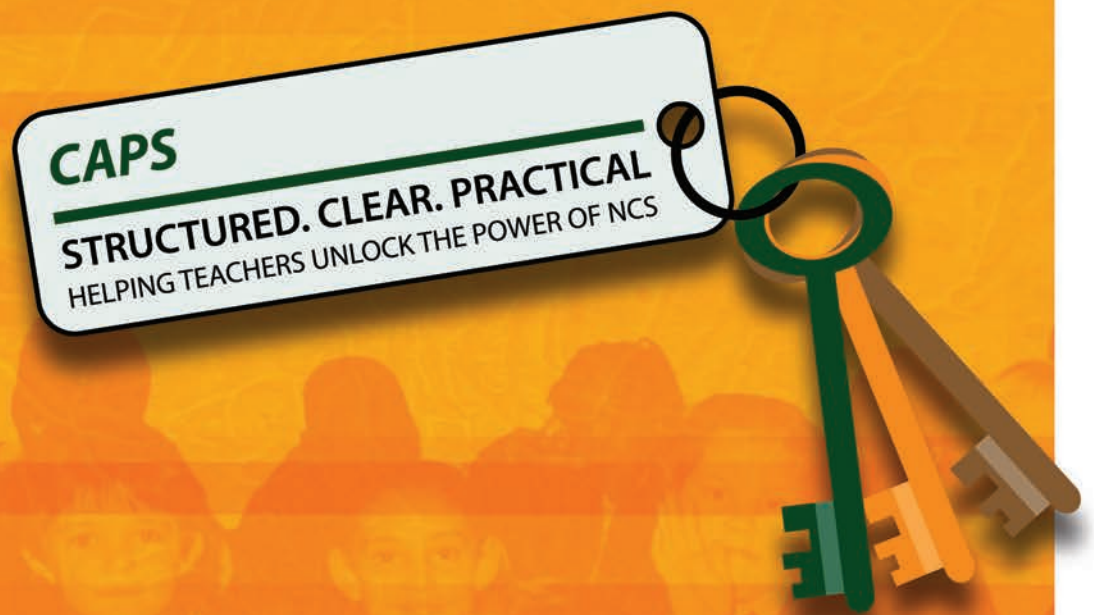


Pegelo ya Kharikhulamo ya Bosetšhaba

*Pegelo ya Pholisi ya Kharikhulamo le
Tlhatlhobo*



*Kgato ya Magareng
Mephato 4-6*



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**PEGELOYA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO
MEPHATO 4-6**

SETSWANA PUOTLALELETSO YA BOBEDI

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FOREWORD BY THE MINISTER



Our national curriculum is the culmination of our efforts over a period of seventeen years to transform the curriculum bequeathed to us by apartheid. From the start of democracy we have built our curriculum on the values that inspired our Constitution (Act 108 of 1996). The Preamble to the Constitution states that the aims of the Constitution are to:

- heal the divisions of the past and establish a society based on democratic values, social justice and fundamental human rights;
- improve the quality of life of all citizens and free the potential of each person;
- lay the foundations for a democratic and open society in which government is based on the will of the people and every citizen is equally protected by law; and
- build a united and democratic South Africa able to take its rightful place as a sovereign state in the family of nations.

Education and the curriculum have an important role to play in realising these aims.

In 1997 we introduced outcomes-based education to overcome the curricular divisions of the past, but the experience of implementation prompted a review in 2000. This led to the first curriculum revision: the *Revised National Curriculum Statement Grades R-9* and the *National Curriculum Statement Grades 10-12* (2002).

Ongoing implementation challenges resulted in another review in 2009 and we revised the *Revised National Curriculum Statement* (2002) and the *National Curriculum Statement Grades 10-12* to produce this document.

From 2012 the two National Curriculum Statements, for *Grades R-9* and *Grades 10-12* respectively, are combined in a single document and will simply be known as the *National Curriculum Statement Grades R-12*. The *National Curriculum Statement for Grades R-12* builds on the previous curriculum but also updates it and aims to provide clearer specification of what is to be taught and learnt on a term-by-term basis.

The *National Curriculum Statement Grades R-12* represents a policy statement for learning and teaching in South African schools and comprises of the following:

- (a) Curriculum and Assessment Policy Statements (CAPS) for all approved subjects listed in this document;
- (b) *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*; and
- (c) *National Protocol for Assessment Grades R-12*.

A handwritten signature in black ink, which appears to read 'Angie Motshekga'.

MRS ANGIE MOTSHEKGA, MP
MINISTER OF BASIC EDUCATION

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KAROLO 1: MATSENO A PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBHO

1.1 LEMORAGO

Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 (NCS) e tthalosa pholisi ya kharikhulamo le tlhatlhobo mo dikolong.

Go tokafatsa tiragatso e, Pegelo ya Kharikhulamo ya Bosetšhaba e ne ya mametlelelwa ka dimametlelelo tse di tla diragadiwang ka Firikgong 2012. Tokomana e le nngwe e e sobokantsweng ya Pholisi ya Kharikhulamo le Tlhatlhobo ya serutwa se sengwe le se sengwe, e ne ya kwalwa go emisetsa Dipegelo tsa Dirutwa, Dikaedi tsa Lenaneothuto le Dikaedi tsa Tlhatlhobo ya Dirutwa Mephato ya R-12 tsa bogologolo.

1.2 THADISO

- (a) *National Curriculum Statement Grades R-12 (Firikgong 2012)* e emela pegelo ya pholisi ya go ithuta le go ruta mo dikolong tsa Aforika Borwa mme e na le tse di latelang:
 - (i) Pegelo ya Pholisi ya Kharikhulamo le Tlhatlhobo ya serutwa se sengwe le se sengwe sa sekolo se se amogetsweng;
 - (ii) Pegelo ya Pholisi ya, *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12; le*
 - (iii) Pegelo ya Pholisi ya, *National Protocol for Assessment Grades R-12 (Firikgong 2012)* .
- (b) The *National Curriculum Statement Grades R-12 (Firikgong 2012)* e emela dipegelo tse pedi tsa kharikhulamo ya bosetšhaba tsa ga jaana, tsona ke:
 - (i) *Revised National Curriculum Statement Grades R-9, Government Gazette No. 23406 of 31 May 2002, le*
 - (ii) *National Curriculum Statement Grades 10-12 Government Gazettes, No. 25545 of 6 October 2003 and No. 27594 of 17 May 2005.*
- (c) Dipegelo tsa kharikhulamo ya bosetšhaba tse di akanngwang go ka dirisiwa mo ditemanengpotlana tsa b
 - (i) le (ii) di na le dipegelo tsa pholisi tse di latelang tse di tla khutlisiwang ka tatelano ke *National Curriculum Statement Grades R-12 (Firikgong 2012) mo pakeng ya go tloga ka 2012-2014:*
 - (i) Lekala la Thuto/Lenaneo la Serutwa, Dikaedi tsa Lenaneothuto, Dikaedi tsa Tlhatlhobo ya Dirutwa tsa Mephato R-9 le Mephato 10-12;
 - (ii) Pegelo ya Pholisi ya *National Policy on assessment and qualifications for schools in the General Education and Training Band*, e e tthamilweng sešwa mo *Government Notice No. 124 in Government Gazette No. 29626 of 12 February 2007;*
 - (iii) Pegelo ya Pholisi ya the *National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF)* , e e tthamilweng sešwa mo *Government Gazette No.27819 of 20 July 2005;*

- (iv) Pegelo ya Pholisi ya *An addendum to the policy document, the National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF)* , e e mabapi le barutwana ba ba nang le ditlhokego tse di kgethegileng, e e phasaladitsweng mo *Government Gazette, No.29466 of 11 December 2006*, e akareditswe mo pegelong ya pholisi ya *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*; le
 - (v) Pegelo ya Pholisi ya *An addendum to the policy document, the National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF)* , e e mabapi le the *National Protocol for Assessment (Grades R-12)* , e e tlhamilweng sešwa mo *Government Notice No.1267 in Government Gazette No. 29467 of 11 December 2006*.
- (d) Pegelo ya Pholisi ya *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*, le dikarolo tse di mo Pholising ya Kharikhulamo le Tlhatlhobo jaaka e akanngwang mo Dikgaolong 2, 3 le 4 tsa pegelo e, tse di agang melao le boleng jwa *National Curriculum Statement Grades R-12*. Ka jalo go ya ka karolo 6A ya *South African Schools Act, 1996 (Act No. 84 of 1996)*, e aga motheo o Tona ya Thuto ya Motheo e ka tlhomamisang dipolelo tse di lekaneng tsa boleng, gammogo le thulaganyo le tsamaiso ya tlhatlhobo ya diphithlelelo tsa barutwana e e ka dirisiwang mo dikolong tsa botlhe le mo dikolong tse di ikemetseng ka nosi.

1.3 MAIKAELELO A KAKARETISO A KHARIKHULAMO YA AFORIKA BORWA

- (a) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e tlhagisa kitso, dikgono le meetlo e e tshwanelwang ke go ithutiwa mo dikolong tsa Aforika Borwa. Kharikhulamo e ikaelela go netefatsa gore barutwana ba bona le go diragatsa kitso le dikgono ka ditsela tse di nang le bokao mo matshelong a bona. Mo ntlheng e, kharikhulamo e godisa kakanyo ya go tsepamisa kitso ka bokao jwa tikologo, e ntse e sisimoga (tsibogela) botlhokwa jwa lefatshe ka bophara.
- (b) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12, e arabela maikaelelo a:
 - go tlamela barutwana, go sa kgathalesege lemorago la ikonomi ya loago, lotso, bong, bokgoni jwa mmele kgotsa bokgoni jwa botlhale, le kitso, dikgono le meetlo tse di tlhokegang go ikgotsofatsa le botsayakarolo jo bo nang le bokao mo loagong jaaka baagi ba naga e e gololesegileng;
 - e tlamela phithlelelo ya thuto e e kwa godimo;
 - go kaela phetogelo ya barutwana go tswa go thuto ya ditheo go ya go lefelo la tiro; le
 - go tlamela bathati ka tshedimosetso e e lekaneng ya dikgono tsa morutwana.
- (c) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e ikaegile ka metheo e e latelang:
 - *Phetogo ya loago*; e netefatsa gore go sa lekalekaneng mo go tsa thuto go go fetileng go a siamisiwa, le gore ditšhono tse di lekalekanang tsa thuto di neelwa baagi botlhe;
 - *Go ithuta go go tlhaga gape go tseneletse*, go rotloetsa molebo o o tlhaga e le o o tseneletseng mo thutong, boemong jwa go rutiwa ga go neelwa dinnete go go seng tlhaga e bile go sa tsenelela;
 - *Kitso e e kwa godimo le dikgono tse di kwa godimo*; bonnye jwa maemo a kitso le dikgono tse di tshwanetseng go fitlhelwa mo mophatong o mongwe le o mongwe di totobaditswe le go beelwa seemo se se kwa godimo, seemo se se fitlhelegang mo dirutweng tsotlhe;

- *Tsweletso*; diteng le bokao jwa mophato o mongwe le o mongwe di supa tsweletso go tloga go e e bonolo go fitlha go e e gwetlhang tlhaloganyo;
- *Ditshwanelo tsa botho, boakaretsi, bosiamisi jwa tikologo le loago*; go tsenyeletsa melawana le ditlwaello tsa bosiamisi jwa tikologo le loago le ditshwanelo tsa botho jaaka di tlhalosiwa mo Molaotheong wa Aforika Borwa. Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12. (Ka kakaretso) e bosisi mo dintlheng tsa dipharologano di tshwana le lehuma, go tlhoka tekatekano, lotso, bong, puo, kgolo, bogole le dintlha tse dingwe.
- *Go totobatsa botlhokwa jwa tsamaiso ya kitso ditso*; go lemoga ditiragalo (hisetori) le boswa jo bo humileng jwa naga e jaaka dintlha tse di botlhokwa tse di nonotshang meetlo e e leng teng mo Molaotheong; le
- *Go ikanyega, boleng le nonofo*; go tlamela thuto e e ka bapisiwang le ya dinaga tse dingwe ka boleng, go anama le boteng

(d) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e ikaelela go tlhagisa barutwana ba ba kgonang go:

- lemoga le go rarabolola mathata gape ba tsaya ditshwetso ba akanya ka tsenelelo e bile ba na le boitlhamedi.
- dira ka katlego ba le bosi, kana ba na le ba bangwe e le karolo ya setlhopha;
- ithulaganya, go itsamaisa le go tsamaisa ditiro tsa bona ka boikarabelo le ka nonofo.
- kgobokanya, sekaseka, rulaganya le go tlhatlhoba tshedimosetso ka tsenelelo;
- tlhaeletsana ka nonofo ba dirisa dikgono tsa pono, matshwao kgotsa dikgono tsa puo mo mekgweng e e farologaneng;
- dirisa saense le thekenoloji ka nonofo le ka tsenelelo ba supa boikarabelo mo tikologong le mo boitekanelong jwa ba bangwe; le
- bontsha go tlhaloganya lefatshe jaaka thulaganyo ya ditsamaiso tse di amanang ka go lemoga gore dikaelo tsa tharabololo ya mathata ga di tlhagelele di le tsosi.

(e) Boakaretsi bo tshwanetse go nna karolokônôkônô ya thulaganyo, ipaakanyo le go ruta mo sekolong se sengwe le se sengwe. Se, se ka diragala fa fela barutabana botlhe ba nna le tlhaloganyo e e edileng ya go lemoga le go arabela dikgoreletsi tsa go ithuta le go rulaganyetsa dipharologano.

Ntlhakgolo mo go tsamaiseng boakaretsi ke go netefatsa gore dikgoreletsi di a lemogiwa le go arabelwa ke ditlhopha tsotlhe tsa tshegetso mo loagong lwa sekolo, go akaretsa barutabana, ditlhopha tsa tshegetso tsa dikgaolothuto, ditlhopha tsa tshegetso tse di mo ditheong, batsadi le dikolo tse di kgethegileng jaaka ditikantikwe tse di tswelang morafe mosola ka kakaretso. Go arabela dikgoreletsi mo phaposiborutelong, barutabana ba tshwanetse go dirisa ditogamaano tse di farologaneng tsa dipharologano tsa kharikhulamo jaaka tse di akareditsweng mo Dikaeding tsa Go Ruta le Go Ithuta ga Boakaretsi tsa Lefapha la Thuto ya Motheo (2010) . (Department of Basic Education's Guidelines for inclusive teaching and learning (2010)) .

1.4 KABO YA NAKO

1.4.1 Kgato ya Motheo

- (a) Nako ya go ruta mo Kgatong ya Motheo ke e e latelang

SERUTWA	MOPHATO R (DIURA)	MEPHATO 1-2 (DIURA)	MEPHATO 3 (DIURA)
Puo ya Gae	10	7/8	7/8
Puo Tlaleletso ya Ntlha		2/3	3/4
Dipalo	7	7	7
Dikgono tsa Botshelo	6	6	7
• Kitso ya Tshimologo	(1)	(1)	(2)
• Botshweretsi jwa Boithamed	(2)	(2)	(2)
• Thuto ya Ikatiso ya Mmele	(2)	(2)	(2)
• Thuto ya boitekanelo jwa motho le loago	(1)	(1)	(1)
GOTLHE	23	23	25

- (b) Nako ya go ruta ya Mephato R, 1 le 2 ke diura di le 23 mme ya Mophato 3 ke diura di le 25.
- (c) Diura di le 10 mo dipuong di abetswe Mephato R-2 mme diura di le 11 ke tsa Mophato 2. Bogolo jwa diura di le 8 le bonnye jwa diura di le 7 di abetswe Puo ya Gae, bonnye jwa diura di le 2 le bogolo jwa diura di le 3 di abetswe Puotlaleletso mo Mephato 1-2. Mo Mophatong 3 bogolo jwa diura di le 8 le bonnye jwa diura di le 7 di abetswe Puo ya Gae fa bonnye jwa diura di le 3 le bogolo jwa diura di le 4 di abetswe Puotlaleletso ya Ntlha.
- (d) Mo serutweng sa Dikgono tsa Botshelo, Kitso ya Tshimologo e abetswe ura e le 1 mo Mephato R-2 le diura di le 2 jaaka go kailwe ka diura tse di mo masakaneng mo mophatong wa 3.

1.4.2 Kgato ya Magareng

- (b) Nako ya go ruta mo Kgatong ya Magareng ke e e latelang:

SERUTWA	DIURA
Puo ya Gae	6
Puotlaleletso ya Ntlha	5
Dipalo	6
Disaense tsa Tlhago le Thekenoloji	3, 5
Disaense tsa Loago	3
Dikgono tsa Botshelo	4
• Botshweretsi jwa Boithamed	(1, 5)
• Thuto ya Ikatiso ya Mmele	(1)
• Thuto ya boitekanelo jwa motho le loago	(1, 5)
GOTLHE	27, 5

1.4.3 Kgato e Kgolwane

(a) Nako ya go ruta mo Kgatong e Kgolwane ke e e latelang:

SERUTWA	DIURA
Puo ya Gae	5
Puotlaleletso ya Ntlha	4
Dipalo	4, 5
Disaense tsa Tlhago	3
Disaense tsa Loago	3
Thekenoloji	2
Disaense tsa Botsamaisi le Ikonomi	2
Tebanyo le Botshelo	2
Botshweretsi jwa Boithlamedi	2
GOTLHE	27, 5

1.4.4 Mephato 10-12

(a) Nako ya go ruta mo Mephatong 10-12 ke e e latelang:

SERUTWA	Kabo ya nako mo bekeng (diura)
Puo ya Gae	4.5
Puotlaleletso ya Ntlha	4.5
Dipalo	4.5
Tebanyo le Botshelo	2
Bonnye jwa dirutwa dingwe le dingwe tse tharo di tlhophiwa go tswa mo Setlhopheng sa B Mametlelelo B, Mananeo B1-B8 a pegelo ya pholisi ya <i>National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12</i> , e le mabapi le go ya ka mabaka a a botswang pele go dumelanwa ka ona mo ditimaneng tsa 28 tsa pegelo ya pholisi e e bolelwang.	12 (3x4 diura)
GOTLHE	27.5

Nako e e abilweng ya beke e ka dirisediwa bonnye dirutwa tsa NCS tse di tlhokegang jaaka go kailwe fa godimo, e bile e se ke ya dirisediwa dirutwa dipe tsa tlaleletso tse di okeditsweng mo lenaneong la dirutwa. Fa morutwana a ka eletsa go oketsa dirutwa, nako e e okeditsweng e abelwe go rutiwa ga dirutwa tse.

KAROLO 2: KITSISO YA PUOTLALELETSO YA BOBEDI MO KGATONG YA MAGARENG

2.1 DIPUO MO PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO (PPKT)

Puo ke sediriswa sa mogopolo le tlhaeletsano. Gape ke mokgwa wa setso le temogo ya bontle ka tlwaelo e e aroganngwang mo gare ga batho go dira gore lefatshe le ba tshelang mo go lona le nne le bokao jo bo botoka. Go ithuta go dirisa puo ka botlalo go kgontsha barutwana go fitlhelela kitso, go tlhalosa boitshupo jwa bona, maikutlo le dikakanyo, go dirisana le ba bangwe le go laola lefatshe la bona. E tlamela barutwana ka ditshwantsho le dikakanyo tse di humileng, tse di maatla, tse di tseneletseng kwa garegare tse di ka dirisiwang go dira lefatshe la bona le tokafale go feta jaaka le ntse; le itshekile go feta jaaka le ntse. Ke ka tiriso ya puo mo dipharologanong tsa setso le dikamano tsa loago di thadisiwang le go tlhamiwa, go tlhamiwa goo, go ka fetolwa gape ka puo ga anamisiwa le go phepafadiwa.

2.1.1 Maemo a Puo

Go ithuta puo mo Kgatong ya Magareng go akaretsa dipuo tsotlhe tsa semmuso mo Aforika Borwa, e bong, Afrikaans, English, isiNdebele, isiXhosa, isiZulu, Sepedi (Sesotho sa Leboa), Sesotho, Setswana, Siswati, Tshivenda, Xitsonga – gammogo le Puo ya Matshwao le Dipuo tse e seng tsa Semmuso. Dipuo tsotlhe tsa semmuso di ka rutiwa ka maemo a puo jaaka Puo ya Gae, Puotlaleletso ya Ntlha kgotsa Puotlaleletso ya Bobedi. Dipuo tsotlhe tse e seng tsa semmuso di ka rutiwa bonnye ka maemo a Puotlaleletso ya Bobedi.

Go ithuta puo mo Mephatong 4 - 9 go akaretsa dipuo tsotlhe tsa semmuso mo Aforika Borwa. Dipuo tsotlhe tsa semmuso di ka rutiwa ka maemo a puo jaaka Puo ya Gae, Puotlaleletso ya Ntlha kgotsa Puotlaleletso ya Bobedi. Dipuo tsotlhe tse e seng tsa semmuso di ka rutiwa bonnye ka maemo a Puotlaleletso ya Bobedi mo dipuo tseo di setseng di tlhabolotswe.

Puo ya Gae ke puo ya ntlha e e fitlhelelwang ke barutwana fa Puotlaleletso ya Ntlha e le puo eo e ithutiwang e tlaleletsa Puo ya Gae. Puotlaleletso ya Bobedi ke puo e e fa pelenyana eo morutwana a ka e ithutang, e e kgontshang ditlhaeletsano tse di mmalwa tse di farologaneng. Puo e ka diriswa mo setšhabeng kgotsa mo setsong gape e tla oketsa kago ya setšhabo le kitso ya ditso tse di kopaneng. Bontsi jwa dikolo tsa Aforika Borwa ga di rute dipuo tsa gae tsa barutwana ba bangwe ba ba ikwadisitseng mme e na le puo e le nngwe kgotsa tse pedi tse di rutiwang ka maemo a Puo ya Gae. Ka ntlha ya se, maina a Puo ya Gae le Puotlaleletso ya Ntlha le ya Bobedi di kaya botswerere jwa maemo a puo e e rutiwang ka ona e seng puo ya gae kgotsa e e fitlheletsweng (jaaka mo dipuotlaleletsong). Ka ntlha ya maikaelelo a pholisi e, kumako nngwe le nngwe ya Puo ya Gae e tshwanetse go tlhalogannngwa gore e kaya maemo mme e seng puo ka boyona.

Maemo a Puo ya Gae a tlamela botswerere jwa puo jo bo senolang dikgono tsa tlhaeletsano ya dikamano tsa botho tse di tlhokagalang mo maemong a loago le mo maemong a tlhaloganyo ya tsa botlhalefi a a leng botlhokwa mo go ithuteng go ralala kharikhulamo. Go na le kgatelelo mo go rutiwang ga dikgono tsa go reetsa, Go bua, Go buisa le Go kwala mo maemong a a puo. Kgato e, e tlamela barutwana gape ka bokao jo bo tlhamaletseng, temogo ya bontle le bokgoni jwa go nna le dikakanyo jo bo tla ba tlamelang ka bokgoni jwa go tlhama dilo gape, go akanya le go matlafatsa go tlhaloganya lefatshe le ba tshelang mo go lona. Le fa go le jalo, kgatelelo le kabo ya maduo a dikgono tsa go buisa le go kwala, go tloga ka Mophato wa 7 go ya kwa pele, di kwa godimo go na le tsa Go bua le Go reetsa, ka gonne topo ya bokao jwa go tlhama jwa barutwana bo a oketsega jaaka ba itshiamisetsa dithuto tse di kwa godimo le go tsena mo ditirong tse di farologaneng.

Maemo a Puotlaleletso ya Ntlha a tseelela gore barutwana ga ba na kitso epe ya puo fa ba goroga kwa sekolong. Mo dingwageng tsa ntlha tsa sekolo go tlhomiwa mogopolo mo go ageng bokgoni jwa morutwana jwa go tlhaloganya puo le go e bua – motheo wa dikgono tsa tlhaeletsano ya dikgolagano tsa botho. Mo Mephatong ya 2 le 3 barutwana ba simolola go aga kitso ya puo mo motheong o wa tiro ya molomo. Gape ba diragatsa dikgono tsa puo tse ba setseng ba di ithutile mo Puong ya Gae.

Mo Dikgatong tsa Magareng le tse Dikgolwane, barutwana ba tswela go tiisa dikgono tsa Go reetsa, Go bua, Go buisa le Go kwala. Mo kgatong e, bontsi jwa bana bo rutiwa ka Puotlaleletso ya Ntlha, e bile ba tshwanetse go e senolelwa go le gantsi. Kgatelelo e kgolo e abelwa go dirisetsa Puotlaleletso ya Ntlha ka maikaelelo a go akanya le go ntsha mabaka. Se, se kgontsha barutwana go aga dikgono tsa maemo a tlhaloganyo ya botlhalefi, tse ba tlhokang go ithuta dirutwa tsa Sejathapi le Saense. Ba tshwaragana le ditlhangwa tsa dikwalo le go simolola go aga bokgoni jwa temogo ya bontle le go tshwantsha mo Puotlaleletsong ya bona.

Barutwana ba tshwanetse gore fa ba goroga mo Mophato 7, ba bo ba tlhaloganya Puotlaleletso ya Ntlha mabapi le dikgono tsa dikgolagano tsa botho le maemo a tlhaloganyo ya tsa botlhalefi. Le fa go ntse jalo, boammaaruri ke gore barutwana ba le bantsi mo kemong e, ga ba kgone go tlhaeletsana sentle ka Puotlaleletso mo kgatong e. Kgwetlho mo mephatong ya 4-6, ke go tlamela barutwana ka tshegetso/ ba thuswa gape ka yona nako eo ba abelwa kharikhulamo e e ba kgontshang go fitlhelela maemo a a tlhokegang mo Mophatong wa 12. Maemo a tshwanetse gore a nne mo seemong se barutwana ba ka dirisang Puotlaleletso mo maemong a a kwa godimo a go tlhaloganya go ba baakanyetsa go tswela dithuto tse di kwa godimo kgotsa go tsena mo ditirong tse di farologaneng.

Maemo a Puotlaleletso ya Bobedi a itlhome barutwana ba se na kitso epe ya puo fa ba goroga kwa sekolong. Tsepamo mo go tlhagiseng Puotlaleletso ya Bobedi e mo go ageng bokgoni jwa go tlhaloganya le go bua- motheo wa dikgono tsa tlhaeletsano ya dikgolagano tsa botho. Mo mephatong ya 4 -6, barutwana ba simolola go aga kitso ya puo mo motheong o wa tiro ya molomo. Gape ba diragatsa dikgono tsa puo tse ba setseng ba di ithutile mo Puong ya Gae le mo Dipuotlaleletsong

Mo Mephatong 7-9, barutwana ba tswela go tiisa dikgono tsa Go reetsa le Go bua ba ntse ba aga bokgoni jwa bona jwa go buisa le go kwala.

Barutwana ba tshwanetse gore fa ba goroga mo mophatong wa 10, ba bo ba kgona go buisana ka Puotlaleletso ya Bobedi ya bona mo maemong a dikgolagano tsa botho le tsa loago. Le fa go ntse jalo, boammaaruri ke gore barutwana ba le bantsi mo kemong e, ga ba kgone go tlhaeletsana sentle ka Puotlaleletso mo kgatong e. Kgwetlho mo mephatong 4-6 ke go tlamela barutwana ba ka tshegetso/thuso gape ka yona nako eo ba abelwa kharikhulamo e e ba kgontshang go fitlhelela maemo a a tlhokegang mo Mephatong e e kwa pele. Maemo a tshwanetse gore a nne mo seemong se barutwana ba ka dirisang Puotlaleletso mo maemong a a kwa godimo a go tlhaloganya go ba baakanyetsa go tswela dithuto tse di kwa godimo kgotsa go tsena mo ditirong tse di farologaneng.

2.1.1.1 Maikaelelo a totobetseng a go ithuta Puotlaleletso ya Bobedi

Go ithuta Puotlaleletso ya Bobedi go tshwanetse go kgontsha barutwana go:

- Bona dikgono tse di tlhokegang tsa puo go tlhaeletsana go go maleba, mo puong e e ikaletsweng mo motheong wa tshimologo.
- Reetsa, go bua, go buisa kgotsa go lebelela le go kwala puo ka boitshepi le boitumelo jo bo golang. Dikgono le boitshwaro di aga tshimologo ya go ithuta go go sa feleng.
- Tlhagisa kana go thadisa ka puo, ka go kwala, ka maikutlo gore o nne o lokologile mo puong.

- Dirisa puo le setshwantsho sa tlhologanyo, go itlhaloganya sentle, le go tlhaloganya ditso tse di farologaneng le lefatshe le le ba dikaganyeditseng. Se se tla dira gore ba kgone go tlhagisa maitemogelo le diphithhelelo ka lefatshe ka puo ya molomo le go kwala.
- Dirisa puo go sekaseka le go laola tlhaeletsano mo ditirisong tse dingwe. Tshedimosetso ya litheresi ke kgono e e mosola mo nakong ya tshedimosetso, gape e aga motheo wa go ithuta go go sa feleng.
- Dirisa puo jaaka go tlhagisa tshedimosetso mo ditlhangweng tse di tlwaelegileng; go dirisa ditlhangwa tse di farologaneng, go buisa ditlhangwa go itumedisa, go nna le tshimologo ya tshedimosetso le ya tlhaeletsano.

2.1.1.2 Go ruta Puotlaleletso ya Bobedi

Gore o ithute Puotlaleletso sentle, o tlhoka go e dirisa thata ka mo go kgonagalang ka teng gore o age bokgoni mo puong le mo puisanong. Barutabana ba tshwanetse go netefatsa gore barutwana ba reetsa le go buisa Puotlaleletso mo nakong e e filweng ka maitlhommo a a farologaneng. Barutwana ba tlhoka ditšhono tsa go reetsa Puotlaleletso go bona tshedimosetso le tekatlhaloganyo (seka. mmuisano) le go itumedisa (seka. pina) . Se se botlhokwa go fetisisa, ba tlhoka ditšhono tsa go buisa le go lebelela Puotlaleletso go bona tshedimosetso (seka. ditaello tsa go dira samentšhise) go itumedisa (seka. kgang e e bonolo) . Dipatlisiso di bontshitse gore mokgwa o o siameng wa go tlhabolola kana go oketsa tlotlofoko ke ka go buisa ditlhangwa tse di maleba. Go botlhokwa gore puo ya molomo, ditlhangwa tsa pono le tse di kwadilweng di bo di le mo maemong a a siameng a barutwana. Fa ditlhangwa di le thata, barutwana ba tla nyema mooko mme ba ka se ithute sepe; Fa di ka nna bonolo thata, go ka se nne le kgwetlho mme barutwana bat la ungwa thuto e e potlana. Karolo e kgolo ya morutabana wa puo ke go golaganya maemo a morutwana le a setlhangwa. Ka nako yotlhe ya kgato ya magareng, barutwana ba tshwanetse go reetsa le go buisa ditlhangwa tse di nyalanang le dikgono tsa puo tsa bona tseo di golang.

Barutwana ba tlhoka gape go dirisa Puotlaleletso kgapetsakgapetsa. Ba tlhoka ditšhono tsa go reetsa, go bua, go buisa, bonnye le go kwala Puotlaleletso ka mabaka a kamano kgotsa kgolagano mo gare ga batho (seka. mmuisano) , go godisa boithlamedi jwa bona (seka. go diragatsa pina le go etsisa badiragatsi jalo le jalo) go godisa bokgoni jwa tlhaeletsano (seka. go tlhagisa kakanyo ya gago mo kopanong, le go dumedisa) .

Barutwana ba tlhoka go tlhaloganya maitlhommo a go bua. Ka nako yotlhe ya kgato ya magareng, barutwana ba tshwanetse go ikatisa ka puo ya molomo e e nyalanang le dikgono tsa puo tsa bona tse di golang. Go botlhokwa gore barutwana ba neelwe pegelo gangwe le gape le gona ka nako ka tlhatlhobomolomo ya bona gore ba itse gore ba ka dira botoka kae le ka mokgwa ofe. Karolo e kgolo ya morutabana ke go neelana ka pegelo ya maemo a a kwa godimo, e e leng yona boteng jwa pelo ya tlhatlhobo e e siameng.

Barutwana ba tlhoka go itse gape motheo wa puo: thutapuo, tlotlofoko, mopeleto le matshwao a puiso. Ka kakaretso, barutabana ba tla tshwaragana le dintlha tsa puo mo tirisong. Sekao. ba ka dira gore barutwana ba lemoge popego le diponagalo tse di dirisitsweng fa ba bontsha kgotsa ba neela dikaelo. (Ditaello di dirisitswe) . Go na le sebaka se se tlhamaletseng sa go ruta dintlha tsa motheo le ditšhono tsa go di diragatsa .

