

Mofumahadi Angie Motshekga, letona la Lafapha la Thuto ya Motheo.



Mong. Enver Surty, Motlatsi wa Letona la Thuto ya Motheo

Dibuka tsena tsa tshebetso di etseditswe bana ba Afrika Borwa tlasa boetapele ba Letona la Thuto ya Motheo, Mof. Angie Motshekga, mmoho le Motlatsa Letona la Thuto ya Motheo, Mong. Enver Surty.

Dibuka tsa tshebetso tsa Rainbow di bopa karolo ya Lefapha la Thuto ya Motheo, ya thuso e reretsweng ho netefatsa tshebetso ya baithuti ba Afrika Borwa dikereiting tse qalang tse tsheletseng. Jwale ka enngwe ya dintlha tsa bohlokwa tsa Moralo wa Tshebetso ya Mmuso, projeke ena e etsahetse ka tshehetso ya letlole la Polokelo la Setjhaba. Sena se entse hore Lefapha le etse dibuka tsena tsa tshebetso ka dipuo tsohle tsa semmuso, ntle le tefello ya letho.

Re tshepa hore, matitjhere a tla fumana dibuka tsa tshebetso di le bohlokwa mosebetsing wa bona wa letsatsi le letsatsi, le ho etsa bonnete ba hore baithuti ba bona ba etsa kharikhulamo yohle. Re nkile boikarabelo ba ho tataisa titjhere mosebetsing ka enngwe le enngwe ya mesebetsi, ka ho kenyelletsa motshwao a bontshang hore na seo barutwana ba tshwanelang ho se etsa ke sefe.

Re a kgolwa hore bana ba tla natefelwa ke ho sebetsa ka buka ena ha ba ntse ba hola le ho ithuta, le hore wena titjhere, O tla natefelwa mmoho le bana.

Re le lakalletsa katleho ho sebediseng dibuka tsena tsa tshebetso.



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TERMS 1 & 2
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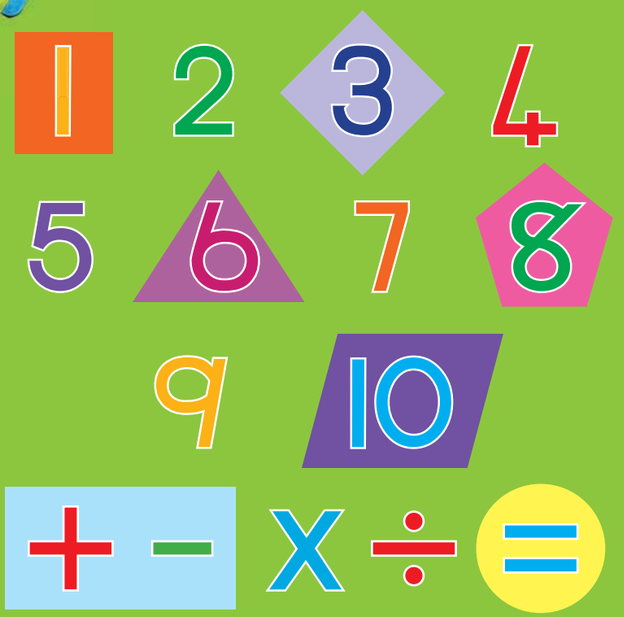

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MMETSE KA SESOTHO – Kereiti ya I Buka ya I



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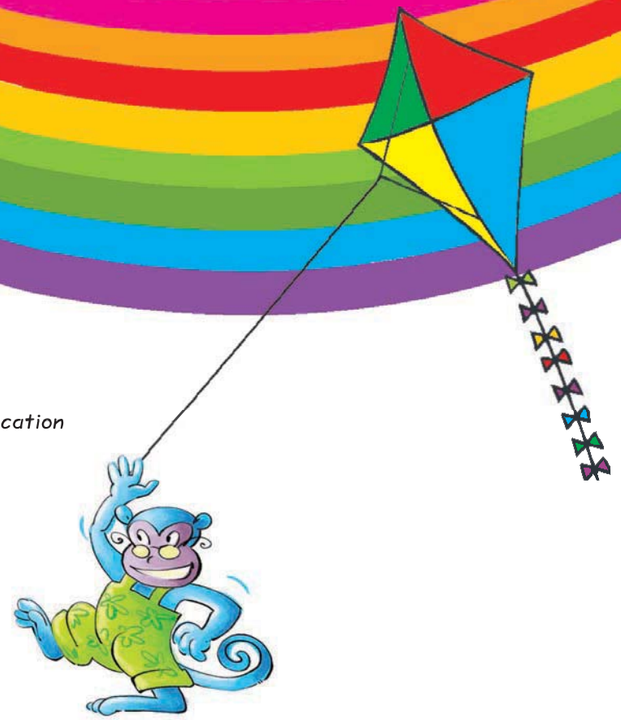

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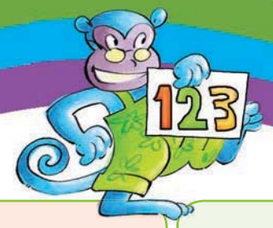

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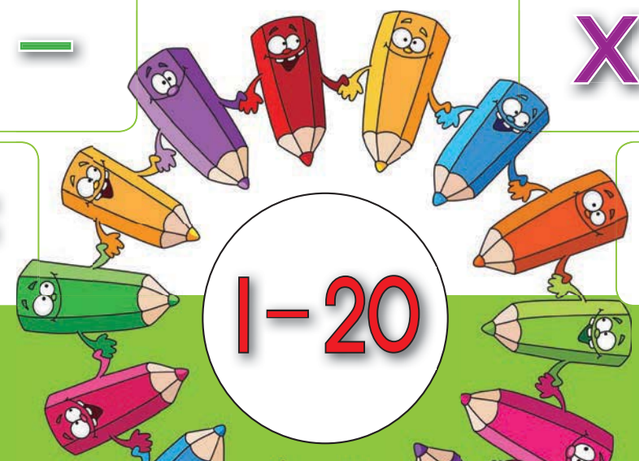

Kereiti ya 1

Rainbow WORKBOOKS

Mmetse

ka SESOTHO



SESOTHO

Buka ya 1

Buka ena ke ya:

Ho batla le ho bapisa

Thusa ngwana ho fumana dintho tsa ho bapala.



QALA





QETELLA





Ho bapisa

Fumana setshwantsho se tshwanang le se lebokoseng la pele.



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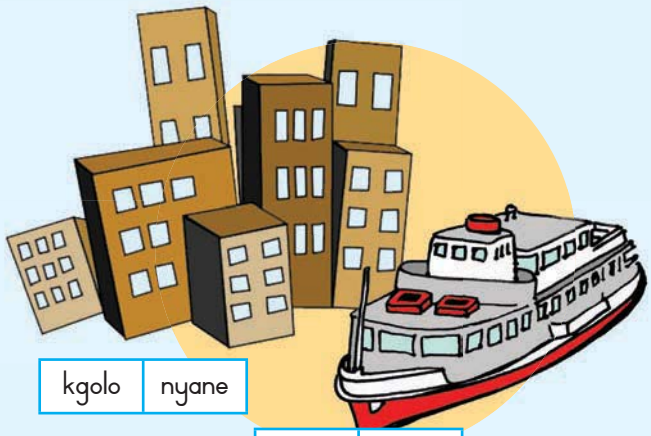
Dibopeho le boholo

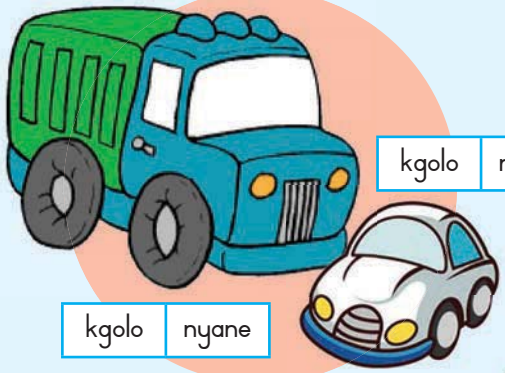
Ke di feng tse kgolo?
Ke di feng tse nyane?

kgolo	nyane



kgolo | nyane

kgolo | nyane



kgolo | nyane

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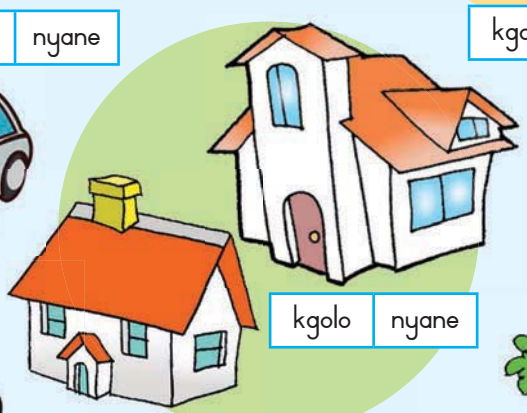

kgolo | nyane

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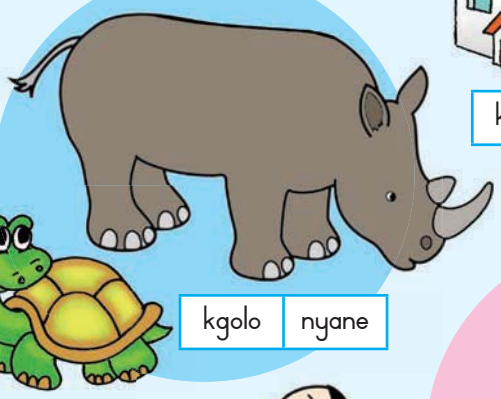

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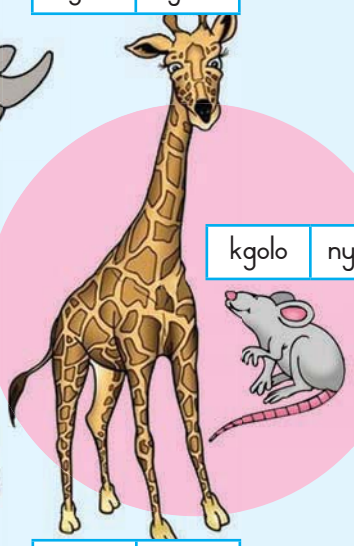

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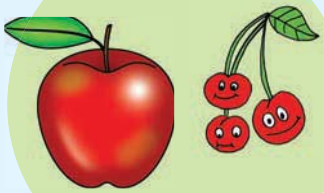


kgolo | nyane

kgolo | nyane

Bolela hore ba shebahala jwang





hodimo le tlase



ho kobehela morao

Lekana



bokgutswanyane



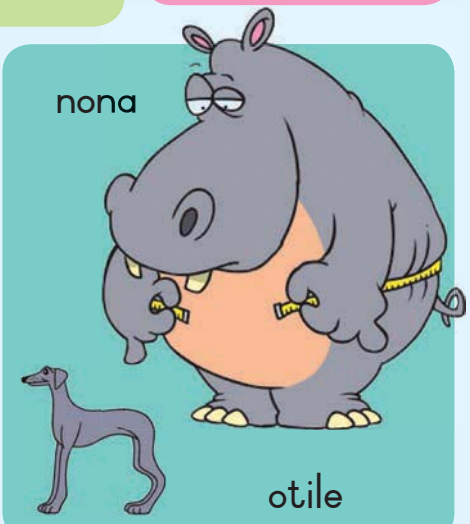
botelele



kahare

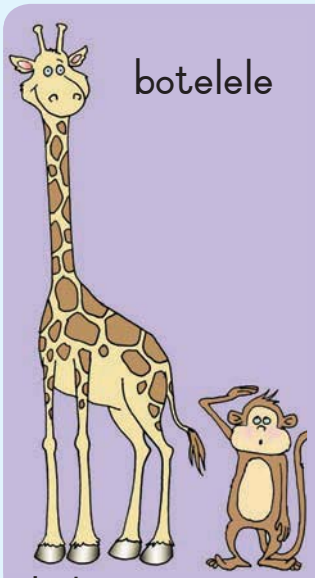
ka ntle

nona



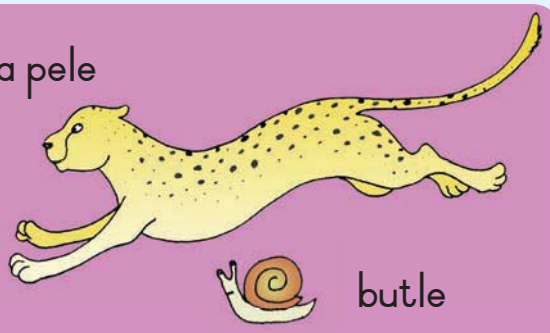
otile

botelele



bokgutswanyane

ka pele



butle

ka pele

ka morao



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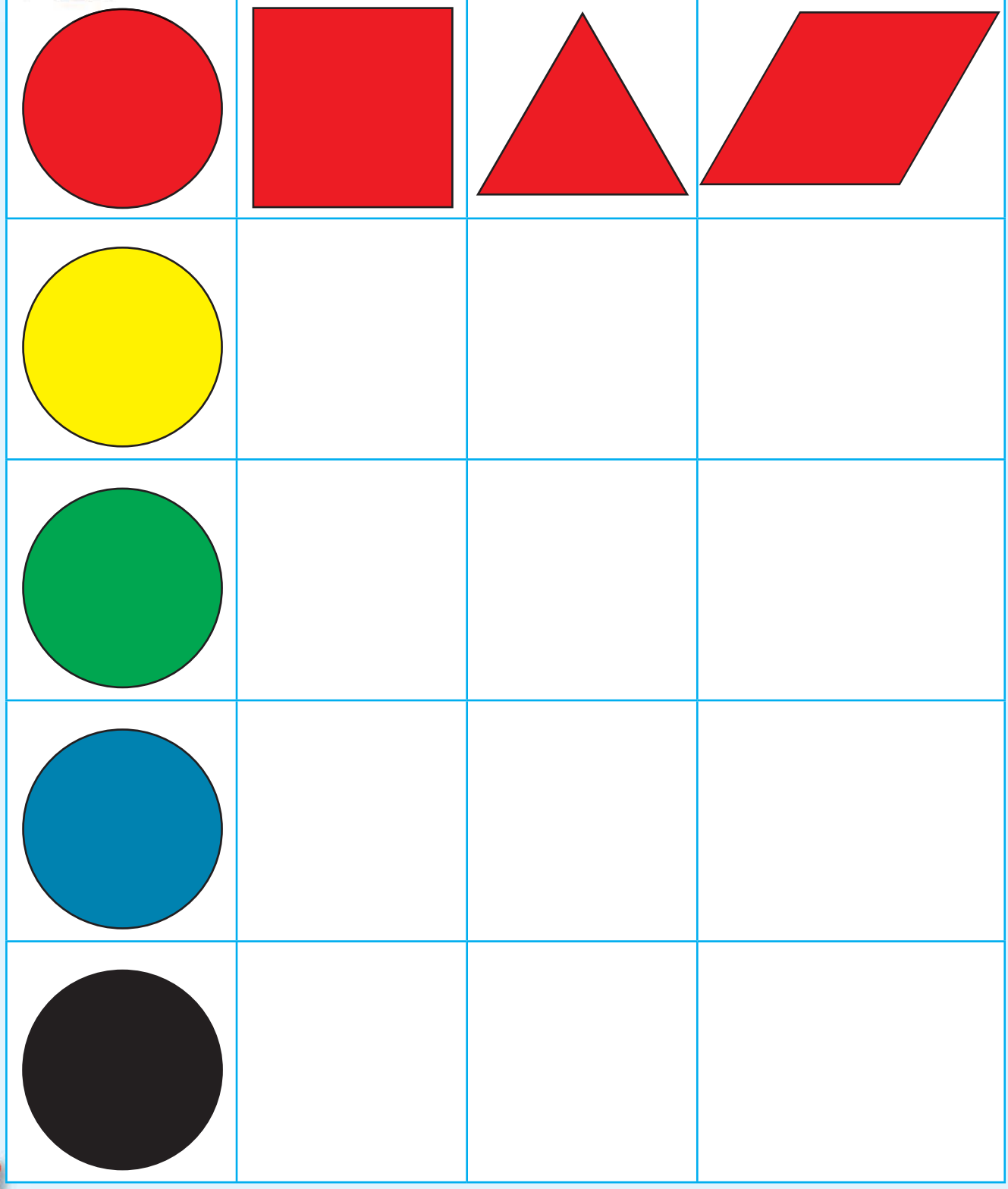
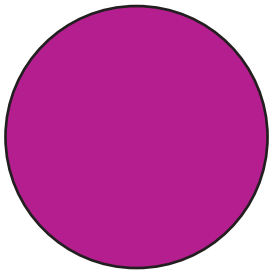
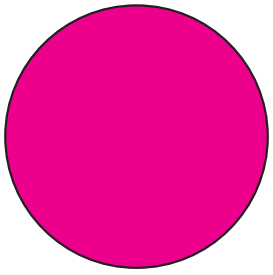
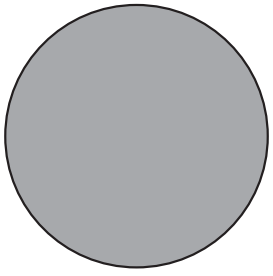
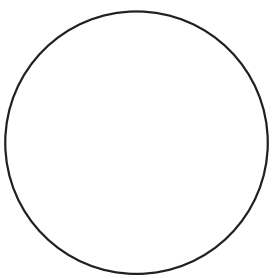
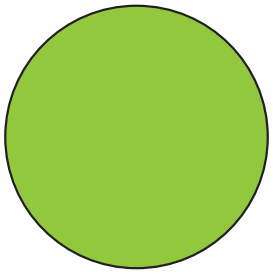
Ho hlophisa mebala

Beha dibopeho ho ya ka mmala, mabokoseng. Mola o mong le o mong o nke mmala wa sebopeho sa pele. Re entse mohlala ka dibopeho tse kgubedu. Bolela mmala wa sebopeho se seng le se seng.



Mosebetsing ona, barutwana ba tshwanetse ho seha dibopeho ka morao ho buka. Ba se ke ba di kgomaretsa hobane ba tla hloka ho di sebedisa ha morao. Beha dibopeho mokotleng e ka morao bukeng.

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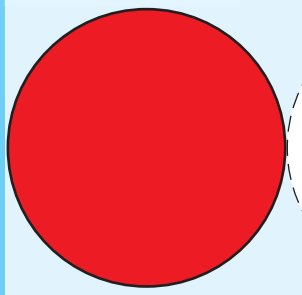
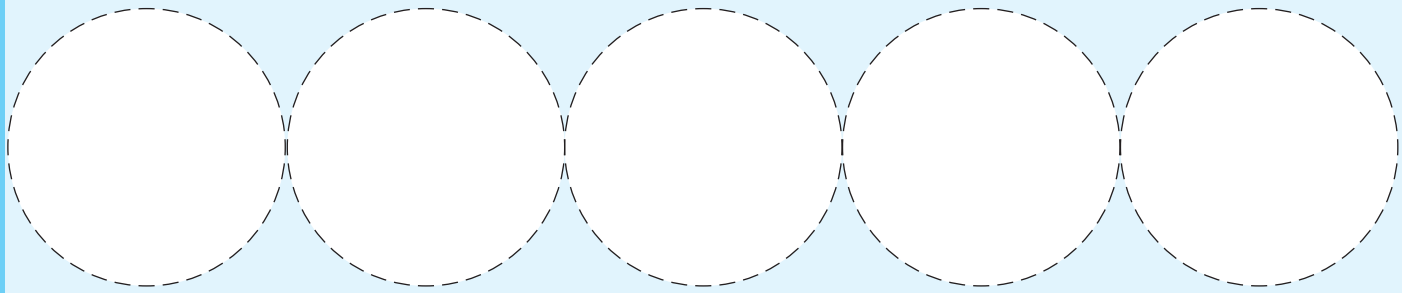
Ho hlophisa le ho bapisa dibopeho

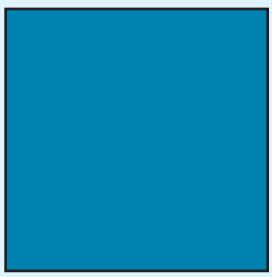
Fumana didikadikwe tsa hao tse sehuweng ka morao ho buka ebe o di beha dibakeng tsena.

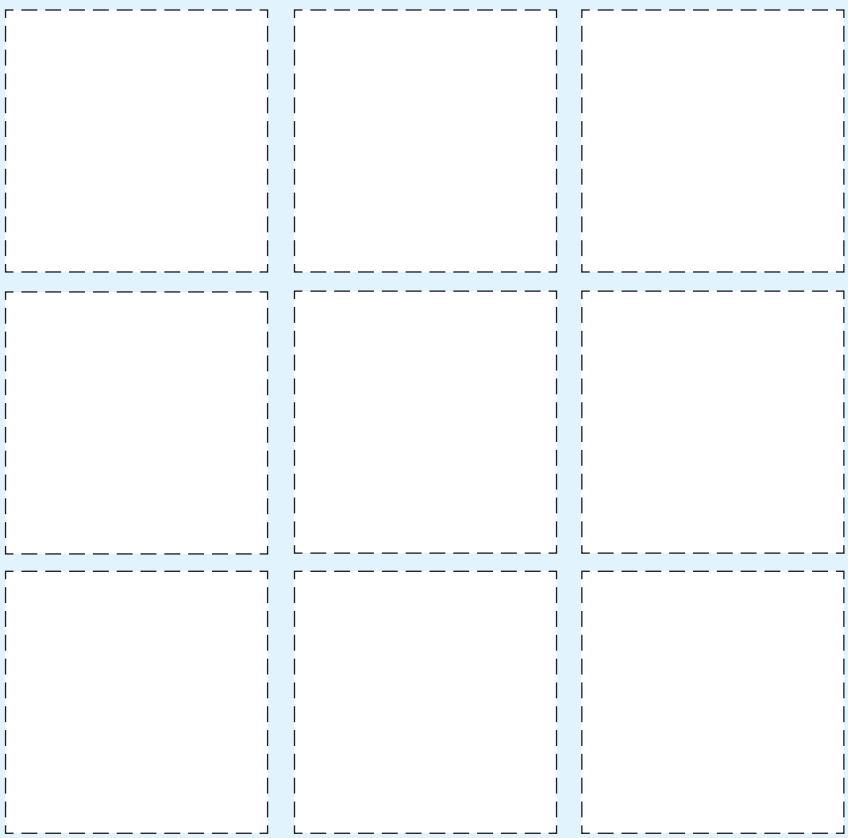






Fumana tekanyohohle tsa hao tse sehuweng ebe o di beha dibakeng tsena.

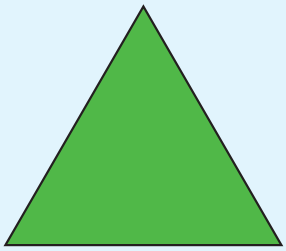






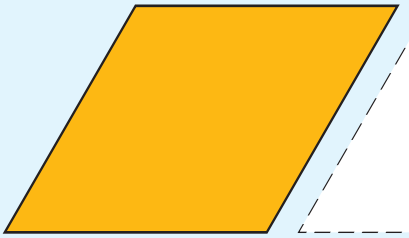


Fumana dikgutlotharo tsa hao tse sehuweng ebe o di beha dibakeng tsena.





Fumana ditaemane tsa hao tse sehuweng ebe o di beha dibakeng tsena.



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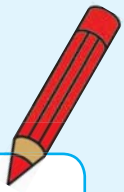
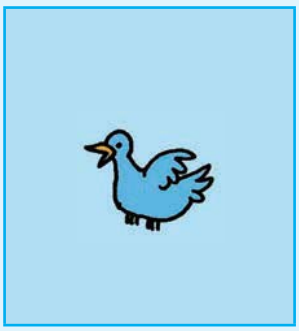
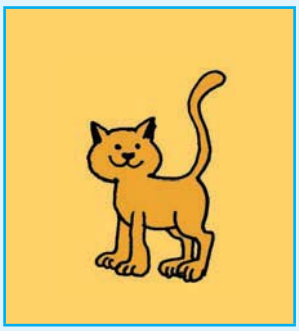
Ho bala

Bala hore ho na le diphoofolo tse kae setshwantshong se leqepheng la II mme o ngole palo e nepahetseng ka hara boloko.







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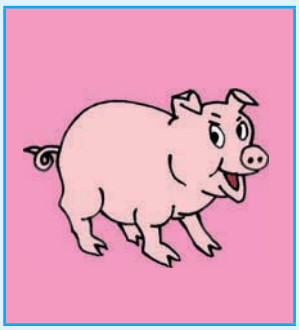



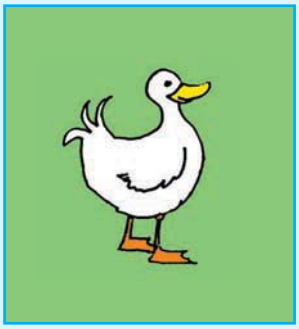

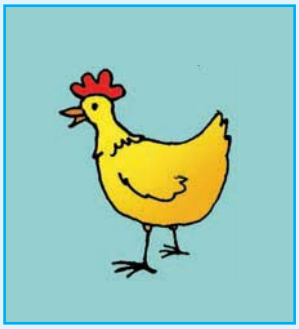



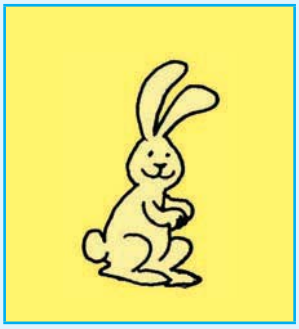

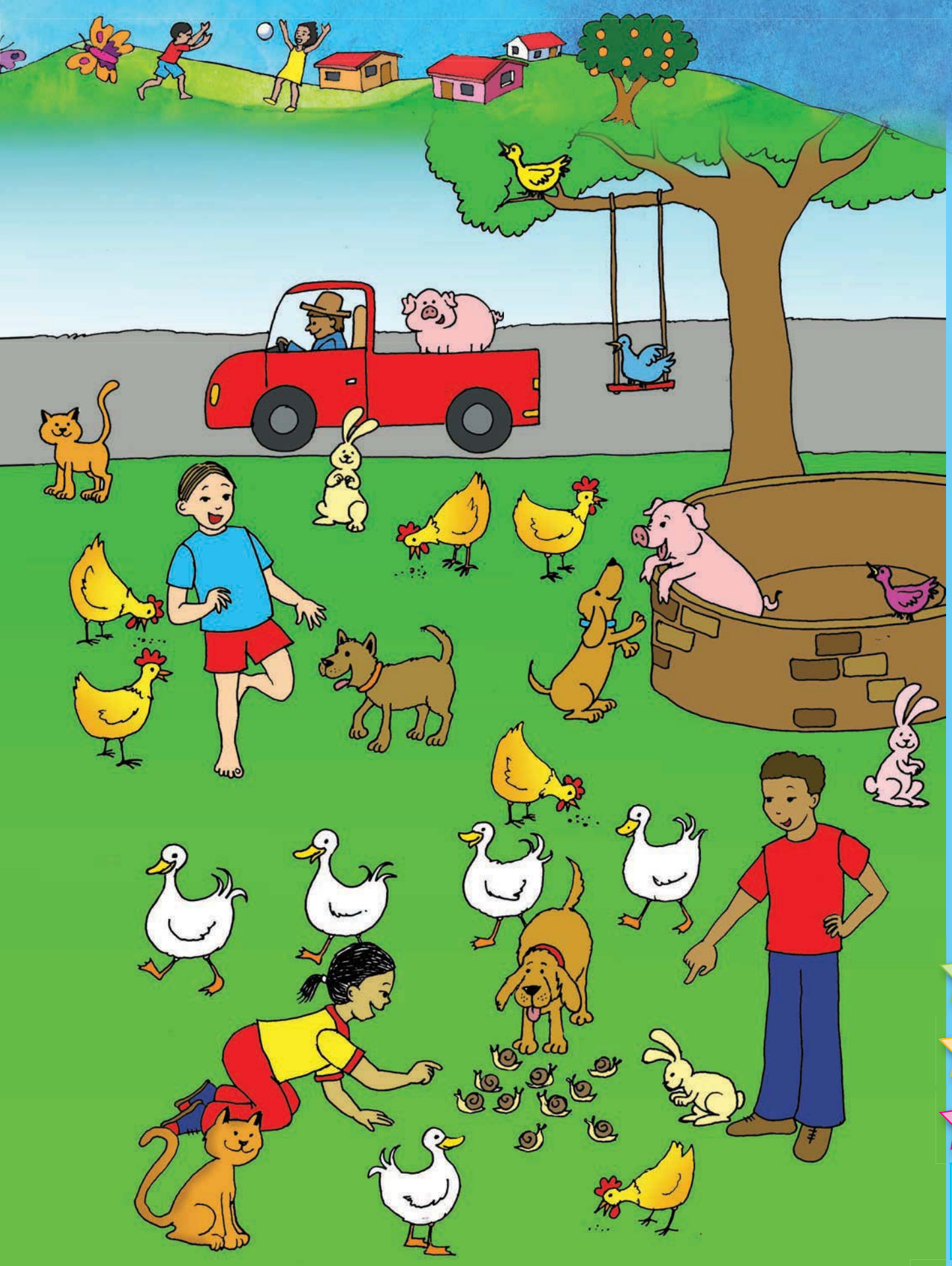

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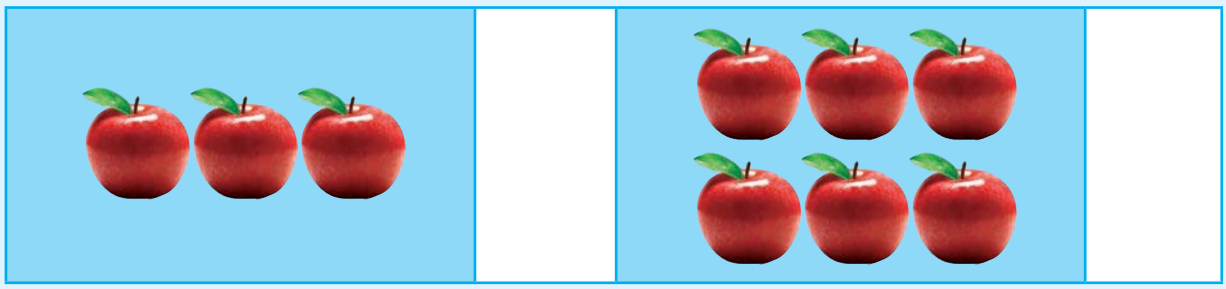
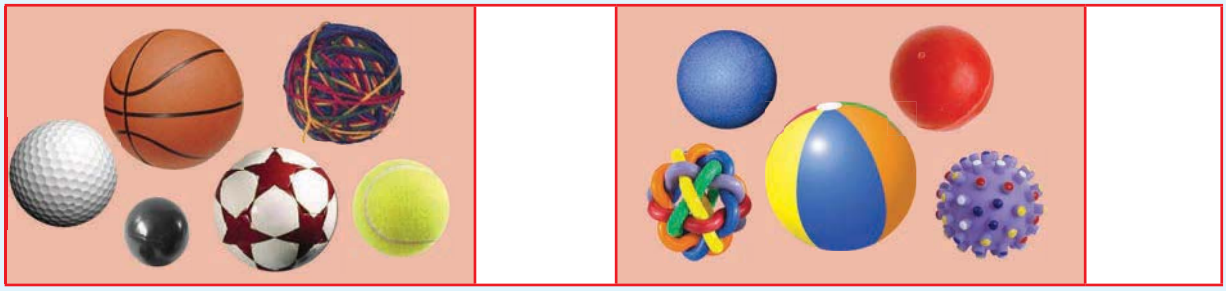
Ho akanya

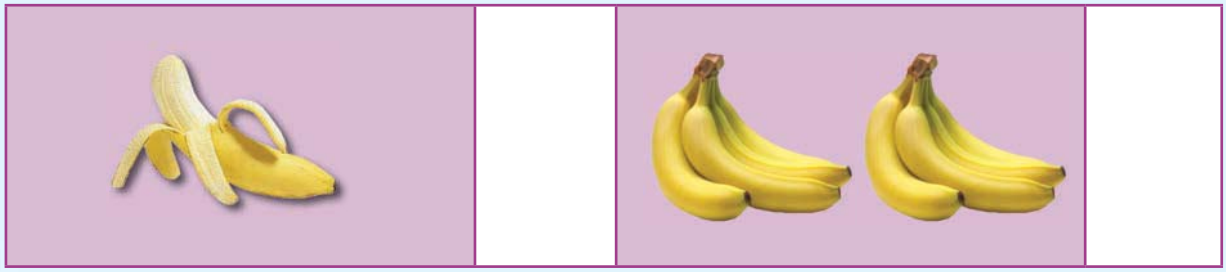
Taka lebokose moleng o mong le o mong o nang le dintho tse ngata.





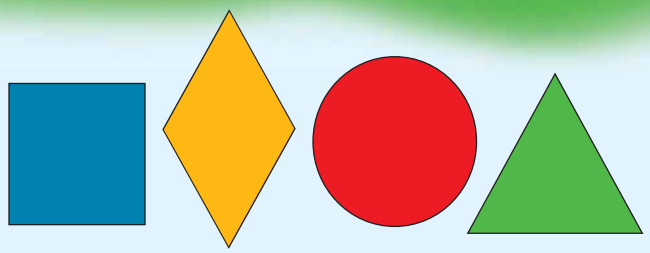












Ngata

Sebedisa dibopeho tse sehuweng.
Kenya dibopeho tse ding hape lebokoseng.

Nyane

Beha dibopeho tse nyane ka palo.

Lekanang

Beha palo ya dibopeho tse lekanang ka hara lebokose lena.

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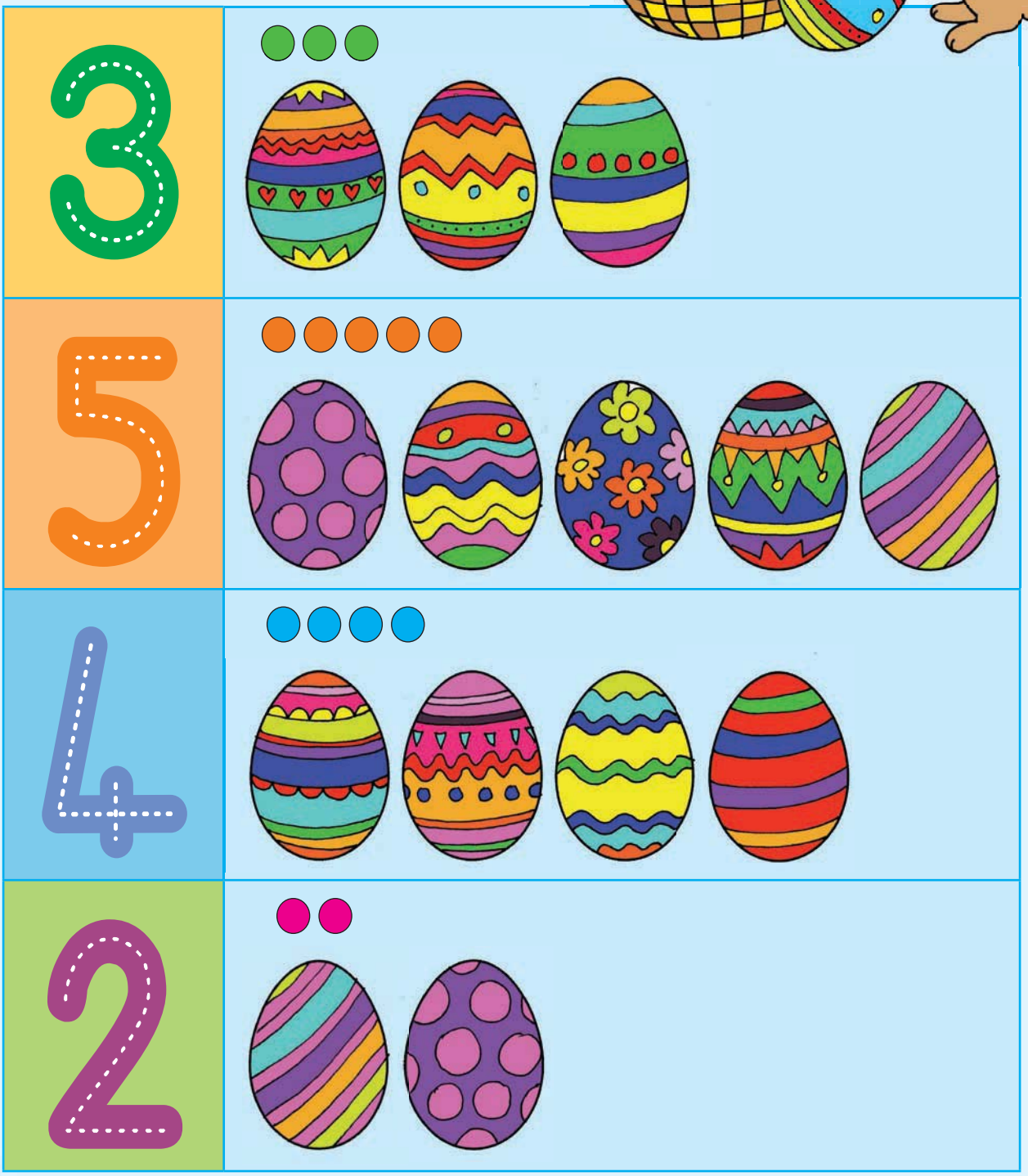
Dipalo

A makae ka palo? Bala mahe ebe o ngololla dipalo.









Fumana dipalo tse tshwanang le dinomoro tse bolokong ba pele. Di etsetse sedikadikwe

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9	2 6 5 9 3 9 3 2 9 2 5 8 7 6 5 8 8 6 9
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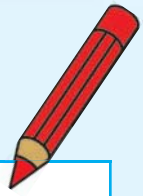
Ho bala

Bala dinamune le diapole ebe o tlatsa dipalo.



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Di kae ka palo.

















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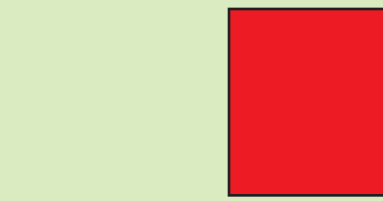
Ho bala dibopeho

Bala dibopeho ebe o tlatsa dipalo.



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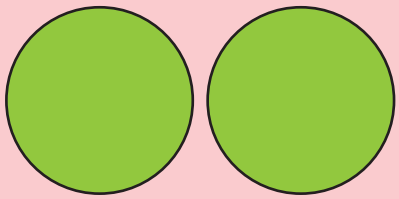

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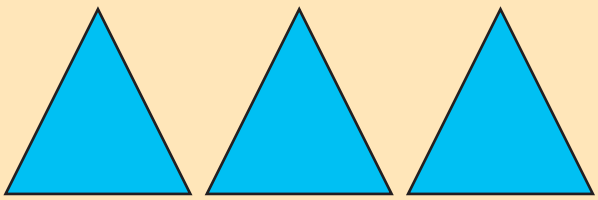

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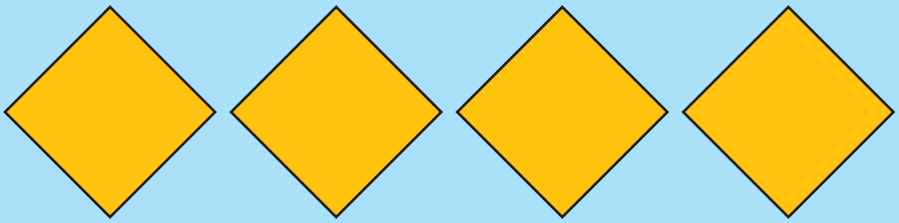

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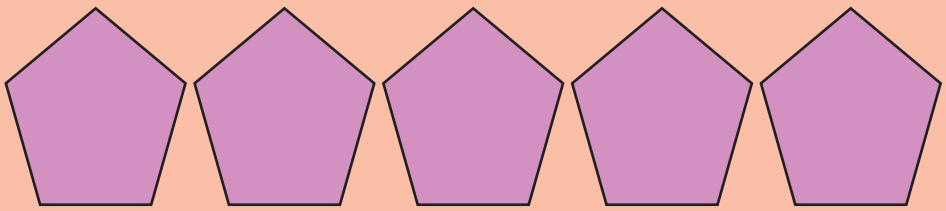

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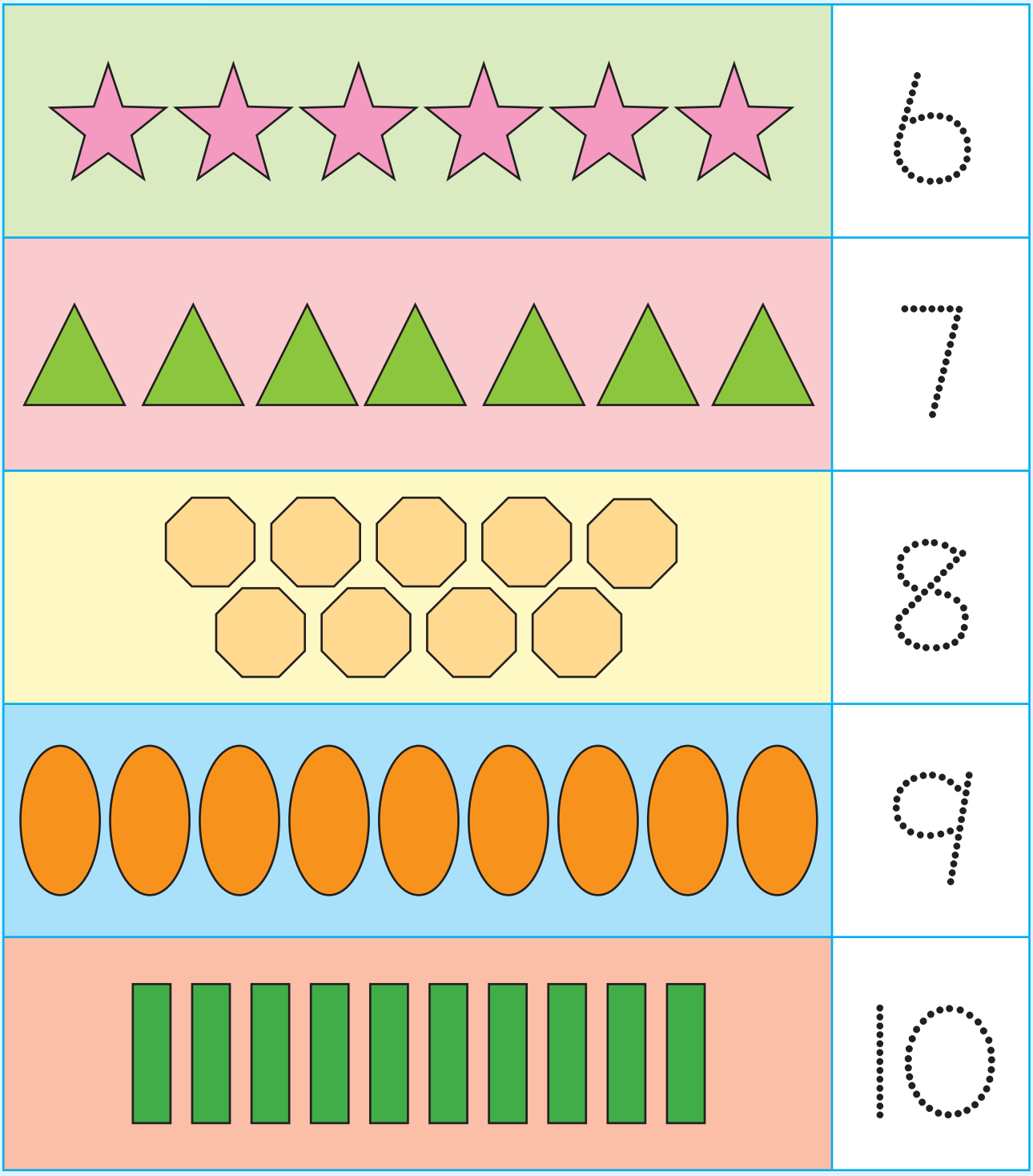

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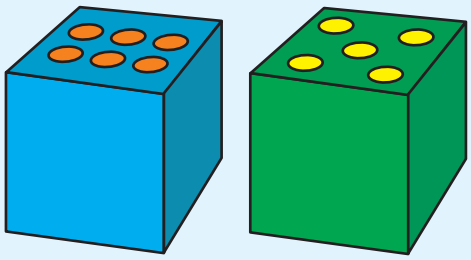
Bala o ngole

Bala matheba letaeseng lena ebe o tlatsa karabo. Seha ebe o etsa mataese ka morao ho buka ya hao. Wena le motswalle wa hao le ka bala matheba mataeseng a mabedi.





