

Manana Angie Motshekga, Holobye wa Dyondzo ya Masungulo



Nkulukumba Enver Surty, Xandla xa Holobye wa Dyondzo ya Masungulo

Tibuku leti to tirhela ti endleriwe vana va Afrika-Dzonga ehansi ka vurhangeri bya Holobye wa Dyondzo ya Masungulo, Manana Angie Motshega, na Xandla xa Holobye wa Dyondzo ya Masungulo, Nkulukumba Enver Surty.

Tibuku to tirhela ta Rainbow ti vumba xiyenge xin'wana xa ntlawa wa migingiriko ya Ndzawulo ya Dyondzo ya Masungulo leyi kongomisiweke eka ku antswisa matirhelo ya vadyondzi va Vaafrika-Dzonga eka tigiredi ta ntsevu to sungula. Tanihi xin'wana xa swilo leswi nga swirhangana eka nkunguhato wa matirhelo ya mfumo, phurojeke leyi yi humelerile hi ku seketeriwa hi timali hi Nkwama wa Timali ta Tiko. Leswi swi endlile leswaku Ndzawulo yi swi kota ku endla leswaku tibuku leti to tirhela, ti kumeka hi tindzimi hinkwato ta ximfumo handle ko hakeleriwa.

Hi tshemba leswaku tibuku leti ti ta pfuna vadyondzisi eka migingiriko ya vona yo dyondzisa ya masiku hinkwawo no tiyisisa leswaku vadyondzi va vona va kota ku heta kharikhulamu. Hi tiyisise no letela mudyondzisi eka nghingiriko wun'wana na wun'wana hi ku katsa mifungho leyi kombisaka leswi mudyondzi a faneleke ku endla swona.

Hi ni ntshembo leswaku vana va ta tiphina no tsakela ku tirha migingiriko leyi nga ebukwini loko va ri karhi va ya emahlweni no dyondza, na leswaku wena, mudyondzisi, u ta tsaka swin'we na vona.

Hi mi navelela ku humelela, wena na vadyondzi va wena eku tirhiseni tibuku leti to tirhela.

Giredi ya 3



Ntivo swa vutomi hi XITSONGA Buku ya 1

Tikotara ta 1 na 2

Tibuku to tirhela ti kumeka hi ntlhandlamano lowu:

- *Literesi/ Ririmi ra le kaya Tigiredi ta 1-6 (Hi tindzimi hinkwato ta ximfumo)*
- *Matematiki Tigiredi ta 1-3 (Hi tindzimi hinkwato ta ximfumo)*
- *Matematiki Tigiredi ta 4-9 (Hi Xinghezi na Xibunu)*
- *Ntivo swa vutomi Tigiredi ta 1-3 (Hi tindzimi hinkwato ta ximfumo)*
- *Ririmi ro Engetela ro Sungula Tigiredi ta 1-3 (Hi Xinghezi, Xibunu, Xipedi na Xizulu)*
- *Ririmi ro Engetela ro Sungula Tigiredi ta 4-6 (Hi Xinghezi na Xibunu)*

Vito:

Tlilasi:

Rainbow WORKBOOKS

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GRADE 3 – TERMS 1&2
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Nkosi sikelel' iAfrika
Maluphakanyisw' uphondo lwayo,
Yizwa imithandazo yethu,
Nkosi sikelela, thina lusapho lwayo.

Morena boloka setjhaba sa heso,
O fedise dintwa le matshwenyeho,
O se boloke, O se boloke setjhaba sa heso,
Setjhaba sa South Afrika – South Afrika.

Uit die blou van onse hemel,
Uit die diepte van ons see,
Oor ons ewige gebergtes,
Waar die kranse antwoord gee,

Sounds the call to come together,
And united we shall stand,
Let us live and strive for freedom,
In South Africa our land.

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Sunguti
Nyenyenyani
Nyenyankulu
Dzivamisoko
Mudyaxihi
Khotavuxika
Mawuwana
Mhawuri
Ndzati
Nhlangula
Hukuri
N'wendzamhala

Giredi ya 3



Ntivo swa vutomi
Buku ya I



Buku leyi i ya:

1

Mayelana na mina



A hi tsaleni

Un'wana na un'wana wa hina u hambana na van'wana kasi hinkwerhu hi hlawulekile. Tata xibukwana xa vutiveko mayelana na wena.
Loko u endlile sweswo, kombisa khadi eka munghana wena.

Hi swihi leswi fanaka na leswi hambanaka exikarhi ka wena na munghana wa wena?



Xibukwana xa vutiveko

Vito:

_____.

Malembe:

_____.



Nhwanyana kumbe mufana:

_____.

Muhlovo wa misisi:

_____.

Muhlovo wa mahlo:

_____

Dirowa xifaniso xa wena.

A hi vulavuleni

Sweswi ehleketa hi vutomi bya wena ku fika sweswi.

Xana u tsundzuka swa le ndzhaku ku fika kwihi? Xana u kota ku tsundzuka masiku ya wena yo tlangela ku velekiwa? Xana wa ha tsundzuka loko u sungula ku nghena xikolo?





A hi tsaleni

Tata ku landzelelana ka nkarhi mayelana na vutomi bya wena.









Ndzi velekiwe hi	Ndzi sungule ku vulavula hi	Ndzi sungule ku nghena xikolo hi	Ndzi fike eka giredi ya 2 hi
20____	20____	20____	20____

Teacher:
Sign:
Date:

Siku ra mina ra ku velekiwa ri hi: _____

2

Xikolo xa hina



A hi endleni

Mudyondzisi wa n'wina u ta ku pfuna ku tsala ku landzelelana ka nkarhi wa swiendleko swa xikolo xa n'wina. Hi ku sungulele wona. Mudyondzisi wa wena u ta ku tivisa hi swiendleko swin'wana swa nkoka leswi u nga swi engetelaka.

Xana xikolo xa n'wina xi sungule hi lembe rihi?	Xana nhloko ya xikolo u tile hi lembe rihi exikolweni?		
20____	20____	20____	20____
20____	20____	20____	20____



A hi endleni

'I vamani vanhu lava nga exikolweni xa n'wina? Vulavula leswaku i vamani kutani u tata rito leri faneleke ekusuhi na xifaniso xin'wana na xin'wana. Vulavula na munghana wa wena hi leswi va swi endlaka exikolweni. Tirhisa marito lama ku ku pfuna.

vabasisi

vadyondzisi

nhloko ya xikolo

vana



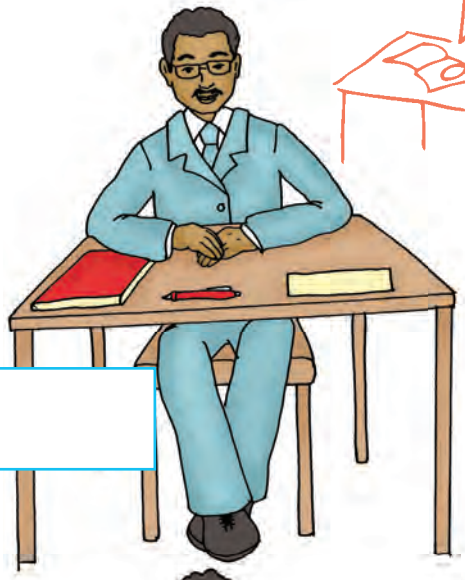
















A hi yeni emahlweni

Mudyondzisi wa n'wina u ta vitana vito ra wena kutani a ku hoxela bolo. Khoma bolo yi nga si wela ehansi.



Sweswi ringeta ku khoma bolo leyi nga endzeni ka nkwama loko munghana wa wena a ku hoxela yona.



Hoxela munghana wa wena bolo kutani u xiya loko a swi kota ku yi khoma loko yi ri endzeni ka nkwama.

Ololoxa swirho tanihi ximanga leswaku u ta kota ku wisa.



Teacher:

Sign:

Date:

3 Hinkwaswo mayelana na mina

A hi vulavuleni

Ehleketa hi nchumu wo tsakisa lowu wu ku humeleleke eka nkarhi lowu nga hundza kutani u byela munghana leswaku a ta kota ku ku tiva swinene.



A hi vulavuleni

Byela munghana wa wena hi leswi munhu loyi a cinciseke xiswona ku suka eka xiyimo xa n'wana ku fika eka xiyimo xa mukhegula.

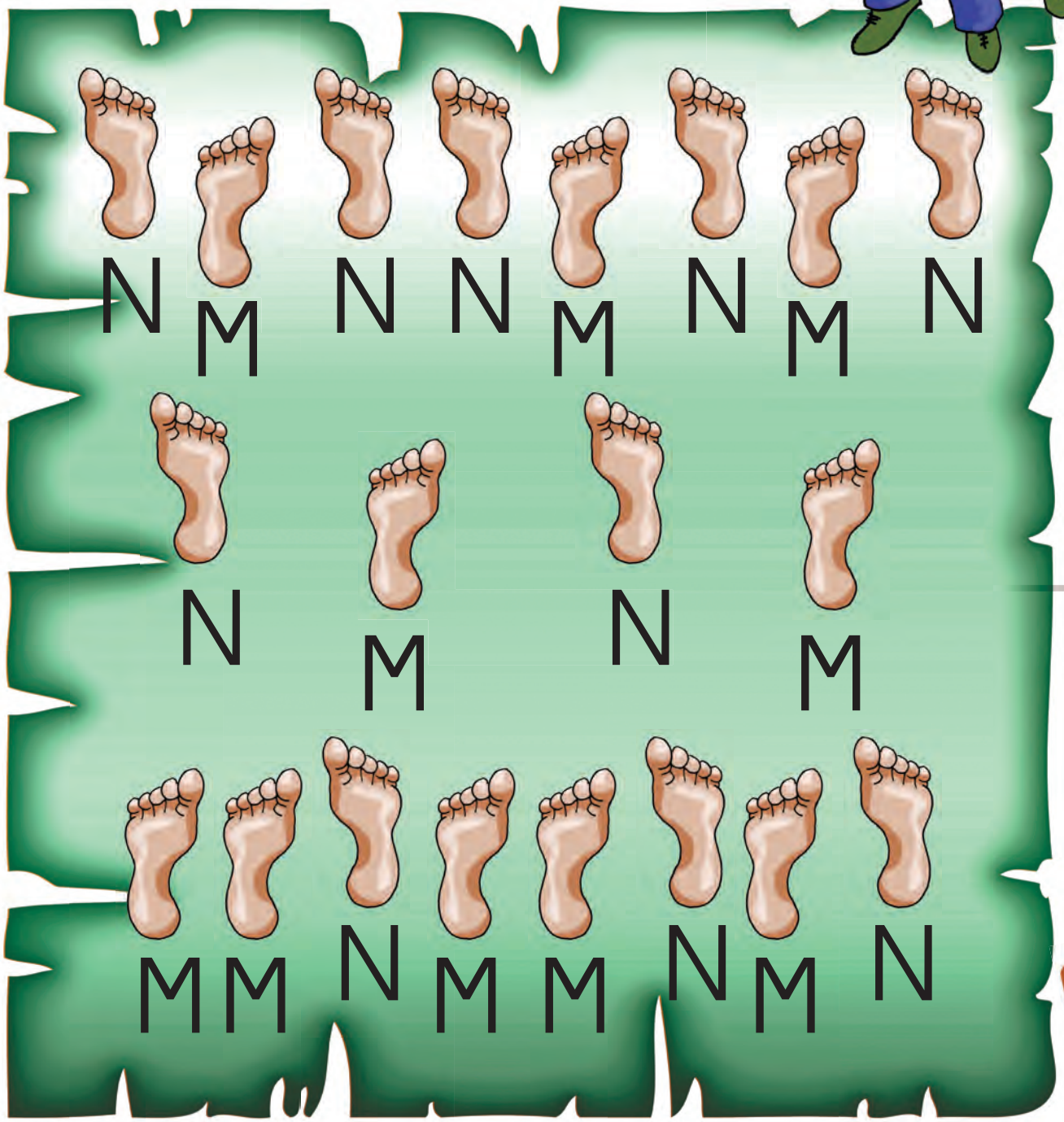
 n'wana	 ndzumulo	 n'wana wa xikolo
 xiyimo xa vukondl' a-ndzi-dyi	 ntswatsi	 mukhegula

A hi yeni emahlweni



Gandlisa mikondzo ya wena eka tipatironi leti.