Fa barutabana ba rulaganya dithutiso tsa beke tse pedi, ba tshwanetse go golaganya dikgono tsa puo, mmogo le metheo ya puo. Ba tshwanetse go tlhophisa mofuta wa setlhangwa le setlhogo tseo di tla itumedisang barutwana. Fa barutwana ba sa tseye karolo kgotsa go se na tshusumetso ba tla rutega go se nene. Sekao. setlhogo sa dipolelo se ka nna sa nna 'Sekolo sa me'. Barutabana ba ka itsise setlhogo ka theetso/go buisa, ba aga puo le kitso ya tlotlofoko e e botlhokwa ya go bua. Sekao, barutwana ba ka buisa setlhangwa se se khutshwane ba tlhagisa tlotlofoko le kagego ya puo. Fa barutwana ba setse ba tlwaetse puo e e tshwanetseng setlhogo se, ba ka simolola go kwala dipolelo. Se se tla neela ditšhono tse di fetisisang go dira ka puo. Barutabana ba tshwanetse go neelana ka pegelo ka nako yotlhe ya dikgato le go laola tirwana ya tlhatlhobo e e maleba mo bofelong

Mo Mephatong 4 -6 go botlhokwa gore:

- Go nna le tsepamo thata mo go reetseng le go bua.
- Go na le tshegetso/thuso e e tswelang mo kagegong ya tlotlofoko, dipolelo ditemana le thutapuo mo tirisong.
- Barutwana ba dira ka ditlhangwa tse di farologaneng, go akaretsa ditlhangwa tsa pono, ditlhangwa tse di oketsega go nna thata fa di tswela ka mephato.

2.1.2 Dikgono tsa puo

Puotlaleletso ya Bobedi e rulagantswe go ya ka dikgono tse di latelang:

1	Go reetsa le go bua
2	Go buisa le go lebelela
3	Go kwala le go tlhagisa
4	Dipopego tsa puo le Melawana

Go reetsa le Go bua

Go reetsa le Go bua ke ntlhakgolo ya go ithuta mo dirutweng tsotlhe. Ka theetso e e tseneletseng le ditogamaano tsa Go bua, barutwana ba kgobokanya le go nyalana tshedimose, ba aga kitso, ba rarabolola mathata le go tlhagisa dikakanyo. Mo mephatong 4 – 6, **Barutwana ba Puotlaleletso ya bobedi** ba tla dirisa dikgono tsa Go reetsa le Go bua go tlhaeletsana mo maamong a motheo.

Mo kgatong e, go tlhokega gore puo ya barutwana e nolofadiwe (ke gore, morutabana a ka dira dikao le go tshegetsa/ thusa barutwana, sekao. ka lethomeso la tlotlofoko le dipolelo) . Morutabana o tshwanetse go netefatsa gore barutwana botlhe ba bona ditšhono tsa go bua ka puo e e totilweng. Ka gone barutwana ba tla tswela ka kgato e e farologaneng, morutabana o tlhoka go rulaganya ditšhono tsa go bua (sekao. dipotso tse di botswang) go ya ka maemo a morutwana mongwe le mongwe. Fa barutwana ba tswela mo mephatong, morutabana o tshwanetse go solofela gore barutwana ba bue go fetisisa mme dipuo tsa bona di nne ditelele.

Nako ya go ruta e tshwanetse go tsenyeletsa katiso ya letsatsi le letsatsi ya go reetsa ka nako e khutshwane le ditirwana tsa go bua, gape le ditirwana tse di telele tse di tsepameng, mme di phatlaladitswe mo bekeng yotlhe.

Mo Mephatong 4 – 6, barutabana ba tshwanetse go latelela theetso jaaka tirwana ya dikgato di le tharo:

- **Pele ga theetso:** Se se baakanyetsa barutwana go reetsa setlhangwa sa tiro ya molomo mo Puotlaleletsong ya bona. Sekao, morutabana a ka dirisa setlhangwa sa pono a bo a botsa potso kakaretso e e tsepameng mo tshimologong e barutwana ba tshwanetseng go e araba morago ga go reetsa setlhangwa lwa ntlha.
- **Ka nako ya theetso:** Ke tiragatso e ntle gore morutabana a buise (a dire motshameko) setlhangwa se se reetswang gangwe le gape, a ntse a botsa dipotso tse di farologaneng nako le nako. Go a thusa go simolola ka dipotso tse di kgontshang barutwana go tlhologanya bokao jo bo tletseng jwa setlhangwa, go ya go dipotso tse di totobetseng tse di batlang go tlhologanya go go tletseng ga bokao jotlhe jwa setlhangwa. Ka go dira se, morutabana o thusa barutwana go godisa ditogamaano tsa theetso.
- **Morago ga theetso:** Barutwana ba tswela go araba dipotso, ba leba gape dintlha tsa thuto, ba dirisa tshedimose (sekao. go neela setshwantsho maina)

Go bua go diragala go sa rulaganngwa ka mo phaposing, sekao. go dira ka ditlhopho. Barutwana ba tlhoka gape ditšhono go diragatsa dipuisano tse di sa rulaganngwang tseo gantsi ba ka se di direng mo phaposing. Barutabana ba tshwanetse go neelana ka ditaello fa go buiwa le go tlhagisa, sekao. go buisetsa kwa godimo go go rulagantsweng jalo le jalo. Se e tla nna tiragalo ya dikgato di le pedi:

- Paakanyo le thulaganyo ya dikakanyo le tshedimosetso
- Ikatiso le tlhagiso: Go bontsha temogo ya bareetsi le tiriso; tiriso e e maleba e bile e nepagetse ya dipopego tsa puo le melawana, go ruta sentle, tiriso e e maleba ya ditogamaano tsa puo ya molomo le tse e seng tsa molomo, jalo le jalo.

Go buisa le go lebelela

Dikgono tsa go buisa le go lebelela ke thito e e dirang gore go ithuta go atlege go ralala kharikhulamo, gape le go tsaya karolo e e tletseng mo setšhabeng, mo lefatsheng la tiro, le tiriso mo lefatsheng ka bophara. Barutwana ba nna le dikgono tsa go buisa le go lebelela ditlhangwa tsa mofuta o o rileng, go akaretsa le ditlhangwa tsa pono go bona tshedimosetso.

Fa go tlhokega, dirisa puisokopanelo mo tshimologong ya Mophato 4 go kaela barutwana mo kgatong e. Mokgwa o, o ka diriswa gangwe le gape fa go na le dibuka di le dintsi mo maemong a. Se se ka refosanwa le go tlotla kgang. Fa dibuka mo maemong a di se teng, dirisa ditlhangwa go tswa mo bukakgakololong kgotsa dipadi/dipadiso. O ka dirisa gape mekgwa e e jaaka go buisa le barutwana kgotsa go buisetsa barutwana botlhe.

Dirisa setlhopho sa puisokaelo kgotsa puiso ka nosi/mong kgotsa puiso ka bobedi, mme o ka bonya o dira gore barutwana ba fitlhelele maemo a ba kgonang go buisa gantsi ka bo bona. Go buisa ka bo bona go go tlhagisitsweng mo thulaganyong ya tiro ya go ruta go tshwanetse ga tselenyetswa mo nakong e e filweng ya go buisa. Tlhotlheletsa barutwana go buisa ka bo bona mo nakong ya bona ya go ikhutsa/nako e ba sa direng sepe.

Tlhama ditirwana tsa motheo tsa tekathaloganyo go netefatsa gore barutwana ba tlhaloganya se ba se buisitseng.

Dikgato tsa puiso

Kitsiso ya dikgato tsa puiso e na le **pele ga puiso, ka nako ya puiso le morago ga puiso**. Ditirwana tse morutwana a ka thusang barutwana ka tsona di ka sobokanngwa ka mokgwa o o latelang:

Pele ga puiso:

- Go tsosolosa kitso ya pele le go dira dikgolagano
- Lebelela motswedi, mokwadi, letlha la phasalatso le mofuta wa setlhangwa
- Go tlodisa matlho pele mo temaneng ya ntlha ya karolo- o bopa se se solofetsweng.

Ka nako ya puiso:

- Kgaotsa nako le nako go bona gore a ba a tlhaloganya le go letlelela dikakanyo go tsenelela.
- Dirisa tiriso/bokao go batla bokao jwa mafoko a a sa tlwaelegang fa kgonega, fa go sa kgonege, dirisa thanodi.
- Bopa tshwantshokgopolo ka se o se buisang.
- Nna o ntse o buisa le fa go na le karolo e o sa e tlhaloganyeng sentle.

- Buisa karolo gape fa o sa e tlhologanye gotlhelele. Buisetsa dikgaolo tse di tlhakanyang tlhogo kwa godimo, ka kgato e e bonya kgotsa ka tsona tsotlhe (ke gore, buisetsa kwa godimo le gona o buisa ka bonya) .
- Kopa mongwe go go thusa go tlhologanya karolo e e boima.
- Tlhakanya maduo a go buisa le go kwala maina a dintlha tsa botlhokwa
- Akanya ka se se buisiwang

Morago ga puiso:

- Fa tlhokagalo ya go batla go gakologelwa tshedimosetso e kgethegileng e nna teng, dira mmepe wa tlhologanyo o mo go ona o kwalang dikakanyokgolo le dintlha tse di tshegetsang.
- Kwala mafoko a a botlhokwa go thusa go tlhalosa le go gakologelwa dikakanyogolo.
- Akanya ka dipotso tse dišwa tsa setlhogo.
- Go tlhologanya- Netefatsa gore setlhangwa se a tlhaloganngwa.
- Atolosa kakanyo – dirisa dikakanyo tse o di bonang mo temaneng.

Go kwala le Go tlhagisa

Go Kwala ke sediriswa se se maatla sa tlhaeletsano se se letlelelang barutwana go tlhama le go tlhaeletsana megopolo le dikakanyo ka tomagano. Go ikatisa go kwala kgapetsakgapetsa go ralala tiriso/bokao jo bo farologaneng, ditirwana le dirutwa go kgontsha barutwana go tlhaeletsana ka mokgwa wa tirisano le boithlamedi. Maitlhommo ke go tlhagisa dikgono tsa go bokwadi go godisa le go tlhagisa ditlhangwa tse di maleba. Mo Kgatong ya Magareng **barutwana ba Puo-Tlaleletso ya Bobedi** ba tla tlhoka tshegetso/thuso le kaelo go aga dikgono tsa go kwala.

Go Kwala go botlhokwa gonne go pateletsa barutwana go akanya ka thutapuo le mopeleto. Se se tlhotlheletsa barutwana go dirisa puo le go oketsa bonako jo ba amogelang puo ka gona le go oketsa nepo. Barutwana ba tla ithuta go kwala tlhatlhamano ya ditlhangwa tsa boithlamedi le tshedimosetso, ba simolola ka go dirisa matlhommeso jaaka tshegetso/thuso mme ka bonya ba ithuta go kwala ditlhangwa tse di farologaneng kwa ntle ga matlhommeso/ka bobona. Ba tla dirisa dikgato tsa go kwala go tlhagisa ditlhangwa tse di kwadilweng tse di rulagantsweng sentle ka thutapuo e e siameng.

Dikgato tsa Go kwala

Dikgato tse di latelang ke tsa go kwala le go tlhama setlhangwa:

- Pele ga go kwala/paakanyetsotiro
- Ditlhangwa tsa ntlha
- Go boeletsa, go tseleganya le go tlhotlha diphoso
- Go tlhagisa

Barutwana ba tlhoka tšhono e go diragatsa dikgato tse mme ba tshwanetse go:

- Tsaya tshwetso ka maitlhommo le baamogedi/babuisi ba setlhangwa se se tla kwadiwang/se se tlhamiwa;

- Nagana ka dikakanyo o dirisa sekao. dimmepe tsa tlhologanyo, ditšhate tsa dikakanyo kgotsa manaane;
- Lebelela metswedi e e maleba, tlhopho tshedimosetso e e maleba le go rulaganya dikakanyo;
- Tlhagisa setlhangwa sa ntlha se se tlhokomelang maitlhommo, baamogedi, setlhogo le kagego ya setlhangwa;
- Buisa ditlhangwa tsa ntlha, mme o bone pegelo go tswa go ba bangwe (balekane kgotsa morutabana) ;
- Tseleganya le go tlhotlha diphoso mo setlhangweng sa ntlha; le
- Go tlhagisa setlhangwa se se phepa, se buisega se se tlhotlhweng diphoso.

Dipopego tsa puo le melawana

Kitso e e kwa godimo ya tlotlofoko le thutapuo ke motheo wa kgolo ya dikgono (go reetsa, do bua, go buisa le go kwala) mo Puotlaleletso ya Bobedi. Barutwana ba Kgato ya Magareng ba tla itsisiwe dipopego tsa puo le melawana ka puo e e tobilweng.

Ka go dira ka ditlhangwa tse dintsi tse di tlwaelegileng, barutwana ba atolosa tiriso ya bona ya tlotlofoko mme ba dirise dipopego tsa puo ka nepagalo. Mo Kgatong ya Magareng, barutwana ba Puotlaleletso ya Ntlha ba tla tlhokomela mafoko le popego ya thutapuo e ba setseng ba e itse.

Barutwana ba tla tswelela go utolola mokgwa o puo e dirisiwang ka ona. Ba tla kgona gape go dirisa kitso e go lekelela ka puo go aga bokao (go tswa mo go direng ka lefoko le polelo go ya mo go direng ka setlhangwa sotlhe) le go bona gore setlhangwa le tiriso ya sona di amana jang.

Go solofetswe gore Dikarolo tsa Puo le Melawana e tla rutwa e le mo tirisong jaaka dikgono tse dingwe tsa puo di rutwa e bile di tlhamiwa. Le gale, mo Kgatong ya Magareng nako ya go ruta Dipopego tsa Puo le Melawana ka thamalalo le go katisa barutwana, e tshwanetse go beelwa kwa thoko. Dithulaganyo tsa go ruta di na le lenaane la dintlha tsa puo tse di tshwanetseng go rutwa mo mophatong mongwe le mongwe. Tse di neilwe kwa tshimologong ya kgweditharo nngwe le nngwe. Fa o tlhopho ditlhangwa tsa go reetsa le go buisa tsa tsheko e nngwe le e nngwe ya dibeke di le pedi, tlhokomela gore di na le dingwe tsa dintlha tsa puo tse di tlhokang go dirwa mo kgweditharong eo. Tlhama ditirwana tse di amanang le ditlhangwa tse di tla kgontshang barutwana go dirisa dintlha tse di le mo tirisong. Fela jalo, ditlhangwa tse barutwana ba tla di kwalang di tla akaretsa dingwe tsa dintlha tsa puo. Kaela barutwana ka tiriso e e maleba e bile e nepagetse ya dintlha tse. Tlhopho dingwe tsa dintlha tse barutwana ba nang le bothata ka tsona mme o di rute ka tlhamalalo (ka nako e e beetsweng thoko go di ruta) .

2.1.3 Melebo ya go ruta puo

Melebo ya go ruta puo mo lekwalong le e ikaegile ka setlhangwa, e a tlhaeletsana, e a nyaelelana e bile e lebile dikgato.

Molebo o o ikaegileng ka setlhangwa le o o tlhaeletsang ka bobedi di ikaegile ka tiriso le tlhagiso e e tswelelang ya ditlhangwa.

Molebo o o ikaegileng ka setlhangwa o ruta barutwana go kgona, go ikanya le go nna babuisi ba ba sekasekang, ba ba lebang le ba ba kgonang go tlhama ditlhangwa. Ditlhangwa tsa nnete ke motswedi wa diteng le tiriso tsa tlhaeletsana, le go lotaganya go ruta le go ithuta puo. Molebo o o ikaegileng ka setlhangwa o akaretsa go tlhagisa mefuta e e farologaneng e e bonolo ya ditlhangwa ka maikaelelo a a rileng.

Molebo wa tlhaeletsano o tshitsinya gore morutwana o tshwanetse go nna le maitemogelo a magolo mo puong e e ikaeletsweng le ditšhono tse dintsi go ithuta kgotsa go tlhagisa puo. Barutwana ba ithuta go buisa ka go buisa thata, le go ithuta go kwala ka go kwala gantsi.

Molebo wa go dirisa dikgato o diriswa fa barutwana ba tlhagisa tiro ya molomo le ditlhangwa tsg bua, go buisa le mo dikgatong tsa go kwala. Ba tshwanetse go akanya ka bareetsi le maitlomo ka nako e ya dikgato. Se se tla ba kgontsha go tlhaeletsana le go tlhagisa dikakanyo ba lokologile. Sekao. go ruta go kwala ga go a tsepama mo tirong ya bokhutlo fela, tsepamo e mo maitlhomong le mo dikgatong tsa go kwala. Ka nako ya kgato ya go kwala, barutwana ba rutwa mokgwa wa go tlhama dikakanyo, go akanya ka maitlomo le babuisi, go kwala setlhangwa sa ntlha, go tseleganya tiro ya bona, le go tlhagisa setlhangwa se se kwadilweng, se se tlhaeletsanang ka dikakanyo tsa bona.

Molebo wa go ruta dikwalo/ go dira ka ditlhangwa

Mabaka magolo a go buisa dikwalo/ ditlhangwa mo phaposing ke go tlisa ditšhono tsa go dirisa dikgono tsa puo tse di ithutilweng. Go ruta dikwalo/ ditlhangwa ga go bonolo, ga go kgonagale kwa ntle ga thanolo ya nnete le ditshaelo go tswa mo barutwaneng ka bobona. Kwa ntle ga go ithuta go tlhaloganya ditlhangwa ka bobona, barutwana ba ka se ithute go le gontsi.

Mekgwa ya go leba go ruta dikwalo e tla akaretse dingwe kgotsa tsotlhe tsa tse di latelang:

- Dira maiteko a go buisa bontsi jwa setlhangwa mo phaposing kwa ntle ga go emisa go dira tirwana e nngwe. Go botlhokwa gore barutwana ba nne le kakanyo e e tlhaloganyegang ya se se diragalang mo motheong wa setlhangwa. Buisa bontsi jo bo kgonagalang ka mo phaposing, mme o netefatse gore barutwana ba buisa le leboko.
- Ditirwana tsa go kwala tse di batlang motheo wa go tlhaloganya setlhangwa se se buisiwang e ka nna bopaki jo bo thusang mo go tsosoloseng motheo wa dikgono tsa puo le wa dikgatlhago tsa dikgono tse di setseng di fitlheletswe.
- Kwa bofelong, ditirwana ka ditlhangwa di tshwanetse go dirwa di sa kgaoganngwa mme e le selo se le sengwe se se feletseng/ kompa.

2.2 KABO YA NAKO

Nako e e atlanegisitsweng go ruta Puotlaleletso mo kgatong ya magareng ke diura di le 1.5. ka beke. Diteng tsotlhe tsa puo di tshwanetse go rutwa mo tshekgong ya dibeke di le pedi. (diura di le 3) . Kabo ya nako ya dipuo tse di latelang e a tshitsinngwa:

Dikgono	Kabo ya nako ka beke (Diura)	Kabo ya nako ka tsheko ya dibeke di le pedi (Metsotso)	%
Go reetsa le go bua	1.5	75	40
Go buisa le go lebelela: Tekatthaloganyo le dikwalo		55	30
Go kwala le go tlhagisa		35	20
Dipopego tsa puo le melawana (di kopantswe) (tse le tsona di kopantswe mo dikgonong di le 4)		15	10
Gotlhe		180 (Diura)	100

2.3 DITLHOKEGO TSA GO TSHEGETSA GO RUTA LE GO ITHUTA

- Morutwana mongwe le mongwe o tshwanetse go nna le:
 - a) Buka e e rebotsweng ya puo
 - b) Padi/ padiso e e nang le mefuta ya ditlhangwa tse di atlanegisitsweng:
 - Dikgang
 - Poko
 - Ditlhangwa tsa tshedimosetso
 - Ditlhangwa tsa loago
 - c) Thanodi kgotsa lenaane la mafoko
 - d) Mefuta e e farologaneng ya dibuka tsa go buisa go tsenyeletsa maemo a puiso a a farologaneng sekao. mefuta e e farologaneng ya dipadiso, e e nang le ditlhangwa tse di lekaneng barutwana ba ba mo maemong a puiso a a rileng mo phaposing/sekolong.
 - e) Ditlhangwa tsa puisokopanelo mo mophatong wa 4. Tse e ka nna dibuka kgotsa dingwe tsa ditlhangwa tsa mokwalo o o godisitsweng kgotsa buka e e tlhaotsweng kgotsa dipadiso.
- Morutabana o tshwanetse go nna le:
 - a) Pegelo ya Pholisi ya Kharikhulamao le Tlhatlhobo
 - b) Puo mo Pholising ya Thuto (LIEP)
 - c) Buka ya puo e e diriswang ke barutwana le dibuka tse dingwe jaaka metswedi

- d) Padiso e e nang le mefuta ya dithangwa tse di atlanegisitsweng:
- e) Dithanodi (temenngwe, pemepedi, tementsi) dithesorase, Diensaetlelopedia le bukakgakololo e e siameng ya kaelo ya thutapuo jalo le jalo)
- f) Faele ya Metswedi ya Morutabana/buka: E ka nna faele e e nang le didiriswa tse di kgobokantsweng ke morutabana kgotsa e le kaedi ya morutabana e e phasaladitsweng.
- g) Dibuka tsa go buisa go kaela puiso ya barutwana, ka mo phaposing, mo sekolong le kwa laeborari.
- h) Didiriswa tsa kutlo/pono

KAROLO 3

3.1 DITENG LE DITHULAGANYO TSA GO RUTA TSA DIKGONO TSA PUO

Tse di latelang ke thadiso ya diteng, dikgono le ditogamaano tse di tla fitlhelwang mo dithulaganyetsong tsa go ruta.

Lenane la thadiso ya diteng, dikgono le ditogamaano

Dikgono	Mophato wa 4-6	
	Diteng	Ditogamaano
Go reetsa le go bua	• Tekatthaloganyo ya theetso • Go reeletsa tshedimosetso • Kapodiso • Go reeletsa go itumedisa/go ijesa monate • Mefuta e e farologaneng ya tlhaeletsano ya molomo: - Dipuisano/metlotlo - Dikaelo / Ditaelo / ditsamaiso - Go tlotla kgang - Ketsiso - Puisano ka setlhopha - Maboko a makhutshwane le diraeme - Metshameko ya puo - Tatelano ya ditiragalo tsa gago / Tatelano ya ditiragalo tse di nang le mabaka Lebelela ditlhagiso tse di dirisitsweng mo motlotlong .	Dikgato tsa go reetsa • Pele ga theetso • Ka nako ya theetso • Ka nako ya theetso - Rekota dikakanyokgolo ka go di boeletsa, - Tlhalosa - Reetsa le go araba dipotso tse di bonolo • Morago ga theetso Dikgato tsa go bua • Go dira paakanyetsotiro, go batlisisa le go rulaganya • Go ikatisa le go tlhagisa Go tlhaeletsana ka maikaelelo a tirisano/go bua le ba bangwe • Dipuisano tse di bonolo • Thefosano • Thotloetso ya go dirisa puotlaleletso • Botsa le go araba dipotso. Go gakologelwa tatelano ya ditiragalo • Tlhagiso e e sa tlhomamang ya ditiragalo tse di tlwaelegileng. • Siamisa kagego, tlotlofoko, puo le melawana

Dikgono	Mophato wa 4-6	
	Diteng	Ditogamaano
Go buisa le go lebelela	Mefuta ya ditlhangwa tse di tshitsintsweng: - Dikgang: sekao. ditlhangwa tse e seng tsa nnete mme di lebega e kete ke tsa nnete tsa jaanong, dikgang tsa setso /dinaane (dikinane, noolwane, ditlhamane le mainane) Dikgang tsa go lekelela, dikgang tsa ditshwantsho tse di nang le ditlhogo. - Poko/ Pina - Ditlhangwa tsa tshedimosetso tsa matseno, sekao, ditsamaiso, tatelano ya ditiragalo tse di nang le mabaka Ditlhangwa tsa tirisano/ go bua le ba bangwe, sekao. ditaletso, dikarata, makwalo. - Ditlhangwa tsa mmedia jaaka, dipapatso/ diphasalatso, dikitsiso, dipampiri tsa tshedimosetso. - Ditlhangwa tsa pono: phasalatso (diphousetara, dipampiri tsa tshedimosetso, dipapatso) - Khathunu, sekgametshana sa setshwantsho se se tshegisang sa khomiki, ditshwantsho, manane, ditshate, dithalo - Ditemana tsa Tekatlhaloganyo - Setlhangwa sa puisetsogodimo e e ipaakanyeditsweng - Ditlhangwa tsa tshedimosetso	Dikgato tsa go buisa le go lebelela: Dirisa dikgato le ditogamaano tsa pele ga puiso, ka nako puiso le morago ga puiso: - Go tlhaloganyana setlhangwa - Go buisetsa go tlhaloganyana setlhangwa (Tekatlhaloganyano ya go buisa) - Go bontsha tswelopele mo go buiseng ka nosi (Go buisetsa monate, go bona tshedimosetso le go ithuta) Ruta barutwana: Diponagalo tsa setlhangwa – ditlhogo, ditshwantsho, dika-ditlhogo, go neela dinomoro, ditlhogo tsa dikgang, popego. Popego ya ditlhangwa – manaane, tatelano ya ditiragalo, tlhaloso, tsamaiso, kgangkgolo le tatelano ya kanelo. Dikarolo tsa buka – Tsebe ya setlhogo, lenane la diteng, dikgaolo, lenaaneefoko, dimametlelelo, jalo le jalo. Ditogamaano tsa go buisa le go lebelela - Go buisa gape - Go tlhalosa - Go tsaya ditshwetso / dikakanyo tsa gago Go sekaseka ditlhangwa tsa pono – (Ditlhangwa tse di tlhwaegile tsa dikerafo/ ditlhangwa tsa pono. Sekao. dipapatso/diphasalatso, dikitsiso, diphousetara, dikgemetshana tsa setshwantsho se se tshegisang sa khomiki, dikhathunu, dibepe le ditshwantsho) : - Puiso ya ditlhangwa tsa dikwalo Poko/Pina - Bokao jwa setlhangwa ka tlhamalalo - Molaetsa - Diponagalo tsa poko tsa modumo: morumo, moretheto, matshwao a puiso, dipoeletso Kgang - Totla kgang - Baanelwa - Maitshetlego Ditlhangwa tsa tirisano/ go bua le ba bangwe le tsa tshedimosetso - Bareetsi le maitlomo Puiso e e ipaakanyeditsweng le e e sa ipaakanyediwang (Puisetsogodimo) - Tiriso ya segalo, bogodimo ba lentswe, lobelo, tebo ya matlho, kemo, puo ya dikarolo tsa mmele. - Kapodiso ya mafoko sentle

Dikgono	Mophato wa 4-6	
	Diteng	Ditogamaano
Go kwala le go tlhagisa	- Go kwala mafoko, sekao. manaane - Go kwala dipolelo - Go kwala ditemana Mefuta ya ditlhangwa Setlhangwa sa boitlhamedi - Tlhaloso, sekao. tlhaloso ya batho, mafelo, diphologolo, dijalo, dilo, jalo le jalo - Kanelo, sekao.dikgang ditiragalo tsa mong di latelana - Dikgang tsa ditshwantsho - Dipuisano tse di bonolo- Setlhangwa (go bua le ba bangwe, sa tirisano, le ditlhangwa tsa tshedimosetso) - Melaetsa, dikarata, ditaletso - Diphousetara, dikitsiso, dipapatso/ diphasalatso - Go tlatsa foromo e e bonolo	Dikgato tsa go kwala: Pele ga go kwala/ paakanyetsotiro - Go sekaseka tlotlofoko le dikakanyo mo setlhopheng - Go rulaganya dikakanyo Go kwala ditlhangwa tsa ntlha - Tlhopho ya mafoko - Go bopa dipolelo - Dikakanyo tsa kakaretso - Go buisa setlhangwa sa gagwe - Go bona pegelo go tswa go morutabana Go boeletsa, go tseleganya, go tlhotlha diphoso le go tlhagisa - Go boeletsa: Go baakanya diteng le kagego ya dikakanyo - Baakanya tlhopho ya mafoko, popego ya dipolelo le ditemana - Tlhagisa setlhangwa sa bofelo se se tswileng diatla se buisega.
Dipopego tsa puo le melawana	Dira ka mafoko (Go godisa tlotlofoko) : go dirisa thanodi, mopeleto, bokao, dinoko, medumopuo, makaelagongwe, malatodi, ditumatshwana, tlhogo le kutu ya leina Go dira ka dipolelo Dikarolo tsa puo: sekao. maina, masupi, maemedi, matlhaodi, matlhalosi, matlama le makopanyi Popego ya polelo: polelonolo le dipolelopate, mokgwa wa go laela, dipotso le dipegelo Dipaka tsa lediri Dithuanyi: thuanyisediri le thuanyi sedirwa Thulaganyo ya mafoko Kganetso Puosebui le puopegelo Melawana ya puo Itsise melawana ya puo e e bonolo Matshwao a puiso Mopeleto Medumo Lebelela dipopego le melawana ya puo mo lenaaneng la kaedi	

Dipopego le melawana ya puo- lenaane la kaedi

Dipopego le melawana ya puo di tla rutiwa di le mo tirisong ya go buisa le go kwala, gape jaaka karolo ya lenaneo le le latelanang la thutapuo. Dipopego tse di tlhokega go itsisiwe ka iketlo mo mephatong yotlhe.

ELA TLHOKO: Diponagalo tse di kgethegileng tsa puo di tshwanetse go elwa tlhoko. Go tshwanetse go tlhokomelwa diponagalo tse di leng maleba go puo e e totobetseng fela mo setlhangweng se se fa tlase.

Maina	Mainatota (sekaosadi) le maina a batho (Mauki) Maina a bongwe (sekaosetulo) le bontsi (Ditulo) Palo (bongwe le bontsi) sekaos. kgomo/ dikgomo Maina a a tlhagelelang mo bontsing fela sekaos, mašwi le metsi Mainakgopolo sekaos: lerato, letshogo, tlotlo, bonnete Mainakgongwa, sekaos. setlhare Marui, sekaos. Ke diaparo tsa ga Masego/ Ke koloi ya bona Mainagoboka: Motlhape wa dikgomo / lošagaripa lwa dinaledi
Masupi	Boemo Masupi a dirisa dithuanyitlhophaina A maemo a ntlha: Sekaos: Mosimane <u>yo</u> o ja bogobe Maemo a bobedi: Mosimane <u>yoo</u> o rema dikgong Maemo a boraro Mosimane <u>yole</u> o ja bogobe
Maemedi	Maemeditho jaaka: Motho wa ntlha Bongwe Bontsi Nna Rona Motho wa bobedi Bongwe Bontsi Wena Lona Motho wa boraro Bongwe Bontsi Ena Bona Sekaos: O bua ka <u>nna/ wena/ bona</u> Maemeditota Maemedi go ya ka ditlhopho tsa maina Sekaos. Setlhako><u>sona</u> Diaparo><u>tsona</u> Mabotsi: mang, eng, sefe, sa ga mang, Sekaos: (Ke buka ya ga mang?)
Matlhaodi	Maemo a matlhaodi, le ka dirisiwa fa morago ga leina, sekaos. Monna <u>yo mogolo</u> o robetse Le ka dirisiwa fa pele ga leina go gatelela bokao: <u>Yo mogolo</u> monna o robetse. Fa morago ga le leina: Monna <u>yo mogolo</u> o robetse. Matlhaodi a a felelang ka egang, sekaos Bolao jo bo <u>robalegang</u> bokae? /Setlhare se se <u>robegang</u> Mefuta ya matlhaodi ke: Letlhaodi la mmala, sekaos. Sejanaga <u>se sehibidu</u>, Letlhaodi la palo, sekaos. Bana <u>ba le bararo</u> Letlhaodi la popego, sekaos. Lebogang <u>yo mokima</u> o robegile.

