

Mofumahadi Angie Motshekga, letona la Lafapha la Thuto ya Motheo



Mong. Enver Surty, Motlatsi wa Letona la Thuto ya Motheo

Dibuka tsena tsa tshebetso di etseditswe bana ba Afrika Borwa tlasa boetapele ba Letona la Thuto ya Motheo, Mof. Angie Motshekga, mmoho le Motlatsa Letona la Thuto ya Motheo, Mong. Enver Surty.

Dibuka tsa tshebetso tsa Rainbow di bopa karolo ya Lefapha la Thuto ya Motheo, ya thuso e reretsweng ho netefatsa tshebetso ya baithuti ba Afrika Borwa dikereiting tse qalang tse tsheletseng. Jwale ka enngwe ya dintlha tsa bohlokwa tsa Moralo wa Tshebetso ya Mmuso, projeke ena e etsahetse ka tshehetso ya letlole la Polokelo la Setjhaba. Sena se entse hore Lefapha le etse dibuka tsena tsa tshebetso ka dipuo tsohle tsa semmuso, ntle le tefello ya letho.

Re tshepa hore, matitjhere a tla fumana dibuka tsa tshebetso di le bohlokwa mosebetsing wa bona wa letsatsi le letsatsi, le ho etsa bonnete ba hore baithuti ba bona ba etsa kharikhulamo yohle. Re nkile boikarabelo ba ho tataisa titjhere mosebetsing ka enngwe le enngwe ya mesebetsi; ka ho kenyelletsa motshwao a bontshang hore na seo barutwana ba tshwanelang ho se etsa ke sefe.

Re a kgolwa hore bana ba tla natefelwa ke ho sebetsa ka buka ena ha ba ntse ba hola le ho ithuta, le hore wena titjhere, o tla natefelwa mmoho le bana.

Re le lakalletsa katleho ho sebediseng dibuka tsena tsa tshebetso.

Kereiti ya 2





Bokgoni ho tsa Bophelo SESOTHO Buka ya 1

Kotara ya 1&2

Lebitso:

Tlelase:

Dibuka tsa Mosebetsi di fumaneha ka tatelano ena:

- *Litheresi/Puo ya Lapeng Dikereiting tsa 1-6 (Dipuong tsohle tsa Semmuso)*
- *Mmetse Dikereiting tsa 1-3 (Dipuong tsohle tsa Semmuso)*
- *Mmetse Dikereiting tsa 4-9 (Ho Senyesemane le Seburu)*
- *Bokgoni ho tsa Bophelo Dikereiting tsa 1-3 (Dipuong tsohle tsa Semmuso)*
- *Puo ya Tlatsetso ya Pele Dikereiting tsa 1-3 (Ho Senyesemane, Seburu, Sepedi le isiZulu)*
- *Puo ya Tlatsetso ya Pele Dikereiting tsa 4-6 (Ho Senyesemane le Seburu)*

Rainbow WORKBOOKS

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GRADE 2 – TERMS 1&2
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Basic Education
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Nkosi sikelel' iAfrika
Maluphakanyisw' uphondo lwayo,
Yizwa imithandazo yethu,
Nkosi sikelela, thina lusapho lwayo.

Morena boloka setjhaba sa heso,
O fedise dintwa le matshwenyeho,
O se boloke, O se boloke setjhaba sa heso,
Setjhaba sa South Afrika – South Afrika.

Uit die blou van onse hemel,
Uit die diepte van ons see,
Oor ons ewige gebergtes,
Waar die kranse antwoord gee,

Sounds the call to come together,
And united we shall stand,
Let us live and strive for freedom,
In South Africa our land.

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Pherekgong
Hlakola
Hlakubele
Mmesa
Motsheanong
Phupjane
Phupu
Phato
Lwetse
Mphalane
Pudungwana
Tshitwe

Kereiti ya 2



Bokgoni ho tsa Bophelo SESOTHO Buka ya 1



Buka ena ke ya:

1

Re hloka dijo tse tlisang bophelo bo botle hore re phele



A re baleng

Mmele ya rona e hloka dijo tsohle tsa bophelo bo botle hore re tsebe ho hola. Re lokela ho ja dijo tse hlahang dihlopheng tsa dijo kamehla. Re lokela ho ja dijo tsohle tsa bophelo bo botle hore re be le matla a ho etsa tsohle tseo re lokelang ho di etsa. Ha re sa je dijo tse tlisang bophelo bo botle re ka kula haholo.

Dihlopha tse hlano tsa dijo



A re etseng

Bua le motswalle wa hao, hore na ke dijo di feng tse lokotseng mmele.

















A re ngoleng

Etsa e ka o ya lebenkeleng le mme wa hao ho reka dijo tsa mantsiboya. Etsa lenane la dijo tsohle tseo o tlang ho di reka, tse loketseng ba lapa la heno.

Lenane la dintho tseo ke tla di reka







Teacher:
Sign:
Date:

2 Metsi a re fa bophelo

A re bueng

Hobaneng re hloka metsi?

Batho, dimela le diphoofolo di hloka metsi hore di phele. Metsi a tsamaisa dijo tseo re di jang dithong tse fapaneng tsa mmele ya rona. A thusa hape le ho ntsha ditshila mmeleng ya rona.

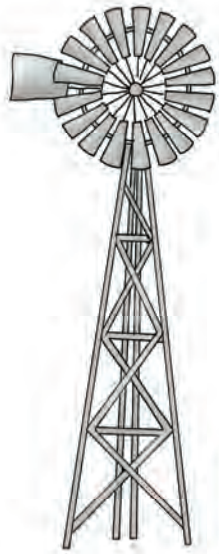


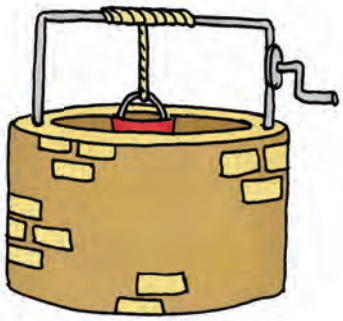
A re etseng

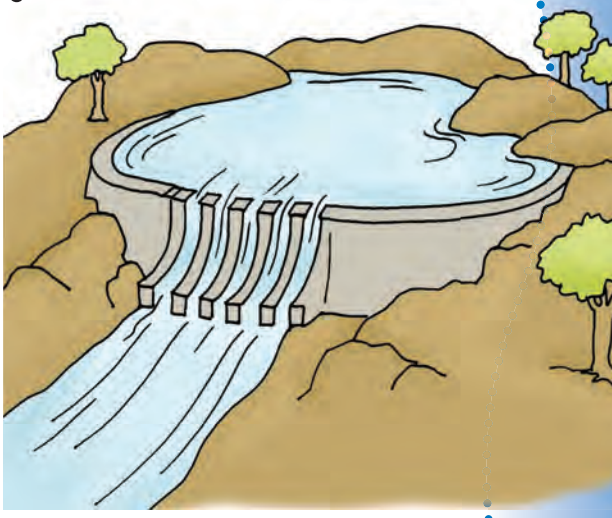
Tsatsing le leng le le leng re sebedisa metsi malapeng a rona. Bolella motswalle wa hao ka tsohle tseo o ka di nahanang tseo re di sebedisetsang metsi. Jwale etsa ditshwantsho tse nne o bontsha ka moo re sebedisang metsi ka teng. Ngola sehloho ka hodima setshwantsho se seng le se seng ho hlalosa hore setshwantsho se bua kang.

A re ngoleng

Re fumana metsi kae? Etsa mola ho bapisa setshwantsho se seng le se seng le lentswe le nepahetseng.







sediba

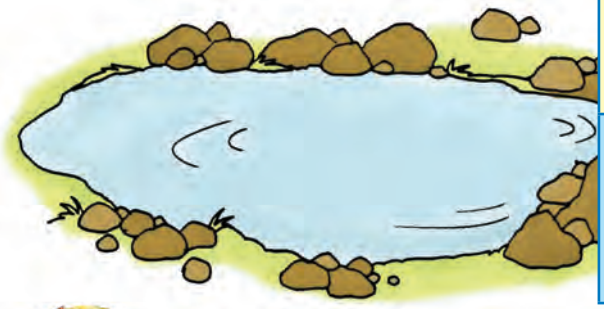
sefehlametsi

Noka

Letamo

Sediba





A re tsamayeng

- Tlola jwalo ka senqanqane. Etsa medumo ya dinqanqane.
- Lahlela bolo kapa mokotlana wa dinawa, ho e mong le e mong.
  E mong le e mong a e kape/tshware.
- Tsepamisa mokotlana wa dinawa hlohong ya hao. Bapalang papadi ya lebelo le motswalle wa hao. Bona hore o ka nka nako e kae mokotlana o sa we hlohong ya hao.







3

Re baballa metsi



A re bueng



Metsi ke ntho ya bohlokwa, ha re ya tshwanela ho a senya. Bua le motswalle wa hao ka mekgwa e fapaneng ya ho boloka metsi



A re ngoleng

Ngola mehopolo e mmedi ka moo re ka bolokang metsi ka teng dibakeng tse ka tlase.

1. _____

_____

2. _____

_____



A re etseng

Sebedisa dikerayone ho etsa phousetara e kgabisitsweng ka mmala ka ho boloka metsi. Phousetara ya hao e lokela ho kgothalletsa batho ba bang ho boloka metsi. Ha o se o entse phousetara ya hao e bontshe metswalle ya hao.



A re tsamayeng

A re bapaleng papadi ya " Ke nako mang, Mong Phiri "

E mong wa lona o lokela ho ba Phiri.

Nehanang sebaka ho botsa "Ke nako mang, Mong. Phiri"?

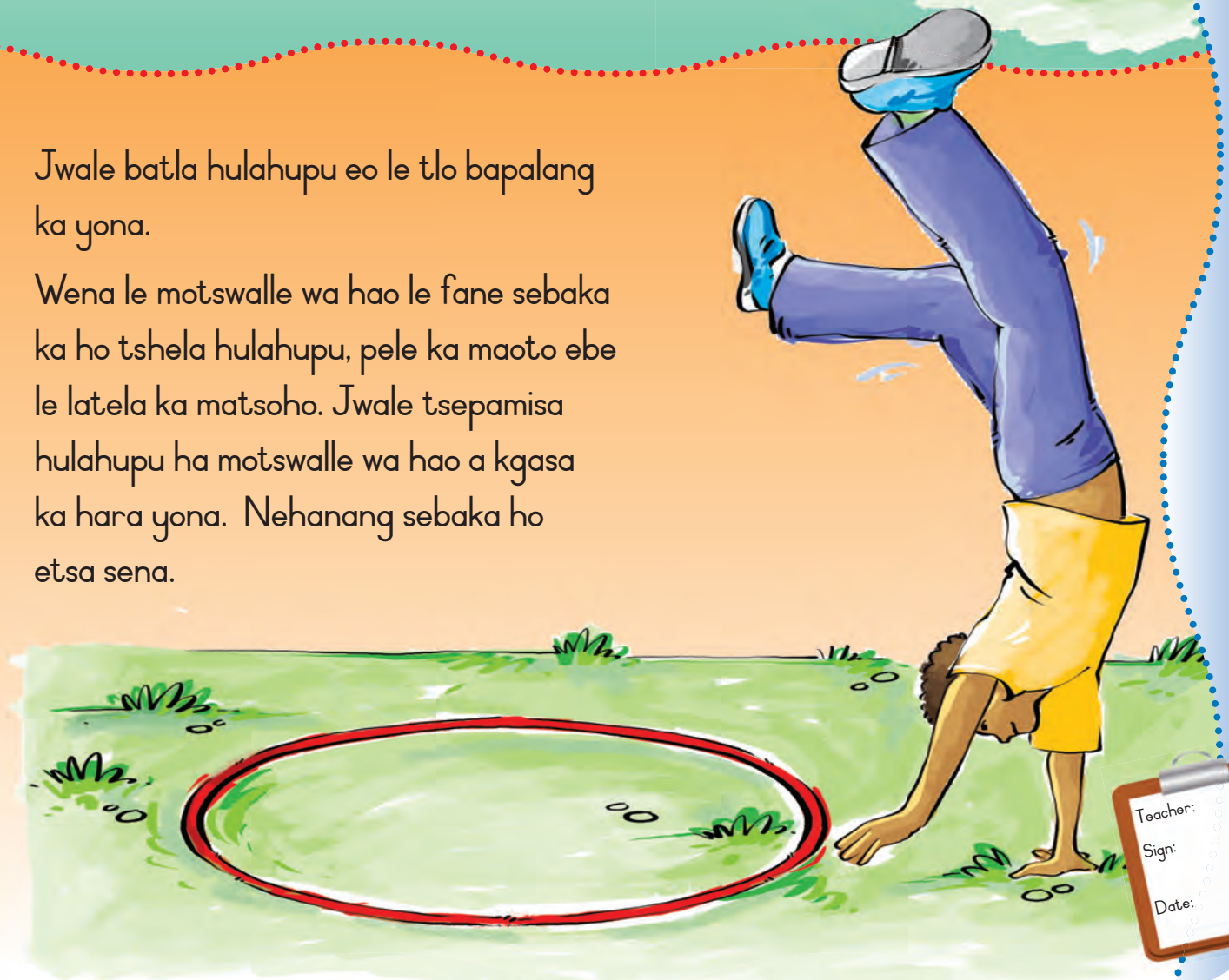
Kgetlo le leng le le leng ha o botsa, Phiri e lokela ho bolela hore nako ke mang.