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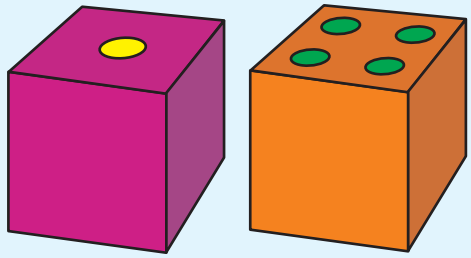

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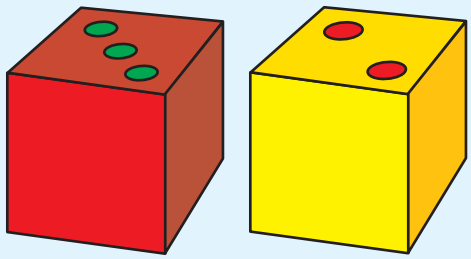

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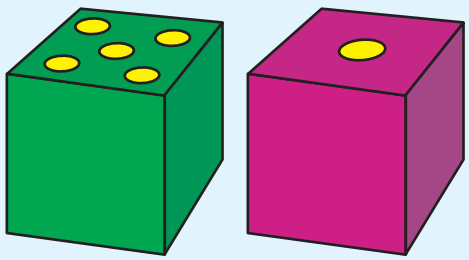

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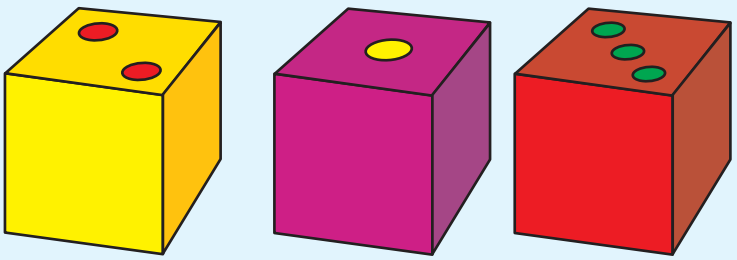

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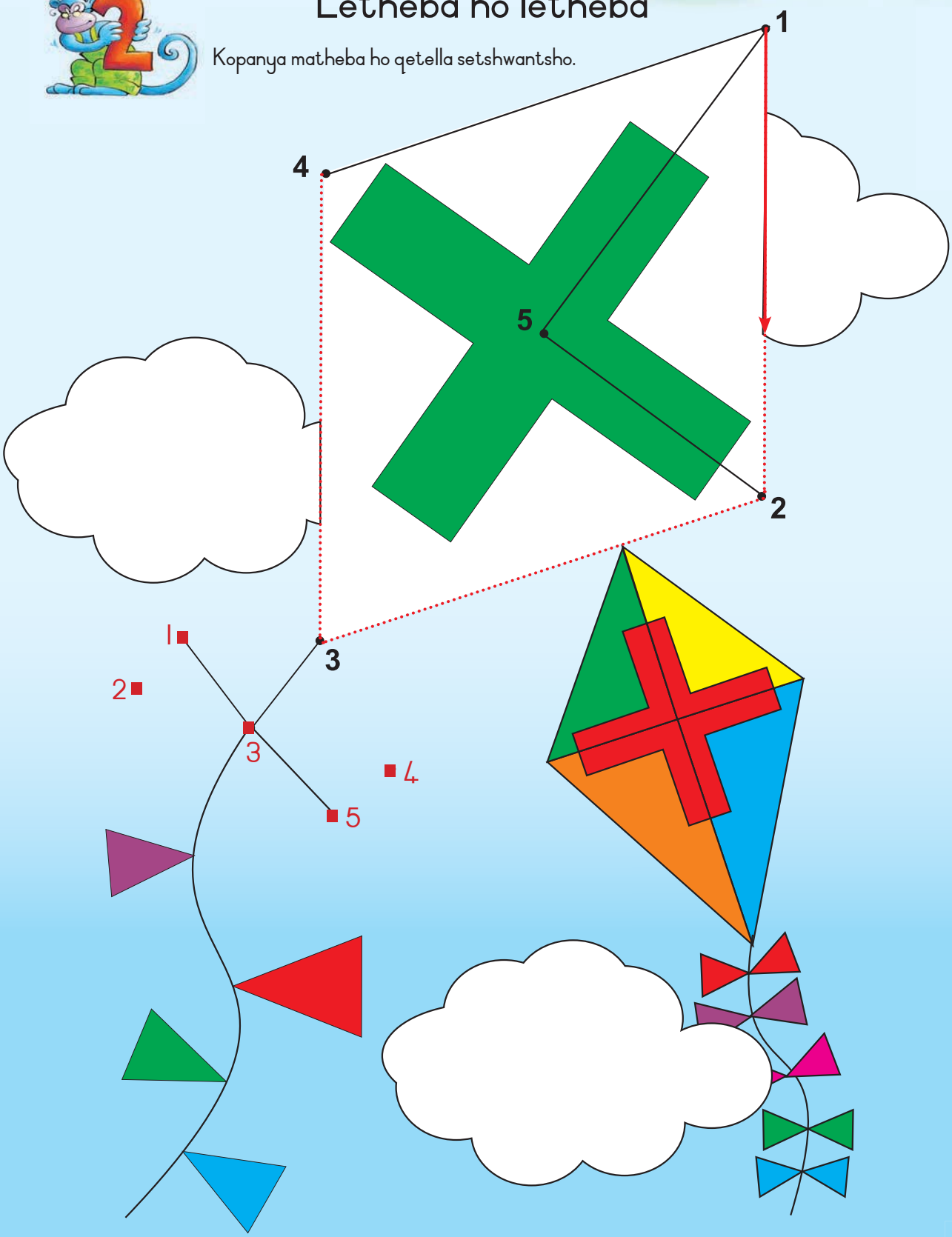
Letheba ho letheba

Kopanya matheba ho qetella setshwantsho.



Teacher:
Sign:

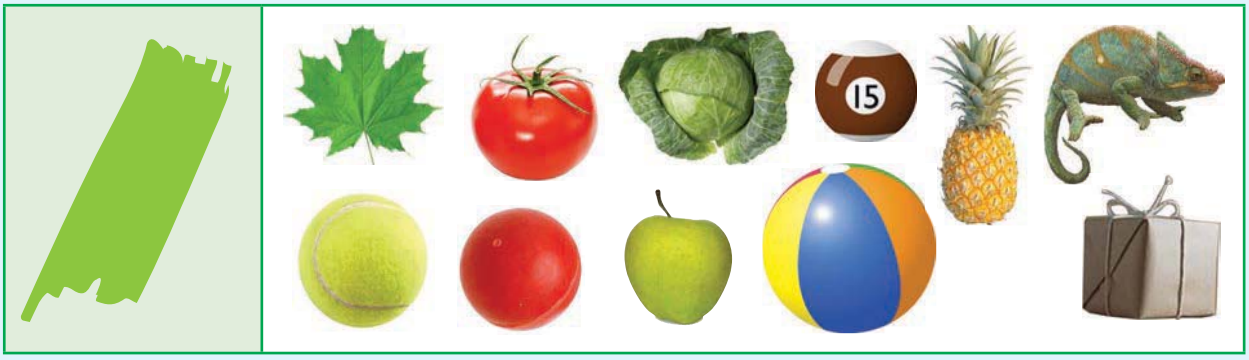
Date:

Ho bala

Etsa sedikadikwe sa dintho tse tshwanag ka mmala jwalo ka pente e lebokoseng.



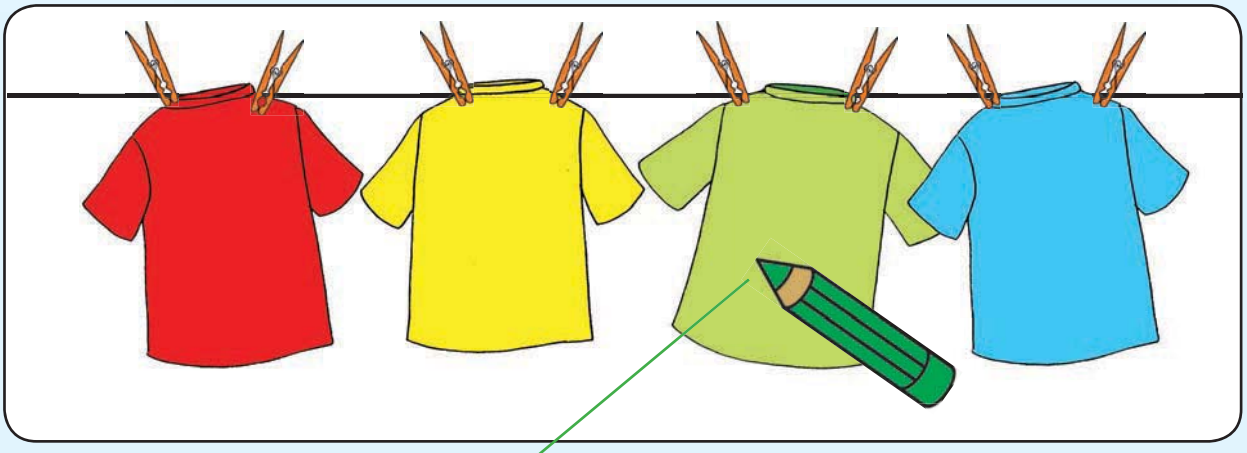


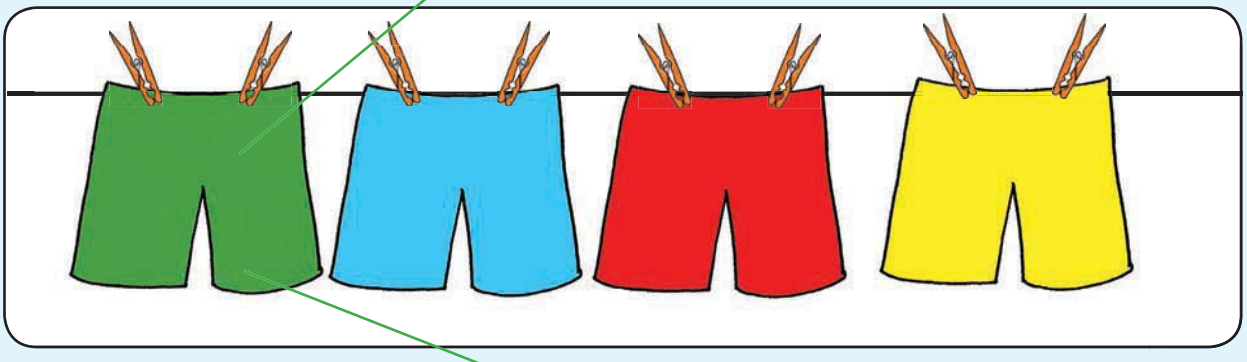


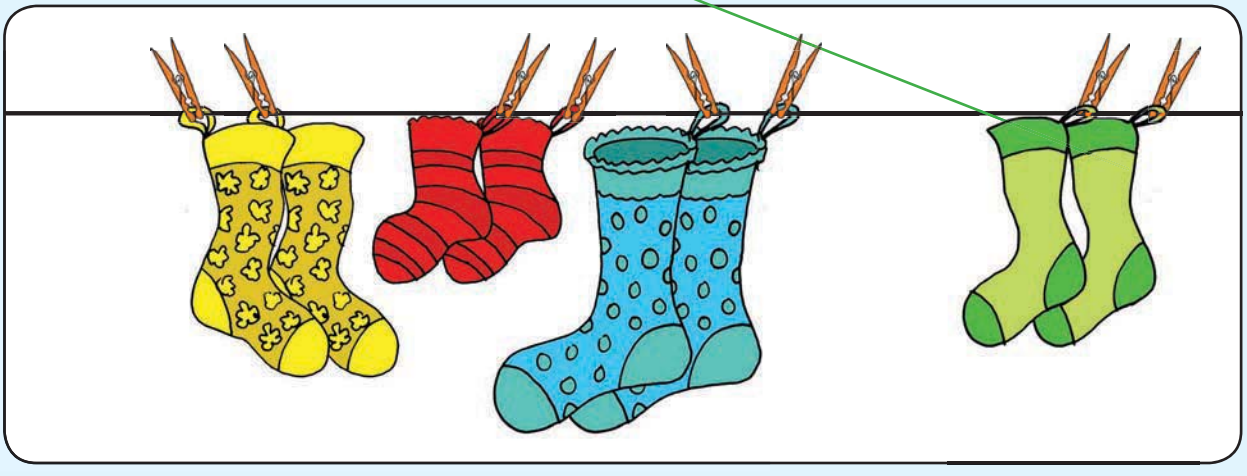


Mebala

Etsa mola ho bapisa diaparo tse tshwanang ka mmala.







Teacher:
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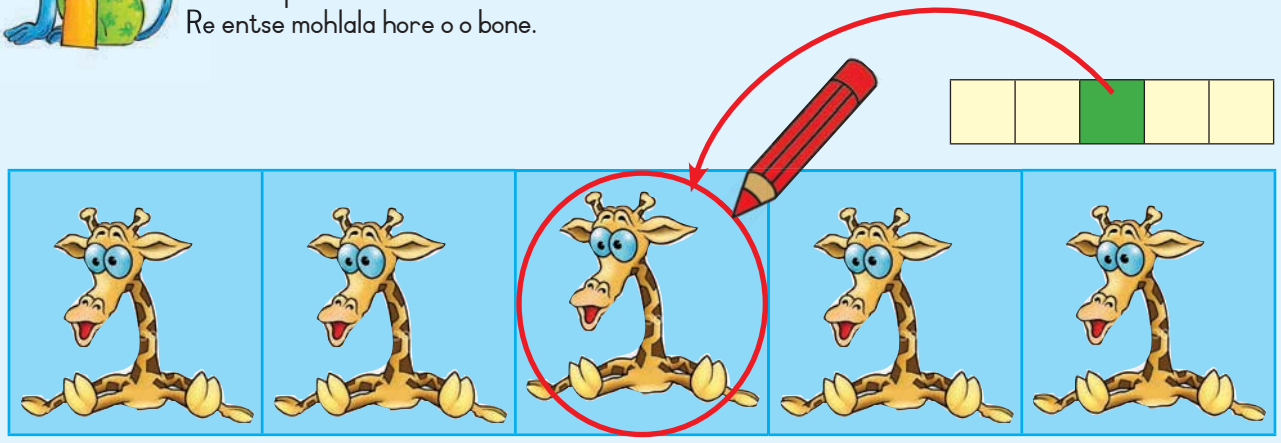
Date:

11 12 13 14 15 16 17 18 19 20



Boemo

Etsetsa phoofolo sedikadikwe ho latela boemo ba lebokose le ka hodimo.
Re entse mohlala hore o o bone.



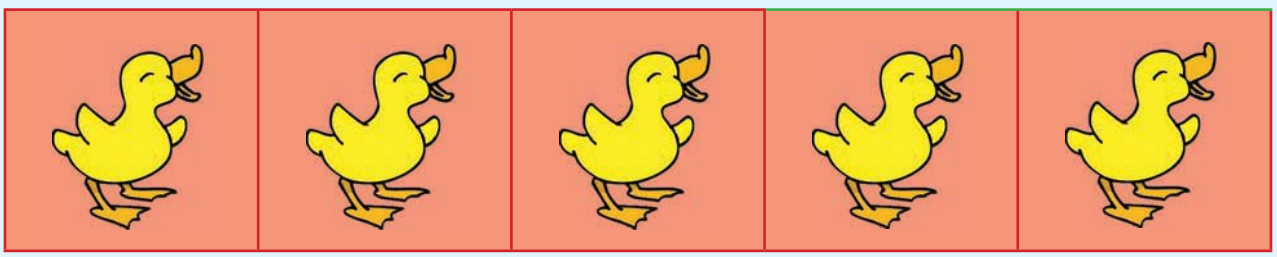
Etsetsa phoofolo sedikadikwe ho boemo ba lebokose le ka hodima.



Etsetsa phoofolo sedikadikwe ho boemo ba lebokose le ka hodima.



Etsetsa phoofolo sedikadikwe ho boemo ba lebokoso le ka hodima.



Nako

Sheba setshwantsho o re bolelle hore ke mosebetsi ofe o nkang nako e telele le hore ke ofe o nkang nako e kgutshwane. Etsa letshwao lena (✓) ho mosebetsi o nkang nako e telele, kapa letswao lena (✗) ho mosebetsi o nkang nako e kgutshwane.



Ho ya sekolong ka maoto.



Ho ya sekolong ka koloi.



O etsa samentjhisi



Ho etsa kuku.



Ho sebetsa sekolong



Ho bapala papadi ya bolo.



Ho penta ntlo.



Ho penta setshwantsho.

Teacher:
Sign:
Date:

11 12 13 14 15 16 17 18 19 20



Etsa dipalo

Ithute ho ngola dipalo tsena.



1 nngwe 1 1 1



2 pedi 2 2



3 thano 3 3



4 nne 4 4

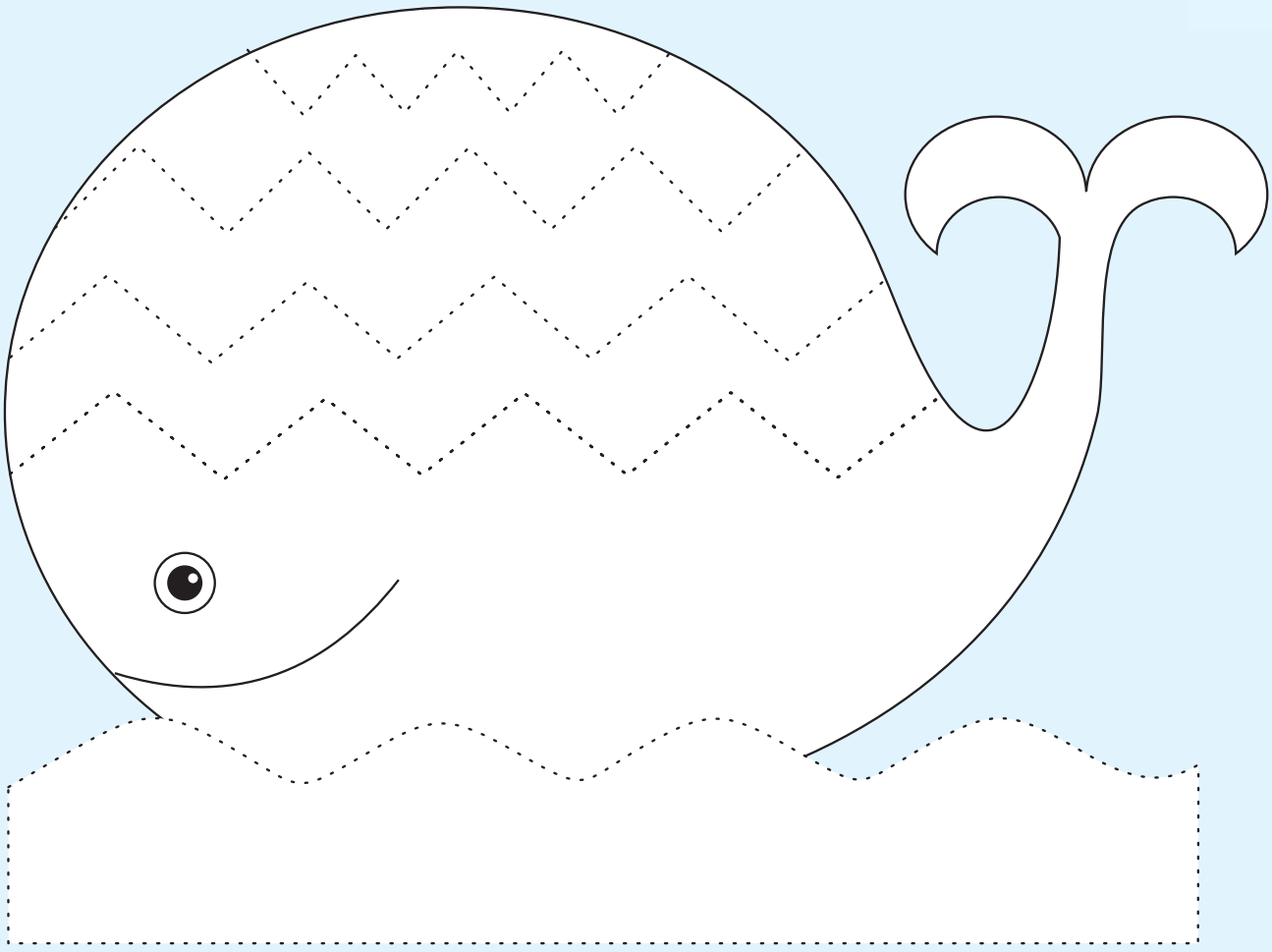


5 hlano 5 5



Dipaterone

Qetella dipaterone setshwantshong sa tlhapi.
Tereisa matheba.





Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20

Nngwe

Bala dintho tse setshwantshong. Tereisa mantswe.

Notshi e le nngwe

Ngwanana a le mong

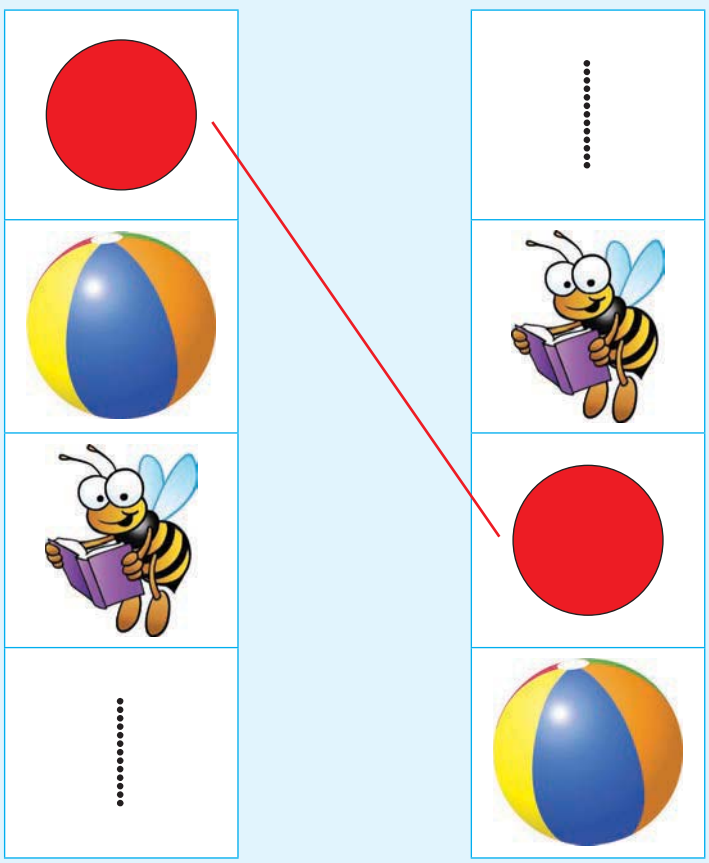
Ntlo e le nngwe

Bolo e le nngwe



Tereisa palo.

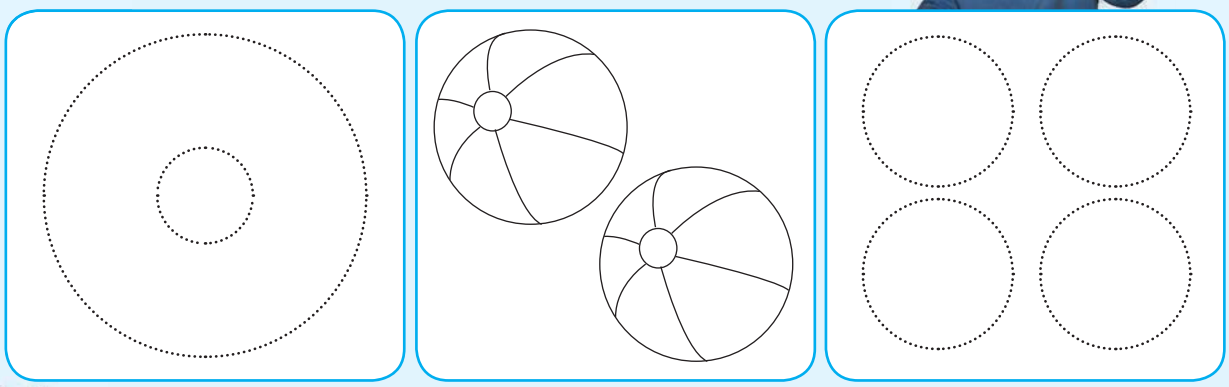
Bapisa ditshwantsho.



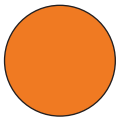
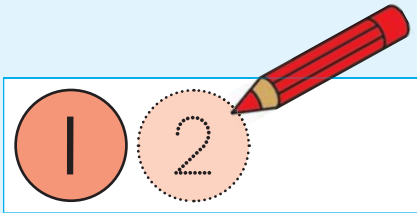
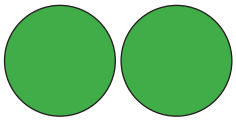
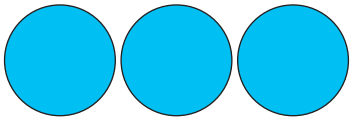
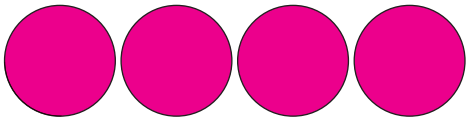




Tlotsa e le nngwe ka mmala.



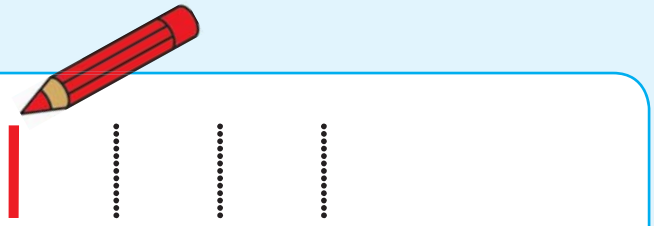
Taka e 1 hape.

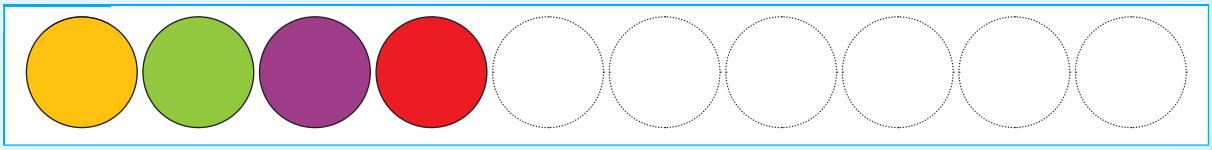
Ikwetlise ka palo ena.



nngwe



Tlotsa didikadikwe ka mmala.



Teacher:
Sign:

Date:

Pedi

Bala dintho tse setshwantshong.Tereisa mantswe.

Difate tse tharo

Bashanyana ba babedi

Dikhaete tse pedi

Dintja tse pedi

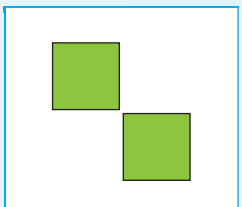


2

Tereisa palo.

Bapisa ditshwantsho.

2 2 2
2 2 2
2 2 2
2 2 2
2 2 2
2 2 2
2 2 2



2

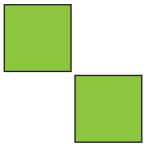




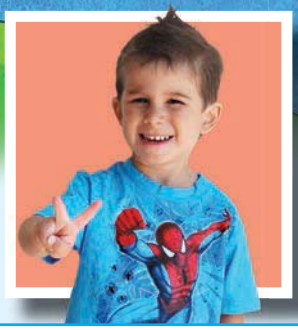




2

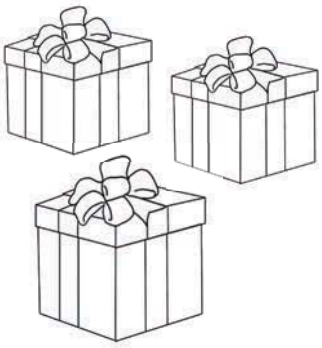




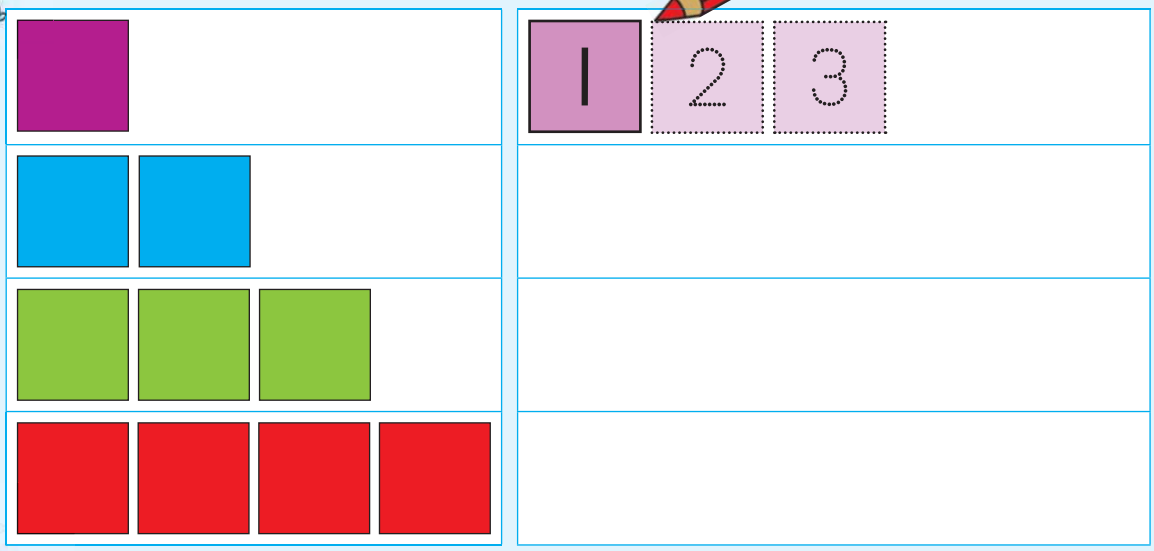


Tlotsa tse pedi ka mmala.





Taka tse 2 hape.

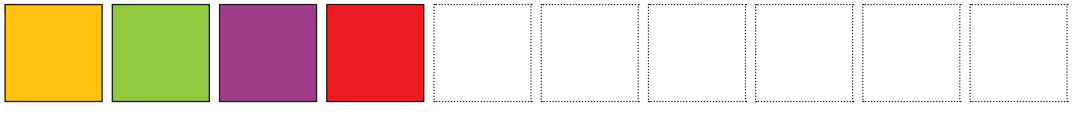


Ikwetlise ka palo ena.

2 pedi

2 2 2 2

Tlotsa dikwere ka mmala ha o ntse o di bala.



Teacher:
Sign:
Date:

11 12 13 14 15 16 17 18 19 20

Tharo



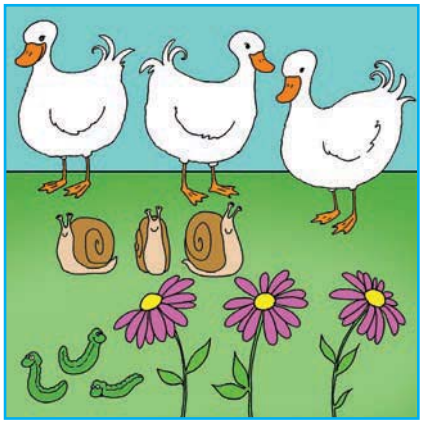
Bala dintho tse setshwantshong.Tereisa mantswe.

Matata a mararo

Dikgofu tse tharo

Dipalesa tse tharo

Diboko tse tharo



3



Tereisa palo.

3 3 3

3 3 3

3 3 3

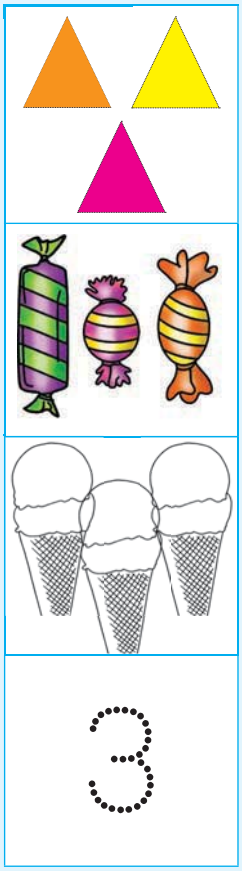
3 3 3

3 3 3

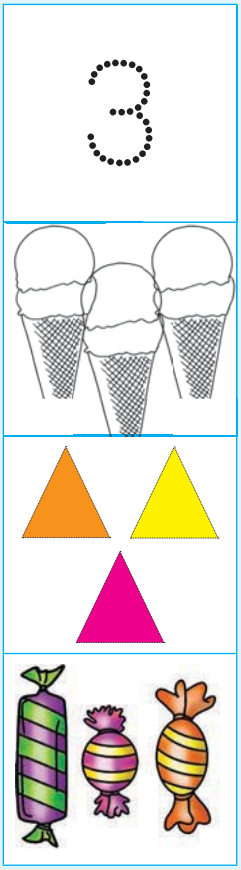
3 3 3



Bapisa ditshwantsho.



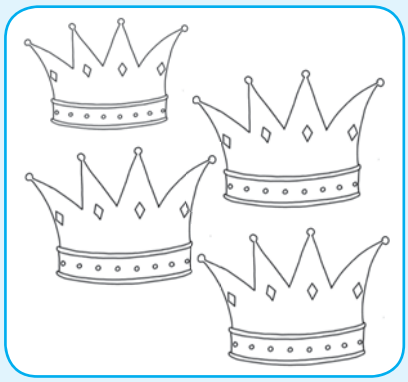
3

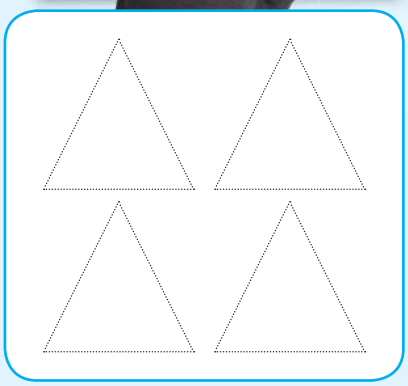




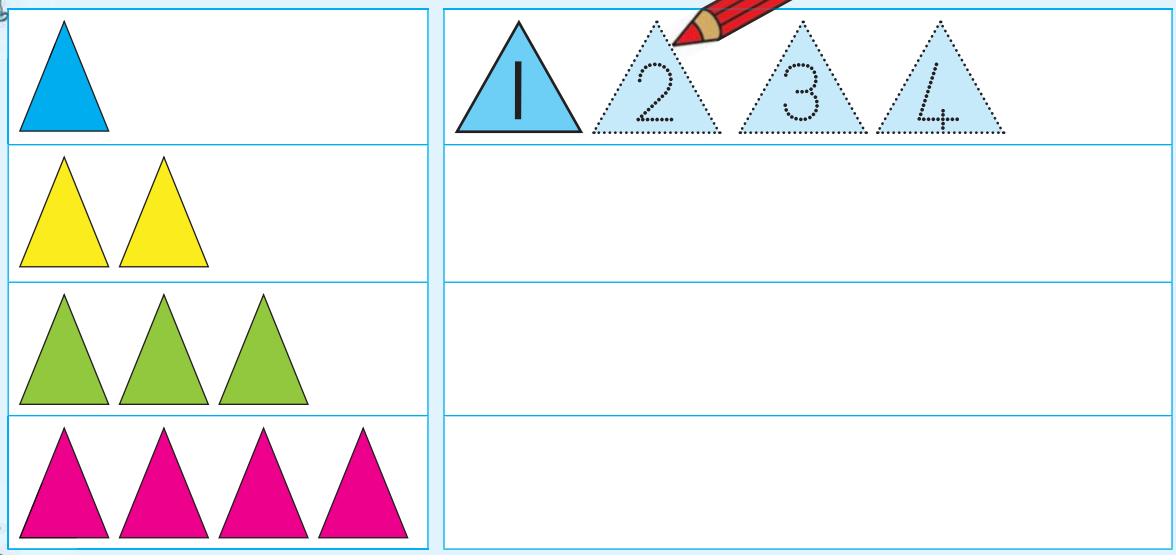
Tlotsa tse 3 ka mmala bolokong bo bong le bo bong.







Taka tse 3 hape.



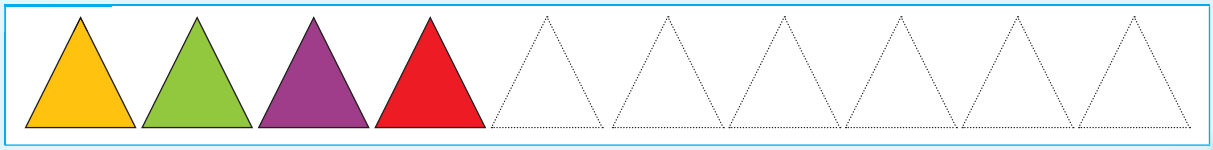
Ikwetlise ka palo ena.

3

thano

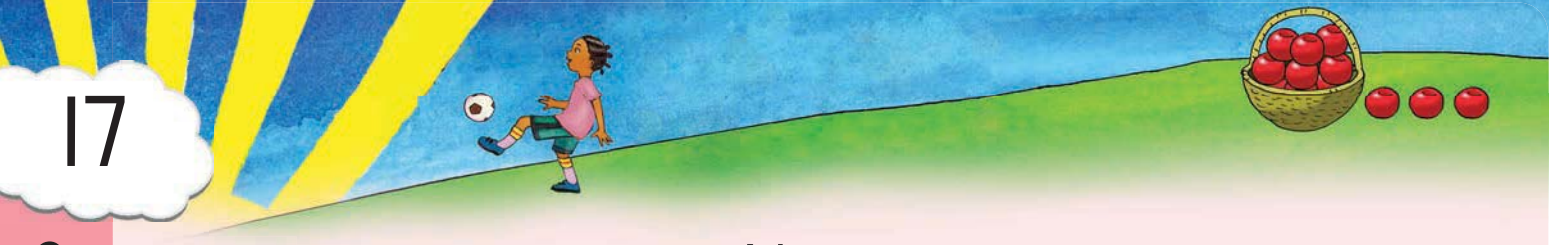
3 3 3 3

Tlotsa dikgutlotharo ka mmala ha o ntse o bala.



Teacher:
Sign:
Date:

11 12 13 14 15 16 17 18 19 20



Nne



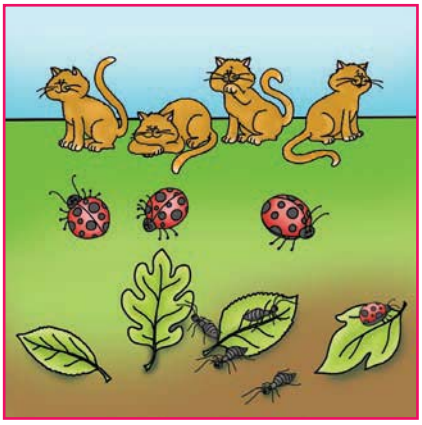
Bala dintho tse setshwantshong. Tereisa mantswe.

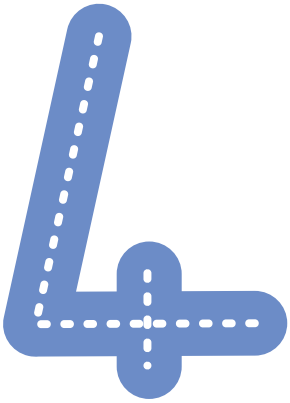
Dikatse tse nne

Bohlwa bo bone

Makgapetla a mane

Dinta tse nne



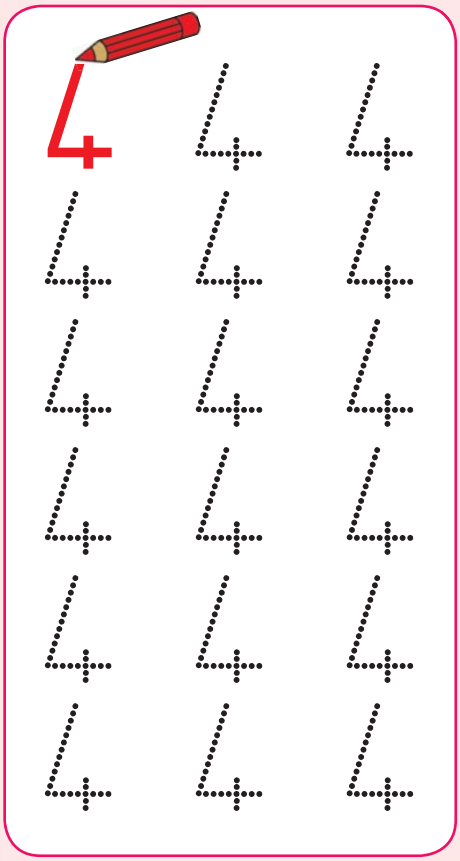


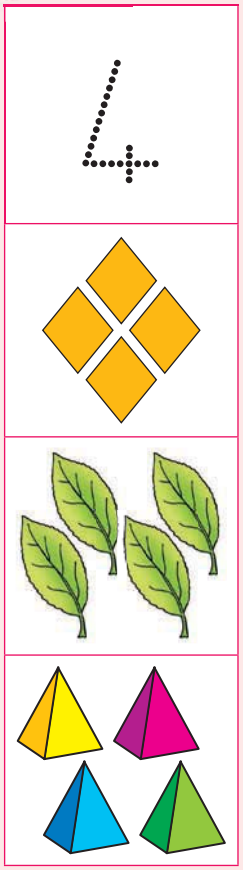


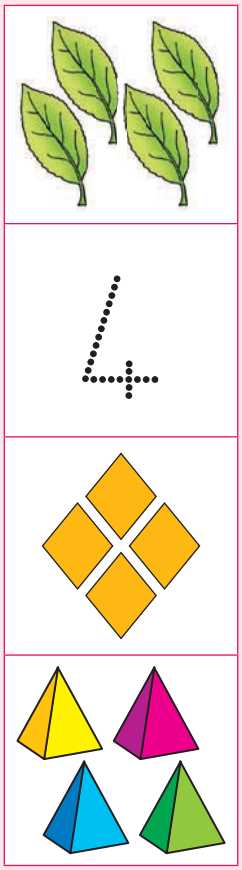
Tereisa palo.



Bapisa ditshwantsho.



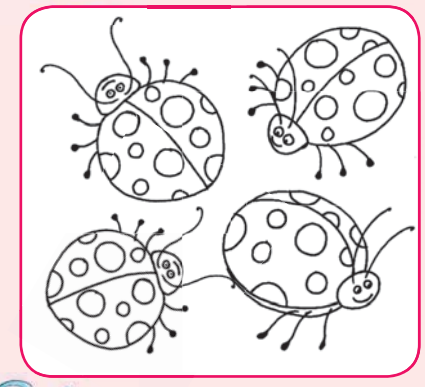




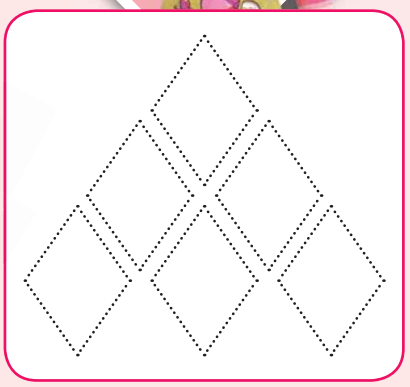




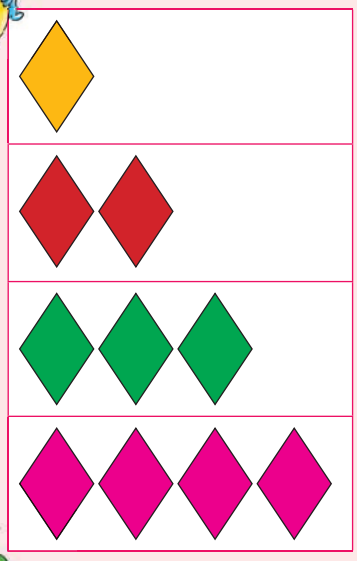
Tlotsa tse 4 ka mmala.

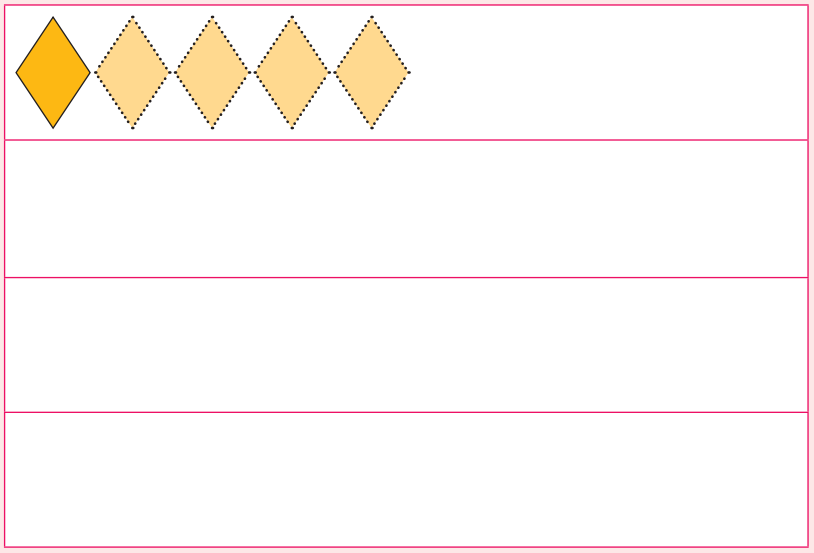






Taka tse 4 hape.





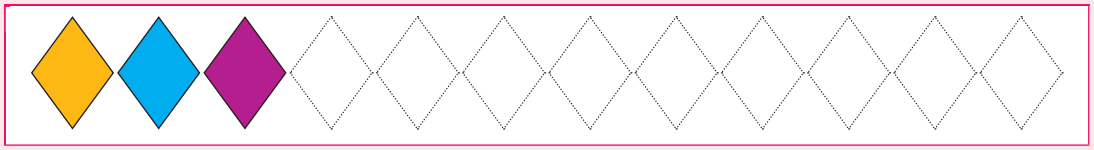
Ikwetlise ka palo ena.