Matlhalosi	Matlhalosi a mokgwa, sekao. bonya, bonako, sentle, jalo le jalo Matlhalosi a nako, sekao. maabane, maloba, thapama Matlhalosi a felo, sekao. thabeng, nokeng, legaeng
Madiri	Madiri nafetedi a na le sedirwa: sekao Ngwana o ja bogobe le madiri namafeledi sekao. Morutabana o mphile buka
Matlama	Matlama a mafelo le dikaelo, sekao. kwa tlase, mo godimo, mo go
Dipaka	Pakajaanong Barutwana ba a kwala Pakajaanong-phethi Barutwana ba kwadile ditlhatlhobo tsa bona Pakafetileng- tsweledi Barutwana ba ne ba kwala ditlhatlhobo tsa bona sentle Pakafetileng- phethi Barutwana ba ne ba kwadile ditlhatlhobo tsa bona sentle Pakatlang Barutwana ba tla kwala ditlhatlhobo tsa bona
Marui	A ya le gore a leina le mo bongweng kgotsa le mo bontsing, sekao. Ngwana wa me/ Bana ba me Le ka dirisiwa fa pele ga leina go gatelela bokao, sekao. Ba me bana ba bothale Le ka dirisiwa fa morago ga leina go bontsha bokao fela jwa tlwaelo, sekao. Bana ba me ba bothale.
Mediriso	Modirisokgonego mo tumelong, sekao. Basetsana ba ka otlala basimane/ Basetsana ba ka se otle basimane. Modirisotaelo; mo bongweng le mo bontsing, sekao. Bula lebatl! Kgotsa Bulang lebatl!
Polelo ya peelo mabaka	Maemo a ntlha a tlhagisa kgonagalo, sekao. Fa pula e ka na, re tla se tseye leeto Maemo a bobedi a tlhagisa seo gantsi se ka se direngeng kgotsa se se sa kgonegeng, sekao. Fa nka fenyha motshameko o o neelang madi a le mantsi, nka rekela mme ntlo e e nang le dikamotshana di le lesome. Maemo a boraro a tlhagisa seo e leng kakanyo, sekao. Fa nka bo ke dirile ka thata kwa sekolong, nka bo ke falotse mophato wa bolesome.
Tira le tirwa	Dikao. Tira: Basimane ba ja bogobe Tirwa: Bogobe bo jewa ke basimane Tira: Mauki o tlhapa diatla Tirwa: Diatla di tlhatswa ke Mauki Tira: Mmalethabo o loma molomo Tirwa: Molomo o longwa ke Mmalethabo Tira: Lebogang o kwala lekwalo Tirwa: Lekwalo le kwalwa ke Lebogang
Puosebui le puopegelo	Dikao. Puosebui. Ke a tsamaya Puopegelo: A re o a tsamaya” Puosebui: Ke reketse Rebone fela ditlhako. Puopegelo A re o reketse Rebone fela ditlhako.”
Dipopego tsa dipolelo	Dipolelo Dipotso Modirisotaelo

Mopeleto	Dipaterone tsa mopeleto, melao le melawana ya mopeleto, dikhutshwafatso le di akronomi
Go aga tlotlofoko le puo ya bontshwantshi	Makaelagongwe, malatodi, le go dirisa lefoko boemong jwa polelwana Dikapuo (tshwantshanyo, tshwantshiso, mothofatso) Diane le maele Maadingwa
Matshwao a puiso	tlamanyi, khutlwana, phegelo, lenalana, matshwao a nopollo, masakana, letshwao la tsiboso, letshwao la potso, phegelwana, khutlo
Makopanyi	Makopanyi a kopanya dipolelo mo temaneng Tatelano ya nako: morago, ka bonako, pele, jalo le jalo Dikakanyo tsa tatelano: Ntlha, bobedi, kwa bofelong, jalo le jalo Lebaka le tatelano: gone, ka gone, jalo le jalo

Ditlhagiso tse di dirisiwang mo kaeding ya metlotlo ya Setswana

GO KOPA TETLA/ GO KOPA • A nka.....? • A go ka kgonega gore ke.....? • A go siame fa....? • A go tla siama fa...? • A o tla tshwenyega fa nka ...? • Ka kopo e re ke/ ntetle / ntetlelele ke ... • A o tla dumela go ...?	GO TSENA GARE • Intshwarele a nka ...? • Intshwarele a o akanya gore nka...? • Intshwarele a o itse ...? • A o ka nthusu?
GO NEELANA KA THUSO • A Nka go thusa? • A o batla sengwe? • A o tlhoka thuso? • A o batla thuso? • Ke eng se nka se go direlang gompiano?	FA O BATLA THUSO • Nka thusa ka.....? • A o ka nthusu go.....? • Ke batla thuso ka ... • Ke kopa o nthuse go ... • Tsweetswee ke kopa o nthuse ...
GO KOPA MAITSHWARELO • Intshwarele. • Ke maswabi go.... • Ke a itshola..... • Ke kopa tshwarelo go ... • Intshwarele. • Ke kopa o boeletse se o se buang	GO NGONGOREGA • Ke maswabi go ka bolela se, fela... • Ke maswabi go go tshwenya, ... • Gongwe o lebetse go... • Intshwarele fa ke tswile mo tseleng, fela... • Go tshwanetse ga bo go na le go sa tlhologanyane ka ... • O se ka wa ntlhologanya ka mokgwa mongwe fela ...

FA O NEELA KGAKOLOLO • Ga ke nagane gore o • Ke akanya gore o seke wa • O tshwanetse go • Ga o a tswanela go..... • Fa nkabo ke le wena..... • Fa nka bo ke le mo maamong a gago ke ka bo ... • Fa nkabo ke le mo ditlhakong tsa gago, • Botoka o • Ga o a tshwanela go..... • Sengwe le sengwe se o se dirang, o seke wa.....	GO TLHAGISA SE O SE ELETSANG • A o ka rata go • Botoka ke..... • Goreng re sa ...? • Go siame o akanya eng? • Ke eng se o akanyang gore re se dire? • Fa e ka bo e le nna , ke ka bo ... • Ke akanya gore re....
GO PHOPHOLE TSA • Ke tla re o gaufi le go ... • E ka tlhoka dingwe ... • A ka tswa a... • Go lebega jaaka ... • Gongwe o tlhoka dingwe... • Gongwe ba batla go ... • Go bothata gore, fela ke phopholetsa gore ... • Ga ke na bonnete, fela ke akanya gore ...	GO NEELA TSHEDIMOSETSO E E MALEBA • Tse di leng teng di ka nna • Go na le bontsi jwa • Go bolelela pele go fitlha • Ke mofuta wa ... • Ke ya mofuta wa ... • Ke tsa mofuta wa • Ga go bonolo go re, fela nka phopholetsa • Ga ke na bonnete, fela ...
	GO ITLHATLHOBA • Se se dirile sentle/e e neng e nonofile gone.... • Ke dirile se bontle gone.... • Go ka bo go le botoka fa ke ka bo ... • Se se ka tokafala ka go.... • Tswelelopele ke /Ga e bonagale gone ... • Se se tswelela gone ...

3.2 PHATLHALATSO YA DITLHANGWA GO RALALA MEPHATO 4-6

Mefuta e e farologaneng ya ditlhangwa e tlhophetswe paka ya dibeke dingwe le dingwe di le pedi. Ditlhangwa tse di botlhokwa di tlhagisitswe fa tlase. Barutwana ba tla dira ka dingwe tsa tsona kgotsa tsona tsotlhe mo pakeng ya dibeke di le pedi, ke gore, ba tla reetsa kgotsa ba tlhagisa ka tiro ya molomo kgotsa ba buisa kana go kwala.

3.2.1 Lenane la phatlhalatso ya ditlhangwa

	Mophato 4	Mophato 5	Mophato 6
Dibeke	Kgweditharo 1		
1 – 2	Kgang	Kgang	Kgang; motshameko wa puo
3 – 4	Setlhangwa sa tshedimosekso sekao. kanelo ya ditiragalo ka tatelano, mmepe	Setlhangwaponono sa tshedimosekso sekao, mmepe/ ditshwantsho/ puisano; kanelo ya ditiragalo ka tatelano.	Setlhangwa sa tshedimosekso; ditiragalo tsa tlhaloso; setlhangwa sa mmedia sekao, papatso/ phasalatso
5 – 6	Kgang le ditlhaloso tsa batho kgotsa baanelwa	Kgang, go etsisa motshameko, ditlhaloso tsa batho; taletso; melaetsa	Kgang
7 - 8	Setlhangwa sa tshedimosekso: ditaello, manaane	Setlhangwa sa tshedimosekso; ditaello; metshameko ya puo; ditaello	Setlhangwaponono sa tshedimosekso sekao. dimmepe/ditaello tsa ditshwantsho; ditlhaloso
9 – 10	Pina, leboko	Leboko ; Pina	leboko; tlhaloso ya pina ya motho;tlhaloso ya selo/phologolo/ sejalo/lefelo; matshameko ya puo
Dibeke	Kgweditharo 2		
11 – 12	Kgang	Kgang	Kgang le melaetsa, dipuisano
13 - 14	Setlhangwaponono sa tshedimosekso sekao, ditshwantsho, diphousetara, dikaelo, ditlhaloso tsa selo.	Setlhangwaponono sa tshedimosekso: Dimmepe/ditshwantsho; tlhaloso ya dilo/ diphologolo/mafelo	Setlhangwa sa tshedimosekso sekao, tlhaloso ya dilo/ diphologolo/ dijalo/mafelo; Setlhangwaponono sekao ditshwantsho/ dimmepe/ dinepe
15 - 16	Tatelano ya ditiragalo tsa gago	Tatelano ya ditiragalo tsa gago	Kgang, tatelano ya ditiragalo tsa gago; go etsisa mongwe
17- 18	Tsamaiso, setlhangwaponono sa tshedimosekso sa ditaello sekao ditshwantsho/ dimmepe/dinepe	Setlhangwa sa tshedimosekso; ditaello; Tatelano ya ditiragalo e na le mabaka	Go buisa setlhangwaponono sa tshedimosekso sekao lenanenako le lenaneo la thelebišene, dimmepe/ ditlhaloso le motshameko wa puo.
19 – 20	TLHATLHOBO E E TLHOMAMENG		

Dibeke	Kgweditharo 3		
21- 22	Kgang ka tlhaloso ya motho/ phologolo/moanelwa, mmuisano	Kgang; tiro ya molomo o tlhalosa mafelo/batho; tatelano ya ditiragalo tsa gago	Kgang; tiro ya molomo o tlhalosa mafelo/diphologolo/dijalo le dilo.
23 - 24	Setlhangwa sa tshedimosekso sekao, tatelano ya ditiragalo tsa gago , ditlhangwa tsa pono le kutlo sekao diphousetara/ dikitsiso;dipusano	Setlhangwapono sa tshedimosekso sekao, dimmepe/ditshwantsho	Setlhangwapono sa tshedimosekso dimmepe/ditshwantsho /puo
25 – 26	Kgang;leboko	Kgang;leboko	Kgang;leboko
27- 28	Setlhangwapono sa tshedimosekso, ditshwantsho; tlhaloso ya mafelo/ dijalo/diphologolo/ tsamaiso ya dilo	Setlhangwapono sa tshedimosekso, ditshwantsho; tlhaloso ya mafelo/ dijalo/diphologolo/tsamaiso ya dilo	Setlhangwapono sa tshedimosekso, ditshwantsho; tlhaloso ya mafelo/ dijalo/diphologolo/ tsamaiso ya dilo
29 – 30	Go etsisa motshameko; mmuisano	Puisano; mmuisano	Puisano; mmuisano
Dibeke	Kgweditharo 4		
31- 32	Puisano, motshameko wa puo; kgang	Kgang, motshameko wa puo, tatelano ya ditiragalo tsa gago	Kgang, puisano, mmuisano
33 – 34	Setlhangwapono sa tshedimosekso sekao, ditshwantsho;ditlhangwapono sekao diphousetara/dikitsiso; melaetsa	Setlhangwa sa tshedimosekso ; Setlhangwa sa dintlha, phousetara	Setlhangwa sa tshedimosekso, metshameko ya puo; ditlhaloso
35 – 36	Kgang, motshameko wa puo	Kgang, leboko, tatelano ya ditiragalo tsa gago	Kgang, leboko
37 – 38	Dipuisano; puo; tshedimosekso, setlhangwa sa tshedimosekso; setlhangwapono sekao phousetara /dikitsiso	Setlhangwa sa tshedimosekso, dipuisano ditlhangwa tsa pono; sekao; ditshate	Setlhangwa sa tshedimosekso le setlhangwa sa tshedimosekso le ditlhangwa tsa pono, phousetara
39 – 40	TLHATLHOBOTLHOMAMENG		

3.2.2 Tshobokanyo ya mefuta ya ditlhangwa go ralala kgato

Mofuta wa Setlhangwa	Dipoego tsa puo tse di fitlhelwang mo mofuteng mongwe le mongwe wa Setlhangwa
Tatelano ya ditiragalo tsa gago	Puo ya tlhaloso, sekao. matlhaodi, matlhalosi Dipaka, sekao. pakapheti Mafoko a nako go golaganya ditiragalo, sekao. matlhalosi a nako Mafoko a re bolelelang jang, leng, kae, le mang Dipolelonolo Makopanyi, sekao. gaufi, ka bonako, morago, jalo le jalo Puosebui le puopegelo Maina le maemedi
Tatelano ya ditiragalo tse di nang le mabaka	Matlhalosi le dipolelwanatlhalosi Maina le maemedi Matlama Dipaka, sekao. pakaphethi Madiri

Mofuta wa Setlhangwa	Dipopego tsa puo tse di fitlhelwang mo mofuteng mongwe le mongwe wa Setlhangwa
Kgang le diterama	Madiri Matlhalosi go tthalosa tiro Matlhaodi go tthalosa baanelwa le maitshetlego Dipolelonolo le dipolelopate Makopanyi (bogolo jang mafoko a nako) go bontsha tatelano ya ditiragalo, sekao. latelang, ka bonako, morago jalo le jalo Puosebui le Puopegelo Mefuta ya dipaka bogolo jang pakapheti Matshwao a puiso, sekao. khutlwana, letshwao la tsiboso, letshwao la potso
Maboko	Puo ya papiso/dikapuo, sekao. mothofatso, tshwantshanyo, tshwantshiso jalo le jalo Maina Matlhaodi Maemedi Matlhalosi Matlama Dipolelonolo
Tsamaiso/ Ditaalo/ Dikaelo	Madiri a dirisiwa gantsi mo tshimologong ya taelo e nngwe le nngwe Lediri le le mo mokgweng wa go laela Matlhalosi Mafoko a re bolelelang jang, leng, kae, le mang Makopanyi go bontsha tatelano mo dikgatong, ka bonako, morago jalo le jalo Matlama Dipaka Masupi
Dipuisano	Madiri Matlama Maemedi Dipopego tsa dipolelo sekao. dipotso Dipaka, sekao. pakatlang/ pakaisago
Ditlhangwa tsa tshedimosetso	Maina Dipaka tsa madiri, sekao. pakatlang/ pakaisago Madiri Matlhaodi Matlama Masupi Maemedi Kgodiso ya tlotlofoko, e.g. Tlotlofoko ya go bapisa kamano e e sa tshwaneng, (malatodi) Matshwao a puiso sekao. phegelwana
Ditlhaloso	Dipaka sekao. pakajaanong Maina Matlhaodi Masupi

Mophato 4	Mophato 5	Mophato 6
TSHEDIMOSETSO		
- Tatelano ya ditiragalo tsa kanelo le tlhaloso sekao. dikgang/ dikgangkhutswe, tlhaloso ya sengwe-se se theetsweng/lebisitsweng mo dintlheng - Ditlhanga tsa kakaretso tsa kitso - Ditlhanga tsa mmedia jaaka dikitsiso mo seyalemoweng - Ditaelo jaaka ditaelo tsa go lekelela, melawana ya metshameko, dikaelo - Ditlhanga tsa pono: dimmepe, ditshwantsho	- Tatelano ya ditiragalo tsa dintlha/ kanelo / tlhaloso sekao. dikgang/ dikgangkhutswe, tlhaloso ya sengwe-se se theetsweng/lebisitsweng mo dintlheng - Ditlhanga tsa kakaretso tsa kitso - Ditlhanga tsa tshedimosetso - Ditlhanga tsa mmedia jaaka dikitsiso mo seyalemoweng - Ditaelo jaaka ditaelo tsa go lekelela, melawana ya metshameko, dikaelo - Ditlhanga tsa pono: dimmepe, ditshwantsho	- Tlhaloso jaaka buka ya kaelo, dithanodi, ditlhaloso, ditlhanga go tswa go dirutwa tse dingwe. - Tatelano ya ditiragalo e e nang le mabaka jaaka dipego tsa dikgang (ditlhago tsa dikgang, go tlhalosa ditlhago tsa dikgang, go tshwaela ka tiriso ya mmele, ditlhaloso tsa dipaki) - Ditlhanga tsa tshedimosetso - Ditlhanga tsa mmedia: dipapatso/ diphasalato, diphousetara le diathikele tsa dimakasine - Ditaelo jaaka ditaelo tsa go lekelela, melawana ya metshameko, dikaelo - Ditlhangwaponono: dimmepe, ditshwantsho
DIKWALO		
- Dikanelo: ditlhanga tse e seng tsa nnete mme di lebega e kete ke tsa nnete, sekao. dikinane, dinoolwane, maitlhomo, tekelelo, dikgang tsa nnete mo botshelong mme di tshegisa. - Tatelano ya ditiragalo tsa gago jaaka motlotlo wa ditiragalo tse dikhutshwane (ditiragalo ka tatelano) go kwala bukatsatsi, leboko, motshameko, go etsisa motshameko	- Dikanelo: sekao. ditlhanga tse e seng tsa nnete mme di lebega e kete ke tsa nnete, dikinane, dinoolwane, maitlhomo, tekelelo, dikgang tsa nnete mo botshelong mme di tshegisa, ditlhanga tsa hisetori - Tatelano ya ditiragalo tsa gago jaaka motlotlo wa ditiragalo tse dikhutshwane (ditiragalo ka tatelano) go kwala bukatsatsi , leboko, motshameko, go etsisa motshameko - Go etsisa motshameko, kgotsa leboko	- Dikanelo: sekao. ditlhanga tse e seng tsa nnete mme di lebega e kete ke tsa nnete, dikinane, noolwane, maitlhomo, tekelelo, dikgang tsa nnete mo botshelong mme di tshegisa, ditlhanga tsa hisetori, ditlhanga tsa saense, maboko a kanelo - Tatelano ya ditiragalo tsa gago jaaka motlotlo wa ditiragalo tse dikhutshwane (ditiragalo ka tatelano, tshwaelo ka mong) go kwala bukatsatsi, lokwalotshelo - Leboko, motshameko, motshamekoketsiso
LOAGO/TIRISO		
- Dipuisano sekao. go dira dikopo, go neela tshedimosetso ka balelapa - Ditlhanga tse di khutshwane tsa loago: dikarata, dintlha, melaetsa	- Dipuisano sekao. go dira dikopo, go neela tshedimosetso ka setšhaba - Ditlhanga tse di khutshwane tsa loago: ditlhaloso, melaetsa	- Dipuisano sekao, go dira dikopo, go neela tshedimosetso ka setšhaba - Ditlhanga tse di khutshwane tsa loago: dikarata, dintlha, melaetsa - Ditlhanga tsa loago/ ditlhanga tsa tiriso: ditlhaloso, melaetsa

3.2.3 Boleele jwa ditlhangwa tsa Puotlaleletso ya Bobedi (tse barutwana ba tshwanetseng go di tlhagisa)

Setlhangwa	Mophato 4	Mophato 5	Mophato 6
Temana • mafoko • dipolelo			
	Mafoko a le 10 – 20	Mafoko a le 20 - 30	Mafoko a le 30 - 40
	Dipolelo di le 3 – 4	Dipolelo di le 4 – 6	Dipolelo di le 6 – 8
Ditlhangwa tsa molomo tsa boithamedu sekao. tatelano ya ditiragalo kgotsa go boeletsatlotla dikgang	Metsotso e le 3	Metsotso e le 3	Metsotso e le 3-4
Ditlhangwa tsa boithamedu tse di kwadilweng le ditlhangwa tsa tshedimosetso, sekao. tatelano ya ditiragalo, dikgang, dipegelo	Mafoko a le 20 Temana e le 1	Mafoko a le 30 Temana e le 1	Mafoko a le 40 Ditemana di le 2
Ditlhangwa tse di khutshwane sekao. • melaetsa, dintlha • ditlhaloso	Mafoko a le 10 – 20	Mafoko a le 20 – 30	Mafoko a le 30 – 40

3.2.4 Boleele jwa ditlhangwa tsa Puotlaleletso ya Bobedi (tse barutwana ba tshwanetseng go dira ka tsona)

Tiro	Mophato 4	Mophato 5	Mophato 6
Ditlhangwa tse di leele tsa tekatlhaloganyo ya theetso sekao. dikgang, dipotsotherisano, terama, dipegelo tsa dikgang	Mafoko a 100-150/ metsotso e le 5	Mafoko a 150-200/ metsotso e le 5	Mafoko a 200-250/ metsotso e le 5
Ditlhangwa tse di khutshwane tsa tekatlhaloganyo ya theetso sekao: dikitsiso, ditlhangwa tsa tshedimosetso, ditaello, dikaelo	Mafoko a le 50-60/metsotso e le 1-2	Mafoko a le 60-70/metsotso e 1-2	Mafoko a le 70-80/metsotso e 1-2
Ditlhangwa tsa tekatlhaloganyo ya puiso le puiso e e tseneletseng.	Mafoko a le 100-150	Mafoko a le 150-200	Mafoko a le 200-250

3.2.5 Tlotlofoko e e tshwanetseng go fitlhelwa ke barutwana ba Puotlaleletso ya Bobedi

	Kgweditharo	1	2	3	4
Tlotlofoko Mafoko a a buiwang a a tlwaelegile	Mophato 4	20 – 30	30 – 40	40 – 50	50 – 60
	Mophato 5	60 – 710	70 – 80	80 – 90	90 – 100
	Mophato 6	100 – 110	110 – 120	120 – 130	130 – 150
Tlotlofoko ya go buisa (mafoko a mašwa)	Mophato 4	30 – 50 (10 – 20)	30 – 50 (10 – 20)	30 – 50 (10 – 20)	30 – 50 (10 – 20)
	Mophato 5	50 – 80	50 – 80	50 – 80	50 – 80
	Mophato 6	80 – 100	80 – 100	80 – 100	80 – 100

3.3 DITHULAGANYO TSA GO RUTA

Thulaganyo ya go ruta e bontsha bonnye jwa diteng tse di tshwanetseng go rutwa mo kgweditharong. Thulaganyo/ tlhatlhamano ya diteng e e neilweng mo tshekong ya dibeke di le pedi ga e a rebolwa (ga e pateletse gore o e sale morago jaaka e ntse) , mme nako e e neilweng ke kaedi ya tekanyetso ya nako e e ka tsewang go fetsa diteng. Barutabana ba tshwanetse go itlhamela dithulaganyo tsa go ruta tsa bona/dithulaganyetso ba dirisa dibukakgakololo tsa bona go ruta diteng ka tsheko ya dibeke di le pedi, ba dirisa thulaganyo/tlhatlhamano le lebelo la diteng. Diteng tse di tlhagisitsweng mo tshekong ya dibeke di le pedi ke ditlhangwa/ditirwana tse di botlhokwa tse di nang le dikgono le ditogamaano tse barutwana ba tlhokang go di godisa.

3.3.1 Ditlhangwa di lomagana/golagana jang mo tshekong ya dibeke di le pedi.

Ditlhangwa tse di farologaneng di dirisitswe jaaka motheo wa go ruta mo tshekong ya dibeke di le pedi. Di tlhophilwe ka ntlha ya gore di golagana jang go bopa yuniti e e lotaganeng, sekao. barutwana ba tla reetsa kgang morago ba buise kgang. Ba tla kopiwa go kwala tlhaloso ya lefelo kgotsa ya motho e khutshwane ya molomo (e e tla golaganang le kgang) kgotsa ba ka kopiwa go kwala molaetsa ka kgang e ba e buisitseng. Tlhophatlokang e e tla dirisiwang mo tshekong nngwe le nngwe ya ya dibeke di le pedi e e tla kgontshang morutabana go golaganya ditirwana sentle. Lebaka la go dirisa dithitokgang ke go dira gore go kgonagale go dirisiwa tlotlofoko gape le dipopego tsa puo mo tirisong e e nang le bokao. Mo tirisong, go lotaganya go tshitsinya pharologano: Pharologano ya popego, ya ditirwana, ya ditlhangwa le ya dithitokgang.

3.3.2 Mokgwa o ditlhangwa/ ditirwana di rulaganeng/latelanang go ralala tsheko ya dibeke di le pedi.

Ditlhangwa ga di a tshwanela go rutwa ka thulaganyo e e rileng. Ka nako e ntsi, go tshwanetse ga nna le setlhangwa/ tirwana ya go reetsa le go bua go baakanyetsa tirwana ya go buisa kgotsa go kwala. Dinako dingwe, ditlhangwa tsa go reetsa le go bua di tshwanetse go tswa mo setlhangweng sa go buisa. Barutwana ba tshwanetse go dira ka ditlhangwa tse di farologaneng tsa tiro ya molomo le ka go buisa, pele ba kopiwa go kwala ditlhangwa tse. Mo mabakeng a mantsi, setlhangwa sa theetso, sekao. kgang e tla farologana le go nna ya maemo a a kwa godimo go gaisa eo barutwana ba tla e buisang. Seno ke ka ntlha ya gore bokgoni jwa barutwana jwa theetso bo godile go na le jwa go buisa.

3.3.3 Mefuta ya ditlhangwa tse di rebotsweng/tlhaotsweng le go tshitsinngwa.

Go na le mefuta ya ditlhangwa tse di rebotsweng/tlhaotsweng tse di tshwanetseng go rutwa mo tshekong ya dibeke dingwe le dingwe di le pedi. Ditlhangwa tse, di tlhagisitswe sentle mo thulaganyong ya go ruta mme di tshwanetse go fitlhelwa mo bukakgakolong e e rebotsweng.

Mo mabakeng a le mantsi, ga go na mofuta wa kgang o o rebotsweng/tlhaotsweng. Ditlhopho di ka dirwa go tswa mo dikgannye tsa sešwa tse di farologaneng, dikgang tsa kgopolo (sekao. dikgang tsa tekelelo, tsa setso sekao. ditlhamane, dinoolwane le dikinane) tse di leng teng. Seno ke nnete ka maboko le dipina.

Mo mabakeng otlhe, puisotlaleletso e tshwanetse go amana le ditlhogo le dithitokgang tsa ditlhangwa tse di rebotsweng/tlhaotsweng mo tshekong ya dibeke di le pedi. Se, se botlhokwa ka se matlafatsa kitso le go tlhaloganya tlotlofoko le dikgopolo tse di amanang le setlhogo tsa morutwana wa Puotlaleletso ya bobedi.

3.3.4 Palo ya ditlhangwa tse di botlhokwa mo tshekong ya beke di le pedi.

Mo tshimologo ya ngwaga, ka tlwaelo go na le mofuta wa setlhangwa o le mongwe kgotsa tirwana e le nngwe mo tshekong ya dibeke di le pedi. Ka nako dingwe go ka nna le mofuta ya ditlhangwa e le mebedi kgotsa ditirwana mo tshekong ya dibeke di le pedi. Ruta mofuta e ya ditlhangwa le ditirwana tse di tsamaelanang le le tsona o sa le bale gore barutwana ba tla ithuta ka tsona gantsinyana mo pakeng ya ngwaga.

3.3.5 Dipopego tsa puo le melawana di rutiwang jang

Karolo ya diteng tsa “dipopego tsa puo le melawana” e tswa mo mefuteng ya ditlhangwa tse di rebotsweng/ tlhaotsweng ka fa tlase ga ditlhogo tsa Go reetsa le Go bua, Go buisa le Go kwala, gape ba tla neelwa tlhokomelo ka tlwaelo mo kगतong ya go dira ka ditlhangwa, gape le ka nako e e neetsweng ya Go reetsa le Go bua, Go buisa le Go kwala. Sekao. fa kgang e dirwa, barutwana ba tla dirisa ka tlwaelo paka phethi, gape ba tla buisa ditlhangwa ba dirisa paka e.

Le gale, go botlhokwa gore ditirwana tse di tsepameng mo popegong ya puo e e rileng mo tirisong di bopiwe. Tlhophantlha go tswa mo karolong ya “Dipopego tsa puo le melawana” go neela barutwana katiso e e tlaleletsang ka ntlha e. Bopa ditirwana tse di nang le bokao mo barutwaneng le tse di amanang le ditlhangwa tse ba di ithutang mo tshekong ya dibeke di le pedi.

Ditirwana tsa mofuta o, di tshwanetse go dirwa fa barutwana ba ntse ba tswelletse pele go tloga ka mophato 4 go fitlha go 6. Tlhophantlha ka tlhokomelo gore ke melao efe e e tshwanetseng go tlhalosetswa barutwana, mme e se ke ya nna mentsi.

Barutwana ba Puotlaleletso ya Bobedi ba ithuta puo ka go nna le kamano le yona, le ka go e dirisa. Ikatiso gangwe le gape ka dipopego tsa puo le melawana di tla oketsa bokgoni jo. Go ruta go tshwanetse ga tsenyeletsa dikgono tsotlhe tsa puo le dipopego tsa puo le melawana gonne di nyaelana. Tsotlhe tse di tshwanetse go rutwa mo tirisong.

