

	Monday	Tuesday	Wednesday	Thursday	Friday
Arrival 15 - 30 minutes			<p>Make a little welcome note for each learner:</p> <p>Dear</p> <p>I am so glad you are at school today, I HELP you and you HELP me.</p> <p>Decorate it with a little picture and place in the learner's locker.</p> <p>See their delight as they discover the note.</p>		<p>Ask learners to bring a hat for the 'h' sound table for next week.</p> <p>Make labels of describing words beginning with 'h', e.g. hot, hard, huge, high, heavy, happy, horrible.</p>

HEALTH CHECK

Morning circle 10 - 15 minutes		<p>Talk about the class as a community. Ask the learners 'How do I help you?' Let them share their ideas on this.</p> <p>Then ask, 'How do you help me?' Let them share their thoughts. Introduce the idea of teamwork.</p> <p>Talk about listening and talking sensitively to each other.</p>			
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Work time and small group time SMALL GROUP TIME: 10 - 15 minutes TOTAL TIME: 45 minutes		<p>Work time activities:</p> <p>1. Literacy focus: Make 'h' mobiles. Learners draw pictures beginning with h and hang them from pieces of string attached to hangers.</p> <p>2. Creative/Life Orientation focus: Make 'charity' money boxes. Put small boxes, paint, textiles and glue on the table. Learners paint and decorate boxes. Make a slit in the top of each box. Learners will fill the boxes with plasticine coins (see next activity).</p>	<p>Work time activity:</p> <p>Numeracy focus: Place two dice, counters and plasticine at the work station. Learners throw both dice. Using counters they add the two numbers together and/or subtract the smaller number from the larger one. The answer is the number of coins they need to make from plasticine to fill the money box.</p>		
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	<p>Small group time activity:</p> <p>Literacy focus: Introduce the letter 'h'. Teach the sound 'h/hh' and not the letter name 'hitch'. Ask learners if anyone's name begins with 'h', e.g. Hanyani, Harry or Hannah.</p> <p>Ask learners to identify objects in the environment that begin with 'h'.</p>	<p>Small group time activity:</p> <p>Science/Technology focus: If possible make bread rolls with the learners. Make enough so learners can share the bread in pairs. Let learners experience the taste and texture of the dough. Learners should watch the dough rise. Discuss the differences between unbaked and baked dough. Learners practise <i>ubuntu</i> by sharing the bread roll with a partner. Learners complete Worksheet 2 in the Learners' Workbook.</p>	<p>Small group time activity:</p> <p>Literacy focus: Discuss being young and old. Ask learners what they call their grandparents, e.g. <i>gogo, nntemoholo, oupa, granny</i>. Learners talk about things that elderly people like to do. Ask how they can help elderly people they know. Let them make a card of appreciation for their grandparents or an elderly person in the community. Let them complete Worksheet 1 in the Learners' Workbook.</p>	<p>Small group time activity:</p> <p>Numeracy focus: Give each learner 8 buttons. Use story sums to get learners to build up and break down the counters to 8, e.g. Hannah serves 3 mugs of soup and Hanyani serves 3 mugs of soup at the old age home. How many cups of soup did they both serve? The learners use their counters to solve the story sums.</p>	<p>Small group time activity:</p> <p>Literacy focus: Learners make their own little books called <i>I like to help at home</i>. Learners illustrate their pages and then 'read' their pictures to you. Write a caption for each picture and help them read it by pointing to the words as you read.</p> <p>Let them show and read their books to each other.</p>
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TIDY UP TIME
HAND WASHING
SNACK TIME

Music and movement ring		<p>Teach learners the <i>Playmates</i> finger play on Poster 15.</p>		<p>Teach learners the <i>It's time to clean up</i> song on Poster 15.</p> <p>While they sing, learners can all help each other clean up the mess that was made during the lessons.</p>	
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Outdoor play	<p>Numeracy focus: Let the learners stand in a circle. Count all the learners' hands in the classroom. Ask a few learners to hide their hands behind their backs and count again. Ask: "Are there more or fewer hands?" Repeat.</p>	<p>Creative focus: Let each learner trace around their body on newsprint. Help them cut it out and let them paint it. When it is dry, paint or print one letter of the words 'UBUNTU I HELP YOU AND YOU HELP ME' onto each one. Decorate an outside wall with these cut-outs.</p>	<p>Let learners get into pairs and use their bodies to make the letter 'h'.</p>		
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Story time	<p>Look at the pictures in the story <i>I like to help</i> in the Big Book. Ask learners what they think the story is going to be about (picture analysis and prediction skills).</p>		<p>Role-play how to ask for help.</p>		<p>Re-read page 1 of the story <i>I like to help</i> with the learners.</p> <p>Add in sentences describing what they do to help.</p>
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