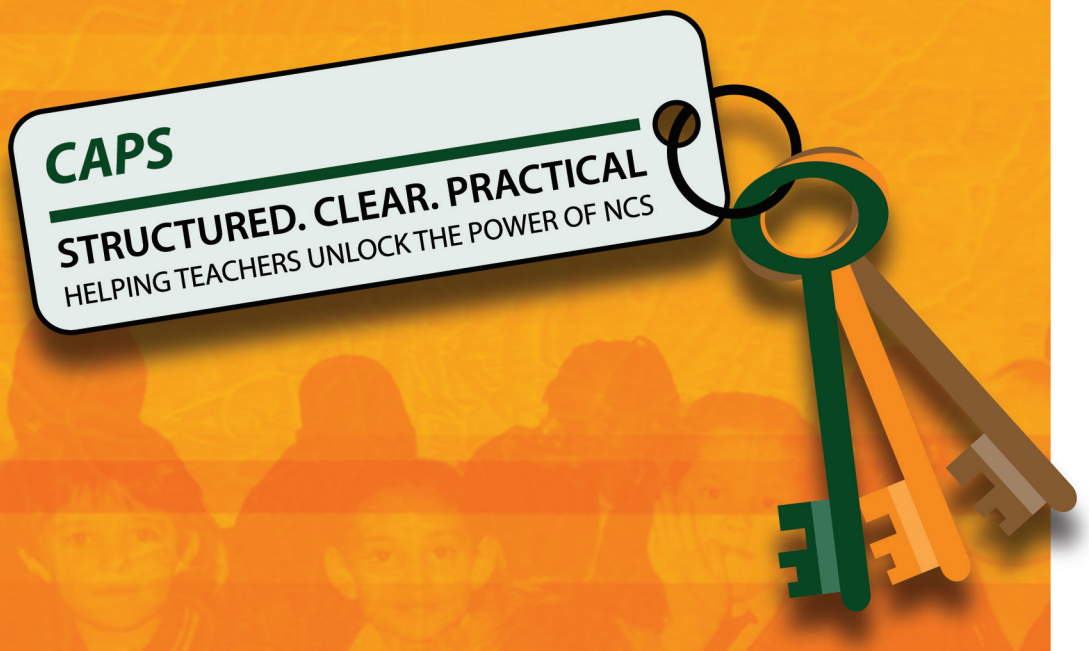
SETSWANA FIRST ADDITIONAL LANGUAGE

National Curriculum Statement (NCS)

Curriculum and Assessment Policy Statement



Foundation Phase
Grades 1-3

basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO
MEPHATO 1-3

PUO TLALELETSO YA NTHLA KGATO YA MOTHEO

Department of Basic Education

222 Struben Street
Private Bag X895
Pretoria 0001
South Africa
Tel: +27 12 357 3000
Fax: +27 12 323 0601

120 Plein Street Private Bag X9023
Cape Town 8000
South Africa
Tel: +27 21 465 1701
Fax: +27 21 461 8110
Website: http://www.education.gov.za

© 2011 Department of Basic Education

ISBN: 978-1-4315-0413-8

Design and Layout by: Ndabase Printing Solution

Printed by: Government Printing Works

FOREWORD BY THE MINISTER

Our national curriculum is the culmination of our efforts over a period of seventeen years to transform the curriculum bequeathed to us by apartheid. From the start of democracy we have built our curriculum on the values that inspired our Constitution (Act 108 of 1996). The Preamble to the Constitution states that the aims of the Constitution are to:

- heal the divisions of the past and establish a society based on democratic values, social justice and fundamental human rights;
- improve the quality of life of all citizens and free the potential of each person;
- lay the foundations for a democratic and open society in which government is based on the will of the people and every citizen is equally protected by law; and
- build a united and democratic South Africa able to take its rightful place as a sovereign state in the family of nations.

Education and the curriculum have an important role to play in realising these aims.

In 1997 we introduced outcomes-based education to overcome the curricular divisions of the past, but the experience of implementation prompted a review in 2000. This led to the first curriculum revision: the *Revised National Curriculum Statement Grades R-9* and the *National Curriculum Statement Grades 10-12* (2002).

Ongoing implementation challenges resulted in another review in 2009 and we revised the *Revised National Curriculum Statement* (2002) to produce this document.

From 2012 the two 2002 curricula, for *Grades R-9* and *Grades 10-12* respectively, are combined in a single document and will simply be known as the *National Curriculum Statement Grades R-12.* The *National Curriculum Statement for Grades R-12* builds on the previous curriculum but also updates it and aims to provide clearer specification of what is to be taught and learnt on a term-by-term basis.

The *National Curriculum Statement Grades R-12* accordingly replaces the Subject Statements, Learning Programme Guidelines and Subject Assessment Guidelines with the

(a) Curriculum and Assessment Policy Statements (CAPS) for all approved subjects listed in this document;

(b) *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*; and

(c) *National Protocol for Assessment Grades R-12.*

MRS ANGIE MOTSHEKGA, MP
MINISTER OF BASIC EDUCATION

DITENG

KAROLO 1: MATSENO A PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO PUO TLALELETSO YA NTLHA 3

1.1 Lemorago 3

1.2 Thadiso 3

1.3 Maikaelelo kakaretso a kharikhulamo ya Aforika Borwa. 4

1.4 Kabo ya Nako 6

1.4.1 Kgato ya Motheo 6

1.4.2 Kgato ya Magareng 6

1.4.3 Kgato ya Kgolwane 7

1.4.4 Mephato 10-12 7

KAROLO 2: GO ITSISE DIPUO 8

2.1 Matseno 8

2.2 Tlaleletso ya botemepedi 8

2.3 Kabo ya nako 9

2.4 Tlhatlhobo 10

2.5 Kitsiso ya Puotlaleletso ya Ntlha 10

2.6 Go reetsa le go bua 10

2.7 Go buisa le go kwala 12

2.7.1 Tlhagiso ya mokwalo wa tikologo 13

2.7.2 Puisokopanelo 13

2.7.3 Go buisa ka Ditlhophakaelo 14

2.7.4 Puiso ka bobedi le ka nosi 15

2.7.5 Medumopuo 15

2.7.6 Temogo ya mafoko 16

2.7.7 Go tlhaloganya 17

2.7.8 Go kwala 17

2.7.9 Popegopuo le tiriso 18

KAROLO YA 3: MAFOKO A A TLHAGELELANG KGAPETSA KGAPETSA 87

KAROLO YA 4: MEFUTA YA DITLHANGWA E E AKAREDITSWENG MO KGATONG YA MOTHEO LENANEFOKO 90

LENAANEFOKO 93

KAROLO 1: MATSENO A PEGELO YA PHOLISI YA KHARIKHULAMO LE TLHATLHOBO YA SETSWANA PUO YA GAE

1.1 Lemorago

Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 (NCS) e tlhalosa pholisi ya kharikhulamo le tlhatlhobo mo dikolong.

Go tokafatsa tiragatso e, Pegelo ya Kharikhulamo ya Bosetšhaba e ne ya mametlelelwa ka dimametlelelo tse di tla diragadiwang ka Firikgong 2012. Tokomana e le nngwe e e sobokantsweng ya Pholisi ya Kharikhulamo le Tlhatlhobo ya serutwa se sengwe le se sengwe, e ne ya kwalwa go emisetsa Dipegelo tsa Dirutwa, Dikaedi tsa Lenaneothuto le Dikaedi tsa Tlhatlhobo ya Dirutwa Mephato ya R-12 tsa bogologolo.

1.2 Thadiso

(a) *National Curriculum Statement Grades R-12 (Firikgong 2012)* e emela pegelo ya pholisi ya go ithuta le go ruta mo dikolong tsa Aforika Borwa mme e na le tse di latelang:

(i) Pegelo ya Pholisi ya Kharikhulamo le Tlhatlhobo ya serutwa se sengwe le se sengwe sa sekolo se se amogetsweng*;*

(ii) Pegelo ya Pholisi ya, *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12; le*

(iii) Pegelo ya Pholisi ya, *National Protocol for Assessment Grades R-12 (Firikgong 2012).*

(b) The *National Curriculum Statement Grades R-12 (Firikgong 2012)* e emela dipegelo tse pedi tsa kharikhulamo ya bosetšhaba tsa ga jaana, tsona ke:

(i) Revised National Curriculum Statement Grades R-9, Government Gazette No. 23406 of 31 May 2002*,* le

(ii) *National Curriculum Statement Grades 10-12 Government Gazettes, No. 25545 of 6 October 2003* and *No. 27594* of 17 May 2005.

(c) Dipegelo tsa kharikhulamo ya bosetšhaba tse di akanngwang go ka dirisiwa mo ditemanengpotlana tsa b(i) le (ii) di na le dipegelo tsa pholisi tse di latelang tse di tla khutlisiwang ka tatelano ke *National Curriculum Statement Grades R-12 (Firikgong 2012) mo pakeng ya go tloga ka* 2012-2014:

(i) Lekala la Thuto/Lenaneo la Serutwa, Dikaedi tsa Lenaneothuto, Dikaedi tsa Tlhatlhobo ya Dirutwa tsa Mephato R-9 le Mephato 10-12;

(ii) Pegelo ya Pholisi ya *National Policy on assessment and qualifications for schools in the General Education and Training Band*, e e tlhamilweng sešwa mo *Government Notice No. 124* in *Government Gazette No. 29626* of 12 February 2007;

(iii) Pegelo ya Pholisi ya the *National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF)*, e e tlhamilweng sešwa mo *Government Gazette No.27819* of 20 July 2005;

(iv) Pegelo ya Pholisi ya *An addendum to the policy document, the National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF), e e mabapi le barutwana ba ba nang le ditlhokego tse di kgethegileng,* e e phasaladitsweng mo *Government Gazette, No.29466* of 11 December 2006, e akareditswe mo pegelong ya pholisi ya National *policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12; le*

(v) Pegelo ya Pholisi ya *An addendum to the policy document, the National Senior Certificate: A qualification at Level 4 on the National Qualifications Framework (NQF), e e mabapi le the National Protocol for Assessment (Grades R-12)*, e e tlhamilweng sešwa mo*Government Notice No.1267* in *Government Gazette No. 29467* of 11 December 2006.

(d) Pegelo ya Pholisi ya *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*, le dikarolo tse di mo Pholising ya Kharikhulamo le Tlhatlhobo jaaka e akanngwang mo Dikgaolong 2, 3 le 4 tsa pegelo e, tse di agang melao le boleng jwa *National Curriculum Statement Grades R-12.* Ka jalo go ya ka karolo *6A ya South African Schools Act, 1996 (Act No. 84 of 1996,)* e aga motheo o Tona ya Thuto ya Motheo e ka tlhomamisang dipoelo tse di lekaneng tsa boleng, gammogo le thulaganyo le tsamaiso ya tlhatlhobo ya diphitlhelelo tsa barutwana e e ka dirisiwang mo dikolong tsa botlhe le mo dikolong tse di ikemetseng ka nosi.

1.3 Maikaelelo a kakaretso a Kharikhulamo ya Aforika Borwa

(a) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e tlhagisa kitso, dikgono le meetlo e e tshwanelwang ke go ithutiwa mo dikolong tsa Aforika Borwa. Kharikhulamo e ikaelela go netefatsa gore barutwana ba bona le go diragatsa kitso le dikgono ka ditsela tse di nang le bokao mo matshelong a bona. Mo ntlheng e, kharikhulamo e godisa kakanyo ya go tsepamisa kitso ka bokao jwa tikologo, e ntse e sisimoga (tsibogela) botlhokwa jwa lefatshe ka bophara.

(b) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12, e arabela maikaelelo a:

- go tlamela barutwana, go sa kgathalesege lemorago la ikonomi ya loago, lotso, bong, bokgoni jwa mmele kgotsa bokgoni jwa botlhale, le kitso, dikgono le meetlo tse di tlhokegang go ikgotsofatsa le botsayakarolo jo bo nang le bokao mo loagong jaaka baagi ba naga e e gololesegileng;
- e tlamela phitlhelelo ya thuto e e kwa godimo;
- go kaela phetogelo ya barutwana go tswa go thuto ya ditheo go ya go lefelo la tiro; le
- go tlamela bathati ka tshedimosetso e e lekaneng ya dikgono tsa morutwana.

(c) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e ikaegile ka metheo e e latelang:

- *Phetogo ya loago*; e netefatsa gore go sa lekalekaneng mo go tsa thuto go go fetileng go a siamisiwa, le gore ditšhono tse di lekalekanang tsa thuto di neelwa baagi botlhe:
- *Go ithuta go go tlhaga gape go tseneletse*, go rotloetsa molebo o o tlhaga e le o o tseneletseng mo thutong, boemong jwa go rutiwa ga go neelwa dinnete go go seng tlhaga e bile go sa tsenelela;
- *Kitso e e kwa godimo le dikgono tse di kwa godimo*; bonnye jwa maemo a kitso le dikgono tse di tshwanetseng go fitlhelelwa mo mophatong o mongwe le o mongwe di totobaditswe le go beelwa seemo se se kwa godimo, seemo se se fitlhelegang mo dirutweng tsotlhe;

- *Tsweletso*; diteng le bokao jwa mophato o mongwe le o mongwe di supa tsweletso go tloga go e e bonolo go fitlha go e e gwetlhang tlhaloganyo;
- *Ditshwanelo tsa botho, boakaretsi, bosiaimisi jwa tikologo le loago*; go tsenyeletsa melawana le ditlwaelo tsa bosiamisi jwa tikologo le loago le ditshwanelo tsa botho jaaka di tlhalosiwa mo Molaotheong wa Aforika Borwa. Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12. (Ka kakaretso) e bosisi mo dintlheng tsa dipharologano di tshwana le lehuma, go tlhoka tekatekano, lotso, bong, puo, kgolo, bogole le dintlha tse dingwe.
- *Go totobatsa botlhokwa jwa tsamaiso ya kitso ditso*; go lemoga ditiragalo (hisetori) le boswa jo bo humileng jwa naga e jaaka dintlha tse di botlhokwa tse di nonotshang meetlo e e leng teng mo Molaotheong; le
- *Go ikanyega, boleng le nonofo*; go tlamela thuto e e ka bapisiwang le ya dinaga tse dingwe ka boleng, go anama le boteng

(d) Pegelo ya Kharikhulamo ya Bosetšhaba Mephato R-12 e ikaelela go tlhagisa barutwana ba ba kgonang go:

- lemoga le go rarabolola mathata gape ba tsaya ditshwetso ba akanya ka tsenelelo e bile ba na le boitlhamedi.
- dira ka katlego ba le bosi, kana ba na le ba bangwe e le karolo ya setlhopha;
- ithulaganya, go itsamaisa le go tsamaisa ditiro tsa bona ka boikarabelo le ka nonofo.
- kgobokanya, sekaseka, rulaganya le go tlhatlhoba tshedimosetso ka tsenelelo;
- tlhaeletsana ka nonofo ba dirisa dikgono tsa pono, matshwao kgotsa dikgono tsa puo mo mekgweng e e farologaneng;
- dirisa saense le thekenoloji ka nonofo le ka tsenelelo ba supa boikarabelo mo tikologong le mo boitekanelong jwa ba bangwe; le
- bontsha go tlhaloganya lefatshe jaaka thulaganyo ya ditsamaiso tse di amanang ka go lemoga gore dikaelo tsa tharabololo ya mathata ga di tlhagelele di le tsosi.

(e) Boakaretsi bo tshwanetse go nna karolokônôkônô ya thulaganyo, ipaakanyo le go ruta mo sekolong se sengwe le se sengwe. Se, se ka diragala fa fela barutabana botlhe ba nna le tlhaloganyo e e edileng ya go lemoga le go arabela dikgoreletsi tsa go ithuta le go rulaganyetsa dipharologano.

Ntlhakgolo mo go tsamaiseng boakaretsi ke go netefatsa gore dikgoreletsi di a lemogiwa le go arabelwa ke ditlhopha tsotlhe tsa tshegetso mo loagong lwa sekolo, go akaretsa barutabana, ditlhopha tsa tshegetso tsa dikgaolothuto, ditlhopha tsa tshegetso tse di mo ditheong, batsadi le dikolo tse di kgethegileng jaaka ditikatikwe tse di tswelang morafe mosola ka kakaretso. Go arabela dikgoreletsi mo phaposiborutelong, barutabana ba tshwanetse go dirisa ditogamaano tse di farologaneng tsa dipharologano tsa kharikhulamo jaaka tse di akareditsweng mo Dikaeding tsa Go Ruta le Go Ithuta ga Boakaretsi tsa Lefapha la Thuto ya Motheo (2010). (*Department of Basic Education's Guidelines for inclusive teaching and learning (2010)*).

1.4 Kabo ya Nako

1.4.1 Kgato ya Motheo

(a) Nako ya go ruta mo Kgatong ya Motheo ke e e latelang

SERUTWA	MOPHATO R (DIURA)	MEPHATO 1-2 (DIURA)	MEPHATO 3 (DIURA)
Puo ya Gae	10	8/7	8/7
Puo Tlaleletso ya Ntlha		2/3	3/4
Dipalo	7	7	7
Dikgono tsa Botshelo • Kitso ya Tshimologo • Botshweretsi jwa Boitlhamedi • Thuto ya Ikatiso ya Mmele • Thuto ya boitekanelo jwa motho le loago	**6** (1) (2) (2) (1)	**6** (1) (2) (2) (1)	**7** (2) (2) (2) (1)
GOTLHE	**23**	**23**	**25**

(b) Nako ya go ruta ya Mephato R, 1 le 2 ke diura di le 23 mme ya Mophato 3 ke diura di le 25.

(c) Diura di le 10 mo dipuong di abetswe Mephato R-2 mme diura di le 11 ke tsa Mophato 2. Bogolo jwa diura di le 8 le bonnye jwa diura di le 7 di abetswe Puo ya Gae, bonnye jwa diura di le 2 le bogolo jwa diura di le 3 di abetswe Puotlaleletso mo Mephatong 1-2. Mo Mophatong 3 bogolo jwa diura di le 8 le bonnye jwa diura di le 7 di abetswe Puo ya Gae fa bonnye jwa diura di le 3 le bogolo jwa diura di le 4 di abetswe Puotlaleletso ya Ntlha.

(d) Mo serutweng sa Dikgono tsa Botshelo, Kitso ya Tshimologo e abetswe ura e le 1 mo Mephatong R-2 le diura di le 2 jaaka go kailwe ka diura tse di mo masakaneng mo mophatong wa 3.

1.4.2 Kgato ya Magareng

(b) Nako ya go ruta mo Kgatong ya Magareng ke e e latelang:

SERUTWA	DIURA
Puo ya Gae	6
Puotlaleletso ya Ntlha	5
Dipalo	6
Disaense tsa Tlhago le Thekenoloji	3,5
Disaense tsa Loago	3
Dikgono tsa Botshelo • Botshweretsi jwa Boitlhamedi • Thuto ya Ikatiso ya Mmele • Thuto ya boitekanelo jwa motho le loago	**4** (1,5) (1) (1,5)
GOTLHE	**27,5**

1.4.3 Kgato e Kgolwane

(a) Nako ya go ruta mo Kgatong e Kgolwane ke e e latelang:

SERUTWA	DIURA
Puo ya Gae	5
Puotlaleletso ya Ntlha	4
Dipalo	4,5
Disaense tsa Tlhago	3
Disaense tsa Loago	3
Thekenoloji	2
Disaense tsa Botsamaisi le Ikonomi	2
Tebanyo le Botshelo	2
Botshweretsi jwa Boitlhamedi	2
GOTLHE	**27,5**

1.4.4 Mephato 10-12

(a) Nako ya go ruta mo Mephatong 10-12 ke e e latelang:

SERUTWA	KABO YA NAKO MO BEKENG (DIURA)
Puo ya Gae	**4.5**
Puotlaleletso ya Ntlha	**4.5**
Dipalo	**4.5**
Tebanyo le Botshelo	**2**
Bonnye jwa dirutwa dingwe le dingwe tse tharo di tlhophiwa go tswa mo Setlhopheng sa B Mametlelelo B, Mananeo B1-B8 a pegelo ya pholisi ya *National policy pertaining to the programme and promotion requirements of the National Curriculum Statement Grades R-12*, e le mabapi le go ya ka mabaka a a botswang pele go dume-lanwa ka ona mo ditemaneng tsa 28 tsa pegelo ya pholisi e e bolelwang.	**12 (3x4 diura)**
GOTLHE	**27.5**

Nako e e abilweng ya beke e ka dirisediwa bonnye dirutwa tsa NCS tse di tlhokegang jaaka go kailwe fa godimo, e bile e se ke ya dirisediwa dirutwa dipe tsa tlaleletso tse di okeditsweng mo lenaneong la dirutwa. Fa morutwana a ka eletsa go oketsa dirutwa, nako e e okeditsweng e abelwe go rutiwa ga dirutwa tse.

KAROLO 2: GO ITSISE DIPUO

2.1 MATSENO

Mo kgatong ya motheo, dikgono tsa botlhokwa mo kharikhulamong ya Puotlaleletso ya Ntlha ke tse dilatelang:

Go reetsa le go bua	Go akanya le go batla mabaka le Popegopuo le tiriso ya tsona e nne tse di lotagantsweng mo dikgonong di le 4 tsa puo (go reetsa, go bua, go buisa le go kwala)
Go buisa le medumopuo	
Go kwala le mokwalo	

Diteng (kitso,kgopolo le dikgono) tse di akareditsweng mo Pegelo ya Pholisi ya Kharikhulamo ya Bosetšhaba (NCS), di rulagantswe mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo (CAPS)*, go ya ka dikgweditharo, go dirisiwa ditlhogo. Karolo ya Kgato ya Motheo ya *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* e tlamela barutabana ka:

- matseno a a nang le dintlhakaelo tse di mabapi le ka mo o tokomana ya Kgato ya Motheo e ka dirisiwang ka teng
- diteng, dikgopolo tse di tshwanelwang go rutiwa ka kgweditharo nngwe le nngwe
- dintlhakaelo tsa kabo ya nako
- ditlhokego tsa ditirwana tsa tlhatlhobo e e tlhomameng le ditshitshinyo ka ga tlhatlhobo e e sa tlhomamang
- mananeo a dithusathuto tse di atlanegesitsweng go ya ka mephato e e farologaneng

2.2 TLALELETSO YA BOTEMEPEDI

Barutwana botlhe ba tla kwa sekolong ba setse ba itse Puo ya Gae. Ba kgona go e bua ka thelelo, e bile ba setse ba itse diketekete tsa mafoko a a farologaneng. Go ithuta go buisa le go kwala mo Mophato 1 go agelela mo motheong wa puo ya molomo. Ka jalo, go bonolo go ithuta go buisa le go kwala ka Puo ya Gae.

Fa barutwana ba simolola go ithuta Puotlaleletso mo Mophato 1, ba tlhoka go nna le motheo o o tiileng wa puo ya molomo. Ba tlhoka go utlwa Setswana se se bonolo se se buiwang se ba ka se tlhaloganyang ka bokao jo bo maleba. Go reetsa morutabana a buisa kgang go tswa mo dibukeng tse dikgolo tsa ditshwantsho (Dibukakgolo) ke mokgwa o o siameng wa go fitlhelela se ka gonne o tshegetsa gape le go tlhabolola barutwana ka tshimololo ya puisokwalo. Fa go tlhaloganya ga bona go ntse go gola, ba tlhoka go neelwa ditšhono di le dintsi tsa go bua puo ka tsela e e bonolo. Se, se tlamela barutwana ka motheo wa go ithuta go buisa le go kwala mo Mephato 2 le 3.

Ka lesego, barutwana ba kgona go fetisetsa dikgono di le mmalwa tsa puisokwalo go tswa mo puong ya gae go ya go puo ya tlaleletso. Sekao, fa barutwana ba rutiwa mokwalo sentle mo Puo ya Gae, ba ka dirisa dikgono tse fa ba kwala puo ya tlaleletso. Fa ba ithuta medumopuo mo Puo ya Gae, ga ba tlhoke go ithuta kgolagano ya mopeleto wa medumo gape mo Puotlaleletso ya ntlha. Ba tlhoka fela gore ba dirise kitso ya bona e ba e kokwantseng mo puong ya gae mme ba ithute kgolagano ya mopeleto wa medumo e e farologaneng le ya puo ya tlaleletso.

Pegelo ya pholisi ya kharikhulamo le tlhatlhobo ya Puotlaleletso ya Ntlha, e tseelela gore barutwana ba setse ba na le dikgono tsa puisokwalo mo Puo ya Gae. Sekao, ditirwana tse di jaaka tsa Puisokaelo tse di itsisitsweng mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puo ya Gae mo Mophato 1 di itsisiwe gape mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha mo Mophato 2. Se, ke sona se se bidiwang ‘tlaleletso ya

botemepedi ' - e bong go tlhabolola motheo o o tiileng wa puisokwalo mo Puo ya Gae le go agelela puisokwalo mo Puotlaleletso ya Ntlha.

2.3 KABO YA NAKO

Kabo e e latelang ya nako ya go dira dipuo e tla simolola go dirisiwa ka 2012. Mo puong ya Kgato ya Motheo, nako e tla tlhomamisiwa ke bokao jo puo e dirisiwang ka jona mo sekolong seo. Dikolo di ka itlhophela gore di dirisa nako e e lekaneng go le kae mo Puo ya Gae le mo Puotlaleletso ya Ntlha go lebilwe ditlhokego tsa barutwana. Bogolo jwa nako e e ka abelwang tiriso ya Puo ya Gae le Puotlaleletso ya Ntlha bo neetswe fa tlase fa mo masakaneng.

	Puo ya Gae	**Puotlaleletso ya Ntlha**
Mophato 1	Diura di le 8 (7)	Diura di le3 (2)
Mophato 2	Diura di le 8 (7)	Diura di le 3 (2)
Mophato 3	Diura di le 8 (7)	Diura di le 4 (3)

Lefapha la Thuto ya Motheo ga le laolele dikolo gore di ka aroganya nako ka dikarolwana tse di farologaneng le fa gona go neelwa ditshitshinyo tse di latelang mo mophatong mongwe le mongwe:

Fa go neetswe bogolo jwa nako mo Puotlaleletso ya Ntlha, go tla latelwa kabo e e latelang:

PUOTLALELETSO YA NTLHA			
	MOPHATO 1	**MOPHATO 2**	**MOPHATO 3**
Go reetsa le go bua	Ura e le 1 metsotso e le 30	Ura e le 1	Ura e le 1
Go buisa le Medumopuo	Ura e le 1 metsotso e le15	Ura e le 1 metsotso e le 30	Ura e le 1 metsotso e le 30
Go kwala	Metsotso e le 15	Metsotso e le 30	Ura e le 1
Tiriso ya puo			Metsotso e le 30
	Diura di le 3 mo bekeng	**Diura di le 3 mo bekeng**	**Diura di le 4 mo bekeng**

Fa go neetswe bogolo jwa nako mo Puotlaleletso ya Ntlha go tla latelwa kabo e e latelang:

PUOTLALELETSO YA NTLHA			
	MOPHATO 1	**MOPHATO 2**	**MOPHATO 3**
Go reetsa le go bua	Ura e le 1 metsotso e le 30	Metsotso e le 45	Ura e le 1
Go buisa le Medumopuo	Metsotso e le 30	Metsotso e le 45	Ura e le 1
Go kwala		Metsotso e le 30	Metsotso e le 30
Tiriso ya Puo			Metsotso e le 30
	Diura di le 2 mo bekeng	**Diura di le 2 mo bekeng**	**Diura di le 3 mo bekeng**

2.4 TLHATLHOBO

Tokomana ya *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* e neela ditshitshinyo tsa Ditirwana dingwe le dingwe tsa tlhatlhobo e e tlhomameng mo Kgatong ya Motheo. Tirwana e nngwe le e nngwe e na le dikarolwana di le mmalwa tse di lebaganeng le dintlha tse di rileng tsa puo.

MOPHATO	SERUTWA	KGWEDITHARO 1	KGWEDITHARO 2	KGWEDITHARO 3	KGWEDITHARO 4	GOTLHE
1	Puotlaleletso ya Ntlha	1	1	1	1	4
2	Puotlaleletso ya Ntlha	1	1	2	1	5
3	Puotlaleletso ya Ntlha	1	2	2	1	6

Mo kgweditharong 1 go na le tirwana ya tlhatlhobo e e tlhomameng e le nngwe fela mo Mephatong 1 - 3. Mo mophato 1 dikolo di rotloediwa go dirisa tlhatlhobo ya motheo mo kgweditharong ya ntlha. Mo mophato 2 le 3 go tla latelwa *Tlhatlhobo ya Bosetšhaba ya Ngwaga le Ngwaga* (Annual National Assessment - ANA) mo tshimologong ya kgweditharo ya ntlha go tla letla barutabana gore ba kgone go tsamaisa tlhatlhobo ya motheo. Go tlaleletsa, go neelwa ditshitshinyo tsa tlhatlhobo e e tlhomameng tse di tla thusang go ruta le go ithuta ga letsatsi le letsatsi mme di ka se rekotiwe ka tlhamalalo.

2.5 KITSISO YA PUOTLALELETSO YA NTLHA

Fa morutabana a itsise Puotlaleletso ya Ntlha mo Mophato 1, o tlhoka tsela e e bonolo ya go fetisetsa 'puo ya tlaleletso' mo barutwaneng ba bannye ba ba leng baswa mo serutweng. Mokgwa o o siameng wa go dira se, e ka nna ka go dirisa phaphete, e e ka neelwang leina le le tswang mo Puotlaleletso, sekao, Phaphete e bidiwe Pule. Mo thutong ya ntlha, morutabana o itsise phaphete a bo a bolelela barutwana fa Pule a sa kgone go bua Puo ya Gae ya bona; o kgona go bua Seesimane fela ka jalo, ba tla tshwanelwa ke go bua Seesimane le Pule. Pule e tla nna ponagalo e e nnetseng ruri ya mo phaposing ya Puotlaleletso ya Ntlha. Morutabana a ka itsise phaphete ya bobedi (sk. Phaphete e bidiwe Pam) gore a bontshe tirisano e e ka nnang teng mo Puotlaleletso (sk. ditumediso).

2.6 GO REETSA LE GO BUA

Go ithuta Puotlaleletso go tshwana thata fela le go ithuta Puo ya Gae, ntle le fela gore e tla kwa moragonyana mo botshelong jwa barutwana. Mo dingwageng tsa bona tsa ntlha tsa botshelo, bana ba utlwa puo e ntsi e e bonolo e dirisiwa mo bokaong, mme se se ba kgontsha go inopela kitsonyana ya thutapuo le tlotlofoko ya puo gae. Fa morago ga ngwaga kgotsa go fetanyana, ba simolola go bua puo gae ya bona mme e se ka dipolelo tse di feletseng. Ba simolola ka lefoko le le lengwe kgotsa ka a le mabedi, a ba a dirisang go neela bokao jwa mafoko le mabaka a a farologaneng. Ba kgona go tlhaloganya puo e e marara e ba ka itlhagisang ka yona.

Go botlhokwa gore barutabana ba gopole ntlha e fa barutwana ba ithuta Puotlaleletso. Mo Mophatong wa 1, barutwana ba tlhoka go tlhagisetswa puo e ntsi e e buiwang e ka nna ka dikgang le ditaelo tsa mo phaposing. Go reetsa dikgang tse di tlotliwang ke tsela e ntle e barutwana ba ka ithutang Puotlaleletso ka yona. Morutabana o tlhoka go:

- tlhopha kgang ya popego e e bonolo, e o ka e boeletsang bonolo, e e kgontshang gore go ka dirisiwa tlotlofoko le thutapuo ya teng gape (sk. Ntšhwe o thamo telele)
- puo ya teng e nne bonolo, a bue ka bonya mme puo ya gagwe e nne e e tlwaelegileng
- bua ka go dirisa dikarolo tsa mmele, ditshwantsho le didiriswa tsa nnete go ba tiisetsa go tlhaloganya kgang

- tlotla kgang makgetlonyana, o ntse o oketsa go tsaya karolo ga bona ka iketlo, sekao, ka go nna le seabe mo dipoeletsong (sk. O ne a lala a lelela letsele a leletse).

Tsela e nngwe ya go tlhagisetsa barutwana Puotlaleletso ke ka go reetsa dikgang (kgotsa ditlhangwa tse di senang nnete) tse di buisiwang ke morutabana. Morutabana o buisa go tswa mo Bukakgolo, e bong buka e kgolo e e kwadilweng ka mokwalo o mogolo o o ka bonwang ke barutwana botlhe fa a ntse a buisa. Se, ke sona se e bidiwang "Puisokopanelo'. Nngwe ya mesola ya Puisokopanelo ke gore le fa e le tirwana e ntle ya go reetsa, e tlhabolola gape le tshimololo ya puisokwalo mo morutwaneng. Barutwana ba ithuta, sekao, dikgopolo tsa mokwalo (sk. gore re buisa go tloga kwa tshimologong ya buka mme re feleletsa kwa bokhutlong; le gore re buisa go tswa ka fa molemeng go ya kwa mojeng le go tswa kwa godimo go ya kwa tlase), ba simolola go tlwaela tirwana ya Puisokopanelo ka gonne ba tla bo ba e dira gape le mo Puotlaleletso (sk. ena, bona). Barutwana ba tshwanetse ba bo ba setse ba tlwaetse tirwana ya Puisokopanelo ka gonne ba tla bo ba di dira le mo dithutong tsa bona tsa Puo ya Gae.

Tsela e nngwe gape ya go tlhagisetsa barutwana Puotlaleletso ke ka go ba neela ditaelo tse di bonolo tse ba ka di tsibogelang ka tiriso ya dikarolo tsa mmele; sk. morutabana a ka re, 'Thabo, tlaya kwano,' e latelwe ke go e bontsha ka seatla mme ena a kgone go tsiboga ka mokgwa o o maleba. Mokgwa o, o itsiwe ka la 'Tsibogo-gotlhe' ka Dikarolo tsa Mmele, e bile o na le mosola ka gonne morutabana a ka kgona go bona ka bonako fa Pule a tlhaloganya kgotsa a sa tlhaloganye mme a kgone go ka neela pegelo ka ga seo - e ka nna gore 'O dirile sentle Thabo,' kgotsa a ka boeletsa taelo ka iketlo a dirisa dikarolo tsa mmele a gatelela taelo eo. Puo ya mo phaposing (sk. Tlaya o nne mo mmetsheng kwa pele) go tlamela ditšhono di le dintsi tse di tlwaelegileng tsa go itsise Tsibogo-gotlhe ka dikarolo tsa mmele. Diraeme tse di diragadiwang le tsona ke tsela e nngwe e e siameng ya go kopanya puo le ditirwana tsa ditiro tsa mmele ka tsela e e tshegetsang go tlhaloganya le go gakologelwa mo puong.

Mosola wa mekgwa e meraro e e tlhalositsweng fa godimo fa (go reetsa dikgang, Puisokopanelo le Tsibogo-gotlhe ka dikarolo tsa mmele)ke gore botlhe ba itebaganya le go ithuta puo ka go dira ditekatlhaloganyo. Se, se thusa ka go rola barutwana morwalo wa go bua, e fokotsa ketsaetsego le go ba letla go tota go tlhaloganya puo. Le gale, gore barutwana e nne bomankge mo go diriseng puo, ba tshwanelwa ke go ikatisa thata mo go e bueng .

Kwa tshimologong, puo e e buiwang ke barutwana e tla bo e le e e tlhomameng (go na le mokgwa o ba buang ka ona) - dipina tse di itsiweng ka tlhogo, diraeme tse di diragadiwang le maboko, le puo e nngwe fela e e ithutilweng ka go kaelwa, e e ithutilweng ka bontsi (e tlhakatlhakane fela), sekao, 'Dumelang, le kae?' Fela ka iketlo, fa barutwana ba simolola go tlhaloganya Puotlaleletso, ba tshwanetse ba simolola go bua, ba simolola ka lefoko kgotsa a le mabedi kgotsa go bua polelo ya mafoko a le mabedi. Sekao, fa ba araba potso ya morutabana, 'A lo ratile kgang e', morutwana o araba ka go re 'Ee' kgotsa 'Nnyaa'.

Sa ntlha, puo e e simololwang go buiwa ke barutwana e tlhoka go tshegediwa (sk. ba e supediwe ka diatla le ka dikarolo tsa mmele ba bo ba tshegediwe tota gore ba tlhaloganye).Sekao, barutwana ba ka simolola ka go diragatsa kgang e morutabana a e tlotlileng kgotsa e a e buisitseng le fa e ka nna go dira puisano nngwe fela. Barutwana ba ka tlotla kgang gape ka thuso ya morutabana. Morutabana o tlhoka go netefatsa gore barutwana botlhe ba bona tšhono ya go bua ka Setswana. Ka gonne barutwana ba gatela pele ka go farologana, morutabana o tlhoka go tlhola tšhono ya go bua (sk. dipotso tse morutabana a di botsang) go ya ka maemo a morutwana ka nosi.Fa barutwana ba tsweletse ka mephato, morutabana o tshwanelwa ke go bua thata mme puo ya bona e nne e teletsana.

Fa barutwana ba gatelapele ka go ithuta Setswana, ba tlhoka gape go itsisiwe le mefuta e mengwe ya ditlhangwa. Mo Mephato 1, ba tla nna le tlhagisetso e ntsi ya dikgang mme ba tla simolola go lemoga popego ya ditlhangwa tsa motlotlo (sk, go itsise baanelwa, tlhaloso ya maitshetlego/ ya lefelo, tshimologo ya bothata le tharabololo ya bona; kgang go le gantsi e tlotliwa e le ka paka e e fetileng). Mo Mophato 2, *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha e itsise ka mekgwa ya go ikgopotsa puo ya molomo (sk. Maabane re ne re ile teropong.Sa

ntlha, re ne raya kwa mabenkeleng a dijo. Fa morago ga foo, re ne ra ya kwa laeborari, jj), mme mo Mophato 3, go ka akaretswa tatelano ya ditiragalo. Tatelano ya ditiragalo tsa setlhangwa ke sengwe se se botlhokwa ka gonne e neela letsibogo magareng ga puo e e buiwang le e e kwalwang. Go le gantsi re dirisa tatelano ya ditiragalo tsa molomo (sk. go bolelela batho ka ga se re se dirileng), mme re ka di kwala gape. Mo mophato 3, barutwana ba itsisiwe ka molomo ka ga ditlhangwa tse di kwadilweng ka thulaganyo (sk. ditaelo tse di jaaka tsa resepi) le dipegelo tsa tshedimosetso (sk. Kgomo ke phologolo e kgolo. Di tsamaya go le gantsi e le motlhape, jj).Sekao sa mefuta e ya ditlhangwa se neetswe mo Karolo 4 kwa bofelong jwa tokomana e gammogo le tlhaloso ya popego ya tsona le diponagalo tsa teng.