Dithitokgang tse di tshitsintsweng – Lenaane la kaelo	
• Diphologolo • Mmele • Diaparo • Mebala • Matsatsi le dikgwedi • Maikutlo • Balelapa • Dijo • Ditumediso • Sefetisanako	• Ntlo • Dikgatlhegelo le tse e seng • dikgatlhegelo • Mmino • Tlhago/ tikologo • Mafelo • Sekolo • Metshameko • Nako • Dipalangwa • Maemo a bosa le ditlha

3.4 DITENG LE DITHULAGANYO TSA GO RUTA PUOTLALELETSO YA BOBEDI

MOPHATO 4

MOPHATO WA 4				
KGWEDITHARO 1				
Dibeke	Go reetsa le Go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
1-2	Reetsa le go bua puisano e e bonolo ka puo e e ikaeletsweng (sekao ditumediso) - Araba dipotso tse di bonolo - Neela baanelwa maina - Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokega Ikatise go reetsa le go bua - Gatelela go ikatisa ka medumo	Puiso Buisa mafoko a a ikaegileng ka puisano e e kwadilweng - Araba dipotso tse di bonolo ka ga setlhangwa - Tlhagisa maikutlo ka ga setlhangwa - Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhangweng se se buisitsweng - Neela mopeleto wa mafoko a le matlhano go tswa mo setlhangweng se se buisitsweng	Itsise setlhangwa Kwala mafoko a motheo Kwala mafoko ka kgang	Dira ka mafoko - Agelela mo kitsong ya medumo go peleta mafoko sekao. aga mafoko a lesika le le lengwe a a theetsweng mo mo goreng a duma kgotsa a lebega jang - Agelela mo kitsong ya mafoko a o a bonang thata mo tikologong Dira ka mafoko - Tlhaloganya le go dirisa mafoko mo tirisong Tlotlofoko mo tirisong
3-4	Go reetsa le go bua Puisano ka puo e e ikaeletsweng (sekao. puisano mo phaposiborutelong) - Araba dipotso - Buisanang ka tlotlofoko e ntšhwa - Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokega	Go buisa Buisa mafoko a a ikaegileng ka puisano	Go kwala Itsise setlhangwa Kwala mafoko a a bonolo Dirisa mafoko a a maleba	Dira ka mafoko - Agelela mo kitsong ya medumo go peleta mafoko sekao. aga mafoko a lesika le le lengwe a a theetsweng mo mo goreng a duma kgotsa a lebega jang - Agelela mo kitsong ya mafoko a o a bonang thata mo tikologong Tlotlofoko mo tirisong

MOPHATO WA 4				
KGWEDITHARO 1				
Dibeke	Go reetsa le Go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
5-6	Reetsa kgang Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana • Araba dipotso tse di bonolo • Neela baanelwa maina • Dirisa mafoko go tlhagisa maikutlo ka kgang • Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokega	Buisa Buisa nopo go tswa mo bukakgakololong kgotsa dipadiso/dipadi kgotsa Faele ya Metswedi ya Morutabana • Kopanya le go tshwantshanya mafoko ka ga kgang ka tshegetso • Tlhagisa maikutlo ka kgang • Araba dipotso ka ga setlhangwa Ikatise go buisa • Buisetsa kwa godimo le go itsise kakanyo ya go kapodisa le go tlhagisa maikutlo sentle	itsise setlhangwa Kwala ka ga kgang • Kwala mafoko kgotsa dipolelwana ka ga kgang • Kwala mafoko a gago go tlhagisa maikutlo ka ga kgang Rekota mafoko le bokao jwa ona mo thanoding ya gago. • Dirisa dithalo kgotsa mafoko o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo	Dira ka mafoko • Kgaoganya mafoko ka dinoko sekao. go-nne/ po-le-lo • Dira ka mafoko a a simololang ka ditlhaka tse di tlhophilweng Dira ka dipolelo • Tiriso ya thuanyisedirwa sekao. Mosidi o a <u>mo</u> rata • Dirisa popego ya lediritota sekao rema, remile

MOPHATO WA 4				
KGWEDITHARO 1				
Dibeke	Go reetsa le Go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
7-8	Reetsa le go diragatsa ditaelo tse di bonolo Sekao. resipe/ditaelo tsa go dira sengwe Setlhangwa go tswa mo bukagkakololong kgotsa Faele ya Metswedi ya Morutabana • Araba dipotso • Reetsa le go araba sentle Neela ditaelo tse di bonolo • Dirisa dintlha tse di kgethegileng e bile di nepagetseng • Dirisa tatelano e e siameng Ikatise go reetsa le go bua go ikhumisa Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa raeme e e bonolo ya pina kgotsa leboko • Araba ditaelo ka go dirisa dikarolo tsa mmele • Tshameka motshameko wa puo • Gatelela go ikatisa ka medumo	Buisa ditlhangwa tsa ditsamaiso (ditaelo) tse di bonolo sekao. resipe/ ditaelo tsa go dira sengwe Setlhangwa go tswa mo bukagkakololong kgotsa Faele ya Metswedi ya Morutabana • Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho • Araba dipotso ka ga setlhangwa • Buisanang ka tatelano ya ditaelo • Diragatsa ditaelo Ikatise go buisa • Buisetsa kwa godimo mme o itsise kakanyo ya go kapodisa le go tlhagisa maikutlo sentle	Itsise setlhangwa Kwala ditaelo tse di bonolo o dirisa letlhomeso • Neela ditaelo dinomore • Dirisa tatelano e e nepagetseng (rulaganya ka tatelanao e e nepagetseng) • Kwala ditaelo/ mafoko o dirisa letlhomeso • Siamisa mopeleto o dirisa thanodi Rekota mafoko le bokao mo thanoding ya gago • Dirisa dithalo kgotsa mafoko go bontsha bokao jalo le jalo	Dira ka mafoko • Peleta mafoko a a tlwaelegileng ka nepagalo, o dirisa thanodi ya gago • Dirisa thanodi go lebelela mopeleto le bokao jwa mafoko Dira ka dipolelo • Dirisa modirisotaelo • Tlhaloganya le go dirisa kganetso • Dirisa dipaka sekao. (ke feditse) • Itsise tiriso ya bongwe le bontsi ka nepagalo. Tlotlofoko mo tirisong • Dirisa mafoko a a tserweng go tswa mo puisong ya kopanelo kgotsa puiso ya mong

MOPHATO WA 4				
KGWEDITHARO 1				
Dibeke	Go reetsa le Go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
9-10	Reetsa pina/ leboko le le bonolo Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana - Buisana ka dikakanyo tsa botlhokwa - Amanya le maitemogelo a gago - Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokega - Bontsha mafoko a a simololang ka modumo o le mongwe - Tlhagisa maikutlo a a tlhotlheletswang ke setlhangwa - Diragatsa pina/mela e e tlhophilweng Tshameka motshameko wa puo - Sala ditaello morago - Dirisa tlotlofoko Ikatise go reetsa le go bua go ikhumisa Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa raeme e e bonolo, ya leboko kgotsa ya pina - Tsibogela ditaello ka bowena. - Tshameka motshameko wa puo o o bonolo - Gatelela go go ikatisa ka medumo	Buisa leboko kgotsa maboko a a bonolo Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana - Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. bonelapele, leba ditshwantsho ka kelotlhoko, dirisa metlhala ya tiriso - Araba dipotso ka ga setlhangwa - Supa morumo le moribo - Kgaoganya mafoko go ya ka dinoko - Tlhagisa maikutlo a a tlhotlhelediwang ke setlhangwa Buisa le go ranola malepa a mafoko (go ikhumisa) - Peleta mafoko ka nepagalo - Bontsha go tlhaloganya bokao jwa mafoko Ikatise go buisa - Buisetsa kwa godimo o dirisa kapodiso ya mafoko, moribo le tlhagiso ya maikutlo e e maleba Akanya ka setlhangwa se se buisitsweng ka nako ya puisokopanelo kgotsa puiso ka mong/ ka nosi - Tlhagisa maikutlo a a bonolo ka setlhangwa se se buisitsweng (sekao. dilo tse o di ratang le tseo o sa di rateng)	Itsise setlhangwa Kwala dipolelo di le 2-3 ka leboko le le tlhophilweng mo letlhomesong - Kwala dipolelwana tse di bonolo Ikatise gokwala go ikhumisa - Kwala mafoko a a simololang ka modumo o o tshwanang sekao. buka, busa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Dirisa dithalo/dipolelo/ dipolelwana/mafoko. o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo.	Dira ka mafoko - Mafoko a a welang mo lesikeng le le lengwe go ya ka tiriso sekao. buka le tsebe kgotsa pene le pampiri kgotsa kopi le pirinki, mathe le leleme Dira ka dipolelo - Dirisa matshwao a puiso - Dirisa matshwao a tsiboso Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka kopanelo kgotsa morutwana ka nosi

MOPHATO WA 4				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
11-12	Reetsa kgang Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana - Tshwaela pele ka se se tla diragalang - Araba dipotso tse di bonolo - Neela baanelwa ba ba tlhagelelang mo kgannye maina ka nepagalo Ikatise go reetsa le go bua go ikhumisa (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa raeme e e bonolo ya leboko kgotsa pina - Tsibogela ditaello ka go dirisa dikarolo tsa mmele - Tshameka motshameko o o bonolo wa puo - Gatelela go ikaisa ka medumo	Buisa kgang Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana - Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le mo ditshwantshong - Araba dipotso ka ga kgang - Supa maitshetlego le baanelwa Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo) - Buisanang ka tlotlofoko e ntšhwa e e tswang mo setlhangweng se se buisitsweng - Dirisa thanodi Ikatise go buisa - Buisetsa kwa godimo o dirise kapodiso, tlhagiso ya maikutlo le lebelo le le maleba	Itsise setlhangwa Kwala molaetsa o mokhutshwane - Tlhopha diteng tse di maleba - Tlhalosetsa mongwe ka ga setlhangwa - Feleletska ka leina la gago Rekota mafoko le bokao jwa ona mo thanoding ya gago - Dirisa dithalo kgotsa mafoko o dirisa mafoko/ ditlhaloso go bontsha bokao, jalo le jalo	Dira ka mafoko - Agelela mo kitsong ya medumo go peleta mafoko sekao. go dirisa mafoko a lesika le le lengwe go ya ka mokgwa o a dumisiwang ka gona kgotsa a lebegang ka gona. - Agelela mo kitsong ya mafoko a a bonwang thata mo tikologong - Dirisa kitso ya tatelano ya dialefabete le ditlhaka tsa ntlha tsa lefoko go bona mafoko mo thanoding - Dikao tsa bongwe le bontsi. - Dirisa bong sekao. kgomo/pholo Dira ka dipolelo - Agelela mo tirisong ya mainatota Tlotlofoko mo tirisong - Mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka kopanelo kgotsa di buisitswe ke morutwana ka nosi

MOPHATO WA 4				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
13-14	Reetsa sethangwa sa tshedimosekso sekao. ditlhogo tse di bonolo sekao. go buisana kwa marekelong Sethangwa go tswa mo bukagkakolong kgotsa Faele ya Metswedi ya Morutabana - Tihaola tshedimosekso e e kethegileng/ totobetseng - Amanya le maitemogelo a gago - Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokega Reetsa le go tsibogela puisano e e bonolo ya molomo/ditaelo/tlhaloso - Diragatsa ditaelo/ ditlhaloso - Bontsha go tlhologanya tlotlofoko e e amang le puisano/ditaelo/ ditlhaloso Reetsa tlhaloso le go tlhalosa selo - Tihaola selo le go se tlhalosa sentle - Dirisa mafoko a a tlhalosang selo sentle - Dirisa mafoko a mangwe a mašwa - Dirisa matlhaodi Ikatise go reetsa le go bua Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa raeme e e bonolo ya leboko kgotsa pina - Tsibogela ditaelo ka go dirisa dikarolo tsa mmele - Tshameka motshameko o o bonolo wa puo - Gatelela go ikatisa ka modumo	Buisa ditlhangwapono tsa tshedimosekso sekao. ditshwantsho dimmepe/dithalo Sethangwa go tswa mo bukagkakolong kgotsa Faele ya Metswedi ya Morutabana - Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho - Botsa le go araba dipotso tse di bonolo - Buisanang ka dikakanyo tsa bothokwa - Ranola kitso mo ditlhangweng tsa pono Buisa Setlhangwapono sekao. phousetara e e phasalatsang tiragalo - Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho/ didiriswa tsa ono - Ranola kitso - Buisanang ka maitlhommo a setlhangwa - Buisanang ka puo nngwe e e dirisitsweng - Tihaola le go buisana ka diponagalo tsa boakanyetsi jaaka mmala le bogolo jo bo farologaneng kgotsa difonto/mekwalotlanyo ya mefuta.	Kwala setlhangwa sa tshedimosekso ka tshegetso/thuso (mo letlhommesong) - Tlatsa ka mafoko a a tlhaelang mo setlhangweng se se kwadilweng kgotsa tshobokanyo - Dirisa tlotlofoko e e maleba - Dirisa tlotlofoko e ntšhwa go tswa mo setlhangweng se se buisitsweng Tlhama setlhangwa sa pono sekao. phousetara e e phasalatsang tiragalo - Itsise setlhangwa - Tlhopha tshedimosekso e e maleba - Dirisa kagego e e siameng - Dirisa diponagalo tsa boakanyetsi jaaka jaaka mmala le bogolo jo bo farologaneng kgotsa mefuta e e farologaneng ya difonto/ mokwalotlanyo Rekota mafoko le bokao jwa ona mo thanoding ya gago - Dirisa dithalo kgotsa dipolelo/dipolelwana o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo	Dira ka mafoko - Itsise bontsi - Mafoko a a nang le medumo e meelele le e mekhutshwane Dira ka dipolelo - Tlhaloganya le go dirisa marui sekao. (dinko tsa ga Lerato) - Itsise dipaka Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka puisokopanelo kgotsa puiso ka nosi - Makaelagongwe (mafoko a a nang le bokao bo le bongwe sekao (madi> tšhelete)

MOPHATO WA 4				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
15-16	Reetsa kgang Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana • Dira diponelopelo ka se se tla diragalang • Araba dipotso tse di bonolo • Neela baanelwa maina mo kgannye • Tlhaola baanelwa ka go ba tlhalosa ka puo ya molomo Ikatise go reetsa le go bua Tlhophla e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa raeme e e bonolo, pina kgotsa leboko • Tsibogela ditaelo ka go dirisa dikarolo tsa mmele • Tshameka motshameko o o bonolo wa puo • Gatelela go ikatisa ka medumo	Buisa kgang Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana • Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho • Araba dipotso ka ga kgang • Itsise maitshetlego le baanelwa Dira tirwana ya tekatlhaloganyo ya molomo ka setlhangwa • Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhanngweng se se buisitsweng • Dirisa thanodi Ikatise go buisa • Buisetsa kwa godimo ka kapodiso, tlhagiso ya maikutlo le lebelo tse di maleba	Kwala molaetsa o mokhutshwane/ dintlha • Tlhophla diteng tse di maleba • Tlhalosetsa mongwe ka setlhangwa • Feleletska ka leina la gago Rekota mafoko le bokao jwa ona mo thanoding ya gago • Dirisa dithalo kgotsa dipolelo/dipolelwana o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo.	Dira ka mafoko • Dirisa kitso ya tatelano ya dialefabete le ditlhaka tsa ntlha tsa mafoko go bona mafoko mo thanoding • Gatelela bongwe le bontsi • Dirisa bong sekao. kgomo/pholo Dira ka dipolelo • Agelela mo tirisong ya mainatota • Itsise madiri • Dirisa mefuta e e farologaneng ya matlhaodi • Agelela mo go tlhaloganyeng tiriso ya dipaka • Agelela mo tirisong ya thuanani sediri le thuanani sedirwa Tlotlofoko mo tirisong • Agelela mo tirisong ya mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya kopanelo kgotsa ka nosi

MOPHATO WA 4				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
17-18	Reetsa le go diragatsa ditaello sekao. resipe/ ditaello tsa go dira sengwe Setlhangwa go tswa mo bukagkakololong kgotsa Faele ya Metswedi ya Morutabana - Buisanang ka diteng tse di kgethegileng/ totobetseng tsa setlhangwa - Botsa dipotso go bona tshedimosetso - Reetsa le go araba sentle Go neela ditaello (bonnye dikgato di le pedi) - Dirisa ditaello tse di maleba - Itsise tiriso ya madiri - Neela ditaello ka tatelano e e nepagetseng Ikatisa go reetsa le go bua Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Tsibogela ditaello ka go dirisa dikarolo tsa mmele - Neela le go diragatsa ditaello/dikaelo - Gatelela go ikatisa ka medumo	Buisa setlhangwa sa tsamaiso (ditaello) tse di bonolo sekao. resipe/ditaello tsa go dira sengwe. Setlhangwa go tswa mo bukagkakololong kgotsa Faele ya Metswedi ya Morutabana - Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho - Buisanang ka diteng tse di kgethegileng/ totobetseng tsa setlhangwa - Buisanang ka tatelano ya ditaello	Itsise setlhangwa Kwala ka ga tsamaiso o na le tshegetso/ka thuso Setlhangwa go tswa mo bukagkakololong kgotsa Faele ya Metswedi ya Morutabana - Tlatsa diteng mo letlhomesong - Dirisa dintlha tse di kgethegileng/ totobetseng - Tlhomama mo setlhogong - Dirisa thutapuo, mopeleto le matshwao a puiso - Rekota mafoko le bokao jwa ona mo thanoding ya gago Neela setlhangwa maina/ go feleletsa setlhangwapono sekao. dithalo/ditshwantsho/ dikhathunu/dimmepe - Reetsa/ buisa tshedimosetso o akaretsa dintlha tse di kgethegileng/ totobetseng - Dirisa ditaello tse di maleba - Kwala mafoko mo mafelong a siameng Rekota mafoko le bokao jwa ona mo thanoding ya gago - Dirisa dithalo/dipolelo/ dipolelwana / mafoko kgotsa ditlhaloso go bontsha bokao	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi - Dirisa thanodi go lebelela mopeleto le bokao jwa mafoko - Agelela mo kitsong ya mafoko a a bonwang kgapetsakgapetsa mo tikologong Dira ka dipolelo - Dirisa modirisotaelo wa lediri sekao. (Ema) - Tlhaloganya le go dirisa kganetso Tlotlofoko mo tirisong - Malatodi (mafoko a a nang le bokao jo bo farologaneng sekao. robala/tsoga) - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi
19-20	TLHATLHOBO E E TLHOMAMENG			

MOPHATO WA 4				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
21-22	Reetsa sethangwa sa tshedimosetso sekao. ditlhogo tse di bonolo sekao. Ba lelapa la me Sethangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana • Tlhaola tshedimosetso e e kgethegileng/ totobetseng • Amanyane le maitemogelo a gago • Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokega Reetsa le go arabela ditlhaloso tse di bonolo tsa molomo • Diragatsa ditaelo • Bontsha go tlhaloganya tlotofoke e e nyalanang le tlhaloso Ikatise go reetsa le go bua go ikhumisa Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa raeme e e bonolo, leboko kgotsa pina • Tshameka motshameko o o bonolo wa puo • Neela le go diragatsa ditaelo/ dikaelo tse di bonolo • Tlotla dikgang tsa gago • Boeletsa kgang e o e utlwileng kgotsa e o e buisitseng • Gatelela go ikatisa ka medumo	Buisa sethangwapono sa tshedimosetso sekao. ditshwantsho, dimmepe/ dithalo /dinepe Sethangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana • Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le mo ditshwantshong/ didiriswa tsa pono • Botsa le go araba dipotso tse di bonolo • Buisanang ka dikakanyo tsa botlhokwa • Ranola tshedimosetsomo ditlhangweng tsa pono Dira tirwana ya tekatlhaloganyo ka sethangwa (tiro ya molomo) Buisa sethangwa se se bonolo. • Buisanang ka dikakanyo tsa botlhokwa • Tsibogela dipotso tse di bonolo Ikatise go buisa • Buisetsa kwa godimo o dirisa kapodiso, tlhagiso ya maikutlo le lebelo le le maleba	Itsise sethangwa Neela sethangwapono maina/matshwao kgotsa feleletsa sethangwapono, sekao. dithalo/ditshwantsho/ dikha-thunu/dimmepe/ dinepe • Reetsa tshedimosetso e e nang le ditlhaloso tse di kgethegileng/ totobetseng • Dirisa ditaelo tse di maleba • Kwala maina mo mafelong a a siameng Rekota mafoko le bokao jwa ona mo thanoding ya gago • Dirisa dithalo kgotsa dipolelo/mafoko/ dipolelwana go bontsha bokao jalo le jalo	Dira ka mafoko • Agelela mo kitsong ya medumo go peleta mafoko sekao. aga mafoko a a welang mo lesikeng le le lengwe go ya ka mokgwa o o a dumang kgotsa a lebegang ka ona. • Agelela mo kitsong ya mafoko a a bonwang kgapetsakgapetsa mo tikologong • Bongwe le bontsi. • Kgaoganyo ya mafoko a matelele go ya ka dinoko sekao. pho-lo-go-lo • Agelela mo tirisong ya bongwe le bontsi Dira ka dipolelo • Agelela mo tirisong ya maemeditho (sekao. nna, wena, lona, bona) • Gatelela makopany • Agelela mo tirisong ya maemeditota (sekao. sona, lona yona) Tlotofoke mo tirisong • Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi

MOPHATO WA 4				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tthagisa	Dipopego tsa puo le melawana
23-24	Tsaya karolo mo puisanong e khutshwane mo setlhogong se se tiwaelegileng • Refosana • Tlhomama mo setlhogong • Botsa dipotso tse di maleba Ikatise go reetsa le go bua go ikhumisa Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa raeme e e bonolo, leboko kgotsa pina • Tshameka motshameko o o bonolo wa puo • Neela le go diragatsa ditaelo/dikaelo tse di bonolo • Tlotla dikgang tsa gago • Tlotla gape kgang e o e utlwileng kgotsa o e buisitse • Gatelela go ikatisa ka medumo	Buisa setlhangwa sa tshedimosetso sekao. setlhangwa se se khutshwane/ kgang/ leboko/pina Setlhangwa se se tswang mo bukagkakololong kgotsa Faele ya Metswedi ya Morutabana • Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho • Araba dipotso tse di bonolo sekao. Eng ? Mang? leng? • Go itsise dipotso tse di thata jaaka jang, o akanya jang? Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo) Ikatise go buisa • Buisetsa kwa godimo o dirisa kapodiso, tthagiso ya maikutlo le lebelo le le nepagetseng	Itsise setlhangwa Kwala setlhangwa sa tshedimosetso o na le tshegetso/ka thuso • Tlatsa ka mafoko a a tlogetsweng mo tshosobanyong e e kwadiilweng kgotsa setlhangwa • Dirisa tlotlofoko e e maleba • Dirisa mafoko mangwe a mašwa go tswa mo setlhangweng se se buisitsweng • Dirisa thanodi go bona mopeleto le tlhaloso ya mafoko Rekota mafoko le bokao jwa ona mo thanoding ya gago • Dirisa dithalo kgotsa dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko • Dirisa kitso ya tatelano ya dialefabete le ditlhaka tsa ntlha tsa mafoko go bona mafoko mo thanoding • Gatelela mafoko a a simololang ka ditlhaka tse di tlhophilweng Dira ka dipolelo • Dirisa maina le bontsi • Simolola go dirisa masupi Tlotlofoko mo tirisong • Go dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi

MOPHATO WA 4				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
25-26	Reetsa tshedimosetso e e leng mo phousetareng - Tihaola tshedimosetso e e kgethegileng/ totobetseng - Reetsa le go amanya/ golaga-nya le maitemogelo a gago - Buisanang ka tshedimosetso ka mafoko a gago - Dirisa dipuo tse di farologaneng mo polelong e le nngwe Reetsa leboko/ pina go ikhumisa - Buisanang ka diteng tsa leboko - Amanya le maitemogelo a gago - Supa morumo le moribo - Tihaola mafoko a a simololang ka medumo e e tshwanang - Tlhagisa maikutlo a tlhotlheletswang ke leboko - Diragatsa leboko/ mela e e tlhophilweng Ikatise go reetsa le go bua go ikhumisa - Ikatise o dirisa mafoko a a etsisang medumo sekao. tau e a rora, katse e a ngaola - Gatelela go ikatisa ka medumo	Buisa tshedimosetso e e leng mo phousetareng Buisa setlhangwapono, sekao. phousetara - Pele ga puiso: buisanang ka ditshwantsho - Buisanang ka ga se setlhangwa se buang ka ga sona - Tihaola tshedimosetso e e kgethegileng/ totobetseng - Tlhaloganya tshedimosetso - Buisanang ka maitlhommo a setlhangwa - Buisanang ka tiriso nngwe ya puo - Tihaola le go buisana ka ga diponagalo tse di bonolo tsa boakanyetsi jaaka mmala, bogolo jo bo farologaneng jwa ditlhaka / mekwaloatlano/difonto/ tse di farologaneng Buisa leboko/maboko/ pina go ikhumisa - Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho - Dirisa ditogamaano tsa go buisa ka tshegetso/ ka thuso sekao. (dira diponelopelo, lebelela ditshwantsho kgotsa setlhangwa ka kelotlhoko, dirisa metlhala ya tiriso) - Supa morumo le moribo - Kgaoganya mafoko go ya ka dinoko - Tlhagisa maikutlo a a tlhotlheletswang ke leboko Ikatise go buisa - Buisetsa kwa godimo o dirisa kapodiso, tlhagiso ya maikutlo le lebele le le nepagetseng	Itsise setlhangwa Tlhama le go tlhagisa setlhangwapono sekao. phousetara kgotsa kitsiso - Dirisa kagego e e siameng - Tlhophla tshedimosetso e e maleba - Tihaola le go buisana ka ga diponagalo tse di bonolo tsa boakanyetsi jaaka mmala, bogolo jo bo farologaneng jwa ditlhaka / mekwaloatlano/difonto/ tse di farologaneng Kwala dipolelo - Dirisa tlotlofokoe e maleba - Dirisa kitso ya dinoko go aga mafoko a mašwa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Dirisa dithalo kgotsa dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo	Dira ka mafoko - Mafoko a a simololang ka ditlhaka tse di tlhophilweng Dira ka dipolelo - Go tlhaloganya le go dirisa maina a a balegang sekao. (buka-dibuka) - Agelela mo tirisong ya matlhaodi sekao. Fa pele ga leina sekao. e nnye ntšwa - Dirisa dipopi tsa madiri - Mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi

MOPHATO WA 4				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
27-28	Reetsa Setlhangwa sa tshedimosetso sekao. tatelano ya ditiragalo tse di nang le mabaka/ kanelo Setlhangwa go tswa mo bukagkakolong kgotsa Faele ya Metswedi ya Morutabana Reetsa tlhaloso le go tlhalosa mafelo/dijalo/ diphologolo/dilo • Tlhaola mafelo ka nepagalo • Dirisa mafoko a a tlhalosang mafelo ka nepagalo • Dirisa mangwe a mafoko a mašwa • Dirisa matlhaodi Ikatisa go reetsa le go bua go ikhumisa Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Gatelela go ikatisa ka medumo • Tshameka motshameko o o bonolo wa puo • Neela le go sala ditaelo/ dikaelo tse di bonolo morago • Tlotla dikgang tsa gago • Boeletsa kgang e o e utlwieng kgotsa e o e buisitseng • Gatelela go ikatisa ka medumo	Buisa ditlhangwapono tsa tshedimosetso sekao. dimmepe/ ditshwantsho/dinepe Setlhangwa go tswa mo bukagkakolong kgotsa Faele ya Metswedi ya Morutabana • Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho • Dirisa ditogamaano tsa go buisa • Tlhaola le go supa ditshwaelo ka dikakanyokgolo le dintlha tse di kgethegileng/ totobetseng ka tshegetso/ka thuso • Ranola tshedimosetso go tswa mo setlhangweng sa pono Dira tirwana ya tekatlhaloganyo go tswa mo setlhangweng (tiro ya molomo kgotsa e e kwadiwang)	Itsise setlhangwa Neela setlhangwa maina/go feleletsa setlhangwapono sekao. dimmepe/ditshwantsho/ dikhathunu/dithalo • Dirisa ditaelo tse di maleba • Neela setlhangwa maina/matshwao (o neela leina la karolo nngwe le nngwe) ka nepagalo • Dirisa kagego e e siameng go neela maina sekao. o dirisa lefoko kgotsa a le mabedi Rekota mafoko le bokao jwa ona mo thanoding ya gago • Dirisa dithalo kgotsa dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo	Dira ka mafoko • Mafoko a a nang le medumo e meleele le e mekhutshwane ya ditumanosi Dira ka dipolelo • Simolola go dirisa dipopi tsa letlhalosi la felo • Tsweletsa tiriso ya mefuta ya madiri • Agelela mo tirisong ya makopanyi go bona kganetso (fela/mme) lebaka (gonne/ka gonne) Tlotlofoko mo tirisong • Dirisa mafoko a a tserweng go tswa mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi

MOPHATO WA 4				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
29-30	Reetsa mmuisano o o buisediwa kwa godimo kgotsa go tswa mo seyaalemoweng / thelebišene Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana Itsise ketsiso ya maonelwa mongwe kgotsa maemo a a tlwaelegileng • Tlhopha diteng tse di maleba ka tshegetso/ ka thuso • Dirisa dintlha ka nepagalo • Tlhomama mo setlhogong • Dirisa puo e e farologaneng le e e neng e dirisiwa ka nepagalo (sekao. go fetola go tswa mo Setswaneng go ya mo seAforikanseng) Ikatise go reetsa le go bua go ikhumisa Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa raeme e e bonolo, leboko kgotsa pina • Tshameka motshameko o o bonolo wa puo • Neela le go diragatsa ditaello/dikaello tse di bonolo • Tlotla dikgang tsa gago • Boeletsa kgang e o e utlwieng kgotsa e o e buisitseng • Gatelela go ikatisa ka medumo	Buisa mmuisano Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana • Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong • Tlhaola tatelano ya ditiragalo tsa kgang/ poloto • Buisanang ka baanelwa le maitshetlego • Dirisa tlotlofoko e e bonolo go tlhagisa maikutlo a a tlhotlheletswang ke setlhangwa • Buisanang ka diponagalo tsa setlhangwa bogolo segolo matshwao a puiso le kagego Ikatise go buisa • Buisetsa kwa godimo o dirisa kapodiso, tlhagiso ya maikutlo le lebelo le le nepagetseng	Itsise setlhangwa Kwala mmuisano o dirisa kagego kgotsa dipudula tsa puo • Tlhopha baanelwa ba ba maleba • Rulaganya puisano ka tatelano • Dirisa letlhomese ka nepagalo • Dirisa puosebui ka nepagalo • Dirisa tlotlofoko • Dirisa thutapuo, mopeleto, matshwao a puiso le kgaoganyo ya mafoko tse di maleba Rekota mafoko le bokao jwa ona mo thanoding ya gago • Dirisa dithalo kgotsa dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko • Peleta mafoko a a tlwaelegileng sentle, o dirisa thanodi ya gago • Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Dira ka dipolelo • Agelela mo go tlhaloganyeng le mo tirisong ya dipaka • Dirisa matlhalosi a nako (sekao. maabane, maloba, kajeno) • Simolola go lemoga le go dirisa modirisopego le matshwao a puiso a a maleba Tlotlofoko mo tirisong • Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nao ya puisokopanelo kgotsa puiso ka nosi

MOPHATO WA 4				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
31-32	Tsaya karolo mo dipuisanong ka setlhogo se se tlwaelegileng (sekao. sekolo) Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana - Botsa dipotso tse di maleba le go tsibogela dipotso - Tlhomama mo puisanong - Tlotla dikakanyo tsa ba bangwe	Buisa setlhangwa se se khutshwane Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana - Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho - Araba dipotso tse di bonolo Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo) Akanya ka ditlhangwa tse o di buisitseng ka nako ya puiso ya bobedi kgotsa puiso ka nosi - Ditlhangwapono tse di buisitsweng	Kwala temana ka tshegetso/thuso e e rulaganeng - Dirisa letlhomeso le go tlatsha diphatlha tse di tlogetsweng - Dirisa tlotlofoko e e tlwaelegileng Rekota mafoko le bokao jwa ona mo thanoding ya gago - Dirisa dithalo kgotsa dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Dirisa mafoko a a nang le ditlhaka kgotsa medumo e e tlhophilweng Dira ka dipolelo - Simolola go dirisa matlhaodi a palo sekao. nngwe, pedi, tharo, wa bofelo - Agelela mo tirisong ya thuanyi sediri le thuanyi sedirwa - Agelela mo tirisong ya dipaka - Agelela mo tirisong ya matlama a a bontshang maemo Tlotlofoko mo tirisong - Mafoko a a tserweng go tswa mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi

MOPHATO WA 4				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
33-34	Reetsa dikitsiso tse di bonolo Setlhangwa go tswa mo bukagkakolong kgotsa Faele ya Metswedi ya Morutabana - Buisanang ka dikakanyo tsa botlhokwa - Botsa dipotso - Araba ka nepagalo Ikatisa go reetsa le go bua go ikhumisa Tlhopho e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa raeme e e bonolo, leboko kgotsa pina - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaello/dikaello tse di bonolo - Bua dikgang tsa gago - Boeletsa kgang e o e utlwileng kgotsa e o e buisitseng	Buisa ditlhangwapono tsa tshedimosetso jaaka dimmepe/ditshwantsho/ dikhathunu Setlhangwa go tswa mo bukagkakolong kgotsa Faele ya Metswedi ya Morutabana - Buisa pele ka tshegetso/thuso: go dira diponelopele pele ka setlhogo le ditshwantsho - Araba dipotso tse di bonolo Dira tirwana ya tekatlhaloganyo ka Setlhangwa (tiro ya molomo) Buisa Setlhangwapono Sekao, phousetara, melae tsa ya tshedimosetso, diphasalatso Tlhopho ditlhangwa tse di tswang mo bukeng ya go ithuta kgotsa faele ya metswedi ya morutabana - Buisa pele le go buisana ka ditshwantsho - Buisanang ka diteng tsa Setlhangwa - Tlhaola tshedimosetso e e totobetseng - Ranola kitso - Buisana ka maikaelelo, babogedi le bareetsi ba Setlhangwa - Buisanang ka tiriso nngwe ya puo Akanya ka Setlhangwa se se buisitsweng ka nako ya puiso ka mong / puisokopanelo - Boeletsa kgang kgotsa dikakanyokgolo ka dipolelo di le 2 kgotsa 3 - Tlhagisa maikutlo ka Setlhangwa se se buisitsweng	Kwala temana kgotsa dipolelo di le 2 – 3 o dirisa letlhomiso - Dirisa tlotlofoko e e tlwaelegileng o dirisa maemedi, makopanyi le dipolelwana - Dirisa thutapuo e e maleba, mopeleto le matshwao a puiso - Dirisa thanodi go netefatsa tiriso, mopeleto le bokao jwa mafoko Taka, le go neela sengwe maina le go feleletsa Setlhangwapono sekao. dimmepe/ditshwantsho/ dikhathunu - Kwala tshedimosetso ka nepagalo - Bontsha kamano magareng ga dikarolo tse di farologaneng tsa setlhangwapono ka nepagalo - Kwala dipolelo o tlhalosa setlhangwapono - Dirisa ditaello tse di maleba - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Rekota mafoko le bokao jwa ona mo thanoding ya gago - Dirisa dithalo/ dipolelo/ mafoko/ ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago Dira ka dipolelo - Dirisa makopanyi go bontsha koketsego sekao (le, gape, pele) Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi

MOPHATO WA 4				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
35-36	Reetsa kgang e khutshwane le mmuisano Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana • Dira diponelopelo tsa seo se tla diragalang morago • Buisanang ka maitshetlego le baanelwa • Buisanang ka ditiragalo tsa bothokwa mo kgannye • Neela tsibogelo ya gago ka kgang Ikatise ka go reetsa le go bua Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa raeme e e bonolo, leboko kgotsa pina kgotsa karolo ya kgang • Tshameka motshameko o o bonolo wa puo • Neela le go sala ditaello/ dikaelo morago • Tlotla dikgang tsa gago • Boeletsa kgang e o e utlwileng kgotsa e o e buisitseng	Buisa kgang le mmuisano Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana • Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho • Buisanang ka maitshetlego le baanelwa • Buisanang ka ditiragalo tsa bothokwa mo kgannye • Neela tsibogelo ya gago ka kgang • Tlhaola gore ke dikarolo dife tsa kgang tse e leng mmuisano • Diragatsa kgang kgotsa karolo ya kgang Ikatise go buisa • Buisetsa godimo ka kapodiso le tlhagiso ya maikutlo tse di maleba Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi • Amanyana diteng le botshelo jwa gago	Kwala kgangkhutshwe ka tshegetso/ka thuso e e rulaganeng • Dirisa letlhomiso go tlatse mafoko kgotsa dipolelwana tse di tlogetsweng • Dirisa tlotlofoko e e atelositsweng go akaretsa maemeditota, makopanyi le dipolelwana • Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Rekota mafoko le bokao jwa ona mo thanoding ya gago • Dirisa dithalo/ dipolelo/ mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko • Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Dira ka dipolelo • Agelela mo tirisong ya makopanyi • Godisa tiriso ya puosebui • Itsise tiriso ya matshwao a nopo a a dirisiwang mo puosebui Tlotlofoko mo tirisong • Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 4				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
37-38	Tsaya karolo mo puisanong ka setlhangwa se se tlwaelegileng (sekao. ditsala tsa me) Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana - Botsa dipotso tse di maleba le go araba dipotso - Tswelela ka puisano - Tlotla dikakanyo tsa ba bangwe Ikatise go reetsa le go bua go ikhumisa Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa raeme e e bonolo, leboko kgotsa pina kgotsa karolo ya kang - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaello/dikaello - Tlotla dikgang tsa gago - Boeletsa kang e o e utlwileng kgotsa e o e buisitseng	Buisa setlhangwa sa tshedimosetso ka setlhogo se se tlwaelegileng Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana - Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho - Araba dipotso tse di bonolo le go simolola go botsa dipotso tse di thata sekao. goreng? Le gore o akanya jang? - Buisanang ka didiriswa tsa pono/ ditlhangwapono Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo) - Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puisokopanelo - Tlhagisa maikutlo a a tlhotlheleditsweng ke setlhangwa se se buisitsweng	Kwala temana/dipolelo o dirisa letlhomeso kgotsa dipudula tsa puo - Dirisa diteng tse di maleba - Dirisa tlotlofoko e e tlwaelegileng go akaretsa maemeditota, makopanyi le dipolelwana - Dirisa mopeleto le matshwao a puiso a a maleba - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Rekota mafoko le bokao jwa ona mo thanoding ya gago - Dirisa dithalo/ dipolelo/ mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago - Dirisa kitso ya tatelano ya dialefabete le ditlhaka tse di simololang mafoko go bona mafoko mo thanoding Dira ka dipolelo - Simolola go lemoga puopegelo e e bonolo - Agelela mo tirisong ya matlhalosi le matlhaodi Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong
39-40	TLHATLHOBO E E TLHOMAMENG			

MOPHATO WA 5

MOPHATO WA 5				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
1-2	Reetsa kgangkhutshwe Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana [taelo e tla boeletswa morago ga beke dingwe le dingwe di le pedi] - Araba dipotso - Dira diponelopelo ka se se tla diragalang Boeletsa kgang - Boeletsa ditiragalo o dirisa mafoko a gago ka tatelano e e nepagetseng, o dirisa pakapheti - Neela baanelwa maina ka nepagalo Ikatise go reetsa le go bua Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa raeme e e bonolo, leboko kgotsa pina - Tshameka motshameko o bonolo wa puo - Neela le go diragatsa ditaello/dikaello - Bua dikgang tsa gago	Buisa kgangkhutshwe Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana [taelo e tla boeletswa morago ga beke dingwe le dingwe di le pedi] - Pele ga puiso le dipuisano: bonelapele go tswa mo setlhogong le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao go dira diponelopele, go dirisa medumo le metlhala ya tiriso - Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhangweng se se buisitsweng - Buisanang ka setlhogo le lefelo le kgang e diragalelang mo go lona. - Tlhagisa kakanyo e e bonolo ka kgang - Dirisa thanodi Dira tirwana ya tekatlhaloganyo ka go tswa mo setlhangweng (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko ka nepagalo, go buisa ka thelelo, le go tlhagisa maikutlo Akanya ka ditlhangwa tse di buisitsweng ka nako ya puiso ka mong kgotsa puisokopanelo - Boeletsa kgang kgotsa dikakanyo tsa botlhokwa ka mela e le meraro - Neela dikakanyo ka kgang	Kwala tatelano ya ditiragalo tsa gago (kanelo kgotsa tlhaloso) - Tlhopha go tswa mo maitemogelong a gago - Tlhopha diteng tse di maleba tsa setlhogo - Tlhomama mo setlhogong - Letlhomeso le le dirisiwang ke barutwana botlhe - Dirisa thutapuo e e maleba, mopeleto le matshwao a puiso - Dirisa tlotlofoko e e e tsamaisanang le setlhogo Kwala kakanyo ka kgang (ke ya go ikhumisa) - Pele ga go kwala: buisanang ka tse le di ratang/ le tse le sa di rateng - Kwala dipolelo di le pedi go tlhagisa se ba se ratang kgotsa ba sa se rateng Tlhama thanodi ya gago - Kwala ditlhaka tsa dialefabete mo ditsebeng - Kwala mafoko a le 5 le bokao jwa ona (dithalo/ dipolelo o dirisa lefoko/ tlhaloso ya lefoko) - Tswelela go kwala mafoko mo thanoding e a ithametseng yona kwa Mophatong 4.	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Agelela mo kitsong ya medumo go peleta mafoko sekao. (go aga mafoko a a welang mo lesikeng le le lengwe go ya ka modumo kgotsa tebego) - Agelela mo kitsong ya mafoko a a tlhagelelang kgapetsakgapetsa mo tikologong kgotsa a a dirisiwang thata Dira ka dipolelo - Tlhaloganyo le go dirisa maina a a balegang go ya ka bongwe le bontsi (sekao. buka/ dibuka) - Agelela mo tirisong ya mainatota sekao. a kwadilwe ka ditlhakakgolo - Agelele mo tirisong ya maemedithe sekao. (Nna, wena, lona) Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa ka puiso ka mong/nosi

MOPHATO WA 5				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
3-4	Tsaya karolo mo puisanong ka setlhogo se se tlwaelegileng - Botsa le go araba dipotso tse di bonolo ka setlhogo - Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokega - Neela barutwana ba bangwe tšhono ya go bua - Reetsa barutwana ba bangwe Neela tatelano ya ditiragalo tse di nang le mabaka kgotsa ditlhaloso - Neela tiragalo e e seng ya bogologolo - Tlotla ditiragalo ka tatelano Ikatise go reetsa le go bua go ikhumisa Tlhophla e le nngwe go ikatise ka yona letsatsi lengwe le lengwe) . - Diragatsa raeme e e bonolo, ya leboko kgotsa ya pina/karolo ya kgangkhutshwe - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaelo tse di bonolo - Tlotla dikgang tsa gago	Buisa ditlhangwapono tsa tshedimosetso sekao. ditšhate/manane/ dithalo/mmepe wa tlhaloganyo/dimmepe/ di-tshwantsho/dikerafo/ dikhathunu Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: buisa le go buisana ka setlhogo le go lebelela ditshwantsho/dithalo/ dimmepe - Dirisa ditogamaano tsa go buisa sekao. dikakanyo tsa kakaretso, dirisa metlhala ya tiriso go bona bokao - Tlhaola dintlhakgolo - Tlhalosa bokao jwa mafoko a a sa tlwaelegang - Araba dipotso ka setlhangwa Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko sentle, go buisa ka thelelo, le go tlhagisa maikutlo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puisokopanelo - Abelana ka dikakanyo ka setlhangwa - Amanya setlhangwa le botshelo jwa gago	Kwala tatelano ya ditiragalo tse di nang le mabaka/tlhaloso mo letlhomesong - Tlhophla diteng tse di maleba - Rulaganya ditiragalo ka tatelano e e nepagetseng - Dirisa ditaelo tse di maleba - Dirisa thutapuo, mopeleto le matshwao a puiso a a maleba - Baakanya mopeleto o dirisa thanodi le ditlhangwa tsa pele Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Agelela mo kitsong ya go pepeta mafoko sekao. aga mafoko a a welang mo lesikeng le le lengwe go ya ka mokgwa o a lebegang le go dumisiwa ka gona. - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago Dira ka dipolelo - Agelela mo go tlhaloganyeng le tiriso e e bonolo ya dipaka. - Agelela mo tirisong ya mediriso sekao “nka” go bontsha bokgoni, “a nka” go kopa tetla, “tshwanetse” go bontsha botlhokwa - Dirisa kagego e e tlwaelegileng ya lediri sekao loma, lomile/ bona, bone - Dirisa matlhalosi a nako (sekao. ka moso, maabane) Tlotlofoko mo tirisong - Mafoko a a tserweng go tswa mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi

MOPHATO WA 5				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
5-6	Reetsa kgang le mmuisano Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana • Dirisa tlhaloso ya molomo go neela batho ditshobotsi • Tlhagisa maikutlo le dikakanyo ka ga kgang • Araba dipotso tsa molomo ka ga kgang Etsisa motshameko: maemo a a tlwaelegile • Tsaya karolo mo puisanong • Akaretsa tshedimosetso e e maleba • Dirisa dipaka tse di nepagetseng Ikatise go reetsa le go bua go ikhumisa Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa raeme e e bonolo, ya leboko kgotsa ya pina • Tshameka motshameko o o bonolo wa puo • Neela le go diragatsa ditaelo /dikaelo • Tlotla dikgang tsa gago	Buisa kgang/setlhangwa Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho • Dirisa ditogamaano tsa go buisa sekao. go dira diponelopele, go dirisa metlhala ya tiriso go bona bokao, buisa go bona dintlha • Araba dipotso ka ga kgang Buisa ditlhangwa tsa tirisano sekao. ditaletso • Buisanang ka maitlhommo a setlhangwa • Dirisa thanodi go bona bokao jwa mafoko a mašwa Ikatise go buisaa • Buisetsa kwa godimo ka kapodiso e e maleba, ka thelelo le go tlhagisa maikutlo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puisokopanelo • Dirisa mafoko go tlhagisa maikutlo ka ga setlhangwa se se buisitsweng	Kwala tlhaloso e e bonolo ka batho • Kwala bonnye temana • Kwala ka boitlhamedi • Dirisa matlhaodi a a maleba • Dirisa dipaka tse di bonolo Kwala molaetsa o mokhutshwane • Rulaganya tshedimosetso • Dirisa kagego e e siameng sekao. / madume, letlha jalo le jalo. • Baopa dipolelo ka nepagalo Kwala temana • Tlhalosa tiragalo • Dirisa makopanyi • Netefatsa mopeleto le matshwao a puiso Rekota mafoko le bokao jwa ona mo thanoding ya gago • Kwala dipolelo o dirisa mafoko kgotsa tlhaloso go bontsha bokao jalo le jalo.	Dira ka mafoko • Agelela mo kitsong ya medumo go peleta mafoko sekao. aga mafoko a a welang mo lesikeng le le lengwe go ya ka mokgwa o a lebegang le go dumisiwa ka gona. • Peleta mafoko a a tlwaelegile ka nepagalo o dirisa thanodi ya gago Dira ka dipolelo • Agelela mo tirisong ya metlama a a bontshang maemo (sekao mo, fa tlase, mo godimo) • Dirisa makopanyi go bontsha tlaletso sekao (le) go bontsa thulaganyo (morago, pele) • Tiriso ya ditlhakagolo fa o dirisa mainatota, maina go ya ka maemo a batho le ditlhakaina Tlotlofoko mo tirisong • Mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi • Mainatswako sekao. monnamogolo

MOPHATO WA 5				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
7-8	Reetsa le go sala ditaelo morago sekao. go dira sengwe Setlhangwa go tswa mo bukagkakololong / Faele ya Metswedi ya Morutabana - Tsibogela ditaelo ka nepagalo - Sala thulaganyo morago ka nepagalo Ikatise go reetsa le go bua go ikhumisa Tlhopho e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa raeme e e bonolo, ya leboko kgotsa ya pina - Tlotla dikgang tsa gago	Buisa setlhangwa sa tsamaiso (ditaelo) Setlhangwa go tswa mo bukagkakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. ponelopele le go dirisa metlhala ya tiriso - Buisanang ka dintlha tse di kgethegileng/ totobetseng tsa setlhangwa - Buisang ka thulaganyo ya ditaelo - Diragatsa ditaelo (fa go kgonagala) Dira tirwana ya tekatlhaloganyo ka setlhangwa (Tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo ka kapodiso e e nepagetseng, ka thelelo, le ka go tlhagisa maikutlo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong / puiso ka bobedi - Neela thadiso e khutshwane ya molomo - Akaretsa dintlha tsa bothokwa sekao. setlhogo - Neela ntlhakemo ya gago ka setlhangwa	Kwala ditaelo mo letlhomesong - Dirisa dintlha tse di kgethegileng/ totobetseng ka nepagalo - Dirisa thulaganyo e e nepagetseng o dirisa makopanyi sekao. santlha, se se latelang - Dirisa dipaka tse di bonolo - Dirisa kagego e e nepagetseng Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Agelela mo kitsong ya go pepeta mafoko sekao. aga mafoko a a welang mo lesikeng le le lengwe go ya ka mokgwa o a lebegang le go dumisiwa ka gona. - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Dira ka dipolelo - Tlhaloganyo le go dirisa marui sekao. (matlho a me) - Simolola go dirisa matlhaodi a palo sekao. nngwe, pedi, tharo, wa bofelo - Simolola go dirisa marui (sekao. sa me, sa gago, tsa rona, ya bona) - Agelela mo go tlhaloganyeng le mo tirisong ya matlhalosi a tshwantshanyo mokgwa - Dirisa mefuta ya dipopi tsa dipaka sekao (<u>a</u> ja, <u>ne</u> ba ja, <u>tl</u>a) - Agelela mo go tlhaloganyeng le tiriso ya pakajaanong tswedi Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
9-10	Reetsa leboko/ pina Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Tlotla ka diteng tsa leboko/pina - Go amanya le maitemogelo a gago - Supa morumo le moribo - Neela dikarabo tseo e leng tsa gago (go reng o rata leboko/ o sa le rate) Diragatsa leboko go ikhumisa ka puo - Kapodisa mafoko sentle - Bontsha go tlhaloganya - Tlhagisa morethetho	Buisa leboko/dipina Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Buisanang ka setlhogo le dikakanyokgolo mo lebokong - Buisanang ka morumo - Buisanang ka mafoko a simololang ka medumo e e tshwanang - Buisanang ka mafoko a a etsisang medumo - Buisanang ka dipapiso sekao. tshwantshiso (sekao. o opela jaaka thaga kgotsa Lebogang ke tau) - Araba dipotso ka leboko/maboko (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o tlhagisa maikutlo a a maleba e bile o bontsha go tlhaloganya - Dirisa kapodiso le lebelo le le siameng Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi - Bapisa ditlhangwa sekao. dikgang/ ditlhangwa/maboko/ dipina tse di buisitsweng	Kwala temana ka leboko/maboko - Buisanang ka se temana e buang ka ga sona Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Agelela mo kitsong ya go pepeta mafoko sekao. aga mafoko a a welang mo lesikeng le le lengwe go ya ka mokgwa o a lebegang le go dumisiwa ka gona. - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago Dira ka dipolelo - Dirisa bong mo maineng a mangwe (sekao. mokoko/kgogo) - Dirisa matlhaodi a popego a a farologaneng Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
11-12	Reetsa kgang (Tlhopha go tswa mo ditlhangweng tse di senang boammaaruri/ dikgang tsa setso/tatelano ya ditiragalo tsa mong) Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Araba dipotso - Araba dipotso tse di bonolo Tsaya karolo mo puisanong ka setlhogo se se tlwaelegile, o dirisa dipuo tse farologaneng mo polelong e le nngwe fa go tlhokega - Botsa le go araba dipotso - Tlotla barutwana ba bangwe ka go ba reetsa	Buisa kgang Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: buisa ka tshegetso/ka thuso le go buisana ka setlhogo le go lebelela ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. go dira diponelopele le go dirisa metlhala ya tiriso - Buisana ka tlotlofoko e ntšhwa - Tlhaola tatelano ya ditiragalo, maitshetlego le baanelwa - Dirisa thanodi Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o kapodiso mafoko sentle, o dirisa matshwao a puiso ka nepagalo, o buisa ka thelelo le go tlhagisa maikutlo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi - Buisana ka kgangkhutshwe	Kwala temana e e bonolo e e nang le letlhomiso - Kwala polelo ya matseno sentle - Kwala ditiragalo ka tatelano - Dirisa makopanyi (le, fela) - Dirisa mangwe a matlhaodi - Kwala bokhutlo jo bo maleba Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Dirisa kitso ya tatelano ya dialefabete le ditlhaka tsa ntlha tsa mafoko go bona mafoko mo thanoding Dira ka dipolelo - Dirisa bontsi jwa maina sekao. marukgwe, dibuka - Agelela mo tirisong ya matlhaodi sekao. fa pele ga leina sekao. Yo mogolo monna/ E nnye ntšwa Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
13-14	Reetsa sethangwa sa tshedimosetso sekao. ditlhaloso tsa molomo tsa dilo/dijalo/diphologolo/ mafelo Sethangwa go tswa mo bukagkakolong / Faele ya Metswedi ya Morutabana - Tihaola sediriswa/ didiriswa - Tlhalosa gore dilo di dirisetswa eng - Taka le go neela setshwantsho maina Ikatise go reetsa le go bua Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko le le khutshwane kgotsa raeme - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaelo / dikaelo - Tlotla dikgang tsa gago - Tlotla ka maitemogelo a gago a a tsamaisanang le kgang	Buisa ditlhangwapono tsa tshedimosetso sekao. ditšhate/manane/ dithalo/dimmepa tsa tlhaloganyo/dimmepe/ ditshwantsho/dikerafo/di-khathunu Sethangwa go tswa mo bukagkakolong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho - Dirisa ditogamaano tsa go buisa - Buisa go bona tshedimosetso e e kgethegileng/ totobetseng sekao. mananeo le dithulaganyetsotiro - Araba dipotso ka setlhangwa le setlhangwapono Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi - Boeletsa go bua ka setlhangwa se se buisitsweng	Kwala tlhaloso e khutshwane ka dilo/ dijalo/diphologolo/ mafelo, o dirisa letlhomese la dipolelo di le (3 - 4) - Dirisa kagego sentle - Akaretsa dintlha tse di kgethegileng/ totobetseng - Dirisa masupi ka nepagalo - Dirisa tlotlofoko e e maleba - Netefatsa gore matshwao a puiso a nepagetse Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng o dirisa thanodi ya gago - Dirisa kitso ya tatelano ya dialefabete le ditlhaka tsa ntlha tsa mafoko go bona mafoko mo thanoding Dira ka dipolelo - Agelela mo go tlhaloganyeng le tiriso ya pakatlang - Dirisa pakajaanong tswedi go tlhalosa ditiro tsa tlwaelo sekao. "Ke tlhapa meno letsatsi le letsatsi" - Godisa tiriso ya madirimathusi (o a, ba ne, o tla) - Simolola go dirisa matlama a a bontshang dikaelo/mafelo (mo, kwa, fa,) nako (morago, ka nako ya, pele) lekopanyi (le) Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
15-16	Tsaya karolo mo puisanong ka setlhogo se se tlwaelegile (sekao, bommamoratwa) • Simolola go botsa le go araba dipotso tse di bonolo ka setlhogo • Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokega • Neela barutwana ba bangwe tšhono ya go bua • Reetsa barutwana ba bangwe Neela tatelano ya ditiragalo tse di nang le mabaka/tatelano ya tlhaloso • Akanya ka tiragalo e e seng kgale e diragetse • Tlotla ditiragalo ka tatelano Ikatise go reetsa le go bua go ikhumisa (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa leboko le le khutshwane kgotsa raeme/kgotsa karolo ya kgangkhutswe • Tshameka motshameko o o bonolo wa puo • Neela le go diragatsa ditaello / dikaelo • Tlotla dikgang tsa gago • Dira sethalo kgotsa lenane ka ga kgang	Buisa dikgang Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho • Buisetsa go bona dintlha le go dirisa metlhala ya tiriso go bona tshedimosetso • Tlhaola/ supa le go dira ditshwaelo ka molaetsa • Tlhaloganya tlotlofoko • Araba dipotso ka kgang • Boeletsa kgang ka mafoko a gago (tiro ya molomo kgotsa e e kwalwang) Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa • Buisetsa kwa godimo ka kapodiso e e maleba. ka thelelo le go tlhagisa maikutlo ka nepagalo	Kwala temana o dirisa letlhomiso • Kwala ditemana di le pedi mo letlhomisong • Kopanya temana o dirisa makopanyi • Dirisa tlotlofoko e ntšhwa le matshwao a puiso a a ithutilweng • Dirisa thutapuo, mopeleto, matshwao a puiso le kgaoganyo ya ditemana ka nepagalo • Dirisa thanodi go netefatsa mopeletso le bokao jwa mafoko Rekota mafoko le bokao jwa ona mo thanoding ya gago • Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo	Dira ka mafoko • Dirisa thanodi go netefatsa mopeletso le bokao jwa mafoko • Kgaoganya mafoko a maleele go ya ka dinoko sekao. phologolo- pho/ lo/go/lo • Dira ka dipolelo • Dirisa matlhaodi a a farologaneng • Tlhaloganya le go dirisa madiri go tlhalosa tiro Tlotlofoko mo tirisong • Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
17-18	Reetsa le go arabela ditaelo tsa molomo Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Sala ditaelo morago - Bontsha go tlhaloganya ditaelo - Diragatsa maemo a a tlwaelegileng sekao. go neela ditaelo - Neela bonnye dikaelo / ditaelo di le 2 - 4 go ya ka tatelano - Dirisa puo e e maleba/ tlotlofoko le puo ya dikarolo tsa mmele sekao. mafoko a dikaelo, ditaelo Ikatise go reetsa le go bua go ikhumisa (Tlhopho e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko le le khutshwane kgotsa raeme kgotsa karolo ya kgang - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaelo / dikaelo	Buisa setlhangwa sa tsamaiso (ditaelo) sekao. resipei kgotsa ditaelo tsa go dira sengwe Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: go dira diponelopelo ka setlhogo le ditshwantsho - Dirisa ditogamaano tsa go buisa - Araba dipotso ka setlhangwa - Sala ditaelo morago ka nepagalo Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo ka kapodiso e e maleba le ka thelelo le ka go tlhagisa maikutlo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi - Bapisa ditlhangwa tse di buisitsweng	Kwala resipe o dirisa kagego Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana - Dirisa letlhomeso ka nepagalo - Akaretsa lenaane la ditswaki (didiriswa) - Akaretsa mokgwa wa go dira ka tatelano - Dirisa tlotlofoko e e maleba Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago - Dirisa mafoko a a simololang ka ditlhaka tse di tlhophilweng Dira ka dipolelo - Dirisa matlama a a bontshang lefelo (sekao. kwa, fa, mo) - Simolola go dirisa matlhalosi a mokgwa (sekao. thata, bonya,) - Dirisa pakatlang (sekao. "Ke tla tsoga ke mmona" - Simolola go dirisa makopanyi go bontsha kganetso (mme) lebaka (gonne) maikaelelo (ka gonne) - Dirisa matshwao a potso - Dirisa letshwao la tsiboso Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng go tswa mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong
19-20	TLHATLHOBO YA BOFELO			

MOPHATO WA 5				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
21-22	Reetsa tlhaloso ya molomo ya mafelo kgotsa ya batho Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Tlhaola mafelo / batho • Lemoga tshedimosetso e e bothokwa go tswa mo kgannyeng sekao. mo tšhateng /lenaneng Reetsa le go neela ditiragalo tsa tatelano ka mong • Gopola maitemogelo a gago • Araba dipotso ka seo se diragetseng lwa ntlha, lwa bobedi, jalo le jalo Ikatisa go reetsa le go bua (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa leboko le le khutshwane kgotsa raeme kgotsa karolo ya kgangkhuswe • Tshameka motshameko o o bonolo wa puo • Neela le go diragatsa ditaello / dikaelo • Tlotla dikgang tsa gago	Buisa kgang Tlhopha go tswa mo ditlhangweng tsa sešwa, tse e seng tsa boammaaruri fela di utlwagala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela /dikgang tsa go itumedisa/ tsa ditoro/ dikgang tsa nnete tsa mo botshelong/ kgang ya hisetori e e leng ya boithamedit Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho • Tlhaloganya diponagalo tsa setlhangwa • Dirisa ditogamaano tsa go buisa sekao. go dirisa metlhala ya tiriso go lemoga bokao le go ikakanyetsa • Araba dipotso ka kgang • Tlhaola baanelwa Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatisa go buisa • Buisetsa kwa godimo ka kapodiso e e maleba, ka thelelo le go tlhagisa maikutlo Buisa temana e khutshwane • Buisanang ka dikakanyo tse di bothokwa Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi • Puisano ka setlhangwa se se ithutilweng	Kwala temana gape ka mafoko a gago o dirisa letlhomiso • Dirisa dipaka tse di bonolo • Tlhaola ditiragalo tsa bothokwa • Tlotla ditiragalo go ya ka thulagano ka nepagalo • Dirisa thutapuo e e maleba, mopeleto, matshwao a puiso le kgaoganyo ya ditemana ka nepagalo Rekota mafoko le bokao jwa ona mo thanoding ya gago • Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo	Dira ka mafoko • Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago • Dirisa mafoko a a simololang ka ditlhaka tse di tlhophilweng Dira ka dipolelo • Tlhaloganya le go dirisa maina le maemeditho (sekao. Nna, wena, lona, bona) • Agelela mo go tlhaloganyeng le go dirisa matlhaodi • Agelela mo tirisong ya thuanani sediri le thuanani sedirwa sekao. dibuka tse pedi, buka e le nngwe • Agelela mo tirisong ya lediri le matshwao a potso • Agelela mo tirisong ya matshwao a tsiboso Tlotlofoko mo tirisong • Go dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nak ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
23-24	Tlotla ka setlhogo se se tlwaelegileng, o ipaakantse - Rulaganya dintlha tsa bothokwa - Tlotla ka bonnye dipolelo di le 3 ka setlhogo - Araba dipotso Ikatise go reetsa le go bua (Tlhopho e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko le le khutshwane kgotsa raeme /pina/karolo ya kgang - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaelo / dikaelo - Tlotla dikgang tsa gago	Buisa Setlhangwapono sa tshedimosetso sekao. ditšhate/manane/dithalo/mmepe wa tlhaloganyo/dimmepe/ditshwantsho/dikerafo/di-khathunu Setlhangwa go tswa mo bukagkakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: tsepama mo dintlheng tsa bothokwa - Buisanang ka tshedimosetso e e bothokwa e e neilweng –go tlhopho dintlha tse di maleba le go araba dipotso Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa tiro e e kwalwang) Ikatise go reetsa le go bua - Buisetsa kwa godimo o dirisa kapodiso ya mafoko, morumo le tlhagiso ya maikutlo tse di maleba Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi - Boeletsa setlhangwa ka dipolelo di le 3	Taka/ feleletsa go neela ditlhangwapono maina sekao. ditšhate/manane/dithalo/mmepe wa tlhaloganyo/dimmepe/ditshwantsho/dikerafo/dikhathunu Setlhangwa go tswa mo bukagkakololong kgotsa Faele ya Metswedi ya Morutabana - Dirisa tshedimosetso go tswa mo setlhangweng sa pono kgotsa se se kwadilweng - Rulaganya tshedimosetso- - Neela tshedimosetso Dira tshobokanyo ya mmepe wa tlhaloganyo wa setlhangwa se se khutshwane - Tlhaola bonnye dintlha di le tharo tsa bothokwa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago - Dirisa mafoko a a simololang ka ditlhaka tse di tlhophilweng Dira ka dipolelo - Tlhaloganya le go dirisa maina - Simolola go dirisa matlhaodi a palo sekao. nngwe, pedi, tharo, wa bofelo - Simolola go dirisa maemedi - Dirisa matlhaodi a a farologaneng Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
25-26	Reetsa dikgang Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Tlhaloganya dikgang, araba dipotso - Tlhagisa dikakanyo tsa gago Boeletsa kgang - Lebelela baanelwabagolo - Boeletsa kgang ka mafoko a gago - Dirisa dipaka tse di ithutilweng/ itsisitsweng mo mephatong e e fetileng	Buisa kgang Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Buisanang ka baanelwa - Araba dipotso ka ga kgang - Supa molaetsa/thuto ya kgang Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Buisa leboko/maboko/ pina - Buisanang ka setlhogo le kgangkgolo Ikatise go buisa - Buisetsa kwa godimo o dirisa kapodiso ya mafoko, morumo le tlhagiso ya maikutlo e e maleba Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi - Amanya setlhangwa le botshelo jwa gago	Kwala kgang e e bonolo mo letlhomesong—go kwala kgang - Kgang e nne le tshimologo, bogare le bokhutlo Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng sentle o dirisa thanodi ya gago - Dirisa mafoko a a simololang ka ditlhaka tse di tlhophilweng Dira ka dipolelo - Ranola/kgaoganya dipolelo tse di bonolo ka: sediri, lediri sedirwa - Simolola go dirisa makopanyi (fa, morago) - Godisa tiriso ya puo - Simolola go lemoga le go dirisa modirisopego Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
27-28	Tsaya karolo mo puisanong ka setlhogo se se tlwaelegileng (sekao. maemo a bosa) - Botsa le go araba dipotso - Tlotla barutwana ba bangwe ka go ba reetsa - Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokagala Ikatise go reetsa le go bua (Tlhophisa e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko le le khutshwane kgotsa raeme kgotsa pina/ karolo ya kang - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaelo / dikaelo - Tlotla dikgang tsa gago	Buisa setlhangwa sa tsamaiso sekao. ditaelo Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Bona dintlha tse di kgethegileng/ totobetseng - Ranola ditlhangwapono - Buisanang ka thulagano/tatelano Ikatise go buisa - Buisetsa kwa godimo o dirisa kapodiso ya mafoko, morumo le tlhagiso ya maikutlo e e maleba Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang)	Kwala setlhangwa sa tshedimosetso se se dirisitsweng mo nakong e e fetileng - Kwala temana kgotsa ditemana di le pedi - Rulaganya tshedimosetso ka tatelano - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Dirisa dikgato tsa go kwala ka tshetso/ka thuso Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng sentle o dirisa thanodi ya gago - Dirisa mafoko a a simololang ka ditlhaka tse di tlhophilweng Dira ka dipolelo - Tlhaloganya le go dirisa makopanyi - Tlhaloganya le go dirisa modirisopego - Tlhaloganya le go dirisa kganetso Tlotlofoko mo tirisong - Tlhophisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puo ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
29-30	Tsaya karolo mo puisanong ka setlhogo se se tlwaelegile - Botsa le go araba dipotso - Tlotla barutwana ba bangwe ka go ba reetsa - Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokagala - Botsa le go araba dipotso tse di thata sekao. Ke eng se o ka se dirang? Diragatsa metshameko e e bonolo ya go etsisa Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - tlhama poloto/ tatelano ya ditiragalo e e nang le tlhaloganyo - Kapodiso ya mafoko e e utlwalang e bile e e nepagetseng Ikatise go reetsa le go bua go ikhumisa (Tlhophisa e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko le le khutshwane kgotsa raeme kgotsa pina kgotsa karolo ya kgang - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaello / dikaelo - Tlotla dikgang tsa gago	Buisa setlhangwa Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho - Dirisa ditogamaano tsa go buisa ka tshegetso/ ka thuso - Lemoga tatelano ya ditiragalo - Buisanang ka baanelwa, maitshetlego Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa tiro e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o bontsha maikutlo le go tlhaloganya setlhangwa - Buisetsa kwa godimo o dirisa kapodiso e e nepagetseng, lebelo le modumo Akanya ka setlhangwa se se buisitsweng ke mong - Bapisa ditlhangwa tse di buisitsweng	Kwala mmuisano o mokhutshwane o dirisa letlhomiso - Tlhophisa baanelwa ba ba maleba - Rulaganya mmuisano ka tolamo - Dirisa puosebui - Dirisa mokgwa o o sa tlhomamang wa go kwala - Dirisa matshwao a puiso a a maleba sekao. khutlwana, letshwao la tsiboso/ letshwao la potso - Dirisa dikgato tsa go kwala Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Gatelela bontsi Dira ka dipolelo - Dirisa bong sekao. kgomo/pholo - Agelela mo tirisong ya madiritota - Godisa go tlhaloganya tiriso ya dipaka - Boeletsisa tiriso ya makopanyi go bontsha tlhopho sekao. kgotsa Tlotlofoko mo tirisong - Mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
31-32	Reetsa kgang Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakolong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Tlhaloganya dikgang - Araba dipotso - Botsa dipotso tse di maleba le go araba dipotso - Araba le go simolola go botsa dipotso tse di thata sekao. goreng ke sa...? Ke eng...? O nagana jang...?	Buisa kgang kgotsa leboko kgotsa pina Setlhangwa go tswa mo bukakgakolong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. go dirisa metlhala ya tiriso go bona bokao jwa mafoko a mašwa - Buisanang ka dikakanyo tse di bothokwa le dintlha tse dingwe - Lemoga tatelano ya dintlha - Tlhaola maitshetlego le baanelwa - Araba dipotso tse di bonolo le go simolola go botsa dipotso tse di thata sekao. goreng ke sa...? Ke eng...? O nagana jang...? Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o dirisa kapodiso ya mafoko, morumo le tlhagiso ya maikutlo e e maleba Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puisokopanelo - Buisanang ka setlhangwa se se ithutilweng	Kwala tlhaloso ya ditiragalo tse di diragetseng Tlotla ditiragalo Kwala kgang e e bonolo/temana mo letlhomesong - Dirisa kagego ya kgang - Kopanya dipolelo mo temaneng e e agegileng, e tlhaloganyega sentle, o dirisa maemedi, makopanyi le matshwao a puo a a siameng. - Dirisa paka e e maleba o dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Dirisa dikgato tse di latelang tsa go kwala ka tshegetso: - Pele ga go kwala/go dira paakanyetsotiro - Go kwala ditlhangwa tsa ntlha - Go boeletsa - Go tseleganya - Go tlhotlha diphoso - Go tlhagisa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago - Dirisa mafoko a a felelang ka ditlhaka tse di tlhophilweng Dira ka dipolelo - Tlhaloganya le go dirisa maina (sekao. tšhoko) - Agelela mo tirisong ya maemeditho (sekao. wena, lona, bona, rona) - Dirisa matlhaodi a a farologaneng - Agelela mo tirisong ya thuanyi sediri le thuanyi sedirwa (sekao o a <u>mo</u> rata) Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
33-34	Tsaya karolo mo dipuisanong - Buisanang ka ditlhogo tse di tlwaelegileng- - Refosana le go bontsha go tlotla ba bangwe le dikakanyo tsa bona Ikatise go reetsa le go bua Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko le le khutshwane kgotsa raeme kgotsa pina - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaello /dikaelo - Tlotla dikgang tsa gago	Buisa setlhangwa Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: go dira diponelopele ka se setlhangwa se ka tswang se bua ka ga sona - Araba dipotso - Buisanang ka dikakanyo le dintlha tse di kgethegileng/ totobetseng tsa botlhokwa Dira tirwana ya tekatlhologanyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o dirisa kapodiso ya mafoko ka nepagalo, o buisa ka thelelo le tlhagiso ya maikutlo e e maleba Buisa le go tlhaloganya phousetara - Pele ga puiso: go buisana ka ditshwantsho - Ranola kitso - Buisanang ka setlhangwa	Kwala setlhangwa sa tshedimosetso o dirisa letlhomoso - Tlhopha setlhogo se se maleba - Akaretsa kitso e e maleba - Dirisa dikgato tse di latelang tsa go kwala ka tshegetso: - Pele ga go kwala/go dira paakanyetsotiro - Go kwala ditlhangwa tsa ntlha - Go boeletsa - Go tseleganya - Go tlhotlha diphoso - Go tlhagisa Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Tlhama phousetara - Akaretsa tshedimosetso e e maleba - Akaretsa setshwantsho - Dirisa mekwatlanyo/ difonto tsa bogolo jo bo farologaneng ka nonofo - Tlhagisa setlhangwa sa bofelo se se phepa e bile se buisega Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Dira ka mafoko a a nang le modumo wa ditumanosi tse di khutshwane le tse di leelele Dira ka dipolelo - Dirisa maina - Agelela mo tirisong ya maemedi - Agelela mo tirisong ya matlhaodi Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 5				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
35-36	Reetsa kgang (Tlhopha go tswa mo ditlhangweng tse e leng dikgang tsa setso/tatelano ya ditiragalo tsa gago/ dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Lemoga poloto, baanelwa le ditiragalo - Araba dipotso Tlotla kgang ka mafoko a gago go na le tshegetso - Tatelano ya ditiragalo e e tlhologanyegang Ikatise go reetsa le go bua (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko le le khutshwane kgotsa raeme kgotsa pina - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaelo / dikaelo - Bua dikgang tsa gago - Gopola ditiragalo kgotsa maitemogelo ka tatelano e e siameng	Buisa kgang Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. go dirisa metlhala ya tiriso go bona bokao jwa mafoko a mašwa - Buisanang ka dikakanyo tsa bothokwa le dintlha tse dingwe - Lemoga tatelano ya ditiragalo - Tlhaola maitshetlego le baanelwa - Araba le go simolola go botsa dipotso tse di thata sekao. goreng? Le gore o akanya jang? Buisa leboko/maboko - Pele ga puiso: bonelapele go tswa mo setlhogong le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. metlhala ya tiriso - Araba dipotso ka ga leboko - Tlhagisa maikutlo a a tlhotlheletswang ke leboko - Buisanang ka morumo, go bapisa mafoko a a simololang ka medumo e e tshwanang Ikatise go reetsa le go bua - Buisetsa kwa godimo o dirisa kapodiso ya mafoko e e nepagetseng, o buisa ka thelelo le tlhagiso ya maikutlo e e maleba	Kwala tlhaloso ya ditiragalo tse di diragetseng mo letlhomiesong - Tlotla ditiragalo ka tatelano - Dirisa thutapuo, tlotlofoko, mopeleto le tshedimosetso tse di maleba - Dirisa dikgato tse di latelang tsa go kwala ka tshegetso: - Pele ga go kwala/go dira paakanyetsotiro - Go kwala ditlhangwa tsa ntsha - Go boeletsa - Go tseleganya - Go tlhotlha diphoso - Go tlhagisa Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago - Dira ka bongwe le bontsi jwa maina Dira ka dipolelo - Agelela mo go tlhologanyeng dipaka - Agelela mo tirisong ya mediriso sekao. modirisokgonogo (sekao. basetsana ba ka otla basimane) - Dirisa matlhalosi a nako (sekao. ka moso le maabane) - Simolola go dirisa matlhalosi a felo (sekao. go ya kwa) matlhalosi a nako (ka nako ya) tlhalosi ya kopanelo (le) Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi

MOPHATO WA 5				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
37-38	Tsaya karolo mo puisanong - Botsa le go araba dipotso - Tlotla barutwana ba bangwe - Reetsa barutwana ba bangwe le go ba rotloetsa go bua - Dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokagala Ikatise go reetsa le go bua (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko le le khutshwane kgotsa raeme kgotsa pina - Tshameka motshameko o o bonolo wa puo - Neela le go diragatsa ditaello / dikaelo - Tlotla dikgang tsa gago		Tlhama phousetara - Akaretsa tshedimosetso e e maleba - Akaretsa setshwantsho - Dirisa bogolo jwa mekwatlanyo/difonto ka nonofo - Tlhagisa setlhangwa sa bofelo, se se buisegang e bile se le phepa Kwala setlhangwa sa tshedimosetso o dirisa letlhomeso - Tlhopha tshedimosetso e e maleba - Kwala temana e le nngwe go ya go di le pedi ka setlhangwa - Dirisa mopeleto le matshwao a puiso tse di nepagetseng le - Dirisa makopanyi - Kwala dikgato tsa go kwala ka tshegetso	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Bongwe le bontsi jwa maina Dira ka dipolelo - Godisa tiriso ya makopanyi - Dirisa matlhalosi a mokgwa (sekao. ka bonako, bonya) Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong
39-40	TLHATLHOBO E E TLHOMAMENG			

MOPHATO WA 6

MOPHATO 6				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (TIRO YA MOLOMO)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
1-2	Reetsa kgangkhuswe Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Araba dipotso go bontsha go tlhologanya - Tlhagisa maikutlo a gago ka ga kang Ikatise go reetsa le go bua go ikhumisa (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Neela le go sala ditaelo/ dikaelo morago - Buisanang ka setlhogo	Buisa kgangkhuswe Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso ka tshegetso/ka thuso: go dira diponelopele pele ka setlhogo le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. go dira diponelopele, go dirisa medumo, ditshwantsho le metlhala ya tiriso - Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhangweng se se buisitsweng - Buisa ka setlhogo le maitshetlego - Araba dipotso tse di bonolo ka kang Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko ka nepagalo, go buisa ka thelelo, le go tlhagisa maikutlo	Kwala temana ka tshegetso/ka thuso - Dirisa kagego - Kwala polelo ya matseno e e maleba ka tshegetso - Dirisa makopanyi - Kwala bokhutlo jo bo maleba ka tshegetso - Dirisa thutapuo e e maleba, tlotlofoko, mopeleto le matshwao a puiso a a nepagetseng Kwala dikgato tsa go kwala ka tshegetso Tlhagisa - Sekaseka dikakanyo - Kwala ditlhangwa tsa ntlha - Boeletsa - Tseleganya - Kwala setlhangwa sa bofelo - Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegile ka nepagalo o dirisa thanodi ya gago - Agelela mo kitsong ya medumo go peleta mafoko sekao. go aga mafoko a a welang mo lesikeng le le lengwe go ya ka modumo kgotsa mokgwa wa tebeggo - Agelela mo kitsong le tiriso ya mafoko a a bonwang kgapetsakgapetsa mo tikologong le a a dirisiwang thata. Dira ka dipolelo - Tlhaloganya le go dirisa bontsi jwa maina (sekao. buka, dibuka) - Agelela mo tirisong ya maemeditho (sekao Nna, wena, rona, bona) - Agelela mo tirisong ya thuanysediri le thuanysediri - Godisa go tlhaloganya tiriso ya dipaka Tlotlofoko mo tirisong - Tlhopha mafoko a a tserweng go tswa mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO 6				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (TIRO YA MOLOMO)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
3-4	Tsweletsa puisano ka setlhangwa se se tlwaelegile (sekao mmele le boitekanelo) - Botsa le go araba dipotso - Tlotla barutwana ba bangwe ka go ba reetsa Ikatise go reetsa le go bua go ikhumisa (Tlhophisa e le nngwe go ikatise ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Buisanang ka setlhogo se se tlwaelegile	Buisa tatelano ya ditiragalo tsa kanelo kgotsa tlhaloso tse di bonolo Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso ka tshegetso/ka thuso: go dira diponelopele pele ka setlhogo le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. go dira diponelopele, go dirisa ditshwantsho ka kelotlhoko le go dirisa metlhala ya tiriso - Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhangweng se se buisitsweng - Araba dipotso tse di bonolo ka etlhangwa Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi - Abelana ka dikakanyo ka setlhangwa	Kwala kitsiso kgotsa molaetsa o o bonolo wa morutwana ka nosi Gatelela diponagalo tsa kitsiso kgotsa molaetsa wa morutwana ka nosi - Dirisa letlhomiso - Fithisa molaetsa mo mothong yo o maleba - Tseleganya setlhangwa sa gago ka tshegetso/ ka thuso ka go siamisa thutapuo, matshwao a puiso le diphoso tsa mopeleto Kwala dikgato tsa go kwala ka tshegetso - Sekaseka dikakanyo - Kwala ditlhangwa tsa ntlha - Boeletsa - Tseleganya - Kwala setlhangwa sa bofelo - Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Dirisa kitso ya tatelano ya dialefabeto le ditlhaka tsa ntlha tsa mafoko go bona mafoko mo thanoding - Kgaoganya mafoko a maleele ka dinoko sekao. pho-lo-go-lo Dira ka dipolelo - Agelela mo go tlhaloganyeng tiriso ya dipaka - Agelela mo go tlhaloganyeng tiriso ya dipaka - Agelela mo tirisong ya matlhalosi le matlhaodi Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO 6				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (TIRO YA MOLOMO)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
5-6	Reetsa kgang Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Sobokanya kgang ka tshegetso - Tlhaloganya dipotso tse di bonolo Ikatise go reetsa le go bua go ikhumisa (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko kgotsa karolo ya leboko - Tshameka motshameko wa puo - Buisanang ka setlhogo se se tlwaelegileng - Buisang ka setlhogo se se tlwaelegileng	Buisa setlhangwa Tlhopha go tswa mo ditlhangweng tsa sešwa/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso ka tshegetso/ka thuso: go dira diponelopele pele ka setlhogo le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. go dira diponelopele, go dirisa medumo le metlhala ya tiriso - Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhangweng se se buisitsweng - Araba dipotso ka setlhangwa Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko sentle, go buisa ka thelelo, bonako le go tlhagisa maikutlo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi - Buisanang ka maikutlo a lona	Kwala ka go itshekatsheka sekao. kwala bukatsatsi o dirisa letlhomeso - Itsise le go buisana ka diponagalo tsa bukatsatsi - Dirisa letlhomeso - Dirisa mokgwa o o sa tlhomamang - Tlotla ditiragalo ka tatelano - Dirisa makopanyi - Dirisa thutapuo, tlotlofoko, mopeleto le matshwao a puiso tse di maleba Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago - Dirisa kitso ya tatelano ya dialefabeto le ditlhaka tsa ntlha tsa mafoko go bona mafoko mo thanoding Dira ka dipolelo - Agelela mo tirisong ya maemeditho (sekao. Nna, wena, rona, bona) - Tlhaloganya le go dirisa madiri go tlhalosa tiro - Agelela mo tirisong ya matlhalosi a felo (mo, kwa, mo godimo) - Dirisa makopanyi go bontsha go oketsa, sekao. (le) go bontsha tatelano sekao. morago, pele) - Dirisa dipotso sekao. mang?, eng?, le-ng? sefe? gore eng?, jang? - Dirisa ditlhakakgolo fa o dirisa mainatota, maina go ya ka maemo a batho, ditlhakaina tsa batho Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa di puiso ka nosi/mong

MOPHATO 6				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (TIRO YA MOLOMO)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
7-8	Reetsa le go buisana ka ditaelo tse di bonolo - Araba ditaelo tse di bonolo ka go dirisa ditaelo tse di bonolo - Dirisa makopanyi - Dirisa thulagano e e nepagetseng Ikatise go reetsa le go bua go ikhumisa (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko kgotsa pina/ karolo ya kang - Tshameka motshameko wa puo - Neela le go sala ditaelo/ dikaelo morago - Buisanang ka setlhogo	Buisa setlhangwa sa tsamaiso sekao. ditaelo, Setlhangwapono sekao. dithalo/ditshwantsho/ dikafo/dinepe Setlhangwa go tswa mo bukagakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso ka tshetsetso/ka thuso: go dira diponelopele pele ka setlhogo le ditshwantsho - Dirisa ditogamaano tsa go buisa ka tshetsetso - Buisanang ka diponagalo dingwe tsa ditlhangwapono - Ranola tshedimosetso mo setlhangweng sa pono - Sala ditaelo morago Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko sentle, go buisa ka thelelo, ka lebele le le siameng le go tlhagisa maikutlo ka nepagalo Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Dira malepa a mafoko go ikhumisa - Dirisa tlotlofoko e e maleba - Peleta mafoko sentle - Tlhalosa bokao jwa mafoko/go a dirisa mo dipolelong	Feleletsa Setlhangwapono sekao. dithalo/ditshwantsho/ dikafo - Tlaleletsa ka maina a a maleba - Akaretsa tshedimosetso e e maleba - Dirisa mafoko a a botlhokwa/tharabololo Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Dira ka dipolelo - Dirisa modirisotaelo - Simolola go dirisa matlhaodi a palo sekao. nngwe, pedi, tharo - Dirisa modirisokganetso sekao. Ga ke na yona; Ga ba tsamaya - Dirisa 'tshwanetse' go bontsha pateletsego - Dirisa paka tsweledi - Simolola go dirisa matlhalosi go botsha lefelo (kwa go) ; nako (ka ya) ; tlhalosi ya kopanelo (le) - Tlhaloganya le go dirisa modiriso kganetso Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong - Dirisa makaelago-ngwe (mafoko a a nang le bokao jo bo tshwanang)

MOPHATO 6				
KGWEDITHARO 1				
Dibeke	Go reetsa le go bua (TIRO YA MOLOMO)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
9-10	Reetsa maboko/dipina Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Dirisa tlhaloso ya molomo go tlhaola batho le dilo Tshameka motshameko wa puo go ikhumisa • Neela le go sala ditaelo morago ka nepagalo • Refosana go tsaya karolo • Fetsa motshameko ka nako e e neetsweng	Buisa maboko Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Buisanang ka setlhogo le kgangkgolo • Tlhaloganya dingwe tsa diponagalo tsa poko sekao. morumo, poeletsomodumo • Buisanang ka tlotlofoko e ntšhwa go tswa mo setlhangweng se se buisitsweng • Dirisa thanodi Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa • Buisetsa kwa godimo o lwela go kapodisa mafoko sentle, go buisa ka thelelo, le go tlhagisa maikutlo	Kwala tlhaloso ya motho, dilo, diphologolo, dijalo, mafelo jalo le jalo • Tlhophha diteng tse di maleba • Tsepama mo tlhalosong ya popego • Kwala ka boithlamedi, o dirisa matlhaodi le matlhalosi • Tseleganya sekwalwa sa gago, o siamise diphoso tsa mopeleto Rekota mafoko le bokao jwa ona mo thanoding ya gago • Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo Kwala dikgato tsa go kwala ka tshegetso • Sekaseka dikakanyo • Kwala ditlhangwa tsa ntlha • Boeletsa • Tseleganya • Kwala setlhangwa sa bofelo • Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa	Dira ka mafoko • Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya Dira ka dipolelo • Tlhaloganya le go dirisa marui sekao. matlho a ga Mmalethabo • Dirisa mefuta e e farologaneng ya matlhaodi • Agelela mo tirisong ya dipaka Tlotlofoko mo tirisong • Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong • Dirisa mainatswako sekao. kgosimore

MOPHATO 6				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (TIRO YA MOLOMO)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
11-12	Reetsa kgang (Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong/ditlhangwa tsa di senang nnete tsa hisetori) Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Araba dipotso tsa bokao jo bo tlhamaletseng - Lemoga tshedimose tso e e bothokwa - Tlotla le go boeletsa dikgang Ikatise go reetsa le go bua (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Neela le go sala ditaello/ dikaello morago - Buisanang ka setlhogo	Buisa kgang Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: buisa le go buisana ka setlhogo le go lebelela ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. go dira diponelopele o dirisa metlhala ya tiriso - Buisanang ka tlotlofoko e ntšhwa - Tlhaola tatelano ya ditiragalo, maitshetle go baanelwa (sekao. go tlhalosa maikutlo a baanelwa le go bua ka mabaka a a tlholang ditiro tsa bona) - Tlhagisa lebaka le sepheto - Dirisa thanodi Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko ka nepagalo, go buisa ka thelelo, le go tlhagisa maikutlo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi - Neela dikakanyo le go amanya dibuka le botshelo jwa gago	Kwala kgang e e bonolo o dirisa letlhomeso - Dirisa kagego - Kwala polelo e e maleba ya matseno - Dirisa makopanyi - Dirisa matlhaodi - Kwala bokhutlo jo bo maleba - Tsepama mo setlhogong - Golaganya dipolelo go nna temana o dirisa maemedi, makopanyi le matshwao a a siameng - Dirisa thutapuo e e maleba, tlotlofoko, mopeleto, matshwao a puiso a a nepagetseng - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Kwala temana go tlhagisa le go tlhalosa kakanyo - Kwala dipolelo di le 2 go ya go di le 3 - Tlhopha tshedimose tso e e bothokwa - Neela dikakanyo tsa gago - Neela tlhaloso e e bontshang bothale Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo - Dirisa dikgato tsa go kwala ka tshegetso - Sekaseka dikakanyo - Kwala ditlhangwa tsa ntlha - Boeletsa - Tseleganya - Kwala setlhangwa sa bofelo - Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago Dira ka dipolelo - Simolola go tlhaloganya maina a a tlhokang bongwe sekao. mathe, metsi - Agelela mo tirisong ya masupi sekao. e, ele, tsele) - Agelela mo tirisong ya matlhaodi fa pele ga leina sekao. e nnye ntšwa - Simolola ka tiriso ya madirimatswa sekao. epa, epile - Agelela mo go tlhaloganyeng le go dirisa pakajaanong - Go simolola go dirisa modiriso kgonego "ba ka" Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO 6				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (TIRO YA MOLOMO)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
13-14	Reetsa tlhaloso ya dilo, diphologolo, dijalo, mafelo Setlhangwa go tswa mo bukagkakolong / Faele ya Metswedi ya Morutabana • Tlhaola gore ke eng • Tlhalosa gore se dirisediwa eng • Farologanya dikarolo go tswa mo potokweng • Taka le go neela setlhangwa maina • Dirisa tlotlofoko e e tsamaisanang le dirutwa tse dingwe Ikatisa go reetsa le go bua (Tlhophisa e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . • Diragatsa leboko • Tshameka motshameko wa puo • Neela le go sala ditaelo/ dikaelo morago • Buisanang ka setlhogo	Buisa Setlhangwa sa tshedimosetso sekao. go tswa mo dirutweng tse dingwe Setlhangwa go tswa mo bukagkakolong / Faele ya Metswedi ya Morutabana • Pele ga puiso: go buisana ka setlhogo ka tshetso le go boeletsa tlotlofoko e e bothokwa • Buisa temana le go tlhaola polelo ya setlhogo • Araba dipotso ka setlhangwapono sekao. kerafo, dithalo le manane Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi • Sobokanya se ba se buisitseng ka dipolelo di le mmalwa	Kwala tlhaloso/ temana/ dipolelo ka dilo, diphologolo, dijalo, mafelo • Akaretsa dintlha tse di maleba tse di totobetseng • Tlhalosa setlhangwa ka mokgwa o se tlhagelelang ka ona • Dirisa masupi a a maleba • Dirisa tlotlofoko e e maleba • Matshwao a puiso a a maleba • Kwala ditlhangwa tsa ntlha, go amogela pegelo, tseleganya le go kwala gape Tlhama, taka le go neela ditlhangwapono maina sekao. ditshate/manane/ dithalo, dimmepe tsa tlhaloganyo/ dimmepe/ dikerafo ditshwantsho / dithulagano • Dirisa tshedimosetso go tswa mo setlhangweng se se kwadilweng kgotsa setlhangwapono • Akaretsa dintlha tse di totobetseng • Dirisa mafoko a a bothokwa • Dirisa ditaelo tse di maleba Rekota mafoko le bokao jwa ona mo thanoding ya gago • Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo Dirisa dikgato tsa go kwala ka tshetso • Sekaseka dikakanyo • Kwala ditlhangwa tsa ntlha • Boeletsa • Tseleganya • Kwala setlhangwa sa bofelo • Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa	Dira ka mafoko • Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko • Gatelela bongwe le bontsi jwa maina Dira ka dipolelo • Dirisa maina a a nang le bontsi (sekao. marukgwe, dikgomo) • Simolola go dirisa thuanirui (sekao. wa me, sa gago, ya rona) • Dirisa mefuta e e farologaneng ya matlhaodi • Dirisa matlhalosi a mokgwa (sekao. ka bonako, ka bonya) • Godisa go tlhaloganya le tiriso ya makopanyi a a bontshang go koketsego, tatelano le go se tshwane Tlotlofoko mo tirisong • Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO 6				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (TIRO YA MOLOMO)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
15-16	Reetsa tatelano ya ditiragalo tsa mong ka - Tlhaola dikakanyo tse di botlhokwa le batho - Araba dipotso ka se se diragetseng la ntlha, la bobedi jalo le jalo o gakologelwa ditiragalo tse di tshwanang Etsisa maemo a a tlwaelegile - Dirisa puo le ditiro tse di maleba - Rulaganya diteng ka tolamo Ikatise go reetsa le go bua go ikhumisa (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Tlotla kgotsa boeletsa dikgang	Buisa dikgang Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong/ tsa hisetori tse di se nang nnete) Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: go dira ponelopele go tswa mo setlhogong le ditshwantsho ka tshegetso - Buisa go bona dintlha le go dirisa metlhala ya tiriso go bona bokao - Tlhaloganya tlotlofoko - Araba dipotso tse di bonolo ka kgang (sekao. molaetsa le maitshetlego) Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko sentle, go buisa ka thelelo, le go tlhagisa maikutlo Buisa ditlhangwa tsa gago le tsa tirisano sekao. bukatsatsi ya gago kgotsa lekwalo - Tshwaela ka dikakanyokgolo - Buisetsa go bona dintlha le go lemoga mokgwa o o sa tlhomamang - Tshwaela ka kagego le matseno Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi - Amanya se o se buisitseng le botshelo jwa gago	Kwala lekwalo la gago le le bonolo - Itsise diponagalo tsa lekwalo la botsalano - Dirisa kagego - Dirisa mokgwa o o sa tlhomamang - Kwala bonnye ditemana di le pedi tse di khutshwane - Dirisa tlotlofoko e ntšhwa le matshwao a puiso a a ithutilweng - Dirisa thutapuo e e maleba, tlotlofoko, mopeleto le matshwao a puiso a a nepagetseng le kgaoganyo ya ditemana Dirisa dikgato tsa go kwala ka tshegetso - Sekaseka dikakanyo - Kwala ditlhangwa tsa ntlha - Boeletsa - Tseleganya - Kwala setlhangwa sa bofelo - Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegile sentle, o dirisa thanodi ya gago Dira ka dipolelo - Dirisa kagego e e tlwaelegile ya madiri sekao. rema, remile - Dirisa dipopi tsa madiri sekao. go, a , tla, ba ne) - Simolola go dirisa makopanyi go bontsha pharologano mo tirisong (mme) lebaka (gonne) lebaka (gore) Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong - Dirisa malatodi (mafoko a a nang le bokao jo bo farologaneng sekao. godimo/tlase)

MOPHATO 6				
KGWEDITHARO 2				
Dibeke	Go reetsa le go bua (TIRO YA MOLOMO)	Go buisa le go lebelela	Go kwala le go tthagisa	Dipopego tsa puo le melawana
17-18	Dira dipatlisiso tsa phaposiborutelo sekao. go dira dipotsotherisano ka barutwana ka ena) go rekota dikarabo tsa bona mo tšhateng kgotsa mo kerafong - Botsa le go araba dipotso - Tshwara ditherisano ka boikobo - Rekota tshedimose tso ka nepagalo - Dirisa kagego sentle - Dirisa mafoko a a botlhokwa Tsweletsa puisano ka setlhogo se se tlwaelegile go ikhumisa ka puo - Reetsa le go neela barutwana ba bangwe tšhono ya go bua - Botsa le go araba dipotso - Neela kakanyo sekao. goreng o nagana gore...?	Buisa ditlhangwapono tsa tshedimose tso sekao. mananeo a go ithuta le a thelebišene le ditšhate/manaane/dithalo/ dimmepe tsa tlhologanyo/ dimmepe/ditshwantsho/ dikerafo Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: go buisana ka setlhogo le go boeletsa tlotlofoko e e botlhokwa - Buisa temana le go tlhaola kakanyokgolo le polelo ya setlhogo - Araba dipotso ka setlhangwapono - Tlodisa matlho mo setlhangweng go bona tshedimose tso e e kgethegileng Dira tirwana ya tekatlhologanyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko ka nepagalo, go buisa ka thelelo, le go tthagisa maikutlo Rarabolola malepa a mafoko go ikhumisa ka puo - Dirisa tlotlofoko e e maleba - Peleta mafoko ka nepagalo - Tlhalosa bokao jwa mafoko/go a dirisa mo dipolelong - Dirisa thanodi Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi - Bapisa dibuka le ditlhangwa tse di buisitsweng	Tlhama lenaane la dipotso (dipotsoletso) le le bonolo - Kwala dipotso tse di tlhologanyegang - Tlogela diphatlha tsa dikarabo - Dirisa kagego ya dipotso ka nepagalo Kwala temana go tthagisa le go tlhalosa kakanyo - Kwala dipolelo di le 3 go ya go di le 4 ka tshegetso - Tlhophisa tshedimose tso e e botlhokwa - Neela dikakanyo tsa gago - Neela tlhaloso e e tlhologanyegang ka botlhale Dirisa dikgato tsa go kwala ka tshegetso - Sekaseka dikakanyo - Kwala ditlhangwa tsa ntlha - Boeletsa - Tseleganya - Kwala setlhangwa sa bofelo - Tthagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Mafoko a a nang le modumo wa tumanosi e telele (sekao bona, loma) Dira ka dipolelo - Dirisa dipopi tsa madiri sekao. go, a , tla, ba ne - Agelela mo go tlhologanyeng le go dirisa pakatlant - Simolola go dirisa dipopi tsa go bontsha kgonego "tla" "tshwanetse" go bontsha pateletsego - Simolola go dirisa mathalosi Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong - Malatodi (mafoko a a nang le bokao jo bo farologanang sekao. robala/tsoga)
19-20	TLHATLHOBO E E TLHOMAMENG			

MOPHATO WA 6				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
21-22	Reetsa tlhaloso ya mafelo, diphologolo, dijalo, dilo jalo le jalo Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Supa mafelo • Lemoga tshedimose tso e e bothokwa mo tshateng/lenaneng • Tlhaola tshwano le pharologano Ikatise go reetsa le go bua go ikhumisa (Tlhopho e le nngwe go ikatise ka yona letsatsi lengwe le lengwe) . • Diragatsa le boko • Tshameka motshameko wa puo • Neela le go sala ditaelo/ dikaelo morago • Akanya maitemogelo kgotsa ditiragalo ka tatelano e e siameng, o dirisa makopanyi	Buisa kang Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Pele ga puiso: go dira diponelopele ka setlhogo le ditshwantsho • Tlhalosa diponagalo tsa setlhangwa • Dirisa ditogamaano tsa go buisa sekao. go dirisa metlhala ya tiriso go bona bokao le go itseela tshwetso • Araba dipotso ka kang • Tlhaola le go buisana ka maitshetlego le baanelwa • Tlhalosa lebaka le sepheto mo kgannye, sekao. go diragetse eng? Leng? Goreng o nagana jalo kgotsa ke eng se o naganang gore se diragetse....? Buisa makwalo a a bonolo a gago go ikhumisa ka puo • Tlhaola dikakanyokgolo • Araba dipotso tsa tshedimose tso ka tlhamalalo • Tlhaola diponagalo tsa setlhangwa sekao. letlha, ditumediso tsa lekwalo	Kwala bukatsatsi • Tlhopho diteng tse di maleba tsa setlhogo • Dirisa popego e e maleba jaaka letlhomese • Kwala ditiragalo go ya ka thulagano e e nepagetseng • Dirisa makopanyi • Dirisa thutapuo e e e maleba, lotlofoko, mopele-to le matshwao a puiso a a nepagetseng le kgaoganyo ya ditemana Dirisa dikgato tsa go kwala ka tshegetso • Sekaseka dikakanyo • Kwala ditlhangwa tsa ntlha • Boeletsa • Tseleganya • Kwala setlhangwa sa bofelo • Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa Rekota mafoko le bokao jwa ona mo thanoding ya gago • Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko • Peleta mafoko a a tlwaelegileng nepagalo o dirisa thanodi ya gago • Tlaleletsa go dirisa bontsi Dira ka dipolelo • Agelela mo tirisong ya mainatota sekao. ka go dirisa ditlhakakgolo • Agelela mo tirisong ya dipaka • Dirisa "tla " go bontsha selo se se tla diragalang sekao. Go tla nna le diphefo tse di maatla gompiono • Simolola go dirisa makopanyi go bontsha lebaka le sepheto (gore go) Tlotlofoko mo tirisong • Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong • Makaelagongwe (mafoko a a nang le bokao jo bo tshwanang sekao. tsididi/maruru)

