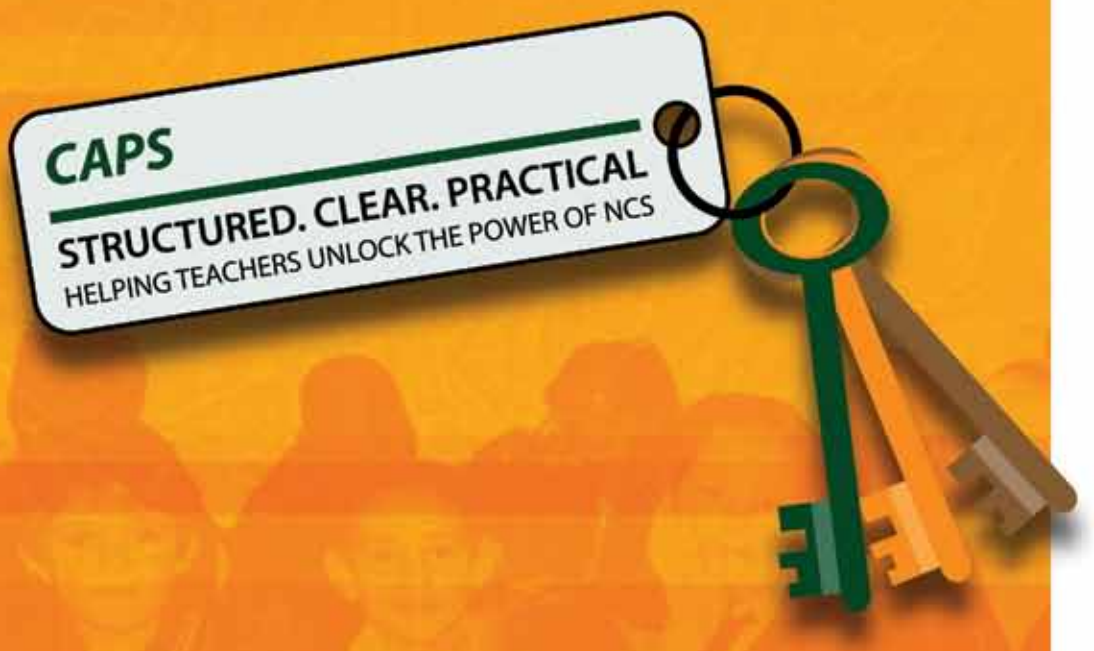
SETSWANA PUO YA GAE

Pegelo ya Kharikhulamo ya Bosetšhaba

Pegelo ya Pholisi ya Kharikhulamo le Tlhatlhobo



Kgato e Kgolwane
Mephato 7-9

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PEGELOYA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO (PPKT)
MEPHATO 7-9

SETSWANA PUO YA GAE

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FOREWORD BY THE MINISTER

Our national curriculum is the culmination of our efforts over a period of seventeen years to transform the curriculum bequeathed to us by apartheid. From the start of democracy we have built our curriculum on the values that inspired our Constitution (Act 108 of 1996). The Preamble to the Constitution states that the aims of the Constitution are to:

- heal the divisions of the past and establish a society based on democratic values, social justice and fundamental human rights;
- improve the quality of life of all citizens and free the potential of each person;
- lay the foundations for a democratic and open society in which government is based on the will of the people and every citizen is equally protected by law; and
- build a united and democratic South Africa able to take its rightful place as a sovereign state in the family of nations.

Education and the curriculum have an important role to play in realising these aims.

In 1997 we introduced outcomes-based education to overcome the curricular divisions of the past, but the experience of implementation prompted a review in 2000. This led to the first curriculum revision: the *Revised National Curriculum Statement Grades R-9* and the *National Curriculum Statement Grades 10-12* (2002).

Ongoing implementation challenges resulted in another review in 2009 and we revised the *Revised National Curriculum Statement* (2002) and the *National Curriculum Statement Grades 10-12* to produce this document.

From 2012 the two National Curriculum Statements, for *Grades R-9* and *Grades 10-12* respectively, are combined in a single document and will simply be known as the *National Curriculum Statement Grades R-12.* The *National Curriculum Statement for Grades R-12* builds on the previous curriculum but also updates it and aims to provide clearer specification of what is to be taught and learnt on a term-by-term basis.

The *National Curriculum Statement Grades R-12* represents a policy statement for learning and teaching in South African schools and comprises of the following:

(a) Curriculum and Assessment Policy Statements (CAPS) for all approved subjects listed in this document;

(b) *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*; and

(c) *National Protocol for Assessment Grades R-12.*

MRS ANGIE MOTSHEKGA, MP
MINISTER OF BASIC EDUCATION

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KAROLO 1: MATSENO A PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO

1.1 LEMORAGO

Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 (NCS) e tlhalosa pholisi ya kharikhulamo le tlhatlhobo mo dikolong.

Go tokafatsa tiragatso e, Pegelo ya Kharikhulamo ya Bosetšhaba e ne ya mametlelelwa ka dimametlelelo tse di tla diragadiwang ka Firikgong 2012. Tokomana e le nngwe e e sobokantsweng ya Pholisi ya Kharikhulamo le Tlhatlhobo ya serutwa se sengwe le se sengwe, e ne ya kwalwa go emisetsa Dipegelo tsa Dirutwa, Dikaedi tsa Lenaneothuto le Dikaedi tsa Tlhatlhobo ya Dirutwa Mephato ya R-12 tsa bogologolo.

1.2 THADISO

(a) *National Curriculum Statement Grades R-12 (Firikgong 2012)* e emela pegelo ya pholisi ya go ithuta le go ruta mo dikolong tsa Aforika Borwa mme e na le tse di latelang:

(i) Pegelo ya Pholisi ya Kharikhulamo le Tlhatlhobo ya serutwa se sengwe le se sengwe sa sekolo se se amogetsweng*;*

(ii) Pegelo ya Pholisi ya, *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12; le*

(iii) Pegelo ya Pholisi ya, *National Protocol for Assessment Grades R-12 (Firikgong 2012) .*

(b) The *National Curriculum Statement Grades R-12 (Firikgong 2012)* e emela dipegelo tse pedi tsa kharikhulamo ya bosetšhaba tsa ga jaana, tsona ke:

(i) Revised National Curriculum Statement Grades R-9, Government Gazette No. 23406 of 31 May 2002*,* le

(ii) *National Curriculum Statement Grades 10-12 Government Gazettes, No. 25545 of 6 October 2003* and *No. 27594* of 17 May 2005.

(c) Dipegelo tsa kharikhulamo ya bosetšhaba tse di akanngwang go ka dirisiwa mo ditemanengpotlana tsa b (i) le (ii) di na le dipegelo tsa pholisi tse di latelang tse di tla khutlisiwang ka tatelano ke *National Curriculum Statement Grades R-12 (Firikgong 2012) mo pakeng ya go tloga ka* 2012-2014:

(i) Lekala la Thuto/Lenaneo la Serutwa, Dikaedi tsa Lenaneothuto, Dikaedi tsa Tlhatlhobo ya Dirutwa tsa Mephato R-9 le Mephato 10-12;

(ii) Pegelo ya Pholisi ya *National Policy on assessment and qualifications for schools in the General Education and Training Band*, e e tlhamilweng seŝwa mo *Government Notice No. 124* in *Government Gazette No. 29626* of 12 February 2007;

(iii) Pegelo ya Pholisi ya the *National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF)* , e e tlhamilweng seŝwa mo *Government Gazette No.27819* of 20 July 2005;

(iv) Pegelo ya Pholisi ya *An addendum to the policy document, the National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF) , e e mabapi le barutwana ba ba nang le ditlhokego tse di kgethegileng,* e e phasaladitsweng mo *Government Gazette, No.29466* of 11 December 2006, e akareditswe mo pegelong ya pholisi ya *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12; le*

(v) Pegelo ya Pholisi ya *An addendum to the policy document, the National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF) , e e mabapi le the National Protocol for Assessment (Grades R-12)* , e e tlhamilweng seśwa mo *Government Notice No.1267* in *Government Gazette No. 29467* of 11 December 2006.

(d) Pegelo ya Pholisi ya *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*, le dikarolo tse di mo Pholising ya Kharikhulamo le Tlhatlhobo jaaka e akanngwang mo Dikgaolong 2, 3 le 4 tsa pegelo e, tse di agang melao le boleng jwa *National Curriculum Statement Grades R-12.* Ka jalo go ya ka karolo *6A ya South African Schools Act, 1996 (Act No. 84 of 1996,)* e aga motheo o Tona ya Thuto ya Motheo e ka tlhomamisang dipoelo tse di lekaneng tsa boleng, gammogo le thulaganyo le tsamaiso ya tlhatlhobo ya diphitlhelelo tsa barutwana e e ka dirisiwang mo dikolong tsa botlhe le mo dikolong tse di ikemetseng ka nosi.

1.3 MAIKAELELO A KAKARETSO A KHARIKHULAMO YA AFORIKA BORWA

(a) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e tlhagisa kitso, dikgono le meetlo e e tshwanelwang ke go ithutiwa mo dikolong tsa Aforika Borwa. Kharikhulamo e ikaelela go netefatsa gore barutwana ba bona le go diragatsa kitso le dikgono ka ditsela tse di nang le bokao mo matshelong a bona. Mo ntlheng e, kharikhulamo e godisa kakanyo ya go tsepamisa kitso ka bokao jwa tikologo, e ntse e sisimoga (tsibogela) botlhokwa jwa lefatshe ka bophara.

(b) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12, e arabela maikaelelo a:

- go tlamela barutwana, go sa kgathalesege lemorago la ikonomi ya loago, lotso, bong, bokgoni jwa mmele kgotsa bokgoni jwa botlhale, le kitso, dikgono le meetlo tse di tlhokegang go ikgotsofatsa le botsayakarolo jo bo nang le bokao mo loagong jaaka baagi ba naga e e gololesegileng;
- e tlamela phitlhelelo ya thuto e e kwa godimo;
- go kaela phetogelo ya barutwana go tswa go thuto ya ditheo go ya go lefelo la tiro; le
- go tlamela bathati ka tshedimosetso e e lekaneng ya dikgono tsa morutwana.

(c) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e ikaegile ka metheo e e latelang:

- *Phetogo ya loago*; e netefatsa gore go sa lekalekaneng mo go tsa thuto go go fetileng go a siamisiwa, le gore ditšhono tse di lekalekanang tsa thuto di neelwa baagi botlhe:
- *Go ithuta go go tlhaga gape go tseneletse*, go rotloetsa molebo o o tlhaga e le o o tseneletseng mo thutong, boemong jwa go rutiwa ga go neelwa dinnete go go seng tlhaga e bile go sa tsenelela;
- *Kitso e e kwa godimo le dikgono tse di kwa godimo*; bonnye jwa maemo a kitso le dikgono tse di tshwanetseng go fitlhelelwa mo mophatong o mongwe le o mongwe di totobaditswe le go beelwa seemo se se kwa godimo, seemo se se fitlhelegang mo dirutweng tsotlhe;

- *Tsweletso*; diteng le bokao jwa mophato o mongwe le o mongwe di supa tsweletso go tloga go e e bonolo go fitlha go e e gwetlhang tlhaloganyo;
- *Ditshwanelo tsa botho, boakaretsi, bosiaimisi jwa tikologo le loago*; go tsenyeletsa melawana le ditlwaelo tsa bosiamisi jwa tikologo le loago le ditshwanelo tsa botho jaaka di tlhalosiwa mo Molaotheong wa Aforika Borwa. Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12. (Ka kakaretso) e bosisi mo dintlheng tsa dipharologano di tshwana le lehuma, go tlhoka tekatekano, lotso, bong, puo, kgolo, bogole le dintlha tse dingwe.
- *Go totobatsa botlhokwa jwa tsamaiso ya kitso ditso*; go lemoga ditiragalo (hisetori) le boswa jo bo humileng jwa naga e jaaka dintlha tse di botlhokwa tse di nonotshang meetlo e e leng teng mo Molaotheong; le
- *Go ikanyega, boleng le nonofo*; go tlamela thuto e e ka bapisiwang le ya dinaga tse dingwe ka boleng, go anama le boteng

(d) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e ikaelela go tlhagisa barutwana ba ba kgonang go:

- lemoga le go rarabolola mathata gape ba tsaya ditshwetso ba akanya ka tsenelelo e bile ba na le boitlhamedi.
- dira ka katlego ba le bosi, kana ba na le ba bangwe e le karolo ya setlhopha;
- ithulaganya, go itsamaisa le go tsamaisa ditiro tsa bona ka boikarabelo le ka nonofo.
- kgobokanya, sekaseka, rulaganya le go tlhatlhoba tshedimosetso ka tsenelelo;
- tlhaeletsana ka nonofo ba dirisa dikgono tsa pono, matshwao kgotsa dikgono tsa puo mo mekgweng e e farologaneng;
- dirisa saense le thekenoloji ka nonofo le ka tsenelelo ba supa boikarabelo mo tikologong le mo boitekanelong jwa ba bangwe; le
- bontsha go tlhaloganya lefatshe jaaka thulaganyo ya ditsamaiso tse di amanang ka go lemoga gore dikaelo tsa tharabololo ya mathata ga di tlhagelele di le tsosi.

(e) Boakaretsi bo tshwanetse go nna karolokônôkônô ya thulaganyo, ipaakanyo le go ruta mo sekolong se sengwe le se sengwe. Se, se ka diragala fa fela barutabana botlhe ba nna le tlhaloganyo e e edileng ya go lemoga le go arabela dikgoreletsi tsa go ithuta le go rulaganyetsa dipharologano.

Ntlhakgolo mo go tsamaiseng boakaretsi ke go netefatsa gore dikgoreletsi di a lemogiwa le go arabelwa ke ditlhopha tsotlhe tsa tshegetso mo loagong lwa sekolo, go akaretsa barutabana, ditlhopha tsa tshegetso tsa dikgaolothuto, ditlhopha tsa tshegetso tse di mo ditheong, batsadi le dikolo tse di kgethegileng jaaka ditikatikwe tse di tswelang morafe mosola ka kakaretso. Go arabela dikgoreletsi mo phaposiborutelong, barutabana ba tshwanetse go dirisa ditogamaano tse di farologaneng tsa dipharologano tsa kharikhulamo jaaka tse di akareditsweng mo Dikaeding tsa Go Ruta le Go Ithuta ga Boakaretsi tsa Lefapha la Thuto ya Motheo (2010) . (*Department of Basic Education's Guidelines for inclusive teaching and learning (2010)*) .

1.4 KABO YA NAKO

1.4.1 Kgato ya Motheo

(a) Nako ya go ruta mo Kgatong ya Motheo ke e e latelang

SERUTWA	MOPHATO R (DIURA)	MEPHATO 1-2 (DIURA)	MEPHATO 3 (DIURA)
Puo ya Gae	10	7/8	7/8
Puo Tlaleletso ya Ntlha		2/3	3/4
Dipalo	7	7	7
Dikgono tsa Botshelo • Kitso ya Tshimologo • Botshweretsi jwa Boitlhamedi • Thuto ya Ikatiso ya Mmele • Thuto ya boitekanelo jwa motho le loago	**6** (1) (2) (2) (1)	**6** (1) (2) (2) (1)	**7** (2) (2) (2) (1)
GOTLHE	**23**	**23**	**25**

(b) Nako ya go ruta ya Mephato R, 1 le 2 ke diura di le 23 mme ya Mophato 3 ke diura di le 25.

(c) Diura di le 10 mo dipuong di abetswe Mephato R-2 mme diura di le 11 ke tsa Mophato 2. Bogolo jwa diura di le 8 le bonnye jwa diura di le 7 di abetswe Puo ya Gae, bonnye jwa diura di le 2 le bogolo jwa diura di le 3 di abetswe Puotlaleletso mo Mephatong 1-2. Mo Mophatong 3 bogolo jwa diura di le 8 le bonnye jwa diura di le 7 di abetswe Puo ya Gae fa bonnye jwa diura di le 3 le bogolo jwa diura di le 4 di abetswe Puotlaleletso ya Ntlha.

(d) Mo serutweng sa Dikgono tsa Botshelo, Kitso ya Tshimologo e abetswe ura e le 1 mo Mephatong R-2 le diura di le 2 jaaka go kailwe ka diura tse di mo masakaneng mo mophatong wa 3.

1.4.2 Kgato ya Magareng

(b) Nako ya go ruta mo Kgatong ya Magareng ke e e latelang:

SERUTWA	DIURA
Puo ya Gae	6
Puotlaleletso ya Ntlha	5
Dipalo	6
Disaense tsa Tlhago le Thekenoloji	3, 5
Disaense tsa Loago	3
Dikgono tsa Botshelo • Botshweretsi jwa Boitlhamedi • Thuto ya Ikatiso ya Mmele • Thuto ya boitekanelo jwa motho le loago	**4** (1, 5) (1) (1, 5)
GOTLHE	**27, 5**

1.4.3 Kgato e Kgolwane

(a) Nako ya go ruta mo Kgatong e Kgolwane ke e e latelang:

SERUTWA	DIURA
Puo ya Gae	5
Puotlaleletso ya Ntlha	4
Dipalo	4, 5
Disaense tsa Tlhago	3
Disaense tsa Loago	3
Thekenoloji	2
Disaense tsa Botsamaisi le Ikonomi	2
Tebanyo le Botshelo	2
Botshweretsi jwa Boitlhamedi	2
GOTLHE	**27, 5**

1.4.4 Mephato 10-12

(a) Nako ya go ruta mo Mephatong 10-12 ke e e latelang:

SERUTWA	Kabo ya nako mo bekeng (diura)
Puo ya Gae	**4.5**
Puotlaleletso ya Ntlha	**4.5**
Dipalo	**4.5**
Tebanyo le Botshelo	**2**
Bonnye jwa dirutwa dingwe le dingwe tse tharo di tlhophiwa go tswa mo Setlhopheng sa B Mametlelelo B, Mananeo B1-B8 a pegelo ya pholisi ya *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*, e le mabapi le go ya ka mabaka a a botswang pele go dumelanwa ka ona mo ditemaneng tsa 28 tsa pegelo ya pholisi e e bolelwang.	**12 (3x4 diura)**
GOTLHE	**27.5**

Nako e e abilweng ya beke e ka dirisediwa bonnye dirutwa tsa NCS tse di tlhokegang jaaka go kailwe fa godimo, e bile e se ke ya dirisediwa dirutwa dipe tsa tlaleletso tse di okeditsweng mo lenaneong la dirutwa. Fa morutwana a ka eletsa go oketsa dirutwa, nako e e okeditsweng e abelwe go rutiwa ga dirutwa tse.

KAROLO 2 : GO ITSISE PUO YA GAE MO KGATONG E KGOLWANE

2.1 DIPUO MO PEGELONG YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO

Puo ke sediriswa sa mogopolo le tlhaeletsano. Gape ke sediriswa sa setso le temogo ya bontle ka tlwaelo se se aroganngwang mo gare ga batho go dira gore lefatshe le ba tshelang mo go lona le nne le bokao jo bo botoka. Go ithuta go dirisa puo ka botlalo go kgontsha barutwana go fitlhelela kitso, go tlhalosa boitshupo jwa bona, maikutlo le dikakanyo, go dirisana le ba bangwe le go laola lefatshe la bona. E tlamela barutwana ka ditshwantsho le dikakanyo tse di humileng, tse di maatla, tse di tseneletseng kwa botennyeng tse di ka dirisiwang go dira lefatshe la bona le tokafale go feta jaaka le ntse; le itshekile go feta jaaka le ntse. Ke ka tiriso ya puo mo dipharologanong tsa setso le dikamano tsa loago di thadisiwang le go tlhamiwa, go tlhamiwa goo, go ka fetolwa gape ka puo ga anamisiwa le go tokafatswa .

2.1.1 Maemo a Puo

Go ithuta puo mo Kgatong e Kgolwane, go akaretsa dipuo tsotlhe tsa semmuso mo Aforika Borwa, e bong, Afrikaans, English, isiNdebele, isiXhosa, isiZulu, Sepedi (Sesotho sa Leboa) , Sesotho, Setswana, Siswati, Tshivenda, Xitsonga – gammogo le Puo ya Matshwao le Dipuo tse e seng tsa Semmuso. Dipuo tse di ka rutiwa ka maemo a a farologaneng.

Puo ya Gae ke puo ya ntlha e e fitlhelelwang ke barutwana. Le fa go le jalo, bontsi jwa dikolo tsa Aforika Borwa ga di rute dipuo tsa gae tsa barutwana ba bangwe ba ba ikwadisitseng mme e na le puo e le nngwe kgotsa tse pedi tse di rutiwang ka maemo a puo ya gae. Ka ntlha ya se, maina a Puo ya Gae le Puotlaleletso ya Ntlha a kaya botswerere jwa maemo a puo e e rutiwang ka ona e seng puo ya gae kgotsa e e fitlheletsweng (jaaka mo dipuotlaleletsong) . Ka ntlha ya maikaelelo a pholisi e, kumako nngwe le nngwe ya puo ya gae e tshwanetse go tlhaloganngwa gore e kaya maemo mme e seng puo ka boyona.

Maemo a Puo ya Gae a tlamela botswerere jwa puo jo bo senolang dikgono tsa tlhaeletsano ya dikamano tsa botho tse di tlhokagalang mo maemong a loago le mo maemong a tlhaloganyo ya tsa botlhalefi a a leng botlhokwa mo go ithuteng go ralala kharikhulamo. Go na le kgatelelo mo go rutiweng ga dikgono tsa go reetsa, go bua, go buisa le go kwala mo maemong a a puo. Kgato e, e tlamela barutwana gape ka bokao jo bo tlhamaletseng, temogo ya bontle le bokgoni jwa go nna le dikakanyo jo bo tla ba tlamelang ka bokgoni jwa go tlhama dilo gape, go akanya le go matlafatsa go tlhaloganya lefatshe le ba tshelang mo go lona. Le fa go le jalo, kgatelelo le kabo ya maduo a dikgono tsa Go reetsa le Go bua, go tloga ka Mophato wa 7 go ya kwa pele, di kwa tlase go na le dikgono tsa go buisa le go kwala.

Puotlaleletso ya Ntlha e kaela go puo e seng puo ya gae mme fela e dirisediwa tiriso ya tlhaeletsano e e rileng mo setšhabeng e e leng puo ya go ithuta le go ruta. Kharikhulamo e neela tshegetso e e maatla go barutwana ba ba tla dirisang puo ya bona ya Puotlaleletso ya ntlha jaaka puo ya go ithuta le go ruta. Kwa bokhutlong jwa Mophato 9 barutwana ba ba tshwanetse ba ba kgona go dirisa Puo ya gae le puo-tlaleletso ka nonofo le ka botshepegi mo maitlhomong a a farologaneng, go akaretsa le go ithuta .

Mo Aforika- Borwa , bontsi jwa barutwana ba simolola go dirisa puotlaleletso e e leng English jaaka puo ya bona ya Go ithuta le Go ruta. Ka jalo go raya gore ba tshwanetse go fitlhelela bokgoni jwa maemo a a kwa godimo mo English. Ba tshwanetse go kgona go buisa le go kwala sentle ka English.

Maemo a Puotlaleletso ya Ntlha a tseelela gore barutwana ga ba na kitso epe ya puo fa ba goroga kwa sekolong. Mo dingwageng tsa ntlha tsa sekolo go tlhomiwa mogopolo mo go ageng bokgoni jwa morutwana jwa go tlhaloganya

puo le go e bua – motheo wa dikgono tsa tlhaeletsano ya dikgolagano tsa botho. Mo Mephatong ya 2 le 3 barutwana ba simolola go aga kitso ya puo mo motheong o wa tiro ya molomo. Gape ba diragatsa dikgono tsa puo tse ba setseng ba di ithutile mo Puong ya Gae.

Mo Dikgatong tsa Magareng le tse Dikgolwane, barutwana ba tswelela go tiisa dikgono tsa go reetsa, go bua, go buisa le go kwala. Kgatelelo e kgolo e abelwa go dirisetsa Puotlaleletso ya Ntlha ka maikaelelo a go akanya le go ntsha mabaka. Ba tshwaragana le ditlhangwa tsa dikwalo le go simolola go aga bokgoni jwa temogo ya bontle le go tshwantsha mo Puotlaleletsong ya bona.

Barutwana ba tshwanetse gore fa ba goroga mo Kgato e kgolwane, ba bo ba tlhaloganya Puotlaleletso ya Ntlha mabapi le dikgono tsa dikgolagano tsa botho le maemo a tlhaloganyo ya tsa botlhalefi. Le fa go ntse jalo, boammaaruri ke gore barutwana ba bantsi mo kemong e ga ba kgone go tlhaeletsana sentle ka Puotlaleletso ya bona. Kgwetlho mo kgatong ya magareng ke go tlamela barutwana ba ka tshegetso gape ka yona nako eo ba abelwa kharikhulamo e e ba kgontshang go fitlhelela maemo a a tlhokegang mo Mephatong e e kwa pele. Maemo a tshwanetse gore a nne mo seemong se barutwana ba ka dirisang puotlaleletso mo maemong a a kwa godimo a go tlhaloganya go ba baakanyetsa go tsweletsa dithuto tse di kwa godimo kgotsa dithuto tse di kgolwane kgotsa go tsena mo ditirong tse di farologaneng.

2.1.2 Dikgono tsa puo

Kharikhulamo ya Puogae e rulagantswe go ya ka dikgono tse di latelang:

1	Go reetsa le Go bua
2	Go buisa le Go lebelela
3	Go kwala le Go tlhagisa
4	Dipoego tsa Puo le Melawana ya tiriso

2.1.3 Melebo ya go ruta puo

Melebo ya go ruta puo mo dikwalong e ikaegile ka setlhangwa, e a tlhaeletsa, e a lotaganya e bile e lebile dikgato.

Molebo o o ikaegileng ka setlhangwa le **molebo wa tlhaeletsano** ka bobedi e ikaegile ka tlhagiso le tiriso e e tswelelang ya ditlhangwa. **Molebo o o ikaegileng ka setlhangwa** o utulola gore ditlhangwa di dira ka tsela e ntseng jang. Maitlhomo magolo a molebo o o ikaegileng ka setlhangwa ke go kgontsha barutwana go nna le bokgoni, go itshepa le go nna babuisi ba ba buisang ka tsenelelo, bakwadi, babogedi le batlhami ba ditlhangwa. E tsenyeletsa go reetsa, go buisa, go lebelela le go sekaseka ditlhangwa go tlhaloganya gore di tlhagisitswe jang le gore tlhotlheletso ya tsona e leng sona. Ka tlhaeletsano e e tseneletseng le ba bangwe, barutwana ba aga bokgoni jwa go tlhatlhoba ditlhangwa. Molebo o o ikaegileng ka setlhangwa le ona o akaretsa tlhagiso ya mefuta e e farologaneng ya ditlhangwa tsa maitlhomo le babuisi/baamogedi ba ba rileng. Molebo o, o sedimosediwa ke go tlhaloganya gore ditlhangwa di bopiwa jang.

Mokgwa wa tlhaeletsano o tshitshinya gore morutwana o tshwanetse gore fa a ithuta puo, a nne le maitemogelo a magolo mo puong e e ikaeletsweng le ditšhono tse dintsi go ikatisa kgotsa go tlhagisa puo ya tlhaeletsano ya loago kgotsa maitlhomo a a dirisegang. Go ithuta puo go tshwanetse ga fitisediwa mo phaposiborutelong mo dikgono tsa kitso ya puo tsa go buisa/go lebelela le go kwala/go tlhagisa di ithutiwa ka go dira puiso e ntsi le go ithuta go kwala thata.

Go ruta puo go diragala ka tsela e lotagantsweng, ka morutabana a bontsha katiso e e siameng, barutwana ba ikatisa pele ka dikgono tse di maleba mo ditlhopheng pele ba ka tsenya dikgono tse mo tirisong ka bobona. Popego ya thuto

e nngwe le e nngwe e tshwanetse e nne e e akaretsang barutwana botlhe mo phaposiborutelong pele ba ikatisa mo ditlhopheng le go ka dirisa dikgono tse di ntšhwa ka bongwe.

Molebo wa go ruta ka dikgato o dirisiwa fa barutwana ba tlhagisa ditlhangwa tsa molomo le tse di kwadilweng. Barutwana ba tsenngwa mo maemong a a farologaneng a dikgato tsa go reetsa, go buisa le go kwala. Mo tsamaong ya neelano ba tshwanetse ba nagane segolo bogolo ka babuisi/baamogedi le mosola. Se se tla ba kgontsha go tlhaeletsana le go tlhagisa dikakanyo ka tsela ya tlholego e sa pekanngwa. Sekao, mokgwa wa go kwala ga o tsepame mo kungong fela mme o tsepama le mo kgatong ya go kwala. Mo tsamaong ya go kwala barutwana ba rutwa gore ba ka tlagisa dikakanyo ka tsela e e ntseng jang, go ka akanya ka babuisi le maithlomo, go kwala ditlhangwa tsa ntlha, go tseleganya ditiro tsa bona le go tlhagisa sekwalo sa bofelo se se tlhaeletsang dikakanyo tsa bona.

Mokgwa wa go ruta dikwalo

Thuto ya dikwalo e tshwanetse ya tsepama mo go ruteng go tlhaloganya le go tsenyeletsa ditogamaano tsa dikgato tsa go buisa (pele ga puiso, ka nako ya puiso le morago ga puiso) . Lebakalegolo la go buisa dikwalo mo phaposiborutelong ke go dira gore barutwana ba nne le tshisimogo mo tirisong e e kgethegileng ya puo e e lolameng, e e nang le boammaaruri, botshwantshi, ya matshwao, e na le bokao jo bo tseneletseng go feta sengwe le sengwe fela se ba ka se buisang. Fa ditlhangwa tse dingwe e le tsa boitumediso, kakabalo, kgotsa tshenolelo, bakwadi ba ba tlhoafetseng ba kwala dipadi, diterama le maboko ka gore ba na le dikakanyo, megopolo le dikgang; melawana le ditumelo tse ba batlang thata go di abelana kgotsa go di senolela babuisi ba bona ba ba ikaeletsweng. Tiriso ya puo ya bona ya botshwantshi ke mokgwa o o tlaleletsang, o o senolang, o o tshegetsang le go baya mo pontsheng dikakanyo tsa bona.

Go ruta dikwalo ga go nke go nna bonolo, fela ga go kgonege kwa ntle ga dithanolo le ditshwaelo tsa botho, tse di akanngwang di na le boammaaruri go tswa mo barutwaneng ka bobona. Kwa ntle ga gore ba ithute go tlhaloganya setlhangwa ka bobona, ba tla bo ba sa rutega mo go kgotsofatsang. Barutabana ba tlhoka gore gangwe le gape ba tshegetse dithanolo tsa bona le dikakanyo tsa ditlhangwa, ba bo ba letlelela botsayakarolo jwa barutwana go le gontsi ka mo go tlhaloganyesegang. Thanolo ga se ka ga go nepa kgotsa go fosa. Ke ka ga go batlisisa se se nang le bokao mo mmuising.

Ditsela tse di botoka tsa go ruta dikwalo di ka akaretsa dingwe kgotsa tsotlhe tse di latelang:

- Leka ka mokgwa o o ka kgonang go buisa bontsi jwa setlhangwa mo phaposing ka fa go ka kgonegang ntle le go kgaotsa o dira ditirwana tse dingwe. Se, se se ke sa feta dibeke di le pedi. Go botlhokwa gore barutwana ba nne le kakanyo e e lolameng ya se se diragalang kwa tshimologong ya setlhangwa. Go tsaya nako e ntsi mo go buiseng setlhangwa go senya go tlhaloganya ntlha ya kanelo le poloto ka botlalo. Barutwana ba diphaposi dingwe ba kgona go buisa setlhangwa kwa ntle ga tshegetso ya mokgwa o. Se, se tshwanetse go rotloediwa. Go tshwanetse ga rutiwa poko e seng *maboko*. Buisa bontsi bo bo ka kgonegang mo phaposing, le go netefatsa gore barutwana le bona ba kwala maboko.

- Thanolo ya setlhangwa ke thuto e e rutiwang mo maemong a thuto ya yunibesithi, e bile barutwana ba setlhopha se ga ba tlhoke go ithuta kemo e e kwa godimo e ya thanolo. Le fa go ntse jalo, maitlhomo otlhe a go ruta ditlhangwa ke go bontsha barutwana ka moo puo ya bona ya gae e ka dirisiwang ka teng ka botlalo, ka botlhale, ka botshwantshi le ka manontlhotlho. Se, se raya go lebelela ka moo setlhangwa se bopilweng ka teng, se tlhotlheleditsweng, le go rulaganngwa ka go tlhalosa le go gatelela se se tlhagisiwang. Tiro e e ntseng jalo e ka akaretsa go tlhatlhoba go nna teng le go tlhokega ga boikakanyetso. Go ka lejwa ntlha ya gore ke mofuta ofe wa boikakanyetso o o tlhophilweng ke mokwadi le mabaka a teng; popego ya dipolelo le ditemana, thulaganyo ya maboko mo tsebeng, tlhopho ya mafoko, dipopego tse di tswelelang mo

setlhangweng; tiriso ya letshwao, modumo le mmala mo go leng maleba. Bontsi jwa tiro e, bo tshwanetse go ikaega ka setlhangwa, fela tshekatsheko ya setlhangwa sengwe le sengwe mola ka mola, e senya go nna bofitlha ga sona.

- Ditlhangwa tsa boitlhamedi di tshwanetse go golaganngwa thata le go ithuta setlhangwa sengwe le sengwe. Ditirwana tsa go kwala tse di batlang gore setlhangwa se se buisiwang se tlhaloganngwe di ka nna le thuso e kgolo mo go fitlheleleng maemo a le mantsi a kgatlhego mo barutwaneng. Dipuisano tsa mo phaposing di ka nna mosola fa fela yo mongwe le yo mongwe a na le seabe. Fela dipuisano tsa phaposi tse di isang kwa ditirwaneng tsa tiro e e kwadiwang di na le mosola o o bonalang mo barutwaneng le mo go morutabana.

- Kwa bofelong, go botlhokwa go tlhagisa gore mo dikwalong ga se gantsi go solofelwa karabo e le nngwe e e nepagetseng: kakanyo ya gore, leboko le ka kaya sengwe le sengwe fa fela mongwe a 'tlhomamisa se' go tswa mo setlhangweng e isa kwa kakanyong e e fosagetseng ya ka moo dikwalo di lebiwang ka teng. Setlhangwa se se feletseng, se kaya sengwe, e seng manathwana a sona fela; puiso e siameng ya setlhangwa e akaretsa setlhangwa sotlhe mo mekgweng ya go se ranola, ya boitlhamedi, ya motho ka nosi le ya go utolola dintlha.

Melebo e mengwe ya dikwalo e e ka lotaganngwang le go ruta go tlhaloganya le go tlhaloganya dipopegokgolo tsa dikwalo ke tse; **tatelano ya ditiragalo, mokwadi, thitokgang le melebo ya mefutakwalo.** Melebo e e ka kopanngwa.

Mo **molebong wa tatelano ya ditiragalo** barutwana ba ka dira dipatlisiso ba bo ba tlhakanye kamuso ya dikwalo le ditiragalo tsa hisetori tsa nako e tshwanang.

Mo **molebong wa mokwadi**, barutwana ba ka tsaya karolo mo go ithuteng ka boteng le bophara ka mokwadi bogolo segolo mo pokong mme ba golaganye maboko a gagwe le motlha o o rileng wa hisetori.

Mo **molebong wa thitokgang** barutwana ba ka lebelela dithitokgang di tshwana le bosiamisi, diphitlhelelo, lerato, jalo jalo go ralala palo e e rileng ya maboko kgotsa mefutakwalo e e farologaneng ba bo ba e bapise le ditiragalo tsa maemo a nnete a matshelo. Ba ka dira katlholo ka ga ditiro tsa moanelwa le go tshwaela ka thitokgang.

Malebana le **molebo wa mofutakwalo**, barutwana ba ka tlhopha, bapisa le go farologanya mefutakwalo e e farologaneng, sk, pharologanyo magareng ga poloto mo pading/kgangkhutshwe/terama/naane.

Melebo ya go ruta puo mo tirisong

Thuto ya dipopego tsa puo e tshwanetse ya tsepamisiwa mo goreng puo e dirisiwa jang le gore ke eng se se ka dirwang ka yona, ke go re go lemoga bokao, go rarabolola bothata le dikgatlhego, go tlhotlheletsa ditsala le badirammogo, le go bopa botshelo jwa loago jo bo humileng. Thuto ya dipopego tsa puo e tshwanetse go nna tsela ya go dira gore dilo di diriwe.

Ka jalo, thuto ya dipopego tsa puo/diponagalo tsa thutapuo e tshwanetse go itshetlega ka setlhangwa, tlhaeletsano le go lotaganngwa.

Melawana e e latelang e tshwanetse ya tsewa tsia fa go rutiwa dipopego tsa puo:

- Dipopego tsa puo di tshwanetse go rutelwa go bopa ditlhangwa mo bokaong jwa tiriso ya tsona – ka mantswe a mangwe di mabapi le puo ya leruri.

- Tiriso ya dipopego tsa puo ga e a tshwanela go lebelela go lokolola dipolelo tse di tlhaotsweng fela – e tshwanetse ya tlhalosa tsela e dipolelo di rulagantsweng ka teng mo go ageng ditlhangwa ka botlalo jaaka, dikgang, ditlhamo, makwalo, dipegelo tse barutwana ba di ithutang, ba di buisang le go di kwala mo sekolong.

- Tiriso ya didiriswa tsa boammaaruri jaaka mmuisano, dipotsotherisano di tshwanetse go rotloediwa.

- Golaganya popego ya puo le tiriso ya puo mo maemong a loago, sk, go tlhagisa dikakanyo le maikutlo a mongwe, go itsise batho, go bua ka ga kgotsa go bega sengwe, ditiro, ditiragalo kgotsa batho mo tikologong, mo pakajaanong kgotsa mo pakatlang, go dira dikopo go dira ditshitshinyo, go ab elana ka dijo kgotsa dinotsididi le go di amogela kgotsa go ka di gana ka bonolo; go neela le go tsibogela ditaelo, go bapisa le go farologanya dilo.

- Dirisa ditirwana tsa phaposiborutelo tse di amanang le mofuta wa puo le tiriso ya yona, sk, pakapheti le tlhamo ya kanelo le go kwala pegelo; modirisokgonego le tlhamo ya maitlhomo.

- Tsepamisa mogopolo mo ditirwaneng tse di nang le bokao. Go fitlhelela melawana ya dipopego tsa puo ga go kgontshe barutwana go ka dirisa puo ka tsela e e lomaganeng le e e dirang tlhaloganyo. Se se re kgatlhisang ke se se mabapi le popego le tiriso go feta maemo a polelo, ke go re tsela e batho ba dirisang puo e e buiwang (puisano) kgotsa puo e e kwadilweng (setlhangwa) ka ditsela tse dilomaganeng di dira tlhaloganyo.

2.2 KABO YA NAKO YA PUO YA GAE

Kabo ya nako ya Puo ya Gae .Nako ya go ruta Puo ya Gae le Puotlaleletso ya Ntlha ke diura di le 5 le 4 ka tatelano mo bekeng go ya ka thebolo ya pholisi.Le gale go tshitshinngwagore diura di le 5 di abelwe Puo ya go ithuta le go ruta mme diura di le 4 di abelwe puo e nngwe ya pateletso.Dikolo tse di dirisang puotlaleletso ya ntlha jaaka puo ya go ithuta le go ruta , di tshwanetse go rebola puo eo diura di le 5. Diteng tsotlhe tsa puo di rutiwa mo tshekong/sedikong sa dibeke di le pedi (diura di le 8/10) . **Barutabana ga ba patelesege go tsepama ka go gwalala mo tshekong/ sedikong se, mme ba netefatse fa dikgono tsa puo, bogolosegolo go ikatisiwe ka go buisa le go kwala.** Kabo ya nako mo dikgonong tse di farologaneng tsa puo mo Mephatong 7 – 9 ke dibeke di le 36. Dibeke di le nne ke tsa maitlhomo a ditlhatlhobo – dibeke di le pedi ke tsa tlhatlhobo ya Seetebosigo fa dibeke tse dingwe tse pedi e le tsa Sedimonthole.

Lenaane la nako le tshwanetse go tlamela ka dikamuso di le pedi tse di pataganeng mo bekeng. Kabo e e latelang ya nako e tshitsintswe go ruta dikgono tse di farologaneng mo tshekong/sedikong sa dibeke di le pedi.

DIKGONO	KABO YA NAKO MO DITSHEKONG/DIDIKONG TSA DIBEKE DI LE PEDI (DIURA)		
	MOPHATO 7	MOPHATO 8	MOPHATO 9
*Go reetsa le Go bua (Tiro ya molomo)	Diura di le 2		
*Go buisa le Go lebelela	Diura di le 3 le metsotso e le 30 (Ura e le 1 le metsotso e le 45 ya Tekatlhaloganyo le ura e le 1 le metsotso e le 45 ya ditlhangwa tsa dikwalo)		
*Go kwala le Go tlhagisa	Diura di le 3 le metsotso e le 30		
Dipopego tsa puo le Melawana ya tiriso	Ura e le 1		
	***Dipopego tsa puo le Melawana ya tiriso** di lotagantswe mo kabong ya nako ya dikgono tsa puo di le nne. Go na le nako e e beetsweng kwa thoko ya katiso e e tlhomameng. Dikgono tsa go akanya le go neela mabaka di tsenyeleditswe mo dikgonong le ditogamaano tse di tlhokegang mo Go reetseng le Go bua, Go buisa le Go lebelela le Go kwala le Go tlhagisa.		

Lenane la tshitshinyo ya kabo nako ya puo e nngwe ya pateletso.

DIKGONO	KABO YA NAKO MO DITSHEKONG/DIDIKONG TSA DIBEKE DI LE PEDI (DIURA)		
	MOPHATO 7	MOPHATO 8	MOPHATO 9
*Go reetsa le Go bua (Tiro ya molomo)	Diura di le 2		
*Go buisa le Go lebelela	Diura di le 3 (Ura e le 1 le metsotso e le 30 ya Tekatlhaloganyo le ura e le 1 le metsotso e le 30 ya ditlhangwa tsa dikwalo)		
*Go kwala le Go tlhagisa	Diura di le 2		
Dipopego tsa puo le Melawana ya tiriso	Ura e le 1		
	***Dipopego tsa puo le Melawana ya tiriso** di lotagantswe mo kabong ya nako ya dikgono tsa puo di le nne. Go na le nako e e beetsweng kwa thoko ya katiso e e tlhomameng. Dikgono tsa go akanya le go neela mabaka di tsenyeleditswe mo dikgonong le ditogamaano tse di tlhokegang mo Go reetseng le Go bua, Go buisa le Go lebelela le Go kwala le Go tlhagisa.		

2.3 DIDIRISWA TSA TSHEGETSO TSA GO ITHUTA LE GO RUTA

Barutwana ba tshwanetse go nna le didiriswa tse di latelang go ithuta Puo ya Gae mo Mephatong 7- 9:

MEPHATO 7 – 9	
DIDIRISWA TSA BOTLHOKWA	
Bukakgakololo e e rebotsweng ya Puo - (Kaedi ya Morutabana/Buka ya Morutwana	√
Thanodi	√
Padi	√
Dikgangkhutshwe	√
Dinaane	
Terama	√
Poko	√
DIDIRISWA TSA MMEDIA	
Makwalodikgang	√
Dimakasine	√
Dipuisano/diterama tsa seyalemowa	√
Dipontsho/diterama/tlhagiso ya dintlha le ditiraglo tsa botshelo tsa thelebišene (dokhumenthari)	√

Morutabana wa Puo ya Gae o tshwanetse go nna le:

a) Pegelo ya Pholisi ya Kharikhulamo le Tlhatlhobo

b) Pholisi ya Puo mo Thutong

c) Bukakgakololo e e rebotsweng e e dirisiwang ke barutwana; dibukakgakololo tse dingwe jaaka metswedi go tlaleletsa buka e e rebotsweng.

d) Dithanodi (temenngwe, temepedi, ditementsi, thesorase)

e) Mefutakwalo ya dikwalo e e rebotsweng

f) Mefuta e e farologaneng ya didiriswa tsa mmedia: makwalodikgang, dimakasine, boroutšhara, diphampitshana tsa tshedimosetso/difolayara, jalo jalo.

g) Phitlhelelo ya dithusathuto tsa kutlo le tsa pono go ka dirisiwa mo phaposiborutelong

h) Mefuta e mengwe ya metswedi ya mmedia (makwalodikgang, dimakasini le diboroutšhara)

Metswedi ya phaposiborutelo

a) Ditlhangwa tse di farologaneng go akaretsa maemo a a farologaneng a go buisa, sk, dipadiso tse di tlhophilweng tse di lekanang barutwana botlhe mo phaposing/gore morutwana yo mongwe le yo mongwe a nne le padiso ya gagwe mo maemong a mangwe le a mangwe a go buisa mo phaposing.

b) Mefuta e e farologaneng ya mmedia: makwalodikgang, dimakasine, boroutšhara, dipampitshana tsa tshedimosetso, dipapatso, diphousetara, dikitsiso, jalo jalo.

c) Didiriswa tsa kutlo le tsa pono

KAROLO 3: DITENG LE DITHULAGANYO TSA GO RUTA TSA DIKGONO TSA PUO

3.1 THADISO YA DIKGONO TSA PUO – DIKGATO LE DITOGAMAANO, MOFUTA LE BOLEELE JWA SETLHANGWA.

3.1.1 Go reetsa le Go bua.

Go reetsa le go bua go botlhokwa mo go ithuteng dirutwa tsotlhe. Ka go reetsa le go go buisa go nonofileng, barutwana ba kgobokanya le go tlamaganya tshedimosetso, bopa kitso, rarabolola mathata ba bo ba tlhagisa dikakanyo le megopolo. Dikgono tse di tseneletseng tsa go reetsa di kgontsha barutwana go lemoga meetlo le maitlhomo a a ageletsweng mo ditlhangweng le go gwetlha puo e e sekametseng mo letlhakoreng le le lengwe le e e digelang. Go reetsa le go bua ke dikgono tse di farologaneng fela e nngwe e ikaegile ka e nngwe. Ka bobedi di bonala ka tswelelo mo phaposiborutelong ka tsela e e sa tlhomamang fa barutwana ba amogela le go buisana ka tshedimosetso. Go reetsa le go bua go go tlhomameng mo mefuteng e e kgethegileng, sk, dingangisano di tlhoka ditaelo tse di totileng mogopolo. Go reetsa le go bua go go tlhomameng le go go sa tlhomamang go lotagantswe le go buisa, go kwala le tiragatso ya puo, e bile go bua go ka naya setlhangwa se se kwadilweng sebopego sa tiro ya molomo (sk. puisetsogodimo) .