Empa ha Phiri e re "Dijo tsa motsheare" e tla qala ho o lelekisa. O tla tlameha ho baleha pele a ka o tshwara.



Jwale batla hulahupu eo le tlo bapalang ka yona.

Wena le motswalle wa hao le fane sebaka ka ho tshela hulahupu, pele ka maoto ebe le latela ka matsoho. Jwale tsepamisa hulahupu ha motswalle wa hao a kgasa ka hara yona. Nehanang sebaka ho etsa sena.



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4 Metswalle ya bohlokwa ho fihlela



A re bueng

Kaofela ha rona re rata ho ba le metswalle e lokileng. O tseba jwang ha motho e mong e le motswalle ya lokileng?





A re ngoleng

Sekgeong se latelang, etsa lenane la dintho tse etsang hore motho e mong e be motswalle ya lokileng.

1. _____

2. _____

3. _____

4. _____



A re ngoleng

Nahana ka dipotso tsena, o nto ngola dikarabo tsa hao.

O na le metswalle e mekae?
Motswalle wa hao wa hlooho ya kgomo ke mang?
Le bile metswalle nako e kae?
Ke eng ntho ya bohlokwa ka motswalle wa hao?



A re bueng

Dula le motswalle wa hao o bue ka dintlha tsena. Kenya letshwao (✔) ha e le nnete le (✘) ha e se nnete.

Nnetefatso ya lenane la Setswalle	Tlatsa a ✔ okapa a ✘
Motswalle wa ka o a nkgathalla.	
Motswalle wa ka o a nthusa.	
Motswalle wa ka o arolelana dintho le nna.	
Motswalle wa ka ha a ntwantshe.	



A re etseng

Nahana ka Seo o ka se etsang hore motswalle wa hao a ikutlwe e le motho wa bohlokwa. Jwale etsa setshwantsho sa sena foreiming.



A re ngoleng

Ngola dipolelo tse pedi ka setshwantsho sa hoa.

Teacher:

Sign:

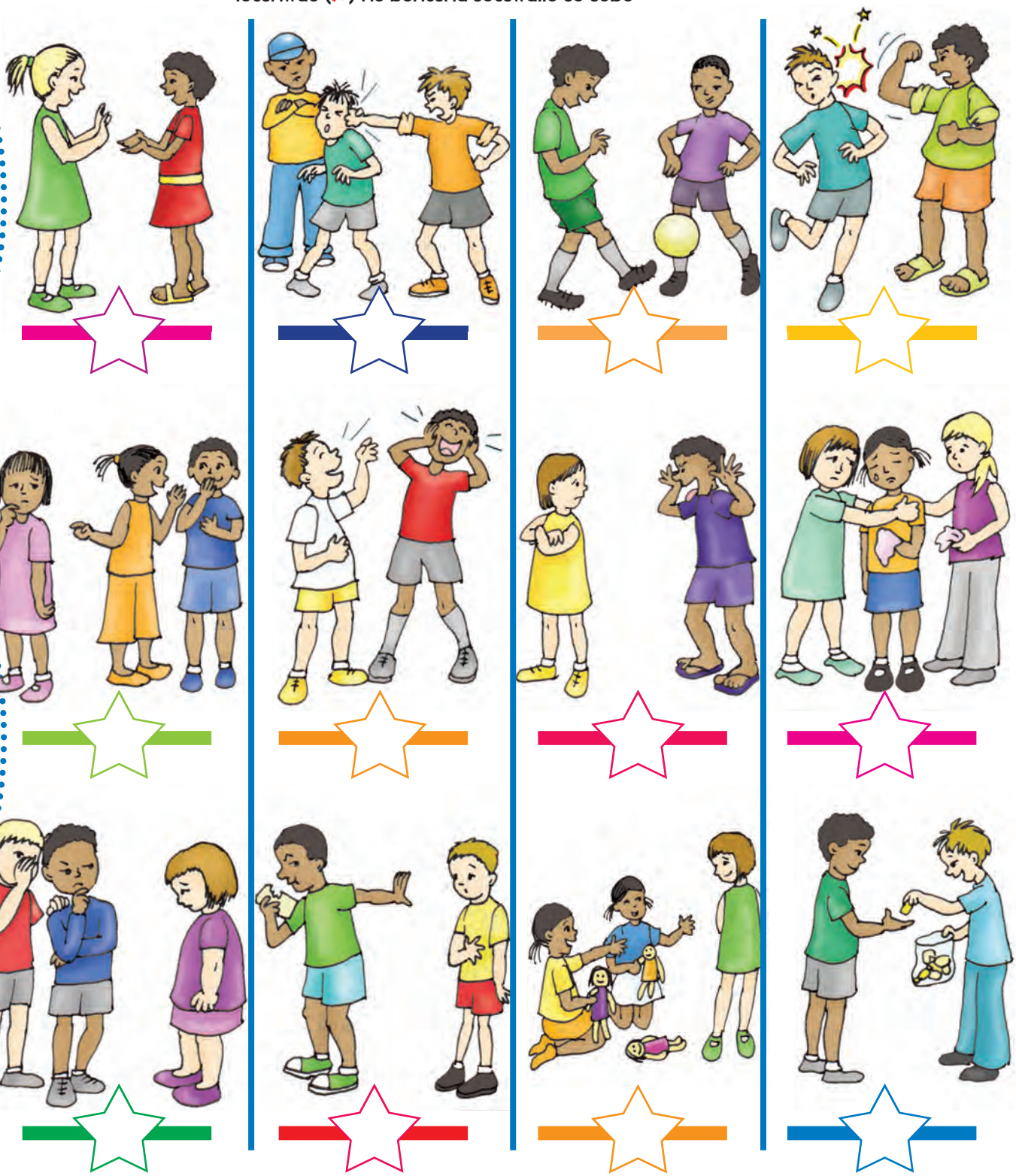
Date:

5

Batho hara rona

A re bueng

Sheba ditshwantsho. Nahana ka seo metswalle ya nnete e se etsang, bua ka sena sehlotswaneng sa lona. Jwale nahana ka seo metswalle e mebe e se etsang. Kenya letshwao (✔) setshwantshong se seng le se seng o bontsha setswalle se setle, le letshwao (✘) ho bontsha setswalle se sebe



A re baleng

Bala polelo e nngwe le e nngwe mme e be o kgabise ka mmala sefahleho se dumellanang le se sa dumellaneng ☺ ☹.



Ke motswalle wa bohlokwa.		
Ke hlokomela metswalle ya ka.		
Ke tshwara barutwana ba sehlopha sa ka hantle.		
Barutwana ba sehlopa sa ka ba ntshwere hantle.		
Ke na le botho bathong bao ke phelang le bona.		



A re tsamayeng

A re bapaleng "ema seriting sa ka"

Wena le metswalle ya hao le leke ho ema hodima seriti sa e mong le e mong. Nehelanang sebaka mme le leke ho bona hore le ka kgona ho hata hodima diriti tse kae. O ka nna wa ya kwana le kwana ho thibela motswalle wa hao ho hata hodima seriti sa hao.





6

O se ke wa hlekefatsa ba bang

A re ngoleng Sheba se seng le se seng sa ditshwantsho.

O ne o tla etsa eng haeba o ne o le e mong wa bana ba hlekefatswang? Pela setshwantsho se seng le se seng, ngola polelo e le nngwe ka hore na re ka tshwara batho ba bang jwang.









A re etseng

Etsa tshwantshiso le motswalle wa hao ka ngwana ya hlekefatsang ngwana e mong. Bolela hore re ka etsa eng ho fedisa tlhekefetso.



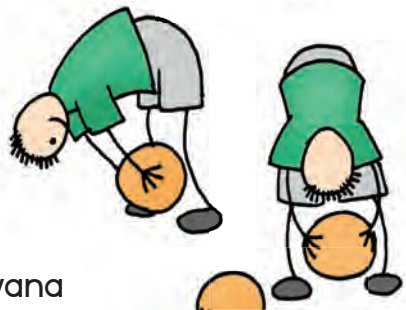


A re tsamayeng

Ikaroleng ka dihlotshwana tsa bahlano.



Jwale etsang mola le nto akgelana bolo hona moleng mona. Sheba hore ke sehlopha sefeng se ka akgelanang bolo ka nako e kgutshwane ho moo mola o fellang. Ha le entse sena akgelanang dibolo ka mekgwa e fapaneng.





- Fetisa bolo pakeng tsa maoto a hao ho morutwana wa sehlopha sa hao ya ka mora hao.

- Fetisa bolo ka hodima hlooho ya hao ho morutwana wa sehlopha sa hao ya ka mora hao.

- Fetisa bolo ka letsohong la hao le letshehadi ho morutwana wa sehlopha sa hao ya ka mora hao.

- Akgela bolo ka letsohong la hao le letona ho morutwana wa sehlopha sa hao ya ka mora hao.



7

Kaofela re kgethehile mme re batho ba bohlokwa

A re bueng

Shebang ditshwantsho le bolele hore bana bana ba tshwana jwang. Bolela hore ba fapane jwang.



















A re baleng

Etsang mosebetsi dihlotshwaneng tsa lona. Sheba bana bohle ka phaposing ya hao. Jwale bala e nngwe le e nngwe ya ditaodiso tse latelang. Ha taodiso e le nnete tlatsa (✔) ka lebokoseng le ka letsohong le letona, ha taodiso e fosahetse tlatsa (✘).

	Kenya a ✔ kapa a ✘
Na bashemane le banana ba a tshwana?	
Na meriri ya bona e a tshwana ka mmala?	
Na mahlo a bona a tshwana ka mmala?	
Na matsoho a bona bohle a lekana ka boholo?	
Na barutwana bohle ka phaposing ba lekana ka bolelele?	



A re bueng

Na o a bona hore bohle re fapane? O a bona le hore hape re a tshwana? Bolela hore re tshwana jwang.