MOPHATO WA 6				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
23-24	Reetsa puo e e bonolo ka ntlha nngwe - Botsa le go araba dipotso tse di bonolo - Buisana ka kakanyokgolo - Neela dikgopolo - Tlotla barutwana ba bangwe ka go ba reetsa Bua ka ntlha nngwe morago ga go ipaakanya - Tlhopho setlhogo le diteng tse di maleba - Tsepama mo setlhogong - Rulaganya diteng ka tatelano	Buisa setlhangwaponi sa tshedimosetso sekao. ditšhate/manane/ dithalo , dimmepe tsa tlhaloganyo/ dimmepe/dikerafo ditshwantsho Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: tlodisa matlho go bona dithla tse di botlhokwa - Botsa dipotso - Tlhopho dintlha tse di maleba tse di totobetseng go araba dipotso - Dira tshobokanyo ya setlhangwa ka mmepe wa tlhaloganyo/ tlhopho ya setlhangwa Dira tirwana ya tekatlhologanyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko sentle, go buisa ka thelelo, le go tlhagisa maikutlo	Kwala Setlhangwaponi sa tshedimosetso sekao. ditšhate/manane/ dithalo, dimmepe tsa tlhaloganyo/ dimmepe/dikerafo ditshwantsho Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Buisa setlhangwa se se tlhophilweng - Dirisa tshedimosetso go tswa mo setlhangweng go taka le neela setlhangwaponi matshwao/maina sekao. ditšhate/manane/ dikerafo Fetolela setlhangwa go nna kerafo sekao. o dirisa dintlha tsa tshedimosetso tse o di kgobokantsweng - Fetolela tshedimosetso go nna mo kagegong ya kerafo kgotsa manane - Ranola tshedimosetso Kwala pegelo e khutshwane mo letlhomong ka tshedimosetso e e kgobokantsweng - Tlhatlhoba tshedimosetso ka tshegetso - Dirisa kagego pegelo ya pegelo e e maleba	Dira ka mafoko - Go dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Go dira ka dipolelo - Go dirisa kagego ya bong sekao kgomo/ pholo - Go aga tiriso ya matlhaodi pele ga leina sekao e nnye ntšwa - Go aga tiriso ya thuanyisedirwa sekao Mosimane o a <u>mo</u> rata - Go aga tiriso ya dipaka Tlotlofoko mo tirisong - Go dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka kopanelo kgotsa di buisitswe ke mong - Go aga mafoko a a welang mo lesikeng le le lengwe sekao buka le tsebe kgotsa pene le pampiri kgotsa komiki lepirinki

MOPHATO WA 6				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
25-26	Reetsa pina/leboko le le bonolo Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Gakologelwa dikakanyokgolo - Buisanang ka kakanyo e e leng ntlhakgolo - Amanya le maitemogelo a gago - Supa morumo - Tlhagisa maikutlo a a tlhotlheletswang ke leboko - Diragatsa pina/mela e e tlhophilweng Ikatise go reetsa le go bua (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Neela le go sala ditaello/ dikaelo morago - Buisanang ka setlhogo	Buisa maboko kgotsa dipina - Pele ga puiso: go dira diponelopele pele ka setlhogo le ditshwantsho - Dirisa ditogamaano tsa go buisa sekao. go dirisa metlhala ya tiriso - Araba dipotso ka leboko - Tlhagisa maikutlo a a tlhotlheletswang ke leboko - Buisanang ka morumo - Buisanang ka papiso e e dirilweng mo pokong Ikatise go buisa - Buisetsa kwa godimo ka go tlhagisa maikutlo le go bontsha go tlhaloganya - Buisetsa kwa godimo o dirisa kapodiso ya mafoko ka nepagalo, go buisa ka lebelo le modumo o o maleba Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi - Amanya ditlhangwa le botshelo jwa gago	Kwala temana e e bonolo o dirisa dikgato tsa go kwala ka tshegetso - Tlhopha diteng tse di ngokang - Dirisa popego ya kgang jaaka letlhomeso - Dirisa tshimologo, bogare le bokhutlo - Tlotla ditiragalo ka tatelano e e maleba - Dirisa paka e e maleba le go kopanya dipolelo ka "le" le "mme" - Dirisa matshwao a puiso - Dirisa kgaoganyo e e maleba ya ditemana Dirisa dikgato tsa go kwala ka tshegetso - Sekaseka dikakanyo - Kwala ditlhangwa tsa ntlha - Boeletsa - Tseleganya - Kwala setlhangwa sa bofelo - Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa Ikhumise ka puo: Kwalela monate sekao. leboko le le bonolo la mela e le mene kgotsa dipolelo tse di rumisanang - Tlhopha setlhogo - Kwala mela e e rumisanang ka setlhogo - Dirisa papiso e le nngwe Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago - Khutshwafatsa mafoko sekao. /mosimane/ simane Dira ka dipolelo - Simolola go dirisa maemeditho (sekao. Nna, wena, rona, bona) - Dirisa matlhalosi - Simolola go dirisa maemedi Tlotlofoko mo tirisong - Tlhopha mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong - Kopanya tlhogo le mogatlana fa o thaya lefoko

MOPHATO WA 6				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
27-28	Reetsa le go diragatsa ditaello sekao. tsamaiso - Bonela pele se se ka diragalang - Buisanang ka dintlha tse di totobetseng tsa setlhangwa - Buisanang ka tatelano ya ditaello - Buisana ka popo/ kagego ya lediri Ikatisa go reetsa le go bua go ikhumisa (Tlhophi e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Neela le go sala ditaello/ dikaelo morago - Buisanang ka setlhogo	Buisa setlhangwa sa tsamaiso sekao. resipe / ditaello (sekao. go mena le go dira lebokoso la pampiri) Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso ka tshegetso/ka thuso: go dira diponelopele pele ka setlhogo le ditshwantsho - Ranola setlhangwa sa pono - Araba dipotso ka setlhangwa - Buisanang ka se se tshwanetseng go dirwa - Buisanang ka tatelano ya ditaello - Sala ditaello morago Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi - Tlhalosa diponagalo tsa dingwe tsa ditlhangwa tse di buisitsweng	Dira mmepe wa tlhaloganyo/ tshobokanyo ya setlhangwa se se khutshwane ka letlhomeso - Tlhaola bonnye dintlha di le tharo tsa botlhokwa - Rulaganya tshedimosetso ka botswerere - Dirisa matshwao/ dithalo le ditlhangwa tse dingwe tse di maleba tsa dikerafo - Dirisa ditaello tse di maleba - Netefatsa mopeleto Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Dirisa dikgato tsa go kwala ka tshegetso - Sekaseka dikakanyo - Kwala ditlhangwa tsa ntlha - Boeletsa - Tseleganya - Kwala setlhangwa sa bofelo - Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Kwala mafoko a gantsi a tlhakanyang tlhogo - Bukatsatsi Dira ka dipolelo - Tlhaloganya le go dirisa marui sekao. dibuka tsa ga Segakweng - Dirisa mefuta e e farologaneng ya matlhaodi - Tlhaloganya le go dirisa madiri go tlhalosa ditiro - Agelela mo tirisong ya dipaka Tlotlofoko mo tirisong - Tlhophi mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 6				
KGWEDITHARO 3				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
29-30	Tsaya karolo mo puisanong ka setlhogo se se tlwaelegileng sekao. Maemo a bosa Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Botsa dipotso tse di maleba le go araba dipotso - Tsweletsa puisano - Tlhagisa dikakanyo - Tlotla dikakanyo tsa barutwana ba bangwe - Rotloetsa barutwana ba bangwe go bua puotlaleletso Diragatsa metshameko e e bonolo ya go etsisa - Dirisa diteng le puo tse di maleba - Dirisa puosebui - Tlhama tatelano ya ditiragalo/poloto e e utlwalang - Dirisa mantswe, maikutlo le puo ya dikarolo tsa mmele go tlhagisa bokao - Kapodisa mafoko ka nepagalo e bile a utlwale sentle	Buisa motshameko wa go etsisa Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: dira diponelopele go tswa mo setlhogong - Dirisa ditogamaano tsa go buisa - Supa tatelano ya ditiragalo - Buisanang ka baanelwa, maitshetlego le ditiro tsa bona - Tlhagisa maikutlo a a tlhotlhelediwang ke setlhangwa - Buisanang ka diponagalo tsa setlhangwa bogolo jang matshwao a puiso le kagego Dira tirwana ya tekathaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo ka maikutlo, le go bontsha go tlhaloganya ga setlhangwa - Buisetsa kwa godimo o dirisa matshwao a puiso a a maleba, lebelo le modumo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi - Tlhagisa buka ya tiro ya molomo e khutshwane ka diteng tse di maleba le popego - Neela kakanyo ya gago	Kwala mmuisano o mokhutshwane, o dirisa mokgwa o o sa tlhomamang wa go kwala (mo lethomesong) - Tlhopha baanelwa ba ba maleba - Godisa puisano le ditiro ka tatelano - Dirisa puosebui - Dirisa matshwao a puiso sekao. khutlwana, letshwao la tsiboso le la potso Dirisa dikgato tsa go kwala ka tshegetso - Sekaseka dikakanyo - Kwala ditlhangwa tsa ntsha - Boeletsa - Tseleganya - Kwala setlhangwa sa bofelo - Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Agelela mo kitsong ya medumo go peleta mafoko sekao. go aga mafoko a a welang mo lesikeng le le lengwe go ya ka modumo kgotsa mokgwa wa tebego Dira ka dipolelo - Simolola go dirisa matlhaodi a palo nngwe, pedi, tharo - Dirisa mefuta e e farologaneng ya matlhaodi - Dirisa mefuta e e farologaneng ya matlhaodi go akaretsa a a nyalanang le bogodi sekao. yo mogolo Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 6				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
31-32	Reetsa kgang Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong/ditlhangwa tsa hisetori tse di se nang nnete) Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Botsa dipotso tse di maleba le go araba dipotso - Botsa le go araba dipotso tse di bonolo le go simolola go botsa le go araba dipotso tse di thata sekao. goreng o sa kgona go....? Goreng?Le gore o akanya jang? Ikatise go reetsa le go bua go ikhumisa (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Neela le go sala ditaello/ dikaelo morago - Buisanang ka setlhogo	Buisa kgang Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso ka tshegetso: go dira diponelopele go tswa mo setlhogong, e ditshwantsho - Dirisa ditogamaano tsa go buisa: go dirisa metlhala ya tiriso go bona bokao jwa mafoko a mašwa - Buisanang ka maitshetlego le baanelwa - Buisanang ka tatelano ya ditiragalo o araba dipotso ka se se diragetseng lwa ntla, lwa bobedi, jalo le jalo - Botsa le go araba dipotso tse di thata sekao. goreng o sa kgona go....?goreng? Le gore o akanya jang? Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Go buisa makwalo a gago (go ikhumisa ka puo) - Pele ga puiso ka tshegetso: go dira diponelopele ka go tlodisa matlho mo setlhangweng - Dirisa ditogamaano tsa go buisa: go dirisa metlhala ya tiriso go bona bokao jwa mafoko a mašwa - Tlhaola kakanyokgolo le dintlha tse di totobetseng - Buisanang ka maitlho a lekwalo - Buisanang ka kagego ya lekwalo	Kwala kgang e e bonolo/ temana - Dirisa kagego - Dirisa puo ka boikakanyetsi segolo tlotlofoko e e farologaneng - Golaganya dipolelo go nna temana o dirisa maemedi, makopanyi le matshwao a puiso a a nepagetseng - Dirisa thutapuo e e maleba, tlotlofoko, mopeleto, matshwao a puiso a a nepagetseng - Dirisa paka e e siameng ka tlhomamo - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Dirisa dikgato tsa go kwala ka tshegetso - Sekaseka dikakanyo - Kwala ditlhangwa tsa ntla - Boeletsa - Tseleganya - Kwala setlhangwa sa bofelo - Tlhagisa setlhangwa sa bofelo se se buisegang sa tiro e e phepa Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Peleta mafoko a a tlwaelegileng ka nepagalo o dirisa thanodi ya gago - Agelela mo kitsong ya mafoko a a bonwang thata mo tikologong le a a dirisiwang thata Dira ka dipolelo - Tlhaloganyo le go dirisa bontsi jwa maina go ya ka palo (sekao. buka, dibuka) - Agelela mo tirisong ya masupi sekao. e, ele, tsele) - Agelela mo tirisong ya matlhaodi sekao. fa pele ga leina sekao. e nnye ntšwa - Dirisa matlhalosi a nako (sekao ka moso, maabane) - Simolola go dirisa matlhalosi go botsha lefelo (kwa go) nako (ka ya) tlhalosi ya kopanelo (le) Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong - Dirisa malatodi (mafoko a a nang le bokao jo bo farologaneng sekao. godimo/tlase)

MOPHATO WA 6				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
31-32		Ikatise go buisa - Buisetsa kwa godimo ka maikutlo, le go bontsha go tšhaloganya setlhangwa - Buisetsa kwa godimo o dirisa matshwao a puiso a a maleba, lebelo le modumo		
33-34	Reetsa le go buisana ka puo - Buisanang ka dikakanyo tsa botlhokwa le dintlha tse di totobetseng - Rekota tshedimosetso e e kgethegleng mo tšhateng/ mmepe wa tšhaloganyo Ikatise go reetsa le go bua (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Neela le go sala ditaelo/ dikaelo morago - Buisanang ka setlhogo	Buisa setlhangwa sa tshedimosetso Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso: go buisa le go buisana ka ditlhogo le ditshwantsho - Lemoga karolo e ditshwantsho di e tshamekang mo go ageng bokao - Araba dipotso ka setlhangwa - Sobokanya temana ka tshegetso/ka thuso Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko sentle, go buisa ka thelelo le go tlhagisa maikutlo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka nosi/ mong kgotsa puiso ka bobedi - Tlhagisa maikutlo a a tlhotlhelletswang ke setlhangwa - Amanya setlhangwa le botshelo jwa gago	Dirisa tshedimosetso go tswa mo setlhangweng sa pono sekao. ditšhate/ manane/ dithalo, dimmepe tsa tšhaloganyo/ dimmepe/dikerafo go kwala setlhangwa - Kwala ditemana di le pedi go ya go di le tharo - Netefatsa gore mopeleto le matshwao a puiso a nepagetse Kwala Setlhangwapono sa tshedimosetso - Dira tshobokanyo ya setlhangwa se sekhutshwane ka go dirisa mmepe wa tšhaloganyo ka tshegetso - Rulaganya dilo tse di mosola le tse di seng mosola mo lenaneng Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko Rekota mafoko le bokao jwa ona mo thanoding ya gago - Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao jalo le jalo	Dira ka mafoko - Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko - Dirisa kitso ya tatelano ya dialefabete le ditlhaka tsa ntlha tsa mafoko go bona mafoko mo thanoding Dira ka dipolelo - Simolola go dirisa thuanyirui sekao. ya me, sa gagwe, tsa bona) - Agelela mo go tšhaloganyeng le mo tirisong ya pakajaanong - Dirisa makopanyi go bontsha koketso (le) go bontsha tatelano (morago/pele) - Lokolola dipolelonolo go ya ka sediri, letiro, sedirwa tse - Tšhaloganya le go dirisa puopegelo. - Dirisa diphegelwana go kgaoganya maina mo lenaaneng - Dirisa matshwao a nopollo fa o dirisa puosebui Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng go tswa mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 6				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
35-36	Reetsa kgang Tlhopha go tswa mo ditlhangweng tsa sešwa tse e seng tsa boammaaruri fela di utlwala jaaka tsa nnete/ dikgang tsa setso/tatelano ya ditiragalo tsa gago/ ditlhangwa tsa go lekelela / dikgang tsa nnete tsa mo botshelong/kgang e e seng ya nnete ya hisetori) Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Botsa dipotso tse di maleba le go araba dipotso • Sobokanya kgang • Araba le go simolola go botsa dipotso tse di thata sekao. goreng ke sa? Ke eng? O nagana jang? • Tlhagisa kakanyo o neela lebaka go tswa mo setlhangweng ka dintlha tse di akaretsang tsa semorafe, tsa loago, tsa tirisano le dintlha tse e leng tsa botlhokwa, o dirisa dipuo tse di farologaneng mo polelong e le nngwe fa go tlhokagala • Dirisa dipaka tse di rutilweng mo mephatong e e kwa tlase sekao. pakaphethi le pakatlang	Buisa kgang Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana • Pele ga puiso ka tshegetso: go dira diponelopele go tswa mo setlhogong le ditshwantsho • Dirisa ditogamaano tsa go buisa: go dirisa metlhala ya tiriso go bona bokao jwa mafoko a mašwa • Buisanang ka poloto, maitshetlego le baanelwa • Buisana ka tatelano ya ditiragalo o araba dipotso ka se se diragetseng lwa ntla, lwa bobedi jalo le jalo • Botsa le go araba dipotso tse di thata sekao goreng o sa ...? Goreng? Le gore o akanya jang? • Tlhagisa le go tlhalosa kakanyo ya gago	Kwala thadiso ya buka • Tlhopha diteng tse di maleba le kagego • Tlhagisa le go tlhalosa kakanyo ya gago • Akaretsa setlhogo, baanelwa le tshobokanyo Kwala lekwalo la botsalano • Tlhopha diteng tse di maleba • Dirisa letlhomese fela fa go tlhokagala • Kwala molaetsa ka nepagalo • Rulaganya tshedimosetso ka tolamo • Kwala leina la gago kwa bokhutlong • Dirisa mkgwa o o sa tlhomamang wa go kwala molaetsa o o maleba Dirisa dikgato tsa go kwala • Sekaseka dikakanyo • Kwala Setlhangwa sa ntla • Boeletsa • Tseleganya • Kwala setlhangwa sa bofelo • Tlhagisa setlhangwa sa bofelo, se se buisegang e bile se le phepa Rekota mafoko le bokao jwa ona mo thanoding ya gago • Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko	Dira ka mafoko • Dira ka thanodi go netefatsa mopeleto le bokao jwa mafoko • Dira ka mafoko a a welang mo lesikeng le le lengwe go ya ka tiriso sekao. buka le tsebe Dira ka dipolelo • Dirisa dipotso sekao. mang, eng, leng, sefe le jang • Godisa tiriso ya makopanyi a a bontshang lebaka le maikaelelo • Simolola go dirisa makopanyi go bontsha tlhopho sekao. kgotsa • Simolola go dirisa pakatlang sekao. ke tla mmona ka moso • Agelela mo go tlhologanyeng le tiriso ya pakajaanong tsweledi Tlotlofoko mo tirisong • Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong

MOPHATO WA 6				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
35-36	Reetsa leboko/maboko Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Gakologelwa kakanyokgolo - Buisanang ka kakanyokgolo - Amanya le maitemogelo a gago - Supa morumo le mafoko a a simololang ka medumo e e tshwanang (poeletsomodum) - Supa le go buisana ka papiso (sekao makaelagongwe) - Tlhagisa maikutlo a a tlhotlheletswang ke leboko - Diragatsa pina/mela e e tlhophilweng Ikatise go reetsa le go bua (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Neela le go sala ditaelo/ dikaelo morago - Buisanang ka setlhogo - Akanya ka ditiragalo le maitemogelo ka tatelano e e siameng, o araba dipotso ka se se diragetseng lwa ntlha, lwa bobedi jalo le jalo	Dira tirwana ya tekatlhaloganyo ka setlhangwa (tiro ya molomo kgotsa e e kwalwang) Buisa maboko - Pele ga puiso: bonelapele go tswa mo setlhogong le setshwantsho - Dirisa ditogamaano tsa go buisa sekao. dirisa methala ya tiriso - Araba dipotso ka ga leboko - Tlhagisa maikutlo a a tlhotlheleditsweng ke leboko - Buisanang ka morumo le poeletsomodumo - Buisanang ka papiso e e dirilweng mo pokong (makaelagongwe) Ikatise go buisa - Buisetsa kwa godimo ka maikutlo, le go bontsha go tlhaloganya ga setlhangwa - Buisetsa kwa godimo o dirisa matshwao a puiso a a maleba, lebelo le modumo Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi - Dira thadiso ya buka e e rulaganeng ka go tlhagisa ka molomo		

MOPHATO WA 6				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
37-38	Tsaya karolo mo puisanong (sekao. Bomamoratwa) - Botsa le go araba dipotso - Tlotla barutwana ba bangwe - Reetsa barutwana ba bangwe le go ba rotloetsa go bua Tsaya karolo mo dipuisanong - Akanya le go tlhalosa kgonagalo - Dirisa modirisokgonego - Refosana - Tlotla dikakanyo tsa ba bangwe - Rotloetsa ba bangwe go bua Ikatise go reetsa le go bua (Tlhopha e le nngwe go ikatisa ka yona letsatsi lengwe le lengwe) . - Diragatsa leboko - Tshameka motshameko wa puo - Neela le go sala ditaello/ dikaelo morago - Buisanang ka setlhogo	Buisa ditlhangwa tsa mmedia sekao. athikele ya makasine/ pegelo ya dikgang Setlhangwa go tswa mo bukakgakololong kgotsa dipadi /Faele ya Metswedi ya Morutabana - Pele ga puiso ka tshegetso: go dira ponelopele ka se setlhangwa se buang ka sona ka go leba pele setlhangwa - Dirisa ditogamaano tse di farologaneng tsa go buisa sekao. go tlodisa matlho le go batlisisa - Araba dipotso - Buisanang ka dikakanyo tsa bothokwa le dintlha tse di rileng - Buisanang ka kagego le moakanyetso wa setlhangwa - Bapisa kagego le moakanyetso wa setlhangwa le wa lekwalodikgang Dira tirwana ya tekatlhaloganyo ka Setlhangwa (tiro ya molomo kgotsa e e kwalwang) Ikatise go buisa - Buisetsa kwa godimo o lwela go kapodisa mafoko sentle, go buisa ka thelelo, le go tlhagisa maikutlo	Kwala temana e e bonolo o dirisa letlhomiso - Akaretsa tshedimosetso e e maleba - Akaretsa kakanyo e e tlhaloganyegang e e bothokwa - Godisa tshedimosetso ka tatelano - Dirisa makopanyi le go rulaganya ditemana sentle - Dirisa kagego e e siameng - Dirisa thutapuo e e maleba, tlo-tlofoko, mopeleto, matshwao a puiso a a siameng Tlhama phousetara go ikhumisa ka puo - Akaretsa tshedimosetso e e maleba - Akaretsa setshwantsho - Dirisa kagego e e siameng - Dirisa diponagalo tsa go tlhama jaaka mmala le bogolo jo bo farologaneng jwa mekwalo/ mekwaltlanyo (difonto) - Tlhagisa setlhangwa sa bofelo, se se buisegang sa tiro e e phepa Dirisa dikgato tsa go kwala ka tshegetso - Kwala ditlhangwa tsa ntlha - Boeletsa - Tlhotlha diphoso - Kwala setlhangwa sa bofelo - Tlhagisa setlhangwa sa bofelo, se se buisegang sa tiro e e phepa	Dira ka mafoko - Peleta mafoko a a tlwaelegile sentle o dirisa thanodi ya gago - Dirisa kitso ya tatelano ya dialefabete le ditlhaka tsa ntlha tsa mafoko go bona mafoko mo thanoding Dira ka dipolelo - Dirisa "tshwanetse" go bontsha tlhokego - Simolola go dirisa makopanyi go bontsha maemo - Dira ka tshwantshanyo sekao. o mokima jaaka kolobe - Dira ka matshwao a potso - Dirisa matshwao a tsiboso Tlotlofoko mo tirisong - Dirisa mafoko a a tserweng mo ditlhangweng tse di buisitsweng ka nako ya puisokopanelo kgotsa puiso ka nosi/mong - Mainatswako sekao. motshwarateu

MOPHATO WA 6				
KGWEDITHARO 4				
Dibeke	Go reetsa le go bua (Tiro ya molomo)	Go buisa le go lebelela	Go kwala le go tlhagisa	Dipopego tsa puo le melawana
37-38		Buisa le go tlhaloganya setlhangwa sa mmedia sa kerafiti sekao. phousetara le phasalatso • Pele ga puiso: buisanang ka ditshwantsho • Ranola tshedimosetso • Buisanang ka maitlhommo a setlhangwa • Buisanang ka tiriso nngwe ya puo • Tlhaola le go buisana ka mokgwa o setlhangwa se tthamilweng ka gona jaaka tiriso ya mmala le bogolo jwa mefuta ya mekwaloatlano (difonto) • Buisanang ka tebeggo/boalo • Bapisa ditlhangwa tse di farologaneng sekao. phousetara le papatso/phasalatso Akanya ka setlhangwa se se buisitsweng ka nako ya puiso ka mong kgotsa puiso ka bobedi • Abelana ka dikakanyo ka setlhangwa	Rekota mafoko le bokao jwa ona mo thanoding ya gago • Kwala dipolelo o dirisa mafoko kgotsa ditlhaloso go bontsha bokao, jalo le jalo	
39-40	TLHATLHOBO E E TLHOMAMENG			

KAROLO 4: TLHATLHOBO MO PUOTLALELETSO YA BOBEDI

4.1 MATSENO

Tlhatlhobo ke dikgato tse di rulagantsweng tse di tswelelang tsa go supa/bontsha, go kgobokanya le go ranola tshedimose tso ka ga tiro ya barutwana, go dirisiwa mekgwa e e farologaneng ya tlhatlhobo. E akaretsa dikgato di le nne: go tlhagisa le go kgobokanya bopaki jwa phitlhelelo; go tlhatlhoba phitlhelelo e; go rekota se se fitlheletsweng le go dirisa tshedimose tso e go tlhaloganya le go thusa mo kgolong ya barutwana gore dikgato tsa go ithuta le go ruta di tokafale.

Tlhatlhobo e tshwanetse go nna e e sa tlhomamang (tlhatlhobo e e dirwang ka nako ya go ithuta) le e e tlhomameng (tlhatlhobo e e dirwang kwa bokhutlong jwa go ithuta) . Mo ditlhatlhobong tse di le pedi, pegelo ya gale e tshwanetse go newa barutwana go oketsa maitemogelo a go ithuta.

Katlego ya barutwana ba Puotlaleletso ya Bobedi e ikaegile mo tlhatlhobong e e tswelelang, e sa tlhomamang le pegelo go tswa go morutabana fa ba ntse ba tshwaragane le go dira ditirwana le ditlhangwa. Thulaganyo ya go ithuta e bontsha diteng tse di batlegang, dikgono le ditogamaano tsa go ruta mo ngwageng. Se, ke se se tla tlhatlhobiwang mo kgodisong ya tekanyetso. Ga se sengwe le sengwe se se rutilweng se se tla tlhatlhobiwang ka tlhomamo. Le fa go le jalo, go botlhokwa gore kgoolo ya barutwana e tlhatlhobiwe ka mananeo a mabedi a a tlhatlhobo e e tlhomameng le e e sa tlhomamang, ka se se thusa mo thulaganyong.

Dikgono tsa go reetsa, bokgoni jwa puo ya molomo, le bokgoni jwa go araba dipotso, go tsaya karolo mo dipuisanong le dikgono tsa go rekota ka go kwala go tshwanetse ga tlhokomelwa letsatsi le letsatsi fa go tlhokagala.

Go botlhokwa, gape, gore se barutwana ba se tlhaloganyang ka se ba se buisang se tlhatlhojwe mme e seng fela bokgoni jwa bona jwa go lemoga kgotsa go gopola bokao jwa mafoko. Ka jalo tlhatlhobo ya go buisa e tshwanetse go tshwarwa kgapetsakgapetsa mme e seng gangwe fela. Puiso e e tlhomameng le yona e tshwanetse go tsepamisiwa mo go buisetseng kwa godimo le mo ditirwana tse di tla go thusang go tlhomamisa gore barutwana ba tlhalogantse go le go kae, sekao, go boeletsa kgang kgotsa go araba dipotso.

Tlhatlhobo ya tiro e e kwalwang e tla tsepamisiwa bogolo thata mo bokgoning jwa morutwana jwa go fetisa bokao, le mo goreng a ba kwadile ka nepagalo, sekao, dipopego tsa puo e nepagetseng le tiriso, mopeleto le matshwao a puiso. Tlhatlhobo yotlhe e tshwanetse go lemoga gore go ithuta puo ke dikgato le gore barutwana ga ba kitla ba tlhagisa tiro e e siameng e e feletseng mo tikologong ya ntlha ya go kwala. Ka jalo, dikgato tse di farologaneng tsa go kwala di tshwanetse go tlhatlhojwa

Fa o neela tirwana ya tlhatlhobo e e tlhomameng, go tla nna le tsepamo mo bokgoning jo bo rileng, sekao, go reetsa le go bua kgotsa go buisa kgotsa go kwala. Le gale, ka go ithuta puo e le dikgato tse di lotagantsweng, bokgoni jo bo fetang nngwe bo tla dirisiwa. Dipopego tsa puo di tshwanetse go tlhatlhojwa di le mo tirisong. Go tshwanetse ga netefadiwa gore tlhatlhobo ga e dirwe fela jaaka tiro e e kwalwang, mme e letle barutwana go ithuta ka go dira le ka tiro ya molomo. Go botlhokwa go tlhatlhoba se barutwana ba se tlhaloganyang e seng fela go ithuta ka tlhogo, ka jalo, dikgono di ithutwe di le mo tirisong ka bontsi jo bo kgonagalang, sekao, barutwana ba ka peleta mafoko a bona otlhe ka nepagalo ka nako ya teko ka labotlhano, mme a ba kgona go dirisa mafoko a ka nepagalo fa ba kwala/ rekota dikgang tsa bona /kgangkhutshwe?

Go ruta le tlhatlhobo ya puo di tshwanetse go akaretsa barutwana botlhe, le tsona ditogamaano di tshwanetse go bonwa go thusa barutwana botlhe go fitlhelela kgotsa go tlhagisa ditlhangwa tsa puo. Barutwana bangwe ba ba itemogelang dikgoreletsi mo thutong, gongwe ba ka se kgone go fitlhelela mangwe a maikaelelo jaaka a tlhagisitswe mo Pegelong ya Pholisi ya Kharikhulamo le Tlhatlhobo.

4.2 TLHATLHOBO E E SA TLHOMAMANG KGOTSA YA LETSATSİ LE LETSATSİ

Tlhatlhobo e e dirwang ka nako ya go ithuta e na le maikaelelo a go tswelolela ka go kokoanya tshedimosetso ka ga phitlhelelo ya barutwana e e ka dirisiwang go tokafatsa go ithuta ga bona.

Tlhatlhobo e e sa tlhomamang ke tekolo ya letsatsi le letsatsi ya tswelolepele ya barutwana. Se, se dirwa ka, go ela tlhoko, dipuisano, ditiragatso, dikhonferense tsa barutwana le barutabana, ditlhotlheletsano tse di sa tlhomamang tsa phaposiborutelo, j.j. Tlhatlhobo e e sa tlhomamang e ka nna bonolo ka, o ka kgaotsa fa gare ga thuto go ela barutwana tlhoko kgotsa go buisana le bona gore go ithuta go tswelolela pele jang. Tlhatlhobo ya bokgoni jwa puo e tla nna ka mekgwa e e latelang: tlhokomelo, ditirwana tse di kwalwang, ditirwana tsa molomo le ditlhagiso, diteko tse di kwalwang, puisetso godimo le mekgwa e mengwe ya tlhatlhobo. Tlhatlhobo e e sa tlhomamang e tshwanetse go dirisiwa go neela barutwana pegelo le go rulaganyetsa go ruta, fela ga e a tshwanela go rekotiwa. E se ka ya kgaoganngwa le ditirwana tsa go ithuta tsa phaposiborutelo. Mo mabakeng mangwe, o ka batla go rulaganya mofuta mongwe o o totobetseng wa ditirwana tsa tlhatlhobo go rotloetsa barutwana go ithuta jaaka ditlhangwa tsa mopeleto tsa ka gale, Barutwana kgotsa barutabana ba ka nne ba tshwaya ditiro tse tsa tlhatlhobo.

Go tshitsintswe gore o dirise dibeke tse pedi tsa ntlha tsa kgweditharo go dira tlhatlhobo ya motheo ya barutwana .O dirise ditirwana tse di neilweng mo dibekeng tse pedi tsa ntlha tsa dithulaganyo tsa go ruta go dira tlhatlhobo eo. Se se tla go kgontsha go lemoga mofuta wa tlhokomelo o barutwana ba gago ba tla o tlhokang jaaka o tswelolela.

Itlhatlhobo le tlhatlhobo ka molekane di dira gore barutwana ba tseye karolo mo tlhatlhobong ka nako tsotlhe. Se se botlhokwa thata ka se letlelela barutwana go ithuta le go tshwaela ka diphitlhelelo tsa bona. Dipholo tsa tlhatlhobo ya letsatsi le letsatsi e e sa tlhomamang ga di rekotiwe fa e se fela fa morutabana a eletsa go dira jalo. Le gale, barutabana ba ka eletsa go boloka direkoto tse di sa tlhomamang gore morutwana mongwe le mongwe o tswelolang jang mo dikarolong tse di farologaneng tsa serutwa go thusa mo thulaganyong le go netefatsa gore morutwana o godisa dikgono tse di batlegang le go tlhaganyo. Dipholo tsa ditirwana tsa tlhatlhobo tsa letsatsi le letsatsi ga di dirisediwe mabaka a go falola le a go neela setifikeiti.

