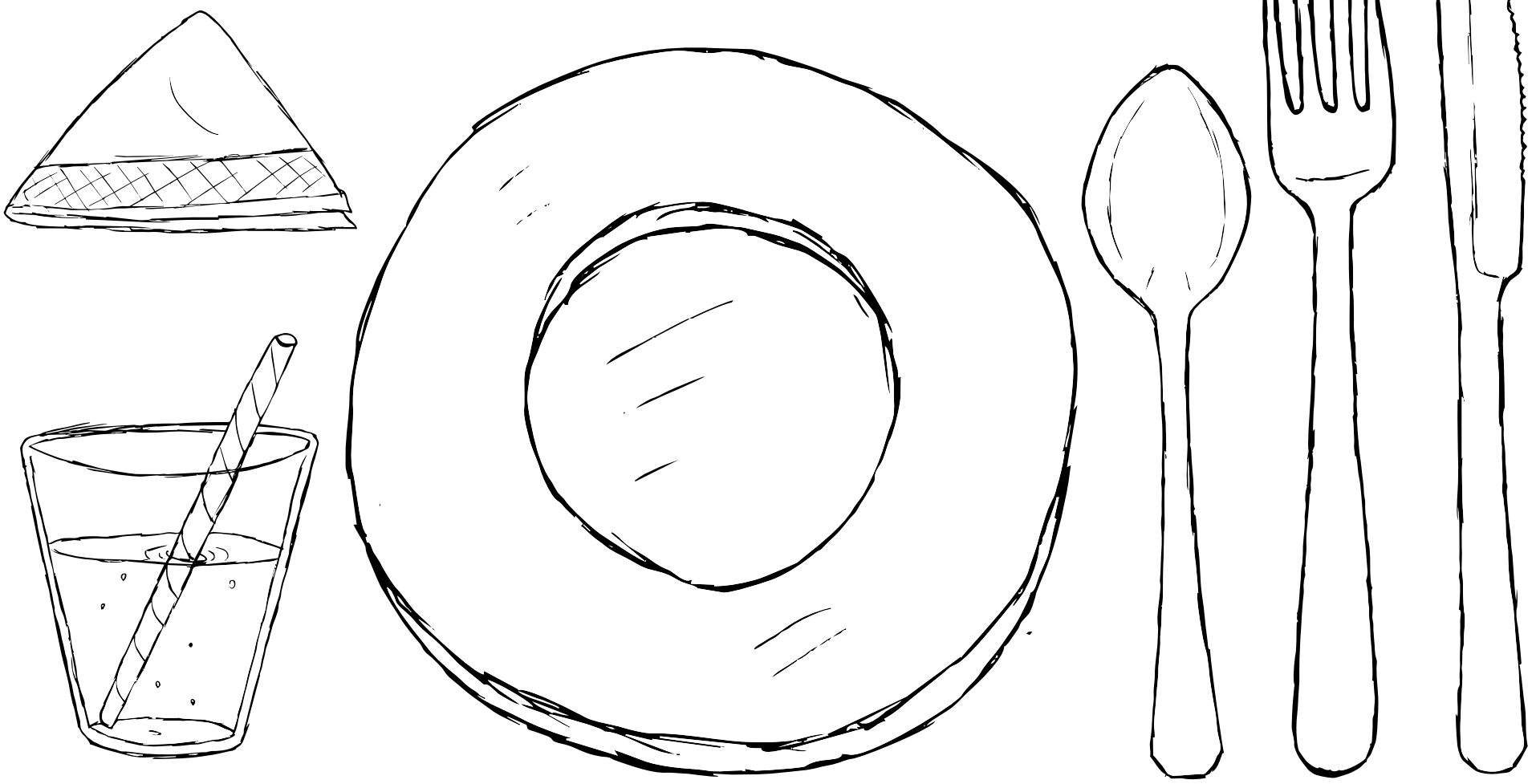
Teacher instruction:
Ask learners who helps to set the table at home. What do they use to set the table?
Discuss the placement of the fork, knife, spoon, glass, plate and serviette. Discuss each utensil and what we use it for.
Learners can then colour each item below, cut it out and paste it in the correct setting on a piece of paper.
Settings may vary from learner to learner.

Set the table



Teacher instruction:
Get learners to name the food items pictured below.
They can also sort these into fruits and vegetables, healthy and unhealthy foods, and into the different food groups.
Talk about the pattern in each set. What do they notice?
Can they colour in the pictures so they make a pattern? Learners can extend the pattern by drawing and colouring in more food items in the same sequence.

Looking at patterns