Letsatsi le letsatsi le gangwe/gabedi mo bekeng go totilwe ditirwana tsa go reetsa/go bua di ikaegile ka di-thitokgang

Go reetsa le go bua go tlhoka go neelwa nako e ntsi thata mo Mophato 1. Se, se tlhoka go fokodiwa mo Mophato 2 le 3 mo go tla bo go itsisiwe go buisa le go kwala go go fetisang mo Puotlaleletso ya Ntlha. Go tshwanelwa ke gore go totiwe go reetsa le go bua mo Kgatong ya Motheo.

Mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha, go reetsa le go bua di rulagantswe ka mokgwa o o latelang:

- Lenaane la ditirwana tse di tshwanetseng go dirwa letsatsi le letsatsi mo sebakeng sa beke. Go tlhopha ditirwana le palo ya tsona e e tshwanelwang ke go dirwa letsatsi le letsatsi go tla laolwa ke morutabana le nako e a nang le yona go ka di dira. Se, se tla farologana ka gore a o dirisa bogolo kgotsa bonnye jwa nako jwa Puotlaleletso ya Ntlha.

- Tirwana e e totilweng, 'go reetsa dikgang tse di tlotlilweng le tse di buisitsweng', tse di rutiwang gangwe kgotsa gabedi mo bekeng, go lebilwe Mophato le nako e e leng teng go ka dira tiro eo.

Ditirwana tse, di rulagantswe go ya ka dithitokgang mo bekeng. Go tshitshinngwa gore morutabana a tlhophe di-thitokgang di le nne ka kgweditharo, di ka nna kwa tlase ka palo fa nako e sa lekane mo Puotlaleletso ya Ntlha. Morutabana o tlhoka go tlhopha dithitokgang tse di isang kwa go ruteng Puotlaleletso. Dithitokgang tse, e nne tse barutwana ba di tlwaetseng, segolo e nne tse ba setseng ba kile ba rutwa ka tsona mo Puo ya Gae mme di neela ditšhono di le mmalwa tsa go ruta puo mo bokaong jwa yona (sk. di tlhoka go tlamela ditšhono tsa tiragatso mme go dirisiwe dilo tse di leng teng ka botsona mo phaposiborutelong). Dithitokgang tse dingwe di neetswe e le dikao, fela ke ditshitshinyo; di se ke tsa tsewa jaaka tse di laelang.

Lebaka la go dirisa dithitokgang ke go kgontsha gore tlotlofoko le popego ya puo di boelediwe gape mo bokaong jo bo maleba. Sekao, mafoko a a amanang le dikarolo tsa mmele (sefatlhego, matlho, ditsebe, nko, molomo, matsogo, maoto, dinao) (Supa_____wa gago./Se, ke _____ya me./Tse ke _____tsa me.) Sa ntlha ba di utlwe di buiwa ka go boelediwa mo bokaong jo bo rileng; mme barutwana ba tlhoka go neelwa ditšhono tsa go di dirisa ka botlalo. Fa barutwana ba fetela mo Mephato 2 le 3, ba tla tlhoka go neelwa gape ditšhono tsa go buisa le go kwala. Barutwana ba tla di gakologelwa le go di dirisa fa tlotlofoko e boelediwa le go dirisiwa kgapetsakgapetsa.

2.7 GO BUISA LE GO KWALA

Ka ntlha ya mabaka a a neetsweng fa godimo, go nna le ntlha e kgolo ya go tota tlhabololo ya puo ya molomo mo Mophato 1 , ka gonne ke nako e barutwana ba tla bo ba ithuta go buisa le go kwala mo Puo ya Gae. Le ga le, mo Mephato 2 le 3 go tshwanetswe go totwe tlhabololo ya kitso ya puisokwalo mo Puotlaleletso ya Ntlha.

Go buisa le go kwala le gona go thusa ka go tlhabolola kitso ya barutwana ya puo ya Setswana. Go buisa go neela barutwana tlhagiso e ntsi go ba thusa ka Puotlaleletso. Dipatlisiso di re bolelela fa tlhabololo ya tlotlofoko ya barut-

wana e ikaegile bogolo mo bontsing jwa puiso e ba e dirang. Go kwala go botlhokwa ka gonne go pateletsa barutwana go akanya ka ga thutapuo le mopeleto. Se, se rotloetsa barutwana tsamaiso ya puo, le go itlhaganedisetsa go tlhaloganya puo le go e bua ka nepagalo.

Ka jalo nako e ntsi e abelwa ditirwana tsa go buisa le go kwala mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha ya Mephato 2 le 3. Ditirwana tsa Puiso le go Kwala di ema ka mokgwa o o latelang:

2.7.1 Tlhagiso ya mokwalo wa tikologo

Go tswa mo dingwageng tsa bona tsa ntlha, barutwana ba mo Aforika Borwa ba tlhagisetswa mokwalo o montsi wa mo tikologong ka Setswana, sekao, o le ka matshwao (matshwao a pharakano, matshwao a maina a mabenkele, jj) le wa mo diphuthelwaneng. Barutabana ba ka dirisa se jaaka ntlha ya tshimololo ya kitso ya puisokwalo mo Puotlaleletso ya bona, sekao, ka go tlisa diphuthelwana tsa dilo tse di tlwaelegileng kgotsa tsa dipapatso mo phaposing le go bona gore a barutwana ba lemoga maina a dikgwebo tse di farologaneng mo tikologong ya bona. Go tloga ka Kgweditharo 3 ya Mophato 1, fa barutwana ba setse ba na le kitso ya puisokwalo mo Puo ya Gae, morutabana a ka simolola ka go neela dilo maina (go tshwaya dilo) mo phaposiborutelong, a dirisa Puo ya Gae le Seesimane. Ditirwana tse, di tshegetswa ka go ithuta go go itlelang fela; ga di a tota ditirwana tsa kitso ya puisokwalo e bile ga di a tshwanelwa go neelwa nako e ntsi.

2.7.2 Puisokopanelo

Puisokopanelo e itsisiwe mo Mophato 1 mme e tswelele jalo go ralala Kgato ya Motheo. Tirwana e, e botlhokwa thata mo tlhabololong ya puo le kitso ya puisokwalo. Maikaelelo a Puisokopanelo mo Mephato 1 ke go tlhagisetsa barutwana Puotlaleletso ya bona ka mokgwa o o nang le bokao e bile ba bona tshegetso e e maleba. E tlhabolola le tshimololo ya barutwana ya kitso ya puisokwalo mo puo tlaleletsong. Ba nna le dikgopolo ka ga mokwalo mme ba simolole go lemoga mafoko a le mmalwa a a kwadilweng ka Setswana. Mo legatong le, morutabana o tshwanelwa ke go:

- Tlhopha setlhangwa se se bonolo tota sa mokwalo o o godisitsweng (sk. Bukakgolo) e e nang le kgang e e lekaneng mme e na le ditshwantsho di le dintsi tse dintle. Kgang e nne le popego e e tlhamaletseng e e bonolo (sk. Peba di le tharo…) Go mosola fa puo e le e e boeletsegang e bile e ka bonelwapele bonolo fela (sk. Ntšwanyana e fa kae? E mo ntlong. Ntšwanyana e kae? E kwa tshingwaneng, jj.) Ditlhangwa di farologane go ya ka bothata jwa tsona fa ngwaga o ntse o tswelela.
- Bua ka ditshwantsho le barutwana gore ba kgone go tlhaloganya tlotlofoko. Botsa dipotso ka Puo ya Gae. Ba thuse gore ba golaganye kgang le matshelo a bona.
- Buisa setlhangwa makgetlo a le mmalwa o supa ka monwana wa gago go kgontsha barutwana go latela kgatelopele ya gago fa o ntse o ya le setlhagwa.
- Botsa dipotso ka ga kgang.
- Ka iketlo akaretsa barutwana mo go 'buiseng' kgang.

Fa barutwana ba fetela kwa Mephato 2 le 3 ditlhangwa e ka nna tse di ba gwetlhang go le gonnye. Morutabana a ka ba bontsha mokgwa wa go kgona go buisa ka thelelo mme a dirisa setlhangwa go tlhabolola tlotlofoko, go tlhaloganya, dikgono tsa go tlhaloganya dipopego tsa setlhangwa, thutapuo le tiriso ya matshwao a puiso fa go buisiwa.

2.7.3 Go buisa ka Ditlhophakaelo

Mo Mophatong 2 barutwana ba simolola tirwana e ntšhwa mo puo tlaletso ya bona: Puisokaelo ka ditlhopha. Le ga le, ba tla bo ba tlwaetse tirwana ka gonne ba tla bo ba e dirile mo Puong ya Gae go tloga ka Mophato 1. Mo tirwaneng e, morutabana a tle ka sete ya dipadiso e e rulagantsweng go ya ka maemo a bothata jwa tsona. Morutabana o tshwanetse a rulaganye barutwana go ya ka ditlhopha tsa 6 - 10 tsa bokgoni jwa bona jwa go buisa mme a bo a tlhopha padiso e e maleba mo legatong la bona. Morutabana o tla buisa le setlhopha sengwe le sengwe gangwe mo bekeng, sebaka sa metsotso e le 15, fa ditlhopha tse dingwe di tsweletse ka go buisa ka bobedi kgotsa mongwe le mongwe a buisa ka nosi kgotsa ba dira ditirwana tse di tsamaelanang le setlhangwa sekao, ditirwana tse di kwalwang tse di bonolo jaaka go feleletsa dipolelo kgotsa go rulaganya dipolelo ka tatelano e e siameng. Maikaelelo a Puisokopanelo ke gore morutabana a tlhokomele barutwana ka bongwe ka bongwe gore a kgone go tlhabolola go tlhaloganya ga bona le go ba nonotsha ka dikgono tsa go itse go tlhasela mafoko mo Puotlaleletso ya bona.

Ditaelo tsa go bopa ditlhopha go ya ka bokgoni

Gore o kgone go kgaoganya barutwana ka ditlhopha, o tla tshwanelwa ke go ba ela tlhoko fa ba buisa go tswa mo dipadisong tsa mo phaposing. Tlhopha padiso e o akanyang gore barutwana ba tla kgona go e buisa, fela e se ke ya nna e e bonolo thata - e nne le dikgwetlhonyana mo mmuising. Fa morutwana a kgona go buisa ka thelelo, a bontsha maikutlo ka nepo, go tla raya gore kgang eo e mo maemong a a mo lekaneng a go buisa. Fa morutwana a retelelwa ke go buisa, tlhopha e e bonolonyana go fitlha o mo tsenya mo legatong le le maleba. Fa o setse o tlhatlhobile barutwana botlhe, o ka ba aba ka ditlhopha go ya ka bokgoni jwa bona.

Dikgato tsa thuto ya Puisokopanelo ka ditlhopha

I. Tlhopha setlhangwa se se maleba:

Go tla dirisiwa ditlhangwa tse di rulagantsweng go ya ka bothata jwa tsona. E nne tsa maemo a a kwa tlase mo go a tse di neng di dirisiwa mo Puisokopanelo. Buisa setlhangwa le bona pele, mme o ele tlhoko tlotlofoko kgotsa thutapuo nngwe fela e e ka ba thatafalelang. Se, ke sona se se ka laolelang morutabana go itebaganya le ntlha e e rileng.

II. Matseno:

Ba itsise mofuta wa buka (sk. e e senang nnete le e e nang le nnete) le setlhogo sa teng. Thusa barutwana go kgona go golaganya setlhogo le maitemogelo a bona a botshelo. Tsamaisa 'motlotlo' o o tlhomameng mme o lekane gore ba kgone go buisa ka katlego (metsotso e le 2-3).

III. Tlotlang ka ditshwantsho

Dirisa ditshwantsho go itsise barutwana setlhogo mme o tlotle ka tlotlofoko e ntšhwa. Le teng fa, leka gore o tlhomame mme kgang e nne e khutshwane (metsotso e le 2-3)

IV. Puiso ya ntlha:

Barutwana ba buisa kgang ka nosi. Morutabana o ela tlhoko maitsholo a bona fa ba buisa mme a ka tlhopha ntlha nngwe ya tlaleletso e e tshwanelwang ke go lejwa gape a dira jalo ka ntlha ya se a se lemogileng. Morutabana o tsamaya mo barutwaneng ka bongwe ka bongwe gore a utlwe mongwe le mongwe a buisetsa karolwana e nnye ya setlhangwa kwa godimo. Morutabana o rotloetsa barutwana mo legatong le ka go bua tse di latelang:

- O solofela go buisa ka ga eng mo bukeng e?
- A kgang eo e a tlhaloganyesega?
- O dirile sentle! O siamisitse diphoso tsa gago ka nosi. Se, se a tlhaloganyesega tota.
- Ke eng se se tla utlwalang se siame mo polelong e?
- Leba setshwantsho/sethalo.
- Go ka nna jalo, fela leba tlhaka ya ntlha gape.

Sa ntlha o tla tshwanelwa ke go ba botsa dipotso tse ka Puo Gae ya bona. Le ga le, ka bonako jo bo sa fediseng pelo, simolola go di botsa ka Setswana. Barutwana ba tshwanetse ba bo ba setse ba tlwaetse dipotso tsa mofuta oo ka gonne ba ntse ba dira ditirwana tse mo Puong ya Gae go tloga kwa tshimologong ya Mophato 1.

V. Go tlhaloganya

Botsa barutwana dipotso ka ga setlhangwa se se buisitsweng go netefatsa fa ba tlhalogantse.

VI. Puiso ya bobedi le e e latelang

Barutwana ba buisa setlhangwa gape ka bobedi kgotsa ka nosi mo malatsing a a latelanang. Kgangkgolo e go itebagannggwang le yona ke go tlhabolola go buisa ka thelelo le go tlamela ditšhono tsa go dirisa setlhangwa go thusa ka go tlhabolola tlotlofoko, thutapuo le go tlhaloganya setlhangwa ka tsenelelo. Puiso e e boeletswang e tshegetsa tlhabololo ya go buisa ka thelelo mo Puotlaleletsong.

Barutabana ba ka tswa ba sa tlwaela go dirisa Puisokaelo segolo mo dithutong tsa Puotlaleletso ya Ntlha. Le ga le, ba ka itsise mokgwa o wa go buisa ka iketlo. Fa ba setse ba itshepa ka go o dirisa mo Puong ya Gae, ba ka simolola jaanong ka Puotlaleletso ya Ntlha. Fa ba tsweletse, barutabana ba ka buisetsa barutwana botlhe mo phaposiborutelong, fa mongwe le mongwe a na le buka e le nngwe e e buang ka ga selo se le sengwe mme ba refosane go buisa. Barutabana ba tshwanelwa ke go ela tlhoko maitsholo a morutwana mongwe le mongwe fa a buisa mme ba ba thuse go tlhabolola dikgono tsa go tlhaloganya le go tlhasela mafoko.

Ga go na nako e ntsi e e abetsweng Puisokaelo mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha jaaka mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puo ya Gae. Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Ntlha ba tla kgona go dira le setlhopha sengwe le sengwe se sennye gangwe mo bekeng mo metsotsong e le 15. Le ga le, ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Ntlha ba ka se kgone go dira jalo. Ba tla tshwanelwa ke go dira puiso ya phaposi yotlhe mo boemong jwa Puisokaelo.

2.7.4 Puiso ka bobedi le ka nosi

Puiso ka bobedi le ka nosi e neela tsela ya go neela barutwana katiso mo puisong le go ba rotloetsa go buisetsa kgatlhegelo. Mo puisong ya bobedi, barutwana ba le babedi ba buisa mmogo kgotsa ba a refosana.

Barutwana ba tshwanetse go dirisa nako e go dira dilo di le pedi: 1) buisa buka ya padiso gape go tswa mo karolwaneng ya Puisokaelo ka Setlhopha go fitlha mo ba ka kgonang go buisa ka thelelo teng 2) buisetsa kgatlhegelo go tswa mo dibukeng tsa mo sekhutlwaneng sa puiso kgotsa laeborari. Setlhangwa e nne sa maemo a a kwa tlase go na le se se dirisitsweng go tswa mo Puisokopanelo le mo Puisokaelo ka ditlhopha.

Go neela barutwana ditšhono tsa go **buisa dibuka ka bo bona** go thusa mo tlhabololong ya go buisa ka thelelo, ntle le fa dibuka di le bonolo sentle mo barutwaneng gore ba ka di buisa kwa ntle ga thuso. Dibuka tse di khutshwane, tse di bonolo tse di nang le kgang e e bonelwang pele le ditshwantsho tsa mebalabala di botlokwa. Barutabana ba bangwe ba rata go neela barutwana puiso ya ka nosi gore ba buise kwa gae - go buisa buka e e buisiwang ke setlhopha kgotsa go buisa dibuka tse di bonolo fela di buisetswa kgatlhegelo. Ikatiso e ya go buisa ya tlaleletso, fa e dirwa ka gale/tlhomamo, e tshameka karolo e e botlhokwa mo go ithuteng go buisa **letsatsi le letsatsi**.

2.7.5 Medumopuo

Kgato ya ntlha ya go lemoga medumo ya puo e e kwalwang ke ka puo ya molomo –go ithuta go farologanya medumo e e farologaneng ya puo (**temogo ya medumopuo**). Morutwana jaanong o tshwanelwa ke go nyalanya medumo le ditlhaka tse di e emelang (sk. 'l', 'o', 'b', 'a'kgotsa 'th') o bo o kopanya ditlhaka go bopa lefoko (sk. 'loba', 'thoba') (**medumopuo**). Morutwana a bo a tlhaloganya mafoko ao (**go tlhaloganya**) le go a bona kgapetsakgapetsa mo dikwalong mo e leng gore go a lemoga go itlela fela (**temogo e e itlelang fela**). Mo bofelong, morutwana o tshwanetse go bo a kgona go buisa mafoko mo dipolelong ka bonako fela e bile a a tlhaloganya (**puiso ka thelelo**). Le gale, dielemente tse tsa go ithuta go buisa ga di diragale ka tatelano ya kgato ka kgato. Sekao, barutwana ba ithuta go

lemoga le go tlhaloganya mafoko a a feletseng go tswa mo mokwalong o o mo tikologong fela le mo Puisokopanelong fa ba santse ba le bannye. Le fa go ntse jalo, lenaneo le le rulaganeng la medumopuo le botlhokwa mo go ithuteng go buisa ka Puo ya Gae, go bapile le puiso, go kwala le go reetsa dikgang tse di buisiwang.

Fa barutwana ba simolola go buisa le go kwala mo puo ya tlaleletso, ba setse ba itse go dumisa medumo ya Puo ya Gae. Ba setse ba tlhaloganya dikgopolo tsa mokwalo e bile ba na le kitso e e lekaneng ya go nyalanya medumo le mopeleto. Se ba se tlhokang mo thutong ya medumopuo ya Puotlaleletso ya Ntlha, ke go ikatisa ka go dirisa kitso e mo go ithuteng go lemoga setlhangwa sa puo ya Setswana (sk. go kopanya medumo e e itsiweng go bopa mafoko ka yona). Barutwana ba tlhoka gape go itse mo kgolagano ya go peleta medumo e farologanang ka teng mo Puo ya Gae le mo Puotlaleletso ya Ntlha. Sekao, 'ph' mo Setswaneng e emela medumo e mebedi e e farologaneng fa 'ph' e emela modumo o le mongwe mo Seesimaneng e bong 'f'. (sk. phala, phamola, phate).

Go botlhokwa gore mo Mophato 1, barutwana ba nne le motheo o o tiileng wa puo ya molomo mo Puotlaleletso ya bona. Fa go sa nna jalo, ba ka se tlhaloganye mafoko a ba a dumisang mo Setswaneng mo Mophato 2 le tiro e ba e dirang ya medumopuo e tla nna fela 'go goeletsa ditlhaka fela'. Barutwana ba tla ungwelwa mosola go tswa mo go ithuteng go lemoga medumo ya Setswana (temogo ya medumopuo) mo Mophato 1.Se, se fitlhelelwa bonolo ka dipina le diraeme tse di ba thusang go farologanya medumo (sk. Ke bua, bua, bua le lona; Ke rata go rua, rua, rua le fa ke godile).

Go botlhokwa gore morutabana a gakologelwe gore tiro ya gagwe ke go tlhotlheletsa temogo mo tsamaong ya nako fa go ithutiwa nyalanyo ya medumo le mopeleto mo puo ya tlaleletso, mme e seng go e toutela gore e nepagale gotlhelele. Medumo e tshwanelwa ke go nna le ditirwana tse dikhutshwane, tsa tlwaelo go ralala Kgato yotlhe ya Motheo.

Ditirwana tsa medumopuo tsa letsatsi le letsatsi/beke le beke

Go tshwanetse go tlhokomelwe medumopuo thata mo Kgatong ya Motheo. Go neetswe lenaneo mo *Pegelo ya Pholisi ya kharikhulamo le Tlhatlhobo* ya Puotlaleletso ya Ntlha. Mo Mophato 2 le 3, lenaneo la medumopuo le neetswe le le agelelang mo go se barutwana ba setseng ba se dirile mo Puo ya Gae. Ka gonne nako ga e kalo ya go ruta medumopuo, barutabana ba rotloediwa go lotaganya go ruta medumopuo mo go reetseng, go bua le mo ditirwaneng tsa Puisokopanelo ya ditlhopha.

2.7.6 Temogo ya mafoko

Mafoko a a nnang a le teng (kgotsa mafoko a 'leba o bue') a dira gore morutwana a lemoge lefoko le le ikemetseng ka nosi 'mo go a a leng teng' ka go boaboeletsa lefoko. Mafoko a a tlhagelelang kgapetsakgapetsa mo setlhangweng (mafoko a a tlhagelelang thata) a ka ithutiwa ka mokgwa o. (Setswana, go farologana le dipuo tse dingwe, se na le phesente e kgolo ya mafoko a a sa peletiweng go ya ka mokgwa wa tlwaelo, se se raya gore go na le ngangisano e kgolo ka go rutwa ga mafoko a a tlwaelegileng go bonwa bonolo).

Dirisa dithuto tsa Puisokopanelo le Puisokaelo ya ditlhopha go bontsha leano le le latelang la menwana e le metlhano (5) mo e leng gore monwana o le mongwe o emela leano le mmuisi a ka le dirisang go akanya ka tatelano gore a ka kgona go buisa mafoko a a sa itseng le bokao ba ona:

Monwana o mogolo/kgonojwe: Tlogela lefoko mme o buise go fitlha kwa bofelong jwa polelo.

Monwana wa ntlha: Lebelela setshwantsho

Monwana wa bobedi: Lebelela lefoko gore o bone gore a go itsiwe dikarolo tse dingwe tsa lefoko.

Monwana wa boraro:Dumisa lefoko

Monwana wa bone: Kopa thuso go buisa lefoko kgotsa go tlhaloganya bokao ba lona

Simolola go ruta barutwana thulaganyo e gore e ba thuse fa ba kopana le mafoko a ba sa a itseng mo Puotlaleletso.

2.7.7 Go tlhaloganya

Barutwana ba lemoga medumopuo ya Puo ya Gae sewelo mme ga ba kgone go tlhaloganya se ba se buisang. Se, se feletsa se bonwa fela jaaka go goeletsa ditlhaka kwa ntle ga go di tlhaloganya. Lebaka le legolo le le tshwaelang mo go se ke gore bokgoni jwa bona mo puong eo bo bokoa. Ba tlhaela tlotlofoko e e lekaneng le thutapuo gore ba tlhaloganye se ba se buisang. Ka jalo, morutabana o tshwanetse go aga tlotlofoko le thutapuo ka go ba tlhagisetsa maemo a Setswana se se phepa se dirisiwang mo go tsona. Maano a a tshwanang le a go tlhama 'lebota la mafoko'mo phaposing le go ba rotloetsa go itirela dithanodi tsa bona (kgotsa buka ya tlotlofoko) go ka thusa thata. Go dira gore barutwana ba kgone go buisa thata mo puong ya tlaleletso e ka nna gongwe tsela e ntle ya go tokafatsa tlotlofoko ya bona. Le ga le, leano le, le tla dira fela fa ditlhangwa tsa teng di le maleba le legato la bona la go ka kgona go buisa ka nosi.

Tsela e nngwe e e botlhokwa ya go tlhabolola go tlhaloganya puiso ya barutwana ke ka go ba botsa dipotso tse di ba kgontshang go supa fa ba buisitse setlhangwa ka go se tlhaloganya. Morutabana a ka simolola ka dipotso tse di bonolo, sk. 'Ke mang…?' (Ke mang yo o jeleng bogobe botlhe?) 'Eng….? (Bana ba jele eng?) le 'Kae…? (Ba ne ba jela kwa kae?) Ka iketlo, fa barutwana ba ntse ba tlwaela mekgwa e e farologaneng ya dipotso ba tla bo ba tlhabolola puo e e maleba ya go ka araba dipotso mme go ka botswa tse di marara go feta. Ka nako e, barutwana ba tla bo ba le mo Mophato 3, ba tshwanelwa ke go bo ba kgona go araba dipotso tsa 'Goreng…? (sk. 'Goreng o rata go buisa?).

Go bona tshedimosetso e e fetang e ka ga go ruta Puisokopanelo, Puisokaelo, Puiso ka bobedi le ka nosi, Medumopuo, temogo ya medumopuo, temogo ya mafoko le go tlhaloganya, leba *Department of Basic Education's handbook*, '*Teaching Reading in the Early Grades' (2008)*, e e ka bonwa go tswa mo Webosaeteng ya www.education.gov.za

2.7.8 Go kwala

Barutwana ba ithuta dikgono tsa go bopa ditlhaka le go kwala ka Puo ya Gae. Ba ka dirisa kitso e fa ba simolola go kwala ka Puo ya Tlaleletso ya Ntlha mo kgweditharong ya boraro ya Mophato 1. Ditirwana tsa go kwala mo Mophato 1, di nna bonolo thata ka gonne barutwana ba tlhoka go itebaganya le go kwala ka Puo ya Gae.

Mo Mophato 2, go kwala Puotlaleletso ya Ntlha go bona tlhokomelo e kgolo. Go kwala go a kaelwa; sekao, barutwana ba kwala ba dirisa popego ya dipolelo tse di jaaka 'Ke rata _____./Ga ke rate _____.'Mo Mophato 3, go kwala go simolola go nna le dikgwetlho tse di tseneletseng. Fa ba tshegediwa, ba solofelwa go kwala sete ya ditaelo tse di bonolo le tatelano ya ditiragalo ka bo bona. Ba kwala kgang e e bonolo mmogo le morutabana (go kwala go go kopanetsweng).

Dikgono tse dintsi tsa go kwala di fetisiwa go tswa mo Puo Gae. Sekao, barutwana ba ithuta go kwala setlhangwa se se jaaka sa tatelano ya ditiragalo ka Puo Gae ya bona, mme morago ba kwala tatelano ya ditiragalo ka Puotlaleletso ya Ntlha. Barutwana ba ithuta go kwala setlhangwa sa ntlha, go kwala, go tseleganya le go phasalatsa tiro ya bona (dikgato tsa go kwala) ka Puo Gae, mme morago ba dirisa dikgono tseo fa ba kwala ka Puotlaleletso ya Ntlha.

2.7.9 Popegopuo le tiriso

Kitso e e tebileng ya tlotlofoko le thutapuo e tlamela motheo wa tlhabololo ya dikgono jaaka (go reetsa,go bua, buisa le go kwala) mo Puotlaleletso ya Ntlha. Mo Mophato 1, tlotlofoko le thutapuo di ithutiwa ka go itlela fela fa ba ntse ba reetsa le go bua puo e e buiwang. Mo Mophato 2 le 3, barutwana ba inopolela tlotlofoko le thutapuo gape ka go buisa Setswana. Mo mophato 3, go na le ditirwana tse di kgethegileng tse di totileng tiriso ya Puo.

Maikaelelo ka ga tlotlofoko a rulaganyeditswe mophato mongwe le mongwe mme lenaane la mafoko a a tlhagelelang kgapetsakgapetsa mo Setswaneng le neetswe mo Karolong 3 ya tokomana e. Go botlhokwa mo barutwaneng gore ba fitlhelele maikaelelo a, fa e le gore ba tla kgona go dirisa Seesimane jaaka Puo ya Go Ruta le Go Ithuta mo Mophato 4. Barutabana ba tlhoka maano a go tlhabolola tlotlofoko ya barutwana, sekao:

- Mafoko mo maboteng le matshwao a dilwana mo phaposiborutelong
- Tlotlofoko e e dirisiwang mo metshamekong sk. dipotso tsa malepa
- Go buisa ka nosi
- Go nna le dithanodi tsa bona (dibuka tsa tlotlofoko)
- Go dirisa dithanodi tsa bana tse di nang le ditshwantsho (e nne tsa temenngwe le temepedi).

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YA NTLHA MO MEPHATO 1– 3			
	MOPHATO 1	**MOPHATO 2**	**MOPHATO 3**
GO REETSA LE GO BUA	• Tswelela go aga tlotlofoko ya molomo o dirisa ditlhogo tse di tlhophilweng ke morutabana (sk. Dilo tse nka di dirang, Maemo a bosa) • Aga tlotlofoko e e nang le bokao jo bo rileng (sk. dipopego, bogolo, ntlha/kaelo) • Tsibogela ditaelo tse di bonolo tsa molomo ka go dira se a se laelwang (sk. Tsenya dibolo tse di botala jwa legodimo ka mo kgetsaneng. Jaanong tsenya dibolo tse dikhibidu ka mo kgetsaneng.) • Tsibogela ditumediso le go laelana, a bo a dira dikopo tse dikhutshwane ka go dirisa dipolelo tse di tlhomameng. (sk. Ke kopa go ya kwa ntlwaneng) • Ithuta ka tlhogo le go diragatsa diraeme tsa tiro, maboko a a bonolo le dipina • Tshameka metshameko e e bonolo ya puo • Tlhaloganya dikgang tse dikhutshwane, tse di bonolo tse di tlotlilweng le tse di buisitsweng: bua ka ga ditshwantsho • Diragatsa dikgang tse di bonolo a dirisa mmuisano • Araba dipotso tse di bonolo tse di tlhamaletseng ka ga kgang ka dikarabo tse dikhutshwane • Supa motho, phologolo kgotsa selo ka tlhaloso e e bonolo ya molomo (sk. nyalanya tlhaloso le setshwantsho) • Tlhaloganya le go araba dipotso tse di bonolo jaaka 'Mang?' 'Di le kae?'(Leina la gago ke mang?) • Itlhalosa ka mekgwa e e bonolo a dirisa dipolelo tse di bonolo (sk. Leina la me ke ___)	• Tswelela go aga tlotlofoko ya molomo e e tlhophilweng ke morutabana (sk. Ditlha, Maikutlo) • Aga tlotlofoko e e nang le bokao jo bo rileng (sk. nako, tatelano) • Sala ditaelo tse dikhutshwane tse di latelanang morago (sk. Rala sediko. Se tshase mmala o mohibidu.) • Neela ditaelo tse di bonolo • Tlhaloganya le go araba dipotso tse di bonolo jaaka 'mang?' 'eng?' (sk. Ke buka ya ga mang?) • Botsa dipotso tse di bonolo tse di tlhomameng (sk. Leina la gago ke mang?) • Dira dikopo le dipoelo tse di bonolo (sk. Ke kopa go ya kwa ntle tsweetswee? Ke a lwala.) • Supa selo ka tlhaloso e e bonolo ya molomo • Bua ka ga dilo tse di mo ditshwantshong • Reetsa dikgang le tatelano ya ditiragalo • Araba dipotso tse di bonolo tse di tlhamaletseng ka ga kgang (sk. Ke mang yo o jeleng bogobe?) • Diragatsa kgang a dirisa mmuisano mongwe go tswa mo go sona • Tlotla kgang gape ka thuso ya morutabana • Neela tatelano e khutshwane ya maitemogelo kgotsa ditiragalo • Ithute ka tlhogo le go diragatsa maboko a a bonolo, diraeme le dipina tse di diragadiwang • Tshameka metshameko ya puo	• Tswelela go aga tlotlofoko ya molomo e e tlhophilweng ke morutabana (sk. Go batlisisa) • Aga tlotlofoko e e nang le bokao jo bo rileng (sk.go bapisa, go supa) • Neela le go sala ditaelo morago • Tsibogela le go dira dikopo • Bua ka ga setshwantsho le senepe • Kopa go tlhalosediwa sengwe sentle (sk. Ga ke tlhaloganye, boeletsa gape tsweetswee.) • Neela motlotlo wa tatelano ya ditiragalo o o bonolo wa molomo (gakologelwa maitemogelo ka tatelano e e siameng) • Reetsa dikgang le metlotlo ya tatelano ya ditiragalo ya morutwana ka nosi le go araba dipotso tse di boletswang go tlhaloganya • Bonelapele se se tla diragalang mo kgannyeng kgotsa go naya tatelano ya ditiragalo tsa morutwana ka nosi • Tlhagisa maikutlo ka ga kgang • Tlotla kgang gape • Reetsa setlhangwa se e leng sa nnete (tatelano ya dintlha,tsamaiso kgotsa pegelo ya tshedimosetso) a bo a araba dipotso tse di boletswang go tlhaloganya • Neela tshobokanyo e e bonolo ya setlhangwa se nang le nnete ka thuso ya morutabana • Tsaya karolo mo motlotlong o mokhutshwane ka ga setlhogo se se tlwaelegileng • Tlhaloganya le go araba dipotso tse di bonolo jaaka 'Leng?' 'Goreng…?' (sk. Goreng ntlo e ne e wa?) • Diragatsa raeme, leboko kgotsa pina • Tshameka metshameko ya puo

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YA NTLHA MO MEPHATO 1– 3			
	MOPHATO 1	**MOPHATO 2**	**MOPHATO 3**
MEDUMOPUO	• Tlhabolola temogo ya medumopuo mo Puotlaleletso ya Ntlha ka go dirisa diraeme le dipina (sk. 'Kotsi ya metsi ya mokgweetsi') • Supa mafoko mangwe a a raemang • Lemoga medumo e e simololang mafoko a a tlwaelegileng (sk. 'p' mo go 'Pule') • Kgaoganya dipolelo tsa molomo ka mafoko a a ikemetseng ka nosi ka go opa diatla mo modumong o mongwe le o mongwe • Opa diatla go ya ka noko nngwe le nngwe mo mafokong a a tlwaelegileng • Farologanya modumo wa ntlha go tswa mo karolong e e setseng ya noko (morumo) (sk. se-bo-ko, mo-ro) • Lemoga ditlhogo tsa bontsi jwa mafoko ka go di utlwelela (me-, ba-)	Temogo ya medumopuo • Farologanya medumo e e tshwarisang bothata fa e utlweletswe (sk. 'o' le 'u') Medumopuo • Supa kamano ya tlhaka le modumo wa ditlhakanngwe tse di simololang ka go tshwana mo Puo ya Gae le Puotlaleletso ya Ntlha • Supa kamano ya modumo le tlhaka e e farologanang le e e leng teng mo Puong ya Gae • Bopa le go kgaoganya mafoko a dinoko di le tharo a dirisa medumo e a e ithutileng. (sk. a-pa-ra, le-ra-po) • Lemoga ditlhaka tse di tlwaelegileng tse di feleletsang mafoko (sk. gwe, go) • Kgobokanya mafoko a a tlwaelegileng go ya ka go batla go tshwana ga ona (pina,bina, mina) • Lemoga medumo e e pataganeng ya ditumammogo tse di tlwaelegileng jaaka ts, tl, tsh, kwa tshimologong le kwa bofelong jwa mafoko • Bopa le go kgaoganya mafoko a a bonolo a a simololang ka ditumammogo tse di pataganeng (sk. kgo-mo, pha-la, tsha-sa) • Lemoga bonnye mafoko a le 3 a ditumammogo tse di pataganeng (seatla, mooki, moagi)	• Supa kamano ya tlhaka le modumo ya ditlhakanngwe mo Puong ya Gae le Puotlaleletso ya Ntlha mme o lemoge dipharologanyo. • Lemoga medumo e e pataganeng ya ditumammogo kwa tshimologong ya mafoko (tl-, ts-, kg-) le kwa bofelong jwa ona (-ng) • Lemoga ditumanosi tse di pataganeng mo mafokong (sk. boa, mooki, maaka, boela) • Lemoga ditumanosi tse di sa utlwaleng mo mafokong (sk. mooko, maaka) • Dirisa ditumammogo tse di pataganeng tse di rumisanang go bopa le go kgaoganya mafoko (sk. .n-ko,n-tlu, n-kgo) • Lemoga mafoko a a itsegeng a rumisana (sk. lela, bela, wela) • Farologanya medumo ya ditumanosi tse dikhutshwane le tse ditelele ('noka','leka','mooko', 'maaka') • Farologanya ditumammogo tsa tshimologo le raeme mo dinokong tse di marara (sk. tlha-ga, se-n-tlha-ga) • Lemoga mafoko a a tsamaisanang a a marara, a a batlileng a tshwana ('kgatla', 'kgapa') • Lemoga tiriso ya megatlana mengwe (sk. '-ng', 'ana', 'nyana') • Bopa le go dumisa mafoko o dirisa medumo e o e ithutileng