4.3 TLHATLHOBO E E TLHOMAMENG

Ditlhatlhobo tsotlhe tse di tsenyeletsang lenaneo la tlhatlhobo e e tlhomameng la ngwaga di tsewa e le Tlhatlhobo e e tlhomameng. Ditiro tsa tlhatlhobo e e tlhomameng di tshwaiwa le go rekotiwa ka tlhomamo ke morutabana mo mabakeng a tswelolepele le go rebola disetefikeiti. Ditlhatlhobo tsotlhe tse di tlhomameng di tshwanetse go lekanyediwa go direla mabaka a netefaleto ya boleng le go netefatsa gore maemo a a maleba a a tshegetswa.

Tlhatlhobo e e tlhomameng e neela barutabana mokgwa o o rulaganeng wa go tlhatlhoba gore barutwana ba tswelolela pele jang mo mophatong le serutweng se se rileng. Dikao tsa tlhatlhobo e e rulaganeng di akaretsa, diteko, ditlhatlhobo, ditiro tse di diragadiwang, diporojeke, ditlhagiso tsa molomo, ditshupetso, ditiragatso, j.j. (jaaka go boeletsa kgang, bapisa) , phitlhelelo (jaaka go diragatsa) , Tlhamo, go tsaya karolo mo ditirwaneng tsa molomo (jaaka puisano, mmuisano) , ditirwana tsa go kwalwa (jaaka go feleletsa letlhare la tiro, go kwala ditemana kgotsa mefuta ya ditlhangwa) , jalo jalo.

Ditirwana tsa tlhatlhobo e e tlhomameng ke karolo ya lenaneo la tlhatlhobo ya ngwaga mo mophatong le mo serutweng sengwe le sengwe. Fa dithulaganyetso tsa ditirwana tsa tlhatlhobo e e tlhomameng di dirwa mo phaposiborutelong, tlhatlhobo ya bofelo e tshwanetse go dirwa ka fa tlase ga tlhokomelo, mo phaposiborutelong

Ditirwana tsa tlhatlhobo e e tlhomameng ga di a tshwanela go tlathloba fela dikgono le kitso ya barutwana fela le tiriso ya bona ya puo mo tirisong.

Mo tlathlobong e e tlhomameng, dirisa memorantamo, ruburiki, lenaanenete fatso le sekale sa go lekanyetsa le didiriswa tse dingwe tse di maleba tsa go tlathloba jaaka go tlhokomela, tlathloba le go rekota maemo a tlhaloganyo le bokgoni jwa barutwana. Tlhopha sediriswa sa tlhatlhobo se se maleba thata le mofuta wa tirwana. Sekao, ruburiki e maleba thata go feta memorantamo mo setlhangweng sa boitlhamedi. Memorantamo o botoka thata mo tekong ya mopeleto kgotsa mo tirwaneng ya tekatlhaloganyo e e buisitsweng.

Ditlhokego tsa tlhatlhobo e e tlhomameng tsa Puotlaleletso ya Bobedi di ka mokgwa o o latelang:

- Tiro e le nngwe ya tlhatlhobo e e tlhomameng di fediwe kwa bokhutlong jwa kgweditharo e nngwe le e nngwe ya dikgweditharo tse tharo tsa ntlha, go dirwe tiro e le nngwe mo kgweditharong ya bone, Palogotlhe ya ditiro tse di tlhomameng e tshwanetse go nna di le tlhano mo ngwageng. Ditiro tse di tlhomameng tse, di le tlhamo, di dira 75% ya maduo otlhe a Puotlaleletso mo Mephatong 4, 5 le 6. Maduo a tlhatlhobo e e tlhomameng a tla akaretsa a tlhatlhobo ya bogare jwa ngwaga fa e le gore e neetswe.
- Tiro nngwe le nngwe ya tlhatlhobo e e tlhomameng ya ntlha mo kgweditharong, e tshwanetse go dirwa mo bogareng jwa kgweditharo. Tiro nngwe le nngwe ya tlhatlhobo e e tlhomameng ya bobedi mo kgweditharong e tshwanetse go dirwa go ela kwa bofelong jwa kgweditharo.
- Kwa bofelong jwa ngwaga go tla nna le tlhatlhobo e maduo a yona a tla balelwang go 25%.
- Tiro nngwe le nngwe ya tlhatlhobo e e tlhomameng e tshwanetse go akaretsa ditirwana tse di tlathlobang go reetsa le go bua, go buisa, go kwala, le dipopego tsa puo le melawana, mme e tshwanetse go diragala mo tsamaong ya malatsi. Dipopego tsa puo le melawana di tshwanetse go tlathlojwa di le mo tirisong.
- Ditiro tsa tlhatlhobo e e tlhomameng di tshwanetse go tlathloba tlathlhamano ya dikarolo tsa dikgono tsa puo gore dikarolo tsa botlhokwa di tle di tlathlojwe mo tsamaong ya kgweditharo le ngwaga. NeteTirosa gore dikarolo tse di tlathlojwang di setse di kile tsa tlathlojwa ka mokgwa o o sa tlhomamang le barutwana ba setse ba neetswe pegelo pele ga tlhatlhobo e e tlhomameng.
- Mo Kgatong ya Magareng ditlathloba tsotlhe ke tsa mo sekolong.

Mekgwa ya tlathloba e tshwanetse go nna maleba mo mengwageng le kgolong ya barutwana. Go tlhama ga ditirwana tse go tshwanetse go akaretsa diteng tsa serutwa le go tsenyeletsa ditirwana tse di farologaneng tse di tlhametsweng go fitlhelela maikaelelo a serutwa.

Ditirwana tsa tlathlho e e tlhomameng

Tiro nngwe le nngwe ya tlathlho e e tlhomameng e tshwanetse go akaretse dintlha tse di latelang le go nna le bokete jwa diphesente jo bo latelang.

E tshwanetse go ikaega mo kitsong le dikgono tse di dirilweng mo kgweditharong eo. Dikao tse di neelweng fa tlase ke go bontsha fela mefuta ya ditirwana e e tshwanetseng go rulaganngwa. Dirisa dithulaganyo tsa kgweditharo mo mophatong o mongwe le o mongwe go tlhopha mofuta wa ditirwana le go rulaganya dikgono tse di tlhokegang mo karolong nngwe le nngwe ya tiro ya tlathlho e e tlhomameng.

Ditlhokego tsa go tlhama tiro di neetswe ka diphesente. Fa lenaneo le supa diphesente di le 30 tsa dikgono tsa puo, go raya gore mo kabong ya bofelo ya maduo a kgono ya puo e tshwanetse go nna diphesente di le 30 tsa maduo otlhe e seng maduo a le 30. Dikolo ga di a lekanyetswa go palo ya maduo e e abetsweng kgono ya puo fela fa e le gore bokete jwa kgono ya serutwa se sengwe le sengwe bo tsewa tsia go ya ka phesente e e abilweng mo lenaneong la tlathlho. Sekao, mo Mophatong wa 4, teko ya kitso ya puo e ka nna maduo a le 10 kgotsa go feta, fela fa bokete bo sa fete bokete jwa diphesente tse di supilweng mo lenaneong la tlathlho.

Mo dikarolong tsa dikgato tsa go kwala/thulaganyo, kgotsa dikgato tsotlhe di tshwanetse go tlathlojwa gangwe mo kgweditharong. Boleele jwa dithangwa tse di kwalwang tse di bontshitsweng mo kgaolong ya 3.4 di tshwanetse tsa kgomarelwa.

Kagego ya ditirwana tsa tlathlho e e tlhomameng		Mophato 4	Mophato 5	Mophato 6
Go reetsa le Go bua		40 %	40 %	40 %
Go reetsa	Tirwana ya go bontsha gore morutwana o reeditse le go tlhologanya sekao, reetsa le go sala morago ditaelo/ reetsa le go araba dipotso e ka nna ka tiro ya molomo kgotsa e e kwalwang.	20 %	20 %	20 %
Go bua	Tirwana ya go bontsha gore morutwana o kgona go tlhagisa tiro ya molomo sekao. go tsaya karolo mo puisanong kgotsa mmuisano/ go buisana ka setlhogo kgotsa setlhangwa /go neela ditaelo kgotsa dikaelo/go diragatsa leboko/ go neela puo e khutshwane	20 %	20 %	20 %
KGOTSA				
	Tirwana e le nngwe kgotsa di le mmalwa go bontsha bokgoni jwa puo ya molomo sekao. go reetsa puo le go buisana ka yona	40%	40%	40%

Kagego ya ditirwana tsa tlathlho e e tlhomameng		Mophato 4	Mophato 5	Mophato 6
Go buisa		30%	30%	30%%
Puisetsogodimo	Tirwana ya go bontsha gore morutwana o kgona go buisa ka thelelo sekao. go buisetsa kwa godimo go tswa mo setlhangweng se se tlwaelegileng (Kgweditharo 1 go fitlha ka ya 4) /go buisetsa kwa godimo go tswa mo setlhangweng se se sa tlwaelegileng (Kgweditharo 3 le ya 4) . Se se tshwanetse go akaretsa dipotso di le mmalwa go tlhomamisa gore a morutwana o tlhalogantse se a neng a se buisa	10%	10%	10%
Go buisa tekatlhaloganyo	Ditirwana di le pedi kgotsa go feta go bontsha gore morutwana o tlhalogantse bokao ba setlhangwa le go lemoga diponagalo tsa setlhangwa sekao. go araba dipotso/go boeletsa kgang/go itirela bokhutlo/go neela tshobokanyo /go neela kakanyo ya gagwe/ go tlhalosa diponagalo tsa setlhangwa. Ditlhangwa tse di dirisiwang e ka nna dinopolo tse dikhutshwane tse di katolositsweng, go buisa setlhangwa ka nako ya puiso ka mong kgotsa puisokopanelo. Tirwana e tshwanetse go tsamaisana le setlhangwa se se tlhophilweng	20%	20%	20%
Go kwala		20%	20%	20%
Tiro ya boitlhamedi	Tirwana e le nngwe go bontsha gore morutwana o kgona go tlhagisa dikakanyo ka go kwala mme a itlhamela sekao. go kwala mofuta wa setlhangwa sa boitlhamedi (kgotsa temana e khutshwane) kgotsa karolo nngwe ya yona kgotsa dipolelo. Tirwana e tshwanetse go bontsha dipopego tsa puo di le mo tirisong.	10%	10%	10%
Tshedimosetso/ Setlhangwa sa tirisano	Tirwana e le nngwe go bontsha gore morutwana o kgona go neelana ka tshedimosetso ka go kwala sekao. o kwala setlhangwa sa tirisano (sekao. pegelo/ phousetara/ go tshwaya kgotsa go neela maina mo sethalong/dipolelo/mmuisano o o bonolo) kgotsa karolo ya ona. Tirwana e tshwanetse go bontsha dipopego tsa puo di le mo tirisong.	10%	10%	10%

Kagego ya ditirwana tsa tlhatlhobo e e tlhomameng		Mophato 4	Mophato 5	Mophato 6
Dipopego tsa puo le melawana		10%	10%	10%
Tiriso ya puo e e tlhomameng	Tirwana e le nngwe kgotsa di le mmalwa go bontsha gore morutwana o na le kitso ya dipopego tsa puo di le mo tirisong sekao. tiriso e e siameng ya matshwao a puiso/mopeleto/tiriso e e maleba ya dikarolo tsa puo le dipopego tsa dipolelo	10%	10%	10%
Pologotlhe ya diphesente ya tirwana nngwe le nngwe		100%	100%	100%

4.4 LENANEO LA TLHATLHOBO

Lenaneo la Tlhatlhobo le tshamilwe go anamisa ditiro tsa tlhatlhobo tse di. tlhomameng mo dirutweng tsotlhe mo sekolong go ralala kgweditharo. Lenaneo la Tlhatlhobo le tshwanetse go thalwa ke sekolo go bontshiwa matlha a ditiro di tla dirwang ka ona.

4.4.1 Thadiso ya ditlhokego

Mananeo a a latelang a neelana ka ditlhokego tsa tlhatlhobo e e tlhomameng ya kgweditharo nngwe le nngwe ya Puotlaleletso ya Bobedi:

Lenane 4.1: Mophatos 4 – 6

	Kgweditharo 1	Kgweditharo 2		Kgweditharo 3	Kgweditharo 4	
Mophato 4	TIRO 1	TIRO 2	TIRO 3 / Tlhatlhobo ya bogare jwa ngwaga	TIRO 4	TIRO 5	Tlhatlhobo ya bokhutlo jwa ngwaga
Mophato 5	TIRO 1	TIRO 2	TIRO 3 / Tlhatlhobo ya bogare jwa ngwaga	TIRO 4	TIRO 5	Tlhatlhobo ya bokhutlo jwa ngwaga
Mophato 6	TIRO 1	TIRO 2	TIRO 3 / Tlhatlhobo ya bogare jwa ngwaga	TIRO 4	TIRO 5	Tlhatlhobo ya bokhutlo jwa ngwaga
Maduo a bofelo	Tlhatlhobotsweledi 75%					Tlhatlhobo ya bokhutlo jwa ngwaga 25%

4.4.2 Ditlhatlhobo

Diteng tsa ditlhatlhobo tsa bofelo jwa ngwaga di tshwanetse go tsewa go tswa mo tirong e e dirilweng mo ngwageng, e bile e nne tlhopho ya dikgono le ditirwana tse di tla thusang morutwana go bontsha gore o siame go mekamekana le tiro ya ngwaga o o latelang.

Tlhatlhobo e bopilwe ka tse di latelang:

- Go buisa tekatlhaloganyo le go akaretsa tiro ya tlotlofoko
- Go kwala setlhangwa se se khutshwane sa boithamede, go akaretsa tiriso e e maleba ya popego, thutapuo, matshwao a puiso le mopeleto
- Go kwala ga setlhangwa se se khutshwane sa tirisano, go akaretsa tiriso e e siameng ya kagego, thutapuo, matshwao a puiso le mopeleto
- Kitso le go tlhaloganya thutapuo, matshwao a puiso le mopeleto
- Dikgono tsa go reetsa le go bua ga di a tshwanela go tlhatlhabiwa jaaka karolo ya tlhatlhobo ka di tlhatlhabiwa sentle mo nakong e telele.

Bokete jwa maduo a tlhatlhobo a ka mokgwa o o latelang:

	Mophato 4	Mophato 5	Mophato 6
Go buisa tekatlhaloganyo	60%	60%	50%
Go kwala	25%	25%	35%
Dipopego tsa puo le melawana	15%	15%	15%
Palogotlhe ya diphesente	100%	100%	100%

4.5 GO REKOTA LE GO BEGA

Go rekota ke tsamaiso e mo go yona morutabana a kwalang maemo a tiragatso ya morutwana mo tirong e e rileng ya tlhatlhobo. E bontsha go tswelela ga morutwana mo go fitlheleleng kitso jaaka e tlhagisitswe mo Pegelong ya Pholisi ya Kharikhulamo le Tlhatlhobo. Direkoto tsa tiragatso ya morutwana di tshwanetse go tlamela bopaki jwa go tsweletsa kgolo ya diteng tsa gagwe mo mophatong le go iketleetsa ga gagwe mo tsweletsong kgotsa mo go faloleng go ya kwa mophatong o mongwe. Direkoto tsa tiragatso ya morutwana di tshwanetse go dirisediwa go netefatsa tsweletso e e dirilweng ke morutabana le barutwana mo dikgatong tsa go ruta le go ithuta.

Go bega ke tsamaiso ya go tlhaeletsa ka moo morutwana a dirang ka teng, go barutwana, batsadi, dikolo, le botlhe ba ba nang le seabe. Go dira ga morutwana go ka begiwa ka ditsela di le dintsi. Tsona di akaretsa dikaratapego, dikopano tsa batsadi, malatsi a go etela sekolo, dikhonferense tsa motsadi le morutabana, go letsa megala, makwalo, makwalodikgang a phaposi kgotsa sekolo, jalo jalo. Barutabana mo mephatong yotlhe ba bega ka diphesente go lebagana le serutwa. Maemo a a farologaneng a diphitlhelelo le diphesente tse di dumelanang le tsona di supilwe mo lenaneng le le fa tlase.

DIKHOUTU LE DIPHESENTE TSA GO REKOTA LE GO BEGA

DIKHOUTU TSA SEEMO	TLHALOSO YA BOKGONI	PHESENTE
7	Phitlhelelo ka dinaledi	80 – 100
6	Phitlhelelo ka matsetseleko	70 – 79
5	Phitlhelelo e e tletseng	60 – 69
4	Phitlhelelo e e itumedisang	50 – 59
3	Phitlhelelo ka tekano	40 – 49
2	Phitlhelelo e e potlana	30 – 39
1	Ga a fitlhelela	0 – 29

Barutabana ba tla rekota maduotota go lebagana le tiro ba dirisa letlhare la maduo, ba bo ba bega ka diphesente go lebagana le serutwa mo karatapegong ya morutwana.

4.6 TEKANYETSO YA DITIRO TSA TLHATLHOBO

Tekanyetso e kaya tsamaiso e e netefatsang gore ditiro tsa tlhatlhobo di lekanetse, di a amogelesega, e bile di a ikanyega. Tekanyetso e tshwanetse go diragadiwa mo maemong a sekolo, segopa, sedika, porofense le a bosetšhaba. Ditiro tsa tekanyetso e e tletseng e bile e le maleba, di tshwanetse go rulaganngwa gore go netefadiwe boleng jwa ditlhatlhobo tsa dirutwa tsotlhe.

Balekanyetsi mo kgatong ya kwa sekolong ba tshwanetse go neela ditshwaelo tse di nang le boleng tse di ikaegileng ka ditlhokego tse di filweng fa godimo go netefatsa gore tirigatso ya tlhatlhobo kwa sekolong e a tiisiwa/gatelelwa. Tekanyetso e ka se nne fela go lebelela gore a palo ya ditirwana e dirilwe kgotsa memorantamo o dirsitswe sentle. Mo Dipuong go raya gore molekanyetsi o tla neela ditshwaelo tse dintle, godimo ga dilo tse dingwe, ka maemo a go botsa dipotso mo tekatlhaloganyong; palo ya go kwala ditlhangwa tse leele, boleng jwa didiriswa tsa tlhatlhoboo le ditšhono tsa kgolo tse di neetsweng le go dira ga morutabana ka dibuka tsa barutwana le bosupi jwa tiragatso/ tswelole ya barutwana.

Dikgato tsa tekanyetso di tshwanetse gape go netefatsa gore selekanyo se se neetsweng se tlhomame go ralala diphaposi tsotlhe mo mephatong, le mephato yotlhe mo kgatong, sekao. selekanyo sa 3 se se neelwang ke morutabana mongwe se tshwanetse go emela maemo a a lekanang kgono le kitso jaaka selekanyo se se lekanang se se neelwang ke morutabana yo mongwe. Ka jalo, go bothokwa go ditlhogo tsa dirutwa go dira tekanyetso ya mo sekolong ka metlha.

4.7 KAKARETISO

Lokwalo lo lo buisiwe mmogo le:

4.7.1 Pholisi ya Bosetšhaba e e malebana le lenaane le ditlhokego tsa go tsa go tswelletsa Pegelo ya ya Bosetšhaba ya kharikhulamo, mo Mephatong R – 12. le

4.7.2 Pegelo ya Pholisi ya Bosetšhaba ya Tlhatlhobo ya Mephato R – 12

LENAANEFOKO

akeronimi – lefoko le le agiwa go kapodisa ditlhaka/mafoko a ntlha a polelwana kgotsa leina (sekao; DIRT – Didiriswa tsa go lthuta, go Ruta le Tshegetso) .

baakanya diphoso – go ntsha diphoso tsa mokwalo le matshwao a puiso a etswe tlhoko.

baamogedi – bareetsi, babogedi, babuisi ba mefuta e e farologaneng ya tlhaeletsano ka kakaretso.

baanelwa – batho ba mokwadi wa **porosa** a anelang ka ga bona, go tsenyeletsa le maina a bona

boanedi – ditlhaloso le dikarologantsho tsa baanelwa

boakaretsi – molawana o o reng thuto e fitlhelwe ke barutwana botlhe ntle le go ba kgetholola ka ntlha ya bokoa bongwe jwa bona, e ka nna jwa dirwe tsa mmele kgotsa tlhaloganyo.

bodiragatsi – go tsaya karolo mo motshamekong, sekao, terama.

boiphediso – tiro e moithuti a batlang go e dira morago ga dithuto. (Dithuto tse a di tlhophileng tsa motheo di lebane le tiro eo.)

boitlhamedi – mafoko a setheo kgotsa borutegi jo bo rileng; e le mareo a a ka itsiweng ke ba setheo fela

boitshimoleledi – boikakanyetsi jwa moithuti ka nosi jo bo kgethegileng, a bo ithaetse go tlhagisa kitso ya gagwe.

bolau – selo se se kotsi/se se ka senyang tse di siameng

dikarolo tsa polelo – dikarolwana tse di bopang polelo jk, lediri, sedirwa, letiro, dipolelwana jj.

dipuisano – ditherisano tse go ikaeletsweng gore go dumalanwe ka mogopolo pele go tsewa tshwetso kgotsa go dirwa sengwe

dingangisano – dikganetsano tse mo go tsona go nang le matlhakore a le mabedi ba bangwe ba dumelana le ntlha ba bangwe ba e ganetsa

diponagalo – dilo dingwe tse di itlhophileng tse di tlaolang se sengwe go se sengwe jaaka leboko e farologana le padi. Sekao; Diponagalo tsa leboko ke: ditema, dipoeletso, moribo, morumo, jj.

dipotso tse di sa batleng dikarabo – jaaka “ A lo batla go boela mo pusong ele ya tlhaolele?”

dipotso tse di tseneletseng – dipotso tse di lehang kitso bogolo jang ka dikgaisano le go itumedisa.

ditshwanelo tsa botho – sengwe le sengwe se ka Molaotheo wa naga e leng tshwanelo ya moagi yo mongwe le yo mongwe, go se dira, bua, amogela jalo jalo kwa ntle ga go kgorelediwa kgotsa go kgoreletsa ba bangwe.

emelela ntlha (go) – go emelela se o se buang/kwalang ka mabaka.

go phopholetsa – go batla ka go utlwelela ka menwana o sa bone kgotsa go leka go tlhaloganya se o se utlwanng ka go akanya.

go tlhagisa ntlha ya gagwe – go akgela kgotsa go tshwaela.

godisa – go oketsa kitso, bokgoni, kgotsa popego.

ka botlalo – go akaretsa dintlha tse dingwe tse di tlhokagalang kgotsa tse di tshegetsang.

kaedi – go thusa ka dikakanyo, dikeletso kgotsa tshedimosetso tse di nang le thuto nngwe ka maitlhommo a go rarabolola bothata go kgontsha batho go ikemela ka bobona.

kagego – thulaganyo ya setlhangwa go ya ka popego, bogolo.

kgobokanyo ya dintlha – go kgobokanya dintlha tse di tsamaelanang ka go di golaganya

kgonya – go ema go le go nnye mo gare ga sebaka/ mo go sa lebelelwang o bo o tswelela

lebelela ka tsenelelo – go lebelela lokwalo kgotsa go lo sekaseka ka maitlhommo a go bona bokao jo bo fitlhegileng le go le tlhaloganya.

lebolelateng – mofuta wa bolwetse jo mogare wa lona o atelang mo mading a motswasetlhabelo morago ga go tshwaediwa mme o koafatse masole a mmele.

leetsi – mafoko a a etsisang modumo wa sengwe.

lekgotlhana – ditlhopho tsa go bua kgotsa go ngangisana tse di ka dirisiwang kgatlhanong le Mephato kgotsa dikolo tse dingwe, kgotsa mo phaposing barutwana ba kgaoganngwa ka ditlhotshwana, yo mongwe le yo mongwe a bua ka karolwana e e rileng ya setlhogo se se tshwanang.

lenaanenetefatso – papetlana e go kwadilweng dintlha tse di tla lebelelwang fa tiro e e neetsweng e atlega kgotsa e sa atlege ka go feta di tshwaiwa mme morago go tsewe tshwetso e e maleba.

letshwao – sengwe se se tshwantshitsweng go tsibosa kgotsa go fetisa tshedimosetso/taelo. Sekao;

letshwao le, le tlhalosa gore mmimo ga o a dumelelwa, le, le bolela gore batho ba ba dirisang ditilo tsa

maotwana ba ka dirisa tulo e.

mafoko a a bokaobontsi – sekao: (i) Mothusi ke kgosi ya Bakgatla kgr: -ke moetapele wa morafe, o tlhomilwe go nna kgosi. (ii) Ke kgosi kwa tirong kgr: -ke ena yo mogolo ka maemo. (iii) Ke kgosi kwa lelapeng la gaabo kgr: -ke ena tibola ntho, ngwana wa ntlha.

maitlhommo – lebaka le le dirang gore sengwe se dirwe kgotsa se nne teng.

makwalwatshwana – mafoko a a kwalwang ka go tshwana fela a sa dume ka go tshwana e bile a farologana ka bokao, **sekao:** (i) tshela – wa botshelo le tshela – wa go tshela metsi, (ii) nama – e le sejo le nama – ya go phutholola maoto

marara – ditiragalo/dintlha tse dintsi tse di golaganeng di le thata go tlhaloganyega.

matseno – tlhaloso e e botlalo ka ga sengwe se go buiwang kgotsa go kwadilweng ka ga sona/ e go gorosa mo dintlhakgolong tsa setlhangwa.

madumatshwana – mafoko a a kwalwang ka go tshwana gape a duma ka go tshwana ntswa a farologana ka bokao **sekao:** (i) kgala – go kgala ga seedi le kgala – ya ditlhong, (ii) tshela – wa botshelo le tshela – wa go tlola e ka nna tsela kgotsa noka jj

mefutakwalo – lereo le le dirisetswang mefuta ya dikwalo jaaka porosa, maboko, dipadi, dinaane le diterama.

mefuta ya dipolelo – go na le mefuta e e farologaneng ya dipolelo tse di jaaka dipotso, ditaelo, dipegelo jj.

melawana – ditlwaello tse di amogegileleng ka kakaretso, e ka nna ka tsela ya boitshwaro, go buisana le batho ba bangwe kgotsa ka mo mafoko a tshwanetseng go latelana ka teng mo polelong.

mogare wa lebolelateng – lebelela **lebolelateng**

mogopolo – se motho a se akanyang; monagano.

mokgwa – ke tsela e tiro e dirwang ka ona.

mokwalotlanyo – go kwala ka motšhini o o tlanyang, ka khomphiutha.

namatsha – go itumedisa tota.

ngôka – ôka sengwe ka go se kgatlha.

nonofo – go tlhagisa tiro ka mokgwa o o lebeletsweng o o atlegileleng.

ntlhakemo – ntlha e mmui a e dibelang mo dipuisanong fa a neela mabaka a a maleba.

nyalelano – mogopolo le dikakanyo di dumelana sentle.

pegelo – go bega sengwe ka go se ranola ka maitlomo a go senola bokao jwa sona.

potsotherisano – puisano gareng ga batho ba babedi kgotsa go feta, yo mongwe a botsa mme yo mongwe a araba.

poloto – tatelano ya ditiragalo tsa setlhangwa, di na le mabaka a a di tlohang.

polotwana – ditiragalopotlana tse di agelelang mo polotokgolong.

puo ya botshwantshi – puo e e tsenyeletsang dikapuo, maele, diane, le manatetshapuo a mangwe

puo ya kgobeletso – puo e e tsayang letlhakore e dira gore go nne thata go tsaya tshwetso e e siameng.

puo – tsela ya batho ya tlhaeletsano ka go bua, go kwala kgotsa puo ya matsogo ka tiriso ya mafoko a go dumelanwang ka ona.

puo ya tikologo e e rileng – puo e e buiwang ke batho fela ba tikologo kgotsa karolo e e rileng ya naga.

puotlwaello – puo e e dirisiwang mo motlotlong fela go sa dirisiwe mafoko a a maleba/a a siameng kgotsa go sa latelwe melao le melawana ya tiriso ya puo.

rerisana – go leka go fitlhelela tumelano kgotsa go fitlhelela tumelano ka go tlosa dipelaello dingwe fa mongwe a buisana le bangwe. Go leka go bona tsela kgotsa mokgwa wa go tloganya se se buisiwang, reediwang kgotsa dirwang.

rejiseta – mafoko, mokgwa le thutapuo e e dirisiwang ke bakwadi/dibui mo mabakeng a a rileng

segalo – 1. lentswe, modumo, bokibo le mosito fa motho a ne a bua kgotsa a opela.

2. tsela ya go kapodisa lefoko go fapaanya bokao jwa lona le a mangwe a a nang le modumo o o tshwanang le lona. Setswana se na le segalogodimo le segalotlase (sekao: tlháma le tlháma)

setlhangwa – tsela e motlhaelets a e dirisang go tlhagisa kgotsa go fetisa tshedimose tso jaaka: go kwala, bua, leba, supetsa jj.

tebo ya matlho – go eta o lebelela bareetsi ka go bua kgotsa o buisa.

thadiso – go neela ka tlhaloso ya mongwe, sengwe, buka, filimi kgotsa tiragalo ka mokgwa wa go kwala kgotsa go bua.

thelelo – go buisa ka maikutlo a a maleba le diteng, lentswe le segalo di nyalelana e bile melao ya puiso yotlhe e nepagetse.

thesorase – thanodi ya makaelagongwe le malatodi.

tomagano – dikakanyo tse di tlhalosegang ka dikarolwana tsa tsona tsa go tlhalosa kgotsa go dira sengwe.

thôôthôô – sa nnete, se e leng sona tota.

tiragatso – 1. ditlamorago tse di nnang teng morago ga tiro e sena go dirwa/ go kwalwa.

2. go tshwantsha se se kwadilweng mo bukeng/terameng

3. go dira tiro e e kailweng

tiriso ya puo – ka mo puo e dirisiwang ka teng go lebilwe tiriso ya semmuso, tlotlofoko, kapodiso, jj. le gore e lebiseditse mang, kae.

tiro – tiro e e newang barutwana go e dira, e ka nna go reetsa, go bua, kwala, lebelela, tlhotlhomisa jj.

tlamanyi – letshwao la puiso le le dirisediwa go kopanya mafoko a mabedi kgotsa go feta. Sekao: molatlhwa–le–bowa

tlhaeletsano – puisano ka mogala, lekwalo, seyalemowa, thelebešene le ka mokgwa mongwe le mongwe fela o o ka atlegisang kgorogo / thomelo ya molaetsa.

tlhagisa – 1. go neela tshedimose tso ka ga sengwe kgotsa kang.

2. go supa tiro e e dirilweng

tlhama – ke sengwe se se simololwang kgotsa se se bopiwa ka maitlomo a go neela tshedimose tso kgotsa go dirisiwa.

tlhamo ya kakanyo – tlhamo ya se se akantsweng/itlhametsweng fela mme e se nnete.

tlhaoletsweng – go elets a kgotsa go laela tiriso ya sengwe mo karolong/setlhopheng/mophatong o o rileng ka nako e e rileng. Sekao; dikolo di ka elediwa kgotsa go laelwa go dirisa dibuka tse di rileng mo mephatong e e rileng ka dingwaga tse di rileng, e le go nna le taolo ya tiriso le ya tekanyetso ya tsona.

tlhatlhelela – mokgwa wa go neela tshedimose tso go barutwana mo phaposing kgotsa bareetsi ka ga thuto e e rileng.

tlhotlha diphoso – go sekaseka, lolamisa, go ntsha diphoso tsotlhe mo sethangweng morago o nyalanye dintlha.

tlhatlhoba/sekaseka – tlhatlhobo ka mokgwa o o rileng go bona sebopego kgotsa gore se tlamilwe jang.

tlhatlhoba ka tsenelelo – bopa kakanyo ya boleng le bokao jwa sengwe ka botebo.

tlhotlheletso ka botlhale gore batho ba nne mo letlhakoreng la mmui – puo ya maitlhommo a go ngoka batho gore ba dumele se mmui a se buang ka tsela e e sa siamang.

tlhotlhomisa – go batlisisa sengwe se se sa tlhagisiwang sentle ka go buisa, botsa dipotso, lebelela jj. go se tlhalosa.

tlodisa matlho – go lebelela sengwe e se ka tsenelelo /kgotsa go buisa ka bonako go bona kakanyokakaretso.

tlopolo – tiriso ya mafoko a mantsi a a sa tlhokegeng.

tota – go dira sengwe ka tlamalalo; gape o tlhomile matlho le mogopolo mo go sona

totobetseng – bokao jo bo tlhamaletseng e bile bo kwadilwe.

tsaya letlhakore (go) – go sekamela mo, kgotsa go gatelela letlhakore, kakanyo kgotsa motho yo o rileng.

tsepameng – ntlha e e tlhomameng

tshetlego – go emelela ntlha e e rileng ka mabaka a a tswang mo bopaking jo bo rileng.