M = ximatsi  N = xinene 



Teacher:
Sign:
Date:

4 Vukulu na vukhale

A hi vulavuleni

Vulavula hi leswi vana lavakulunyana na vanhu lavakulu va hambanisaka xiswona na wena.

Xana vanhu va cinca hi ndlela yihi loko va ri karhi va kula?

Loko nkarhi wu famba, vanhu va kula. Muhlovo wa misisi wa cinca, rito ra cinca, va kuma mipfimbi yo tala naswona va va na vutlharhi.



A hi tsaleni

Hi swihi leswi u swi endlaka hi ndlela leyi hambanaka na leyi vatswari va wena va endlaka hayona.

	Mina		Vatswari va mina	
Ku tsutsuma u nga karhali	☺	☹	☺	☹
Ku tlula	☺	☹	☺	☹
Ku hlaya nyuziphepha	☺	☹	☺	☹
Ku chayela movha	☺	☹	☺	☹
Ku tlanga emurhini	☺	☹	☺	☹

A hi yimbeleleni

A hi tilulamiseleni ku yimbelela.
Endlani mipfumawulo leyi.

Mpfumawulo wa xihatla tanihi sayirini ya ambulense.

Mpfumawulo wo nonoka tanihi risimu ro etlerisa n'wana.

Mpfumawulo wa le henhla tanihi ku yimbelela ka swinyenyana.

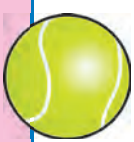
Mpfumawulo wa le hansi tanihi ku bonga ka nghala.

A hi yeni emahlweni

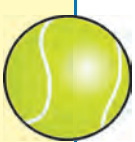
Xana u nga kota ku gava bolo?



Hoxela thenisi emoyeni kutani u yi khoma hi mavoko mambirhi.



Yi hoxele ehenhla kutani u phokotela mavoko u nga si yi khoma.



Bambisa bolo ya thenisi ehansi.



Sweswi ololoxa swirho tanihi ximanga.



Teacher:
Sign:
Date:

5

Mitwiwombilu

A hi vulavuleni

Languta swifaniso leswi kutani u hlamusela leswi vana lava va titwisaka xiswona. Xana u tshama u titwa hi ndlela leyi? Tata leswi n'wana un'wana na un'wana a titwisaka xiswona. Tirhisa marito lama ku ku pfuna.

ku tsana | ku tsaka | ku tisola | ku tinyungubyisa | ku chava | ku hlundzuka















A hi vulavuleni

Xana hi swihi leswi ku tsakisaka?

Xana hi swihi leswi ku tsanisaka?

Xana hi swihi leswi ku chavisaka?





A hi tsaleni

Xana hi swihi leswi ku hlundzukisaka?

Dirowa ntila ku yelanisa marito ya nhlamuselo yin'we.

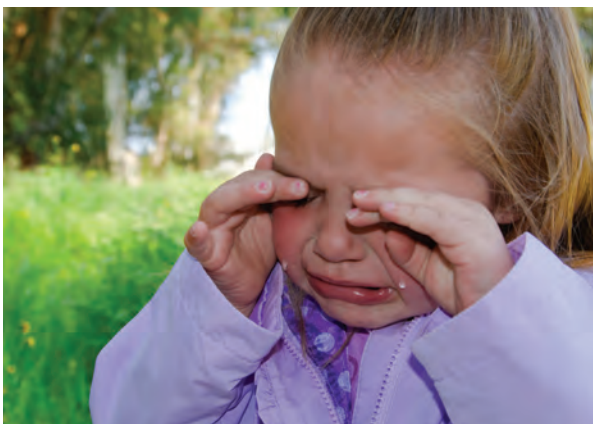




ku tsaka	ku chava	ku hlundzuka	ku tsana

ku kwata	ku khana	ku chuha	ku tsuva





Teacher:

Sign:

Date:

6

Swilo leswi ndzi swi rhandzaka

A hi tsaleni Khalara tinyeleti loko u tsakela ku endla swilo leswi.



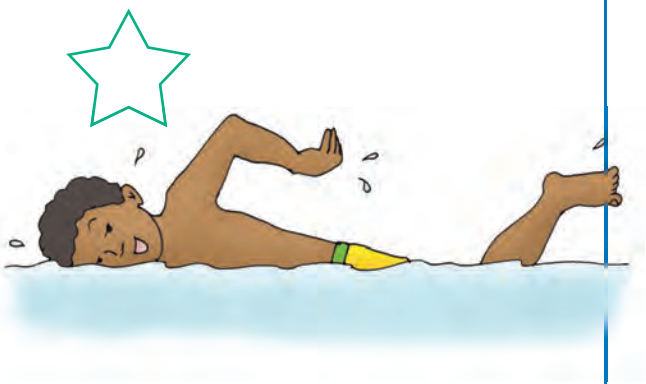
Ndzi rhandza ku hlaya.



Ndzi rhandza ku dirowa.



Ndzi rhandza ku tsala.



Ndzi rhandza ku khida.



Ndzi rhandza bolo ya milenge.



Ndzi rhandza ku penda.

A hi diroweni

Dirowa swifaniso swimbirhi u kombisa swilo leswi u swi rhandzaka.



Ndzi rhandza _____.	Ndzi rhandza _____.



A hi tsaleni

Khalara tinyeleti loko u kota ku endla swilo leswi kahle.

Ndzi nga tsutsuma hi rivilo.

Ndzi nga dirowa kahle.

Ndzi tiva tinhlayo.

Ndzi kota ku hlaya kahle.

A hi diroweni

Dirowa 2 wa swifaniso swa swilo swin'wana leswi u kotaka ku swi endla..



Teacher:

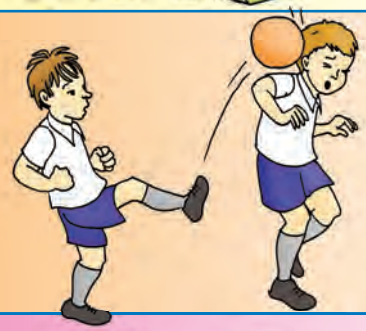
Sign:

Date:

Mitwiwombilu

A hi vulavuleni

Languta swifaniso leswi kutani u vulavula hi leswi u nga pfunisaka xiswona vana lava ku endla swilo leswi faneleke. Gwabisa nhlamulo leyi faneleke.

	Xana a wu voni laha u yaka kona?	
	Ndzi khomele! Ndzi pfumelele ndzi ku pfuna ku rholela swilo leswi!	
	Yoo! Hi leyi bolo ya wena.	
	Yoo! Famba u ya tlangela kun'wana!	
	I ya mina naswona a ndzi nga ku pfumeleli leswaku u yi teka.	
	Tana, a hi avelane chokoleti.	

A hi tsaleni

Xana vanghana va kahle va endla yini?





Tsala 2 wa swilo leswi vanghana lavanene va endlaka swona.





A hi vulavuleni

Languta swifaniso leswi. Vulavula hi leswi u swi vonaka eka xin'wana na xin'wana xa swona. Kutani hlawula xifaniso xin'we u xi encenyeta xona. Nyika xitori xa wena mahetelelo.











A hi yeni emahlweni

Ringeta ku endla swilo leswi landzelaka.

- Tsutsuma u rhendzeleka na rivala. Loko mudyondzisi a ku "cinca" u fanele ku hundzuluka kutani u tsutsumela eka tlhelo lerin'wana.
- Hoxela bolo ehenhla kutani u yi gava hi mavoko mambirhi.
- Bambisa bolo ehansi u ri karhi u yime ndhawu yin'we.
- Sweswi bambisa bolo no famba u ya emahlweni hi nkarhi wun'we.



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8 Ku kambisisa



A hi tsaleni

Tikambisise	✔	✘
Ndzi munghana wa kahle.		
Ndzi hlayisa vanghana va mina.		
Ndzi kombisa vunghana eka vana va tlilasi ya hina.		
Vunyingi bya vana etlilasini ya hina va ndzi tsakela.		
Ndza titsongahata eka vanhu van'wana.		



A hi endleni

Endlela munhu un'wana loyi u n'wi tsakelaka khadi. Dirowa xifaniso emahlweni kutani u tsala mahungu yo hlawuleka endzeni ka khadi.







A hi tsaleni

Dirowa xifaniso xa vanghana, mudyondzisi kumbe swirho swa ndyangu leswi nga hlawuleka eka wena. Tsala mavito ya swona.



Vanhu vo hlawuleka evuton'wini bya mina



Teacher:

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Date:

9

Ntivo-Rihanyu



A hi vulavuleni

Vulavula hi leswi humelelaka exifanisweni lexi.



Xana u tshama u huma mongolo?

Xana u fanele ku endla yini loko u sungula ku huma mongolo?

Leswi faneleke ku endliwa loko u huma mongolo

1. Tshama u korhamela emahlweni, nhloko ya wena yi langute ehansi.





2. Pfala nhompfu 2 wa timinete u hefemula hi nomo.

3. Veka nchumu wo titimela endzhaku ka nhamu ya wena.





4. U nga rhimili endzhaku ka loko mongolo wu yimile.

5. Loko mongolo wu nga yimi endzhaku ka 15 wa timinete, famba u ya vona dokodela.



Ku ongola timbanga







A hi hlayeni

A hi swi koti ku vona switsongwatsongwana kambe swi kumeka hinkwako. Loko hi titsema hi fanela ku hlayisa mbanga yi tshama yi basile leswaku yi nga ngheniwi hi switsongwatsongwana.



Mabasisele ya mbanga

U nga tshuki u khumba ngati ya munhu un'wana.

Ambala magilavhu nkarhi hinkwawo loko u pfuna munhu un'wana.



Yimisa ku huma ka ngati hi ku tlakusela mbanga yi va ehenhla ka levhele ya mbilu.

Ringeta ku yimisa ngati hi ku tshikelela bandichi embangeni.



Loko mbanga yi entile naswona yi ya emahlweni no huma ngati, famba u ya vona dokodela.

10

Swilondza swa ndzilo

A hi vulavuleni

Xana ku humelela yini eswifanisweni leswi?
Xana vanhu va nga tshwa hi ndlela yihi yin'wana?













A hi hlayeni

Loko u khoma nchumu lowu hisaka u ta tshwa.

Xana u fanele ku endla yini loko munhu un'wana a tshwa?

1. Chela mbanga hi mati yo titimela eka nkarhi wa 10 wa timinete. Leswi swi pfuneta ku titimeta nhlonge.
2. Pfula mbanga yi va erivaleni. U nga hluvuli swiambalo loko swi damarhelane na nhlonge.
3. Bandicha xilondza hi bandichi leyi baseke leswaku xi tshama xi basile.
4. Loko xilondza xi entile kumbe xi ri xikulu ku tlula xandla, famba u ya vona dokodela hi xihatla.