4

nne

4 4 4 4

Tlotsa ditaemane ka mmala ha o ntse o bala.



Teacher:
Sign:

Date:

Hlano

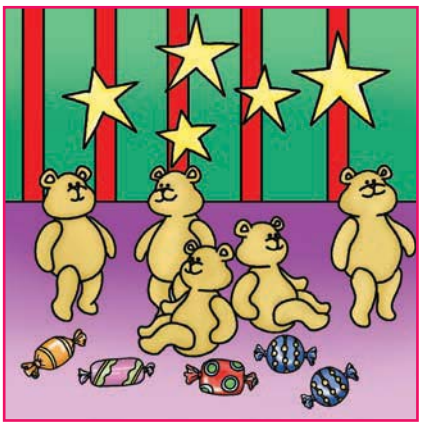
Bala dintho tse setshwantshong.Tereisa mantswe.

Dibere tse hlano

Dipompong tse hlano

Dinaledi tse hlano

Metsero e mehlano

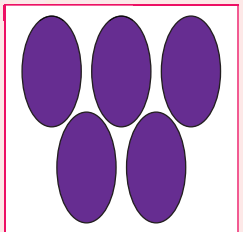


5

Tereisa palo.

5 5 5
5 5 5
5 5 5
5 5 5
5 5 5
5 5 5

Bapisa ditshwantsho.





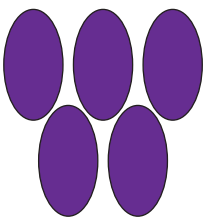


5



5







Tlotsa tse 5 ka mmala bolokong bo bong le bo bong.

Taka tse 5 hape.

Ikwetlise ka palo ena.

5 hlano 5 5 5 5

Bala palo ya Ho arola dibopeho tse motopo ka ho lekana.

Teacher:
Sign:
Date:

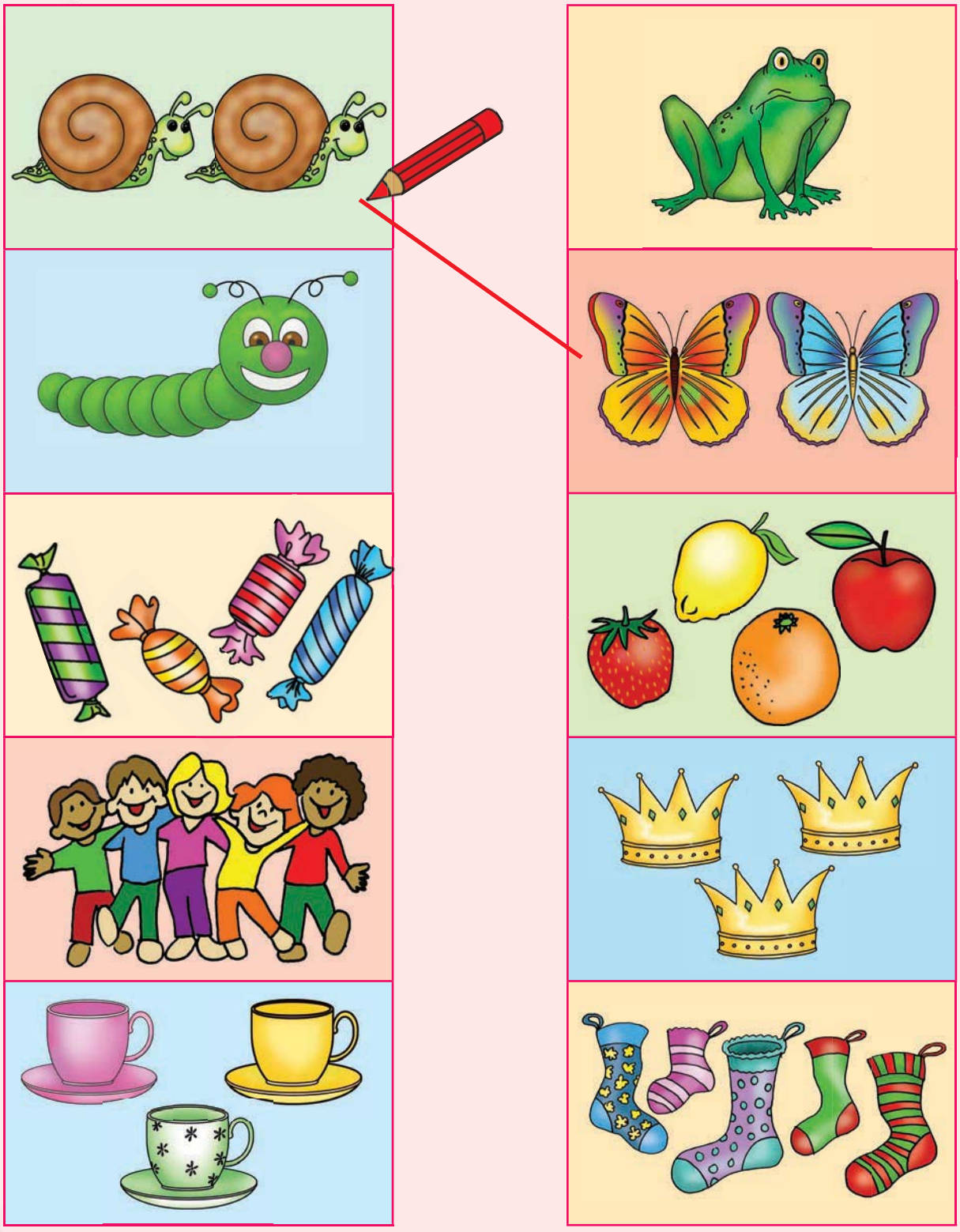
11 12 13 14 15 16 17 18 19 20





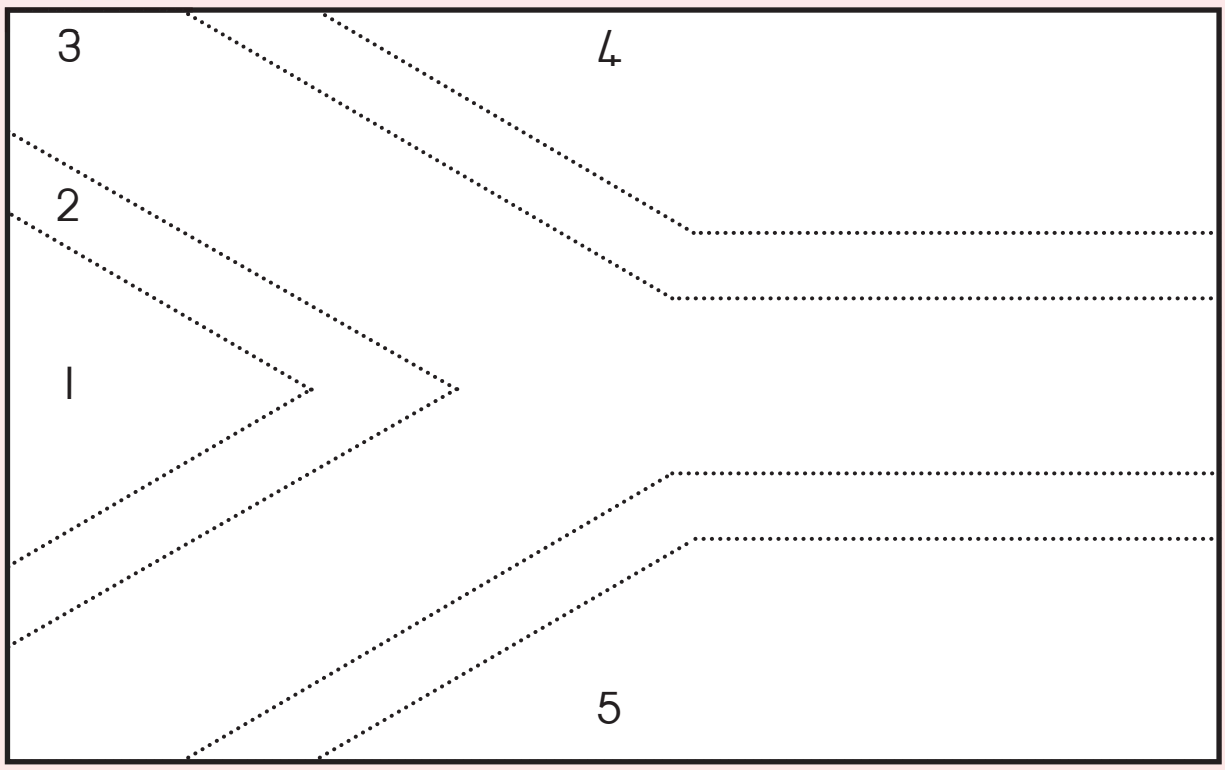
Hokanyang

Etsa mola o hokanyang mabokose a nang le dintho tse lekanang.



Kgabisa dipalo ka mebala

Kgabisa folaga. Palo e nngwe le e nngwe e o bolella hore o sebedise mmala o feng?





1	=	
2	=	
3	=	
4	=	
5	=	

Teacher:
Sign:

Date:



Dipalo

Ithute ho ngola dipalo tsena.

1 2 3 4 5

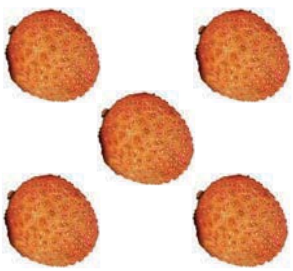


Etsa sedikadikwe palong e nepahetseng.

	1	2	3	4	5	6	7
	1	2	3	4	5	6	7
	1	2	3	4	5	6	7
	1	2	3	4	5	6	7
	1	2	3	4	5	6	7



Ngola mabitso a dipalo.

	1	nngwe
	2	pedi
	3	thano
	4	nne
	5	hlano

Teacher:
Sign:

Date:

Ho ikwetlisa

Etsa seo bana bana ba se etsang. Fumana setshwantsho se tshwanang le setshwantsho se lebokoseng la pele moleng o mong le o mong.

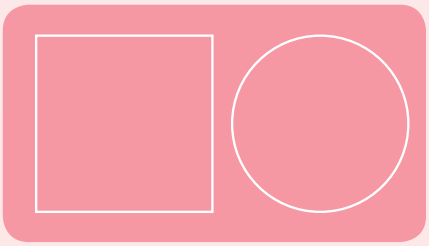






Dibolo le mabokose

Ke di feng tse shebahalang jwalo ka mabokose?
Ke di feng tse shebahalang jwalo ka dibolo?
Ke e feng e ka bidikang, ke e feng e ka thellang?





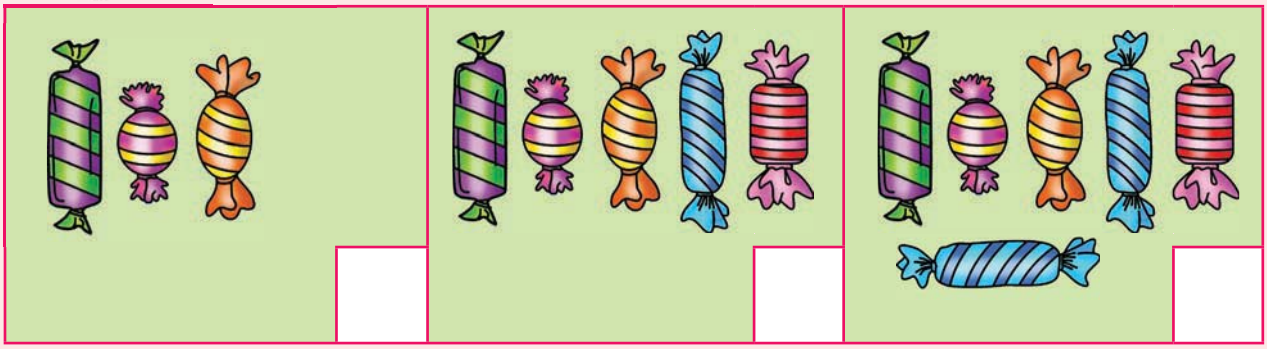
Teacher:
Sign:

Date:



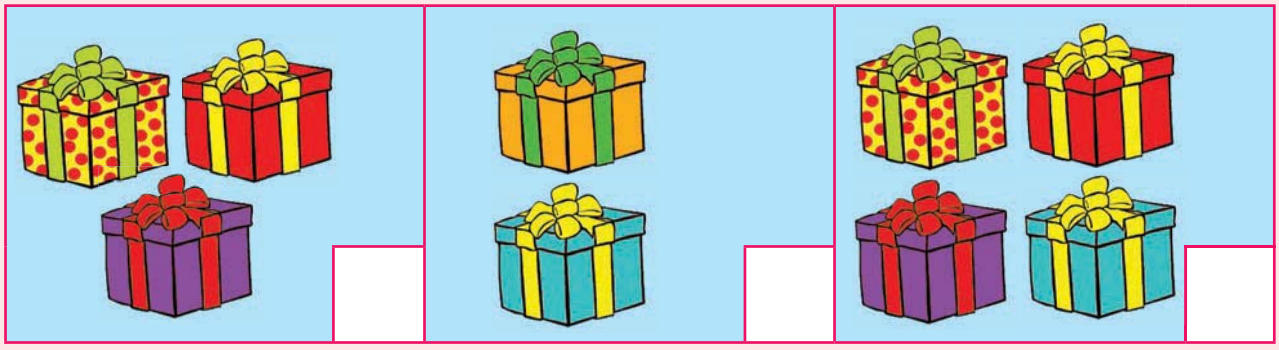
Bongata le bonyane

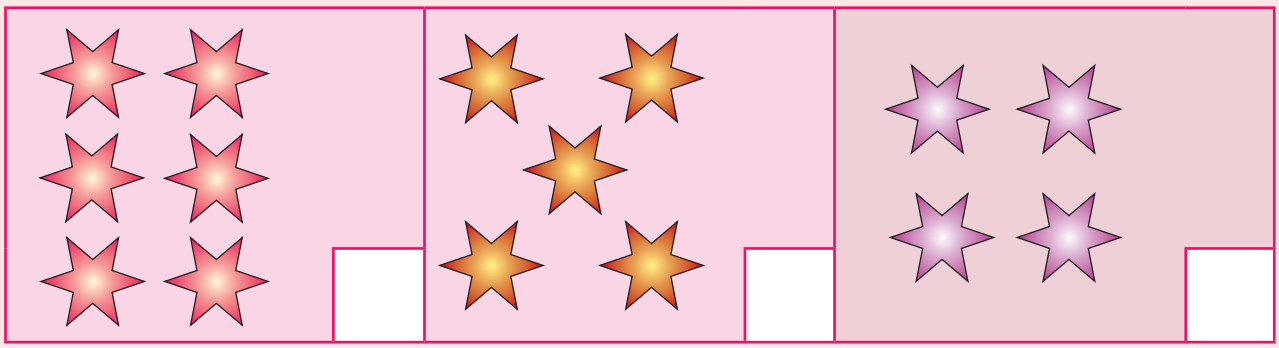
Moleng o mong le o mong tshwaya lebokose le nang le ntho tse ngata.





Jwale, moleng o mong le o mong tshwaya lebokose le nang le ntho tsa palo e nyane.



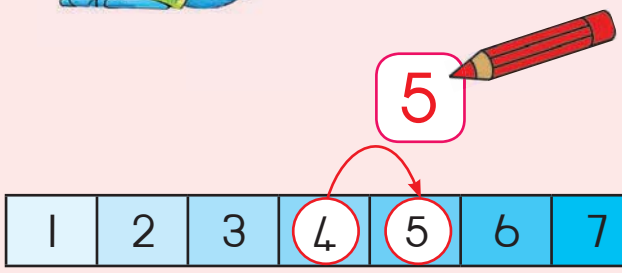




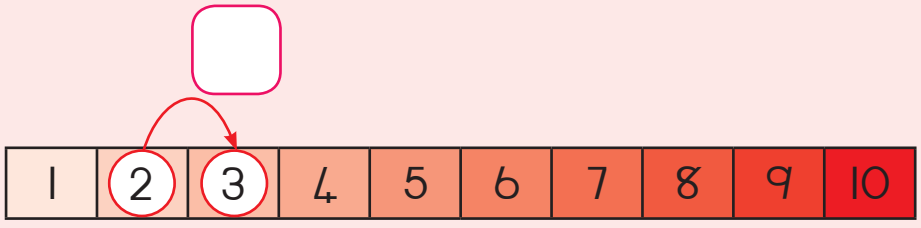


Kopanya pedi

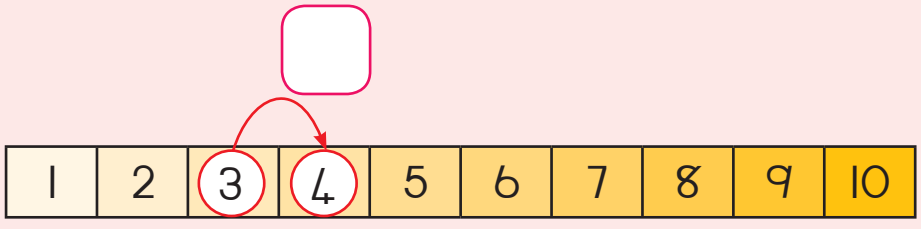
Kopanya palo tse pedi ebe o tlatsa dikarabo.



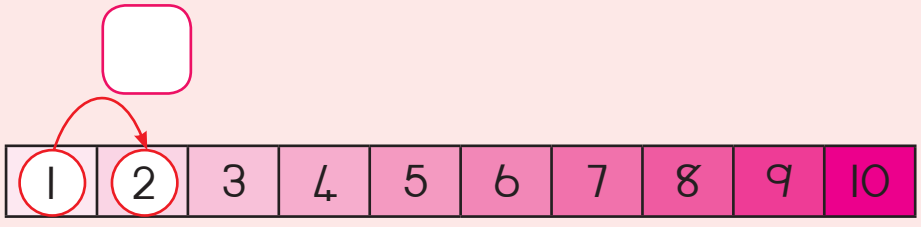
4 + 1 = 5



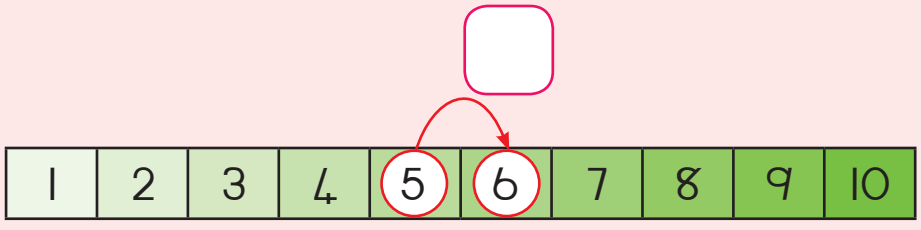
2 + 1 =



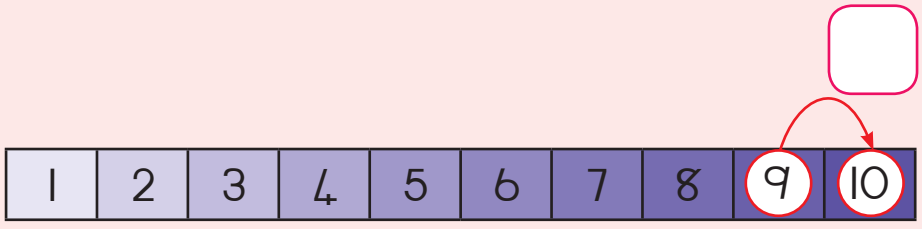
3 + 1 =



1 + 1 =



5 + 1 =



9 + 1 =

Teacher:
Sign:

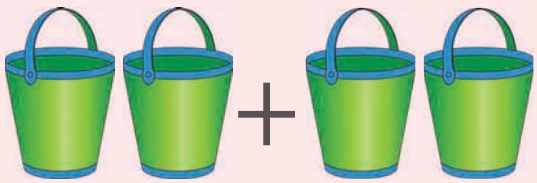
Date:

Kopanya

Kopanya tsena ebe o tlatsa karabo.



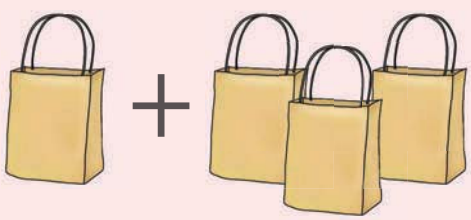
1 + 2 = 3



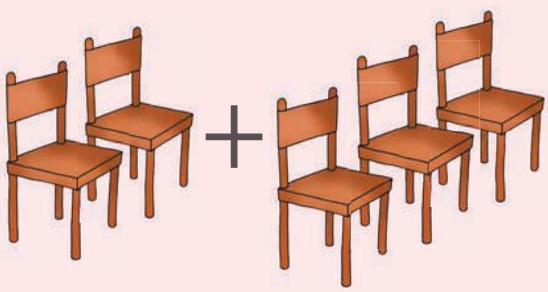
2 + 2 = ...



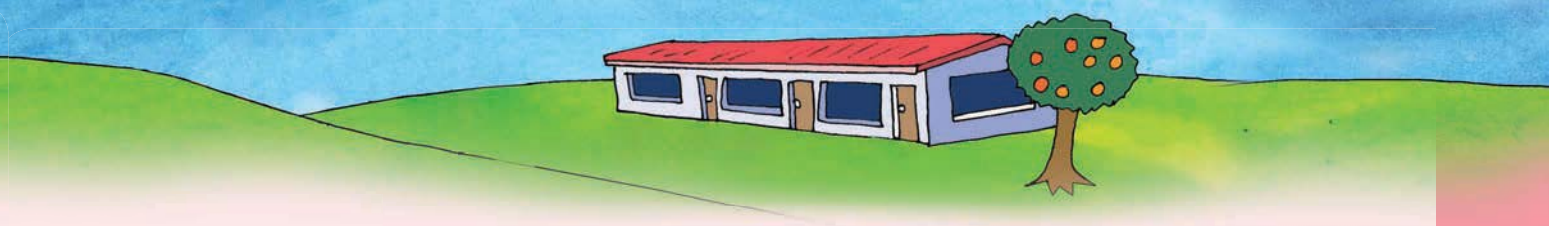
3 + 1 = ...



1 + 3 = ...



2 + 3 = ...





Leka tsena.

3 + 2 =	5	5 − 3 =	
1 + 3 =	4	4 − 1 =	
2 + 2 =		4 − 2 =	
2 + 1 =		3 − 2 =	
1 + 4 =		5 − 4 =	
2 + 3 =		5 − 2 =	
3 + 1 =		4 − 1 =	
5 + 0 =		5 − 0 =	
1 + 2 =		3 − 1 =	
1 + 1 =		2 − 1 =	

Teacher:
Sign:

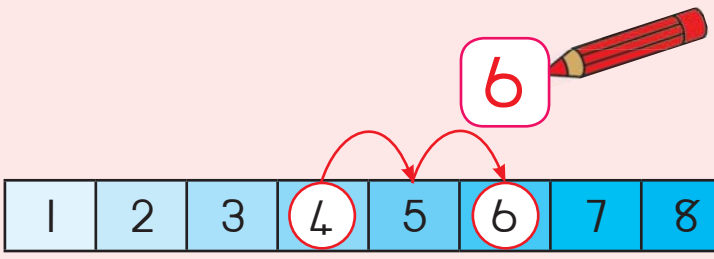
Date:

11 12 13 14 15 16 17 18 19 20

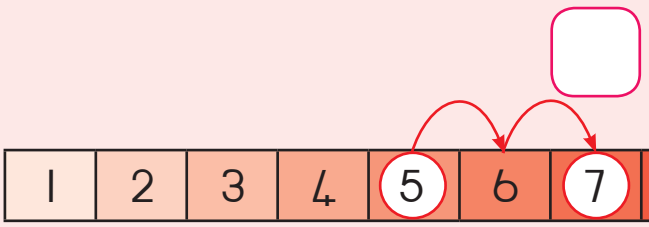


Kopanya molapalo hape

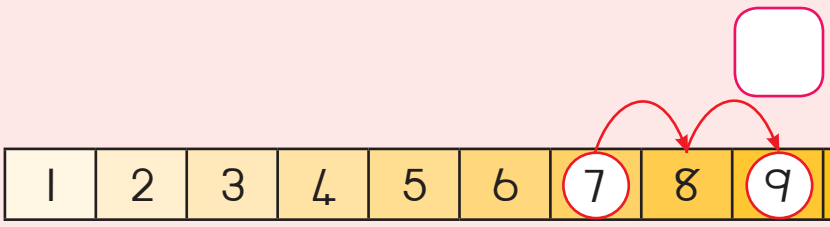
Kopanya dipalo tse pedi ebe o tlatsa dikarabo.



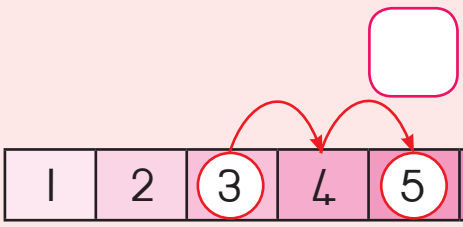
4 + 2 = 6



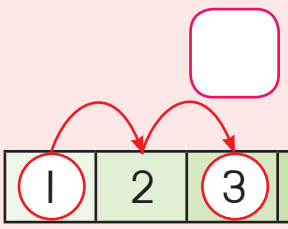
5 + 2 = ☐



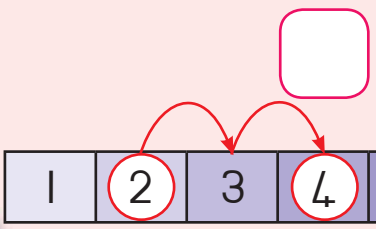
7 + 2 = ☐



3 + 2 = ☐



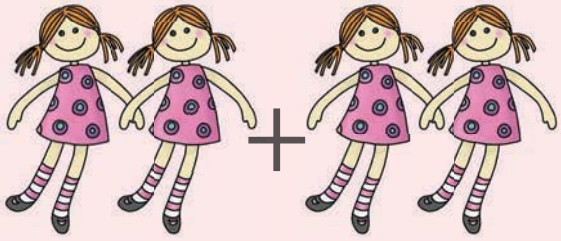
1 + 2 = ☐



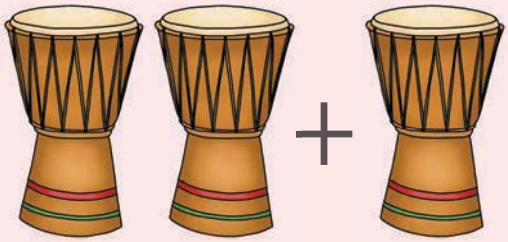
2 + 2 = ☐

Kopanya

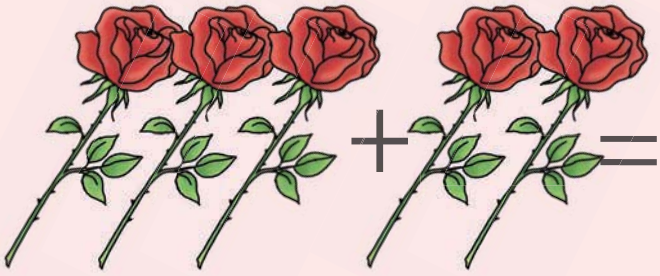
Kopanya tsena ebe o tlatsa dikarabo.



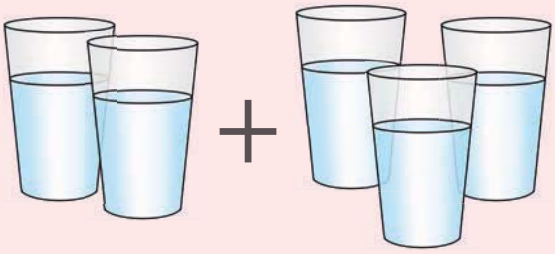
2 + 2 = 4



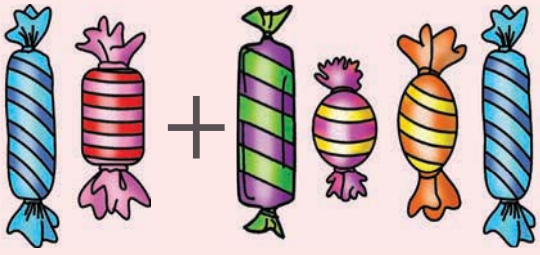
2 + 1 =



3 + 2 =



2 + 3 =



2 + 4 =

Teacher:
Sign:

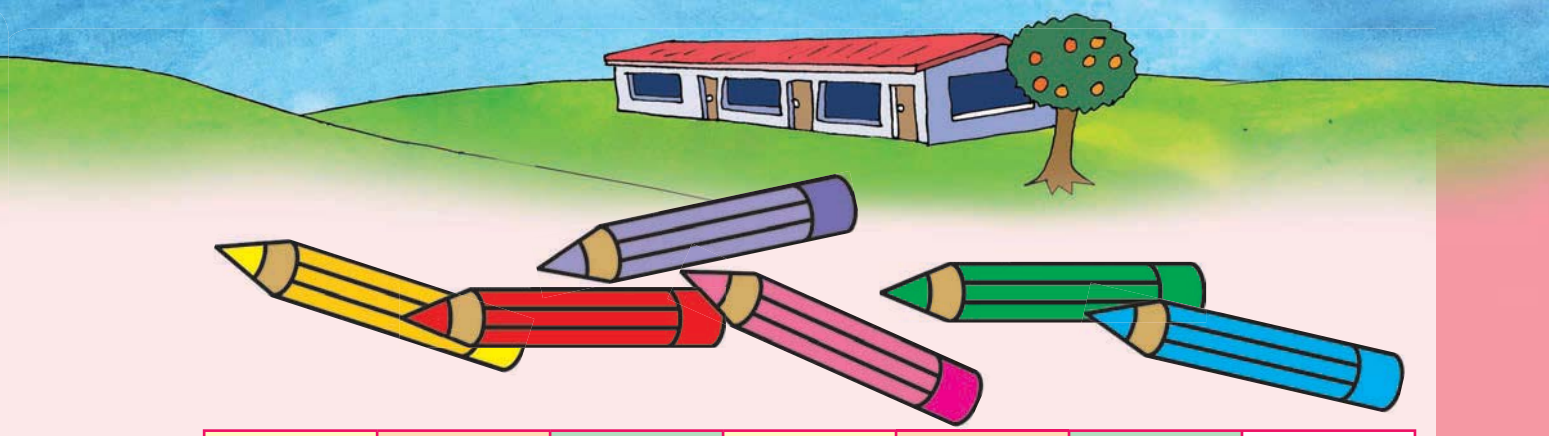
Date:

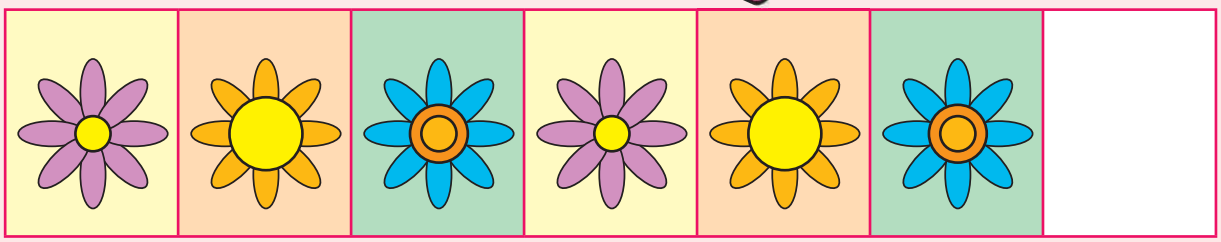


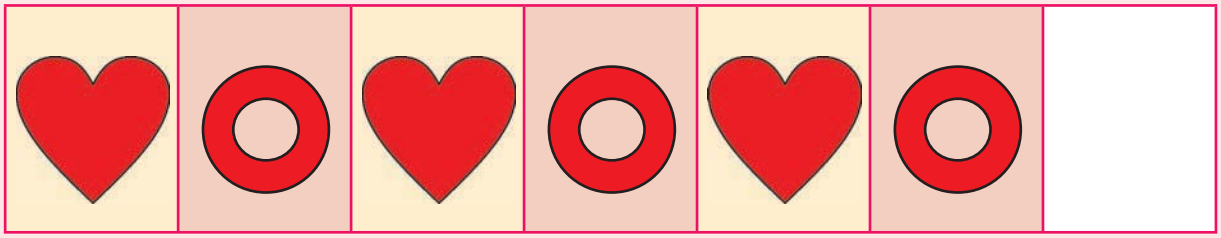
Ho latela sebopeho sefe?

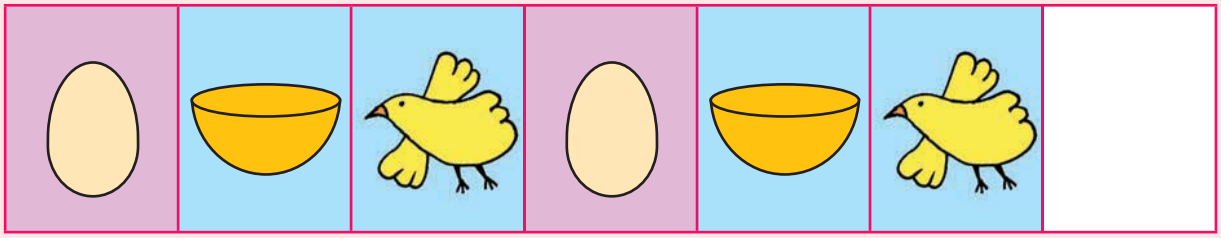
Bolela hore ho latela sebopeho sefe hape. Etsa setshwantsho ha o kgona.

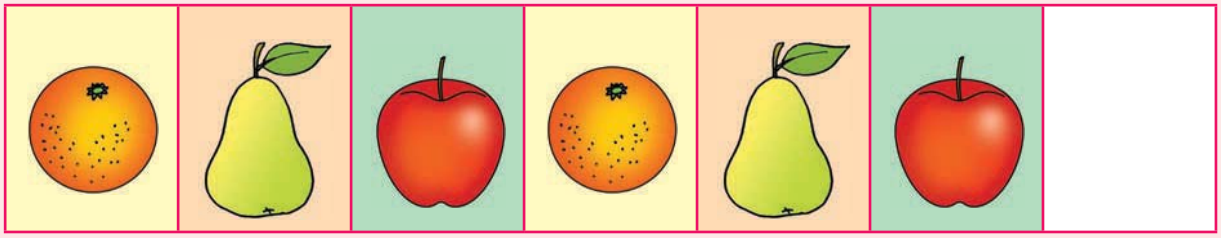
▮	●	▮	●	▮	●	▯
●	■	●	■	●	■	
▲	◆	▲	◆	▲	◆	
★	✸	✺	★	✸	✺	
1	2	3	1	2	3	
3	4	5	3	4	5	

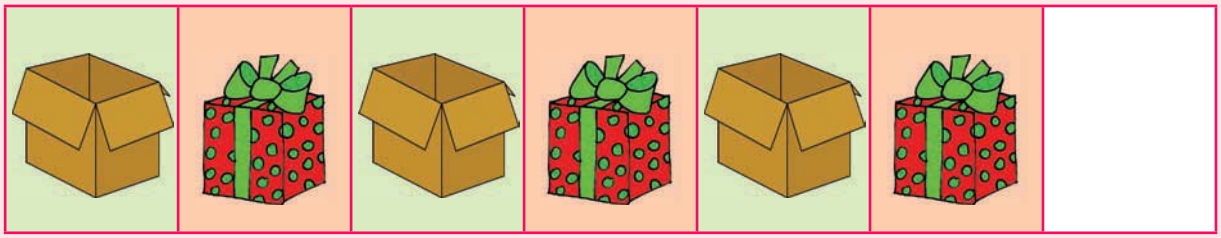


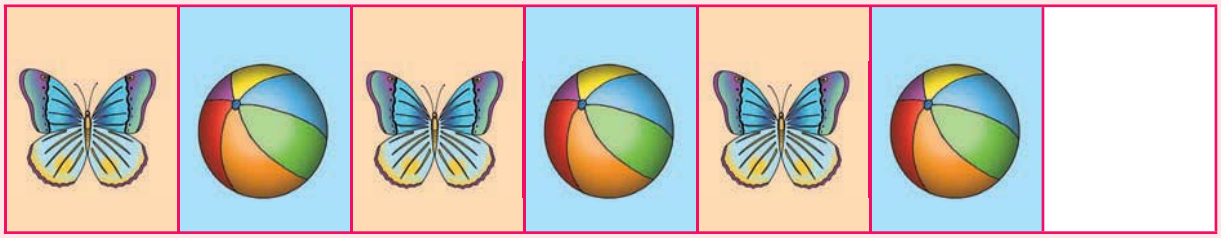












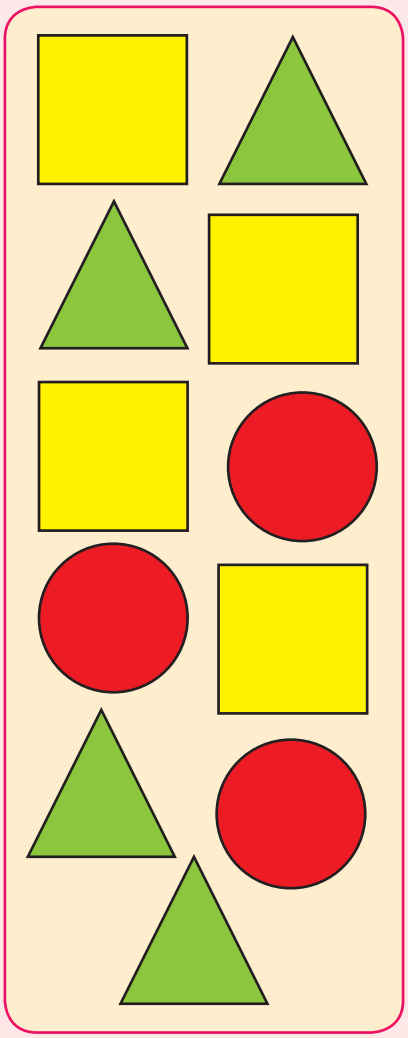
Teacher:
Sign:

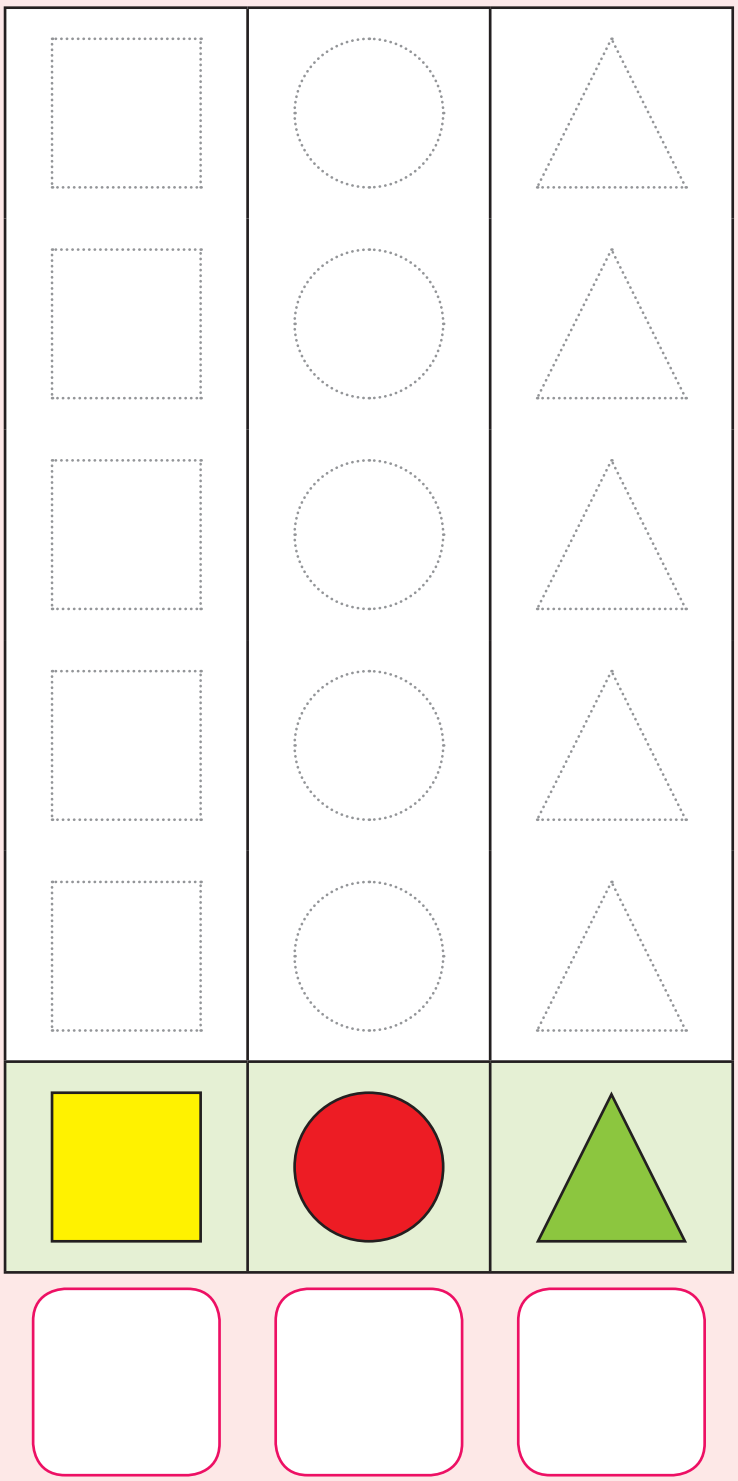
Date:

11 12 13 14 15 16 17 18 19 20

Ho sebetsana le dintlha

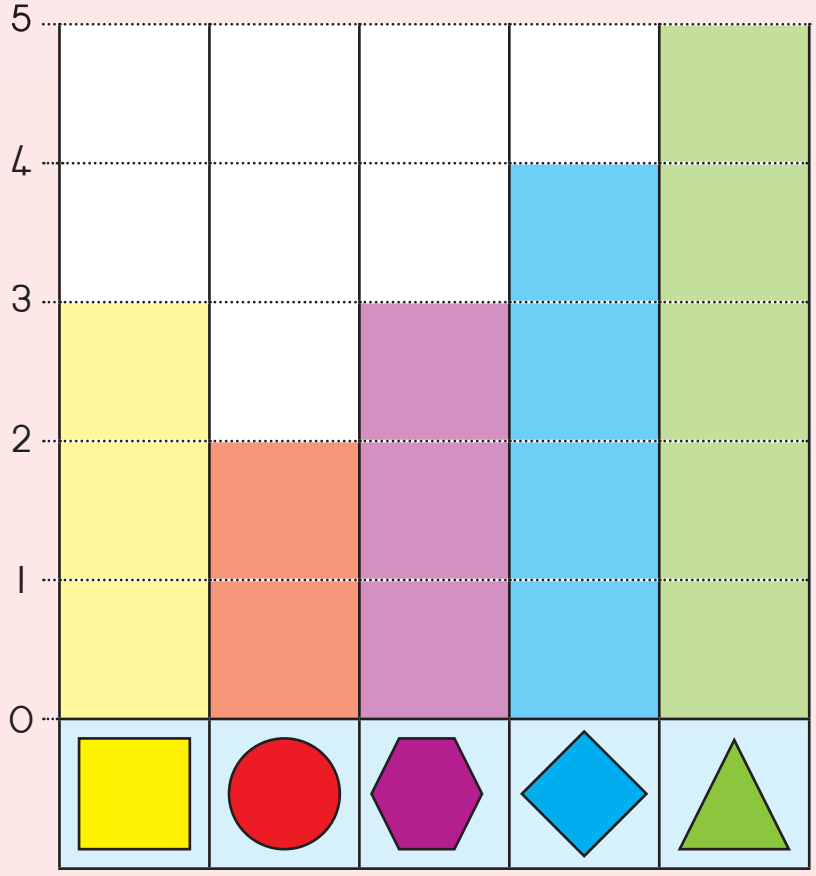
Ngololla dibopeho tse setshwantshong o nto ngola palo ya tse ding le tse ding ka tlase.



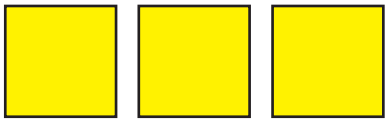


Bala kerafo

Sheba kerafo.Boloko bo bong le bo bong bo emetse sebopeho.



Bala kerafo ho fumana hore ho na le dibopeho tse kae.Taka dibopeho ka tlase.