Dikgato le ditogamaano tsa go reetsa

Ditaelo tsa theetso ka gale di tsenyeletsa go dira ka dikarolo tsa dikgato tsa theetso. Se, ke tirwana ya dikgato di le tharo tse di tlhagisang ditogamaano tse di ikemetseng tsa theetso go tlhalosa le go tlhaloganya puo le mefuta e mengwe ya tsa kutlo. Ga se kgato e nngwe le e nngwe e e tla dirisiwang mo maemong a mangwe le a mangwe. Sekao, fa barutwana ba reeditse tlhaloso e e gatisitsweng ba tlaa tlhoka go dira tirwana ya **pele ga theetso** e e ba tsibosang ka tlhokego ya theetso e e tsepameng le go ba thusa go dira dikgolaganyo le maitemogelo a bona. Ditirwana tsa **go reetsa** di ka ba thusa go gopola dintlha le go sekaseka molaetsa. **Kgato ya morago ga theetso** e ka dira gore barutwana ba tsibogele se ba se utlwileng ka nako ya dipuisano.

Dithutiso le tlhatlhobo ya tekatlhaloganyo di neela tšhono ya go ruta barutwana gore ba reetse jang.

Pele ga theetso e itsise barutwana maemo a theetso. E ba neela tšhono ya go tsosolosa kitso e e fetileng ka setlhogo le go ba baakanyetsa go reetsa.

- Go tsosolosa kitso ya lemorago pele ba reetsa
- Go bonela pele se setlhangwa se leng ka ga sona go tswa mo setlhogong
- Go dira ka tlotlofoko ya botlhokwa e bana ba ka tswang ba sa e itse
- Morutabana a ka botsa dipotso tsa pele ga theetso go tsepamisa tsibogo ya barutwana
- Barutwana ba tshwanetse go iketleetsa ka didiriswa sekao, phensele le pampitshana ya go kwalela dintlha

Ka nako ya theetso – *go botsa dipotso, go lemoga, go bapisa, go kwala dintlha, go ranola*

- Sekaseka
    - Molaetsa

- Sebui le
- Bopaki jo bo neelwang ke sebui,

- Aga kgolagano ya dikakanyo
- Batla bokao
- Botsa dipotso
- Bopa bokao le go dira diponelopele
- Akanya o bo o atlhola

Morago ga theetso go sala morago maitemogelo a theetso. Barutwana ba

- Botsa dipotso
- Bua ka se sebui se buileng ka ga sona
- Lebisisa dintlha sešwa
- Sobokanya tlhagiso ka molomo
- Fetisetsa tshedimosetso ya molomo go ya go e e kwadilweng sk. dirisa tshedimosetso go kwala dikarolo tsa daekeramo
- Sekaseka le go tlhatlhoba ka tsenelelo se ba se utlwilweng
- Go ruanya tshedimosetso e ntšhwa le e e neng e le teng pele
- Swetsa; tlhatlhoba, ntsha megopolo ya bona le go tsiboga ka tsenelelo

MEKGWA E E FAROLOGANENG YA GO REETSA	
Go reeletsa tshedimosetso e e kgethegileng	Go reetsa, go na le go utlwa fela, go botlhokwa thata mo tsibogelong e e botlhale ya lefatshe le le re dikologileng. Mo lefatsheng le thekenoloji e tlhodile tlamelo e e sa feleng ya medumo, mantswe, mmino le go bua, go ithuta go reetsa tse di mosola go nna botlhokwa thata. Bontsi jwa dilo tse di tlhagisitsweng fa tlase ga di ne di nna tse di sa tlwaelegang mo barutwaneng ba kgato e, mme barutabana ba tlhoka gore ba dire fela ka dikgato tse ba ba akanyang barutwana ba bona ba santse ba di tlhoka. • Go tsosolosa tshedimosetso ya lemorago pele o reetsa • Go netefatsa maitlhomo a sebui. • Go tsaya tsia tiro ya theetso le go bontsha kgatlhegelo. • Go batlisisa bokao. • Go tlhotlhomisa go tlhaloganya molaetsa ka go golaganya, go dira le go netefatsa ponelopele go bopa bokao, go tlhatlhoba le go lebelela tse di dirilweng. • Go kwala dintlha tse di nang le bokao, go dira mmapa, go baya ka ditlhopha, go sobokanya, go dira lenaanenetefatso, go kgaoganya ditemana, go tlotla gape, go tlhalosa • Farologanya melaetsa go tswa go sebui. • Elatlhoko kamano magareng ga tiriso le tlhopho ya mafoko le popego. • Lemoga, ranola le go tlhatlhoba melaetsa • Go tlhaloganya ditaelo, go sala dikaelo mo mmepeng morago le go latela ditsamaiso • Go kwala dintlhakgolo le tsa tshegetso • Tsamaisa tshedimosetso ka: go bapisa, go obamela ditaelo, go tlatsa diphatlha, go lemoga dipharologano, go tshwaya dintlha, go fetisa tshedimosetso, go rulaganya ka tatelano, go tshwantsha, go ranola bokao • Go sala tlhagiso morago ka: go araba dipotso, go boeletsa dintlha, go baya dintlha ka ditlhopha, go sobokanya, go tlhalosa, go boeletsa, go bua kgotsa go kwala
Tekatlhaloganyo ya theetso le go bua	• Go tlotla kgang gape • Go gakologelwa dintlha tsa botlhokwa mo setlhangweng • Go lebelela meetlo le melaetsa go tswa mo setlhangweng • Go lebelela dintlha tse di akanyetsang letlhakore le le lengwe le go sekamela letlhakoreng le le lengwe. • Buisanang ka semelo, poloto le maitshetlego • Go tlhagisa dikakanyo • Go tlhalosa dipotso
Go reeletsa tshekatsheko le katlholo e e tseneletseng	Bontsi jwa dikgato tse di neetsweng fa tlase di botlhokwa thata mo thutong ya ditlhangwa tsa dikwalo, mo diphasalatsong le mo ditokomaneng tsa sepolotiki. Morago ga tirwana ya theetso, ka gale barutabana ba neelana ka ditšhono tsa go buisana fela go tlaa thusa go fetolela ditirwana tse gore e nne tse di kwalwang. Nopolo e khutshwane go tswa mo mminong wa filimi, sekao, e ka dirisiwa go simolola tlhamo ya kanelo. (“Ke eng se tota o se utlwang? Bopa tlhaloganyo ka ga sona.”) Tlhopho ya palo ya mafoko a maikutlo go tswa mo puong kgotsa go tswa mo puisong ya poko e ka tsenyeletswa mo go kwalweng setlhangwa se se maleba le bokao/tiriso. Akaretsa mafoko mo polelong e e ganetsang se se builweng; kgotsa dirisa mafoko mo lebokong gore o kgone go a tlhaloganya ka botlalo. • Lemoga le go ranola puo e e tlhotlheletsang, e e tsosang maikutlo a a rileng, e e digelang, e e sekamelang mo letlhakoreng le le lengwe, e e gobelelang, le e e lebelelang dilo ka letlhakore le le lengwe. • Farologanya magareng ga ntlha le kakanyo • Supa temogo ya le go ranola segalo, lebelo le tiriso ya puo • Tsibogela setaele le segalo, rejisetara le go tlhatlhoba sentle. • Go tlhaloganya tatelano ya tshedimosetso • Go dira katlholo le go neela bopaki • Go dira diphopholetso le go bonela pele ditlamorago • Tsibogela tiriso ya puo, tlhopho ya mafoko, popego le kapodiso

MEKGWA E E FAROLOGANENG YA GO REETSA	
Go reeletsa kgatlhegelo le ba bangwe	Ditirwana tse tsa theetso di dirwa sentle mo dingangisanong, mo dipuisanong tsa ditlhopha tse dinnye le mo dipuisanong dingwe le dingwe tse di rulaganeng. Go lebelela difilimi go ka thusa mo go sekasekeng diponagalo jaaka di neetswe fa tlase: • Go tsiboga mo maemong a tlhaeletsano • Letla dithefosano mo motlotlong. • Go sireletsa kemo • Botsa dipotso go tsweletsa tlhaeletsano • Tsibogela puo ya matsogo, tebo ya matlho, le ya mmele • Supa go tlhaloganya botsalano magareng ga puo le setso ka go bontsha tlotlo mo melawaneng ya ditso. • Tsibogela bontle jwa boleng jwa setlhangwa sa molomo, sk. moribo, lebelo, seabe sa lentswe, tshwantshanyo, le ditlhangwa tse dingwe tse di tsamaisanang le setlhangwa.

Boleele jwa ditlhangwa tse di ka dirisediwang Tekatlhaloganyo ya Theetso

TIRO	MOPHATO 7	MOPHATO 8	MOPHATO 9
Ditlhangwa tse dileele tsa tekatlhaloganyo ya theetso sk. dikgang (dikanelo) , dipotsotherisano, metshameko, dipegelo tsa dikgang	Mafoko a le 150-200/go fitlha go metsotso e le 5	Mafoko a le 200-250/go fitlha go metsotso e le 5	Mafoko a le 250-300/go fitlha go metsotso e le 5
Ditlhangwa tse dikhutshwane tsa tekatlhaloganyo ya theetso sk. dikitsiso, ditlhangwa tsa tshedimosetso, ditaelo, dikaelo.	Mafoko a le 60-70/metsotso e le 1-2	Mafoko a le 70-80/metsotso e le 1-2	Mafoko a le 80-100/metsotso e le 1-2
Ditlhangwa tsa tekatlhaloganyo ya puiso/ puiso e e tseneletseng	Mafoko a le 150-200	Mafoko a le 200-250	Mafoko a le 250-300

Go bua

Mo Kgatong e Kgolwane barutwana ba tshwanetse ba rutiwa kgotsa ba alosiwa go bua bonolo, le ka nepagalo, ba tla bo ba fitlheletse letlotlo le le nang le boleng la botshelo, botho le boithutelo jwa bona. Go tlhola go itshepa ka boena go botlhokwa thata go feta malepa a a kgethegileng a puo ya mo phatlalatseng. Barutwana ba tlhoka go itse gore fa ba bua ga ba kitla ba sotliwa kgotsa ba nyadiwa ka gope, e bile ba netefaletswe tshegetso le thotloetso e e tletseng ya morutabana ka dinako tsotlhe.

Barutwana mo Kgatong e Kgolwane ba tshwanetse gore ba rutiwe malepa a motheo a go tlhagisa puo e ntle. Maemo a go itshoka a ka supiwa mo barutwaneng go lebeletswe dikgwetlho tse di tlisiwang ke dikamano tsa tiro ya molomo.

Dikgato le ditogamaano tsa go bua

Go rutiwa go bua go tshwanetse ga akaretsa kitso ya ditogamaano tsa dikgato le tlhaeletsano (poeletso, go bopa gape, go emisetsa, pontsho, puo ya matsogo, motshamekoketso, medumo le dikopo tsa thuso) . Go rutiwa ga dikgato tsa go bua go bopilwe ka dikgato tse di latelang:

- Go dira ipaakanyetsotiro, go batlisisa le go rulaganya
- Go ikatisa le go tlhagisa

Go dira ipaakanyetsotiro – go batlisisa le go rulaganya

Barutwana ba tshwanetse go bontsha bokgoni jwa go ipaakanyetsa tiro, patlisiso le thulaganyo ya tlhagiso ya molomo ka:

- Go dirisa rejisetara, setaele le lentswe le le nepagetseng go ya ka babuisi/baamogedi, maitlhomo, bokao le thitokgang.
- Go dirisa puo e e nepagetseng (tlhopho ya mafoko) ka
    - Go dirisa madiri, mefuta e e farologaneng ya matlhaodi le matlhalosi go neela kakanyo e e rileng, dintlha le tlhaloso ka botlalo fa ba bua; sekao, go neela puo, go tlotla kgang, dingangisano
    - Go dirisa kitso ya makaelagongwe le malatodi, makwalwatshwana, ditumatshwana le lefoko le le emelag tlhaloso
    - Go dirisa maadingwa, le mafoko a maswa
    - Go dirisa puo ya botshwantshi (dikapuo, maele, diane) , segalo, tshegiso
    - Go dirisa dikhutshwafatso
    - Go dirisa dikutu, ditlhogo le megatlana
    - Go dirisa bong, bontsi le nyenyefatso
    - Go dirisa kgato ya bogolo jwa matlhaodi le matlhalosi
- Go bontsha temogo e e tseneletseng ya tiriso ya puo ka:
    - Go neela dintlha le go tlhagisa dikakanyo
    - Go tlhagisa bokao jo bo tlhamaletseng le jo bo sa tlhamalalang, bokao jo bo itlhametsweng
    - Go tlhagisa le go senola meetlo le maitlhomo a bona, puo le bokgoni jwa tiriso e e sekamelang mo letlhakoreng le le lengwe, e e lebelelang dilo ka letlhakore le le lengwe, e e tsosang maikutlo a a rileng, e e tlhotlheletsang, e e digelang
- go dirisa didiriswa tsa metswedi le tsa kaelo jaaka dithanodi le dithesorase go tlhopha tlotlofoko e e nonofileng e nepagetse le go dira ditlhagiso ka go dirisa dintlha, didiriswa tse di utlwiwang le/kgotsa tse di bonwang, dithusathuto le dikerafo go oketsa nepagalo ya ditlhagiso.

Go ikatisa le go tlhagisa

Barutwana ba tshwanetse ba bo ba kgona go bontsha dikgono tsa go tlhagisa ka molomo ka:

- Go bua le babuisi/baamogedi ka tlhamalalo
- Go lebelela mefuta e mentsi ya metswedi e e maleba e e dirisitsweng,
- Go akaretsa dintlha le dikao tse di farologaneng go ya ka ditlhokego tsa tiro
- Go dirisa matseno a a ngokang le bokhutlo jo bo tiileng (sk. Ka go dirisa dinopolo jaaka di ntse, dikaelo;

metswedi, dithadiso)

- Go aga dikakanyo le ngangisano – diteng e nne tsa boitshimololedi, tsa boitlhamedi, di utlwala, di supa kagego le thulaganyo e e tlhaloganyegang ya dintlha, dikao le megopolo
- Go dirisa dikarolwana tsa popego ya puo (sk. Matseno, phetogo ya ntlha le ya bobedi, mmele, bokhutlo) mo go bopeng dintlha tsa ngangisano le go dirisa botaki jwa tlhotlheletso le ngangisano
- Go dirisa dipopego tsa thulaganyo jaaka ditatelano, bomaleba, lebaka-ditlamorago, papiso le pharologano, bothata-tharabololo go sedimosa le go tlhotlheletsa
- Go dirisa segalo se se nepagetseng
- Go tlhagisa le go tsweletsa dintlha tse di tshegetsang ka tsela e e utlwalang le go tlhopha mefuta ya bosupi jo bo maleba (sekao, dipalopalo, bopaki, dinako tse di kgethegileng) tse di arabelang maemo a teko ya bosupi, go akaretsa boikanyego, kamogelesego le bomaleba
- Go dirisa mefuta e e farologaneng ya go bitsa batho go ya ka maemo a bona kgotsa dipoeletso: bomme le borre, makgarebe le makau; ke batla go gatelela gore …
- Go dirisa dipopego tsa puo le melawana ya tiriso tse di maleba jaaka ka:
  - Popego ya madiri le madirimathusi go tlhagisa dipaka le mediriso
  - Dirisa dikarolo tsa puo go tlhagisa tlhaeletsano ya molomo ya letsatsi le letsatsi
- Go dirisa dipotso tse di sa tlhokeng dikarabo, dikgaotso, poeletso
- Go dirisa malepa a go bua ka mafoko le ka dikarolo tsa mmele mo ditlhagisong. (Sk; segalo, kutlwalo ya lentswe/phetogo ya segalo, modumo, lebelo/morethetho, tebo ya matlho, puo ya sefatlhego, puo ya matsogo le puo ya mmele)

MEFUTA YA DITLHANGWA TSA GO REETSA LE GO BUA	
Puo e e ipaakanyeditsweng	Go itsise/go tlhotlheletsa/go aroganya le go lolamisa ntlhakemo kgotsa kakanyo • Go tlhopha setlhogo se se maleba sa dipatlisiso • Mokgwa mongwe wa patlisiso o tshwanetse go bonagala • Sebopego se se maleba (matseno, mmele le bokhutlo) • Dikgolagano tse di utlwalang le setlhogo • Ngangisano kgotsa ntlhakemo e e tsosang/tlholang tsibogo mo go ba bangwe • Megopolo e e tlhagisitsweng ka botlalo e bontsha go lemoga babuisi/baamogedi le maitlhomo
Puo e e sa ipaakanyediwang	Go tlhagisa puo ntle le go ipaakanya pele/go rulaganya dintlha ka nako e khutshwane/go rulaganya malepa a puo ka nako e khutshwane • Go dirisa sebopego se se maleba (matseno , mmele le bokhutlo) • Maitlhomo a a maleba • Go dirisa segalo, tlhagiso ya lentswe, lebelo, tebo ya matlho kemo le puo ya matsogo. • Rejisetara le segalo tse di maleba le babuisi/baamogedi • Dirisa tlotlofoko le dipopego tsa puo tse di maleba gape di nonofile • E nne khutshwane mme e nonofe

MEFUTA YA DITLHANGWA TSA GO REETSA LE GO BUA	
Puiso e e ipaakanyeditsweng (Puisetsogodimo)	• Go tlhaloganya temana go a bontshiwa/go a supiwa • Temana e buisiwa ka thelelo • Lentswe le a utlwala • Mafoko a kapodiso ka botlalo/nepagalo • Tiriso e e siameng ya kgaotso • Tshegetso ya kamano/botsalano le babuisi/baamogedi • Tlhopho ya dinopolo e akaretsa babuisi/baamogedi • Boleele jwa nopolo bo maleba
Puiso e e sa ipaakanyediwang (Puisetso godimo)	Go arogana setlhangwa se se ikwaletsweng kgotsa se kwadilwe ke ba bangwe, go itumedisa • Go bontsha go tlhaloganya temana • Temana e buisiwa ka botswerere • Tlhagiso ya lentswe • Kapodiso e e lolameng ya mafoko • Kgaotso e e lolameng ya mafoko • Go ngoka theetso ya babuisi/baamogedi • Nopolo e e tlhophilweng e akaretsa babuisi/baamogedi • Nopolo ya boleele jo bo maleba
Ngangisano	Go ngangisana ka dintlhakemo tse di farologaneng ka setlhogo se se tlhophilweng. Ke mokgwa o o tlhomameng wa tiro ya molomo o o lebelelwang le go diragadiwa mo phatlhalatseng. **Dikgato tsa go ngangisana:** • Ditlhopha di le pedi tsa dibui, gantsi ba le bararo mo setlhopheng, ba emelela kgotsa ba ganetsana ka tlhagiso. Ditlhopha di dira tlhagiso kgotsa tshitshinyo, sk. 'Sejana sa lefatshe se siametse ikonomi ya rona', go na le go kwala tlhagiso jaana 'Sejana sa lefatshe'. • Tsamaiso ya ngangisano e laolwa ke modulasetulo yo o: - Itsiseng tlhagiso le go neela lemorago la yona - Itsise sebui se sengwe le se sengwe - Tshegetsa thulaganyo - laolang nako – dibui di neetswe nako e e lekanyeditsweng - laolang dipuisano fa setlhogo se se na go itsisewe (leba fa tlase) - laolang ditlhopho (leba fa tlase) • Modulasetilo o itsise setlhogo a bo a kopa sebui sa ntlha, yo o se sireletsang, (setlhopha se se **tshegetsang/sireletsang** tlhagiso) go ka simolola go bua. • Sebui sa ntlha se se tshegetsang/sireletsang se tlhagisa dintlha tse di tshegetsang ntlha ya sona. • Sebui sa ntlha se se ganetsang setlhogo (ba ba buang **kgatlhanong** le tlhagiso) se tlhagisa dintlha tse di ganetsang tlhagiso le go tlhasela dintlha tsa sebui sa ntlha se se sireletsang. • Sebui sa bobedi, se se tshegetsang/sireletsang, se agelela mo ngangisanong ya setlhopha, o tlhagisa dintlha tse dintšhwa tse di tshegetsang ntlha ya gagwe, le go ganetsana le dintlha tsa sebui se se sa tswang go bua. • Sebui sa bobedi sa kganetso le sona se dira fela jalo. • Dingangisano di bulelwa botlhe (babuisi/baamogedi) go ka buisanelwa le go botsa dipotso • Morago ga dipuisano tsa kakaretso, setlhopha se se ganetsang ke sa pele go sobokanya. Sebui sa boraro se boeletsa dintlhakgolo tsa ngangisano ya bona le go leka go tlhotlheletsa babuisi/baamogedi go ikamaganya le bona, se neela mabaka. Sebui se, gape se ka ganetsa dintlha tse di fetileng. • Sebui sa boraro mo setlhopheng se se tshegetsang le sona se dira fela jalo. • Dingangisano di ka tswalelwa le dipholo tsa tlhagisiwa ka mekgwa e e farologaneng, sk. ka go letla dipuisano go ka atlholwa (go abelwa maduo) ke moatlhodi, kgotsa go ka atlholwa ke babuisi/baamogedi ka ditlhopho.

MEFUTA YA DITLHANGWA TSA GO REETSA LE GO BUA	
Mmuisano	• Senola motlotlo magareng ga batho ba le babedi kgotsa go feta. • Simolola le go tsweletsa metlotlo/dikgang • Dirisa melawana ya dithefosano le go tshegetsa puisano • Sireletsa/Emelela kemo • Reetsana, rerisana • Tlatsa diphatlha le go rotloetsa sebui • Tlhalosa dintlha • Abelana ka dikakanyo le maitemogelo le go bontsha go tlhaloganya mareo
Dipotsotherisano	Go anya tshedimosetso kgotsa ntlhakemo go tswa mo mothong a le mongwe kgotsa lekoko • Dirisa dipotso, tlhotlheletso, go kwala dintlhathuto, sobokanya, dikgono tsa go reetsa le dikgono tsa puo ya mmele • Baakanya, o rulaganye: tlhotlhomamisa maikaelelo, tshedimosetso ya lemorago, kwala dintlha, dipotso, nako, lefelo, tatelano, tikologo (Leba dikgato tsa go kwala) • Dirisa malepa a potsotherisano ka dikgato: - Kitsiso (go itlhalosa; bolela maitlhomo) - Kago ya botsalano (tlhola maemo a boikanyego) - Dipotso (botsa go simolola ka tsa kakaretso go ya go tse di totilweng, dipotso tse di maleba, dirisa puo e e supang kgolo, e le bosisi, e tlotla, e tlhotlheletsa; reetsa ka tlhoafalo, tlhatlhoba tsibogo, tsiboga ka nonofo go bontsha kitso) - Tshobokanyo (kwala ditsibogo ka go tsaya dintlhakgolo, sobokanya, tlhomaganya le go rulaganya ditsibogo le dintlha ka tatelano e e rulaganeng - Tswalelo (leboga motho yo o neng a tsenetse potsotherisano, neela dintlha tse go ka ikamaganngwang le wena ka tsona)
Pegelo (e e tlhomameng le e e sa tlhomamang)	• Neela pegelo e e tsepameng ya maemo. Sk kotsi, diphitlhelelo dingwe le dingwe • Tlhagisa setlhogo, matseno (lemorago, maitlhomo le boanamo) , mmele (Mang? Goreng? Kae? Leng? Eng? Jang?) , bokhutlo, dikatlanegiso, metswedi, dimametlelelo. • Ipaakanye: kgobokanya le go rulaganya tshedimosetso; kwala dintlha. • Dirisa rejisetara le setaele sa puo se se repileng go ya go se se tlhamaletseng. • Dirisa: - Pakajaanong (Kwa ntle ga dipegelo tsa hisetori) - Maina a kakaretso - Motho wa boraro - Tlhaloso e e nang le dintlha - Mafoko le ditlhaloso tsa setegeniki - Puo e e tlhamaletseng ya kakaretso

MEFUTA YA DITLHANGWA TSA GO REETSA LE GO BUA	
Go neela dikaelo	Go bolelela mongwe gore o goroga jang kwa lefelong le le rileng • Dirisa **dikaelo** fa o bolelela mongwe gore o goroga jang kwa lefelong le le rileng. • Dirisa modirisotaelo thata • Dirisa motho wa bobedi yo emelang tlhaeletsano magareng ga mmui le moreetsi • Tlhokomela dintlha tse di latelang fa o neela dikaelo: - Dirisa dipolelo tse dikhutshwane, tse di tlhaloganyegang - Dirisa thulaganyo e e latelanang - Lebisa go kaelo/lefelo le le totobetseng - **Bontsha tekanyetso ya sekgala se se tla tsamaiwang** - **Neela tekanyetso ya palo ya mebila e e tla kgabaganngwang go fitlha kwa lefelong le le ikaeletsweng** - **Neela tshedimosetso ka matshwao naga a a mo tseleng** - Dirisa mafoko a a bontshang maemo - Dirisa mafoko a a bontshang dicaelo - Dirisa mafoko go kopa dikaelo - Dirisa mafoko go bontsha tebogo
Ditaelo	Go tlhalosa gore sengwe kgotsa sediriswa se ka diriswa jang, go baakanyetsa go apaya dijo, go siamisa diphoso jalo jalo. • Tlhalosa tiro kgotsa tiriso ya sediriswa se se dirisiwang; mokgwa wa go baakanyetsa go apaya sejo, go siamisa diphoso jalo jalo • Baakanya le go rulaganya (leba diponagalo tsa go kwala) - Tlhaloganya maemo **le gore kungo e tla nna efe kgotsa e tla dira eng morago ga ditaelo kgotsa dipontsho** - Tlhalosa **tiro kgotsa tiriso ya sediriswa sengwe** - Bontsha tatelano ya ditaelo e e tlhaloganyegang, e nepagetse e bile e lolame - Dirisa bukana ya kaedi, ditaelo, le tiriso. - Tlhokomela tlotlofoko, thutapuo, ditlhagiso, puo ya setegeniki le dipolelwana tseo di ka dirisiwang **Go tlhagisa**

MEFUTA YA DITLHANGWA TSA GO REETSA LE GO BUA	
Neela tlhagiso/pegelo ya molomo	• Tlhagisa ka tiro ya molomo ka ditiragalo go tswa mo seyalemoweng kgotsa thelebišeneng kgotsa diphitlhelelo tse di bonweng mo dipotsotherisanong tse di neng di tshwerwe. • Ipaakanye le go rulaganya - Itsise se setlhangwa sa bofelo sa tiro ya molomo e e tlhomameng se tshwanetseng go nna sona - Bonelapele gore ke tlotlofoko, thutapuo le ditlhagiso dife tse di ka diriswang - Dira dipatlisiso go bona tshedimosetso e e maleba go tswa mo sebuing le puo e e batlegang go tlhagisa tshedimosetso - Tlhagisa; ela-tlhoko tse di latelang: o Mokgwa mongwe wa dipatlisiso o tshwanetse go bonagala o Kagego (matseno, mmele le bokhutlo) e nne teng o Tomagano e e lolameng le setlhogo e bile e senola dintlha tse di nepagetseng di latelana ka nepagalo. o Go tlhagisiwa ngangisano kgotsa ntlhakemo e e tsosang tsibogo e e akantsweng ke ba bangwe o Dikakanyo tse di tlhagisitsweng sentle di bontsha temogo ya baamogedi le maitlhomo; Tlhagisa ka setaele se se tlhomameng, se se mo magareng (se sedimosa) , Di fetisiwa ka rejisetara e e siametseng babuisi/baamogedi/baamogedi. o Barutwana ba rotloediwe go dirisa puo ya mmele e e maleba mme go tilwe tiriso ya dikarolo tsa mmele e e sa amoselegang. Dirisa puo e e sa tseyeng letlhakore. • Rulaganya tlhagiso ya molomo ka dikarolo di le tharo: • **Matseno**: Ngoka kgatlhego ya baamogedi; araba gore ke Mang? Eng? Kae? leng? • **Mmele:** Rulaganya dintlhakgolo tsa pegelo ka tatelano e e lolameng. Dirisa tshedimosetso e e nepagetseng; tshegetsa ntlhakgolo ka tshedimosetso e e tswang mo dipatlisisong; dirisa dintlha le dipolelo tse di tlhalosang go dira gore pegelo e kgatlhise • **Bokhutlo**: Sobokanya o bo o kgabaganyetsa kwa ntlheng e e botlhokwa go gaisa. Kwala bokhutlo jo bokhutshwane. Sobokanya le go tlhagisa gape ntlhakgolo. Ntsha dintlhakglo go bopa kakanyo ya gago mabapi le setlhogo sa pegelo • Dirisa dithusapono, jaaka diphousetara kgotsa dibonatshi, o bo o ikatise go di dirisa fa o ntse o boeletsa • Dirisa dintlhathuto go kwala dintlha tsa bofelo tsa pegelo • Dirisa dintlhathuto fa o tlhagisa pegelo

MEFUTA YA DITLHANGWA TSA GO REETSA LE GO BUA	
Dipuisano tsa Foramo/ Makgotlhana	Go abelana ka dikakanyo tse di farologaneng kgotsa tshedimosetso go tswa mo metsweding e e farologaneng Dibui di tshwanetse go: • tlhotlhomisa tlhatlhamano ya dikakanyo • reetsana • amogela phenyo mo dintlheng fa go tlhokega • se kgoreletse ba bangwe • dira ditomagano tse di lolameng magareng ga dintlha • tsepama mo setlhogong • leka go dira gore batho ba tsenele dipuisano • ba tsene ganong ka bonolo • tlhagisa dikakanyo le go tshegetsa mabaka • Sebui se sengwe le se sengwe se bua ka ntlha e e rileng ya setlhogo • Go dirisa melawana ya dipolelwana • Ditiro tsa modulasetulo - Go dira gore go nne le thulaganyo - Go laola nako - Go tsepama mo lenanetemeng - Go rotloetsa botsayakarolo - Go tswelela a le mo magareng/a se tseye letlhakore - Go ngoka ditshitshinyo kgotsa ditlhopho
Ketsiso	Barutwana ba neelwa maemo, gantsi e le bothata kgotsa tiragalo, e ba tshwanetseng go e tsibogela ka go tsaya karolo e e rileng. Tiragatso e ka nna ya se ikatisediwa, kgotsa morutwana a ka tlhalosetswa ka boripana ka karolo eo a tlileng go e diragatsa. Ditlhatlhobo tsa mofuta o o bulegileng e bile di laolwa ke motho. Ditiragatso tse di kgonagalang: • Tlhatlhobo ya tlhatlhamano ya mekgwa le dikgono tse di diragalang magareng ga batho
Dipuisano/motlotlo o o sa tlhomamang	Go abelana dikakanyo, megopolo le dintlhakemo le ditlhopha tse di ikemetseng • Simolola le go tsweledisa motlotlo • Dirisa melao ya go refosana • Sireletsa kemo ya gago • Rerisana le ba bangwe • Tlaleletsa diphatlha le go rotloetsa sebui • Abelana dikakanyo le maitemogelo le go supa go tlhaloganya mareo
Go itsise sebui	Go neela babuisi/baamogedi tshedimosetso ka sebui/moeng • Bona tshedimosetso e e maleba go tswa mo sebuing • Dirisa setaele kgotsa rejisetara e e tlhomameng • Tlhola kgatlhego le ditsholofelo (tebelelo) mo baamogeding, sk. ka go bolelela baamogedi ka tshedimosetso ya lemorago le diphitlhelelo tse di maleba. • Aga ditsholofelo (tebelelo) ka go eta o kgaotsa (o kgwa mowa) le go fetola lentswe • Fetsa ka maatla le boitshepi

MEFUTA YA DITLHANGWA TSA GO REETSA LE GO BUA	
Go neela puo ya ditebogo	• Go leboga sebui morago ga go neela puo go babuisi/baamogedi • Dirisa rejisetara e e tlhomameng • Reetsa sebui ka tlhoafalo, gore o tle o tlhagise dintlha dingwe tsa botlhokwa mo puong • Umaka dintlha tse di utlwalang go tswa mo tlhagisong/puong • Fetsa ka maatla le boitshepi

Nako e e tshitshinngwang mo ditlhangweng tse di tlhagisediwang tlhaeletsano ya molomo.

DITLHANGWA	NAKO MOPHATO WA 7 – 9
Motlotlo, dingangisano, dipuisano tsa makgotlhana (diforamo) /lekoko/setlhopha	Metsotso e le 10 – 15
Mmuisano	Metsotso e le 4 – 6
Dikaelo le ditaelo	Metsotso e le 2 – 4
Dipotsotherisano	Metsotso e le 8 – 10
Puiso e e ipaakanyeditsweng	Metsotso e le 2 – 3
Dipuo tse di ipaakanyeditsweng, pegelo, thadiso	Metsotso e le 2 – 3
Dipuo tse di sa ipaakanyediwang	Metsotso e le 2 – 3
Go tlotla kgang	Metsotso e le 5 – 7
Dikopano le ditsamaiso tsa tsona	Metsotso e le 7 – 10

Ditlhagiso tse di dirisiwang tlhaeletsanong ka Setswana – Lenaneo la dikaelo

GO KOPA TETLA/DIKOPO • A nka … ? • A ke letlelelwa go …? • A go ka kgonagala gore ke…? • A go siame go…? • A go ka siama fa …? • A o ka tshwenyega fa …? • Ke kopa o ntetle go …? • A o ka dumela go …?	**GO KGAOLETSA** • Tshwarelo, a nka …? • Tshwarelo, o nagana gore nka …? • Tshwarelo, a o itse …? • Tshwarelo, a o ka nthusa ka …?
GO THUSA • A nka go thusa? • A o batla sengwe? • A o tlhoka thuso? • Nka go thusa ka eng ?	**GO TLHOKA THUSO** • A nka thuswa ka …? • A o ka nthusa go …? • Ke tlhoka thuso ya …? • Tsweetswee, nthuse ka …? • Tsweetswee, ntshwarise/ntseise fa ...?

GO KOPA TSHWARELO • Tshwarelo. • Ke itshola gore... • Ke kopa o intshwarele ka … • Ke maswabi go … • Tsweetswee intshwarele go … - Intshwarele - Ke kopa o intshwarele	**GO NGONGOREGA** • Ke maswabi go bua se, fela … • Ke maswabi go go tshwenya, fela … • Ka gongwe o lebetse go … • Ke akanya gore gongwe o lebetse go ... • Intshwarele fa e le gore ke tswile mo tseleng ... • Go ka tswa go nnile le go sa tlhaloganyane ka ... • Se nkutlwe ka tsa ga morakile, fela …
GO NEELA KGAKOLOLO • Ga ke akanye gore o …. • O tshwanetse go … • Ga o a tshwanela … • Fa nka bo ke le wena, ke ne ke tla … • Fa nka bo ke le mo maemong a gago, ke ne ke tla • Fa ke ne ke tla ipaya mo ditlhakong tsa gago, ke ne ke… • Go botoka fa o ka … • Ga o a tshwanela go … • Sengwe le sengwe se o se dirang o se ke wa …	**GO SEKAMELA MO LETLHAKORENG** • A o ka rata go … • Kgotsa nka … • Goreng re se ke ra … • Le ga le, nka rata…wena o akanya eng? • O akanya re ka dira eng? • Fa e ka bo e le mo thatong ya me ke ne ke tla… • Ke akanya gore re …
GO FOPHOLETSA, GO ITSEELA TSHWETSO • Ke akanya a ipaakanyetsa go… • E ka tlhoka … • A ka tswa a … • Go lebega e kete ... • Motlhamongwe o tlhoka … • Gongwe o/ba tlhoka … • Go thata go bua, fela ke akanya gore … • Ga ke tlhomamise , fela ke akanya gore …	**GO NEELA TSHEDIMOSETSO E E SA NETEFADIWANG** • Go ka nna ... • Ka tekanyetso go na le … • Go na le palo e kgolo ya … • … o bonela pele … • Ke tsa sebopego sa … • Go thata go itse, fela ke fopholetsa gore … • Ga ke tlhomamise, fela ke akanya gore
GO DUMEDISA/LAELA Maeto a maleele, malatsi a boikhutso, maeto a makhutshwane • Tsamaya sentle. • Itumelele malatsi a gago a boikhutso. • Nna le loeto lo lo monate • Nna le nako e e monate, sk, kwa dijong tsa maitsiboa. • Itumelele nako eo, sk. kwa Huhudi **DIPOTSO TSA MORAGO GA LOETO** • Malatsi a gago a boikhutso a ne a le jang kwa …? • A o ne wa itumelela nako ya gago kwa ...? • Loeto lwa gago lwa sefofane/sekepe lo ne lo le jang?	**GO ITEKOLA** • Se, se ntiretse tota ka gonne … • Ke dirile se sentle ka gonne … • E ne e ka bo e nnile botoka fa nka bo ke … • Se, se ka tokafadiwa ka … • Tswelelopele e a bonagala/ga e bonagale gonne • Se, se atlega ka gonne

3.1.2 Go buisa le Go lebelela

Dikgono tsa **go buisa le go lebelela** tse di agegileng sentle ke pinagare ya katlego ya go ithuta go ralala kharikhulamo. Barutwana ba godisa bokgoni mo go buiseng le go lebeleleng mefuta e e farologaneng ya ditlhangwa tsa dikwalo le tse e seng tsa dikwalo, le go akaretsa ditlhangwa tsa pono. Barutwana ba lemoga ka moo mofutakwalo le rejisetara di senolang maitlhomo, babuisi/baamogedi le tiriso ya ditlhangwa. Tiriso ya puiso ya phaposiborutelo le e e ikemetseng e dira gore barutwana ba akanye ka tsenelelo le ka boitlhamedi.

Go buisa le go lebelela go kopanya dikarolowana tse pedi: 1) go ithuta le go dirisa ditogamaano go ranola le go tlhaloganya setlhangwa, 2) go ithuta le go dirisa kitso ya diponagalo tsa setlhangwa. Dikarolo tse ka bobedi di tshwanetse go nna teng mo ditaelong tsa go buisa/go lebelela ditlhangwa tsa dikwalo le tse e seng tsa dikwalo.

Diteng tsa go buisa/go lebelela di rulagantswe mo: 1) Go buisetsa go tlhaloganya: 2) go buisetsa go ithuta go go tlhomameng (dikwalo) le; 3) puiso e e atolositsweng e e ikemetseng.

Dikgato le ditogamaano tsa go buisa

Ditaelo tsa go buisa di ka akaretsa dikgato tse tharo go godisa go tlhaloganya ditlhangwa. Ga se dikgato tsotlhe tse di tlaa dirisiwang mo mabakeng otlhe. Sekao, fa barutwana ba buisa mofutakwalo o o sa tlwaelegang ba tlhoka go dira tirwana ya **pele ga puiso** e e ba lemosang diponagalo tsa mofutakwalo o, le go ba thusa go dira kgolagano le maitemogelo a bona. Ditirwana tsa **nako ya puiso** di tla ba thusa go sekaseka popego le diponagalo tsa puo ka botlalo. **Morago ga puiso** go ka dira gore barutwana ba leke go tlhagisa mofutakwalo mo setlhangweng se ba se ikwaletseng ka bobona.

- Pele ga puiso
- Ka nako ya puiso
- Ditirwana tsa morago ga puiso

Pele ga puiso

Barutwana ba ka baakanyediwa setlhangwa ka ditsela tse di farologaneng go ya ka mofuta wa setlhangwa le maemo a morutwana. E tsosa dikamano le kitso e morutwana a setseng a na le yona**.**

Barutwana ba rotloediwa go tlhama dilo dingwe tse di solofetsweng ka ga setlhangwa ba ikaegile ka masupatsela go tswa mo ditshwantshong kgotsa dinepe, mokgwa wa setlhangwa, boalo, setlhogo sa letlhare, lenaane la diteng, dikgaolo, lenanefoko, diteng, mametlelelo, dintlha tse di tshwanetsweng go elwa-tlhoko.

- Go okola le go tlodisa matlho mo diponagalong tsa setlhangwa: leina la setlhangwa, ditlhogo, ditlhogwana, dintlha tsa tlhaloso ya setshwantsho/setlhangwa, ditshwantsho, dikerafo, ditšhate, dithalo (ditaekeramo) , mokwalo ka kakaretso, ditlhogwana, go dirisa dipalo, dimmepe, kaedi ya khomphiutha, go batlisisa mafokomagolo, jalo jalo
- Go okola dikakanyokgolo le go neela ka dikakanyo tsa gago mo dipuisanong tsa pele ga puiso.
- Go tlodisa matlho go bona dintlha tsa tshegetso
- Go bonela pele o dirisa tshedimosetso e o e ungwileng ka go akola le go di tlodisa matlho

Ka nako ya puiso

- Go ipopela bokao jwa mafoko le ditshwantsho tse di sa tlwaelesegang ka go dirisa dikgono tsa go ranola lefoko le matshwao a kaelo a bokao jwa tiriso
- Go boeletsa puiso/go lebelela gape
- Go bopa setshwantshokgopolo
- Go bopa bokao (papiso/go tshwana, tiriso, popo ya mafoko jalojalo)
- Go botsa dipotso,
- Go tsaya dintlha (dintlhakgolo le dintlhatlaleletso)
- Go sobokanya dikakanyokgolo le tse di tshegetsang ka mokgwa wa dintlha/temana go ya ka boleele jo bo tlhokegang
- Go tlhalosa dikgang/matshwenyego
- Go ipopela bokao
- Go tlhalosa/tlhatlhoba/sekaseka bokao le bokhutlo jo bo ipopetsweng ke mokwadi

Morago ga puiso.

- Go araba dipotso tsa setlhangwa go tswa go tsa seemo se se kwa tlase go ya kwa go se se kwa godimo.
- Go tsaya ditshwetso/tlhagisa mogopolo wa mong.
- Tlhatlhoba/buisana ka dithanolo tse di farologaneng tsa setlhangwa.
- Go bapisa le go farologanya.
- Tlamaganyang le go kwala tshobokanyo.
- Dirisetsa setlhangwa go ithuta thutapuo le tlotlofoko, sk, go se kwala gape o dirisa paka e e farologaneng.
- Go kwala setlhangwa gape ka mokgwa wa bona. (Fa go tlhokagala)
- Temogo e e tseneletseng ya tiriso ya puo:
    - Dintlha le dikakanyo.
    - Bokao jo bo tlhamaletseng le jo bo sa tlhamalalang.
    - Bokao jo bo totileng ntlha le jo bo itlhametsweng go ya ka tiriso
    - Lemorago la setlhangwa le la mokwadi le le amang setso, dipolotiki le loago
    - Seabe sa go tsenya le go tlogela (mafoko/dikakanyo/tshedimosetso) mo bokaong.
    - Kamano magareng ga puo le maatla.

- Puo e e tsosang maikutlo a a rileng, le e e tlhotlheletsang, e e digelang, e e sekamelang mo letlhakoreng le le lengwe, e e gobelelang, le e e lebelelang dilo ka letlhakore le le lengwe, ditsela tse di farologaneng tsa go dirisa puo sk. boteme, go ipopela bokao, go inaganela, dintlha tse di tshegetsang, lebaka la go tsenya kgotsa go tlosa tshedimosetso

- Itlhamele setlhangwa se se ntšhwa.sk fetolela setlhangwa sa kanelo go sa terama, mmuisano sekaseka setlhangwa go bona thutapuo le go ithuta tlotlofoko sk: kwalolola ka dipaka tse di farologaneng.

Thanolo ya ditlhangwapono. (Tlhatlhamano ya ditlhangwa tsa dikerafo le tsa pono.) :

Mo barutwaneng ba le bantsi, khomphiutha ke motswedi o mogolo wa bona wa tshedimosetso go gaisa letlhare le le kwadilweng. Go ithuta ka pono ke karolo e e mosola ya go ithuta mme khomphiutha ke motswedi o o humileng wa didiriswa. Tlhatlhoba ka moo boalo bo leng botlhokwa mo webosaeteng e e tlwaelegileng; le gore babapatsi ba amogela jang tlhokomelo; gore motsamao le mebala di tsaya karolo e kgolo mo go tlhotlheletseng modirisi go ya ka fa letlhakoreng le lengwe.

- Maano a tlhotlheletso: Puo e e tsosang maikutlong a a rileng, e e tlhotlheletsang, ya kgobelelo, e e digelang.
- Ka moo puo le ditshwantsho di tlhgagisang le go bopa meetlo le ditlwaelo.
- Seabe sa go dirisa mefuta e e farologaneng ya bogolo jwa mokwalotlanyo/fonto; ditlhogo le dintlhatlhaloso.
- Sekaseka, ranola; tlhatlhoba, le go tsibogela mefuta e e farologaneng ya dikhathunu/dikgemetšhana tsa dikhomiki.

Ditirwana tsa puiso le mofuta wa mmuisi yo o solofetsweng.

Puiso e e ipaakanyeditsweng (Puisetsogodimo)

- Tiriso ya segalo, tlhagiso ya lentswe, lebelo, tebo ya matlho, kemo le puo ya matsogo.
- Kapodiso ya mafoko kwa ntle ga go fetola bokao.

Puiso e e sa ipaakanyediwang (Puisetsogodimo)

- Buisa ka thelelo go ya ka maitlhomo.
- Kapodisa mafoko kwa ntle ga go fetola bokao.
- Dirisa segalo, tlhagiso ya lentswe, lebelo, tebo ya matlho, kemo le puo ya matsogo ka nepagalo.

Tekatlhaloganyo ya Puiso.

- Go buisa setlhangwa ka tsenelelo le ka maikutlo. (tekatlhaloganyo puiso)
- Go tlhaloganya setlhangwa ka botlalo - diponagalo tsa setlhangwa, ditlhogo, dithalo, dikerafo, ditšhate, ditshwantsho, ditlhogwana, go kwala dinomore, dintlhatlhaloso, dikgangkgolo, sk. dikholomo tsa lekwalodikgang, jalo jalo.
- Go bontsha go buisa ka nosi (go buisa dibuka tse dintsi go ijesa monate/go itumedisa, go bona tshedimosetso le go ithuta)

- Temogo e e tseneletseng ya tiriso ya puo (go lemoga bokao jo bo totileng ntlha le jo bo itlhametsweng go ya ka tiriso le bokao le melaetsa e e bofitlha, sk. dikgobelelo le maikaelelo a sebui) .

PUISO E E TSENELETSENG

a) Puiso e e tseneletseng ya ditlhangwa tse dikhutshwane tse di kwaletsweng GO TLHALOGANNGWA mo maemong a lefoko.

Barutwana ba dirisa ditogamaano tse di farologaneng go gakologelwa ditlhangwa. Ba aga tlotlofoko ka go dirisa dikgono tsa go kgaoganya mafoko le go a dirisa.