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YA NTLHA MO MEPHATO 1 - 3			
	MOPHATO 1	**MOPHATO 2**	**MOPHATO 3**
GO BUISA LE GO LEBELELA	**Mokwalo wa tikologo** • Simolola go buisa matshwao a a bonolo a dilo mo phaposiborutelong le mo tikologong e e anameng, mo Puotlaleletso ya Ntlha (le Puo ya Gae) (sk. tsena fa/ tswa fa, bula) **Tshimololo ya go buisa** • Go fetisetsa kitso nngwe le dikgono tse a di boneng mo Puo ya Gae mo go buiseng Puotlaleletso ya Ntlha jaaka dikgono tsa go tshwara buka sentle, dikgono tsa tlhaloganyo ya motheo ya mafoko (sk. tlhaloganyo ya mafoko le ditlhaka, go buisa go tswa kwa molemeng go ya kwa mojeng le go tswa kwa godimo go ya kwa tlase mo tsebeng ya buka) • Lemoga mafoko a le mmalwa a a ipoeletsang kgapetsakgapetsa a a dirisiwang thata (ke, nna, ena, wena, bona, ka) **Puisokopanelo ya botlhe le morutabana** • Reetsa kgang e e bonolo thata kgotsa setlhangwa se se senang nnete se se buisiwang ke morutabana go tswa mo setlhangweng sa mokwalo o o godisitsweng jaaka Bukakgolo kgotsa phousetareng e e nang le thadiso • Bua ka ga dithadiso mo Bukeng e kgolo kgotsa mo phousetareng a dirisa Puo ya Gae fa go tlhokegang teng • Ithute tlotlofoko ya molomo mo Puotlaleletso ya Ntlha go tswa mo ditshwantshong • Araba dipotso tse di bonolo tsa molomo ka ga kgang • Morago ga dipuiso tse di boeleditsweng o kgone go tsena kgang fa go leng maleba teng. • Ka ntlha ya go bontshiwa mokwalo, o simolola go tlhabolola tlotlofoko e e nnang e le teng ya mafoko a le mmalwa a a tlhagelelang kgapetsakgapetsa (sk. le, wena, ena, rona, bona) • Diragatsa kgang • Rala ditshwantsho go tshwara kakanyokgolo ya kgang kgotsa setlhangwa se se nang le nnete	**Puisokopanelo** • Buisa setlhangwa se sekhutshwane se se nang le nnete le se se senang nnete (Bukakgolo kgotsa setlhangwa se sengwe sa mokwalo o o godisitsweng) le morutabana a dirisa ditshwantsho go tlhabolola tlotlofoko, setlhogo se a tla se bonelang pele le go araba dipotso tse dikhutshwane tsa molomo ka ga setlhangwa • Bopa bokao jwa setlhangwa se sekhutshwane sa ditshwantsho (sk. ka go latedisanya ditshwantsho kgotsa go nyalanya dintlhatlhaloso/dipolelo le setshwantsho) • Golaganya setlhangwa se se buisitsweng le maitemogelo a gagwe • Tlotla karolo ya kgang gape kgotsa a sobokanya setlhangwa se se nang le nnete ka thuso ya morutabana (dipolelo di le 2 -3) **Puisokaelo ka ditlhopha** • Buisetsa kwa godimo go tswa mo bukeng ya gago mo setlhopheng sa Puisokaelo le morutabana, ke gore , setlhopha sotlhe se buisa kgang e e tshwanang • Dirisa maano a go buisa a a rutilweng mo Puong ya Gae go itirela bokao jwa setlhangwa le go itekola fa a buisa (medumopuo, metlhala ya tiriso, tshekatsheko ya popego, mafoko a a nnang a le teng mo phaposiborutelong) • Dirisa ditshwantsho le dithadiso mo setlhangweng go thusa go tlhaloganya • Buisa ka thelelo e e oketsegang le ka go tlhagisa maikutlo • Supa fa a tlhaloganya matshwao a puiso fa o buisetsa kwa godimo • Tswelelapele go bopa tlotlofoko e e tla nnang e le teng mo phaposiborutelong (sk. sengwe, fa, thata, na le) **Puiso ka setlhopha/ka nosi** • Buisa mokwalo wa gagwe le wa ba bangwe • Ipuisetse ka nosi dibuka tse di buisitsweng ka dinako tsa Puisokaelo le dibuka tsa dintlhatlholoso tse di bonolo le tsa ditshwantsho tsa Puotlaleletso ya Ntlha go tswa mo sekhutlwaneng sa go buisa sa phaposiborutelo • Dirisa dithanodi tsa bana tsa ditshwantsho (tsa temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng	**Mokwalo wa tikologo** Buisa diphousetara tse di bonolo kgotsa ditlhogo tse di bonwang mo tikologong **Puisokopanelo** • Buisa ditlhangwa tse di senang nnete le tse di nang le nnete morutabana a dirisa dithalo go tshegetsa tlhabololo ya tlotlofoko • Araba dipotso tsa lefoko ka lefoko le tse di bonolo tsa go ipopela bokao tse di tshegetsang go tlhaloganya setlhangwa • Tlotla kgang gape o supa tatelano ya ditiragalo • Sobokanya setlhangwa se se nang le nnete (sk. pegelo ya tshedimosetso) **Puisokaelo ka ditlhopha** • Buisetsa kwa godimo le ka setu go tswa mo bukeng ya gagwe mo setlhopheng tsa Puisokaelo le morutabana, ke gore , setlhopha sotlhe se buisa kgang e e tshwanang • Dirisa maano a go buisa a a rutilweng mo Puogae go itirela bokao jwa setlhangwa le go itekola fa o buisa (medumopuo, metlhala ya tiriso, tshekatsheko ya popego, mafoko a a nnang a le teng mo phaposiborutelong) • Dirisa ditshwantsho le dithadiso mo setlhangweng go oketsa go tlhaloganya • Buisetsa kwa godimo ka lebelo le thelelo e e o ketsegang o dirisa kapodiso le kgatelelo e e nepagetseng • Supa go tlhaloganya matshwao a puiso a puopegelo, o dirisa segalo sa lentswe se se farologaneng fa o buisa • Dirisa maano mangwe a go ipaakanya **Puiso ka setlhopha/ka nosi** • Buisa mokwalo wa gagwe le wa ba bangwe • Buisetsa morutwana-ka -ena kwa godimo • Ipuisetsa ka nosi dibuka tse di bonolo tse di nang le nnete le tse di senang nnete, dibuka tse di buisitsweng ka nako ya Puisokaelo le dimakasini tsa bana le dikhomiki • Dirisa dithanodi tsa bana tsa ditshwantsho (tsa temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YA NTLHA MO MEPHATO 1— 3			
	MOPHATO 1	**MOPHATO 2**	**MOPHATO 3**
GO KWALA		• Dirisa dikgono tsa mokwalo tse a di rutilweng mo Puo Gae • Kwala mananeo a ditlhogo • Tlhopha le go kopolola dintlhatlhaloso tse di tlhalosang setlhogo sa setshwantsho ka nepo • Ka thuso, o kwala ntlhatlhaloso ya setshwantsho, (sk. Koloi e khibidu e kgolo) o buise se se kwadilweng. • Feleletsa dipolelo ka go tlatsa diphatlha ka mafoko a a tlogetsweng • Kwala dipolelo o dirise motheo wa tsona (sk. Ke rata___. Ga ke rate_____) • Kwala dipolelo o dirise mafoko a a ipoeletsang kgapetsakgapetsa a na le medumopuo le mafoko a a nnang a le teng a a tlwaelegileng • Kwala mafoko a a tlwaelegileng le dipolelo go tswa mo piletsong • Kwala dipolelo tse di tswakatswakantsweng ka thulaganyo e e nepagetseng go dira temana le go e kopolola • Kwala temana ya bonnye dipolelo di le 3 ka setlhogo se se tlwaelegileng • Kwala ditlhangwa dingwe tse dikhutshwane tse di bonolo tse o di rutilweng mo Puo Gae, sk. molaetsa mo karateng ya keleletso pholo • Dirisa dikgono tse o di rutilweng mo Puo Gae, o rulaganyetsa tshedimosetso mo mokgweng o o bonolo wa kerafo (sk. tšhate kgotsa molanako) • Ka thuso, o dirise maina le maemedi mangwe (sk. motho,ena, sekepe, sona, borotho, bona) • Ka thuso, a simolola go dirisa paka jaanong, pakatsweledi le pakaphethi ka nepagalo mo mokwalong • Ka thuso, a bopa bontsi jwa mafoko a a tlwaelegileng • Ka thuso, peleta mafoko a a tlwaelegileng ka nepagalo. O dirise thanodi ya bana mo go tlhokagalang teng • Dirisa matshwao a puiso a o setseng o a rutilwe mo Puo Gae (ditlhakakgolo le dikhutlo) • Ipopela sefala sa gagwe sa mafoko le thanodi ya gago.	• Dirisa dikgono tsa mokwalo tse o di rutilweng mo Puo Gae • Kwala manaane a a marara a a nang le ditlhogo (sk. Ditshenekegi: ditshoswane, dinotshe, dirurubele) • Kwala dipolelo go tswa mo piletsong • Kwala ditlhangwa tse di bonolo (sk. karata ya matsalo) • Ka tataiso, o kwale tatelano ya ditiragalo ka ga maitemogelo a gago o dirise motheo wa dipolelo (sk. Maabane ke…, Morago ka…, Kwa bofelong…) • Ka tataiso, o kwale ditaelo tse di bonolo • Kwala kgang e e bonolo le go e kopolola mmogo le morutabana • Rulaganya tshedimosetso mo tšhateng, lenaneong kgotsa mo kerafomikeng • Kwala dipolelo ka setlhogo se se tlwaelegileng (bonnye dipolelo di le 6 -8) • Dirisa thulagano ya go kwala (ipaakanyetsokwalo,go kwala, go tseleganya le go phasalatsa) • Dirisa matshwao a puiso a a setseng a a rutilwe mo Puotlaleletso (dikhutlo, diphegelwana, matshwao a potso, matshwao a tsiboso le ditsejwana) • Peleta mafoko a a tlwaelegileng ka nepagalo mme a leka go peleta mafoko a a sa tlwaelegang a dirisa kitso ya medumopuo • Dirisa pakajaanong, pakafetileng le pakatlang ka nepo e e oketsegang • Dirisa maina, madiri le maemedi ka nepo e e o ketsegang • Ipopele sefala sa mafoko le thanodi ya gagwe • Dirisa dithanodi tsa bana (tsa temenngwe le temepedi)

THADISO KA GA DIKGONO TSA PUO TSE DI TSHWANETSENG GO RUTWA MO PUOTLALELETSO YA NTLHA (FAL) MO MOPHATO 1 - 3			
	MOPHATO 1	**MOPHATO 2**	**MOPHATO 3**
POPEGOPUO LE TIRISO(E RUTIWE MO BOKAONG)	• Simolola go tlhabolola tlhaloganyo le bokgoni jwa go dirisa dipopego tsa puo mo bokaong jwa puo e e buiwang. • Tlhaloganya medirisotaelo e mengwe (O se ka wa taboga!) • Tlhaloganya le go simolola go dirisa dipolelo mo paka-jaanong (sk. O rata sekolo) le pakatsweledi (O ntse a kwala) • Tlhaloganya mekgwa e mengwe ya dipotso (‘Eng?’, ‘Mang?’, ‘Di le kae?’) • Tlhaloganya le go simolola go dirisa maemeditota .(nna,wena,ena,bona,lona) • Tlhaloganya le go simolola go dirisa medirisokgonego(Nka tlola.) • Tlhaloganya le go simolola go dirisa mafoko mangwe mo kganetsong (sk. Ga a buise. Ga ke tlole.) • Lemoga le go simolola go dirisa bontsi jwa maina (sk. katse/dikatse) • Tlhaloganya le go simolola go dirisa marui (ya me, tsa gago, sa gagwe) • Tlhaloganya le go simolola go dirisa matlhalosi(sk. ka bonya, sentle, maabane, kwa gae) le matlhaodi (sk. yo moleele, tse dikgolo,) • Tlhaloganya mafoko a le 700 -1,000 mo bokaong pele a ka fetsa Mophato 1	• Simolola go tlhabolola tlhaloganyo le bokgoni jwa go dirisa dipopego tsa puo mo bokaong jwa puo e e bui-wang le e kwadiwang. • Dirisa dipopego dingwe tsa thutapuo tse a di boneng kwa Mophatong 1(pakajaanong le pakatsweledi, modirisokgonego ‘ a ka’ kganetso le bontsi jwa mafoko, maemedi, matlhaodi le matlhalosi) • Tlhaloganya le go simolola go dirisa pakaphethi (sk.Ke tlhapile diatla.) • Tlhaloganya le go simolola go dirisa paka fetileng (sk. ke tsamaile le ena.) • Simolola le go dirisa dikgolagano tsa nako (sk. Sa ntlha, morago) • Tlhaloganya le go simolola go dirisa mekgwa ya di-potso (sk. O gorogile leng?) • Tlhaloganya le go simolola go dirisa maemedi mangwe (nna, wena, ena) • Tlhaloganya le go simolola go dirisa matlhalosi le matl-haodi a mantsi a a farologaneng • Tlhaloganya le go simolola go dirisa lediri (Ke a tshameka) • Tlhaloganya mafoko a le 1,000 -2,000 mo bokaong pele a ka fetsa Mophato 2	• Simolola go tlhabolola tlhaloganyo le bokgoni jwa go dirisa dipopego tsa puo mo bokaong jwa puo e e bui-wang le e kwadiwang. • Tlhaloganya le go dirisa (pakajaanong, pakatsweledi, pakaphethi le pakatlang) • Tlhaloganya le go dirisa mainagotlhe (sk. buka) le mainakgopolo (sk. mowa) • Tlhaloganya le go dirisa maina jaaka marui (Dibuka tsa ga Tshepiso) • Tlhaloganya le go dirisa masupi: e, eo, ele,se, seo, sele • Tlhaloganya le go dirisa mekgwa e e farologaneng ya dipotso (‘Efe?’ ‘Goreng…?’) • Tlhaloganya mafoko a le 1,500 -2,500 mo bokaong pele a ka fetsa Mophato 3

MOPHATO 1 PUOTLALELETSO YA NTLHA DITLHOKEGO TSA KGWEDITHARO	
KGWEDITHARO 1	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Ura e le 1 metsotso e le 30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Dibeke 1-5

Barutabana ba tshwanetse go tlhopha dithitokgang tse di tla ba kgontshang go itsise le go dirisa tlotlofoko le go akaretsa ditirwana tse di mo lenaaneng le le fa tlase.

Ela tlhoko gore dithitokgang kgotsa ditlhogo tse di tshitshintsweng ke tshitshinyo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba tse di ikaegileng ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatsa gore ba nne le ditlhokego tsotlhe jaaka dibukakgolo/ diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsa thitokgang e ba e tlhophileng.

Ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 1 - 5.

Dibeke 6-10

Barutabana ba tshwanetse go tlhopha dithitokgang tse pedi tse dintšhwa tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tsa 1 - 5. Dithitokgang di tshwanetse go letla morutabana go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e a setseng a e rutilwe. Ba tshwanetse go letla barutabana go tlhomama mo go diriseng gape dikarolo tsa puo tse di bonolo jaaka fa a buisa le barutwana mo puong tlaleletso ya ntlha.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 6 - 10. Barutabana ba tshwanetse go diragatsa tlhatlhobo e e tlhomameng mo bokhutlong jwa kgweditharo.

Ditirwana tsa letsatsi le letsatsi (Ura e le 1 mo bekeng)

E le nngwe kgotsa go feta ya ditirwana tse di latelang:

- O simolola go tlhabolola tlotlofoko ya puo ya molomo (go reetsa le go bua) o dirise dithitokgang /ditlhogo jaaka “Diaparo tsa me”
- O tsibogela ditumediso le ditaelano tse di bonolo o dirise dipolelwana, sk. ’Dumelang’, ‘Lo tsogile jang? Ke tsogile sentle.
- O dira dikopo tse di bonolo, sk. ’Ke kopa go ya kwa ntlwaneng ya boithusetso’
- O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. “Mpontshe mosetsana wa mosese o mohibidu.”
- O neela maina a dilo mo setshwantshong kgotsa mo phaposiborutelo go ya ka tsibogo le dipotso tsa morutabana, sk. “Ke eng seo? Ke hutshe.”
- O tsibogela ka namana ditaelo tsa molomo tse di bonolo, sk. “Apola jeresi ya gago.”
- O tsibogela dipotso tse di bonolo, sk. ‘Mmala wa jeresi o ntse jang? Mohibidu.”
- O tlhaloganya le go dirisa dipopego tsa puo tse di bonolo mo bokaong jwa tsona , sk. bongwe le bontsi setlhako - ditlhako
- O opela dipina tse di bonolo o diragatse ka kaelo ya morutabana
- O tsena mo go tshwanetseng o diragatsa mo diraemeng le dipina ‘Ntatemogolo, o tswa kae ka jeno...’
- O tshameka motshameko wa puo, sk. morutabana o fitlha hutshe mo phaposiborutelo mme a be a botsa dipotso a diragatsa, hutshe e fa kae? A e ka fa tlase ga tafole? A e mo kobotlong/ khabotong? jj.

Ditirwana tse go itebegantsweng le tsona tsa go reetsa le go bua (metsotso e le 15 gabedi mo bekeng)

Reetsa dikgang tse di tlotlilweng kgotsa tse di buisitsweng

Morutabana o buisa kgotsa go bua kgang gabedi mo bekeng. Dikgang tse di tlotlilweng di ka diragatswa go dirisiwa puo ya dikarolo tsa mmele le moaparo o o maleba go tshegetsa bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo dibukakgolo kgotsa phousetara tsa ditshwantsho mo e leng gore barutwana botlhe ba tla kgona go bona ditshwantsho.

- O reetsa dikgangkhutshwe kgotsa ditlhangwa tse di *nang le nnete* tse a di tlotletsweng kgotsa tse a di buisitseng go tswa mo dibukakgolong kgotsa diphousetara tsa ditshwantsho. Sk. " Ntatemogolo le hutshe ya gagwe" ka boitumelo le go tsena khorase mo gare ka nako e e tshwanetseng.
- O tlhaloganya le go tsibogela dipotso tse di bonolo, sk. Mmala wa hutshe o ntse jang? le ditaelo, sk. "Mpontshe hutshe ya ga rremogolo"
- Neela dingwe tsa dilo tse di mo setshwantshong ka go tsibogela dipotso go tswa go morutabana, sk. "Ke mang?"Ke rremogolo"
- ***Tlhabololo ya kgopolo, tlotlofoko le dipopego tsa puo***
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela ka go aga tlotlofoko ya molomo,go akaretsa tlotlofoko ya dikgopolo, sk. mmala - bohibidu, botala jwa legodimo, bontsho, bosweu
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya popego ya puo mo bokaong jwa puo e e tlhaloganyesegang, sk. Ditaelo jaaka "Ntshang dibuka tsa lona"; pakajaanong-tsweledi jaaka"o ntse a kwala dikgang"; maemedirui jaaka "buka ya me" bontsi jwa mabadi jaaka, tse tharo; tse tlhano"

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang

Go reetsa le go bua (ka molomo kgotsa ka tiragatso)

Dibeke 1-5

- O tsibogela ka namana ditaelo tsa molomo tse di bonolo
- O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. "Mpontshe mosetsana wa mosese o mohibidu"

Dibeke 6-10

- O neela maina a dilo mo setshwantshong kgotsa mo phaposiborutelo
- O tsibogela dipotso tse di bonolo

Tirwana 1 ya tlhatlhobo e e tlhomameng:

Go reetsa le go bua (ka molomo/ka tiragatso)

- O tsibogela dipotso tse di bonolo
- O bontsha go tlhaloganya tlotlofoko ya motheo ka go supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogo le ditaelo go tswa go morutabana sk "Mpontshe mosetsana wa mosese o mohibidu."

KGWEDITHARO 1	
PUISO LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 30 Bogolo jwa nako: Ura e le 1 metsotso e le 15 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Temogo ya medumopuo (metsotso e le 1-5 tirwana e nngwe le e nngwe)

Ditirwana tse di tshwanetse go nna tse dikhutshwane le go gokelelwa mo ditirwaneng tsa go reetsa le go bua kgotsa ditirwana tsa Puisokopanelo

- Kgaoganya dipolelo tsa molomo ka mafoko a a ikemetseng ka nosi ka go opa diatla mo lefokong lengwe le lengwe, sk. polelo e e tswang mo kgang
- Ka thuso ya morutabana supa mangwe a mafoko a a rumisanang mo kgang, dipina le diraeme
- O simolola go lemoga tshimologo ya medumo e e farologaneng mo mafokong, sk, 'h' mo go 'hutshe', 'b' mo go 'buka'

Tshimololo ya kitso ya puisokwalo (Metsotso e le 5-10 gangwe kgotsa gabedi mo kgweditharong)

Morutabana o tlisa diphousetara mo phaposiborutelong gore go tle go nne le mokwalo mo tikologong mo dipontshong tse di nnetseng ruri. Fa go tsewa loeto la sekolo, morutabana o bontsha barutwana ditshwantsho mo tikologong.

- O lemoga mangwe a mafoko a a tlwaelegileng mo tikologong ya bona ya letsatsi le letsatsi, sk. tsena/ tswa/ bula
- O tlhabolola tshimololo ya kitso ya puisokwalo, sk. kgopolo ya mokwalo go ya ka tirwana ya Puisokopanelo.

Puisokopanelo (bonnye jwa nako metsotso e le 30bogolo jwa nako ura e le 1 metsotso e le 15 mo bekeng)

Fa morutabana a dirisa bogolo jwa nako mo Puotlaleletso ya ntlha, o itsise dibukakgolo tse dintšhwa (kgotsa phousetara kgotsa ditlhangwa dingwetse dikgolo) mo bekeng e nngwe le e nngwe mmea bo a dira ditirwana letsatsi le lengwe le le lengwe. Fa a dirisa bonnye jwa nako mo Puotlaleletso ya ntlha, o dirisa sona setlhangwa sele gape mo bekeng di le 2-3 mme a dire tirwana gangwe kgotsa gabedi mo bekeng. Morutabana o buisa setlhangwa mo phaposiborutelo, a supa mafoko le go sekaseka ditshwantsho go tswa mo kgang. O buisa setlhangwa gape mo gare ga beke, a tlhotlheletsa barutwana go dira mmogo le ena. Setlhangwa se dirisiwa go itsise tlotlofoko e ntšhwa.

- Reetsa kgang kgotsa kgang e e seng ya nnete. fa ba ntse ba setse morutabana morago le go lebelela ditshwantsho
- Tlotla ka ditshwantsho o dirisa puogae mo go tlhokagalang
- Supa dilo mo ditshwantshong, sk. Mpontshe rremogolo",Supa ntšwa".
- Araba dipotso dingwe tse di bonolo ka tshegetso ya ditshwantsho, sk. " Hutshe e kae?"
- O ithuta tlotlofoko nngwe ya molomo, sk. mme, katse, rre, nkgonne, diaparo, jj.
- Morago ga poeletso ya puiso o tsena khorase mo gare fa go tlhokagalang teng, sk, 'fofa mosweu, fofa mantsho…jj'
- O diragatsa kgang a dirisa mmuisano
- O rala setshwantsho o bo o bona kakanyokgolo mo kgangnyeng.

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Temogo ya puomodumo:(molomo / tiragatso)

- O simolola go lemoga tshimologo ya medumopuo e e farologaneng mo mafokong
- O supa mangwe a mafoko a a rumisanang mo kgannyeng, dipina le diraeme

Puiso: (molomo / tiragatso)

- Supa batho bangwe, diphologolo le dilo mo ditshwantshong tsa bukakgolo(kgotsa mefuta ya ditlhangwa tsa ditshwantsho tse dikgolo)
- Araba dipotso dingwe tse di bonolo ka ga kgang kgotsa kgang e e seng ya nnete
- Rala setshwantsho a be a bona ntlhakgolo ya kgang kgotsa kgang e e seng ya nnete

Tirwana 1 ya tlhatlhobo e e tlhomameng:

Puiso: (molomo / tiragatso)

- Araba dipotso dingwe tse di bonolo ka ga kgang kgotsa kgang e e seng ya nnete
- O supa go tlhaloganya tlotlofoko go tswa mo kgangnyeng ka go supa dilo mo setshwantshong mo tsibogelong ya ditaelo go tswa go morutabana, sk "Mpontshe rremogolo",

KGWEDITHARO 1	
GO KWALA	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako:0 Bogolo jwa nako:Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO ***Mokwalo*kopanelo(bogolo *jwa nako - gangwe mo bekeng)*** ***Go kwala kwa tshimologong ya Puotlaleletso ya Ntlha go tshwanetswe ga tshegetswa ke morutabana*** • Ka thuso ya morutabana o kwala dintlhatlhaloso tsa setshwantsho le go buisa se a se kwadileng	
TLHATLHOBO **Tshitsinyo ya ditirwana tse di sa tlhomamang** **Go kwala: (e e kwadilweng)** • O kopolola dintlhatlhaloso tsa setshwantsho le go buisa se a se kwadileng.	

KGWEDITHARO 2	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Ura e le 1 metsotso e le30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Dibeke 1-5

Ela tlhoko gore dithitokgang kgotsa ditlhogo tse di tshitshintsweng ke tshitshinyo fela. Barutabana ba tshwanetse go itlhophela dithitokgang di le pedi tse di maleba tse di ikaegileng ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatsa gore ba nne le ditlhokego tsotlhe jaaka dibukakgolo/ diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsa thitokgang e ba e tlhophileng.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 1 - 5.

Dibeke 6-10

Barutabana ba tshwanetse go tlhopha dithitokgang tse pedi tse dintšhwa tse di tla ba kgontshang go tlhabolola se ba se dirileng mo dibekeng tse tlhano tsa ntlha. Dithitokgang di tshwanetse go kgontsha barutabana go itsise tlotlofoko e ntšhwa le go akaretsa tlotlofoko e e setseng e rutilwe. Dithitokgang di tshwanetse go letla barutabana go tlhomama mo go diriseng gape dikarolo tsa puo tse di bonolo, dipopego tsa puo tsa motheo jaaka fa a buisa le barutwana mo Puotlaleletso ya Ntlha.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 6 - 10. Barutabana ba tshwanetse go diragatsa tlhatlhobo e e tlhomameng mo bokhutlong jwa kgweditharo.

Ditirwana tsa letsatsi le letsatsi (Ura e le 1 mo bekeng)

E le nngwe kgotsa go feta ya ditirwana tse di latelang letsatsi le letsatsi go lebilwe nako e e leng teng:

- O simolola go tlhabolola tlotlofoko ya puo ya molomo (go reetsa le go bua) o dirise dithitokgang / ditlhogo jaaka “Dijo”
- O tsibogela ditumediso le ditaelano tse di bonolo, o dirise dipolelwana, sk. ‘Dumelang. Lo tsogile jang? Re tsogile sentle.
- O dira dikopo tse di bonolo, sk. ‘Ke kopa apole. ’
- O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. “Mpontshe apole/ panana/ namune,”jj
- O neela maina a dilo mo setshwantshong kgotsa mo phaposiborutelo go ya ka dipotso le tsibogo, sk. “Ke eng seo? Ke hutshe.”
- O tsibogela ka namana ditaelo tsa molomo tse di bonolo, sk. “Tsaya apole .” E beye mo tafoleng.”
- O tsibogela dipotso tse di bonolo, sk. ‘Go na le diapole di le kae fao? “Ke tse pedi.”
- O tlhaloganya le go dirisa dipopego tsa puo mo bokaong jwa tsona, sk. Pakajaanong jaaka ‘Pule o a ja’, ‘Pule o jele’
- O opela dipina tse di bonolo mme o di diragatse
- O tsena mo go tshwanetseng o diragatse ka diraeme le dipina,
- O tshameka motshameko wa puo, sk. Motshameko wa go fopholetsa - morutwana o tsaya karata ya setshwantsho, ba bangwe ba tshwanetse go fopholetsa gore dijo tse di mo setshwantshong ke eng? sk. A se o se tshotseng ke apole?

Ditirwana tse go itebagantsweng le tsona tsa go reetsa le go bua (metsotso e le 15 gabedi mo bekeng)

Reetsa dikgang tse di tlotlilweng kgotsa tse di buisitsweng.

Morutabana o buisa kgotsa go bua kgang gabedi mo bekeng. Dikgang tse di tlotlilweng di ka diragatswa go dirisiwa puo ka dikarolo tsa mmele le moaparo o o maleba go tshegetsa bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo dibukakgolo kgotsa phousetara ya ditshwantsho mo e leng gore barutwana botlhe ba tla kgona go bona ditshwantsho.

- O reetsa dikgangkhutshwe kgotsa ditlhangwa ka boitumelo tse di nang le nnete tse a di tlotletsweng kgotsa tse a di buisitseng go tswa mo dibukakgolo kgotsa diphousetara tsa ditshwantsho le go tsena khorase mo gare ka nako e e tshwanetseng.
- O tlhaloganya le go tsibogela dipotso tse di bonolo le ditaelo, sk. Mmala wa hutshe o ntse jang?“Mpontshe hutshe ya ga rremogolo”
- Naya dingwe tsa dilo tse di mo setshwantshong maina ka go tsibogela dipotso go tswa go morutabana, sk. ‘Ke mang?’‘Ke rremogolo’

- ***Tlhabololo ya dikgopolo, tlotlofoko le dipopego tsa puo***
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela ka go aga tlotlofoko ya molomo le go akaretsa tlotlofoko e e ikakanyetswang, sk. tatelano ya malatsi a beke.
- O simolola tlhabololo ya go tlhaloganya le bokgoni jwa tiriso e e bonolo ya popego ya puo mo bokaong jwa puo e e tlhaloganyesegang, sk. Ditaelo jaaka, "Ntshang dibuka tsa lona"; pakajaanong, jaaka "ke ja dijo"; kganetso jaaka " Ga ke je dijo"

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (molomo le tiragatso)

Dibeke 1-5

- O neela maina a dilo tse di tsamaelanang le thitokgang mo setshwantshong kgotsa mo phaposiborutelong
- O tsibogela dipotso tse di bonolo.

Dibeke 6-10

- O tsibogela dipotso tse di bonolo
- Itlhagise ka ditsela tse di bonolo ka go dirisa dipolelwana tse dikhutshwane, sk. "Ke rata apole, "Ga ke rate apole"

Tirwana 2 ya tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo le tiragatso)

- Bontsha go tlhaloganya nngwe ya tlotlofoko ya molomo e o e ithutileng mo tsamaong ya kgweditharo ka go tsibogela ditaelo jaaka 'thala dinamune di le tharo/dipanana di le tlhano'.
- O tsibogela dipotso tse di bonolo (ke dipanana di le kae mo kgamelong) ka dikarabo tse dikhutshwane.
- Itlhagise ka ditsela tse di bonolo ka go dirisa dipolelwana tse dikhutshwane, sk. 'Ke rata apole', 'Ga ke rate apole'

KGWEDITHARO 2	
PUISO LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako:metsotso e le 30 mo bekeng Bogolo jwa nako :Ura e le 1 Metsotso e le 15 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Temogo ya medumopuo (Metsotso e le 1-5 tirwana e nngwe le e nngwe)

Ditirwana tse di tshwanetse go nna dikhutshwane le go golaganngwa mo ditirwaneng tsa go reetsa le go bua kgotsa ditirwana tsa Puisokopanelo

- Kgaoganya dipolelo tsa molomo ka mafoko a le nosi ka go opa diatla mo lefokong lengwe le lengwe, sk. polelo e e tswang mo kgang
- O opa diatla ka dinoko tsa mafoko a a tlwaelegileng, sk. ba-na, pa-na-na
- Ka thuso ya morutabana o supa mangwe a mafoko a a rumisanang a kgang, dipina le diraeme.
- O simolola go lemoga tshimologo ya medumopuo e e farologaneng mo mafokong, sk. 'b' mo go 'bana', 'a' mo go apole.

Tshimololo ya kitso ya puisokwalo(metsotso e le 5-10 gangwe kgotsa gabedi mo kotareng)

Morutabana o tlisa diphousetara mo phaposiborutelong gore go tle go nne le mokwalo mo tikologong kwa go nang le dipontsho tsa leruri. Fa go tsewa loeto la sekolo, morutabana o supetsa barutwana ditshwantsho mo tikologong.

- O lemoga mangwe a mafoko a a tlwaelegileng mo tikologong ya bona ya letsatsi le letsatsi, sk. tsela, tsena, bula
- O tsweletsa tshimololo ya kitso ya puisokwalo, sk. kgopolo ya mokwalo go ya ka tirwana ya Puisokopanelo.

Puisokopanelo (bonnye jwa nako metsotso e le 25-30 bogolo jwa nako ura e le 1 metsotso e le 15 mo bekeng)

Fa morutabana a dirisa bogolo jwa nako mo puotlaleletso ya ntlha, o itsise dibukakgolo tse di ntšhwa (kgotsa phousetara kgotsa ditlhangwa dingwe tse dikgolo) mo bekeng e nngwe le e nngwe mme a bo a dira ditirwana tsa letsatsi le lengwe le le lengwe. Fa a dirisa bonnye jwa nako mo Puotlaleletso ya Ntlha, o dirisa sona setlhangwa sele gape mo bekeng tse 2-3 mme a dire tirwana gangwe kgotsa gabedi mo bekeng. Morutabana o buisa setlhangwa mo phaposiborutelo, a supa mafoko le go sekaseka ditshwantsho mo kgang. O buisa setlhangwa gape mo gare ga beke, a rotloetsa barutwana go dira mmogo le ena. Setlhangwa se dirisiwa go itsise tlotlofoko e ntšhwa.

- Reetsa kgang kgotsa setlhangwa se se nang le nnete fa ba ntse ba setse morutabana morago le go lebelela ditshwantsho.
- Tlotla ka ditshwantsho a dirisa Puo ya Gae mo go tlhokagalang
- Supa dilo mo ditshwantshong, sk. 'Mpontshe rremogolo", 'Mpontshe ntšwa'.
- Araba dipotso dingwe tse di bonolo ka tshegetso ya ditshwantsho, sk. 'Hutshe e kae?'
- O ithuta tlotlofoko nngwe ya molomo sk mme, katse, rre, nkgonne, diaparo, jj.
- Morago ga poeletso ya puiso o tsena khorase mo gare mo go tlhokagalang,
- O diragatse kgang o dirise mmuisano
- O rale setshwantsho o be o bone kakanyokgolo ya kgang

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Temogo ya medumopuo(*(Metsotso e le 1-5 tirwana e nngwe le e nngwe)*

- O simolola go lemoga tshimologo ya medumopuo e e farologaneng mo mafokong, sk. 'b' mo go 'bana', le 'a' mo go 'apole'
- O pa diatla go ya ka dinoko tsa mafoko a a tlwaelegileng, sk. ba-na, pa-na-na.

Puiso: (molomo / tiragatso)

- O supa batho ba bangwe, diphologolo le dilo mo ditshwantshong tsa dibuka tse dikgolo
- Araba dipotso dingwe tsa molomo ka ga setlhangwa se se *nang le nnete*.
- O rala setshwantsho a be a bona kakanyokgolo mo kgang kgotsa setlhangwa se se nang le nnete

Tirwana 2 ya tlhatlhobo e e tlhomamang:

Puiso (molomo /tiragatso)

- O opa diatla go ya ka dinoko tsa mafoko a a tlwaelegileng, sk. ba-na, pa-na-na
- Araba dipotso dingwe tsa molomo ka ga kgang kgotsa setlhangwa se se nang le nnete
- O supa go tlhaloganya tlotlofoko mo kgang ka go supa dilo mo setshwantshong a tsibogela ya ditaelo go tswa mo morutabaneng, sk. "Mpontshe mosese.

KGWEDITHARO 2	
GO KWALA	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako:0 Bogolo jwa nako:Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO ***Mokwalokopanelo (bogolo jwa nako - gangwe mo bekeng)*** ***Go kwala pele mo puotlaleletso ya ntlha go tshwanetswe ga tshegetswa ke morutabana*** • Ka thuso ya morutabana o kwala dintlhatlhaloso tsa setshwantsho le go buisa se a se kwadileng.	
TLHATLHOBO **Tshitshinyo ya ditirwana tsa tlhatlhobo e e tlhomameng:** **Go kwala: (tse di kwadilweng)** • O kopolola ntlhatlhaloso ya setshwantsho se a se radileng le go buisa se a se kwadileng gape.	

KGWEDITHARO 3	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Ura e le 1 metsotso e l e30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Dibeke 1-5

Morutabana o tlhopha dithitokgang di le pedi tse di tla itsiseng tlotlofoko le go e dirisa gape, a bo a dira ditirwana tse di neetsweng fa tlase fa. Ela tlhoko gore dithitokgang kgotsa ditlhogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba tse di ikaegileng ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatsa gore ba nne le ditlhokego tsotlhe jaaka dibukakgolo/ diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsa thitokgang e ba e tlhophileng.

Ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 1 - 5.

Dibeke 6-10

Barutabana ba tshwanetse go tlhopa dithitokgang tse pedi tse dintšhwa tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tse tlhano tsa ntlha. Dithitokgang di tshwanetse go letla barutabana go itsise tlotlofoko e ntshwa le go akaretsa tlotlofoko e e ba setseng ba e ithutile. Dithitokgang di tshwanetse go letlelela morutabana go tlhomama mo go diriseng gape dipopego tsa puo tsa motheo fa a bua le barutwana mo Puotlaleletso ya Ntlha.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Barutabana ba tshwanetse go netefatsa gore ba dira ditirwana tsotlhe go feta gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 6 - 10. Barutabana ba tshwanetse go diragatsa tlhatlhobo e e tlhamaletseng mo bokhutlong jwa kgweditharo.

Ditirwana tsa letsatsi le letsatsi (Ura e le 1 mo bekeng)

Dingwe tsa ditirwana tse di fa tlase tsa letsatsi le letsatsi go ya ka nako e e leng teng:

- O simolola go tlhabolola tlotlofoko ya puo ya molomo (go reetsa le go bua) a dirisa dithitokgang / ditlhogo jaaka “Diphologolo”
- O tsibogela ditumediso le ditaelano tse di bonolo, o dirise dipolelwana, sk. ‘Salang sentle. ‘Ke tla le bona ka moso’.
- O dira dikopo tse di bonolo, sk. ‘Tsweetswee nkadime phensele’
- O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. ‘Mpontshe katse,’
- O neela maina a dilo mo setshwantshong kgotsa mo phaposiborutelo go ya ka tsibogo le dipotso, sk. ‘ke eng seo? ‘Ke nku.’
- O tsibogela ka namana ditaelo tsa molomo tse di bonolo, sk. ‘Rala setshwantsho sa katse.’
- O tsibogela dipotso tse di bonolo, sk. ‘Mmala wa katse o ntse jang?,’ Ke o montsho.’
- O tlhaloganya le go dirisa dipopego tsa puo mo bokaong jwa tsona, sk. Matlhaodi; mosimane yo mokima.
- O supa motho, phologolo kgotsa selo go tswa mo tlhalosong ya molomo e e bonolo, sk. ‘Ke phologolo e nnye’. ‘E na le maoto a le mane le mogatla’.
- O opela dipina tse di bonolo mme a di diragatsa.
- O tsena mo go tshwanetseng fa a diragatsa mo diraemeng le dipina.
- O tshameka motshameko wa tiriso ya puo, sk. Motshameko wa go fopholetsa - morutwana o dira modumo wa phologolo, ba bangwe ba tshwanetse go fopholetsa gore ke modumo wa eng ka Puotlaleletso ya Ntlha.

