beha mahlaku ka dihlopha. A re shebeng mahlaku ditshwantshong mme re bolele hore a jwang. Sheba sebopeho sa mahlaku.



Mahlaku a na le moedi o kang meno



Mahlaku ana a sephara





A re ngoleng

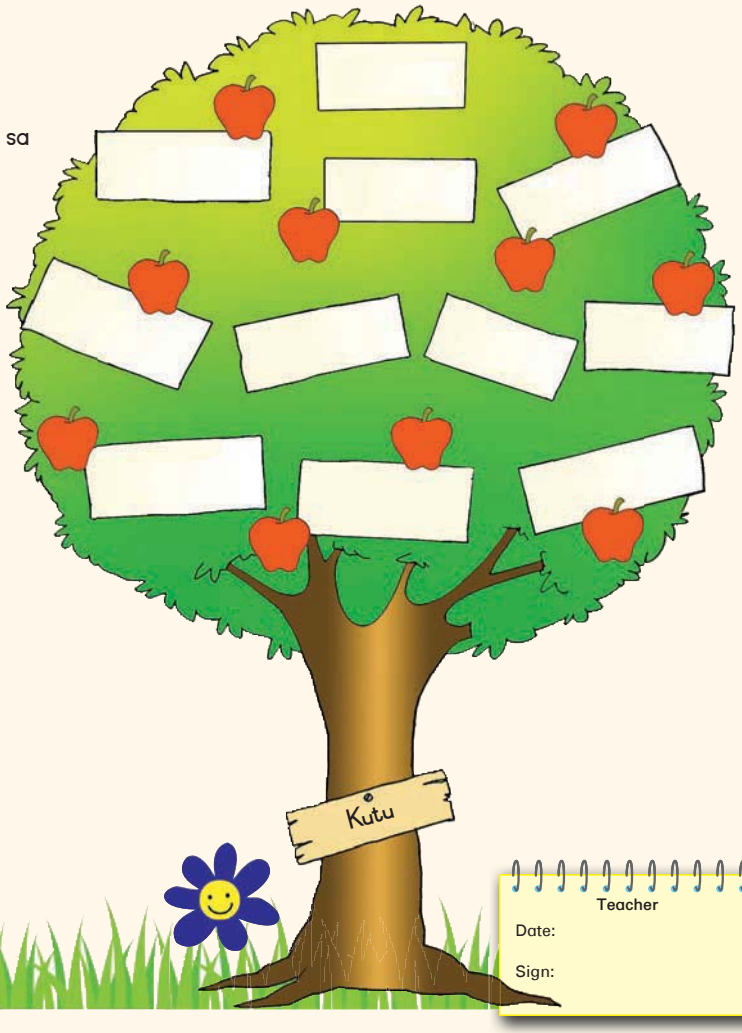
Sheba ditshwantsho o nto araba dipotso.

Bolela lehlaku le nang le moedi o boreledi **le** sebopeho se selelele.
Bolela lehlaku le sephetho se hlabang **le** sebopelo se selelele.
Bolela lehlaku le sebopeho se batsi **le** sephetho se hlabang.



A re etseng

Jwale tlatsa sefate sa hao sa lelapa.





Teacher

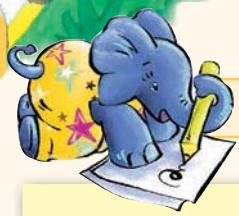
Date:

Sign:



Puo ya mahlaku

Letsatsi:



A re ngoleng

Mabitso le maemedi

Mabitso a rehwa dintho tse fapaneng. *Ke mabitso a batho, diphoofolo, dintho, diaparo, dijo le ntho tse ding tse ngata.* ***Maemedi*** *a emela lebitso. Mabitso le maemedi a sebetsa mmoho.*

1. ***Monna*** *o ne a tsamaya mmileng. Yena* ***o*** *ne a tshwere lebokose.*
2. ***Mosadimoholo*** *o ne a feta tseleng. Yena* ***o*** *ile a kgopjwa a wa*
3. *Moya wa kajeno o a bata, Ona* ***o*** *entse hore re apare dijase.*
4. ***Dikgomo*** *le* ***dinku*** *di ne di fula thoteng. Tsona* ***di*** *ne di fula ka nako e le nngwe.*

Tlatsa ka maemedi dipolelong tsena:



1. Lehlaku le wele sefateng. _____

   wela hodima jwang.

2. Moshanyana a bona lehlaku.

   _____ a le thonaka.



3. Mme wa hae o ne a tsamaya le ntja.

   _____ bitsa moshanyana.



4. Difate di na le mebala e fapaneng.

   _____ shebahala di le ntle.





A re ngoleng

Fetolela dipolelo tsena ho di isa ho puopehelo.

Polelo e ho puosebui le polelo e ho puopehelo

Ha o bua le e mong, o sebedisa polelo ya puosebui. Ha o batla ho bolella e mong seo motho e mong a buileng ka sona, re bua polelo ya puopehelo. Sheba mohlala:

"Ho na le lekgapetla fatshe." **Ke polelo ya puosebui.**

Moshanyana e monyane o itse ho na le lekgapetla fatshe. **Ke polelo ya puopehelo.**

1. Mme o re, "Ke reka dijo beke e nngwe le e nngwe."

   _____

2. Ntate o re, "Ke nako ya ho tsamaya."

   _____

3. Dudu o re, "Nama ena e monate."

   _____

4. Bongi o re, "Meroho ya ka e metle."

   _____



Boikgathollo

- Etsa mmapa o bontshe hore lehlaku le fofetse kae. Etsa setshwantsho o bontshe hore le kopane le mang.
- Pele ebile katse. Ya eba nonyana. Ha latela kgomo.
- Kamora moo la fofela ho podi, la tla la fumanwa ke kolobe.
- Qetellong la wela maotong a moshanyana.



Phousetara ya lehlaku

Letsatsi:

A re etseng

Etsa phoustara ya ho hlokomela difate. Bua le metswalle ya hao ka ho etsa phoustara e hohelang batho. Ke mang ya tla e bala? Re tla e beha hokae?

Etsa phoustara mona.



A re ngoleng

Sheba diphoustara tsa metswalle ya hao e meraro, ebe o araba dipotso tsena. Etsa letshwao lena (✓) ho Ee kapa (✗) ho tjhe potsong e nngwe le e nngwe.

	1		2		3	
	✓	✗	✓	✗	✓	✗
Na phoustara e tla hohela batho?						
Ho a bonahala hore e etseditswe bomang?						
Na e na le molaetsa o utlwahalang?						
Na o nahana hore batho ba tla e thabela?						
Na mongolo o a bonahala?						
Na e na le setshwantsho se nepahetseng?						

Bolela hore o ka e ntlafatsa jwang.

Ho etsa moralo wa pale

Letsatsi:

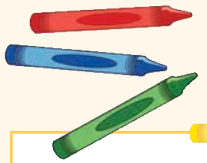
A re bueng

Bala o shebe pale ya lehlaku.

- Bua kamoo e qadileng.
- Bua hore e fedile jwang.





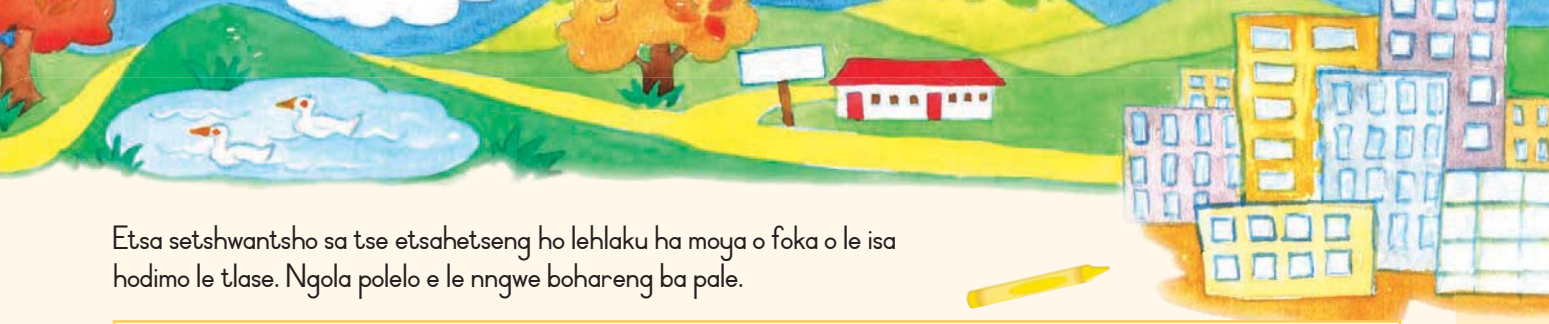


Etsa setshwantsho sa ka moo pale e qadileng ebe o ngola polelo e le nngwe ka moo pale e qadileng.

A re ngoleng







Etsa setshwantsho sa tse etsahetseng ho lehlaku ha moya o foka o le isa hodimo le tlase. Ngola polelo e le nngwe bohareng ba pale.

Etsa setshwantsho sa pale ha e fela. Ngola polelo e le nngwe ka pheletso ya pale.



A re etseng

Qoqela metswalle ya hao ka pale eo o tla e ngola.
Bua ka qalo, bohare le pheletso ya pale.





Ho ngola pale ya hao

Letsatsi:



A re ngoleng

Jwale o tla ngola pale ya hao.

Qalong
Bohareng
Pheletso

Jwale o tla etsa buka ya hao. Seha leqephe le latelang la buka. Seha mela e nang le matheba. Koba mola mathebeng. Ngola sehlooho sa buka ka hodimo. Ngola lebitso la hao ka tlasa sehlooho hobane o mongodi. Etsa setshwantsho ka pele ho buka. Jwale ngola pale ya hao ka hara buka.