A hi yeni emahlweni

Ku tlula.

Fungha u kombisa laha u nga tlulaka u fika kona.

Vona loko munghana wa wena a nga tlula ku hundza laha wena u fikeke kona.





A hi yeni emahlweni

Endlani ngholovhana.

Nyiketanani na munghana wa wena ku va ngholovhana.



Teacher:

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Date:

11 Ku hlayisa miri wa mina



A hi vulavuleni

Hi fanele ku hlayisa miri ya hina.

Hi kuma ntwiwombilu wa "ina" loko hi tsakela xanchumu hi tlhela hi lava ku ya emahlweni na xona.

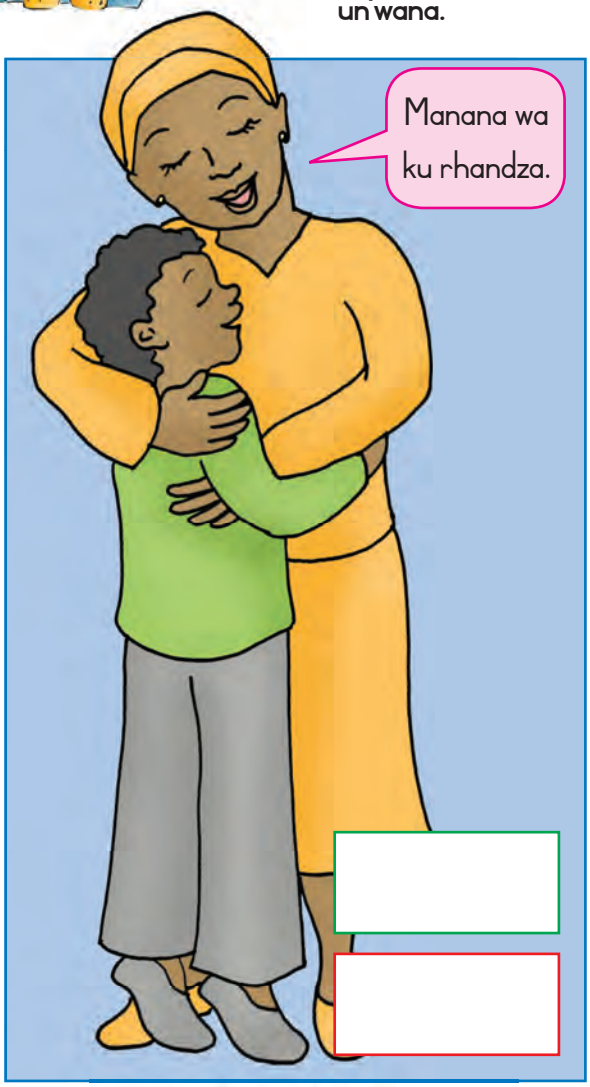
Hi kuma ntwiwombilu wa "e-e" loko xanchumu xi endla leswaku hi titwa hi nga tshamisekangi naswona hi lava no xi yimisa.



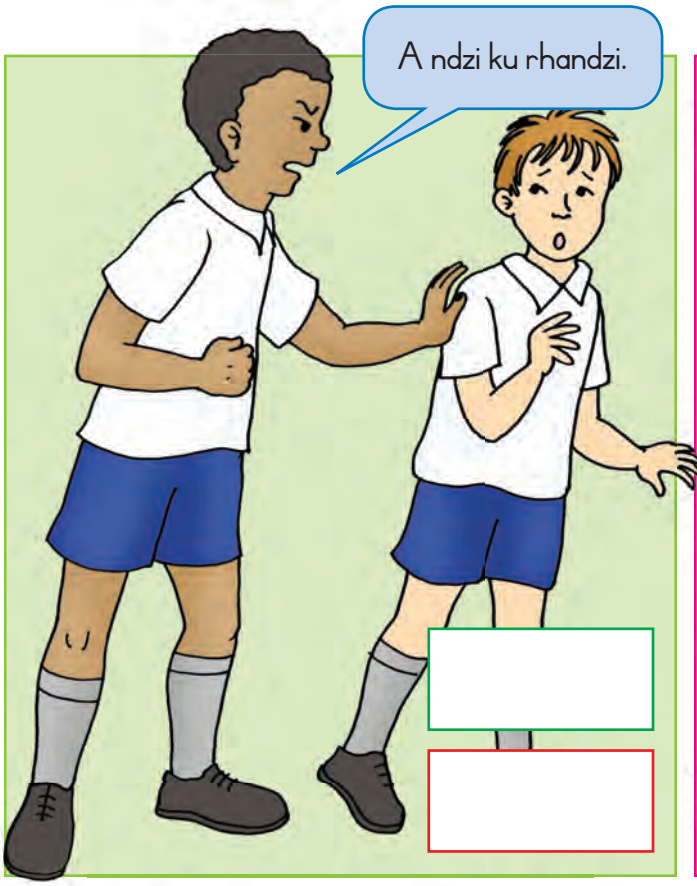


A hi tsaleni

Tsala "ina" kumbe "e-e" etlhelo ka xifaniso xin'wana na xin'wana, u tlhela u vula leswi a wu ta swi byela munhu un'wana.









Ku vula e-e

A swi olovi ku vula e-e kambe u fanele ku hlamula e-e loko munhu a endla leswaku u titwa u nga tshamisekangi.

Loko munhu a ku nyika ntwiwombilu wa "e-e" naswona a endla leswaku u titwa u nga tshamisekangi, vulavula hi swona na munhu lonkulu loyi u n'wi tshembaka.



A hi tsaleni Endla nxaxameto wa vanhu lava u nga va tshembaka.



Teacher:

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Ku tihlayisa

A hi vulavuleni

Xiyisisa swifaniso leswi. Vona loko u nga swi kota ku hlamusela xitori. Tata ximbyarumbyaru xo hetelela.











A hi tsaleni

Tsala milawu ya ntlhanu ya vuhlayiseki.
Sungula wun'wana na wun'wana hi:

Vana a va fanelangi ku...



A hi endleni

Endla masiki ku kombisa nyanyuko.

Hlawula nyanyuko lowu u tsakelaka ku wu kombisa hi masiki.

Wu dirowe eka phepha ro pfampfarhutela.

Wu tseme.

Tsema mahlo.

Wu khavise hi phepha ra mihlovohlovo.



A hi yeni emahlweni

Tilunghisele mphikizano wo tsutsuma.

Tluntlama laha ku sunguriwaka kona.

Yingisela mudyondzisi loko a ku:

" Emifunghweni ya n'wina! Lunghekani! Fambani!

Kutani tumbuluxani swirhalanganyi.





Teacher:
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Date:

13 Ku hlayisa miri wa mina



A hi vulavuleni

Hinkwerhu hi na vutihlamuleri byo hlayisa miri ya hina yi tshama yi hanye kahle. Xana vana lava va endla yini leswi lulameleke miri ya vona?






Swin'wana swa swilo swo homboloka leswi vanhu va swi endlaka hi swihi?

Xana a wu swi tiva leswaku ku dzaha a ku lulamelangi miri ya hina?

Xana a wu swi tiva leswaku loko munhu a dzahela ekusuhi na wena u endla swilo swo biha eka miri wa wena?

Xana ku dzaha ku onha miri ya hina hi ndlela yihi?



A hi tsaleni

Fungha nhlamuselo yin'wana na yin'wana hi mfungho wa gwabu kumbe wa xihambano ku kombisa leswaku hi swona kumbe a hi swona.

	Tisigarete ti na nantswo wa kahle.
	Loko ndzi tshama ekusuhi na munhu loyi a dzahaka swi nga onha miri wa mina.
	Ku dzaha ku nga endla meno ya wena ya va ya xitshopana.
	Ku dzaha ku vanga mavabyi ya milomo.
	U nga kuma mukhuhlwana hikwalaho ko dzaha.
	Ku dzaha ku vanga mfukuzana.

Milawu ya mahanyelo lamanene

Ndzi fanele ku buracha misisi ya mina ndzi nga si ya exikolweni.

Ndzi fanele ku buracha min'wala ya mina endzhaku ko tlangela esaveni.

Ndzi fanele ku hlamba mavoko loko ndzi huma exihambukelweni.

Ndzi fanele ku cukumetela tithixu ta thyaka endzeni ka thini ro chela thyaka.



A hi hungaseni

Xana va fanele ku ambala yini leswaku va tshama va hlayisekile? Yelanisa swifaniso hi ku dirowa ntila ku suka exifanisweni eximatsini ku ya eka xifaniso lexi faneleke exineneni.





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Date:

Timfanelo na vutihlamuleri

A hi hlayeni

Nkarhi wun'wana vana va boheka ku tirha hikwalaho ka vusweti bya mindyangu ya vona.

Vana a va fanelangi ku tirha swinene tanihi vanhu lavakulu.

Vana va fanele ku va na nkarhi wo tlanga na wo ya exikolweni.



Languta swifaniso leswi. Fungha hi (✔) mitirho leyi faneleke vana.



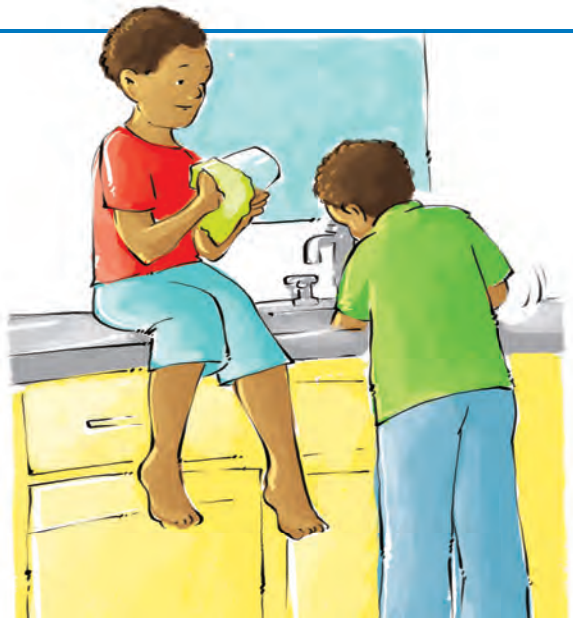
Anna u xavisa matsavu siku hinkwaro kutani a nga swi koti ku ya exikolweni.



Loko xikolo xi humile, Lisa u cheleta xirhapa xa matsavu.



Peter u rhwala switina hikuva u tirhela muaki.



Jabu na Bongi va pfuna ku hlantswa swibye.

A hi vulavuleni

Xana u endla mitirho yihi ekaya?

Xana u endla yini exikolweni ku pfuna mudyondzisi wa n'wina?



A hi yeni emahlweni

Ringetani mitlangu leyi.



Endlani xitimela.



Bohani milenge ya n'wina swin'we kutani mi phikizana hi ku tsutsuma.