Ditirwana tse go itebagantsweng le tsona, jaaka go reetsa le go bua (metsotso e le 15 gabedi mo bekeng)

Reetsa dikgang tse di tlotlilweng kgotsa tse di buisitsweng

Morutabana o buisa kgotsa go bua kgang gabedi mo bekeng. Dikgang tse di tlotlilweng di ka diragatswa go dirisiwa puo ka dikarolo tsa mmele le moaparo o o maleba go tshegetswa ka bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo dibukakgolo kgotsa phousetara ya ditshwantsho mo e leng gore barutwana botlhe ba tla kgona go bona ditshwantsho

- O reetsa dikgangkhutshwe kgotsa ditlhangwa tse di *nang le nnete* tse a di tlotletsweng kgotsa tse a di buisitseng go tswa mo dibukakgolo kgotsa diphousetara tsa ditshwantsho, sk. 'Rremogolo le hutshe ya gagwe." O dira jalo ka boitumelo le go tsena khorase mo gare ka nako e e tshwanetseng.
- O tlhaloganya le go tsibogela dipotso tse di bonolo, sk. 'Mpontshe podi.' 'Dipodi di kae?'
- O araba dipotso tse di bonolo ka ga kgang ka dikarabo tse dikhutshwane, sk. 'Dipodi di kae mo kgang?'Di tharo'
- Naya maina a dilo dingwe tse di mo setshwantshong ka go tsibogela dipotso go tswa mo morutabana, sk. 'Ke mang? " Ke rremogolo"
- ***Tlhabololo ya dikgopolo/tlotlofoko le popegopuo***
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela ka go aga tlotlofoko ya molomo, le go akaretsa tlotlofoko e e ikakanyetswang, sk. nomore, bogolo.
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisitswe mo puong e e nang le bokao ya molomo. sk. go tlhaloganya le go simolola go dirisa matlhaodi jaaka **kgolo, nnye, mokawana**, matlama jaaka **mo**, matlhalosi jaaka **ka pele, ka bonya, ka moso, kwa morago**

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo / tiragatso)

Dibeke 1-5

- O neela maina a dilo dingwe tse di amanang le thitokgang mo setshwantshong se se mo phaposiborutelong
- O tsibogela dipotso tse di bonolo, sk. mmala wa kgomo o ntse jang?

Dibeke 6-10

- Itlhagise ka ditsela tse dibonolo ka go dirisa dikapolelo tse dikhutshwane, sk. 'Ke rata apole,'
- O supa motho, phologolo kgotsa selo go tswa mo tlhalosong ya molomo e e bonolo, sk. 'Ke phologolo e nnye'. 'Ke na le maoto a le mane le mogatla'.

Tshitshinyo ya ditirwana tsa tlhatlhobo e e tlhomameng :

Go reetsa le go bua (molomo/ tiragatso)

- Tsibogela dipotso tse di bonolo, sk. 'Mmala wa kgomo o ntse jang?
- Supa motho, phologolo kgotsa selo go tswa mo tlhalosong ya molomo e e bonolo, sk. 'Ke phologolo e nnye'. 'Ke na le maoto a le mane le mogatla'
- O supa go tlhaloganya motheo wa tlotlofoko ya molomo ka go supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana. Sk. "Mpontshe apole/ namune/legapu, jj" Thala dinamune di le tharo/tlhano jj

KGWEDITHARO 3	
PUISO LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 30 mo bekeng Bogolo jwa nako: Ura e le 1 Metsotso e le 15 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Temogo ya medumopuo (Metsotso e le 1-5 tirwana e nngwe le e nngwe)

Ditirwana tse di tshwanetse go nna dikhutshwane le go golaganngwamo ditirwaneng tsa go reetsa le go bua kgotsa ditirwana tsa Puisokopanelo

- O opa diatla mo dinokong tsa mafoko a a tlwaelegileng, sk, ba-na, pa-na-na
- Ka thuso ya morutabana o supa mangwe a mafoko a a rumisanang mo kgang, dipina le diraeme
- O simolola go lemoga tshimololo ya medumo e e farologaneng mo mafokong, sk. 'b' mo go 'bana', "a" mo go 'apole'
- O lemoga bontsi ka go utlwa.

Tshimololo ya kitso ya puisokwalo (metsotso e le 5-10 gangwe kgotsa gabedi mo kgweditharong)

Morutabana o tlisa diphousetara mo phaposiborutelong gore go tle go nne le mokwalo mo tikologong mo dipontshong tse di nnetseng ruri. Fa go tsewa loeto la sekolo morutabana o supetsa barutwana ditshwantsho mo tikologong.

- O lemoga mangwe a mafoko a a tlwaelegileng mo tikologong ya bona ya letsatsi le letsatsi sk. maina a mebila, matshwao a marekelo, maina a a bapatsang dikuno jaaka, Toyota, Omo, Joko, Tleliniki.
- O tsweletsa tshimololo ya kitso ya puisokwalo, sk. kgopolo ya mokwalo go ya ka tirwana ya go Puisokopanelo

Puisokopanelo (bonnye jwa nako metsotso e le 25 -30 bogolo jwa nako ura e le 1 metsotso e le 15 mo bekeng)

Fa morutabana a dirisa bogolo jwa nako puotlaleletso ya ntlha, o itsise dibukakgolo tse di ntšhwa (phousetara kgotsa ditlhangwa dingwe tse dikgolo) mo bekeng e nngwe le e nngwe mme a bo a dira ditirwana tsa letsatsi le lengwe le le lengwe. Fa a dirisa bonnye jwa nako mo puotlaleletso ya ntlha, o dirisa sona setlhangwa sele gape mo dibekeng di le 2-3 mme a dire tirwana gangwe kgotsa gabedi mo bekeng. Morutabana o buisa setlhangwa mo phaposiborutelo, a supa mafoko le go sekaseka ditshwantsho go tswa mo kgang. O buisa setlhangwa gape mo gare ga beke, a tlhotlheletsa barutwana go dira mmogo le ena. Setlhangwa se dirisiwa go itsise tlotlofoko e ntšhwa

- Reetsa kgang kgotsa setlhangwa se se nang le nnete fa ba ntse ba setse morutabana morago le go lebelela ditshwantsho.
- Tlotla ka ditshwantsho a dirisa Puo ya Gae mo go tlhokagalang
- Supa dilo mo ditshwantshong, sk. 'Mpontshe katse', 'Supa katse'.
- Araba dipotso dingwe tse di bonolo ka tshegetso ya ditshwantsho, sk. 'Hutshe e kae?'
- Ithute tlotlofoko nngwe ya molomo, sk. katse, rre, nkgonne, diaparo, jj.
- Morago ga poeletso ya puiso, o tsena khorase mo gare mo go tlhokagalang.
- Diragatsa kgang a dirisa mmuisano
- O thala setshwantsho se se tlhagisang kakanyokgolo mo kgang.

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Temogo ya medumopuo (*Metsotso e le 1-5 tirwana e nngwe le e nngwe)*

- O opa diatla go ya ka dinoko tsa mafoko a a tlwaelegileng, sk. ba-na, pa-na-na
- O lemoga bontsi ka go utlwa mafoko (katse - dikatse)

Puiso: (molomo / tiragatso)

- O supa batho bangwe, diphologolo le didiriswa mo dithalong go tswa mo bukakgolo kgotsa go tswa mo mofuteng mongwe wa setlhangwa sa dithalo tse di godisitsweng.
- O araba dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang.
- O thala setshwantsho se se tlhagisang kakanyokgolo mo kgang kgotsa setlhangwa se se nang le nnete.

Tirwana 3 ya tlhatlhobo e e tlhomameng:

Puiso (molomo/ tiragatso)

- O lemoga bontsi ka go utlwa mafoko (ka kutlo) katse-dikatse.
- O araba dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang.
- O supa go tlhaloganya tlotlofoko mo kgang ka go supa dilo mo setshwantshong ka tsibogo ya ditaelo tsa morutabana, sk. “Mpontshe katse/nonyane/kgogo/ tlou. jj”

KGWEDITHARO 3	
GO KWALA	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako:0 Bogolo jwa nako: Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO ***Mokwalokopanelo (bogolo jwa nako - gangwe mo bekeng)*** ***Go kwala pele mo puong tlaleletso ya ntlha ya go tshwanetswe ga tshegetswa ke morutabana*** • Ka thuso ya morutabana o kwala dintlhatlhaloso tsa setshwantsho le go buisa se a se kwadileng • Ka thuso ya morutabana o kwala lenaane le le bonolo ka setlhogo, sk. Dipholologolo: ntšwa, katse, kgomo jj; Maungo: apole, panana, namune jj.	
TLHATLHOBO **Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang :** **Go kwala: (tse di kwalwang)** • O kopolola dintlhatlhaloso tsa setshwantsho le go buisa se a se thadileng • O kwala lenaane le le bonolo ka setlhogo, sk. Dipholologolo: ntšwa, katse, kgomo jj; Maungo: apole, panana, namune jj	

KGWEDITHARO 4	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Ura e le 1 metsotso e le 30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Dibeke 1-5

Barutabana ba tlhopha dithitokgang di le pedi tse di tla ba kgontshang go itsise le go dirisa tlotlofoko e e dirisitsweng gape le go akaretsa ditirwana tse tsa lenaane tse di latelang. Tlhokomela gore dithitokgang kgotsa ditlhogo tse di tshitshintsweng ke ditshitshinyo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba tse di ikaegileng ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba na le ditlhokego tsotlhe jaaka dibukakgolo/ diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsa thitokgang e ba e tlhophileng.

Ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 1 - 5.

Dibeke 6-10

Barutabana ba tshwanetse go tlhopa dithitokgang tse pedi tse dintšhwa tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tse tlhano tsa ntlha. Ba tshwanetse go letla barutabana go tlhomama mo go diriseng gape dikarolo tsa puo tse di bonolo jaaka fa a buisa le barutwana mo Puotlaleletso ya Ntlha.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba bona ka go ba dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang mo bekeng 6 –10. Barutabana ba tshwanetse go diragatsa tlhatlhobo e e tlhomameng kwa bokhutlong jwa kgweditharo.

Ditirwana tsa letsatsi le letsatsi (Ura e le 1 mo bekeng)

Bontsi jwa ditirwana tse di latelang bo tla dirwa fa fela go na le nako e e lekaneng:

- O simolola go tlhabolola tlotlofoko ya puo ya molomo (go reetsa le go bua) a dirisa dithitokgang / ditlhogo jaaka “Dilo tse ke kgonang go di dira ”
- O tsibogela ditumediso le ditaelano tse di bonolo, a dirisa dipolelwana, sk. ‘Salang sentle. Ke tla le bona mo nakonge e sa fediseng pelo.’
- O dira dikopo tse di bonolo, sk. ‘Ke kopa metsi’
- O supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. ‘A ko o mpontshe nonyane’.
- O neela maina a dilo go tswa mo setshwantshong kgotsa mo phaposiborutelo go ya ka tsibogo ya dipotso tsa morutabana, sk. ‘Ke eng se? Ke hutshe,’ Ke nonyane.
- O tsibogela ka namana ditaelo tsa molomo tse di bonolo, sk. ‘O thala setshwantsho sa nonyane, thala diphuka, thala maoto a mabedi, thala tlhogo, thala matlho, thala molomo.’
- O tsibogela dipotso tse di bonolo tse di bodiwang ke morutabana, sk. ‘A o ka tlola?’ ‘A ko o mpontshe’
- O tlhaloganya le go dirisa dipopego tsa puo mo bokaong jwa tsona, sk.‘kgona’ke kgona go tlola, ke kgona go tshwara menwana ya me ya maoto.
- O supa motho, phologolo kgotsa selo go tswa mo tlhalosong e e bonolo, sk. Ke na le maoto a le mabedi, diphuka le molomo, nka fofa. Ke nna mang?’
- O opela dipina tse di bonolo a di diragatsa, sk. ‘Ke kgona go fofa’
- O tsena mo gare ga raeme ya tiragatso, a diragatsa, sk. ‘Nka tlhapa meno a me’.
- O tshameka motshameko wa puo, sk. motshameko wa ketane - morutwana o simolola a re ke kgona go tlola, O ka dira eng? Morutwana yo o latelang o tshwanetse go araba le go botsa morutwana yo latelang “A o kgona go dira jalo? Barutwana botlhe ba nna le tšhono ya go tshameka.

Ditirwana tse di lebaganeng le go reetsa le go bua (metsotso e le 15 gabedi mo bekeng)

Reetsa dikgang tse di tlotlilweng kgotsa tse di buisitsweng.

Morutabana o buisa kgotsa go bua kgang gabedi mo bekeng. Dikgang tse di tlotlilweng di ka diragatswa go supiwa puo ka dikarolo tsa mmele le moaparo o o maleba go tshegetsa bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo dibukakgolo kgotsa phousetara ya ditshwantsho mo barutwana botlhe ba tla kgonang go bona ditshwantsho

- O reetsa dikgangkhutshwe kgotsa ditlhangwa tse di *nang le nnete* tse a di tlotletsweng kgotsa tse a di buisitseng go tswa mo dibukakgolo kgotsa diphousetara tsa ditshwantsho, sk. 'Rremogolo le hutshe ya gagwe'ka boitumelo le go tsena khorase mo gare ka nako e e tshwanetseng
- O tlhaloganya le go tsibogela ditaelo, sk. 'Mpontshe serurubele'
- O araba dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang, 'A morubisi o kgona go fofa?' 'Morubisi o fofa leng?'
- Neela dingwe tsa dilo tse di mo setshwantshong maina ka tsibogelo ya dipotso go tswa mo morutabaneng, sk. 'Ke eng se? 'Ke morubisi'.
- ***Tlhabololo ya kgopolo, tlotlofoko le dipopego tsa puo***
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela ka go aga tlotlofoko ya molomo, le go akaretsa tlotlofoko e e ikakanyetswang, sk. bokgoni - Dinonyane di na le bokgoni jwa go ja dijalo tsotlhe mo tshingwaneng.'
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisitswe mo puong e e nang le bokao ya molomo, sk. go tlhaloganya le go dirisa mediriso (nka kgona), matlhalosi (nka taboga ka bonako) le kganetso (ga ke kgone go fofa).

TLHATLHOBO

Ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (molomo le tiragatso)

Dibeke 1-5

- O tsibogela dipotso tse di bonolo, sk. 'A o ka kgona go kwala leina la gago?' 'A ko o mpontshe'.
- Itlhagise ka ditsela tse di bonolo, sk. 'Nka tlola'.

Dibeke 6-10

- Itlhagise ka ditsela tse di bonolo ka go dirisa dipolelwana tse dikhutshwane, sk. 'Ke rata apole', 'Ga ke rate apole.'
- O supa motho, phologolo kgotsa selo go tswa mo tlhalosong ya molomo e e bonolo, sk. 'Ke phologolo e nnye.' 'Ke na le maoto a le mane le mogatla.'

Tshitshinyo ya tlhatlhobo e e tlhomameng ya tirwana 4:

Go reetsa le go bua (molomo/ tiragatso)

- O tsibogela dipotso tse di bonolo, sk. 'A o kgona go bala go fitlha ka 10?''A ko o mpontshe.'
- Itlhagise ka ditsela tse di bonolo ka go dirisa dipolelwana tse dikhutshwane, sekao. 'Nka kwala leina la me.'
- O supa go tlhaloganya motheo wa tlotlofoko ya molomo ka go supa dilo mo phaposiborutelo kgotsa mo setshwantshong go ya ka tsibogelo le ditaelo tsa morutabana, sk. 'Mpontshe apole/ panana/ namune, jj' Thala dinamune di le tharo/tlhano, jj.'
- Tlhaloganya bonnye mafoko a le 700 mo bokaong jwa maemo a a abelwang nako e nnye mo Puotlaleletso ya Ntlha le bonnye jwa mafoko a le 1,000 mo go abiwang nako e nnye mo Puotlaleletso ya Ntlha (dirisa lenaneo la mafoko le le neetsweng mo Karolo 3 ya tokomana e go go neela motlhala)

KGWEDITHARO 4	
PUISO LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 30 mo bekeng Bogolo jwa nako: Ura e le 1 metsotso e le 15 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Temogo ya medumopuo (metsotso e le 1-5 tirwana e nngwe le e nngwe)

Ditirwana tse di tshwanetse go nna dikhutshwane le go golaganngwa mo ditirwaneng tsa go reetsa le go bua kgotsa ditirwana tsa Puisokopanelo

- O opa diatla mo dinokong tsa mafoko a a tlwaelegileng, sk. 'ba-na', 'pa-na-na'
- Ka thuso ya morutabana o supa mangwe a mafoko a a rumisanang mo kgang, dipina le diraeme.
- O simolola go lemoga tshimololo ya medumo e e farologaneng mo mafokong, sk. 'b', mo go 'bana', le 'a' mo go 'apole'.
- Lemoga bontsi jwa mafoko ka go a utlwa (nonyane - dinonyane)

Tshimololo ya kitso ya puisokwalo (metsotso e le 5-10 gangwe kgotsa gabedi mo kgweditharong)

Morutabana o tlisa diphousetara mo phaposiborutelong gore go tle go nne le mokwalo mo tikologong jaaka mo dipontshong tse di nnetseng ruri. Fa go tsewa loeto la sekolo, morutabana o tla supetsa barutwana ditshwantsho tse di mo tikologong.

- O lemoga mangwe a mafoko a a tlwaelegileng mo tikologong ya bona ya letsatsi le letsatsi. sk. matshwao a tsela, matshwao a mabenkele, maina a di papatso jaaka, Toyota, Joko, Omo, Tleliniki.
- Tlhabolola tshimololo ya kitso ya puisokwalo, sk. kgopolo ya mokwalo go ya ka tirwana ya go Puisokopanelo.

Puisokopanelo (bonnye jwa nako metsotso e le 30 bogolo jwa nako ura e le 1 metsotso e le 15 mo bekeng)

Fa morutabana a dirisa bogolo jwa nako Puotlaleletso ya Ntlha, o itsise dibukakgolo tse di ntšhwa (kgotsa phousetara kgotsa ditlhangwa dingwe tse dikgolo) mo bekeng e nngwe le e nngwe mme a bo a dira ditirwana letsatsi le lengwe le le lengwe. Fa a dirisa bonnye jwa nako mo Puotlaleletso ya Ntlha, o dirisa sona setlhangwa sele gape mo bekeng di le 2-3 mme a dire tirwana gangwe kgotsa gabedi mo bekeng. Morutabana o buisa setlhangwa mo phaposiborutelo, a supa mafoko le go sekaseka ditshwantsho mo kgang. O buisa setlhangwa gape mo gare ga beke, a tlhotlheletsa barutwana go dira mmogo le ena. Setlhangwa se dirisiwa go itsise tlotlofoko e ntšhwa.

- Reetsa kgang kgotsa setlhangwa se se nang le nnete fa ba ntse ba setse morutabana morago le go lebelela ditshwantsho.
- Tlotla ka ditshwantsho a dirisa puogae mo go tlhokagalang
- Supa dilo mo ditshwantshong, sk. 'mpontshe rremogolo', 'Supa nt***šwa***'.
- Araba dipotso dingwe tse di bonolo ka tshegetso ya ditshwantsho, sk. 'Hutshe e kae?'
- O ithuta tlotlofoko nngwe ya molomo, sk. mme, katse, rre, nkgonne, diaparo, jj.
- Morago ga poeletso ya puiso o tsena khorase mo gare mo go tlhokagalang.
- O diragatsa kgang a dirisa mmuisano
- O thala setshwantsho a be a bona kakanyokgolo mo kgannyeng.

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Temogo ya medumopuo *(Metsotso e le 1-5 tirwana e nngwe le e nngwe)*

- O opa diatla mo dinokong tsa mafoko a a tlwaelegileng, sk. ‘ba-na’, ‘pa-na-na’
- Lemoga bontsi jwa mafoko ka go a utlwa (nonyane - dinonyane)

Puiso: (molomo / tiragatso)

- O supa motho, phologolo kgotsa selo go tswa mo setshwantshong sa bukakgolo/ phousetara
- O araba dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang
- O thala setshwantsho se se nang le kakanyokgolo ya kgang kgotsa setlhangwa se se nang le nnete

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Puiso (molomo / tiragatso)

- Lemoga bontsi jwa mafoko ka go utlwa (nonyane - dinonyane)
- O araba dipotso tse di bonolo tse dikhutshwane tsa lefoko ka lefoko ka ga kgang kgotsa setlhangwa se se nang le nnete
- O supa go tlhaloganya tlotlofoko mo kgang ka go supa dilo mo setshwantshong ka tsibogo ya ditaelo tsa morutabana, sk. ‘Mpontshe katse/nonyane/kgogo/ tlou ’

KGWEDITHARO 4	
GO KWALA	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: 0 Bogolo jwa nako: Metsotso e le 15 mo bekeng
DITENG/DIKGOPOLO/DIKGONO ***Mokwalokopanelo (bogolo jwa nako - gangwe mo bekeng)*** ***Mokwalo wa pele wa Puotlaleletso ya Ntlha o tshwanetswe wa tshegetswa ke morutabana*** • Ka thuso ya morutabana o kwala dintlhatlhaloso tsa setshwantsho le go buisa se a se kwadileng • Ka thuso ya morutabana o kwala manaane a a bonolo ka ga ditlhogo, sk. 'Dilo tse di kgonang go fofa: nonyane/ seruru-bele/ notshe jj.	
TLHATLHOBO **Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang :** **Go kwala: (tse di kwalwang)** • O kopolola dintlhatlhaloso tsa setshwantsho le go buisa se a se kwadileng • O kwala lenaane le le bonolo le le nang le setlhogo, sk. 'Dipholologolo: ntšwa, katse, kgomo jj; Maungo: apole, panana, namune jj	

DITLHANGWA/METSWEDI E E TSHITSHINTSWENG YA NGWAGA

GO REETSA LE GO BUA
• Dibuka tsa dikgang (Dibukakgolo) le dikgang tsa motlotlo
• Dibukakgolo tse di nang le nnete
• Diphousetara le ditshwantsho tse di tshegetsang dikgang le tlotlofoko
• Ditšhate tsa mebala le tsa dinomore
• Dipina, diraeme tsa tiragatso le maboko
• Dilo/didiriswa tse di amanang le dithitokgang le ditlhogo
• Diaparo tsa metshameko e e ka diragatswang mo phaposing
• DiCD, diDVD le mananeo a thelebišene
• Phaphete go itsise Puotlaleletso ya Ntlha
PUISO LE MEDUMOPUO
• Ditshwantsho le diphousetara
• Ditšhate tsa medumopuo
• Matshwaopapatso le dikao tse di maleba tsa mokwalo wa tikologo jaaka dikgetsana tsa go reka, matshwaokgwebo mo diphuthelwaneng jj
• Dibuka tsa puiso tse di tlhophilweng ka seemo
• Dibukakgolo (bonnye dibuka di le pedi tsa dikgang tse di farologaneng kgotsa ditlhangwa tse di senang nnete mo kgwed-itharong
• Mantuntuletso, maboko le dipina
• Ditlhangwa tse dingwe tsa mekwalo e e godisitsweng jaaka maboko, dipina le ditheneketso jj
• Dikarata tsa matshwao tsa dilwana tsa phaposi, di bontshiwa le mafoko a a nnang a le teng mo phaposiborutelong
• Disupi tse di dirisiwang fa go buisiwa mokwalo o o godisitsweng mo ditlhangweng, dikgang tsa mo dipoteng, dipontsho
GO KWALA LE MOKWALO
• Didiriswa tsa go kwala, sk. diphensele, dikheraeyone, dikheraeyone tsa mafura, pente, maboraše a a pentang, dipampiri tse di sa kwalelang tsa bogolo jo bo farologanang (A3, A4, A5)
• Ditšhate tsa dipampiri tse di pitikololwang le dipene tsa khokhi tse dikima

MOPHATO 2 PUOTLALELETSO YA NTLHA

DITLHOKEGO TSA KGWEDITHARO

KGWEDITHARO 1	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1

DITENG /DIKGOPOLO / DIKGONO

Dibeke1 — 5

Morutabana o tlhopha dithitokgang di le pedi tse di ba letlang go itsise tiriso gape ya tlotlofoko le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore dithitokgang /ditlhogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba ba ikaegile ka bokao/ tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le ditlhokego tsotlhe tse di jaaka dibukakgolo, diphousetara, morumo, dipina, metshameko le dilo tsa nnete tsa thitokgang e ba e tlhophileng.

Barutabana ba tshwanetse go leka go akaretsa ditirwana di le dintsi mo nakong e e rebotsweng. Ba itsise tirwana e ntšhwa go reetsa le go naya tatelano ya ditiragalo. Morutabana o tshwanetse go bontsha se ka go naya tatelano ya ditiragalo pele ka boena ,(sk. ka se a se dirileng mo mafelong a beke) mme a tshegetsa barutwana gore ba neye tatelano ya bona ya ditiragalo. O tshwanetse go tshegetsa barutwana ka go bonelapele mafoko. Sk,'Beke e e fetileng ke,….ke be, ke….morago ka,…..morago ga moo/foo ka…..A ba thuse gape ka pakaphethi e e bonolo. Barutwana ba tla ikatisa ka go reetsa le go naya ditiragalo tsa ngwaga otlhe. Se, se tla ba neela tšhono ya go dirisa pakaphethi le kgolagano ya dinako (sa pele, se se latelang…..,) mo tirisong. O tla kaelwa go ya pele mo karolong ya 4 kwa bofelong jwa tokomana.

Morutabana o tshwanetse go tlhatlhoba barutwana a dirisa ditirwana tsa tlhatlhobo tse di sa tlhomamang tse di atlenegisitsweng mo dibeng tsa 1-5.

Dibeke 6-10

Morutabana o tlhopha dithitokgang tse pedi tse dintšhwa tse di tla ba letlang go aga seo ba se dirileng mo dibekeng tse tlhano tsa pele. Dithitokgang di ba letle go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e ba setseng ba e rutilwe. Dithitokgang di letle barutabana gore gangwe le gape ba dirise motheo wa popegopuo o o bonolo fa a bua le barutwana ka Puotlaleletso ya Ntlha.

Barutabana ba netefatse gore ba akaretsa ditirwana tsotlhe go feta gangwe fa go kgonagala. Ba tlhatlhobe gore a barutwana ba dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang tse di atlenegisitsweng mo dibekeng tsa 6-10. Barutabana ba dire ditirwana tsa tlhatlhobo e e tlhomameng kwa bofelong jwa kgweditharo.

Ditirwana tsa letsatsi le letsatsi (Metsotso e le 30 mo bekeng)

Ditirwana di farologane ka boleele. Morutabana a ka dira tirwana e le nngwe e telele kgotsa di le pedi kgotsa di le tharo tse dikhutshwane gangwe mo bekeng.

- Tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang kgotsa ditlhogo jaaka `maikutlo`
- Sala morago ditaelo tse di bonolo, sk, thala setshwantsho sa sefatlhego se itumetseng. Jaanong thala setshwantsho sa sefatlhego se se sa itumelang.
- Neela ditaelo tse di bonolo, sk, Thala setshwantsho sa sefatlhego se se itumetseng.
- Tlhaloganya le go tsibogela dipotso tse di bonolo, jaaka Efe….? Ke ya ga mang…? Ke buka ya ga mang e? Ke kgang efe e o e batlang?
- Dira dikopo le ditlhagiso tse di bonolo, sk,`Ke nyorilwe.' 'Ke kopa metsi?'
- Supa selo go tswa mo tlhalosong e e bonolo ya molomo, sk, Mosetsana o mo kutlobotlhokong. O a lela.' Barutwana ba lemoge sediriswa go tswa mo tlhalosong ya molomo e e bonolo, sk. mosetsana o utlwile botlhoko. O a lela. Barutwana ba tshwanetse go tshwantshanya tlhaloso le setshwantsho sentle..
- Tlotla ka dilo tse di mo setshwantshong o tsibogela ditaelo tsa morutabana, sk: `O bona eng mo setshwantshong? Ntlotlele ka se o se bonang mo setshwantshong .
- Reetsa tatelano ya ditiragalo e e bonolo, sk: Morutabana o bua se a se dirileng mo mafelong a beke e e fetileng.
- Ka thuso go tswa go morutabana, neelana ka tatelano ya ditiragalo e e bonolo, sk, tlhalosa gore o ne o dira eng mo bekeng e e fetileng.

- Go ithuta ka tlhogo le go diragatsa dikopo tse di bonolo, ba diragatsa diraeme le dipina, sk,'Tlhogo, magetla, sehuba le letheka, mangole le menwana, mangole le menwana'.
- Tshameka metshameko ya puo, sk, 'fopholetsa gore mongwe o ikutlwa jang go tswa mo tlhagisong ya maikutlo le puo ka dikarolo tsa mmele.

Ditirwana tse di tsepamisitsweng tsa go reetsa le go bua (bonnye jwa nako metsotso e le 15 x 1 mo bekeng bogolo jwa nako metsotso e le 15 x 2 mo bekeng)

Reetsa dikgang tse di tlotlilweng le tse di buisitsweng (Puisokopanelo)

Gangwe kgotsa gabedi mo bekeng, go tswa mo nakong e e leng teng, morutabana o tlotla kgotsa o buisa kgang (kgotsa go neela tatelano ya ditiragalo). Dikgang tse di tlotlilweng di ka diragadiwa go dirisiwa puo ya dikarolo tsa mmele le moaparo go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go buisiwa go tswa mo bukeng e kgolo kgotsa mo phousetareng ya ditshwantsho mo barutwana botlhe ba ka bonang ditshwantsho sentle teng.

- Reetsa dikgangkhutshwe, tatelano ya ditiragalo kgotsa ditlhangwa tse di nang le bonnete kgotsa buisa go tswa mo bukeng e kgolo kgotsa diphousetara tsa ditshwantsho, sk. Motse wa **š**wa, ka go ijesa monate le go tsena fa gare fa go tshwanetseng ka nako e e maleba.
- Go tlhaloganya le go tsibogela ditaelo, sk, 'Ntshupetse pidipidi e e itumetseng e e thumang mo letamong.'
- Araba dipotso tse dikhutshwane tse di bonolo tsa lefoko ka lefoko ka ga kgang, sk, 'Pidipidi e e itumetseng e thumela kwa kae? Pidipidi e e itumetseng e rata go ja eng?'
- Neela maina a dilo dingwe mo setshwantshong o tsibogela dipotso tsa morutabana, sk,'Ke eng se?'`Ke tlhapi' .
- Diragatsa kgang o dirisa dingwe tsa dipuisano.

Tlhabololo ya dikgopolo ,tlotlofoko le popego ya puo..

Go tsaya karolo mo ditirwaneng tse di fa godimo:

- Tswelela go tlhabolola tlotlofoko ya molomo, o akaretsa tlotlofoko e e akanngwang, sk. 'go tlhagisa maikutlo'
- Simolola go tsweletsa go tlhaloganya le bokgoni jwa tiriso e e bonolo ya popego ya puiso mo bokaong jwa puo e e tlhaloganyesegang, sk, Go tlhaloganya le go simolola go dirisa pakajaanong jaaka 'Ke ja bogobe le nnake'' Dinako tse di farologaneng jaaka'Sa ntlha/sa pele..', se se latelang.'

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua: (motlotlo/tiragatso)

Dibeke 1-5

- Supa setshwantsho go tswa mo tlhalosong e e bonolo ya molomo, sk. 'Mosetsana o mo kutlobotlhokong. O a lela.' Barutwana ba nyalanye tlhaloso le setshwantsho se se nepagetseng.
- Reetsa tatelano ya tiragalo e e bonolo le go araba dipotso tse di bonolo ka ga sona, sk, Modise o dirile eng sa ntlha?. A bo a dira eng sa bobedi?.'

Dibeke 6-10

- Sala morago ditaelo tse di bonolo, sk, thala setshwantsho sa sefatlhego se itumetseng. Jaanong thala setshwantsho sa sefatlhego se sa itumelang. La bofelo, thala sefatlhego se se tenegileng.
- Neela tatelano ya ditiragalo tse di bonolo tsa molomo: 'Ka Sontaga ke tsogile ka ura ya bo 8. Ka simolola ka go tlhapa, morago ga foo, ka siamisa sefitlholo mme mo bofelong ra kgona go ya kwa kerekeng ka nako.

Tirwana 1 ya Tlhatlhobo e e tlhomameng:

- Go reetsa le go bua (molomo / tiriso)
- Reetsa tatelano ya ditiragalo tse di bonolo tsa molomo mme o arabe dipotso tse di bonolo, sk: Modise o dirile eng sa ntlha?. A bo a dira eng sa bobedi?.'
- Supa go tlhaloganya dingwe tsa tshimololo ya tlotlofoko ya molomo ka go supa batho mo setshwantshong kgotsa o diragatse le go tsibogela ditaelo tsa morutabana, sk, Itire yo o utlwileng botlhoko/itumetseng/yo o tenegileng/yo o lapileng jj. Supa setshwantsho sa motho yo o utlwileng botlhoko/itumetseng/yo o tenegileng/yo o lapileng, jj.

KGWEDITHARO 1	
GO BUISA LE MODUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 le metsotso e le 30

DITENG/DIKGOPOLO/DIKGONO

Temogo ya medumopuo (Metsotso e le 15 mo bekeng)

Morutabana o boeletsa medumo e e ikemetseng e le nosi ya ditlhaka, a simolola ka kamano ya medumo le ka tlhaka tse di tshwanang le tsa Puo ya Gae tse di leng botlhokwa mo dipuong tse dingwe. Ba aga mafoko a a tlwaelegileng a makhutshwane ba dirisa modumo o barutwana ba o itseng go tswa mo puong ya gae. Ka iketlo, ba itsise kamano ya modumo le mopeleto o o farologaneng mo puong ya gae le mo Puotlaleletsong yaNntlha (sk. setlhako/shoe ka Setswana le ka Seesimane). Ditirwana tse di tshwanetse di nne dikhutshwane(metsotso e le 5-10). Di ka nna tsa lomaganngwa mo ditirwaneng tsa Go reetsa le tsa Go bua le tsa Go buisa.

- Farologanya kutlo ya medumopuo magareng ga medumo e e tlhakanyang tlhogo (sk: `e ‘ le `i ‘ le `o’ le `u. ‘) Farologanya kutlo ya medumopuo magareng ga medumo e e tlhakanyang tlhogo (`e’ le `i’ le `o’ le `u’)
- Supa kamano ya tlhaka le modumo ya ditlhakanngwe tse dintsi.(sk :a, b, d, e, f, g, i, l, m, n, o, p, r, s, t, w).
- Aga le go kgaoganya lefoko la ditlhaka di le 3 o dirisa medumo e e rutilweng.(a-g-a, a-ga, aga, o- m- a, o-ma, oma).

Puisokopanelo (Nako e setse e abetswe go reetsa le go bua)

Puisokopanelo ke tirwana ya puiso le ya go reetsa, e akaretsa go bua ka gonne barutwana ba tlotla ka setlhangwa le morutabana. Mo Mophatong 2 , Puisokopanelo e tla tswelela jaaka karolo ya go reetsa le go bua.

Puisokaelo ka ditlhopha (bonnye jwa nako metsotso e le 30 le bogolo jwa nako ura e le 1 le metsotso e le 15 mo bekeng).

Barutabana ba itsise Puisokaelo ka ditlhopha mo kgweditharong e. Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Ntlha, ba tshwanetse go kgaoganya phaposiborutelo ka dikarolo di le 5 tsa bokgoni bo bo tshwanang ba puiso le go dira le setlhopha se le sengwe metsotso e le 15 letsatsi lengwe le lengwe. Fa morutabana a dira le setlhopha se, ditlhopha tse dingwe di tla buisetsa mo ditlhopheng kgotsa ba tla dira puiso ka bobedi, ba dirisa ditlhangwa tse di bonolo tse di tlwaelegileng kgotsa ditirwana tse di amanang le setlhangwa. Dibuka di tshwanetse go nna bonolo ka poeletso ya dipopego le tlotlofoko le ditshwantsho go tshegetsa setlhangwa. Barutwana ba dirile Puisokaelo ka Puo ya Gae go simolola mo mophatong 1, ka jalo, ba tshwanetse go bo ba tlwaetsa mokgwa wa puiso.

Barutabana ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Ntlha mo go nang le metsotso e le 30, ba dire ditirwana tsa Puisokaelo le barutwana botlhe gabedi mo bekeng.

- Buisetsa kwa godimo mo bukeng ya gago mo Puisokaelong ka setlhopha le morutabana. Setlhopha sotlhe se buisa kgang e e tshwanang kgotsa setlhangwa se se nang le bonnete le morutabana.
- Dirisa maano a puiso a a rutilweng mo puong ya gae go dira tlhaloganyo le go itekola ka boena fa a buisa (medumopuo, tiriso e e nang le mafoko a a thusang go bona karabo, tshekatsheko ya popego, mafoko a o a buisang ntle le go a dumisa).
- Buisa ka thelelo le go itlhalosa sentle.
- Bontsha go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo.
- Simolola go aga tlotlofoko go tswa mo Puisokaelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba tshwanetse go rotloediwa go buisa ka nosi Puotlaleletso ya Ntlha fa ba na le nako e e sa dirisiweng mo phaposiborutelong (sk, fa ba feditse tirwana pele ga nako) le kwa gae (sk, jaaka tirogae). Go botlhokwa gore tšhono nngwe le nngwe mo phaposiborutelong e dirisetswe go tlhabolola puiso ya bona.

- Buisa mokwalo wa gagwe le wa ba bangwe .
- Buisa ka nosi dibuka tse di buisitsweng ka nako ya Puisokaelo le dintlhatlhaloso tse di bonolo le dibuka tsa ditshwantsho tsa kgang tsa Puotlaleletso ya Ntlha mo sekhutlwaneng sa puiso mo phaposiborutelong.
- Dirisa dithanodi tsa bana tsa ditshwantsho (thanodi ya temenngwe le ya temepedi) go bona tlhaloso ya mafoko a a sa itsiweng.