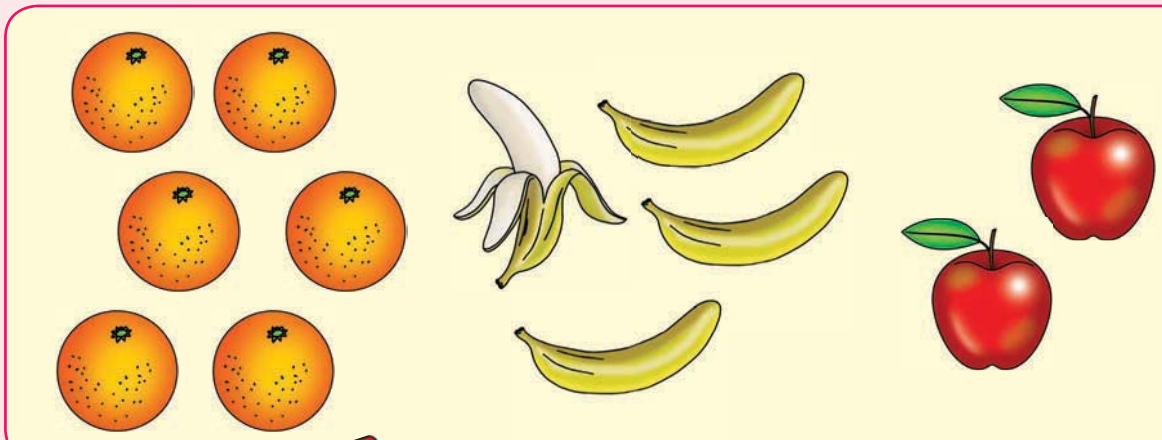
Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20

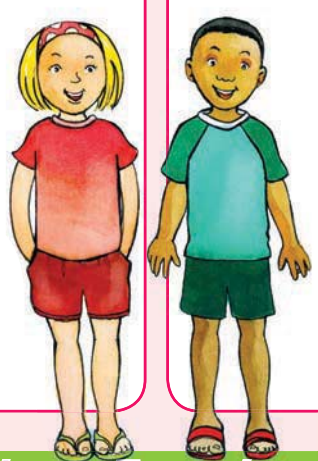
A re arolelane

Bala dinamune, dipanana le diapole o nto ngola palo ka mabokoseng



6 Dinamune	Dipanana	Diapole

Arola le ho taka dinamune, dipanana le diapole ka ho lekana dipakeng tsa bana ba babedi.



Ho arolelana dintlha

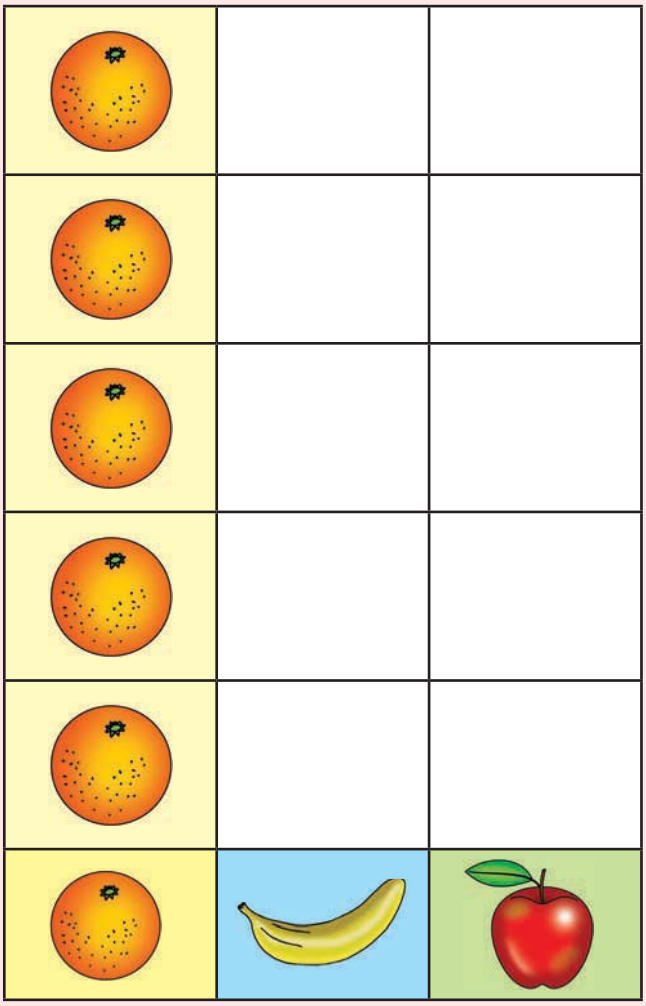
THOLWANA		
Diapole		2
Dipanana		4
Dinamune		5

Haeba bana ba babedi ba arolelana dipanana ka ho lekana, e mong le e mong o tla fumana tse kae?

Haeba bana ba babedi ba arolelana diapole ka ho lekana, e mong le e mong o tla fumana tse kae?

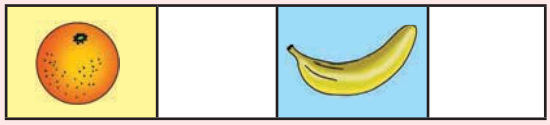
Ngwana a le mong o tla fumana dinamune tse kae haeba bana ba bahlano ba di arola ka ho lekana?

Etsa setshwantsho se bontshang palo ya diapole le dipanana.

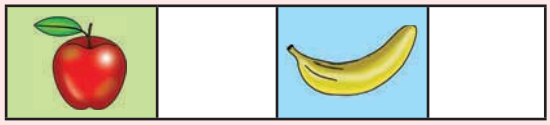


Tshwaya karabo e nepahetseng.

Na ho na le dinamune kapa dipanana tse ngata?



Na ho na le diapole kapa dipanana tse ngata?



Na ho na le dinamune kapa diapole tse ngata?



Teacher:
Sign:

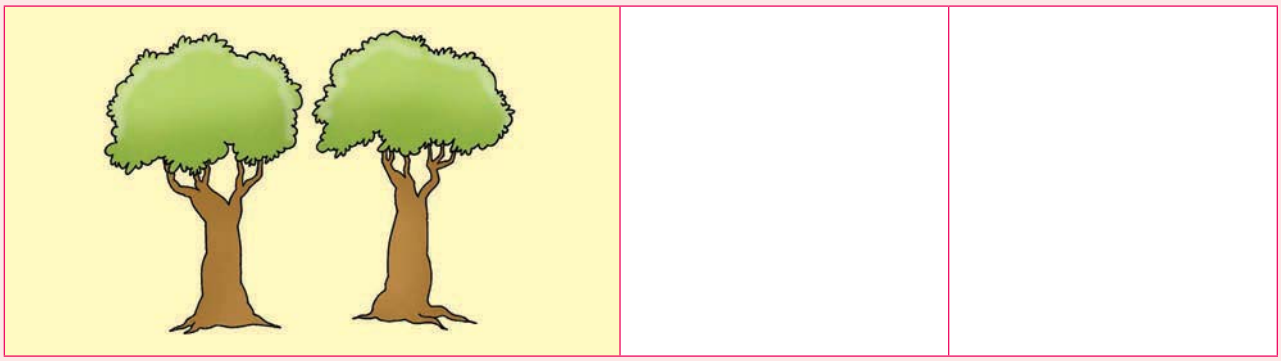
Date:

Ho arola ka ho lekana

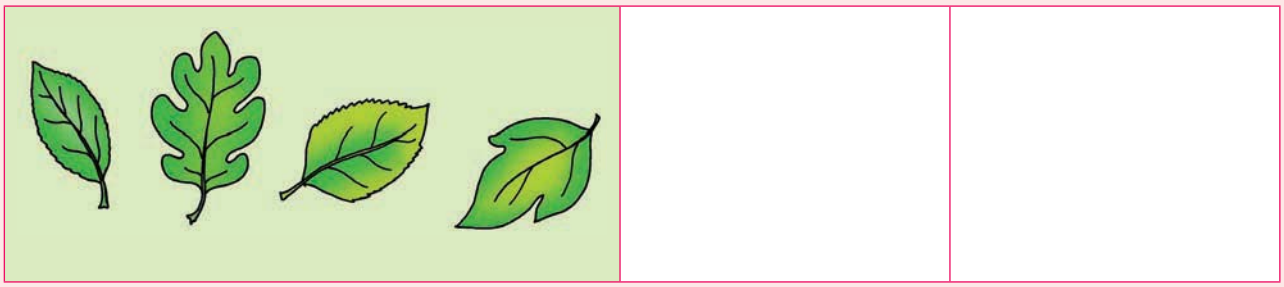
Arola sehlopha se ka lebokoseng la pele ka dihlopha tse pedi.Taka dihlopha tse pedi ka mabokoseng a arohaneng.



4 = 2 + 2

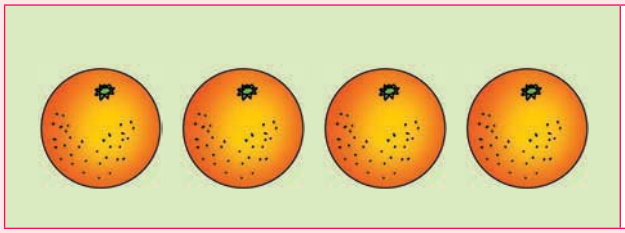


__ = __ + __

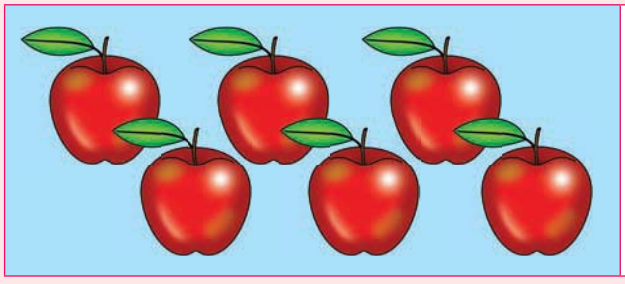


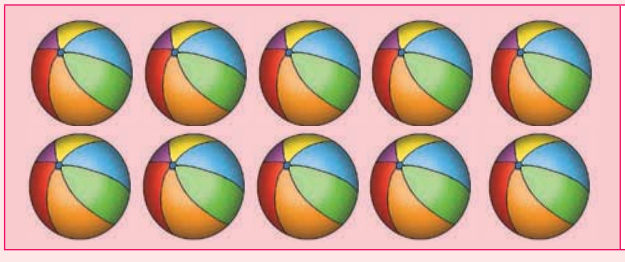
__ = __ + __









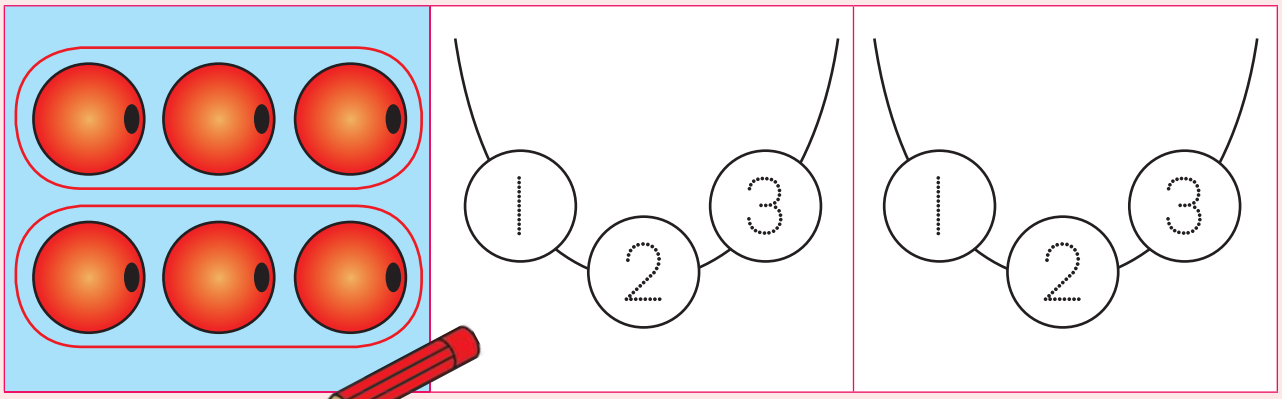


Teacher:
Sign:

Date:

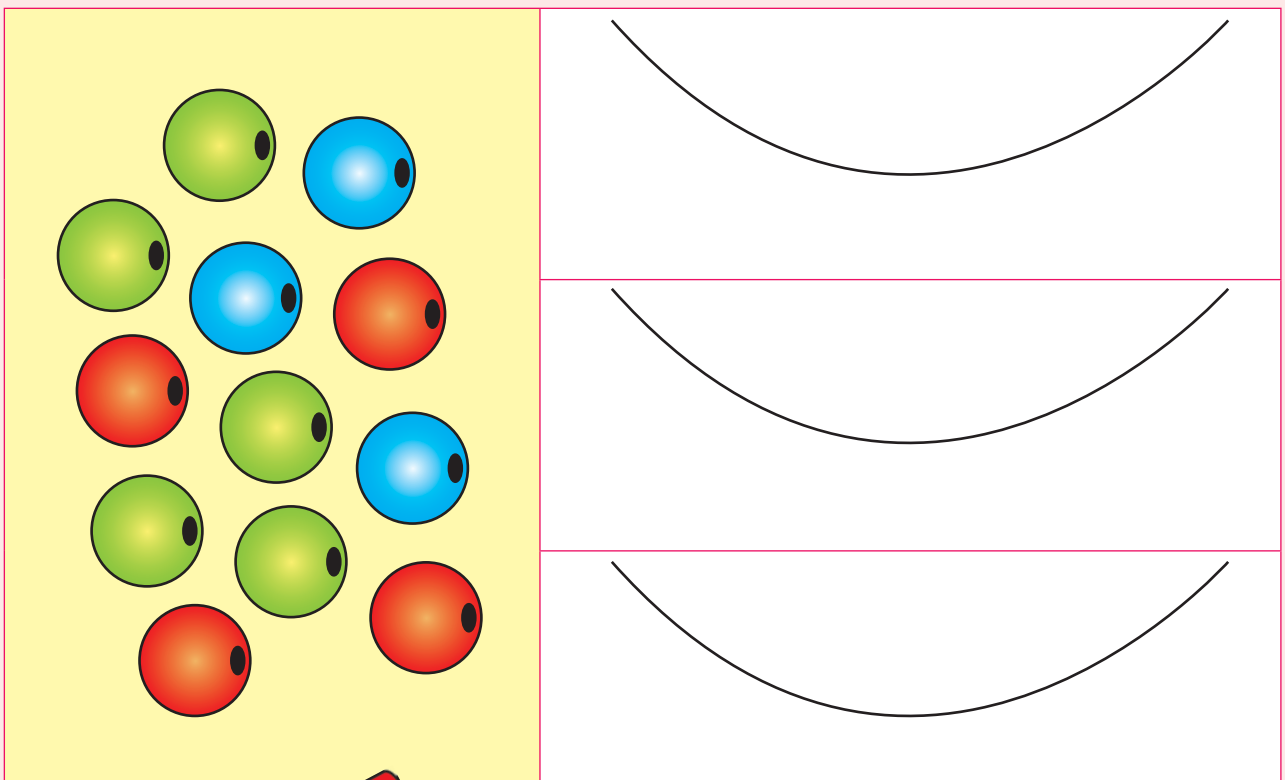
Ho arola ka ho lekana

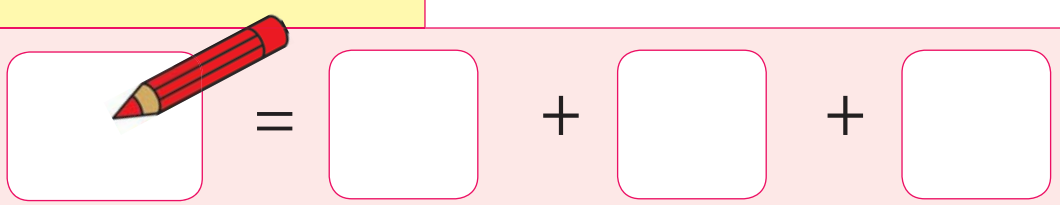
Arola difaha tse kgubedu ka ho lekana. Bala difaha ha o ntse o di tlotsa ka mmala.

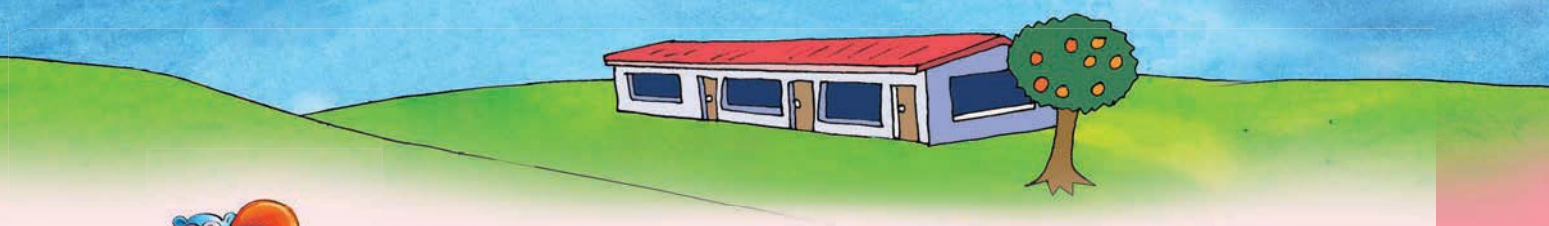


6 = 3 + 3

Arola difaha hararo ka ho lekana.

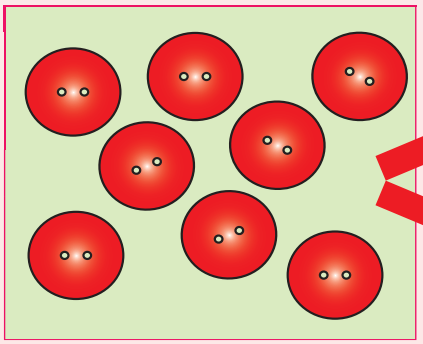






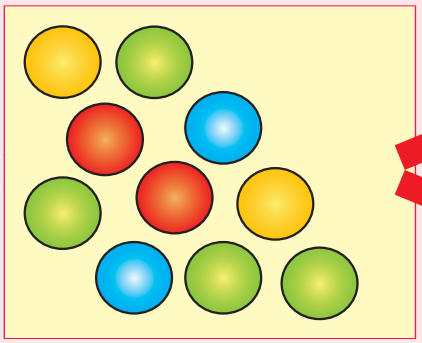


Ngololla dikonopo hape ka dihlopha tse pedi tse lekanang. Ngola palo yohle.



___ = ___ + ___

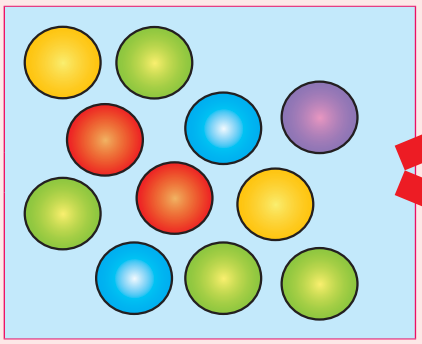
Arolela bana ba 2 dimabole tse 10 o nto araba dipotso.



Ngwana a le mong o fumane tse kae? ___

Ho ne ho setse tse kae? ___

Arolela bana ba 2 dimabole tse 11 o nto araba dipotso.



Ngwana a le mong o fumane tse kae ___

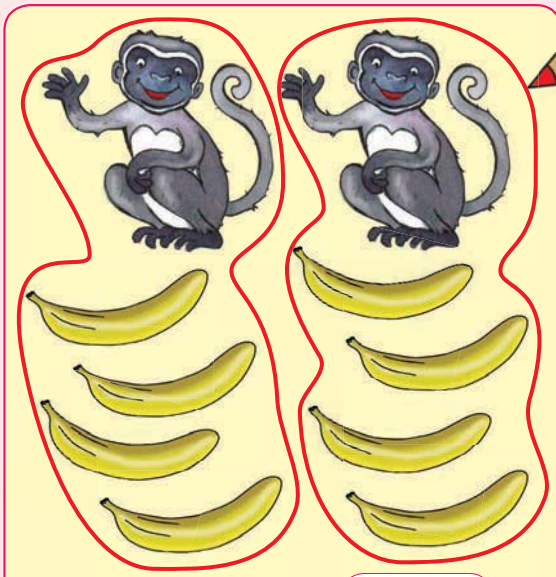
Ho setse tse kae? ___

Teacher:
Sign:

Date:

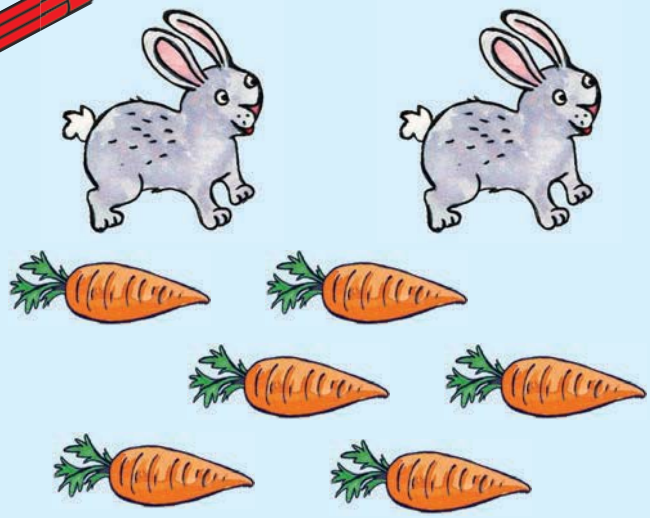
Ho arolelana ka ho lekana

Etsa sedikadikwe ho potoloha tholwana le diphoofolo ho di arolela ka ho lekana.

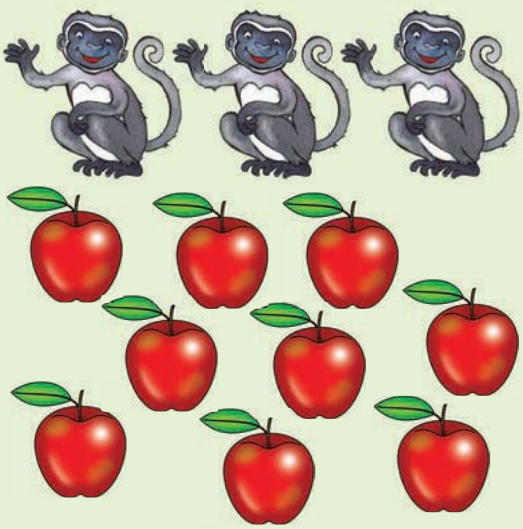


Tshwene e le nngwe e fumane dipanana tse kae?

4

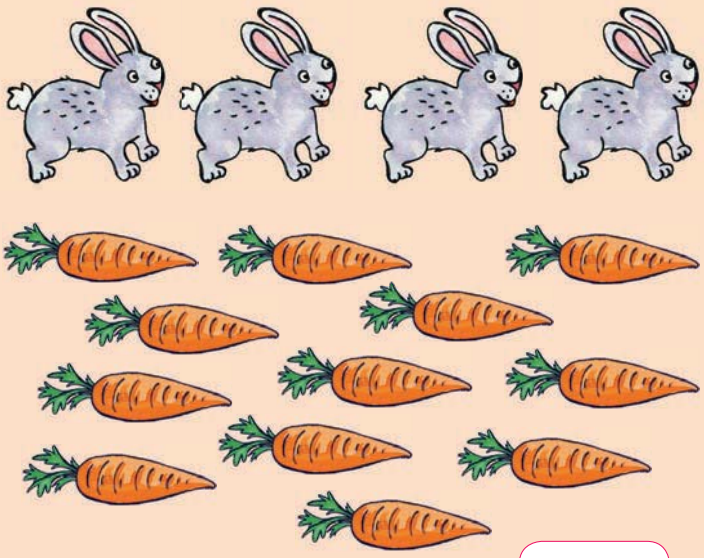


Mmutlanyana o le mong o fumane dihwete tse kae?



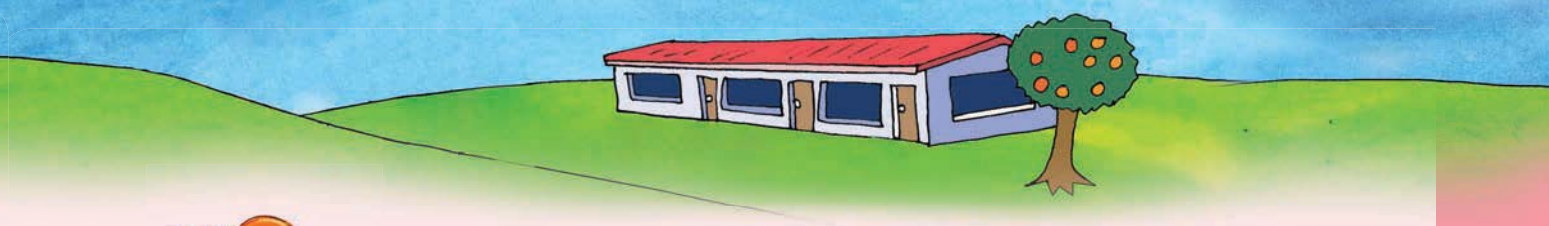
Tshwene e le nngwe e fumane dipanana tse kae?

Mmutlanyana o le mong o fumane dihwete tse kae?



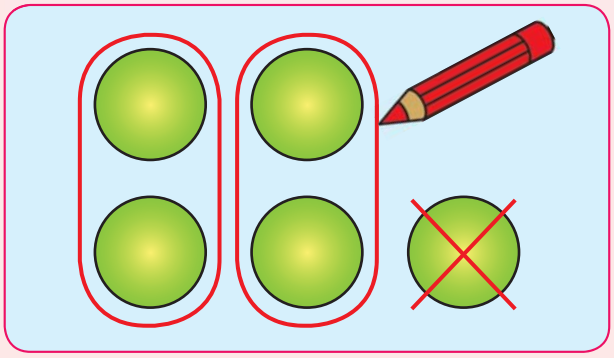
Tshwene e le nngwe e fumane diapole tse kae?

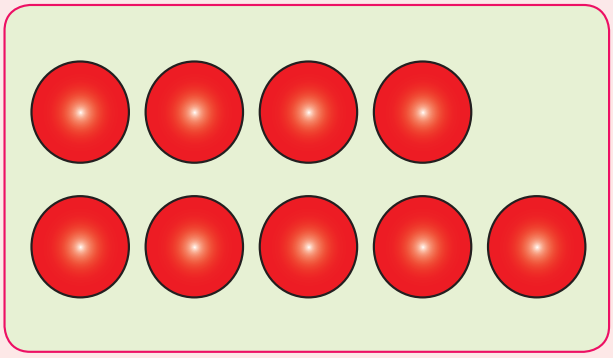
Na ho ne ho na le diapole tse setseng ka mora hore di arolwe ka ho lekana?

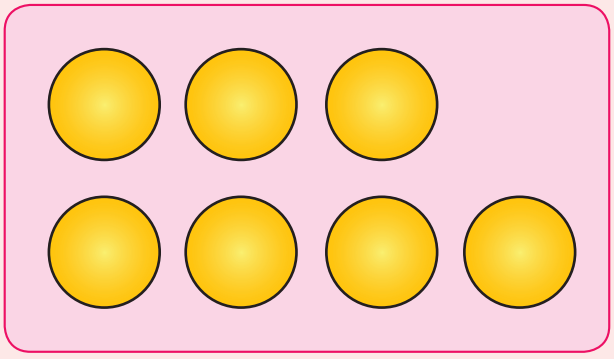


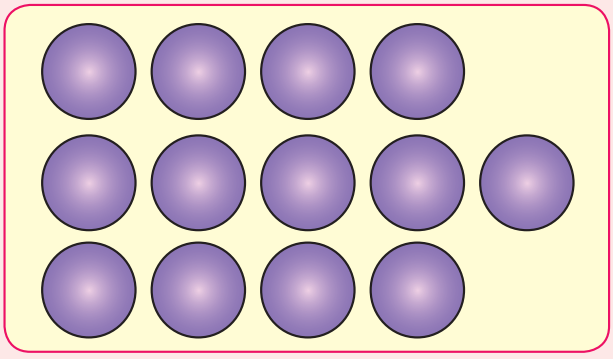
Ho hlophisa ho latela tse setseng

Hlophisa dibadi ka dihlopha tse pedi tse lekanang mme o behe sefapano hodima dibadi tse setseng.

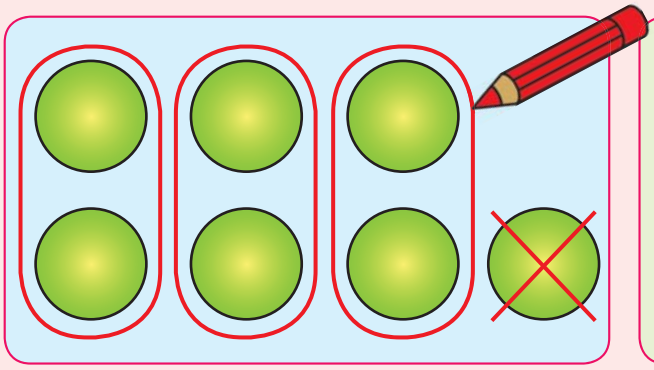


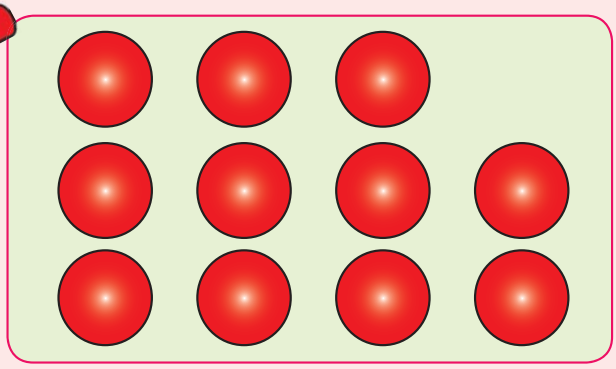


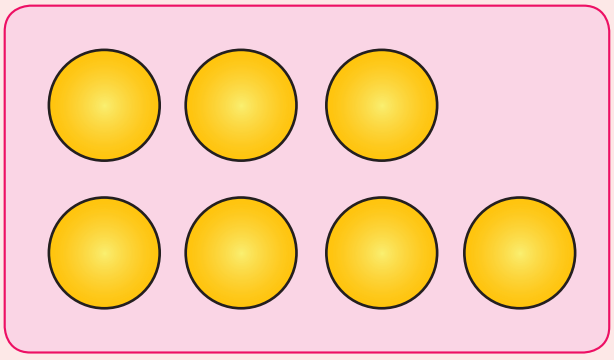


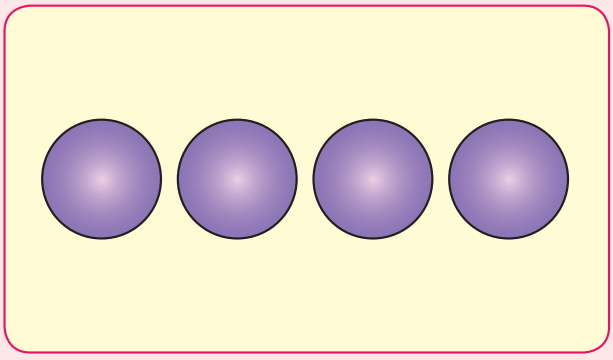


Beha dibadi ka dihlopha tse 3 tse lekanang o nto beha sefapano hodima dibadi tse setseng.







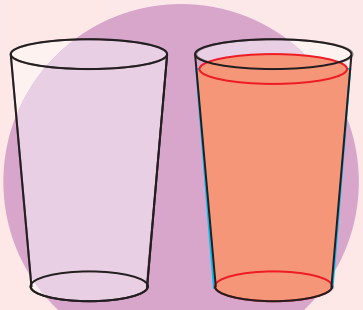


Teacher:
Sign:

Date:

Bongata

Tlotsa karabo e nepahetseng ka mmala.
Na ditshela di tletse kapa ha ho letho?



ha ho letho	tletse

ha ho letho	tletse



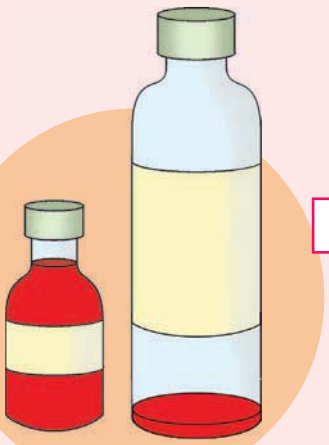
ha ho letho	tletse

ha ho letho	tletse



ha ho letho	tletse

ha ho letho	tletse



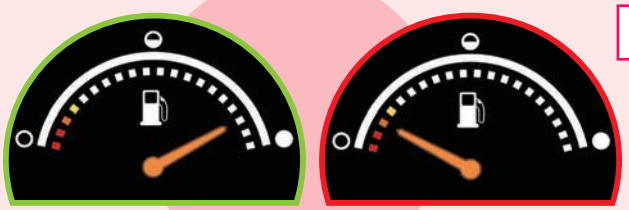
ha ho letho	tletse

ha ho letho	tletse



ha ho letho	tletse

ha ho letho	tletse



ha ho letho	tletse

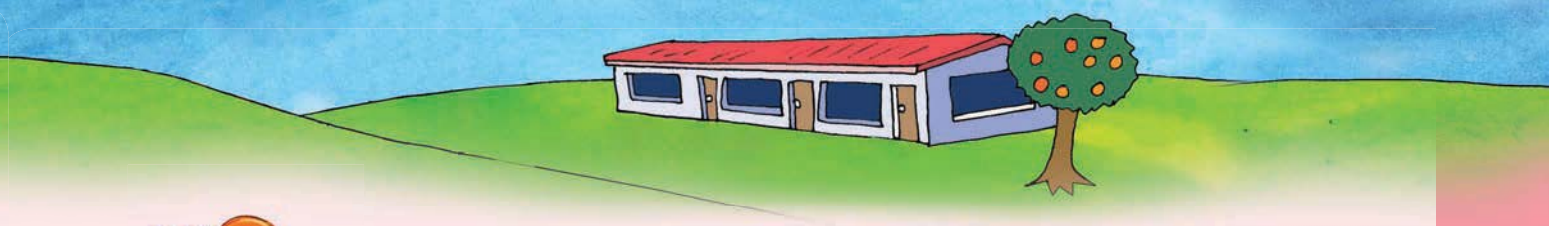
ha ho letho	tletse



ha ho letho	tletse

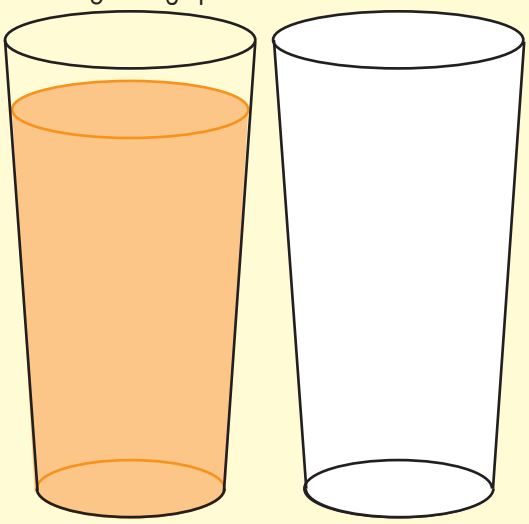
ha ho letho	tletse

tletse	ha ho letho

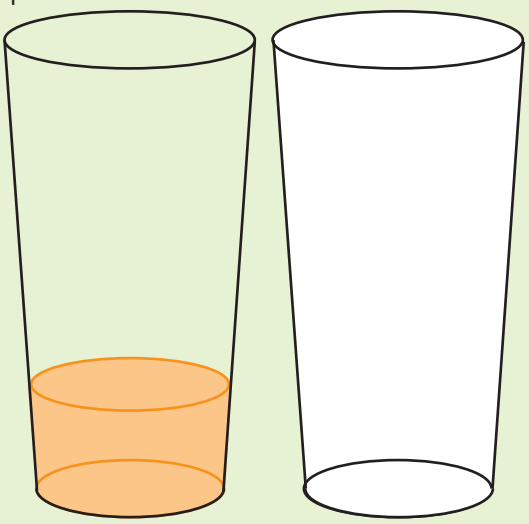




Tlotsa kgalase ya bobedi ka mmala hore e bonahale e na le jusi e nyane ho feta kgalase ya pele.

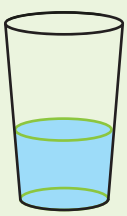


Tlotsa kgalase ya bobedi ka mmala hore e bonahale e na le jusi e ngata ho feta kgalase ya pele.

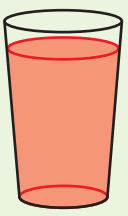


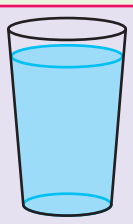


Etsa sedikadikwe ho e feta, ka tlase ho kapa etshwana le.

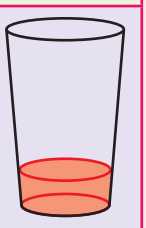


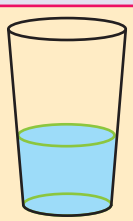
Kgalase e bolou | ho feta | ka tlase | lekana | Kgalase e kgubedu



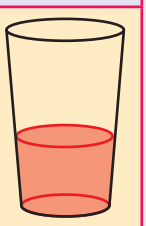


Kgalase e bolou | ho feta | ka tlase | lekana | Kgalase e kgubedu





Kgalase e bolou | ho feta | ka tlase | lekana | Kgalase e kgubedu



e feta

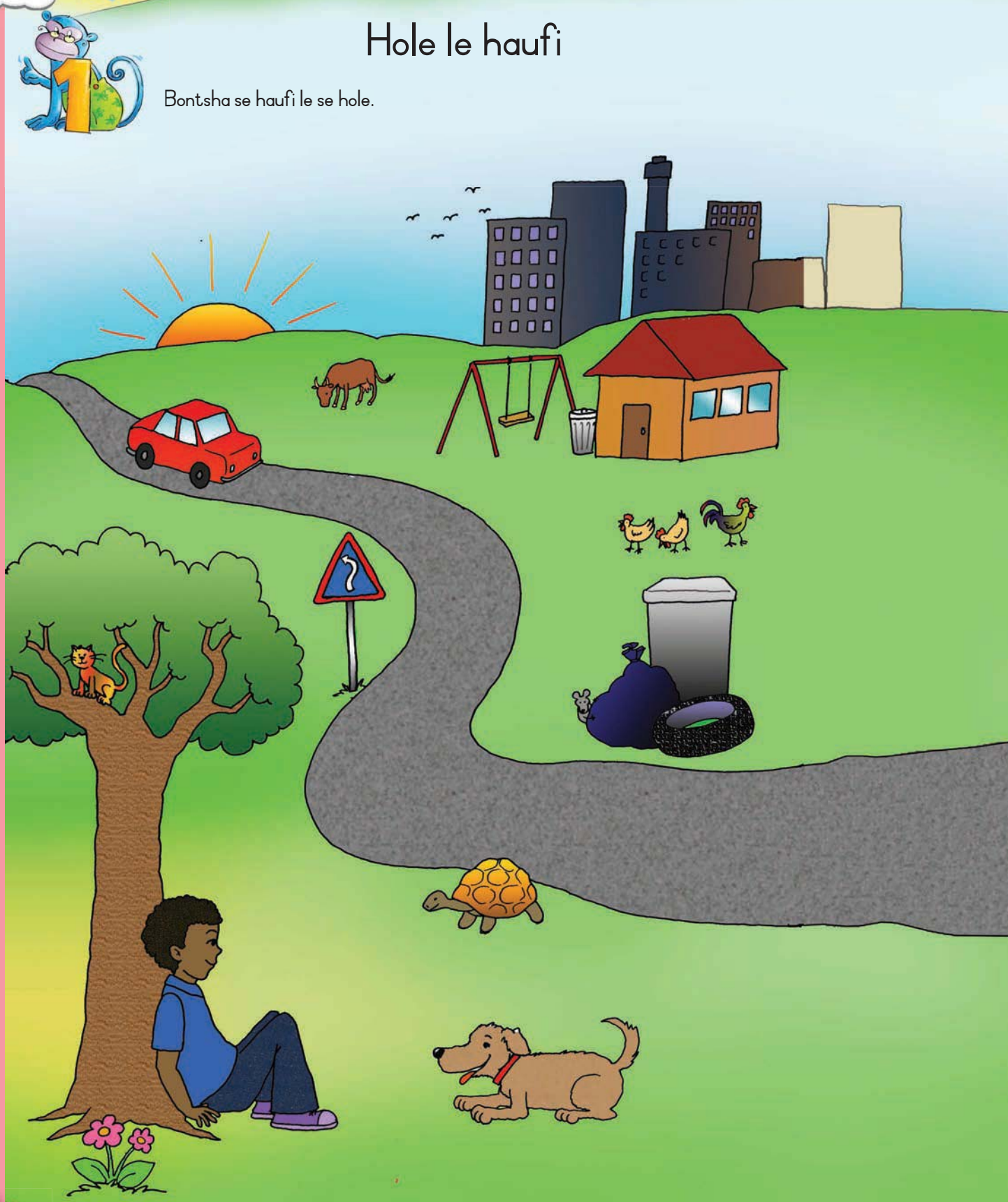
e ka tlase ho

Teacher:
Sign:

Date:

Hole le haufi

Bontsha se haufi le se hole.



Telele le kgutshwane

Etsa sedikadikwe ho e telele.



kgutshwane | telele

kgutshwane | telele



kgutshwane | telele

kgutshwane | telele



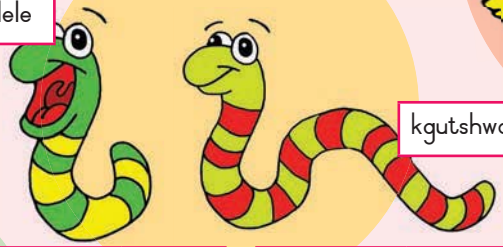
kgutshwane | telele

kgutshwane | telele



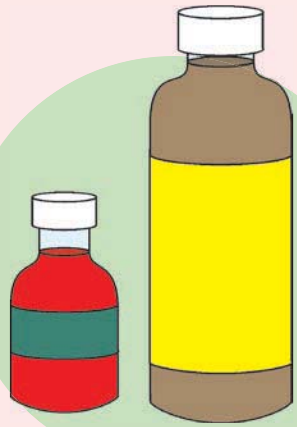
kgutshwane | telele

kgutshwane | telele



kgutshwane | telele

kgutshwane | telele



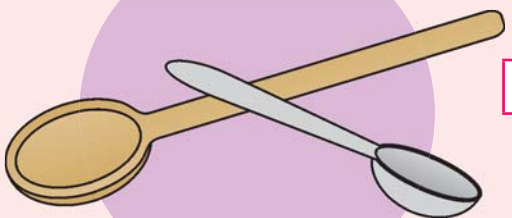
kgutshwane | telele

kgutshwane | telele



kgutshwane | telele

kgutshwane | telele



kgutshwane | telele

kgutshwane | telele

kgutshwane	telele

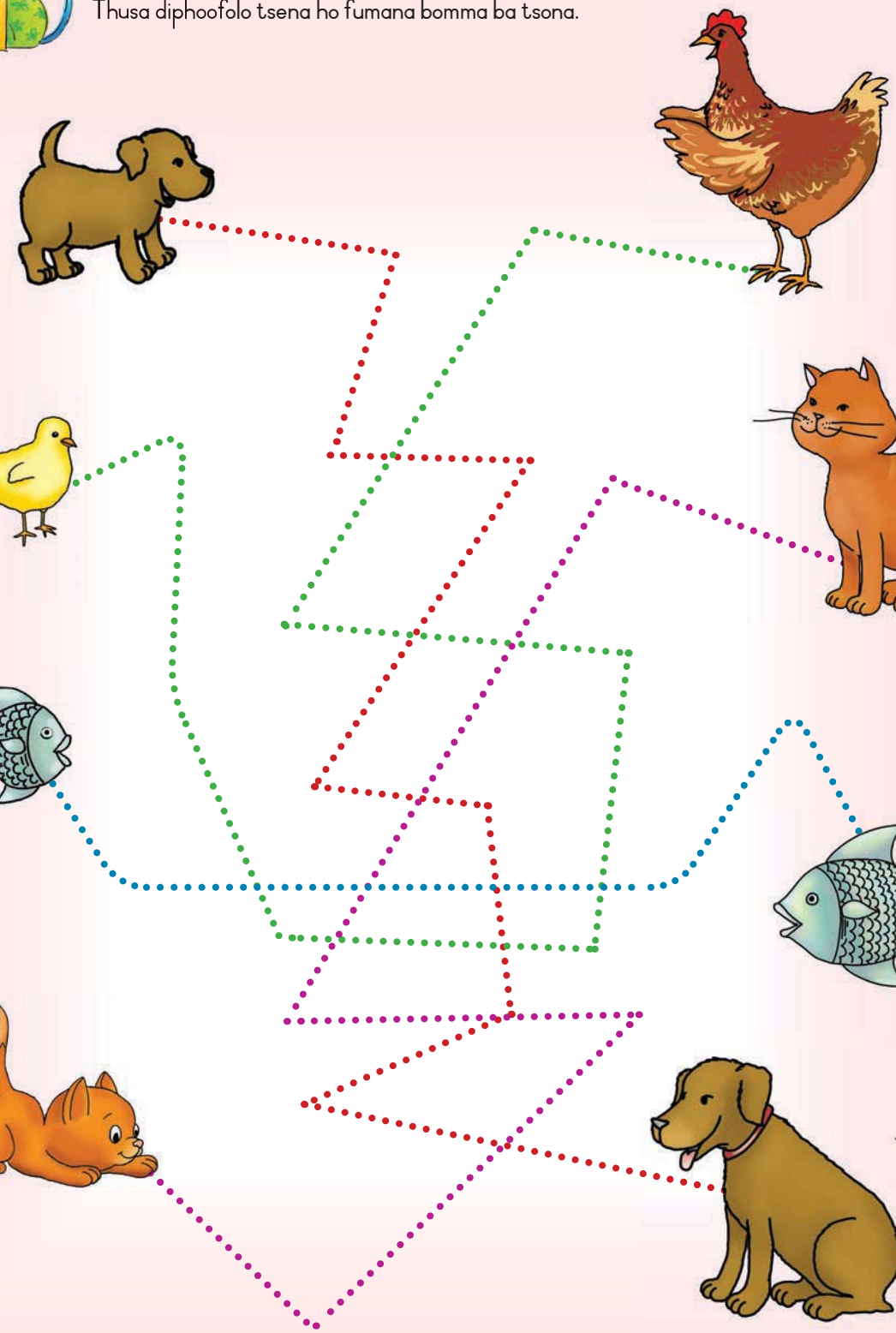
Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20

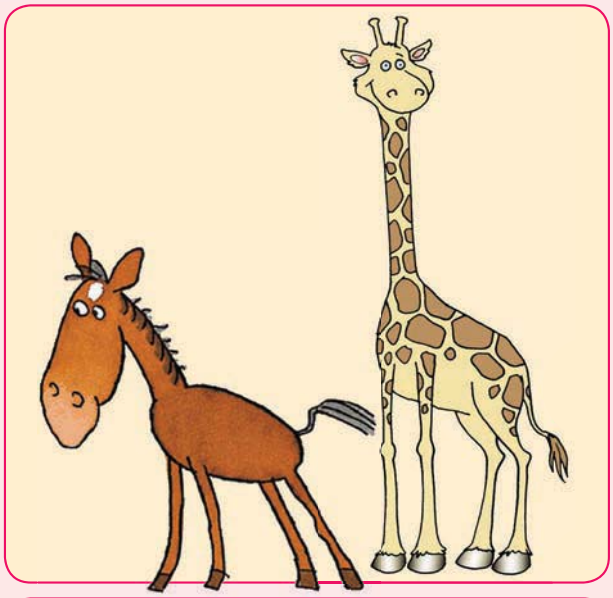
Fumanang

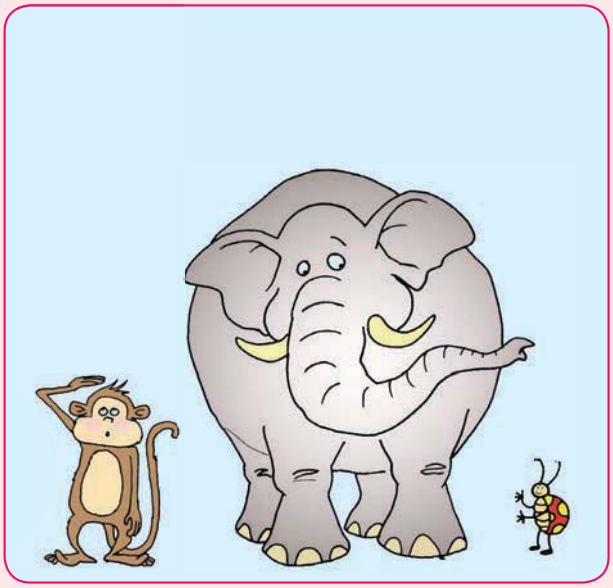
Thusa diphoofolo tsena ho fumana bomma ba tsona.