- Dirisa thanodi, thesorase le dibuka tse dingwe go tlhotlhomisa bokao, mopeleto, kapodiso le dikarolo tsa puo tsa mafoko a a sa tlwaelegang.
- Supa bokao jwa ditlhogo tse di tlwaelegileng (sk. mo-, ba-,) le megatlana e e tlwaelegileng (sk. ng, -na, -nyana)
- Tlhomamisa bokao jwa mafoko le kgolagano ya ona mo mafokong a setlhopha o dirisa kitso ya ditlhogo, medi le megatlana e e tlwaelegileng.
- Dirisa setlhangwa mo tirisong (s.k. mo tlhalosong ya dipolelo,) metlhala ya matshwao a puiso (sk. diphegelwana, matshwao a nopolo) metlhala ya dikerafo (sk. mokwalo o o ntshofaditsweng) go tlhomamisa bokao jwa mafoko a a sa tlwaelegang.
- Lemoga le go dirisa maele le diane tse di tlwaelegileng, sk. *go betsana ka noga e tshela, ngwana yo o sa utlweng molao wa batsadi o tla utlwa wa manong*
- Farologanya mogareng ga bokao jo bo totileng ntlha le jo bo itlhametsweng go ya ka tiriso.
- Tlhaola tshimologo le tiriso ya mafoko a maswa, sk. puo e e dirisiwang mo mebileng, ya ditlhopha, digopaditeme, maadingwa (sk. *buda, mahika*, *tafole*) .
- Farologanya magareng ga mafoko a ka tlwaelo a tlhakanyang tlhogo: makwalwatshwana, ditumatshwano, makaelagongwe sk. *bua, noka, nama*.
- Lemoga mefuta e e farologaneng ya dikhutshwafatso, sk. *diakeronimi, ditlhakaina,*
- Dirisa kitso ya thutapuo go bona/gakologela bokao. Lebelela Dipopego tsa Puo – Lenaanekaelo.

b) Puiso e e tseneletseng ya ditlhangwakwalwa tse dikhutshwane tse di kwaletsweng GO TLHALOGANNGWA mo maemong a polelo le temana.

Barutwana ba dirisa kitso ya bona ya thutapuo go tlhaloganya popo ya dipolelo le thulaganyo ya ditlhangwa. Go ithuta setlhangwa mo kgatong e go neela tšhono ya go ruta dipopego tsa puo di lotagantswe.

- Supa le go dirisa bokao le mesola ya dipopego tsa puo le melawana mo ditlhangweng. Lebelela dipopego tsa puo – Lenaanekaelo fa tlase.
- Supa popego ya setlhangwa se se dirisitsweng mo maitlhomong a a farologaneng (sk. ditlhaloso, thanolo, lebaka le ditlamorago) go ralala kharikhulamo le kamano ya tsona le makopanyi (sk. mme, le fa, gonne) . Lebelela karolo ya Go kwala le gotlhagisa bo bona mefuta e e farologaneng ya ditlhangwa ka nepagalo.

c) Puiso e e tseneletseng ya ditlhangwakwalwa tse dikhutshwane tse di kwaletsweng GO TLHALOGANNGWA mo maemo a setlhangwa sotlhe

Barutwana ba dirisa kitso ya bona ya mefutakwalo le setlhangwa se se tlhomameng go tlhaloganya bokao, maikaelelo le seabe sa setlhangwa sotlhe.

- Amanya setlhangwa le maitemogelo a bona.
- Supa mefutakwalo le maitlhomo a yona sk. ngangisano e e tlhotlheletsang.
- Supa le go tlhalosa maitsholo le maikaelelo a mokwadi.
- Tlamaganya dikarolo tsa setlhangwa kgotsa setlhangwa sotlhe gore go fitlhelelwe bokhutlo.
- Tsaya ditshwetso; ipopele le go netefatsa kakanyo ya gago.

d) Puiso e e tseneletseng ya ditlhangwa tse dikhutshwane go SOBOKANYA LE GO KWALA DINTLHATHUTO.

Barutwana ba dirisa kitso ya bona ya diponagalo tsa setlhwangwa go se sobokanya. Lebelela ditogamaano tsa puiso tse di fa godimo.

- Okola le go tlodisa matlho go bona dikakanyokgolo le thitokgang
- Kgaoganya dikakanyo tsa botlhokwa go dintlha tsa tshegetso.
- Kwalolola dikakanyo tsa botlhokwa (di kwale ka mafoko a gago)
- Rulaganya dipolelo ka tatelano le go dirisa makopanyi go di kopanya go bopa setlhangwa.

e) Puiso e e tseneletseng ya setlhangwa se sekhutshwane go buisetsa TEMOGO E E TSENELETSENG YA TIRISO YA PUO

Barutwana ba dirisa go tlhaloganya ga bona ga mokgwa o puo e ka kgonang go tlhama le go tshegetsa maatla le kamano magareng ga motlhagisi wa setlhangwa le mmuisi. Ba sekaseka ntlhakemo e setlhangwa se kwadilweng go tswa mo go yoan.

- Supa le go buisana ka puo e e tsosang maikutlo a a rileng le puo e e digelang.
- Supa le go buisana ka puo e e lebelelang dilo ka letlhakore le le lengwe, puo ya kgobelelo le e e sekametseng ka fa letlhakoreng le le lengwe.
- Supa le go buisana ka sengwe se o se fopholetsang le seabe sa sona
- Supa le go buisana ka bokao jo bo totileng ntlha le jo bo itlhametsweng go ya ka tiriso.
- Supa le go buisana ka bokao jo bo totobetseng le jo bo bofitlha.
- Tshitshinya maitlhomo a go akaretsa kgotsa go tlogela tshedimosetso.
- Lemoga ntlhakemo ya mokwadi/motlhagisi.

f) Puiso e e tseneletseng ya DITLHANGWA TSA POPEGONTSI TSA PONO (Ditlhangwa tsa popegontsi di dirisa didiriswa tsa pono le tse di kwadilweng mo setlhangweng se le sengwe, sk. dipapatso/ diphasalatso, dikhathunu. Gape di ka kopanya se le puo e e buiwang le ya matsogo.)

Barutwana ba dirisa kitso ya bona ya ditshwantsho le dikarolwana tsa pono go tlhaloganya gore di tshegetsa jang go kwala mo ditlhangweng tsa popegontsi. Barutwana ba dirisa puo e e kgethegileng ya thuto ya filimi go tlhaloganya le go kgatlhegela dikarolwana tsa setlhangwapono le seabe sa tsona.

- Supa le go buisana ka tsela e dikarolwana tsa pono di lotogantsweng le setlhangwakwalwa mo ditlhangweng tsa popegontsi, sk. boalo, ditshwantsho le tshedimosetso ka dikerafo.
- Supa le go buisana ka maitlhomo le molaetsa mo ditlhangwaponong go bona tshedimosetso sk. dikerafo, manane, ditlhagiso tsa tiragalo nngwe/botshelo jwa mongwe (**dokhumenthari)** , ditšhate le dimmepe.
- Supa le go buisana ka molaetsa le nonofo ya dikarolwana tsa pono tsa diphasalatso/dipapatso le kamano magareng ga dikarolwana tse di kwadilweng le tsa pono.
- Supa le go buisana ka maitlhomo le melaetsa mo ditlhangweng tsa pono tse di supang kamano sk. dimmepe tsa dikakanyo, ditshwantsho, tšhate ya phae, dimmepe le dipolane.
- Supa le go buisana ka maitlhomo le boleng jwa bontle le kagego ya ditlhangwapono tse di tlhametsweng maitlhomo a bontle, sk. ditshwantsho, difilimi, dikarolwana tsa kago.
- Supa le go buisana ka maitlhomo le melaetsa ya ditshwantshopono tse di tlhametsweng go itumedisa, sk. dikhathunu, mmino wa dibidio le dikgemetšhana tsa dikhomiki.
- Supa le go buisana ka molaetsa le nonofo ya ditlhangwapono tse di tshegetsang go bua, dithalo tsa phousetara, sebonatsi sa tshedimosetso.
- (Thuto ya difilimi go ikhumisa fela) Supa, go tlhaloganya, go sekaseka le go tlhatlhoba kamano magareng ga modumo, puo, tiragatso le dielemente tsa ponomo filiming le mefuta mengwe ya didiriswa tsa kutlopono.

THUTO E E TLHOMAMENG YA DITLHANGWA TSA DIKWALO.

Barutwana ba a buisa, sekaseka le go tsibogela boleng jwa bontle jwa setlhangwa sa dikwalo. Ba dirisa puo ya thuto ya dikwalo go tlhaloganya le go kgatlhegela dikarolwana tsa ditlhangwakwalwa.

ELATLHOKO: Kgatelelo mo go thutong e e tlhomameng ya setlhangwa, go tla fetoga go ya ka setlhangwa se se tlhophilweng.

- Tlhaloganya boleng jo bo bonagalang jwa mefuta e e farologaneng ya dikwalo, sk. gore leboko le na le diponagalo tse di farologaneng le tsa padi.
- Supa le go tlhalosa puo ya botshwantshi le malepa a puo e e gogelang jaaka di tlhagelela mo ditlhangweng tse di farologaneng sk. tshwantshanyo, tshwantshiso, mothofatso, poeletsomedumo, leetsi, pheteletso, kganetso, kobiso, tshotlo, tharaano, sekao/sekai, phefofatso, makwalwatshwano, polelo e e se nang bokao jo bo utlwalang.
- Supa le go tlhalosa maikaelelo a mokwadi/motlhagisi.

- Tlhalosa tlhopho le nonofo mo **pokong** ya gore dikarolwana tsa poko di tshegetsa jang melaetsa/thitokgang. Dikarolwana di ka akaretsa dikapuo, ditshwantshokgopolo, dikarololwana tsa popego le didiriswa tsa medumo, sk. moribo/morethetho, morumo, mmoelelo, poeletsomedumo.

- Tlhalosa tlhopho le nonofo mo **terameng** ya gore dikarolwana tsa terama di tshegetsa jang melaetsa/ thitokgang. Go tlaleleletsa dikapuo le ditshwantshokgopolo, dikarolwana di ka akaretsa dikapuo le ditshwantshokgopolo, dikarolwana tsa popego, sk. poloto, setlhoa, boanedi, dikaelo tsa serala, kobiso, phetogo ya ditiragalo (go menoga) , maitshetlego mmuisano, mmuaesi, go bua o le esi go se ope o go reeditseng go tlhalosa ditiragalo tsa gompieno mme o tsamaya o lebelela tsa bogologolo. **Go tlalaletsa mo filiming**, go dirisa khemera le go tseleganya s.k. setshwantsho se se tseetsweng motshwantshi a le gaufi, le motshwantshi a le kgakala, mmino, modumo wa seletswa, seabe se se kgethegileng, mmala.

- Tlhalosa tlhopho le nonofo mo **kgangkhutshweng/padi/difilimi** le gore dikarolwana di tshegetsa jang molaetsa/thitokgang. Go tlaleletsa dikapuo le ditshwantshokgopolo, dikarolwana di ka akaretsa karolo ya moanedi, dipopego tsa dikarolwana, sk. poloto, tshimologo, tharaano, setlhoa, tharabololo, bokhutlo, kgotlhang, maitshetlego

GO BUISA/GO LEBELELA GO GO KATOLOSITSWENG GA MORUTWANA KA NOSI

Barutwana ba ikatisa ka ditogamaano tse ba setseng ba di rutilwe mo puisong e e tseneletseng le thuto e e tlhomaneng ya setlhangwa gore ba kgone go buisa ka bobona mo dithutotlalaletsong ba buisetsa go itumedisa/ijesa monate le go dira dipatlisiso. Go nna teng ga dikaelo tsa morutabana go botlhokwa mo karolong e ya lenaneo la puiso.

- Go fitlhelela dilaeborari le go itse melawana ya poloko ya dibuka.

- Tlamela ka bosupi jwa go buisa/go lebelela go go katologileng ka mokgwa wa dipuo, dipuisano, le thadiso ya buka/filimi/lenaneo.

- Buisa kgotsa lebelela mefuta e e farologaneng yotlhe ya ditlhangwa, s.k. dibuka, dimakasine, makwalodikgang, diwebosaete, difilimi, tlhagiso ya tiragalo nngwe/botshelo jwa mongwe (dokhumenthari) , tlhatlhamano ya mananeo a thelebišene mo nakong ya dithuto tsa phaphosi le morago ga sekolo.

Mefuta ya dikao tsa dipotso

Dipotso tsa kitso	*Morago go diragetse eng …? A o ka neela leina la … Tlhalosa se se diragetseng kwa … Ke mang a buileng le …? Bokao jwa … ke bofe?*
Dipotso tsa tekatlhaloganyo	*Moanelwamogolo e ne e le mang…? A o ka neela sekao sa …? A o ka tlhalosa ka mafoko a gago….?*
Dipotso ka tiriso	*A o ka akanya ka tiragalo nngwe kwa ….?A o a gopola gore re ne re lebeletse ditshwantshiso – o ka tlhalosa jang tshwantshiso e e mo moleng o?*
Dipotso tsa tshekatsheko	*E, e ne e tshwana jang le …? E e ne e farologanya jang le …? Thitokgang e ne e le efe ..? Goreng o nagana…..?*
Dipotso tsa tlamaganyo	*Re ithutile dintlha di le dintsi ka Moagi – A o ka di kgobokanya mme o tlhalose semelo sa gagwe? Ke motho yo o ntseng jang?*
Dipotso tsa tlhatlhobo	*E nonofile go le go kae ……? A o ka akanya ka tsela mongwe e e kaone ya ….? Ke leboko lefe le o le ratang mo go a mabedi a ? Goreng?*

Go tlhopha mofuta wa setlhangwa kgotsa mofutakwalo

Barutabana ba tshwanetse go netefatsa gore barutwana ba buisa mefuta e e farologaneng ya ditlhangwa le dikwalo mo tsamaong ya ngwaga. Go tshwanetse ga nna le tekatekano magare ga ditlhangwa tse dikhutshwane le tse dileele le magareng ga go buisetseng maitlhomo a a farologaneng, sk. maitlhomo a go lemoga bontle (thuto e e tlhomameng ya ditlhangwa tsa dikwalo) ditlhangwa tse diphasaladiwang mo mmedieng, le ditlhangwapono go itumedisa ("Lebelela "Ditlhangwa tse di diriseditsweng go ruta go go lotagantsweng ga dikgono tsa puo") .

MEFUTA YA DITLHANGWA TSE DI BUISIWANG	
Poko	Go na le dipotso di le pedi fela tsa botlhokwa tse morutwana o tlhokang go di botsa ka poko: Go buiwa eng? Ke itse jang? Potso ya bobedi e oketsa kamogelo/netefatso ya karabo ya ntlha; ya ntlha e tlhomamisa se potso ya bobedi e tla se tlhagisang. Bakwadi botlhe ba ditlhangwa tsa dikwalo ba kwala ka gonne ba na le sengwe se ba batlang go se bua – sengwe se ba se tsayang se kgatlhisa, gape go le gantsi se na le botlhokwa bongwe mo setlhopheng sa setso se ba se kwalelang. Re ithuta setlhangwa go tshegetsa le go etleetsa, tlhalosa le go senola se bakwadi ba re se bolelelang. Gape e akaretsa go lebelela tiriso ya puo ya botshwantshi; ka tsela e dipolelo, mela ya ditemana le maboko a tlhagisiwang ka teng, ka tlhopho ya setshwantshokgopolo, moribo, lebelo le modumo wa maikutlo a ditshwantsho tse di a tlhagisang. Tsotlhe tse ke maiteko a go leka go fitlhelela bokhutlo jwa nakwana jwa se mmoki a solofetseng gore re tla se ribolola jaaka bokao jwa setlhangwa ka bonako kgotsa mo nakong e e tlang. Ga se gantsi go nnang le bokhutlo mo thutong ya leboko le le siameng. Dintlha tse di latelang di tla matlafatsa go tlhaloganya molaetsa o o ikaeletsweng • Bokao jo bo tlhamaletseng • Bokao jwa botshwantshi (papiso) • Maikutlo • Thitokgang le molaetsa • Setshwantshokgopolo • Dikapuo/setshwantshokgopolo, tlhopho ya mafoko, (kgatelelo ya mafoko) malepa a modumo, segalo, malepa a go gogela, go tsibogela maikutlo, mela, mafoko, ditemana, morumo, kgokaganyo, moribo, matshwao a puiso, mmoelelo, poeletsomedumo (ditumammogo le ditumanosi) enjambamente.

MEFUTA YA DITLHANGWA TSE DI BUISIWANG	
Terama	Terama ga se fela ka mafoko le puo: ke ka motsamao, lentswe, lesedi le lefifi, tlhaeletsano le ba bangwe, tiragatso. Gore go diragadiwa jang mo seraleng (lebelo) go botlhokwa, gore badiragatsi ba tlhaeletsana jang, se ba se dirang fa ba sa bue, gore puo ya sefatlhego e ka fetola jang bokao jwa mola (se modiragatsi a se buang) —tsotlhe tse di ka latlhegelwa ke bokao fa terama e ka buisiwa jaaka e kete go buisiwa padi. Le fa go ntse jalo, ga se kakanyo e e siameng go bontsha bidio ya motshameko go fitlhela motshameko o ithutilwe go buisanwe ka ona le go diragatswa ka botlalo ke barutwana mo phaposing. Kwa ntle ga seo, bidio e nna bonnete jwa motshameko, ga go ope yo a ka tlosang thanolo e e kgethegileng ya botlhami jo bo rileng. Kgopolo e tshameka karolo e tona mo puisong ya terama. Go bopa setshwantshokgopolo sa serala le gore badiragatsi ba lebega jang, go rulaganya mekgwa e mentsi e e farologaneng ya gore mola kgotsa puo e ka buiwa jang, ke dintlha tse di botlhokwa mo go direng ka terama mo phaposing. Poloto le dipolotwana; mokgwa o moterama a tlhagisang badiragatsi, le mokgwa o ba golang ka ona le motshameko; maitshetlego le lemorago (fela fa go leng botlhokwa gona mo go tlhaloganyeng motshameko);lebelo, tiriso ya setshwantsho le matshwao; ditogamaano tsa tiragatso jaaka go bua o le esi (mmuanosi) , kobiso, phetogo (go menoga) le bokhutlo, dikaelo mo seraleng, go bontsha/tlhama kgagamalo/go itumedisa/itumelela dilo/masetlapelo, tsotlhe tse di tlhokwa go ithutwa ka go buisa ka mokgwa wa tiragatso go ralala motshameko. Dintlha tse di latelang di tla matlafatsa/kgontsha barutwana go tlhaloganya setlhangwa: • Poloto le polotwana (tshimologo/thaego, tharaano (ditiragalo tse di isang kwa setlhoeng) , kgotlhang, setlhoa, tharabololo, bokhutlo, go tlhalosa ditiragalo tsa gompieno mme o tsamaya o lebelela tsa bogologolo, go dira diponelopele • Tshobotsi le semelo • seabe sa moterama/ntlhakemo • Thitokgang/Morero le molaetsa • Lemorago le maitshetlego – kgolagano ya modiragatsi le thitokgang • Kagego ya terama: poloto le polotwana (tshimologo, tharaano, setlhoa.) • Maikutlo le segalo • Phetogo (go menoga/ditiragalo ga di khutle ka mokgwa o di neng di solofetswe ka ona) / bokhutlo • Dikaelo tsa seralo • Kgolagano magareng ga mmuisano/puoesi/mmuaesi le tiragatso • Kobiso ya terama • Tatelano ya ditiragalo go ya ka nako.
Thuto ya Filimi (jaaka tirwana ya go ikhumisa)	Thuto ya filimi ga e tshwane le ya go buisa padi. Le fa go rutiwa ga filimi go latela mekgwa ya go ruta e e tshwanang thata le ya terama le padi, ntlha ya ditegeniki tsa go ithuta go tlhama filimi e e fa tlase e tlhoka tlhokomelo e e kgethegileng. 'Go buisa' Filimi ka bosisi le ka nepagalo go ikaegile thata ka se mmogedi a se lemogang ka tseleganyo, go emisa, mokgwa wa go tsaya ditshwantsho (ditegeniki tsa khemera) , go kopanya ditshwantsho go dira filimi, thulaganyo ya tikologo, mmino, moaparo, dipone, le modumo. Go kgona go buisa filimi mo kemong e, go humisa go bogela filimi mo go ka se kang ga lekanyediwa: mmogedi o suta mo pogelong e e seng matlhagatlhaga; e ka gale e rayang go latela mola wa kanelo; go ya kwa tlhokomelong e e sedimosang e e oketsang go bogela ga motho ka tsenelelo, le go tlhaloganya go go lolameng ga motsamaisi, motseleganyi, ba bangwe botlhe ke ba ba re digelang ka se re se bogetseng/lebeletseng go dira gore re ikutlwe re bo re tsiboge ka tsela e e rileng. • Mmuisano le tiragatso; le kamano ya tsona mo modiragatsing le morero/thitokgang; • Poloto le polotwana, tlhagiso ya modiragatsi, kgotlhang, maitlhomo a terama le a kobiso, go menoga ga ditiragalo le bokhutlo; Popego le dikaelo tsa serala. • Molaetsa le thitokgang/morero le gore di golagantswe jang dintlha tsotlhe tsa setlhangwa. • Malepa a go ithuta go tlhama filimi (pono, kutlo le ponokutlo) jaaka tiriso ya mmala, ditlhogwana, thulaganyo ya tiragatso, mmuisano, mmino, modumo, go tshuba dipone (lesedi) , tseleganyo, go dirisa foreime, ditaele tsa go tsaya ditshwantsho, ditegeniki tsa khemera, motsamao wa khemera/tsamaiso ya setshwantshi (khemera) lepele, le lemorago la ditshwantsho.

MEFUTA YA DITLHANGWA TSE DI BUISIWANG	
Padi, kgangkhutshwe, dinaane	Dikanelo (padi, kgangkhutshwe le dinaane) di tlhoka go buisiwa, go buisanelwa, le go itumelelwa. Go buisetsa ditlhangwa kwa godimo kgotsa go di tshameka mo phaposing gantsi go mosola thata, segolo fa barutwana ba sa kgatlhegele go buisa, kgotsa ba le kgatlhanong le go buisa. Buisa ka bonako, le go godisa kgatlhego ka go dirisa ditirwana tse di bonolo tsa go dira diponelopele, go tlhatlhoba le go kgatlhega. Ditirwana tse di bonolo tse di akaretsang tshobokanyo ya boikakanyetsi (go sobokanyetsa tsala kgang ka palo e e lekanyeditsweng ya mafoko; go nna le mananeo a badiragatsibagolo mo phaposing; go batla le go tsaya dintlha, mafoko le ditshwantsho tse di gatelelang dikakanyo le dithitokang mo pading) e ka thusa barutwana go oketsa lebelo la bona la puiso. Morago ga puiso ya ntlha barutwana ba tlhoka go lemoga pharologanyo magareng ga kanelo (ke eng se se tlileng go diragala);le poloto (goreng seo se diragala?) . Batlisisa bokao jo bo kgonagalang le thanolo ya kgang; tlhatlhoba gore mokwadi o dirisitse jang puo go tlhama semelo, (tlhaloso le puosebui);gore baanelwa ba tlhaeletsana jang, maitshetlego; (puo e e tlhalosang le ditiragalo tsa kwelano go ralala padi);fa go tlhokagala, ribolola dikgopolo tse di bofitlha, megopolo le dikakanyo tse di laolang kaelo ya padi ka botlalo. Ditso tsotlhe, le bontsi jwa batho bo phela maphelo a a tletseng ka dikgang. Sengwe le sengwe se morutabana a se dirang ka dipadi le dikgangkhutshwe mo phaposing, boitumelo joo jwa go buisa kgang e e siameng bo tshwanetse go sala bo le botlhokwa. Dintlha tse di latelang di tla matlafatsa go tlhaloganya setlhangwa ga barutwana: • Mefutakwalo le mefuta • Poloto, polotwana (tshimologo/thaego, tharaano (ditiragalo tse di isang kwa setlhoeng) , kgotlhang, setlhoa, tharabololo, bokhutlo, go tlhalosa ditiragalo tsa gompieno mme o tsamaya o lebelela tsa bogologolo, go dira diponelopele • kgotlhang • baanelwa. • Semelo le tshobotsi • karolo ya moanedi. • melaetsa le thitokgang/merero. • lemorago, maitshetlego le kamano le moanelwa le morero/thitokgang. • maikutlo, kobiso, phetogo (go menoga/ditiragalo ga di khutle ka mokgwa o di neng di solofetswe ka ona) /bokhutlo • Kemiso le kgakgamalo
Ditlhangwa tse dingwe tse di buisiwang	Phousetara, ditšhate, dimmepe, dikerafo, dikhathunu, dimakasine, makwalodikgang, diwebosaete, difilimi, ditlhagiso tsa tiragalo nngwe/botshelo jwa mongwe (dokhumenthari) , ditiragalo tsa thelebišene tse di diragalang mo phaposing le morago ga sekolo.

BOLEELE JWA DITLHANGWA TSE DI TLA BUISIWANG			
SETLHANGWA	**MOPHATO 7**	**MOPHATO 8**	**MOPHATO 9**
Setlhangwa sa puisetsogodimo	Dipolelo di le 5 – 6 Temana e le 1	Dipolelo di le 5 – 8 Ditemana di le 2	Dipolelo di le 5 – 10 Ditemana di le 3
Ditlhangwa tsa tekatlhaloganyo ya puiso/Puisotsenelelo	Mafoko a le 350-400	Mafoko a le 400-450	Mafoko a le 450-500
Puiso ka nosi	Poko, kgangkhutshwe, dinaane, padi, le terama – jaaka di tlhaotswe ke PPKT le ditlhangwa tsa dikgang tse di nang le nnete	Poko, kgangkhutshwe, dinaane, padi le terama – jaaka di tlhaotswe ke PPKT le ditlhangwa tsa dikgang tse di nang nnete	Poko, kgangkhutshwe, dinaane, padi le terama – jaaka di tlhaotswe ke PPKT le ditlhangwa tsa dikgang tse di nang le nnete.
Tshobokanyo	Mafoko a le 70-80 go tswa mo setlhangweng sa mafoko a le 250	Mafoko a le 70-80 go tswa mo setlhangweng sa mafoko a le 260.	Mafoko a le 70-80 go tswa mo setlhangweng sa mafoko a le 280

DITLHANGWA TSE DI DIRISEDIWANG THUTO E E LOTAGANTSWENG YA DIKGONO TSA PUO MO KGATONG E KGOLWANE

Mo go tlaleletseng ditlhangwa tsa dikwalo tsa thuto e e tlhomameng, ditlhangwa tse di tshwanetseng go rutwa mo Kgatong e Kgolwane di akaretsa ditlhangwa tse di kwadilweng, ditlhangwa, tsa pono le tsa mmediantsi ka maitlhomo a a farologaneng. Ditlhangwa dingwe di tla ithutelwa boleng jwa temogo ya bontle jwa tsona; dingwe tsa ditlhangwa di tla ithutiwa jaaka dikai le dikao tsa go kwala.

Ditlhangwa tsa dikwalo tsa thuto e e tlhomameng. Mefuta e e farologaneng ya ditlhangwae e tla ithutiwang mo Kgatong e Kgolwane.

Tse di tlhaotsweng

Mefutakwalo

Poko

(Mophato 7 – maboko a le-10)

(Mophato 8 – maboko a le-15)

(Mophato 9 – maboko a le-15)

Padi

(Mophato 7 – ditsebe di le 30-40)

(Mophato 8 – ditsebe di le 40-50)

(Mophato 9 – ditsebe di le 50-60)

Kgangkhutshwe

(Mophato 7 – dikgang di le 4-5 ditsebe di le 3-5 mo kgannyeng e nngwe le e nngwe)

(Mophato 8 – dikgang di le 5-7 – ditsebe di le 3-5 mo go e nngwe le e nngwe

(Mophato 9 – dikgang di le 7-10 ditsebe di le 3-5 mo kgannyeng e nngwe le e nngwe)

Dinaane

Mophato 7 – dikgang di le 4-5 – ditsebe di le 3-5 mo kgannyeng e nngwe le e nngwe)

Mophato 8 – dikgang di le 5-7 – ditsebe di le 3-5 mo kgannyeng e nngwe le e nngwe)

(Mophato 9 – dikgang di le 7-10 – ditsebe di le 3-5 ditsebe mo kgannyeng e nngwe le e nngwe)

Terama

(Mophato 7 – motshameko wa dipono di le 1 - 2 – ditsebe di le 10-20)

(Mophato 8 – motshameko wa dipono di le 2 - 3 – ditsebe di le 20-30)

(Mophato 9 – motshameko wa dipono di le 3 - 5 – ditsebe di le 30-50)

Go humisa kitso

Difilimi

Tlhatlhamano e e tlhophilweng ya thelebišene/ditshedimosetso tsa thelebišene

Diterama tsa seyalemowa

Ditlhamo

Ditlhangwa tse di kwadilweng tsa tshedimosetso

Dithanodi

Diensaetlopedia

Manane/šedule

Dibuka tsa mogala

Dibukakgakololo

Dithesorase

Mananenako

Dikaedi tsa thelebišene

Ditlhangwa tse di kwadilweng tsa mmedia

Diathikele tsa makasine

Diathikele tsa makwalodikgang

Dikwalokgatiso

Dikitsiso

Dipapatso/diphasalatso

Mefuta e e kwadilweng ya ditlhangwa tsa kutlo

Mmuisano

Dipuo

Dipina

Metlae

Ditlhangwa tsa tlhaeletsano le tsa tirisano

Makwalo

Dibukatsatsi

Ditaletso

Imeile (lekwalo la maranyane)

Melaetsakhutshwe le dithwita

Dintlhathuto

Dipegelo

Ditlhangwa tsa tirisano tsa tlhaeletsano mo kgwebong.

Makwalo a kgwebo/semmuso

Lenanetema le metsotso

Ditlhangwa tsa mmediantsi/pono tsa tshedimosetso

Ditšhate, dimmepe

Dikerafo, manane, tšhate ya phae.

Mmepe wa dikakanyo, dithalo

Diphousetara

Dipampitshana tsa tshedimosetso/ difolaeyara, diphamfolete, diboroutšhara

Dikaelo le matshwao

Didokhumenthari tsa thelebišene (ditlhagiso tsa tiragalo nngwe/botshelo jwa mongwe)

Ditsebe tsa inthanete, mafelo a inthanete, diboloko tsa wepe

Bukapontshasefatlhego le mafaratlhatlha a mangwe a loago

Tlhagiso ya tshedimosetso

Diteransepherensi

Ditlhangwa tsa mmediantsi/pono tsa maitlhomo a boleng temoso jo bontle

Difilimi

Dinepe

Ditshwantsho

Ditlhangwa tsa mmediantsi/pono tsa boitumediso.

Difilimi

Mananeo a thelebišene

Dibidio tsa mmino

Dikhathunu ditshwantsho tse di feteleditsweng, tsa metlae

Dikgemetšhana tsa dikhomiki

Metlae (e e thadisitsweng)

Mokwalo wa kerafiti

Ditlhangwa tsa kutlo

Mananeo a seyalemowa

Go buisa diterama

Go buisa dipadi kgotsa dikgangkhutshwe.

Dipuo tse di gatisitsweng

Dipapatso/diphasalatso tsa seyalemowa/radiyo, Thelebišene, makwalodikgang le dimakasine

3.1.3 Go kwala le go tlhagisa

Go kwala ke sediriswa se se maatla sa tlhaeletsano se se letlelelang barutwana go tlhama le go tlhaeletsana ka dikakanyo le dikgopolo ka tolamo. Go ikatisa go kwala kgapetsakgapetsa ka tiriso e e farologaneng, ditiro le dirutwa, go kgontsha barutwana go tlhaeletsana ka go dira le ka botlhamedi. Go kwala go go simololang ka ditirwana tse di bonolo go ya go tse di marara o dirisa diforeime tsa go kwala. (fa go tlhokagala) , go tlhagisa bakwadi ba ba nang le bokgoni, ba ba tla kgonang go dirisa dikgono tsa bona go aga le go tlhagisa ditlhangwa tsa mmediantsi/pono tsa maitlhomo a a farologaneng tsedi maleba.

Go kwala go botlhokwa ka gonne go kgontsha barutwana go nagana ka thutapuo le mopeleto. Se se rotloetsa barutwana go tlhotlha puo, go potlakisa kamogelo ya puo le go oketsa nepagalo. Mo dikgatong tse di fetileng, barutwana ba ithutile go kwala mefuta e e farologaneng ya ditlhangwa tsa tshedimosetso le tsa boitlhamedi; ba dirisa diforeime jaaka tshegetso. Barutwana mo Kgatong e Kgolwane ba lebeleletswe gore ba kwale mefuta ya ditlhangwa ka bobona/ka nosi. Gape ba tla dirisa dikgato tsa go kwala go tlhagisa ditlhangwa tse di rulaganeng sentle e bile thutapuo e nepagetse.

Ditogamaano le dikgato tsa go kwala

Go kwala go go siameng ke kgono e e tlhokang go godisiwa le go tshegetswa. Le fa go buisa e le motswedi wa tshedimosetso, ke fela ka go kwala, moo dikgono tsa go kwala di ka godisiwang. Ditaelo tsa go kwala di tla akaretsa ka gale dikgato tsa go kwala. Le gale, ga se kgato e nngwe le e nngwe ya go kwala e e tla dirisiwang ka nako tsotlhe. Sekao, fa barutwana ba kwala mofuta wa setlhangwa se se tlwaelegileng, ga go tlhokege gore ba lokolole dipopego le diponagalo tsa puo ka botlalo. Go tlaa nna le nako e barutabana ba tla tlhokang go lebelela/tsepamisa mogopolo mo kagegong ya dipolelo kgotsa go kwalwa ditemana kgotsa barutwana ba ka kwala ditlhangwa kwa ntle ga go kwala ditlhangwa tsa ntlha mo go ipaakanyetseng ditlhatlhobo.

Dikgato tsa go kwala ke tse di latelang:

- Go dira ipaakanyetsotiro/pele ga go go kwala
- Go kwala ditlhangwa tsa ntlha
- Go boeletsa
- Go tseleganya
- Go tlhotlha diphoso
- Go tlhagisa

Go dira ipaakanyetsotiro/pele ga go buisa

- Sekaseka kagego; diponagalo tsa puo le rejisetara ya mofuta wa setlhangwa se se tlhophilweng.
- Tsaya tshwetso ka maitlhomo le babuisi/baamogedi ba setlhangwa se se tshwanetseng go kwalwa .
- Tlhomamisa sebopego, mokgwa le ntlhakemo
- Kokoanya dikakanyo o dirisa sekao mmepe wa dikakanyo, tšhate ya kelelo ya dikakanyo kgotsa manane
- Lebelela metswedi e e maleba, tlhopha tshedimosetso e e maleba

Go kwala ditlhangwa tsa ntlha

- Dirisa dikakanyokgolo le tse di tshegetsang ka tsenelelo go tswa mo kgatong ya ipaakanyetsotiro
- Tlhama ditlhangwa tsa ntlha o lebeletse maitlhomo, babuisi/baamogedi, setlhogo le mofutakwalo
- Tlhomamisa tlhopho ya mafoko ka go dirisa mafoko a a maleba, a a tlhalosa le go tlhotlheletsang maikutlo, dipolelwana le ditlhagiso go dira gore se se kwadilweng se tlhaloganyege le go bonala sentle.
- Supa ntlhakemo ya mong ka go tlhalosa meetlo, ditumelo le maitemogelo.
- Tlhomamisa lentswe le le lemosegang le setaele ka go lebaganya puo le segalo go tshwanela baamogedi/ babuisi le maitlhomo a go kwala.
- Buisa ditlhangwa tsa ntlha ka tsenelelo le go bona dipegelo/ditshwaelo go tswa mo barutwaneng ba bangwe.
- Akaretsa dintlha tse di rileng tsa setlhangwa se se tlhokegang (tiriso ya dinopolo, go tshegetsa le go rotloetsa ngangisano) .

Go boeletsa, go tseleganya, go tlhotlho diphoso le go tlhagisa

- Dirisa dintlha tse di neetsweng go atlhola ka kakaretso tiro ya mong le ya ba bangwe gore e tokafadiwe.
- Siamisa tlhopho ya mafoko, popego ya polelo le ya temana (tsenya tshedimosetso ya tlaleletso, o dirisa mafoko a a maleba) .
- Dira ka tatelano le kgolagano ya ditemana
- Tlosa puo e e bokaobontsi, ya ka gale, ya tlaopo, ya ditlhopha tse di rileng/mya mo mmileng, le puo e e fatlhang.
- Tlhatlhoba diteng, mokgwa le rejisetara.
- Dirisa matshwao a puiso, mopeleto le thutapuo ka tsela e e siameng gape e le maleba.
- Rulaganya setlhangwa sa bofelo o akaretsa boalo, sekao. ditlhogwana le difonto
- Tlhagisa setlhangwa.

Dipopego tsa puo le melawana ka nako ya go kwala

Barutwana ba tla ithuta mokgwa o **dipopego tsa puo** le **melawana** di dirisiwang ka gona, mme ba tla godisa puo e e kopanetsweng ya go bua ka ga puo e e dirisiwang (ditlhagiso le dipolelwana tse di dirisiwang fa go buiwa ka ga puo) , gore ba tle ba kgone go tlhatlhoba ditlhangwa tsa bona le tse dingwe ka tsenelelo ba lebile bokao, bokgoni le nepo. Ba tla kgona go dirisa kitso e go lekelela ka puo go aga bokao go tswa mo dikgatong tsa lefoko le polelo go ya mo ditlhangweng tsotlhe, le go bona gore setlhangwa le bokao jwa sona di nyalana jang. Ka go dira ka ditlhangwa tse di farologaneng, barutwana ba atolosa tiriso ya bona ya tlotlofoko mme ba dirisa go tlhaloganya ga bona ga **Dipopego tsa Puo le Melawana** sentle**.**

Kitso ya dipopego tsa puo le melawana e tla kgontsha barutwana go tlhagisa ditlhangwa tse di golaganeng e bile di kopane. Dipopego tsa puo di tshwanetse go rutelwa go tlhama ditlhangwa tse di rileng di le mo tirisong ya tsona. Tiriso ya dipopego tsa puo ga e a tshwanela go ithutiwa e ikemetse ka bo yona. E tshwanetse go tlhalosa mokgwa o

dipolelo di bopilweng ka ona go bopa setlhangwa sotlhe jaaka dikgang, ditlhamo; makwalo, le dipegelo tse barutwana ba ithutang go di buisa le go di kwala mo sekolong.

Melawana ya puo (mopeleto le matshwao a puiso) :

- Tiriso ya katologano, ditlhakakgolo, phegelwana, matshwao a nopolo (ditsejwana) , khutlokhutlo/khutlwana, thalelo, mokwalo o o sekameng, mokwalo o o ntshofaditsweng, phegelo, lenalana, tlamanyi, thaladi, masakana
- Dirisa kitso ya dipaterone tsa mopeleto le melawana go peleta mafoko ka nepagalo:
  - Kitso ya mefuta ya mafoko
  - Kitso ya medi, ditlhogo le megatlana
  - Kitso ya dinoko
- Dirisa thanodi le sediriswa sa go tlhomamisa mopeleto
- Dirisa mefuta ya dikhutshwafatso e e maleba le mmedia e e farologaneng le babuisi/baamogedi

Tlhopho ya mafoko

- Dirisa mefuta e e farologaneng ya madiri, letlhaodi le letlhalosi go neela tlhagiso e e kgethegileng/ totobetseng le tlhaloso e e bonagalang sentle/e e kgodisang fa o kwala, sekao: tlhamo ya kanelo; tlhamo ya tlhaloso
- Dirisa makaelagongwe, malatodi, makwalwatshwano, ditumatshwano, lefoko le le lengwe le le maleba go tlhagisa megopolo
- Dirisa puo e e tlhomameng le e e sa tlhomamang (puo e e dirisiwang ke setlhopha se se rileng/ya mo mebileng, puo ya dithutego tse di rileng) ka tsela e e maleba
- Dirisa maadingwa a a maleba
- Neela dintlha le go tlhagisa dikakanyo
- Tlhagisa bokao jo bo tlhamaletseng, jo bo sa tlhamalalang, jo bo itlhametsweng/jo bo tswang mo tirisong
- Ba ipaya mo maemong a bakwadi ka melaetsa e e bofitlha le e e seng bofitlha.
- Go itlhalosa ka meetlo, boitshwaro, puo e e lebelelang dilo ka letlhakoreng le le lengwe, puo e e sekamelang ka fa letlhakoreng le le lengwe; puo ya maikutlo, puo e e tlhotlheletsang le e e digelang s.k. mo setlhangweng se se tlhotlheletsang jaaka tlhamo ya ngangisano, diathikele tsa lokwalodikgang
- Bontsha tlotlo ka go dirisa mafoko mangwe fa o kwala ditlhangwa tse di jaaka mmuisano; dipotsotherisano.
- Dirisa metswedi le dikwalotshupetso jaaka thanodi le dithesorase go tlhopha tlotlofoko e e nonofileng e bile e nepagetse.

Rejisetara, setaele le lentswe

- Dirisa rejisetara e e maleba: e e tlhomameng, e e sa tlhomamang, sk. go dirisa setaele se se sa tlhomamang/sa motlotlo le mmui mo lekwalong la botsalano, puo e e tlhomameng ya lekwalo la semmuso
- Dirisa puo ya botshwantshi (dikapuo, maele, diane) , segalo, maikutlo kgotsa metlae ka tsela e e maleba
- Bua le mmuisi ka tlhamalalo ka tsela e e utlwalang gore o mongwe
- Bontsha kgatlhegelo ya molaetsa
- Dirisa dintlhakemo/dikakanyo tse di farologaneng

Popo ya dipolelo

- Kwala mefuta e e farologaneng ya dipolelo le boleele jo bo farologaneng
- Dirisa dikarolo tsa puo ka nepagalo.
- Dirisa sediri, lediri, sedirwa, dipaka, mediriso, tumelo, kganetso, dipaka tsa madiri, tira, tirwa, puisebui le puopegelo
- Dirisa mabotsi (goreng?, leng?, jang?, eng ?)
- Dirisa mefuta e e farologaneng ya dipolelo; sk. dipolelo; dipotso; polelonolo; polelopate; polelotswako, polelotswakopate.
- Dirisa makopanyi, maemedi, matlhalosi le mafoko a a lemosang (a phetolelo) go bopa dipolelo tse di kopaneng.
- Dirisa mefuta e e farologaneng ya maemedi go bontsha go toba sengwe, go gatelela, go bontsha sedirwa le go tlosa tiriso e e sa tlhokegeng ya mafoko a mantsi.
- Dirisa tatelano e e nepagetseng ya mafoko mo dipolelong go bontsha kgatlhego le go gatelela
- Dirisa dithuanyi ka nepagalo.

Go kwala ditemana

- Kwala mefuta e e farologaneng ya ditemana, polelo ya setlhogo, dikakanyokgolo le tse di tshegetsang, matseno a a nonofileng, mmele le bokhutlo le polelo e e tswalelang
- Kwala mefuta e e farologaneng ya ditemana le ditlhangwa o dirisa matshwao kgotsa mafoko a a lemosang le dipolelwana jaaka:
    - Tatelano e e rulaganeng: ya ntlha, ya bobedi, ya boraro; pele ga , morago ga, leng, moragonyana, go fitlha kwa bofelong, e e latelang, kgantele
    - Tlhaloso/lebaka le ditlamorago**:** go tloga foo/ka jalo, ka lebaka la, ka gonne, ka lebaka le ka ntlha ya, ka moo, ke sona se, go latela, fa e le, ka nako eo
    - Tsamaiso: Ya ntlha, ya bobedi, ya boraro

- Bapisa/farologanya : tshwana, go sa tshwane, nnye go, tona go, le fa go ntse jalo, mme.
- Tatelano ya botlhokwa: ka nako tsotlhe, pheletsong
- Thulaganyo go ya ka mafelo: fa tlase, ka fa molemeng, ka fa mojeng.
- Kakaretso: Ka kakaretso, kwa bokhutlong.
- Tlhopho ya temana: Go ya ka kakanyo ya ka, go ya ka tumelo ya me , mogopolo wa me, ke tlhaloganya gore, ke gopola , nka se rate, ke tshepa/ke ikutlwa
- Temana e e arologanyang: ke mokgwa wa, e ka kgaoganngwa, ke mofuta wa, e wela ka fa tlase ga, ke ya ga, ke karolo ya, e tshwanetse go, e tlhaotswe le, e tshwana le, e tsalana le
- Temana e e tlhalosang: godimo, fa tlase, kwa ntle, gaufi bokone/botlhaba/borwa/bophirima, bogolo, mmala, popego, maitlhomo, boleele, bophara, boima, lebelo, e tshwana le, e tshwana ka
- Ditemana tsa tlhatlhobo: bontle/bosula, nepagetse/ga go a nepagala, botho/ga a na botho, tshiamo/phoso, botlhokwa/ga se botlhokwa, tshwaela, tshitsikinyo, leele, ganetsana
- Temana tse di ranolang: e ranotswe, ke mofuta wa temana e e ranolang kakanyo e sa tseye letlhakore
- Temana e e feleletsang/khutlisang: Go fetsa , go feleletsa, ga re sobokanya, ka boripana, jaaka o bona

MEFUTA YA DITLHANGWA TSE DI KWALWANG	
DITLHAMO	
Tlhamo ya kanelo	Go kwala kanelo ke tlhagiso ya metseletsele ya ditiragalo ka tatelano e e nang le bokao. Tse di latelang ke diponagalo tsa tlhamo ya kanelo: • Kwala kgang/tiragalo e e fetileng/kgang e itlhametsweng (kgang e e senang nnete) • Dirisa poloto e e kgodisang • Dirisa pakaphethi ka gale • Dirisa temana ya matseno e gogelang • Tlhagisa ntlha e go kwalwang ka yona • Dirisa bokhutlo jo bo ngokang • Netefatsa gore o kgatlhegela go tshegetsa setaele, malepa a puo e e gogelang le tiragatso • Senola/tlhagisa dintlha tsa ditemosi tse di utlwalang • Dirisa dikarolwana tsa tlhaloso
Tlhamo ya tlhaloso	Tlhaloso e dirisiwa gantsi go tlhama maemo le maikutlo go na le setshwantsho: difilimi di dira se ka go lebelelwa, bakwadi ba dira se ka mafoko, mo tlhopho ya mafoko gantsi e tlhomamisiwang ke bokao jo bo ipopelwang go na le nepagalo ya tiriso ya bokao jwa thanodi. • Tlhalosa mongwe/sengwe go letlelelela mmuisi go itemogela setlhogo sentle. • Tlhama setshwantsho ka mafoko. • Tlhopha mafoko le ditlhagiso ka kelotlhokogo fitlhelela maitlhomo a a eletsegang • Dirisa ditshwantso tsa pono, modumo, kutlo, tatso, go ama • Dirisa dikapuo/puo ya papiso.