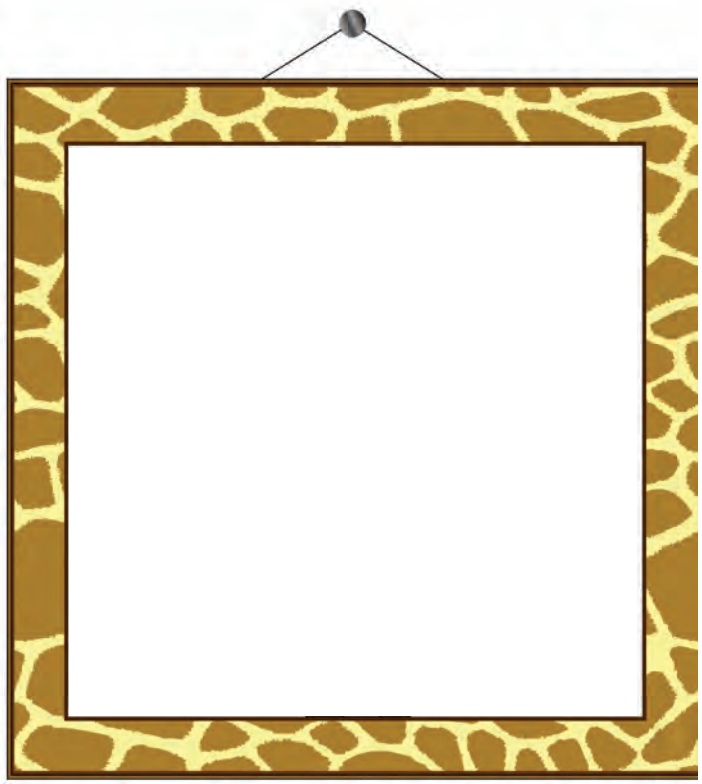


A re ngoleng

Etsa setshwantsho sa hao. Jwale sebedisa setlotsamolomo ho etsa kgatiso ya menwana pela setshwantsho se foreimeng.



Na o a tseba hore ha ho mang kapa mang lefatsheng ya nang le kgatiso ya menwana e tshwanang le ya hao. O motho wa bohlokwa ya kgethehileng.





Taba tsa ka

A re ngoleng Qetela dipolelo tse ka tlase.

Lebitso la ka _____

Lebitso la ka le bolela _____

Tsatsi la ka la tswalo _____

Moshemane kapa ngwanana _____

Na ke fumane diente tsa ka kaofela _____

Lentswe la pele leo ke ithutileng lona e ne e le _____

Ke qadile ho tsamaya ke le dilemo di _____

Ke qadile sekolo ke le _____

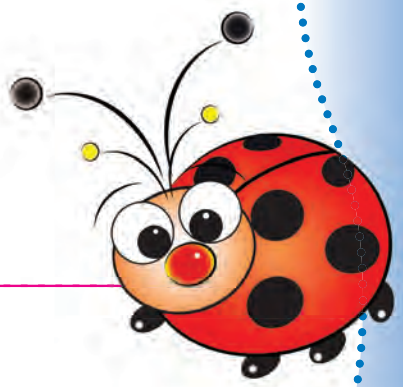
Dijo tseo ke di ratang haholo ke _____

_____



A re bueng

Jwale bolella motswalle wa hao tsohle ka wena.
Qetella dipolelo tseo re o qaletseng tsona.



Ke rata ho bapala le _____

Seo ke se ratang haholo ke _____

Seo ke se kgonang ke _____

Ke kgathatsehile ka _____

Ke a tshaba ha _____

A re tsamayeng

Bapalang ditulo tsa mmino.

Etsang bonnete ba hore le na le ditulo tse lekaneng batho kaofela kantle le a le mong. Hang hang ha mmino o fela o dule setulong ka potlako. Ha o sa fumana setulo, o tswa papading, mme titjhere ya hao o tla tlosa setulo se seng. Ngwana ya fumanang setulo sa ho qetela, ke yena ya hlotseng.



Teacher:
Sign:
Date:

9

Ka moo re ikutlwang ka teng

A re bueng

Buisanang ka moo le ikutlwang ka teng ha ho etsahala ntho e ntle. Jwale bua ka moo o ikutlwang ka teng ha ho etsahala ntho e mpe ho wena. Re bitsa sena maikutlo. Tlatsa ka moo ba ikutlwang ka teng.



A re ngoleng

Ngola dikarabo tsa dipotso tse latelang.

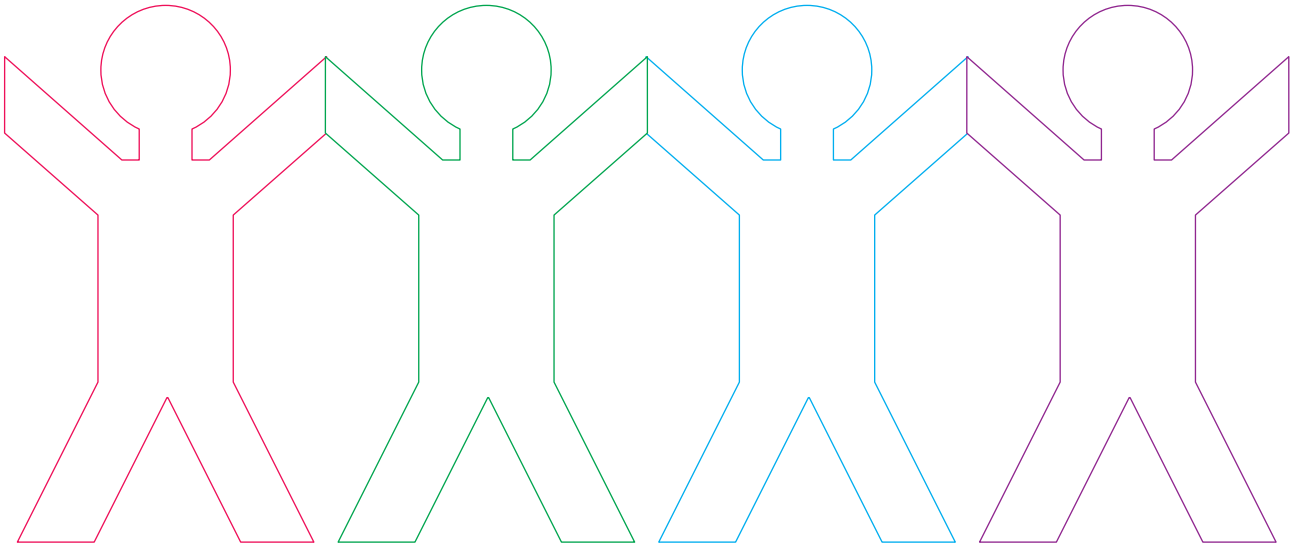
Ke eng se o thabisang?
Ke eng se o hlomolang?
Ke eng se o tshosang?
Ke eng se o thabisang?



A re etseng

Etsa setshwantsho mme o kgabise ketane ena ya setswalle ka mmala.
Etsa hore popi e nngwe le e nngwe e shebehale e fapane le e nngwe, ho bontsha hore re fapane re kgethehile.







A re tsamayeng

Etsa hore mmele wa hao o be moholo ka mokgwa oo o ka kgonang ho o etsa ka teng.

Jwale o etse bolelele ka moo o ka kgonang ka teng. O qetelle ka ho o etsa hore o be mokgutshwane ka moo o ka kgonang ka teng.







10 Batho ba sa itekanelang

A re bueng Sheba ditshwantsho.



- O bona mefuta e mekae ya batho ba sa itekanelang?
- Bana bana ba etsa eng ho ithusa?
- O nahana hore bana ba na le mefuta efe ya mathata maphelong a bona ka mehla?
- Bua ka hore re ka ba thusa jwang.

A re ngoleng Sheba ditshwantsho tse ka tlase. Qetella dipolelo.

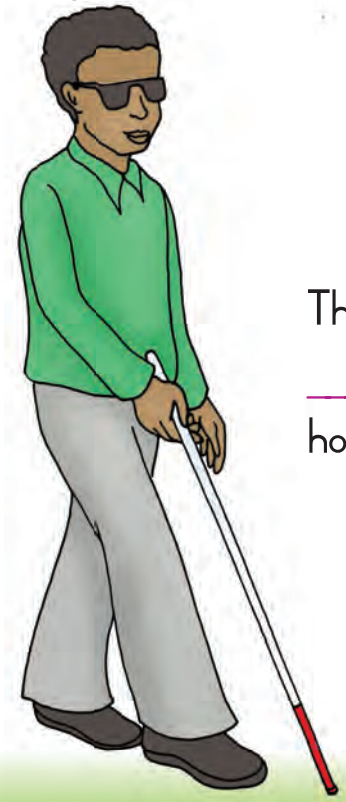


Rosemary

Rosemary ha a tsebe ho tsamaya

O sebedisa _____

ho tsamaya.



Thabo ke sefofu, o sebedisa

_____

ho fumana tsela ya hae.



Ntja e tataisang sefofu

Dithusa kutlo



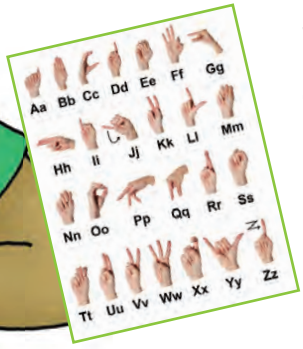


Peter ke setholo,

O sebedisa _____

ho mo thusa ho utlwa.



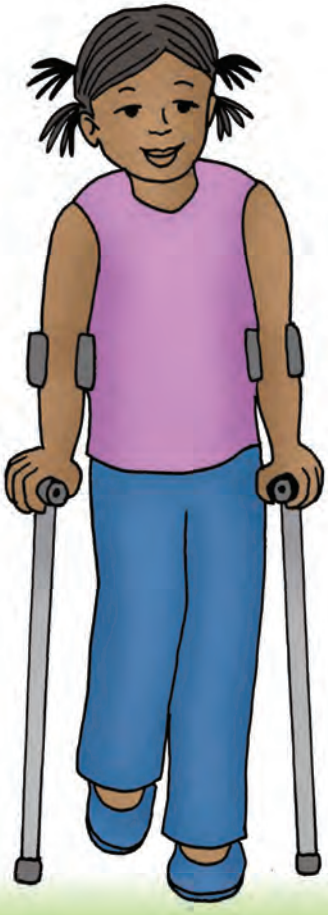


Puo ya matsoho

Jabu ha a tsebe ho bua,

O sebedisa _____

ho bua.



Nomsa o sebedisa

_____ ho mo thusa

ho tsamaya.



Seikokotlelo

Teacher:

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Date:

11

Mohale wa ka

A re bueng

Bolela hore na ho na le bana ba sa itekanelang sekolong sa hao.



Na sekolo se ka etsang ho ba thusa ha ba le sekolong?

Na batho ba sa itekanelang e ka ba bompodi.

A re baleng

Bahale ba bang ha ba itekanela. Ke mehlala ho rona ho latela seo ba se etsang. Afrika Borwa ho na le bomampodi ba babedi ba sa itekanelang.

O ka nahana hore ke bo mang?

Oscar ha a na maoto ka tlasa mangwele a hae. O matha ka ditshepe tsa faseditsweng mangweleng a hae?

Natalie o lahlehetswe ke leoto la hae le letshehadi kotsing ya baesekele. O tsamaya ka leoto leo e seng la nnete. O sesa a sebedisa leoto le le leng.



A re bueng

Bua ka batho ba sa itekanelang ba etsang dintho tse makatsang. Nahana ka:

- Difofu di bapala disebediswa tsa mmino.
- Na ho na le eo o mo tsebang?
- Ditholo di ngola dipina. Na o ka nahana mohlala?



A re ngoleng

Sebakeng se latelang, fana ka ditaba ka botlalo ka senatla kapa motho eo o lakatsang ho ba yena.

Mohale wa ka kapa motho eo nka lakatsang ho ba yena ke:

Etsa setshwantsho sa mohale wa hao kapa motho eo o lakatsang ho ba yena.

O ka hlalosa mohale kapa motho eo o lakatsang ho ba yena jwang?
Mohlala: motho ya ratang setswalle, ya ratang ho thusa batho ba bang, ya sebete, ya ratang batho ba bang, ya bohehang hantle.

Mohale kapa motho eo o lakatsang ho ba yena o etsa eng?

Hobaneng motho enwa e le wa bohlokwa ho wena?