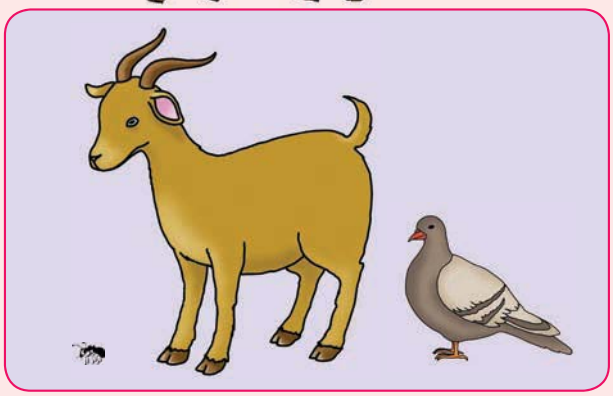


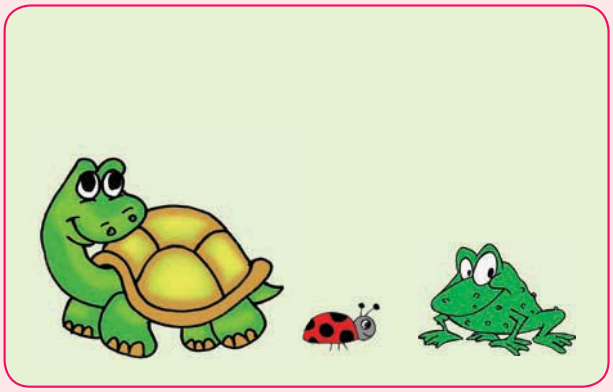
Boholo le bonyane

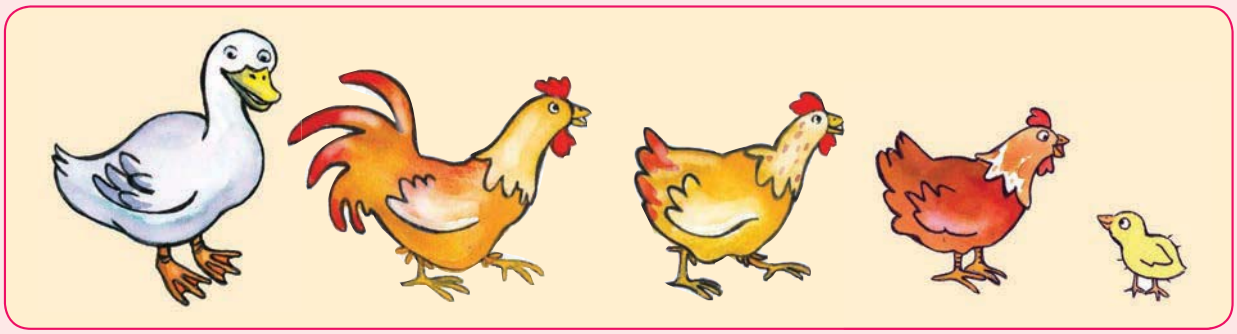
Etsa sedikadikwe se sekgubedu phoofolong e kgolo ebe o etsa sedikadikwe se setala phoofolong e nyane lebokoseng le leng le le leng.











kgolo	nyane	kgolo haholo	nyane haholo

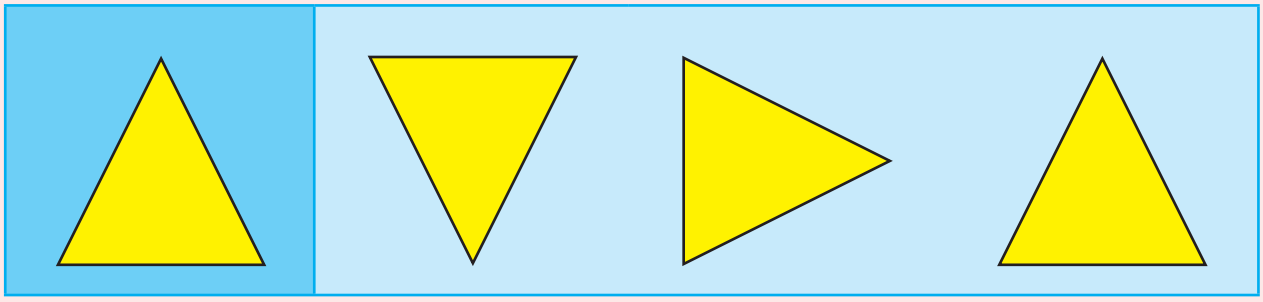
Teacher:
Sign:
Date:

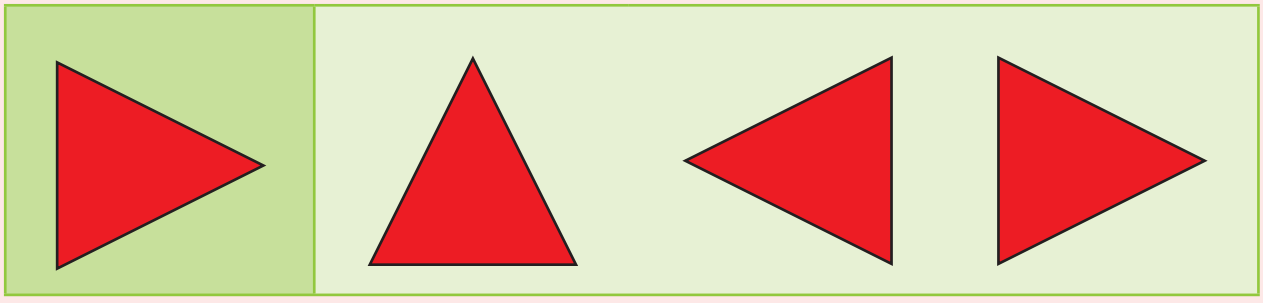
11 12 13 14 15 16 17 18 19 20

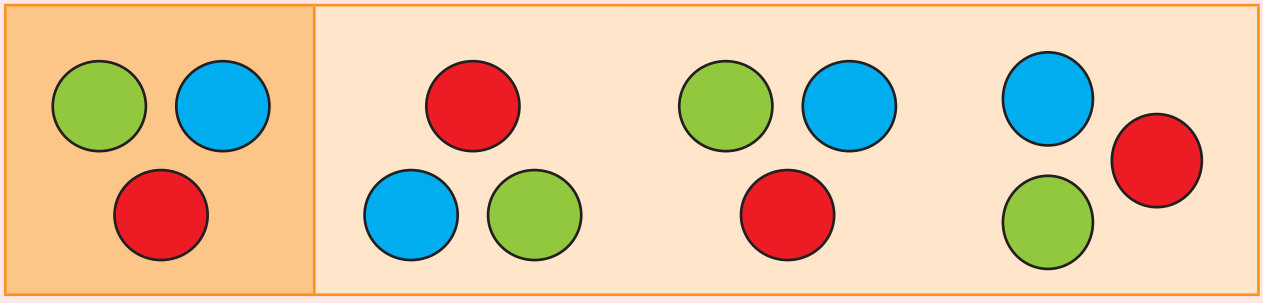


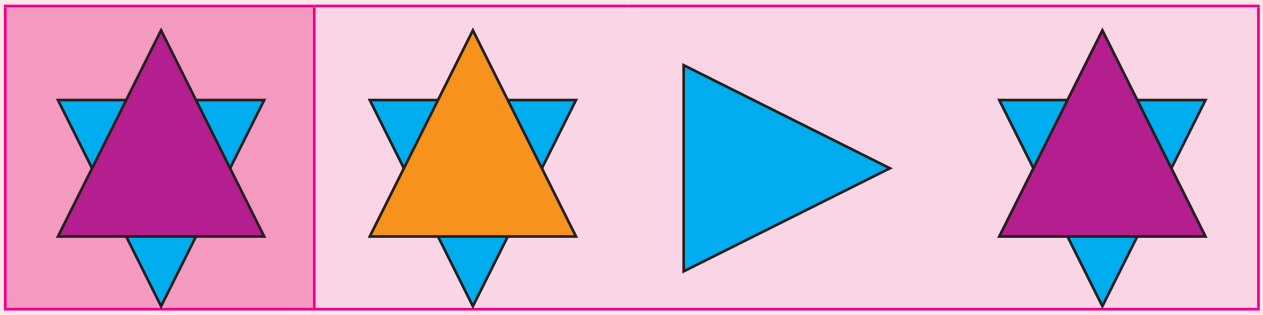
Dipaterone

Fumana sebopeho se tshwanang le sebopeho se ka lebokoseng le qalang.







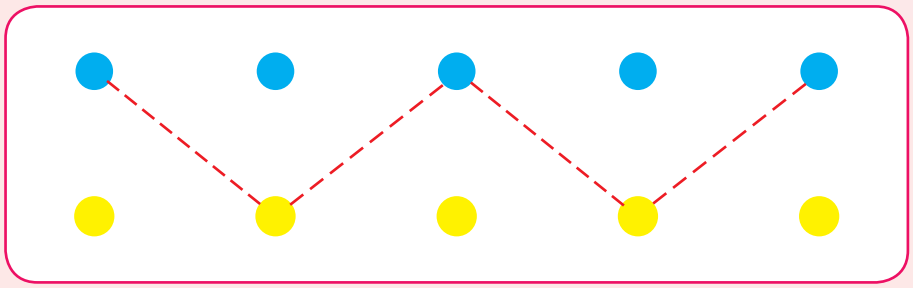


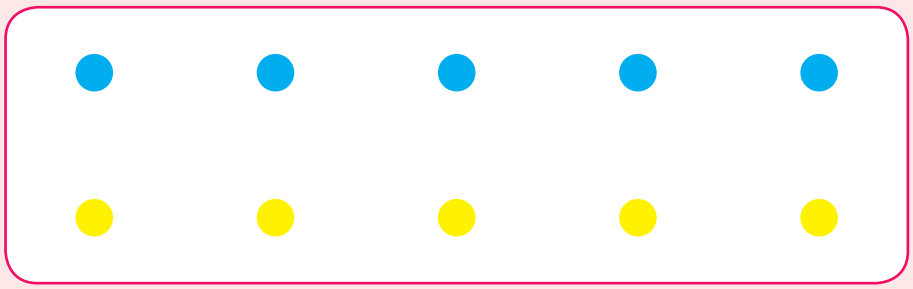


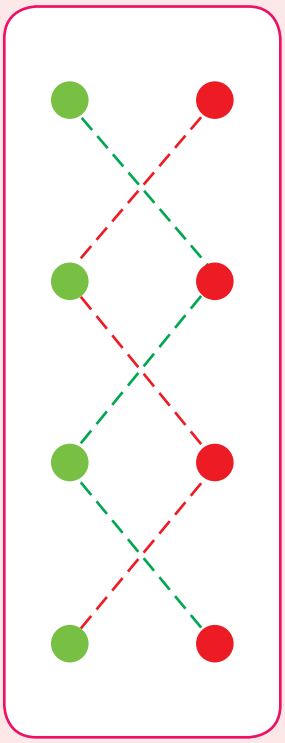


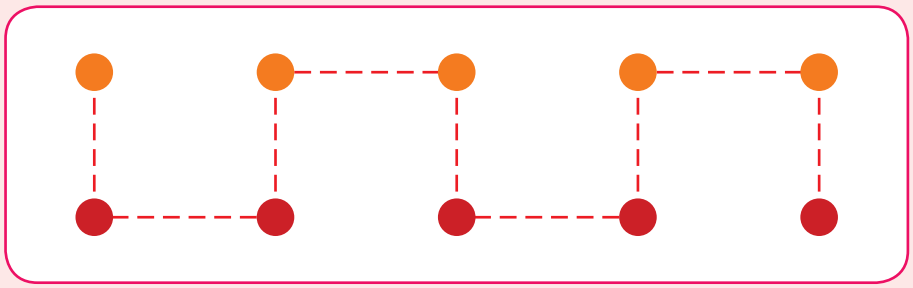


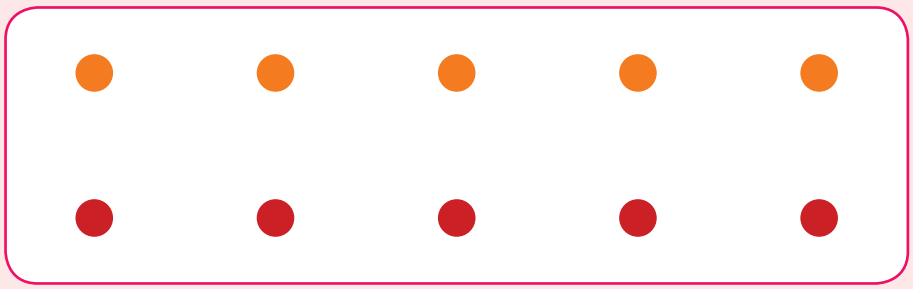
Kopanya matheba ho etsa setshwantsho se tshwanang le sa pele.

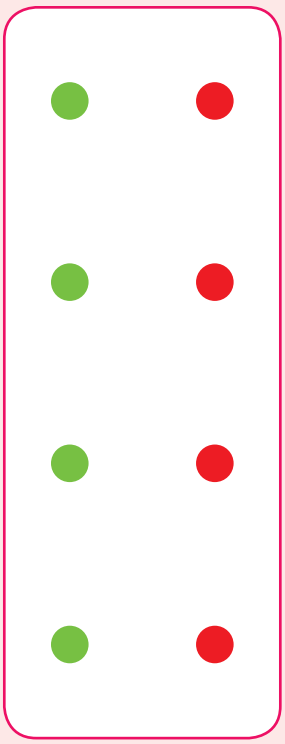








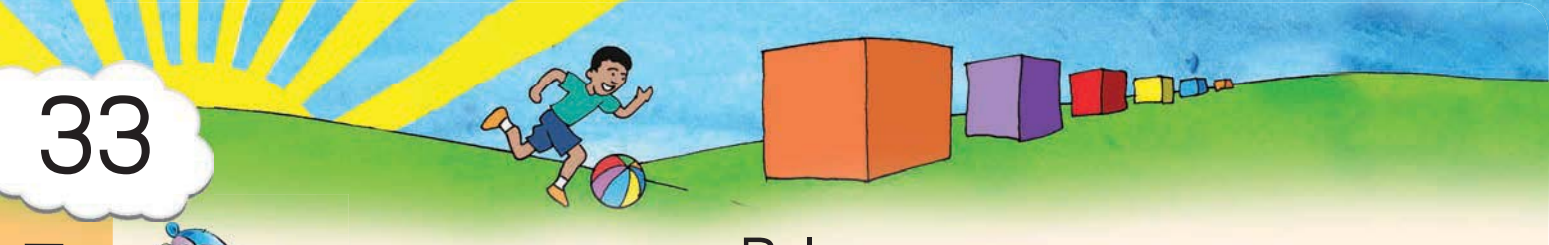




Teacher:
Sign:

Date:

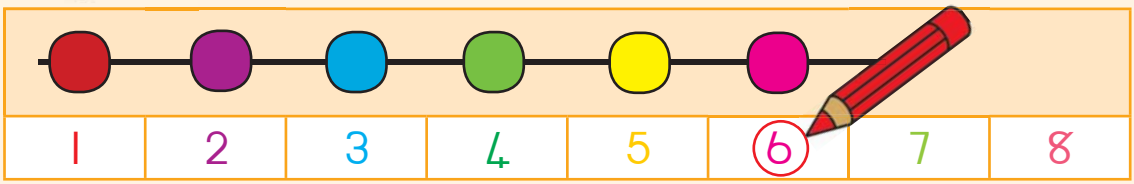






Bala

Bala difaha ebe o etsa sedikadikwe sa palo e nepahetseng.



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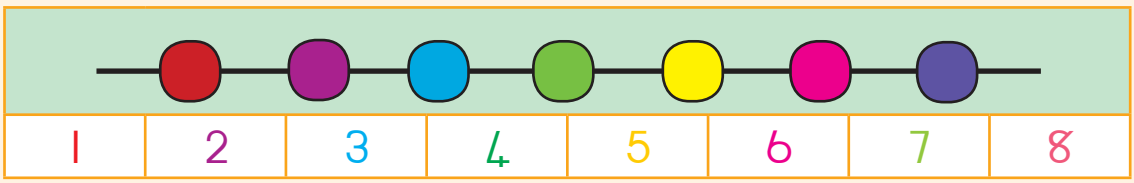

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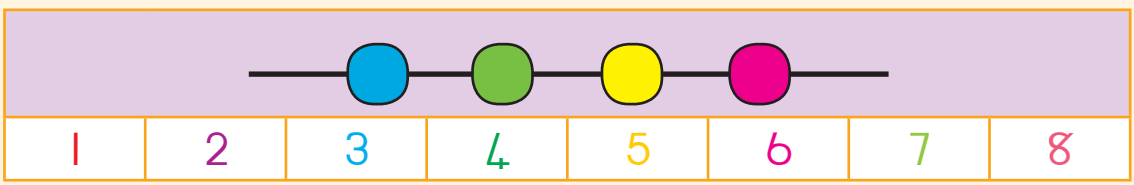
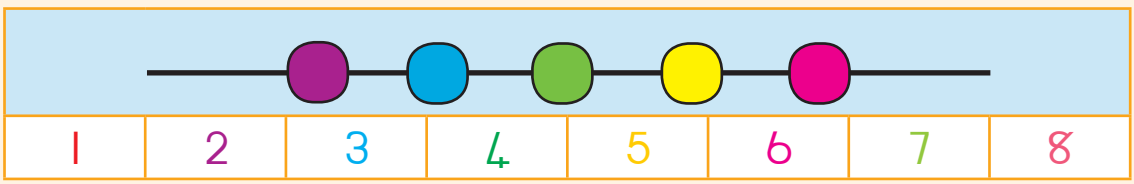
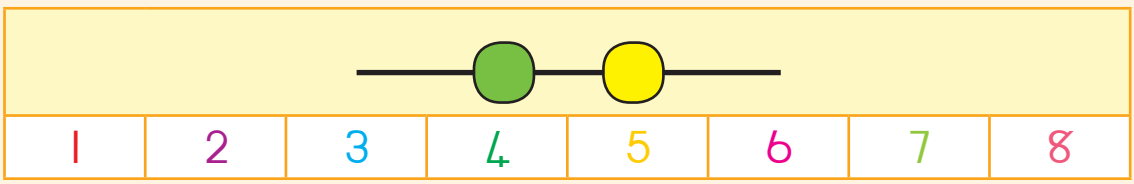


1	2	3	4	5	6	7	8



1	2	3	4	5	6	7	8



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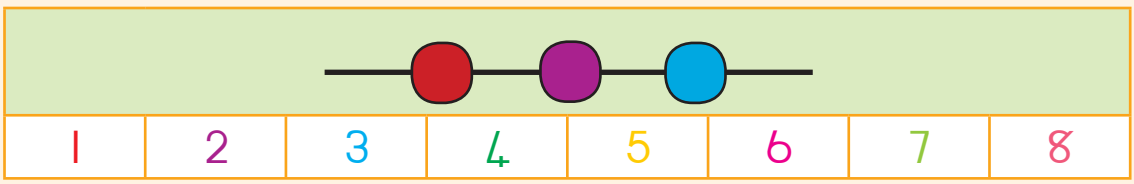
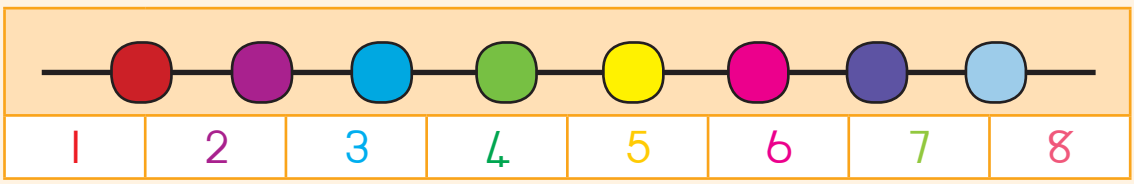


1	2	3	4	5	6	7	8



1	2	3	4	5	6	7	8

Molapalo



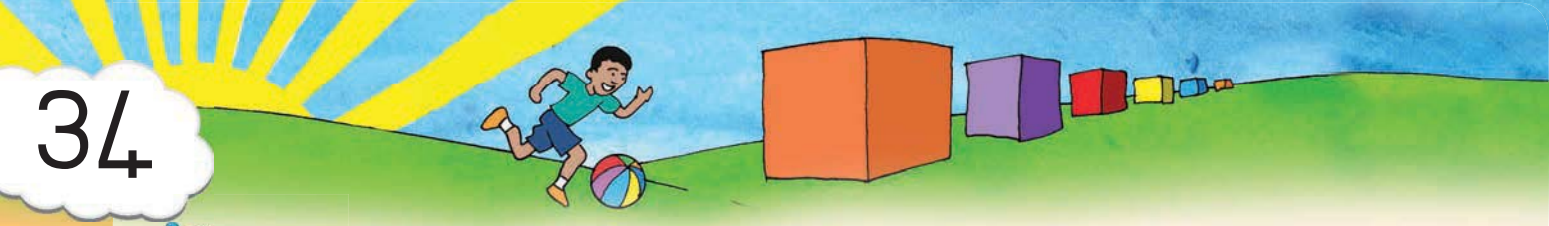
Tlatsa dipalo tse siuweng.

1	2	3	4	5	6	7	8	9	10
1	2	3		5	6	7	8	9	10
1	2	3			6	7	8	9	10
1	2		4	5	6		8		10
1	2	3		5	6	7			10
	2		4	5		7	8		10
1		3	4	5	6	7		9	
1									
10	9	8	7	6	5				

Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20



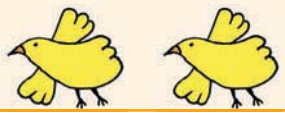


Mabitso a dipalo

Ngololla mabitso a dipalo tsena.



1 | nngwe nngwe



2



3



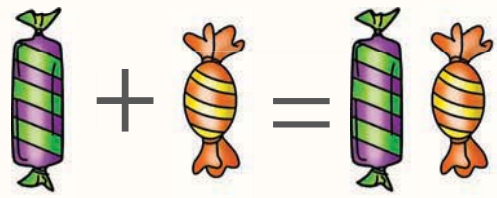
4



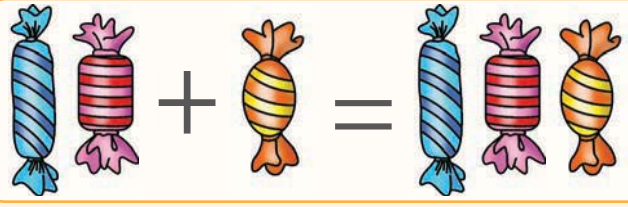
5

Ho kopanya

A re kopanyeng l ebe re tlatsa dikarabo.



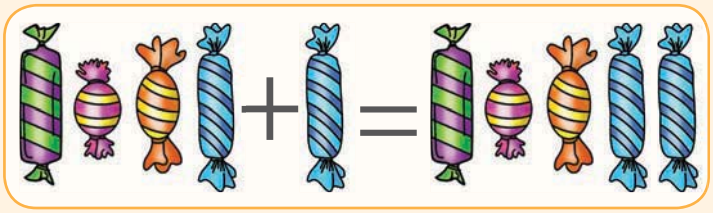
1 + 1 = 2



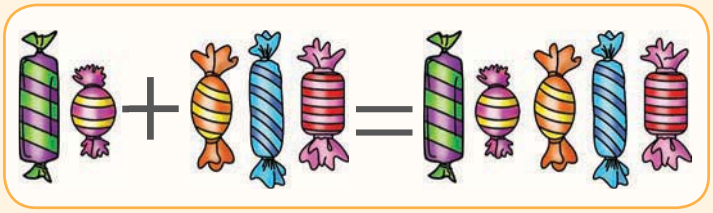
2 + 1 = 3



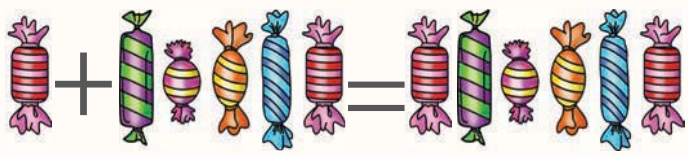
3 + 1 =



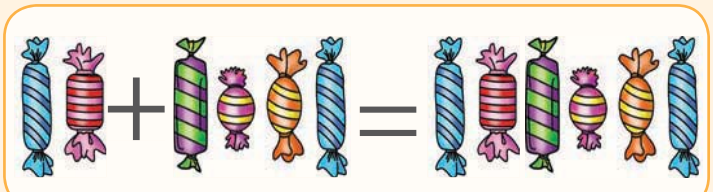
4 + 1 =



2 + 3 =



1 + 5 =

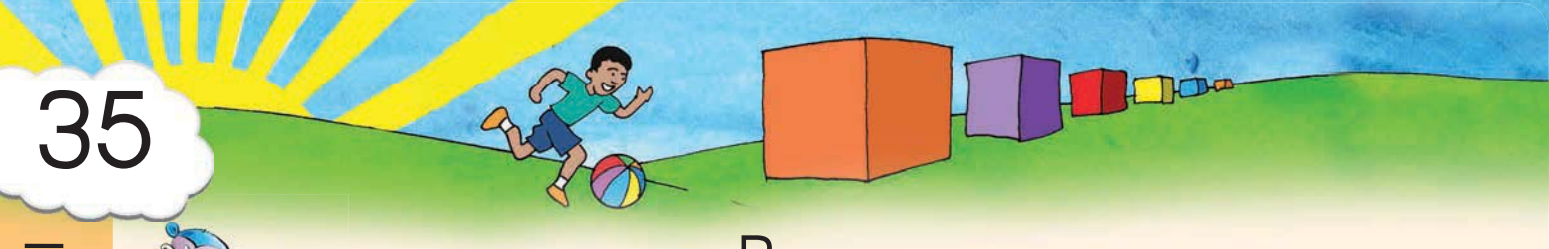


2 + 4 =

Teacher:
Sign:

Date:

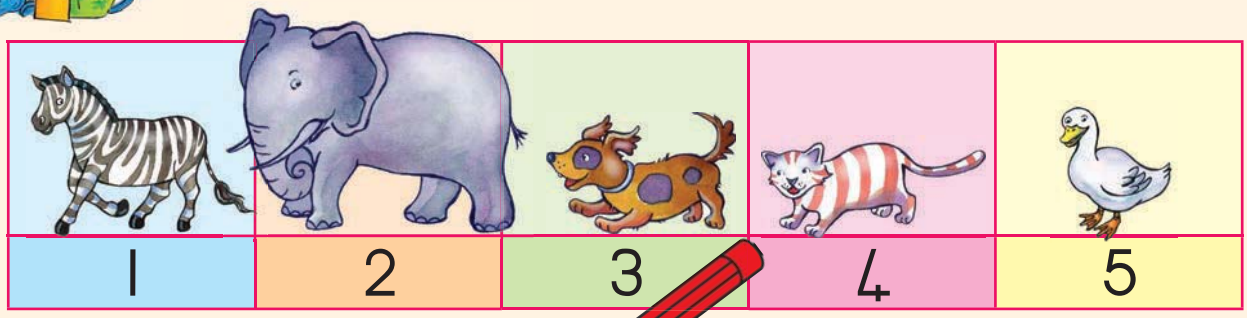
11 12 13 14 15 16 17 18 19 20





Boemo

Etsa sedikadikwe ho potoloha karabo e nepahetseng.



Ke phoofolo efe e ka pele ho tlou?					
Ke phoofolo efe e ka morao ho ntja?					
Ke phoofolo efe e dipakeng tsa Qwaha le ntja?					
Haeba ntja e tsamaela pele e tla thula phoofolo efe?					
Haeba tlou e tjhetjhella morao e tla thula phoofolo efe?					
Ke phoofolo efe e mahareng a mola?					
Ke phoofolo efe eo e leng ya pele moleng ona?					
Ke phoofolo efe eo e leng ya ho qetela moleng ona?					

Matshwao le dibopeho



Ngolla matshwao.

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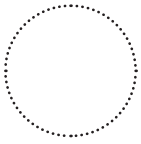
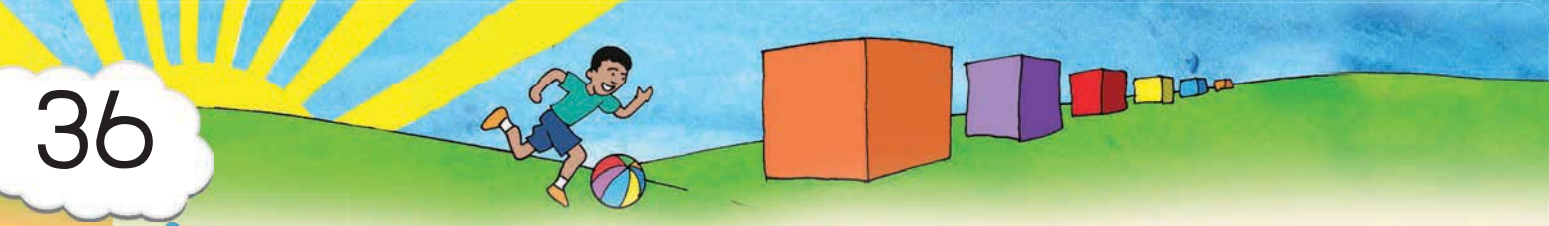
=	

Ngololla dibopeho tsena.

Teacher:
Sign:

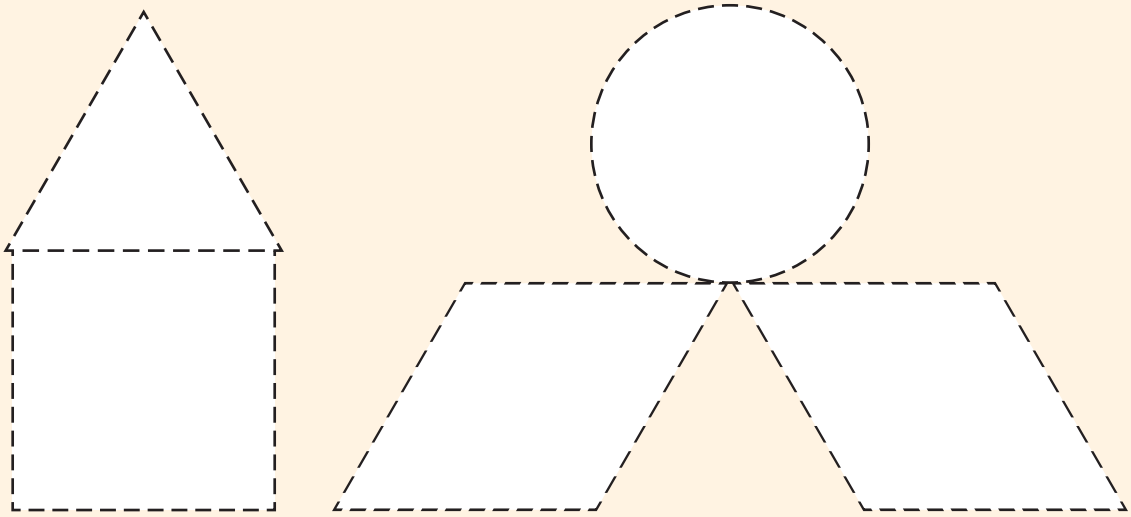
Date:





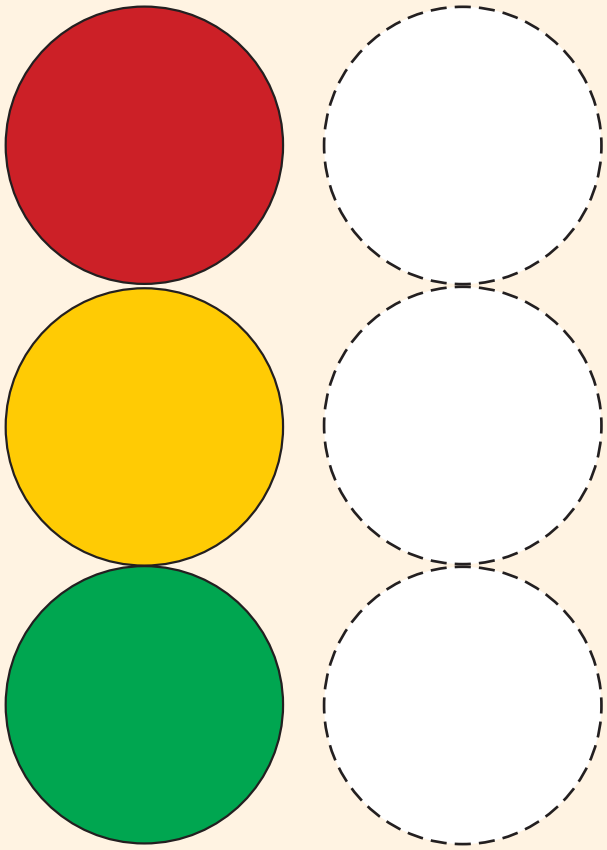
Ho etsa dibopeho

Sebedisa dibopeho tsa hao tse sehuweng ho qetella dipaterone.





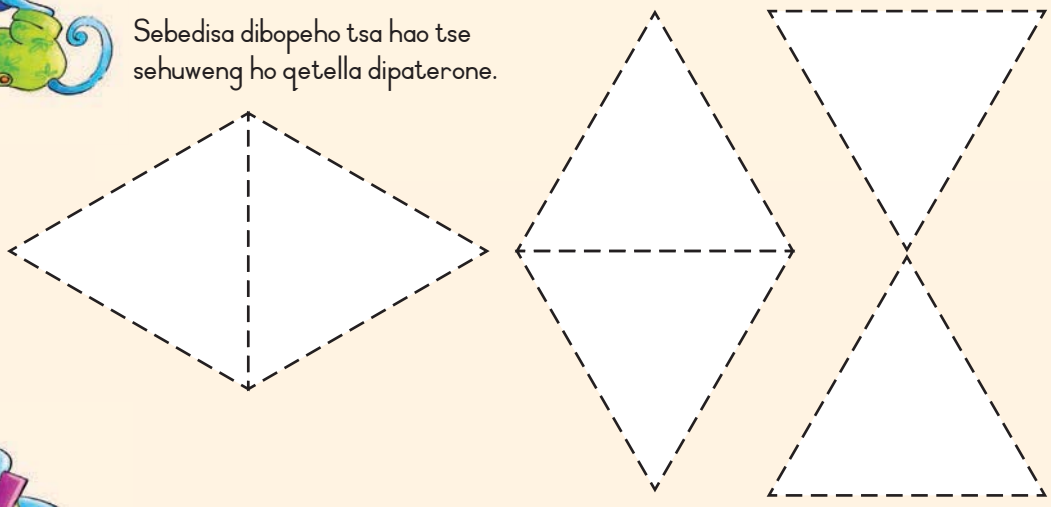
Etsa lebone la sephethephethe. Mmala o mong le o mong o re bolella eng?





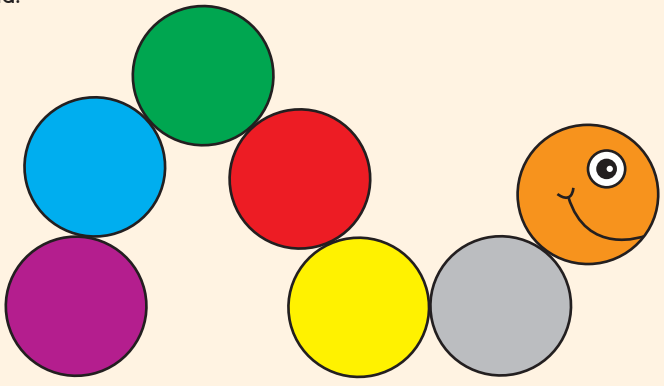


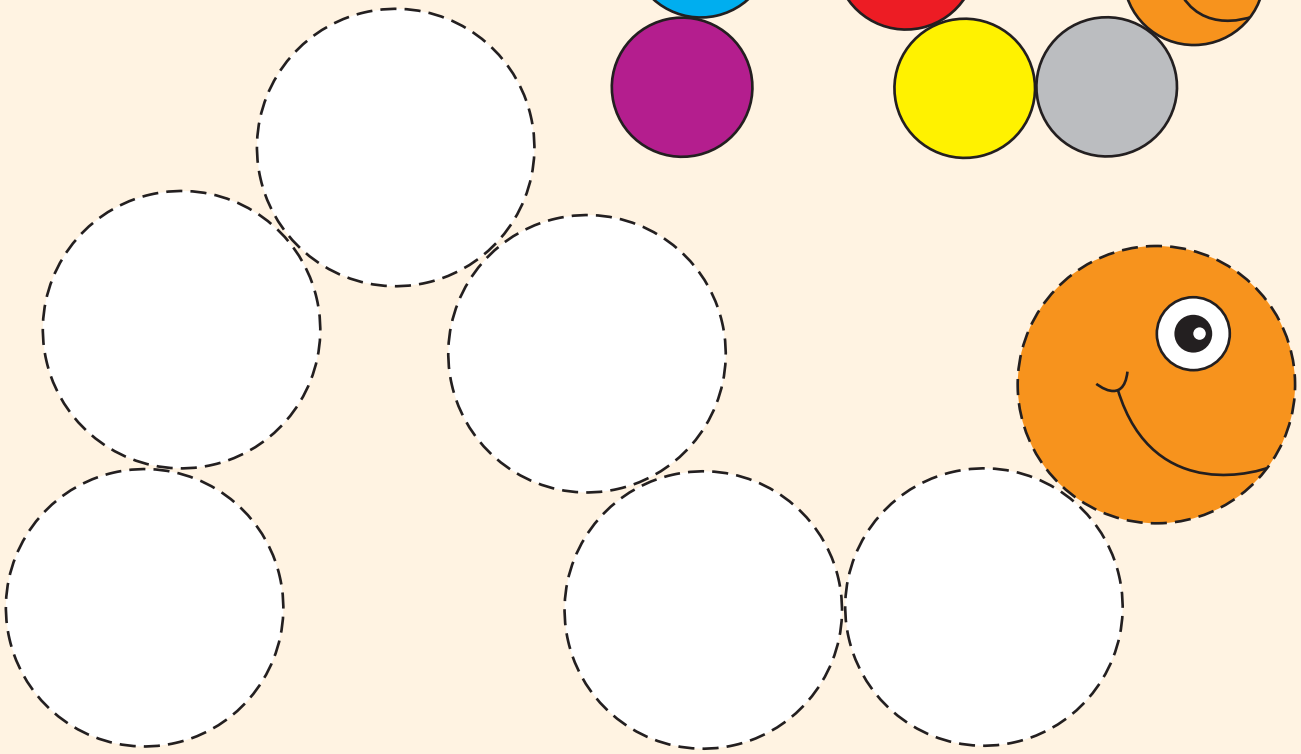
Sebedisa dibopeho tsa hao tse sehuweng ho qetella dipaterone.





Sebedisa didikadikwe tsa hao tse sehuweng o etse kgofu e kgolo. Bapisa mebala.

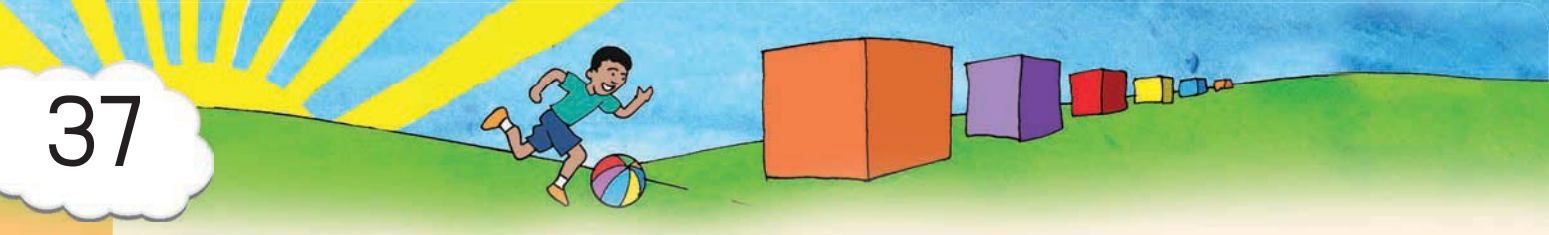




Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20



Tshelela



Sebedisa dibopeho tse sehilweng mme o behe didikadikwe tse 6 bolokong bo le bong.

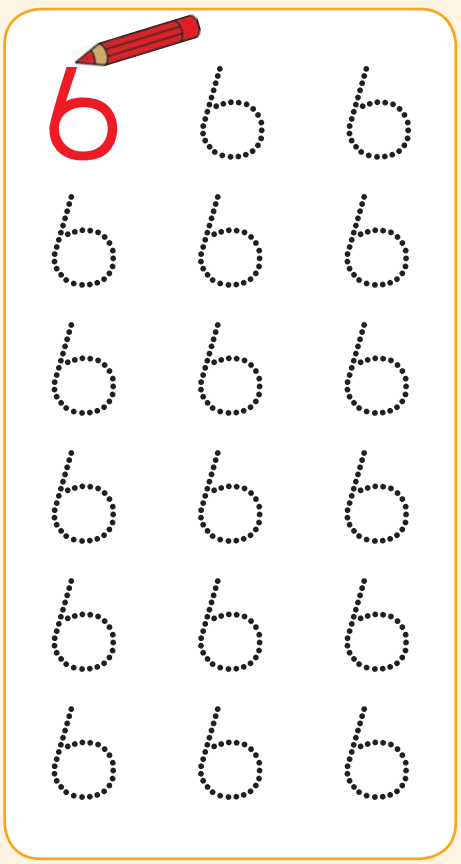


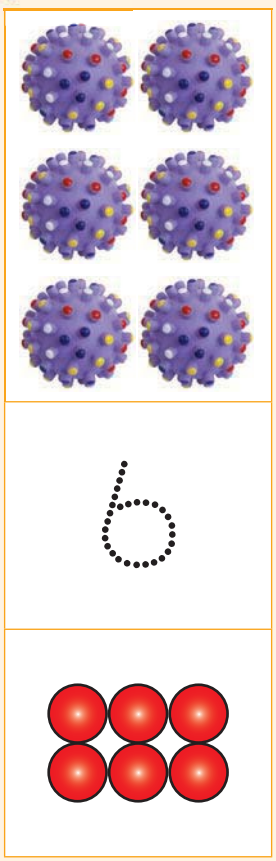


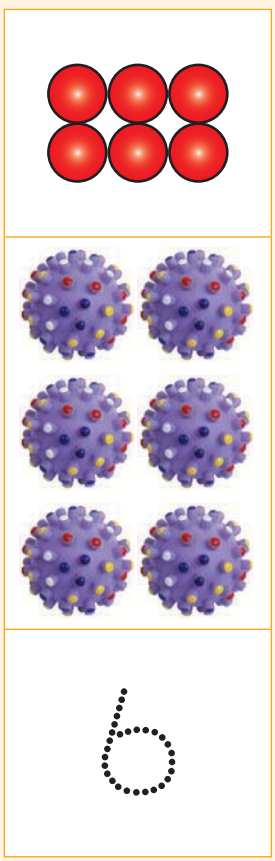
Tereisa nomoro.