MEFUTA YA DITLHANGWA TSE DI KWALWANG	
Tlhamo ya ngangisano	Ditlhamo tsa ngangisano di tlhagisa kganetsano mo go dumeleng le mo go ganetseng sengwe (‘Goreng ke dumela gore basadi ba na le maatla go gaisa banna?);ditlhamo tse di sa tseyeng letlhakore di tlhagisa ngangisano e e lekalekanang go emela kgotsa go nna kgatlhanong le sengwe se setlhogo se buang ka ga sona, kemo ya mokwadi e tlhagisiwa fela kwa bokhutlong (‘A basadi ba maatla go gaisa banna‘? Ee le nnyaya, mme ke feleletsa ke re Ee’);ditlhamo tsa maitlhomo di tlhagisa setlhopha sa megopolo le dikakanyo ka setlhogo, go se maikaelelo ape a go ganetsana go ya ka letlhakore lengwe. (mosadi wa segompieno: megopolo ya me.) . • Ditlhamo tsa ngangisano di ganetswa go tswa mo kemong ya mmui; tshireletso kgotsa tlhaselo e tsepame fela go itshupa gore e letlhakore le lengwe; bokhutlo bo itshupa fela gore kemo ya mokwadi e fa kae le gore goreng. - Bontsha kakanyo le ntlhakemo tse di tobillweng/kgethegileng lo ganetsana ka go emela/ sireletsa le go tshegetsa kemo ya gago - Tsweledisa kakanyo sentle ka botlalo - Leka go dira gore mokwadi a dumele go abelana ntlhakemo ya gagwe kwa ntle ga go tsaya letlhakore/go iteba o le esi. - Simolola ka ntlhakemo ya mokwadi ka setlhogo ka mokgwa o o bontshang boitshimololedi le tshusometso. - Neela mefuta e e farologaneng ya dikganetsano go tshegetsa le go atolosa ntlhakemo. - Tsepamisa mogopolo mo dintlheng tsa tumelo kgotsa tsa kganetso. - Tlhagisa dikakanyo tse di tsayang letlhakore e bile di le popota. - Dirisa mefuta e e farologaneng ya malepa a puo e e gogelelang le malepa a tsa tlhotlheletso. - Dirisa puo e e tsosang maikutlo a a rileng - Feleletsa ka dipolelo tse di senolang kakanyo ya mokwadi; tse di nonofileng, di utlwala sentle e bile di amogelesega.
Tlhamo e e sa tseyeng letlhakore	Ditlhamo tse di sa tseyeng letlhakore di na le go lekalekana; mme di tlhagisa matlhakore a a farologaneng a ngangisano/kganetsano e e rileng; kagego e rulagantswe sentle le ka kelotlhoko; tlwaelo e sekametse kwa e sa tseyeng letlhakore teng mme mokwadi a ka tlhagisa letlhakore la gagwe; le fa go na le kgonagalo ya puo e e tsosang maikutlo a a rileng, dikganetsano tse di siameng fa di a fenya gonne di dira tlhaloganyo e e siameng e bile e tlhaloganyesega. Bokhutlo ga bo tlogele mmuisi ka pelaelo ya gore ntlhakemo ya mokwadi ke efe. • Maikaelelo ke go neela kakanyo e e sa tseyeng letlhakore le e e lekalekanang mo matlhakoreng a le mabedi a kganetso • Tlhokomela dintlha tse di farologaneng tsa setlhogo se go buisanwang ka sona. • Tlhagisa dikakanyo tse di ganetsanang di sa tseye matlhakore • Lekalekanya ngangisano ya matlhakore a le mabedi • Go kwala go tshwanetse ga tlhaloganyega; go ikaegilwe ka mabaka, le go sa tseye letlhakore • Kwala dipolelo tse di akantsweng e bile di tshegeditswe sentle • Dirisa segalo se se sa senoleng maikutlo/se se sa digeleng o sa tseye letlhakore/o sa ipeye mo maemong a a lekanang • Feleletsa ka go supa/bontsha kakanyo/mogopolo o o rileng.
Tlhamo ya maitlhomo	Tlhamo ya maitlhomo e tlhagisa dintlhakemo, dikakanyo/, mogopolo le maikutlo a mokwadi ka setlhogo se se rileng, sengwe se ka tlwaelo ba se ratang/tseelang tlhogong thata. E na le go nna le boena go na le go tsaya letlhakore. E tlhoka kagego/popego e e siameng mme ga go pateletsege gore e tlhagise bokhutlo jo bo utlwalang sentle. Kgotsa gona go tlhagisa puisano e e lekalekanang, le fa gona e e ka dira jalo. E ka nna le metlae/e kgatlhise kgotsa e tlhoafale. • Kabakanya mogopolo • Neela tsibogo ya maikutlo. • Bontsha go tsaya letlhakore mo maikutlo a tsayang karolo e kgolo gona • Nna le maikaelelo a go tlhama tshedimosetso le maikutlo a mokwadi go mmuisi • Tlhagisa dikakanyo le maikutlo a a senolang botshepegi le botsayakarolo jwa gago.

MEFUTA YA DITLHANGWA TSE DI KWALWANG	
Tlhamo e ya dintlha **(ya go ikhumisa)**	• Tlhaeletsana ka dikakanyo kgotsa tshedimosetso ka tsela e e kgodisang • Tlhalosa dikakanyo kgotsa neela dintlha ka mokgwa o o rulaganeng. • Batlisisa dikakanyo mme o di tshegetse ka dintlha le ka dipalopalo • Tlhalosa dikgoplo le dingwe tse di sa tlwaelegang. • Rulaganya ka tolamo le go tsaya mmuisi go tswa mo go se a se itseng go ya kwa go se a sa se itseng. • Kwala ka kakaretso ka pakajaanong
DITLHANGWA TSA TIRISANO	
Lekwalo la semmuso	Le fa lekwalo la botsalano/le e seng la semmuso le emiseditswe ke mmedia wa eleketeroniki sk. imeile, fekese, le molaetsakhutshwe mo gare ga tse dingwe, barutwana ba tshwanetse go rutwa go kwala makwalo. Mefuta e e farologaneng ya go kwala e tshwanetse go akaretsa, mo gare ga a mangwe, makwalo a botsalano/a a tlwaelegileng a a yang kwa go ba losika le ditsala le a a kgatiso. Barutwana ba tshwanetse go kwala makwalo a semmuso, gape, fa go tlhokagala, ba a romele mme ba letele karabo. Makwalo a a kopang tshedimosetso ka ga dikungo, diyunibesithi, maeto; dithutego, fa a rometswe kwa go tshwanetseng/go matshwanedi teng, ba tla bona karabo. Boleng jwa lekwalo la semmuso bo tla bonagala. • Ikatise ka mefuta e e farologaneng ya makwalo a semmuso sk. lekwalo la kopo, lekwalo go motseleganyi wa lokwalodikgang; lekwalo la ngongorego, jalo, jalo. • Tlhokomela ditlhokego tse di farologaneng tsa makwalo a semmuso jaaka setaele, le kagego • Kwala ka puo e e bonolo ya puosebui • Gakologelwa gore baamogedi ba ba totilweng ba tshedimosetso ba tshwanetse go tlhaloganya se ba bolelelwang ka ga sona gore ditlamorago/tsibogo e nne e e amogelesegang • Go kwala go nne go go tlhamaletseng le go sa dikadike, go utlwala, go nne go khutshwane le go tlhamalalela kwa ntlheng • Le na le matseno, mmele le bokhutlo • Le na le diaterese di le pedi, ya mokwadi le ya moamogedi • Le nne le tumediso ya semmuso, le eterese ya moamogedi • Le nne le setlhogo se se salang tumediso morago se thaletswe • Supa rejisetara ya lekwalo la semmuso • Supa bokhutlo jwa semmuso mme bo latelwe ke sefane sa mokwadi le ditlhakaina
Lekwalo la botsalano	• Kwalela batho ba ba gaufi le wena, sk. ditsala, balosika, jalo jalo. • Kwalela go tlhagisa maikutlo sk. kakgolo, matshediso, kgakololo; jalojalo • Dirisa rejisetara le setaele sa puo e e repileng • Kwala ka puo e e bonolo e e tshelang • Supa tatelano e e lolameng le go sala ntlha/kakanyo e e rileng morago. • Le na le matseno, mmele le bokhutlo • Le na le aterese e le nngwe ya mokwadi, ka letlha le lekwalo le kwadilweng ka lona • Le nne le ditumediso tse di repileng tse di tlang fa morago ga aterese ya mokwadi • Bokhutlo bo repile le go salwa morago ke leina la mokwadi

MEFUTA YA DITLHANGWA TSE DI KWALWANG	
Lenanetema le metsotso	Go kwala memorantamo, lenanetema, le metsotso go botlhokwa fela fa di na le bokao. Tsela e e siameng ya go dira gore ditirwana tse di kwalwang di dire, ke go letlelela barutwana go lebelela bidio, kgotsa go tsenela kopano ya nnete le go ba letla go kwala metsotso, go kwala lenanetema go tswa mo go yona, mme ba bapise lenanetema la bona le lenanetema le metsotso ya nnete ya kopano. E seng jalo, barutwana ba tlhoka go ka rutiwa dikagego ka tsela ya go inaganela.. Tlhama lenanetema la gago le le tla nnang le maloko a maitirelo/a o inaganelang ona mme o letle barutwana go kwala ka seo ba neng ba nagana gore metsotso e ka ga sona, ba etse tlhoko gore ba itepatepanya le lenanetema la metsotso. E, tota ke tirwana ya go kwalwa e e farologaneng gotlhelele go tswa mo go kwaleng metsotso ya nnete... Lenanetema • Neela dintlha ka se go tla buisanwang ka sona kwa kopanong • Romelela balalediwa lenanetema pele ga kopano • Ka metlha lenanetema le thalwa ke modulasetilo le mokwaledi ba o mo gareng ga dilo tse dingwe ba… - ba lekolang metsotso ya kopano e e fetileng go bona dintlha tse di fetiseditsweng kwa kopanong e tlang. - Dira lenane le go phutha dintlha tse kopano e tlaa tlhokang go bua ka tsona.le go: • Rulaganya dintlha go ya ka botlhokwa jwa tsona pele ga kopano • Lekanyetsa gore ke nako e e kae e e tla neelwang ntlha e nngwe le e nngwe.
Metsotso	• Kwala dintlha ka se se diragetseng mo kopanong. • Amogelang metsotso jaaka rekoto ya nnete e e bofang/pateletsang yo mongwe le yo mongwe mo kopanong e e tlang go fitlhela di tsosoloswa gape • Tlhagisa tse di latelang: - Leina la setheo; - Letlha, lefelo le nako e kopano e neng e tshwerwe ka yona. - Rejisetara ya batsenelakopano • Nopola ditshwetso tse di tserwang lefoko ka lefoko • Tlhagisa tshobokanyo ya se se tshitshintsweng le se kwa bofelong go dumalanweng ka sona • Kwala ka pakaphethi • Tlogela dintlha tse e seng tsa botlhokwa jaaka metlae • Morago ga gore e buisiwe le go amogelwa mo kopanong e e latelang, e nna ka fa molaong le go bofa fa e setse e saenilwe le go kwalwa letlha ke modulasetilo
Puo e e kwalwang	• Simolola le go amogela setaele se se tla dirisiwang; leng, kae, goreng (maitlhomo) mang (babuisi/baamogedi/baamogedi) le eng • Matseno e nne a a ngokang babuisi/baamogedi • Aga dintlha sentle o efoge dipolelwana/mafoko a a dirisiwang go feta selekano/phetelela • Tsaya tshwetso gore o kgaotsa kae le gore o ya go dirisa puo efe ya matsogo (ka tlholego) le gore maitlhomo ke afe (tebo ya matlho) • Dirisa digalo tse di farologaneng/fapaaneng (le dintlha) mme o nne o ntse o utlwala. • Dirisa dipolelo tse dikhutshwane, ka dikakanyo tse di bonolo o dirisa dikao tse di tlwaelegileng • Lekalekanya ditemoso ka dithefosano tse di lolameng • Tlhokomela bokhutlo. Tlogela babuisi/baamogedi ka kakanyo/dikakanyo • Dirisa didiriswa tsa pono kgotsa tse dikgongwang mme mafoko a tle pele. • Ga se pateletso go dirisa dintlhathuto (dikarata tsa dikakanyo) , di ka dirisiwa fela fa o batla go lebelela go tswa mo go tsona.. • Dirisa puo e e bontshang kgolo, boleng le lemorago.

MEFUTA YA DITLHANGWA TSE DI KWALWANG	
Imeile/ molaetsakhutshwe	Go sedimosa le go boloka dikamano Aterese ya moamogedi– e gantsi e leng leina la moamogedi, lefelo/ntlha ya kabo ya mafaratlhatlha le leina la naga e lefelo/ntlha ya kabo ya mafaratlatlha le leng kwa go yona. Sekao: masegom (leina) @ gmail (lefelo la kabo ya mafatlhatlha) za (naga) masegom@gmail.co.za • CC: ba e ka nna baamogedi ba ba tshwanetseng go tsaya tsia lekwalo la maranyane/imeile • Setlhogo: se ke tshobokanyo ya diteng tsa lekwalo la maranyane/imeile. • Molaetsa • leina la moromedi Ela tlhoko: aterese ya moromedi e tlhagelela ka gangwe fa lekwalo la maranyane/imeile le amogelwa. Moromedi a ka tlhopha go tlamela ka tshedimosetso e nngwe ya kgolagano kwa bokhutlong. Se se bidiwa tshaeno.
Dipotsotherisano	• Gwetlha motsenelapotsotherisano ka go mmotsa dipotso. • Bontsha dintlha tse di maatla, bokgoni le dintlha tse di bokoa tsa motsenelapotsotherisano jalojalo. • Neela leina la sebui ka fa molemeng wa tsebe • Dirisa khutlokhutlo/khutlwana ka fa morago ga leina la moanelwa yo o buang • Dirisa motlhala o mošwa go bontsha sebui se sešwa
Pegelo (e e tlhomameng le e e sa tlhomamang)	Dipegelo ke ditokomana tse di tlhomameng, di dira botoka fa se se tlhatlhobiwang e le sengwe sa boammaaruri e bile se le botlhokwa mo barutwaneng. Ga go sepe se se maswe go feta fa o kwala pegelo ya maitirelo, kgotsa o kwala pegelo ka se se sa kgatlheng mmuisi: • Neela tshedimosetso e e tsepameng ya maemo, sekao, kotsi le phitlhelelo nngwe le nngwe. • Tlhagisa setlhogo, matseno (lemorago, maitlhomo le boanamo) , mmele (Mang? Goreng? Kae? Leng? Eng? Jang?) , bokhutlo, dikatlanegiso, metswedi, dimametlelelo. • Ipaakanye: kgobokanya le go rulaganya tshedimosetso; kwala dintlha • Dirisa rejisetara, setaele le mokgwa wa puo o o repileng go ya go o o tlhamaletseng. • Dirisa: - Pakajaanong - Maina a kakaretso - Motho wa boraro - Tlhaloso e e nang le dintlha - Mafoko le ditlhaloso tsa setegeniki - Puo e e tlhamaletseng ya kakaretso
Lokwaloikitsiso	Ka ntlha ya gore bontsi jwa batho mo metlheng e ba dirisa dithempoleite go botlhokwa go batlisisa gore thempoleite e e gaisang ke efe, le gore o ikamanye le yona le go e tlatsa ka mokgwa o e tla go tswelang mosola ka teng. Go botlhokwa go gakologelwa gore lokwaloikitsiso lo longwe le lo longwe lo lebelele maemo, sk. lokwaloikitsiso lwa tiro e e rileng lo bue ka botsayakarolo jwa mokwadi mo tirong eo fela. • Ipapaletse/ithekisetse lefatshe mo pampiring • Kwala ka tsela e e leng gore motho yo o sa go itseng a ka kgatlhega fela fa a buisa lokwaloitkitsiso lwa gago lekgetlho lwa ntlha • Tlhagisa tshedimosetso e e lolameng, e tsepame e nne khutshwane • Tshedimosetso e nne maleba le se kopo e se lebileng • Neela: - Tshedimosetso ka ga mong - Borutegi - Maitemogelo a tiro (fa go le maleba) - Dipaki

MEFUTA YA DITLHANGWA TSE DI KWALWANG	
Bukatsatsi	• Bukatsatsi e bontsha ditiragalo tsa letsatsi. • Tlhagisa tlhatlhobo ya letsatsi kgotsa tiragalo. • Kwala go tswa mo ntlhakemong ya mokwadi, molebo o o maleba ke wa motho wa ntlha • Tlhopho ya puo e bonolo e bile e tlhamaletse. • Segalo se tla tlhomamisiwa ke mofuta wa se se kwalwang
Go neela ditaelo	Go bolelela mongwe gore o goroga jang kwa lefelong le le rileng • Dirisa **dikaelo** fa o bolelela mongwe gore o goroga jang kwa lefelong le le rileng. • Dirisa modirisotaelo thata • Dirisa motho wa bobedi yo emelang tlhaeletsano magareng ga mmui le moreetsi • Tlhokomela dintlha tse di latelang fa o neela dikaelo: - Dirisa dipolelo tse dikhutshwane, tse di tlhaloganyegang - Dirisa thulaganyo e e latelanang - Lebisa go kaelo/lefelo le le totobetseng - Bontsha tekanyetso ya sekgala se se tla tsamaiwang - Neela tekanyetso ya palo ya mebila e e tla kgabaganngwang go fitlha kwa lefelong le le ikaeletsweng - Neela tshedimosetso ka matshwao naga a a mo tseleng - Dirisa mafoko a a bontshang maemo - Dirisa mafoko a a bontshang dicaelo - Dirisa mafoko go kopa dikaelo - Dirisa mafoko go bontsha tebogo
Papatso (phasalatso)	• Go ngoka kgatlhego ya mmuisi – o netefatsa gore mafoko a tiriso a tlhagelela sentle. • E bake keletso ya go rua kungo kgotsa tirelo eo • E dire gore mmuisi tota a ye go reka kgotsa a dirise kungo kgotsa tirelo eo. • Tlhokomela dintlha tse di latelang fa o tlhama papatso: - Bareki kgotsa badirisi ba ba tobilweng (e papatso e ikaeletseng go ba fitlhelela/batho ba e ba tobileng) - Lefelo le papatso e yang go tlhaga mo go lona (fa kae mo kuranteng, mo makasineng kgotsa mo mofuteng ofe wa tlhaeletsano) (papatso e ya go tlhagelela fa kae le gona leng – mo mmedieng ofe, ka nako mang kae mo lenaneong kgotsa mo makasineng?) - E ngoke kgatlhego (papatso e ngoka go le go kae?) - Sebopego le bogolo jwa fonto (mokwalotlanyo) - Maikutlo (bonnete kgotsa go tlhoka nnete) le tekanyo magareng ga ntlha le kakanyo - Nonofo ya tlhopho ya mmala kgotsa go tlhokagala ga mmala - Puo e e dirisitsweng (A ke puo e e dirisiwang kgapetsakgapetsa kwa ntle ga bokao, ya poapoeletso, ya botshwantshi, e e gogelang)
Phousetara/ dipampitshana (difolayara) tsa tshedimosetso	• E ka tsaya dipopego tse di farologaneng • E ka dirisa moono le letshwaokgwebo • Ka gale e na le dikarolwana/dintlha tsa pono • E dirisa ditegeniki tsa papatso • E dirisa boalo go dira gore papatso e ngoke e bile e gopolege/e se lebalege bonolo • Puo ya botshwantshi/papiso le diponagalo tsa poko di dirisediwa go nna le tlhotlheletso e e rileng mo mmuising le gore puo e se lebalege, sk. tshwantshanyo, tshwantshiso, poeletsomodumo, morumo, moribo, jalojalo

MEFUTA YA DITLHANGWA TSE DI KWALWANG	
Go tlatsa foromo	• Dirisa foromo mo mabakeng a a farologaneng, sk. go kopa tiro kgotsa matsatsi a khunologo, go tsenela dikgaisano kgotsa dikgaisano tsa bomabontle, jalo jalo. • Neela tshedimosetso jaaka e tlhokwa ke setheo se foromo e romelwang kwa go sona. • Supa se se tlhokagalang, se salwe morago ke khutlokhutlo/khutlwana, sekao. Sefane**:** • Tlatsa ka nepagalo
Tsa botshelo jwa moswi	• Go gopola le go itsise batho ba bangwe ka loso lwa mongwe. • Tlhagisa maina ka botlalo, lefelo le moswi a tsholetsweng kwa go lona, moswi o ne a dula kae, letlha la matsalo, letlha le moswi a tlhokafetseng ka lona, o tlogela bomang (Monna le bana) le maina a bona; nako, letlha, lefelo la phitlho, tshedimosetso e khutshwane ka ga moswi, jalo jalo. • Dingwe tsa tse di latelang le tsona di ka akarediwa: - Se se tlhodileng loso (o sisimoge setso);tshedimosetso ka ga tsa botshelo jwa gagwe.
Konteraka/Tumelano	Ke tumalano e e bofang, e batho ba babedi kgotsa go feta ba tsenang mo go yona. Maikaelelo a konteraka/tumelano ke go tlhama pateletsego/tlamego. Konteraka/tumelano e ka dirwa ka molomo o. (go atlanegisiwa gore konteraka/tumelano e dirwe ka molomo le ka go kwala go bontsha ditshenyegelo le dipaakanyo tsa yona. Dikarolwana tsa konteraka/tumelano: • Maina (mokonteraka, motsenelakonteraka, dipaki) • Dintlha tsa tebo (diteng tsa konteraka/tumelano – go akaretsa le tiro e e tla dirwang, nako le madi fa e le gore go tla nna le madi a a ka tlhokagalang • Tshaeno (Ka batsayakarolo botlhe) • Letlha le lefelo (konteraka e saenelwa kae le gona leng)
Lokwalo lwa boswa/ testamente	Lokwalo lwa boswa lo tsaya tshwetso/lo tlhomamisa gore go diragala eng ka leruo/dithoto morago ga loso. Lokwalo lwa boswa lo netefatsa gore dikeletso tsa moswi di diragadiwe morago ga loso. Lokwalo lwa boswa lo tshwanetse go dula lo ntšhafadiwa le go bolokwa mo lefelong le le bolokesegileng. Lokwalo lwa boswa lo tshwanetse go nna le tse di latelang: • Maina otlhe a mong wa lokwalo lwa boswa • Letlha le lokwalo lwa boswa lo dirilweng ka lona. • Madi, dithoto le leruo • Bajaboswa • Modiragatsi/molaodi wa dikeletso tsa moswi (tsala, leloko la balosika, mmueledi)
Molaotheo le pholisi	Sete ya metheo e e botlhokwa kgotsa melao e e busang setheo, sk. mokgatlho wa polokano, setheo sa bašwa, setokofele, setlhopha sa kgwele ya dinao. • Melao e tshwanetse go dumelanelwa ke batsayakarolo. • Melao e bofa batsayakarolo • E ka fetolwa • Kagego e tshwanetse go akaretsa leina la mokgatlho kgotsa setheo, boloko (botokololo) , dintlha tsa tebo, letlha la tumalano, tshaeno, jalo jalo.

MEFUTA YA DITLHANGWA TSE DI KWALWANG	
DITLHANGWA TSA DIKWALO LE TSA MMEDIA	
Tatelano ya ditiragalo tsa mong	• Go bua ka maitemogelo a mong • Ipaakanyetso: go baakanyetsa maitshetlego kgotsa go tlhoma bokao, sk. *E ne e le ka malatsi a boikhutso* • Go bega ditiragalo tse di diragetseng, gantsi ka tatelano, sk. *Ke ile kwa ga Tumelo... morago...* • Tshedimosetso nngwe e e tlaleletsang ka ga tiragalo e nngwe le e nngwe, sk. *O ne a makaletse go mpona* • Go ithulaganya gape – polelo ya tswalelo e e akaretsang tlhaloso, sk. *Ke eletsa gore nka nna nako e telele le Tumelo. Re jele monate.* • Gantsi e kwalwa ka pakafetileng • E tlotliwa ke motho wa ntlha kgotsa wa boraro • E dirisa makopanyi a nako, sk. *pele, morago, pele ga moo/la bofelo* • E na le go tsepama mo motsayakarolong kgotsa setlhopha sa batsayakarolo. • E ka dirisa setaele se se sa tlhomamang.
Mmuisano	• Bontsha motlotlo magareng ga batho ba le babedi kgotsa go feta. • Rekota dithefosano jaaka di diragala ka tlhamalalo go tswa mo ntlhakemong ya sebui. • Kwala maina a batsayakarolo mo letlhakoreng la molema la tsebe; • Dirisa khutlokhutlo/khutlwana morago ga leina la sebui • Dirisa mola o mošwa go bontsha sebui se sešwa. • Gakolola batsayakarolo (kgotsa babuisi) , gore ba bue jang kgotsa ba tlhagise jang tiragalo e e tsentsweng mo masakaneng pele mafoko a buiwa • Thala pono pele o simolola go kwala.
Thadiso	Dithadiso ga se gantsi di latela mokgwa o o beilweng. Ga di tlhoke go akaretsa dikarolo dingwe tse di rileng tsa lokwalo, difilimi kgotsa didiriswa tse di gatisiwang. Ka kakaretso, bathadisi ba tshwanetse go itse gore ke eng se ba se thadisang le gore ke mang yo o amegang, fela morago ga moo sengwe le sengwe se a itsamaisa. Dithadiso tse dintle di leka go se gobelele fela di nne le boammaaruri; tse di sa siamang di tlhagelela go le gantsi fa mokwadi a thuba pelo, a dira ditshwaelo tsa bokgopo/tšhakgalo. Go tshegisa go tlwaelegile mo dithadisong: mo bathadising bangwe ke letshwao le ba itsegeng ka lona. Tlhagisa dithadiso go tswa mo metsweding e e farologaneng go supetsa barutwana pharologano e e mo mefuteng ya dithadiso. • Lebelela tsibogo ya mong jaaka tiro ya botaki, filimi, lokwalo, tiragalo, jalojalo. • Mothadisi o tlhagisa 'katlholo' ya gagwe ya tiro e e tlhagisiwang • Mmuisi wa thadiso ga a tshwanela go dumelana le mothadisi. • Dithadiso di ama tebo ya mothadisi. Bathadisi ba babedi ba ka tsibogela setlhangwa se le sengwe ka go farologana. • Go neelana ka dintlha tse di maleba, sekao, leina la mokwadi/motlhagisi/motaki, setlhogo sa lokwalo/tiro, leina la mophasalatsi/setlamo se setlhagisang, gammogo le tlhotlhwa (fa go le maleba) .

MEFUTA YA DITLHANGWA TSE DI KWALWANG	
Setlhangwa sa poko	• Kwala ka maitemogelo a gago: - Batho - Tlholego - Dikgang tsa loago - Thekenoloji, jalojalo • Sala popego/kagego morago - Setlhogo - Ditemana • Dirisa puo ya poko • Se letlelela lekwalotetla/laesense poko, sk. itlhokomolose tiriso ya matshwao a puiso kgotsa dipopego tsa puo.
Athikele ya lokwalodikgang	• Tlhagisa dintlha ka boripana le ka nepagalo. • Kgaratlhela go tlhaeletsa mooko wa kgang o sa latlhegelwe ke mmuisi. • Sobokanya ka nepagalo kwa ntle ga go fitlha boammaaruri. • Neela setlhogo se se bonalang sentle o bo o tsenye ditlhogwana tse di tlhaloganyegang sentle. • Simolola ka dintlha tse di botlhokwa thata: mang, jang, leng, kae, goreng le go fitlhelela kae?
Athikele ya makasine	Gantsi, mo diathikeleng tsa makasine, dilo tse di ratwang le tse di sa ratweng le mokgwa o o sa tlwaelegang wa mokwadi, di botlhokwa mme di tshwanetse go rotloediwa mo barutwaneng. Ba tshwanetse go itlwaetsa go kwala diathikele tsa makasine tse di tswileng diatla ka sengwe le sengwe se ba boneng se le botlhokwa go ka kwala ka ga sona, gammogo le diathikele tse di tshegisang gore ba kgone go tshegisa, kgala, go ntsha bodutu, go tshega ka ga sengwe, le go sekaseka ka tsenelelo setlhogo sengwe se se maleba. Bontsi jwa diathikele tsa makasine tse barutwana ba di buisang ke tsa mofuta o. Inthanete e tletse ka diathikele, diteng le mokgwa o di kwadilweng ka ona ga di a farologana thata le tse di kwadilweng, fa o ka di lebelela, bogolo jang jaaka di tlhagelela mo dibolokong, o ka utlwa o di rata. Fa o sena go dira gore barutwana ba itirele diboloko mo dipampiring (le fa gone go na le barutwana bangwe ba ba nang le diboloko tse e leng tsa bona) go ba tlamela ka bokwadi jo bo humileng, jo bo ngokang kgatlhego ya babuisi, jo bo atametsang diteng, le segalo se se maleba. Dirisa tse di latelang: • Setlhogo se gogele le go kgatlhisa • Mokgwa wa go bua o o totileng motho, o lebagane le mmuisi • Mokgwa o, o ka tlhalosa le go dirisa botshwantshi, wa gwetlha boikakanyetsi jwa mmuisi • Maina, mafelo, dinako, maemo le tshedimosetso nngwe le nngwe e e botlhokwa mme di tshwanetse go akarediwa mo athikeleng • Athikele e tshwanetse go tsosolosa kgatlhego fela vaaka le papatso, e rotloetse mmuisi go dirisa kuno kgotsa thuso eo. • Ditemana ga di a tshwanela go nna ditelele thata mme di tshwanetse go rotloetsa gore athikele e buisiwe. • Fonto e tshwanetse go nna e e sa ntshofadiwang mme e gogele.
Tlhagiso ka ga tiragalo nngwe/tiragalo ya botshelo jwa mongwe/ dokhumentari	• Dipatlisiso tse di tletseng tsa botshelo jwa mongwe, sekao. mogaka (metshameko, thuto, tsa sedumedi) , le pegelo ka diphitlhelelo tsa tsona. • Se, se ka akaretsa diphitlhelelo le dikgwetlho tse motho yo o batlisisiwang a kopaneng le tsona pele a fitlhelela kwa setlhoeng. • Maina, mafelo, dinako, maemo le dintlha dingwe le dingwe tse di botlhokwa di tshwanetse go akarediwa mo dokhumentharing • Simolola ka dintlha tsa botlhokwa. Mang, eng, jang, leng, kae, goreng le bo kana kang

BOLEELE JWA DITLHANGWA TSA PUO YA GAE (TSE DI TLA TLHAGISIWANG KE BARUTWANA)			
TIRO	**MOPHATO 7**	**MOPHATO 8**	**MOPHATO 9**
Temana • **Mafoko** • **Dipolelo**	Mafoko a le100 –120 Dipolelo di le 8 – 10 Ditemana di le 4-6	Mafoko a le 120 – 140 Dipolelo di le 8 – 12 Ditemana di le 5-8	Mafoko a le 140 – 160 Dipolelo di le 8 – 12 Ditemana di le 5-8
Tlhamo	Mafoko a le 150 – 200 Ditemana di le 4-6	Mafoko a le 200 – 250 Ditemana di le 5-8	Mafoko a le 250 – 300 Ditemana di le 5-8
Leboko	Ditemana di le 2-3	Ditemana di le 3-4	Ditemana di le 4-8
Kgangkhutshwe, akaretsa dinaane	Tsebe e le 1 Ditemana di le +/-6	Ditsebe di le 2 Ditemana di le +/-12	Ditsebe di le 3 Ditemana di le +/-24
Mmuisano/terama (motshameko wa pono e le nngwe)	Tsebe e le 1	Ditsebe di le 2	Ditsebe di le 3
Ditlhangwa tse di leele, sk. makwalo	Mafoko a le 120-140	Mafoko a le 140-160	Mafoko a le 160-180
Ditlhangwa tse dikhutshwane	Mafoko a le 80 - 90	Mafoko a le 90 – 100	Mafoko a le 100 – 110
Tshobokanyo	Mafoko a le 50 – 60 ka setlhangwa sa mafoko a le 240	Mafoko a le 60 – 70 ka setlhangwa sa mafoko a le 260	Mafoko a le 70 – 80 ka setlhangwa sa mafoko a le 280

BOLEELE JWA DITLHANGWA TSA PUO YA GAE (TSE BARUTWANA BAT LA DI DIRISANG)			
TIRO	**MOPHATO 7**	**MOPHATO 8**	**MOPHATO 9**
Ditlhangwa tse di leeele tsa tekatlhaloganyo ya theetso, sk. kgang, dipotsotherisano, metshameko (diterama) , dipegelo tsa dikgang	Mafoko a le 150-200/ go fitlha go metsotso e le 5	Mafoko a le 200-250/ go fitlha go metsotso e le 5	Mafoko a le 250-300/ go fitlha go metsotso e le 5
Ditlhangwa tse dikhutshwane tsa tekatlhaloganyo, sk. dikitsiso, ditlhangwa tsa tshedimosetso, ditaelo, dikaelo	Mafoko a le 60-70/go fitlha go metsotso e le 1-2	Mafoko a le 70-80/go fitlha go metsotso e le 1-2	Mafoko a le 80-100/ go fitlha go metsotso e le 1-2
Ditlhangwa tsa tekatlhaloganyo ya puiso/ puisotsenelelo	Mafoko a le 150-200	Mafoko a le 200-250	Mafoko a le 250-300

Boleele jwa ditlhangwa tsa puiso e e katolositsweng ga bo a rebolwa ka seno se laolwa ke mofuta wa setlhangwa, bomarara jwa puo le maemo a go buisa a barutwanana.

3.1.4 DIPOPEGO TSA PUO LE MELAWANA YA TIRISO

Dipopego tsa puo le melawana ya tiriso e raya melawana e e laolang tiriso ya matshwao a puiso, ditlhakakgolo, ditlhaka, medumo, mafoko, dipolelo le ditemana mo tirong ya molomo le e e kwalwang. Di akaretsa mopeleto, kapodiso, thutapuo, temogo e e tseneletseng ya tiriso ya puo, jalojalo.

Dikgono tsa go reetsa, go bua, go buisa le go kwala ga di kgone go ka dirisiwa fa o se na kitso e e tebileng ya dipopego tsa puo le go ikatisa go di dirisa. Barutwana le bona ba tlhoka tlotlofoko e ntsi, e gongwe e leng ntlha e le nngwe e e botlhokwa e e ka kgontshang motho go tlhaeletsana sentle. Tlotlofoko e ntsi e botlhokwa mo dikgonong tsotlhe tsa puo, bogolo thata mo puisong le go kwala. Mokgwa o o nonofileng wa go tokafatsa thutapuo le go godisa tlotlofoko ya barutwana ke ka go buisa ka tsenelelo mo phaposiborutelong le kwa ntle.

Barutwana ba tla ithuta mokgwa o **dipopego tsa puo le melawana ya tiriso** di dirisiwang ka gona, mme ba tla godisa puo e e kopanetsweng ya go bua ka ga puo e e dirisiwang (ditlhagiso le dipolelwana tse di dirisiwang fa go

buiwa ka ga puo) , gore ba tle ba kgone go tlhatlhoba ditlhangwa tsa bona le tse dingwe ka tsenelelo ba lebile bokao, bokgoni le nepo. Ba tla kgona go dirisa kitso e go lekeletsa ka puo go aga bokao go tswa mo dikgatong tsa lefoko le polelo go ya mo ditlhangweng, le go bona gore setlhangwa le bokao di nyalana jang. Ka go dira ka ditlhangwa tse di farologaneng, barutwana ba atolosa tiriso ya bona ya tlotlofoko mme ba dirisa go tlhaloganya ga bona ga **dipopego tsa puo le melawana ya tiriso sentle.**

Go solofetswe gore **dipopego tsa puo le melawana ya tiriso** di rutwe mo tirisong jaaka dikgono tse dingwe tsa puo di rutiwa le go godisiwa/tlhabololwa. Dithulaganyo tsa thuto di na le lenaane la dipopego tsa puo le melawana ya tiriso tse di tshwanetseng go dirwa mo Mophatong o mongwe le o mongwe. Fa o tlhopha ditlhangwa tsa Go reetsa le tsa Go buisa tsa tsheko/sediko sa dibeke di le pedi, netefatsa fa di tsenyeleditse dikarolo tsa puo tse o batlang go di ruta. Tlhama ditirwana tse di nyalanang le ditlhangwa tse di tla letlang barutwana go ithuta ka tsona mo tirisong. Fela jalo, ditlhangwa tse barutwana ba tla di kwalang di tla akaretsa dikarolo dingwe tsa puo. Neela barutwana dikaelo ka tiriso e e maleba ya dikarolo tse. Tlhopha dikarolo dingwe tse barutwana ba nang le mathata ka tsona mme o ba neele katiso e e tlhomameng. Mo Kgatong e Kgolwane, ura e le nngwe mo tshekong/sedikong sa dibeke di le pedi e beetswe kwa thoko go neelana ka thuto e e tlhomameng le go ithuta Dipopego tsa Puo le Melawana ya tiriso.

Lenane le le fa tlase le bontsha dipopego tsa puo le melawana ya tiriso tse barutwana ba tshwanetseng go di ithuta ka nako ya dikgato tsa go reetsa, go bua, go buisa le go kwala. Dipopego tse di tshwanetse go rutwa di le mo tirisong ka mokgwa o o lotagantsweng go dirisiwa mefuta e e farologaneng ya ditlhangwa tsa molomo, pono le tse di kwadilweng. Gape di tshwanetse go rutwa di ikemetse ka botsona ka nako e e beetsweng kwa thoko jaaka go tlhokagala

DIKAO TSA DIPOPEGO TSA PUO LE MELAWANA	
Matshwao a puiso	Khutlo, letshwao la tsiboso, letshwao la potso, phegelwana, khutlwana/khutlokhutlo, lenalana, ditsejwana, masakana, tlamanyi, tlogelo
Mopeleto	Dipaterone tsa mopeleto, melawana ya mopeleto, khutshwafatso ya mafoko, tiriso ya thanodi
Dikarolo tsa mafoko	Ditlhogo, megatlana le medi
Maina	Ditlhogo tsa maina (go akaretsa le setlhopha sa **go**) Mainatota (sk. . *Masego, Ngaka*) le mainagotlhe (mosadi*, ngaka*) Maina a a nang le bongwe le bontsi (a a balegang) (sk. *setulo/ditulo*) le maina a a se nang bongwe le bontsi (a a sa balegeng) (sk. sukiri*, moriri*) Mainakgopolo, sk. *lorato, letshogo, maitseo* Mainatswako, sk. molagodimo*, Modisapodi* Mainagoboka, sk: Motshitshi wa dinotshi Setlhophaina sa **Go-** sk. *Go ja* go monate; *Go bua* go a lapisa, jalojalo. Bongwe le bontsi sk. *monna/banna* Maina a a sa fetogeng ka palo mo bongweng, sk. *Metsi, mathe* Mainarui, sk. Ke sejana *sa ga Masego,* Ke ntšwa *ya ga Pule* Letiro le sedirwa, Bong, sekao. mokoko> sethole, monna> mosadi Nyenyefatso ka megatlana –ana le -nyana: *Kgomo-kgongwana/molapo-molatswana/tsebe-tsejwana/mosimane-mosimanyana/letlalo-letlalonyana* Mainamatswa (a a bopiwang go tswa mo dikarolong tse dingwe tsa puo, sk. *disa-modisa/dira-modiri/kgaka-bokgala*
Masupi	Masupi a maemo a ntlha, sk. Mosimane ***yo*** o jele nama. Masupi a maemo a bobedi, sk. Mosimane ***yoo*** o jele nama. Masupi a maemo a boraro, sk. Mosimane ***yole*** o jele nama.