Teacher:
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12 Tlhwekiso ya metsi



A re baleng Sheba kgalase ya metsi.



Na o bona ho hong ho yona? Tjhe, o keke. Na o a tseba hore ka nako e nngwe ho na le dikokwanahloko ka hara metsi? Dikokwanahloko tsena di nyenyane o ke ke wa di bona ka mahlo. Ha o ka nwa metsi o sa leka ho tlosa kokwanahloko pele, o ka kula haholo. Re lokela ho etsa bonnete ba hore metsi ao re a nwang a hlwekile.



A re bueng Bua ka hore ho ka etsahalang ha re ka nwa metsi a ditshila. Jwale sheba ditshwantsho tse latelang: Bua le motswalle wa hao ka tsela tse fapaneng tsa ho hlwekisa metsi.



Kenya dipidisi tsa "klorine" ka metsing.



Bedisa metsi metsotso e mehlano.





Tshela dikhemikhale.



Sefa metsi.

A re bueng

Ke metsi a feng ao o nahanang hore a bolokehile hore a ka nowa?
Tshela marothodi a mmala o bolou a metsi, ha o nahana hore a ka nowa.

Metsi a noka

Metsi a pompo

Metsi a lewatle

Metsi a sediba se tjhekilweng

Metsi a rekiweng ka botlolo

Metsi a bedisitsweng ka ketlele

A re etseng

Sebetsang ka dihlotshwana, le etseng sefe ya metsi, e ka hlwekisang metsi.
Mamelang ka hloko ha titjhere a hlalosa seo le tshwaneleng ho se etsa.



Le tla hloka ntho tse latelang

Botlolo ya polasetiki ya dilitara tse pedi

Metsi a ditshila a seretse

Lehlabathe le lesesane

Lehlabathe la majwana

Majwe a manyane/kerabole

Thipa e bohale

Boya



A re ngoleng

Ngola mehato ya ho etsa sefe ya metsi ka tatelano e nepahetseng.

	Kenya lehlabathe le lesesane ka hodimo.
	Tonamisa botlolo.
	Tshela lehlabathe la majwana.
	Seha botlolo ya polasitiki ka tlase.
	Tshela metsi a seretse.
	Kenya majwe a manyenyane ka hara botlolo.



Teacher:
Sign:
Date:

Mokgwa o motle wa bophelo



A re baleng

Bala ka mekgwa ena e metle le e fosahetseng. Haeba o nahana hore ke mekgwa e nepahetseng, kenya letshwao lena (✔), ha o nahana hore ke mokgwa o fosahetseng etsa letshwao lena (✘).

Mekgwa Titjhere o thusa bana ka ho bala	Ntle ✔	fosahetseng ✘
Ke ja dijo tsa bophelo bo botle.		
Ke lahla ditshila tse tswang koloing kapa tekesing ka ntle ho fensetere.		
Ke hlatswa moriri kgafetsa.		
Ke ja dipompong tse ngata.		
Ke boloka manala le ditsebe tsa ka di hlwekile.		
Ke hlatswa meno a ka hang ka kgwedi.		
Ke thonaka ditshila ke di lahlele ka moqomong wa dithole.		
Ke hlatswa matshoho a ka ha ke tswa ntlwaneng.		
Ha ke kgohlela kapa ke thimola, ke beha letsoho la ka pela molomo.		
Ke ikwetlisa ka mehla.		
Ke hlatswa matsoho pele ke ja.		
Ke dula ka pela TV nako e ngata.		
Ke dula le batho ba baholo ba tsubang.		



Kotara ya-1 – Beka ya-7 – Leqephe la mosebetsi

A re etseng

Etsa phousetara ka mekgwa e metle kapa e mebe.

A re ngoleng

Hlahloba phousetara ya hao. Bala taodiso, mme o kenye sefahleho se bonyang haeba taodiso e le nnete, o kenye sefahleho se hlomohileng haeba taodiso e se nnete.



	Ee	Tjhe
Phousetara ya ka e mebalabala ebile e makgethe.		
Ke natefetswe ke ho etsa phousetara ya ka.		
Ke fumane ho le thata ho etsa phousetara ya ka.		

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Date:

14 Dintho tse bolang le tse sa boleng

A re bueng

Bua ka dijo tse lokelang ho bolokwa di phodile ho di thibela ho se bole. Nahana hore ke dijo di feng tse sa lokelang ho bolokwa di phodile empa di ka bolokwa ka rakeng. Seha ditshwantsho tsena leqepheng la teng mme o di kgomaretse hodima sehatsetsi kapa rakeng.









































A re bueng



Bua ka mekgwa eo re ka bolokang dijo ka yona, re di thibela ho dikokonyana tse kang dintsintsi le bohlwa.











Teacher:

Sign:

Date:

Matsatsi a bodumedi le a mang a ikgethileng

A re baleng

Batho lefatshe lohle ba keteka matsatsi a phomolo a ikgethileng.



Ka nako ya keresemese re fumana dimpho. Re fa metswalle le ba malapa a bo rona dimpho. Re ba le sefate sa keresemese ka tlung.

Re beha dimpho ka tlasa sefate.

Re kgabisa sefate, re nto beha naledi ka hodimo. Ka nako ya keresemese re ja dijo tse ngata.



Re fela pelo ya ho fihla ha Diwali. Ena ke nako eo re fumanang dipompong tse ngata le dimpho tse ngata. Re paka dipompong tse monate le dikuku ka mabokoseng ebe re fa batho ba re tjhakelang. Re kgantsha mabone a manyenyane ebe re a beha ho pota pota ntlo. Re kgabisa matlo le hona ho kgantsha dikirikete.



Re fela pelo ya ho fihla ha Hanukkah. Re tla ba le dijo tse monate tseo re tlang ho di ja. Re rata ho ja dipanekuku le di "matokomane" re rata le ho fuwa dimpho. Bomotswala ba a re tjhakela. Re thusa ka ho etsa dijo mme re kgantsha le dikerese ka tlung.



Haufinyane e tla ba Eid. Re tla fumana dimpho tse ntle. Re tla fa metswalle ya rona dimpho. Re tla ba le dipompong tse ngata le dikuku tseo re tlang ho di ja. Re kgona ho bona hore ke Eid ka ho sheba sebopeho sa kgwedi. E ka letsatsi le fapaneng lemo se seng le se seng.

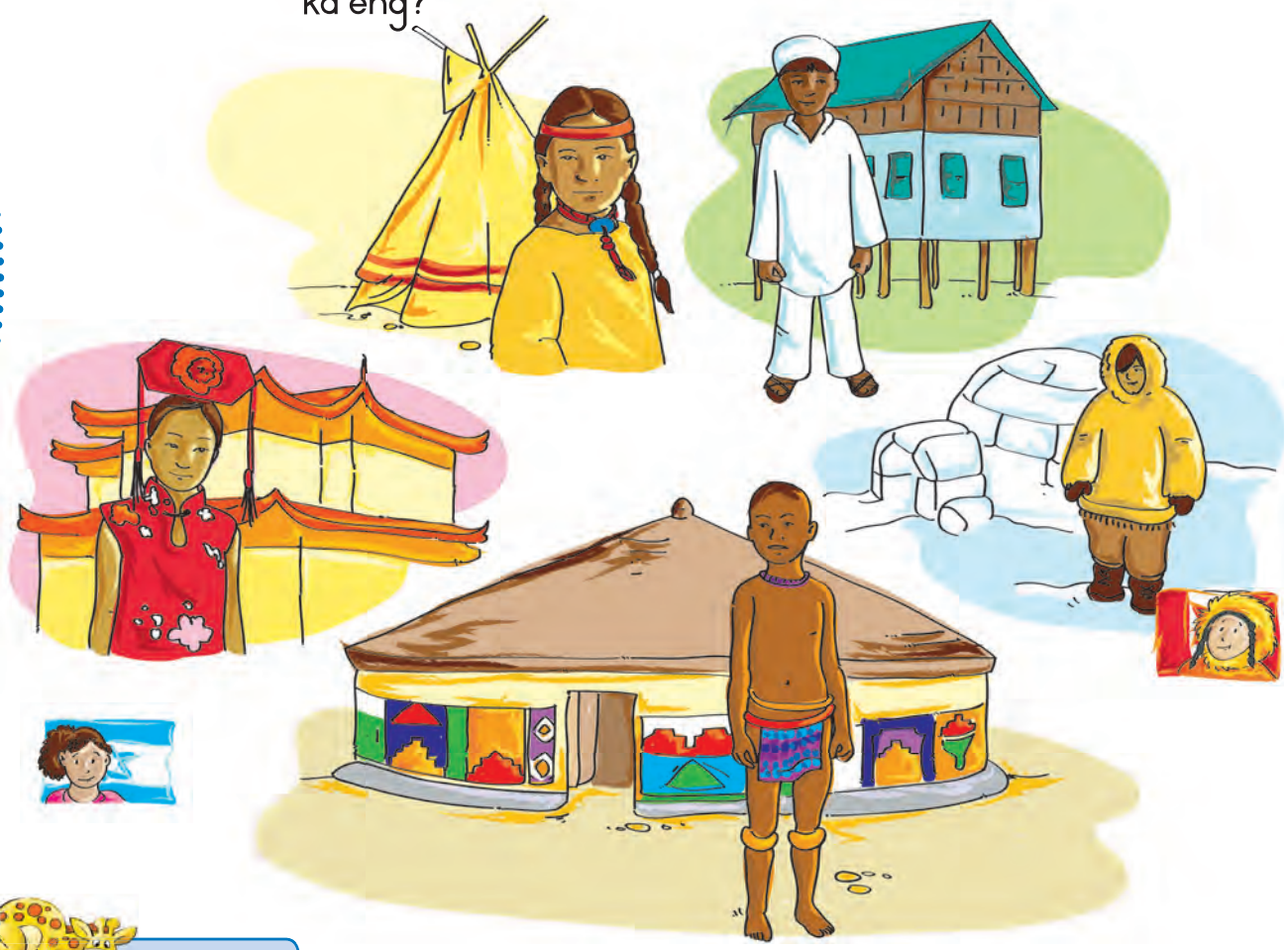




Bana bohle ba kgethehile

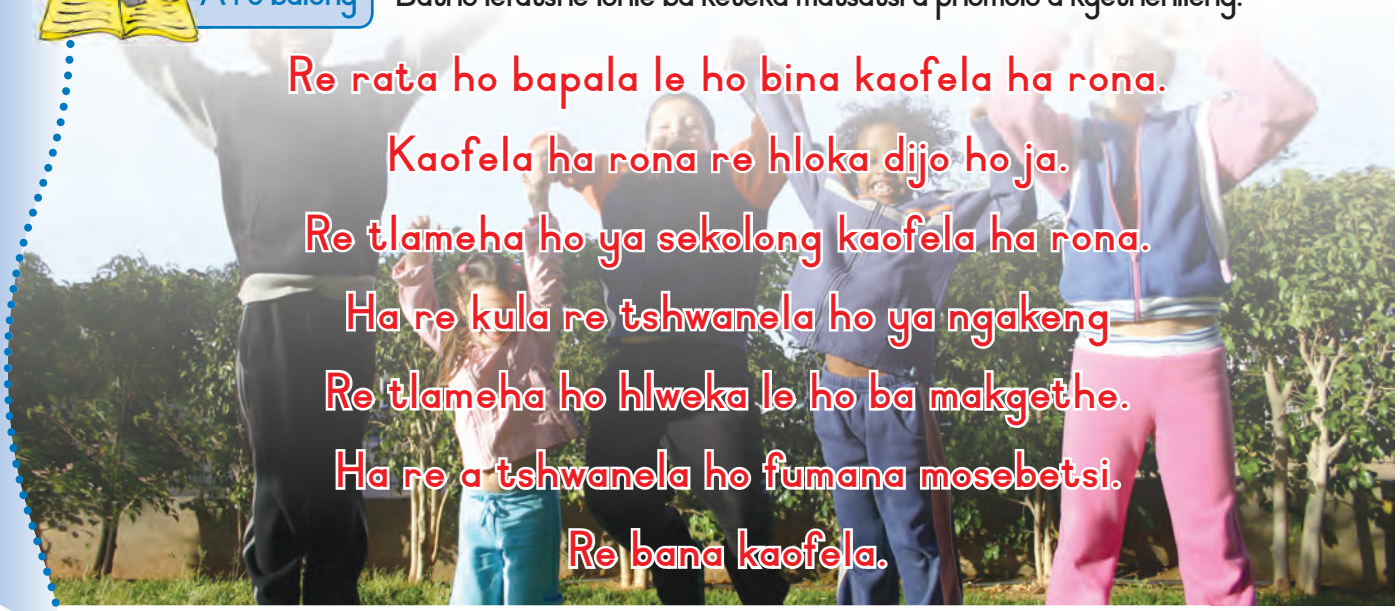
A re bueng

Bana ba na ba fapana jwang le wena? Bana ba tshwana ka eng?