Bapisa ditshwantsho









Tlotsa didikadikwe tse 6 ka mmala.

Taka tse ding hape tse 6.

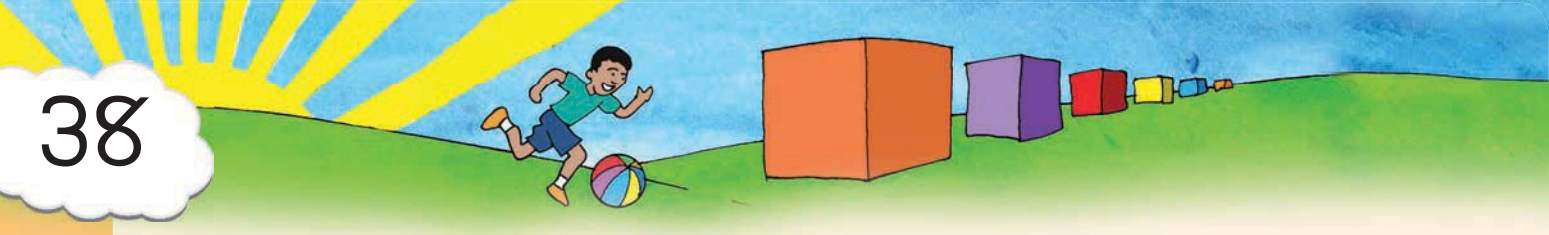
Ikwetlise ka palo ena.

6 tshelela 6 6 6

Tlotsa didikadikwe ka mmala ha o ntse o bala.

Teacher:
Sign:

Date:



Supa



Sebedisa dibopeho tse sehilweng mme o behe dikwere tse 7 bolokong bo le bong.

7

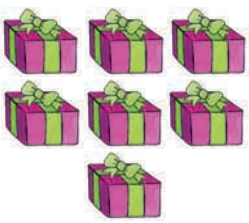


Tereisa nomoro.

7 7 7
7 7 7
7 7 7
7 7 7
7 7 7
7 7 7



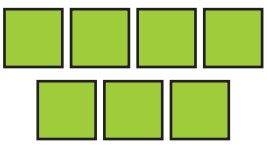
Bapisa ditshwantsho.





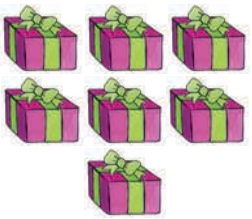
supa

7



7

supa





Tlotsa tekanyohohle tse 7 le diboloko tse 7.

Taka tse 7 hape.

Ikwetlise ka palo ena.

7

supa

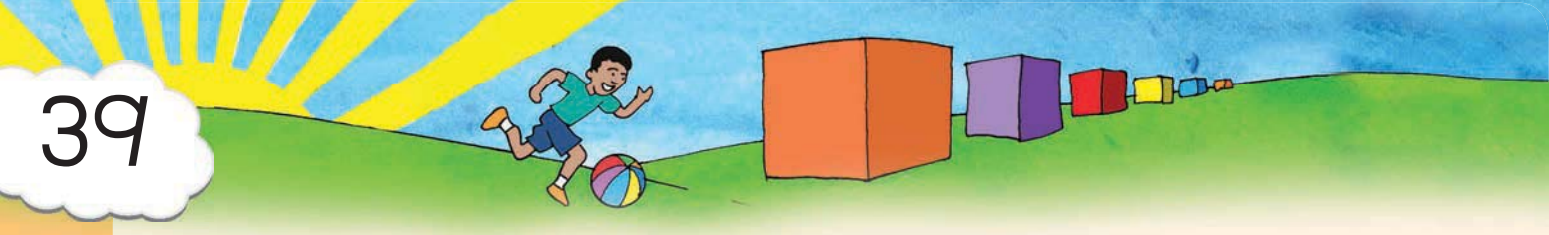
7 7 7 7

Tlotsa dikwere ka mmala ha o ntse o bala.

Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20



Robedi



Sebedisa dibopeho tse sehilweng mme o behe didikadikwe tse 8 bolokong bo le bong.

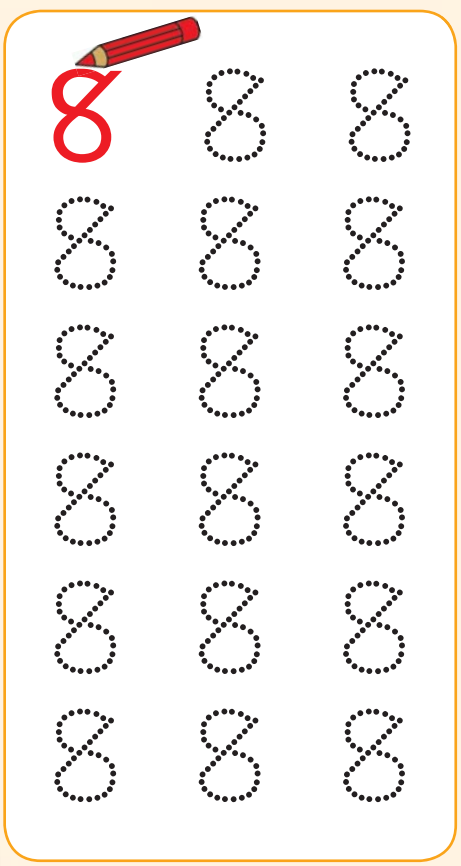


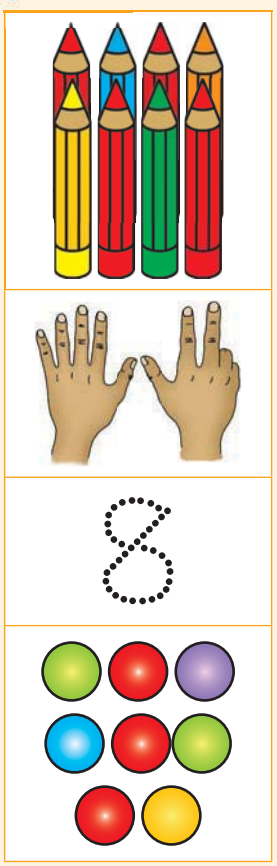


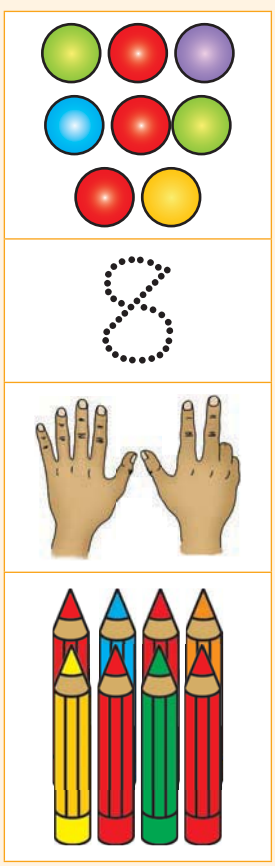
Tereisa nomoro.



Bapisa ditshwantsho.









Tlotsa dinaledi tse 8 ka mmala.

Taka tse ding tse 8 hape.

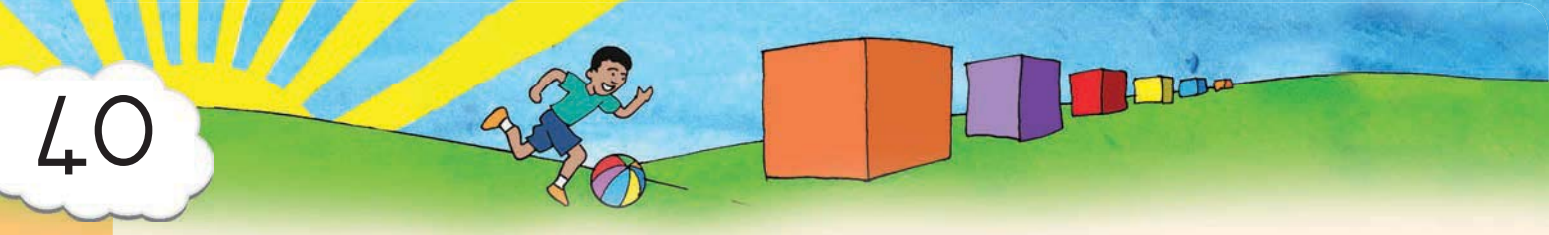
Ikwetlise ka palo ena.

robedi

Tlotsa didikadikwe ka mmala ha o ntse o bala.

Teacher:
Sign:
Date:

11 12 13 14 15 16 17 18 19 20



Robong



Taka dibopeho tse robong bolokong bo le bong mme o di tlotse ka mmala.

q

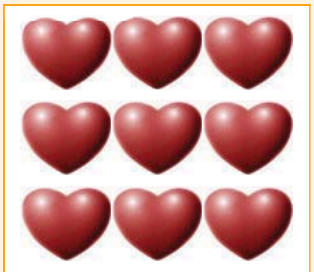


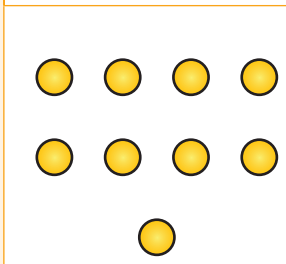
Tereisa nomoro.

q q q
q q q
q q q
q q q
q q q
q q q



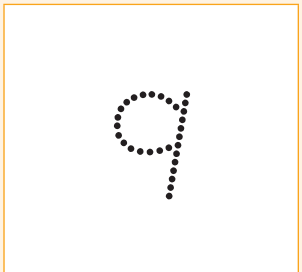
Bapisa ditshwantsho.

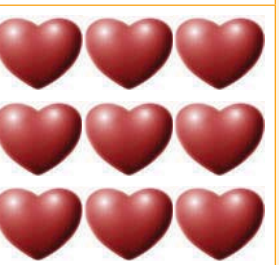




q

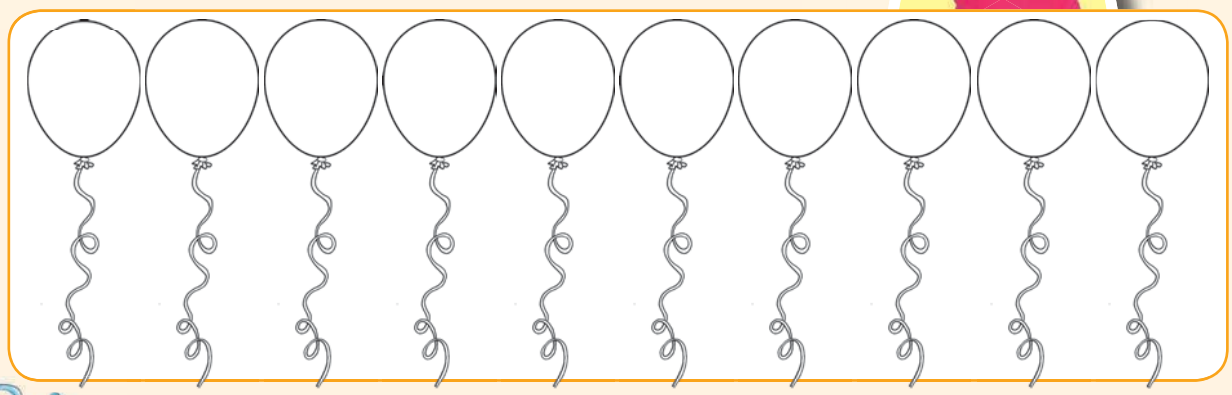
q





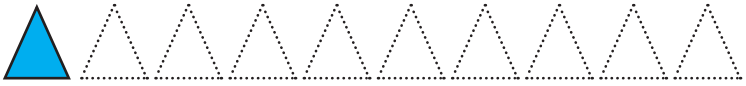
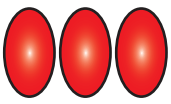


Tlotsa dibalunu tse robong ka mmala.





Taka tse ding tse 9 hape.



Ikwetlise ka palo ena.



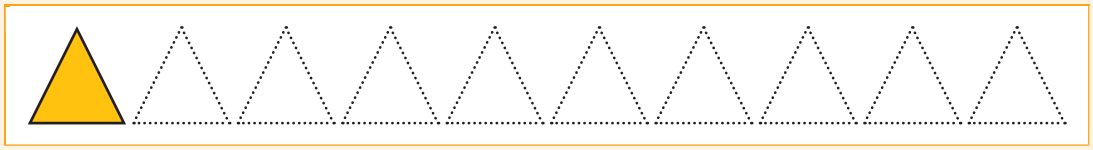
robong



9 9 9 9



Tlotsa dikgutlotharo ka mmala ha o ntse o bala.



Teacher:
Sign:

Date:

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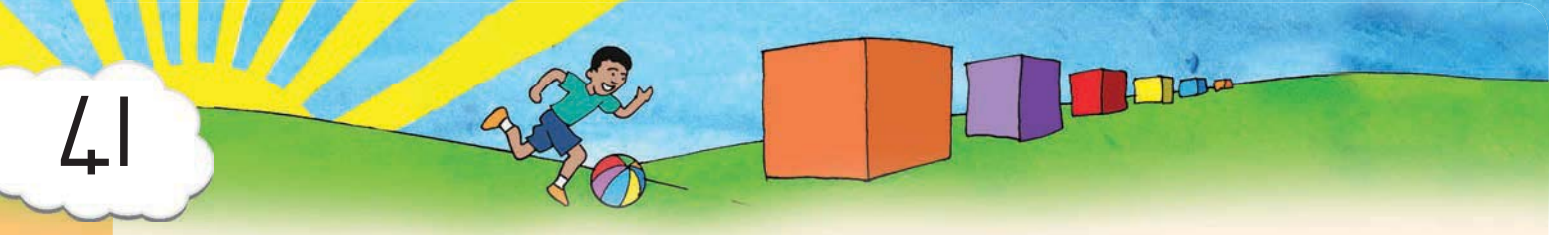


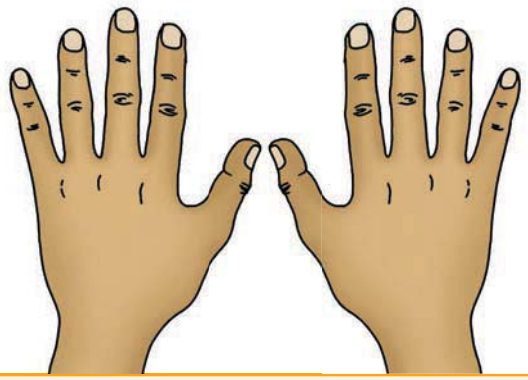
Leshome



Bala menwana ya matsoho a mabedi.

10

1 2 3 4 5 6 7 8 9 10





Tereisa palo.



Bapisa ditshwantsho.

10 10 10
10 10 10
10 10 10
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10 10 10
10 10 10

10

10

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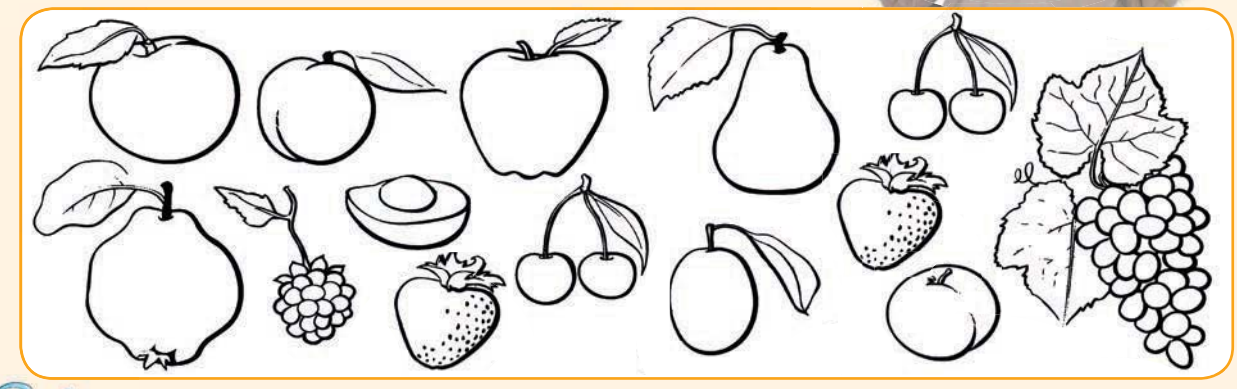
10

10

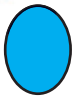
10



Tlotsa ditholwana tse 10 ka mmala.



Taka tse ding tse 10 hape.

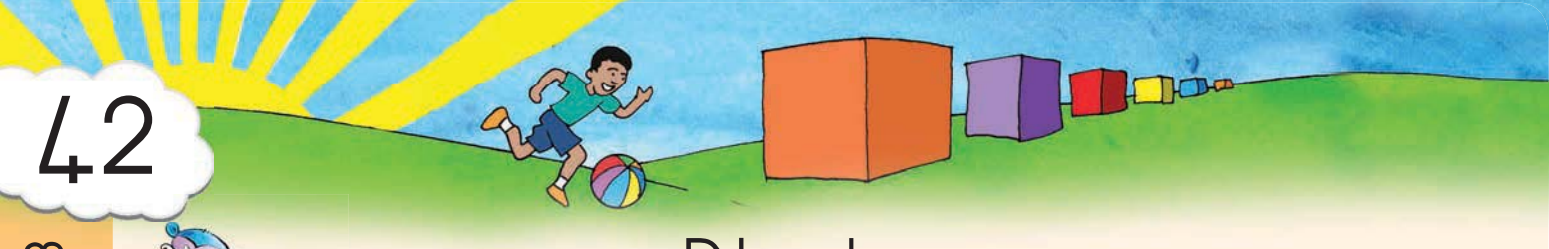
	
	
	
	

Ikwetlise ka palo ena.

10 leshome

10 10 10

Tlotsa dikgutlotharo ha o ntse o bala.

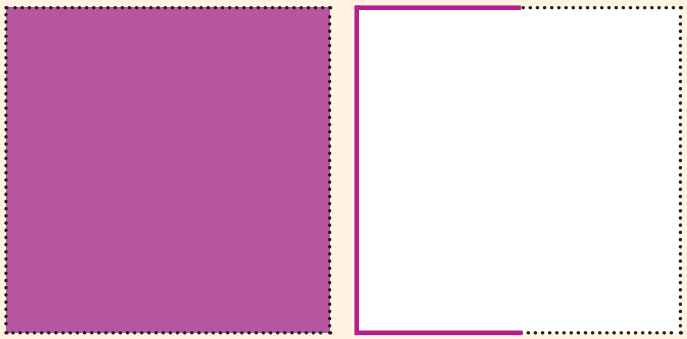




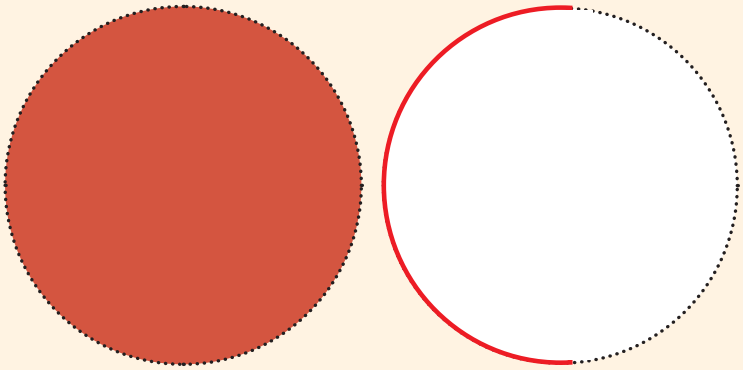
Dibopeho

Qetella ditshwantsho tsena.

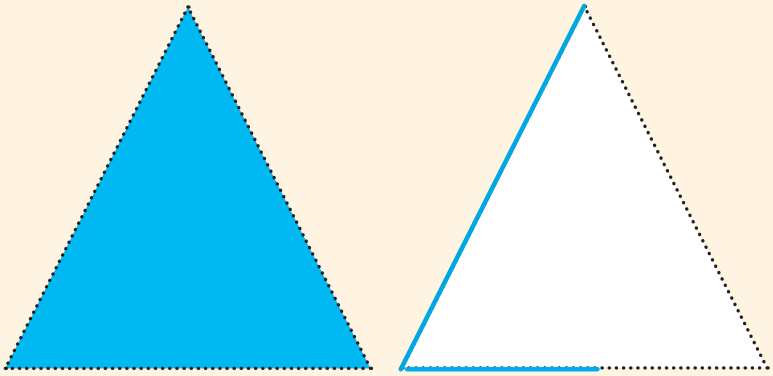
tekanyohohle



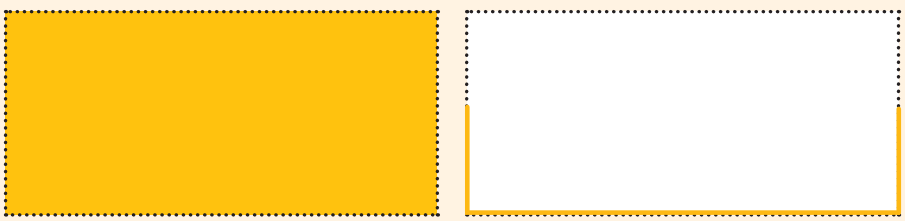
sedikadikwe



kgutlotharo

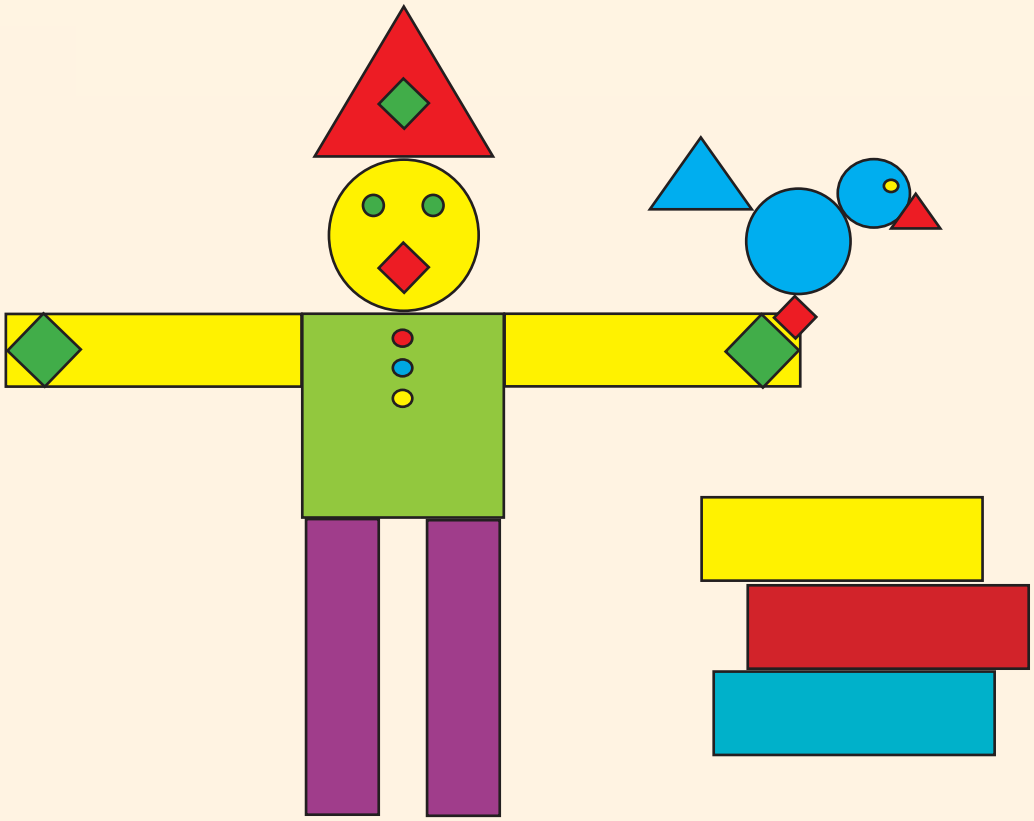


kgutlonne



Fumana dibopeho

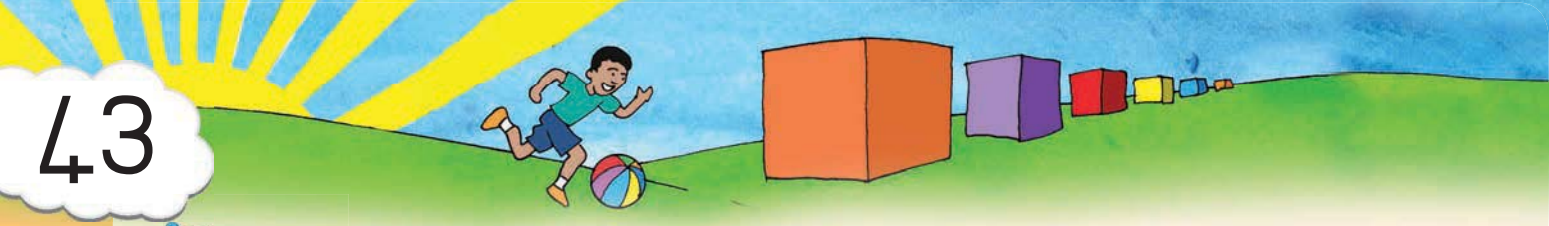
Fumana dibopeho tse fapaneng o di bale.



	O fumana tekanyohohle tse kae?	
	O fumana didikadikwe tse kae?	
	O fumana kgutlotharo tse kae?	
	O fumana kgutlonnetsepa tse kae?	

Teacher:
Sign:

Date:





Mebala le dibopeho

Kgabisa dibopeho.

Kgabisa kgubedu.

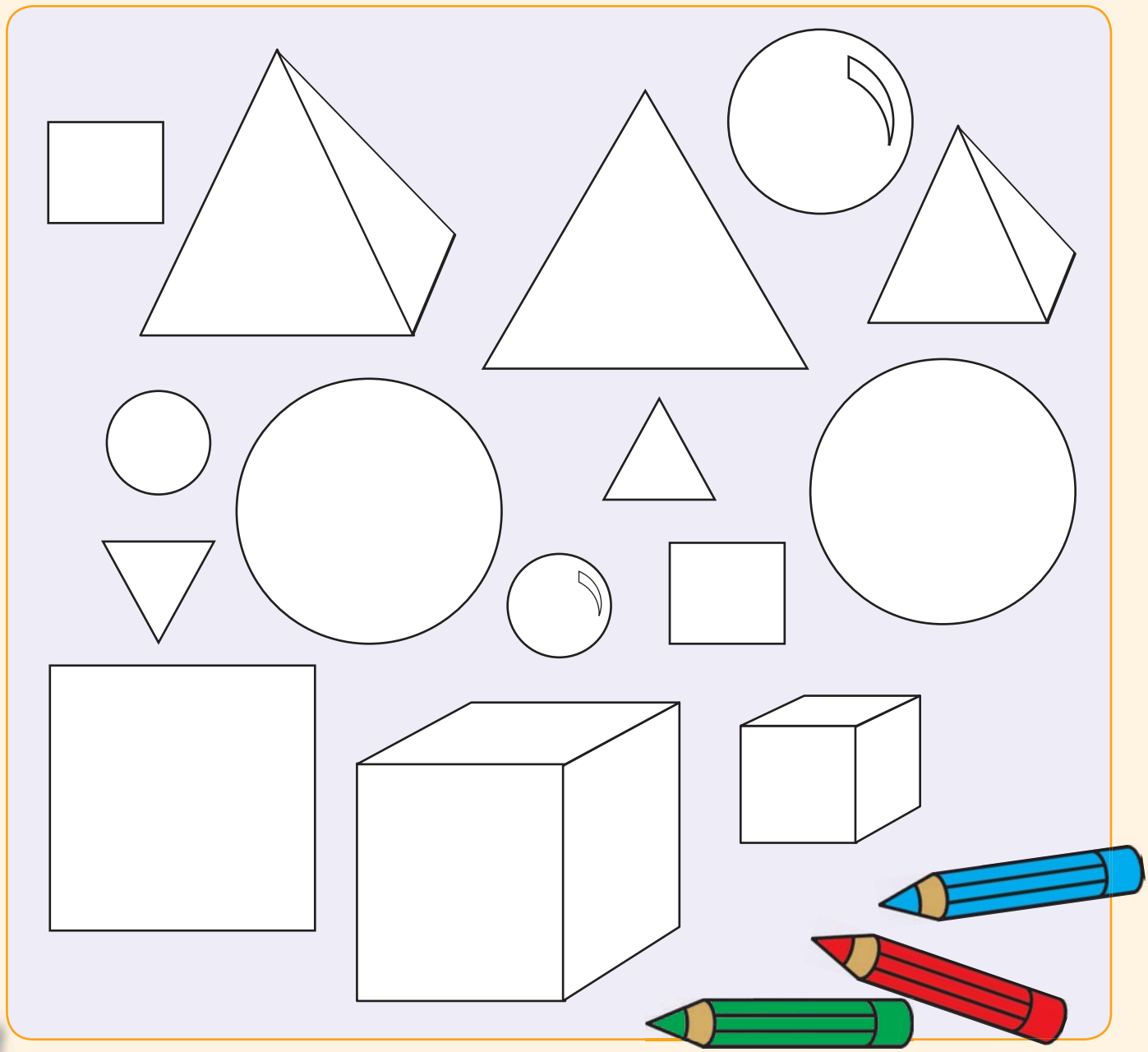
Kgabisa bolou.

Kgabisa botala.

Kgabisa tshehla.

Kgabisa pherese.

Kgabisa mmala wa lamunu.



Dibopeho le ditshwantsho

Etsa sedikadikwe.

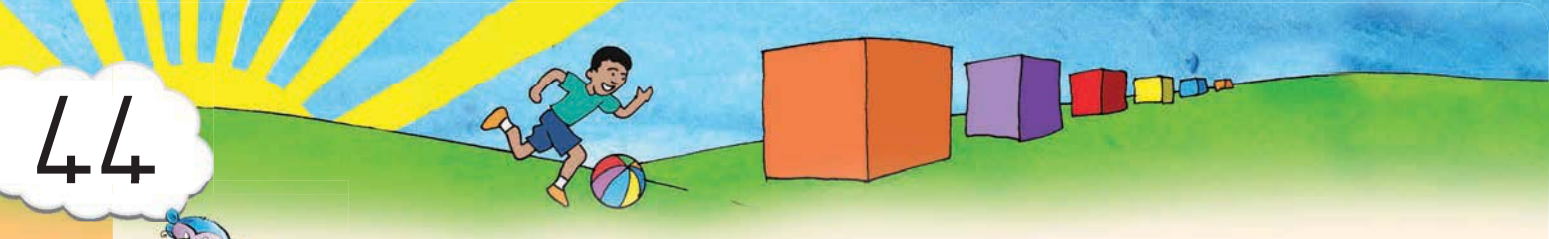
Etsa sedikadikwe  kgubedu.

Etsa sedikadikwe  balou.

Etsa sedikadikwe  botala.

Teacher:
Sign:

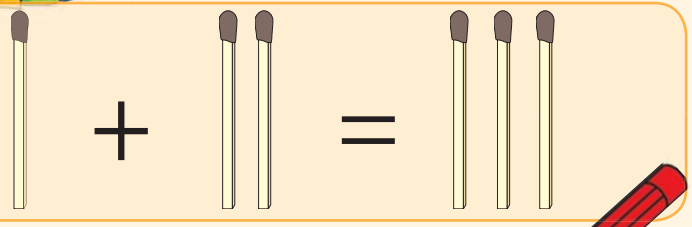
Date:



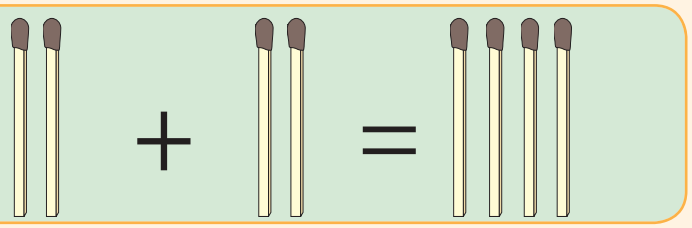


Ho kopanya

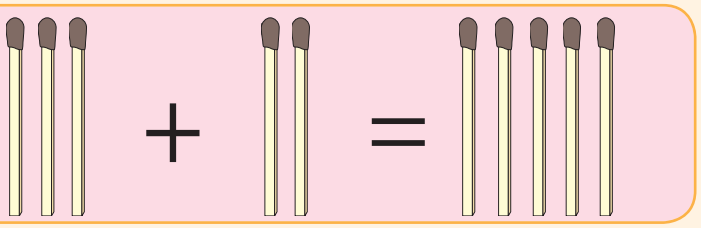
A re kopanyeng 2 ebe re tlatsa karabo.



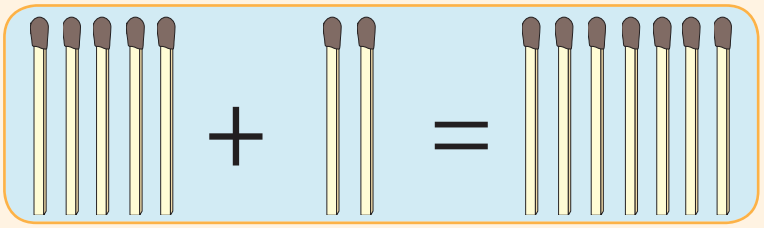
1 + 2 = 3



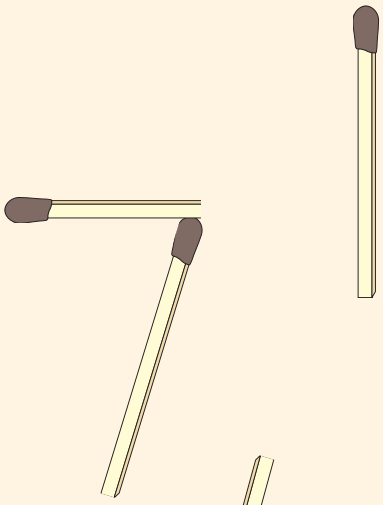
2 + 2 = ...

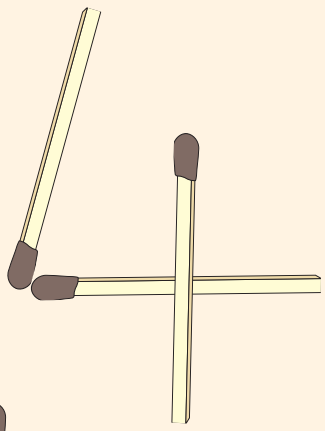


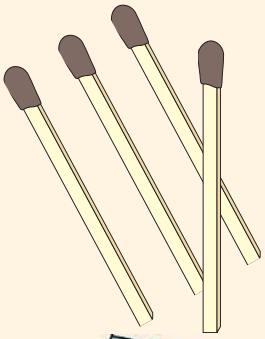
3 + 2 = ...

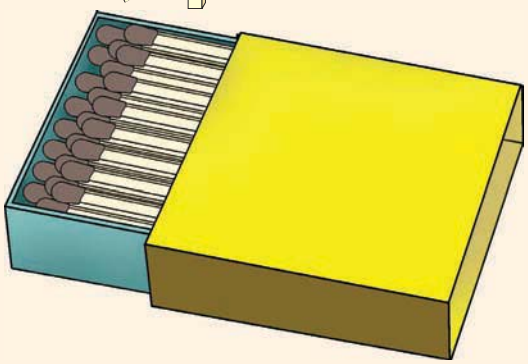


5 + 2 = ...











Ngololla mabitso a dipalo tsena.

1	nngwe	1
2	pedi	2
3	tharo	3
4	nne	4
5	hlano	5
6	tshelela	6
7	supa	7
8	robedi	8
9	robong	9
10	leshome	10

Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20

Le letshehadi le le letona



	Le letshehadi	Le letona
Sefate se ka		
Koloi e ka		
Ntlo e ka		
Nonyana e ka		
Sehlaha se ka		

	Le letshehadi	Le letona
Ntja e ka		
Nku e ka		
Ntlo e ka		
Sekolo se ka		
Palesa e ka		



Etsa sedikadikwe letsohong le letona.
Etsa sedikadikwe leotong le letona.
Ema seka moshemane o bontshe letsoho le letona.

letona



letshehadi

Etsa sedikadikwe letsohong le letona.
Etsa sedikadikwe leotong le letshehadi.
Ema seka ngwanana o bontshe letsoho la hao le letshehadi.

letona

lethehadi





Ithute ho ngola palo tsena.



3



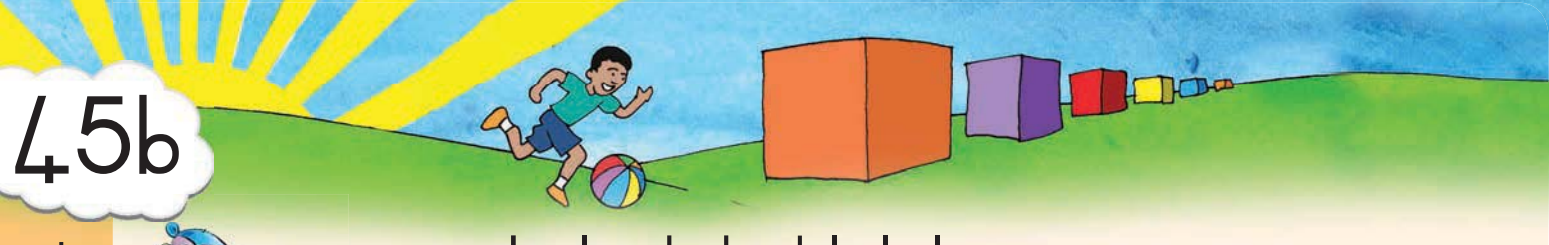




Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20





Le letshehadi le le letona

Ke di feng dintho tse ka letsohong le letshehadi kapa tse ka letsohong le letona? Tshwaya karabo e nepahetseng.

Letona

Letshehadi

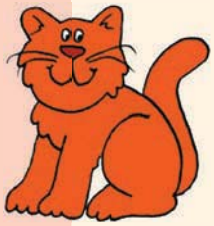














	Letshehadi	Letona
Bolo ya hae e ka ho le		
Buka ya hae e ka ho le		
Apole ya hae e ka ho le		

	Letshehadi	Letona
Ntja ya hae e ka ho le		
Katse ya hae e ka ho le		
Mokotlana wa hae o ka ho le		





Dipalo tse siilweng

Tlatsa dipalo tse siilweng moleng o mong le o mong.

1	2	3		5	6	7		9	10
11		13	14	15	16		18	19	20
	22	23		25	26	27		29	
31	32		34	35	36	37		39	40
	42			45	46		48	49	



Ngololla dipalo tsena.



6

tshelela



7

supa



8

robedi



9

robong



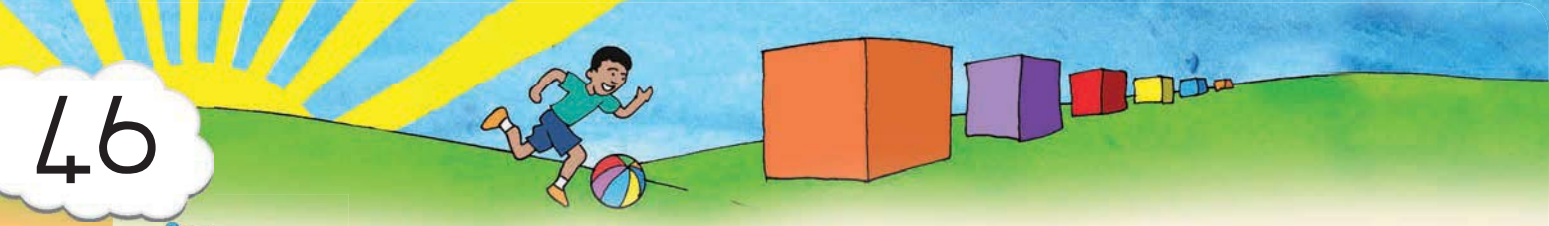
10

leshome

Teacher:
Sign:

Date:

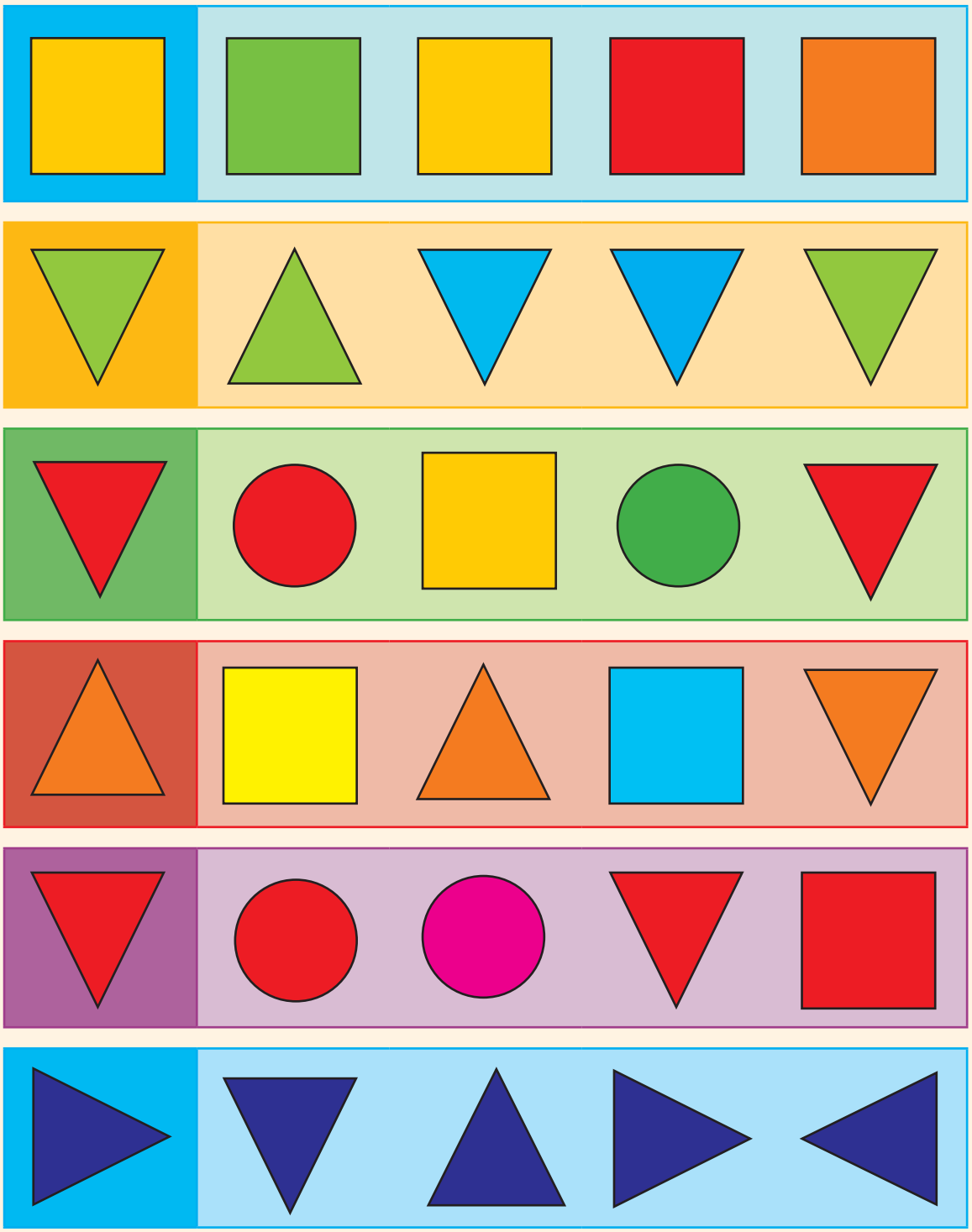
11 12 13 14 15 16 17 18 19 20





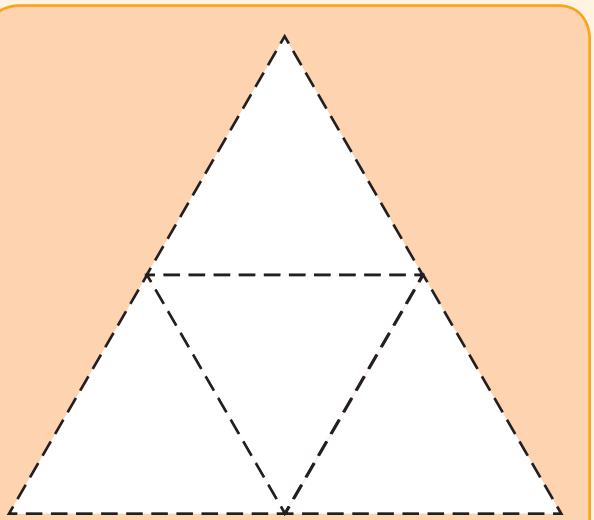
Bapisang

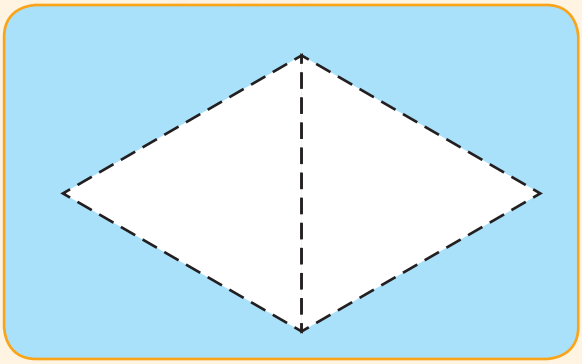
Fumana o etse sedikadikwe sa sebopeho se tshwanang le sebopeho se ka lebokoseng la pele.