DIKAO TSA DIPOPEGO TSA PUO LE MELAWANA	
Maemedi	Maemeditho jaaka sediria: *nna, wena, ena, yona, rona, bona* (sk, **Ena** o buisa buka) . Maemeditho jaaka sedirwa se se tlhamaletseng kgotsa se se sa tlhamalalang (leina ga le dirisiwe) : *nna, wena, ena, yona, rona, bona* (sekao, O mphile **yona**) Maemeditota: *ona, tsona, yona, lona,* jalojalo
Matlhaodi	Matlhaodi a popego, sekao. *Ke monna **yo mogolo*** (morago ga leina);***Yo mogolo** monna o sietse kwa nageng* O ka gokelela tlhogo mo kutung ya letlhaodi la popego- Sekao: tona - motona, kima - mokima *(Logong lo lokima lo robegile) .* -O ka gokelela mogatlana –ana/-nyana mo kutung ya letlhaodi *(Pududu+-ana>Pudutswana: Podi e pudutswana)* Letlhaodi la mmala: sekao. Mosadi o apere mosese ***o motala**.* Letlhaodi la mmala go ya ka bong. *(Sekao Ntsho –Tshwana, tshweu- Tshwaana, Phatshwa-Phatshwana)* Matlhaodi a palo*: nngwe, pedi, gabedi, gangwe*
Madiri	Kutu ya lediri, ledirilefetedi, ledirilefeledi, lediritota, kopulatifi, sekao (ke nna) , madirimatlhaedi, madiritota, katoloso ya madiri (madirimatswa) , **Mediriso** • Modirisokeletso: *Ke tla mo lemosa gore a di bone fa ke mmona.* • Modirisotaelo: *Se nwe o kgweetsa! Itlhokomele!* • Modirisopego: *Bontšhwe ga ba kgone go fofa.* • Modirisogo: *Go tsamaya go ruta* • Modirisokgonego: *Malome a ka ruta ngwana go apaya.* • Modirisotlwaelo: *Mme o a tle a kgweetse koloi*
	Madirimathusi a a golaganeng le mediriso Go tlhagisa kgonego/le go sa kgone, sekao. N**ka** bua Sejeremane. *N**ka se** bue Sejeremane*/O **kgona go** boela kwa tirong*/Ga a **kgone go** ka boela kwa tirong.* Go tlhagisa tetla, sekao. A **nka** dirisa phaposi ya go tlhapela*? A **nka** tsamaya pele ga nako? A **nka*** *botsa potso? Ee, go siame **o ka** e dirisa.* Go tlhagisa taelo/kopo, sekao. **A o tla** bula letlhabaphefo, tswee-tswee*./**A o ka** ntetla go tsena?*
	Dipaka tsa madiri Pakajaanong, sekao. *Ke tshameka tenese le ngwanake.* Pakajaanong-tsweledi, sekao. *O lebeletse thelebišene.* Pakapheti, sekao. Ke tsamaile/ke agile mo Mahikeng Pakapheti-tsweledi sekao. *Bana ba ne ba robetse fa molelo o simolola.* Pakatlang, sekao. Mme *Molefe o tla ruta mophato wa 10/Ke a dumela **o tla** itumelela setshwantsho/Ke **tla**, tlago go bona ka moso.* Pakajaanong e dirisitswe go bua ka nako e e tlang, sekao. *Ka moso ke letsatsi la boikhutso.* Pakatlang/isago- tsweledi, sekao.*Ke **tla bo ke dira** beke e e tlang yotlhe.*
	Dithuanyi Thuanyi sediri Thuanyi sedirwa

DIKAO TSA DIPOPEGO TSA PUO LE MELAWANA	
Matlhalosi	Letlhalosi la **mokgwa**, sekao. *Ka tidimalo, ka kelotlhoko, ka maitseo, ka bonolo, ka bonako.* Letlhaolosi la **nako**, sekao: maabane, ka moso, ngogola, beke e fetileng*, ka letsatsi le le latelang, kgwedi e tlang, maloba, letsatsi le latelang* Letlhalosi la **felo**, sekao. *Modise o ile **kwa gaabo Masego*** Polelwanakala tlhalosi, sekao, , mo godimo ga tafole
Makopanyi le mafoko a a **tiriso**	Tatelano: *ntlha, bobedi, boraro, pele, morago, leng, moragonyana, go fitlhela, kwa morago, go latela, jaanong, kgale, morago ga* Tlhaloso/lebaka le tiragatso: ka jalo*, kwa bofelong, gonne, ka lebaka le, f*a e sa le*, ka lebaka la gore, ka gore, ke sone se, go latela sa gore, fa … mme* Tsamaiso: Ya ntlha*, ya bobedi, ya boraro.* Papiso: *tshwana le, farologana le, nnye go, tona go, le fa go ntse jalo, mme* Thulaganyo ya botlhokwa: Ka nako tsotlhe, *kwa bofelong* Go akaretsa: *ka kakaretso, mo bofelong/kwa bokhutlong* Tlhopho ya temana*: ka kakanyo ya me, ke dumela gore, kgopolo, tlhaloganyo ya, ke akanya gore, ke tlhokomela, ke dumela, e kete mo go nna, ke rata//ga ke rate/tshepa/utlwa* Temana e e tlhalosang: *godimo, fa tlase, kwa ntle ga, gaufi, bokone/botlhaba/borwa/bophirima, bogolo, mmala, popego, maitlhomo, boleele, bophara, boima/bokete, lebelo, e ntse jaaka, tshwana le* Temana ya go lekanyetsa**:** *bontle/maswe, nepagetse/go sa nepagala, go nna le botho/go sa nne le botho, tshiamo/phoso, botlhokwa/go tlhoka boleng, tshitshinyo, katlenegiso, keletso, ganetsana* Temana ya bokhutlo: *go tswalela, fa ke feleletsa, mo tshobokanyong, ka bokhutshwane, jaaka lo bona*.
Maetsi	Sekao: tšhutšhu, phatšha, thwaa, phaa, tu, jalojalo
Malatlhelwa	Ijo!, mmaloo!, wai!, heela!
Kgodiso ya tlotlofoko le dikapuo	Makaelegongwe, malatodi, mainamatswa, makwalatshwana, ditumatshwana, poeletsomodumo (ditumammogo le ditumanosi) , lefoko le lengwe boemong jwa polelwana Dikapuo (tshwantshanyo, tshwantshiso, mothofatso, phefofatso, , pheteletso, kemedi, kobiso, tshotlo, kaediso, kganetso, kgakantsi, go tshameka ka mafoko sekao) Polelo e e tlhalosang sengwe/tiragalo gore e lebege e se botlhokwa/e se maswe go na le ka moo e ntseng ka teng Maele, diane le dithamalakwane Maadingwa, mafoko a maswa (tiriso ya mafoko a maswa) , le phetogo ya maina go ya ka dipatlisiso (tshimologo ya mafoko) Botemepedi, puo ya ditlhopha tse di rileng/ya kwa mebilengg, puo ya dithutego tse di rileng, kapodiso, p**uo e e sekamelang ka fa letlhakoreng le le lengwe, puo e e nyatsang**, p**uo e e tsosang maikutlo a a rileng**, kgethololo ya bong, jalojalo. Dirisa puo mo maitlhomong a a kgethegileng, ke gore, go dirisa rejisetara e e maleba le baamogedi, sekao. Motlotlegi, jalajalo

DIKAO TSA DIPOPEGO TSA PUO LE MELAWANA	
Dipolelo	Polelwanakutu: **Re etetse Thekwini** fa mariga a fela. Polelwanakalatlhalosi (nako) –**fa mariga a fela.**. Polelwanakutu: **Re ne ra etela Thekwini** gonne go ne go le mogote mariga Polelwanakalatlhalosi (lebaka) **gonne go ne go le mogote mariga.** Polelwanakutu: **Ditshwene** tse di utswitseng mmidi **di tshabile** Polelwanakalatlhaodi- **tse di utswitseng mmidi** Polelwanakutu: **Mogokgo o buile** fa barutwana botlhe ba ba sa direng ba ka se falole Polelwanakalaina- **fa barutwana botlhe ba ba sa direng ba ka se falole** Polelwanakalatlhalosi ya teseletso (fela) Ke tla go duela sentle **fela fa o dira ka natla.** Polelwanakutu: **Ke tla go duela sentle** fela fa o dira ka natla**.**
Dipolelwana	Dipolelwana tse di feleletseng: Lefelo la bojanala le e leng kgogedi mo Limpopo ke lefelo la Mapungubwe. Polelwana ya leina: Yunibesithi ya Kapa ke nngwe ya tse di gaisang mo Aforika. Polelwana e e simololang ka **Go**: Go etela serapa sa Kruger National Park, go ne go itumedisa thata. Polelwana ya lediri: Ditlhopho tsa ntlha tsa temokerasi di ne di tshwerwe ka 1994.
Dipolelo	Polelonolo, polelotswako, polelopate
Tirwa	Pakajaanong: Dikgomo di bolotswa ke basimane. Pakajaanong – tsweledi, Bogobe bo jewa ke bana. Pakajaanong-phethi, sekao, Go butswe lebenkele le lešwa monongwaga. Pakaphethi, sekao, Dikolo di ne di tswetswe ka matsatsi a boikhutso. Pakaisago/pakatlang, sekao, Sekolo se tla etela kwa Lehurutshe
Puopegelo le puosebui	Puopegelo, sk. *O ne a mpotsa gore ke eng ke le thari/O ne a mpotsa gore ke rata mmino ofe.* *O ne a re o a tsamaya gonne go ne go le thari/o mpoleletse gore o latlhegetswe ke buka.* Puosebui: *“goreng o tlile thari?” A mpotsa*. *“Go thari, ke a tsamaya.”*

3.2 LENANE LA PHATLHALATSO YA DITLHANGWA

DIBEKE	MOPHATO 7	MOPHATO 8	MOPHATO 9
KGWEDITHARO 1			
1 le 2	Kgang	Kgang	Setlhangwa sa tshedimosetso – papatso/phasalatso, phousetara
3 le 4	Leboko	Setlhangwa sa tshedimosetso le puo	Padi, terama, kgangkhutshwe, poko
5 le 6	Leboko, terama	Padi, terama, kgangkhutshwe	Setlhangwa sa tshedimosetso – setlhangwa sa konteraka/tumelano
7 le 8	Kgangkhutshwe, dinaane	Setlhangwa sa tshedimosetso sk. athikele ya makasine/ lokwalodikgang	Padi, terama, kgangkhutshwe, poko
9 le 10	Kgangkhutshwe, leboko	Setlhangwa sa pegelo ya dipatlisiso	Setlhangwa sa tshedimosetso – sk. pegelo ya lekwalodikgang kgotsa makasine
KGWEDITHARO 2			
1 le 2	Patsana, terama, poko	Setlhangwa sa tshedimosetso se na le tse di bonwang, sk. mmepe/ matshwaonaga/dikale/ditšhate/ ditshwantsho	Padi, terama, kgangkhutshwe, poko
3 le 4	Setlhangwa sa tshedimosetso se na le tse di bonwang, sk. papatso (phasalatso) dithalo; ditshwantsho; dikerafo; phousetara; tlhaloso ya selo, setlhangwa sa pono	Setlhangwa sa tshedimosetso – sekao. setlhangwa sa ponokutlo –ketsiso/foramo (makgotlhana) / dipuisano tsa lekoko	Thadiso ya setlhangwa - padi, terama, kgangkhutshwe, poko
5 le 6	Setlhangwa sa tshedimosetso – sk. ditsamaiso, ditaelo, setlhangwapono, sekao. ditshate/ manane/dithalo/ditshwantsho/ dikerafo	Setlhangwa sa tshedimosetso – sekao. potsotherisano	Padi/terama/kgangkhutshwe/poko - kitsiso/lenanetema le metsotso
7 le 8	Padil/terama	Thadiso ya kgang	Setlhangwa tshedimosetso se na le tse di bonwang –sekao. papatso/ phasalatso – thadiso
9 le 10	**TLHATLHOBO YA BOFELO**		
KGWEDITHARO 3			
1 le 2	Setlhangwa sa tshedimosetso –sk. lokwalo lwa dipotsolotso kgotsa foromo Leboko	Terama	Setlhangwa sa tshedimosetso – Lokwalo lwa boswa le tesetamente
3 le 4	Terama, leboko	Setlhangwa sa tshedimosetso – athikele ya lokwalodikgang/ makasine	Padi , terama, kgangkhutshwe, poko – Go kwala setlhangwa sa tirisano –lekwalophelegetso le lokwaloikitsiso
5 le 6	Setlhangwa sa kitsiso, lenonetema le metsotso	Padi , terama, kgangkhutshwe; leboko – lekwalo le le tlhomameng/ le le sa tlhomamang	Padi, terama, kgangkhutshwe, poko – Go kwala tlhamo
7 le 8	Athikele ya lokwalodikgang/ makasine ka dintlha tsa jaanong	Padi , terama, kgangkhutshwe; leboko – go kwala kgang	Padi , terama, kgangkhutshwe; leboko – go kwala setlhangwa sa tirisano – karata ya taletso le ya go amogela taletso
9 le 10	Setlhangwa sa tshedimosetso – dikaelo	Setlhangwa sa kanelo – padi, kgangkhutshwe, poko	Terama – go kwala mmuisano

DIBEKE	MOPHATO 7	MOPHATO 8	MOPHATO 9
KGWEDITHARO 4			
1 le 2	Padi, terama, kgangkhutshwe	Setlhangwa sa tshedimosetso: Athikele ya lokwalodikgang/ makasine	Padi, kgangkhutshwe – go kwala lekwalo la kopo
3 le 4	Setlhangwa sa tshedimosetso ka bukatsatsi, imeile/lekwalo la maranyane, melaetsakhutshwe, difolaeyara/dipampitshana tsa tshedimosetso	Padi , terama, kgangkhutshwe; leboko	Padi , kgangkhutshwe; leboko – go kwala imeile/lekwalo la maranyane
5 le 6	Padi, terama, kgangkhutshwe; dinaane	Terama/motshameko, leboko – pegelo ya bobegadikgang	Padi , kgangkhutshwe; leboko – go kwala tsa botshelo jwa moswi, bukatsatsi, karata ya taletso
7 le 8	Poeletso ya ditlhangwa – go ipaakanyetsa tlhatlhobo	Poeletso ya ditlhangwa – go ipaakanyetsa tlhatlhobo	Poeletso ya ditlhangwa – go ipaakanyetsa tlhatlhobo
9 le10	**TLHATLHOBO YA BOFELO**		

3.3 DITHULAGANYO TSA GO RUTA

Barutwana ba bantsi ga ba lesego mo kgatong e kgolwane ka e le bokhutlo jwa thutho ya pateletso. Morago ga mophato wa 9, barutwana ka bontsi ba ya go batla tiro kgotsa ba latela dipilediwa tsa boiphediso. Ke mo motheong o gore tlhatlhoso ya maemo a thuto a tshwanetseng go ya kwa godimo. Mo barutwaneng mo kgatong e kgolwane. Barutwana ba tshwanetse go tlhagisiwa mo kitso e e anameng. Ponagalo e e tla ba tlogelang ba baakantswe sentle go itepatepanya le bokamoso.

Go tlhatlhoswa ga Puotlaleletso ya ntlha, mo Kgatong e Kgolwane e batile go lekane le ya Puo ya Gae. Pharologano ke tsenelelo ya dithlangwa tse di diritsweng/buisitsweng le tse di tlhagisitsweng. Barutwana ba ba mo Kgatong e Kgolwane ba tshwanetse go buisa mefutakwalo le mefuta ya ditlhangwa tse ba tshwantseng go di tlhagisa. Go rutwa go, go tla kgontsha barutwana go lebagana le ditšhono tseo ba di buletsweng, le go gatelela go tlhaloganya kitso ya diteng.

Dithulaganyo tsa go ruta di bontsha bonnye jwa diteng tse di tshwanetseng go akarediwa mo dibekeng dingwe le dingwe di le pedi tsa kgweditharo. Barutabana ga ba patelediwe go fetsa diteng tsotlhe tse di tlhaotsweng go rutwa mo tshekong/sedikong sa dibeke di le pedi. Morutabana ga a patelesege go ruta diteng tse di tlhaotsweng go ya ka tatelano e e neilweng mme le nako e e neilweng ke sesupo sa gore a ka dirisa bonnye nako e kana kang go ruta diteng tse di tlhaotsweng. Seno se raya gore, ga di salwe morago ka mokgwa o di ntseng ka ona. Barutabana ba tshwanetse go itlhamela Thulaganyetsotiro ba dirisa dithulaganyo tsa go ruta, dibukakgakololo tsa bona le metswedi e mengwe go ruta diteng ba dirisa tatelano le kgato e e maleba. Barutabana ba rotloediwa go dirisa diteng kgotsa dikgopolo tse di amanang le tikologo ya bona.

3.3.1 Mokgwa o ditlhangwa di golaganang ka teng mo tshekong/sedikong sa dibeke tse pedi

Ditlhangwa tse di farologaneng di dirisitswe jaaka motheo wa go tlhama tsheko/sediko sa go ruta sa dibeke tse pedi. Di tlhophilwe go ya ka gore di golagana jang go bopa karolo (yuniti) e e kopaneng, sekao barutwana ba tla reetsa kgangkhutshwe mme morago ba e buise. Ba tla kopiwa go kwala tlhaloso e khutshwane ya molomo ya lefelo kgotsa motho (e e tla golaganang le kgang) kgotsa ba ka kopiwa go kwalela moanelwa wa kgang lekwalo. Tlhophang morero wa tsheko/sediko se sengwe le se sengwe sa dibeke tse pedi o o tla go kgontshang go golaganya ditirwana ka katlego. Lebaka la go dirisa merero ke go kgontsha gore tlotlontswe e dirisiwe gape le dipopego tsa puo mo bokaong jo bo utlwalang.

Dipopego tsa puo tse di tshitshintsweng mo tshekong/sedikong sengwe le sengwe di ikaelela go gatelela ditlhangwa tse di tlaa tlhagisiwang mo tshekong/sedikong se. Morutabana a ka oketsa ka dipopego tse dingwe tsa puo ka nang mosola mo thutong e.

3.3.2 Mokgwa o ditlhangwa/ditirwana di latelanang ka ona go ralala tsheko/sediko sa dibeke tse pedi

Ditlhangwa ga di tlhoke go rutiwa ka tatelano e e rileng. Mo mabakeng a le mantsi, go tshwanetse ga nna le tirwana/ setlhangwa sa theetso le go bua, go ipaakanyetsa tirwana ya go buisa le ya go kwala. Ka dinako tse dingwe, tirwana ya Go reetsa le Go bua e tshwanetse go tswa mo setlhangweng sa puiso. Barutwana ba tshwanetse go dira ka ditlhangwa tsa mefuta e e farologaneng ya molomo le ka go di buisa pele ba kopiwa go kwala ditlhangwa tse. Mo mabakeng a le mantsi, setlhangwa se se reediwang jaaka kgang kgotsa pegelo ya dikgang se tla farologana le go nna mo maemong a magolwane a a fetang a barutwana ba tlaa a buisang. Seno ke ka ntlha ya gore kgono ya bona ya go reetsa e godile go feta kgono ya bona ya go buisa.

3.3.3 Mofuta wa ditlhangwa tse di tlhaotsweng le tse di atlanegesiwang

Ditlhangwa tse di tshwanetseng go rutwa mo tshekong/sedikong se sengwe le se sengwe sa dibeke di le pedi di totobaditswe mo thulaganyong ya go ruta mme di tshwanetse go nna teng mo bukokgakololong e e tlhaotsweng. Mo mabakeng a le mantsi, ga go na mofuta o o totobetseng wa kgang e e tlhaotsweng. Ditlhopho di ka dirwa go tswa mo mefuteng e e farologaneng ya ditlhangwa tse dišwa (nako e le nngwe) , dikgang tsa ikakanyetso (jaaka tsa tekelelo, setlhangwa sa saense) dikgang tsa hisetori (jaaka makwalotshelo) le dikgang tsa setso/dinaane (jaaka dikinane, dinoolwane le mainane) tse di leng teng. Seno ke nnete ka ga maboko le metshameko.

Go tla nna le ditlhangwa tse di tlhophilweng go tswa mo padisong/dipadisong/dibuka tse dingwe (puiso e e katolositsweng) mme di tla tshegetsa ditlhangwa tse di buisitsweng mo karolong e e tlhaotsweng. Di ka nna mofuta o o tshwanang wa setlhangwa (go gatelela go tlhaloganya popego ya setlhangwa) kgotsa mofuta o o farologaneng wa setlhangwa (go tsosolosa kgatlhego e e tswelelang le go katolosa tlhatlhamano ya dikgono tsa puiso) . Mo mabakeng otlhe, puiso e ya tlaleletso, e tshwanetse go golagana le ditlhogo le dithitokgang tse di tlhophetsweng ditlhangwa tse di tlhaotsweng mo tshekong/sedikong seo sa dibeke di le pedi.

3.3.4 Go lotaganngwa ga dikgono tsotlhe tsa puo mo tshekong/sedikong sa dibeke di le pedi

Le fa dikgono di tlhagisitswe di kgaogantswe mo thulaganyong ya go ruta, di tshwanetse go rutiwa ka mokgwa wa go akaretsa mo go ka kgonegang, sk. mo go rutiweng ga potsotherisano, barutwana ba ka buisa setlhangwa se se kwadilweng ba bo ba kopiwa gore ba tlhagise potsotherisano e e kwadilweng kwa bofelong. Tlhopho ya dikarolopuo tse di tshwanetseng go rutiwa mo nakong e e rileng e tshwanetse go natlafatsa tlhagiso le go tlhaloganya ditlhangwa tsa molomo le tse di kwadilweng, tse di tshwanetseng go tlhagisiwa mo tshekong/sedikong seo, sekao matlhaodi, makaelagongwe, malatodi, matlhalosi le dipaka di baakanyetsa barutwana go kwala tlhamo ya kanelo kgotsa ya tlhaloso. Modirisokgonego o mosola fa barutwana ba kwala tlhamo ya maitlhomo.

Ditogamaano tsa ditiro tsa molomo le tsa go kwala tse di tshwanetseng go rutiwa mo dibekeng dingwe le dingwe tse pedi di tshwanetse go kaelwa ke mofuta wa setlhangwa se se tshwanetseng go tlhagisiwa, sekao, fa o ruta tlhamo ya kanelo, barutwana ba tshwanetse go rutiwa go kwala ditemana tsa ditiragalo tse di latelanang, mme fa ba kwala tlhamo e e sa tseyeng letlhakore ba tshwanetse go rutiwa go kwala temana ya tsamaiso.

3.3.5 Ka mo Dipopego tsa Puo le Melawana ya tiriso di ka rutiwang ka teng.

Diteng tsa karolo ya “Dipopego tsa puo le melawana ya tiriso” di amana thata le mefuta ya ditlhangwa tse di tlhaotsweng ka fa tlase ga ditlhogwana Go reetsa le Go bua, Go buisa le Go lebelela, le Go kwala le Go tlhagisa,

mme ka tlwaelo di tla tlhokomelwa mo dikgatong tsa go sekaseka setlhangwa le ka nako e e abetsweng ya Go reetsa le Go bua, Go buisa le Go lebelela, le Go kwala le Go tlhagisa. Sekao, fa kgang e dirwa, barutwana ka tlwaelo ba tla dirisa pakafetileng e e bonolo mme ba tla buisa ditlhangwa ba dirisa paka e. Le fa go ntse jalo, go botlhokwa gape gore ditirwana di tlhamiwe tse di tsepamisiwang mo dipopegong tse di rileng tsa puo, di le mo tirisong. Tlhophang dintlhana go tswa mo karolong ya “Dipopego tsa Puo le Melawana ya tiriso ” go ruta barutwana puo e ka tlwaelo e fitlhelwang mo mofuteng wa setlhangwa o o totilweng le ka thulaganyo e e tshegetsang molebo wa tlholego o o kgodisang wa go godisa puo. Ga se dintlhana tsotlhe tse di tshwanetseng go rutwa mo tshekong/sedikong se se neilweng, fela netefatsa gore dintlhana tsotlhe tse di neilweng mo thadisong di dirilwe fa ngwaga o fela. Ditsheko/didiko dingwe tsa dibeke di le pedi di ka tlala go feta selekano ka dintlha tsa Dipopego tsa Puo le Melawana ya tiriso, seno ga se reye gore tsotlhe di tshwanetse go rutiwa mo tshekong/sedikong se. Go solofelwa gore bontsi jwa dintlha tse di rutilwe mo Kgatong ya Magareng. Mo Kgatong e Kgolwane, go ruta ga dintlha tse, e tla nna poeletso thata.

Aga ditirwana tse di nang le bokao mo barutwaneng le tse di amanang le ditlhangwa tse ba di ithutang mo tshekong/sedikong sa dibeke tse pedi. Ditirwana tse dintsi tsa mofuta o di tshwanetse go dirwa fa barutwana ba tswelela go tswa mo Mophatong 7 go ya go Mophato 9. Tlhopha ka kelotlhoko gore ke melao efe e o e tlhalosetsang barutwana mme o se e dire mentsintsi. Go ruta go tshwanetse ga lotaganya/lomaganya dikgono tsa puo le dipopego tsa puo ka gore di a amana. Tseno tsotlhe di tshwanetse go rutiwa di le mo tirisong. Le gale, tlhokomela gore go na le nako e e kgethegileng e e neilweng thuto e e tlhomameng ya Dipopego tsa Puo le Melawana ya tiriso.

3.4 LENANE LA DITHULAGANYO TSA GO RUTA

MOPHATO 7 KGWEDITHARO 1 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Ditogamaano tsa Go reetsa le Go bua** **Theetso ya kgangkhutshwe** • Tlhopha dikakanyokgolo le tsa tshegetso go tswa mo kgangkhutshweng • Tsaya dintlhathuto • Abelanang ka dikakanyo le maitemogelo le bontsha go tlhaloganya mareo **Tlotla kgang gape** • Tlotla ditiragalo gape ka tatelano e e maleba. • Neela/umaka baanelwa ka nepagalo. • Neela/umaka tatelano ya ditiragalo	**Ditlhangwa tsa dikwalo: dikgangkhutshwe-** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka baanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (Diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Ditogamaano tsa pele ga puiso** • Lemoga diponagalo tsa setlhangwa jaaka setlhogo sa setlhangwa ditlhogwana, dithalo • Lemoga dikarolo tsa lokwalo jaaka letlharekapeso, letlhare la setlhogo, diteng dikgaolo, lenanefoko. **Tekatlhaloganyo ya puiso le ditogamaano tsa puiso** • Buisa gape le go tlodisa matlho • Go buisa go go tseneletseng • Go ipopela setshwantsho • Go ipopela kakanyo le bokhutlo • Ntlha le kakanyo • Bokao jwa mafoko	**Kwala temana ya kanelo** **Melawana ya go kwala temana:** • Setlhogo polelo sa temana • Dikakanyokgolo le tse di tshegetsang • Dirisa makopanyi go gokaganya • Tlhalosa ditlhokego tsa setlhangwa jaaka go anela kgang. • Dirisa mafoko le setaele se se maleba. • Kwala ka pakaphethi **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le tlhagiso **Kwala kgang e e ikaegileng ka maitemogelo a gago a botshelo.**	**Dira ka mafoko:** Mainagotlhe, mainatota, bongwe le bontsi, maina a a se nang bongwe mainakgongwa le mainakgopolo **Dira ka dipolelo:** dipolelonolo, dipolelo, pakajaanong, pakaphethi; **Mopeleto le matshwa a puiso:** Khutlo, phegelo khutlokhutlo/khutlwana, phegelwana, tlhakakgolo, ditlhaka tse dinnye

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua** **Buisang le go buisana ka leboko** • Aroganyang dikakanyo le maitemogelo le go bontsha go tlhaloganya mareo • Araba dipotso. • Tlhalosetsa tsala gore ke eng o rata leboko le le rileng. **Puisetsogodimo e e ipaakanyeditsweng.** • Segalo, kutlwalo ya lentswe, kapodiso, tebo ya matlho • Tlhokomela matshwao a puiso • Dirisa puo ya mmele e e maleba	**Setlhangwa sa dikwalo: Maboko** **Mekgwa ya go buisa** • Puiso ya morutwana ka nosi **Ditogamaano tsa pele ga puiso** • Lemoga diponagalo tsa setlhangwa jaaka leina la buka ditlhogo, dithalo • Lemoga dikarolo tsa buka jaaka letlharekapeso, letlhare la setlhogo, diteng, dikgaolo, lenanefoko **Leboko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa	**Boitlhamedi: Itlhamele leboko la gago** **Melawana ya temana ya leboko:** • Popego ya temana • Tiriso ya makopanyi go gokaganya. • Tiriso ya mefuta e e farologaneng ya dipolelo, boleele le popego. • Kgelekiso (kgatelelo ya mafoko) . • Puo ya botshwantsi **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa. Kwala leboko	**Dira ka mafoko:** Mainatswako, Mainakgoboka, madirimafeledi; maemedi; marui. **Bokao jwa mafoko:** Ditumanosi, maadingwa, maele, diane, poeletsomodumo tshwantshanyo, tshwantshiso, malatlhelwa, maetsi, makaelagonngwe, malatodi. **Matshwao a puiso:** kgaoganyo ya mafoko, khutlo, phegelwana

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua** **Motlotlo ka ga terama:** • Tsaya karolo mo motlotlong o o sa tlhomamang ka ditlhogo tse di bonolo. • Dirisa rejisetara e e nepagetseng • Tshegetsa/boloka motlotlo. • Bontsha dikakanyokgolo le tse di tshegetsang. • Tsaya dintlhathuto • Araba dipotso **Dirisa barutwana mmuisano o o sa felelang/barutwana ba feleletsa mmuisano** • Tsaya karolo mo mmuisanong • Dirisa puo e e maleba • Tsiboga ka nepagalo • Tlhokomela melawana ya mmuisano s.k. go refosana • Araba sentle • Dirisa puo ya mmele e e maleba	**Setlhangwa sa dikwalo sa terama (pono e le nngwe)** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang **Dikgato tsa go buisa** • Pele ga go buisa (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Go buisa e go lebelela go tlhaloganya (ditogamaano)** • Go okola le go tlodisa matlho • Go buisa ka tsenelelo - Go dira ponelopele - Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko. • Temogo e e tseneletseng ya tiriso ya puo	**Kwala mmuisano, teramatiso** • Ditlhokego tsa popego, setaele, ntlhapono • Babuisi/baamogedi ba ba tobilweng, maitlhomo le tiriso • Tlhopho ya mafoko • Bomaleba jwa ditlhagiso tse di rileng • Tlhagiso e e lokologileng **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Mainagotlhe , madirimafeledi; maemedi, marui. **Dira ka dipolelo:** Polelonolo, dipolelo, pakajaanong, pakaphethi, sediri, thunyisediri **Dira ka mafoko:** Makaelagongwe, malatodi, diane, maele **Matshwa a puiso:** khutlokhutlo/khutlwana, ditsejwana, letshwao la tsiboso, letshwao la potso

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditogamaano tsa Go reetsa le Go bua** **Go reetsa kgangkhutshwe/dinaane** **Tekatlhaloganyo ya theetso** • Bontsha dikakanyokgolo le tse di tshegetsang, le go tsaya dintlhathuto. • Abelelanang dikakanyo le maitemogelo lo bo lo bontsha go tlhaloganya mareo • Bontsha malepa a a tlhotlheletsang le a a digelang mo go tlhokagalang teng. • Araba dipotso **Dipuisano tsa setlhopha/lekoko Reetsa poko mme o tlhomamise bokao** Buisanang ka kgang/naane e e buisitsweng mo tirwaneng e e fetileng. • Bontsha baanelwa • Buisanang ka thitokgang • Buisanang ka dintlhapono • Amanya diteng le maitemogelo a gago	**Setlhangwa sa dikwalo: dikgangkhutshwe/Dinaane** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Go buisa go lebelela go tlhaloganya (ditogamaano)** • Go okola le go tlodisa matlho • Go buisa ka tsenelelo • Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko.	**Kwala sekwalo sa thadiso/lekwalo** • Ditlhokego tsa popego, setaele, • Babuisi/baamogedi ba ba tobilweng maitlhomo le tiriso • Kgolagano ya temana • Tlhopho ya mafoko **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala lekwalo/thadiso o latela dikgato tsa go kwala**	**Dira ka mafoko:** Bongwe le bontsi, matlhaodi, **Dira ka dipolelo:** pakajaanong, pakaphethi **Bokao jwa mafoko:** Ditumatshwano, makwalatshwano, dithamalakwane, diane le maele,

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
9-10	**Ditogamaano tsa Go reetsa le Go bua** **Tekatlhaloganyo ya theetso.** • Tlhalosa dikgato tsa go reetsa • Tsaya dintlhathuto • Araba dipotso **Dipuisano tsa setlhopha/lekoko** • Buisanang ka dikakanyo tse di totobetseng tsa kgangkhutshwe. • Tsaya tshwetso ka dikakanyo o bo o lebelela setlhangwa go tshegetsa kemo • Amanya diteng le maitemogelo a gago	**Setlhangwa sa dikwalo: kgangkhutswe** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Go buisa go lebelela go tlhaloganya (ditogamaano)** • Go okola • Go tlodisa matlho • Go buisa ka tsenelelo • Ntlha le kakanyo • Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko.	**Kwala tlhamo ya tlhaloso** **Melawana ya temana:** • Setlhogo sa polelo ya temana • Dikakanyokgolo le tse di tshegetsang • Tatelano e e lolameng ya ditemana • Makopanyi go golaganya ditemana • Dirisa dipolelo tse di farologaneng, boleele le popego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Tlhagisa tlhamo e e tlhatlhobiwang**	**Dira ka mafoko:** Ditlhogo, megatlana, dikutu, madirimafeledi. **Dira ka dipolelo:** Polelwanakutu, dipolelelwanakala **Bokao jwa mafoko:** Makaelagongwe **Matshwao a puiso le mopeleto:** Tiriso ya thanodi, dipaterone tsa mopeleto, melawana ya mopeleto.

TLHATLHOBO YA KGWEDITHARO 1			
	TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 3: TEKO 1**
	Tlotla kgang gape/buisanang ka leboko/Mmuisano/ dipuisano tsa setlhopha/lekoko	Tlhamo ya Tlhaloso/Kanelo Lekwalo la botsalano/thadiso/mmuisano	Tekatlhaloganyo le tiriso ya puo

MOPHATO 7 KGWEDITHARO 2 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Ditogamaano tsa Go reetsa le Go bua** Tekatlhaloganyo ya theetso: • Tlhalosa dikgato tsa go reetsa • Tsaya dintlhathuto • Araba dipotso **Tlotla kgang** • Semelo le tshobotsi • Kgelekiso (kgatelelo ya mafoko) • Puo ya mmele Ranola maikutlo, segalo, maemo, tatelano ya ditiragalo, bokao jo bo fitlhegileng le bokhutlo	**Setlhangwa sa dikwalo jaaka Padi ya baswa/terama** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/tlhatlhoba **Go buisa/go lebelela/go tlhaloganya (dirisa setlhangwa se se kwadilweng le/kgotsa sa pono jaaka dikhathunu/ dikgemetšhana tsa dikhomiki)** • Go okola • Go tlodisa matlho • Ipopele bokao (baanelwa, maitshetlego, molaetsa) • Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko • Puo e e tsosang maikutlo a a rileng	**Go kwala: Tlhamo ya kanelo** **Melawana ya temana:** • Setlhogo sa polelo ya temana • Dikakanyokgolo le tse di tshegetsang • Tatelano e e lolameng ya ditemana • Makopanyi go golaganya ditemana • Dirisa dipolelo tse di farologaneng, boleele le popego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Mainatswako, thuanyi sediri le thuanyisedirwa, maina a a dirisiwang gabedi (sk. Setlhare, molemo) madirimafeledi, matlhaodi **Dira ka dipolelo:** Polelonolo, dipolelo, pakajaanong, pakaphethi **Bokao jwa mafoko:** Makaelagongwe, malatodi, puo ya botshwantsi, puo e e tsosang maikutlo a a rileng **Matshwao a puiso:** Khutlo, phegelo, letshwao la tsiboso, letshwao la potso.

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua.** **Tekatlhaloganyo ya theetso (Setlhangwa se se kwadilweng/ tlhagiso ya dikgang tsa thelebišene**) • Tlhalosa dikgato tsa theetso • Tsaya dintlhathuto • Kwala dikarabo **Mekgwa e e farologaneng ya tlhaeletsano ya molomo: Ngangisano (ka papatso)** • Tlhopha setlhogo se se maleba • Tlhagisa kganetsano/ngangisano e e lolameng • Dirisa tlotlofoko dipopego tsa puo tse di nepagetseng • Dirisa puo e e digelang/e e tsosang maikutlo a a rileng • Latela ditsamaiso	**Go buisetsa/lebelela go tlhaloganya (dirisa setlhangwa se se kwadilweng le/kgotsa sa pono jaaka papatso** • Go okola dintlha • Go tlhodisa matlho • Puiso e tseneletseng • Ipopele bokao (baanelwa, maitshetlego, molaetsa) • Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko • Puo e e digelang • Puo e e tlhomameng le e e sa tlhomamang **Setlhangwa sa dikwalo jaaka patsana.** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba)	**Go kwala ditlhangwa tsa tirisano:** **Diphasalatso/dipapatso/diphousetara** • Ditlhokego tsa popego • Maitlhomo, setlhopha se tobilweng le tiriso • Tlhopho ya mafoko le popego ya dipolelo. • Dikarolwana tse di bonwang jaaka mefuta le bogolo jwa mofutakwalo (fonto) , ditlhogo, matshwao, mebala) • Puo e e digelang/e e tlhotlheletsang **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Mainatota, bong, Bongwe-bontsi, letlhaodi, masupi, malatlhelwa **Dira ka mafoko:** Puosebui, puopegelo, polelonolo le polelopate. **Bokao jwa mafoko:** Makaelagongwe, malatodi, bokao jo bo tlhamaletseng le jwa botshwantshi **Matshwao a puiso le mopeleto:** Khutlokhutlo/khutlwana; phegelwana Tiriso ya thanodi

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua.** **Dipuisano tsa setlhopha/barutwana mo phaphosing ka ga mokgwa wa go neela ditaelo kgotsa go latela tsamaiso** • Tlhopha setlhogo • Abelana dikakanyo • Refosanang le go reetsana ka tlhoafalo • Tlatsa diphatlha • Dirisa matshwao a mokgwa wa puo go tshegetsa dipuisano **Puo e ipaakanyeditsweng/e e sa ipaakanyediwang** • Tlhopho ya kgelekiso (kgatelelo ya mafoko) • Tiriso ya segalo, lobelo le kapodiso • Dirisa matshwaokaelo ka nako ya tlhagiso • Dirisa puo ya mmele e e maleba	**Buisa setlhanngwa sa ditaelo jaaka ditsamaiso tsa ditaelo** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa	**Setlhangwa sa tirsano se sekhutshwane: ditaelo** • Ditlhokego tsa popego, setaele • Babuisi/baamogedi ba tobilweng maitlhomo le tiriso • Kgolagano ya temana • Tlhopho ya mafoko le popego ya polelo **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala setlhangwa sa ditaelo**	**Dira ka mafoko:** Matlhalosi (mefuta) – a nako, felo le mokgwa Letlhaodi: la palo (mefuta) popego **Dira ka dipolelo:** Tira le tirwa **Bokao jwa mafoko:** Maele le diane **Matshwao a puiso:** Tlamanyi; lenalana

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditogamaano tsa Go reetsa le Go bua** **Tiragatso ya terama** • Tsaya maemo a botsayakarolo jo o bo filweng • Dirisa puo e e maleba • Tlhokomela melawana • Dirisa puo ya mmele e e maleba **Teramatiso ya patlisiso** • Kgobokanyo dipotsotherisano • Tlhokomela melawana • Dirisa puo e e siameng/maleba • Bega diphitlhelelo	**Buisa setlhanngwa sa dikwalo jaaka terama/padi** • Diponagakgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba)	**Kwala thadiso ya terama** **Melawana ya temana:** • Setlhogo sa polelo ya temana • Dikakanyokgolo le tse di tshegetsang • Tatelano e e lolameng ya ditemana • Makopanyi go golaganya ditemana • Dirisa dipolelo tse di farologaneng, boleele le popego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Madirimafeledi le madirimafetedi. **Dira ka dipolelo:** Tira le tirwa; puosebui le puopegelo. **Bokao jwa mafoko**: Makaelagongwe, malatodi, bokao jo bo tlhamaletseng le jwa botshwantshi **Matshwao a puiso:** Khutlokhutlo/khutlwana; matshwao a nopolo (ditsejwana);letshwao lapotso; phegelwana; khutlo

TLHATLHOBO YA KGWEDITHARO 2			
9-10	**TIRO 1: TIRO YA MOLOMO**	**TIRO 2: TEKO 2**	**TIRO 3**
	Tekatlhaloganyo ya theetso/ngangisano/ motlotlo/puo e e sa ipaakanyediwang (e e ipaakanyeditsweng) dipuisano tsa setlhopha ka go neela ditaelo	Dikwalo: Dipotso tse dikhutshwane/	**Tlhatlhobo ya Bogare jwa ngwaga** Pampiri 2: Tekatlhaloganyo, tiriso ya puo le dikwalo Pampiri 3: Go kwala: Tlhamo e le nngwe le setlhangwa sa tirisano se le sengwe.

MOPHATO 7 KGWEDITHARO 3 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Ditogamaano tsa Go reetsa le Go bua** **Tekatlhaloganyo ya theetso ka mokgwa go tlatsa foromo/ dipotsolotso** • Ikatise ka dikgato tsa theetso • Kwala dintlhathuto • Araba dipotso. **Mekgwa e e farologaneng tlhaeletsano ya molomo ka ya tirisong ya dipotsolotso kgotsa go tlatsa foromo** **Dipuisano tsa makgotlhana, lekoko** • Tlhopha setlhogo • Abelana dikakanyo • Refosanang le go reetsana ka tlhoafalo • Tlatsa diphatlha • Dirisa matshwao a mokgwa wa puo go tshegetsa dipuisano	**Buisa setlhangwa ka ga botlhokwa jwa dipotsolotso le gore di tladiwa jang** • Tshedimosetso e e tlhokegang. • Tiriso ya puo • Tshaeno **Dikgato tsa go buisa:** • Pele ga puiso (itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Go buisetsa/go lebelela go tlhaloganya** • Go okola • Go tlhodisa matlho • Go sobokanya • Go ipopela setshwantsho • Go bopa bokao • Bokao jwa mafoko	**Ditlhangwa tsa tirisano jaaka go tlatsa dipotsolotso/kgotsa diforomo:** • Latela ditaelo • Tlamela tshedimosetso e nepagetseng e totobetse • Dirisa puo e e maleba **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Mainagotlhe; Mainagoboka; matlhalosi a mokgwa, felo le nako; matlhaodi **Dira ka dipolelo:** Polelwanakalaina; polelwanakalatlhaodi; polelopate le polelotswako **Bokao jwa mafoko:** Makaelagongwe, Malatodi, Makwalwatshwana **Matshwao a puiso:** Letshwa la potso; letshwao la tlogelo ya lefoko kgotsa kakanyo, tlhakakgolo; tlamanyi, tlamanyi Dikhutshwafatso – ditlhakaina, akeronimi, tiriso ya karolo ya ntlha ya lefoko go bopa khutshwafatso, sk. mos (boemong, jwa mosupologo, tiriso ya karolo e e fa gare/ya bofelo ya lefoko go bopa khutshwafatso, sekao, Molebogeng - e nna Lebo kgotsa Masego e nna Sego

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua** **Reetsa terama (mmuisano/ potsotherisano)** • Tlhama dipotsolotso • Ela tlhoko melawana • Dirisa puo e e maleba • Tsaya dintlhathuto • Bega diphitlhelelo **Mekgwa e e farologaneng ya tlhaeletsano ya molomo:** Tiragatso Golaganya mofutakwalo o mongwe go o mongwe • Go diragatsa mmuisano • Go diragatsa ka mowa le maikaelelo a motlhami • Tlhagiso ya semelo le tshobotsi ka moaparo le didiriswa tsa tiragatso • Dirisa moaparo le didiriswa tsa tiragatso go tlhama maitshetlego a a nonofileng	**Setlhangwa sa dikwalo jaaka terama ya baswa/Terama ya seyalemowa** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa	**Setlhangwa se seleele s.k. mmuisano/potsotherisano e e kwadilweng** • Ditlhokego tsa popego; setale • Babuisi/baamogedi ba ba tobilweng maitlhomo le tiriso • Tlhopho mafoko • Tiriso e emaleba ya puo **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Mainatota, bongwe le bontsi Matlhaodi: go supa mmala o o sa tsenelelang le kgato ya kgolo **Dira ka dipolelo:** Polelopate polelwanakalatlhaodi; puosebui le puopegelo. **Bokao jwa mafoko:** Dikutu tsa mafoko **Matshwao a puiso:** Khutlokhutlo/khutlwana; matshwao a nopolo (ditsejwana) , khutlo, lenalana, letshwao la potso;

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua** **Mefuta e e farologaneng ya tlhaeletsano ya molomo.** Botsayakarolo: tsamaiso ya kopano. • Pulo e e siameng/matseno • Tiriso ya segalo, lebelo le kutlwalo ya lentswe, • Tiriso ya puo • Puo ya mmele e e maleba • Bokhutlo jo bo/tswaleloe e siameng. **Tekatlhaloganyo ya theetso (setlhangwa se se kwadilweng/ tlhagiso ya dikgang tsa thelebišene**) • Tlhalosa dikgato tsa go reetsa • Kwala dintlhathuto • Araba dipotso	**Buisa setlhangwa ka ga go kwala kitsiso/lenanetema le metsotso** • Batlapitsong • Tiriso ya puo • Popego • Tiragatso ya botsayakarolo **Dikgato tsa go buisa:** • Pele ga puiso (itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Go buisa/go lebelela go tlhaloganya setlhangwa se se kwadilweng/sa setshwantsho tsa dikerafo** • Go okola dikakanyokgolo. • Go tlodisa matlho o lebelela dintlha tsa tshegetso • Go dira ponelopele • Go ipopela bokao jwa mafoko le ditshwantsho tse di sa tlwaelegang. • Dikakanyokgolo le tse di tshegetsang • Dikakanyo tsa gago	**Setlhangwa sa tirisano se seleele s.k. Kitsiso/Lenanetema le metsotso** • Tlhopha babuisi/baamogedi ba tobilweng le maitlhomo a go kwala; • Tsaya tshweetso ka setaele le ntlhatkemo le popego ya go kwala; • Tlhopho ya mafoko le dipopego tsa puo **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Maemedi: Maemeditho le maemeditota, masupi, marui; matlhophi **Dira ka dipolelo:** Pakajaanong, pakaphethi; puosebui le puopegelo; Tira le tirwa **Bokao jwa mafoko:** Madirimatswa, mainamatswa **Bokao jwa mafoko:** Lenalana, tlhakakgolo; phegelwana; khutlo; khutlokhutlo/khutlwana

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditomaagano tsa Go reetsa le Go bua.** **Reetsa le go buisana ka dikgang tsa jaanong tse di ikaegileng ka lekwalodikgang le diathikele tsa makasine** • Tiriso ya segalo, lebelo le kutlwalo ya lentswe. • Tiriso ya puo e e digelang/e e tsosang maikutlo a a rileng/e e tlhotlheletsang • Dirisa dikaelo • Tlhokomelo ya melawana • Puo ya mmele e e maleba • Matseno a a ngokang le bokhutlo jo bo nonofileng • Maitlhomo, setlhopha se se tobilweng le tiriso **Puisetsogodimo e e ipaakanyeditsweng le e e sa ipaakanyediwang ya lekwalodikgang le athikele** • Dirisa segalo, lebelo le kutlwalo ya lentswe. • Tlhokomela matshwao a puiso go nna le puiso e e nonofileng • Dirisa puo e e maleba ya dikarolo tsa mmele.	**Go buisa/go lebelela go bona tshedimosetso (Dirisa ditlhangwa di tshwana le diathikele tsa makwalodikgang/diathikele tsa dimakasine/dipuo tse di kwadilweng.** • Go okola dikakanyokgolo • Go tlodisa matlho o lebelela dintlha tsa tshegetso • Go dira ponelopele • Dintlha le dikakanyo • Ntlhakemo ya mokwadi • Go ipopela bokao jwa mafoko le ditshwantsho tse di sa tlwaelegang • Puo e e tlhomameng/e e sa tlhomamang. • Bokao jo bo tlhamaletseng/jo bo akanngwang • Dikapuo **Kwala teko ya tekatlhaloganyo**	**Setlhangwa se se seleele/ se sekhutshwane: athikele ya lokwalodikgang** • Ditlhokego tsa popego le setaele • Babuisi/baamogedi ba tobilweng le maitlhomo le tiriso • Tlhopho ya mafoko le dipopego tsa puo. **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala athikele ya lekwalodikgang**	**Dira ka mafoko:** Mainakgopolo; Mainakgongwa Matlhaodi: go supa mmala o o sa tsenelelang le kgato ya kgolo **Dira ka dipolelo:** Tatelano e e rulaganeng, tatelano go ya ka botlhokwa, temana e e tlhalosang, puo e e tlhotlholetsang le puo e tsosolosang maikutlo a a rileng; e e tsayang letlhakore le ya kgatelelo; e e sekamelang mo letlhakoreng le le lengwe; dipotso tse di sa batleng dikarabo **Bokao jwa mafoko:** Makaelagongwe, malatodi, bokao jo bo tlhamaletseng le jwa botshwantshi **Matshwao a puiso:** Matshwao a nopolo (ditsejwana);letshwao la tsiboso, phegelwana; Khutlo; letshwao la potso; tlogelo ya lefoko kgotsa kakanyo

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
9-10	**Ditogamaano tsa Go reetsa le Go bua.** **Tekatlhaloganyo ya theetso e ikaegile ka go neela dikaelo.** • Ikatise mo dikgatong tsa go reetsa • Tsaya dintlhathuto • Kwala dikarabo **Mekgwa e e farologaneng tlhaeletsano ya molomo ya s.k. go neela dikaelo/ditaelo** • Dirsa puo e e maleba • Dirisa dipolelo tse dikhutshwane, di nonofile • Dintlha ka botlalo	**Setlhangwa sa dikwalo jaaka padi ya baswa/kgangkhutshwe/terama/ terama ya seyalemowa** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Go buisetsa le go lebelela go tlhaloganya s.k. setlhangwa se se kwadilweng/le se se bonwang** • Go okola dikakanyokgolo • Go tlodisa matlho o lebelela dintlha tsa tshegetso • Go dira ponelopele • Ntlha le kakanyo • Ntlhakemo ya mokwadi • Go ipopela bokao jwa mafoko le ditshwantsho tse di sa tlwaelegang • Puo e e tlhomameng/e e sa tlhomamang. • Bokao jo bo tlhamaletseng/jo bo akanngwang	**Kwala tlhamo ya kanelo/tlhaloso.** • Ditlhokego tsa popego, setaele, ntlhakemo • Babuisi/baamogedi ba tobilweng le maitlhomo le tiriso • Tlhopho ya mafoko le dipopego tsa puo **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Mainatswako Maemedi—maemeditho, maemeditota, Matlhaodi: go supa mmala o o sa tsenelelang le kgato ya kgolo **Dira ka dipolelo:** Polelonolo, pegelo, pakaphethi; pakajaanong **Bokao jwa mafoko:** Makaelagongwe malatodi; bokao jo bo tlhamaletseng le jwa botshwantshi **Matswaopuiso:** Khutlo; phegelo; khutlokhutlo/khutlwana, phegelwana

TLHATLHOBO YA KGWEDITHARO 3			
	TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 3: TEKO 3**
	Puiso e e ipaakanyeditsweng/e e sa ipaakanyediwang/ Ketsiso - tsamaiso ya kopano/Puisano/dipuisano tsa foramo/lekoko	Tlhamo ya tlhaloso/kanelo Lenanetema le metsotso	Tekatlhaloganyo le tiriso ya puo KGOTSA Dikwalo

MOPHATO 7 KGWEDITHARO 4 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Ditogamaano tsa Go reetsa le Go bua** **Puo e e sa ipaakanyediwang** Go itsise sebui/go neela puo ya ditebogo/Go tlotla kgang. • Tlhopha setlhogo se se maleba • Rulaganya tshedimosetso e lomaganeng • Bontsha tlotlofoko; dipopego tsa puo • Matseno le boikhutlo jo bo utlwalang. Diponagalo le melawana (bua mo phatlhalatseng, di malepa a go popego) **Puisetsogodimo** • Tiriso ya segalo, lebelo le kutlwalo ya lentswe • Tlhokomela matshwao a puiso go nna le ditlamorago tse di siameng • Puo ya mmele e e maleba.	**Setlhangwa sa dikwalo jaaka padi ya baswa/kgangkhutshwe/terama.** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/tlhatlhoba) **Go buisa/go lebelela go tlhaloganya (Dirisa setlhangwa se se kwadilweng le sa ditshwantsho.)** • Go okola dikakanyokgolo. • Go tlodisa matlho o lebelela dintlha tsa tshegetso • Go ipopela bokao jwa mafoko le ditshwantsho tse di sa tlwaelegang. • Dikakanyokgolo le tse di tshegetsang • Ntlha le kakanyo • Go itseela ditshwetso le bokhutlo • Dikakanyo tsa gago	**Setlhangwa sa tirisano se seleele/ se sekhutshwane go neela dikaelo** • Ditlhokego tsa kagego; setaele • Babuisi/baamogedi ba ba tobilweng maitlhomo le tiriso • Tlhopho ya mafoko le dipopego tsa puo **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafok:** Mainatswako; Letlhaodi: (mefuta ya matlhaodi) **Dira ka dipolelo:** Polelonolo; polelotswako, polelopate, polelwanakalatlhalosi le polelwanakalatlhaodi **Bokao jwa mafoko:** Makaelagongwe; malatodi; bokao jo bo tlhamaletseng; bokao mo tirisong, bokao jwa botshwantshi; matlhaodi; matlhalosi; **Matshwao a puiso:** Phegelwana; matshwao a nopolo (ditsejwana); khutlo; lenalana