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Medumopuo: (molomo/tiragatso)

- Aga le go kgaoganya lefoko la ditlhaka di le 3 o dirisa medumo e e rutilweng.(a-g-a, a-ga, aga, o- m- a, o-ma, oma).

Ditshitshinyo tsa ditirwana tsa tlhatlhobo:

Medumopuo: (molomo/tiragatso/mokwalo)

- Supa kamano ya tlhaka le modumo ya ditlhakanngwe tse dintsi (sk. a, b, d, e, f, g, i, l, m, n, o, p, r, s)

Ditshitshinyo tsa tirwana ya tlhatlhobo e e sa tlhomamang:

- Puiso: (molomo/ tiragatso)
- Buisa ka thelelo e o ketsegileng le go itlhalosa sentle.
- Bontsha go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo.

Tirwana 1 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go buisa (puo ya molomo/tiragatso)

- Buisa setlhangwa se se khutshwane se se kwadilweng (dipolelo tse 1-2 mo letlhareng) mmogo le morutabana ba latela taelo ya morutabana.

KGWEDITHARO 1	
GO KWALA	**NAKO E E TSHITSHINTSWENG** Metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO **Ditirwana tsa go kwala (Gabedi mo bekeng)** • Dirisa dikgono tsa mokwalo tse di rutilweng ka Puo ya Gae. • Kwala lenaane le le nang le ditlhogo . • Tlhopha le go kopolola ntlhatlhaloso go e nyalanya le setshwantsho. • Ka thuso ya morutabana kwala ntlhatlhaloso ya setshwantsho. • Feleletsa dipolelo ka go tsenya mafoko a a tlogetsweng.	
TLHATLHOBO **Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:** **Mokwalo: (tse di kwalwang)** **Dibeke 1-5** • Ka thuso ya morutabana kwala dintlhatlhaloso tsa setshwantsho **Dibeke 6-10** • Feleletsa dipolelo di le 3 ka go tlatsa mafoko a a tlogetsweng **Tirwana 1 ya Tlhatlhobo e e tlhomameng:** **Mokwalo:** • Feleletsa dipolelo di le 3 ka go tlatsa mafoko a a tlogetsweng.	

KGWEDITHARO 2	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng

DITENG /DIKGOPOLO / DIKGONO

Dibeke 1-5

Barutabana ba tlhopha dithitokgang di le pedi tse di ba letlang go itsise tiriso gape ya tlotlofoko, le go akaretsa ditirwana tse di mo lenaaneng le le fa tlase. Ela tlhoko gore dithitokgang /ditlhogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba ba ikaegile ka bokao le tiriso ya dithusathuto tse ba nang le tsona. Ba netefatse gore ba na le ditlhokego tsotlhe jaaka dibukakgolo, diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsa thitokgang e ba e tlhophileng.

Barutabana ba tshwanetse go leka go akaretsa ditirwana di le dintsi mo nakong e e neilweng/rebotsweng. Ba tshwanetse go tlhatlhoba barutwana ba dirisa ditirwana tsa tlhatlhobo tse di sa tlhomamang tse di atlanegiseditsweng dibeke 1-5

Dibeke 6-10

Morutabana o tlhopa dithitokgang di le pedi tse dintšhwa tse di tla ba letlang go aga se ba se dirileng mo dibekeng tse tlhano tsa ntlha. Dithitokgang di ba letle go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e ba setseng ba e rutilwe. Dithitokgang di letle barutabana gore gangwe le gape ba dirise gape motheo wa popegopuo o o bonolo fa ba bua le barutwana ka Puotlaleletso ya Ntlha.

Barutabana ba netefatse gore ba akaretsa ditirwana tsotlhe, go feta gangwe fa go kgonagala.Ba tlhatlhobe barutwana ba dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang tse di atlenegisitsweng mo dibekeng 6-10. Barutabana ba dire ditirwana tsa tlhatlhobo e e tlhomameng kwa bofelong ba kgweditharo.

Ditirwana tsa letsatsi le letsatsi (Metsotso e le 30 ka beke)

Ditirwana di farologane ka boleele. Morutabana a ka dira tirwana e le nosi e telele kgotsa di le pedi kgotsa di le tharo tse dikhutshwane gangwe mo bekeng.

- Tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang kgotsa ditlhogo jaaka `Maemo a bosa`
- Sala morago ditaelo tse di bonolo, sk.'Ema.''Tsamaya o ye go bula setswalo'.
- Neela ditaelo tse di bonolo, sk.'Bula setswalo.' 'Tswala setswalo.'
- Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka, Efe….?Ke ya ga mang…?Ke mokgele wa ga mang o?
- Dira dikopo le ditlhagiso tse di bonolo, sk, 'Go tsididi.' 'Ke apara jeresi ya me.'
- Supa selo go tswa mo tlhalosong e e bonolo ya molomo, sk,'Go maruru.'Barutwana ba nyalanye tlhaloso le setshwantsho se se nepagetseng.
- Tlotla ka dilo tse di mo setshwantshong o tsibogela ditaelo tsa morutabana, sk, `Ke eng se o se bonang mo setshwantshong? Ntlotlele ka se o se bonang mo setshwantshong .
- Reetsa tatelano ya ditiragalo e e bonolo, sk. 'Morutabana o tlotla ka leeto la go ya kwa letamong la bothumelo ka letsatsi le le mogote thata.'
- Ka thuso go tswa go morutabana, neelana tatelano ya ditiragalo e e bonolo, sk.'Tlotla ka ga loeto'.
- Go ithuta ka tlhogo le go diragatsa maboko a a bonolo, ba diragatsa diraeme le dipina, 'Peba di le tharo,…'
- Tshameka metshameko ya puo, sk, Barutwana ba dira ka ditlhopha –ba akanye ka diaparo tse ba di aparang fa go le mogote/fa go le tsididi. Setlhopha se se nnang le mafoko a le mantsi ke sona bafenyi.

Ditirwana tse di totileng go reetsa le go bua (bonnye jwa nako metsotso e le 15 x 1 mo bekeng bogolo jwa nako metsotso e le 15 x 2 mo bekeng)

Reetsa dikgang tse di tlotlilweng le tse di buisitsweng (Puisokopanelo)

Gangwe kgotsa gabedi mo bekeng , go tswa mo nakong e e leng teng, morutabana o tlotla kgotsa o buisa kgang (kgotsa tatelano ya ditiragalo). Dikgang tse di tlotlilweng di ka diragadiwa go dirisiwa puo ya dikarolo tsa mmele le moaparo go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go buisiwa go tswa mo bukeng e kgolo kgotsa mo phousetareng ya ditshwantsho mo barutwana botlhe ba ka bonang ditshwantsho.

- Reetsa dikgangkhutshwe, tatelano ya ditiragalo kgotsa ditlhangwa tse di nang le bonnete, kgotsa buisa go tswa mo bukeng e kgolo kgotsa phousetara ya ditshwantsho, sk.'Motse wa **š**wa, ka go ijesa monate le go tsena khorase mo gare fa go tshwanetse.
- Go tlhaloganya le go tsibogela ditaelo, sk.'Ntshupetse maru'.Ntshupetse legodimo, bala matlapana a a fa fatshe, A makae ka palo?
- Araba dipotso tse dikhutshwane tse di bonolo tsa lefoko ka lefoko ka ga kgang ka dikarabo tse dikhutshwane, sk,'Bana ba itsitse jang gore pula e tla na ka moso?
- Neela maina a dilo dingwe mo setshwantshong o tsibogela dipotso tsa morutabana, sk: `O bona eng fa fatshe. Matlapana a le matlhano.'
- Diragatsa kgang ka go dirisa mmuisano.
- Ka thuso ya morutabana boeletsa kgang.
- Tlhabololo ya dikgopolo, tlotlofoko le popego ya puo.
- Go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela go aga tlotlofoko ya molomo, o akaretsa tlotlofoko e e nang le bokao, sk,'Tsa maemo a loapi'
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisitswe mo puong e e nang le bokao ya molomo., sk. Go tlhaloganya le go simolola go dirisa lediri jaaka `Ke a apaya ' mefuta e mentsi ya matlhaodi (tse di tala; tse ditelele, yo mokhutshwane) .

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (molomo/ tiragatso)

Dibeke 1-5

- Supa setshwantsho go tswa mo tlhalosong e e bonolo ya molomo, sk, "Pula e a na"'
- Reetsa tatelano ya ditiragalo e e bonolo le go araba dipotso ka ga yona, sk, 'Mandla o dirile eng pele a tsena? O dirile eng fa morago ga foo?

Dibeke 6-10

- Araba dipotso tse di bonolo, sk, maemo a loapi a ntse jang gompieno?
- Neela tatelano ya ditiragalo tse di bonolo ka molomo, sk, Ka Sontaga ke tsogile ka ura ya bo 8. Ke tlhapile, morago ka apara diaparo tsa me mme mo bofelong, ra kgona go ya kwa kerekeng ka nako.

Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo / tiragatso)

- Reetsa tatelano ya ditiragalo e e bonolo le go araba dipotso ka ga yona, sk. Morutabana o bua se a se dirileng mo mafelong a beke e e fetileng.

KGWEDITHARO 2	
PUISO LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 45 Bogolo jwa nako: Ura e le 1 le metsotso e le 30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Temogo ya medumopuo (Metsotso e le 15 mo bekeng)

Ditirwana tse di tshwanetse di nne dikhutshwane (metsotso e le 5-10). Di ka nna tsa lomaganngwa le ditirwana tsa Go reetsa le Go bua le tsa Go buisa.

- Supa kamano ya tlhaka le modumo ya ditlhakanngwe tse dintsi.
- Lemoga mafoko a a felelang ka go tshwana, sk. ng-nokeng, tlhageng sk na - malana, lesakana jj.
- Aga le go kgaoganya mafoko a a bonolo a a simololang ka tumammogo e le nngwe e bile a rumisana. (tala, fala, kala,) le medumo e e ikemetseng
- Farologanya medumo ya kutlo ya ditumanosi tse di telele le tse dikhutshwane (sk. 'maaka, mooki, le lona, bona ')

Puisokopanelo (Nako e setse e abetswe go reetsa le go bua)

Puisokopanelo mo tirwaneng ya puiso le ya go reetsa, e akaretsa go bua ka gonne barutwana ba tlotla ka setlhangwa le morutabana. Mo Mophatong 2, Puisokopanelo e tla tswelela jaaka karolo ya go reetsa le go bua.

Puisokaelo ka ditlhopha (bonnye jwa nako metsotso e le 30 le bogolo jwa nako ura e le 1 le metsotso e le 15 mo bekeng).

Barutabana ba itsise Puisokaelo ka ditlhopha mo kgweditharong e. Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Ntlha, ba tshwanetse go kgaoganya phaposiborutelo ka dikarolo di le 5 tsa bokgoni bo bo tshwanang ba puiso le go dira le setlhopha se le sengwe metsotso e le 15 letsatsi lengwe le lengwe. Fa morutabana a dira le setlhopha se, ditlhopha tse dingwe di tla buisetsana mo ditlhopheng kgotsa ba tla dira puiso ka bobedi, ba dirisa setlhangwa se se bonolo se se tlwaelegileng kgotsa ditirwana tse di amanang le setlhangwa. Dibuka di tshwanetse go nna bonolo ka poeletso ya dipopego le tlotlofoko le ditshwantsho go tshegetsa setlhangwa.

Barutabana ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Ntlha, mo go nang le metsotso e le 30 fela, ba dire ditirwana tsa Puisokaelo le barutwana botlhe gabedi mo bekeng.

- Buisetsa kwa godimo mo bukeng ya gago mo Puisokaelo ka ditlhopha le morutabana. Setlhopha sotlhe se buisa kgang e e tshwanang kgotsa setlhangwa se a nang le bonnete le morutabana.
- Dirisa maano a puiso a a rutilweng mo puong ya gae go dira tlhaloganyo le go itekola ka boena fa a buisa (medumopuo, tiriso e e nang le mafoko a a thusang go bona karabo, tshekatsheko ya popego, mafoko a ba a bonang le go a bua).
- Buisa ka thelelo e e oketsegileng le go itlhalosa sentle.
- Bontsha go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo.
- Simolola go aga tlotlofoko go tswa mo Puisokaelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae). Barutwana ba rotloediwe go buisa ka nosi Puotlaleletso ya Ntlha fa ba na le nako e e sa dirisiweng mo phaposiborutelong.(sk. fa ba feditse tirwana pele ga nako) le kwa gae (sk. jaaka tiro gae). Go botlhokwa gore tšhono nngwe le nngwe mo phaposing e dirisetswe go tlhabolola puiso ya bona.

- Buisa mokwalo wa gagwe le wa ba bangwe .
- Buisa ka nosi dibuka tse di buisitsweng ka nako ya Puisokaelo le dintlhatlhaloso tse di bonolo le dibuka tsa ditshwantsho tsa kgang tsa Puotlaleletso ya Ntlha mo sekhutlwaneng sa puiso mo phaposiborutelong.
- Dirisa dithanodi tsa bana tsa ditshwantsho (thanodi ya temenngwe le temepedi) go bona tlhaloso ya mafoko a a sa itsiweng.

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e tlhomameng :

Medumopuo: (motlotlo/tiragatso)

- Farologanya kutlo ya medumo ya ditumanosi tse di telele le tse dikhutshwane (sk. ‘maaka, mooki, le lona, bona‘).

Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Medumopuo:(motlotlo/tiragatso/e e kwadilweng)

- Supa kamano ya tlhaka le modumo ya ditlhakanngwe tse dintsi .
- Tsweletsa kgaoganyo ya mafoko a a bonolo a a simololang ka tumammogo e le nosi e bile a rumisana, (tala, fala, kala,)

Ditshitshinyo tsa ditirwana tsa Tlhatlhobo e e tlhomameng :

Puiso: (motlotlo /tiragatso)

- Buisetsa kwa godimo mo bukeng ya gago mo Puisokaelo ka ditlhopha le morutabana. Ditlhopha tsotlhe di buisa kgang e e tshwanang.

Tirwana 3 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Puiso (motlotlo/tiragatso/e e kwadilweng)

- Buisa dibukakgolo kgotsa mokwalo o o godisitsweng le morutabana, ba sala morutabana morago fa a supa. A dirisa dit-shwantsho go ba thusa go tlhaloganya.
- Bontsha go tlhaloganya kgangkhutshwe, sk.golaganya setshwantsho le dintlhatlhaloso kgotsa potso le karabo.

KGWEDITHARO 2	
GO KWALA	**NAKO E E TSHITSHINTSWENG** Metsotso e le 30 mo bekeng
DITENG/DIKGOPOLO/DIKGONO **Ditirwana tsa go kwala (ga 2 kgotsa 3 mo bekeng.)** Barutabana ba tshwanetse go tlhopha mo go tse di latelang; ba leke go akaretsa bontsi jwa ditirwana tse di le teng: • Dirisa ditirwana tsa mokwalo tse di rutilweng mo Puong ya Gae. • Tlhopha le go kopolola dintlhatlhaloso tse di ka nyalelanang le setshwantsho . • Ka thuso ya morutabana kwala dintlhatlhaloso tsa setshwantsho. • Feleletsa dipolelo ka go tlatsa ka mafoko a a tlogetsweng. • Kwala dipolelo o dirisa mafoko a a nang le medumopuo le mafoko a a tlwaelegileng a a tlhagelelang kgapetsakgapetsa a a setseng a rutilwe mo Puong ya Gae. • Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (ditlhakakgolo le dikhutlo). • Aga sefala sa mafoko le thanodi ya bona.	
TLHATLHOBO **Ditshitshinyo tsa ditirwana tsa Tlhatlhobo e e tlhomameng :** **Go kwala:** **Dibeke 1-5** • Feleletsa dipolelo di le 3 ka go tlatsa mafoko a a tlogetsweng. **Dibeke 6-10** • Kwala dipolelo o dirisa mafoko a a nang le medumopuo le mafoko a a buisiwang ntle le go a dumisa, a ba setseng ba rutilwe. • Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (ditlhakakgolo le dikhutlo). **Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:** **Go kwala:** • Kwala dipolelo o dirisa mafoko a a nang le medumopuo le mafoko a a buisiwang ntle le go a dumisa a a setseng a rutilwe • Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (ditlhakakgolo le dikhutlo)	

KGWEDITHARO 3	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng

DITENG /DIKGOPOLO / DIKGONO

Dibeke 1-5

Morutabana o tlhopha dithitokgang di le pedi tse di ba letlang go itsise tiriso gape ya tlotlofoko le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore dithitokgang /ditlhogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba tse di ikaegileng ka bokao le tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le ditlhokego tsotlhe jaaka dibukakgolo, diphousetara, diraeme, dipina, metshameko le dilo tsa thitokgang e ba e tlhophileng.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go feta gangwe fa go kgonagala. Ba tshwanetse go tlhatlhoba barutwana ba dirisa ditirwana tsa tlhatlhobo ya ntlha e e tlhomameng e e atlenegisitsweng mo dibekeng 1-5.

Dibeke 6-10

Barutabana ba tlhopha dithitokgang tse pedi tse dintšhwa tse di tla ba letlang go aga se ba se dirileng mo dibekeng tse tlhano tsa ntlha. Dithitokgang di ba letle go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e ba setseng ba e rutilwe. Dithitokgang di letle barutabana gore gangwe le gape ba dirise motheo wa popegopuo o o bonolo fa a bua le barutwana ka Puotlaleletso ya Ntlha.

Barutabana ba netefatse gore ba akaretsa ditirwana tsotlhe, go feta gangwe fa go kgonagala. Ba tlhatlhobe barutwana ba dirisa ditirwana tsa bobedi tsa tlhatlhobo e e tlhomameng kwa bofelong ba kgweditharo.

Ditirwana tsa letsatsi le letsatsi (Metsotso e le 30 mo bekeng)

Ditirwana di farologane ka boleele. Morutabana a ka dira tirwana e telele a le nosi kgotsa di le pedi go ya go di le tharo tse dikhutshwane gangwe mo bekeng.

- Tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang kgotsa ditlhogo jaaka `metshameko`
- Sala morago ditaelo tse di bonolo, sk.'Tsaya tšhoko o kwale leina la gago mo patitšhokong, jaanong tsaya sephimodi o phimole patitšhoko.
- Neela ditaelo tse di bonolo, sk, 'Raga kgwele.'
- Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka, Efe….? Ke ya ga mang…? Ke motshameko ofe o o o ratang? Kgwele ya dinao.
- Dira dikopo le ditlhagiso tse di bonolo, sk. `Ke kopa go ya go tshameka kwa ntle?
- Supa selo go tswa mo tlhalosong e e bonolo ya molomo, sk. 'Mosimane o raga kgwele.' Barutwana ba nyalanye tlhaloso le setshwantsho se se nepagetseng.
- Tlotla ka dilo tse di mo setshwantshong o tsibogela ditaelo tsa morutabana, sk.'Ke eng se o se bonang mo setshwantshong? Ntlotlele ka ga se o se bonang mo setshwantshong.
- Reetsa tatelano ya ditiragalo tse di bonolo sk.'Morutabana o bua /tlotla ka motshameko wa kgwele ya dinao'.
- Ka thuso go tswa go morutabana, neelana ka tatelano ya ditiragalo tse di bonolo sk.'fa a tla o tla tla fa thoko ga thaba '.
- Go ithuta ka tlhogo le go diragatsa maboko a a bonolo, ba diragatsa diraeme le dipina, sk.'fa a tla o tla tla fa thoko ga thaba '
- Tshameka metshameko ya puo kwa ntle ga phaposi, sk. 'Pule, a re tsamaya ka iketlo, tsamaya ka iketlo'.

Ditirwana tse di totileng go reetsa le go bua (bonnye jwa nako metsotso e le 15 x 1 mo bekeng bogolo jwa nako metsotso e le 15 x 2 mo bekeng)

Reetsa dikgang tse di tlotlilweng le tse di buisitsweng (Puisokopanelo)

Gangwe kgotsa gabedi mo bekeng, go tswa mo nakong e e leng teng, morutabana o tlotla kgotsa o buisa kgang (kgotsa tatelano ya ditiragalo). Dikgang tse di tlotlilweng di ka diragadiwa go diriswa puo ya dikarolo tsa mmele le moaparo go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go buisiwa go tswa mo bukeng e kgolo kgotsa mo phousetareng ya ditshwantsho mo barutwana botlhe ba ka bonang ditshwantsho sentle teng.

- Reetsa dikgangkhutshwe, tatelano ya ditiragalo kgotsa ditlhangwa tse di nang le bonnete le go buisa go tswa mo bukeng e kgolo kgotsa diphousetara tsa ditshwantsho, sk. Motshameko wa kgwele ya dinao, go ijesa monate le go tsena kgorase fa gare ka nako e e maleba.
- Go tlhaloganya le go tsibogela ditaelo, sk. Ntshupetse lebala la motshameko, ntshupetse dipale tsa motshameko, ntshupetse motshwaradino, bala batshameki, ba ba kae?'
- Araba dipotso tse dikhutshwane tse di bonolo tsa lefoko ka lefoko ka dikarabo tse dikhutshwane ka ga setlhangwa sk.'Ke mang yo o nositseng nno?'
- Neela maina a dilo dingwe mo setshwantshong, o tsibogela dipotso tsa morutabana, sk. `Se ke eng?'`Ke lebala la motshameko' .
- Diragatsa kgang o dirisa mmuisano.
- Ka thuso go tswa go morutabana, boeletsa kgang kgotsa neela tshobokanyo e e bonolo ya setlhangwa.
- ***Tlhabololo ya dikgopolo, tlotlofoko le popego ya puo.***
- Go tsaya karolo mo ditirwaneng tse di fa godimo:
- Tswelela go aga tlotlofoko ya molomo, o akaretsa tlotlofoko e e ba inaganelang yona, sk. tshupantlha –molema /moja
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisitswe mo puong e e nang le bokao ya molomo, sk, pakajaanong-tsweledi, sk, `O raga kgwele'mefuta e e farologaneng ya matlhaodi, `yo montle, se se telele.'

TLHATLHOBO

Ditshitsinyo tsa ditirwana tsa Tlhatlhobo e e sa tlhomamang :

Go reetsa le go bua (molomo / tiragatso)

Dibeke 1-5

- O araba dipotso tse di tlhamaletseng ka ga kgang
- Boeletsa kgang / sobokanya setlhangwa ka molomo (dipolelo di le tharo kgotsa di le nne)

Dibeke 6-10

- Araba dipotso tse di bonolo, sk. Ke motshameko ofe o o ratang?'
- Supa ditshwantsho di le tharo go tswa mo tlhalosong e e bonolo ya molomo, sk. mosimane o tshameka kgwele ya dinao/ monna o tshameka motshameko wa thenese/ monna o tshameka kirikete.

Tirwana 3 e e tshitshintsweng ya Tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo/tiragatso)

- Reetsa tatelano ya ditiragalo tse di bonolo mme o arabe dipotso tse di bonolo ka ga tsona sk. Ke setlhopha sefe se se nositseng pele? Ke setlhopha sefe se se nositseng morago?
- Bontsha go tlhaloganya tlotlofoko ya motheo ya molomo ka go supa didiriswa mo phaposiborutelong kgotsa mo setshwantshong kgotsa o di diragatse ka go tsibogela ditaelo tsa morutabana, sk. Mpontshe kgwele ya dinao, jj.

Tirwana 4 e e tshitshintsweng ya Tlhatlhobo e e tlhomameng:

Go reetsa le go bua (molomo/tiragatso)

- Reetsa tatelano ya ditiragalo tse di bonolo ka molomo, sk. Pegelo ya se se diragetseng kwa metshamekong ya kgwele ya dinao
- Bontsha go tlhaloganya tlotlofoko ya motheo ya molomo ka go supa didiriswa mo phaposiborutelong kgotsa mo setshwantshong kgotsa o di diragatse ka go tsibogela ditaelo tsa morutabana, sk. 'Ntshupetse moeteledipele wa setlhopha', jj. 'Supa motshwaradino'.

KGWEDITHARO 3	
PUISO LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng le metsotso e le 30

DITENG/DIKGOPOLO/DIKGONO

Temogo ya medumo le medumopuo(metsotso e le 15 mo bekeng)

Barutabana ba tswelela go aga mafoko a makhutshwane a a tlwaelegileng. Ba itsise mengwe ya medumopuoe e pataganeng e e tlwaelegileng, sa ntlha mo tshimologong le kwa bokhutlong jwa mafoko. Ba leke go dirisa mafoko a barutwana ba setseng ba a itse mme ba a dirise mo dipolelong tse di bonolo .Ditirwana tse, di tshwanetse e nne tse dikhutshwane (5-10) di phatlhaladiwe mo bekeng. Di ka kgona go lotoganngwa le ditirwana tsa Go reetsa le Go bua le Go buisa .

- Aga le go kgaoganya mafoko a a bonolo a a simololang ka tumammogo e le nosi le ka go raema (sk. t-ala, f-ala,)
- Kgobokanya mafoko a a tlwelegileng a lesika le le lengwe (alafile, agile, bapile, fagile).
- Lemoga bokhutlo jo bo tlwaelegileng mo mafokong (sk: -ng mo go 'mofokeng', 'nageng', le -ela mo go 'rokela', 'ragela')
- Lemoga ditumammogo tsa ka gale tse di pataganeng mo tshimologong le mo bofelong jwa mafoko (sk :tl,th,kg, ng).

Puisokopanelo (Nako e setse e abetswe go reetsa le go bua)

Puisokopanelo ke tirwana ya puiso le ya go reetsa, e akaretsa go bua ka gonne barutwana ba tlotla ka setlhangwa le morutabana . Mo Mophatong 2, Puisokopanelo e tla tswelela jaaka karolo ya go reetsa le go bua.

Puisokaelo ka Ditlhopha (bonnye jwa nako, metsotso e le 30 le bogolo jwa nako ura e le 1 le metsotso e le 15 mo bekeng).

Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Ntlha ba tshwanetse go kgaoganya phaposiborutelo ka dikarolo di le 5 tsa bokgoni jo bo tshwanang ba puiso le go dira le setlhopha se le sengwe metsotso e le 15 letsatsi lengwe le lengwe. Fa morutabana a dira le setlhopha se sengwe, ditlhopha tse dingwe di tla buisetsana mo ditlhopheng kgotsa di tla dira puiso ka bobedi, ba dirisa setlhangwa se se bonolo se se tlwaelegileng kgotsa ditirwana tse di amanang le setlhangwa. Dibuka di tshwanetse go nna bonolo ka poeletso ya dipopego le tlotlofoko le ditshwantsho go tshegetsa setlhangwa.

Barutabana ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Ntlha mo go nang le metsotso e le 30 ba dire ditirwana tsa Puisokaelo le barutwana botlhe gabedi mo bekeng.

- Buisetsa kwa godimo go tswa mo bukeng ya gago mo puisongkaelo ka ditlhopha le morutabana. Ditlhopha tsotlhe di buisa kgang e e tshwanang kgotsa setlhangwa se se nang le bonnete le morutabana.
- Dirisa maano a puiso a a rutilweng mo Puong ya Gae go dira tlhaloganyo le go itekola ka boena fa a buisa (medumopuo, tiriso e e nang le mafoko a a thusang go bona karabo, tshekatsheko ya popego, mafoko a a bonwang).
- Buisa ka thelelo le go itlhalosa sentle.
- Bontsha go tlhaloganya matshwao a puiso fa a buisetsa kwa godimo.
- Tswelela go aga tlotlofoko ya mafoko a o a bonang o be o a bua go tswa mo Puisokaelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae). Barutwana ba rotloediwe go buisa ka nosi Puotlaleletso ya Ntlha fa ba na le nako e e sa dirisiweng mo phaposing (sk. fa ba feditse tirwana pele ga nako) le kwa gae (sk. jaaka tiro gae). Go botlhokwa gore tšhono e nngwe le e nngwe mo phaposing e dirisetswe go tlhabolola puiso ya bona.

- Buisa mokwalo wa gagwe le wa ba bangwe .
- Buisa ka nosi ka ga dibuka tse di buisitsweng ka nako ya Puisokaelo le dintlhatlhaloso tse di bonolo le dibuka tsa ditshwantsho tsa kgang ya Puotlaleletso ya Ntlha go tswa mo sekhutlwaneng sa puiso mo phaposiborutelong.
- Dirisa dithanodi tsa bana tsa ditshwantsho (thanodi ya temenngwe le ya temepedi) go bona tlhaloso ya mafoko a a sa itsiweng.

TLHATLHOBO

Tirwana 3 e e tshitshintsweng ya Tlhatlhobo e e tlhomameng:

Medumopuo: (motlotlo/tiragatso/go kwala)

- Aga le go kgaoganya mafoko a a bonolo a a simololang ka tumammogo e le nosi le ka go raema (sk :t-ala, f-ala,)
- Kgobokanya mafoko a a tlwaelegileng a lesika le le lengwe (alafile, agile, bapile, fagile).
- Lemoga bokhutlo jo bo tlwaelegileng mo mafokong (sk. -ng mo go 'mofokeng', 'nageng', le -ela mo go 'rokela', 'ragela').

Go buisa (motlotlo le/ tiragatso)

- Buisetsa kwa godimo mo bukeng ya gago mo puisongkaelo ka ditlhopha le morutabana. Ditlhopha tsotlhe di buisa kgang e e tshwanang .
- Bontsha go tlhaloganya kgang e e kwadilweng e khutshwane , sk. latedisanya ditshwantsho, amanya dintlhatlhaloso/di-polelo le ditshwantsho.

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Medumopuo:(motlotlo/tiragatso/go kwala)

- Lemoga ditumammogo tslwaelegileng tse di pataganeng mo tshimologong le mo bofelong jwa mafoko.(sk :tl,th,kg, ng)

Go buisa (motlotlo/tiragatso)

- Buisa setlhangwa se sekhutshwane le morutabana mme o arabe dipotso tse di bonolo tsa molomo ka ga kgang.

KGWEDITHARO 3	
GO KWALA	**NAKO E E TSHITSHINTSWENG** Metsotso e e 30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Ditirwana tsa go kwala (di le 2 / 3 mo bekeng).

Morutabana a leke go akaretsa bontsi jwa tse di latelang fa nako e le teng :

- Dirisa dikgono tsa mokwalo tse di rutilweng ka Puo ya Gae.
- Kwala dintlhatlhaloso tsa setshwantsho
- Feleletsa dipolelo ka go tlatsa diphatlha tse di tlogetsweng.
- Kwala dipolelo o dirisa mafoko a a nang le medumo le mafoko a o a bonang ka gale, a a setseng a rutilwe
- Kwala dipolelo o dirisa letlhomeso la polelo, (sk. Ke rata ----------.Ga ke rate ----------)
- Kwala mafoko a a tlwaelegileng le dipolelo go tswa mo piletsong.
- Kwala setlhangwa se se bonolo se se setseng se rutilwe ka Puo Gae, sk: karata ya molaetsa wa pholo
- Dirisa maina le maemedi mo mokwalong (sk. nna, wena, ena, sona)
- Peleta mafoko ka nepo go tswa mo kakanyong, sk.tlala, bua, reka kgotsa a dirisa kitso ya medumopuo, sk. reka, boka, noka
- Dirisa thanodi ya bana mo go tlhokegang
- Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (tlhakakgolo le khutlo)
- Aga sefala sa mafoko le thanodi ya gagwe.

TLHATLHOBO

Tirwana 3 e e tshitshintsweng ya Tlhatlhobo e e tlhomameng:

Go kwala:

- Kwala dintlhatlhaloso tsa setshwantsho.
- Kwala dipolelo o dirisa letlhomeso la polelo, (sk.Ke rata ----------.Ga ke rate ----------)

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go kwala:

- Kwala dipolelo go tswa mo piletsong, tsenya matshwao a puiso.
- Kwala le go tshwantsha karata ya molaetsa wa pholo

KGWEDITHARO 4	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Dibeke 1-5

Morutabana o tlhopa dithitokgang di le pedi tse di ba letlang go itsise tirisogape ya tlotlofokole go akaretsa ditirwana tse di neetswengfatlase. Ela tlhoko gore dithitokgang /ditlhogo tse di tshitshintsweng ke dikaelo fela.Barutabana ba tshwanetse go itlhophela dithitokgang tse di maleba ba ikaegile ka bokao le tiriso ya dithusathuto tseba nang le tsona. Ba netefatse gore ba na le ditlhokego tsotlhe jaakadibukakgolo,diphousetara, diraeme, dipina, metshameko le dilo tsa nnete tsathitokgang e ba etlhophileng.Ba leke go akaretsa ditirwana tsotlhe go feta gangwe fa go kgonagala.

Morutabana o tshwanetse go tlhatlhoba barutwana a dirisa ditirwana tsa tlhatlhobo tse di sa tlhomamang tse di atlenegisitsweng mo dibekeng 1-5

Dibeke 6-10

Morutabana o tlhopa dithitokgang tse pedi tse dintšhwa tse di tla ba letlang go aga seo ba sedirileng mo dibekeng tse tlhano tsa ntlha. Dithitokgang di ba letle go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e ba setseng ba e rutilwe. Dithitokgang di letle barutabana gore gangwe le gape ba dirise gape motheo wa popegopuo o o bonolo fa a bua le barutwana ka Puotlaleletso ya Ntlha.

Barutabana ba netefatse gore ba akaretsa ditirwana tsotlhe,go feta gangwe fa go kgonagala.Ba lekole barutwana ba dirisa ditirwana tsa tlhatlhobo e e sa tlhomamang tse di atlenegisitsweng mo dibekeng 6-10. Barutabana ba dire ditirwana tsa tlhatlhobo e e tlhomameng kwa bofelong jwa kgweditharo.

Ditirwana tsa letsatsi le letsatsi (Metsotso e le 30 mo bekeng)

Ditirwana di farologana ka boleele. Morutabana a ka dira tirwana e le nngwe e telele kgotsa di le pedi go ya go le di le tharo tse dikhutshwane gangwe mo bekeng.

- Tswelela go tlhabolola tlotlofoko ya molomo(go reetsa le go bua) a dirisa dithitokgang kgotsa ditlhogo jaaka `Ditlha tsa ngwaga'.
- Sala morago ditaelo tse di bonolo, sk. Tla o nne fa pele mo phaposing.
- Neela ditaelo tse di bonolo, sk. Opa diatla.
- Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka,Efe….?Ke ya ga mang…?Ke setlha sefe se o se ratang thata mo ngwageng? Ke selemo.
- Dira dikopo le ditlhagiso tse di bonolo, sk. `A nka phutha dibuka tsa me?
- Supa sediriso go tswa mo tlhalosong e e bonolo ya molomo, sk. Ke selemo. Letsatsi le a phatsima. Malomo a thuntse. Bana ba apere marukgwe a mantšhwa, ba rwele ditlhako tse di ntshang menwana. Barutwana ba nyalanye tlhaloso le setshwantsho se se maleba.
- Tlotla ka didiriswa tse di mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sk. `O bona eng mo setshwantshong ? Ntlotlele ka se o se bonang mo setshwantshong .
- Reetsa tatelano ya tiragalo e e bonolo sk: Morutabana a bue/tlotle ka se a se dirileng ka leeto la go ya kwa lebenkeleng.
- Ka thuso go tswa go morutabana, neelana ka tatelano ya tiragalo e e bonolo sk barutwana ba tlotlela morutabana ka se ba se dirileng
- Ithute ka tlhogo le go diragatsa maboko a a bonolo, ba diragatsa diraeme le dipina, sk.'Naledi ele, ya maribe ribe, ribela ka pele, re ye go nwa metsi…..'
- Tshameka metshameko ya puo, sk. Barutwana ba tshameka ka bobedi ba itaya mabogo,yo mongwe a neele motlhala mme yo mongwe a neele karabo, sk. Maina a dikoloi... - Toyota, Mazda, Jetta go fitlhela a felelwa go latele tšhono ya yo mongwe. Diphologolo tsa gae, katse, kgomo….jj.

Ditirwana tse di totileng go reetsa le go bua (bonnye jwa nako metsotso e le 15 x 1 mo bekeng bogolo jwa nako metsotso e le 15 x 2 mo bekeng)

Reetsa dikgang tse di tlotlilweng le tse di buisitsweng (Puisokopanelo)

Gangwe kgotsa gabedi mo bekeng , go tswa mo nakong e e leng teng, morutabana o tlotla kgotsa o buisa kgang (kgotsa tatelano ya ditiragalo). Dikgang tse di tlotlilweng di ka diragadiwa go diriswa puo ya dikarolo tsa mmele le moaparo go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go buisiwa go tswa mo bukakgolo kgotsa mo phousetareng ya ditshwantsho mo barutwana botlhe ba ka bonang ditshwantsho sentle teng.

- Reetsa dikgangkhutshwe, tlotla ka tatelano ya ditiragalo kgotsa ditlhangwa tse di nang le bonnete, kgotsa buisa go tswa mo bukeng e kgolo kgotsa diphousetara tsa ditshwantsho, sk.mariga, ka go ijesa monate le go tsena fa gare ka nako e e maleba.
- Go tlhaloganya le go tsibogela ditaelo, sk. Ntshupetse ditlhare. 'A di na le dikala? Ke setlha sefe sa ngwaga jaanong?
- Araba dipotso tse dikhutshwane tse di bonolo ka lefoko le lengwe, sk. Semathana ke eng?
- Neela maina a dilo dingwe mo setshwantshong o tsibogela dipotso tsa morutabana, sk. `Se ke eng?' 'Ke tlhapi'
- Diragatsa kgang, o dirisa mmuisano
- Ka thuso ya morutabana, boeletsa kgang kgotsa o neele tshobokanyo ya kgang.

Tlhabololo ya dikgopolo, tlotlofoko le popego ya puo.

Go tsaya karolo mo ditirwaneng tse di fa godimo:

- Tswelela go aga tlotlofoko ya molomo, o akaretsa tlotlofoko ya kgopolo, sk:go fetola –Ditlha tsa ngwaga.
- O simolola go tlhabolola go tlhaloganya le bokgoni jwa tiriso e e bonolo ya dipopego tsa puo fa e dirisitswe mo puong e e nang le bokao ya molomo. sk: go tlhaloganya le go simolola go dirisa madiri jaaka, `Ke a ja,' mefuta e e farologaneng ya matlhaodi, 'yo motala', Matlhalosi, sk. kwa nokeng, ka bonako jj.