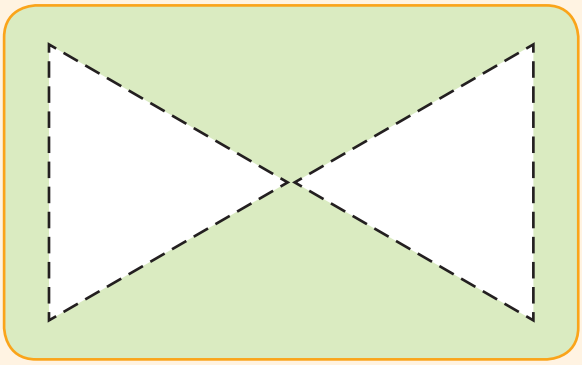


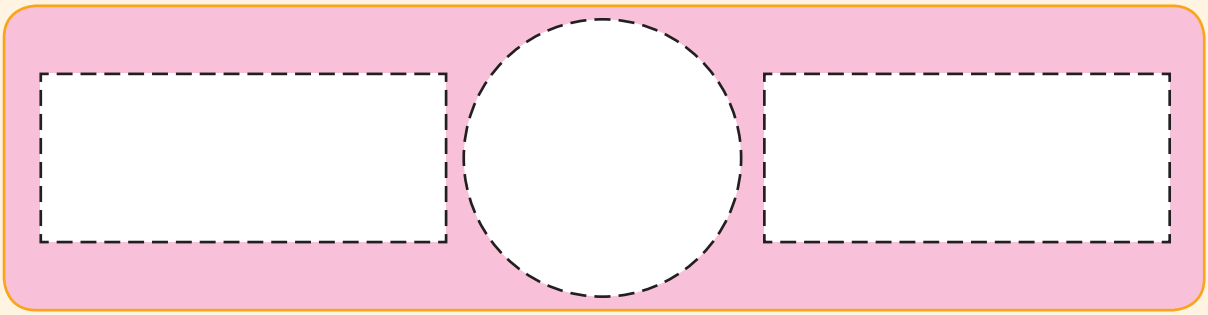


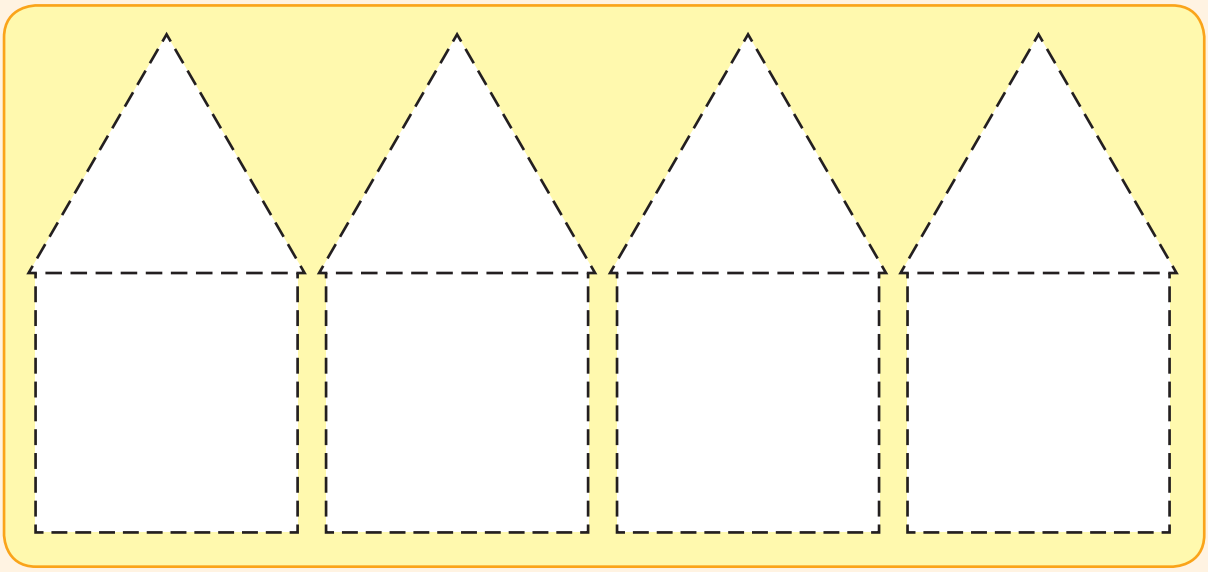
Sebedisa dibopeho tse sehuweng ho etsa ditswantsho tsena.







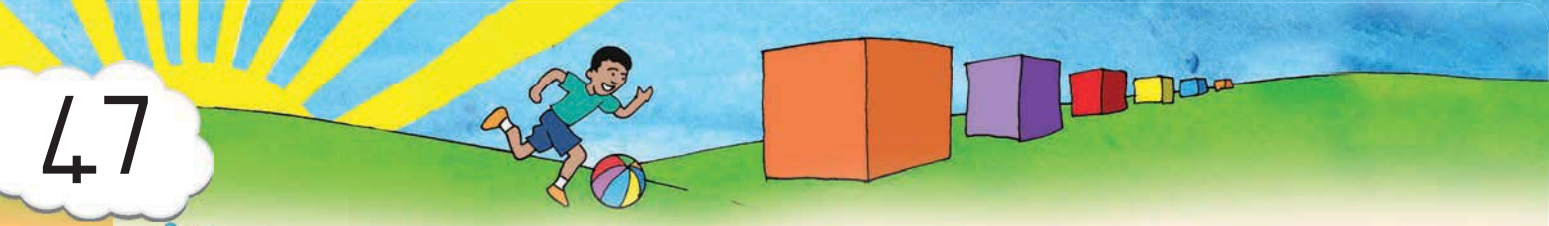




Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20



Ho kopanya tharo



Kopanya tharo ebe o tlatsa dikarabo



1 + 3 = 4



2 + 3 = ...



3 + 3 = ...

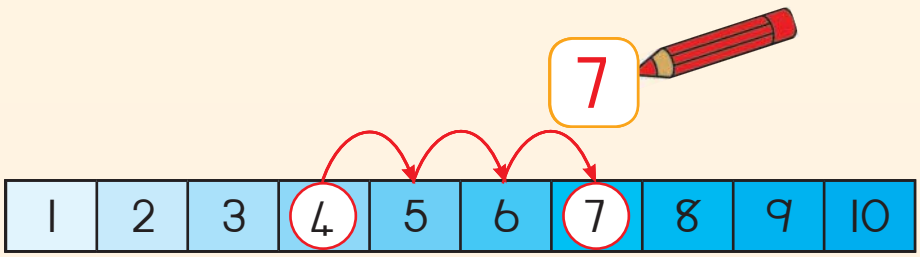


5 + 3 = ...

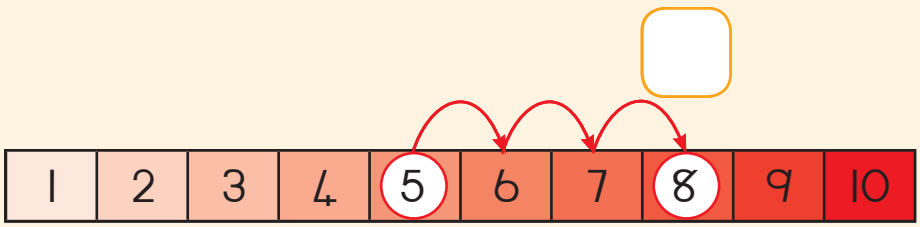


Ho kopanya tharo

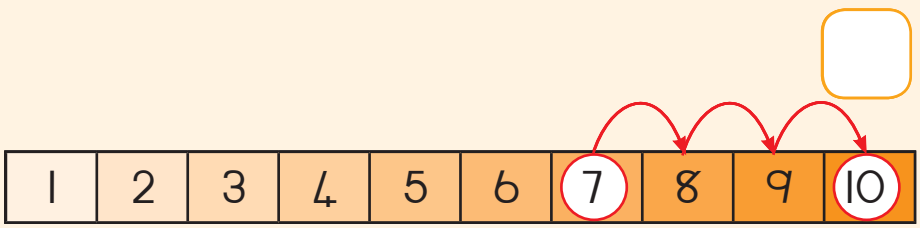
Kopanya tharo ebe o tlatsa dikarabo



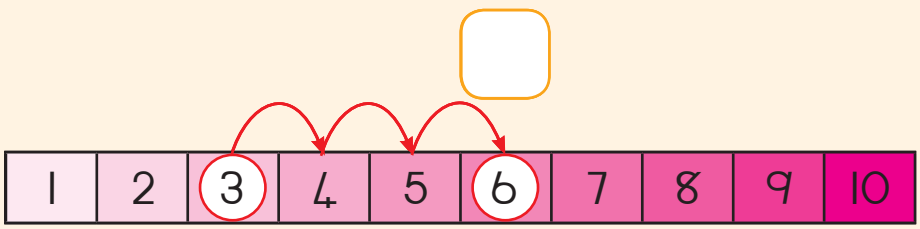
4 + 3 = 7



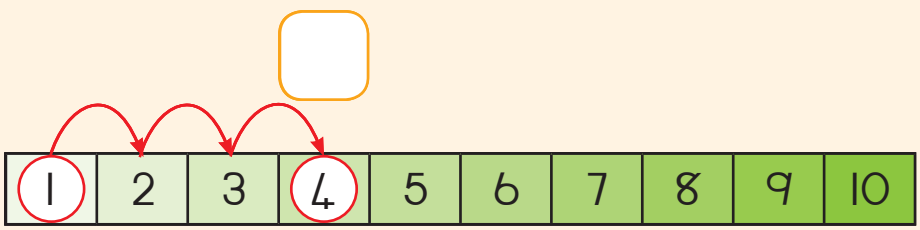
5 + 3 =



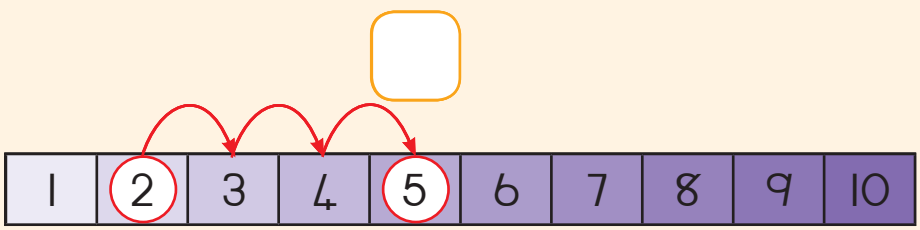
7 + 3 =



3 + 3 =



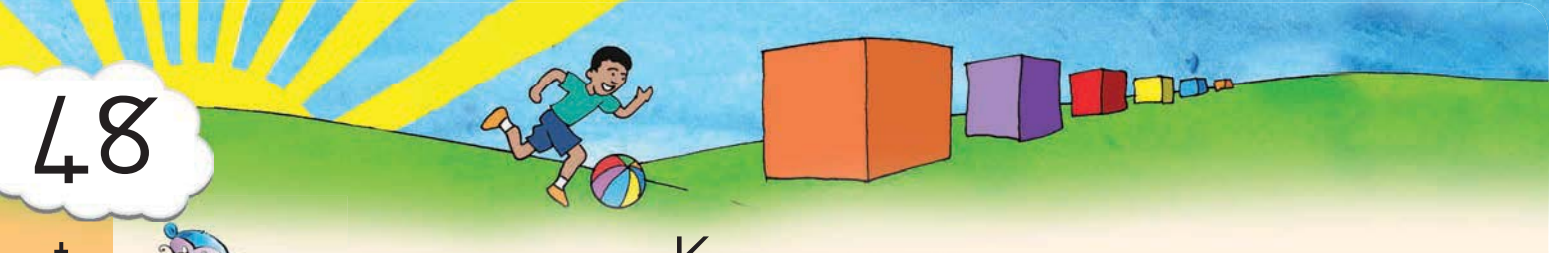
1 + 3 =



2 + 3 =

Teacher:
Sign:

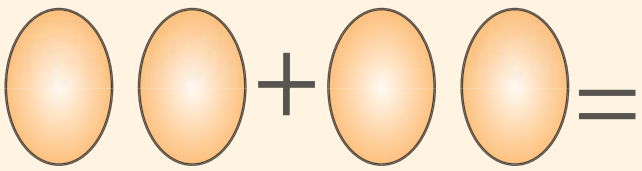
Date:



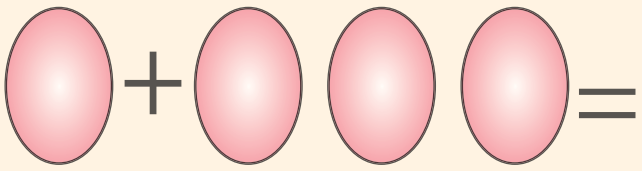


Kopanya

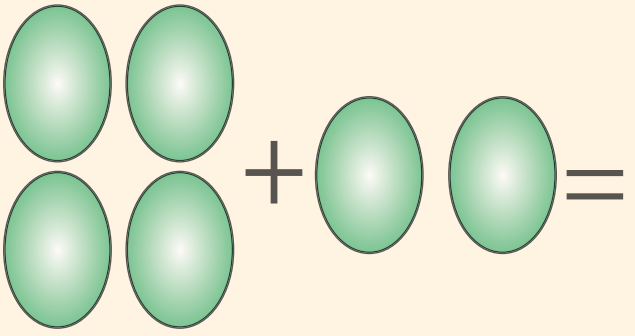
Kopanya dipalo lehlakung le leng le le leng.



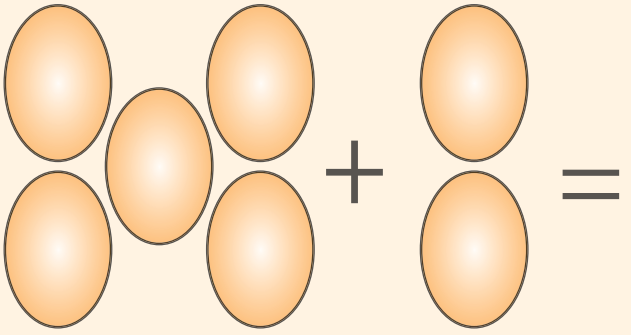
2 + 2 = 4



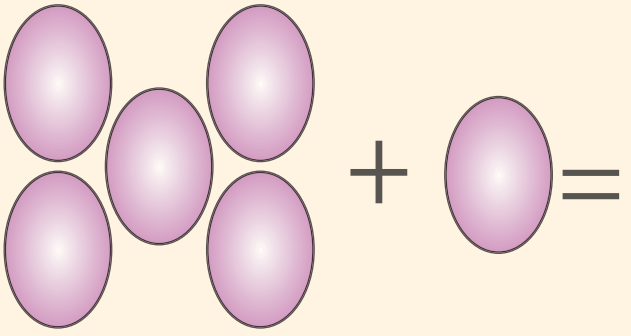
1 + 3 = ...



4 + 2 = ...



5 + 2 = ...



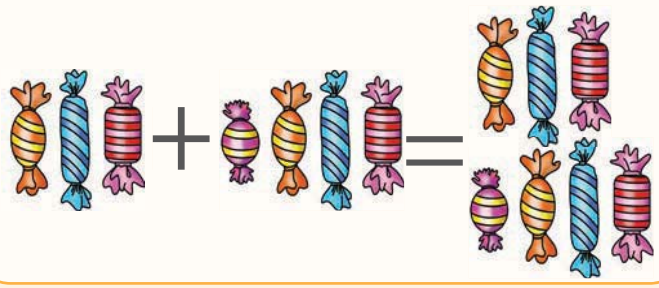
5 + 1 = ...

Kopanya dipompong

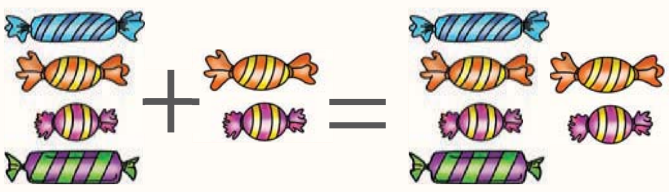
Kopanya dipompong tsena ebe o tlatsa dikarabo.



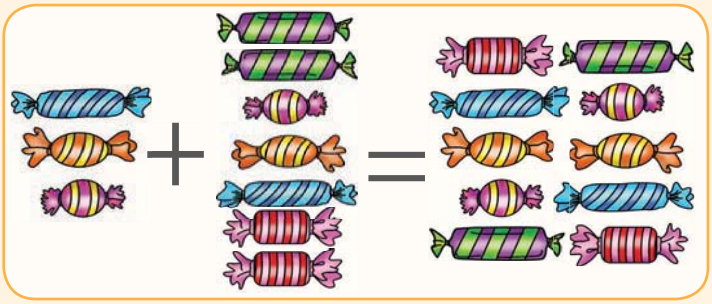
2 + 3 = 5



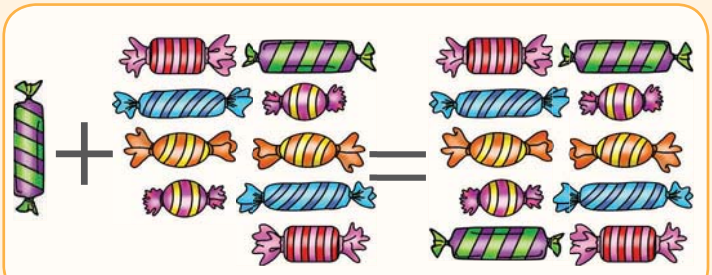
3 + 4 =



4 + 2 =



3 + 7 =



1 + 9 =

Teacher:
Sign:

Date:





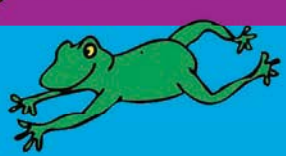
Boemo

Buisanang ka hore na ke mang ya tlo matha?
Ke mang mohlodi wa lebelo.
Ke mang wa ho qetela?













6







Mmutlanyane o tlolatlolang

E re mmutla o tlolatlole palo le palo ho fihlela o fumana sehwete.

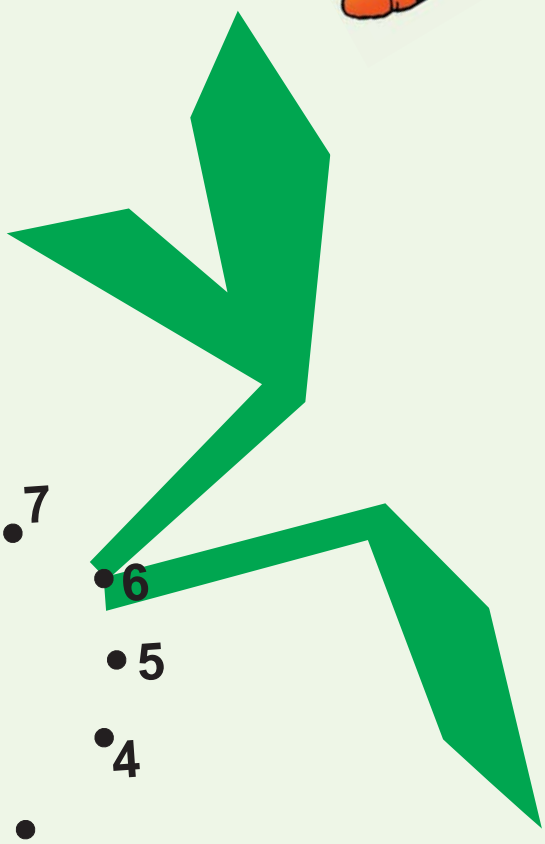




1 2 3 4 5 6 7 8 9 10



Kopanya matheba o qetelle setshwantsho.



9 8 7 6 5 4 3 2 10 1

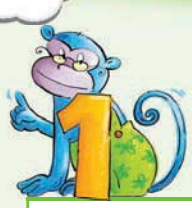
Teacher:
Sign:

Date:



11 12 13 14 15 16 17 18 19 20





Ngola dipalo 1–6

Sebedisa matsoho a hao, ho etsa dipalo. Etsisa dipalo tsena.

	1	1
	2	2
	3	3
	4	4
	5	5
	6	6
	7	7
	8	8
	9	9
	10	10

Ngola dipalo 1–6

Ithute ho ngola dipalo tsena.

6 tshelela 6 6 6 6

7 supa 7 7

8 robedi 8 8

9 robong 9 9

10 leshome 10 10

Teacher:
Sign:

Date:

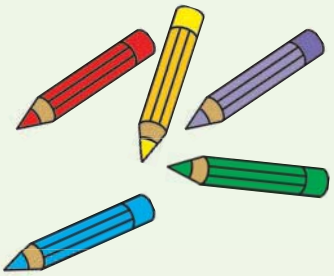
11 12 13 14 15 16 17 18 19 20





Kgabisa palo ka mmala

Kgabisa setshwantsho o sebedisa mebala palong e nngwe le e nngwe.



1 2 3 4 5 6





Tlatsa mabitso a dipalo tse ding le tse ding. Ikwetlise ho ngola dipalo tsena.

●	nngwe	1	1
●●		2	2
●●●		3	3
●● ●●		4	4
●● ● ●●		5	5
●●● ●●●		6	6
●●● ●● ●		7	7
●●●● ●●●●		8	8
●●● ● ●●●		9	9
●●●●● ●●●●●		10	10

Teacher:
Sign:

Date:

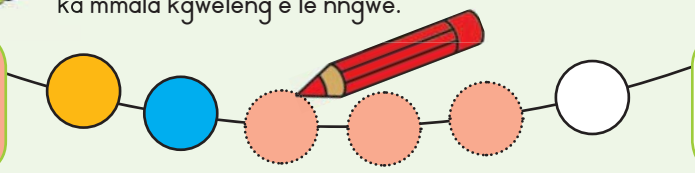
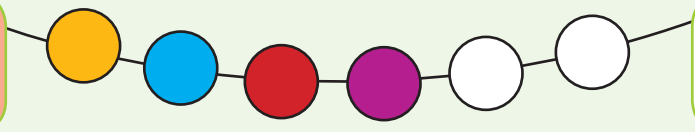
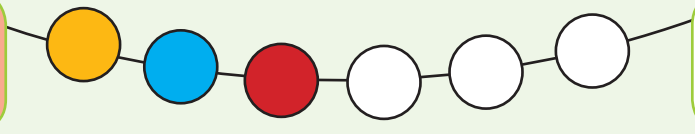
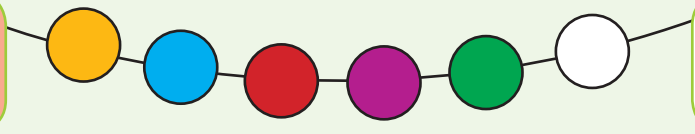
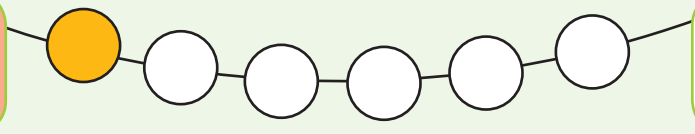
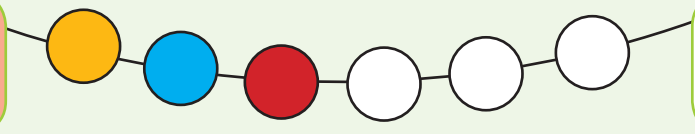
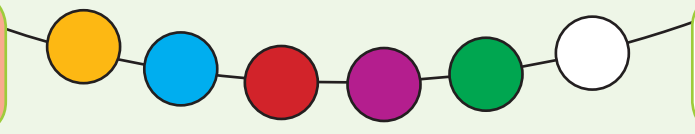
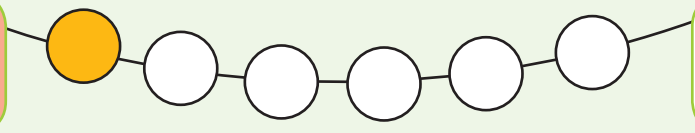
11 12 13 14 15 16 17 18 19 20

Ho eketsa ka difaha tse ding hape



Tlotsa palo ya difaha tse bontshitsweng.
Jwale bala le ho tlatsa hore ke difaha tse kae tse tlotsuweng ka mmala kgweleng e le nngwe.

Ngola palo.

3		5	2 + 3 = 5
1			
2			
1			
3			
2			
1			
5			



Etsa sedikadikwe palong e kgolo, moleng o mong le o mong.

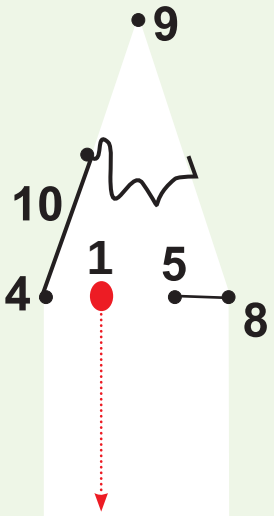
5	4	2	1	6	7	3
3	9	2	5	8	6	1
1	2	3	4	5	6	8
9	5	2	7	3	1	6
4	9	2	5	8	7	1

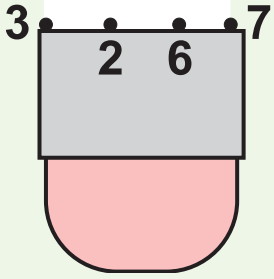


Etsa sedikadikwe palong e nyane, moleng o mong le o mong.

5	4	2	3	6	7	1
3	9	2	5	8	6	1
1	2	3	10	5	6	8
9	5	2	4	3	1	6
4	9	2	5	8	7	1

Kopanya matheba ho tloha ho 1-10.



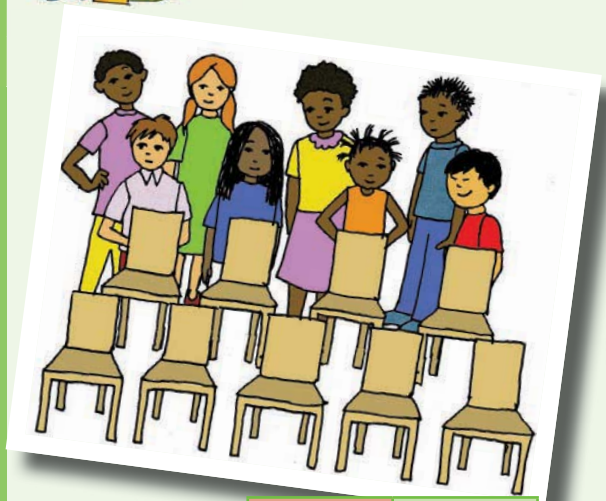


Teacher:
Sign:

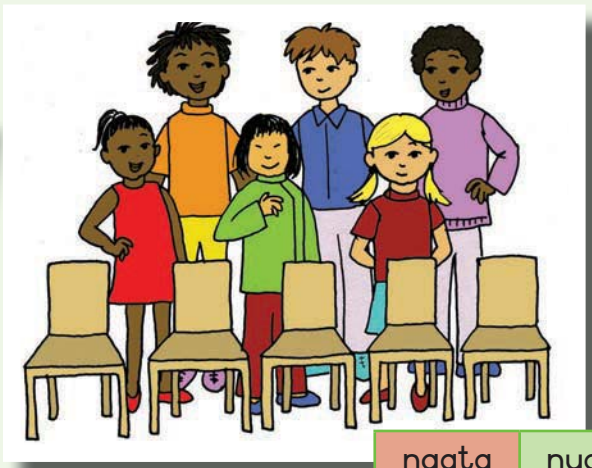
Date:

Ho bala

Tshwaya o bontshe hore na re hloka ditulo tse ngata kapa tse nyane tsa bana.



ngata	nyane



ngata	nyane



ngata	nyane



ngata	nyane



ngata	nyane

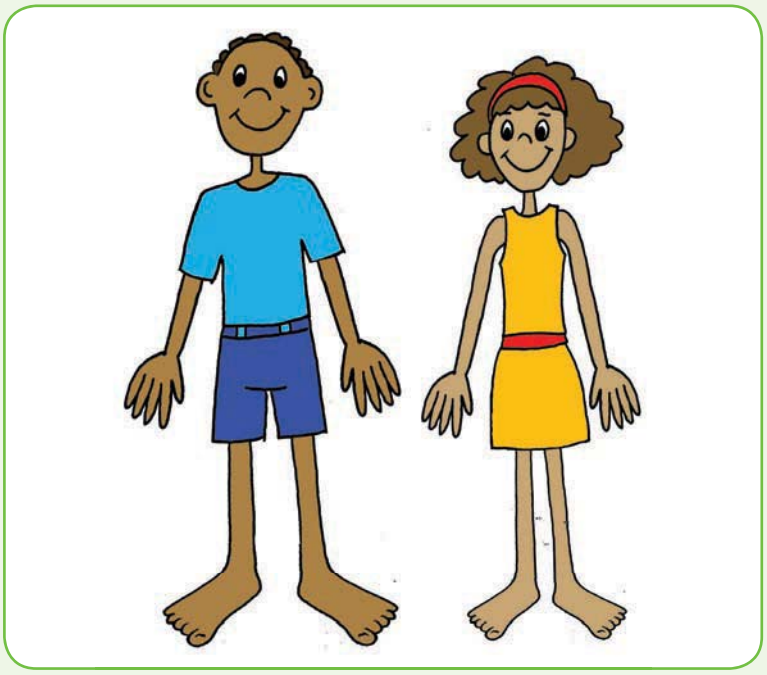




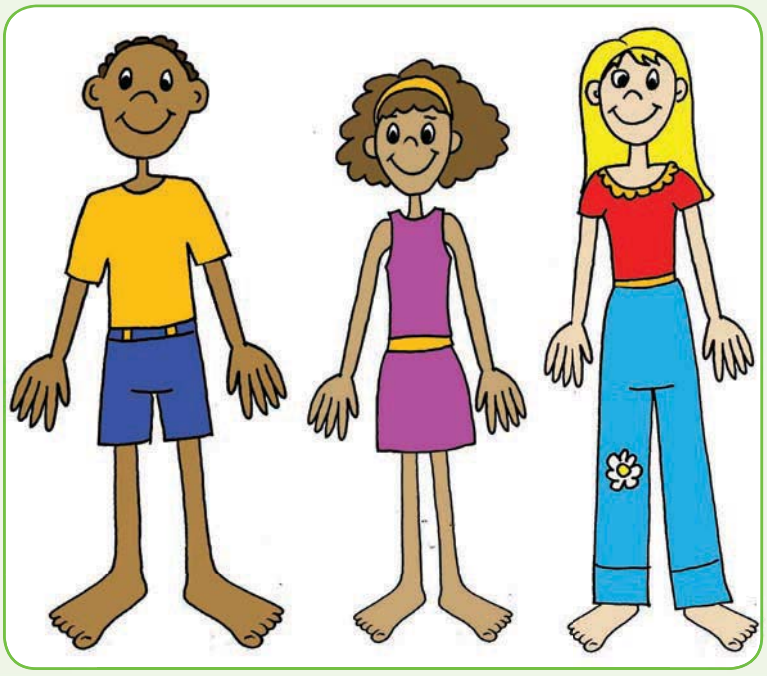
Ho bala



A re baleng.



Bashemane ba baokae?	
Matsoho a makae?	
Maoto a makae?	
Mahlo a makae?	



Banana ba bakae?	
Matsoho a makae?	
Maoto a makae?	
Mahlo a makae?	



Teacher:
Sign:

Date:





Ditshupiso tsa tsela

Thusa bunny ho fumana dihwete. Na o tshwanela ho thinyetsa ka ho le letshehadi kapa ka ho le letona?

letshehadi	letona
✓	

letshehadi	letona

letshehadi	letona

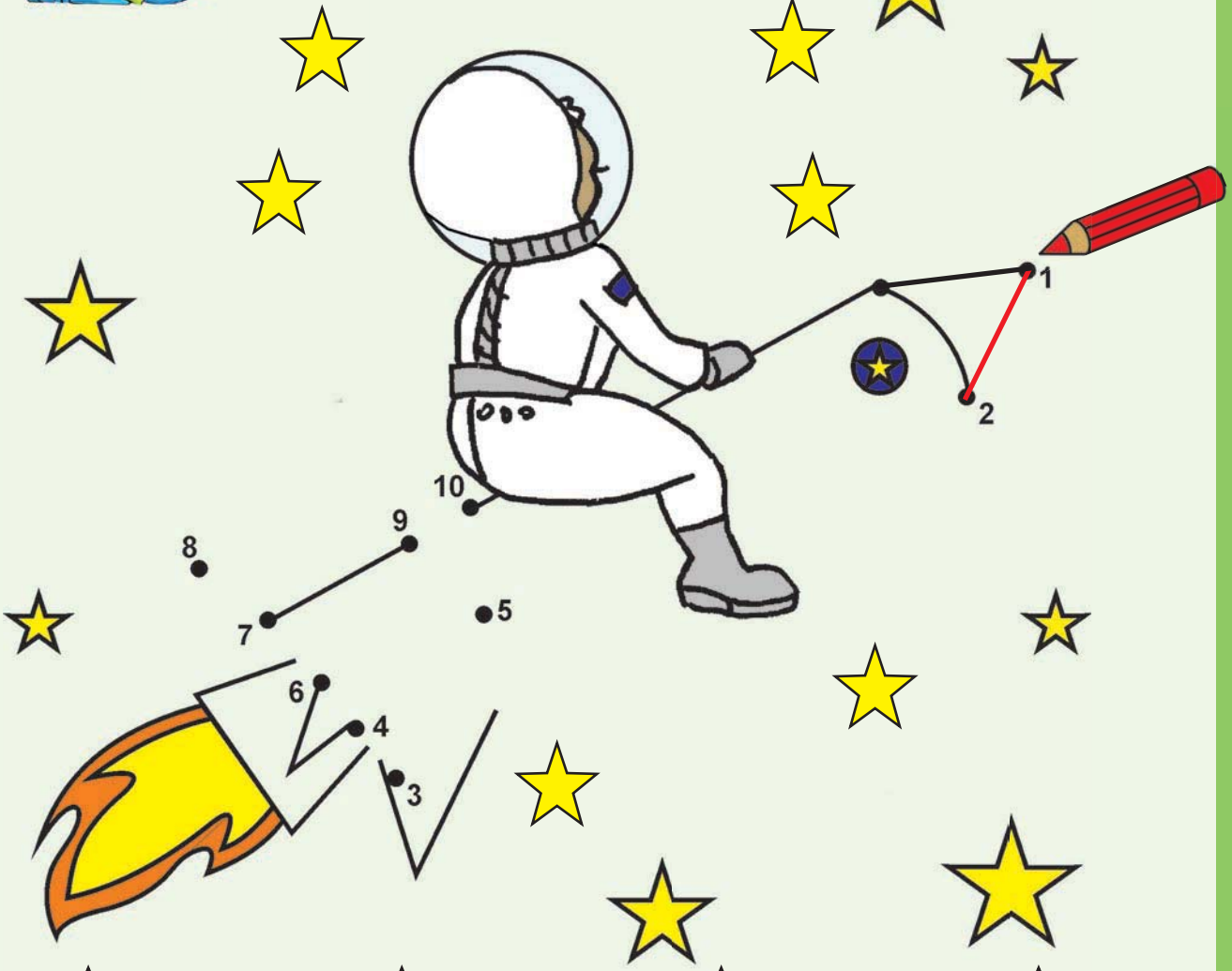
letshehadi	letona

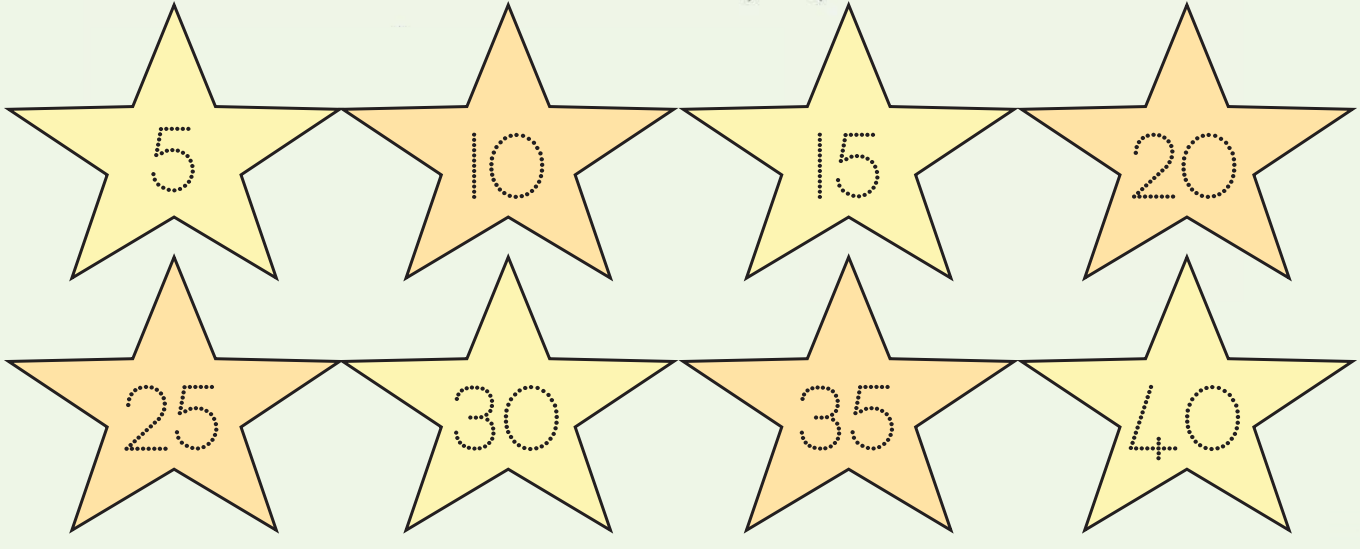
letshehadi	letona





Kopanya matheba ho qetella setshwantsho.

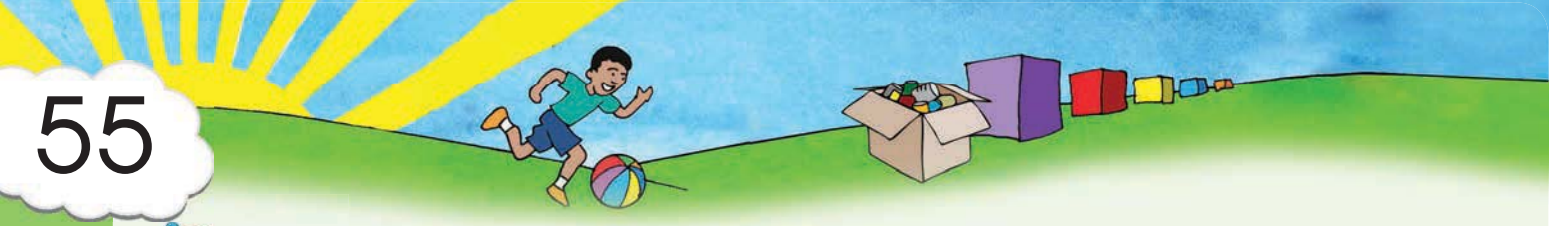




Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20



Nako

Tlotsa karabo e nepahetseng ka mmala. Na ho nka nako e teletsana kapa e kgutshwane ho e etsa?





Hora ke nako e (teletsana) (kgutshwanyane) ho feta letsatsi.





Ho matha ho nka nako e (teletsana) (ho feta) ho tsamaya.





Ho palama baesekele ho nka nako e (teletsana) (ho feta) ho kganna koloi.





Ho robala ho nka nako e (teletsana) (ho feta) ho ja.





Ngola diketsahalo ka tatelano. Ya pele o se o e etseditswe.



1



3



2













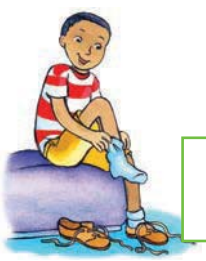






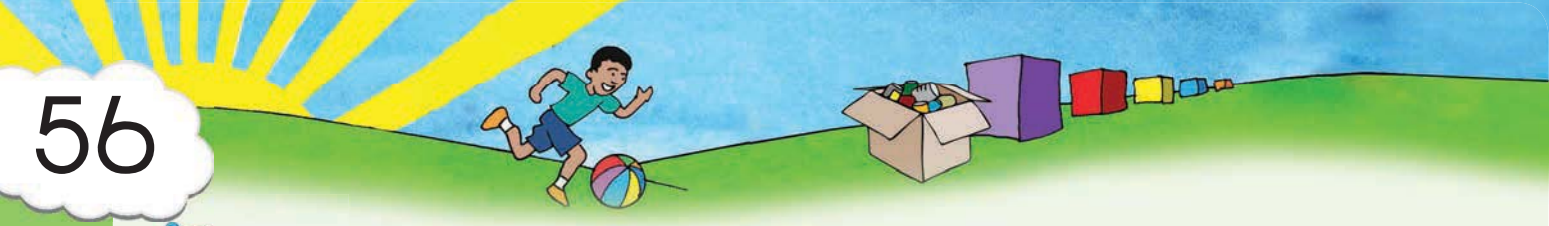






Teacher:
Sign:

Date:

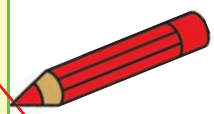




Tjhelete

Bapisa palo le tjhelete.

R100	
R20	
R10	
5c	
R50	
50c	
R5	
R1	





















Tjhelete



O na le bokae?

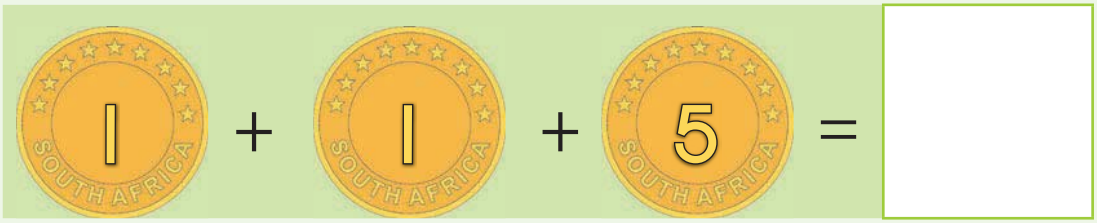


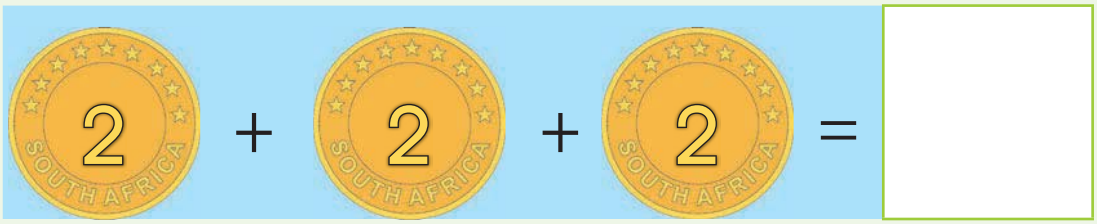










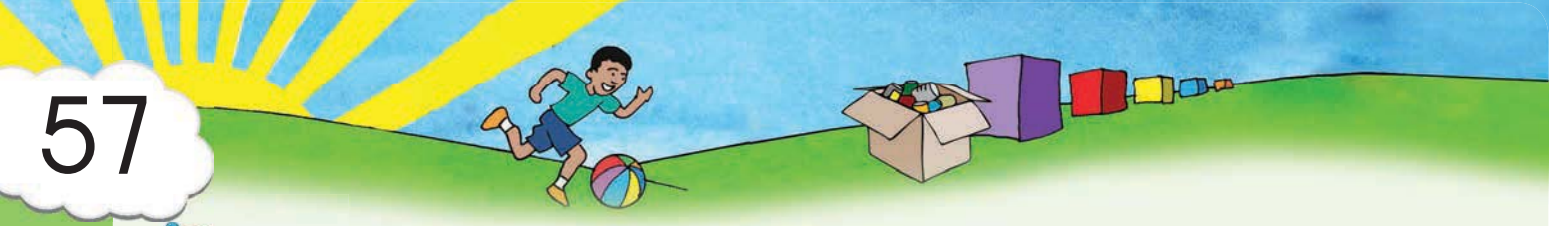




Teacher:
Sign:

Date:

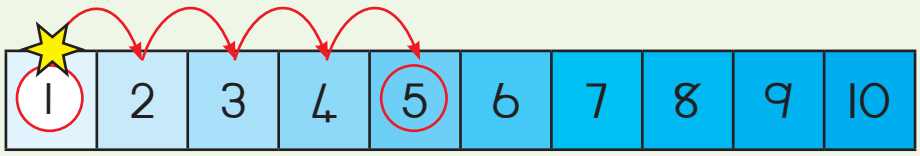
11 12 13 14 15 16 17 18 19 20



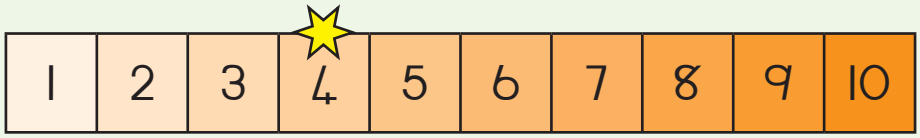


Kopanya

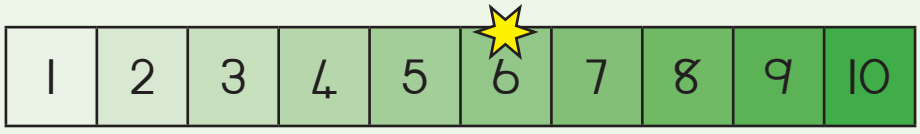
Kopanya 4 le palo e nang le naledi ebe o tlatsa karabo.