KAMORA BUKA



MABAPI LE MONGODI

Ngola lebitso la hao

Dilemo tsa hao

Moo o dulang

8

MOHATO WA 4: Seha moleng o motenya kamora hoba o kenye seteipolara bukeng ya hao

BOKANTLE BA BUKA

Taka setshwantsho mona.

Ngola sehlooho sa buka mona.

Tlatsa lebitso la hao (o mongodi).

1

MOHATO WA 2: Mena mathebeng moleng

MOHATO WA 1: Mena mathebeng moleng

MOHATO WA 3: Kenya seteipolara lehlokoreng lena

Taka setshwantsho mona.

Ngola bohare ba pale ya hao mona le leepheng la 5.

4

Taka setshwantsho mona.

Tswela pele ka pale ya hao mona.

5

Taka setshwantsho mona.

Qala ho ngola pale ya hao mona le leqepheng la 3.

2

Taka setshwantsho mona.

Phethela pale ya hao mona.

7

Taka setshwantsho mona.

3

Tswela pele ka pale ya hao mona.

Taka setshwantsho mona.

6

Ngola se etsahalang pheletsong ya pale ya hao.

Taka setshwantsho mona.

4













Mosadi wa ho lema difate

Letsatsi:



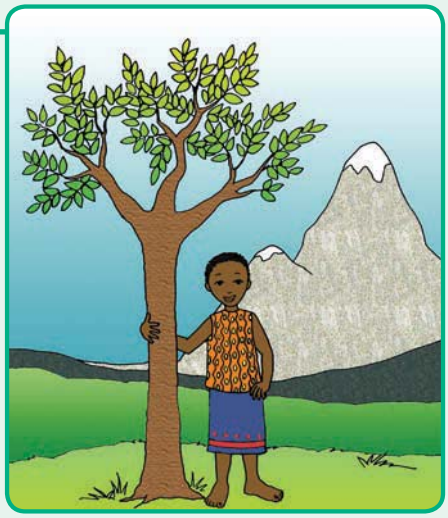
A re bueng

- Na o kile wa nahana hore ho ka be ho le jwang lefatsheng ha ho ne ho se na difate?
- O a tseba ho etsahalang ka naha ya rona ha re rema difate mme re sa jale tse ding?



A re baleng

Bala pale e latelang mme o nahane ka seo o se badileng.
Hosane o tla araba dipotso ka pale ena.



Wangari o dilemo di tsheletseng, o mathela masimong pela noka. O nkile nkgo mme o ilo kga metsi. O kgumama fatshe ho sheba noka e tletseng ditlhapi. "Bona mahe ana a senqanqane," o bolella abuti wa hae, Ndiritu, a phahamisa mahe a mangata a tswang letamong. Mahe ana a benya jwalo ka lehakwe.

Ha a qeta ho kga metsi, o tla ya rwalla patsi le Ndiritu. Mme wa hae le ba bang ba sebetsa masimong. Bosiung ba kajeno ba tla ja meroho e tswang masimong.

Ha mosebetsi o fedile, Wangari, mme wa hae le ba bang ba tsamaya ba boha botle ba naha ya habo bona. Ba qamaka ba bona matswapo, dithaba, le dikgohlwana. "Lefatshe le shebahala e ka le apere jase e tala," o bolella mme wa hae. Mme wa hae o re ho bohlokwa ho hlokomela naha ya habo bona le difate tse fanang ka dijo. Motho e mong le e mong le difate tsohle di ka etsa phapang bophelong ba rona bohle.

"Mme, ke batla ho tseba tsohle ka naha yabo rona le difate. Ke kopa ho ya sekolong," ho bua Wangari.

"Dumella Wangari ho ya sekolong mme," ho kopa Ndiritu.



"Banana ha ba kene sekolo," ho bua mme.

"Empa Wangari o hlalefile. O tlamehile ho ya sekolong," a araba.

Ke ka hoo Wangari a ileng a ya sekolong.

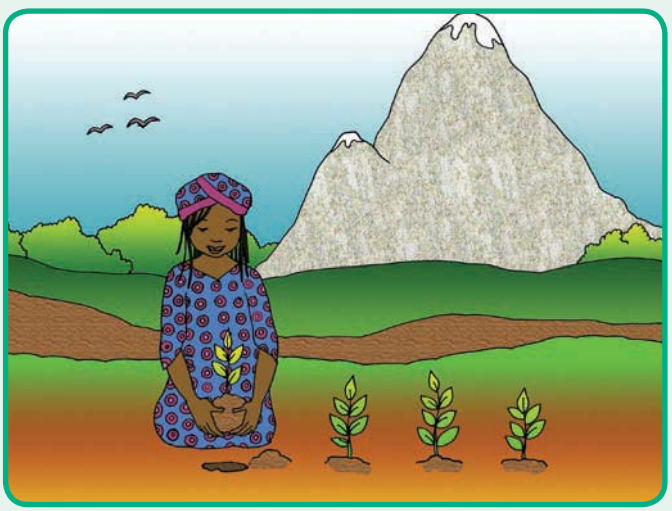
A kena sekolo jwalo, a sebetsa ka thata. Matitjhere a hae a ne a mo bolella kamehla hore o tla etsa dintho tse kgolo bophelong. Ha a qeta dithuto tsa hae tsa pele, a ya sekolong se phahameng Amerika dilemo tse hlano. Tlholohelo ha a le lefatsheng la Amerika, o ne a sarelwa haholo, a hopola mahe a dinqanqane, dinokana le dikgohlwana tsa habo. Empa o ne a le motlotlo a nyoretswe thuto fatsheng la America.

Kamora hore a be siyo dilemo, Wangari a kgutlela hae. Ha a fihla hae o ile a makatsa bohle ba neng ba rata tjhelete, ba remme difate, naha e tsotse. Dikgohlwana le meru e neng e kile ya apara botala, e se e tsotse e le sheleng. Dirapa tsa meroho di shwele, hohle naha e apere masisapelo. Batho ba ne ba fokotse ke tlala.

"Jo nna wee!" ho bua Wangari. "Ba sentse naha yohle e neng e fepa batho bohle motseng."

Wangari o ne a saretswe a utlwile bohloko haholo. O ile a tebisa maikutlo a nahana hore na a ka thusa setjhaba sa habo jwang.

A ntoo kopa setjhaba sohle hore ba sebedisane mmoho. Bohle ba kopanya matsoho ba jala difate. Basadi, bana, borakgwebo le masole ba jala difate. Ba lemme jwalo, qetellong ba fumana hore ba jetse diketekete tsa difate. Naha ya kgutlela boemong. Mme ya eba kgora hape motsaneng wa habo Wangari.



Tse ding tsa ditaba tsa mosadi wa ho lema difate

Letsatsi:



A re etseng

Etsa tshwantshiso ka Wangari e sa le mosetsana e monyenyane. Etsa tshwantshiso hape ha a kgutla Amerika. Tshwantshiso ya hao e bontshe seo a se boneng le seo a se buang.



A re ngoleng





Ngola ntho tse tharo tseo Wangari a di entseng bonyenyaneng ba hae.

1.

2.

3.

Mme wa hae o ne a mo jwetsa eng ka naha e talana?

Wangari o ithutile dilemo tse kae Amerika?

Ho ne ho le jwang motseng wa habo ha a kgutla?

Wangari o ile a etsa eng ho lokisa naha ya habo?

O thusitswe ke mang ho lema difate?



A re ngoleng

Tlatsa dikgeo ka mantswe a latelang.

jala | moriti | hlokomela | fumana | di | hlohloreha | rata

Difate _____ bohlokwa haholo. Basadi ba bangata ba _____ difate dirapeng tsa bona. Difate di etsa _____ ha ho tjhesa. Ke _____ difate tse ngata lapeng, di _____ makgasi selemo ho pota. Dinonyana di _____ difate mme _____ etse sehlaha sa bana ba tsona.



Ngola mantswe a hananang le mantswe a ngotsweng ka botsho.

A re ngoleng

Bosiu _____ **hlabula** _____ ke nka leeto le **lelelele** _____ **ho ya** thabeng. Ke **ema** _____ ha ke **fihla** tlasa _____ thaba.



Qetella dipolelo tsena. Hopola ho ngola mantswe a matjha bukantsweng ya hao.

A re ngoleng

Ha Wangari e ne e le ngwananyana lefatse le ne le shebahala
Ha Wangari a kgutla Amerika, o fumane



Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Ho jala difate

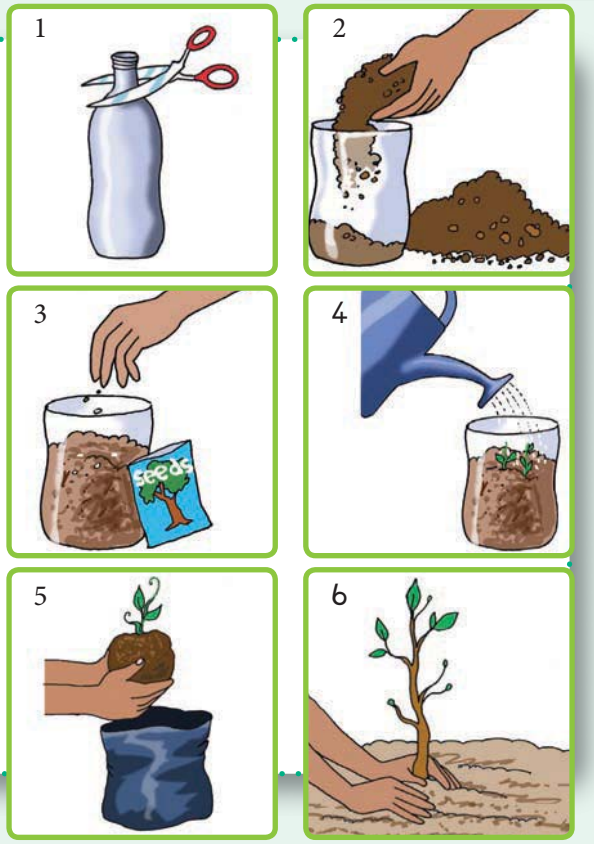
Date:

A re etseng

Tsela ya ho lema difate

O hloka dibotlolo tse pedi, mobu le peo ya difate.