A re baleng

Batho lefatshe lohle ba keteka matsatsi a phomolo a kgethehileng.



A re ngoleng

Botsa metswalle e meraro dipotso tse latelang. Tlatsa dikarabo tsa bona dibakeng tse latelang.

Tlatsa mabitso a motswalle wa hao			
O latela bodumedi bofeng?			
Le na le mekete e feng e ikgethileng?			
Le ja eng?			
Le apara eng?			
Le keteka ka eng?			



A re etseng

Sheba ditshwantsho. Ke mmapa wa lefatshe la rona. Le a bona hore lefatshe la rona le na le naha le lewatle. Tlotsa lewatle ka mmala o bolou. Ha lefatshe lona o ka le etsa hore le be lesootho. Etsa setshwantsho sa ditlhapi tse mmallwa lewatleng.





Teacher:

Sign:

Date:





Nako tsa selemo

A re bueng

Sheba dintshwantsho tsa nako tsa selemo tse nne. Bolella motswalle wa hao hore o bona eng setshwantshong se seng le se seng. Bolela hore nako tsena tse nne tsa selemo di fapane jwang.



Ke nako e feng ya selemo eo o e ratang haholo? _____

_____

Hobaneng o rata nako eo ya selemo? _____

_____

Letsatsi la hao la tswalo le ka nako e feng ya selemo? _____

_____

Dumela, ntate Letsatsi
Tsatsi la hao le qadile
Ke rata ho bona sefahleho
sa hao se benyang
Dumela, ntate letsatsi o



Pula, pula tsamaya
Bana ba banyenyane ba rata ho bapala
Etlo ka letsatsi le leng
Seka ba teng letsatsi le le leng feela.



Teacher:
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Date:

18 Nako tsa selemo tse nne

A re etseng

Seha ditshwantsho tsa nako tse nne tsa selemo ho leqephe le seuweng ka morao ho buka. Kgomaretsa setshwantsho se seng le se seng pela nako ya selemo e nepahetseng.



mariha

Phupjane

Phupu

Phato

selemo

Lwetse

Mphalane

Pudungwane



lehlabula



Tshitwe

Pherekgong

Hlakola

hwetla

Hlakubele

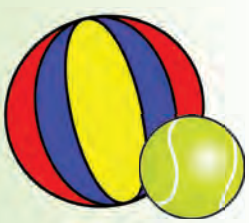
Mmesa

Motsheanong



A re tsamayeng

Ithapolleleng bokgoni ba ho bapala bolo.
Otlanya bolo mabapi le lebota.
Jwale matha ebe o lahlela bolo ho etsa mokolokotwane.



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Date:

Nako tsa selemo

A re baleng



Lehlabula

Letsatsi le tjhabile ho futhumetse.

Matsatsi a malelele ha masiu a le makgutshwane.

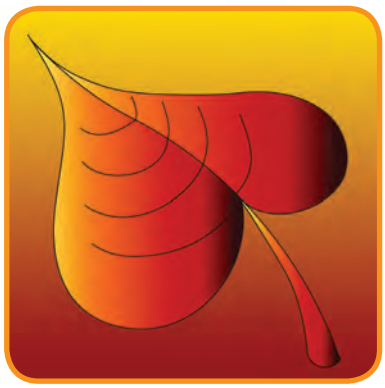
Re ka dula re phodile ka ho sesa kapa ho dula moriting.

Hwetla

Ho qala ho phola.

Mahlaku a difate a qala ho ba mmala wa gauta, le hona ho hlohloreha difateng.

Dinonyana di fofela bakeng tse tjhesang.





Mariha

Ho a bata.

Dibakeng tse ding ho na le lehlwa le mohodi.

Matsatsi a makgutshwane ha masiu a le malelele.

Diphoofolo tse ding di robala mariha ohle (di a falla ka nako ena).

Selemo

Ho futhumetse.

Dijalo di qala ho hola mme dipalesa di a thunya difateng.

Dinonyana di qala ho aha dihlaha tsa ho behela mahe.



A re bueng

Bolella motswalle wa hao hore re apara diaparo tse jwang nakong tse fapaneng tsa selemo. O rata ho apara diaparo difeng?

A re ngoleng

Etsa mola o tlohang tlhalosong ya diaparo tseo re di aparang nakong ya boemo ba lehodimo bo bontshitsweng.

Ho aparela boemo ba lehodimo

Ha ho na le letsatsi re lokela ho rwala dikatiba ho itshireletsa letsatsing.



Ha ho bata re lokela ho apara diaparo tse phodileng.



Ha ho bata ka ntle re lokela ho apara diaparo tse futhumetseng tsa ulu.



Nako eo pula e nang re hloka ho apara jase ya pula le hona ho nka sekgele.



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Nako tsa selemo

A re etseng ditshwantsho

Etsa setshwantsho sa ngwanana le moshemane.



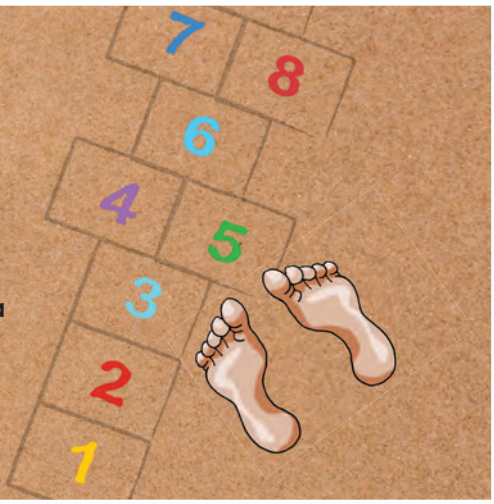
Moshemane o tlameha ho apara diaparo tsa mariha tse futhumetseng ha ngwanana a tlamehile ho apara diaparo tsa lehlabula tse phodileng.

Moshemane	Ngwanana

A re tsamayeng



- Beha dihupu fatshe kapa o etse masakana lehlabatheng.
- Ha titjhere ya hao a re o tlole, o tlolele ka lesakaneng ka maoto a mabedi.
- Ha titjhere ya hao a re o tlole, o tlolele ka ntle ho lesakana ka leoto le le leng.
- Bapala sekotjhe.
- Sebedisa tjhoko ho etsa masakana le sekwere fatshe.



A re bueng

Nako e nngwe le e nngwe ya selemo e na le ditholwana le meroho e holang ka nako eo ya selemo. A re shebang dijo tse etsang re phele hantle tse fumanehang nakong e nngwe le e nngwe ya selemo.



Teacher:
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Date:

Sephetho sa nako tsa selemo

A re baleng



Selemo

Ka nako ya selemo difate di qala ho hlomela.

Re bona dinonyana, dinotshi, dipalesa le mahlaku a matjha.

Dinonyana di etsa dihlaha di qhotsa le mahe.

Borapolasi ba kuta dinku.

Lehlabula

Ka nako ya Lehlabula borapolasi ba kotula ditholwana. Diphoofolo tse nyenyane di matjato ka nako ena.

Dibakeng tse ngata pula e na haholo mme ho na le lehadima le letolo.

Jwang, dipalesa di hola di ba kgolo, ha difate di ba telele.





Hwetla

Diphoofolo tse ding di boloka dijo ha di itokisetsa ho robala mariha ohle.

Mahlaku a difate a qala ho ba masehla, sootho, kgubedu le lebala la namunu.

Jwang bo qala ho ba sootho.



Mariha

Diphoofolo tse ding di robala mariha ohle. Re re di a falla. Di dula di futhumetse hobane matlalo a tsona le boya bo ba bongata.





A re ngoleng

Diphoofolo tse ding di etsang mariha? _____

_____

Diphoofolo tse ding di itshireletsa jwang serameng? _____

_____

Dinonyana di kgutlela neng dinaheng tse futhumetseng, le hona ho qala ho etsa dihlaha? _____

Teacher:

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Ho jala sejalo sa nawa

A re etseng

O hloka

- Dinawa tse hlano
- Perinki
- Boya
- Metsi





Seo o ka se etsang



Kenya dinawa ka hara boya ka perinkeng.
E boloke e le metsi. Beha perinki hodima motheo wa fensetere letsatsing.

Hlokomela dinawa bekeng tse pedi tse latelang.

Hlokomela hore e hola jwang.

Sheba setshwantsho sa semela sena sa nawa
Ha semela sa hao se boheha tjena tlatsa letsatsi

_____	_____	_____	_____
Letsatsi	Letsatsi	Letsatsi	Letsatsi
			



A re etseng

Etsa papadi ka phoofolo.
Bontsha Bere kapa lesamane di pata dijo di di behela mariha.





A re tsamayeng



Fofa jwale ka lefokotsane le ya sebakeng se mofuthu.



Hahaba fatshe jwale ka noha e batla sebaka se setle ho fallela teng.



23 Diphoofolo: Diphoofolo tsa polasi



A re bueng

Sheba ditshwantsho o bue ka diphoofolo tse fapaneng tsa polasi tseo o di bonang.
Ke phoofolo e fe eo o e ratang haholo?
Re fumana eng phoofolong e nngwe le e nngwe?

A re ngoleng

Ngola dikarabo tse nepahetseng tafoleng tse latelang.
Re o etseditse ya pele.