Teacher:

Sign:

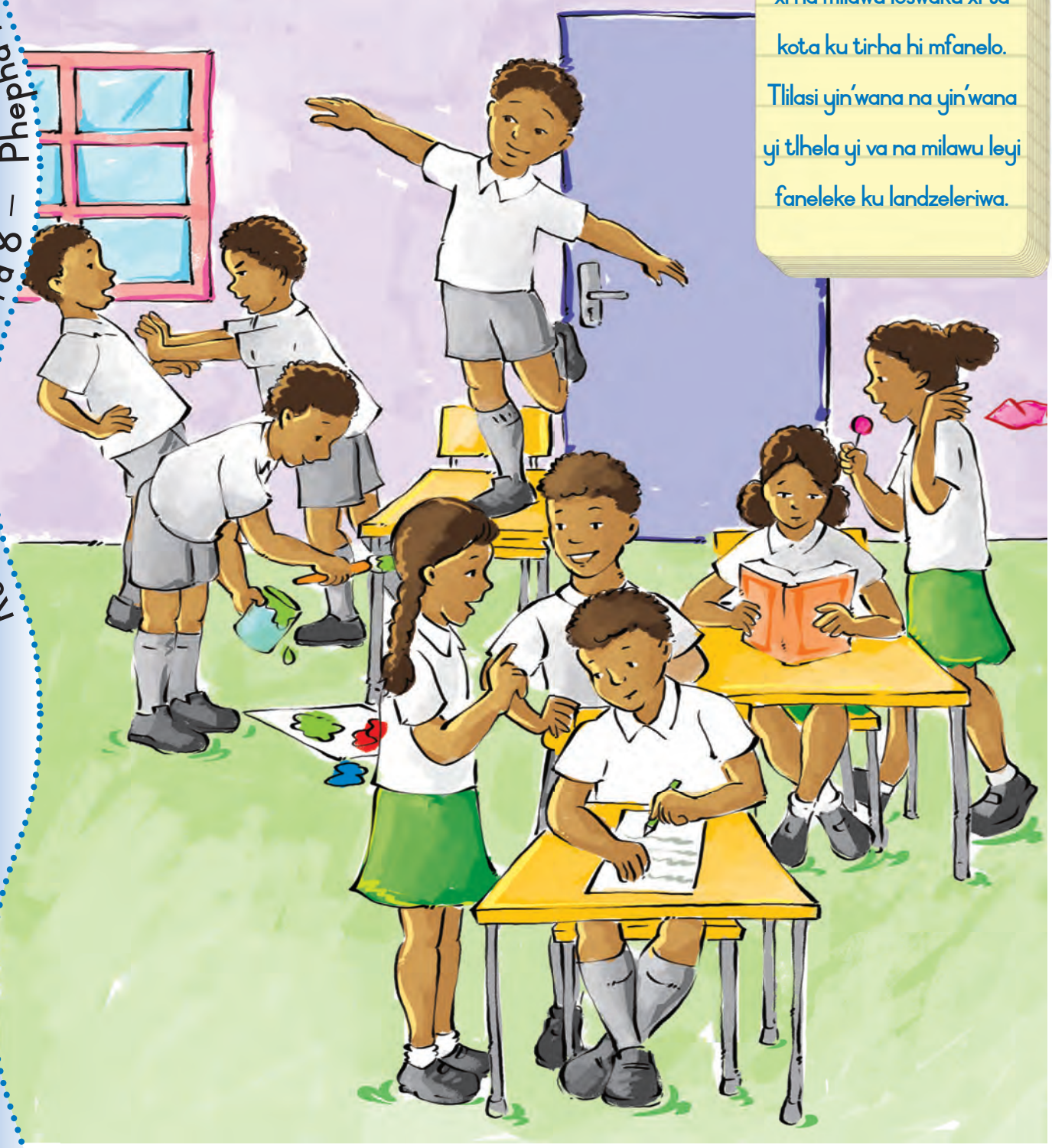
Date:

Timfanelo na vutihlamuleri

A hi vulavuleni

Hlamusela munghana wa wena leswaku hi yihi milawu leyi tshoviwaka hi vana lava.

Xikolo xin'wana na xin'wana xi na milawu leswaku xi ta kota ku tirha hi mfanelo. Tlilasi yin'wana na yin'wana yi tlhela yi va na milawu leyi faneleke ku landzeleriwa.





A hi tsaleni

Tsala 4 wa milawu ya tlilasi ya n'wina.









A hi vulavuleni

Hlaya timfanelo na vutihlamuleri lebyi kutani u bula na munghana wa wena hi leswi yin'wana na yin'wana yi vulaka swona.

VUTIHLAMULERI BYA VANTSHWA VA AFRIKA-DZONGA

Ku ringana

Khoma munhu un'wana na un'wana hi ku ringana na hi mfanelo.
U nga vi na xihlawuhlawu.



Ndzhuti wa ximunhu

Xixima munhu un'wana na un'wana.
Kombisa tintswalo no hlayisa.



Vutomi

Swilo leswi hanyaka hinkwaswo swi na nkoka. Khoma swilo leswi hanyaka hinkwaswo hi xichavo.



Ndyangu

Xixima vatswari va wena.
Kombisa tintswalo no tshembeka eka vandyangu wa ka n'wina.



Dyondzo

Nghena xikolo, dyondza u tlhela u tirha swinene.
Landzelela milawu ya xikolo.



Ntirho

Pfuna va ndyangu wa ka n'wina hi mitirho ya le kaya.
Vana a va fanelangi ku sindzisiwa ku lava ntirho.



Ntshunxeko na vuhlayiseki

U nga tshuki u vavisa, u karhata kumbe u chaviseta van'wana naswona u nga pfumeleli van'wana ku endla sweswo.
Herisa ku hambana ka mavonele hi ndlela yo rhula.



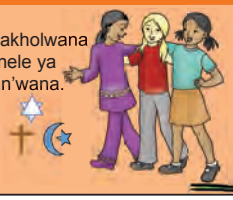
Nhundzu

Xixima nhundzu ya vanhu van'wana.
U nga onhi nhundzu naswona u nga yivi.



Vukhongeri, swikholwa-kholwana na mavonele.

Xixima swikholwakholwana na mavonele ya vanhu van'wana.



Vuhlayiseki

Hlayisa misava. U nga onhi mati na gezi. Hlayisa swiharhi na swimila.
Hlayisa kaya ra wena na muganga wa ka n'wina swi tshama swi basile no va swi hlayisekile.



Vuakatiko

Endla leswaku u va muakatiko wa Afrika-Dzonga wo lulama no tshembeka.
Hlayisa milawu no tiyisisa leswaku van'wana vanhu va endla sweswo na vona.



Ntshunxeko wo humesa mavonele.

U nga hangalasi vunwa na rivengo. Tiyisisa leswaku vanhu van'wana a va rhukaniwi kumbe va twisiwa ku vava.





16

Masiku ya swa vukhongeri na man'wana yo hlawuleka

A hi vulavuleni

Languta swifaniso leswi.
Xana ku na leswi u swi tivaka hi vukhongeri lebyi?



Xihindu



Islam



Xiyuda



Xikriste

Hi fanele ku xixima vanhu va tinxaka hinkwato ta vukhongeri.

Xana vukhongeri bya wena hi byihi? _____

Vukhongeri bya munghana wa wena wa xiviri hi byihi? _____

Ku kambisisa



A hi tsaleni

Tata khadi leri mayelana na wena.

Vito ra mina _____

Xivongo xa mina _____

Siku ra mina ro velekiwa _____

Giredi ya mina _____

Xikolo xa mina _____

Nomboro ya riqingho ra mina _____

Adirese ya mina _____

_____

_____

_____

Nomboro ya xihatla _____

Ntlangu lowu ndzi wu tsakelaka swinene _____

Muhlovo lowu ndzi wu tsakelaka swinene _____

Munghana wa mina wa xiviri _____

Leswi ndzi tsakisaka _____

Leswi ndzi khunguvanyisaka _____

Leswi ndzi hlundzukisaka _____

Leswi ndzi nga na vuswikoti eka swona _____

Teacher:

Sign:

Date:

Madyele lamanene



A hi vulavuleni

Languta mitlawa ya swakudya kutani u vulavula na munghana wa wena hi:
Swakudya leswi nga eka ntlawa wun'wana na wun'wana.
Hikwalaho ka yini ntlawa wun'wana na wun'wana wu ri kahle eka hina?

Tiphuroteyini

Tiphuroteyini ti aka tisele letintshwa leswaku miri ya hina yi kota ku kula.





Tivhitamini na timinerali

Tivhitamini na timinerali swi pfuna miri ya hina ku lwa na mavabyi na leswaku yi tshama yi hanye kahle.

Tikhabohayidireti

Swakudya leswi swi hi nyika matimba.



Mafurha

Hi lava mafurha leswaku hi ta twa ku kufumela no kuma matimba.



A hi tsaleni Gwabisa (✔) nhlamuselo leyi nga ntiyiso mayelana na swakudya leswi u swi dyaka.

Ndzi dya swakudya leswi lulameleke miri nkarhi hinkwawo.	
Ndzi dya swakudya leswi lulameleke miri nkarhi wun'wana.	
A ndzi tali ku dya swakudya leswi lulameleke miri.	

Hinkwerhu hi fanele ku kuma mati leswaku hi kota ku hanya. Mati ya fambisa swakudya leswi hi swi dyaka ku ya eswirhweni swo hambana swa miri ya hina.

Teacher:
Sign:
Date:

18

Madyele ya hina



A hi vulavuleni

Vutisa vanghana va mune hi leswi va rhandzaka ku dya swona. Languta swakudya swo hambana kutani u engetela mfungho wa gwabu (✔) loko u rhandza swakudya sweswo, xihambano (✘) loko u nga swi tsakeli swakudya sweswo.

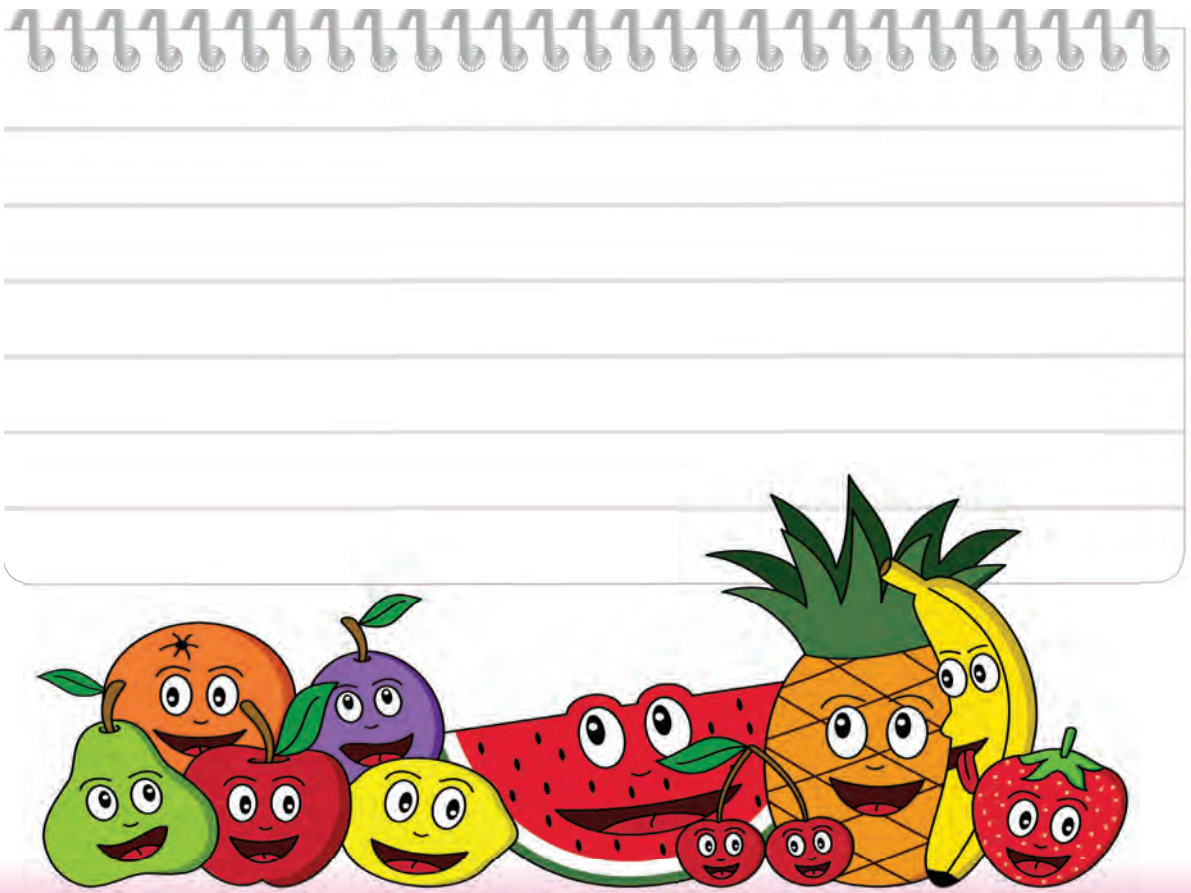
Tata mavito ya vanghana va wena.