1. Kgaola botlolo molomong.
2. Tshela mobu ka fatshe. Kopanya le moitedi.
3. Lema peo mobung.
4. Nosetsa hanngwe ka beke. Boloka dijalo di le mongobo e seng di le metsi. Kamora beke tse nne, ho isa ho tse hlano, sethopo sa dijalo tsena se tla hlaha.
5. Ha dijalo tsa hao di le beke tse tharo, di leme ka hara mokotlana wa polasitiki e tletseng mobu.
6. Ha dijalo di le bolelele ba letsoho la hao, di leme mobung.



A re bueng

Bala seo o tlamehileng ho se etsa, mme o buisane ka sona sehlopheng sa hao.

- Hobaneng re tlameha ho tshela moitedi mobung?
- O tlameha ho nosetsa neng?
- Ha sethopo sa hao se le beke di tharo, o tlameha ho etsa eng?
- Sethopo o se lema mobung neng?



A re ngoleng

Etsa dipolelo o qala ka mantswe a ka masakaneng.

Re lema peo ka hara botlolo ya polasitiki. (Ke eng)

Peo e dula ka botlolong dibeke tse hlano. (Ke nako e kae)

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm

Re jala difate hobane di molemo naheng ya rona. (Hobaneng)

Re di kenya ka sethopo ka hara mokotlana wa polasitiki ka mora beke tse hlano. (Hobaneng)

Ha di se di hodile re di lema jareteng. (Ke ho kae)



A re ngoleng

Kgetha mme o etse sedikadikwe lentsweng le nepahetseng.



Dijalo di nyoretswe/nosetswe metsi.

Re nohosetsa/nosetsa dijalo tsatsi le leng le le leng.

Ho bohlokwa ho fepa dijalo ka moitedi ha nngwe/hang ka beke.

Nkgono/ngkgono o rata ho nosetsa dijalo.

Mme/me wa ka o rata difate.

A re ngoleng



Selemo le selemo re etsa mokete wa **Arbor Week** ho kgothalletsa batho ho lema le ho hlokomela difate. Etsa phoustara ya Arbor Week o bolelle batho ka bohlokwa ba difate.

"Arbor" ke lentswe la kgale leo re sa le sebediseng kga fetsa. Le bolela "e lekgapetla."



Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Letsatsi:

Puisano le Wangari Maathai



A re baleng

Wangari Maathai e ne e le mampodi wa kgau ya kgotso ya 2004. Inahane o mo botsa dipotso mabapi le koranta ya sekolo.

Re qoqele ka tsa bongwaneng le ka tsa lelapa leno

Ke hlahile ka la 1 Mmesa 1940 lefatsheng la Kenya.
Batswadi ba ka e ne e le balemi. Re ne re le bana ba tsheletseng lapeng. Ke ne ke le ngwana wa boraro heso. Ke ne ke na le boabuti ba babedi. Ho ne ho se na dikolo moo re neng re dula teng polasing. Boabuti ba ka ba ne ba kena sekolo Ihithe sekolo se motseng o haufi. Ka nako tseo banana ba ne ba sa kene sekolo. Empa ke ne ke rata ho kena sekolo. Boabuti ba ka ba ile ba qobella mme hore a nthomele sekolong.

Re jwetse ka thuto

Ha ke le dilemo tse robedi, ke ile ka kena sekolo le boabuti ba ka Ihithe. Ha ke le dilemo tse leshome le motso o mong, ke ile ka ya sekolong, moo ke neng ke dula teng. Ho ne ho le monate ho dula sekolong. Empa ke ne ke hlorelwa lehae la heso, makgulo a matala. Ha ke le dilemo di leshome le metso e tsheletseng ke ile ka ya sekolong se seholo. Ha ke qeta sekolong seo se seholo, ke ile ka ya Amerika, moo ke neng ke ithutela thuto tsa mahlale. Ha ke kgutlela Kenya, ke ile ka makala ha ke fumana hore naha yohle e sentswe.

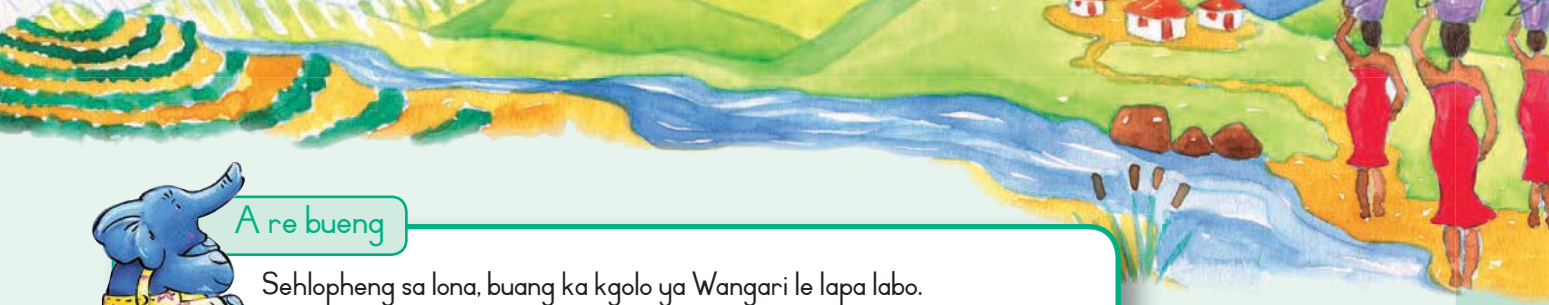
Ke eng se o atlehisitseng bophelong?

Ke ile ka qala mokgatlo wa "Green Belt Movement". Ke ne ke kgothalletsa batho ho lema difate ka makgolokgolo Kenya. Difate tseo re di lemmeng di ne di thusa ho thibela kgoholeho ya mobu le ho bolaya meru.

Thuto ena ya ho lema difate e ile ya thopothela mafatsheng a mang. Ke ne ke sa nahana hore sena seo ke neng ke se etsa se ka ata hakana. Ka selemo sa 2004, ke ile ka putswa ka kgau ya kgotso ka lebaka la mosebetsi wa ka. Ke motlotlo haholo ka sena. Haholo hobane ke nna mosadi wa pele wa ho hapa kgau ena.

Ke keletso efe eo o ka e fang batjha?

Ke batla hore batjha ba tsebe hore e mong le e mong lefatsheng a ka etsa phapang bophelong. Dimela tsohle le batho bohle ba bohlokwa. Batho ha ba tsebe ho phela kantle le ho tse ntle tse hlodilweng.



A re bueng

Sehlopheng sa lona, buang ka kgolo ya Wangari le lapa labo.

- Boabuti ba hae ba mo thusitse jwang hore a kene sekolo?
- Ke eng e ileng ya mo etsa hore a atlehe?
- Hobaneng a ile a hapa kgau?





A re ngoleng

Botsa mang kapa mang ya kileng a atleha dipotso. Ekaba e mong wa bana bao o kenang le bona sekolo, ba ipabotseng dipapading, mosebetsing wa sekolo kapa motseng wa heno. Botsa dipotso tsena mme o ngole dikarabo dikgeong. Etsa tsena kaofela bukeng eo o sa e sebediseng pele.

Na o ka mpolella ka lelapa leno?

Na o ka mpolella ka thuto ya hao?

Na o ka mpolella hore ke eng e o atlehisitseng?

Ke keletso efe eo o ka e fang batjha hore ba atlehe jwalo ka wena?



Teacher

Date:

Sign:

Metsi

Letsatsi:

A re baleng Bala temana e latelang o arabe dipotso.



Tshokolo ya metsi

O fumana metsi jwang kamehla? Bongata ba rona re bula pompo feela. Ho na le dibaka tse ngata tse se nang metsi.

Liki Mokoena ke ngwanana ya dilemo di leshome le metso e meraro. O dula mahaeng. Hoseng ho hong le ho hong o tsoha ka hora ya bone, pele letsatsi le tjhaba. O tsohella sedibeng se fumanehang dikhilomitara tse hlano ho tloha moo a dulang. Basadi le banna ba bangata ba phallela metsi hoseng ho hong le ho hong. Bothata ba sediba sena, ke hore ha se na metsi a mangata. Metsi a teng a kolla hanyane.

Batho ba pele moleng ba kgona ho fumana metsi. Empa ba morao ba tlameha ho emela sediba se kolle.

Liki o rata ho ba e mong wa batho ba pele ho ya kga metsi, hoo ho bolela hore o tlameha ho tsoha ka matjeke. Haeba Liki a le morao moleng, o dieha ho tloha sedibeng. Sena se mo etsa hore a fihle sekolo se se se kene.





A re ngoleng

Hobaneng ho le thata ho fumana metsi metseng e meng?

Metsi a sebedisetswa eng?

Hobaneng pula e le ntho ya bohlokwa maphelong a rona?

Ke eng e ka etsang hore dintho di be bonolo motseng wa boLiki?



A re ngoleng

Fetola mantswe a ka masakeneng hore dipolelo tsena tse pedi di nepahale.