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua** **Tekatlhaloganyo ya theetso (setlhangwa se se kwadilweng/ Tlhagiso ya dikgang tsa thelebišene**) • Go tlhalosa dikgato tsa go reetsa • Tsaya dintlhathuto • Kwala dikarabo **Ngangisano dipuisano tsa setlhopha: buisanang ka tiriso ya lekwalo la maranyane (imeile) /phousetara/ bukatsatsi/dipampitshana tsa tshedimosetso (difolaeyara)** • Diponagalo le melawana • Thulaganyetsotiro, patlisiso, go rulaganya le go tlhagisa.	**Buisa setlhangwa sa bukatsatsi/ lekwalo la maranyane (imeile) / phampitshana ya tshedimosetso** • Kagego • Tiriso ya puo • Baamogedi ba ba tobilweng **Dikgato tsa go buisa:** • Pele ga puiso (itsise setlhangwa) • Ka nako puiso (diponagalo tsa setlhangwa) • Morago puiso (araba dipotso, bapisa, farologanya, sekaseka/tlhatlhoba) **Poko/dinaane** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa	**Setlhangwa sa tirisano se seleele/ se sekhutshwane sk. : lekwalo la maranyane (imeile) , phousetara/** bukatsatsi/pamphitshana ya tshedimosetso) (folaeyara) • Ditlhokego tsa popego/kagego, setaele ntlhakemo • Baamogedi ba ba tobilweng ka maitlhomo le tiriso • Tlhopho ya mafoko, tlhaloso e e tsepameng/bonagalang sentle • Popego, boleele le mefuta ya dipolelo **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Tlhagisa setlhangwa sengwe sa tse di kailweng fa godimo**	**Dira ka mafoko:** Maemedi– mabotsi, lesupi, mainagotlhe - mainagoboka; Madiritota Letlhaodi: Tlhogo/mogatlana le kutu. **Dira ka dipolelo:** Puosebui; dipotso/le tse di nang le tlhotlheletso; thuanyisediri; polelo e e khutshwafaditsweng; dipotso tse di sa tlhokeng dikarabo **Bokao jwa mafoko:** Malatodi; bokao jo bo tlhamaletseng; jwa botshwantshi, jwa tiriso **Matshwao a puiso:** Matshwao a nopolo (ditsejwana);letshwao la potso; phegelo, letshwao la tsiboso

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua** **Tekotlhaloganyo ya theetso** • Tlhalosa dikgato tsa go reetsa • Kwala dintlhanathuto • Araba dipotso **Puo e e ipaakanyeditsweng** • Tiriso ya segalo, lebelo le kutlwalo ya lentswe. • Tiriso ya puo e e digelang/e e tsosang maikutlo a a rileng/e e tlhotlheletsang • Dirisa dikaelo • Tlhokomelo ya melawana • Puo ya mmele e e maleba • Matseno a a ngokang le bokhutlo jo bo nonofileng • Maitlhomo, setlhopha se se tobilweng le tiriso	**Buisa setlhangwa sa dikwalo jaaka padi ya baŝwa kgang/khutshwe/terama/ naane** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Poko: Maboko a tlhaotsweng** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa Tshekatsheko ya leboko: • Mela, mafoko, ditemana, kamano, poelelo, mofuta wa mokwalo, matshwao a puiso. • Bokao: jo tlhamaletseng le jo bo iphitlhileng	**Poeletso le go ipaakanyetsa ditlhatlhobo** **Ditlhamo** **Kgato ya go ipaakanya:** • Ditlhokego; popego/kagego; setaele; ntlhakemo • Baamogedi/babuisi ba ba tobilweng; maitlhomo le tiriso • Tlhopho ya mafoko **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Madirimathusi; Lediritota, Matlhaodi: go supa mmala o o sa tsenelelang le kgato ya kgolo **Dira ka dipolelo:** Dipolelo tse di tsayang letlhakore; tse di sekametseng mo letlhakoreng le le lengwe; tse di gobelelang, tsa maikutlo tse di digelang; dipotso tse di sa tlhokeng dikarabo; **Bokao jwa mafoko:** Makaelagongwe, malatodi, **Matshwao a puiso:** Khutlo; phegelo; letshwao la tsiboso; letshwao la potso

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Poeletso le go baakanyetsa ditlhatlhobo** **Go bua:** • Puo e e ipaakanyeditsweng/ dingangisano/dipotsotherisano/ motlotlo • Puo e e sa ipaakanyediwang **Go reetsa** • Tekatlhaloganyo ya theetso	**Poeletso le go baakanyetsa ditlhatlhobo** **Go buisa** • Puiso e e ipaakanyeditsweng • Tekatlhaloganyo ya puiso • Tshobokanyo • Dikwalo: - Padi/ kgankhutshwe/ dinaane - Terama/thuto ya filimi - Maboko	**Poeletso le go baakanyetsa ditlhatlhobo** **Go kwala:** • Ditlhangwa tsa tirisano	**Dira ka mafoko:** Mainagoboka; leitiri; kutu/modi. **Dira ka dipolelo:** Polelonolo; polelopate; polelotswako; dipolelo; thuanyisediri; mefuta ya dipotso; kganetso; **Bokao jwa mafoko:** Makaelagongwe; Malatodi; bokao jo bo tlhamaletseng; jwa botshwantshi **Matshwao a puiso mo tirisong**
TLHATLHOBO E E TLHOMAMENG YA BOFELO JWA NGWAGA KGWEDITHARO 4				
9-10	**TIRO 1: TIRO YA MOLOMO**		**TIRO 2: TLHATLHOBO YA BOFELO JWA NGWAGA**	
	Puisetsogodimo/Ngangisano/dipuisano tsa setlhopha/motlotlo/puo e e ipaakanyeditsweng/puo e e sa ipaakanyediwang		Pampiri 1: Tiro ya molomo Pampiri 2: Tekatlhaloganyo, Puo mo tirisong le Dikwalo (Diura di le 2) Pampiri 3: Go kwala (Ura e le 1)	

MOPHATO WA 8 KGWEDITHARO 1 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Ditogamaano tsa Go reetsa le Go bua:** **Dipuisano tsa setlhopha**– Go kokoanya dintlha ka ga setlhogo; go tlhopha dikakanyo tse di maleba; go tlhomaganya dikakanyokgolo **Tekatlhaloganyo ya theetso** • Rekota dikakanyokgolo le tse di tshegetsang ka go kwala dintlhathuto • Abelana dikakanyo le maitemogelo o bo o bontsha go tlhaloganya mareo • Supa malepa a go tlhotlheletsa/a go digela • Araba dipotso	**Ditlhangwa tsa dikwalo jaaka dikgangkhutswe tsa baswa** **Dikgato tsa go buisa:** • Dipuisano tsa kakaretso ka diponagalokgolo jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang **Dikgato tsa go buisa** **Ditogamaano pele ga puiso** Itsise barutwana : **Dikgato tsa go buisa:** • **Diponagalo tsa setlhangwa** – ditlhogo, ditlhogwana, dintlhatlhaloso, dikao, • **Dikarolo tsa buka** Letlhare la setlhogo, lenaneo la diteng, dikgaolo, lenanefoko, mametlelelo, jalo jalo. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba)	**Kwala tlhamo: Tlhamo ya kanelo/ maitlhomo** • Tlhopho ya mafoko, • Lentswe le setaele sa mong • Tlhaloso ka botlalo • Segalo • Dikakanyokgolo le tse di tshegetsang • Mmepe wa dikakanyo (thulaganyo ya dikakanyo) go rulaganya dikakanyo tse di golaganang • Tlhagisa tlhamo gore e tlhatlhobiwe **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala tlhamo o latela dikgato tsa go kwala**	**Dira ka mafoko:** Matlhalosi a felo le matlhalosi a tshwantshanyo mokgwa **Dira ka dipolelo:** Thuanyisediri; popego ya polelo; dipolelwana; dikarolo tsa puo **Bokao jwa mafoko:** Makaelagongwe, malatodi, bokao jo bo tlhamaletseng le jwa botshwantshi **Matshwao a puiso:** Khutlo; phegelwana; letshwao la potso; matshwao a nopolo (ditsejwana);letshwao la tsiboso

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua:** **Reetsa puo ka moperesidente/ mongwe yo o nang le tlhotlheletso mo setšhabeng** • Buisanang ka diponagalo tsa puo e e ipaakanyeditsweng • Supa le go tlhalosa tiriso ya puo • Supang lo bo lo buisana ka diponagalo tse di mo puong **Puo e e ipaakanyeditsweng** • Tlhopha setlhogo se se maleba • Rulaganya o be o lomaganye tshedimosetso tomagano • Supa tlotlofoko le dipopego tsa puo tse di nepagetseng • Baakanya matseno le bokhutlo jo bo nonofileng • Ikatise • Tlhagisa	**Buisa puo** • Supa le go buisana ka diponagalokgolo • Sekaseka tiriso ya puo • Supa le go buisana ka tiriso ya puo e e tsosang maikutlo a a rileng kgotsa e e digelang • Sekaseka matseno le bokhutlo **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Ditogamaano tsa puiso:** Puisokaelo, Puiso ka setlhopha le puiso ka nosi/e e ikemetseng **Go buisetsa/go lebelela setlhangwa se se kwadilweng/se se bonwang go se tlhaloganya** • Go okola dintlha le go tlodisa matlho • Puisotsenelelo • Maitlhomo le setlhopha se se tobilweng • Go ipopela bokao le bokhutlo • Supa puo e e digelang • Seabe sa tlhopho le tlogelo mo bokaong jwa setlhangwa • Mokgwa o puo le ditshwantsho di senolang le go aga meetlo le maitsholo • Seabe sa tiriso ya mefutakwalo (fonto) le bogolo, ditlhogo le dintlhatlhaloso mo bokaong	**Kwala puo** **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala puo:** • Tlhalosa ditlhokego tsa setlhangwa go kwala tlhamo ya kanelo • Supa babuisi/baamogedi ba ba tobilweng • Tsaya tshwetso ka setaele, maikaelelo le popego • Dirisa mafoko a a nepagetseng • Matseno a kago, setlhoa • Bokhutlo	**Dira ka mafoko:** Mainatswako, mediriso, nyenyefatso bong, Madiri: mafeteledi; madiri mafeledi; Matlhaodi: go supa mmala o o sa tsenelelang le kgato ya kgolo, **Dira ka dipolelo:** Polelo e e leng setlhogo, polelwanakalaina, polelwanakalatlhaodi, polelwanakalatlhalosi; Makopanyi; puo e e tsosang maikutlo a a rileng le e e digelang **Bokao jwa mafoko:** Makaelagongwe, malatodi, bokao jo bo tlhamaletseng le jwa botshwantshi **Matshwao a puiso:** Letshwao la tsiboso, letshwao la potso, phegelwana, khutlo Dikhutshwafatso – ditlhakaina, diakeronomi, tlogelo ya tlhogo/karolo ya bofelo ya lefoko,

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua:** **Dipuisano tsa setlhopha ka ditlhangwa tsa pono/kutlopono/ mmediantsi** • Tsosolosa lemorago la kitso • Fopholetsa maitlhomo a setlhangwa • Batla bokao • Tlhaloganya setlhangwa • Kwala dintlhathuto • Tlhaloganya molaetsa **Tekatlhaloganyo ya theetso (medumo fela)** • Rekota dikakanyokgolo le tse di tshegetsang ka go kwala dintlhathuto, mananenetefatso, ditshobokanyo, go bopa polelo gape, le go tlotla gape **Go aga dipono gape:** • Dumelanang ka thanolelo/bokao jo le bo boneng • Diragatsa/etsisa se se diragetseng mo diponong tse pedi jalojalo.	**Ditlhangwa tsa dikwalo jaaka padi/ kgangkhutshwe/terama** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **KGOTSA** **Go buisetsa/go lebelela go tlhaloganya (ditogamaano)** • Go okola dintlha • Go tlodisa matlho • Puiso e e tseneletseng • Go ipopela bokao le bokhutlo • Supa puo e e digelang • Seabe sa tlhopho le tlogelo mo bokaong jwa setlhangwa • Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko • Ntlha le kakanyo	**Ditlhangwa tsa tirisano** Makwalo (a botsalano/a e seng a semmuso) • Diponagalo tsa setlhangwa • Tiriso ya puo • Rejisetara le setaele • Matseno le bokhutlo **Kwala lekwalo o ikaegile ka ditsibosi tsa pono** **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Matlhalosi a mokgwa, matlhalosi a nako; Madiri mafeledi; mediriso Matlhaodi: go supa mmala o o sa tsenelelang le kgato ya kgolo, **Dira ka dipolelo:** Popego ya polelo; dipolelwanakalatlhaodi, dipolelwanakalatlhalosi, le, dipolelwana; dikganetso **Bokao jwa mafoko:** Makaelagongwe, malatodi, bokao jo bo tlhamaletseng le jwa botshwantshi **Matshwao a puiso**: khutlo; phegelwana

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditogamaano tsa Go reetsa le Go bua:** **Puo e e sa ipaakanyetswang ka athikele ya lekwalodikgang kgotsa makasine** • Rulaganya le go lomaganya tshedimosetso • Supa tlotlofoko le dipopego tsa puo tse di nepagetseng • Tsibogela setlhangwa • Matseno le bokhutlo jo bo nonofileng **Puisano ya foramo/makgotlhana/ Puisano ya setlhopha ka lekwalodikgang kgotsa athikele ya makasine** • Diponagalo tsa setlhangwa • Melawana le popego ya setlhanngwa • Kapodiso ya mafoko • Rejisetara le setaele	**Buisa athikele ya lekwalodikgang le makasine** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) Morago ga puiso (araba dipotso, tshwantshanya, farologanya, tlhatlhoba **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa	**Ditlhangwa tsa tirisano** Pegelo/athikele ya makasine • Diponagalo tsa setlhangwa • Tiriso ya puo • Rejisetara le setaele • Matseno le bokhutlo **Kwala pegelo/athikele ya makasine o ikaegile mo mo ditlhangweng tsa pono tse di tlhotlheletsang** **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** maetsi le malatlhelwa **Dira ka dipolelo:** Dipolelonolo; pakajaanong; pakaphethi; matlhalosi le matlhaodi; polelo e e sekamelang letlhakore le le lengwe, e e gobelelang, e e lebelelang letlhakoreng le le lengwe **Bokao jwa mafoko:** diane, bokao jo bo mo tirisong, jo bo tlhamaletseng, jo bo sa tlhamalalang **Matshwao a puiso:** phegelwana; khutlo, matshwao a nopolo (ditsejwana);letshwao la tsiboso;lenalana, letshwao la tlogelo ya lefoko kgotsa kakanyo

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
9-10	**Ditogamaano tsa Go reetsa le Go bua:** **Tiro ya molomo: Potsotherisano/ go tlatsa pegelo ya dipotsolotso/ dipuisano tsa setlhopha** • Batlisisa setlhogo • Rulaganya tshedimosetso ka tatelano - tshegetsa ka dikao • Supa le go tlhopha tlotlofoko le dipopego tsa puo tse di nepagetseng • Baakanya matseno le bokhutlo jo bo nonofileng **Tekatlhaloganyo ya theetso** • Rekota dikakanyokgolo le tse di tshegetsang ka go kwala dintlhathuto, • Abelana dikakanyo le maitemogelo o bo o bontsha go tlhaloganya ga mareo • Supa malepa a a tlhotlheletsang le a a digelang • Araba dipotso	**Buisa pegelo ya dipatlisiso** • Diponagalo tsa botlhokwa tsa setlhangwa • Popego/kagego • Tiriso ya puo **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa	**Setlhangwa sa tirisano sk. pegelo ya dipatlisiso** • Maitlhomo , baamogedi ba ba tobilweng le popego • Melawana ya temana • Makopanyi go gokaganya • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego • Setaele se se tlhomameng **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala pegelo ya dipatlisiso**	**Dira ka mafoko:** Madiritota le madirimatlhaedi; **Dira ka dipolelo:** Polelo, popego ya polelo; pakajaanong le pakaphethi; polelo e e sekamelang letlhakore le le lengwe, e e gobelelang, e e lebelelang letlhakore le le lengwe **Bokao jwa mafoko:** Diane, bokao jo bo mo tirisong, jo bo tlhamaletseng, jo bo sa tlhamalalang **Matshwao a puiso**

TLHATLHOBO YA KGWEDITHARO 1			
	TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 3: TEKO 1**
	Dipuisano tsa setlhopha/ditlhangwa tsa pono/Puo e e sa ipaakanyetswang/Tekatlhaloganyo ya theetso/puo e e ipaakanyeditsweng/puo e e sa ipaakanyediwang/ diforamo/potsotherisano/dipuisano tsa setlhopha	Tlhamo ya kanelo/maitlhomo Pegelo ya lekwalodikgang/athikele ya lekwalodikgang	Tekatlhaloganyo le tiriso ya puo

MOPHATO WA 8 KGWEDITHARO 2 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Ditogamaano tsa Go reetsa le Go bua:** **Tekatlhaloganyo ya theetso**: • Reetsa ditaelo le dikaelo • Kwala dintlhathuto • Araba dipotso Mefuta e e farologaneng ya tiro ya molomo sk. tlhagiso ya dikgang/puo e e sa ipaakanyetswang **Go neela dikaelo:** • Diponagalo tsa setlhangwa • Puo le melawana • Puo ya mmele	**Buisa setlhangwa pono sa tshedimosetso sk. mmepe, matshwao ya naga, sekale** • Popego • Tiriso ya puo • Diponagalo **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Go buisa/go lebelela** **Setlhangwa se se bonwang** • Go tlodisa matlho • Puisotsenelelo • Ipopele bokao • Dira tshobokanyo (dirisa Mmepe wa dikakanyo (thulaganyo ya dikakanyo)	**Setlhangwa sa tirisano sk. dikaelo/ ditaelo** • Popego e e nepagetseng • Rulaganya diteng (Mmepe wa tlhaloganyo) • Dikakanyokgolo le tse di tshegetsang • Melawana ya temana • Tswelelo e e lolameng ya ditemana go netefatsa tomagano • Dirisa makopanyi go gokaganya • Melawana ya puo **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala setlhangwa sa ditaelo**	**Dira ka mafoko:** Matlhaodi: go supa mmala o o sa tsenelelang le kgato ya kgolo, Mainatota le mainagotlhe; makopanyi **Dira ka dipolelo:** Polelo e e leng setlhogo; polelo; dipaka; polelwanakutu le polelwanakala; dipolelonolo le dipolelopate **Bokao jwa mafoko:** Makaelagongwe; malatodi; bokao jo bo mo tirisong; **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto: khutlo, phegelwana

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua:** **Dipuisano tsa makgotlhana/lekoko**: • Supa dikarolo • Dibui di a refosana • Tlhalosa dintlhakemo lo bo lo fitlhelele tumelano • Dirisa puo, setaele le rejisetara tse di maleba **Ngangisano** • Supa dikarolo • Ithute melawana ya setlhangwa • Dibui di a refosana • Tlhalosa dintlhakemo lo bo lo fitlhelele • Dirisa puo, setaele le rejisetara tse di maleba • Tlhagisa	**Setlhangwa sa dikwalo jaaka tse di rekotilweng go tswa mo thelebišeneng/seyalemowa** • Diponagalokgolo tsa setlhangwa • Tiriso ya puo • Popego • Batsayakarolo **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Go buisetsa/go lebelela gore o tlhaloganya (dirisa setlhangwa se se kwadilweng le/se se bonwang jaaka dikhathunu/dikgametšhane tsa dikhomiki** • Go okola dintlha • Go tlodisa matlho • Puisotsenelelo • Go ipopela bokao (baanelwa, maitshetlego, lemorago le molaetsa) • Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko • Puo e e tsosang maikutlo a arileng	**Kwala mmuisano** **Melawana ya temana** • Popego • Dipolelo tsa matseno • Dikakanyokgolo le tse di tshegetsang • Tatelano le tomagano • Tlhopho ya mafoko, matshwao a puiso le melawana ya puo **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala mmuisano**	**Dira ka mafoko:** Madiri mafeledi **Dira ka dipolelo:** Pakajaanong; pakaphethi; tiriso e e tsosang maikutlo a a rileng le e e digelang; kagego ya polelo; kganetso; mabotsi **Bokao jwa mafoko:** Bokao jo bo tlhamaletseng; makaelagongwe; malatodi; ditumatshwano; makwalwatshwano; **Matshwao a puiso le mopeleto:** Melawana ya mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua:** **Tekatlhaloganyo ya theetso** • Dikgato tsa go reetsa • Go kwala karabo **Potsotherisano** • Ruta diponagalo le melawana • Dira ipaakanyetsotiro le dipatlisiso • Tlhopha setaele, rejisetara le tlotlofoko • Refosanang • Dirisa malepa a tlhotlheletso	**Ditlhangwa tsa dikwalo jaaka terama** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Tekatlhaloganyo ya puiso:** **Potsotherisano** • Go okola dintlha le go tlodisa matlho • Puisotsenelelo • Go dira diponelopele • Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko • Dintlha le dikakanyo • Ntlhakemo ya mokwadi • Bokao jo bo itlhametsweng	**Ditlhangwa tsa tirisano sk. Potsotherisano e e kwadilweng** • Popego le diponagalo tse di nepagetseng • Rulaganya diteng (Mmepe wa tlhaloganyo) • Dikakanyokgolo le tse di tshegetsang • Melawana ya temana • Tswelelo e e lolameng ya ditemana go netefatsa tomagano • Dirisa makopanyi go gokaganya • Melawana ya puo **Tsepamisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala dipotsotherisano**	**Dira ka mafoko:** Matlhalosi a felo, nako **Dira ka dipolelo:** Tatelano ya mafoko e e nepagetseng; mabotsi, phefofatso; popego ya dipolelo; maikutlo le moono; lentswe **Bokao jwa mafoko:** Bokao jwa botshwantshi, jo bo tlhamaletseng; mo tirisong **Matshwao a puiso le mopeleto:** Dikhutshwafatso; letshwao la potso; letshwao la tsiboso; khutlo; phegelwana

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditogamaano tsa Go reetsa le Go bua:** **Tekatlhaloganyo ya theetso (setlhangwa se e seng sa maitlhamelo/ se se nang le bonnete sekao diathikele tsa lekwalodikgang)** • Reeletsa go tlhaloganya • Kwala dintlhathuto • Araba dipotso **Dipuisano tsa setlhopha**: • Supa dikarolo • Dibui ba a refosana • Tlhalosa dintlhakemo lo bo lo fitlhelele Dirisa puo, setaele le tumelano tse di maleba	**Ditlhangwa tsa dikwalo jaaka padi ya baswa/kgangkhutswe** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Ditogamaano tsa go buisetsa go tlhaloganya:** • Maitlhomo le babuisi/baamogedi ba ba tobilweng • Go ipopela bokao • Neela kakanyo ya gago • Farologanya magareng ga dintlha le dikakanyo • Bokao jo bo tlhamaletseng le jo bo itlhametsweng	**Kwala thadiso ya kgang/padi** • Popego ya setlhangwa • Diponagalo le melawana • Kgelekiso (kgatelelo ya mafoko) • Rejisetara • Baamogedi • Segalo **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Ditlhogo le megatlana **Dira ka dipolelo:** Popego ya polelo; mefuta ya dipolelo; dipaka; polelo; phefofatso; diane **Bokao jwa mafoko:** Makaelagongwe, malatodi; makwalotshwano; maadingwa **Matshwao a puiso le mopeleto:** Diakeronomi

TLHATLHOBO YA KGWEDITHARO YA 2			
9-10	**TIRO 1: TIRO YA MOLOMO**	**TIRO 2: GO KWALA**	**TIRO 3: DITLHATLHOBO TSA BOGARE JWA NGWAGA**
	Tekatlhaloganyo ya theetso/go neela dikaelo / dipuisano tsa makgotlhana/lekoko/dingangisano	Potsotherisano/setlhangwa sa ditaelo/thadiso ya kgang	Pampiri 1: Tiro ya molomo Pampiri 2: Tekatlhaloganyo, Tiriso ya puo le Dikwalo Pampiri 3: Go kwala

MOPHATO 8 KGWEDITHARO 3 DITENG				
Dibeke	**Go reetsa le Go bua**	**Go buisa le Go lebelela**	**Go kwala le Go tlhagisa**	**Dipopego tsa Puo le Melawana ya tiriso**
1-2	**Ditogamaano tsa Go reetsa le Go bua:** **Tekatlhaloganyo ya theetso (dirisa mmuisano o o gatisitsweng)** • Reetsa mmuisano • Kwala dintlhathuto - Puo le maatla - Segalo - Maikutlo/moono - Matseno le bokhutlo • Araba dipotso **Dipuisano/mmuisano wa setlhopha**: • Supa dikarolo • Dibui di a refosana • Tlhalosa dintlhakemo lo bo lo fitlhelele • Dirisa puo, setaele le rejisetara tse di maleba • Tlhagisa	**Ditlhangwa tsa dikwalo jaaka terama** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. Dikgato tsa puiso: Ditogamaano tsa Pele ga puiso • **Diponagalo tsa setlhangwa** – ditlhogo, ditlhogwana, dintlhatlhaloso, dithalo • **Dikarolo tsa buka** • Letlhare la setlhogo –, lenaneo la diteng, dikgaolo, lenanefoko, mametlelelo jalojalo **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Ditogamaano tsa go buisetsa go tlhaloganya:** • Maitlhomo le babuisi/baamogedi ba ba tobilweng • Go ipopela bokao • Neela kakanyo ya gago • Farologanya magareng ga dintlha le dikakanyo • Bokao jo bo tlhamaletseng le jo bo itlhametsweng	**Ditlhangwa tse dileele tsa tirisano, sekao, mmuisano/thadiso** **Melawana ya temana** Popego e e nepagetseng • Maitlhomo a baamogedi ba ba tobilweng • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa	**Dira ka mafoko:** Matlhalosi: matlhaodi; Mainatota le mainagotlhe **Dira ka dipolelo:** Pakajaanong; mabotsi; polelo; matshwao a nopolo; Puo sebui le puo pegelo, pakaphethi **Bokao jwa mafoko:** Malatodi, makaelagongwe, maadingwa; tiriso; bokao jo bo tlhamaletseng **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto: khutlo, phegelwana, ditsejwana

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua:** **Tekatlhaloganyo ya theetso** • Reetsa lekwalo la ba kgatiso/ba bobegakgang • Kwala dintlhathuto - Tiriso ya puo - Rejisetara - Melawana - Abelanang dintlhathuto **Dipuisano tsa ditlhopha**: • Amanya le maitemogelo a botshelo jwa mong • Dirisa tshedimosetso go tswa mo setlhangweng go araba dipotso • Buisanang ka meetlo ya loago, botho (maitsholo), setso, mo setlhangweng • Go tsaya karolo mo dipuisanong tsa setlhopha - Refosanang - Tsepama mo setlhogong - Botsa dipotso	**Buisa athikele ya lekwalodikgang/ makasine ka ga dikgang tsa sešweng/tsa loago** • Popego • Diponagalo tsa setlhangwa • Tiriso ya puo • Segalo • Tatelano **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **KGOTSA** **Motshameko wa pono e le nngwe** **Dirisa bonnye** • Tekatlhaloganyo e le nngwe go tswa mo bukakgakololong • Setlhangwa se le sengwe sa dikwalo • Tlhalosa poloto, polotwana, tlhagiso ya badiragatsi, kgotlhang tsibogelo ya terama • Tshupo ya morero, maikutlo/moono le segalo	**Ditlhangwa tsa tirisano: lekwalo go ba kgatiso (bobegadikgang)** **Melawana ya temana** • Popego e e nepagetseng • Maikaelelo • Dikakanyokgolo le tse di tshegtsang le baamogedi ba ba tobilweng • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala le ba kgatiso lekwalo go ba kgatiso (bobegadikgang)**	**Dira ka mafoko:** Matlhalosi a mokgwa, a felo, a tshwantshanyo mokgwa **Dira ka dipolelo:** Dipolelonolo; dipolelotswako; popego ya polelo; tiriso ya puo e e tsosang maikutlo a a riling, ntlha le kakanyo, polelo e e sekamelang mo letlhakoreng le le lengwe, e e gobelelang, le e e lebelelang letlhakore le le lengwe. **Bokao jwa mafoko:** Makaelagongwe, makwalwatshwana, maadingwa **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto; phegelwana; khutlo, letshwao la tlogelo ya lefoko kgotsa kakanyo

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua** **Puo e e sa ipaakanyediwang** • Dikgono tsa go bua mo phatlhalatseng • Paakanyetsotiro, dipatlisiso le thulaganyo • Tlhagiso: segalo, kutlwalo ya lentswe, kapodiso, tebo ya matlho, puo ya matsogo, malepa a puo e e gogelang • Tiriso ya puo: tlotlofoko • Setaele le rejisetara **Puo e e ipaakanyeditsweng** • Ikatise ka dikgono tse di fa godimo • Tshwaela ka puo ya yo mongwe • Reetsa puo e e neilweng ke mongwe wa maemo a a tlotlegang mo loagong • Tshwaela ka puo ya gagwe	**Ditlhangwa tsa dikwalo jaaka padi ya baswa/terama/kgangkhutswe** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa/modiragatsi, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Go buisa/lebelela go tlhaloganya: (Dirisa ditlhangwapono le tse di kwadilweng jaaka dikhathunu/ dikgametšhane** • Go okola dintlha • Go tlodisa matlho • Puisotsenelelo • Go ipopela bokao (baanelwa, maitshetlego, lemorago, molaetsa) • Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko • Puo e e tsosang maikutlo a a rileng	**Ditlhangwa tsa tirisano: lekwalo la semmuso/le e seng la semmuso** • Popego e e nepagetseng • Maitlhomo • Dikakanyokgolo le dikakanyo tse di tshegetsang • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala lekwalo**	**Dira ka mafoko:** Matlhalosi; Matlhaodi; dikhutshwafatso; medi, ditlhogo le megatlana **Dira ka dipolelo:** Dipolelonolo polelotswako, pakapheti, pakatlang tsweledi; popego ya polelo; tiriso ya puo e e tsosang maikutlo a a riling, ntlha le kakanyo, polelo e e sekamelang letlhakore le le lengwe, e e gobelelang, le e e lebelelang letlhakore le le lengwe **Matshwao a puiso le mopeleto:** Melao le melawana ya mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditogamaano tsa Go reetsa le Go bua:** **Go reeletsa tshedimosetso** • Reetsa setlhangwa sa tshedimosetso • Reetsa tlhagiso, tiriso ya puo, lebelo le kutlwalo ya lentswe • Reetsa tatelano ya ditiragalo • Buisana le molekane **Go tlotla kgang** • Tlhopha kgang • Dira ipaakanyetsotiro le dipatlisiso • Tlhopha setaele, rejisetara le tlotlofoko • Tlhagisa kgang	**Ditlhangwa tsa dikwalo jaaka kgangkhutswe, padi** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Tekatlhaloganyo ya puiso: (setlhangwa go tswa mo dikwalong tse di tlhaotsweng)** • Go okola dintlha, go tlodisa matlho le go bonelapele • Puisotsenelelo • Go ipopela bokao • Bokao jwa mafoko • Ntlhakemo ya mokwadi • Ntlha le kakanyo • Bokao jo bo itlhametsweng	**Kwala setlhangwa sa dikwalo: kgangkhutswe** • Popego e e nepagetseng • Maitlhomo • Dikakanyokgolo le tse di tshegetsang • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Itlhamele kgang ya gago o latela dikgato tse di tlhagisitsweng** Kgang ya maemo a a kwa godimo e e phasaladitsweng/e buisitswe mo phaposing	**Dira ka mafoko:** Mainatota le mainagotlhe. **Dira ka dipolelo:** Dipaka; dipolelo; maele le diane; polelwanakalatlhalosi le polelwanakakatlhaodi; **Bokao jwa mafoko:** Makaelagongwe, malatodi; makwalwatshwana; **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto; letshwao la tlogelo ya lefoko kgotsa kakanyo; matshwao a puiso a dikhutshwafatso

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
9-10	**Ditogamaano tsa Go reetsa le Go bua:** **Reetsa setlhangwa se se buiseditsweng kwa godimo go tswa mo kgangkhutsweng** • Setlhangwa se se gatisitsweng se a tshamekiwa/letsiwa • Dikgono tse di maleba tsa go buisa di lemoswa barutwana • Tiriso ya matshwao a puiso mo setlhangweng se se buisitsweng • Tshimologo le bokhutlo **Puisetsogodimo e e ipaakanyeditsweng** • Tlhopha setlhangwa go se buisetsa kwa godimo • Dirisa dikgono tsa go buisa tse di maleba jaaka segalo, modumo, lobelo, kutlwalo ya lentswe, kapodiso, le go buisa ka thelelo • Ikatise • Buisa setlhangwa	**Buisa setlhangwa sa dikwalo jaaka kgangkhuthswe/padi** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka, lemorago, maitshetlego, moanedi, **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Go buisetsa/go lebelela go tlhaloganya: (Dirisa setlhangwa se se kwadilweng le/kgotsa bonwang jaaka dikhathunu/dikgametšhane tsa dikhomiki)** • Go okola dintlha • Go tlodisa matlho • Puisotsenelelo • Go ipopela bokao (baanelwa, maitshetlego, lemorago, molaetsa) • Go bopa bokao jwa mafoko ka go dirisa dikgono tsa kgaoganyo ya lefoko • Puo e e tsosang maikutlo a a rileng	**Kwala tlhamo ya ngangisano/tlhaloso** • Tlhopho ya mafoko • Lentswe le setaele tsa mong • Tlhaloso ka botlalo • Segalo • Dintlhakgolo le tse di tshegetsang • Mmepe wa dikakanyo tlhaloganyo go rulaganya dikakanyo tse di lomaganeng • Tlhagisa tlhamo go tlhatlhojwa **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala tlhamo o setse dikgato tsa go kwala morago**	**Dira ka mafoko:** Mainatota le mainatswako. **Dira ka dipolelo:** Ditemana tsa matseno; ditemana tsa ditlhaloso, temana ya bokhutlo; popego ya dipolelo; mefuta ya dipolelo **Bokao jwa mafoko:** Makaelagongwe, malatodi; makwalwatshwano; **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto, mefuta e e farologaneng ya matshwao a puiso

TLHATLHOBO YA KGWEDITHARO 3			
	TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 3: TEKO 1**
	Puo e e ipaakanyeditsweng e e sa ipaakanyediwang/ mmuisano/go tlotla kgang/Puiso e e ipaakanyeditsweng	Tlhamo ya tlhaloso/ngangisano Lekwalo le e seng la semmuso/mmuisano	Tekatlhaloganyo le tiriso ya puo

MOPHATO 8 KGWEDITHARO 4 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Ditogamaano tsa Go reetsa le Go bua:** **Tekatlhaloganyo ya theetso (jaaka go reetsa setlhangwa se se kwadilweng/ kutlo- pono)** • Supa dikakanyokgolo le tse di tshegetsang • Kwala dintlhathuto • Abelana dikakanyo le maitemogelo le go bontsha go tlhaloganya mareo • Supa malepa a a tlhotlheletsang/a a digelang mo go kgonegang • Araba dipotso **Motlotlo: Puisano e e ikaegileng ka lekwalodikgang/athikiele ya makasine** • Supa dikarolo • Dibui di a refosana • Tlhalosa dintlhakemo lo bo lo fitlhelele • Dirisa puo, setaele le rejisetara tse di maleba	**Buisa athikele ya lekwalodikgang/ makasine** • Popego • Tiriso ya puo • Diponagalo tsa setlhangwa • Tatelano **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Go buisetsa/lebelela go bona tshedimosetso** (ba dirisa setlhangwa se se kwadilweng/bonwang/setlhangwa sa mmediantsi) • Puisotsenelelo • Go ipopela bokao • Go dira ponelopele • Bokao jwa mafoko • Ntlha le kakanyo **Kwala tshobokanyo**	**Setlhangwa sa tirisano se seleele sk. athikele ya lekwalodikgang/makasine** • Popego e e nepagetseng • Maitlhomo • Dikakanyokgolo le dikakanyo tse di tshegetsang • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala athikele ya lekwalodikgang/ makasine**	**Dira ka mafoko:** Bongwe le bontsi; bong; nyenyefatso **Dira ka dipolelo:** Puosebui le puopegelo; mabotsi; ntlha le kakanyo; popego ya polelo; botemepedi; lentswe; bong **Bokao jwa mafoko:** Makaelagongwe; malatodi; phefofatso; makwalotshwana; bokao jo bo tlhamaletseng le jwa botshwantshi **Matshwao a puiso le mopeleto:** Matshwao a nopolo (ditsejwana);dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua:** **Ngangisano** • Supa dikarolo • Ithute melawana ya setlhangwa • Dibui di a refosana • Tlhalosa dintlhakemo lo bo lo fitlhelele • Dirisa puo, setaele le rejisetara tse di maleba • Ikatise **Dipuisano tsa setlhopha**: • Supa dikarolo • Dibui di a refosana • Tlhalosa dintlhakemo lo bo lo fitlhelele • Dirisa puo, setaele le rejisetara tse di maleba	**Setlhangwa sa dikwalo jaaka padi/ kgangkhutshwe/terama** • Diponagalokgolo tsa setlhangwa sa dikwalo: jaaka moanelwa/badiragatsi, semelo le tshobotsi, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang. **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, tshwantshanya, farologanya, sekaseka/tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Tekatlhaloganyo ya puiso: (setlhangwa go tswa mo ditlhangweng tsa dikwalo tse di tlhaotsweng)** • Go okola dintlha, go tlodisa matlho le go bopa setshwantsho • Puisotsenelelo • Go ipopela bokao • Bokao jwa mafoko • Ntlhakemo ya mokwadi • Ntlha le kakanyo • Bokao jo bo itlhametsweng **Kwala tshobokanyo ya sebopego sa temana kgotsa dintlha**	**Kwala setlhangwa sa tirisano: Bukatsatsi** • Popego e e nepagetseng • Maitlhomo • Dikakanyokgolo le tse di tshegetsang • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala bukatsatsi**	**Dira ka mafoko:** Maemedi – maemeditho le maemeditota Modirisogo Modirisotaelo Modirisokgonego Modirisopego Modirisotlwaelo **Dira ka polelo:** Dipaka; mefuta ya dipolelo; puo; lentswe; popego ya polelo; puosebui le puopegelo; mabotsi; ntlha le kakanyo; botemepedi; lentswe; bong **Bokao jwa mafoko:** Bokao jo bo tlhamaletseng le jwa botshwantshi **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto; matshwao a puiso

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua:** **Reetsa setlhangwa se se buiseditsweng kwa godimo** • Setlhangwa se se gatisitsweng se a tshamekiwa/letsiwa • Dikgono tse di maleba tsa go buisa di lemoswa barutwana • Tiriso ya matshwao a puiso mo setlhangweng se se buisitsweng • Tshimologo le bokhutlo **Mmuisano o o ikaegileng ka setlhangwa se se buiseditsweng kwa godimo** • Akanya ka setlhogo • Boeletsa melawana • Dirisa matshwao a puo go tsweletsa mmuisano • Dikarolo tsa batsayakarolo • Tshimologo le bokhutlo • Ikatise • Tlhagisa	**Setlhangwa sa dikwalo jaaka terama/ motshameko** **Dikgato tsa go buisa:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko, dikapuo/puo ya botshwantshi/, morumo, moribo • Popego ya ka fa ntle ya leboko, mela, ditemana, mofuta wa mokwalo (fonto) • Bokao jwa puo ya botshwantshi • Maikutlo • Thitokgang le molaetsa **Tekatlhaloganyo ya puiso: sekao mmuisano)** • Maitlhomo le babuisi/baamogedi ba ba tobilweng le tiriso • Tlhalosa morero/molaetsa • Ipopele bokao • Neela kakanyo ya gago • Bokao jo bo tlhamaletseng le bokao jo bo itlhametsweng • Lemorago le kamano ya loago le ya sepolotiki le setso tsa setlhangwa le mokwadi.	**Setlhangwa sa tirisano sk. pegelo ya mmegadikgang** • Popego e e siameng • Maikaelelo • Go sekamela ka fa letlhakoreng le le lengwe le go gobelela • Go digela • Go lebelela dilo ka letlhakore le le lengwe • Dikakanyokgolo le tse di tshegetsang • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo ka boleele le ka popego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala pegelo ya bobegakgang o latela dikgato tsa go kwala**	**Dira ka mafoko:** Maemeditho; bongwe le bontsi jwa ona **Dira ka dipolelo:** Tsamaiso; bapisa/farologanya Temana ya tlhaloso; temana ya matseno le ya bokhutlo;dipolelo; puo; lentswe; go sesekamela mo letlhakoreng le le lengwe le go gobelela **Bokao jwa mafoko:** Makaelagongwe, malatodi **Matshwao a puiso le mopeleto:** Matshwao a nopolo (ditsejwana);dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Baakanyetsa tlhatlhobo** **Go bua:** • Puo e e ipaakanyeditsweng/ ngangisano/potsotherisano/motlotlo • Puiso e e ipaakanyeditsweng • Puiso e e sa ipaakanyetswang **Theetso** • Tekatlhaloganyo ya theetso	**Baakanyetsa tlhatlhobo** **Go buisa** • Tekatlhaloganyo ya puiso • Tshobokanyo • Dikwalo: - Padi/Dikgangkhutshwe/Dinaane - Terama - Maboko	**Baakanyetsa tlhatlhobo** **Go kwala:** • Ditlhamo • Ditlhangwa tsa tirisano tse dileele • Ditlhangwa tsa tirisano tse dikhutshwane	**Dira ka mafoko:** Poeletso **Dira ka dipolelo:** Poeletso **Bokao jwa mafoko:** Poeletso **Matshwao a puiso le mopeleto:** Poeletso
DITIRO TSA TLHATLHOBO E E TLHOMAMENG YA BOFELO JWA NGWAGA KGWEDITHARO 4				
9-10	**TIRO 1: TIRO YA MOLOMO**		**TIRO 2: TLHATLHOBO YA BOFELO JWA NGWAGA**	
	Ngangisano/motlotlo/dipuisano tsa setlhopha/mmuisano		Pampiri 1: Tiro ya molomo Pampiri 2: Tekatlhaloganyo, Puo mo tirisong le dikwalo (Diura di le 2) Pampiri 3: Go kwala (Ura e le 1)	

MOPHATO 9 KGWE DITHARO 1 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Ditogamaano tsa Go reetsa le Go bua:** **Dipuisano tsa setlhopha**: Reetsa/lebelela papatso le go buisana. • Segalo • Lebelo • Tiriso ya puo ya maikutlo le e e tlhotlheletsang • Bogolo jwa fonto/mokwalotlanyo/ mofuta wa mokwalo • Puo ya mmele **Tekatlhaloganyo ya theetso: papatso** • Rekota dikakanyokgolo le tsa tshegetso ka go kwala dintlhathuto • Abelana dikakanyo le maitemogelo le go bontsha go tlhaloganya mareo • Supa malepa a tlhotlheletso/a go digela • Araba dipotso	**Go buisetsa/go lebelela go tlhaloganya (setlhangwa sa pono jaaka papatso/phousetara/ dikhathunu/** **Dikgemetšhana tsa dikhomiki)** • Go okola dintlha • Go tlodisa matlho • Puisotsenelelo • Ipopele bokao (baanelwa/badiragatsi, maitshetlego, molaetsa) • Bopa bokao jwa mafoko a a sa tlwaelegang ka go dirisa dikgono tsa kgaoganyo ya lefoko. • Puo e e tsosang maikutlo a a rileng • Puo ya mmele • Tiriso ya matshwao a puiso le fonto/ mokwalotlanya • Pele ga puiso • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Setlhangwa sa dikwalo jaaka padi ya baswa/kgangkhutshwe/terama** • Pele ga puiso (Itsise setlhangwa) - Utulola diponagalo tsa dikwalo jaaka setlhogo, ditlhogwana, dithalo, bogolo jwa fonto/mokwalotlanya, mofuta wa fonto. - Utulola dikarolo tsa buka jaaka letlharekapeso, letlhare la setlhogo, diteng dikgaolo, lenaanefoko	**Ditlhangwa tsa tirisano:** **Papatso/phousetara** • Kagego e e nepagetseng • Maitlhomo • Diponagalo tsa setlhangwa • Tiriso ya puo • Rejisetara **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala papatso/phousetara**	**Dira ka mafoko:** • Mopeleto le dipaterone tsa mopeleto • Dikhutshwafatso **Dira ka polelo:** • Popego ya polelo: • Maina, • Matlhaodi, • Maemedi • Dithuanyi • Dipaka **Tlotlofoko mo tirisong**

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
1-2		• Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, tlhatlhoba/ sekaseka.) **Ditogamaano tsa puiso** • Go okola dintlha • Go tlodisa matlho • Puisotsenelelo • Tshobokanyo • Bopa setshwantsho sa tlhaloganyo • Ipopele bokao le bokhutlo		

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua:** **Go reetsa setlhangwa se se buisiwang** • Tlhopha le go tshwaela ka: - Tiriso ya lentswe - Tiriso ya segalo le lebelo - Matshwao a puiso mo puisong - Pulo le tswalelo • **Buisanang ka diponagalo tse di fa godimo** **Puisetsogodimo e e ipaakanyeditsweng** • Dirisa dikgono tse di maleba tsa go bua jaaka segalo, modumo, lebelo, tlhagiso ya lentswe, matshwao a puiso, go buisa ka thelelo • **Barutwana ba itlhophela setlhangwa sa bona sa puiso mme ba se tlhagisa mo phaposing.**	**Setlhangwa sa dikwalo jaaka padi ya baswa/kgangkhutshwe/terama** • Dipuisano tsa kakaretso tsa diponagalo tsa botlhokwa jaaka baanelwa/badiragatsi, poloto, boanedi, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa/dira ponelopele ya ditiragalo) - Lemorago/maitshetlego - Kokoanya dintlha ka ga setlhogo - kokoanya dintlha ka ga thitokgang) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba)	**Kwala lekwalo la go lebogela thuso/ kgakololo e e amogetsweng** • Kagego e e nepagetseng • Maitlhomo • Dikakanyokgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala lekwalo la go lebogela thuso/ kgakololo e o e amogetseng**	**Dira ka mafoko:** • Mopeleto le dipaterone tsa mopeleto • Dikhutshwafatso, • Diakeronime • Kutu, tlhogo, mogatlana, • Mainatswako **Dira ka polelo :** • Maina, matlhaodi, maemedi • Matshwao a puiso • Dipaka; puosebui le puopegelo; • Popego ya polelo; dithuanyi **Tiriso e e tseneletseng ya puo:** Maele le diane; phefofatso **Tlotlofoko mo tirisong**

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4		**Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa **Buisa/lebelela/ditlhangwa tsa mmediantsi (ditogamaano)** • Go okola dintlha • Go tlodisa matlho • Puo ya mmele • Ipopela bokao jwa mafoko a a sa tlwaelegang le ditshwantsho (dikhathunu) ka go dirisa dikgono tsa kgaoganyo ya lefoko • Go tlhalosa • Go bonelapele		

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua:** **Reetsa motlotlo wa mogala/ mmuisano magareng ga modiredi wa senthara/setheo sa/ya kamogelomegala le modirelwa mabapi le kganetsano ka ga tumalano/konteraka** • Segalo • Tiriso ya puo • Rejisetara • Melawana **Diragatsa tumalano/konteraka ya molomo magareng ga morekisi le moreki, le kganetsano/ go sa dumalane ka ntlha ya dikgogakgogano tse di tlisitsweng ke konteraka e ya molomo** • Tiriso ya puo • Segalo • Puo ya mmele • Netefatso **Tlhagiso**	**Go buisa tumalano (konteraka) magareng ga morekisi le moreki** • Kagego • Tiriso ya puo • Puo e e kgethegileng ya konteraka/ tumalano • Botlhokwa jwa tshaeno • Thuso fa go na le kganetsano/go sa dumalane **Poko** • Diponagalokgolo tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, kgopolo; moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo a mmoki • Thitokgang/morero le molaetsa **Buisetsa/lebelela tumalano/konteraka go tlhaloganya (ditogamaano)** • Go okola dintlha • Go tlodisa matlho • Tiriso ya puo • Puo e e kgethegileng ya tumalano/ konteraka, sk. tshedimosetso ya botlalo e e gatisitsweng, kganetsano/ go sa dumalane, dingwaga tsa tsholo ya konteraka/tumalano/kamogelo ya konteraka • Bopa bokao jwa mafoko a a sa tlwaelegang ka go dirisa dikgono tsa kgaoganyo ya mafoko	**Setlhangwa sa tirisano: kwala pegelo ka diphitlhelelo tsa kganetsano/go sa dumalane magareng ga morekisi le moreki** • Kagego e e nepagetseng • Maitlhomo • Dikakanyokgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala pegelo o setse molebo wa dikgato tsa go kwala morago**	**Dira ka mafoko:** Makopanyi . **Dira ka polelo mo tirisong:** Popego ya polelo; Mefuta ya dipolelo; Puosebui le puopegelo; Dipolelo tsa dipotso; **Bokao jwa mafoko:** Diane le maele **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto; Dikhutshwafatso –ditlhakaina, diakeronomi, tlogelo ya tlhogo/karolo ya bofelo ya lefoko, **Tlotlofoko mo tirisong:** Puo ditumalano (dikonteraka) le ditokomana/dikwalo tsa molao

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditogamaano tsa Go reetsa le Go bua:** **Tekatlhaloganyo ya theetso (mmuisano)** • Reetsa mmuisano • Kwala dintlhathuto • Puo le maatla • Segalo • Maikutlo • Matseno le bokhutlo • Araba dipotso **Tiro ya molomo:** **Puo e e sa ipaakanyediwang** • Tlhopha setlhogo se se maleba • Rulaganya tshedimosetso gore e lomagane • Supa tlotlofoko le dipopego tsa puo tse di nepagetseng. • Matseno le bokhutlo tse di maleba • Dirisa didiriswa tsa pono, kutlopono fa go kgonagala	**Setlhangwa sa dikwalo jaaka padi ya baswa/kgangkhutshwe/terama** • Diponagalo tsa botlhokwa tsa setlhangwa sa dikwalo: jaaka baanelwa/badiragatsi, tiro/tiragalo, mmuisano, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang **Dikgato tsa puiso:** • Pele ga puiso • (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego e e ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Thulaganyo mofuta, setaele le ditebego • Bokao jwa botshwantshi • Maikutlo/moono • Thitokgang/morero le molaetsa **Tekatlhaloganyo (setlhangwa go tswa mo setlhangweng sa dikwalo se se tlhaotsweng)** • Go okola dintlha, go tlodisa matlho, ipopele setshwantsho sa tlhaloganyo • Puisotsenelelo • Neela tlhaloso ya bokao • Bokao jwa mafoko • Ntlhakemo ya mokwadi • Ntlha le kakanyo • Bokao jo bo sa tlhamalalang	**Kwala tlhamo: tlhamo ya Kanelo/ tlhaloso/maitlhomo** • Tlhopho ya mafoko • Lentswe la mong le setaele • Tlhaloso e e bonagalang/utlwagalang sentle • Segalo • Dintlhakgolo le tse di tshegetsang • Mmepe wa dikakanyo (thulaganyo ya dikakanyo) • Tlhagisa setlhangwa gore se tlhatlhojwe. **Totisa mogopolo mo dikgatong go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala tlhamo o latela molebo wa dikgato tsa go kwala**	**Dira ka mafoko:** Madiritota; Madirimatlhaedi. **Dira ka polelo:** Puosebui le puopegelo **Bokao jwa mafoko:** Diane le maele **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto; akeronimi.