A hi tsaleni

Tsala swakudya hinkwaswo leswi u swi dyeke tolo. Kutani gwabisa (✔) leswi nga swakudya leswi lulameleke miri.





Sweswi hetisa girafu ku vona swakudya leswi vanghana va wena va swi rhandzaka swinene. Hlayela mifungho ya gwabu ehansi ka xakudya xin'wana na xin'wana kutani u khalara nhlayo leyi fanaka ya tibuloko eka girafu leyi. Vona xikombiso lexi hi ku nyikeke xona ku kombisa leswaku 3 wa vanghana va tsakela ayisikhirimi.

Ayisikhirimi				
Hambega				
Maapula				
Machipisi				
Xipinachi				
Pizza				
Yogati				
Matandza				
Phasita				





Languta tafula leri u ri tateke kutani u hlamula swivutiso leswi landzelaka.

Hi swihi swakudya leswi vanghana va wena va nga swi tsakeriki?
Xana u ehleketa leswaku vanghana va wena va na madyele lamanene?
Hikwalaho ka yini u ehleketa hi ndlela yoleyo?

Teacher:
Sign:
Date:

19

Madyele lamanene

A hi tsaleni

Thabo na Nomsa va ya ekhefini ya Sunshine. Va fanele ku xava leswi va nga ta swi sweka swi va swakudya swo lalela. Va pfune ku endla menyu wa swakudya leswinene.





A hi tsaleni

Tsala swilo leswi va faneleke ku swi xava na mixavo ya swona eka nxaxameto wo xava lowu nga laha hansi. Xana Thabo na Nomsa va hakele mali muni ya swilo leswi va swi xaveke?

NXAXAMETO WO XAVA **NXAVO**





A hi tsaleni

Xana madyele ya wena ya lulamile hi ndlela yihi? Khalara xikandza lexi n'wayitelaka eka madyele man'wana na man'wana lama faneleke.

Madyele ya mina

	Ina	E-e
Hakanyingi ndzi dya ndzi hlalerile TV.	☺	☹
Ndzi rhandza mihandzu na matsavu.	☺	☹
Ndzi rhandza swakudya swa mafurha tanihi machipisi.	☺	☹
A ndzi rhandzi mati, ndzi tsakela tikhodirinki.	☺	☹
A ndzi dyi matsavu.	☺	☹
Ndzi cakunya swakudya swa mina hi mfanelo.	☺	☹
Ndzi dya swakudya swo fihlula ndzi nga si ya exikolweni.	☺	☹

Hlayela leswaku i swikandza leswi n'wayitelaka swingani leswi u swi khalareke. _____



20

Ku dya hi mfanelo

A hi endleni

Dirowa kumbe u damarheta swifaniso swa swakudya ku kombisa swakudya leswi lulameleke miri.



A hi hlayeni

Milawu ya madyele lamanene

Mikarhi hinkwayo hlamba mavoko u nga si khoma swakudya.

U nga siyi swakudya u nga swi pfalangi.

U nga dyi swakudya swa khale.

Tirhisa makamba ya matsavu ku endla swinonisi swa xirhapa.

Byala matsavu ya wena.

A hi endleni

Dirowa xifaniso ku kombisa wun'wana wa milawu leyi.



Teacher:

Sign:

Date:

21

Switsotso



A hi vulavuleni Vulavula hi swirho swo hambana swa miri ya switsotso.

Switsotso swi na swiphemu swa miri swinharhu: nhloko, xiyenge xa miri xa le henhla na xiyenge xa miri xa le hansi.

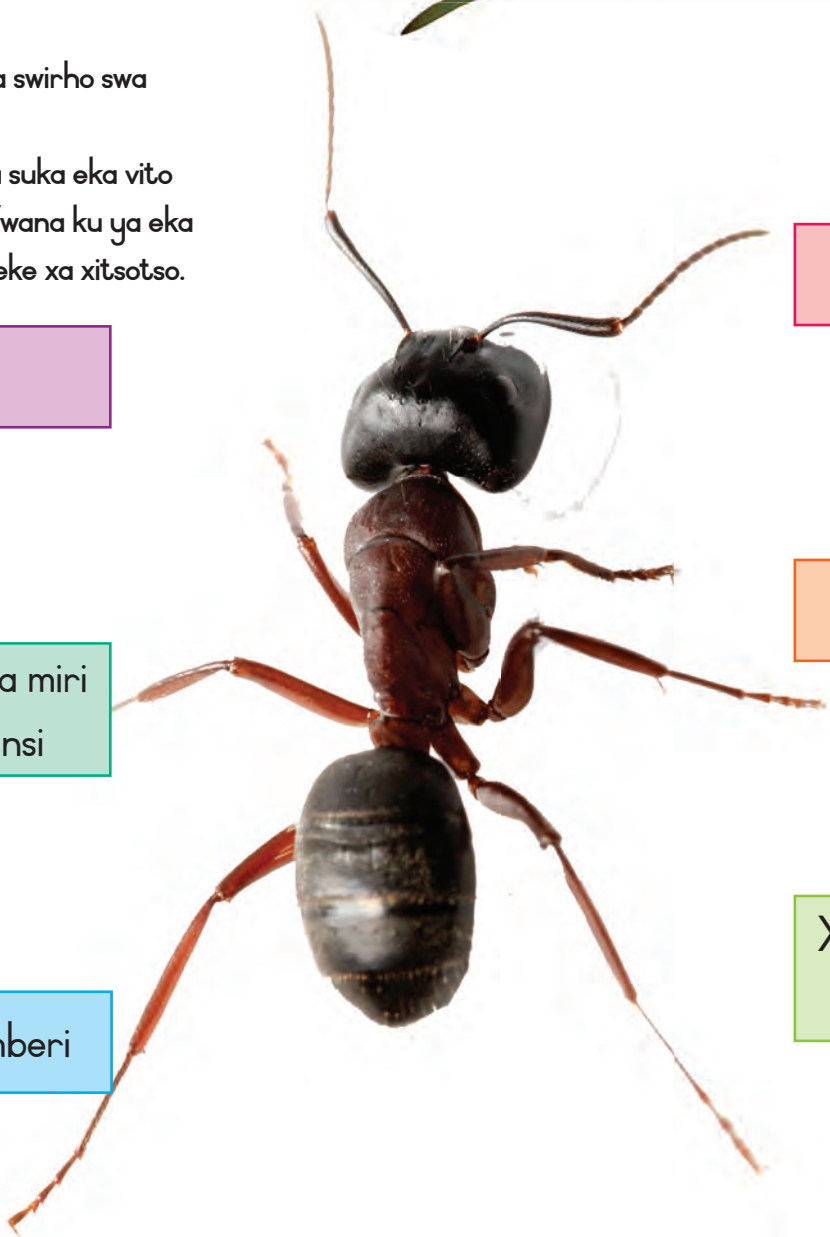
Swi na milenge ya ntsevu na swiambamberi swimbirhi.





A hi endleni

Tsala mavito ya swirho swa xitsotso lexi.
Dirowa ntila ku suka eka vito rin'wana na rin'wana ku ya eka xirho lexi faneleke xa xitsotso.



Tihlo

Nenge

Nhloko

Xiyenge xa miri xa le hansi

Xiyenge xa miri xa le henhla

Xiambamberi

A hi tsaleni

Dirowa ntila ku yelanisa vito rin'wana na rin'wana na xitsotso lexi faneleke.
Kutani vula leswaku hi swihi switsotso leswi nga na khombo
na leswaku hi swihi leswi pfunaka.





Nyoxi

Nsuna

Nhongana

Risokoti

Njiya

Phaphatana

Xifufunhunu

Nsumba













A hi tsaleni

Sweswi tsala marito lama siyiweke.



_____ ti endla vulombe.

_____ ya sindzahata swiluva.

_____ ti hangalasa vuvabyi bya dari.

_____ ti hangalasa vuvabyi.

_____ ti dya swimilana emasin'wini.

Teacher:
Sign:
Date:

22

Swo tala hi switsotso

A hi vulavuleni

Languta swifaniso leswi kutani u byela munghana wa wena leswaku hikwalaho ka yini tinyoxi ti ri na nkoka eka hina.



Tinyoxi ti hangalasa nsindza. Leswi swa fanela leswaku mihandzu yi ta kota ku va kona.



Tinyoxi ti endla vulombe.

A hi tsaleni

Tsala vito ra xitsotso xin'wana na xin'wana exivandleni lexi nyikiweke.



_____ yi tswonga vulombe bya xiluva.





_____ byi tirhisa swiambamberi ku vulavurisana.

_____ ri hangalasa nsindza ku suka eka ximilana xin'we ku ya eka xin'wana.



_____ yi hangalasa switsongwatsongwana.



A hi endleni

Endla xitsotso xi kota ku fambafamba.

- Tsema xitsotso eka pheji ra switsemiwa emakumu ya buku ya wena.
- Swi hayeke ehan'areni.