Liki Mokoena (o kgele) _____ metsi a hae sedibeng kamehla.

O (dutse) _____ motseng wa mahaeng.

Bomme ba bangata ba (fodile) _____ mola ho kga metsi kamehla.

Sediba se (tladile) _____ motseng weso.

Liki o (tsamaile) _____ dikhilomitara tse hlano ho lata metsi.



Tse ding tsa ditaba tsa metsi

Letsatsi:

A re bueng

- Batho ba dulang motseng wa boLiki ba fumana metsi hokae?
- Hobaneng Liki a tlamehile ho tsoha hoseng ha a lata metsi?
- Na ke ntho e ntle hore batho le diphoofolo ba nwe metsi sedibeng se le seng? Hobaneng?
- Na batho ba a sutumetsana ha ba le sedibeng? Hobaneng?

A re ngoleng

Bapisa mantswe ana le mantswe a bolelang ntho e le nngwe. Hopola ho sebedisa tlotlontswe ya hao.

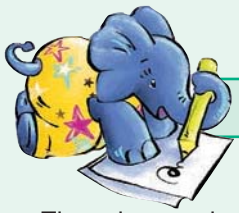
nkgo	ho ema moleng
fola	moo ho nang le metsi a tlholeho
sediba	pokellano ya metsi
kolla	ntho e ka tshelang metsi

A re ngoleng

Qetella lenaneo la Liki la diketsahalo tsa letsatsi la Mantaha le tatellano ya nako.

04:00	
04:30	O ya hae
08:00	

17:30	
18:00	O pheha dijo tsa mantsiboya
20:00	O etsa mosebetsi wa sekolo
22:00	



A re ngoleng

Tlatsa lenaneo la diketsahalo tsa letsatsi le latelang.



	O a tsoha
08:00	
	Sekolo se a tswa
	O qala mosebetsi wa sekolo
18:00	
20:00	

Komello le tikoloho

Letsatsi:

A re baleng

Bala thothokiso o arabe dipotso tse latelang.

Komello

Batho, diphoofolo le dimela di a shwa.
Batho bohle ba lapile
Dinoka, diphororo le matamo di omme
Ho etsahalang?
Ba mmuso ba kgaola metsi
Batho ba tlameha ho baballa metsi
Mafatshe a tlameha ho re phallela ka dijo
Hona ho tla fela neng?
Naha e saretswe, e putswa
Dimela, le diphoofolo tse otileng di tletse hohle
Tsena tsohle di etsahala lebitsong la komello

E nkilwe ho tswa ho
Gugulethu Maphosa



A re ngoleng

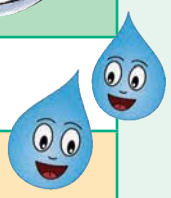


Komello ke eng?

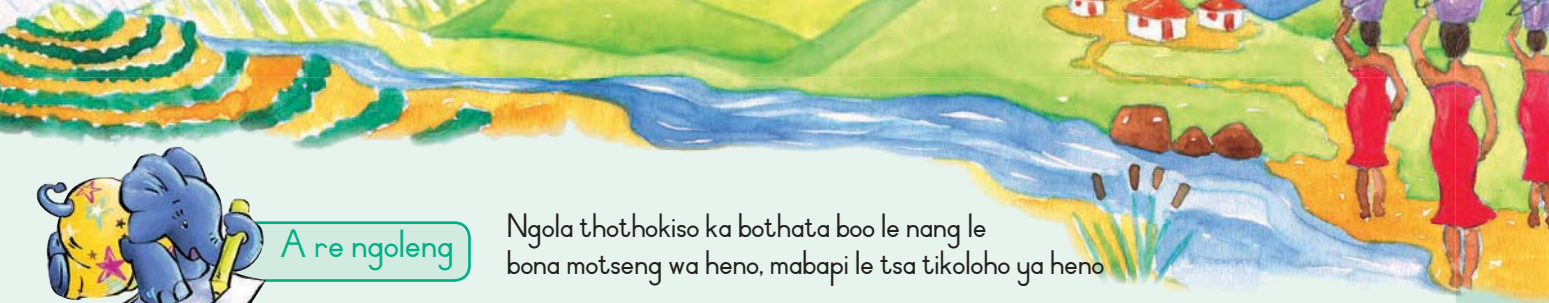
Dinokana, diphororo ho etsahalang ka tsona ha ho na le komello?

Dijalo, diphoofolo di etsa jwang ha ho na le komello?

Ho ne ho tla etsahalang motseng wa boLiki ha ho ne ho e na le komello?







A re ngoleng

Ngola thothokiso ka bothata boo le nang le
bona motseng wa heno, mabapi le tsa tikoloho ya heno

A re ngoleng

Ngola mantswe ana ka ho hlahlamana ho etsa dipolelo.
Qetella polelo ka kgutlo kapa letshwao la potso.



Nako Liki tsoha ho ya

Liki dikhilomitara hlano tse a tsamaya
sekolong a ya

Tsohle di diphoofolo a shwa nako ka komello ya

Di omme dinokana ngoo

Re lapa bohle a ka ya nako komello

Paballo ya metsi

Letsatsi:

A re ngoleng

Ngola dintlha tse hlano tsa ho baballa metsi. Sebedisa mantswe a ka lebokoseng ho o thusa.

metsi
nosetsa
ha letsatsi le tjhesa
bokella
dipompo
lokisa
moo metsi a dutlang
lekaneng
kwadisa
metsi a pula

Boithabiso

Etsa setshwantsho ho kgothaletsa batho ho baballa metsi. Sebedisa dipolelo tse ka lebokoseng ho o thusa. Etsa setshwantsho ka paballo ya metsi.

Fiela lapeng la hao, se sebedise lethopo ho fiela lerole.

Kwala dipompo.

Se dumelle dipompo ho dutla.

Se itlhatswetse ka bateng. Sebedisa shawara.

Sebedisa metsi a pula ho nosetsa jareteng.



Taka setshwantsho mona.

Teacher

Date:

Sign:

Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

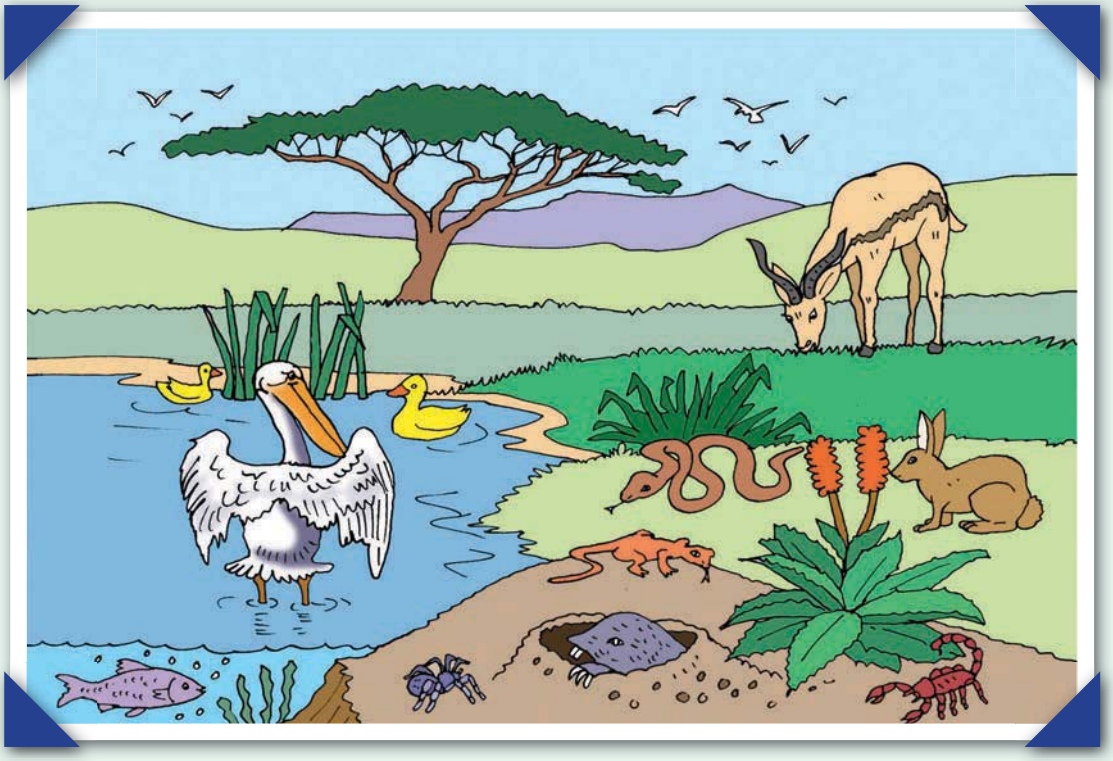
Lefatshe, moo re phelang

Letsatsi:

A re bueng

Sheba setshwantsho.

- O bonang setshwantshong?
- Naha e hlwekile kapa e ditshila?
- Na o nahana hore ho bohlokwa ho boloka naha ya heno e hlwekile? Hobaneng?



A re baleng

Dintho tse ngata tse makatsang – leano le le leng

Lefatshe la rona le tletse dijalo le diphoofolo tse ntle ka mokgwa o makatsang. Tse ding di nyenyane, tse ding di kgolo. Tse ding di mebala e metle, ha tse ding di le lefifi. hore di phele di tlameha ho sebedisana mmoho.Tsohle tse hlodilweng di na le moo di dulang, ekaba lehaheng, ntlong, difateng, morung, dihlahleng empa tlholeho e entse hore tsohle di be le bodulo.