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (molomo/tiragatso)

Dibeke 1-5

- O araba dipotso tse di tlhamaletseng ka ga kgang
- Boeletsa kgang/sobokanya setlhangwa ka molomo (dipolelo di le tharo kgotsa di le nne)

Dibeke 6-10

- Araba dipotso tse di bonolo, sk. Ke setlha sefe sa ngwaga se o se ratang?'
- Supa ditshwantsho di le tharo go tswa mo tlhalosong e e bonolo ya molomo, sk.'ke selemo, letsatsi le a phatsima'/ke mariga ditlhare di tlhotlhoregile/ke letlhabula, dinonyane di aga dintlhaga

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go reetsa le go bua: (molomo / tiragatso)

- Reetsa tatelano ya ditiragalo tse bonolo, sk. Malatsi a me a boikhutso a selemo le go araba dipotso tse di bonolo ka ga ona, jaaka, sk. Modise o jetse malatsi a gagwe a boikhutso kae? O ne a dira eng fa a fitlha koo?
- O dirisa letlhomeso la polelo, o neela tatelano ya ditiragalo ya dipolelo di le 3-4.
- Bontsha go tlhaloganya tlotlofoko ya motheo ya molomo ka go supa didiriswa mo phaposiborutelong kgotsa mo setshwantshong kgotsa o di diragatse ka go tsibogela ditaelo tsa morutabana, sk. 'Mpontshe mokgele, jj
- Tlhaloganya mafoko a le 500 fa bonnye ba nako bo neilwe Puotlaleletso ya Ntlha le go fitlha go mafoko a le1000 fa bogolo jwa nako bo dirisetswa Puotlaleletso ya Ntlha. (Dirisa lenaane la mafoko le le mo Karolo 3 jaaka kaedi)

KGWEDITHARO 4	
PUISO LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako:Metsotso e le 45 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng

DITENG/KGOPOLO/DIKGONO

Temogo ya medumopuo (Metsotso e le 15 mo bekeng)

Morutabana o itsise ditumammogo tse di tlwaelegileng tse di pataganeng le ditumanosi tse di pataganeng,o dirisa mafoko a baithuti ba setseng ba a itse kgotsa mafoko aa ipoeletsang kgapetsakgapetsa.Fa ba itsise mafoko a mašwa ba netefatse gore barutwana ba tlhaloganya bokao le tiriso ya yona mo polelong.Ditirwana e nne tse dikhutshwane metsotso e le 5-10 mme e okediwe mo bekeng. Di ka nna tsa lomaganngwa le ditirwana tsa Go reetsa le Go bua le tsa Go buisa.

- Kgobokanya mafoko a lesika le lengwe aa tlwaelegileng, sk: roka, loka, noka.
- Aga le go kgaoganya mafoko a a bonolo a a simololangka ditumammogo tsa ka gale tse di pataganeng.(tl-ala,kg-omo, ts-ala).
- Lemoga ditumanosi tse di pataganeng. (‘oo’ mo go `lootsa’,’ee mo go `leele’.)
- Supa pharologanyo magareng ga ditlhaka le medumo e e tlhakanyang tlhogo.sk `i’ ,le `o’

Puisokopanelo (Nako e setse e abetswe go reetsa le go bua)

Puisokopanelo ke tirwana ya puiso le ya go reetsa, e akaretsa go bua ka gonne barutwana ba tlotla ka setlhangwa le morutabana. Mo mophatong 2, Puisokopanelo e tla tswelela jaaka karolo ya go reetsa le go bua.

Puisokaelo ka Ditlhopha (bonnye jwa nako ya metsotso e le 30 le bogolo jwa nako ura e le 1 le metsotso e le 15 mo bekeng).

Barutabana ba ba dirisang bogolo jwa nako mo Puotlaleletso ya Ntlha, ba tshwanetse go kgaoganya phaposiborutelo ka dikarolo di le 5 tsa bokgoni jo bo tshwanang ba puiso le go dira le setlhopha se le sengwe metsotso e le 15 letsatsi lengwe le lengwe. Fa morutabana a dira le setlhopha se, ditlhopha tse dingwe di tla buisetsana mo ditlhopheng kgotsa ba tla dira puiso ka bobedi, ba dirisa setlhangwa se se bonolo se se tlwaelegileng kgotsa ditirwana tse di amanang le setlhangwa. Dibuka di tshwanetse go nna bonolo, ka poeletso ya dipopego le tlotlofoko le ditshwantsho go tshegetsa setlhangwa.

Barutabana ba ba dirisang bonnye jwa nako mo Puotlaleletso ya Ntlha mo go nang le metsotso e le 30 ba dire ditirwana tsa Puisokaelo le barutwana botlhe gabedi mo bekeng.

- Buisetsa kwa godimo mo bukeng ya gago mo puisongkaelo ka ditlhopha le morutabana. Ditlhopha tsotlhe di buisa kgang e e tshwanang kgotsa ditlhangwa tse di nang le bonnete le morutabana.
- Dirisa maano a puiso a a rutilwengo mo puong ya gae go dira tlhaloganyo le go itekola ka boena fa a buisa (medumopuo, tiriso e e nang le mafoko a a thusang go bona karabo, tshekatsheko ya popego, mafoko a a bonwang)
- Buisa ka thelelo le go itlhalosa sentle.
- Bontsha go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo.
- Tswelela go aga tlotlofoko go tswa mo Puisokaelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba rotloediwe go buisa ka nosi Puotlaleletso ya Ntlha fa ba na le nako e e sa dirisiweng mo phaposing (sk. fa ba feditse tirwana pele ga nako) le kwa gae (sk. jaaka tiro gae). Go botlhokwa gore tšhono nngwe le nngwe mo phaposing e dirisetswe go tlhabolola puiso ya bona.

- Buisa mokwalo wa gagwe le wa ba bangwe .
- Buisa ka nosi dibuka tse di buisitsweng ka nako ya Puisokaelo le dintlhatlhaloso tse di bonolo le dibuka tsa ditshwantsho tsa kgang tsa Puotlaleletso ya Ntlha mo sekhutlwaneng sa puiso mo phaposiborutelong.
- Dirisa dithanodi tsa bana tsa ditshwantsho (thanodi ya temenngwe le ya temepedi) go bona tlhaloso ya mafoko a a sa itsiweng.

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e tlhomameng :

Medumopuo: (motlotlo /tiragatso/e e lwadilweng)

- Kgobokanya mafoko a a tlwaelegileng a lesika le le lengwe (alafile, agile, bapile, fagile).
- Aga le go kgaoganya mafoko a a bonolo a a simololang ka tumammogo e le nosi. (sk, t-ala, f-ala,)
- Lemoga ditumanosi tse di pataganeng. (sk. 'oo' mo go `lootsa','ee' mo go `leele')

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang :

Go buisa: (motlotlo/tiragatso)

- Boeletsa bontlhabongwe jwa kgang ka thuso ya morutabana (dipolelo di le 2-3)

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go buisa:(motlotlo/tiragatso)

- Bontsha go tlhaloganya kgang e e kwadilweng e khutshwane, sk. latedisanya ditshwantsho, amanya dintlhatlhaloso/dipolelo le ditshwantsho.
- Buisa setlhangwa se se khutshwane (Bukakgolo kgotsa mokwalo o o atolositsweng) le morutabana a dirisa setlhogo go bonelapele le go araba dipotso tse dikhutshwane tsa molomo ka ga kgang.
- Buisetsa kwa godimo mo bukeng ya gago mo Puisokaelo ka ditlhopha le morutabana. Ditlhopha tsotlhe di buisa kgang e e tshwanang.

KGWEDITHARO 4	
GO KWALA	**NAKO E E TSHITSHINTSWENG** Metsotso e le 30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Ditirwana tsa go kwala (ga 2 kgotsa ga 3 mo bekeng)

Morutabana a leke go akaretsa bontsi jwa tse di latelang fa nako e le teng :

- Dirisa dikgono tsa mokwalo tse di rutilweng ka Puo ya Gae.
- Kwala dipolelo o dirisa mafoko a a nang le medumo le mafoko a a bonwang a buiwa a ba setseng ba a itse .
- Kwala mafoko a a tlwaelegileng le dipolelo go tswa mo piletsong.
- Tsenya dipolelo tse di tlhakatlhakaneng /di tswakantsweng ka tatelano go dira temana le go e kopolola.
- Kwala temana ya bonnye dipolelo di le 3 ka setlhogo se se tlwaelegileng
- Dirisa dikgono tse o di rutilweng mo Puo ya Gae, rulaganya tshedimosetso mo kerafong e e bonolo, sk. tšhate kgotsa molanako.
- Dirisa maina le maemedi mo mokwalong (sk. nna, wena, ena, sona)
- Dirisa pakajaanong, pakatsweledi le pakatlang fa ba kwala .
- Tiriso ya bontsi jwa mafoko a a tlwaelegileng fa ba kwala .
- Peleta mafoko ka nepo go tswa mo kakanyong, sk. tlala, bua, reka kgotsa a dirisa kitso ya medumopuo, sk. reka, loka, noka
- Dirisa matshwao a puiso a a setseng a rutilwe mo Puong ya Gae (tlhakakgolo le khutlo)
- Dirisa thanodi ya bana mo go tlhokegang
- Aga sefala sa mafoko le thanodi ya gagwe.

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go kwala: (se se kwadilweng)

- Kwala dipolelo di le tlhano go tswa mo piletsong o be o tsenye matshwao a puiso ka nepo .
- Tsenya dipolelo tse ditlhakatlhakaneng /ditswakantsweng ka tatelano go dira temana le go e kopolola

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go kwala: (se se kwadilweng)

- Kwala temana ya bonnye dipolelo di le tharo ka setlhogo se se tlwaelegileng.
- Rulaganya tshedimoseto mo kerafong e e bonolo, sk. tšhate kgotsa molanako

DITLHANGWA/METSWEDI E E TSHITSHINTSWENG YA NGWAGA

GO REETSA LE GO BUA • Ditshwantsho le diphousetara • Dilwana tse di tsamaisanang le dithitokgang le setlhogo, diphaphete le bommamatlhwane jj • Ditshwantsho tse di tla latelanngwang • Diaparo tsa maitirelo tsa go diragatsa metshameko e e etsisang le go diragatsa dikgang • DiCD kgotsa ditheipi tse di nang le dikgang (tse di buisitsweng kgotsa tse di tlotlilweng), maboko, diraeme le dipina, set-shameka diCD kgotsa segatisamantswe, ditheipi tsa thelebišene le tsa bidio/diDVD • Dibuka tsa dikgang le dikgang tse di anelwang ka molomo • Metshameko ya puo (tsa molomo)
GO BUISA LE MEDUMOPUO • Ditshwantsho le diphousetara • Ditšhate tsa lebota tsa medumopuo • Dibukakgolo - tse di nang le bonnete le tse di senang bonnete • Dibuka tsa puiso tse di tlhophilweng ka seemo (dikgang di le 7-10) • Dibukakgolo-tse dingwe di dirilwe ka nako ya Puisokopanelo. • Dibuka tsa ditshwantsho tse di nang le dintlhatlhaloso (dibuka tsa dintlhatlhaloso) • Dibuka tse dikhutshwane tse di itumedisang tse di nang le dipolelo di le 1-2 mo tsebeng, go dirisediwa sekhutlwana sa go buisa sa phaposiborutelo • Dikarata tsa puiso/ditsekedima tsa didiriswa tsa phaposiborutelo, dipontsho le mafoko a a bonwang • Ditšhate tsa alefabete • Disupi go dirisiwa fa ba buisa ditlhangwa tse di godisitsweng, dikgang tsa lebota le dilo tse di bontshiwang • Dithanodi tsa bana (tsa temenngwe le temepedi)
GO KWALA LE MOKWALO • Didiriswa tsa go kwala jaaka: diphensele, dikheraeyone tsa mebala, dikheraeyone tsa mafura, pampiri e e sa kwalelang ka bogolo jo bo farologaneng (A3, A4, A5), rula, raba, dibuka tsa go kwalela tse di thaletsweng tsa 17mm/ 8.5mm, dibuka tse di kwalelang tse di lolea • Ditšhate tsa dipampiri tse di pitikololwang le dipene tsa khokhi tse dikima • Dithanodi tse di bonolo tsa barutwana

MOPHATO 3 PUO YA TLALELETSO YA NTLHA SETSWANA

DITLHOKEGO TSA KGWEDITHARO

KGWEDITHARO 1

GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Ura e le 1 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Dibeke 1-5

Barutabana ba tlhopha dithitokgang/ditlhogo di le pedi tse di ba letlang go itsise le tiriso gape ya tlotlofoko le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore ditlhogo tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tsa bona tse di maleba di ikaegile ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le ditlhokego tsotlhe jaaka “Dibukakgolo, diphousetara, diraeme, dipina, metshameko, dilo tsa nnete tsa thitokgang e ba e tlhophileng.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fela fa go kgonagala.

Morutabana o tshwanetse go tlhatlhoba barutwana ka go dirisa Ditirwana tsa Tlhatlhobo ya Ntlha e e Tlhomameng e e atlenegisitsweng mo dibekeng 1-5.

Dibeke 6-10

Barutabana ba tlhopha ditlhogo tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tsa ntlha tse 5. Dithitokgang di ba kgontshe go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e e rutilweng. Dithitokgang di kgontshe morutabana go dirisa gape puo e e bonolo ya motheo wa dipopego fa a ntse a buisana le barutwana ka Puotlaleletso ya Ntlha.

Barutabana ba leke go akaretsa ditirwana di le dintsi mo nakong e e leng teng. Ba tlhatlhobe barutwana ba dirisa ditirwana tse di sa tlhomamang tsa tlhatlhobo tse di atlenegisitsweng mo dibekeng 6-10. Ba dirise gape le tlhatlhobo e e tlhamaletseng.

Ditirwana tsa letsatsi (metsotso e le 30)

Ditirwana di farologana ka boleele. Morutabana a ka dira tirwana e le nngwe e telele kgotsa di le

pedi/tharo tse dikhutshwane gangwe ka beke.

- Go tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang /ditlhogo jaaka “Diphologolo tse di tlhaga”
- Go latela ditaelo, sekao, ”Ntshang dibuka tsa lona tsa go kwalela le diphesele” Kwala letlha mo sekhutlong sa letsogo la gago la moja
- Naya ditaelo tse di bonolo, sk. “Tshwara letsogo la me”.
- Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka, Leng? Goreng? Kae? (O bone kae pitse ya naga? O e bone leng? Kwa sekgweng. Ngwaga o o fetileng.
- Go kopa go tlhalosediwa, sk. ’Ga ke tlhaloganye. Ke kopa gore o boeletse.’
- Tsibogelo le go dira kopo, sk. “Tsweetswee a nka dirisa thanodi e?
- Tsaya karolo mo motlotlong o mokhutshwane ka setlhogo se tlwaelegileng, sekao,” Maemo a bosa”, “Balosika”
- Supa sengwe ka go dirisa tlhaloso e e bonolo ya molomo, sk. ‘Ke namane e tona ya phologolo.’ ‘Ke yo mosetlha’. ’Letlalo la me le makgwakgwa. Ke na le selopo se se leele le mmele o mo leele. Ke nna mang?’
- Go bua ka dilo tse di tlhagelelang mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sk. ”Ke eng se o se boneng mo setshwantshong? Mpolelele gore o bona eng mo setshwantshong.
- Reetsa tatelano ya tiragalo e e bonolo, sk. Morutabana o anegela barutwana ka ga loeto la go ya kwa serapeng sa diphologolo.
- Ka thuso ya morutabana, naya tatelano ya tiragalo e e bonolo, sk, morutwana o anegela morutabana ka ga sengwe se a se dirileng.
- Tlhaloganya le go dirisa dipopego tsa puo mo tirisong, sk. pakaphethi , ‘Ke bone thutlwa’.
- Itse ka tlhogo le go diragatsa maboko a a bonolo, tiragatso ya diraeme le dipina, sk, Diphologolo di tsamaya ka bobedi ka bobedi.
- Tshameka motshameko wa puo, sk. Mpolelele gore ke mang.

Ditirwana tse di totileng go reetsa le go bua (metsotso e le 30 mo bekeng)

Reetsa dikgang tse di tlotliwang le go buisiwa (Puisokopanelo)

Morutabana o tlotla kgotsa o buisa kgang (kgotsa tatelano ya ditiragalo). Dikgang tse di tlotlilweng di ka diragadiwa go dirisiwa puo ya dikarolo tsa mmele le diaparo tse di maleba tsa tiragatso go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go tswa mo Bukakgolong kgotsa mo phousetareng mo bana botlhe ba ka kgonang go bona ditshwantsho sentle.

- Reetsa dikgang tse dikhutshwane, tatelano ya ditiragalo kgotsa ditlhangwa tse di nang le bonnete (sk. dintlha tsa tatelano ya tiragalo, ditaelo, dipegelo tsa tshedimosetso) tse di tlotlilweng kgotsa tse di buisitsweng go tswa mo Bukeng e Kgolo kgotsa phousetara e e nang le ditshwantsho/dithalo go itumedisa.
- Reetsa dikgang, sk, 'Go tlile jang gore Thutlwa e nne le thamo e telele?' le tatelano ya ditiragalo tsa morutwana ka nosi le go araba dipotso tsa tekatlhaloganyo jaaka 'Go tlile jang gore Thutlwa e nne le thamo e telele?.
- Ponelopele ya tiragalo e e tla latelang mo kgang kgotsa tatelano ya ditiragalo tsa morutwana ka nosi, sk. 'O akanya gore go tla diragala eng ka Thutlwa jaanong?'
- Utolola maikutlo ka kgang (A o ratile kgang, Goreng? Goreng o sa e rata?)
- Boeletsa kgang.
- Reetsa ditlhangwa tse e seng tsa boitlhamedi jaaka dikgopolo tse di nang le mabaka le pegelo ya tshedimosetso ka ditlou le go araba dipotso tsa tekatlhaloganyo, sk. Ditlou di ja eng? E dirisa mmele wa yona go dira eng?
- Ka thuso ya morutabana, naya tshobokanyo e e bonolo ya setlhangwa se se nang le bonnete.
- ***Tlhabololo ya dikgopolo, tlotlofoko le dikarolo tsa puo***
- Ka go tsaya karolo mo ditirwaneng tse di fa godimo
- Tswelelela go aga tlotlofoko ya molomo, e akaretse tlotlofoko ya dikgopolo, sk. diphologolo - ditebego tsa tsona tsa mmele, mekgwa jj.
- Simolola go tlhabolola go tlhaloganya le bokgoni jwa go dirisa dipopego tsa puo tse di bonolo mo tirisong ya puo e e buiwang e tlhaloganyega, sk, maina a a nang le bontsi le a a senang bontsi, jaaka 'tlou/metsi, dipopipolelo, dipaka, sekao, pakajaanong - 'letlalo la me le makgwakgwa'. Pakaphethi - 'Ke bone thutlwa'

TLHATLHOBO

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go reetsa le go bua (motlotlo/tiragatso)

Dibeke 1-5

- Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka 'Leng…?' 'Goreng…?'
- Supa selo go tswa mo motlotlong o o bonolo o o tlhalosang, sk. 'Ke namane e tona ya phologolo. Ke na le thamo e telele thata. Ke kgona go ja matlhare kwa godimo ga ditlhare. Ke nna mang?

Dibeke 6-10

- Boeletsa kgang ka go tlotla.
- Tsaya karolo mo mmuisanong ka setlhogo se se tlwaelegileng.

Tshitshinyo ya tirwana 1 ya tlhatlhobo e e sa tlhomamang

Go reetsa le go bua (motlotlo/tiragatso)

- Reetsa ditlhangwa tse di nang le bonnete jaaka dintlha tsa tatelano ya ditiragalo kgotsa pegelo ya tshedimosetso le go araba dipotso tsa tekatlhaloganyo ka molomo.
- Naya tshobokanyo e e bonolo ya molomo ka mela e le 3 kgotsa 4 ya setlhangwa se se nang le nnete/boammaruri.
- Bontsha go tlhaloganya tlotlofoko ya molomo ka go supa dilo mo phaposing kgotsa mo setshwantshong o tsibogela dipotso/ditaelo go tswa go morutabana, sk 'Ke eng seo? "Supa selopo sa tlou".

KGWEDITHARO 1	
PUISO LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** **Bonnye jwa nako: Ura e le 1 mo bekeng** **Bogolo jwa nako: Ura e le 1 le metsotso e le 30 mo bekeng**

DITENG/DIKGOPOLO/DIKGONO

Medumopuo (Metsotso e le 15 mo bekeng)

Morutabana o boeletsa ditlhaka tse di tsamayang di le nosi le dingwe tsa ditumammogo tse di tlwaelegileng tse di pataganeng, go dirisiwa mafoko a barutwana ba setseng ba a itse kgotsa mafoko a a dirisiwang ka gale. Fa a itsise lefoko le le šwa, o tlhomamise gore barutwana ba tlhaloganya bokao le go le dirisa mo polelong. O naya ditirwana tsa kutlo ya medumopuo tse di batlang barutwana go supa medumo ya mafoko a Puotlaleletso ya Ntlha a ba a itseng. Ditirwana tse di tshwanetse go nna dikhutshwane (metsotso e le 5 - 10) mme e arologantswe go ya ka beke. Di ka nna tsa lomaganngwa le ditirwana tsa Go reetsa le Go bua, le Go buisa

Dibeke 1 - 5

- Supa kamano ya modumo le tlhaka ya ditlhaka tse di tsamayang di le nosi, lemoga dipharologanyo tsa kapodiso magareng ga Puo ya Gae le Puotlaleletso ya Ntlha.
- Lemoga ditumanosi tse di pataganeng (.th, tl, kg, ts) kwa tshimologong ya lefoko, sk. (tha-la, tla-la, kga-la, tsa-la)
- Farologanya magareng ga kutlo ya medumo ya ditumanosi sk .(“o” mo go “podi” le mo go “ota” le “e” mo go “eta” le “leta” e dira modumo o o farologaneng.
- Aga le go kapodisa mafoko a makhutshwane (ditlhaka di le 3-4) o dirisa medumo e e ithutilweng.

Dibeke 6 - 10

- Lemoga ditumammogo tse di pataganeng (ng) kwa bofelong jwa lefoko (sekao, ”ng” mo go nokeng, motlhabeng)
- Lemoga ditumanosi tse di pataganeng, sk. (‘oo’ moopa, ‘oa’, ’loa’ le ‘boa)’.
- Aga le go kapodisa mafoko a makhutshwane (ditlhaka di le 3-4) o dirisa medumo e e ithutilweng.

Puisokopanelo (nako e beetswe go reetsa le go bua)

Puisokopanelo ke tirwana ya go buisa le go reetsa; e akaretsa go bua ka gonne barutwana ba bua ka setlhangwa le morutabana. Mo Mophato 3, Puisokopanelo e tla tswelela mme e le karolo ya Go reetsa le go bua.

- Buisa setlhangwa se se khutshwane se se kwadilweng (Buka e Kgolo kgotsa setlhangwa se se godisitsweng) le morutabana mme a dirisa setlhogo go bonelapele.
- Araba dipotso tse di nang le bokao jo bo tlhamaletseng ka kgang, sk. ’mosimane o ne a dira eng kwa sekolong?’
- Tlhalosa ka moo kgang e amang maikutlo ka teng, le go fetogela kwa puong e nngwe.
- Tlhalosa ka moo kgang e mo amileng maikutlo ka teng.

Puisokaelo ka ditlhopha (Bonnye metsotso e le 45 le bogolo ura e le 1 le metsotso e le 15)

Mo barutabana ba dirisang bogolo ba nako mo go Puotlaleletso ya Ntlha, ba tshwanetse go kgaoganya barutwana ka ditlhopha di le 5 go ya ka bokgoni jwa bona jwa go buisa. Ba tshwanetse go dirisa puiso e e tlhophilweng ka seemo ba tlhomamisa gore setlhopha sengwe le sengwe se dira ka setlhangwa go ya ka maemo a kaelo (temogo ya mafoko magareng ga 90%-95% ka nepo). Morutabana o tshwanetse go dira le setlhopha se le sengwe letsatsi le letsatsi metsotso e le 15. Fa a ntse a dira le setlhopha se, barutwana ba bangwe ba tla dira puiso ka bobedi kgotsa Puiso ka nosi kgotsa ditirwana tse di tsamaelang le setlhangwa se se buisiwang .

Barutabana ba ba dirisang bogolo ba nako mo go Puotlaleletso ya Ntlha, ba tshwanetse go dira Puisokaelo ya phaposi yotlhe gararo ka beke.

Puisetsogodimo go tswa mo dibukeng tsa bona, mo Puisokaelong ya setlhopha le morutabana. Se, se kaya gore setlhopha sotlhe se buisa kgang e e tshwanang kgotsa setlhangwa se se nang le bonnete/boammaruri le morutabana.

- Dirisa ditogamaano tsa puiso tse o di ithutilweng mo Puong ya Gae go tlhaloganya le go itekola fa o buisa (medumopuo, tiriso e e nang le motlhala, tshekatsheko ya popego, mafoko a a bonwang fela,)
- Puiso ka thelelo e e oketsegileng le go itlhalosa sentle.

- Supa go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo.
- Tswelela go aga tlotlofoko e e bonwang go tswa mo puisong, e ka nna Puisokaelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (Ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba tshwanetse go rotloediwa go buisa ka nosi mo Puongtlaleletso ya Ntlha fa ba sa dire sepe mo phaposing, sekao, fa morutabana a dira le setlhopha sa Puisokaelo kgotsa fa ba feditse tirwana pele ga nako. Go botlhokwa gore nako nngwe le nngwe e dirisiwe go tlhabolola puiso ya bona. Barutwana ba rotloediwe go buisa kwa gae, seno e nne tirogae.

- Buisa tiro ya gago le ya ba bangwe e e kwadilweng.
- Buisa buka ka nosi ka nako ya Puisokaelo le dibuka tse di bonolo tsa dintlhatlhaloso le dibuka tsa ditshwantsho mo Puotlaleletsong ya Ntlha mo sekhutlhwaneng sa puiso mo phaposiborutelong.
- Buisa ka nosi dibuka tse di dirisiwang mo Puisokaelong
- Puiso ya maboko a a tlwaelegileng le diraeme.
- Tiriso ya dithanodi tsa ditshwantsho tsa bana (tsa temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng.

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Medumopuo: (motlotlo kgotsa tiragatso/e e kwadilweng)

- Aga le go kapodisa mafoko a makhutshwane (ditlhaka di le 3-4) o dirisa medumo e e ithutilweng.

Tirwana 1 ya tlhatlhobo e e tshitshintsweng

Medumopuo: (motlotlo/tiragatso)

- Supa kamano ya modumo le tlhaka ya ditlhaka tse di tsamayang di le nosi, lemoga dipharologanyo tsa kapodiso magareng ga Puo ya Gae le Puotlaleletso ya Ntlha.
- Lemoga ditumanosi tse di pataganeng (th, tl, kg, ts) kwa tshimologong ya lefoko (sk tha-la, tla-la.kga-la,tsa-la)
- Lemoga ditumammogo tse di pataganeng (ng) kwa bofelong jwa lefoko (sk. ”ng” mo go nokeng, motlhabeng)

Ditshitshinyo tsa tlhatlhobo e e tlhomameng:

Puiso (motlotlo/tiragatso)

Puisokopanelo

- Buisa kgang e khutshwane (Bukakgolo kgotsa setlhangwa se se godisitsweng) le morutabana, o dirisa setlhogo go dira ponelopele.
- Araba dipotso tsa bokao jo bo tseneletseng tsa kgang, sk. ’Go diragetse eng fa thutlwa e simolola go nwa metsi.

Puisokopanelo ka setlhopha

- Bontsha go tlhaloganya le go buisa ka thelelo fa o buisa ka maemo a gago a puiso le morutabana.

Puiso ka nosi

- Bontsha go tlhaloganya le go buisa ka thelelo fa o buisa o le nosi.

Tirwana 1 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Puiso (motlotlo/tiragatso

Puisokopanelo

- Boeletsa kgang kgotsa sobokanya setlhangwa se se nang le bonnete/boammaruir

Puisokopanelo ka setlhopha

- Buisa dikgang le setlhopha ka maemo a gago a puiso le morutabana.
- Dirisa mafoko a nnang a le teng, medumopuo le dikgono tsa tekatlhaloganyo go tlisa bokao.

KGWEDITHARO 1	
GO KWALA **TIRISO YA PUO**	**NAKO E E TSHITSHINTSWENG** **Go kwala** Bonnye jwa nako: Metsotso e le 30 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng **Tiriso ya puo**: Metsotso e le 30

DITENG/DIKGOPOLO/DIKGONO

Ditirwana tse di kwalwang (bonnye metsotso e le 30, bogolo ura e le 1 mo bekeng)

Ditirwana tse di kwalwang e nne e le nngwe kgotsa di le pedi fa bogolo ba nako bo dirisiwa mme fa go dirisiwa bonnye ba nako, go dirwe tirwana e le nngwe.

- Dirisa dikgono tsa mokwalo o o rutilweng mo Puo ya Gae
- Kwala manaane a a raraaneng a a nang le ditlhogo, sk., 'Dipholologolo tse di tlhaga' jaaka tlou, thutlwa, tau le pitse ya naga.
- Kwala setlhangwa se se bonolo, sk. karata ya matsalo
- Kwala ditaelo tse di bonolo, sk. lenaane la go apaya (resepi) o kaelwa ke morutabana
- Kwala temana ya dipolelo di le 4-6 ka setlhogo se se tlwaelegileng
- Dirisa dikgato tsa go kwala (go dira ditlhangwa tsa ntlha, go kwala, go tseleganya, go tlhagisa)
- Dirisa matshwao a puiso a a rutilweng mo Puo ya Gae, sk. (khutlo, phegelwana, letshwao la potso, letshwao la kgakga-malo le matshwao a nopolo.)
- Peleta mafoko a a tlwaelegileng ka nepagalo le go leka go peleta mafoko a a sa tlwaelegang mo kitsong ya medumopuo
- Aga sefala sa mafoko le thanodi e e leng ya gagwe.
- Dirisa dithanodi tsa bana (ya temenngwe le ya temepedi).

Ditirwana tsa tiriso ya puo (Metsotso e le 30 ka beke)

Ka ditirwana tse, barutwana ba tla simolola go tota thutapuo e e dirisiwang. Thutapuo e tshwanetse go rutiwa ka mokgwa wa tiriso e e nang le bokao.

- Tlhaloganya le go dirisa pakajaanong.
- Tlhaloganya le go dirisa masupi, sk. (le, tse, ba, a, se)
- Tlhaloganya le go dirisa marui, sk.(Ke buka <u>ya</u> me, Ke setlhako <u>sa</u> me)
- Boeletsa thutapuo nngwe e e ithutilweng kwa ntle ga phaposiborutelo/kwa gae.

THLATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang

Go kwala (e e kwadilweng)

- Ka tshegetso ya morutabana, kwala ditaelo tse di bonolo sk. <u>(bukatsatsi)</u>

Tirwana 1 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go kwala (e e kwadilweng)

- Kwala temana ya dipolelo di le (4-6) ka ditlhogo tse di tlwaelegileng

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang

Tiriso ya puo: (e e kwalwang)

- Kwala dintlhatlhaloso tsa ditshwantsho o dirise letlhomeso. Go na le.....
- Kwala dipolelo tse di nang le bokao o dirisa marui ka nepagalo

Tirwana 1 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Go kwala: (e e kwadilweng)

- Kwala dipolelo tse di nang le bokao o dirisa pakajaanong ka nepagalo.

KGWEDITHARO 2	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** **Ura e le 1 mo bekeng**

DITENG/DIKGOPOLO/DIKGONO

Dibeke 1-5

Barutabana ba tlhopha dithitokgang di le pedi tse di tla ba kgontshang go itsise le go dirisa tlotlofoko gape, le go dira ditirwana tse di neetsweng fa tlase fa. Ela tlhoko gore ditirwana tse di tshitshintsweng ke dikaelo fela. Barutabana ba tshwanetse ba tlhopha dithitokgang tse di maleba ba lebile bokao jwa tsona le didiriswa tse di leng teng. Ba netefatse fa ba na le Dibukakgolo tse di tlhokegang, diphousetara, diraeme, dipina, metshameko le didiriswa tsa nnete tsa thitokgang e ba e tlhophileng.

Barutabana ba tshwanetse ba leke go dira ditirwana tse dintsi fa go kgonagala go ya ka nako e ba nang le yona. Ba tshwanelwa ke go tlhatlhoba barutwana ba dirisa Ditirwana tsa Tlhatlhobo e e sa Tlhomamang tse di tshitshintsweng tsa dibeke tsa 1-5.

Dibeke 6-10

Barutabana ba tlhopha ditlhogo tse di tla ba kgontshang go aga mo go se ba se dirileng mo dibekeng tsa ntlha tse tlhano. Di-thitokgang di ba kgontshe go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e e rutilweng. Dithitokgang di kgontshe morutabana go dirisa dipopego tsa puo ya motheo e e bonolo fa a ntse a buisana le barutwana ka Puotlaleletso ya Ntlha.

Barutabana ba leke go akaretsa ditirwana di le dintsi mo nakong e e leng teng. Ba tlhatlhobe barutwana ba dirisa Ditirwana tsa Tlhatlhobo e e sa tlhomamang mo dibekeng 6-10. Ba dirise gape le Ditirwana tsa Tlhatlhobo e e Tlhomameng.

Ditirwana tsa letsatsi le letsatsi (metsotso e le 30 mo bekeng)

Ditirwana di farologana ka boleele. Morutabana a ka dira tirwana e le nngwe e telele di le pedi kgotsa di le tharo tse dikhutshwane gangwe mo bekeng.

- Go tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang /ditlhogo jaaka “Go jala ditlhare”
- Go latela ditaelo, sk. ‘tshela mmu mo pitseng ya malomo’,‘tsenya peo mo mmung,’khurumetsa peo ka mmu’, la bofelo, ‘tshela peo metsi’.
- Naya ditaelo tse di bonolo, sk. ‘tshela peo metsi”
- Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka Leng? Goreng? Kae? (O bone kae pitse ya naga? O e bone leng? Kwa sekgweng. Ngwaga o o fetileng).
- Go kopa go tlhalosediwa, sk. ’Ga ke tlhaloganye. Ke kopa gore o boeletse.’
- Tsibogelo le go dira kopo, sk. ‘Tsweetswee, a nka dirisa thanodi?’
- Tsaya karolo mo motlotlong o mokhutshwane ka setlhogo se se tlwaelegileng, sk,’ Metshameko’ ‘moletlo wa botsalo wa tsala’
- Supa sengwe ka go dirisa tlhaloso e e bonolo ya molomo, sk. ‘ke monnye mme ke thata. Fa o nnaya mmu e metsi ke gola go nna sejalo. Ke nna mang?’
- Go bua ka dilo tse di tlhagelelang mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sk. ‘Ke eng se o se boneng mo setshwantshong? Mpolelele gore o bona eng mo setshwantshong.
- Reetsa tatelano ya ditiragalo e e bonolo sk. Morutabana o anegela ka ga go jala. ’Tshela mmu mo pitsaneng ya malomo,o tsenya peo mo pitsaneng ya malomo, o khurumetse peo ka mmu. o e nosetsa. o e tlhokomela go fitlha e gola.
- Go naya tatelano e e bonolo ya ditiragalo ka molomo, sk’ ‘Go jala peo’ O e tlhokomela jang go fitlha e gola e nna sejalo.
- Tlhaloganya le go dirisa dipopego tsa puo di le mo tirisong, sk. pakaphethi, ‘Ke jadile peo mo mmung maabane.’
- Itse ka tlhogo le go diragatsa maboko a a bonolo, tiragatso ya diraeme le dipina, sk. Re tla jala dijalo, mme ra ja maungo go gompala’
- Tshameka motshameko wa puo, sk. ‘ke go bona gabedi’

Theetso le puiso e e tlhomameng (metsotso e le 30 mo bekeng)

Go reetsa dikgang tse di tlotliwang le tse di buisiwang (Puisokopanelo)

E dirwe gabedi mo bekeng fa go na le nako, morutabana a tlotle kgang kgotsa a e buise (go tlotla tatelano ya ditiragalo). Dikgang tse di tlotliwang di ka diragadiwa go dirisiwa dikarolo tsa mmele le diaparo tsa go diragatsa go tshegetsa bokao. Dikgang tse di buisiwang di tshwanetse go tswa mo Bukakgolo kgotsa mo phousetareng e e nang le dithalo/ditshwantsho mo barutwana botlhe ba ka kgonang go bona setshwantsho sentle mo go yona.

- Reetsa dikgangkhutshwe, tatelano ya ditiragalo ka morutwana ka nosi kgotsa ditlhangwa tse di nang le bonnete/boammaruri sk. tatelano ya ditiragalo di na le mabaka, ditaelo le pegelo ya tshedimosetso e e tlotlilweng le go buisiwa go tswa mo Bukakgolong kgotsa kgotsa phousetara ya ditshwantsho/dithalo go itumedisa.
- Reetsa dikgangkhutshwe le tatelano ya ditiragalo ka morutwana ka nosi mme o arabe dipotso tsa tekatlhaloganyo, sk. 'Ba kumutse lelomo jang mo mmung?'
- Ponelopele ya tiragalo e e tla latelang mo kgang kgotsa to ya motho ka namana, sk. (O akanya gore go tla diragala eng ka peo e e jadilweng?) tatelano ya ditiragalo ka morutwana ka nosi (o nagana gore go tlile go diragala eng morago ga se?
- Utolola maikutlo ka ga kgang (A o rata go dira mo tshingwaneng? Goreng o go rata?)
- Boeletsa kgang.
- Reetsa ditlhangwa tse di senang bonnete/boammaruri jaaka tatelano ya tiragalo e e nang le mabaka le pegelo ya tshedimosetso ka ga dijalo le go araba dipotso tsa tekatlhaloganyo. Sk. 'Dijalo di re thusa ka eng?' 'Naya mosola wa metsi'
- Ka thuso ya morutabana, naya tshobokanyo e e bonolo ya setlhangwa se se nang le bonnete/boammaruri..