Tona	Ramo
Tshehadi	Pheleu/nku e tshehadi
Ngwana	konyana
Modumo	Lerata
Tshireletso	lesaka



Tona	
Tshehadi	
Ngwana	
Modumo	
Tshireletso	



Tona	
Tshehadi	
Ngwana	
Modumo	
Tshireletso	



Tona	
Tshehadi	
Ngwana	
Modumo	
Tshireletso	

Teacher:
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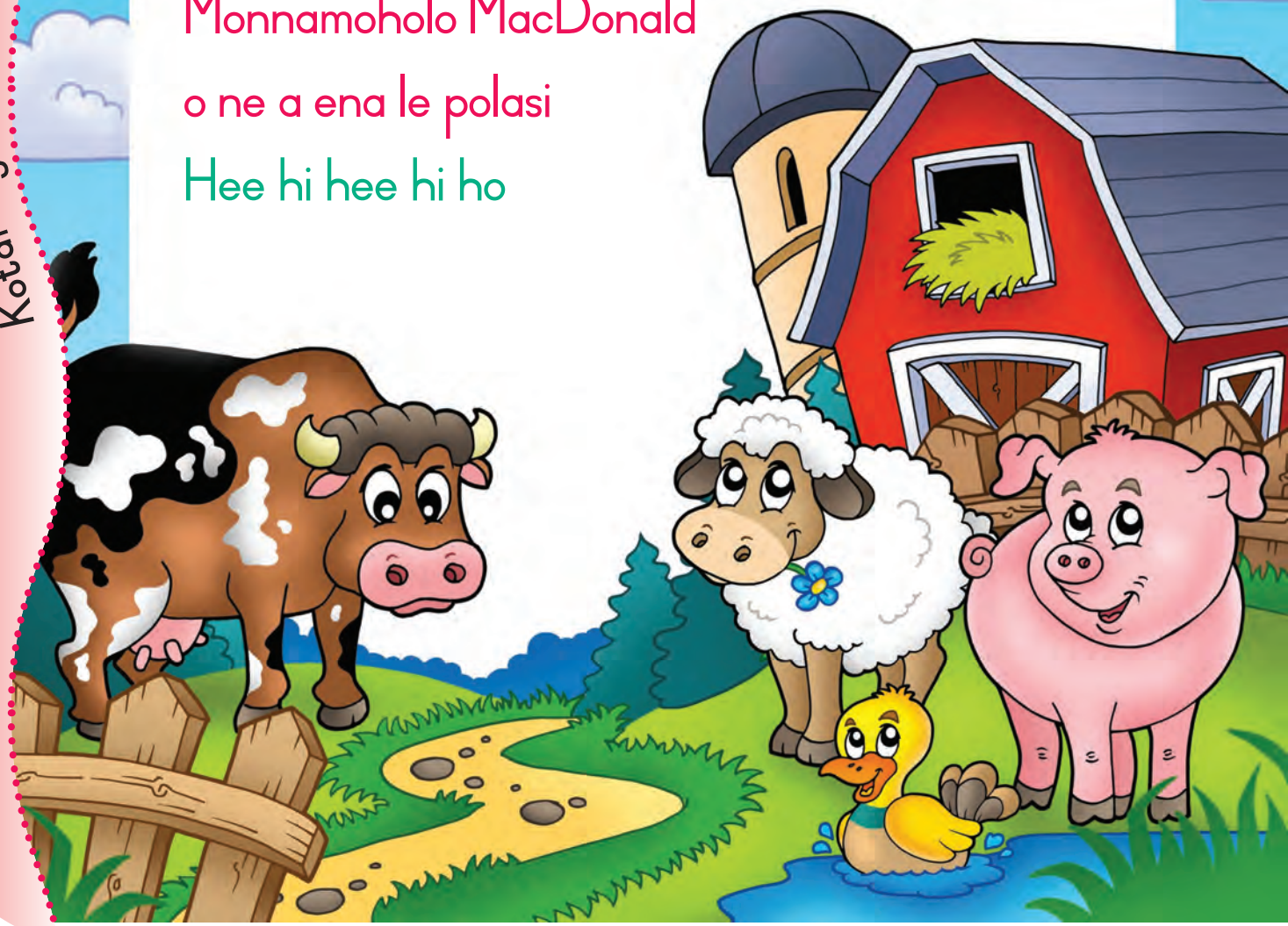
Date:

24 Diphoofolo tsa polasing

A re bueng



Monnamoholo MacDonald o na le Polasi
Hee hi hee hi jo jo
Polasing o ne a ena le dikgomo
Di re muu muu muu mona le muu mane
Mona le mane muu muu muu
Monnamoholo MacDonald
o ne a ena le polasi
Hee hi hee hi ho



A re bueng

Tswela pele ho bina pina. Sebakeng sa kgomo meleng e latelang sebedisa diphoofolo tsena.



Polasing o ne a ena le dintja hape.

Polasing o ne a ena le matata.

Polasing o ne a ena le dipere.

A re tsamayeng

- Tsamaya hodima balaka o sa wele.
- Lahlela bolo hodimo moeng o e tshware e se wele fatshe.
- Jwale matha jwalo ka pere.
- Tsamaya jwale ka letata.
- Tsamaya jwale ka roboto.



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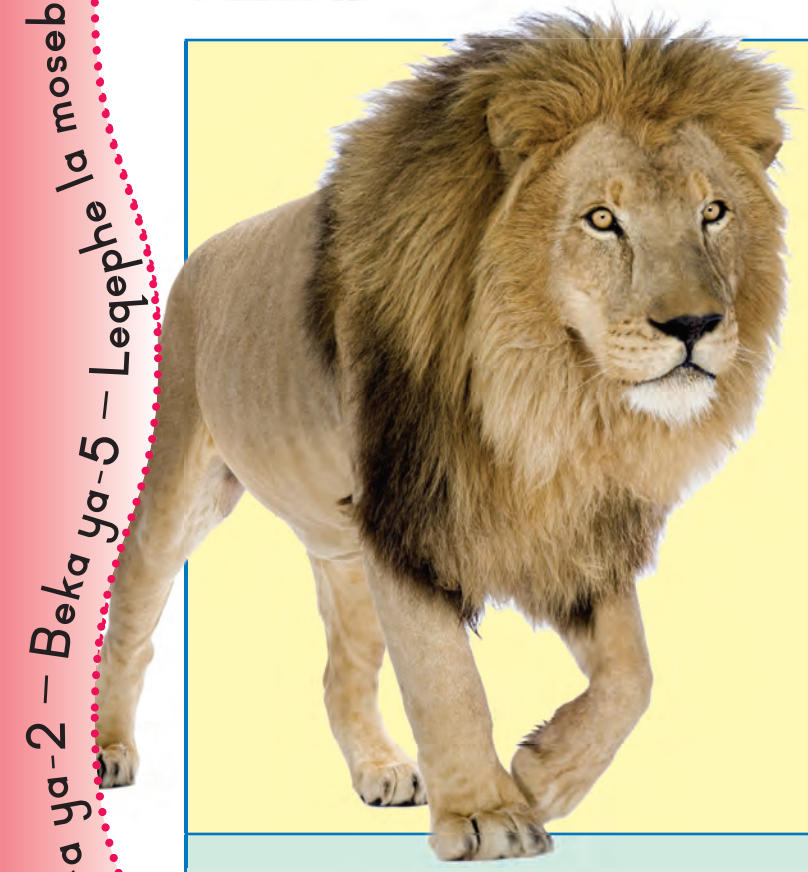
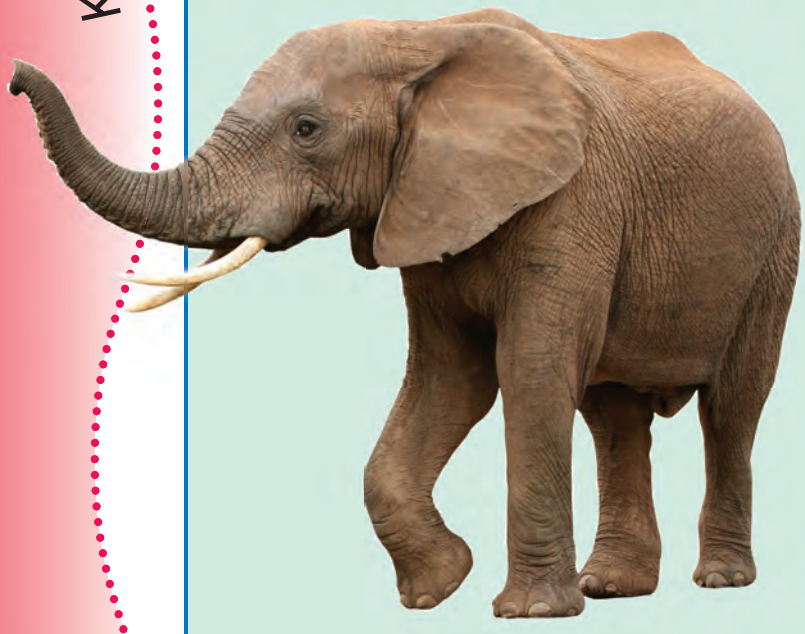
Diphoofolo tse hlaha

A re baleng





Ditau ke tsa lapa la dikatse.
Tau ke morena wa mmuso
wa diphoofolo.
Di bolaya le hona ho tsoma di
kgama le diQwaha. Tse tshehadi ke
tsona tse tsomang haholo.
Di tsoma bosiu ka dihlotshwana.
Ditau di rata ho phela masimong
moo ho nang le jwang. Ditau di ka
rora di etse lerata haholo.



Ditlou ke di antshi tse kgolo ho
feta phoofolo tsohle lefatsheng.
Di kotsing ka mehla hobane di
tsomelwa manaka a tsona. Ditlou
di sebedisa mekadi ho kenya metso,
ditholwana le metsi ka molomong
wa tsona. Di ja dijo tse ka bang
boima ba dikilogerama tse 200
ka letsatsi. Di nwa dilitara tse 190
tsa metsi ka letsatsi.



Ho na le mefuta e mmedi ya ditshukudu tshukudu e tshweu le e ntsho. Tshukudu ha e bone hantle, empa di kgona ho nkgella dintho hantle. Ditshukudu di kgolo haholo, mme di na le boima ba 2 5000 kilogerama. Tshukudi di tsongwa kamehla ke batsomi ba batla manaka ya tsona. Re lokela ho sireletsa ditshukudu ho batsumi ba tlang ho di bolaya ka lebaka la manaka a tsona.



Lengau le seng le hodile le kgona ho hola bolelele ba dimetara tse pedi. Letlalo ya yona le lesootho le botsho bo nang le matheba a etsang sedikadikwe. Lengau le tseba ho hlwa ha le na le bothata ba ho tsoma difateng.



Nare e dula ka dihlotshwana. Ha ho na le monyenyetsi wa kotsi dinare le manemane di bokellana bohareng ba sehlotshwana sa tsona dinare, mme di potapotuwa ke di poho ho di tshireletse. Nare e ka hola ho fihlela dimetara tse 1,7.

Teacher:
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Mokgwa oo diphoofolo di ipatang ka ona

A re baleng







Metsero ya diqwaha e etsa hore ho be thata ho bona qwaha morung.

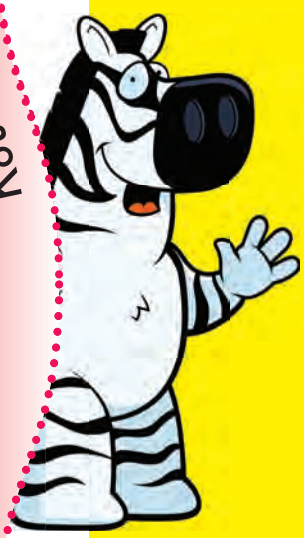




Diphoofolo tse ding di itshireletsa ka ho fetola mokgwa oo di shebahalang ka yona hore di tshwane le tikoloho ya tsona.

Lempetje le kgona ho fetola mmala hore le tshwane le difate tseo le di hlwang.





Matlalo le masiba a phoofolo tse ding a entswe ka mokgwa oo ho leng boima hore mang kapa mang a ka di bona.

Re bitsa sena ho ikgakanya.



Nahana ka diphoofolo tse ding tse etsang sena ho ikgakanya.









A re etseng

Etsa setshwantsho sa phoofolo e hlaha.
Bolella motswalle wa hao hore phoofolo ena e ikgakanya jwang.