Ka moo tlholeho e leng ka teng, tsohle ho etseditswe hore di dule ha monate ka kgotso. Sena e ka re malepa, kamoo dibaka tsena di kopanang kateng. Letsatsi le fana ka motjheso le kganya. Dijalo di sebedisa sena hore etse dijo tsa tsona. Dijalo ke dijo tsa diphoofolo tse fapaneng. Diphooofolo tse nyenyane, ke dijo tsa tse kgolo.

Tsohle tse phelang di na le nako ya ho timela (ho shwa). Ha di timela di aroha dikotwana, mme di matlafatsa mobu. Sena se thusa hore dijalo tse ntjha di hlahe. Ha ho letho le senyehang. Sehlopha sa diphoofolo le dijalo tse phelang ka tse ding di bitswa "ekosisitimi".

Ekosisitimi e lokela ho dula e felletse. Ho seng jwalo diphoofolo kapa dimela di tla shwa.



A re bueng

- Dinonyana di phela kae?
- Bua ka sebaka seo o dulang ho sona. Sebedisa mantswe ana: metsi, moya, difate, dimela, matlo, diphoofolo.
- Hobaneng o nahana hore batho, dimela le diphoofolo di a hlokana?
- Phapang ke efe pakeng tsa tse phelang le tse sa pheleng?



A re ngoleng

Mantswe a ngotsweng ka **botsho** a bolelang? Kgetha mantswe a dumellanang le ona ka moelelo a ka letsohong le letona. Ngola mantswe a ngotsweng ka botsho bukantsweng ya hao.

timela	tshepo	ho hloka	ho fela ha bophelo	ikemetseng
dikotwana	dintho	kgolo	nyane	hlahisa
ekosisitimi	tsa tlholeho	mobu	diphoofolo	dimela
tlholeho	tse entsweng lefatsheng	tsa lefatshe	dijo tsa tlholeho	ho ja
diahammele	dijo tse hahang	mmele dilamunu	dijo tsa bohlokwa	bohlokwa

Tlholeho

Letsatsi:

A re bueng

- Malepa ke eng?
- Hobaneng naha e tshwana le malepa?
- Dimela di hloka eng ho etsa dijo tsa tsona?
- Ho etsahalang ka ntho tse phelang ha di timela?
- Ho etsahalang ka ntho tse sa pheleng tse kang makotikoti ha re di lahla?



A re ngoleng

Tlatsa dikgeo dipolelong tse latelang ka mantswe a ka lebokoseng.



moriti

tsetela

lema

lemme

moitedi

phelang

Naha eo ke _____ ho yona e bohlokwa. Ke _____

ditapole, tamati le meroho.

Ke _____ difate tse pedi serapeng, mme sefate sena se etsa

_____ lehlabula.

Dijalo tsohle tseo ke sa di jeng ke di _____ mobung. Ha dijalo di se di

entse _____ ke o tshela dijalong hore o ntlafatse mobu.

A re ngoleng

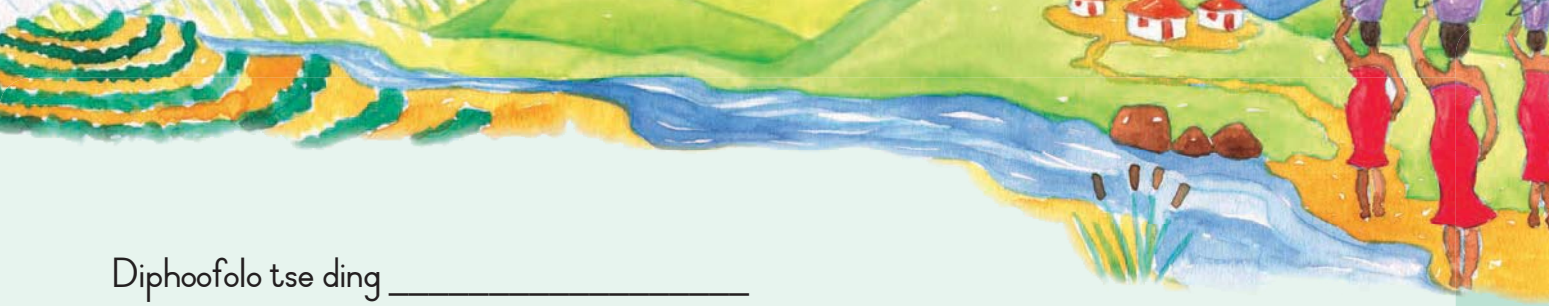
Tlatsa dokgeo ka **di** le **se**.





Dijalo tsena _____ omelletse.

Serapa sena _____ seholo.



Diphoofolo tse ding _____

kgolo, ha tse ding _____ le nyenyane.

Sefate sa boleikomo _____ hlohloreha

mahlaku mariha.





A re ngoleng

Kgetha lentswe mme o ngole polelo e nepahetseng lebokoseng.

Bekeng e fetileng re thonakile/thonaka ditshila sekolong.

Re entse/etsahetse hore lebala la dipapadi le hlweke/hlwekile.

Re hlophile/hlophisa ditshila yaba re di beha/behwa ka dihlopha tse tharo.

Re ikutlwile/ikutlwa re le motlotlo/motsotso ha sekolo sa rona se le makgethe.

Re ile ra leka/lekile ho etsa letlole la tjhelete.







Naha e kgahlisang

Letsatsi:

A re baleng

Bala puisano o arabe dipotso tse latelang.



A re ngoleng

Rachel o re ke dintho dife tse etsang karolo ya naha?

Hobaneng re tlamehile ho boloka naha ya rona?

Ke dife tse tharo tse sa lokelang naha ya rona?

Rachel o re re silafatsa moya ka dintho dife tseo re di etsang?





A re ngoleng

Ngololla dipolelo tsena. O qale polelo e nngwe le e nngwe ka **maobane**.

Re lema meroho ka ho fapana.

Maobane

Re hema moya o hlwekileng.

Maobane

Re kwala dipompo ka thata.

Maobane

Re lema difate tse ngata.

Maobane



A re ngoleng

Kopanya mantswe a sehlopheng sa A le a sehlopheng sa B. Ngola lentswe le letjha lebokoseng le letsohong le letona.

Sehlopha A	Sehlopha B	Lentswe le letjha
tlho	ma	
diko	kolo	
time	leho	
tsho	lla	
ko	twana	
le	lo	



Tlhokomelo ya naha

Letsatsi:

A re bueng

Shebang ditshwantsho.

- Bolela hore o bona eng ditshwantshong tsena.
- Hobaneng ho na le ditshila ditoropong?
- Ho etsahalang naheng ya rona ha re lahla dintho, re sa di sebedise hape?
- Sheba ditshwantsho hape.
  Bolela hore ke ho sefe moo
  bodulo ba teng bo ka bang botle?





A re bueng

- Qoqa ka tseo batho ba di etsang ho senya naha.

A re ngoleng

Ngola dipolelo o sebedisa mantswe a latelang.

naha

dimela

metsi

difate

diphoofolo

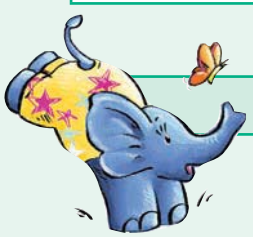


A re ngoleng

Ngola ditema tse pedi. Temeng ya pele ngola ka seo batho ba sa tshwanelang ho se etsa naheng ya bona. Temeng ya bobedi, ngola ka hore batho ba tlameha ho etsa eng ho boloka naha.

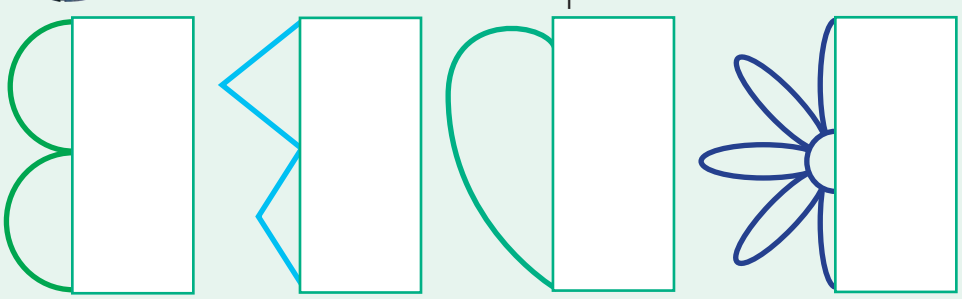
Seo re tshwanelang ho se etsa

Seo re tlamehang ho se etsa ho boloka naha

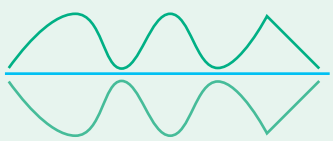


Boikgathollo

Ditshwantsho tsena di ka shebeha jwang ha o ka beha seipone ka tlasa tsona? Qetela ditshwantsho tsena tsa diipone.



Mohlala







Teacher

Date:

Sign:



Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Letsema la ho hlwekisa

Letsatsi:

A re baleng

Bongi le metswalle ya hae ba a hlwekisa

Re ile ra ikopanya re le leshome le metso e robedi, le ba mophato wa ka. Ra qala mokgatlo sekolong sa rona sa Steenberg, Western Cape. Sepheo sa mokgatlo wa rona e ne e le ho hlokomedisa batho tshenyo eo ba e etsang lefatsheng. Re ne re nahana hore re ka kgona ho thusa batho hore ba se etse bohlaswa.



Ntho ya pele eo re ileng ra e etsa e ne e le ho hlwekisa phaposi ya rona ya ho ithutela. Ka morao ho moo ra hlwekisa lebala la dipapadi. Re ile ra hlwekisa le diterata tsohle motseng wa rona.