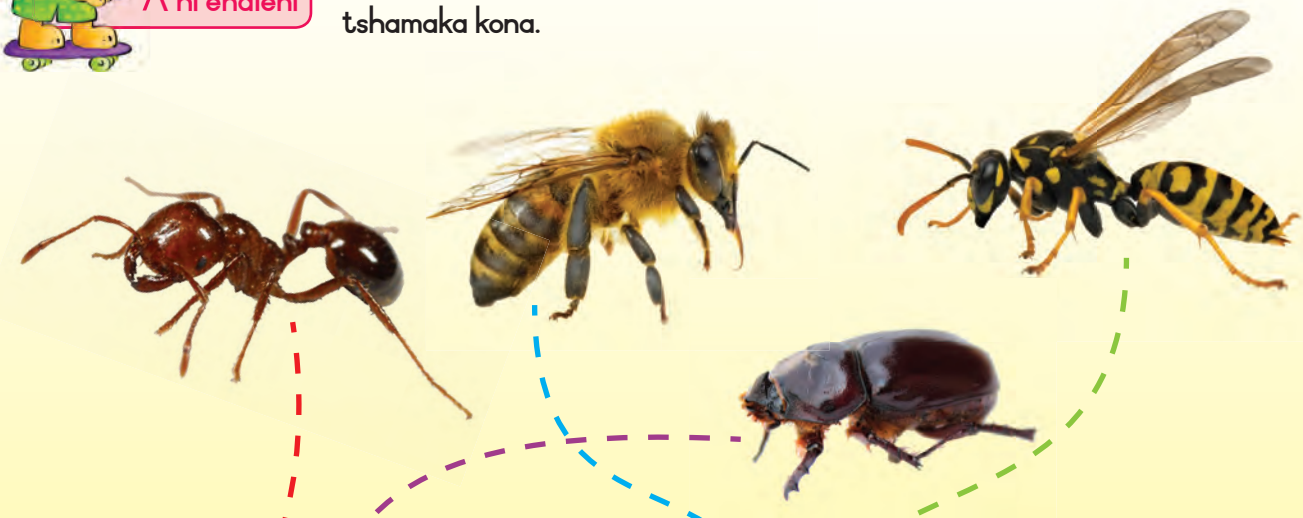




23 Makaya ya switsotso

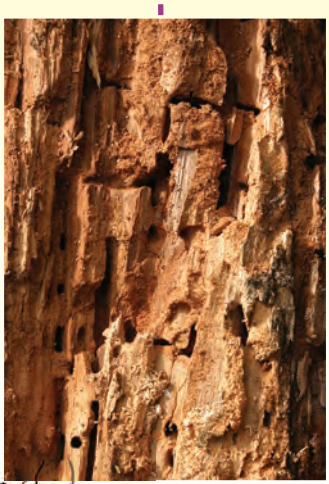
A hi endleni

Landzelerisa ngoti ku kuma laha xitsotso xin'wana na xin'wana xi tshamaka kona.















A hi endleni

Fambafamba erivaleni ra mitlangu exikolweni ku vona leswaku i tinxaka tingani ta switsotso leswi u nga ta swi kuma.





A hi tsaleni



Xana u vone switsotso swa njhani ehandle? Hlawula xin'we kutani u tsala vito ra xona laha.
Xana xitsotso lexi xi dya swakudya muni?
Xana xitsotso xa wena xi famba hi ku hatlisa kumbe hi ku nonoka?
Xana xitsotso xa wena xa pfuna kumbe xi na khombo? Hikwalaho ka yini u vula sweswo?





A hi endleni

Sweswi tumbuluxa xitsotso xa wena u tlhela u xi nyika vito.



24

Kombisa vutshila bya wena

A hi endleni

Endla phaphatana ra wena

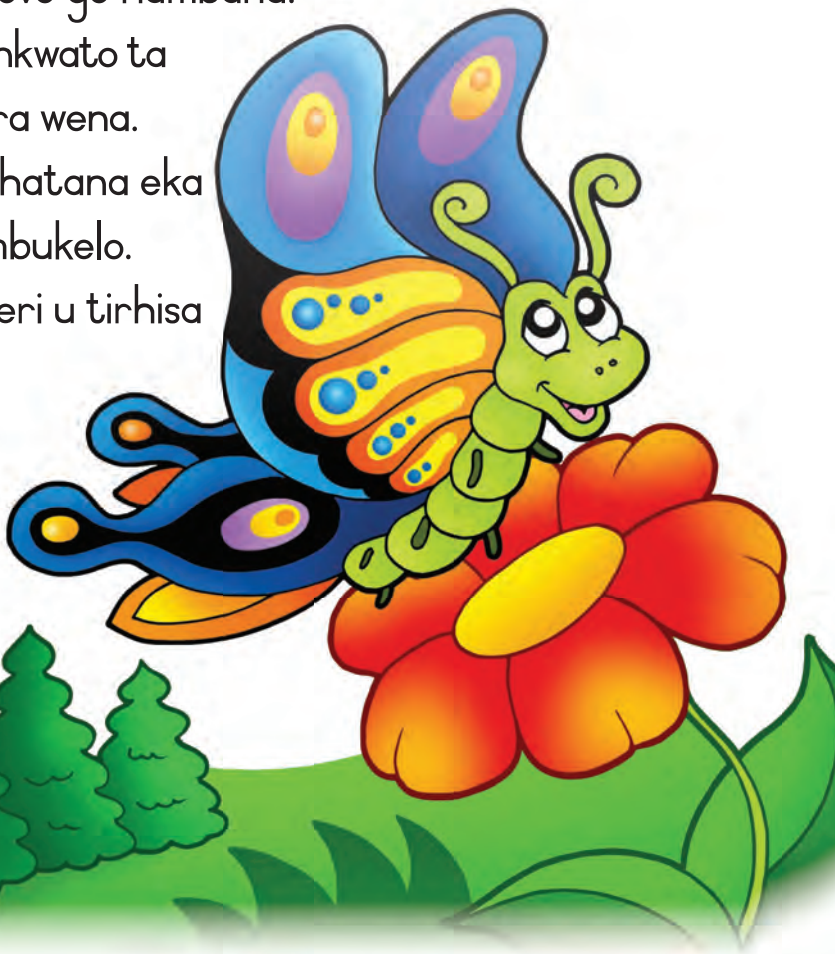
Ku ta laveka:

- Phepha ra A4
- Tikhirayoni
- Xikero
- Xidamarheti
- Xibasisi xa phayiphi
- Rholo ya phepha ra xihambukelo leyi nga riki na nchumu



Dirowa phaphatana, u kombisa miri wa rona wo leha no lala na timpapa timbirhi. Sasekisa timpapa ta phaphatana ra wena hi tipatironi ta mihlovo yo hambana.

Tiyisisa leswaku timpapa hinkwato ta fana. Tsema phaphatana ra wena. Damarheta miri wa phaphatana eka rholo ya phepha ra xihambukelo. Sweswi endla swiambamberi u tirhisa xibasisi xa phayiphi lexi petsiweke kambirhi. Swi damarhete enhlokweni ya phaphatana.





A hi yeni emahlweni Ringeta mitlangu leyi.



Xitichi xa 1:

Basikiti bolo: Bambisa bolo loko u ri karhi u tsutsuma hi patironi yo jikajika.



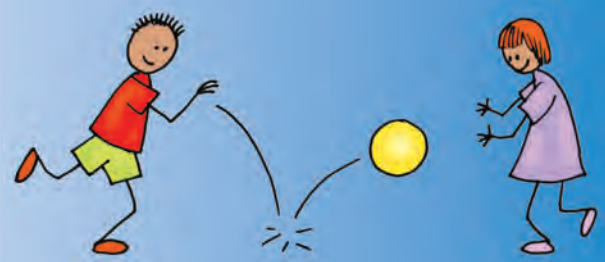
Xitichi xa 2:

Hoki: Tirhisa nhonga ya hoki ku fambisa bolo ku ya etipaleni.



Xitichi xa 3:

Netibolo: Bambisa bolo yi ya eka munghana wa wena loko u ri karhi u tsutsuma.



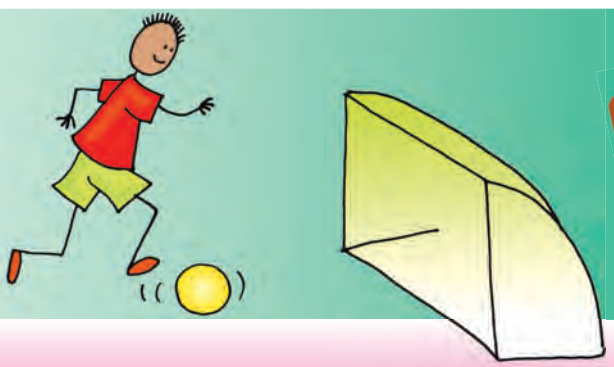
Xitichi xa 4:

Rhagibi: Tsutsuma na bolo kutani u yi hoxela van'wana.



Xitichi xa 5:

Bolo ya milenge: Dirivula bolo u kongome etipaleni.



Ndzhendzeleko wa vutomi



A hi vulavuleni

Languta swifaniso kutani u hlamusela munghana wa wena leswi chela ri cincisaka xiswona eka ndzhendzeleko wa vutomi bya rona.

Ndzhendzeleko wa vutomi bya chela



1. Machela mambirhi ya hlangana leswaku ku ta tshikeriwa matandza.
2. Chela ra xisati ri tshikela matandza.
3. Vuluvulu leritsongo leri nga na malaka ya le handle na xicapila xa ncila.
4. Vuluvulu ri va na milenge.
5. Ncila wu ta nyamalala.
6. Chela leri nga kula ri na mahahu naswona a ra ha ri na malaka.

Kotara ya 2 – Vhiki ra 5 – Phepha ro tirhela ra

A hi endleni

Tsema swifaniso leswi faneleke eka pheji ra switsemiwa ku kombisa ndzhendzeleko wa vutomi bya phaphatana.

Ndzhendzeleko wa vutomi wu kombisa swiyimo swo hambana swa ku tumbuluka leswi landzelelaka nongonoko wo karhi. Languta mirhendzeleko ya vutomi bya chela na bya phaphatana kutani u vulavula hi swiyimo swo hambana. Dirowa ntila ku yelanisa xiyimo xin'wana na xin'wana na xifaniso lexi faneleke.

Ndzhendzeleko wa vutomi bya phaphatana



Teacher:
Sign:
Date:

26

Mirhendzeleko ya vutomi



A hi vulavuleni

Languta swifaniso kutani u bula na munghana wa wena hi ndzhendzeleko wa vutomi bya huku.