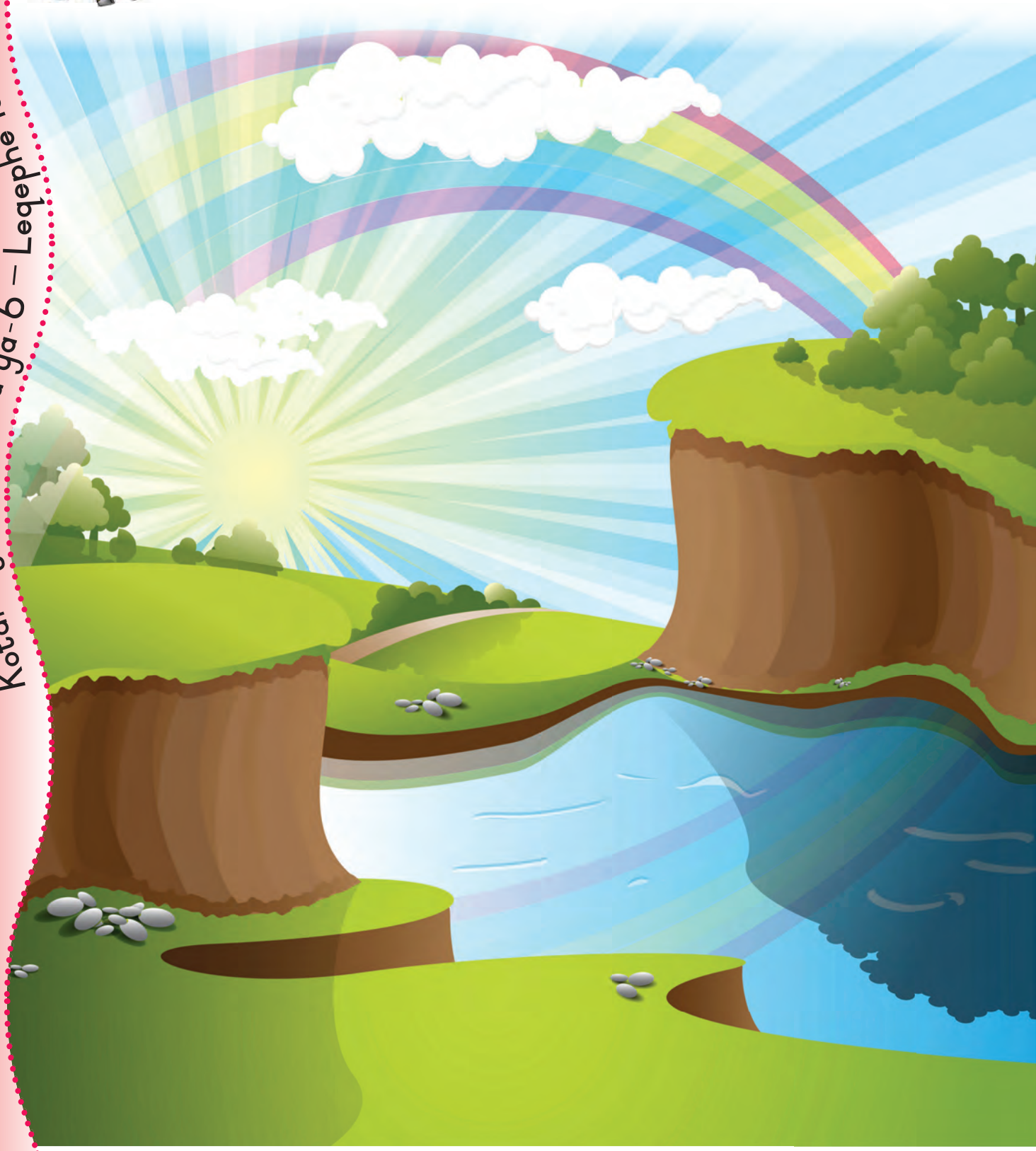


27

Diphoofolo tsa metsing

A re etseng

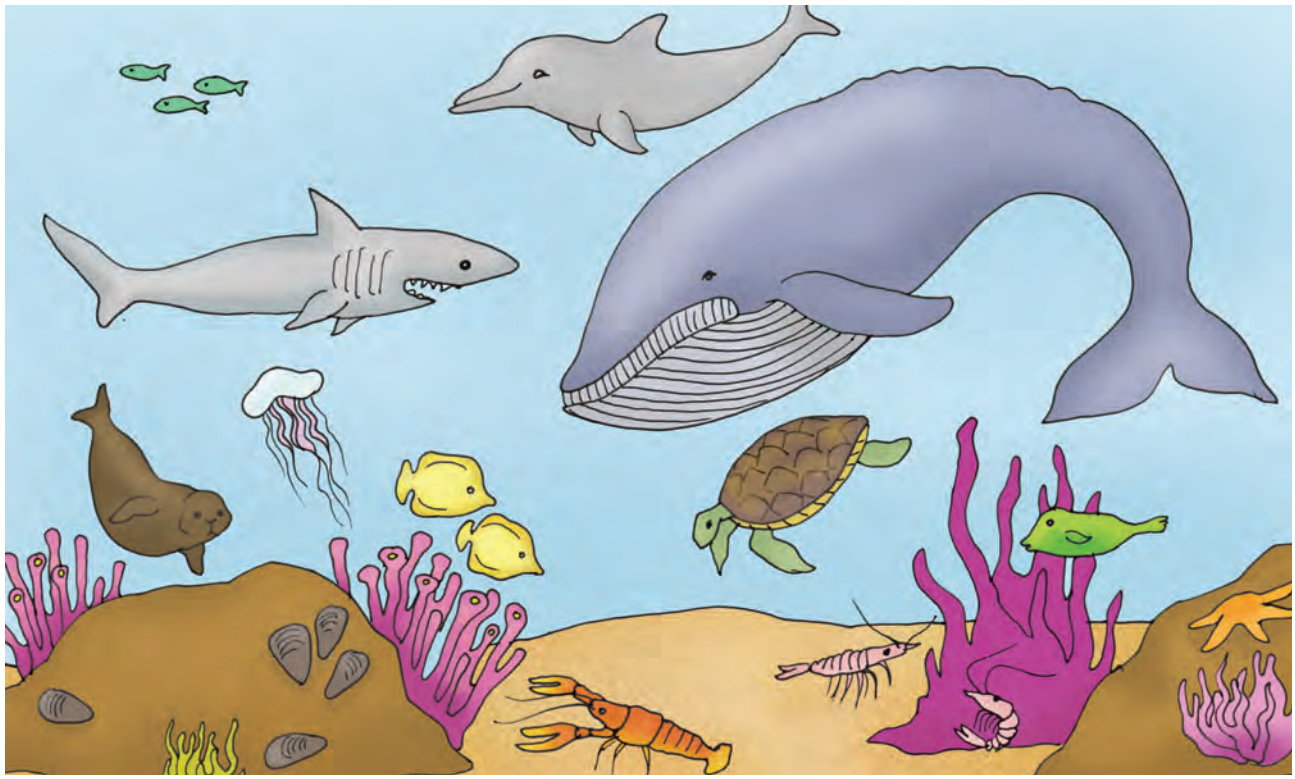
Qetella setshwantsho ka ho kenya ditshwantsho tsa diphoofolo tse phelang ka metsing.



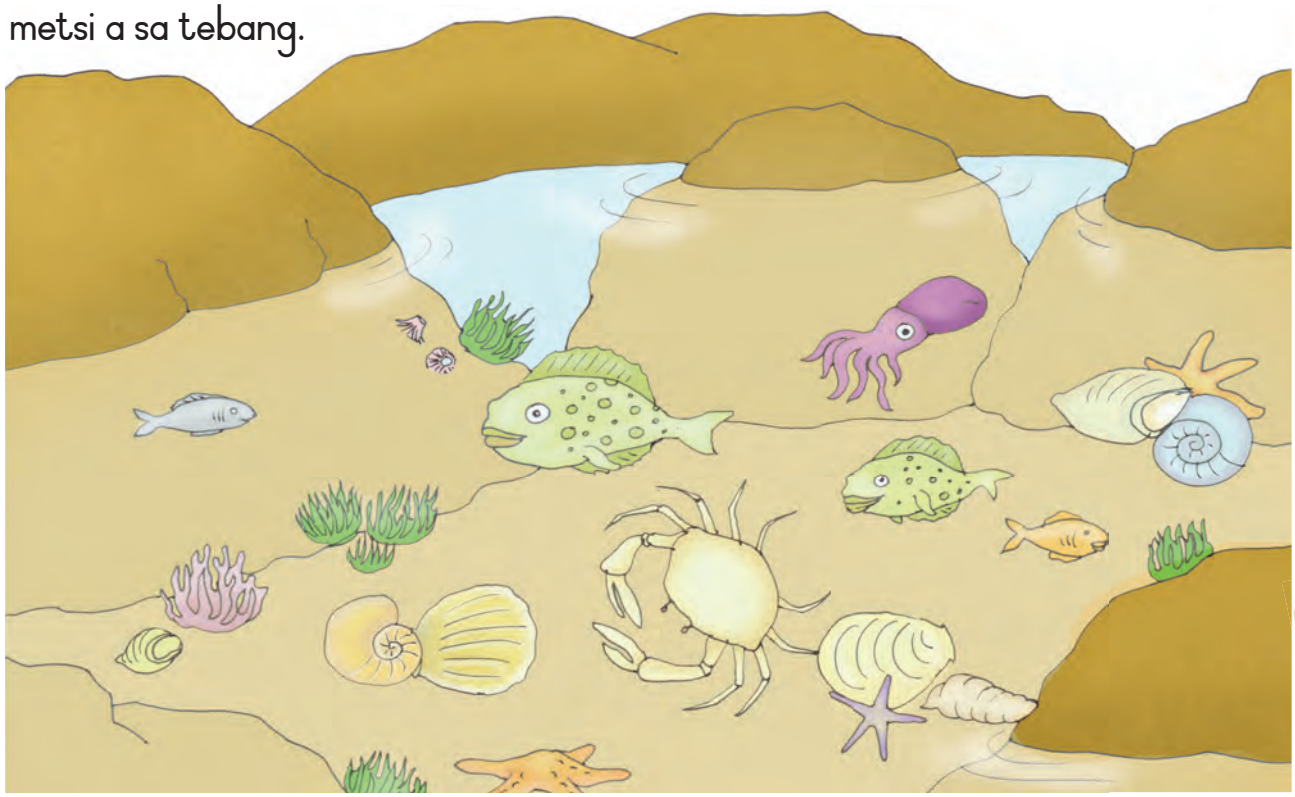
Dibopuwa tsa botebong ba lewatle

A re bueng

A re shebang diphoofolo tse fapaneng tse phelang metsing a letswai.



Ho na le diphoofolo tse nyenyane, tse phelang matsheng a nang le majwe moo metsi a sa tebang.



Teacher:
Sign:
Date:

Phoofolo e masene



A re bueng

Bua ka diphoofolo tsohle tsa lewatle ditshwantshong tse latelang.



- Ke diphoofolo difeng tse ka jewang ke batho?
- Ke diphoofolo difeng tsa lewatle tse kotsi?
- Mmele wa tlhapi o kwahetse le ho tshireletswa ke eng?
- O nahana hore ho ka etsahalang ha lewatle le ka tlala ditshila kapa dintho tse tjhefu?
- Lewatle le ka silafala ka mekgwa e fapaneng e jwang?



A re ngoleng

Ngola mabitso a diphoofolo tsohle tseo o ka nahanang ka tsona tse dulang dinokaneng, matamong kapa lewatleng, dikholomong tse tharo tsa tafole e latelang.

Noka	Lewatle	Letamo

A re etseng

Etsa tanka ya ho boloka ditlhapi.

- Penta bohare ba lebokose la dieta bolou - botala, mme o fetolele lebokose.
- Jwale seha tlhapi ka morao ho buka.
- Tshwarisa tlhapi ka hodimo lebokoseng ka semamaretsi le kgwele.



A re tsamayeng

- Fofa jwale ka nonyana ka lebelo le leholo le ka ho iketla
- Tsamaya jwale ka nonyanalewatle
- Fofa jwalo ka notshi
- Tsamaya jwalo ka lekgala
- Sesa jwalo ka tlhapi
- Tlola/qothoma jwalo ka senqanqane



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30 Diphoofolo tse jarang mahae a tsona ha di tsamaya

A re baleng



Na o a tseba hore ke fella hantle kgaketlaneng ya ka,ha e ke be e be nyenyane ho nna.

Kgudu

Kgudu ke sehahabi se nang le maotwana a mane le molala o temekang le hlooho. E tsamaya butle e pepile kgaketlana ya yona.

Ho na le mefuta e meraro ya dikgudu.

		
Ke dula lewatleng	Ke dula metsing a matjha moo ho leng mongobo	Ke dula naheng

A re ngoleng

Araba dipotso tse latelang ka kgudu e dulang naheng.