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
9-10	**Ditogamaano tsa Go reetsa le Go bua:** **REETSA pegelo ya lekwalodikgang** • Kagego • Diponagalo • Tiriso ya puo • Segalo • Rejisetara • Matseno le bokhutlo **Buisanang ka diphitlhelelo** **Tlhagiso ya molomo ya pegelo** • Tiriso ya puo • Rejisetara • Segalo • Puo ya mmele • Matseno le bokhutlo	**Buisa pegelo ya lekwalodikgang/ makasine** **Ditogamaano tsa puiso** • Puisotsenelelo • Diponagalo tsa setlhangwa, sk. poloto, baanelwa, maitshetlego, moanedi, maikutlo, thitokgang/ • Morero, ntlhakemo ya moanedi • Ipopela bokao jwa mafoko a a sa tlwaelegang ka go dirisa dikgono tsa kgaoganyo ya mafoko. • Bokao jo bo tlhamaletseng le jo bo sa tlhamalalang. **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa	**Ditlhangwa tse dileele tsa tirisano**: jaaka pegelo/potsotherisano • Ditlhokego tsa tiro le mofuta wa setlhangwa • Kagego, setaele, ntlhakemo • Baamogedi/babuisi ba ba tobilweng, maitlhomo le tiriso • Tlhopho ya mafoko • Popego ya polelo, boleele le mefuta • Melawana ya temana **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala pegelo o sale molebo wa dikgato tsa go kwala morago**	**Dira ka mafoko:** Mediriso - Modirisogo Modirisotaelo Modirisokgonego Modirisopego Modirisotlwaelo Modirisokeletso **Dira ka polelo:** Dipolelonolo; Dipolelopate; Dipolelotswako; Tira le tirwa; Dipaka; **Bokao jwa mafoko:** Diane le maele Bokao jo bo tlhamaletseng, Bokao jwa botshwantshi, Poeletsomodumo (Ditumanosi) Mothofatso **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto; Matshwao a nopolo; Lenalana

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
9-10		**Buisetsa/lebelela go tlhaloganya (dirisa pegelo ya lekwalodikgang)** • Go okola • Tlodisa matlho • Puiosotsenelelo • Ipopele bokao (baanelwa, maitshetlego, molaetsa) • Ipopele bokao jwa mafoko a a sa tlwaelegang ka go dirisa dikgono tsa kgaoganyo ya mafoko • Puo e e tsosang maikutlo a a rileng • Araba dipotso		

TLHATLHOBO YA KGWEDITHARO 1			
TIRO 1: TLHATLHOBO YA MOLOMO		**TIRO 2: GO KWALA**	**TIRO 3: TEKO 1**
	Puiso e e ipaakanyeditsweng/motlotlo	Tlhamo ya tlhaloso/kanelo Lekwalo la botsalano/thadiso/mmuisano	Tekatlhaloganyo le tiriso ya puo

MOPHATO 9 KGWEDITHARO 2 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Reeletsa go tlhaloganya** **Reetsa kgang** • Supa dintlhakgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Araba dipotso **Dipuisano tsa Makgotlhana/ ditlhopha: setso** • Bontsha dikarolo tse ba di tshamekang • Dibui di a refosana • Tlhalosa dintlhakemo lo go fitlhelela dumalana • Dirisa puo, setaele le rejisetara tse di maleba • Tlhagisa	**Buisa setlhangwa sa dikwalo, sk. padi ya bašwa/kgangkhutshwe/ dinaane** **Ditogamaano tsa puiso** • Puisotsenelelo • Diponagalo tsa setlhangwa, sekao. poloto, baanelwa, maitshetlego, moanedi, maikutlo, thitokgang ntlhakemo ya baanedi • Ipopela bokao jwa mafoko a a sa tlwaelegang le ditshwantsho ka go dirisa dikgono tsa kgaoganyo ya mafoko • Popego ya puo le setaele **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa	**Ditlhangwa tsa tirisano:** **Bukatsatsi/molaotheo/pholisi** • Kagego e e nepagetseng • Maitlhomo/maikaelelo • Dikakanyokgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala bukatsatsi/molaotheo/pholisi o setse molebo wa dikgato tsa go kwala morago**	**Dira ka mafoko:** Kutu, ditlhogo, megatlana; maemedi **Dira ka polelo:** Mefuta ya dipolelo; Kitsokakaretso, Puosebui/puopegelo; Tira le tirwa; Dipaka **Bokao jwa mafoko:** Diane le maele; Bokao jo bo tlhamaletseng; jwa botshwantshi **Matshwao a puiso le mopeleto:** Matshwao a nopolo; Dipaterone tsa mopeleto; Dikhutshwafatso.

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
1-2		**Buisa/lebelela setlhangwa go bona tshedimosetso: Lokwalo lwa boswa le tesetamente** • Puiso le go lebelela go go tseneletseng • Maitlhomo a setlhangwa • Tiriso ya puo • Baanelwa le ditshobotsi tsa bona • Maitshetlego • Molaetsa le thitokgang/morero • Go sobokanya setlhangwa **Tshobokanyo** Tiriso ya puo Popego/kagego		

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua:** **Go reeletsa go tlhaloganya: lokwalotshelo/kgatiso ya motlotlo o o diragadiwang** • Tlhalosa ditogamaano tsa dikgato tsa go reetsa • Araba dipotso ka go kwala **Puiso e e sa ipaakanyediwang** • Tiriso e e maleba ya lentswe, segalo le lebelo • Matshwao a puiso mo puisong • Puo ya mmele • Kamano le baamogedi/babuisi/ baamogedi	**Buisa setlhangwa, sk. terama/ kgangkhutshwe/naane** • Tsepamo e e kgethegileng mo diponagalong tsa dikwalo. • Bontsha go tlhaloganya kgolo ya poloto le kgotlhang, boanedi, phetogo ya ditiragalo, maitshetlego, karolo ya moanedi, thitokgang, bokhutlo. **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa **Buisa/lebelela setlhangwa, sk. athikele ya lekwalodikgang/ diathikele tsa dimakasine go bona tshedimosetso le go di tlhaloganya** Ditogamaano tsa puiso Temana ya tekatlhaloganyo go tswa mo bukakgakololong • Go okola dintlha le go tlodisa matlho • Puisotsenelelo • Maitlhomo le babuisi/baamogedi ba ba tobilweng • Ipopele bokao le bokhutlo • Ntlha le kakanyo • Bokao jwa mafoko a a sa tlwaelegang • Supa puo e e digelang **Sobokanya setlhangwa**	**Go kwala: Thadiso ya setlhangwa (puiso ya setlhangwa se se sa ipaakanyediwang/tlhagiso ka ga tira galo (botshelo jwa mongwe)** • Kagego e e nepagetseng • Maitlhomo • Dikakanyokgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala thadiso/tlhagiso ya tiragalo nngwe/tiragalo/dokhumenthari ka ga botshelo jwa motho o latela molebo wa dikgato tsa go kwala**	**Dira ka mafoko:** Madiri; madiritota le Madirimatlhaedi dikutu; ditlhogo le megatlana **Dira ka polelo:** Dipolelotswako; kitsokakaretso, puosebui/puopegelo **Bokao jwa mafoko:** Diane la maele **Matshwao a puiso le mopeleto:** Matshwao a nopolo; dipaterone tsa mopeleto; dikhutshwafatso.

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua:** **Reetsa setlhangwa sa theetso jaaka potsotherisano/motlotlo/go tlotla kgang gore e tlhaloganngwe** • Tsaya dintlhathuto ka nako ya theetso • Reetsa ka tsenelelo **Dipuisano tsa setlhopha/dipuisano tsa makgotlhana (foramo)** • Tsaya karolo mo dipuisanong tse di thaetsweng mo setlhangweng sa molomo • Thefosano • Matshwao a mokgwa wa puo • Melawana	**Buisa setlhangwa, sk. terama/ kgangkhutshwe/naane** • Tsepamo e e kgethegileng mo diponagalong tsa dikwalo. • Bontsha go tlhaloganya kgolo ya poloto le kgotlhang, boanedi, phetogo ya ditiragalo, maitshetlego, karolo ya moanedi, thitokgang, bokhutlo. **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa **Go buisetsa/go lebelela go tlhaloganya (dirisa setlhangwa se se kwadilweng/se se bonwang jaaka dikhathunu/dikgemetšhana tsa dikhomiki)** • Okola dintlha • Tlodisa matlho • Puisotsenelelo • Ipopele bokao (baanelwa, maitshetlego, molaetsa) • Ipopela bokao jwa mafoko a a sa tlwaelegang ka go dirisa dikgono tsa kgaoganyo ya mafoko • Puo e e tsosang maikutlo a arileng **Boeletsa popego ya tshobokanyo**	**Kwala setlhangwa sa tirisano: kitsiso, lenanetema le metsotso** • Tlhopho ya mafoko • Lentswe la mong le setaele • Tlhaloso e e bonagalang sentle • Segalo • Dintlhakgolo le tse di tshegetsang • Mmepe wa dikakanyo (thulaganyo ya dikakanyo) go rulaganya dikakanyo tse di lomaganang • Tlhagisa setlhangwa gore se tshwaiwe **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala kitsiso, lenanetema le metsotso o latela molebo wa dikgato tsa go kwala**	**Dira ka mafoko:** Dikutu; Ditlhogo; Megatlana; Matlhaodi; **Dira ka polelo:** Temana ya tlhaloso; Temana ya matseno; Temana ya bokhutlo; Dipaka; Popego ya polelo; Mefuta ya dipolelo. **Bokao jwa mafoko:** Diane la maele **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditogamaano tsa Go reetsa le Go bua:** **Reetsa papatso e e gatisitsweng/ rekotilweng/papatso go tswa mo seyalemoweng** • Tiriso ya puo • Segalo • Lebelo • Melawana • Kwala dintlhathuto **Tlhagiso ya molomo: thanolo ya papatso** • Tlhalosa diponagalo tsa pono jaaka fonto, bogolo jwa kgatiso/ mokwalotlanyo, mokgwa wa go tsaya ditshwantsho • Tlhalosa tiriso ya puo e e digelang • Tlhalosa ka moo go tlhopha le go tlogela dintlha mo setlhangweng, go khutshwafatsa le tiriso ya puo di dirisiwang go digela baamogedi ba ba tobilweng ka teng.	**Buisa/lebelela setlhangwapono, sk. papatso/khathunu/dikerafo** Dirisa ditogamaano tsa go buisa/ lebelela go tlhaloganya le go bona tshedimosetso • Go okola le go tlodisa matlho • Puisotsenelelo • Maitlhomo babuisi/baamogedi ba ba tobilweng • Ipopele bokao le bokhutlo • Supa puo e e digelang • Tlhotllheletso ya tlhopho le tlogelo ya bokao mo setlhangweng • Mokgwa o rejisetara le dikgopolo di bontshang le go bopa boleng le boitshwaro • Seabe sa tiriso ya mefuta e e farologaneng le bogolo jwa fonto/ mokwalotlanyo, ditlhogwana le dintlhatlhaloso mo bokaong. **Tshobokanyo:** Poeletso **Dikwalo:** Poeletso	**Ditlhangwa tse dikhutshwane tsa tirisano/ditlhangwapono, sekao. thadiso ya papatso** • Kagego e e nepagetseng • Maitlhomo • Dikakanyokgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Thulaganyo e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo** dikgatong tsa go kwala • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala thadiso ya papatso/phasalatso**	**Dira ka mafoko:** Maina – mainakgongwa, mainakgopolo, mainagoboka, mainatswako Maemedi – maamanyi, maitiri, mabotsi, madiri-matlhaedi. **Dira ka polelo: mo tirisong:** Dipaka, Ditemana, Dithuanyi, Popego ya polelo, Tira le tirwa, Puosebui/ puopegelo. **Bokao jwa mafoko:** Maadingwa, Makaelagongwe, Malatodi **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto; Dikhutshwafatso

TLHATLHOBO YA KGWEDITHARO 2

9-10	TIRO 1: TIRO YA MOLOMO	TIRO 2: GO KWALA	TIRO 3: TLHATLHOBO YA BOGARE JWA NGWAGA
	Puiso e e ipaakanyeditsweng/motlotlo/ka sethlopha/ foramo.	Thadiso/Tlhagiso ka ga tiragalo nngwe (tiragalo ya mongwe ya botshelo) /kitsiso/lenanetema le metsotso	Pampiri 1: Tiro ya molomo Pampiri 2: Tekatlhaloganyo, Tshosobanyo, Tiriso ya Puo (diura di le 2) Pampiri 3: Go kwala (Ura e le 1) Pampiri 4: Tsibogelo ya Dikwalo (Ura e le 1 le metsotso e le 30)

MOPHATO 9 KGWEDITHARO 3 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Mmuisano/ditherisano** Reetsa therisano magareng ga batho ba babedi (mmuisano) • Popego le kgolo ya dikakanyo • Dirisa dikgono tsa ditherisano go fitlhelela ditumalano. **Dipuisano tse di thaetsweng mo go tlhaloganyeng lokwalo lwa boswa le tesetamente** • Tiriso ya puo • Puo e e digelang • Thefosano • Pulo le tswalelo • Tshwetso	**Buisa lokwalo lwa boswa le tesetamente tse di khutshwafaditsweng** • Batsayakarolo • Letlha • Leruo/boswa • Bajaboswa • Puo ya tokomana/lokwalo • Tiragatso ya lokwalo lwa boswa **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare e e mo teng ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa	**Setlhangwa sa tirisano: Kwala lokwalo lwa boswa le tesetamente** • Kagego e e nepagetseng • Maitlhomo • Dikakanyokgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala lokwalo lwa boswa le tesetamente**	**Dira ka mafoko:** Mainakgongwa le mainakgopolo, matlhaodi, makopanyi le mafoko a tirisano **Dira ka polelo:** Puosebui le puopegelo; dipaka; mefuta ya dipolelo; mefuta ya ditemana; tira le tirwa; dipolelo le dipolelwana. **Bokao jwa mafoko:** Maadingwa, malatodi; makwalotshwano; madumatshwano. **Matshwao a puiso le mopeleto** Dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
1-2		**Go buisetsa go tlhaloganya le ditogamaano tsa puiso: setlhangwapono - khathunu** • Go okola dintlhakgolo • Go tlodisa matlho go ntsha dintlha tse di tshegetsang • Dira diponelopele • Ipopela bokao jwa mafoko a a sa tlwaelegang le ditshwantsho • Go dira poeletso go godisa go tlhaloganya • Tlhotlheletso ya tlhopho le tlogelo ya dintlha mo bokaong jwa setlhangwa • Seabe sa didiriswa tsa botshwantshi le puo e e gogelang • Seabe sa ditegeniki tsa pono		

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua:** **Reetsa potsotherisano** • Tlhaloso ya karolo e e tshamekiwang • Tiriso ya puo • Puo le maatla **Buisanang ka Lokwaloikitsiso jaaka nngwe ya ntlha ya botlhokwa ya kamogelo/ya go thapiwa** • Tshedimosetso • Bomaleba • Basupi • Tomagano le lekwalophelegetso/ lekwalo la kopo	**Buisa setlhangwa sa dikwalo, sk. Padi/padi ya baswa/kgangkhutshwe** • Tsepamo e e kgethegileng mo diponagalong tsa dikwalo. • Bontsha go tlhaloganya kgolo ya poloto le kgotlhang, boanedi, phetogo ya ditiragalo, maitshetlego, karolo ya moanedi, thitokgang, bokhutlo. **Dikgato tsa puiso:** • Pele ga puiso (Matseno a setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego e e mo teng ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokang/morero le molaetsa	**Setlhangwa sa tirisano: sk. Lekwalophelegetso/lekwalo la kopo le lokwaloikitsiso** • Ditlhokego tsa kagego, setaele • Baamogedi ba ba tobilweng. maitlhomo le tiriso • Tlhopho ya mafoko, puo ya papiso, matshwao, mmala, e fitlhelwa fa kae? • Popego ya polelo, boleele le mefuta ya yona • Tlhopho ya dikarolwana tsa pono le tsa botlhami **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala lekwalophelegetso/lekwalo la kopo le lokwaloikitsiso**	**Dira ka mafoko:** Matlhaodi **Dira ka polelo:** Puosebui le puopegelo; dipaka; mefuta ya dipolelo; mefuta ya ditemana; tira le tirwa; dipolelo le dipolewana **Bokao jwa mafoko:** Makaelagongwe; malatodi; madumatshwano; makwalotshwano **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4		**Tekatlhaloganyo ya puiso (ditogamaano)** (dirisa ditlhangwa tsa pono le tse di kwadilweng) **Ditogamaano** • Go okola dikakanyokgolo • Go tlodisa matlho go ntsha dintlha tse di tshegetsang • Dira diponelopele • Ipopela bokao jwa mafoko le ditshwantsho • Tlhotlheletso ya tlhopho le tlogelo ya dintlha mo bokaong jwa setlhangwa • Seabe sa didiriswa tsa botshwantshi le puo e e gogelang • Seabe sa ditegeniki tsa pono		

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua:** **Reetsa ngangisano mo seyalemoweng/thelebišeneng** • Batsayakarolo • Tiriso ya lentswe • Lebelo • Tlhagisa ntlha le go e emelela • Tlhagisa kganetso • Tshwetso • Kwala dintlhathuto • Buisana le go abelana dintlha **Tsaya karolo mo dingangisanong** • Melawana ya dingangisano • Tiriso ya puo • Tlhagisa ntlha le go e emelela • Tlhagisa kganetso • Batsayakarolo • Tshwetso	**Buisa setlhangwa sa dikwalo sk. padi/kgangkhutshwe/naane sk. ditlhamane, dinoolwane, dikinane, mainane** • Diponagalo tsa setlhangwa sa dikwalo jaaka popego, baanelwa, maitshetlego, poloto, kgotlhang, matshwao, go huma ga modumo, kgopolo, dipontsho **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa **Go buisetsa/lebelela go tlhaloganya** (ditlhangwa tsa pono le tse di kwadilweng)	**Kwala tlhamo: tlhamo ya kanelo/ tlhaloso/maitlhomo** • Tlhopho ya mafoko • Lentswe la mong le setaele • Tlhaloso e e bonagalang sentle • Segalo • Dintlhakgolo le tse di tshegetsang • Mmepe wa tlhaloganyo go rulaganya dikakanyo tse di lomaganeng • Tlhagisa setlhangwa gore se tlhatlhojwe **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala tlhamo o sale molebo wa dikgato tsa go kwala morago**	**Dira ka mafoko:** Makopanyi le mafoko a a lemosang phetogo **Dira ka polelo:** Puosebui le puopegelo; mefuta ya dipolelo, popego ya polelo; tira le tirwa; dipaka; mefuta ya ditemana. **Bokao jwa mafoko:** Jo bo tlhamaletseng le jo bo sa tlhamalalang/jwa botshwantshi; poeletsomodumo (ditumanosi, ditumammogo) , mothofatso, maetsi, **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6		**Ditogamaano** • Go okola dikakanyokgolo • Go tlodisa matlho go ntsha dintlha tse di tshegetsang • Puisotsenelelo • Dira diponelopele • Ipopela bokao jwa mafoko le dikgopolo • Dikakanyokgolo le tse di tshegetsang • Tlhotlheletso ya tlhopho le tlogelo ya dintlha mo bokaong jwa setlhangwa • Seabe sa didiriswa tsa botshwantshi le puo e e gogelang • Go ipopela bokao le bokhutlo jwa mokwadi. **Tshobokanyo ya setlhangwa**		

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditogamaano tsa Go reetsa le Go bua:** **Go reetsa puo e e tlhagisiwang ke mongwe wa maemo a a tlotlegang mo loagong** • Tiriso ya puo • Puo e e lebelelang dilo ka letlhakore le le lengwe le puo ya kgobelelo • Puo e e sekamelang ka fa letlhakoreng le le lengwe • Segalo • Puo le maatla • Araba dipotso **Motlotlo o o ipaakanyeditsweng** Barutwana ba dire dipatlisiso jaaka tirwana ya ipaakanyo. • Melawana ya tlhagiso • Puo ya mmele • Matseno le bokhutlo • Tiriso ya puo	**Setlhangwa sa dikwalo jaaka kgangkhutshwe, padi ya baŝwa/padi** • Diponagalokgolo tsa botlhokwa tsa setlhangwa sa dikwalo: jaaka baanelwa, tiragalo, mmuisano, poloto, kgotlhang, maitshetlego, moanedi, thitokgang **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalokgolo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa	**Setlhagwa sa tirisano sk. karata ya taletso, kamogelo ya taletso** • Ditlhokego tsa tiro le mofuta wa setlhangwa • Kagego, setaele, ntlhakemo • Baamogedi/babuisi ba ba tobilweng, maitlhomo le tiriso/maemo • Tlhopho ya mafoko/tlhaloso e e bonagalang sentle • Popego ya polelo, boleele le mefuta **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Tlhama karata ya taletso le kamogelo ya taletso ya yona**	**Dira ka mafoko:** Matlhaodi (popego) **Dira ka polelo:** Temana ya tlhaloso; temana e e itlhophelwang; temana e e aroganyang. **Bokao jwa mafoko:** Lefoko le le emelang polelwana. **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8		**Go buisetsa/lebelela go tlhaloganya** (ditlhangwa tsa pono le tse di kwadilweng) • Go okola dikakanyokgolo • Go tlodisa matlho go ntsha dintlha tse di tshegetsang • Puisotsenelelo • Dira diponelopele • Ipopela bokao jwa mafoko le ditshwantsho • Dikakanyokgolo le tsa e di tshegetsang • Kakanyo ya mong • Tshobokanyo- • Tlhotlheletso ya tlhopho le tlogelo ya dintlha mo bokaong jwa setlhangwa • Seabe sa didiriswa tsa botshwantshi le puo e e gogelang • Seabe sa ditegeniki tsa pono • Go ipopela bokao le bokhutlo jwa mokwadi		

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
9-10	**Ditogamaano tsa Go reetsa le Go bua:** **Go tlotla kgang** • Tlhokomela: dikgono tsa go bua, segalo, kapodiso, lebelo, kutlwalo ya lentswe/phetogo ya segalo, tebo ya matlho, kemo, puo ya matsogo le dikarolo tsa mmele • Melawana le diponagalo tsa kgang **Mmuisano: Diragatsa/Etsisa mmuisano** • Tiriso ya puo • Thefosano • Dikarolo tsa mmele • Diponagalo tsa setlhangwa	**Buisa setlhangwa sa dikwalo jaaka terama** • Diponagalokgolo tsa botlhokwa tsa setlhangwa sa dikwalo: jaaka badiragatsi, tiragalo, mmuisano, poloto, kgotlhang, maitshetlego, moanedi, thitokgang **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa botshwantshi • Maikutlo/moono • Thitokgang/morero le molaetsa	**Setlhangwa sa tirisano, sekao. mmuisano** • Tlhopho ya mafoko • Lentswe la mong le setaele • Tlhaloso e e bonagalang sentle • Segalo • Dintlhakgolo le tsa tshegetso • Mmepe wa dikakanyo (thulaganyo ya dikakanyo) go rulaganya dikakanyo tse di lomaganeng • Tlhagisa setlhangwa gore se tlhatlhojwe **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala lenaanetema le metsotso o latela molebo wa dikgato tsa go kwala**	**Dira ka mafoko:** Madiri Mabotsi, masupi, maemedi **Dira ka polelo:** Tsamaiso, thulaganyo go ya ka maemo, Thulaganyo go ya ka botlhokwa, temana e e khutlisang **Bokao jwa mafoko:** Lefoko le le emelang polelwana. **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
		Tekatlhaloganyo ya puiso: (setlhangwa go tswa mo setlhangweng sa dikwalo tse di tlhaotsweng) • Go okola, tlodisa matlho, bopa setshwantsho sa tlhaloganyo • Puisotsenelelo • Ipopele bokao • Bokao jwa mafoko • Ntlhakemo ya mokwadi • Ntlha le kakanyo • Bokao jo bo sa tlhamalalang		

TLHATLHOBO YA KGWEDITHARO 3			
	TIRO 1: TLHATLHOBO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 3: TEKO 2**
	Puiso e e ipaakanyeditsweng/motlotlo/puo e e ipaakanyeditsweng tiragatso (ketsiso)/ngangisano dipuisano tsa lokwaloikitsiso/lokwalo lwa boswa/ tesetamente	Tlhamo ya tlhaloso/kanelo/maitlhomo/ngangisano Lekwalophelegetso le lokwaloikitsiso	Tekatlhaloganyo le tiriso ya puo

MOPHATO WA 9 KGWEDITHARO 4 DITENG				
DIBEKE	**GO REETSA LE GO BUA**	**GO BUISA LE GO LEBELELA**	**GO KWALA LE GO TLHAGISA**	**DIPOPEGO TSA PUO LE MELAWANA YA TIRISO**
1-2	**Tekatlhaloganyo ya theetso** • Tsibogela ditlhangwa tse di farologaneng ka tsenelelo. • Reeletsa tshedimosetso e e kgethegileng • Reetsa le go itumelela dinaane le ditlhogo • Araba dipotso **Tsamaiso ya kopano** • Batsayakarolo • Melawana ya kopano • Thefosano • Tiriso ya puo • Dikganetsano mo kopanong • Matseno le bokhutlo	**Setlhangwa sa dikwalo jaaka kgangkhutshwe, padi ya baswa/padi** • Diponagalokgolo tsa botlhokwa tsa setlhangwa sa dikwalo: jaaka baanelwa, tiragalo, mmuisano, poloto, kgotlhang, maitshetlego, moanedi, thitokgang **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego yaka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa **Tekatlhaloganyo ya puiso: (setlhangwa go tswa mo setlhangweng sa dikwalo se se tlhaotsweng)** • Go okola, tlodisa matlho, bopa setshwantsho sa tlhaloganyo • Puisotsenelelo • Ipopele bokao • Bokao jwa mafoko • Ntlhakemo ya mokwadi • Ntlha le kakanyo • Bokao jo bo sa tlhamalalang	**Setlhangwa se seleele sa tirisano, sk. Lekwalo la kopo (le le tlhomameng)** • Kagego e e nepagetseng • Maitlhomo • Dikakanyokgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala lekwalo la kopo**	**Dira ka mafoko:** Madiri **Dira ka polelo:** Puosebui le puopegelo Tira le tirwa **Bokao jwa mafoko:** Botemepedi, tiriso ya mafoko a mantsi go feta selekano, tiriso ya mafoko a mabedi kgotsa go feta mo polelong a a rayang selo se le sengwe, tiriso ya mafoko a bokao bo le bongwe mo polelong Puo ya ditlhopha dingwe tse di rileng, Mafoko a a dirisiwang ke batho ba tiro nngwe e e rileng. **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
3-4	**Ditogamaano tsa Go reetsa le Go bua:** **Tekatlhaloganyo ya theetso (dirisa mmuisano o o gatisitsweng)** • Reetsa mmuisano • Tsaya dintlhathuto • Puo le maatla • Segalo • Moono/maikutlo • Matseno le bokhutlo • Araba dipotso **Dipuisano tsa makgotlhana/foramo/ dipuisano tsa lekoko/dipuisano tsa ditlhopha** • Batsayakarolo • Melawana ya dipuisano tsa makgotlhana • Thefosano • Tiriso ya puo • Dikganetsano mo dipuisanong • Matseno le bokhutlo Ditlhopha di bua ka dilo tse di diragalang gompiemo tse di ba kgatlhang.	**Setlhangwa sa dikwalo jaaka kgangkhutshwe, padi ya baswa/padi** • Diponagalokgolo tsa botlhokwa tsa setlhangwa sa dikwalo: jaaka baanelwa, tiragalo, mmuisano, poloto, kgotlhang, maitshetlego, moanedi, thitokgang **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang/morero le molaetsa **Tekatlhaloganyo ya go buisa/go lebelela (setlhangwa sa pono kgotsa sa mmediantsi jaaka khathunu kgotsa papatso)** • Go okola, go tlodisa matlho, go bopa setshwantsho sa tlhaloganyo • Puisotsenelelo • Ipopele bokao • Bokao jwa mafoko • Ntlhakemo ya mokwadi • Ntlha le kakanyo • Bokao jo bo sa tlhamalalang	**Setlhangwa sa tirisano, sekao. imeile/ lekwalo la maranyane** • Kagego e e nepagetseng • Maitlhomo/maikaelelo • Dikakanyokgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Thulaganyo e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala imeile/lekwalo la maranyane o latela molebo wa dikgato tsa go kwala**	**Dira ka mafoko:** Mainatota, modirisogo, leinatswako **Dira ka polelo:** Tsamaiso, Thulaganyo go ya ka maemo, Thulaganyo go ya ka botlhokwa, Temana ya bokhutlo **Bokao jwa mafoko:** Puo e e naganelang/e e lebelelang dilo ka letlhakore le le lengwe, Puo e e gobelelang, Puo e e sekamelang mo letlhakoreng le le lengwe, Puo e e tsosang maikutlo a a rileng **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto Dikhutshwafatso – ditlhakaina, akeronimi, tiroso ya karolo ya ntlha ya lefoko, go bopa khutshowafatso, sk. mos: (boemong jwa Mosupologo). Tiriso ya karalo e e fa gare, bo bafelo ya lefoko go bopa khutshwafatso sekao: Molebogeng e nna Lebo kgotsa Masego e nna Sego

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
5-6	**Ditogamaano tsa Go reetsa le Go bua:** **Diragatsa/Etsisa sengwe/maemo mangwe a a rileng** • Maemo a bontshiwa sentle • Baanelwa ba farologanngwa sentle • Puo e siametse maemo a a bontshiwang • Ketsiso e bontsha motsamao wa tiragalo e e kgonagalang mo maemong a a rileng. **Motlotlo** • Tsaya tshwetso ka maemo a a maleba le setlhogo • Melawana ya go bua • Puo le maatla • Matshwao a mokgwa wa puo	**Setlhangwa sa dikwalo jaaka kgangkhutshwe, padi ya baŝwa/padi** • Dintlha tsa botlhokwa tsa setlhangwa sa dikwalo: jaaka baanelwa, tiragalo, mmuisano, poloto, kgotlhang, lemorago, maitshetlego, moanedi, thitokgang **Dikgato tsa puiso:** • Pele ga puiso (Itsise setlhangwa) • Ka nako ya puiso (diponagalo tsa setlhangwa) • Morago ga puiso (araba dipotso, bapisa, farologanya, sekaseka/ tlhatlhoba) **Poko** • Diponagalo tsa botlhokwa tsa leboko • Popego ya ka fa gare ya leboko: maele, dikapuo/puo ya botshwantshi, moribo le morumo • Popego e e kwa ntle ya leboko: mela, mafoko, ditemana, • Thulaganyo, setaele le ditebego • Bokao jwa papiso • Maikutlo/moono • Thitokgang le molaetsa **Tekatlhaloganyo ya puiso: (setlhangwa go tswa mo setlhangweng sa dikwalo se se tlhaotsweng)** • Go okola, go tlodisa matlho, go aga setshwantsho sa tlhaloganyo • Puisotsenelelo • Ipopele bokao • Bokao jwa mafoko • Ntlhakemo ya mokwadi • Ntlha le kakanyo • Bokao jo bo sa tlhamalalang **Kwala tshobokanyo ya dintlha kgotsa ya temana**	**Setlhangwa sa tirisano sk. tsa botshelo jwa moswi/bukatsatsi/karata ya taletso** • Kagego e e nepagetseng • Maitlhomo • Dikakanyokgolo le tse di tshegetsang • Tiriso ya puo • Rejisetara • Tatelano e e lolameng ya dipolelo • Dirisa makopanyi go netefatsa tomagano • Dirisa mefuta e e farologaneng ya dipolelo, boleele le dipopego **Totisa mogopolo mo dikgatong tsa go kwala** • Go dira ipaakanyetsotiro • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa **Kwala tsa botshelo jwa moswi/ bukatsatsi/karata ya taletso o latela molebo wa dikgato tsa go kwala**	**Dira ka mafoko:** Madiri, maina **Dira ka polelo:** Tlhaloso: Lebaka le ditlamorago **Bokao jwa mafoko:** Mafoko a a bokaobontsi , dirisa puo mo mabakeng a a kgethegileng, lefoko le le lengwe boemong jwa polelwana **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto

DIBEKE	GO REETSA LE GO BUA	GO BUISA LE GO LEBELELA	GO KWALA LE GO TLHAGISA	DIPOPEGO TSA PUO LE MELAWANA YA TIRISO
7-8	**Ditogamaano tsa Go reetsa le Go bua:** **Poeletso**	**Go buisa le go lebelela:** **Poeletso ya diponagalokgolo, melawana le dipopego**	**Go kwala:** **Poeletso ya ditlhangwa tse di kwalwang** **Poeletso ya molebo wa dikgato tsa go kwala**	**Dira ka mafoko:** Poeletso **Dira ka polelo:** **Poeletso** **Bokao jwa mafoko:** Lefoko le le lengwe le le emelang polelwana. **Matshwao a puiso le mopeleto:** Dipaterone tsa mopeleto.
DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA BOFELO JWA NGWAGA TSA KGWEDITHARO 4				
9-10	**TIRO 1: TIRO YA MOLOMO**		**TIRO 2: TLHATLHOBO YA BOFELO JWA NGWAGA**	
	Ngangisano/potsotherisano/motlotlo/puo e e ipaakanyeditsweng/e e sa ipaakanyediwang/dipuisano tsa foramo/setlhopha/phanele/Tekatlhaloganyo ya theetso/tsamaiso ya kopano		Pampiri 1: Tiro ya molomo Pampiri 2: Tekatlhaloganyo, Puo mo tirisong (Diura di le 2) Pampiri 3: Go kwala (Ura e le 1) Pampiri 4: Tsibogelo ya Dikwalo (Ura e le 1 le metsotso e le 30)	

KAROLO 4: TLHATLHOBO MO PUONG YA GAE

4.1 MATSENO

Tlhatlhobo ke kgato e e rulagantsweng ya go supa, go kgobokanya le go ranola tshedimosetso ka ga tiro ya barutwana. E akaretsa dikgato di le nne: go tlhagisa le go kgobokanya bopaki jwa phitlhelelo; go tlhatlhoba phitlhelelo e; go rekota se se fitlheletsweng, go dirisa tshedimosetso, go tlhaloganya le go thusa mo kgolong ya barutwana gore go tokafadiwe dikgato tsa go ithuta le go ruta.

Tlhatlhobo e tshwanetse go nna e e sa tlhomamang (Tlhatlhobo ya Go ithuta) le e e tlhomameng (Tlhatlhobo ya Go rutega) . Mo maemong otlhe barutwana ba tshwanetse go newa dipegelo tsa gore ba dirile jang, morago ba kgone go tiisa maitemogelo a bona a go ithuta.

Tlhatlhobo mo Dipuong e a tswelela gape e tshegetsa kgolo le tlhabololo ya barutwana. Ke karolo e e botlhokwa ya go ruta le go ithuta ka e neelana ka pegelo ya go ruta le go ithuta. E tshwanetse go tsenyelediwa/akarediwa mo go ruteng le go ithata go na le gore e diragadiwe e le karolwana e e ikemetseng. Go tsweletsa moo, tlhatlhobo e e lotagantsweng ya dikarolo tse di farologaneng tsa puo e tshwanetse gore e diragadiwe. Sekao, re ka simolola ka tiro ya go buisa re bo re dira tekatlhaloganyo. Dipotso tsa kitso ya dipopego tsa puo le tsona di ka bodiwa go tswa mo setlhangweng seo. Mo kgatong ya morago ga puiso, barutwana ba ka kopiwa go tsibogela setlhangwa ka, sekao, go kwala lekwalo ka ga dintlha tse go builweng ka tsona mo setlhangweng kgotsa go kwala ditsibogelo dingwe tsa boitlhamedi ka ga diteng tsa setlhangwa. Go sobokanya tirwana e, go ka tshwarwa dipuisano ka ga setlhogo mme ka jalo re arabele dikgono tsotlhe tsa puo mo tirwaneng e le nngwe e e tswelelang e e lotagantsweng.

Go tlhatlhobiwa ga dikgono tse di farologaneng tsa puo go se ke ga bonwa e le ditirwana tse di kgaoganeng mme go bonwe e le tirwana e le nngwe e e lotaganeng. Ka jalo diruboriki tsa tlhatlhobo mo tirong, di tshwanetse go arabela dikgono tse di farologaneng tsa puo.

Dikgono tsa barutwana tsa *go reetsa, bokgoni jwa tiro ya molomo, bokgoni jwa go araba dipotso, botsayakarolo mo dipuisanong le dikgono tsa go rekota go go kwadilweg* di tshwanetse gore fa go kgonega di lebelelwe letsatsi le letsatsi.

Go botlhokwa gape, gore go *tlhatlhobiwe go tlhaloganya se barutwana ba se buisang* mme e seng fela bokgoni jwa go lemoga kgotsa go fitlhelela bokao jwa mafoko. Ka jalo, tlhatlhobo ya go buisa e tshwanetse go diragala kgapetsakgapetsa mme e seng tlhatlhobo e e diriwang gangwe fela. Tlhatlhobo e e tlhomameng e tshwanetse go toba puisetsogodimo mmogo le ditirwana tse di tlaa go thusang go tlhomamisa gore morutwana o tlhalogantse go le go kae, sekao, go bua kgang gape kgotsa go araba dipotso.

Tlhatlhobo ya tiro e e kwadilweng e tlaa toba thata bokgoni jwa morutwana jwa go fetisa bokao, le gore ba kwadile go le gokae ka nepagalo, sekao, nepagalo ya dipopego tsa puo le tiriso, mopeleto le kapodiso. Tlhatlhobo yotlhe e tshwanetse go lemoga gore go ithuta puo ke selo se se tswelelang le gore barutwana ga ba kitla ba tlhagisa tiro e e nepagetseng ka botlalo mo lekgetlhong lwa ntlha. Ka jalo, dikgato tse di farologaneng mo dikgatong tsa go kwala di tshwanetse gore le tsona di tlhatlhobiwe.

Fa go neelwa tiro ya tlhatlhobo e e tlhomameng, go tlaa bo go tobilwe kgono e e rileng, sekao Go reetsa le Go bua kgotsa Go buisa kgotsa Go kwala. Le fa go ntse jalo, go tla dirisiwa dikgono tse di fetang bongwe ka gore go ithuta puo ke tsweletso e e lotaganeng. Go tshwanetse ga netefadiwa gore tlhatlhobo ga e diriwe fela jaaka tiro e e kwadiwang, mme e letla gape tiragatso le tiro ya molomo.go botlhokwa go tlhatlhoba se barutwana ba se tlhaloganyang mme e seng fela go tshwara ka tlhogo, ka jalo, tlhatlhoba dikgono di le mo tirisong ka mo o ka kgonang, sk, barutwana ba

ka peleta mafoko otlhe a bona ka nepagalo mo tekong ka Labotlhano, a mme ba ka kgona go dirisa mafoko ao a a peletilweng ka nepagalo fa ba kwala/ba rekota dikgang ka ga bona kgotsa kgang nngwe?

Go ruta le tlhatlhobo ya dipuo go tshwanetse ga dira tlamelo ya tsenyeletso ya barutwana botlhe, gape go bonwe ditogamaano tsa go thusa barutwana botlhe go tlhatlhoba kgotsa go tlhagisa ditlhangwa tsa puo.

Lenaneo la tlhatlhobo le letlelela tlhatlhobo ya bofelo, e e ka tsayang sebopego sa teko kgotsa tlhatlhobo, kwa bofelong jwa kgweditharo e nngwe le e nngwe. Tiro e e tlhatlhobiwang e tshwanetse gore e bo e rutilwe mo gare ga kgweditharo. Dintlha tsa tlhatlhobo di tshwanetse go tlhagisiwa mo maemong a a farologaneng a dipotso go netefatsa kamogelesego/bonnete.

4.2 TLHATLHOBO E E SA TLHOMAMANG KGOTSA YA LETSATSI LE LETSATSI.

Tlhatlhobo ya go ithuta e na le maitlhomo a go kokoanya tshedimosetso ya diphitlhelelo tsa barutwana tse di ka dirisiwang go tokafatsa go ithuta ga bona.