Ra nto qala mokgatlo o mong wa ho se lahle dintho, mme ra di fetola sebopeho, mme ebe re di sebedisa hape. Bana ba sekolo ba keneng mokgatlong ona ba lebelletswe ho tla le dintho tse seng di sebedisitswe tse kang dibotlolo, mekotlana. Tsena tsohle tseo re di bokellang re di rekisetsa bo rakgwebo ba baholo hore ba di sebedise hape.





Ho se lahle dintho le ho di sebedisa hape, ke ntho ya bohlokwa haholo. E ile ya tlisetsa sekolo sa rona tjhelete e ngata haholo. Re tshepa hore sena seo re se etsang e tla ba mohlala ho ba bangata.



A re bueng

- Mokgatlo oo ho buuwang ka ona mona ke ofe?
- Thuso ya ho se lahle dintho mme di sebediswe hape ke efe?
- Sekolo se ile sa fumana molemo ofe mokgatlong ona?
- Ke dintho dife tseo re ka di sebedisang hape re sa di lahle?

A re ngoleng

Bontsha hore dipolelo tsena ke nnete kapa tjhe.
Ha e se nnete, ngola karabo e nepahetseng ka tlasa polelo.

	Nnete	Tjhe
Moitedi ha o na molemo.		
Ho sebedisa dikgalase, mekotla, dipampiri, ho se di lahle ho molemo.		
Batho ba leshome le metso e tsheletseng ba ile ba qala mokgatlo wa naha.		
Ba ne ba sa lahle makotikoti le dibotlolo.		
Ho na le ditshila tse ngata ditoropong ho feta mahaeng.		

Tshebediso ya dintho le ho se di lahle

Letsatsi:

A re ngoleng

Bana ba Steenberg ba ile ba qala mokgatlo wa bona kae?
Sepheo sa mokgatlo ke eng? Etsa sedikadikwe mantsweng a nepahetseng.
a) Ho bokella ditshila
b) Ho lahla ditshila sekolong
c) Ho hlokomedisa batho bohlokwa ba ho boloka naha e hlwekile
Ke eng eo ba e entseng mokgatlong wa bona wa pele?
Ba etsa tjhelete jwang ho thusa sekolo sa bona?

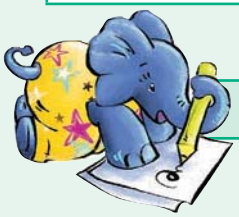
A re ngoleng

Etsa dipolelo ka mantswe a tswang dihlopheng tse tharo tse latelang. Ngololla dipolelo dibakeng tse siilweng leqepheng le latelang.



1. bana ba leshome le metso e robedi	ba ne	reka mekotla ya dipolasitiki sekolong
2. bana ba steenburg le ba mophatho	ba tsebile ho ipopa	ka ho rekisa disebediswa tse sebedisitsweng
3. borakgwebo	ba ne ba	bohlokwa ba paballo ya naha
4. sekolo se entse tjhelete	ruta batho ka	ba bokella dintho tse sebedisitsweng

1.
2.
3.
4.



A re ngoleng

Sehella mantswe a nang le medumo e tshwanang le mantswe a ngotsweng ka pene e ntsho.



kolla	bolla	kgola	kola	bolo
nyanya	nyatsa	nyane	nyala	nyamela
ngwana	ngwanana	ngwaha	ngwahola	ngwapa
nkgo	nkgono	nkga	nkgobe	nkgolwa
qhoma	qhotsa	qhoba	qoqa	qolla



A re ngoleng

Tlatsa dipolelo tsena ka **empa** kapa **hobane**.



Motseng wa heso ho nkga haholo _____ ho tletse ditshila.

Ke dula sebakeng se hlwekileng _____

ha ho na difate.



Limpopo ke sebaka se hlwekileng _____

batho ba teng ba lahlela ditshila ka moqomong.

Bana ba hlwekisitse sekolo _____ba qetile ba kgathetse haholo.



Tsela ya ho boloka dintho

Letsatsi:

A re etseng

Na o sa hopola ditaba tsa sehlooho sa rona?
Hona ho bolela ho etsa dintho tse molemo ka dinthong tse lahliweng.
A re boneng hore re ka etsa eng ka dibotlolo tsa polasitiki le makotikoti tseo re hlolang re di lahla

O tla hloka tse latelang:
- Lejwe le leholo le sepekere
- Majwe a manyane
- sekere
- dipeo tsa ditholwana

1 Bokella dibotlolo tsa dipolasitiki le makotikoti.



2 Poma melomo ya dibotlolo tsa dipolasitiki.



3 Etsa masoba dibotlong ka lejwe le sepekere.



4 Kenya majwe a manyane dibotlolong.



5 Tlatsa dibotlolo ka mobu.



6 Jala dipeo mobung.



7 Nosetsa peo habedi ka beke.



8 Beha dibotlolo letsatsing.



Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm

Ha o lema dijalo ke eng eo o tlamehang ho e etsa pele?

A re ngoleng

O tshela eng botlolong pele o tshela mobu?

O nosetsa dijalo ka eng?

Hobaneng o tlameha ho beha dijalo letsatsing?

Rera letsema le leholo la ho hlwekisa sekolo sa heno.
Fumana seo o tla se etsa mmapeng wa kelello.

A re ngoleng



Ke bomang ba tla thusa?



Ke eng se ka sebediswang hape?

Tlhwekiso ya sekolo

Ho bolelang ho hlwekisa?

Ditshila o tla etsa eng ka tsona?

O tla hlwekisa dibaka dife?

Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Tlhwekiso ya sekolo

Letsatsi:



A re ngoleng

Ngola leano la pale ya hao mona.
Sebedisa setshwantsho seo o se entseng ho o thusa ka pale ya hao.





Ke mang ya tla o thusa?

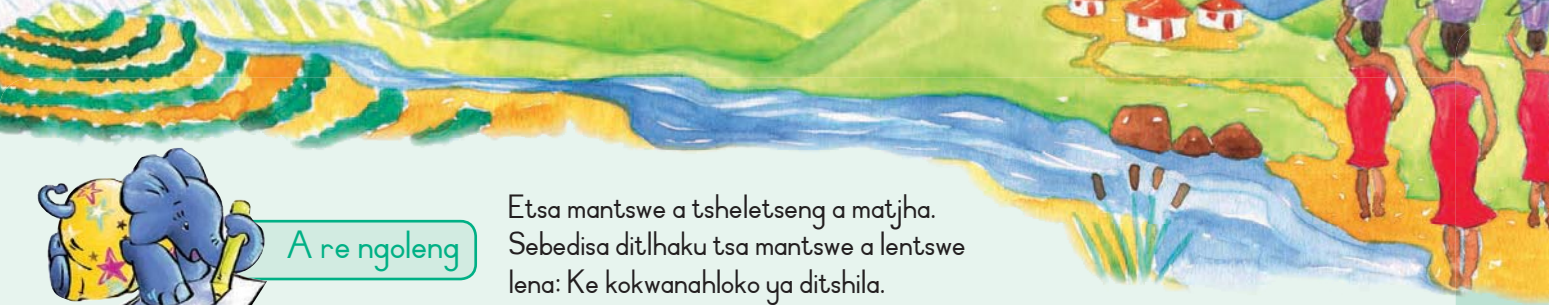
O tla etsa jwang ho hapa maikutlo a bana ba bang hore ba o thuse?

Ke dibaka dife tseo o tla di hlwekisa?

O tla etsa eng ka ditshila?

Ke dintho dife tse ka sebediswang hape?





A re ngoleng

Etsa mantswe a tsheletseng a matjha.
Sebedisa ditlhaku tsa mantswe a lentswe lena: Ke kokwanahloko ya ditshila.

A re ngoleng

Ngola melao e mehlano ka kokwanahloko ya ditshila sekolong sa hao.
Sebedisa mantswe ana ho o thusa.

kahlolo R5

sebedisa | se ka lahla ditshila | dikotikoti | lebala la dipapadi | naha

moqomo | mokotla | galase | pampiri | phaposi ya sekolo

Melao ya sekolo ka Kokwanahloko ya ditshila!

1. _____
2. _____
3. _____
4. _____
5. _____

A re ngoleng

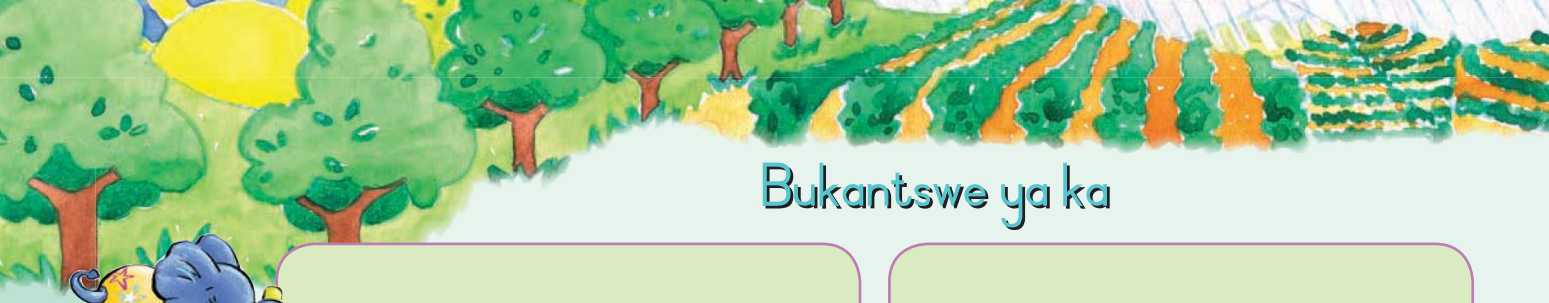
Etsa setshwantsho ka kokwanahloko ya ditshila.