Kgaketlana ya kgudu e bonolo kapa thata? _____

Kgaketlana ya kgudu e itshireletsa ho eng? _____

_____

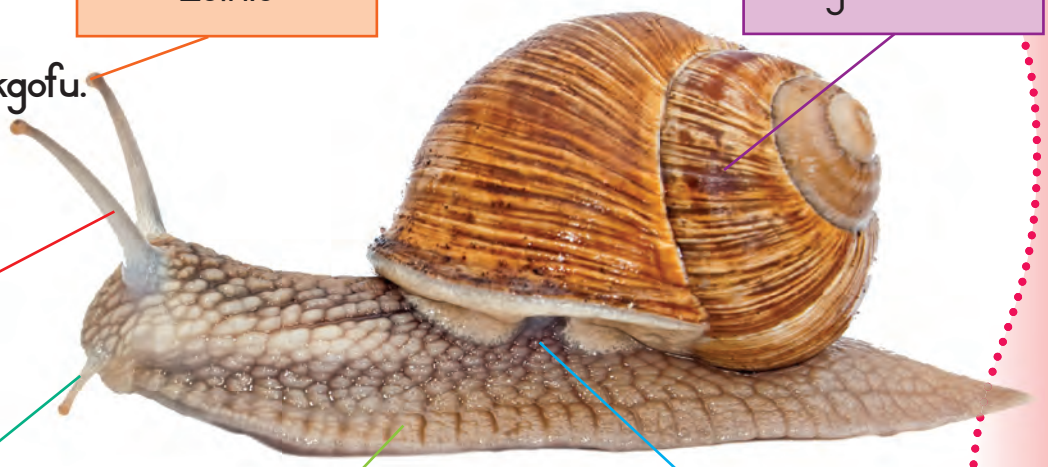
kgudu se etsa eng ha e tshohile? _____

Dikgudu di ja eng? _____

_____

Kgofu

Sheba kgaketlana ya kgofu.



Leihlo

Kgaketlana

dinakana tse telele

dinakana tse kgutshwane

Maoto

Lesoba bakeng sa ho hema

Kgofu e tsamaya jwang? _____

Na o kile wa fumana kgaketlana e se nang letho ya kgofu? _____

_____

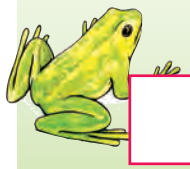
Kgaketlana tsa kgofu di mmala o jwang _____

Hobaneng dikgofu di na le dikgaketlana _____



A re etseng

O nahana hore ke dula kae? Pela setshwantsho sa ka. Bolela hore nka etsa lehae la ka sefateng, fatshe kapa metsing

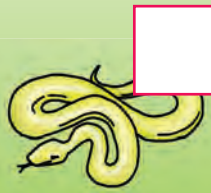


















Teacher:

Sign:

Date:

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Diphoofolo tse ikahelang moo di itshireletsang

A re etseng

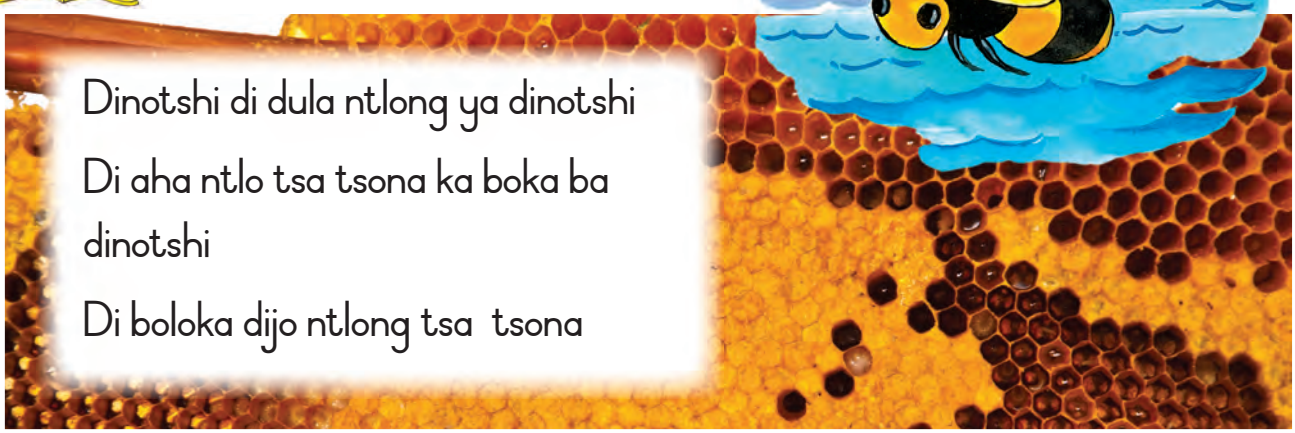
Kopanya ditshwantsho tsa diphoofolo le ditshwantsho tsa malapa a tsona.





A re baleng

Dinotshi

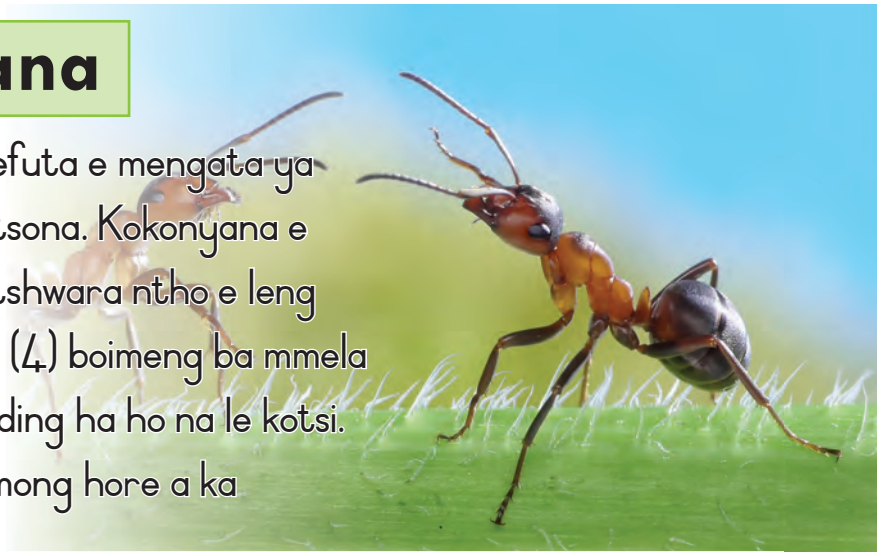


Dinotshi di dula ntlong ya dinotshi

Di aha ntlo tsa tsona ka boka ba dinotshi

Di boloka dijo ntlong tsa tsona

Dikokonyana



Dikokonyana di aha mefuta e mengata ya meaho tikolohong tsa tsona. Kokonyana e nyenyane e kgona ho tshwara ntho e leng boima bo ka kena hane (4) boimeng ba mmela wa bona. Di rerisa tse ding ha ho na le kotsi. Di bolella e mong le e mong hore a ka fumanana dijo kae.



A re ngoleng

O nahana hore hobaneng dikokonyana di ikahela tshireletso _____

_____

Sera sa kokonyana ke mang? _____

_____

Dikokonyana di sebedisang ho ikahela _____

_____



A re baleng

Dinonyana

Dinonyana di aha dihlaha e le mahae a tsona, le hore di be le moo di ka behelang mahe teng. Boholo ba sehlaha bo laolwa ke hore nonyana e boholo bo bokae.

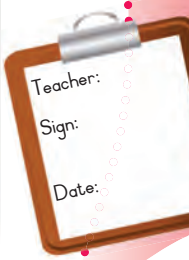
Dinonyana di sebedisang ho aha dihlaha?

_____

Ke phoofolo efe eo e leng sera sa nonyana?

_____







LENGOLO LA BOPAKI

la ho qeta kereiti ya 2

Bokgoni ba bophelo buka 1

E abetswe

_____

Tlatsa lebitso la hao

Letsatsi _____

Titjhere _____

A a

G g

B b

H h

C c

I i

D d

J j

E e

K k

F f

L l

M m

S s

N n

T t

O o

U u

P p

V v

Q q

W w

R r

X - Z

x - z

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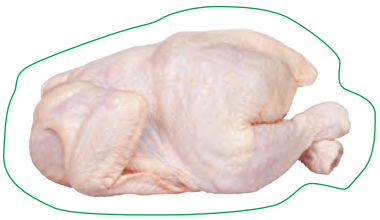
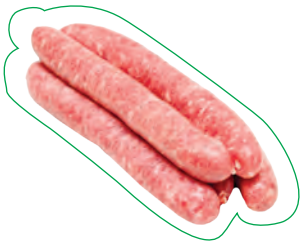

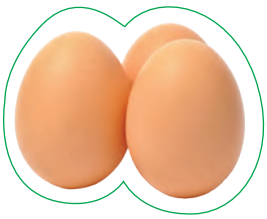













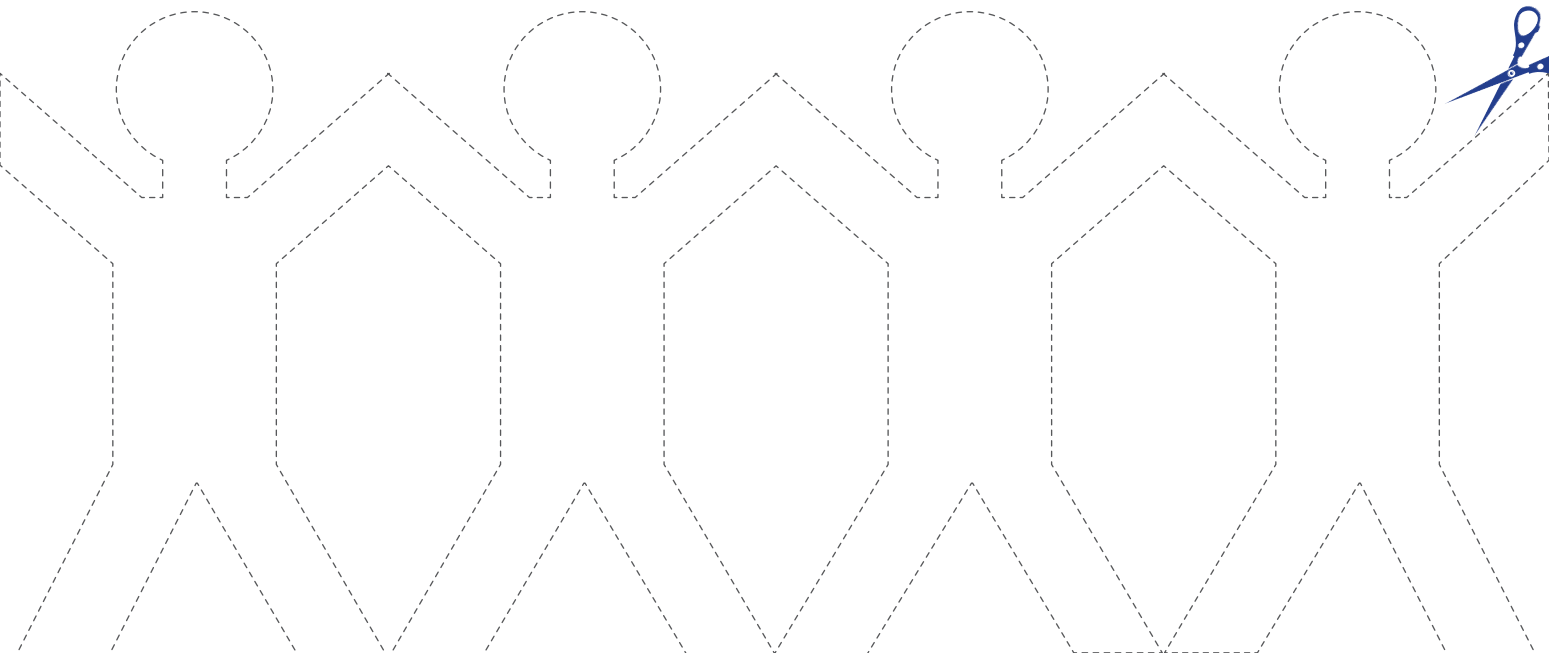

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