Tlhabololo ya dikgopolo, tlotlofoko le dipopego tsa puo

Ka go tsaya karolo mo ditirwaneng tse di fa godimo

- Tswelela go aga tlotlofoko ya molomo le tlotlofoko ya kgopolo, sk. tlhaloso ya thulaganyo e e rileng –"Thulaganyo ya botshelo jwa dimela'
- Simolola go tlhabolola kitso le dikgono tsa popegopuo e e bonolo mo tirisong e e nang le bokao mo puong e e buiwang, sk. maina mo bongweng le bontsi le maina a a senang bontsi.

TLHATLHOBO

Ditshitshinyo tsa Dirwana tsa tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/tiragatso)

Dibeke 1-5

- Go bua ka ga setshwantsho
- Tsaya karolo mo motlotlong o mokhutshwane ka go bua ka ga setlhogo se se tlwaelegileng, sk. 'Go lema tshingwana'

Dibeke 6-10

- Reetsa tatelano ya ditiragalo e e dirwang ka molomo
- Naya tatelano ya ditiragalo e e bonolo e e dirwang ka molomo

Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/tiragatso)

- Reetsa setlhangwa se se nang le bonnete/boammaruri le go araba dipotso tsa tekatlhaloganyo ka molomo.
- Supa go tlhaloganya tlotlofoko ya molomo ka go supa dilo mo phaposiborutelong kgotsa setshwantsho go tsibogela dipotso/ditaelo go tswa go morutabana, sk. 'Ke eng se?' Supa medi ya sejalo?'

Tirwana 3 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/tiragatso

- Reetsa kgang le go e tlotla gape.
- Supa go tlhaloganya tlotlofoko ya molomo ka go supa dilo mo phaposiborutelong kgotsa setshwantsho go tsibogela dipotso/ditaelo go tswa go morutabana.' Sk. 'Tlhalosa dikgato tsa go jala ditlhare/peo/merogo'

KGWEDITHARO 2	
GO BUISA LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Ura e le 1 mo bekeng Bonnye jwa nako: Ura e le 1 le metsotso e le 30

DITENG/DIKGOPOLO/DIKGONO

Medumopuo (Metsotso e le 15 mo bekeng)

Morutabana o itsise ditumanosi tsa ka gale tse di pataganeng, ditumammogo tse di pataganeng, a dirisa mafoko a barutwana ba a itseng kgotsa a a dirisiwang ka gale. Fa o itsise lefoko le le šwa, morutabana o netefatsa gore barutwana ba tlhaloganya bokao le go ka le dirisa mo dipolelong. O ba naya ditirwana tsa kutlo tse di tlhokang gore barutwana ba lemoge mafoko a a rumisiwang. Ditirwana tse e nne tse dikhutshwane di aname ka beke. Di ka lotaganngwa le ditirwana tsa go reetsa le go bua le go buisa

Dibeke 1 - 5

- Lemoga bonnye ditumanosi di le tharo tse dišwa tse di pataganeng (sk. 'aa' mo go 'maaka', 'ee' mo go 'leeba', 'ii' mo go 'tiisa', 'oo' mo go 'mooko')
- Lemoga tiriso ya ditumanosi tse di pataganeng, (sk. 'aa' mo go 'maaka', 'ee' mo go 'leeba', 'ii' mo go 'tiisa', 'oo' mo go 'mooko')
- Aga le go dumisa mafoko o dirisa medumo e e ithutilweng.
- Dibeke 6 - 10
- Dirisa ditumanosi tse di pataganeng go aga le go kgaoganya mafoko ka dinoko sk. (no-ko ; n-ku : n-ta)
- Lemoga mafoko a a itsiweng, sk. 'O lelela letsele a leletse'.
- Pharologanyo magareng ga medumo e meleele le e mekhutshwane ya ditumanosi, sk. 'lootsa.' 'lopa', 'leeba', 'leba'
- Aga le go dumisa mafoko o dirisa medumo e e ithutilweng.

Puisokopanelo (nako e setse e abetswe go reetsa le go bua)

Puisokopanelo ke tirwana ya go buisa le go reetsa; e akaretsa gape go bua ka gonne barutwana ba bua ka ga setlhangwa le morutabana. Mo Mophatong wa 3, Puisokopanelo e tla tswelela mme e le karolo ya go reetsa le go bua.

- Buisa setlhangwa se sekhutshwane se se kwadilweng (Bukakgolo kgotsa setlhangwa se se godisitsweng) morutabana a dirisa setlhogo sa ponelopele.
- Araba dipotso tsa lefoko ka lefoko ka ga kgang, sk. 'Mosimane o ne a dira eng kwa sekolong?'
- Tlhalosa ka moo kgang e mo amileng maikutlo ka teng, fetogela kwa puong e nngwe fa go tlhokega.

Puisokaelo ka ditlhopha (Bonnye metsotso e le 45, bogolo ura e le 1 le metsotso e le 15)

Fa barutabana ba dirisa bogolo ba nako mo Puotlaleletso ya Ntlha, ba tshwanetse go kgaoganya barutwana ka ditlhopha di le 5 go ya ka bokgoni jwa bona jwa go buisa. Ba tshwanetse go dirisa puiso e e tlhophilweng ka seemo ba tlhomamisa gore setlhopha sengwe le sengwe se dira ka setlhangwa go ya ka maemo a kaelo (temogo ya mafoko magareng ga 90%-95% ka nepo). Morutabana o tshwanetse go dira le setlhopha se le sengwe letsatsi le letsatsi metsotso e le 15. Fa a ntse a dira le setlhopha se, barutwana ba bangwe ba tla dira puiso ka bobedi kgotsa Puiso ka nosi kgotsa ditirwana tse di tsamaelang le setlhangwa se se buisiwang.

Fa barutabana ba dirisa bogolo ba nako mo Puotlaleletso ya Ntlha, ba tshwanetse go dira Puisokaelo le barutwana botlhe gararo mo bekeng.

- Go buisetsagodimo go tswa mo dibukeng tsa bona mo setlhopheng sa Puisokaelo le morutabana. Se, se kaya gore setlhopha sotlhe se buisa kgang e e tshwanang kgotsa setlhangwa se se nang le bonnete/boammaruri le morutabana.
- Go dirisa ditogamaano tsa puiso tse di ithutilweng mo Puo ya Gae, go dira tlhaloganyo le go itekola fa o buisa (medumopuo, metlhala ya tiriso, tshekatsheko ya popego, mafoko a a bonwang).
- Go buisa ka thelelo e e oketsegileng le go itlhalosa sentle.
- Go supa go tlhaloganya matshwao a puiso fa o buisa.
- Go tswelela go aga tlotlofoko e e bonwang go tswa mo puisong, e ka nna puisokanelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (Ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba tshwanetse go rotloediwa go buisa ka nosi mo Puotlaleletsong ya Ntlha fa ba sa dire sepe mo phaposing, sk. fa morutabana a dira le setlhopha sa Puisokaelo kgotsa fa ba feditse tirwana pele ga nako. Go botlhokwa gore nako nngwe le nngwe e dirisiwe go tlhabolola puiso ya bona. Barutwana ba rotloediwe go buisa kwa gae, seno e nne tirogae.

- Buisa tiro ya gago e e kwadilweng le ya ba bangwe.
- Buisa dibuka ka nosi tse di buisitsweng ka nako ya Puisokaelo le dibuka tse di bonolo tsa dintlhatlhaloso le dibuka tsa dikgang tse di nang le ditshwantsho mo Puotlaleletso ya Ntlha go tswa mo sekhutlwaneng sa puiso sa phaposiborutelo.
- Buisa maboko le diraeme tse di tlwaelegileng.
- Dirisa dithanodi tsa ditshwantsho tsa bana (tsa temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng

TLHATLHOBO

Ditirwana tse di tshitshintsweng tsa tlhatlhobo e e sa tlhomamang

Medumopuo: (motlotlo/tiragatso/tiro e e kwadilweng)

- Farologanya magareng ga medumo ya ditumanosi tse di telele le tse dikhutshwane, sk. ‘aa’, ‘maaka’ , ’ee’, ‘leeba’ ’ii’, ’tiisa’, ’oo, ’lootsa’’ le ditumanosi tse dikhutshwane, sk. ’leba’, ‘lopa’

Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Medumopuo: (motlotlo/tiragatso/tiro e e kwadilweng)

- Lemoga ditumanosi tse di pataganeng, (sk. boa, loa, bua.)
- Lemoga ditumanosi tse di sa utlwaleng, (sk. ‘o’ wa bobedi mo go mooki, ‘a’ wa bobedi mo go maaka, jj)

Tirwana 3 e e Tshitshintsweng ya Tlhatlhobo e e Tlhomameng

Medumopuo: (motlotlo/tiragatso/tiro e e kwadilweng)

- Dirisa ditumammogo tse di pataganeng go aga le go aroganya mafoko, (sk. ‘no-ng’, ‘n-ko’, n-ta.’)
- Aga le go dumisa mafoko o dirisa medumo e e ithutilweng.

Ditirwana tse di tshitshintsweng tsa tlhatlhobo e e sa tlhomamang

Puiso (motlotlo/tiragatso)

Puisokopanelo

- Araba dipotso tse dikhutshwane ka setlhangwa
- Boeletsa karolo ya kgang ka thuso ya morutabana

Puisokaelo

- Bontsha go tlhaloganya le go buisa ka thelelo fa ba buisa go ya ka maemo a bona a puiso le morutabana.

Ditirwana tse di tshitshintsweng tsa tlhatlhobo e e tlhomameng

Puiso(motlotlo/tiragatso)

Puisokopanelo

- Araba dipotso tsa lefoko ka lefoko ka ga kgang kgotsa setlhangwa se se nang le bonnete/boammaruri, sk ’Go diragala eng fa peo ya nawa e simolola go tlhoga?’

Puisokopanelo ka setlhopha

- Bontsha go tlhaloganya le go buisa ka thelelo fa ba buisa go ya ka maemo a bona a puiso le morutabana.

Puiso ka bobedi/Puiso ka nosi

- Bontsha go tlhaloganya le go buisa ka thelelo fa ba buisa ka nosi.

KGWEDITHARO 2	
GO KWALA **TIRISO YA PUO**	**NAKO E E TSHITSHINTSWENG** **Bonnye jwa nako**: Metsotso e le 30 mo bekeng Bogolo jwa nako: Ura e le 1 mo bekeng **Tiriso ya puo:** Metsotso e le 30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO/

Ditirwana tse di kwalwang (bonnye metsotso e le 30, bogolo ba nako, ura e le 1 mo bekeng)

Ditirwana tse di kwalwang e nne e le nngwe kgotsa di le pedi fa bogolo ba nako bo dirisiwa, mme fa go dirisiwa bonnye ba nako, go dirwe e le nngwe.

- Dirisa dikgono tsa mokwalo o o rutilweng mo Puong ya Gae
- Kwala manaane a a raraaneng go ya ka ditlhogo sk. Dilo tse di tlhokiwang ke dijalo, metsi, mmu, lesedi, mowa o o phepa.
- Ka kaelo ya morutabana, kwala tatelano ya ditaelo tse di bonolo, sk. tsela ya go jala ditlhare/merogo/dithunya
- Kwala temana ya dipolelo di le 4-6 ka setlhogo se se tlwaelegileng
- Rulaganya tshedimosetso mo tšhateng, lenaaneng kgotsa kerafong, sk. tsheko ya botshelo jwa sejalo.
- Dirisa dikgato tsa go kwala (go kwaka ditlhangwa tsa ntlha, go kwala, go tseleganya, go tlhagisa)
- Dirisa matshwao a puiso a a rutilweng mo Puong ya Gae, sk. khutlo, phegelwana, letshwao la potso, letshwao la kgakgamalo le matshwao a nopolo.)
- Peleta mafoko a a tlwaelegileng ka nepagalo le go leka go peleta mafoko a a sa tlwaelegang a dirisa kitso ya medumopuo
- Aga sefala sa mafoko le thanodi e e leng ya gagwe.
- Dirisa dithanodi tsa bana (tsa temenngwe le temepedi)

Ditirwana tsa tiriso ya puo (Metsotso e le 30 mo bekeng)

Ka ditirwana tse, barutwana ba tla simolola go tsepama mo thutapuong e le mo tirisong. Thutapuo e tshwanetse go rutiwa e le mo tirisong e e nang le bokao.

- Tlhaloganya le go dirisa pakatsweledi sk. 'Re jala peo
- Tlhaloganya le go dirisa maina a a senang bontsi le a a nang le bontsi, sk. metsi, madi
- Boeletsa thutapuo nngwe e e rutilweng go tswa mo Mephato R — 2

TLHATLHOBO

Tirwana 1 e e tshitshintsweng ya tlhatlhobo:

Mokwalo:(e e kwadilweng)

- Rulaganya tshedimosetso mo tšhateng, lenaaneong kgotsa kerafong, sk 'tsheka ya botshelo jwa sejalo'

Tirwana 2 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Mokwalo: (e e kwadilweng)

- Kwala temana ya dipolelo di le (6-8) ka setlhogo se se tlwaelegileng.

Tirwana 3 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

- Ka kaelo ya morutabana kwala ditaelo tse di bonolo, sekao, lenaneo la go dira tshingwana ya dijalo,.

Tshitshinyo ya ditirwana tsa tlhatlhobo e e sa tlhomameng

Tiriso ya puo: (e e kwadilweng)

- Tlhaloganya le go dirisa maina a a senang bontsi le a a nang le bontsi, sk. metsi, madi

Tiriso ya puo: (e e kwadilweng)

- Feleletsa dipolelo o dirisa pakatsweledi

Tiriso ya puo: (e e kwadilweng)

- Kwala dipolelo tse di tlhabosang o dirisa pakatsweledi ka nepagalo.

KGWEDITHARO 3	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG** Ura e le 1 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Dibeke 1-5

Barutabana ba tlhopha dithitokgang di le pedi tse di ba kgontshang go itsise le go dirisa tlotlofoko gape le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore ditlhogo tse di tshitshintsweng ke tsa kaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tsa bona tse di maleba, di ikaegile ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le ditlhokego tsotlhe jaaka 'Dibukakgolo, diphousetara, diraeme, dipina, metshameko, didiriswa tsa nnete mabapi le thitokgang e ba e tlhophileng.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fela fa go kgonagala.

Morutabana o tshwanetse go tlhatlhoba barutwana ka go dirisa Ditirwana tsa Tlhatlhobo e e sa Tlhomamang e e atlenegisitsweng mo Dibekeng 1- 5.

Dibeke 6-10

Barutabana ba tlhopha ditlhogo tse di tla ba kgontshang go agelela mo go se ba se dirileng mo dibekeng tse tlhano tsa ntlha. Dithitokgang tse di ba kgontshang go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e e rutilweng. Dithitokgang di letle barutabana gore gangwe le gape ba dirise dipopego tsa puo tsa motheo tse di bonolo fa a bua le barutwana ka Puotlaleletso ya Ntlha. Barutabana ba leke go akaretsa ditirwana di le dintsi mo nakong e e leng teng. Ba tlhatlhobe barutwana ba dirisa Ditirwana tse di sa Tlhomamang tsa Tlhatlhobo tse di atlenegisitsweng mo dibekeng 6-10. Ba dirise gape le tlhatlhobo e e tlhomameng.

Ditirwana tsa letsatsi (metsotso e le 30 mo bekeng)

- Go tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang/ditlhogo jaaka 'Go dira setshwantsho '
- Go latela ditaelo, go tswa mo go morutabana.
- Go naya ditaelo tse di bonolo, sk. 'Dirisa mmala o mohibidu"
- Go tlhaloganya le go tsibogela dipotso tse di bonolo jaaka, Leng? Goreng? Kae?' Mmala o o serolwana o o bona kae?' Goreng re dirisa mmala o mohibidu?'
- Go kopa go tlhalosediwa, sk.' Ga ke tlhaloganye. Ke kopa gore o boeletse.'
- Go 'tsibogelo le go dira kopo, sk, 'Tsweetswee, a nka dirisa thanodi?'
- Tsaya karolo mo motlotlong o mokhutshwane ka ga setlhogo se se tlwaelegileng, sk,' Metshameko', 'moletlo wa botsalo wa tsala'
- 'Supa sengwe ka go dirisa tlhaloso e e bonolo ya molomo, sk.' 'Ke mosimane yo moleele. Selemo ke nna motala mme mariga ke a setlhafala. Bana ba me ba a tlhotlhorega. Ke na le dijo tsa me e bong menontsha e e tswang mo mmung. Ke nna mang?'
- 'Go bua ka dilo tse di tlhagelelang mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sk. 'Ke eng se o se boneng mo setshwantshong? Mpolelele gore o bona eng mo setshwantshong.
- Reetsa tatelano ya tiragalo e e bonolo. Sk. Morutabana o anegela ka ga go jala. 'O tsenya peo mo pitsaneng ya malomo, o khurumetsa peo ka mmu. O nosetsa peo ya gagwe. O a e tlhokomela go fitlha e gola.
- Ka thuso ya morutabana, naya tatelano ya tiragalo e e bonolo, sk. 'Go dirisa mebala e e farologaneng go ngoka kgatlhego.
- Go tlhaloganya le go dirisa dipopego tsa puo mo setlhogong, sk. maemedi,' 'Rona re rata bona.'
- Itse ka tlhogo le go diragatsa maboko a a bonolo, tiragatso ya diraeme le dipina, sk. 'O lala a leletse letsele'
- Tshameka motshameko wa puo, sk. 'Ke go bona gabedi ka letsatsi'

Theetso le puiso e e tlhomameng (metsotso e le 30 mo bekeng)

Go reetsa dikgang tse di tlotliwang le tse di buisiwang (Puisokopanelo)

Gabedi mo bekeng, fa go na le nako e e ka dirisiwang, morutabana a buise/tlotle kgang kgotsa a buise kgang (tatelano ya ditiragalo). Dikgang tse di buiwang di ka diragadiwa ka go dirisa puo ya dikarolo tsa mmele le moaparo go tiisa bokao. Dikgang tse di buisiwang go tswa mo Bukakgolng kgotsa diphousetara tse di bontshitsweng tse bana botlhe ba ka kgonang go di bona.

- Reetsa dikgang tse dikhutshwane, tatelano ya ditiragalo tsa morutwana ka nosi kgotsa ditlhangwa tse di nang le bonnete/ boammaruri, sekao, tatelano ya ditiragalo le mabaka a a di tlholang, ditaelo, dipegelo tsa tshedimosetso tse di buiwang kgotsa buisiwang go tswa mo Bukakgolong kgotsa phousetara e e nang le ditshwantsho/dithalo e bile e itumedisa.
- Reetsa dikgang (sk,diphologolo di epa letamo) le tatelano ya ditiragalo tsa motutwana ka nosi le go araba dipotso tsa tekatlhaloganyo, (sk,Goreng kgosi ya diphologolo e ne e bitsa pitso?)
- Bonelapele se se tla diragalang mo kgang kgotsa tatelano ya ditiragalo tsa motutwana ka nosi le 'Fa o bona, go tla diragala eng ka diphologolo tse di sa tlang pitsong?'
- Tlhagisa maikutlo ka ga kgang (A o ratile kgang)
- Boeletsa kgang
- Reetsa setlhangwa se se nang le bonnete/boammaruri jaaka setlhangwa sa tsamaiso. O ka dira jang mmamatlhwana le go araba dipotso tsa tekatlhaloganyo?.(o tla tlhoka eng go dira mmamatlhwana?).
- Ka thuso ya morutabana, naya tshobokanyo ya setlhangwa se se nang le bonnete/boammaruri..

Tlhabololo ya dikgopolo, tlotlofoko le Popego ya puo

Ka go tsaya karolo mo ditirwaneng tse di fa godimo.

- Tswelela go aga tlotlofoko ya molomo go akaretsa le tlotlofoko ya dikgopolo.sk.tlhalosa dikgato; go dira dilo
- Tlhalosa dikgato...go dira dilo, sk"Go thala phousetara"
- Simolola go tlhabolola kitso le dikgono tsa dipopego tsa puo tse di bonolo mo tirisong e e nang le bokao mo puong e e buiwang, sk, maina a a nang le bontsi le a a se nang bontsi le masupi

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang

Go reetsa le go bua (motlotlo /tiragatso)

Dibeke 1-5

- Latela le go neela ditaelo

Dibeke 6-10

- Reetsa tatelano ya tiragalo e khutshwane
- Naya tatelano ya tiragalo e khutshwane ya molomo

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/ tiragatso)

- Reetsa kgang le go araba dipotso tsa tekatlhaloganyo ka molomo
- Boeletsa kgang
- Supa go tlhaloganya tlotlofoko ka go supa dilo ka mo phaposing kgotsa mo ditshwantshong go tsibogela dipotso/ditaelo tsa morutabana

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/ tiragatso)

- Naya tatelano ya ditiragalo ka ga maitemogelo a gagwe a jaanong.

KGWEDITHARO 3	
GO BUISA LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG** Bonnye jwa nako: Ura e le 1 mo bekeng Bogolo jwa nako: Ura e le 1 le metsotso e le 30

DITENG/DIKGOPOLO/DIKGONO

Medumopuo (metsotso e le 15 mo bekeng)

Morutabana o itsise ditumanosi tse dišwa tse di pataganeng le ditumammogo tse di pataganeng, a dirisa mafoko a barutwana ba setseng ba a itse kgotsa mafoko a ba a dirisang kgapetsakagpetsa. Fa ba itsise lefoko le lešwa, a netefatse gore barutwana ba ba tlhaloganya bokao le go a dirisa mo polelong. O naya ditirwana tsa theetso tse di tlhokang gore barutwana ba lemoge pharologanyo ya kamano magareng ga modumo/mopeleto mo Puong ya Gae le Puotlaleletso. Ditirwana tse di tshwanetse go nna tse dikhutshwane (metsotso e le 5-10)mme di phatlhaladiwe mo bekeng. Di kgona go lotaganngwa le ditirwana tsa go reetsa le go bua, le go buisa

Dibeke 1 - 5

- Farologanya magareng ga modumo o o kwa godimo le o o kwa tlase wa ditumanosi (sk,.‘ e’ mo go ‘epa’, ‘leta,’)
- Lemoga pharologanyo ya kamano magareng ga modumo le mopeleto mo dipuo tse dingwe, (sk, (ntlo le nda, tlou le ndou.)
- Lemoga tiriso ya ditumanosi tse di pataganeng tse tlhano, (sk,lootsa, beela)
- Aga le go dumisa mafoko a a ithutilweng.

Dibeke 6 - 10

- Farologanya magareng ga modumo o o kwa tlase le o o kwa godimo wa ditumanosi, (sk. keketa, lelema, kokota, popota, popona jj.)
- Lemoga pharologanyo ya kamano magareng ga modumo le mopeleto mo dipuo tse dingwe, (sk. ntlo le nda, tlou le ndou, cat le ’icici’)
- Lemoga ditumammogo tsa modumo wa tlhakatharo o o pataganeng mo tshimologong le mo bokhutlong jwa mafoko, (sk. tlh, tsh, kgw)
- Lemoga ditumammogo tse pedi tsa modumo o o pataganeng, (sk. ts ,tl, th)
- Aga le go dumisa mafoko a a ithutilweng

Puisokopanelo (nako e beetswe Go reetsa le Go bua)

Puisokopanelo ke tirwana ya go buisa le go reetsa, e akaretsa go bua ka gonne barutwana ba bua ka setlhangwa le morutabana. Mo Mophatong 3, Puisokopanelo e tla tswelela mme e le karolo ya go reetsa le go bua.

- Buisa setlhangwa se se khutshwane se se kwadilweng (Bukakgolo kgotsa setlhangwa se se godisitsweng) morutabana a dirisa setlhogo sa ponelopele.
- Araba dipotso tsa lefoko ka lefoko ka ga kgang, sk. ’A batho ba ne ba kgona go bona sepoko?’
- Tlhalosa ka moo kgang e amang maikutlo, fetogela kwa puong e nngwe fa go tlhokagala.

Puisokaelo ka ditlhopha (Bonnye metsotso e le 45, bogolo ura e le 1 le metsotso e le 15)

Fa barutabana ba dirisa bogolo ba nako mo Puong ya Tlaleletso ya Ntlha, ba tshwanetse go kgaoganya barutwana ka ditlhopha di le 5 go ya ka bokgoni ba go buisa. Ba tshwanetse go dirisa puiso e e tlhophilweng ka seemo ba tlhomamisa gore setlhopha sengwe le sengwe se dira ka setlhangwa go ya ka maemo a kaelo (temogo ya mafoko magareng ga 90%-95% ka nepo). Morutabana o tshwanetse go dira le setlhopha se le sengwe letsatsi le letsatsi metsotso e le 15. Fa a ntse a dira le setlhopha se, barutwana ba bangwe ba tla dira puiso ka bobedi kgotsa Puiso ka nosi kgotsa ditirwana tse di tsamaelang le setlhangwa se se buisiwang.

Fa barutabana ba dirisa bogolo ba nako mo Puong Tlaleletso ya Ntlha ba tshwanetse go dira Puisokaelo le phaposi yotlhe gararo mo bekeng.

- Buisetsa godimo go tswa mo bukeng ya gago mo setlhopheng sa Puisokaelo le morutabana. Se, se kaya gore setlhopha sotlhe se buisa kgang e e tshwanang kgotsa setlhangwa se se nang le bonnete/boammaruri le morutabana.
- Go dirisa ditogamaano tse di ithutilweng mo Puong ya Gae go dira tlhaloganyo le go itekola fa o buisa (medumopuo, tiriso e e nang le motlhala, tshekatsheko ya popego, mafoko a a bonwang)

- Puiso ka thelelo e e oketsegileng le go itlhalosa sentle.
- Supa go tlhaloganya matshwao a puiso fa o buisetsa kwa godimo.
- Tswelela go aga tlotlofoko e e bonwang go tswa mo puisokanelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (Ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba tshwanetse go rotloediwa go buisa ka nosi mo Puotlaleletso ya Ntlha fa ba sa dire sepe mo phaposiborutelong, sk. fa morutabana a dira le setlhopha sa Puisokaelo, kgotsa fa ba feditse tirwana pele ga nako. Go botlhokwa gore nako nngwe le nngwe e dirisiwe go tlhabolola puiso ya bona. Barutwana ba rotloediwe go buisa kwa gae, se, e nne tirogae.

- Buisa tiro ya gago le ya ba bangwe e e kwadilweng.
- Buisa buka ka nosi ka nako ya Puisokaelo le dibuka tse di bonolo tsa dintlhatlhaloso, dibuka tsa ditshwantsho mo go Puotlaleletso ya Ntlha mo sekhutlwaneng sa puiso mo phaposiborutelong.
- Puiso ya maboko a a tlwaelegileng le diraeme.
- Tiriso ya dithanodi tsa ditshwantsho tsa bana (tsa temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng

TLHATLHOBO

Ditshitshinyo tsa tlhatlhobo e e sa tlhomamang

Medumopuo: (motlotlo/tiragatso)

- Lemoga kamano ya modumo le mopeleto le dipuo tse dingwe sk ‘tlou’ ,’ndou ’le ‘ntlo’, ‘ndu’

Tirwana 4 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Medumopuo: (motlotlo le tiragatso)

- Pharologano ya modumo o o kwa tlase le o o kwa godimo wa ditumanosi, sk. ‘e’ mo go ‘epa’ le ‘leta’
- Lemoga ditumanosi tse di pataganeng tse tlhano mo mafokong, sk, ‘oo’ mo go ‘lootsa’, ‘ee’ mo go ‘leeba’.

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng:

Medumopuo: (motlotlo le tiragatso)

- Lemoga ditumammogo tsa modumo wa tlhakatharo o o pataganeng kwa tshimologong le kwa bokhutlong jwa mafoko, sk.(tlh, tsh, kgw)
- Lemoga ditumammogo tse pedi tsa modumo o o pataganeng, sk. (ts,tl,th)
- Aga le go dumisa mafoko a a ithutilweng

Ditshitshinyo tsa tlhatlhobo e e sa tlhomamang

Puiso:(motlotl/tiragatso)

Puisokopanelo

- Araba dipotso tse dikhutshwane tsa motlotlo
- Boeletsa bontlhabongwe ba kgang ka kaelo ya morutabana

Puisokopanelo ka ditlhopha

- Bontsha go tlhaloganya le thelelo fa o buisa ka maemo a gago a puiso le morutabana

Tirwana 4 le 5 tse di tshitshintsweng tsa tlhatlhobo e e sa tlhomamang

Puiso:(motlotlo/tiragatso)

Puisokopanelo

- Araba dipotso tsa lefoko ka lefoko ka ga kgang kgotsa ditlhangwa tse di nang le bonnete/boammaruri sk, A batho ba kgona go bona sepoko? A o dumela gore go na le sepoko?’
- Puisokopanelo ka ditlhopha
- Bontsha go tlhaloganya le thelelo fa o buisa ka maemo a gago a puiso le morutabana
- Puiso ka bobedi/nosi
- Bontsha go tlhaloganya le thelelo fa o buisa ka maemo a gago a puiso o le nosi

KGWEDITHARO 3	
GO KWALA **TIRISO YA PUO**	**NAKO E E TSHITSHINTSWENG GO RUTA** **Go kwala** Bonnye jwa nako: Metsotso e le 30 mo bekeng Bogolo: Ura e le 1 mo bekeng **Tiriso ya puo:** Metsotso e le 30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Ditirwana tse di kwalwang (bonnye metsotso e le 30, bogolo ura mo bekeng)

Ditirwana tse di kwalwang e nne e le nngwe kgotsa di le pedi mo bekeng fa bogolo ba nako bo dirisiwa, mme fa go dirisiwa bonnye ba nako, go dirwe e le nngwe mo bekeng.

- Dirisa dikgono tsa mokwalo o o rutilweng mo Puong ya Gae
- Kwala manaane a a pataganeng go ya ka ditlhogo sk. Dilo tse di tlhokiwang fa a rala setshwantsho, (pampiri, dipene tsa mebala e e farologaneng)
- Kwala temana ya dipolelo di le 4-6 ka setlhogo se se tlwaelegileng
- Rulaganya tshedimosetso mo tšhateng, lenaaneng kgotsa kerafong, sk, ditlhokego tsa phousetara
- Ka kaelo go tswa go morutabana, tatelano ya ditiragalo tsa maitemogelo a gago, sk. maabane ka dirile mmamatlhwane. Sa ntlha ke.....morago ka.....kwa bokhutlong ka.....
- Dirisa dikgato tsa go kwala (go dira ditlhangwa tsa ntlha, go kwala, tselegano)
- Dirisa matshwao a puiso a a rutilweng mo Puong ya Gae sk. dikhutlo, phegelwana, letshwao la potso, letshwao la kgakgamalo le matshwao a nopolo.
- Peleta mafoko a a tlwaelegileng ka nepagalo le go leka go peleta mafoko a a sa tlwaelegang o dirisa kitso ya medumopuo.
- Dirisa pakapheti ka nepagalo e e oketsegang.
- Aga sefala sa mafoko le thanodi e e leng ya gagwe.
- Dirisa dithanodi tsa bana (temenngwe le temepedi)

Ditirwana tsa tiriso ya puo (Metsotso e le 30 ka beke)

Ka ditirwana tse, barutwana ba tla simolola go tsepama mo thutapuong e e dirisiwang. Thutapuo e tshwanetse go rutiwa ka mokgwa wa tiriso e e nang le bokao.

- Tlhaloganya le go dirisa pakaphethi sk, 'maabane ke dirile setshwantsho sa tau
- Tlhaloganya le go dirisa maina a a nang le bontsi le le a senang bontsi sk,metsi, madi (Poeletso)
- Tlhaloganya le go dirisa marui. sk, Ke buka ya me: Ke setlhako sa me
- Boeletsa thutapuo nngwe e e rutilweng mo Mophato R - 2

TLHATLHOBO

Ditshitshinyo tsa ditirwana tse di sa tlhomamang

Go kwala:(e e kwadilweng)

- Rulaganya tshedimosetso mo tšhateng, lenaaneng kgotsa kerafong, sk, ditlhokego tsa phousetara

Ditshitshinyo tsa ditirwana tse di tlhomameng 1

Go kwala:(e e kwadilweng)

- Kwala temana ya dipolelo di le 4-6 ka setlhogo se se tlwaelegileng.

Tirwana 5 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

- Kwala tatelano ya tiragalo ya morutwana ka nosi

Ditshitshinyo tsa ditirwana tse di sa tlhomamang

Tiriso ya puo (e e kwadilweng)

- Kwala dipolelo tse di nang le bokao o dirisa maina a a nang le bontsi le le a senang bontsi

Tirwana 4 e e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Tiriso ya puo; (e e kwadilweng)

- Feleletsa dipolelo o dirisa pakaphethi.

Tirwana 5 e e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Tiriso ya puo: (e e kwadilweng)

- Kwala dipolelo ka pakaphethi ka nepagalo.

KGWEDITHARO 4	
GO REETSA LE GO BUA (MOTLOTLO)	**NAKO E E TSHITSHINTSWENG YA GO RUTA** Ura e le 1 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Dibeke 1-5

Barutabana ba tlhopha dithitokgang/ditlhogo di le pedi tse di ba letlang go itsise le tirisogape ya tlotlofoko le go akaretsa ditirwana tse di neetsweng fa tlase. Ela tlhoko gore ditlhogo tse di tshitshintswe ke dikaelo fela. Barutabana ba tshwanetse go itlhophela dithitokgang tsa bona tse di maleba di ikaegile ka bokao jwa tiriso le dithusathuto tse ba nang le tsona. Ba netefatse gore ba nne le ditlhokego tsotlhe jaaka “Dibukakgolo, diphousetara, diraeme, dipina, metshameko, dilo tsa nnete mabapi le thitokgang e ba e tlhophileng”.

Barutabana ba tshwanetse go leka go akaretsa ditirwana tsotlhe go fetisa gangwe fela fa go kgonagala. Morutabana o tshwanetse go tlhatlhoba barutwana ka go dirisa Ditirwana tsa Tlhatlhobo ya Ntlha e e sa Tlhomamang e e atlenegisitsweng mo go Beke 1-5

Dibeke 6-10

Barutabana ba tlhopha ditthitokgang tse di tla ba kgontshang go aga mo go se ba se dirileng mo dibekeng tse tlhano tsa ntlha. Dithitokgang di ba kgontshe go itsise tlotlofoko e ntšhwa le go tiisa tlotlofoko e e rutilweng. Dithithokgang di kgontshe morutabana go dirisa gape puo e e bonolo ya motheo wa popego fa a ntse a buisana le barutwana mo Puong ya Ntlha.

Barutabana ba leke go akaretsa ditirwana di le dintsi mo nakong e e leng teng. Ba tlhatlhobe barutwana ba dirisa ditirwana tse di sa tlhamomang tsa tlhatlhobo tse di atlenegisitsweng mo dibekeng 6-10. Ba dirise gape le tlhatlhobo e e tlhomameng kwa bokhutlong ba kgweditharo.

Ditirwana tsa letsatsi (Metsotso e le 30 mo bekeng)

Ditirwana di farologana ka boleele. Morutabana a ka dira tirwana e le nngwe e telele kgotsa tse pedi

kgotsa di le tharo tse dikhutshwane mo bekeng

- Go tswelela go tlhabolola tlotlofoko ya molomo (go reetsa le go bua) a dirisa dithitokgang /ditlhogo jaaka ’Dipalangwa ‘
- Go latela ditaelo go tswa go morutabana.
- ’Naya ditaelo tse di bonolo sk ‘Dirisa letsogo go supa letshwao la go emisa sepalangwa”
- Tlhaloganya le go tsibogela dipotso tse di bonolo jaaka, Leng? Goreng? Kae? ‘ Mmala o o serolwana o o bona kae’ Goreng re dirisa mmala o mohibidu?’
- ’Go kopa go tlhalosediwa, sk, ’Ga ke tlhaloganye. Ke kopa gore o boeletse.’
- ’Tsibogela le go dira kopo, sk, “A nka dirisa thanodi, tsweetswee.
- Tsaya karolo mo motlotlong o mokhutshwane ka setlhogo se se tlwaelegileng, sk,’ Loeto ka bese go ya sekolong’
- ’Supa sengwe ka go dirisa tlhaloso e e bonolo ya molomo, sekao.’ ‘Ke sepalangwa se se leele. Ke rwala dithoto le batho. Ke letsa molodi e bile ke kgwa mosi fa ke tsamaya. Ke mang?’
- ’Go bua ka dilo tse di tlhagelelang mo setshwantshong ka go tsibogela ditaelo tsa morutabana, sekao, ’Ke eng se o se boneng mo setshwantshong? Mpolelele gore o bona eng mo setshwantshong’.
- Reetsa tatelano ya tiragalo e e bonolo ya molomo, sk, morutabana o anegela ka ‘loeto la go tla sekolong’
- Ka thuso ya morutabana, naya tiragalo e e bonolo, sk, ‘Go tsaya loeto ka sepalangwa’
- Tlhaloganya le tiriso ya dipopego tsa puo mo tirisong, sk, maemedi,’ ‘Rona re rata bona’
- Itse ka tlhogo le go diragatsa maboko a a bonolo, tiragatso ya diraeme le dipina, sk, ‘Ke sebokolodi se a bokolela’
- Tshameka motshameko wa puo, sk,’motshameko wa ketane’ morutabana o bua/dumisa modumo a bo a supa morutwana mme morutwana a bolele lefoko le le tsamaisanang le modumo.

Theetso le puiso e e tsepameng (Metsotso e le 30 mo bekeng)

Go reetsa dikgang tse di tlotlilweng le tse di buisitsweng (Puisokopanelo)

Gabedi mo bekeng, fa go na le nako e e ka dirisiwang morutabana a buise kgotsa a tlotle kgang kgotsa a buise kgang(tatelano ya ditiragalo). Dikgang tse di tlotlilweng di ka diragadiwa ka go dirisa puo ka dikarolo tsa mmele le meaparo go tiisa bokao. Dikgang tse di buisitsweng di tshwanetse go tswa mo Bukakgolong kgotsa diphousetara tse di nang le ditshwantsho/dithalo mo barutwana botlhe ba ka kgonang go di bona.