Sebedisa mohlala o latelang ho o thusa ho inahanela.

Teacher
Date:
Sign:

Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz



Bukantswe ya ka



A a



B b

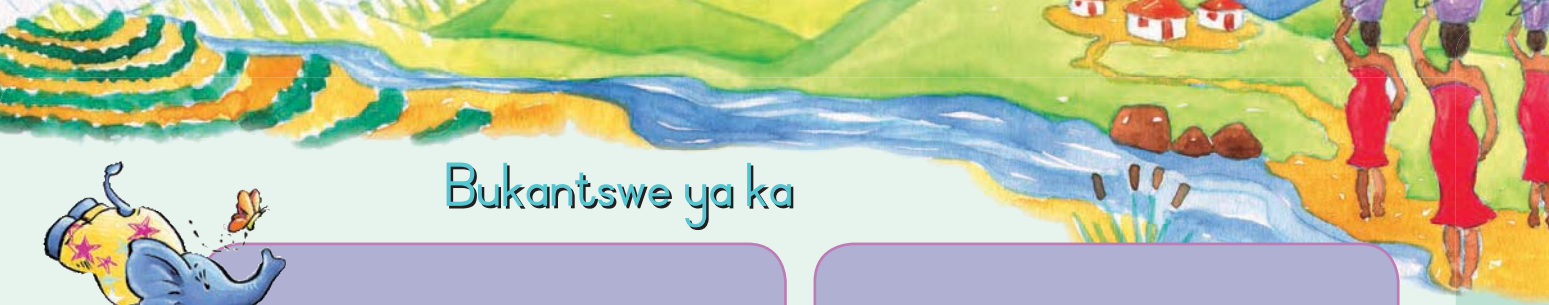


C c



D d





Bukantswe ya ka

E e



F f



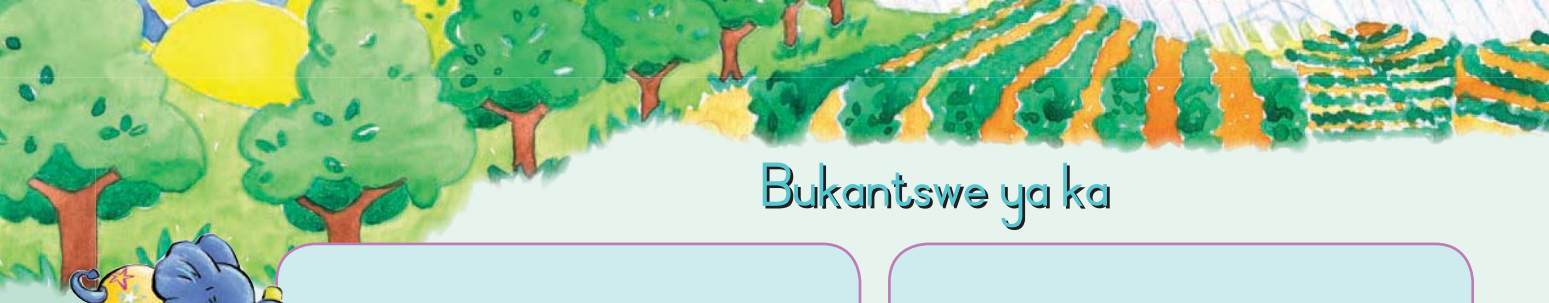
G g



H h



Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz



Bukantswe ya ka



I i



J j

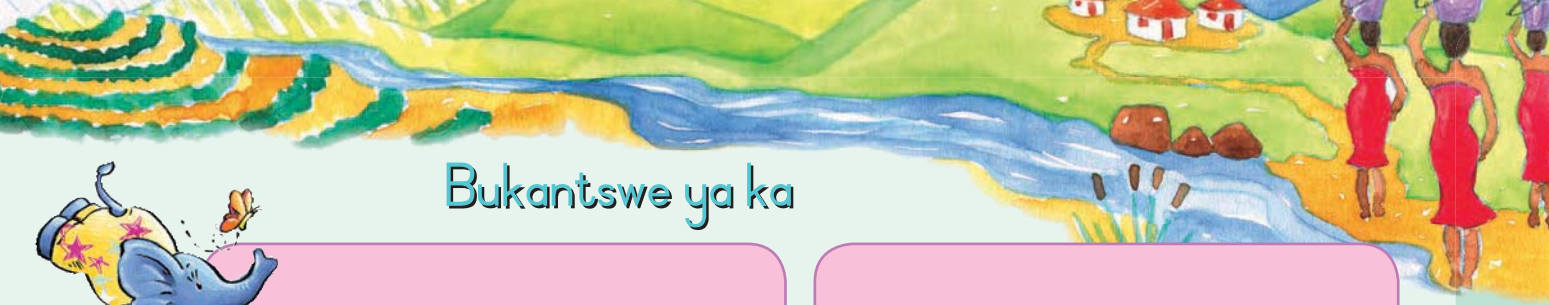


K k



L l





Bukantswe ya ka

M m



N n



O o



P p





Q q



R r