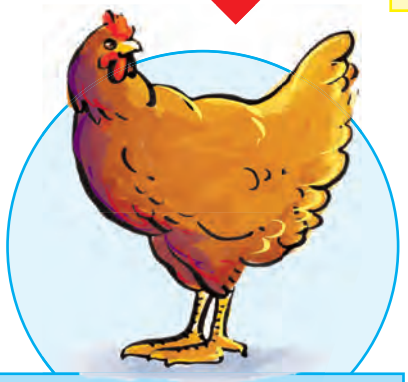
Ndzhendzeleko wa vutomi bya huku





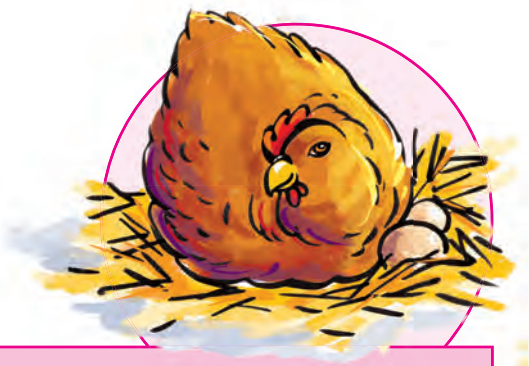
Mbhaha wu tshikela matandza





Huku leyi kuleke





Mbhaha wu fukamela matandza



Tandza ra tlhotlhorha ku huma xikukwana



Xikukwana xa kula



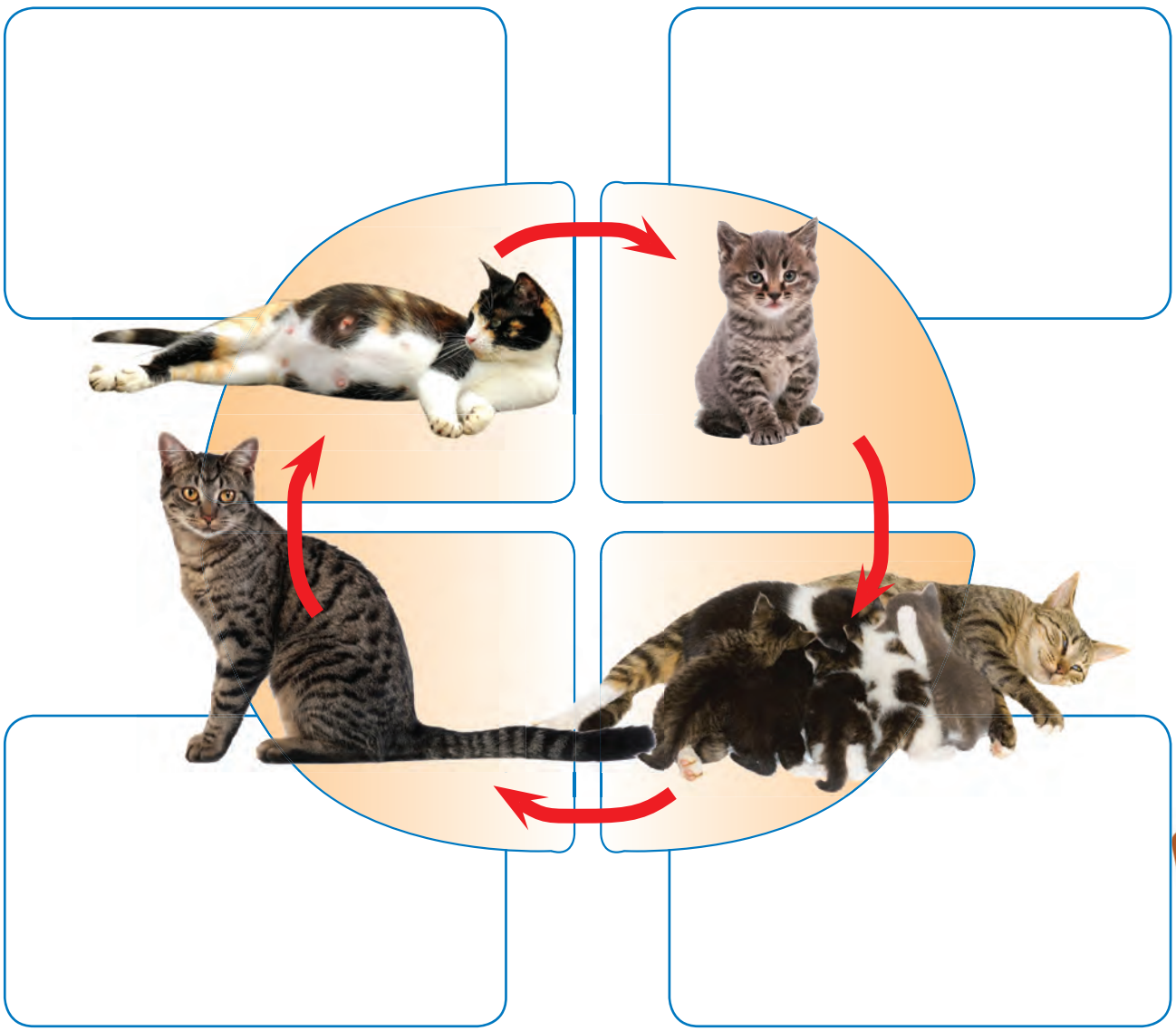
A hi endleni

Sweswi tumbuluxa ndzhendzeleko wa vutomi. Lebula xifaniso xin'wana na xin'wana evhilweni ra xitori ku kombisa ndzhendzeleko wa vutomi bya ximanga. Tirhisa tinhlokomhaka leti nga laha hansi ku ku pfuna.

Nambara swiyimo hi 1 – 4 kutani u swi tirhisa eka vhilwa ra xitori xa wena.

	Ku velekiwa ximanganyana.		Ximanga lexi nga kula.
	Manana ximanga xi tika 9 wa mavhiki.		Manana ximanga xi mamisa swimanganyana.

Ndzhendzeleko wa vutomi bya ximanga



Teacher:

Sign:

Date:

27

Kombisa vutshila bya wena



A hi endleni Endla xifuwana xa ximanga.



Ku laveka: Phepha ra A4
Pensele
Pende ya phawudara na mati
Swinhongana swo nwaya tindleve

- Dirowa mpfapfarhuto wa xikandza xa ximanga ephepheni.

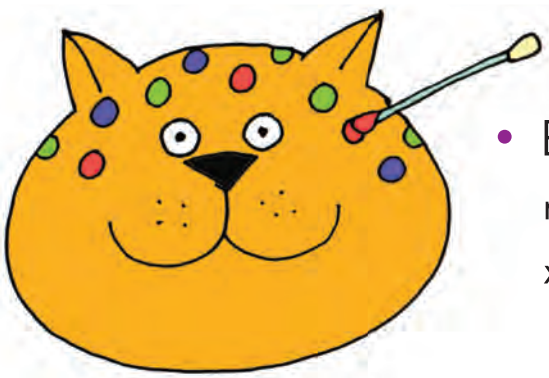




- Hlanganisa pende ku kota ku endla 3 wa mihlovo yo hambana.



- Tirhisa xinhongana xo nwaya tindleve eka muhlovo wun'wana na wun'wana.



- Endla mathonsi ya mihlovo ku sasekisa xikandza xa ximanga.





A hi vulavuleni

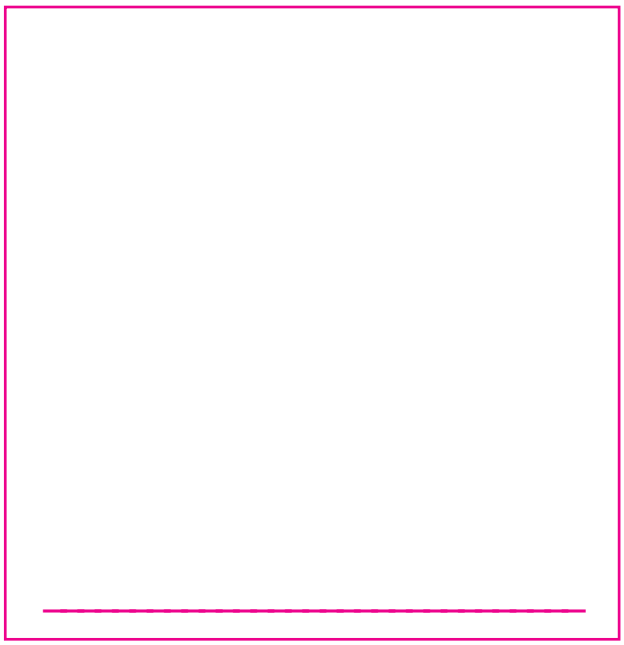
Hlamusela munghana wa wena hi xifuwana xa wena xa ximanga. Hlamusela leswi u faneleke ku xi hlayisisa xiswona.

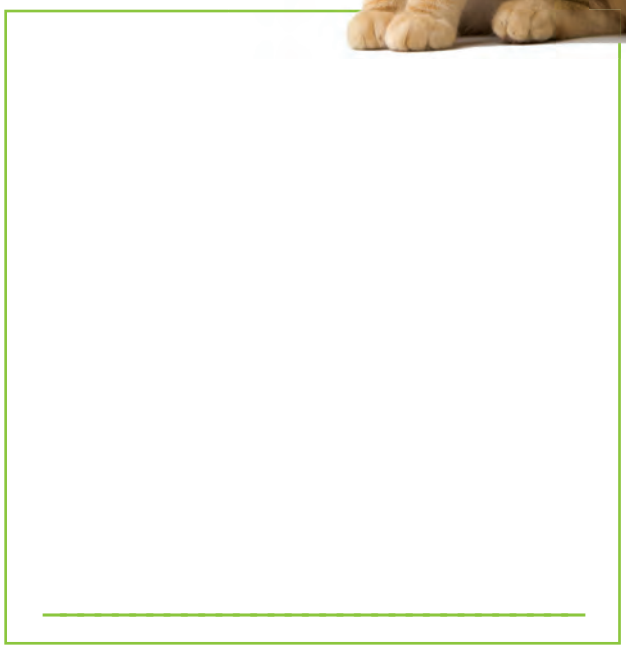


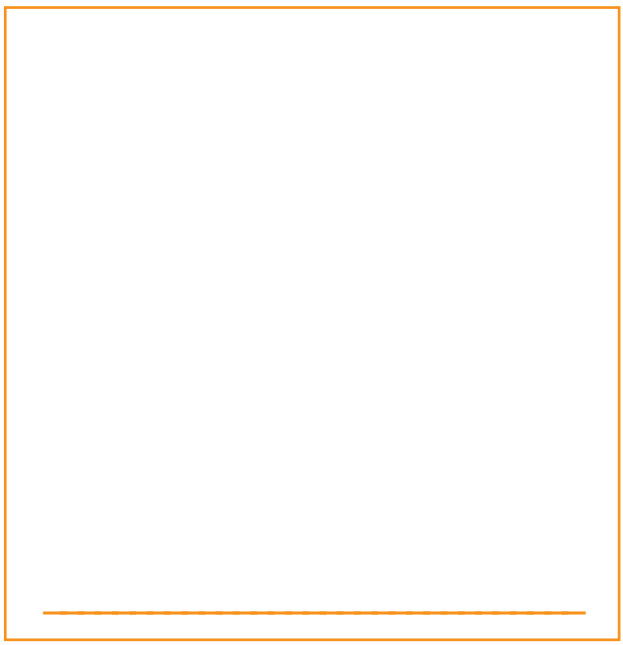


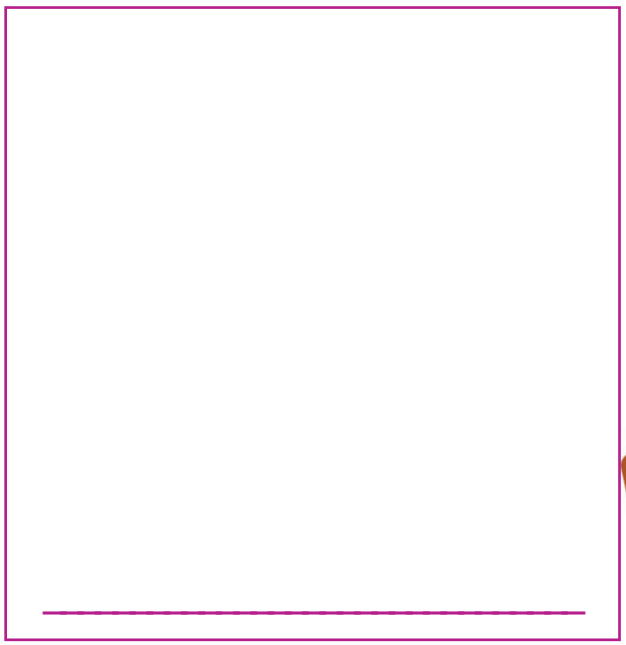
A hi endleni

Dirowa 4 wa swilo leswi u faneleke ku swi endla ku kota ku hlayisa xifuwana xa wena. Kutani tsala nhlokomhaka ehansi ka xifaniso xin'wana na xin'wana.











Ku hlayisa mbangu wa hina



A hi vulavuleni

Languta tiphositara leti kutani u bula na vanghana va wena hi leswi ti hi byelaka swona.



Xiya logo yo rhisayikila.
Xana u yi vone kwihi logo yo fana na leyi?

Hi kombela mi hi rhisayikila!



A hi hlayeni

Xana hi nga hlayisa njhani mbangu wa hina wu tshama wu basile?

Hi fanele ku tsundzuka H, T na R

Hunguta: Hi fanele ku hunguta ku thyakisa ka hina.

Tlhela u tirhisa: Hi fanele ku tlhela hi tirhisa swilo leswi tirhisiweke hi nga si swi cukumeta.