Tlhatlhobo e e sa tlhomamang ke tekolo ya letsatsi le letsatsi ya go tswelela ga moithuti. Se, se dirwa ka go lebelela barutwana ba dira tiro, dipuisano, ditshupetso tse di diragadiwang, dikhonferese tsa morutwana le morutabana, go dirisana go go sa tlhomamang ga mo phaposiborutelong, jalo jalo. Tlhatlhobo e e sa tlhomamang e ka diragadiwa bonolo jaaka go emisa thuto gore o ele barutwana tlhoko kgotsa o buisane le bona ka ga gore ba tswelela jang. Tlhatlhobo ya bokgoni jwa puo e tla nna mo sebopegong sa go lebelela, dithutiso tse di kwadiwang, ditirwana le ditlhagiso tsa molomo, diteko tse di kwadilweng, puisetsogodimo le mefuta e mengwe ya tlhatlhobo. Tlhatlhobo e e sa tlhomamang e tshwanetse go dirisiwa go neela barutwana diphitlhelelo le go sedimosa ka thulaganyo ya go ruta, fela ga e tlhoke go rekotiwa. E se ke ya tsewa jaaka e kete e kgaogane le ditirwana tsa go ithuta tse di diragalang mo phaposiborutelong gape o ka dirisa ditirwana di le dintsi tsa gago go thatlhoba go tiragatso ya barutwana. Mo mabakeng a mangwe, o ka batla go rulaganya mofuta o o rileng wa tlhatlhobo ya ditirwana go rotloetsa barutwana ba gago, jaaka ditlhangwa tsa mopeleto. Barutwana kgotsa barutabana ba ka tshwaya ditirwana tse.

Go tshitshinngwa gore o dirise dibeke tse pedi tsa ntlha tsa kgweditharo go dira tlhatlhobo ya motheo. Go dira tlhatlhobo e, o tshwanetse go dirisa ditirwana tse di neetsweng mo dibekeng tse pedi tsa ntlha tsa thulaganyo ya go ruta.

Go itlhatlhoba le go tlhatlhobiwa ke molekane go dira gore barutwana ba tseye karolo e e matlhagatlhaga mo tlhatlhobong. Se, se botlhokwa ka se letlelela barutwana go ithuta go tswa go le go lebelela go dira ga bona. Dipholo tsa tlhatlhobo ya letsatsi le letsatsi tse disa tlhomamang ga di rekotiwe ntle le fa morutabana a eletsa go dira jalo. Le fa go le jalo, barutabana ba ka eletsa go boloka direkoto tse di sa tlhomamang tsa gore barutwana ba tswelela jang mo dikarolong tse di farologaneng tsa serutwa go ba thusa go rulaganya le go netefatsa gore barutwana ba aga dikgono le go tlhaloganya go go tlhokagalang. Dipholo tsa tlhatlhobo ya letsatsi le letsatsi ga di dirisediwe maitlhomo a go falodisa le a go abela setifikeiti.

4.3 TLHATLHOBO E E TLHOMAMENG

Ditiro tsotlhe tsa tlhatlhobo tse di bopang thulaganyo ya tlhatlhobo e e tlhomameng ya ngwaga, di tsewa e le Tlhatlhobo e e Tlhomameng. Ditiro tsa tlhatlhobo e e tlhomameng di tshwaiwa le go rekotiwa ke morutabana ka maitlhomo a tsweletso. Ditiro tsotlhe tsa Tlhatlhobo e e Tlhomameng di tshwanetse go lekanyediwa ka maitlhomo a go tlhomamisa boleng le go netefatsa gore maemo a a maleba a tshegeditswe.

Tlhatlhobo e e tlhomameng e tlamela morutabana ka tsela e e rulaganeng ya go atlhola ka moo morutwana a tswelelang ka teng mo mophatong le mo serutweng se se rileng. Dikao tsa tlhatlhobo e e tlhomameng di akaretsa

diteko, ditlhatlhobo, ditlhagiso tsa molomo, ditiragatso (jaaka go bua kgang gape, go bapisa/go tshwantshanya) , ditiragatso (jaaka go diragatsa kgang) , ditlhamo, go tsaya karolo mo ditirong tsa molomo (jaaka mmuisano, motlotlo, dipuisano) , ditiro tse di kwadiwang (jaaka go feleletsa letlhare la tiro, go kwala ditemana kgotsa mefuta e mengwe ya ditlhangwa) , jalo jalo.

Maitlhomo a go bopa Lenaneo la Tlhatlhobo ke go netefatsa go amogelesega, go ikanyega, tekano le botlalo jwa tlhatlhobo ka go neela kaelo e e totobetseng ya mefuta ya ditirwana le diperesente tse di abetsweng kgono e nngwe le e nngwe ya puo mo tirong. E tlhagisa gape se tlhatlhobo e se tobileng, k.g.r tsela e tiro e tshwanetseng go diriwa ka yona.

Mo tlhatlhobong e e tlhomameng, dirisa memorantamo, diruboriki, manaanenetefatso le dieelo tsa go kala le didiriswa tse dingwe tse di maleba tsa go lebelela, tlhatlhoba le go rekota maemo a barutwana a go tlhaloganya le kgono. Tlhopha sediriswa sa tlhatlhobo se se leng maleba thata le mofuta wa tirwana. Sekao, ruboriki e maleba thata go feta memorantamo mo tirong ya go kwala boitlhamedi. Memorantamo o siametse teko ya mopeleto kgotsa tirwana ya tekatlhaloganyo.

4.3.1 Ditlhokego tsa Tlhatlhobo e e Tlhomameng ya Puo ya Gae

Ditiro tsa tlhatlhobo e e tlhomameng di tshwanetse go tlhatlhoba mefuta ya dikarolo tsa dikgono tsa puo gore dikarolokgolo di tle di tlhatlhobiwe mo tsamaong ya kgweditharo le ngwaga. Barutabana ba tshwanetse go netefatsa gore barutwana ba filwe tlhatlhobo e e sa tlhomamang ya dikarolo tse le gore dipegelo (ditshiamiso) di dirilwe pele ba ka newa tlhatlhobo e e tlhomameng.

Tlhatlhobo yotlhe ya Kgato e Kgolwane ke ya mo sekolong.

Lenaneo la Tlhatlhobo le le tlhomameng la Mephato 7 – 9 le bopilwe ka ditiro tsa tlhatlhobo e e tlhomameng di le lesomenngwe (11) , tse di tlhakanang go nna 100%. Tlhatlhobo ya mo sekolong (SBA) ke 40% fa tlhatlhobo ya bofelo jwa ngwaga e le 60%.

Tlhatlhobo ya mo sekolong (SBA) (40%)

Kgato e Kgolwane e na le ditiro tsa tlhatlhobo e e tlhomameng di le lesome (10) e le tsa tlhatlhobo ya mo sekolong. Ditiro tsa tlhatlhobo e e tlhomameng di rulagantswe jaana:

- Mophato 7 – ditiro tsa molomo di le 4, ditiro tsa go kwala di le 2, diteko di le 3 le tlhatlhobo ya Seetebosigo e le 1.
- Mophato 8 – ditiro tsa molomo di le 4, ditiro tsa go kwala di le 3, diteko di le 2 le tlhatlhobo ya Seetebosigo e le 1.
- Mophato 9 – ditiro tsa molomo di le 4, ditiro tsa go kwala di le 3, diteko di le 2 le tlhatlhobo ya Seetebosigo e le 1.

Tlhatlhobo ya bofelo jwa ngwaga (60%)

Tlhatlhobo ya bofelo jwa ngwaga e bopilwe ka ditiro tsa ya molomo le tse di kwadilweng. Tiro ya molomo e e leng Pampiri 1, ke 20, 8%. Phesente e tshwanetse go bopiwa go tswa mo ditirong tsa molomo di le nne tse di dirilweng mo tsamaong ya ngwaga. Ditiro tse di kwadilweng, tse di tshwanetseng go tsamaisiwa mo maemo a a tlhokometsweng, di bopiwa ka di pampiri di le pedi (2) mo Mephatong 7 & 8 le di le tharo (3) mo Mophato 9.

Mephato 7 & 8

- Pampiri 2 – Tekatlhaloganyo le Puo mo tirisong
- Pampiri 3 – Go kwala (Ditlhangwa tsa Dikwalo (boitlhamedi jwa poko/terama/kgangkhutshwe) , Tlhamo le tsa tirisano)

Mophato 9

- Pampiri 2 – Tekatlhaloganyo le Puo mo tirisong
- Pampiri 3 – Go kwala (Ditlhangwa tsa Dikwalo (boitlhamedi jwa poko/terama/kgangkhutshwe) , Tlhamo le tsa tirisano)
- Pampiri 4 – Tsibogelo ya dikwalo

4.3.2 Mefuta ya ditiro go ya ka kgweditharo

Mefuta ya tlhatlhobo e e dirisiwang e tshwanetse go nna maleba le maemo a kgolo ya dingwaga le a tlhabololo. Go agiwa ga ditiro tse go tshwanetse go akaretsa diteng tsa serutwa le go tsenyeletsa mefuta ya ditlhangwa tse di agetsweng go fitlhelela maikaelelo a serutwa. Di tshwanetse go ikaega ka kitso le dikgono tse di rutilweng mo kgweditharong eo. Dirisa dithulaganyo tsa kgweditharo tsa mophato o mongwe le o mongwe go tlhopha mofuta wa ditirwana le dikgono tse di tlhokegang mo karolong e nngwe le e nngwe ya tiro ya tlhatlhobo e e tlhomameng. Sekao, fa o rulaganya tiro ya go kwala ga boitlhamedi mo Mophato 7, Kgweditharo 1, o batla barutwana go kwala leboko, o ka solofela fela gore 'ba kwale dipolelo tsa boleele jo bo tshwanang, tse di rumang', jaaka seo e tlaa bo e le se o re rutileng. Fa o botsa ka setlhangwa sa tshedimosetso mo kgweditharong ya ntlha, ba tlaa tshwanelwa ke go kwala ba dirisa letlhomeso le le maleba. Ka jalo, mo Go reetseng le Go bua, ga o kitla o kopa barutwana go neela puo e khutshwane mo Mophato 7, Kgweditharo 1, ka seo se rutiwa mo nakong e e tlang.

Tlhatlhobo e e tlhomameng e tshwanetse go arabela maemo a a farologaneng a dipotso jaaka go tlhagisitswe mo tlase. Mefuta e e farologaneng ya dipotso jaaka dipotso tse go tlhophiwang karabo go tswa mo go tse di neetsweng, tse go tladiwang diphatlha tse di tlogetsweng, tse go bapisiwang le tse di tlhamaletseng e tshwanetse go bodiwa.

Lenaneo 1

MAEMO A DIPOTSO	TIRWANA	PHESENTE YA TIRO
Tiriso ya tshedimosetso ka tlhamalalo **(Maemo 1)** **Thulaganyo sešwa** **(Maemo 2)**	Dipotso tse di botsang ka ga tshedimosetso e e tlhagisitsweng ka botlalo mo setlhangweng • Neela maina a dilo/batho/mafelo/dikarolo... • Kaya dintlha/mabaka/dikakanyo... • Supa mabaka/batho/dibakwa... • Neela lenaneo la/dintlha/maina/mabaka • Tlhalosa lefelo/motho/semelo... • Nyalanya tiragalo/karolwana/maitemogelo... Dipotso tse di tlhokang tshekatsheko, tlhaolo kgotsa thulaganyo ya tshedimosetso e e tlhagisitsweng ka botlalo mo setlhangweng. • Sobokanya dintlhakgolo/dikakanyo/mabaka/dipoelo le ditlamorago… • Kgobokanya dikarolwana/mabaka a ka gale… • Tlhagisa ditshwano/dipharologano… • Neela thadiso ya …	**Maemo** **1 le 2: 40%**

MAEMO A DIPOTSO	TIRWANA	PHESENTE YA TIRO
Go itseela tshwetso **(Maemo 3)**	Dipotso tse di tlhokang gore motlhatlhojwa a dirise tshedimosetso e e tlhagisitsweng ka botlalo mo setlhangweng, a e dirise mo maemong a maitemogelo a gagwe a botho. • Tlhalosa kakanyokgolo … • Bapisa dikakanyo/maitsholo/ditiragatso (ditiro) … • Maikemisetso/maitsholo/tshusumetso/lebaka … la mokwadi (kgotsa moanelwa) ke eng? • Tlhalosa sebako/ditlamorago tsa … • Tiragalo/tshwaelo/maitsholo (jalojalo) a senola eng ka moanedi/mokwadi/ moanelwa … • Tshwantshiso/tshwantshanyo/setshwantsho se ama jang go tlhaloganya ga gago … • O akanya gore poelo/kamego (jalojalo) ya tiragalo/maemo e tla nna eng …	**Maemo 3: 40%**
Tlhatlhobo **(Maemo 4)** **Kgatlhegelo (Maemo 5)**	Dipotso tse di dira ka dikatlholo tse di ka ga meetlo le boleng. Tse di akaretsa dikatlholo ka ga bonnete, boikanyego, dintlha le dikakanyo, kamogelesego, tlhaloganyo le go ntsha mabaka, le ditlhagiso di tshwana le keletso le kamogelo ya ditshwetso le ditiragalo (ditiro) go ya ka meetlo ya maitsholo. • A o akanya gore se se tlhagelelang se a ikanyega/se na le bonnete/se a kgonega …? • A ngangisano ya mokwadi e a amogelesega/e na le tlhaloganyo/e a khutlisa … • Tshwaela ka tsenelelo ka tiragalo (tiro) /maikemisetso/tshusumetso/ maitsholo/tshitshinyo/bokao … • A o dumelana le kemo/polelo/temogo/thanolo … • Ka mokgwa o o bonang dilo ka teng, a mokwadi/moanedi/moanelwa o siame fa a tshitsinya gore/a buelela gore … • A maitsholo/mekgwa/tiro ya moanelwa e a letlelesega/amogelesega mo go wena? Tshegetsa karabo ya gago ka lebaka. • Ditiro/maitsholo/ditshusumetso tsa moanelwa …di supa eng ka ena mo bokaong jwa meetlo ya botlhe? • Tshwaela ka tsenelelo ka ga boleng jwa dikatlholo tse di dirilweng mo setlhangweng. Dipotso tse di ikemiseditse go tlhatlhoba ditlamorago tsa saekholoji le temogo ya bontle jwa setlhangwa mo motlhatlhojweng. Di tota tsibogo ya maikutlo mo diteng, go inyalanya le baanelwa kgotsa ditiragalo, le tsibogo ya mokwadi mo tirisong ya puo (jaaka tlhopho ya mafoko le botshwantshi) . • Bua ka tsibogo ya gago mo setlhangweng/tiragalong/maemong/ kgotlhang/pitlaganong … • A o inyalanya le moanelwa ka kutlwelobotlhoko? Ke kgato/tshwetso efe e o ka bong o e tsere fa o ka bo o ne o le mo maemong a a tshwanang le ao? • Tshwaela ka tiriso ya puo ya mokwadi … • Bua ka nonofo ka ga setaelel/matseno/bokhutlo/botshwantshi/ tshwantshiso/tiriso ya ditogamaano tsa poko/ditlamaganyo (didiriswa) tsa dikwalo … tsa mokwadi	**Maemo** **4 le 5: 20%**

4.4 LENANEO LA TLHATLHOBO

Lenaneo la Tlhatlhobo le agetswe go phatlhalatsa ditiro tsa tlhatlhobo e e tlhomameng mo dirutweng tsotlhe tsa sekolo mo kgweditharong. Lenaneo la tlhatlhobo le tshwanetse go agiwa ke sekolo go bontshiwa matlha ao ditiro di tlaa diriwang ka ona.

Ditlhokego tsa serutwa

Ditlhokego tsa go bopiwa ga tiro go neetswe/tlhagisitswe ka diphesente. Fa lenaneo le supa gore kgono ya puo ke diphesente di le 20, go raya gore kabo ya maduo a bofelo a kgono eo ya puo e tshwanetse go nna diphesente di le 20 tsa palogotlhe e seng maduo a le 20. Dikolo ga di a kganelelwa mo palong ya maduo a a abetsweng kgono ya puo, fa go ka tlhokomelwa fela gore bokete jwa kgono e nngwe le e nngwe ya puo bo tshegediwa go latela diphesente tse di abilweng mo lenaneong la tlhatlhobo. Sekao, mo Mophato 8, teko ya kitso ya puo e ka abelwa maduo a le 50 kgotsa go feta, fa fela bokete jwa bofelo bo ka se ke ba feta bokete jo bo kailweng mo lenaneong la tlhatlhobo.

Mananeo a a latelang a tlamela ka ditlhokego tsa tlhatlhobo e e tlhomameng ya Dipuo tsa Gae:

Thulaganyo ya Manane a Ditiro tsa Thatlhobo e e Tlhomameng

MOPHATO 7

DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA KGWEDITHARO 1		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 3: TEKO 1**
Go tlotla kgang gape/buisanang ka leboko/mmuisano/dipuisano tsa setlhopha/phanele	Tlhamo ya tlhaloso/kanelo Lekwalo la botsalano/thadiso/ mmuisano	Tekatlhaloganyo le tiriso ya puo
DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA KGWEDITHARO 2		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: TEKO 2**	**TIRO 3**
Tekatlhaloganyo ya theetso/ ngangisano/motlotlo/bodiragatsi/ puo e e sa ipaakanyediwang/ e e ipaakanyeditsweng/dipuisano tsa setlhopha ka go neela ditaelo	Dikwalo: Dipotso tse dikhutshwane	**Ditlhatlhobo tsa bogare jwa ngwaga** Pampiri ya 2: Tekatlhaloganyo, tiriso ya puo le dikwalo Pampiri ya 3: Go kwala: Tlhamo e le nngwe le setlhangwa sa tirisano se le sengwe
DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA KGWEDITHARO 3		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 3: TEKO 3**
Ketsiso - tsamaiso ya kopano/puiso e e ipaakanyeditsweng/puiso e e sa ipaakanyediwang/go neela dikaelo/ dipuisano tsa foramo/phanele	Tlhamo ya Tlhaloso/Kanelo Lenanetema le metsotso	Tekatlhaloganyo le tiriso ya puo KGOTSA Dikwalo
DITIRO TSA TLHATLHOBO E E TLHOMAMENG LE TSA BOFELO JWA NGWAGA TSA KGWEDITHARO 4		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: TLHATLHOBO YA BOFELO JWA NGWAGA**	
Dingangisano/puo e e ipaakanyeditsweng/puo e e sa ipaakanyediwang/puisetsogodimo/dipuisano tsa setlhopha/	Pampiri ya 1: Tiro ya molomo Pampiri ya 2: Tekatlhaloganyo, tiriso ya puo le dikwalo (Diura di le pedi) Pampiri ya 3: Go kwala (Ura e le nngwe)	

MOPHATO 8

DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA KGWEDITHARO 1		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 3: TEKO 1**
Dipuisano tsa setlhopha - ditlhangwapono/tekatlhaloganyo ya theetso/puo e e sa ipaakanyediwang/ dipuisano tsa makgotlhana (diforamo)/ setlhopha/puo e e ipaakanyeditsweng/ potsotherisano	Tlhamo ya kanelo/maitlhomo Pegelo ya lekwalodikgang/athikele	Tekatlhaloganyo le tiriso ya puo
DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA KGWEDITHARO 2		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 8: DITLHATLHOBO TSA BOGARE JWA NGWAGA**
Tekatlhaloganyo ya theetso/go neela dikaelo/dipuisano tsa lekoko (phanele)/ foramo (makgotlhana)/dingangisano	Potsotherisano/setlhangwa sa ditaelo/ thadiso ya kgang	Pampiri ya 1: Tiro ya molomo Pampiri ya 2: Tekatlhaloganyo, tiriso ya puo le dikwalo Pampiri ya 3: Go kwala
DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA KGWEDITHARO 3		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALAGO KWALA**	**TIRO 3: TEKO 1**
Mmuisano/puiso e e ipaakanyeditsweng/ motlotlo wa kgang, puiso e e ipaakanyeditsweng/puo e e ipaakanyeditsweng/e e sa ipaakanyediwang	Tlhamo ya tlhaloso/ngangisano Lekwalo la botsalano/mmuisano	Tekatlhaloganyo le tiriso ya puo

DITIRO TSA TLHATLHOBO E E TLHOMAMENG LE TSA BOFELO JWA NGWAGA TSA KGWEDITHARO 4	
TIRO 1: TIRO YA MOLOMO	**TIRO 2: TLHATLHOBO YA BOFELO JWA NGWAGA**
Dingangisano/motlotlo/mmuisano/dipuisano tsa setlhopha	Pampiri 1: Tiro ya molomo Pampiri 2: Tekatlhaloganyo, Tiriso ya puo, le Dikwalo (diura di 2) Pampiri 3: Go kwala (ura e le 1)

MOPHATO 9

DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA KGWEDITHARO 1		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALAGO KWALA**	**TIRO 3: TEKO 1**
Puiso e e sa ipaakanyediwang/motlotlo	Tlhamo ya tlhaloso/kanelo Lekwalo la botsalano/thadiso/ mmuisano	Tekatlhaloganyo le tiriso ya puo
DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA KGWEDITHARO 2		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALAGO KWALA**	**TIRO 3: TLHATLHOBO YA BOGARE JWA NGWAGA**
Puiso e e sa ipaakanyediwang/ dipuisano tsa foramo/dipuisano tsa setlhopha	Thadiso/tlhagiso ya tiragalo nngwe kgotsa motho mongwe (dokhumenthari) kitsiso /lenanetema le metsotso	Pampiri ya 1: Tiro ya molomo Pampiri ya 2: Tekatlhaloganyo, tiriso ya puo le dikwalo (Diura di le 2) Pampiri ya 3: Go kwala (Ura e le 1) Pampiri 4: Tsibogelo ya Dikwalo (Ura e le 1 le metsotso e le 30)
DITIRO TSA TLHATLHOBO E E TLHOMAMENG TSA KGWEDITHARO 3		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: GO KWALA**	**TIRO 3: TEKO 2**
Puo e e ipaakanyeditsweng/ ketsiso, ngangisano, dipuisano ka lokwaloikitsiso, tumalano le tesetamente	Tlhamo ya tlhaloso/kanelo/maitlhomo/ ngangisano Lekwalophelegetso le lokwaloikitsiso	Tekatlhaloganyo le tiriso ya puo
DITIRO TSA TLHATLHOBO E E TLHOMAMENG LE TSA BOFELO JWA NGWAGA TSA KGWEDITHARO 4		
TIRO 1: TIRO YA MOLOMO	**TIRO 2: TLHATLHOBO YA BOFELO JWA NGWAGA**	
Dingangisano/potsotherisano/motlotlo/puo e e ipaakanyeditsweng/puo e e sa ipaakanyediwang tekatlhaloganyo ya theetso, tsamaiso ya kopano/dipuisano tsa foramo (makgotlhana)/phanele (lekoko)/ditlhopha	Pampiri ya 1: Tiro ya molomo Pampiri ya 2: Tekatlhaloganyo, tiriso ya puo le dikwalo (Diura di le 2) Pampiri ya 3: Go kwala (Ura e le 1) Pampiri 4: Tsibogelo ya Dikwalo (Ura e le1 metsotso e le 30)	

Ditiro tsa Tlhatlhobo e e tlhomameng go ya ka Mephato

Lenane 1: Mophato 7

TLHATLHOBO E E TLHOMAMENG		
MO GARE GA NGWAGA	**TLHATLLHOBO YA BOFELO JWA NGWAGA**	
40%	**60%**	
Tlhatlhobo ya mo Sekolong (SBA) –	**Dipampiri tsa Tlhatlhobo ya Bofelo jwa Ngwaga**	
40%	**39.2%**	**20.8%**
Ditiro tsa Tlhatlhobo e e Tlhomameng di le 10 • Ditiro tsa molomo di le 4 • Ditiro tsa go kwala di le 2 • Diteko di le 3 • Tlhatlhobo e le 1 (bogare jwa ngwaga)	**Ditlhatlhobo tse di kwadiwang** **Pampiri 2: Tekatlhaloganyo, tiriso ya puo le dikwalo** **Pampiri 3: Go kwala**	**Ditiro tsa Tlhatlhobo ya Molomo: Pampiri 1** Go reetsa Go bua Go buisa Ditiro tsa molomo tse di diriwang mo gare ga ngwaga di bopa tlhatlhobo ya bofelo jwa ngwaga.

Lenane 2: Mophato 8

TLHATLHOBO E E TLHOMAMENG		
MO GARE GA NGWAGA	**TLHATLLHOBO YA BOFELO JWA NGWAGA**	
40%	**60%**	
Tlhatlhobo ya mo Sekolong (SBA) –	**Dipampiri tsa Tlhatlhobo ya Bofelo jwa Ngwaga Pampiri**	
40%	**39.2%**	**20.8%**
Ditiro tsa Tlhatlhobo e e Tlhomameng di le 10 • Ditiro tsa molomo di le 4 • Ditiro tsa go kwala di le 3 • Diteko di le 2 Tlhatlhobo e le 1 (bogare jwa ngwaga)	**Ditlhatlhobo tse di kwadiwang** **Pampiri 2: Tekatlhaloganyo, tiriso ya puo le dikwalo** **Pampiri 3: Go kwala**	**Ditiro tsa Tlhatlhobo ya Molomo: Pampiri 1** Go reetsa Go bua Go buisa Ditiro tsa molomo tse di diriwang mo gare ga ngwaga di bopa tlhatlhobo ya bofelo jwa ngwaga.

Lenane 3: Mophato 9

TLHALHOBO E E TLHOMAMENG		
MO GARE GA NGWAGA	**TLHATLLHOBO YA BOFELO JWA NGWAGA**	
40%	**60%**	
Tlhatlhobo ya mo Sekolong (SBA) –	**Dipampiri tsa Tlhatlhobo ya Bofelo jwa Ngwaga Pampiri**	
40%	**39.2%**	**20.8%**
Ditiro tsa Tlhatlhobo e e Tlhomameng di le 10 • Ditiro tsa molomo di le 4 • Ditiro tsa go kwala di le 3 • Diteko di le 2 Tlhatlhobo e le 1 (bogare jwa ngwaga)	**Ditlhatlhobo tse di kwadiwang** **Pampiri 2: Tekatlhaloganyo, tiriso ya puo le dikwalo** **Pampiri 3: Go kwala** **Pampiri 4: Tsibogelo ya Dikwalo**	**Ditiro tsa Tlhatlhobo ya Molomo: Pampiri 1** Go reetsa Go bua Go buisa Ditiro tsa molomo tse di diriwang mo gare ga ngwaga di bopa tlhatlhobo ya bofelo jwa ngwaga

Sebopego sa dipampri tsa tlhatlhobo – Mephato 7 – 9

SEBOPEGO SA DIPAMPIRI TSA TLHATLHOBO (TLHATLHOBO YA BOGARE LE BOFELO JWA NGWAGA)					
MOPHATO 7	**%**	**MOPHATO 8**	**%**	**MOPHATO 9**	**%**
Pampiri 1: Tiro ya molomo: Puisetsogodimo, go reetsa le go bua	30	Pampiri 1: Tiro ya molomo: Puisetsogodimo, go reetsa le go bua	30	Pampiri 1: Tiro ya molomo Puisetsogodimo, go reetsa le go bua	30
Pampiri 2: Tse di kwadiwang Tekatlhaloganyo ya puiso (15) Puo mo tirisong (15) Tsibogelo ya dikwalo (10)	40	Pampiri 2: Tse di kwadiwang Tekatlhaloganyo ya puiso (15) Puo mo tirisong (15) Tsibogelo ya dikwalo (10)	40	Pampiri 2: Tse di kwadiwang Tekatlhaloganyo ya puiso (10) Ditlhangwa tsa tirisano (15) Tshobokanyo (maduo a le 10 a fetolelwa go 5%)	30
Pampiri 3: Tse di kwadiwang Go kwala - Tlhamo (20) le setlhangwa sa tirisano (10)	30	Pampiri 3: Tse di kwadiwang Go kwala - Tlhamo (20) le setlhangwa sa tirisano (10)	30	Pampiri 3: Tse di kwadiwang Go kwala - Tlhamo (20) le setlhangwa sa tirisano (10)	30
				Pampiri 4: Tsibogelo ya dikwalo (10) • Poko • Dinaane • Kgangkhutshwe • Padi • Terama Maduo a le 20 a mofutakwalo o mongwe le o mongwe a fetoletswe go 10%)	10

Mefuta ya tlhatlhobo e e dirisiwang e tshwanetse go nna maleba le maemo a kgolo ya dingwaga le kago. Kagego ya ditiro tse e tshwanetse go akaretsa diteng tsa serutwa e bo e tsenyeletse mefuta e e farologaneng ya ditiro tse di agetsweng go fitlhelela maikaelelo a serutwa.

4.5 GO REKOTA LE GO BEGA

Go rekota ke tsamaiso e mo go yona morutabana a kwalang maemo a tiragatso ya morutwana mo tirong e e rileng ya tlhatlhobo. E bontsha go tswelela ga morutwana mo go fitlheleleng kitso jaaka e tlhagisitswe mo Pegelong ya Pholisi ya Kharikhulamo le Tlhatlhobo. Direkoto tsa tiragatso ya morutwana di tshwanetse go tlamela ka bopaki jwa go tsweletsa kgolo ya kitso ya gagwe mo mophatong le go siamela go tswelela kgotsa go fetisetswa kwa mophatong o o latelang. Direkoto tsa tiragatso ya morutwana di tshwanetse go dirisediwa go netefatsa tsweletso e e dirilweng ke morutabana le barutwana mo dikgatong tsa go ruta le go ithuta.

Go bega ke tsamaiso ya go tlhaeletsana ka tiragatso ya morutwana, go barutwana, batsadi, dikolo, le botlhe ba ba amegang mo dipholong tseo. Go dira ga morutwana go ka begiwa ka ditsela di le dintsi. Tsona di akaretsa dikaratapego, dikopano tsa batsadi, malatsi a go etela sekolo, dikhonferense tsa motsadi le morutabana, go letsa megala, makwalo, makwalodikgang a phaposi kgotsa sekolo, jalojalo. Barutabana mo mephatong yotlhe ba bega ka diphesente go lebagana le serutwa. Maemo a a farologaneng a diphitlhelelo le diphesente tse di dumelanang le tsona di supilwe mo lenaneng le le fa tlase.

DIKHOUTU LE DIPHESENTE TSA GO REKOTA LE GO BEGA

DIKHOUTU TSA SEEMO	TLHALOSO YA BOKGONI	PHESENTE
7	Phitlhelelo ka dinaledi	80 – 100
6	Phitlhelelo ka matsetseleko	70 – 79
5	Phitlhelelo e e tletseng	60 – 69
4	Phitlhelelo e e itumedisang	50 – 59
3	Phitlhelelo ka tekano	40 – 49
2	Phitlhelelo e e potlana	30 – 39
1	Ga a fitlhelela	0 – 29

Barutabana ba tla rekota maduotota go lebagana le tiro ba dirisa letlhare la maduo, ba bo ba bega diphesente go lebagana le serutwa mo karatapegong ya morutwana.

4.6 TEKANYETSO YA TLHATLHOBO

Tekanyetso e kaya tsamaiso e e netefatsang gore ditiro tsa tlhatlhobo di lekanetse, di a amogelesega, e bile di a ikanyega. Tekanyetso e tshwanetse go diragadiwa kwa maemong a sekolo, kgaolo, porofense le a bosetšhaba. Ditiragatso tsa tekanyetso e e tletseng e bile e le maleba, di tshwanetse go rulaganngwa gore go netefadiwe boleng jwa ditlhatlhobo tsa dirutwa tsotlhe.

4.6.1 Tlhatlhobo e e Tlhomameng (SBA)

- Diteko le ditlhatlhobo tsa Mophato 7 le 8 di lekanyediwa mo sekolong. Mogakolodi wa serutwa o tshwanetse go lekanyetsa palo e e rileng ya ditiro tse ka nako ya fa a etetse sekolo go netefatsa seemo sa ditiro le tekanyetso ya mo sekolong.
- Diteko le ditlhatlhobo tsa Mophato 9 di tshwanetse go lekanyediwa mo maemong a kgaolo le a porofense. Kgato e e tla tsamaisiwa ke lefapha la thuto la porofense.
- Bagakolodi ba dirutwa ba tshwanetse go lekanyetsa palo e e rileng ya dipampiri tsa diteko le tsa tlhatlhobo pele di ka kwalwa ke barutwana, go netefatsa maemo le go kaela barutabana ka go rulaganya ditiro tse.

4.6.2 Ditiro tsa Tlhatlhobo ya Molomo

- **Mophato 7 – 9**: Tiro e nngwe le e nngwe ya molomo e e tshwanetseng go dirisiwa jaaka karolo ya Lenaneo la Tlhatlhobo e tshwanetse go neelwa tlhogo ya serutwa go e lekanyetsa pele barutwana ba e diragatsa. Barutabana jaanong ba tlaa bo ba tshwanelwa ke go tlhatlhoba ditiro tsa tlhatlhobo ya molomo.
- Mogakolodi wa serutwa o tshwanetse go lekanyetsa palo e e rileng ya ditiro tsa tlhatlhobo ya molomo ka nako ya fa a etetse sekolo go netefatsa seemo sa ditiro le tekanyetso ya mo sekolong.
- Molekanyetsi yo o tlhophilweng ke lefapha la thuto ya motheo o tshwanetse go lekanyetsa palo e e rileng ya ditiro tsa tlhatlhobo ya molomo ya mophato 9.

4.7 KAKARETSO

Tokomana e, e tshwanetse go buisiwa mmogo le:

4.7.1 *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R – 12*; le

4.7.2 Tokomana ya pholisi ya, *National Protocol for Assessment Grades R – 12.*

LENAANEFOKO

akeronimi – lefoko le le agiwang ka go kapodisa ditlhaka/mafoko a ntlha a polelwana kgotsa leina (sekao; DIRT – Didiriswa tsa go Ithuta, go Ruta le Tshegetso) .

baakanya diphoso – go ntsha diphoso tsa mokwalo le matshwao a puiso a etswe tlhoko.

baamogedi – babuisi/baamogedi, babogedi, babuisi ba mefuta e e farologaneng ya tlhaeletsano ka kakaretso.

baanelwa – batho ba mokwadi wa **porosa** a anelang ka ga bona, go tsenyeletsa le maina a bona

boanedi – ditlhaloso le dikarologantsho tsa baanelwa

boakaretsi – molawana o o reng thuto e fitlhelelwe ke barutwana botlhe ntle le go ba kgetholola ka ntlha ya bokoa bongwe jwa bona, e ka nna jwa dirwe tsa mmele kgotsa tlhaloganyo.

bodiragatsi – go tsaya karolo mo motshamekong, sekao, terama.

boiphediso – tiro e moithuti a batlang go e dira morago ga dithuto. (Dithuto tse a di tlhophileng tsa motheo di lebane le tiro eo.)

boitlhamedi – mafoko a setheo kgotsa borutegi jo bo rileng; e le mareo a a ka itsiweng ke ba setheo fela

boitshimololedi – boikakanyetsi jwa moithuti ka nosi jo bo kgethegileng, a bo ithaetse go tlhagisa kitso ya gagwe.

bolau – selo se se kotsi/se se ka senyang tse di siameng

dikarolo tsa polelo – dikarolwana tse di bopang polelo jk, lediri, sedirwa, letiro, dipolelwana jj.

dipuisano – ditherisano tse go ikaeletsweng gore go dumelanwe ka mogopolo pele go tsewa tshwetso kgotsa go dirwa sengwe

dingangisano – dikganetsano tse mo go tsona go nang le matlhakore a le mabedi ba bangwe ba dumelana le ntlha ba bangwe ba e ganetsa

diponagalo – dilo dingwe tse di itlhophileng tse di tlhaolang se sengwe go se sengwe jaaka poko e farologana le padi. Sekao; Diponagalo tsa leboko ke: ditema, dipoeletso, moribo, morumo, jj.

dipotso tse di sa batleng dikarabo – jaaka “ A lo batla go boela mo pusong e le ya tlhaolele?”

dipotso tse di tseneletseng – dipotso tse di lekang kitso bogolo jang ka dikgaisano le go itumedisa.

ditshwanelo tsa botho – sengwe le sengwe se ka Molaotheo wa naga e leng tshwanelo ya moagi yo mongwe le yo mongwe, go se dira, bua, amogela jalo jalo kwa ntle ga go kgorelediwa kgotsa go kgoreletsa ba bangwe.

emelela ntlha (go) – go emelela se o se buang/kwalang ka mabaka.

go phopholetsa – go batla ka go utlwelela ka menwana o sa bone kgotsa go leka go tlhaloganya se o se utlwang ka go akanya.

go tlhagisa ntlha ya gagwe – go akgela kgotsa go tshwaela.

godisa – go oketsa kitso, bokgoni, kgotsa popego.

ka botlalo – go akaretsa dintlha tse dingwe tse di tlhokagalang kgotsa tse di tshegetsang.

kaedi – go thusa ka dikakanyo, dikeletso kgotsa tshedimosetso tse di nang le thuto nngwe ka maitlhomo a go rarabolola bothata go kgontsha batho go ikemela ka bobona.

kagego – thulaganyo ya setlhangwa go ya ka popego, bogolo.

kgobokanyo ya dintlha – go kgobokanya dintlha tse di tsamaelanang ka go di golaganya

kgonya – go ema go le go nnye mo gare ga sebaka/mo go sa lebelelwang o bo o tswelela

lebelela ka tsenelelo – go lebelela lokwalo kgotsa go lo sekaseka ka maitlhomo a go bona bokao jo bo fitlhegileng le go le tlhaloganya.

lebolelateng – mofuta wa bolwetse jo mogare wa lona o atelang mo mading a motswasetlhabelo morago ga go tshwaediwa mme o koafatse masole a mmele.

leetsi – mafoko a a etsisang modumo wa sengwe.

lekgotlhana – ditlhopha tsa go bua kgotsa go ngangisana tse di ka dirisiwang kgatlhanong le mephato kgotsa dikolo tse dingwe, kgotsa mo phaposing barutwana ba kgaoganngwa ka ditlhotshwana, yo mongwe le yo mongwe a bua ka karolwana e e rileng ya setlhogo se se tshwanang.

lenaanenetefatso – papetlana e go kwadilweng dintlha tse di tla lebelelwang fa tiro e e neetsweng e atlega kgotsa e sa atlege ka go feta di tshwaiwa mme morago go tsewe tshwetso e e maleba.

letshwao – sengwe se se tshwantshitsweng go tsibosa kgotsa go fetisa tshedimosetso/taelo. Sekao; letshwao le, le tlhalosa gore mmino ga o a dumelelwa, le, le bolela gore batho ba ba dirisang ditulo tsa maotwana ba ka dirisa tulo e.

mafoko a a bokaobontsi – sekao: (i) Mothusi ke kgosi ya Bakgatla k.g.r: -ke moetapele wa morafe, o tlhomilwe go nna kgosi. (ii) Ke kgosi kwa tirong k.g.r: -ke ena yo mogolo ka maemo. (iii) Ke kgosi kwa lelapeng la gaabo k.g.r: -ke ena tibola ntha, ngwana wa ntlha.

maitlhomo – lebaka le le dirang gore sengwe se dirwe kgotsa se nne teng.

makwalwatshwana – mafoko a a kwalwang ka go tshwana fela a sa dume ka go tshwana e bile a farologana ka bokao, **sekao:** (i) tshela – wa botshelo le tshela – wa go tshela metsi, (ii) nama – e le sejo le nama – ya go phutholola maoto

marara – ditiragalo/dintlha tse dintsi tse di golaganeng di le thata go tlhaloganyega.

matseno – tlhaloso e e botlalo ka ga sengwe se go buiwang kgotsa go kwadilweng ka ga sona/e go gorosa mo dintlhakgolong tsa setlhangwa.

madumatshwana – mafoko a a kwalwang ka go tshwana gape a duma ka go tshwana ntswa a farologana ka bokao **sekao:** (i) kgala – go kgala ga seedi le kgala – ya ditlhong, (ii) tshela – wa botshelo le tshela – wa go tlola e ka nna tsela kgotsa noka jj

mefutakwalo – lereo le le dirisetswang mefuta ya dikwalo jaaka porosa, maboko, dipadi, dinaane le diterama.

mefuta ya dipolelo – go na le mefuta e e farologaneng ya dipolelo tse di jaaka dipotso, ditaelo, dipegelo jj.

melawana – ditlwaelo tse di amogelegileng ka kakaretso, e ka nna ka tsela ya boitshwaro, go buisana le batho ba bangwe kgotsa ka mo mafoko a tshwanetseng go latelana ka teng mo polelong.

mogopolo – se motho a se akanyang; monagano.

mokgwa – ke tsela e tiro e dirwang ka ona.

mokwalotlanyo – go kwala ka motšhini o o tlanyang, ka khomphiutha.

namatsha – go itumedisa tota.

ngôka – ôka sengwe ka go se kgatlha.

nonofo – go tlhagisa tiro ka mokgwa o o lebeletsweng o o atlegileng.

ntlhakemo – ntlha e mmui a e dibelang mo dipuisanong fa a neela mabaka a a maleba.

nyalelano – mogopolo le dikakanyo di dumelana sentle.

pegelo – go bega sengwe ka go se ranola ka maitlhomo a go senola bokao jwa sona.

potsotherisano – puisano magareng ga batho ba babedi kgotsa go feta, yo mongwe a botsa mme yo mongwe a araba.

poloto – tatelano ya ditiragalo tsa setlhangwa, di na le mabaka a a di tlholang.

polotwana – ditiragalopotlana tse di agelelang mo polotokgolong.

puo ya botshwantshi – puo e e tsenyeletsang dikapuo, maele, diane, le manatetshapuo a mangwe

puo ya kgobelelo – puo e e tsayang letlhakore e dira gore go nne thata go tsaya tshwetso e e siameng.

Puo e e tsosang maikutlong a a rileng – ke puo e motho a e dirisang gore a kgone go tsosa maikutlo mo babuisi/baamogeding e ka nna a kutlobothoko, a kgoberego, a boitumelo jj.

puo – tsela ya batho ya tlhaeletsano ka go bua, go kwala kgotsa puo ya matsogo ka tiriso ya mafoko a go dumelanwang ka ona.

puo ya tikologo e e rileng – puo e e buiwang ke batho fela ba tikologo kgotsa karolo e e rileng ya naga.

puotlwaelo – puo e e dirisiwang mo motlotlong fela go sa dirisiwe mafoko a a maleba/a a siameng kgotsa go sa latelwe melao le melawana ya tiriso ya puo.

rerisana – go leka go fitlhelela tumelano kgotsa go fitlhelela tumelano ka go tlosa dipelaelo dingwe fa mongwe a buisana le bangwe. Go leka go bona tsela kgotsa mokgwa wa go tlhaloganya se se buisiwang, reediwang kgotsa

dirwang.

rejisetara – mafoko, mokgwa le thutapuo e e dirisiwang ke bakwadi/dibui mo mabakeng a a rileng

segalo – **1.** lentswe, modumo, bokibo le mosito fa motho a ne a bua kgotsa a opela.

2. tsela ya go kapodisa lefoko go fapaanya bokao jwa lona le a mangwe a a nang le modumo o tshwanang le lona. Setswana se na le segalogodimo le segalotlase (sekao: tlháma l tlhàma)

setlhangwa – tsela e motlhaeletsi a e dirisang go tlhagisa kgotsa go fetisa tshedimosetso jaaka: go kwala, bua, leba, supetsa jj.

tebo ya matlho – go eta o lebelela babuisi/baamogedi ka go bua kgotsa o buisa.

thadiso – go neela ka tlhaloso ya mongwe, sengwe, buka, filimi kgotsa tiragalo ka mokgwa wa go kwala kgotsa go bua.

thelelo – go buisa ka maikutlo a a maleba le diteng, lentswe le segalo di nyalelana e bile melao ya puiso yotlhe e nepagetse.

thesorase – thanodi ya makaelagongwe le malatodi.

tomagano – dikakanyo tse di tlhalosegang ka dikarolwana tsa tsona tsa go tlhalosa kgotsa go dira sengwe.

tiragatso – **1.** ditlamorago tse di nnang teng morago ga tiro e sena go dirwa/go kwalwa;

2. go tshwantsha se se kwadilweng mo bukeng/terameng; **3.** go dira tiro e e kailweng

tiriso ya puo – ka mo puo e dirisiwang ka teng go lebilwe tiriso ya semmuso, tlotlofoko, kapodiso, jj. le gore e lebiseditswe mang, kae.

tiro – tiro e e newang barutwana go e dira, e ka nna go reetsa, go bua, kwala, lebelela, tlhotlhomisa jj.

tlamanyi – letshwao la puiso le le dirisediwang go kopanya mafoko a mabedi kgotsa go feta.

Sekao: molatlhwa**–**le**–**bowa

tlhaeletsano – puisano ka mogala, lekwalo, seyalemowa, thelebišene le ka mokgwa mongwe le mongwe fela o o ka atlegisang kgorogo/thomelo ya molaetsa.

tlhagisa – **1.** go neela tshedimosetso ka ga sengwe kgotsa kgang;

2. go supa tiro e e dirilweng

tlhama – ke sengwe se se simololwang kgotsa se se bopiwang ka maitlhomo a go neela tshedimosetso kgotsa go dirisiwa.

tlhamo ya kakanyo – tlhamo ya se se akantsweng/itlhametsweng fela mme e se nnete.

tlhaoletsweng – go eletsa kgotsa go laela tiriso ya sengwe mo karolong/setlhopheng/mophatong o o rileng ka nako e e rileng. Sekao; dikolo di ka elediwa kgotsa go laelwa go dirisa dibuka tse di rileng mo mephatong e e rileng ka dingwaga tse di rileng, e le go nna le taolo ya tiriso le ya tekanyetso ya tsona.

tlhatlhelela – mokgwa wa go neela tshedimosetso go barutwana mo phaposing kgotsa babuisi/baamogedi ka ga thuto e e rileng.

tlhotlha diphoso – go sekaseka, lolamisa, go ntsha diphoso tsotlhe mo setlhangweng morago o nyalanye dintlha.

tlhatlhoba/sekaseka – tlhatlhobo ka mokgwa o o rileng go bona sebopego kgotsa gore se tlhamilwe jang.

tlhatlhoba ka tsenelelo – bopa kakanyo ya boleng le bokao jwa sengwe ka botebo.

tlhotlheletso ka botlhale gore batho ba nne mo letlhakoreng la mmui – puo ya maitlhomo a go ngoka batho gore ba dumele se mmui a se buang ka tsela e e sa siamang.

tlhotlhomisa – go batlisisa sengwe se se sa tlhagisiwang sentle ka go buisa, botsa dipotso, lebelela jj. go se tlhalosa.

tlodisa matlho – go lebelela sengwe e se ka tsenelelo/kgotsa go buisa ka bonako go bona kakanyokakaretso.

tlopelo – tiriso ya mafoko a mantsi a a sa tlhokegeng.

tota – go dira sengwe ka tlhamalalo; gape o tlhomile matlho le mogopolo mo go sona

totobetseng – bokao jo bo tlhamaletseng e bile bo kwadilwe.

tsaya letlhakore (go) – go sekamela mo, kgotsa go gatelela letlhakore, kakanyo kgotsa motho yo o rileng.

tsepameng – ntlha e e tlhomameng

tshetlego – go emelela ntlha e e rileng ka mabaka a a tswang mo bopaking jo bo rileng.