- Reetsa dikgang tse dikhutshwane, tatelano ya ditiragalo ya morutwana ka nosi kgotsa ditlhangwa tse di nang le bonnete/ boammaruri sekao, tatelano ya ditiragalo tse di nang le mabaka, ditaelo, dipegelo tsa tshedimosetso tse di tlotliwang kgotsa buisiweng go tswa mo Bukakgolong kgotsa phousetara e e nang le ditshwantsho go itumedisa.
- Reetsa dikgang le tatelano ya tiragalo ya morutwana ka nosi le go araba dipotso tsa tekatlhaloganyo, sk.Naya mefuta mengwe ya dipalangwa?
- Ponelopele ya se se tla diragalang mo kgang kgotsa tatelano ya tiragalo ya morutwana ka nosi
- Tlhagisa maikutlo ka ga kgang (A o ratile kgang?
- Boeletsa kgang
- Reetsa setlhangwa se se nang le bonnete/boammaruri mme o arabe dipotso tsa tekatlhaloganyo. 'A o ka neela mefuta e le meraro ya dipalangwa?
- Ka thuso ya morutabana neela tshobokanyo e e bonolo ya setlhangwa se se nang le bonnete/boammaruri.

Tlhabololo ya dikgopolo, tlotlofoko le dipopego tsa puo

Ka go tsaya karolo mo ditirwaneng tse di fa godimo

- Tswelela go aga tlotlofoko ya molomo o akaretsa tlotlofoko ya dikgopolo, sk, papiso
- Simolola go tsweletsa kitso le dikgono tsa dipopego tsa puo e e bonolo e e mo tirisong e e nang le bokao mo puong e e buiwang, sk, maina a a nang le bontsi le a a se nang bontsi, pakajaanong, pakaphethi le matlhalosi

TLHATLHOBO

Ditshitshinyo tsa tlhatlhobo e e sa tlhomamang

Go reetsa le go bua (motlotlo/tiragatso)

Dibeke 1-5

- Bua ka ga setshwantsho kgotsa senepe
- Tsaya karolo mo motlotlong o mokhutshwane ka ga setlhogo se se tlwaelegileng

Dibeke 6-10

- Reetsa kgang le go araba dipotso tsa tekatlhaloganyo ka molomo
- Boeletsa kgang

Tirwana 6 e e tshitshintswe ya tlhatlhobo e e tlhomameng

Go reetsa le go bua (motlotlo/tiragatso)

- Reetsa setlhangwa se se nang bonnete/boammaruri le go araba dipotso tsa tekatlhaloganyo ka molomo
- Naya tshobokanyo e e bonolo ya setlhangwa.
- Bontsha go tlhaloganya tlotlofoko ya molomo ka go supa didiriswa dingwe mo phaposiborutelong kgotsa mo setshwantshong le go tsibogela dipotso /ditaelo tsa morutabana, sk, Ke eng se? Supa terena.

KGWEDITHARO 4	
GO BUISA LE MEDUMOPUO	**NAKO E E TSHITSHINTSWENG YA GO RUTA** Bonnye jwa nako: Ura e le 1 mo bekeng Bogolo jwa nako: Ura e le 1 le metsotso e le 30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Medumopuo (Metsotso e le 15 mo bekeng)

Morutabana o itsise ditumanosi tse diswa tse di pataganeng le mafoko a lesika le le raraaneng. Fa ba itsise lefoko le leswa, ba tshwanetse go netefatsa gore barutwana ba tlhaloganya bokao le go a dirisa mo polelong. Ditlhangwa tsa Puisokopanelo di dirisiwa go tlhaola/supa megatlana e e farologaneng. Ditirwana tse, e nne tse dikhutshwane mme di anamisiwe/phatlhalatswe mo bekeng. Di ka kgona go lotoganngwa le ditirwana tsa go reetsa le go bua, le go buisa.

Dibeke 1-5

- Lemoga tiriso ya ditumammogo tse dingwe tse di pataganeng sk. 'oa' mo go 'boa', 'ei' mo go' leino', 'ai' mo go 'maikano'
- Lemoga modumo wa ntlha (o o simololang) le noko ya bofelo (e e raemang) mo dipateroneng tse di marara. Aga le go dumisa mafoko a a ithutilweng.

Dibeke 6-10

- Lemoga mafoko a lesika le le marara thata
- Lemoga le go dirisa megatlana mo mafokong, (sk ela, ega, isa, olola)
- Aga le go dumisa mafoko a a ithutilweng.

Puisokopanelo (nako e beetswe Go reetsa le Go bua)

Puisokopanelo ke tirwana ya go buisa le go reetsa; e akaretsa go bua ka gonne barutwana ba bua ka setlhangwa le morutabana. Mo Mophatong wa 3, Puisokopanelo e tla tswelela, mme e le karolo ya Go reetsa le go bua

- Buisa setlhangwa se sekhutshwane se se kwadilweng (Bukakgolo kgotsa setlhangwa se se godisitsweng) le morutabana a dirisa setlhogo sa ponelopele.
- Araba dipotso tsa lefoko ka lefoko ka ga kgang, sk. 'A ke tshwanelo go dirisa dipalangwa tsa botlhe?'
- Tlhalosa ka moo kgang e amang maikutlo ka teng, go fetogela kwa puong e nngwe fa go tlhokega

Puisokaelo ka ditlhopha (Bonnye metsotso e le 45 , bogolo ura e le 1 le metsotso e le 15 ka beke)

Fa barutabana ba dirisa bogolo ba nako mo Puongtlaleletso ya Ntlha, ba tshwanetse go kgaoganya barutwana ka ditlhopha di le 5 go ya ka bokgoni jwa bona jwa go buisa. Ba tshwanetse go dirisa puiso e e tlhophilweng ka seemo ba tlhomamisa gore setlhopha sengwe le sengwe se dira ka setlhangwa go ya ka maemo a kaelo (temogo ya mafoko magareng ga 90%-95% ka nepo). Morutabana o tshwanetse go dira le setlhopha se le sengwe letsatsi le letsatsi metsotso e le 15. Fa a ntse a dira le setlhopha se, barutwana ba bangwe ba tla dira puiso ka bobedi kgotsa Puiso ka nosi kgotsa ditirwana tse di tsamaelang le setlhangwa se se buisiwang.

Fa barutabana ba dirisa bonnye jwa nako mo Puongtlaleletso ya Ntlha, ba tshwanetse go dira Puisokaelo ya phaposi yotlhe.

- Buisetsa kwa godimo go tswa mo bukeng ya morutwana ka nosi mo setlhopheng sa Puisokaelo le morutabana. Se, se kaya gore setlhopha sotlhe se buisa kgang e e tshwanang kgotsa setlhangwa se se nang le bonnete/boammaruri le morutabana.
- Tiriso ya ditogamaano tsa puiso tse o di ithutileng mo Puong ya Gae go dira tlhaloganyo le go itekola fa o buisa (medumopuo, metlhala ya tiriso, tshekatsheko ya popego, mafoko a a bonwang)
- Puiso ka thelelo e e oketsegileng le go itlhalosa sentle.
- Supa go tlhaloganya matshwao a puiso fa ba buisetsa kwa godimo.
- Tswelela go aga tlotlofoko e e bonwang go tswa mo puisong, e ka nna Puisokaelo, Puisokopanelo le Puiso ka nosi.

Puiso ka nosi (Ka nako ya barutwana e e lokologileng kwa sekolong le kwa gae)

Barutwana ba tshwanetse go rotloediwa go buisa ka nosi mo Puotlaleletso ya Ntlha fa ba sa dire sepe mo phaposi-borutelong, sekao, fa morutabana a dira le setlhopha sa Puisokaelo, kgotsa fa ba feditse tirwana pele ga nako. Go botlhokwa gore nako nngwe le nngwe e dirisiwe go tlhabolola puiso ya bona. Barutwana ba rotloediwe go buisa kwa gae, se e nne tirogae.

Buisa tiro ya gago le ya ba bangwe e e kwadilweng.

- Buisa dibuka ka nosi tse di buisitsweng ka nako ya Puisokaelo le dibuka tse di bonolo tsa dintlhatlhaloso le dibuka tsa ditshwantsho mo Puotlaleletso ya Ntlha mo sekhutlhwaneng sa puiso mo phaposiborutelong.
- Puiso ya maboko a a tlwaelegileng le diraeme.
- Tiriso ya dithanodi tsa ditshwantsho tsa bana (temenngwe le temepedi) go batla bokao jwa mafoko a a sa itseweng

TLHATLHOBO

Ditshitshinyo tsa tlhatlhobo e e sa tlhamamang

Medumopuo: (motlotlo/tiragatso/e e kwalwang)

- Lemoga tiriso ya ditumammogo tse di pataganeng mo mafokong (sk, ‘oa’ mo go ‘boa’,’ei’ mo go ’leino’, ai’ mo go ‘maikano’
- Lemoga modumo wa ntlha (o o simololang) le noko ya bofelo (e e raemang) mo dipateroneng tse di marara

Tirwana 6 e e tshitshintsweng ya Tlhatlhobo e e sa tlhomamang

Medumopuo: (motlotlo/tiragatso/ e e kwalwang)

- Lemoga bonnye ditumanosi di le tlhano tse di**šwa tse** pataganeng (sk, ‘oo’ mo go ‘mooki’, ‘aa’ mo go ‘maaka’
- Lemoga tiriso ya megatlana mo mafokong, (sk, ela, ega, ana, olola)
- Aga le go dumisa mafoko a a ithutilweng

Ditshitshinyo tsa tlhatlhobo e e sa tlhomamang

Puiso: (motlotlo/tiragatso)

Puisokopanelo

- Araba dipotso tse dikhutshwane tsa motlotlo ka setlhangwa.
- Boeletsa kgang ka kaelo ya morutabana

Puisokaelo

- Supa go tlhaloganya le thelelo fa ba buisa ka maemo a bona a puiso le morutabana

Tirwana 6 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Puiso: (motlotlo/tiragatso)

Puisokopanelo

- Araba dipotso tsa lefoko ka lefoko ka ga kgang kgotsa setlhangwa se se nang le bonnete/boammaruri

Puisokaelo ka ditlhopha

- Supa go tlhaloganya le thelelo fa ba buisa ka maemo a bona a puiso le morutabana

Puiso ka bobedi /nosi

- Bontsha go tlhaloganya le thelelo fa ba buisa ka nosi

KGWEDITHARO 4	
GO KWALA **TIRISO YA PUO**	**NAKO E ETSHITSINTSWENG** **GO KWALA** Bonnye ba nako: Metsotso e le 30 mo bekeng Bogolo ba nako: Ura e le 1 mo bekeng Tiriso ya puo: Metsotso e le 30 mo bekeng

DITENG/DIKGOPOLO/DIKGONO

Ditirwana tsa go kwala (Metsotso e le 30 mo bekeng)

Ditirwana tse di kwalwang (bonnye metsotso e le 30, bogolo ba nako ura e le 1 mo bekeng)

Ditirwana tse di kwalwang e nne e le nngwe kgotsa di le pedi fa bogolo ba nako bo dirisiwa, fa go dirisiwa bonnye ba nako go dirwe tirwana e le nngwe. Morutabana o tla tshwanelwa ke go itsise setlhangwa sa mofuta mongwe se se ntšhwa- go kwala kgang. Barutwana ba tlhoka tshegetso e ntsi le morutabana o tshwanetse go simolola go kwala kgang le bona. Sa ntlha, morutabana o tseela bana kgang e e bonolo e ba setseng ba e itse. Jaanong morutabana o botsa barutwana gore baanelwa ba kgang ke bomang, kwa kgang e ditiragaletseng teng, le gore go diragala eng. O botsa barutwana gore go dirisitswe paka efe go tlotla/anela kgang. O kopa barutwana go akanya ka e diragaletse kae e bile go diragetse eng. Barutwana ba tlhama kgang mmogo le morutabana mme a e kwala mo patitšhokong. Fa morutabana a fetas, o botsa barutwana ba ba farologaneng go buisetsa kgang kwa godimo mmogo. Ba ka kwalela/ kopololela tiro mo dibukeng tsa bona tsa go kwala.

- O dirisa bokgoni jwa go kwala jo bo rutilweng mo Puo ya Gae
- O kwala manaane a a golang ka marara ka ditlhogo, sk, Mefuta e e farologaneng ya dipalangwa: setobetobe, koloi, terena, sethuuthuu, thekesi, sekepe, sefofane
- O kwala temana ya dipolelo di le 6-8 ka setlhogo se se tlwaelegileng
- O rulaganya tshedimosetso mo tšhateng, lenaaneg kgotsa kerafo, sk, kerafo a dira patlisiso ka mefuta ya dipalangwa tse ba di dirisang go ya sekolong
- O kwala tatelano ya tiragalo tsa maitemogelo a gagwe, sk, ‘ Beke e e fetileng ke ne ... morago ... jalo jalo.
- Mmogo le morutabana, o kwala kgang e e bonolo a bo a kwalolola (Go kwalwa go go kopanetsweng)
- O dirisa dikgato tsa go kwala (go kwala ditlhangwa tsa ntlha, go kwala, tselaganya le go tlhagisa)
- O dirisa matshwao a puiso a a rutilweng mo Puong ya Gae (dikhutlo, diphegelwana, matshwao a potso, matshwao a kgak-gamalo, le matshwao a nopolo)
- O peleta mafoko a a tshwanang sentle le go leka go peleta mafoko a a sa tlwaelegang a dirisa kitso ya medumo.
- O dirisa pakaphethi ka nepagalo e e golang
- O aga sefala sa mafoko le thanodi ya mong
- O dirisa dithanodi tsa bana (temenngwe le temepedi)

Ditirwana tsa tiriso ya puo (metsotso e le 30 mo bekeng)

Mo ditirwaneng tse, barutwana ba tla simolola go tsepama mo tirisong ya thutapuo. Thutapuo e rutwe mo tirisong e e nang le bokao.

- O tlhaloganya le go dirisa pakatlang, sk, *Ke tla ya toropong*
- O tlhaloganya le go dirisa papiso, sk, *Koloi e bonako go gaisa setobetobe. Sefofane se lebelo go gaisa thata.*
- O boeletsa nngwe ya thutapuo e e sa tlhomamang e e dirilweng mo Mephatong R-2

TLHATLHOBO

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Go kwala: (e e kwadilweng)

- O kwala kgang e e bonolo ka thuso ya morutabana
- O dirisa dikgato tsa go kwala (go kwala ditlhangwa tsa ntlha, go kwala, tselaganya le go tlhagisa)

Tirwana 6 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Go kwala: (e e kwadilweng)

- Kwala temana ya dipolelo tse 4-6 ka setlhogo se se tlwaelegileng

Ditshitshinyo tsa ditirwana tsa tlhatlhobo e e sa tlhomamang:

Tiriso ya Puo: (e e kwadilweng)

- O tlatsa dipolelo a dirisa matlhaodi a papiso

Tirwana 6 e e tshitshintsweng ya tlhatlhobo e e tlhomameng

Tiriso ya Puo: (e e kwadilweng))

- O kwala dipolelo tse di nang le bokao a dirisa matlhaodi a papiso

DITLHANGWA/METSWEDI E E TLHAOLETSWENG NGWAGA

GO REETSA LE GO BUA • Ditshwantsho le diphousetara • Dilwana tse di tsamaisanang le dithitokgang le setlhogo, diphapete le bommamatlhwane jj • Ditshwantsho tse di tla latelanngwang • Diaparo tsa maitirelo go diragatsa metshameko e e etsisang le ditirwana tsa molomo • DiCD kgotsa ditheipi tse di nang le dikgang, maboko, diraeme le dipina, setshameka diCD kgotsa segatisamantswe, ditheipi tsa thelebišene le tsa bidio/diDVD • Dibuka tsa dikgang le dikgang tse di anelwang/tlotliwang • Maboko, dipina le diraeme • Metshameko ya puo (tsa molomo)
GO BUISA LE MEDUMOPUO • Ditshwantsho le diphousetara • Dibukakgolo, tse di nang le bonnete/boammaruri le tse di senang bonnete/boammaruri • Seemo sa puiso se se tshitshintsweng (bonnye dikgang di le 10/dibuka mo kgweditharong) • Ditlhangwa tsa mokwalo o o atolositsweng jaaka maboko, dipina, diraeme le dikgang (tse di itlhametsweng fa gae kgotsa tse di rekilweng) • Dibuka tse dikhutshwane tse di itumedisang tse di nang le dipolelo di le 1-2 mo tsebeng tsa sekhutlhwana sa phaposi-borutelo. • Dikarata/ditsekedima tsa matshwao a didiriswa tsa phaposiborutelo, dipontsho le mafoko a a tlhagelelang kgapetsakga-petsa. • Ditšhate tsa alefabete • Disupi go dirisiwa fa ba buisa ditlhangwa tse di godisitsweng, dikgang tsa lebota le dilo tse di bontshiwang • Dithanodi tsa ditshwantsho tsa barutwana (temenngwe le temepedi).
GO KWALA LE MOKWALO • Didiriswa tsa go kwala (sk. diphensele, diphensele tsa mebala, dikheraeyone tsa mafura, dipampiri tse di sa kwalelang tsa bogolo jo bo farologaneng (A3, A4, A5), rula, raba, dibuka tsa go kwalela tse di thaletsweng tsa 8.5mm, dibuka tsa ditirwa-na • Dikgemetšhana tsa dipolelo le tsa go kwalela tsa mokwalo o o tshwaraganeng tse di supang fa go simololelwang teng le ntlha e go kwalelwang kwa go yona • Pampiri ya tšhate e e pitikololwang le dipene tsa khokhi tse dikima • Dithanodi tsa barutwana tsa ditshwantsho (temenngwe le temepedi).

KAROLO 3: MAFOKO A A TLHAGELELANG KGAPETSAKGAPETSA

Fa tlase go na le lenaane la mafoko a 100 a a tlhagelelang a a fitlhelwang mo dibukeng tsa dikgangkhutswe tsa barutwana tsa Setswana. A mangwe a mafoko a, a bontsha ditlhogo tse di fitlhelwang mo reetsa le go buisa dibuka tsa Setswana, o dibukeng tsa barutwana (sk. mmutla le tlou, phokojwe yo o matlhajana, Tselane le Dimo jj.). Ka gore dikgang di tlotliwa segolo ka pakaphethi, madiri a tlhagisiwa go le gantsi ka pakaphethi.

Lenaane le, le neetswe go neela morutabana kakanyo fela ya gore barutwana ba tshwanelwa ke go ithuta Puotlaleletso ya Ntlha jang. Ba tla bona mafoko a ka go reetsa le go buisa dibuka tsa Setswana, Ba tshwanelwa ke go a dira karolo ya tlotlofoko ya bona e e tshelang tota ka go a bua le go a kwala. Mafoko a, a rutiwe mo bokaong jwa puo ya Setswana mme e seng a ikemetse a le nosi/a se mo tirisong.

Mafoko a barutwana ba a ithutang mo thutong ya bona ya Puotlaleletso ya Ntlha, a ka se tshwane gotlhelele le a a neetsweng fa tlase fa. Mafoko a ba tla ithutang ona, a tla laolwa ke dithitokgang tse morutabana a tla di dirisang le gore ba tlhaoletswe dibuka dife tse a tla di ba buisetsang. Ka ntlha ya fa Puotlaleletso e ithutiwa ka go reetsa le ka go buisa, re solofela go bona go dirisiwa puo mo pakajaanong thata.

100 mafoko a a tlhagelelang kgapetsakgapetsa

1. le	21. gore	41. tsaya	61. utlwa	81. tafole
2. mme	22. ka	42. mphe	62. bua	82. setulo
3. ba	23. tsotlhe	43. kopa	63. tlotla	83. ntlo
4. tse	24. botlhe	44. go	64. kgang	84. sekolo
5. o rile	25. rona	45. tsena	65. buka	85. bese
6. mo	26. se	46. tswaya	66. pene	86. koloi
7. ena	27. kwa	47. godimo	67. phensele	87. letsatsi
8. nna	28. gotlhe	48. tlase	68. kherayone	88. bosigo
9. ya	29. ya me	49. thoko le	69. rula	89. motshegare
10. yona	30. ya rona	50. bapa le	70. raba	90. nako
11. bona	31. tsa bona	51. dira	71. bana	91. lesedi
12. wena	32. gape	52. supa	72. ngwana	92. lefifi
13. lona	33. e bile	53. bona	73. rre	93. bitsa
14. eng	34. e kete	54. bontsha	74. o tlile	94. kwano
15. mang	35. fela	55. simolola	75. ka ga	95. fa
16. kae	36. gonne	56. leba	76. fatshe	96. bina
17. ke	37. tlaya	57. buisa (buka)	77. setshwantsho	97. leina
18. kwa	38. tsamaya	58. bala (dipalo)	78. senepe	98. pina
19. tsona	39. boa	59. kwala	79. batho	99. dula
20. leng	40. tlisa	60. reetsa	80. baya	100. ema

Mo tsebeng e e latelang go na le mafoko a mangwe a a tlhagelelang kgapetsakgapetsa go fitlha ka 300.

Manaane a, a neetswe fela jaaka kaedi. Barutabana ba tlhoka go tshola rekoto ya mafoko a barutwana ba a utlwang le go a buisa. Fa barutwana ba setse ba kgona go buisa ka Puotlaleletso, morutabana a ka simolola go dira se se bidiwang 'Lebota la Mafoko' a Setswana, mme a rotloetsa barutwana go dirisa dithanodi tse di bonolo tsa bana jaaka tse di nang le ditshwantsho tsa mebala e e gogelang. Fa barutwana ba setse ba kgona go kwala, morutabana a ka ba rotloetsa go kwala mafoko a maswa a ba a ithutang mo dithanoding tse ba di itiretseng (kgotsa buka ya tlotlofoko) ka nosi. Morutabana a ka neela barutwana tlotlofoko ya ka metlha le go ba neela malepa a mopeleto wa mafoko.

Mafoko a a latelang gape a le 100 a a dirisiwang kgapetsakgapetsa

101. metsi	121. jala	141. dumela	161. itsise	181. bonako
102. kgakala	122. jele	142. kgotsa	162. leboga	182. ka pele
103. sentle	123. katse	143. tlogela	163. phologolo	183. motlotlo
104. siame	124. ntšwa	144. kgolokwe	164. diphologolo	184. rata
105. monna	125. leele	145. dikologa	165. latelang	185. kgolo
106. mosadi	126. dilo	146. setlhare	166. tiro	186. nnye
107. dirile	127. ntšhwa	147. dijo	167. bontsi	187. kima
108. mosimane	128. pele	148. taboga	168. lesea	188. tshesane
109. mosetsana	129. morago	149. robala	169. botlolo	189. tharo
110. kopa	130. mongwe	150. tsoga	170. kgetsana	190. tlhogo
111. kgotsa	131. sengwe	151. bula	171. tlhapi	191. toropo
112. tlhoka	132. nngwe	152. tswala	172. legotlo	192. mmila
113. tsere	133. pedi	153. nwa	173. bolao	193. tshingwana
114. kereke	134. ee	154. tshela	174. kobo	194. tikologo
115. akanya	135. nnyaa	155. tsholola	175. apara	195. tshega
116. gae	136. tshameka	156. tshasa	176. apola	196. lela
117. legae	137. motshameko	157. solofela	177. rwala	197. mokwadi
118. lebenkele	138. gaisa	158. lwala	178. mosese	198. moja
119. tabogile	139. nkgaisa	159. fola	179. borukgwe	199. phutholola
120. itse	140. gana	160. leboga	180. ditlhako	200. molema

Mafoko a a latelang gape a le 100 a a dirisiwang kgapetsakgapetsa

201. tlaya re	221. kgoro	241. hutse	261. botoka	281. serope
202. thata	222. setswalo	242. kuane	262. bolelo	282. serethe
203. ka bonya	223. lefelo	243. segagane	263. maruru	283. kgomo
204. bolela	224. naga	244. sefako	264. bontle	284. pitse
205. bolelela	225. sekepe	245. pula	265. tsamaile	285. legotlo
206. tona	226. fensetere	246. legadima	266. boleta	286. tlou
207. jang	227. maoto	247. molemo	267. bonolo	287. kwena
208. tshola	228. nko	248. bosula	268. nnete	288. mmutla
209. tshoga	229. molomo	249. teye	269. maaka	289. nku
210. kamore	230. leoto	250. sukiri	270. nepa	290. podi
211. phaposi	231. monwana	251. kofi	271. keletso	291. namane
212. tlola	232. molala	252. maŝwi	272. eletsa	292. serurubele
213. tlatsa	233. magetla	253. kopi	273. lee	293. seboko
214. noka	234. tlhogo	254. pirinki	274. tsweetswee	294. noga
215. letamo	235. sefuba	255. leswana	275. taboga	295. segagabi
216. lewatle	236. letheka	256. rremogolo	276. meno	296. tshoswane
217. thaba	237. mangole	257. mmemogolo	277. leleme	297. monang
218. tlhaga	238. lenala	258. nkoko	278. mathe	298. ngaka
219. senotlolo	239. moriri	259. malome	279. marama	299. mooki
220. lebati	240. ditsebe	260. rakgadi	280. seledu	300. sepetlele

KAROLO 4: MEFUTA YA DITLHANGWA E E AKAREDITSWENG MO KGATONG YA MOTHEO LENAANEFOKO

MEFUTA YA DITLHANGWA E E AKAREDITSWENG MO KGATONG YA MOTHEO

Mo Kgatong ya Motheo, barutwana ba tla **reetsa** mefuta e e latelang ya ditlhangwa:

- Tetelano ya ditiragalo tse di nang le mabaka tsa morutwana ka nosi
- tsamaiso (ditaelo)
- pegelo ya tshedimosetso
- metlotlo (dikgang)

Mo Mophato 3, ba solofelwa gape gore ba neele tatelano ya ditiragalo le ditaelo.

Fa ba simolola go buisa ka Puotlaleletso ya bona, barutwana ba tla **buisa** dikgang tse di bonolo, tatelano ya tiragalo, ditsamaiso le dipegelo tsa tshedimosetso. Mo Mophato 3, ba **kwala** gape tatelano ya tiragalo, ditsamaiso le dikanelo ba tshegediwa ke morutabana. Mo Puotlaletso ya Ntlha, ga go botlhale go itsise pakaphethi mo tshimologong ya Mophato 1, ka jalo, dikgang di tla tlotliwa ka pakajaanong mo legatong le.

Dikao tsa mefuta ya ditlhangwa tse di dirisitsweng mo Kgato ya Motheo di neetswe fa tlase fa.

TATELANO YA TIRAGALO YA MORUTWANA KA NOSI

Sekao	Popego le diponagalo
Moletlo wa go buisa mo sekolong sa rona Mo bekeng e e fetileng, re ne re tshwere moletlo wa go buisa mo sekolong sa rona. O ne o tshwaretswe mo ntlolehaha-leng la sekolo. Sa ntlha, ba Mophato R, ba ne ba opela dipina ka Setswana le ka Seesimane. Mongwe le mongwe o ne a opa diatla. Ga latela barutwana ba bangwe ba Mophato 1 ka go buisa kgang ka Setswana. Mongwe le mongwe o ne a opa diatla. Morago bangwe ba barutwana ba Mophato 2 ba diragatsa motshameko ka Seesimane. O ne o tshegisa. Mongwe le mongwe o ne a tshega. Kwa bofelong bangwe ba barutwana ba Mophato 3 ba buisa kgang ka Seesimane. Mongwe le mongwe o ne a opa diatla. Mogokgo o ne a aba dimpho. Mongwe le mongwe o ne a opa diatla. Kwa bokhutlong jwa tsotlhe re ne ra nwa dinotsididi ka di-kuku. Moletlo o, o ne o le monate e le tota!	**1. Setlhogo** **2. Tshedimosetso ka ga setlhogo:** re bolelele gore - go diragetse eng - se diragetse leng - ke bomang ba ba neng ba tsaya karolo **3. Tatelano ya ditiragalo** ka tsela e di diragetseng ka yona *Kgolagano ya tiro* sa ntlha, go bo go latela, le.., la bofelo *Pakaphethi* o rile, e ne e le, opetse, opile **4. Ditshwaelo tsa mong** konosetsa kgang

TATELANO YA TIRAGALO TSE DI NANG LE MABAKA

Sekao	Popego le diponagalo
Go jala dinawa Mophato wa rona o jetse dinawa ka la 3 Lwetse. Re ne re di lebile fa di ntse di gola. Sa ntlha re jetse dinawa di le 5. Re jetse nawa e nngwe le e nngwe mo galaseng gore re tle re kgone go e bona fa e ntse e gola. Re tsentse nawa e nngwe le e nngwe mo mmung e bile re e noseditse. Setlhopha sa rona se ne se tlhokometse nawa e le nngwe. Fa morago ga beke, re bone modinyana o tlhagelela. Fa morago ga dibeke di le 2, modi o ne o le mogolwane. Re bone gape go tlhagelela letlhogela. Fa morago ga dibeke di le 3, ke fa letlhogela le godile le ts-wetse kwa ntle ga mmu. Le ne le na le matlhare a matala. Ka la 26 Lwetse re ne ra jala letlhogela la nawa mo pitsaneng. Fa morago ga dibeke di le 8, letlhogela le ne le godile ka boleele jwa 20 cm. Le ne le na le matlhare a le 10. Ka la 5 Ngwanaitseele, re jetse nawa ya rona mo tshing-waneng ya kwa sekolong. E ne e na le malomo a le mantsi. Malomo a ne a swa mme re bone sephotlwa sa dinawa. Diphotlwa tsa nna tsa gola. Go ne go na le dinawa ka mo teng ga tsona. Re ne re ka nna ra di jala gore e nne dijalo tse kgolo.	**1. Setlhogo** **2. Tshedimosetso ka ga setlhogo** araba dipotso: Mang? Eng? Leng? **3. Tatelano ya ditiragalo** Ka tatelano e di diragetseng ka yona *Kgolagano ya nako* Sa ntlha, morago ga foo *Dinako tsa nnete tsa ditiragalo* Ka la 5 Ngwanaitseele *Mareo a setegeniki* Modi, letlhogela, sephotlwa **4. Dipholo** Konosetsa kgang

TSAMAISO (DITAELO)

Sekao	Popego le diponagalo
Go dira samentšhisi ka botoro ya matonkomane *O tla tlhoka:* • dimikana di le 2 tsa borotho • botoro ya matonkomane • majarine kgotsa botoro • thipa • poleite *Mokgwa* 1. Tshasa majarine kgotsa botoro mo semikaneng sengwe le sengwe sa borotho. 2. Tshasa botoro ya matonkomane mo semikaneng se le sengwe. 3. Pataganya dimikana tse pedi tsa borotho. 4. Di gatelele gore di kgomagane. 5. Sega samentšhisi ya gago ka bogare. 6. Jaanong o ka ja samentšhisi ya gago! A monate ruri!	**1. Setlhogo** Tlhalosa **maikaelelo** ka ga ditaelo **2. Didiriswa** Tlhalosa didiriswa tse di tlhokagalang. O ka nna wa dirisa marontho go supa tatelano ya dintlha. **3. Mokgwa** Taelo e nngwe le e nngwe e simolole mo moleng o moswa e bile e neelwe palo. *Ditaelo* Tshasa, baya, gatelela, sega, ja, (Dipolelo tse dintsi di simolola ka lediri) *Ditaelo tsa nnete* Gatelela dimikana tse pedi mmogo

PEGELO YA TSHEDIMOSETSO

Sekao	Popego le diponagalo
Dinoga Dinoga ke mofuta mongwe wa digagabi. Digagabi tsotlhe di na le makakaba mo letlalong. Digagabi ga di kgone go laola themphereitšha ya mmele wa tsona. Mebele ya tsona e tsaya themphereitšha ya tikologo e di leng mo go yona. Di bidiwa digagabi tse di 'maditsididi', mme fa segagabi se se na go nna mo letsatsing sebakanyana, mmele wa sona o nna bothitho. Digagabi tsotlhe di beela mae. *Mefuta ya dinoga* Mefuta e mebedi ya dinoga ke lebolobolo le tlhware. Tlhware e serolwana ka mmala kgotsa e tshetlha ka bontshonyana, e tsere popego ya tlhaka ya –v. Di ka nna boleele jwa mitara. Ditlhware di dikgolwane go na le mabolobolo. Tsona di sekalebele ka mmala ka dipateronenyana tse di tshetlha. Di ka nna dimitara di le 5 ka boleele. Ditlhware di ja magotlo segolo. Di bolaya magotlo a ka go di tsenya botlhole. Tlhware e ja diphologolo tse dikgolo jaaka ditlhatswana, magotlo le diphologotswana.	**1. Setlhogo** **2. Polelo ya kakaretso** Go le gantsi ke ditlhaloso *Setlhogo se abiwa go ya ka ditlhopha* dinoga di wela mo setlhopheng sa digagabi *Mareo a setegeniki* segagabi, themphereitšha *Dilo di tlhalosiwa ka kakaretso* Digagabi, dinoga **3. Dintlha** Di neetswe ka ditlhopha mo ditemaneng sk. di lebega jang, di ja eng *Pakajaanong* ke, ja, botlhole, bolaya *Dipolelo di simolola gantsi ka mafoko a setlhogo* Ditlhware …. Lebolobolo …

MOTLOTLO (KGANG)

Sekao	Popego le diponagalo
Ka moo tlou e nnileng le setlopo ka teng Bogologolo, ditlou di ne di se na setlopo. Ka letsatsi le lengwe, tlowana e ne e batla go ya go thuma kwa nokeng ya Limpopo. Mmaayona a bo a re, 'Ga o ye kwa nokeng. Go na le dikwena - di tla go ja!' Le fa go ntse jalo, tlowana ya se ka ya reetsa. Ya ya kwa nokeng mme ya ema mo losing la noka. 'Ke tla nwa metsi fela,' ya ipolela. Ya tsenya molomo wa yona mo metsing, THOBUU, kwena ya e goga ka setlopo. 'MMAWEE!' tlowana ya lela, kwena ya e goga, ya e goga go fitlha MMELE otlhe o tsena mo metsing. Mo bofelong kwena ya tlogela tlowana gore e tsamaye mme ya tabogela kwa go mmaayona. Mmaayona o ne a gakgametse go bona setlopo sa tlowana ya gagwe. Le ga le, a lemoga ka bonako gore go na le sengwe se a ka se dirang ka sona. Se ne se na le mosola tota. Go tloga ka letsatsi leo, tlou ya nna le setlopo.	**1. Setlhogo** **2. Tshedimosetso ka ga setlhogo** Itsise baanelwa le lefelo/maitshetlego **3. Ditiragalo tse di isang kwa thatafalong** *Pakaphethi* e ne e batlile, o rile, emile, phamotse *Mafoko a a golaganyang dipolelo* Bogologolo; ka letsatsi le lengwe, mo bofelong *Mmuisano* "Ga o a tshwanela go …" *Puo e e dirisitsweng go tlhola kgogedi mo mmuising* A goga, a goga; THOBUU! **4. Konosetso le bokhutlo**

LENAANEFOKO

Bokgoni	go kgona go dira sengwe le fa ka nako dingwe o sa se ikatisetsa
Boto ya ditlhomelwa	boto e barutwana ba e dirisang go tlhama ba dirisa ditlhomeso
Buisa ka setu	go buisa a sa ntshe lentswe
Dikgono	ke malepa a go kgona go dira tiro e e rileng ka boitseanape
Dikgemetšhana	dipampitshana tsa mafoko, ditlhaka le dipolelo
Dintlhatlhaloso	tlhaloso ya ntlha jaaka go ya kwa molemeng, mojeng, godimo le kwa tlase
Dipotso tse di bulegileng	dipotso tse di batlang kakanyo le tlhaloso go ya ka mong
Dipotso tse di tswalegileng	dipotso tse di batlang karabo e le nngwe
Gatisa	go tsamaisa ka kherayone kgotsa pene mo godimo ga methalo
Go gopola	go gakologelwa se se diragetseng mo dikgang, setlhangweng, puisong jj
Go okola	puiso e e sa tsenelelang
Go tlodisa matlho	puiso o tlhopha dintlha tse di rileng
Kanelo	go tlotla kgang ka se o se buisitseng / se o se utlwileng
Katlholoboemo	katlholo ya boemo e e tlang fa marago ga tiragalo
Kutlo ya medumo	bokgoni jwa go utlwa pharologanyo ya medumopuo (aurally)
Lenanenetefatso	lenaneo le le dirisiwang go netefatsa gore ditlhoko tsotlhe di dirilwe kgotsa di fitlheletswe
Letshwaopapatso	matshwao a a ngokelang batho/bareki/badirisi mo go se se bapatswang
Medumo e e pataganeng	ke ditumammogo tse di salanang morago mo lefokong di bopa dinoko mme tumammogo ya bobedi e tsamaisana le tumanosi
Mokwalo	ke go tlhama ditlhaka/mokgwa o motho a kwalang ka ona
Mokwalokgatiso	ke go gatisa mo losing lwa sengwe/go latela motlhala wa tlhaka kgotsa wa setshwantsho
Mokwalo o o tshwaraganeng	ke mokwalo o o kwalwang ka go tshwaraganya ditlhaka
Papatso	go ngokela batho mo go sengwe fela, e ka nna mo kungong, tshedimosetsong jj
Phasalatsa	go anamisa sengwe/ go itsise batho ka ga sengwe ka kakaretso
Phetogo ya segalo	go ya godimo le tlase ga lentswe mo kapodisong
Puiso e e tlhophilweng ka seemo	dipadiso tse di kgaogantsweng ka maemo a a tsona ka go farologana
Puiso ka nosi	jaaka fa morutwana a buisetsa ba bangwe kwa godimo kgotsa a ipuisetsa ka nosi
Puisokaelo	morutabana o buisa le setlhopha se se rileng ka go se kaela
Puisokopanelo	morutabana o buisa mmogo le barutwana botlhe
Rala	go tshwantsha

Sefala sa mafoko	ke lefelo le go kgobokanyetswang mafoko a maswa mo go lona go aga tlotlofoko
Sekai	jaaka motho a nna sekai mo go ba bangwe
Sekao	jaaka go neela sekao sa dilo tse di farologaneng
Setlhangwa	ke mefuta e e farologaneng ya dikwalwa
Thadiso	go neela lemorago ka go tlhagisa se se tla diragalang
Thanodi	ke bukana e e neelang mareo, ditlhaloso le tiriso ya ona
Thitokgang	kgangkgolo e e dirisitsweng mo setlhangweng/ mo setshwantshong
Tlhatlhobo e e sa tlhomamang	ke tlhatlhobo e e dirisiwang go baakanyetsa tlhatlhobo e e sa rekotiweng
Tlhatlhobo e e tlhomameng	ke tlhatlhobo e e rekotiwang