Rhisayikila: Hi fanele ku kuma tindlela to tirhisa phepha, mabodhlela na swithinana.



A hi tsaleni

Etafuleni leri nga laha hansi, tsala mavito ya swilo leswi nga rhisayikiliwaka. Hi ku sungulele nxaxameto wun'wana na wun'wana.

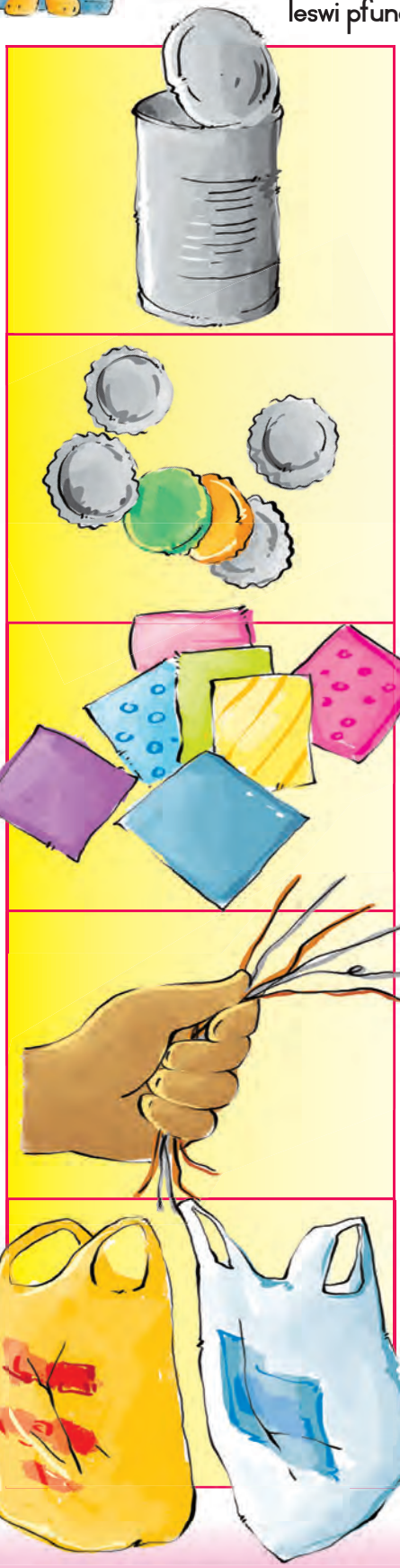
Rhisayikila nghilazi	Rhisayikila pulasitiki	Rhisayikila phepha	Endla khomposi
Mabodhlela ya khale	Mikwama ya tipulasitiki	Tinyuziphepha	Makamba ya matsavu

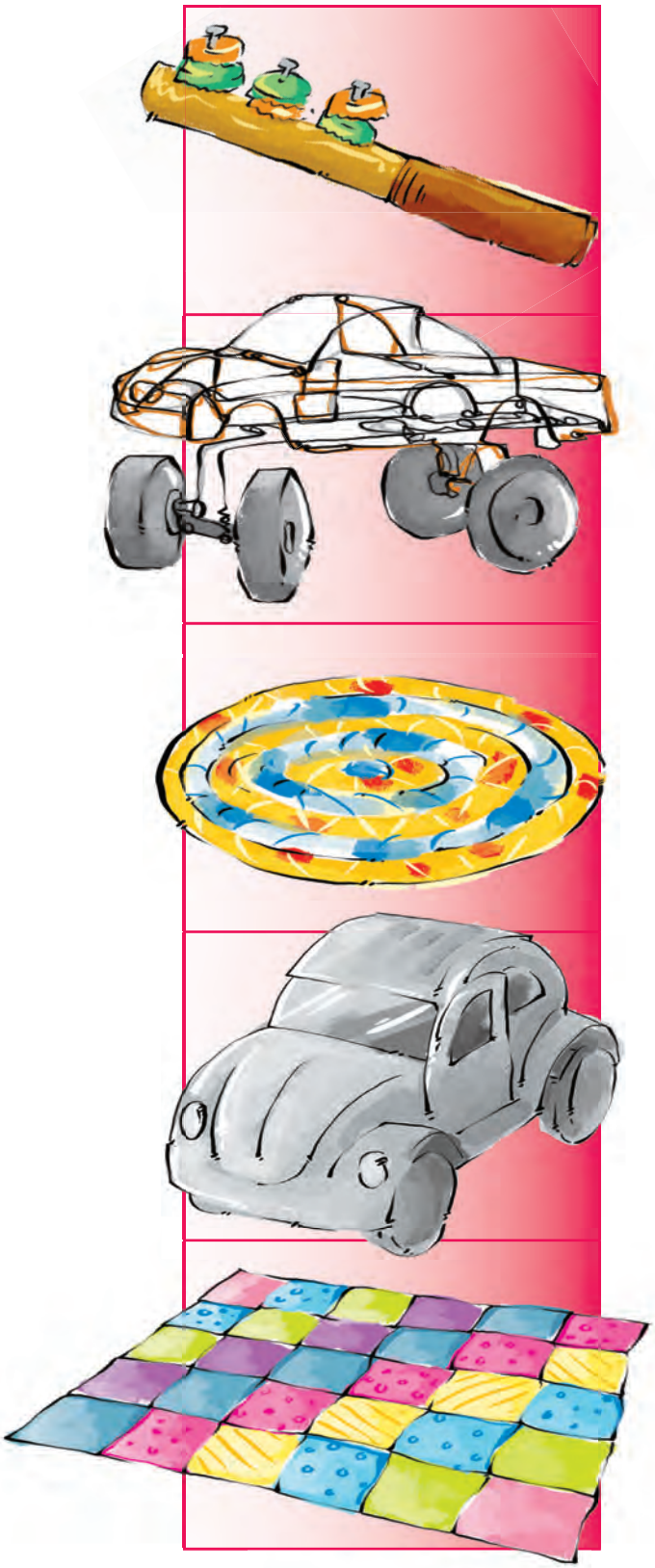
Teacher:
Sign:
Date:

Ku rhisayikila

A hi tsaleni

Dirowa ntila ku suka eka xilo xin'wana na xin'wana eximatsini ku ya eka xilo lexi nga exineneni, ku kombisa leswi xi nga tlhelaka xi tirhisiwa ku endla swilo leswi pfunaka.







A hi tsaleni

Ehleketa hi swilo leswi nga endlaka khomposi ya kahle. Tsala rito rin'wana na rin'wana leri nga laha hansi eka kholomu leyi faneleke ku hetisa tafula. U nga tlhela u anakanya hi swin'wana swa swilo swa wena u tlhela u swi longoloxa eka tikholomu leti faneleke.

mikwama ya tipulasitiki

makamba ya matsavu

swipikiri

swithinana swa tikhodirinki

swiphambasi swa matandza

Swilo leswi nga boliki	Swilo leswi bolaka



A hi endleni

Endla phositara yo herisa ku thyakisa. Dirowa xifaniso kutani u tsala mahungu.

Teacher:

Sign:

Date:

30 Masiku ya swa vukhongeri na man'wana yo hlawuleka



A hi vulavuleni

Vulavula na munghana wa wena leswaku i vukhongeri byihi lebyi tirhisaka mifungho leyi. Vula leswaku hi wihi lowu nga wa vukhongeri bya wena. Loko u nga wu voni, wu dirowele munghana wa wena.



Xihambano i mfungho wa Vukriste. Yesu, N'wana wa Xikwembu, u file exihambanweni a fela swidyoho swa hina.



Xin'wetana na nyeleti swi vumba mfungho wa Islam. Masurumani va khongela ka ntlhanu siku rin'wana na rin'wana.



Mfungho wa Xiyuda i Nyeleti ya Davida. Hosi Davida a ri hosi ya Vaisrayele.



Mfungho wa Xihindu wu tsariwile hi ririmi ra khale ra Sanskrit ra le Indiya.

Tindhawu to hambana to gandzela

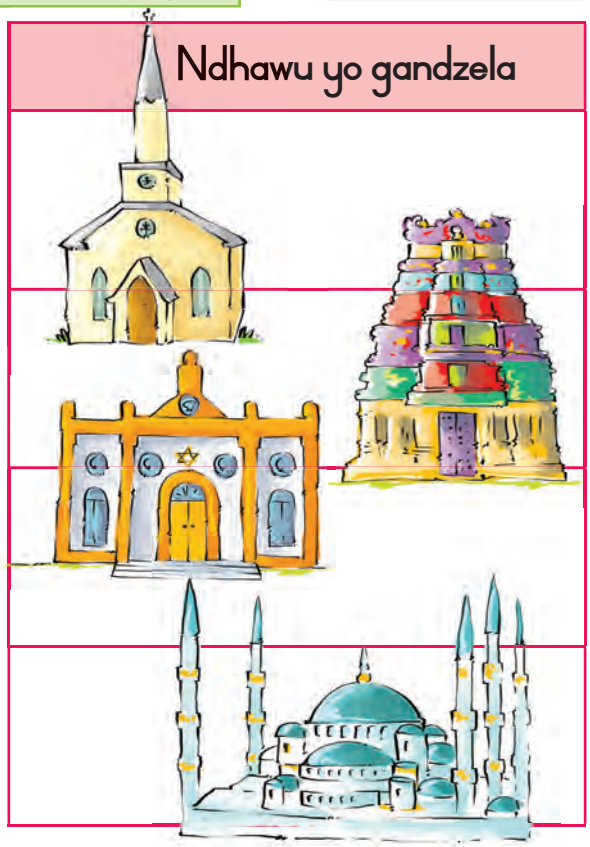


A hi endleni

Dirowa ntila ku hlanganisa vukhongeri byin'wana na byin'wana na ndhawu ya byona yo gandzela. Tsala vito ra muako ehansi ka xifaniso xin'wana na xin'wana.

tempele	sinagogo	kereke ya masurumani	kereke

Vukhongeri
Vukhongeri bya Islam
Vukhongeri bya Xihindu
Vukhongeri bya Xikriste
Vukhongeri bya Xiyuda

Ndhawu yo gandzela




A hi endleni

Vutisa 4 wa vanghana va wena leswaku hi yihi mifungho leyi kombisaka vukhongeri bya vona. Yi kopunule ekusuhi na mavito ya vona.

Vito ra munghana	Mfungho wa yena

Teacher:
Sign:
Date:

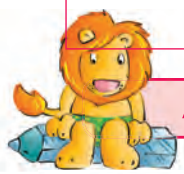
Ku kambisisa



A hi tsaleni

Endla nxaxameto wa swakudya leswi u swi dyeke ku suka tolo nimixo. Ebokisini ra le xineneni, engetela mfungho wa gwabu (✔) etlhelo ka swakudya swin'wana na swin'wana leswi lulameleke miri.

Swakudya leswi dyiweke ku suka tolo	Xana swi lulamele miri?



A hi tsaleni

Endla nxaxameto wa tinxaka ta swakudya leswi hi faneleke ku swi dya siku rin'wana na rin'wana.





A hi endleni

Dirowa xifaniso xa swakudya leswi u swi tsakelaka swinene kutani u hlamusela leswaku i swa rixaka rihi ra swakudya.

Xana swi huma eka rixaka rihi ra swakudya? _____

A a

G g

B b

H h

C c

I i

D d

J j

E e

K k

F f

L l

M m

S s

N n

T t

O o

U u

P p

V v

Q q

W w

R r

X - Z

x - z




get well soon