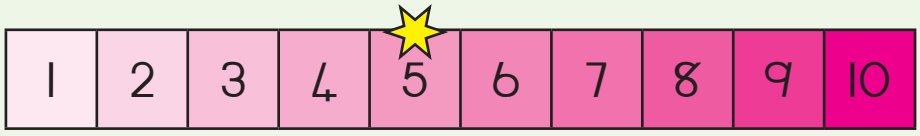
1 + 4 = 5



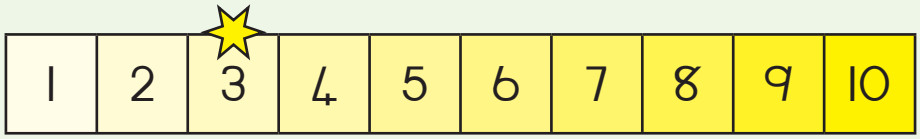
4 + 4 =



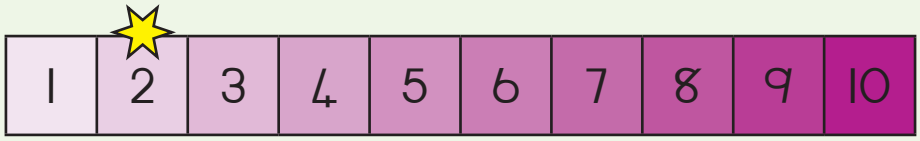
6 + 4 =



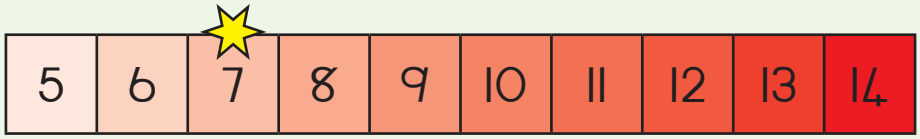
5 + 4 =



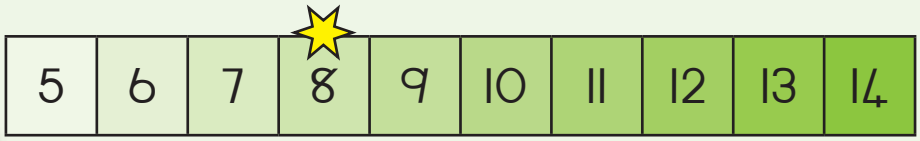
3 + 4 =



2 + 4 =



7 + 4 =



8 + 4 =



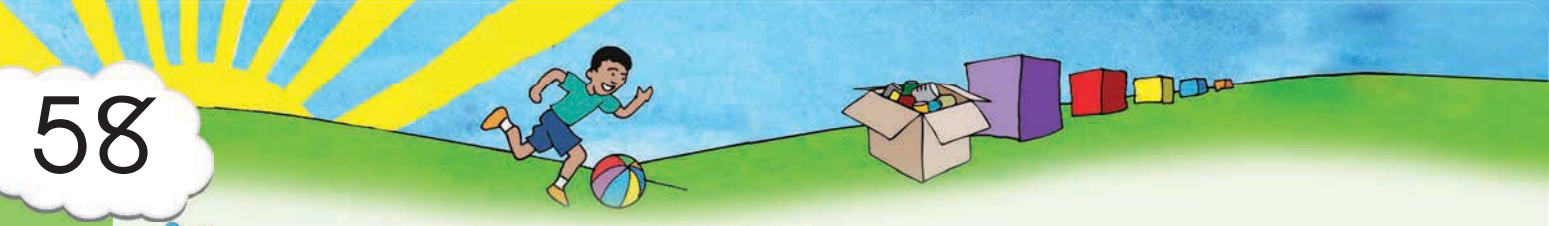
Tjhelete

Etsa sedikadikwe ho potoloha tjhelete ya pampiri/tjhelete ya tshepe e nang le boleng bo hodimo.

		
R100	R50	R10
		
R1	R5	R10
		
R1	50c	5c
		
R20	R5	R10

Teacher:
Sign:

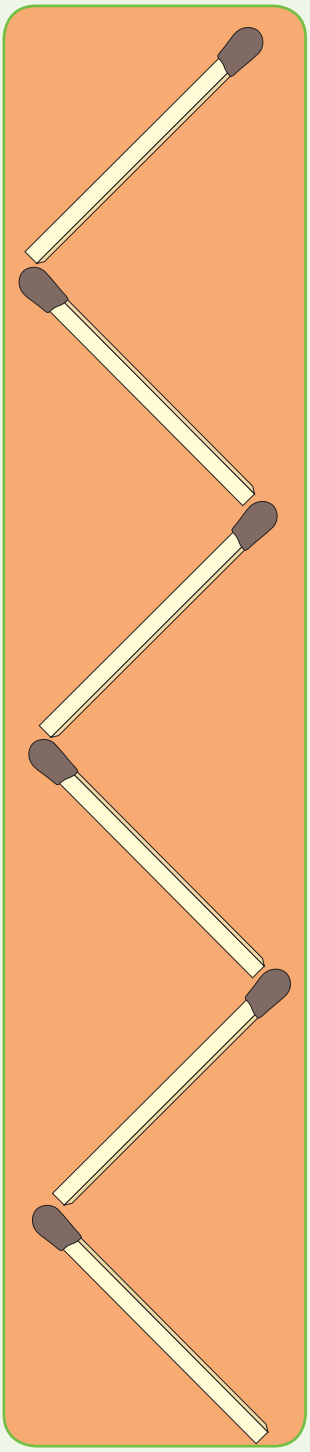
Date:

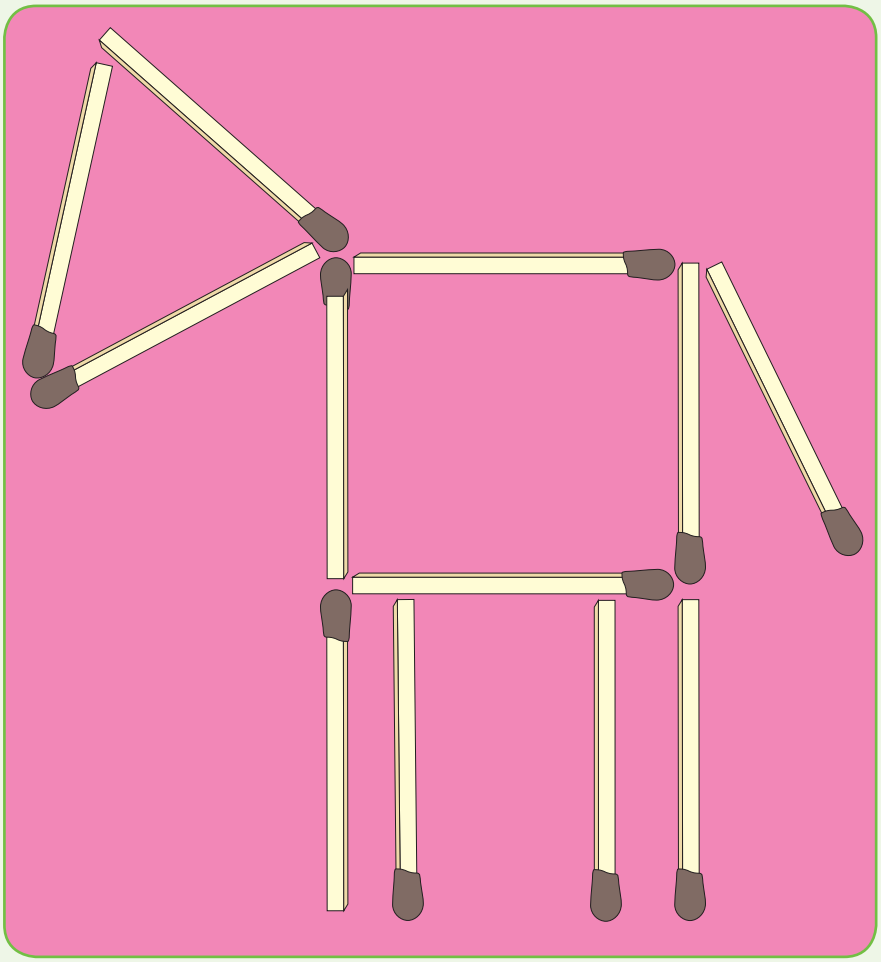


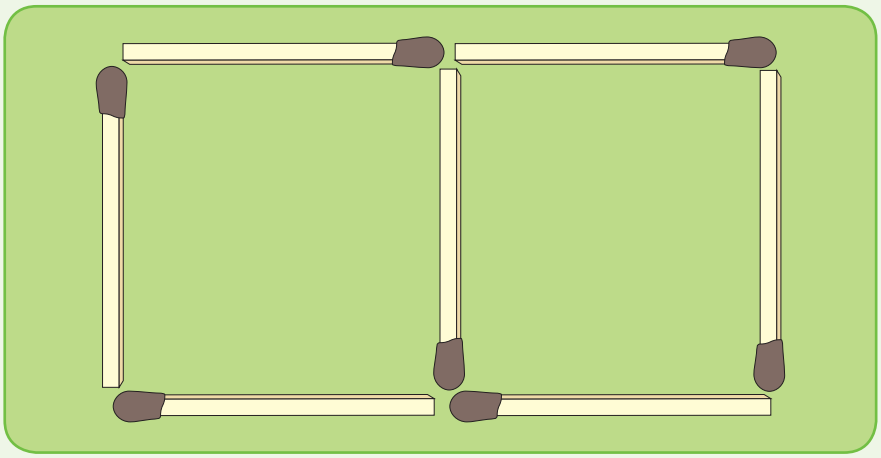


Bapisang

Sebedisa dithutswana tsa mollo ho etsa dibopeho tsena.





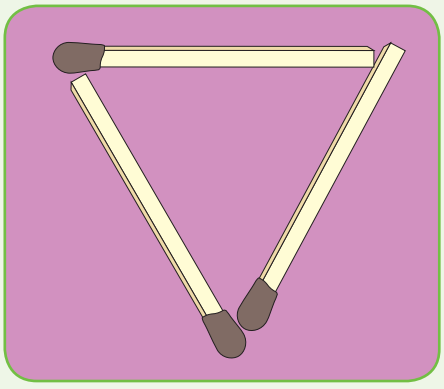


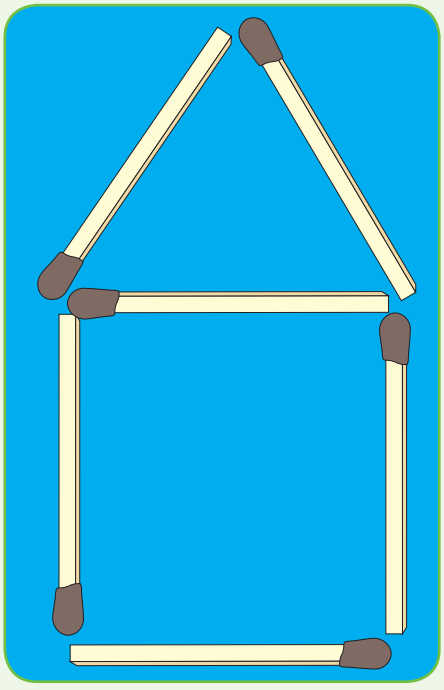


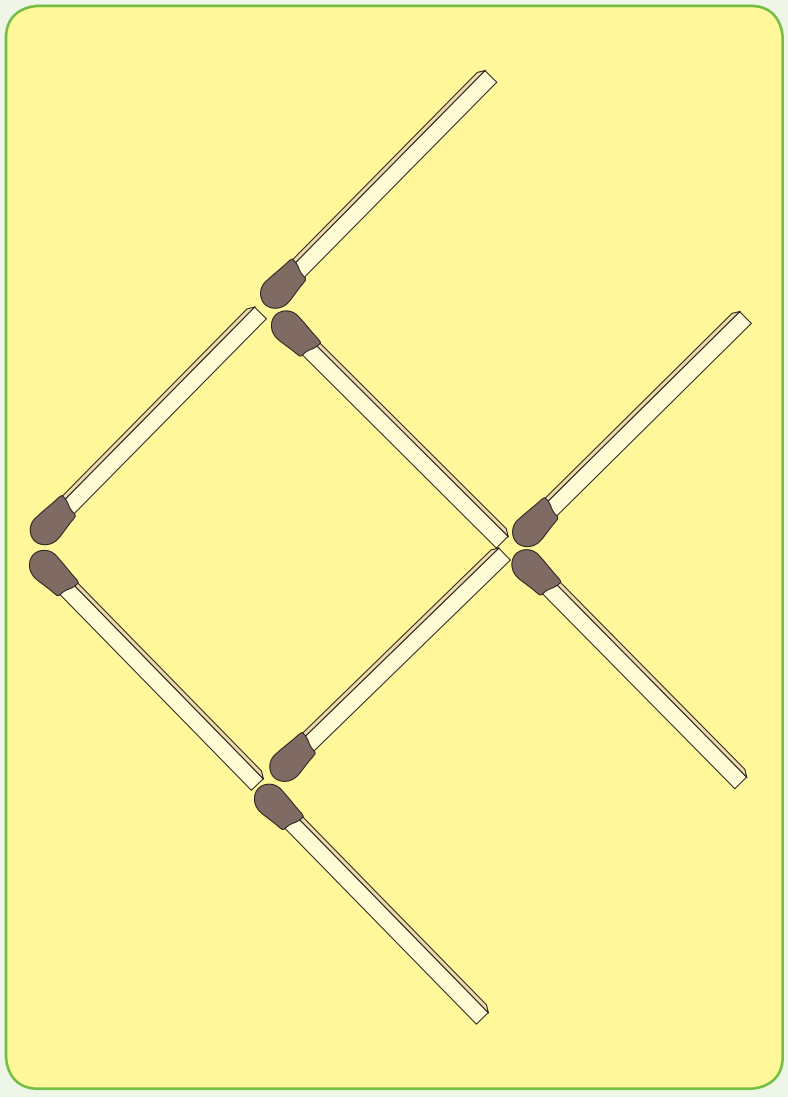


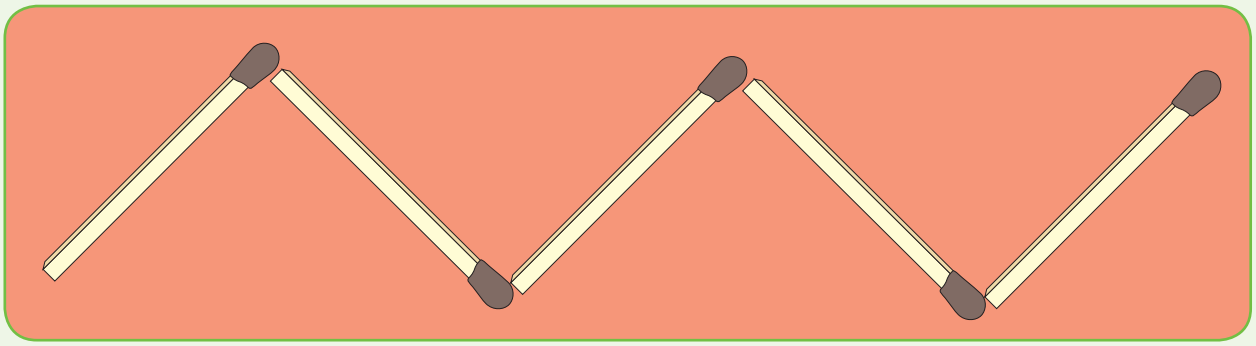


Sebedisa dithutswana tsa mollo mme o etse dibopeho tsena.









Teacher:
Sign:

Date:



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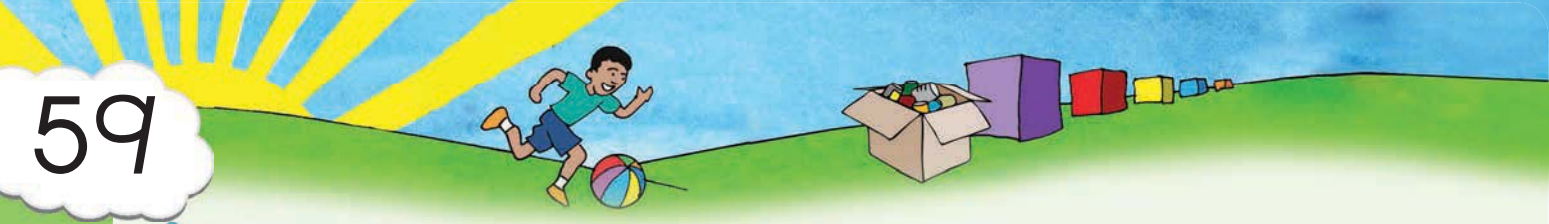




Dipalo tse siilweng

Tlatsa dipalo tse siilweng moleng o mong le o mong.

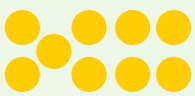
1	2	3		5	6	7		9	10
	22		24		26		28		30
2	4	6		10		14		18	
5	10			25	30			45	50
10		8	7			4	3		



Ngololla dipalo tsena.



robedi 8 8



robong 9 9



leshome 10 10





Sheba setshwantsho sa pele. Ebe o sheba setshwantsho sa bobedi o tlatse dipalo tse siilweng.













1

3

4

5

7

8

10

Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20



Kopanya

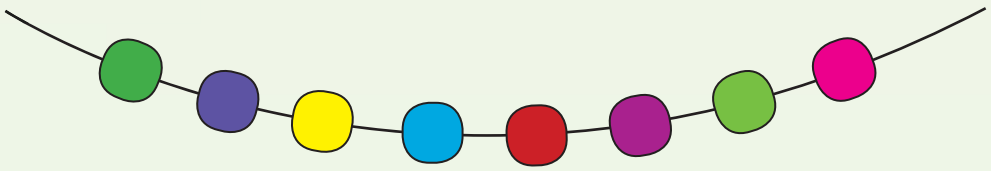
Leka tsena.

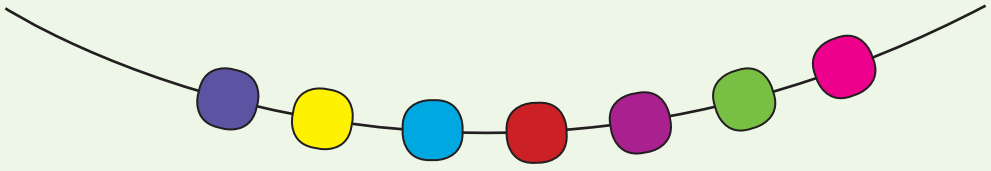
5 + 1 =	6	6 + 2 =	
5 + 0 =	5	6 + 4 =	
5 + 5 =	10	7 + 0 =	
5 + 4 =		7 + 3 =	
5 + 2 =		7 + 2 =	
5 + 3 =		7 + 1 =	
5 + 5 =		8 + 1 =	
6 + 0 =		8 + 0 =	
6 + 3 =		8 + 2 =	
6 + 1 =		9 + 1 =	

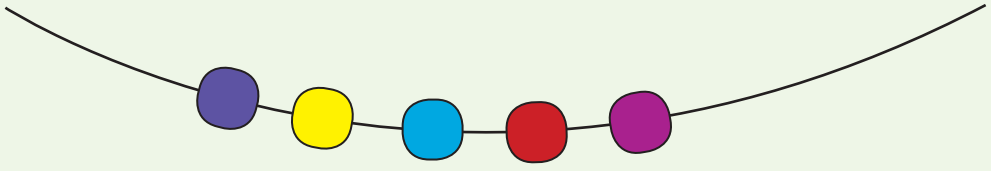


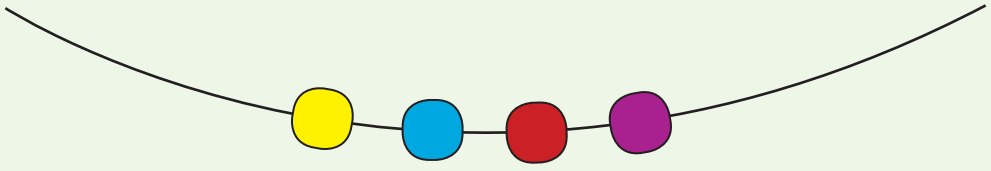


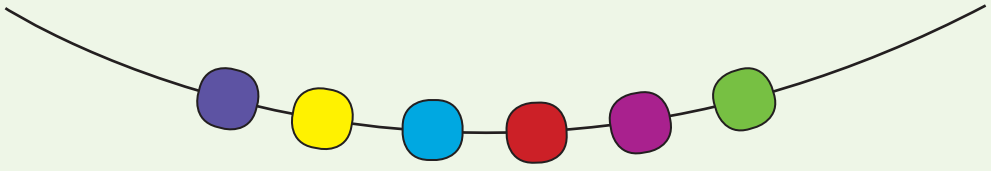
Bala difaha ebe o tlatsa dipalo tse nepahetseng.









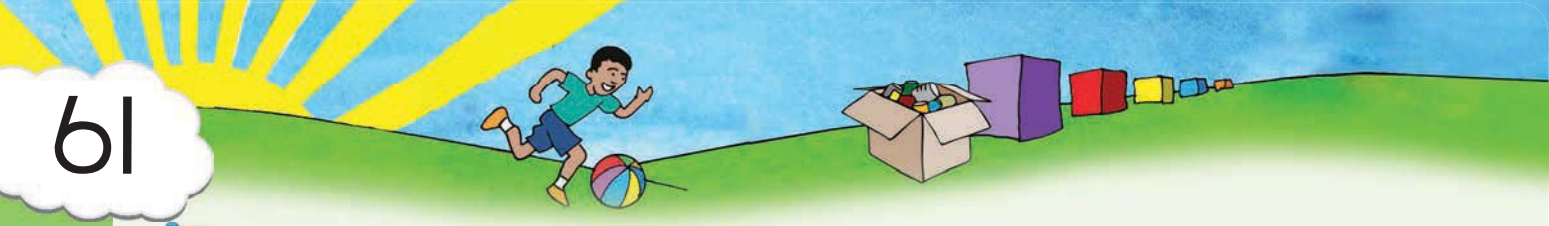


Ke difaha tse kae kaofela? Ditake mme o ngole palo.

difaha tse tshehla	difaha tse pinki	difaha tse tala
5		

Teacher:
Sign:

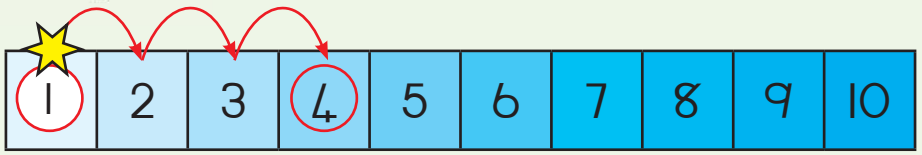
Date:



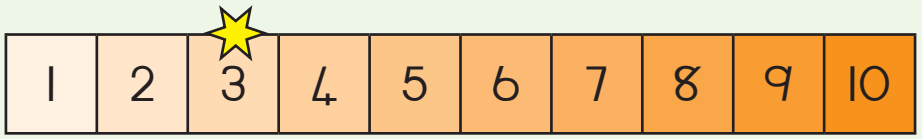


Molapalo o mong wa ho kopanya

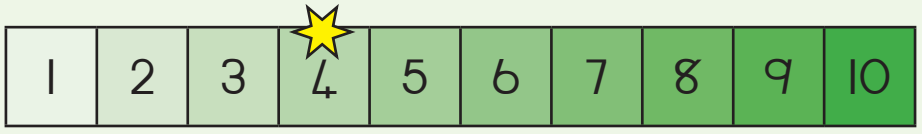
Etsa molapalo o mong. Sebedisa molapalo ho o thusa.



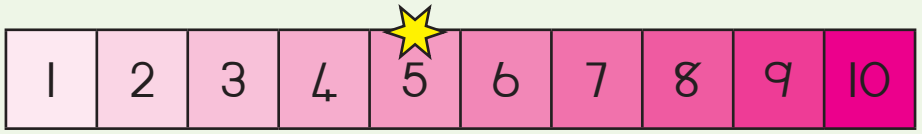
1 + 3 = 4



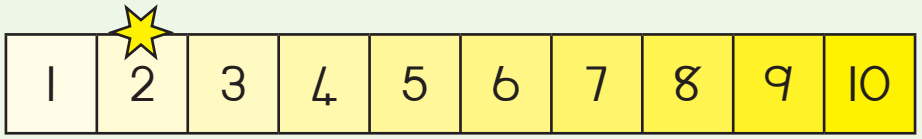
3 + 3 =



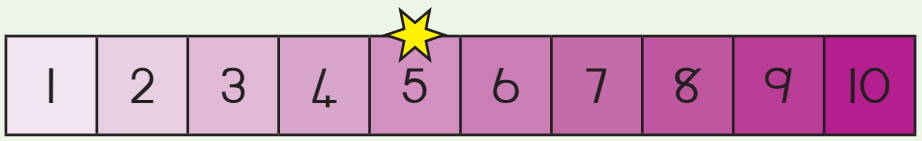
4 + 3 =



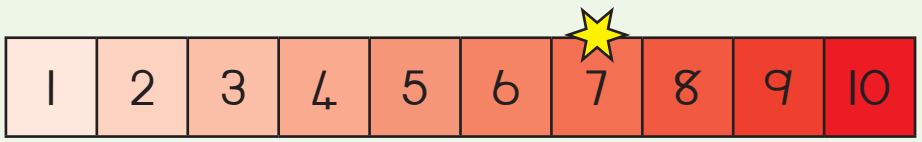
5 + 2 =



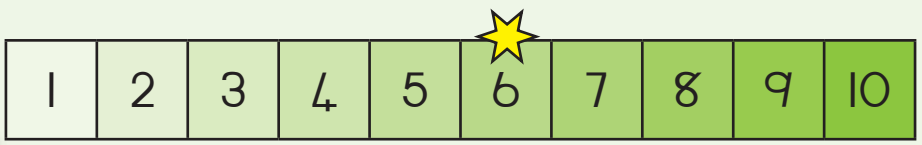
2 + 3 =



5 + 1 =



7 + 3 =



6 + 2 =

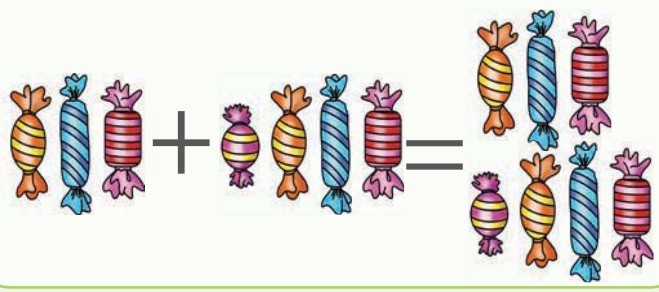


Kopanya dipompong

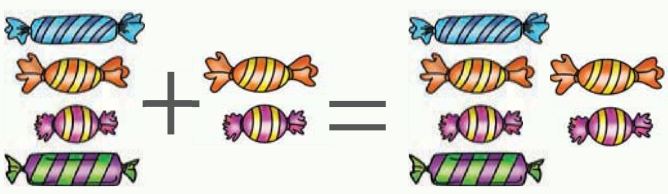
Kopanya dipompong tsena ebe o tlatsa dikarabo.



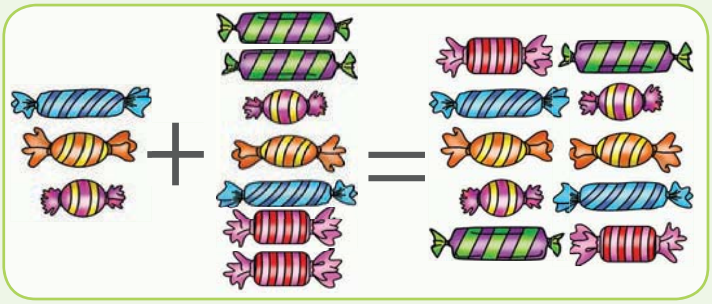
2 + 3 = 5



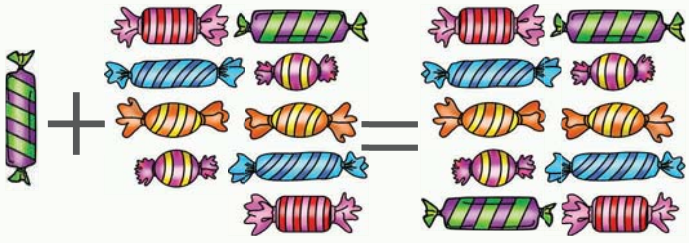
3 + 4 = ...



4 + 2 = ...



3 + 7 = ...



1 + 9 = ...

Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20



Tletse le ha ho letho

Tlotsa karabo e nepahetseng ka mmala.
Na ditshela di tletse kapa ha di na letho?



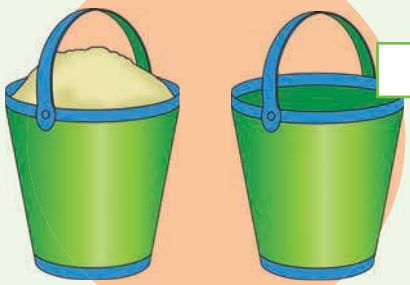
letho	tletse	letho	tletse



letho	tletse	letho	tletse



letho	tletse	letho	tletse



letho	tletse	letho	tletse



letho	tletse	letho	tletse

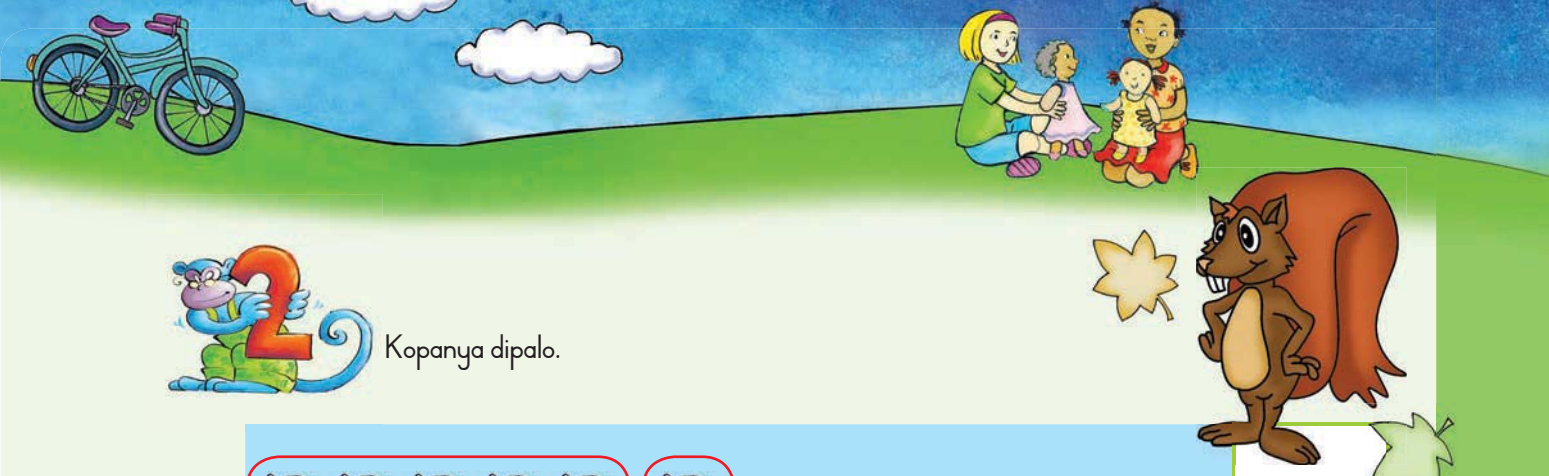


letho	tletse	letho	tletse

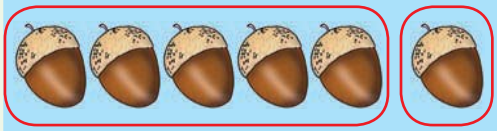
ha ho letho	tletse



letho	tletse	letho	tletse



Kopanya dipalo.



5 + 1 = 6



5 + 0 = 5



2 + 3 = 5



4 + 3 =



5 + 2 =



1 + 3 =



6 + 2 =



6 + 0 =



4 + 4 =



6 + 1 =

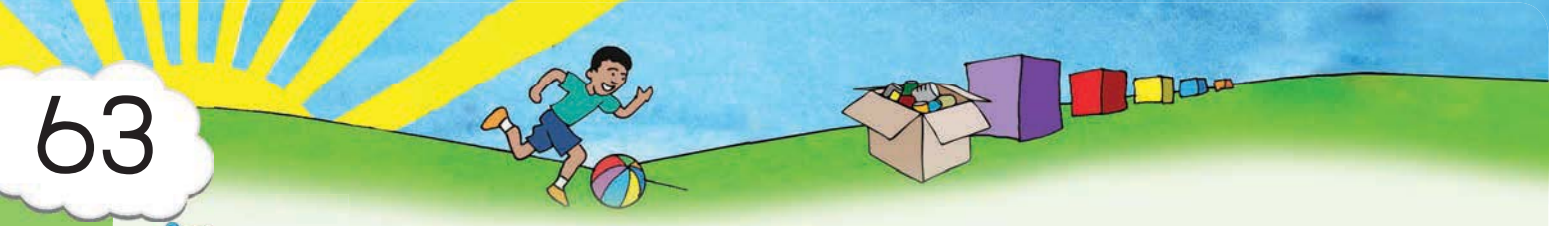


5 + 3 =

Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20





Kopanya

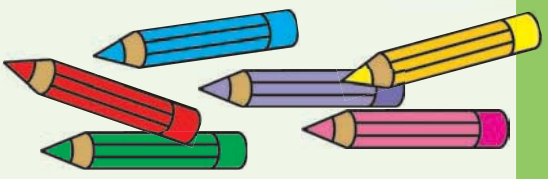
Leka tsena.

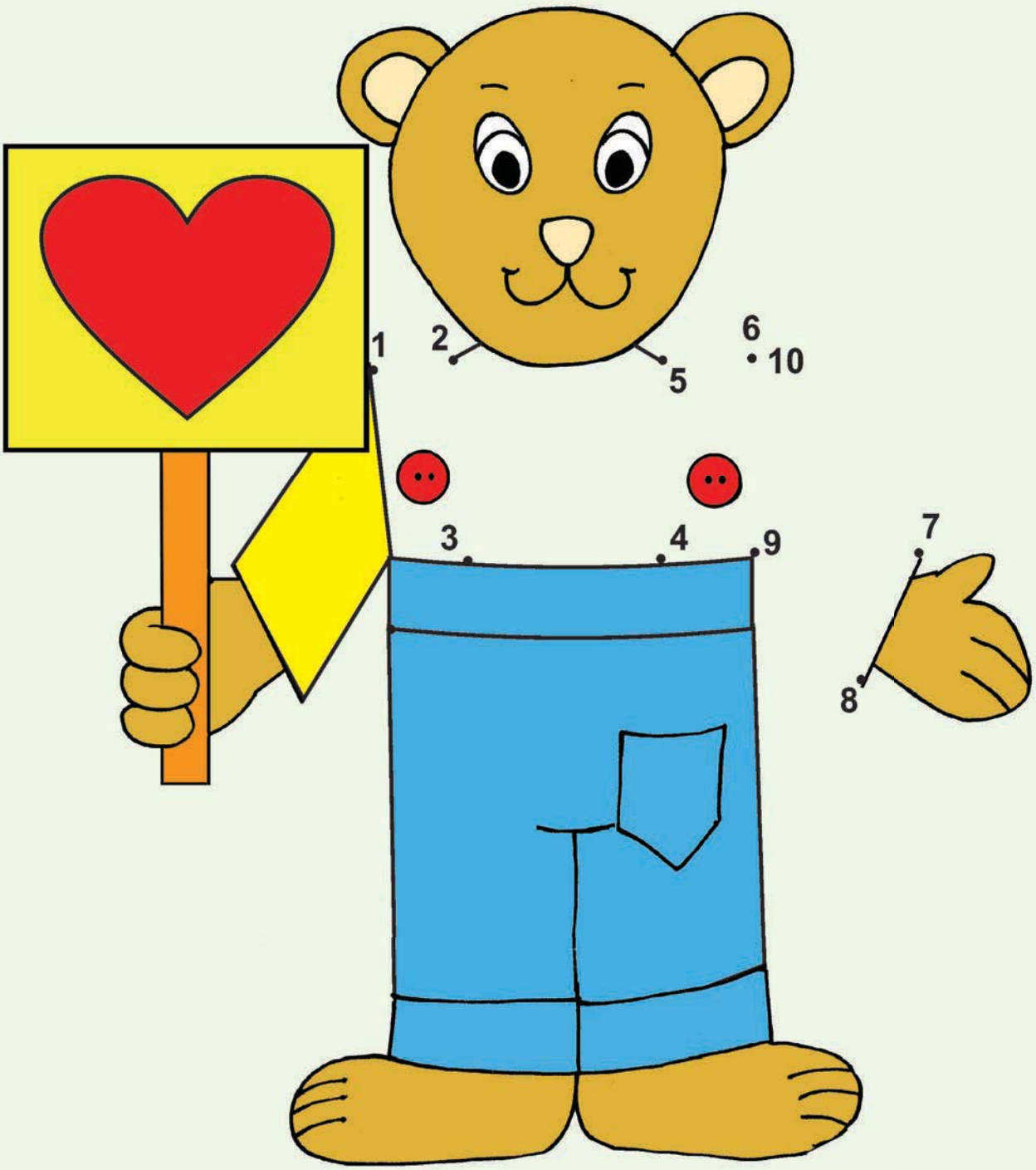
3 + 6 =	9	1 + 1 =	
4 + 0 =	4	0 + 7 =	
0 + 5 =	5	3 + 2 =	
6 + 0 =		5 + 3 =	
2 + 2 =		7 + 2 =	
1 + 3 =		4 + 4 =	
2 + 5 =		5 + 1 =	
5 + 0 =		4 + 3 =	
1 + 8 =		2 + 6 =	
4 + 2 =		8 + 2 =	





Kopanya matheba.





Teacher:
Sign:

Date:



Ho bala le ho ngola dipalo

Bala na di kae ebe o ithuta ho ngola dipalo dibakeng tsena.



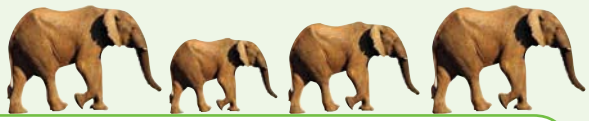
1 nngwe 1 1 1 1 1 1



2 pedi 2 2



3 thara 3 3



4 nne 4 4



5 hlano 5 5





6 tshelela

6 6



7 supa

7 7



8 robedi

8 8



9 robong

9 9



10 leshome

10 10

Teacher:
Sign:

Date:

11 12 13 14 15 16 17 18 19 20

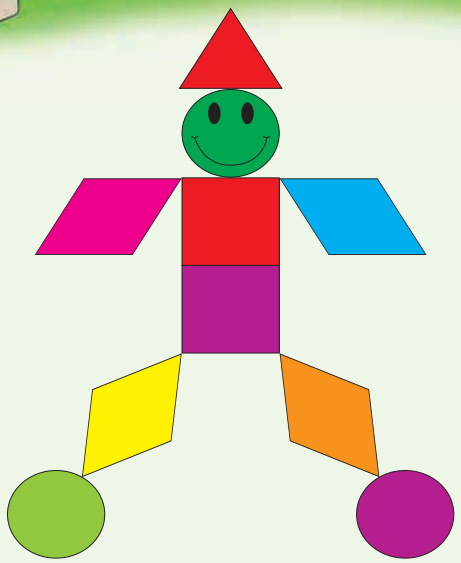




Dibopeho

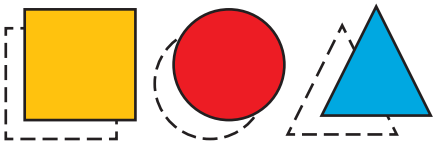
Sebedisa dibopeho tsa hao tse sehuweng mme o etse monna ya tshwanang le enwa.

Leka ho etsa ditshwantsho tse ding o sebedisa dibopeho tsena.

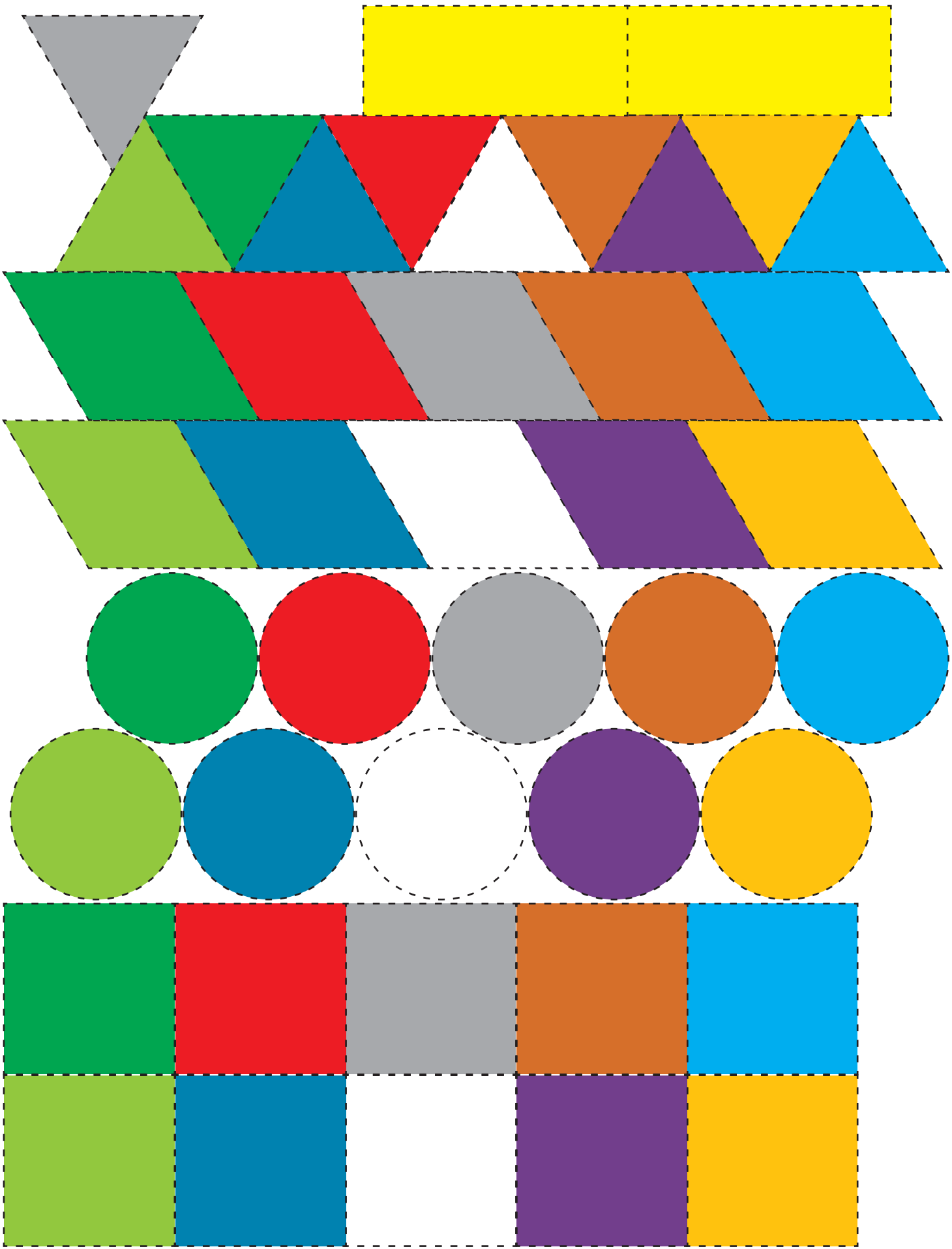


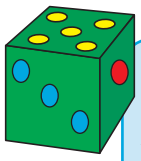
Shapes:

Cut out the shapes on the dotted lines. Now use them to do the worksheets in your book. Remeber to keep them safe so that you can use them over and over again.









Make a dice:

Cut the dice out on the black outer line and fold on the white dotted lines. Glue the flaps to the inside of the dice.



The game:

Play together. If you are two you will have 2 dice. Throw the dice and take turns to add up the numbers. The more kids playing together the trickyer it will get.