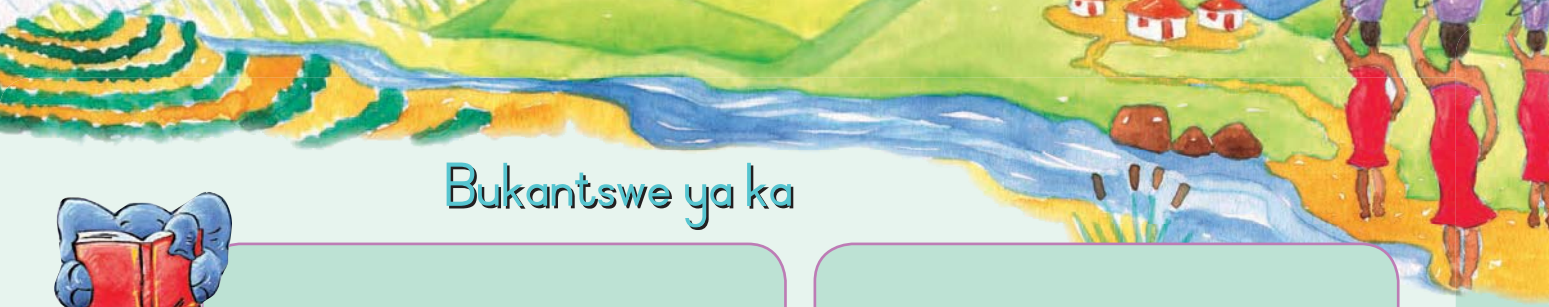


S s



T t





Bukantswe ya ka

U u



V v



W w



X x

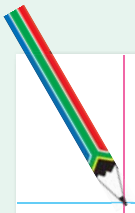


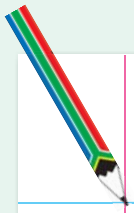
Bukantswe ya ka

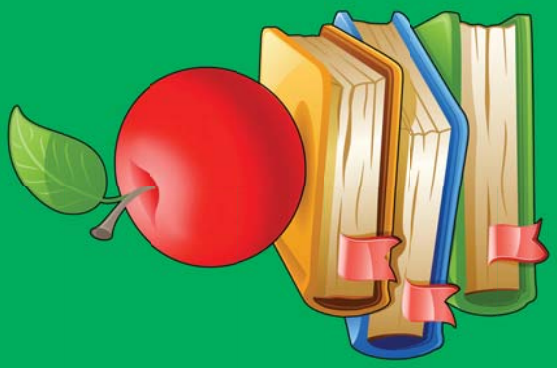
Y y

Z z

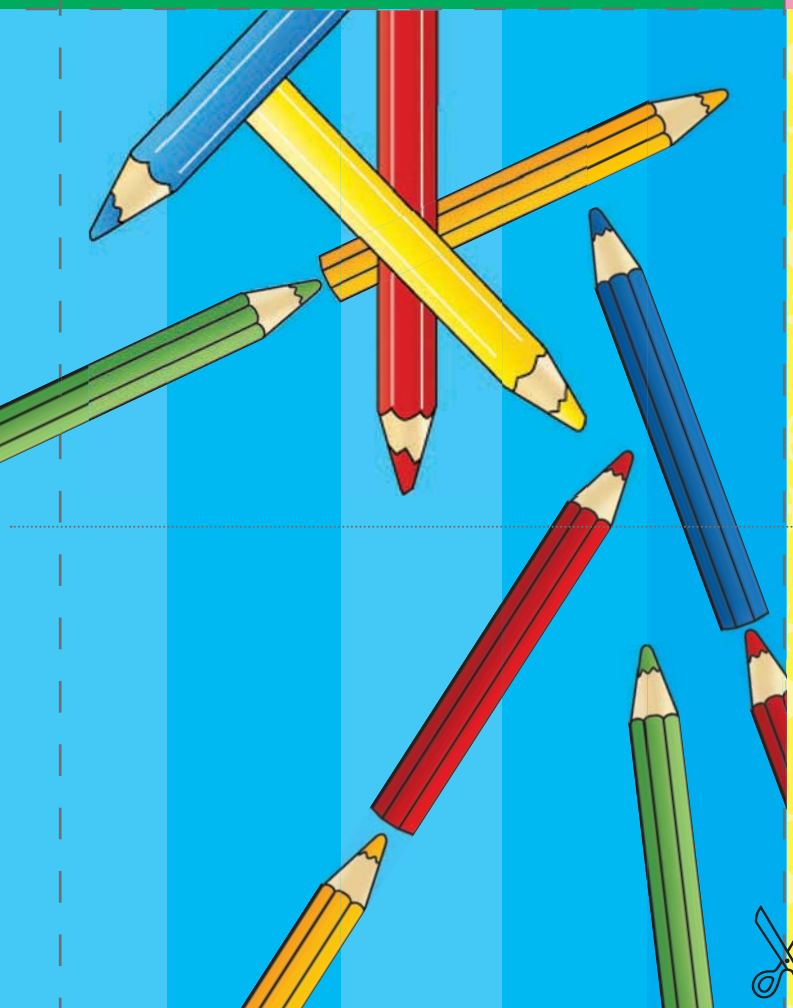






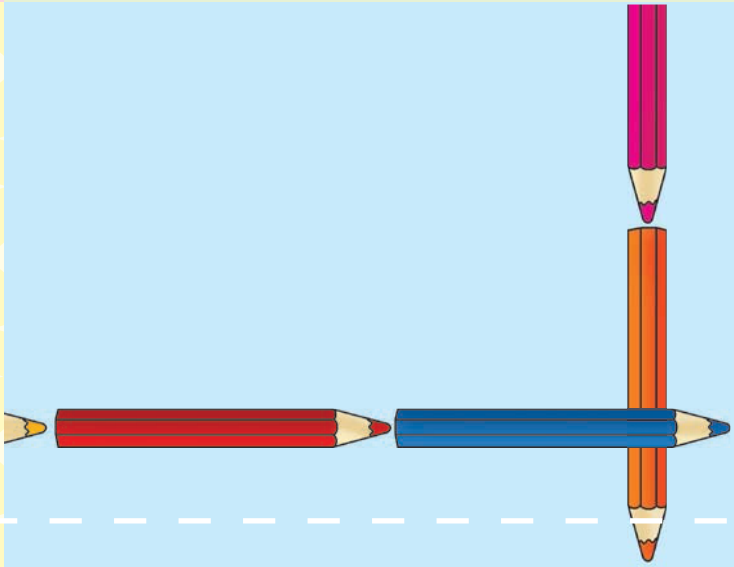


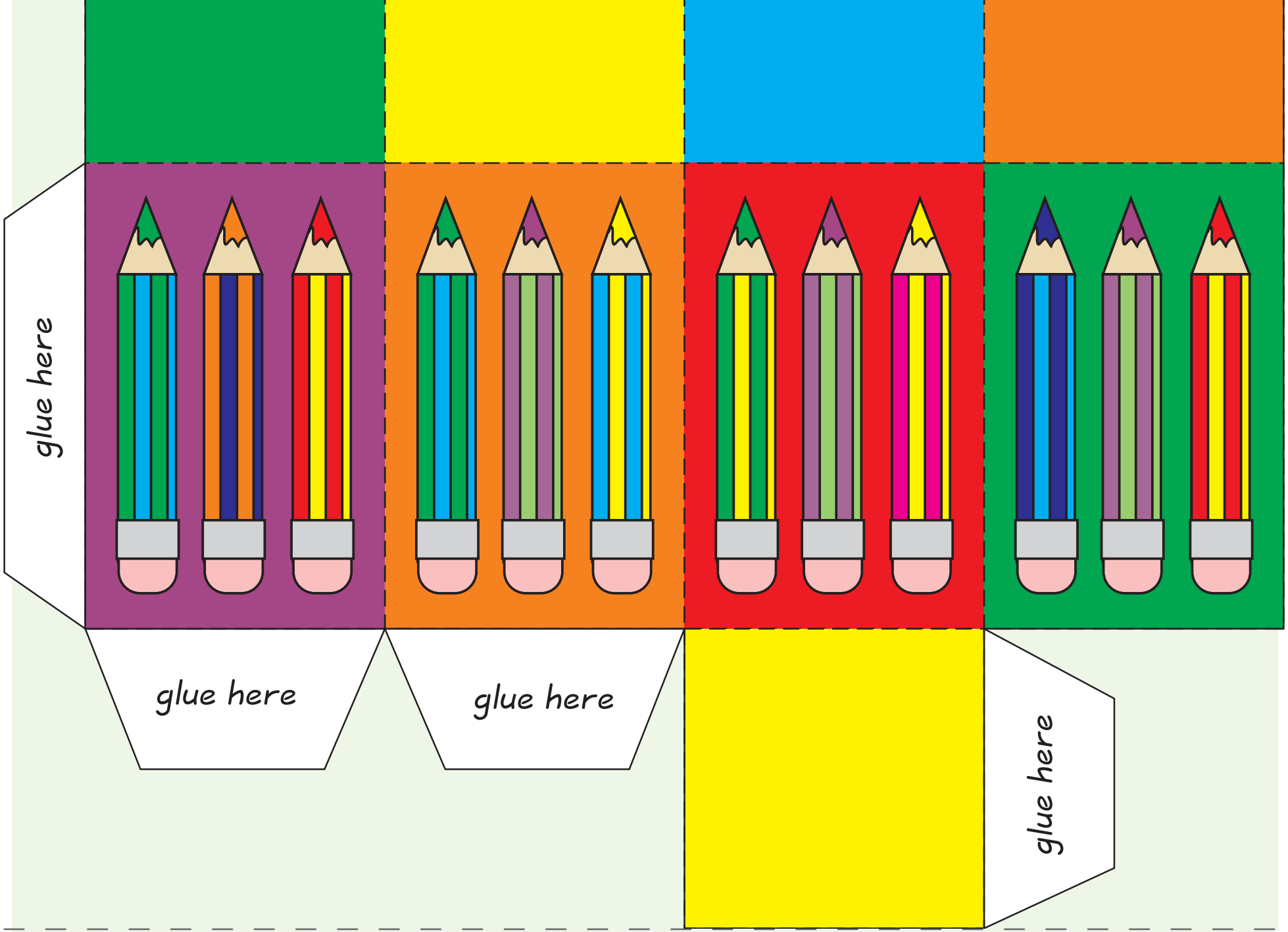








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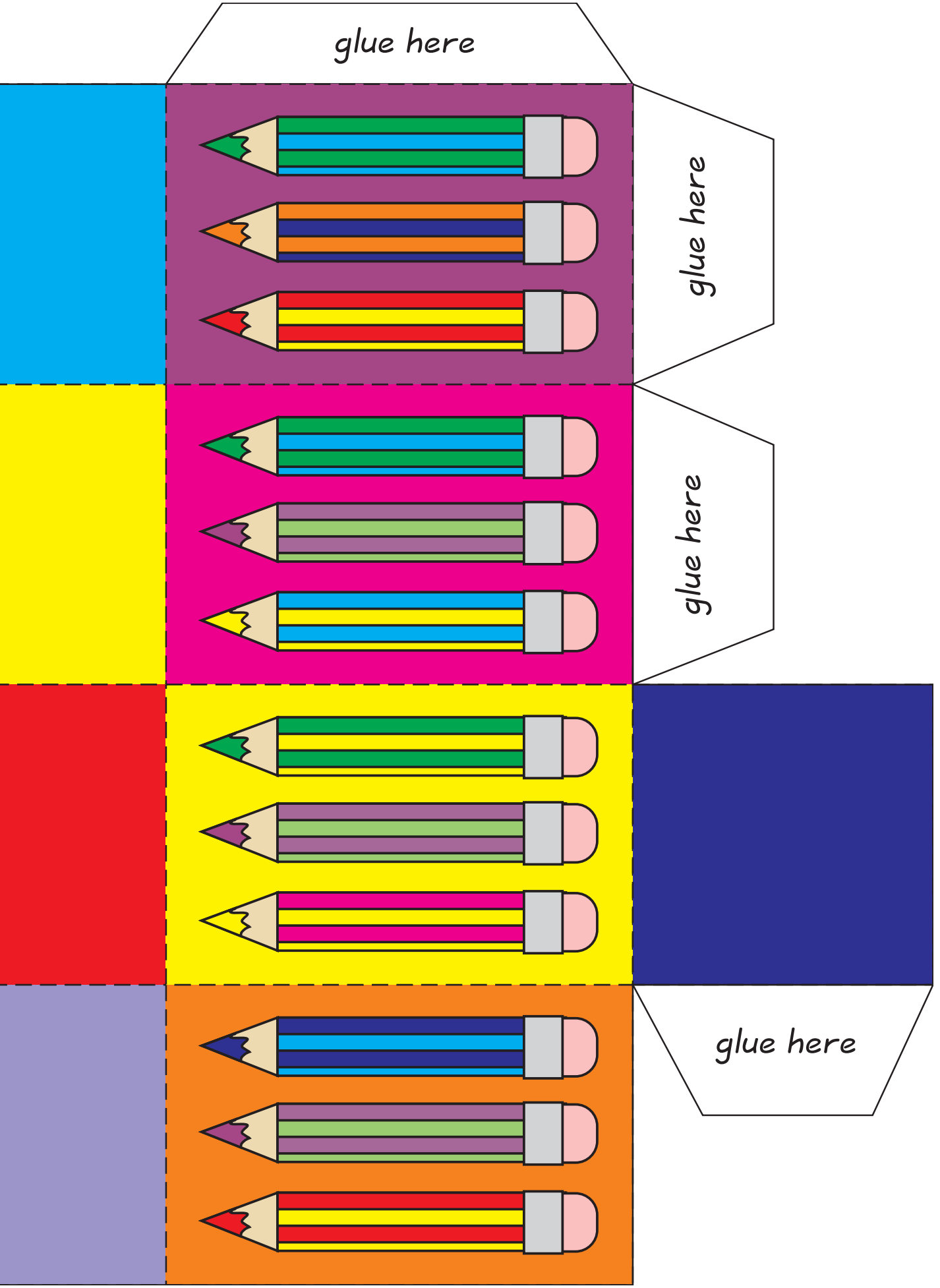
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